

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

| Konkurencja 1 | Kobiet, 100m dowolny | | | | 14 lat i starsi |
|-------------------|----------------------|------------------|-------|----------------|-----------------|
| 2019-11-23 - 8:30 | | | | | Wyniki |
| RP Open | 53.10 | WASICK Katarzyna | 00611 | Lublin | 2018-12-21 |
| RP 19 - 23 | 53.14 | WILK Katarzyna | | Istanbul (TUR) | 2009-12-10 |
| RP 18 | 53.14 | WILK Katarzyna | 00106 | Istanbul (TUR) | 2009-12-10 |
| RP 17 | 53.14 | WILK Katarzyna | 00106 | Istanbul (TUR) | 2009-12-10 |
| RP 16 | 54.42 | WILK Katarzyna | 00106 | Gorzow Wlkp. | 2008-11-28 |
| RP 15 | 54.45 | SOKOŁOWSKA Diana | 00309 | Poznan | 2011-12-16 |
| RP 14 | 55.85 | SOKOŁOWSKA Diana | 00309 | Szczecin | 2010-12-02 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|-------------------------|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 01 | FIEDKIEWICZ Kornelia | 54.32 | 791 | 26.01 | 28.31 |
| 2. | 90 | DOWGIERT Anna | 55.31 | 749 | 26.27 | 29.04 |
| 3. | 04 | GU Wiktoria | 56.19 | 715 | 27.11 | 29.08 |
| 4. | 01 | WO NIAK Zofia | 56.49 | 703 | 27.25 | 29.24 |
| 5. | 03 | JABŁO SKA Martyna | 57.12 | 680 | 27.28 | 29.84 |
| 6. | 05 | CIERPIAŁOWSKA Paulina | 57.13 | 680 | 27.72 | 29.41 |
| 7. | 96 | CIE LAK Joanna | 57.29 | 674 | 27.77 | 29.52 |
| 8. | 01 | ANDERSSON Tova | 57.62 | 663 | 27.58 | 30.04 |
| 9. | 04 | TARASIEWICZ Klaudia | 57.66 | 661 | 27.53 | 30.13 |
| 10. | 04 | MACIUSZEK Wiktoria | 57.99 | 650 | 27.98 | 30.01 |
| 11. | 03 | PIOTROWSKA Wiktoria | 58.28 | 640 | 27.51 | 30.77 |
| 12. | 03 | CELMER Wiktoria | 58.38 | 637 | 27.63 | 30.75 |
| 13. | 00 | SKIBCZAK Natalia | 58.41 | 636 | 27.95 | 30.46 |
| 14. | 02 | NIEWIADOMSKA Wiktoria | 58.46 | 635 | 28.19 | 30.27 |
| 15. | 03 | PIEPIÓRKA Martyna | 58.51 | 633 | 28.39 | 30.12 |
| 16. | 02 | BUJAK Klara | 58.74 | 626 | 28.25 | 30.49 |
| 17. | 01 | CIEPLAK Aleksandra | 58.81 | 623 | 28.37 | 30.44 |
| 18. | 03 | KAWKA Nina | 58.82 | 623 | 27.97 | 30.85 |
| 19. | 02 | ZAWADZKA Hanna | 58.99 | 618 | 28.39 | 30.60 |
| | 03 | BUSZKA Kornelia | 58.99 | 618 | 28.08 | 30.91 |
| 21. | 00 | ROGOWSKA Katarzyna | 59.01 | 617 | 28.11 | 30.90 |
| 22. | 05 | JASTRZ BEK Nadia | 59.07 | 615 | 28.22 | 30.85 |
| 23. | 03 | KAMI SKA Anna | 59.41 | 605 | 28.31 | 31.10 |
| 24. | 03 | GRADEK Aleksandra | 59.43 | 604 | 28.64 | 30.79 |
| 25. | 05 | MAKSYMOWICZ Nina | 59.44 | 604 | 28.20 | 31.24 |
| 26. | 04 | SZREDZI SKA Gabriela | 59.65 | 597 | 28.28 | 31.37 |
| 27. | 03 | GARBARCZYK Weronika | 59.69 | 596 | 28.79 | 30.90 |
| 28. | 00 | DOM ALSKA Wiktoria | 59.70 | 596 | 28.27 | 31.43 |
| 29. | 04 | MALINO Julia | 59.75 | 594 | 28.20 | 31.55 |
| | 01 | ANDERSSON Ebba | 59.75 | 594 | 28.61 | 31.14 |
| 31. | 03 | SZCZEPA SKA Maria | 59.91 | 590 | 28.51 | 31.40 |
| 32. | 96 | WŁODARCZYK Ewelina | 1:00.04 | 586 | 28.90 | 31.14 |
| 33. | 02 | ŁUCZAK Dominika | 1:00.13 | 583 | 29.23 | 30.90 |
| 34. | 02 | ZAR BA-PARADOWSKA Julia | 1:00.18 | 582 | 29.04 | 31.14 |
| 35. | 04 | WO Weronika | 1:00.20 | 581 | 28.49 | 31.71 |
| 36. | 04 | SZUPER Katarzyna | 1:00.24 | 580 | 29.10 | 31.14 |
| 37. | 05 | PALICKA Wiktoria | 1:00.32 | 578 | 28.94 | 31.38 |
| | 01 | ŁUKASZEWICZ Emilia | 1:00.32 | 578 | 28.86 | 31.46 |
| 39. | 03 | DOPART Marcelina | 1:00.44 | 574 | 29.02 | 31.42 |
| 40. | 04 | MRO EK Weronika | 1:00.51 | 572 | 29.48 | 31.03 |
| 41. | 02 | GRZELCZYK Natalia | 1:00.54 | 571 | 28.98 | 31.56 |
| 42. | 03 | ŁAWRYNOWICZ Gabriela | 1:00.60 | 570 | 28.65 | 31.95 |
| 43. | 04 | HERMANOWSKA Natalia | 1:00.64 | 569 | 29.16 | 31.48 |
| 44. | 03 | BARANOWSKA Martyna | 1:00.68 | 567 | 28.56 | 32.12 |
| 45. | 01 | BJÖRKÉN Julia | 1:00.73 | 566 | 29.16 | 31.57 |
| 46. | 05 | S DŁAK Alicja | 1:00.90 | 561 | 29.24 | 31.66 |
| 47. | 03 | KRZYSZTOFIAK Iga | 1:01.17 | 554 | 29.50 | 31.67 |
| 48. | 03 | CZECHYRA Agata | 1:01.25 | 552 | 29.16 | 32.09 |
| 49. | 05 | PYTLOCH Zuzanna | 1:01.28 | 551 | 29.64 | 31.64 |
| | 04 | JANICKA Paula | 1:01.28 | 551 | 28.93 | 32.35 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 1, Kobiet, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|-----------------------------|---------|------------------------------------|-----------|-------|-------|
| 51. DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włóknarz” | 1:01.37 | 29.72 | 31.65 |
| ADAMSKA Maria | 03 | UKS G-8 Bielany Warszawa | 1:01.37 | 29.04 | 32.33 |
| 53. KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 1:01.40 | 29.46 | 31.94 |
| 54. HAŁADYN Karolina | 03 | UKS 190 Łód | 1:01.53 | 29.96 | 31.57 |
| 55. DUDEK Aleksandra | 01 | MUKS "Pi tnastka" | 1:01.66 | 29.88 | 31.78 |
| 56. STAWICKA Julia | 05 | UKS „GIM 92 Ursynów" | 1:01.70 | 29.27 | 32.43 |
| 57. BŁA EJEWSKA Nikola | 03 | MUKS Wodnik Łask | 1:01.77 | 29.52 | 32.25 |
| 58. TOMASZEWSKA Aleksandra | 99 | St. Lok. SALOS Cortile Kielce | 1:01.98 | 29.44 | 32.54 |
| 59. SKALI SKA Ewa | 05 | MKS Piaseczno | 1:02.00 | 29.01 | 32.99 |
| 60. PIECHOTA Paulina | 99 | UKS 190 Łód | 1:02.11 | 30.19 | 31.92 |
| 61. NOWAK Gabriela | 05 | KP Delfin Inowrocław | 1:02.21 | 29.93 | 32.28 |
| 62. WECKWERT Iga | 04 | UKS abianka Gda sk | 1:02.22 | 30.17 | 32.05 |
| 63. KIERAGA Patrycja | 04 | KS OLIMPIA Lublin | 1:02.23 | 29.21 | 33.02 |
| 64. ROMANIUK Matylda | 04 | UKP „Polonia Warszawa" | 1:02.34 | 29.70 | 32.64 |
| 65. ORUM Melissa | 04 | MUKS "Pi tnastka" | 1:02.46 | 29.85 | 32.61 |
| 66. SAMORAJ Oliwia | 05 | MKS Piaseczno | 1:02.69 | 30.30 | 32.39 |
| 67. DZIADEK Amelia | 05 | UKS Manta Warszawa Włochy | 1:02.78 | 30.35 | 32.43 |
| 68. BRACH Oliwia | 04 | UKP „Polonia Warszawa" | 1:02.81 | 30.28 | 32.53 |
| 69. KOPA SKA Maja | 02 | MKS Polonia Warszawa | 1:02.99 | 29.80 | 33.19 |
| 70. CH CIAK Sandra | 03 | UKS „GIM 92 Ursynów" | 1:03.09 | 30.55 | 32.54 |
| 71. D BKOWSKA Wiktoria | 04 | MUKS Wodnik Łask | 1:03.16 | 30.76 | 32.40 |
| 72. KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:03.22 | 30.22 | 33.00 |
| 73. TOFIL Emilia | 05 | KS Delfin Gdynia | 1:03.23 | 30.73 | 32.50 |
| 74. MAKOWSKA Martyna | 05 | MKP Szczecin | 1:03.34 | 30.29 | 33.05 |
| 75. HAŁAWCZAK Marcelina | 02 | MKP Szczecin | 1:03.43 | 31.22 | 32.21 |
| 76. GRZEBIELUCH Maja | 05 | MKS Jedynka Łód | 1:03.46 | 30.30 | 33.16 |
| 77. MAZUR Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:03.54 | 30.75 | 32.79 |
| 78. HAJDUK Julia | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:03.71 | 30.95 | 32.76 |
| 79. SOŁONIEWICZ Julia | 03 | UKP „Polonia Warszawa" | 1:04.07 | 30.26 | 33.81 |
| 80. MAKSYMOWICZ Nadia | 05 | UKS G-8 Bielany Warszawa | 1:04.10 | 30.38 | 33.72 |
| 81. RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:04.13 | 30.46 | 33.67 |
| 82. STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 1:04.16 | 31.20 | 32.96 |
| 83. RUTWA Wiktoria | 05 | MKS Piaseczno | 1:04.47 | 30.78 | 33.69 |
| 84. BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów" | 1:04.49 | 31.19 | 33.30 |
| 85. ZAWADA Malwina | 05 | MKS Piaseczno | 1:04.53 | 30.64 | 33.89 |
| 86. ŁASISZ Julia | 05 | MKP Szczecin | 1:04.63 | 30.93 | 33.70 |
| 87. JAGODZI SKA Zuzanna | 04 | MKS Neptun Stargard | 1:04.81 | 30.83 | 33.98 |
| 88. SYSIO Zuzanna | 04 | MUKS Wodnik Łask | 1:04.86 | 30.99 | 33.87 |
| 89. MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 1:04.94 | 31.52 | 33.42 |
| 90. WIDERAK Sonia | 04 | KS Warta Pozna | 1:05.63 | 31.54 | 34.09 |
| 91. WRÓBEL Karolina | 05 | MKS Piaseczno | 1:05.72 | 31.23 | 34.49 |
| 92. SVENSSON Lovisa | 02 | SS VAERMAMO | 1:05.90 | 31.33 | 34.57 |
| 93. OLECKA Amelia | 05 | UKS „GIM 92 Ursynów" | 1:05.99 | 31.34 | 34.65 |
| 94. KLECZEK Maria | 05 | UKS „GIM 92 Ursynów" | 1:06.29 | 31.41 | 34.88 |
| 95. BOCHE SKA Dominika | 05 | KS Posenania Pozna | 1:06.56 | 30.90 | 35.66 |
| 96. HODUR Paulina | 04 | MKS Polonia Warszawa | 1:06.60 | 30.88 | 35.72 |
| 97. DZIK Wiktoria | 04 | KS Limanowa-swim | 1:06.69 | 31.07 | 35.62 |
| 98. DZI GIELEWSKA Katarzyna | 05 | KS Delfin Gdynia | 1:06.74 | 32.20 | 34.54 |
| 99. CHOJNOWSKA Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:06.82 | 31.07 | 35.75 |
| 100. GAWLIKOWSKA Olga | 05 | MUKS Wodnik Łask | 1:06.84 | 31.47 | 35.37 |
| 101. WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 1:06.97 | 33.00 | 33.97 |
| 102. MARCINOWSKA Julia | 05 | MKS Piast Głogów | 1:06.99 | 31.74 | 35.25 |
| 103. KACZMAREK Nikola | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:07.27 | 32.05 | 35.22 |
| 104. BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 1:07.39 | 31.74 | 35.65 |
| 105. WOJCIECHOWSKA Kamila | 03 | Mokotowski UKP Warszawianka- Wc | 1:07.57rk | 31.56 | 36.01 |
| 106. WASZKIEWICZ Alicja | 05 | KP Delfin Inowrocław | 1:07.74 | 32.06 | 35.68 |
| 107. TRZASKA Alicja | 05 | Uczniowski Klub Sportowy Delfin Le | 1:08.84 | 32.59 | 36.25 |
| 108. LASECKA Anna | 05 | Mokotowski UKP Warszawianka- Wc | 1:09.21rk | 31.87 | 37.34 |
| 109. KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wc | 1:09.23rk | 32.38 | 36.85 |
| 110. MATCZAK Natalia | 03 | AZS AWFIS Gda sk | 1:09.60 | 32.16 | 37.44 |
| 111. PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 1:09.65 | 32.69 | 36.96 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 1, Kobiet, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|---------------------------|---------|------------------------------|----------------|-----|-------------|
| 112. JARZY SKA Gabriela | 05 | MUKS Wodnik Łask | 1:09.81 | 372 | 32.68 37.13 |
| 113. SZCZEPANIAK Justyna | 04 | MKP Szczecin | 1:10.29 | 365 | 33.81 36.48 |
| 114. LEWANDOWSKA Wiktoria | 02 | MUKS "Pi tnastka" | 1:10.50 | 362 | 33.19 37.31 |
| NW DRU BA Amelia | 04 | TP Skalar Słupsk | | | |
| NIE UK. JAGODA Patrycja | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | |

