

Updated version of 28 MAY 2020

FEDERATION	LOCKDOWN	REOPENING PLAN	TRAINING MODALITIES	TRAINING RESTRICTIONS	COMPETITIONS	RESTART COMPETITIONS
AUSTRIA	Since 16 March	3 pools as of 20 April, but no Diving; Complete reopening planned for 29 May	athletes); Training for regional level athletes not currently possible. Maybe from beginning of June. Training now is 1/lane, from 18.05 2/lane;	Strong restrictions *; Training in private pools and OW is generally allowed.	NO	First planned on 1 July; Working on rules and calendar.
BELGIUM	Since 14 March "intelligent" lockdown; Shops reopened on 11 May	Few centers open for elite swimmers only; All other centers remain closed till further notice; Reopening starting hopefully as of 08 June	Swimmers eligible for National Team. No other disciplines	Strong restrictions *	NO	All competitions and sport events forbidden till 1 August; Belgian Swimming Federation extended ban till 1 September
BOSNIA	Since 16 March complete lockdown	Plans being made, hopefully reopening as of 15 June.	NO	_	NO	Plans being made, no available date yet.
BULGARIA	Since 13 March complete lockdown	In July plans to restart training	NO	_	NO	Not earlier than August, with limitations (no spectators)
CROATIA	15 March-4 May complete lockdown	Elite swimmers started as of 4 May; Reopening as of 18 May for all athletes	Max 4 athletes + 1 coach/pool	Strong restrictions *	NO	No fixed date yet.
CROATIA SYN	Since 19 March	27 April elite athletes; 11 May outdoor; 13 May indoor; 18 May all pools	Max 15 people in 100 square meters	Strong restrictions *	NO	30 May outdoor, 15 June indoor
CROATIA WP	Late March; all public gatherings and events are limited to a maximum of 40 people; starting from 11 May all business entities (including cafes, restaurants, theatres, cinemas, etc.), schools and public institutions have been allowed to operate again, but under	Clubs opened for the 1st CRO league W & M; Pools set to open for public on 18 May (subject to epidemiological situation);	Max 10 players + 1 coach	Strong restrictions *	NO	National Champs to be completed from 26 June to 01 August
CZECH REPUBLIC	Since 12 March	Only 1 outdoor pool opened; Gyms open since 4 May	Top athletes only	Strong restrictions (8 athletes and 4 coaches per pool)	NO	Competition possibly possible since 25 May but because of no training possibility, competitions will unlikely restart before September
ESTONIA	Received GOVERNATIVE Guidelines					
FINLAND	Since 15 March	All public training facilities closed. Only some top athletes allowed to train. Opening planned for 1 June, outdoor training from 14 May.	Only top athletes with different modalities by city. Max 10 athletes/session	Strong restrictions *	МО	Allowed to organize from 01.06
FRANCE	Since 16 March to 11 May	Possibly restart training as of 11 May, but with lots of restrictions. More pools and clubs possibly opening as of 2 June.	High profile athletes only (180 in all disciplines). Further as of 2 June.	Strong restrictions *	NO	Hopefully end of July



