

[Wpisz tutaj]



Ministry  
of Sport and Tourism  
of the Republic of Poland

# BULETTIN

International Junior Swimming Competition

V4 Olympic Hopes Meeting 2019

Oswiecim, 04.05 – 05.05.2019





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## Ministry of Sport and Tourism of the Republic of Poland and Polish Swimming Federation have the pleasure to invite your teams to V4 Olympic hopes Meeting 2019 – Oswiecim 04-05.05.2019

- Teams:** Czech Swimming Federation, Hungarian Swimming Association, Slovak Swimming Federation, Polish Swimming Federation.
- Location:** Swimming Pool, Oswiecim, Poland
- Swimming pool:** Indoor 50m pool, 8 lanes, AlgeTiming time keeping system will be used with backstroke ledges available
- Rules:** the competition will be conducted under FINA & PZP rules
- Competition Times:** 1st session, 4th May 2019, starts at 10:00  
2nd session, 4th May 2019, starts at 17:00  
3rd session , 5th May 2019, starts at 10:00
- Warm up:** starts 1,5 hours before the starts of both sessions
- Training:** pool will available for teams on Friday 3rd May 2019 between 17.30 – 19.00, there will be two lanes available for each team for training
- Age group:** girls born 2004 + 2005 (14 and 15 years old)  
boys born 2003 + 2004 (15 and 16 years old)
- Entries:** closing date for entries is 23th April 2019. Use attached Lenex file. In entries use only times from 50m pools. In individual events only 2 swimmers per country per event may be submitted. In relay events only 1 team per country may be submitted.
- Entry fee:** no entry fee





## General & Technical rules

**Point system:**                    **individual events:**

1st – 9 points  
2nd – 7 points  
3rd – 6 points  
4th – 5 points  
5th – 4 points  
6th – 3 points  
7th – 2 points  
8th – 1 points

**Relays:**

1st – 16 points  
2nd – 12 points  
3rd – 8 points  
4th – 4 points

**Competition System:** in each discipline participate two swimmers per country, one must be younger and one must be older. In boys events 15 and 16 years old, in girls events 14 and 15 years old. The same situation should apply in relays – 2 older and 2 younger swimmers.

**Awards:** swimmers in 1st, 2nd, 3rd place in each event will receive medals. The best team will be awarded a cup.

**Information:** for more information before the competition please contact Mr. Piotr Woznicki at [wozniak100@interia.pl](mailto:wozniak100@interia.pl) or 0048 501 042 671

**Local OC:** local contact during competition is Mr. Piotr Woznicki.  
You can contact him at [wozniak100@interia.pl](mailto:wozniak100@interia.pl) or 0048 501 042 671



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## Dates:

**Entry file:** entry has to be send in lenex entry format to [polswim@polswim.pl](mailto:polswim@polswim.pl) and [a.zak@mozp.pl](mailto:a.zak@mozp.pl) no later than **April 23rd, 2019**.

Please send us an e-mail address to send an invitation in .lxf format no later than **April 10<sup>th</sup> 2019**.

**Accommodation:** please send us your request for accommodation no later than **April 4th, 2019**. Your request send to [polswim@polswim.pl](mailto:polswim@polswim.pl) .

**Rooming list:** please send us the rooming list no later than **April 23rd, 2019**

**Travel itinerary:** please send us your travel itinerary no later than **April 23rd, 2019**

**Team Leaders meeting:** Friday May 3rd, 2019 at 20:00 in Hotel Olimpijski Oswiecim



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## Accommodation

Polish Swimming Federation offers to participants of V4 Olympic Hopes Competition accommodation in three hotels in Oświęcim.

These hotels are located in close of the competition venue.

Polish Swimming Federation will cover accommodation with full board of each team for the period from **Friday May 3rd, 2019** (dinner) to **Sunday May 5th, 2019** (lunch) for up to **30** people.

If you need to order additional meals and accommodation (at your own expense) please send information to [polswim@polswim.pl](mailto:polswim@polswim.pl) no later than **April 4<sup>th</sup>, 2019**.