14 lat

| | | | | | |
|-----------------------------|----|------------------------------------|----------------|-----|-------------|
| 1. CIERPIAŁOWSKA Paulina | 05 | UKS abianka Gda sk | 57.13 | 680 | 27.72 29.41 |
| 2. JASTRZ BEK Nadia | 05 | UKS Siódemka Gdynia | 59.07 | 615 | 28.22 30.85 |
| 3. MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | 59.44 | 604 | 28.20 31.24 |
| 4. PALICKA Wiktoria | 05 | TP Skalar Słupsk | 1:00.32 | 578 | 28.94 31.38 |
| 5. S DŁAK Alicja | 05 | MUKS "Pi tnastka" | 1:00.90 | 561 | 29.24 31.66 |
| 6. PYTLOCH Zuzanna | 05 | KP Bałyk Kołobrzeg | 1:01.28 | 551 | 29.64 31.64 |
| 7. KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 1:01.40 | 548 | 29.46 31.94 |
| 8. STAWICKA Julia | 05 | UKS „GIM 92 Ursynów" | 1:01.70 | 540 | 29.27 32.43 |
| 9. SKALI SKA Ewa | 05 | MKS Piaseczno | 1:02.00 | 532 | 29.01 32.99 |
| 10. NOWAK Gabriela | 05 | KP Delfin Inowrocław | 1:02.21 | 527 | 29.93 32.28 |
| 11. SAMORAJ Oliwia | 05 | MKS Piaseczno | 1:02.69 | 515 | 30.30 32.39 |
| 12. DZIADEK Amelia | 05 | UKS Manta Warszawa Włochy | 1:02.78 | 512 | 30.35 32.43 |
| 13. KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:03.22 | 502 | 30.22 33.00 |
| 14. TOFIL Emilia | 05 | KS Delfin Gdynia | 1:03.23 | 501 | 30.73 32.50 |
| 15. MAKOWSKA Martyna | 05 | MKP Szczecin | 1:03.34 | 499 | 30.29 33.05 |
| 16. GRZEBIELUCH Maja | 05 | MKS Jedynka Łód | 1:03.46 | 496 | 30.30 33.16 |
| 17. MAZUR Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:03.54 | 494 | 30.75 32.79 |
| 18. HAJDUK Julia | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:03.71 | 490 | 30.95 32.76 |
| 19. MAKSYMOWICZ Nadia | 05 | UKS G-8 Bielany Warszawa | 1:04.10 | 481 | 30.38 33.72 |
| 20. RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:04.13 | 481 | 30.46 33.67 |
| 21. RUTWA Wiktoria | 05 | MKS Piaseczno | 1:04.47 | 473 | 30.78 33.69 |
| 22. ZAWADA Malwina | 05 | MKS Piaseczno | 1:04.53 | 472 | 30.64 33.89 |
| 23. ŁASISZ Julia | 05 | MKP Szczecin | 1:04.63 | 470 | 30.93 33.70 |
| 24. MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 1:04.94 | 463 | 31.52 33.42 |
| 25. WRÓBEL Karolina | 05 | MKS Piaseczno | 1:05.72 | 447 | 31.23 34.49 |
| 26. OLECKA Amelia | 05 | UKS „GIM 92 Ursynów" | 1:05.99 | 441 | 31.34 34.65 |
| 27. KLECZEK Maria | 05 | UKS „GIM 92 Ursynów" | 1:06.29 | 435 | 31.41 34.88 |
| 28. BOCHE SKA Dominika | 05 | KS Posnania Pozna | 1:06.56 | 430 | 30.90 35.66 |
| 29. DZI GIELEWSKA Katarzyna | 05 | KS Delfin Gdynia | 1:06.74 | 426 | 32.20 34.54 |
| 30. CHOJNOWSKA Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:06.82 | 425 | 31.07 35.75 |
| 31. GAWLIKOWSKA Olga | 05 | MUKS Wodnik Łask | 1:06.84 | 424 | 31.47 35.37 |
| 32. WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 1:06.97 | 422 | 33.00 33.97 |
| 33. MARCINOWSKA Julia | 05 | MKS Piast Głogów | 1:06.99 | 422 | 31.74 35.25 |
| 34. KACZMAREK Nikola | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:07.27 | 416 | 32.05 35.22 |
| 35. WASZKIEWICZ Alicja | 05 | KP Delfin Inowrocław | 1:07.74 | 408 | 32.06 35.68 |
| 36. TRZASKA Alicja | 05 | Uczniowski Klub Sportowy Delfin Le | 1:08.84 | 388 | 32.59 36.25 |
| 37. LASECKA Anna | 05 | Mokotowski UKP Warszawianka- Wc | 1:09.21 | 382 | 31.87 37.34 |
| 38. PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 1:09.65 | 375 | 32.69 36.96 |
| 39. JARZY SKA Gabriela | 05 | MUKS Wodnik Łask | 1:09.81 | 372 | 32.68 37.13 |
| NIE UK. JAGODA Patrycja | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | |