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GERMANY	Since 15 March, mild lockdown	Some facilities opened for Top athletes only. Most juniors still not allowed to train. No possibility to train in WP or Synchro as physical contact cannot be avoided.	Depending on the Region (Land).	Strong restrictions *	NO	Not clear plans yet. Hopefully as of 1 September
GREAT BRITAIN	Since 23 March, only essential shops/businesses have been allowed to open.	is still closed. Plans for wider opening are likely to be 4 weeks after the 2 elite swimming training centres open on 1 June.	Training for elite athletes is now permitted by the government and from a swimming perspective 70 elite athletes are eligible to train. Max training 1 per lane (25 metre pool) with strong training restrictions.	Strong restrictions *	NO	No fixed date as yet but unlikely to be any in 2020.
GREECE	controlled/reduced	As of 14 May training for top athletes (SW, WP, AS, DV) in designated open pool. Every 15 days and upon estimation of the spread of the pandemic to the general population, the measures will be slackened	pool. Swimming training only to	Strong restrictions * No use of dressing rooms or shower. Regular disinfection of the pool, temperature measurement, use of mask, gloves, overshoes	NO	The start of the use of pools is foreseen for the first days of June. Estimated time to start football matches of the 1st league is the 6 or 13 June, with no spectators.
HUNGARY	Lockdown is lifted by the decision of the Government: in the province on 4 May, in Budapest on 18 May. Overall current restrictions still due: social distancing, wearing masks in social places (public transport, shops).	since 6 May in the province and 18 May in Budapest (but no indoor pools, no saunas) with more strict		Strong restrictions * The men and women National teams – separately, not meeting each other – use the Komjádi Pool. The teams live in the Pool's hotel, they cannot leave the place, cannot go out to the city. They entered the Hotel after each person had two separate negative COVID tests. They have strict rules of meals, and sanitizing their surroundings, mandatory body temperature measurements. No other people	NO	A WP Hungarian Cup competition is planned to be soon announced for the summer, which will define the ranking of the teams.
IRELAND	Since 13 March (rep. of Ireland) Since 20 March (Northern Ireland)	20 July for pools in Rep. of Ireland. High Performance athletes expected to be able to return to training as of 20 June, if not earlier.		Strong restrictions *	NO	As of 20 July some outdoor; No competition with spectators before 10 August.
ISRAEL	Since 22 March till 2 May	Since 3 May some, but most of the pools still closed due to high costs of reopening. All pools reopened since 27 May	15 people max athletes+coaches. 2 swimmers per lane. 20 people for team training.	, and the second	NO	No fixed date yet. Hopefully events with up to 100 people as of June. Hope to restart the league in July
ITALY	Since 8 March till 4 May	Since 4 May very few top athletes in Federation's Centers. No WP and SYN. Small % of pools reopened on 18 May, more in the	7 SQM per swimmer in the pool.	Strong restrictions *	NO	Hope for the end of August
KOSOVO	Since beginning of outbreak (March)	Expected reopening of pools on 1 June, but uncertain	NO	_	NO	Expected end of July or August
LATVIA	Since 13 March	All pools closed since 25 March. Re-opening from 12 May. National team training from 19 May	Since 12 May pools are allowed to open with restrictions	1 person per 12 square meters (of water).	NO	Expected to restart from September



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	Since 14 March complete lockdown		NO	_	NO	Unknown
	Since 16 March to 27 April. 27 April some restrictions lifted	Now for elite athletes. Closed for general public	10 SQM per athlete	Strong restrictions *	NO	NO
LUXEMBOURG	Since 16 March complete lockdown	All pools closed except National Training Center. Since 4 May only top/Olympic athletes can train under very strict restrictions.	Only 5 Olympic swimmers. 3 athletes + 1 coach/pool, 1 free lane between swimmers.	Strong restrictions *	NO	No competition allowed till 31 July, although priority given to opening the pools rather than competitions.
	Partial Lockdown from 12 March. Some shops such as clothes shops were allowed to open on the 4 May. Restaurants, hairdressers and other activities were allowed to open on 25 May with certain restrictions, mainly regarding social distancing and the use of masks or visors.	per 25 meter lane.	swimmers as the maximum size of a group of people allowed is 6. Swimming is only allowed for the elite athletes and no swimmers		NO	We expect the relaxation of restrictions to coincide with the opening of our airport which will probably be in mid-July. If this is the case we expect our competitions to resume but we have no idea what further restrictions there may be.
NORTH MACEDONIA	Never complete lockdown	Hopefully as of 15 May	_	Strong restrictions *	NO	Allowed from 10 August
MOLDOVA	Since 15 March to 15 May complete lockdown	All pools are closed. Currently unknown when they will reopen, even partially.	Federation's request to Government pending	_	NO	NO
	Since 17 March complete lockdown from 17. Coronavirus protection measures are currently significantly mitigated, large gatherings are forbidden, it is not yet possible to leave the country, and the sport started operating from 6 May, initially through individual training.	Pools closed from 17 March to 6 May. Now open.	There can be a maximum of 10 athletes in the pool, with two coaches.	Strong restrictions * When entering the pool it is necessary to follow the procedure submitted by the Institute of Public Health (masks, disinfection of hands and things, social distance of 2 meters)		Competitions are planned from 1 June behind closed doors (no spectators)
NETHERLANDS	Since 16 March soft lockdown. Currently easing up the restrictions.	Pools, outdoor and indoor, reopened on 11 May. Top Swimmers can train again from 21 April, at designated facilities.	1,5 mt distance between people required. No waterpolo or other contact sports allowed because distance cannot be maintained.	Strong restrictions *	NO	No sports events allowed at least till September
PORTUGAL	Since 13 March complete lockdown	Pools and National Centers closed. Hope that swimmers included in special programs (20) may begin practices as of 11 May at least in the two national centers.	Training allowed only for swimmers of Olympic interest but only 4 out of 8 have access to facilities because the remaining local authorities do not allow the use of the pools.	Strong restrictions *	NO	No news yet, hopefully in November
ROMANIA WP	Since 16 March complete lockdown	NO	NO	_	NO	NO
RUSSIA WP	Currently some soft lockdown	No plan yet	NO	Strong restrictions *	NO	No plan yet