**Hotel „Olimpijski” – ul. Chemików 2a, 32-600 Oświęcim (single, double, triple room)**

<http://www.hotelolimpijski.com/>



**Hotel „Dąbrowski” – ul. Dąbrowskiego ,32-600 Oświęcim (single, double, triple room)**

<https://dabrowski-pl.book.direct/pl-pl>





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**Villa Astra – ul. Słowackiego , 32-600 Oświęcim (single, double, triple room)**

<http://villaastra.pl/>





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## Competition swimming – pool:

Competition takes place in swimming pool **MOSIR Oswiecim**,  
**ul. Chemików 2, 32-600 Oswiecim.**

<https://www.mosir.oswiecim.pl/KRYTA-PLYWALNIA-PO-REMONCIE--830.html>



The swimming pool in the years 2014-2017 has been thoroughly modernized and at present it is a modern sports facility.

### 50m Competition pool

- 8 lanes
- New starting blocks (backstroke starting device)
- ALGETIMING time system
- Stands for athletes and spectators (450 places)

### 25m Warm-up pool

- 6 lanes
- Warm-up pool will be available during all the competitions for warm-up and cool-down





## Competition schedule:

<b>1st session – Saturday, May 4th, 2019</b>		
<b>Warm-up 8.30 – 9.45 / Opening ceremony 9.50 / Competition start 10:00</b>		
1.	50 m freestyle	boys
2.	50 m freestyle	girls
3.	200 m butterfly	boys
4.	200 m butterfly	girls
5.	100 m backstroke	boys
6.	100 m backstroke	girls
7.	1500 m freestyle	boys
8.	400 m freestyle	girls
9.	100 m breaststroke	boys
10.	100 m breaststroke	girls
11.	200 m individual medley	boys
12.	200 m individual medley	girls
13.	4x100 m freestyle relay	boys
14.	4x200 m freestyle relay	girls

<b>2nd session – Saturday, May 4th, 2019</b>		
<b>Warm-up 15.30 – 16.45 / Competition start 17:00</b>		
15.	200 m freestyle	boys
16.	200 m freestyle	girls
17.	50 m breaststroke	boys
18.	50 m breaststroke	girls
19.	200 m backstroke	boys
20.	200 m backstroke	girls
21.	50 m butterfly	boys
22.	50 m butterfly	girls
23.	400 m individual medley	boys
24.	400 m individual medley	girls
25.	4x200 m freestyle relay	boys
26.	4x100 m freestyle relay	girls



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<b>3rd session – Sunday, May 5th, 2019</b>		
<b>Warm-up 08.30-09.55 / Competition start 10.00</b>		
27.	100 m freestyle	boys
28.	100 m freestyle	girls
29.	50 m backstroke	boys
30.	50 m backstroke	girls
31.	200 m breaststroke	boys
32.	200 m breaststroke	girls
33.	100 m butterfly	boys
34.	100 m butterfly	girls
35.	400 m freestyle boys	boys
36.	800 m freestyle girls	girls
37.	4x100 m medley relay	boys
38.	4x100 m medley relay	girls



## Preliminary Entry Form

Please return this form by email to [polswim@polswim.pl](mailto:polswim@polswim.pl) no later than **April 4th, 2019**

TEAM.....

Name of the team leader.....

Team leader contact (email, mobile phone).....

We arrive by:  plane  train  bus

Arrival date ..... May 2019,

Departure date ..... May 2019,

Total numbers of persons.....

Staff..... female..... male.....

Swimmers..... girls..... boys.....

Room type

Number of single rooms .....

Number of double rooms.....

Number of triple rooms.....

**Name and Function:**.....**Date:**.....

**Signature:**





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## Travel form:

Please return this form by email to [polswim@polswim.pl](mailto:polswim@polswim.pl) no later than **April, 23th, 2019**

TEAM.....

Name of the team leader.....

Team leader contact (email, mobile phone).....

Arrival date.....the planned time of arriving.....

Departure date..... the planned time of departure.....

Travel by (car, bus, train, plane).....

In case that your team needs any travel advice, please contact [polswim@polswim.pl](mailto:polswim@polswim.pl) as soon as possible

**Name and Function:**.....**Date:**.....

**Signature:**