15 lat

| | | | | | |
|-------------------------|----|-----------------------------------|----------------|-----|-------------|
| 1. GU Wiktoria | 04 | UKS „Delfin" Piotrków Trybunalski | 56.19 | 715 | 27.11 29.08 |
| 2. TARASIEWICZ Klaudia | 04 | UKP „Polonia Warszawa" | 57.66 | 661 | 27.53 30.13 |
| 3. MACIUSZEK Wiktoria | 04 | MKS Juwenia Wrocław | 57.99 | 650 | 27.98 30.01 |
| 4. SZREDZI SKA Gabriela | 04 | UKP „Polonia Warszawa" | 59.65 | 597 | 28.28 31.37 |
| 5. MALINO Julia | 04 | UKS „ORKA" Zamo | 59.75 | 594 | 28.20 31.55 |
| 6. WO Weronika | 04 | UKS „GIM 92 Ursynów" | 1:00.20 | 581 | 28.49 31.71 |
| 7. SZUPER Katarzyna | 04 | UKS „ORKA" Zamo | 1:00.24 | 580 | 29.10 31.14 |
| 8. MRO EK Weronika | 04 | MKP Szczecin | 1:00.51 | 572 | 29.48 31.03 |
| 9. HERMANOWSKA Natalia | 04 | MUKS "Pi tnastka" | 1:00.64 | 569 | 29.16 31.48 |
| 10. JANICKA Paula | 04 | KS Warta Pozna | 1:01.28 | 551 | 28.93 32.35 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 1, Dziewcz t, 100m dowolny, 15 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|---------------------|------|---------------------------------|-------------------|------|-------|-------|
| 11. | WECKWERT Iga | 04 | UKS abianka Gda sk | 1:02.22 | 526 | 30.17 | 32.05 |
| 12. | KIERAGA Patrycja | 04 | KS OLIMPIA Lublin | 1:02.23 | 526 | 29.21 | 33.02 |
| 13. | ROMANIUK Matylda | 04 | UKP „Polonia Warszawa” | 1:02.34 | 523 | 29.70 | 32.64 |
| 14. | ORUM Melissa | 04 | MUKS "Pi tnastka" | 1:02.46 | 520 | 29.85 | 32.61 |
| 15. | BRACH Oliwia | 04 | UKP „Polonia Warszawa” | 1:02.81 | 512 | 30.28 | 32.53 |
| 16. | D BKOWSKA Wiktoria | 04 | MUKS Wodnik Łask | 1:03.16 | 503 | 30.76 | 32.40 |
| 17. | STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 1:04.16 | 480 | 31.20 | 32.96 |
| 18. | JAGODZI SKA Zuzanna | 04 | MKS Neptun Stargard | 1:04.81 | 466 | 30.83 | 33.98 |
| 19. | SYSIO Zuzanna | 04 | MUKS Wodnik Łask | 1:04.86 | 465 | 30.99 | 33.87 |
| 20. | WIDERAK Sonia | 04 | KS Warta Pozna | 1:05.63 | 448 | 31.54 | 34.09 |
| 21. | HODUR Paulina | 04 | MKS Polonia Warszawa | 1:06.60 | 429 | 30.88 | 35.72 |
| 22. | DZIK Wiktoria | 04 | KS Limanowa-swim | 1:06.69 | 427 | 31.07 | 35.62 |
| 23. | BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 1:07.39 | 414 | 31.74 | 35.65 |
| 24. | KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wc | 1:09.23 rk | 382 | 32.38 | 36.85 |
| 25. | SZCZEPANIAK Justyna | 04 | MKP Szczecin | 1:10.29 | 365 | 33.81 | 36.48 |
| NW | DRU BA Amelia | 04 | TP Skalar Słupsk | | | | |

16 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|-------------------|-----|-------|-------|
| 1. | JABŁO SKA Martyna | 03 | UKS G-8 Bielany Warszawa | 57.12 | 680 | 27.28 | 29.84 |
| 2. | PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 58.28 | 640 | 27.51 | 30.77 |
| 3. | CELMER Wiktoria | 03 | KS Warta Pozna | 58.38 | 637 | 27.63 | 30.75 |
| 4. | PIEPIÓRKA Martyna | 03 | UKS abianka Gda sk | 58.51 | 633 | 28.39 | 30.12 |
| 5. | KAWKA Nina | 03 | UKS G-8 Bielany Warszawa | 58.82 | 623 | 27.97 | 30.85 |
| 6. | BUSZKA Kornelia | 03 | UKS G-8 Bielany Warszawa | 58.99 | 618 | 28.08 | 30.91 |
| 7. | KAMI SKA Anna | 03 | MUKS "Pi tnastka" | 59.41 | 605 | 28.31 | 31.10 |
| 8. | GRADEK Aleksandra | 03 | UKP „Polonia Warszawa” | 59.43 | 604 | 28.64 | 30.79 |
| 9. | GARBARCZYK Weronika | 03 | MKP Szczecin | 59.69 | 596 | 28.79 | 30.90 |
| 10. | SZCZEPA SKA Maria | 03 | KS Warta Pozna | 59.91 | 590 | 28.51 | 31.40 |
| 11. | DOPART Marcelina | 03 | AZS AWF Warszawa | 1:00.44 | 574 | 29.02 | 31.42 |
| 12. | ŁAWRYNOWICZ Gabriela | 03 | KS Warta Pozna | 1:00.60 | 570 | 28.65 | 31.95 |
| 13. | BARANOWSKA Martyna | 03 | KS Warta Pozna | 1:00.68 | 567 | 28.56 | 32.12 |
| 14. | KRZYSZTOFIAK Iga | 03 | KS Warta Pozna | 1:01.17 | 554 | 29.50 | 31.67 |
| 15. | CZECHYRA Agata | 03 | KS Warta Pozna | 1:01.25 | 552 | 29.16 | 32.09 |
| 16. | ADAMSKA Maria | 03 | UKS G-8 Bielany Warszawa | 1:01.37 | 548 | 29.04 | 32.33 |
| 17. | HAŁADYN Karolina | 03 | UKS 190 Łód | 1:01.53 | 544 | 29.96 | 31.57 |
| 18. | BŁA EJEWSKA Nikola | 03 | MUKS Wodnik Łask | 1:01.77 | 538 | 29.52 | 32.25 |
| 19. | CH CIAK Sandra | 03 | UKS „GIM 92 Ursynów” | 1:03.09 | 505 | 30.55 | 32.54 |
| 20. | SOŁONIEWICZ Julia | 03 | UKP „Polonia Warszawa” | 1:04.07 | 482 | 30.26 | 33.81 |
| 21. | WOJCIECHOWSKA Kamila | 03 | Mokotowski UKP Warszawianka- Wc | 1:07.57 rk | 411 | 31.56 | 36.01 |
| 22. | MATCZAK Natalia | 03 | AZS AWFIS Gda sk | 1:09.60 | 376 | 32.16 | 37.44 |

17 - 18 lat

| | | | | | | | |
|-----|-------------------------|----|-----------------------------------|--------------------|-----|-------|-------|
| 1. | FIEDKIEWICZ Kornelia | 01 | MKS Juwenia Wrocław | 54.32 | 791 | 26.01 | 28.31 |
| 2. | WO NIAK Zofia | 01 | UKS G-8 Bielany Warszawa | 56.49 | 703 | 27.25 | 29.24 |
| 3. | ANDERSSON Tova | 01 | VSS VASBY | 57.62 | 663 | 27.58 | 30.04 |
| 4. | NIEWIADOMSKA Wiktoria | 02 | MUKS "Pi tnastka" | 58.46 | 635 | 28.19 | 30.27 |
| 5. | BUJAK Klara | 02 | UKS G-8 Bielany Warszawa | 58.74 | 626 | 28.25 | 30.49 |
| 6. | CIEPLAK Aleksandra | 01 | UKS Olympic Warka | 58.81 | 623 | 28.37 | 30.44 |
| 7. | ZAWADZKA Hanna | 02 | UKS G-8 Bielany Warszawa | 58.99 | 618 | 28.39 | 30.60 |
| 8. | ANDERSSON Ebba | 01 | VSS VASBY | 59.75 | 594 | 28.61 | 31.14 |
| 9. | ŁUCZAK Dominika | 02 | SMS Zielona Góra | 1:00.13 | 583 | 29.23 | 30.90 |
| 10. | ZAR BA-PARADOWSKA Julia | 02 | UKS G-8 Bielany Warszawa | 1:00.18 | 582 | 29.04 | 31.14 |
| 11. | ŁUKASZEWICZ Emilia | 01 | UKS Fała Swarż dz | 1:00.32 | 578 | 28.86 | 31.46 |
| 12. | GRZELCZYK Natalia | 02 | Kaliski Klub Sportowy „Włókniarz” | 1:00.54 isz | 571 | 28.98 | 31.56 |
| 13. | BJÖRKÉN Julia | 01 | VSS VASBY | 1:00.73 | 566 | 29.16 | 31.57 |
| 14. | DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włókniarz” | 1:01.37 isz | 548 | 29.72 | 31.65 |
| 15. | DUDEK Aleksandra | 01 | MUKS "Pi tnastka" | 1:01.66 | 541 | 29.88 | 31.78 |
| 16. | KOPA SKA Maja | 02 | MKS Polonia Warszawa | 1:02.99 | 507 | 29.80 | 33.19 |
| 17. | HAŁAWCZAK Marcelina | 02 | MKP Szczecin | 1:03.43 | 497 | 31.22 | 32.21 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 1, Kobiet, 100m dowolny, 17 - 18 lat