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			TRAINING RESTRICTIONS		RESTART COMPETITIONS
	reopening for clubs and public with strong restrictions. But it all depends on financial situation of clubs and pools	elite swimmers in Bratislava (1 person/lane); from 25 May the same pool opened for clubs; from 3 June pools may open for public and clubs with strong restrictions	pools. 1 person per 15m2, pools have to note names of all people entering the facility. People has to have temperature under 37 degrees C. Everyone must wear face mask indoors, except of		First planned competitions in late July in OWS. Other sports from beginning of September. Current restrictions are for all indoor and outdoor events for over 100 people
Soft lockdown	·	All allowed to train	2mt physical distance	competitions already happening but "micro" events with less than 50 people. No main events	No plan yet for bigger events.
	Owners of the pools may decide for themselves if opening or not.	and respect of 2mt distance. For top swimmers larger number	Restrictions		Until end of August no events with more than 1000 people. Further step expected 27.05
complete lockdown	Expect to reopen on 1 June (hopefully also indoor). Certainty will be only on 15 June.	level swimmers as of 1 June (37 swimmers) in government facilities only. After 15 June expect to start with national team swimmers in government pools only. After 1 July expect all swimming pools plus private ones to reopen to public and to all swimmers in all levels from		NO	Possibly in August
Since 16 March complete lockdown			Strong restrictions *		Possibly as of June with limitations on number of people (50) and behind closed doors (no
	Since 16 March Since 21 March to 11 May complete lockdown	reopening for clubs and public with strong restrictions. But it all depends on financial situation of clubs and pools Soft lockdown All open. From 11 May with restrictions Owners of the pools may decide for themselves if opening or not. Since 21 March to 11 May complete lockdown Pools closed since 15 March. Expect to reopen on 1 June (hopefully also indoor). Certainty will be only on 15 June. Since 16 March complete lockdown Designated pools to reopen as of 12 May for top athletes. As of 1	reopening for clubs and public with strong restrictions. But it all depends on financial situation of clubs and pools Soft lockdown All open. From 11 May with restrictions Owners of the pools may decide for themselves if opening or not. Since 21 March to 11 May complete lockdown Since 21 March to 11 May Complete lockdown Pools closed since 15 March. Expect to reopen on 1 June (hopefully also indoor). Certainty will be only on 15 June. Since 16 March complete lockdown Possignated pools to reopen as of 12 May for top athletes. As of 1	reopening for clubs and public with strong restrictions. But it all depends on financial situation of clubs and pools are pool opened for clubs; from 25 May the same pool opened for clubs; from 35 May the older one for clubs with strong restrictions Soft lockdown All open. All allowed to train All allowed. All allowed to train All allowed. All allowed to train All allowed to train All allowed to indoor and outdoor pools. 1 person per 15m2, pools and to lave to note names of all people entering the facility. People has to have temperature under 37 degrees C. Everyone must wear face mask indoors, except of 2md distance. For top swimmers larger number allowed. Since 21 March to 11 May complete lockdown All allowed to train All allowed to train share facilities of 2md trains and trains allowed. All allowed to cluss; from 25 May the facility. People has to have temperature under 37 degrees C. Everyone meast wear face mask indoors, except of 2md distance. For top swimmers larger number allowed. All allowed to train All allowed	reopening for clubs and public with strong restrictions. But it all depends on financial situation of clubs and pools Soft lockdown All open. All allowed to train All allowed to indoor and outdoor pools. 1 person per 15m2, pools of person/lane); from 25 May the same pool opened for public and clubs with strong restrictions June pools may open for public and clubs with strong restrictions and clubs with strong restrictions. All allowed to train Since 16 March From 11 May with restrictions Owners of the pools may decide for themselves if opening or not. Since 21 March to 11 May complete lockdown Since 21 March to 11 May complete lockdown Since 16 March Designated pools to reopen as of 12 May for top athletes. As of 1 Since 16 March complete lockdown Designated pools to reopen as of 12 May for top athletes. As of 1