| Pozycja | | Rok ur. | | Czas | Pkt. | 50m | 100m |
|---------|----------------------|---------|----------------------|----------------|------|-------|-------|
| 18. | BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów” | 1:04.49 | 473 | 31.19 | 33.30 |
| 19. | SVENSSON Lovisa | 02 | SS VAERMAMO | 1:05.90 | 443 | 31.33 | 34.57 |
| 20. | LEWANDOWSKA Wiktoria | 02 | MUKS "Pi tnastka" | 1:10.50 | 362 | 33.19 | 37.31 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 2 M czyzn, 100m dowolny 14 lat i starsi
2019-11-23 - 8:38 Wyniki

| | | | | | |
|------------|-------|------------------|-------|--------------|------------|
| RP Open | 46.19 | MAJCHRZAK Kacper | 00115 | Berlin (GER) | 2017-08-06 |
| RP 19 - 23 | 46.63 | CZERNIAK Konrad | | Gorzów Wlkp. | 2009-11-28 |
| RP 18 | 47.36 | KRASKA Jakub | 02305 | Lublin | 2018-12-21 |
| RP 17 | 47.87 | KRASKA Jakub | 03805 | Łód | 2017-12-20 |
| RP 16 | 48.71 | KRASKA Jakub | 01305 | Olsztyn | 2016-12-17 |
| RP 15 | 49.53 | ORLICZ Filip | 05114 | Łód | 2017-12-20 |
| RP 14 | 51.36 | ORLICZ Filip | | Olsztyn | 2016-12-03 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|---|--------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 00 | KRASKA Jakub <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow</i> | 47.18 | 864 | 22.81 | 24.37 |
| 2. | 92 | CIE LAK Marcin | 47.29 | 858 | 22.38 | 24.91 |
| 3. | 92 | MAJCHRZAK Kacper | 47.56 | 843 | 23.12 | 24.44 |
| 4. | 99 | OSTROWSKI Karol | 47.87 | 827 | 23.03 | 24.84 |
| 5. | 01 | KAROLCZAK Jan | 49.20 | 762 | 23.94 | 25.26 |
| 6. | 02 | ORLICZ Filip | 49.25 | 759 | 23.57 | 25.68 |
| 7. | 96 | HOLUB Jan | 50.04 | 724 | 24.23 | 25.81 |
| 8. | 01 | PIOTROWSKI Kacper | 50.21 | 717 | 24.05 | 26.16 |
| 9. | 93 | WYSOCZY SKI Mateusz | 50.26 | 714 | 24.10 | 26.16 |
| 10. | 91 | KAW CKI Radosław | 50.68 | 697 | 24.39 | 26.29 |
| | 02 | KA MIERCZAK Bruno | 50.68 | 697 | 24.13 | 26.55 |
| | 00 | KISZCZAK Jakub | 50.68 | 697 | 24.41 | 26.27 |
| 13. | 99 | KAŁU Y SKI Antoni | 50.78 | 693 | 24.89 | 25.89 |
| 14. | 99 | SOLAK Łukasz | 50.81 | 691 | 24.16 | 26.65 |
| 15. | 99 | MIKOŁAJCZYK Michał | 50.83 | 691 | 24.26 | 26.57 |
| 16. | 00 | GUZIOR Maciej | 51.23 | 675 | 24.53 | 26.70 |
| 17. | 95 | BARTOSIEWICZ Jakub | 51.37 | 669 | 24.60 | 26.77 |
| 18. | 97 | KACZOROWSKI Jakub | 51.65 | 658 | 24.70 | 26.95 |
| 19. | 00 | D BROWSKI Patryk | 51.68 | 657 | 24.44 | 27.24 |
| 20. | 04 | MATUSZEWSKI Krzysztof | 51.72 | 656 | 24.67 | 27.05 |
| 21. | 96 | KOŁODZIEJSKI Filip | 51.76 | 654 | 25.02 | 26.74 |
| 22. | 01 | LESZEGA Szymon | 51.79 | 653 | 25.03 | 26.76 |
| 23. | 01 | KOMOROWSKI Jan | 51.80 | 652 | 25.05 | 26.75 |
| 24. | 94 | KLICH Kacper | 51.81 | 652 | 25.13 | 26.68 |
| 25. | 00 | MICHALCZYK Andrzej | 51.85 | 651 | 24.18 | 27.67 |
| 26. | 00 | WO NIAK Maciej | 52.13 | 640 | 25.07 | 27.06 |
| 27. | 03 | WI NIEWSKI Adam | 52.19 | 638 | 24.97 | 27.22 |
| 28. | 02 | BIAŁECKI Jan | 52.29 | 634 | 25.19 | 27.10 |
| | 03 | G STAŁ Jan | 52.29 | 634 | 25.08 | 27.21 |
| 30. | 97 | LECHOWICZ Filip | 52.33 | 633 | 25.46 | 26.87 |
| 31. | 03 | STEFA SKI Patryk | 52.35 | 632 | 25.16 | 27.19 |
| 32. | 04 | OLCZAK Kacper | 52.37 | 631 | 25.28 | 27.09 |
| 33. | 00 | KŁOSI SKI Alan | 52.38 | 631 | 25.16 | 27.22 |
| 34. | 02 | KLIBER Iwo | 52.46 | 628 | 25.23 | 27.23 |
| 35. | 99 | BRYŁA Kamil | 52.49 | 627 | 25.36 | 27.13 |
| 36. | 02 | WRÓBLEWSKI Kamil | 52.56 | 625 | 24.95 | 27.61 |
| 37. | 01 | KRZYWNICKI Adrian | 52.58 | 624 | 25.08 | 27.50 |
| 38. | 99 | WŁODARCZYK Maciej | 52.77 | 617 | 25.26 | 27.51 |
| | 02 | KUSI SKI Aleksy | 52.77 | 617 | 25.47 | 27.30 |
| | 02 | STENSSON Erik | 52.77 | 617 | 25.05 | 27.72 |
| 41. | 02 | ŁANGOWSKI Maciej | 52.84 | 615 | 24.87 | 27.97 |
| 42. | 03 | SMOLI SKI Rafał | 52.86 | 614 | 24.89 | 27.97 |
| 43. | 02 | ZIELI SKI Patryk | 52.97 | 610 | 25.19 | 27.78 |
| 44. | 00 | PETTERSSON Robin | 53.00 | 609 | 25.26 | 27.74 |
| 45. | 00 | KIEŁCZEWSKI Amadeusz | 53.03 | 608 | 25.82 | 27.21 |
| 46. | 04 | MASIUK Ksawery | 53.07 | 607 | 25.61 | 27.46 |
| 47. | 97 | FRÖBERG Gustav | 53.14 | 604 | 25.11 | 28.03 |
| 48. | 03 | SZMYT Krzysztof | 53.20 | 602 | 25.62 | 27.58 |
| 49. | 01 | KUREK Jakub | 53.46 | 594 | 25.59 | 27.87 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 2, M czyzn, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|-----------------------|------|---------------------------------------|--------------|------|-------|-------|
| 50. | MELINDER Martin | 01 | VSS VASBY | 53.48 | 593 | 26.02 | 27.46 |
| 51. | SMOLI SKI Jakub | 00 | St. KF KS „Fenix” O arów Mazowiecki | 53.52 | 592 | 24.69 | 28.83 |
| 52. | GREBER Artur | 01 | UKS G-8 Bielany Warszawa | 53.57 | 590 | 25.70 | 27.87 |
| 53. | URBA SKI Michał | 01 | KS Delfin Gdynia | 53.62 | 588 | 26.20 | 27.42 |
| 54. | DOUIB Jonathan | 00 | VSS VASBY | 53.72 | 585 | 25.56 | 28.16 |
| 55. | CHOJNOWSKI Tomasz | 02 | Mokotowski UKP Warszawianka- Wod | 53.74 | 584 | 25.87 | 27.87 |
| 56. | KWIATEK Radosław | 02 | St. Lok. SALOS Cortile Kielce | 53.76 | 584 | 26.00 | 27.76 |
| 57. | HEBEL Maciej | 05 | UKS abianka Gda sk | 53.78 | 583 | 26.42 | 27.36 |
| | BRANDT Simon | 00 | VSS VASBY | 53.78 | 583 | 25.65 | 28.13 |
| 59. | KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 53.80 | 582 | 25.82 | 27.98 |
| 60. | BALICKI Michał | 00 | WKS I sk Wrocław | 53.87 | 580 | 25.65 | 28.22 |
| 61. | BOBORYK Wojciech | 02 | KS Delfin Gdynia | 53.95 | 577 | 26.26 | 27.69 |
| | WOGA Hubert | 04 | SMS Zielona Góra | 53.95 | 577 | 25.77 | 28.18 |
| 63. | OŁ D Stanisław | 03 | UKS G-8 Bielany Warszawa | 54.14 | 571 | 25.54 | 28.60 |
| 64. | WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 54.16 | 571 | 25.67 | 28.49 |
| 65. | BIELAWA Dominik | 02 | KS KSZO Ostrowiec w. | 54.17 | 570 | 26.12 | 28.05 |
| 66. | J DRYCH Krzysztof | 04 | KS Posnania Pozna | 54.22 | 569 | 26.10 | 28.12 |
| 67. | BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 54.24 | 568 | 25.92 | 28.32 |
| 68. | WO NY Wiktor | 01 | UKS Shark Rudna | 54.29 | 567 | 25.44 | 28.85 |
| 69. | KRZYKAŁA Emil | 01 | KP AVIA widnik | 54.35 | 565 | 25.35 | 29.00 |
| | ZIMNIAK Szymon | 01 | UKS Fala Swarz dz | 54.35 | 565 | 25.55 | 28.80 |
| 71. | GORRA Mikołaj | 03 | MKP Szczecin | 54.39 | 564 | 26.35 | 28.04 |
| 72. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 54.43 | 562 | 26.34 | 28.09 |
| 73. | PŁOSZKA Kacper | 05 | MKS Jedyńka Łód | 54.45 | 562 | 26.28 | 28.17 |
| 74. | BRU DZIAK Maciej | 98 | Uks Cityzen | 54.46 | 561 | 26.10 | 28.36 |
| 75. | KOWALSKI Marek | 03 | SMS Zielona Góra | 54.53 | 559 | 26.10 | 28.43 |
| 76. | CHODULSKI Jakub | 00 | KU AZS UMCS Lublin | 54.57 | 558 | 26.49 | 28.08 |
| 77. | POWRO NIK Konrad | 97 | WKS I sk Wrocław | 54.63 | 556 | 26.07 | 28.56 |
| 78. | JAWORSKI Norbert | 98 | KU AZS UMCS Lublin | 54.65 | 556 | 26.21 | 28.44 |
| 79. | WALCZYSKO Jakub | 00 | KU AZS AGH Kraków | 54.71 | 554 | 26.64 | 28.07 |
| 80. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 54.72 | 553 | 25.96 | 28.76 |
| 81. | SVENSSON Noah | 99 | SS VAERMAMO | 54.76 | 552 | 26.59 | 28.17 |
| 82. | SZUSTAK Hubert | 99 | UKS GOS Raszyn | 54.89 | 548 | 26.08 | 28.81 |
| 83. | ZIEMBOWICZ Franciszek | 04 | UKS G-8 Bielany Warszawa | 54.99 | 545 | 26.10 | 28.89 |
| | JOHNSON Marcus | 02 | VSS VASBY | 54.99 | 545 | 26.72 | 28.27 |
| 85. | MICHALSKI Wojciech | 01 | MKP Szczecin | 55.01 | 545 | 26.81 | 28.20 |
| 86. | CHYRCHAŁA Rafał | 02 | UKS „ORKA” Zamo | 55.04 | 544 | 26.42 | 28.62 |
| 87. | TRAFAS Tytus | 04 | KS Warta Pozna | 55.08 | 543 | | |
| 88. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 55.09 | 542 | 26.48 | 28.61 |
| 89. | BIAŁEK Paweł | 04 | UKS G-8 Bielany Warszawa | 55.10 | 542 | 26.18 | 28.92 |
| 90. | SULIGA Jeremi | 00 | UKS G-8 Bielany Warszawa | 55.19 | 539 | 26.19 | 29.00 |
| 91. | SKÓRA Bartosz | 03 | UKS Pi tka Konstantynów Łódzki | 55.20 | 539 | 26.35 | 28.85 |
| 92. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 55.21 | 539 | 26.16 | 29.05 |
| 93. | TKACZ Wiktor | 05 | MKS Piaseczno | 55.30 | 536 | 26.41 | 28.89 |
| 94. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 55.39 | 534 | 25.93 | 29.46 |
| 95. | JASIONOWSKI Mikołaj | 01 | SMS Zielona Góra | 55.40 | 533 | 26.67 | 28.73 |
| 96. | HANSSON Eric | 02 | VSS VASBY | 55.45 | 532 | 26.87 | 28.58 |
| 97. | GRZEGORZEWSKI Bartosz | 04 | MUKS Wodnik Łask | 55.51 | 530 | 26.52 | 28.99 |
| 98. | WYSOCKI Piotr | 04 | KS Warta Pozna | 55.67 | 526 | 26.76 | 28.91 |
| 99. | G SIOROWSKI Michał | 03 | Mokotowski UKP Warszawianka- Wod | 55.72 | 524 | 26.66 | 29.06 |
| 100. | KARDOLI SKI Łukasz | 03 | Kaliski Klub Sportowy „Włóknierz” 192 | 55.73 | 524 | 26.95 | 28.78 |
| 101. | KULS Jan | 03 | KP Delfin Inowrocław | 55.74 | 524 | 26.81 | 28.93 |
| 102. | MALAK Mikołaj | 01 | MKS SP 63 Bydgoszcz | 55.87 | 520 | 26.87 | 29.00 |
| 103. | KOPROWSKI Aleksander | 03 | Uks Cityzen | 55.92 | 519 | 27.16 | 28.76 |
| 104. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 55.95 | 518 | 26.30 | 29.65 |
| 105. | WIELGUS Kacper | 01 | KS Posnania Pozna | 55.98 | 517 | 26.66 | 29.32 |
| 106. | BACHLAJ Dorian | 99 | KU AZS AGH Kraków | 56.14 | 512 | 26.92 | 29.22 |
| 107. | MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 56.25 | 509 | 26.57 | 29.68 |
| 108. | DREWEK Jakub | 05 | UKS „Dwójka” Tczew | 56.26 | 509 | 27.15 | 29.11 |
| 109. | MAKOWSKI Dominik | 03 | KS Warta Pozna | 56.28 | 509 | 27.28 | 29.00 |
| 110. | KRACZKOWSKI Tomasz | 04 | UKS G-8 Bielany Warszawa | 56.43 | 505 | 26.21 | 30.22 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 2, M czyzn, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|--------------------------|------|------------------------------------|----------------|------|-------|-------|
| 110. | SETLAK Marcel | 05 | UKS abianka Gda sk | 56.43 | 505 | 27.27 | 29.16 |
| 112. | WOJNOWSKI Damian | 03 | MKP Szczecin | 56.50 | 503 | 27.05 | 29.45 |
| 113. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 56.61 | 500 | 26.89 | 29.72 |
| | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 56.61 | 500 | 27.21 | 29.40 |
| 115. | KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | 56.66 | 498 | 27.58 | 29.08 |
| 116. | DWYER Vincent John | 02 | Mokotowski UKP Warszawianka- Wod | 56.68 | 498 | 27.20 | 29.48 |
| 117. | PLAGA Dawid | 05 | TP Skalar Słupsk | 56.72 | 497 | 27.20 | 29.52 |
| 118. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 56.84 | 494 | 26.89 | 29.95 |
| 119. | KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 57.09 | 487 | 27.37 | 29.72 |
| 120. | JANECZEK Stanisław | 04 | MUKS "Pi tnastka" | 57.12 | 487 | 27.20 | 29.92 |
| 121. | SKÖLD Theodor | 01 | VSS VASBY | 57.18 | 485 | 26.95 | 30.23 |
| 122. | KAMI SKI Fabian | 04 | MKP Szczecin | 57.20 | 484 | 26.78 | 30.42 |
| 123. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 57.27 | 483 | 27.18 | 30.09 |
| 124. | PACŁAWSKI Jakub | 00 | KU AZS UMCS Lublin | 57.33 | 481 | 27.73 | 29.60 |
| 125. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 57.36 | 480 | 27.85 | 29.51 |
| 126. | KRUPI SKI Wojciech | 03 | KS Posnania Pozna | 57.41 | 479 | 27.89 | 29.52 |
| 127. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 57.42 | 479 | 27.13 | 30.29 |
| 128. | WIECZORKOWSKI Nikodem | 04 | UKS „Dwójka” Tczew | 57.55 | 476 | 27.54 | 30.01 |
| 129. | NOWICKI Kacper | 98 | UMKS Niesłysz cych Pozna | 57.57 | 475 | 27.59 | 29.98 |
| 130. | LE NIEWSKI Patryk | 03 | UKS Pi tka Konstantynów Łódzki | 57.58 | 475 | 27.78 | 29.80 |
| 131. | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | 57.60 | 474 | 27.75 | 29.85 |
| 132. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 57.67 | 473 | 27.43 | 30.24 |
| 133. | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 57.85 | 468 | 26.93 | 30.92 |
| 134. | SOKOŁOWSKI Fabian | 03 | UKP „Polonia Warszawa” | 57.86 | 468 | 27.47 | 30.39 |
| 135. | TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów” | 57.88 | 468 | 27.06 | 30.82 |
| 136. | GU CIORA Maciej | 03 | MKP Szczecin | 57.94 | 466 | 27.69 | 30.25 |
| | SIMONSSON Ivar | 02 | VSS VASBY | 57.94 | 466 | 28.11 | 29.83 |
| 138. | PIECHOTA Bartłomiej | 04 | UKS Pi tka Konstantynów Łódzki | 57.97 | 465 | 28.29 | 29.68 |
| 139. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 58.02 | 464 | 27.68 | 30.34 |
| 140. | GRUBA Szymon | 05 | MUKS "Pi tnastka" | 58.08 | 463 | 27.79 | 30.29 |
| 141. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 58.57 | 451 | 27.88 | 30.69 |
| 142. | LOCHERT Dorian | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 58.59 | 451 | 27.15 | 31.44 |
| | STRZELECKI Wiktor | 04 | MKS „Astoria” Bydgoszcz | 58.59 | 451 | 28.22 | 30.37 |
| 144. | BARSZCZEWSKI Maksymilian | 01 | UKS G-8 Bielany Warszawa | 58.62 | 450 | 27.59 | 31.03 |
| 145. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 58.65 | 449 | 27.89 | 30.76 |
| 146. | SUCHODOLSKI Hubert | 04 | KP Delfin Inowrocław | 58.77 | 447 | 27.78 | 30.99 |
| 147. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 58.92 | 443 | 27.75 | 31.17 |
| 148. | HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów” | 58.95 | 443 | 28.35 | 30.60 |
| 149. | BACZY SKI Jan | 05 | UKS Olympic Warka | 59.04 | 441 | 28.30 | 30.74 |
| 150. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wod | 59.08 | 440 | 28.33 | 30.75 |
| 151. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 59.17 | 438 | 28.10 | 31.07 |
| 152. | CEMPURA Kamil | 05 | KS Posnania Pozna | 59.31 | 435 | 28.32 | 30.99 |
| 153. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów” | 59.38 | 433 | 27.82 | 31.56 |
| 154. | GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów” | 59.51 | 430 | 28.74 | 30.77 |
| 155. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Le | 1:00.01 | 419 | 27.67 | 32.34 |
| 156. | KEMPIAK Bartosz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:00.05 | 419 | 28.80 | 31.25 |
| 157. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 1:00.09 | 418 | 29.02 | 31.07 |
| 158. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wc | 1:00.16 | 416 | 28.48 | 31.68 |
| 159. | DEREK Szymon | 04 | KS Warta Pozna | 1:00.34 | 413 | 28.96 | 31.38 |
| 160. | PIETRZAK Mikołaj | 05 | KS Posnania Pozna | 1:00.63 | 407 | 29.21 | 31.42 |
| 161. | AJTEL Jakub | 03 | Dwójka Morena Gda sk | 1:00.65 | 406 | 29.07 | 31.58 |
| 162. | PISZCZAŁA Marcel | 05 | MUKS Wodnik Łask | 1:00.94 | 401 | 28.70 | 32.24 |
| 163. | WŁODARCZYK Bartłomiej | 05 | MKS Piast Głogów | 1:01.04 | 399 | 28.95 | 32.09 |
| 164. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 1:01.37 | 392 | 29.09 | 32.28 |
| | KUREK Kacper | 05 | Foka Choszczno | 1:01.37 | 392 | 29.30 | 32.07 |
| 166. | MEYER Bartosz | 02 | KP Delfin Inowrocław | 1:01.39 | 392 | 29.10 | 32.29 |
| 167. | JAREMEK Michał | 05 | KP Delfin Inowrocław | 1:01.61 | 388 | 29.76 | 31.85 |
| 168. | SZCZEPANIAK Kacper | 04 | MKP Szczecin | 1:01.67 | 386 | 29.72 | 31.95 |
| 169. | GIEZEK Jan | 05 | UPKS Wodnik Rawicz | 1:01.85 | 383 | 29.71 | 32.14 |
| 170. | SKOKOWSKI Maciej | 05 | MKS Piast Głogów | 1:02.00 | 380 | 29.81 | 32.19 |
| 171. | RZEPKA Jakub | 05 | UKS „Dwójka” Tczew | 1:02.04 | 380 | 30.39 | 31.65 |

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Konkurencja 2, M czyzn, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|------------------------|------|------------------------------|----------------|------|-------|-------|
| 172. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | 1:02.36 | 374 | 30.11 | 32.25 |
| 173. | MAGRYTA Mateusz | 05 | UKS Siódemka Gdynia | 1:02.40 | 373 | 29.86 | 32.54 |
| 174. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów" | 1:02.81 | 366 | 29.42 | 33.39 |
| 175. | PUPKA Filip | 04 | Uks Cityzen | 1:02.96 | 363 | 30.15 | 32.81 |
| 176. | KOZANECKI Paweł | 05 | KS Posnania Pozna | 1:04.55 | 337 | 30.61 | 33.94 |
| 177. | KALEK Bartosz | 04 | KU AZS UAM Pozna | 1:05.16 | 328 | 31.65 | 33.51 |
| 178. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 1:05.87 | 317 | 31.40 | 34.47 |
| 179. | ZAWIEJA Stanisław | 05 | KS Posnania Pozna | 1:06.72 | 305 | 31.93 | 34.79 |
| 180. | TOMCZAK Michał | 05 | MUKS "Pi tnastka" | 1:16.18 | 205 | 35.65 | 40.53 |
| 181. | SEWIŁO Mikołaj | 05 | KS Posnania Pozna | 1:17.22 | 197 | 36.69 | 40.53 |
| NW | TOMCZAK Miłosz | 05 | KS Posnania Pozna | | | | |
| NW | MINCZUK Łukasz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | |
| NW | STR CZEK Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | |
| NW | BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz | | | | |

14 lat

| | | | | | | | |
|-----|-----------------------|----|--|----------------|-------|-------|-------|
| 1. | HEBEL Maciej | 05 | UKS abianka Gda sk | 53.78 | 583 | 26.42 | 27.36 |
| 2. | PŁOSZKA Kacper | 05 | MKS Jedynka Łód | 54.45 | 562 | 26.28 | 28.17 |
| 3. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 55.21 | 539 | 26.16 | 29.05 |
| 4. | TKACZ Wiktor | 05 | MKS Piaseczno | 55.30 | 536 | 26.41 | 28.89 |
| 5. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów" | 55.39 | 534 | 25.93 | 29.46 |
| 6. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów" | 55.95 | 518 | 26.30 | 29.65 |
| 7. | MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 56.25 | 509 | 26.57 | 29.68 |
| 8. | DREWEK Jakub | 05 | UKS „Dwójka" Tczew | 56.26 | 509 | 27.15 | 29.11 |
| 9. | SETLAK Marcel | 05 | UKS abianka Gda sk | 56.43 | 505 | 27.27 | 29.16 |
| 10. | PLAGA Dawid | 05 | TP Skalar Słupsk | 56.72 | 497 | 27.20 | 29.52 |
| 11. | KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 57.09 | 487 | 27.37 | 29.72 |
| 12. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 57.42 | 479 | 27.13 | 30.29 |
| 13. | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 57.85 | 468 | 26.93 | 30.92 |
| 14. | TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów" | 57.88 | 468 | 27.06 | 30.82 |
| 15. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 58.02 | 464 | 27.68 | 30.34 |
| 16. | GRUBA Szymon | 05 | MUKS "Pi tnastka" | 58.08 | 463 | 27.79 | 30.29 |
| 17. | LOCHERT Dorian | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 58.59 | 451 | 27.15 | 31.44 |
| 18. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 58.65 | 449 | 27.89 | 30.76 |
| 19. | BACZY SKI Jan | 05 | UKS Olympic Warka | 59.04 | 441 | 28.30 | 30.74 |
| 20. | CEMPURA Kamil | 05 | KS Posnania Pozna | 59.31 | 435 | 28.32 | 30.99 |
| 21. | GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów" | 59.51 | 430 | 28.74 | 30.77 |
| 22. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Le1:00.01) | 419 | 27.67 | 32.34 | |
| 23. | KEMPIAK Bartosz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:00.05 | 419 | 28.80 | 31.25 |
| 24. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 1:00.09 | 418 | 29.02 | 31.07 |
| 25. | PIETRZAK Mikołaj | 05 | KS Posnania Pozna | 1:00.63 | 407 | 29.21 | 31.42 |
| 26. | PISZCZAŁA Marcel | 05 | MUKS Wodnik Łask | 1:00.94 | 401 | 28.70 | 32.24 |
| 27. | WŁODARCZYK Bartłomiej | 05 | MKS Piast Głogów | 1:01.04 | 399 | 28.95 | 32.09 |
| 28. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 1:01.37 | 392 | 29.09 | 32.28 |
| | KUREK Kacper | 05 | Foka Choszczno | 1:01.37 | 392 | 29.30 | 32.07 |
| 30. | JAREMEK Michał | 05 | KP Delfin Inowrocław | 1:01.61 | 388 | 29.76 | 31.85 |
| 31. | GIEZEK Jan | 05 | UPKS Wodnik Rawicz | 1:01.85 | 383 | 29.71 | 32.14 |
| 32. | SKOKOWSKI Maciej | 05 | MKS Piast Głogów | 1:02.00 | 380 | 29.81 | 32.19 |
| 33. | RZEPKA Jakub | 05 | UKS „Dwójka" Tczew | 1:02.04 | 380 | 30.39 | 31.65 |
| 34. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | 1:02.36 | 374 | 30.11 | 32.25 |
| 35. | MAGRYTA Mateusz | 05 | UKS Siódemka Gdynia | 1:02.40 | 373 | 29.86 | 32.54 |
| 36. | KOZANECKI Paweł | 05 | KS Posnania Pozna | 1:04.55 | 337 | 30.61 | 33.94 |
| 37. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 1:05.87 | 317 | 31.40 | 34.47 |
| 38. | ZAWIEJA Stanisław | 05 | KS Posnania Pozna | 1:06.72 | 305 | 31.93 | 34.79 |
| 39. | TOMCZAK Michał | 05 | MUKS "Pi tnastka" | 1:16.18 | 205 | 35.65 | 40.53 |
| 40. | SEWIŁO Mikołaj | 05 | KS Posnania Pozna | 1:17.22 | 197 | 36.69 | 40.53 |
| NW | TOMCZAK Miłosz | 05 | KS Posnania Pozna | | | | |
| NW | MINCZUK Łukasz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | |
| NW | STR CZEK Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | |
| NW | BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz | | | | |

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15 lat

| | | | | | | | |
|-----|------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | MATUSZEWSKI Krzysztof | 04 | UKP „Polonia Warszawa” | 51.72 | 656 | 24.67 | 27.05 |
| 2. | OLCZAK Kacper | 04 | MKS Trójka Łód | 52.37 | 631 | 25.28 | 27.09 |
| 3. | MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 53.07 | 607 | 25.61 | 27.46 |
| 4. | WOGA Hubert | 04 | SMS Zielona Góra | 53.95 | 577 | 25.77 | 28.18 |
| 5. | J DRYCH Krzysztof | 04 | KS Posenia Pozna | 54.22 | 569 | 26.10 | 28.12 |
| 6. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 54.43 | 562 | 26.34 | 28.09 |
| 7. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 54.72 | 553 | 25.96 | 28.76 |
| 8. | ZIEMBOWICZ Franciszek | 04 | UKS G-8 Bielany Warszawa | 54.99 | 545 | 26.10 | 28.89 |
| 9. | TRAFAS Tytus | 04 | KS Warta Pozna | 55.08 | 543 | | |
| 10. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 55.09 | 542 | 26.48 | 28.61 |
| 11. | BIAŁEK Paweł | 04 | UKS G-8 Bielany Warszawa | 55.10 | 542 | 26.18 | 28.92 |
| 12. | GRZEGORZEWSKI Bartosz | 04 | MUKS Wodnik Łask | 55.51 | 530 | 26.52 | 28.99 |
| 13. | WYSOCKI Piotr | 04 | KS Warta Pozna | 55.67 | 526 | 26.76 | 28.91 |
| 14. | KRACZKOWSKI Tomasz | 04 | UKS G-8 Bielany Warszawa | 56.43 | 505 | 26.21 | 30.22 |
| 15. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 56.61 | 500 | 26.89 | 29.72 |
| | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 56.61 | 500 | 27.21 | 29.40 |
| 17. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 56.84 | 494 | 26.89 | 29.95 |
| 18. | JANECZEK Stanisław | 04 | MUKS "Pi tnastka" | 57.12 | 487 | 27.20 | 29.92 |
| 19. | KAMI SKI Fabian | 04 | MKP Szczecin | 57.20 | 484 | 26.78 | 30.42 |
| 20. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 57.27 | 483 | 27.18 | 30.09 |
| 21. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 57.36 | 480 | 27.85 | 29.51 |
| 22. | WIECZORKOWSKI Nikodem | 04 | UKS „Dwójka” Tczew | 57.55 | 476 | 27.54 | 30.01 |
| 23. | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | 57.60 | 474 | 27.75 | 29.85 |
| 24. | PIECHOTA Bartłomiej | 04 | UKS Pi tka Konstantynów Łódzki | 57.97 | 465 | 28.29 | 29.68 |
| 25. | STRZELECKI Wiktor | 04 | MKS „Astoria” Bydgoszcz | 58.59 | 451 | 28.22 | 30.37 |
| 26. | SUCHODOLSKI Hubert | 04 | KP Delfin Inowrocław | 58.77 | 447 | 27.78 | 30.99 |
| 27. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 58.92 | 443 | 27.75 | 31.17 |
| 28. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 59.17 | 438 | 28.10 | 31.07 |
| 29. | DEREK Szymon | 04 | KS Warta Pozna | 1:00.34 | 413 | 28.96 | 31.38 |
| 30. | SZCZEPANIAK Kacper | 04 | MKP Szczecin | 1:01.67 | 386 | 29.72 | 31.95 |
| 31. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów” | 1:02.81 | 366 | 29.42 | 33.39 |
| 32. | PUPKA Filip | 04 | Uks Cityzen | 1:02.96 | 363 | 30.15 | 32.81 |
| 33. | KAŁEK Bartosz | 04 | KU AZS UAM Pozna | 1:05.16 | 328 | 31.65 | 33.51 |

16 lat

| | | | | | | | |
|-----|----------------------|----|--------------------------------------|----------------|-----|-------|-------|
| 1. | WI NIEWSKI Adam | 03 | UKS „GIM 92 Ursynów” | 52.19 | 638 | 24.97 | 27.22 |
| 2. | G STAŁ Jan | 03 | UKS „GIM 92 Ursynów” | 52.29 | 634 | 25.08 | 27.21 |
| 3. | STEFA SKI Patryk | 03 | KS KSZO Ostrowiec w. | 52.35 | 632 | 25.16 | 27.19 |
| 4. | SMOLI SKI Rafał | 03 | Uczniowski Klub Sportowy Delfin Legi | 52.86 | 614 | 24.89 | 27.97 |
| 5. | SZMYT Krzysztof | 03 | UKS Fala Swar dz | 53.20 | 602 | 25.62 | 27.58 |
| 6. | OŁ D Stanisław | 03 | UKS G-8 Bielany Warszawa | 54.14 | 571 | 25.54 | 28.60 |
| 7. | BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 54.24 | 568 | 25.92 | 28.32 |
| 8. | GORRA Mikołaj | 03 | MKP Szczecin | 54.39 | 564 | 26.35 | 28.04 |
| 9. | KOWALSKI Marek | 03 | SMS Zielona Góra | 54.53 | 559 | 26.10 | 28.43 |
| 10. | SKÓRA Bartosz | 03 | UKS Pi tka Konstantynów Łódzki | 55.20 | 539 | 26.35 | 28.85 |
| 11. | G SIOROWSKI Michał | 03 | Mokotowski UKP Warszawianka- Wod | 55.72 | 524 | 26.66 | 29.06 |
| 12. | KARDOLI SKI Łukasz | 03 | Kaliski Klub Sportowy „Włókniarz” 19 | 55.73 | 524 | 26.95 | 28.78 |
| 13. | KULS Jan | 03 | KP Delfin Inowrocław | 55.74 | 524 | 26.81 | 28.93 |
| 14. | KOPROWSKI Aleksander | 03 | Uks Cityzen | 55.92 | 519 | 27.16 | 28.76 |
| 15. | MAKOWSKI Dominik | 03 | KS Warta Pozna | 56.28 | 509 | 27.28 | 29.00 |
| 16. | WOJNOWSKI Damian | 03 | MKP Szczecin | 56.50 | 503 | 27.05 | 29.45 |
| 17. | KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | 56.66 | 498 | 27.58 | 29.08 |
| 18. | KRUPI SKI Wojciech | 03 | KS Posenia Pozna | 57.41 | 479 | 27.89 | 29.52 |
| 19. | LE NIEWSKI Patryk | 03 | UKS Pi tka Konstantynów Łódzki | 57.58 | 475 | 27.78 | 29.80 |
| 20. | SOKOŁOWSKI Fabian | 03 | UKP „Polonia Warszawa” | 57.86 | 468 | 27.47 | 30.39 |
| 21. | GU CIORA Maciej | 03 | MKP Szczecin | 57.94 | 466 | 27.69 | 30.25 |
| 22. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 58.57 | 451 | 27.88 | 30.69 |
| 23. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wc | 1:00.16 | 416 | 28.48 | 31.68 |
| 24. | AJTEL Jakub | 03 | Dwójka Morena Gda sk | 1:00.65 | 406 | 29.07 | 31.58 |

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Konkurencja 2, M czyzn, 100m dowolny

17 - 18 lat

| | | | | | | | |
|-----|--------------------------|----|----------------------------------|----------------|-----|-------|-------|
| 1. | KAROLCZAK Jan | 01 | UKS G-8 Bielany Warszawa | 49.20 | 762 | 23.94 | 25.26 |
| 2. | ORLICZ Filip | 02 | UKS G-8 Bielany Warszawa | 49.25 | 759 | 23.57 | 25.68 |
| 3. | PIOTROWSKI Kacper | 01 | UKS G-8 Bielany Warszawa | 50.21 | 717 | 24.05 | 26.16 |
| 4. | KA MIERCZAK Bruno | 02 | UKS GOS Raszyn | 50.68 | 697 | 24.13 | 26.55 |
| 5. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 51.79 | 653 | 25.03 | 26.76 |
| 6. | KOMOROWSKI Jan | 01 | MKS Trójka Łód | 51.80 | 652 | 25.05 | 26.75 |
| 7. | BIAŁECKI Jan | 02 | Mokotowski UKP Warszawianka- Wod | 52.29 | 634 | 25.19 | 27.10 |
| 8. | KLIBER Iwo | 02 | MKP Astromal-Leszno | 52.46 | 628 | 25.23 | 27.23 |
| 9. | WRÓBLEWSKI Kamil | 02 | UKS G-8 Bielany Warszawa | 52.56 | 625 | 24.95 | 27.61 |
| 10. | KRZYWNICKI Adrian | 01 | MPKS Orka Ciechanów | 52.58 | 624 | 25.08 | 27.50 |
| 11. | KUSI SKI Aleksy | 02 | MKS Jedynka Łód | 52.77 | 617 | 25.47 | 27.30 |
| | STENSSON Erik | 02 | SS VAERMAMO | 52.77 | 617 | 25.05 | 27.72 |
| 13. | ŁANGOWSKI Maciej | 02 | KS Posenania Pozna | 52.84 | 615 | 24.87 | 27.97 |
| 14. | ZIELI SKI Patryk | 02 | KS Posenania Pozna | 52.97 | 610 | 25.19 | 27.78 |
| 15. | KUREK Jakub | 01 | MKP Szczecin | 53.46 | 594 | 25.59 | 27.87 |
| 16. | MELINDER Martin | 01 | VSS VASBY | 53.48 | 593 | 26.02 | 27.46 |
| 17. | GREBER Artur | 01 | UKS G-8 Bielany Warszawa | 53.57 | 590 | 25.70 | 27.87 |
| 18. | URBA SKI Michał | 01 | KS Delfin Gdynia | 53.62 | 588 | 26.20 | 27.42 |
| 19. | CHOJNOWSKI Tomasz | 02 | Mokotowski UKP Warszawianka- Wod | 53.74 | 584 | 25.87 | 27.87 |
| 20. | KWIATEK Radosław | 02 | St. Lok. SALOS Cortile Kielce | 53.76 | 584 | 26.00 | 27.76 |
| 21. | KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 53.80 | 582 | 25.82 | 27.98 |
| 22. | BOBORYK Wojciech | 02 | KS Delfin Gdynia | 53.95 | 577 | 26.26 | 27.69 |
| 23. | WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 54.16 | 571 | 25.67 | 28.49 |
| 24. | BIELAWA Dominik | 02 | KS KSZO Ostrowiec w. | 54.17 | 570 | 26.12 | 28.05 |
| 25. | WO NY Wiktor | 01 | UKS Shark Rudna | 54.29 | 567 | 25.44 | 28.85 |
| 26. | KRZYKAŁA Emil | 01 | KP AVIA widnik | 54.35 | 565 | 25.35 | 29.00 |
| | ZIMNIAK Szymon | 01 | UKS Fala Swarz dz | 54.35 | 565 | 25.55 | 28.80 |
| 28. | JOHNSSON Marcus | 02 | VSS VASBY | 54.99 | 545 | 26.72 | 28.27 |
| 29. | MICHALSKI Wojciech | 01 | MKP Szczecin | 55.01 | 545 | 26.81 | 28.20 |
| 30. | CHYRCHAŁA Rafał | 02 | UKS „ORKA” Zamo | 55.04 | 544 | 26.42 | 28.62 |
| 31. | JASIONOWSKI Mikołaj | 01 | SMS Zielona Góra | 55.40 | 533 | 26.67 | 28.73 |
| 32. | HANSSON Eric | 02 | VSS VASBY | 55.45 | 532 | 26.87 | 28.58 |
| 33. | MALAK Mikołaj | 01 | MKS SP 63 Bydgoszcz | 55.87 | 520 | 26.87 | 29.00 |
| 34. | WIELGUS Kacper | 01 | KS Posenania Pozna | 55.98 | 517 | 26.66 | 29.32 |
| 35. | DWYER Vincent John | 02 | Mokotowski UKP Warszawianka- Wod | 56.68 | 498 | 27.20 | 29.48 |
| 36. | SKÖLD Theodor | 01 | VSS VASBY | 57.18 | 485 | 26.95 | 30.23 |
| 37. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 57.67 | 473 | 27.43 | 30.24 |
| 38. | SIMONSSON Ivar | 02 | VSS VASBY | 57.94 | 466 | 28.11 | 29.83 |
| 39. | BARSZCZEWSKI Maksymilian | 01 | UKS G-8 Bielany Warszawa | 58.62 | 450 | 27.59 | 31.03 |
| 40. | HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów” | 58.95 | 443 | 28.35 | 30.60 |
| 41. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wod | 59.08 | 440 | 28.33 | 30.75 |
| 42. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów” | 59.38 | 433 | 27.82 | 31.56 |
| 43. | MEYER Bartosz | 02 | KP Delfin Inowrocław | 1:01.39 | 392 | 29.10 | 32.29 |

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| Konkurencja 3 | Kobiet, 50m klasyczny | | | | 14 lat i starsi |
|-------------------|-----------------------|--------------------|-------|-----------------|-----------------|
| 2019-11-23 - 8:46 | | | | | Wyniki |
| RP Open | 29.77 | SZTANDERA Dominika | 00101 | Kopenhaga (DEN) | 2017-12-13 |
| RP 19 - 23 | 29.77 | SZTANDERA Dominika | 00101 | Kopenhaga (DEN) | 2017-12-13 |
| RP 18 | 30.00 | SZTANDERA Dominika | 00101 | Lublin | 2015-12-17 |
| RP 17 | 30.33 | HALLMANN Weronika | 00114 | Łódź | 2017-12-19 |
| RP 16 | 30.62 | SZTANDERA Dominika | | Ostrowiec w. | 2013-12-20 |
| RP 15 | 31.45 | SZTANDERA Dominika | 00101 | Ostrowiec Sw. | 2012-12-19 |
| RP 14 | 31.91 | SZTANDERA Dominika | 00701 | Poznan | 2011-12-15 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|--|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 97 | MKS Juvenia Wrocław | 30.22 | 844 |
| 2. | 00 | AZS AWF Warszawa | 31.10 | 774 |
| 3. | 00 | MKS Juvenia Wrocław | 31.44 | 749 |
| 4. | 02 | UKS Trójka roda Wlkp. | 32.03 | 708 |
| 5. | 03 | MUKS Wodnik Łask | 33.15 | 639 |
| 6. | 05 | UKS „GIM 92 Ursynów” | 33.32 | 629 |
| 7. | 98 | SP „Narew” w Ostroł ce | 33.58 | 615 |
| 8. | 03 | MKP Szczecin | 33.74 | 606 |
| | 01 | VSS VASBY | 33.74 | 606 |
| 10. | 03 | UKS „GIM 92 Ursynów” | 33.75 | 605 |
| 11. | 03 | KS OLIMPIA Lublin | 33.83 | 601 |
| 12. | 04 | UKS „ORKA” Zamo | 33.94 | 595 |
| 13. | 03 | AZS AWF Warszawa | 34.14 | 585 |
| 14. | 04 | UKS „GIM 92 Ursynów” | 34.23 | 580 |
| 15. | 05 | MKS Piaseczno | 34.26 | 579 |
| 16. | 03 | UKS G-8 Bielany Warszawa | 34.28 | 578 |
| 17. | 04 | MUKS "Pi tnastka" | 34.34 | 575 |
| 18. | 04 | MUKS "Pi tnastka" | 34.49 | 567 |
| 19. | 00 | MKP Szczecin | 34.55 | 564 |
| 20. | 05 | UKS „Jedynka” SP SOLEX | 34.63 | 560 |
| 21. | 05 | UKS SP-149 Łódź | 34.65 | 559 |
| 22. | 04 | Mi dzyszkolny UKS „Olimpijczyk” Suwałk | 34.80 | 552 |
| 23. | 05 | UKS Trójka roda Wlkp. | 34.88 | 548 |
| 24. | 04 | UKS G-8 Bielany Warszawa | 34.94 | 546 |
| 25. | 02 | KS Posnania Pozna | 34.98 | 544 |
| 26. | 02 | MKP Szczecin | 35.09 | 539 |
| 27. | 04 | UKS Pi tka Konstantynów Łódzki | 35.21 | 533 |
| 28. | 04 | MKS Piaseczno | 35.30 | 529 |
| 29. | 03 | MKS „Astoria” Bydgoszcz | 35.36 | 526 |
| 30. | 02 | UKS G-8 Bielany Warszawa | 35.46 | 522 |
| 31. | 05 | UKS G-8 Bielany Warszawa | 35.49 | 521 |
| 32. | 05 | MKP Szczecin | 35.59 | 516 |
| 33. | 03 | AZS AWF Warszawa | 35.61 | 515 |
| 34. | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 35.82 | 506 |
| 35. | 05 | MKS SP 63 Bydgoszcz | 35.83 | 506 |
| 36. | 04 | MKP Szczecin | 35.84 | 506 |
| 37. | 03 | MUKS "Pi tnastka" | 35.91 | 503 |
| 38. | 02 | MKS Polonia Warszawa | 36.31 | 486 |
| 39. | 04 | KS Delfin Gdynia | 36.33 | 485 |
| 40. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 36.35 | 485 |
| 41. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 36.36 | 484 |
| 42. | 05 | MKS Jedynka Łódź | 36.41 | 482 |
| 43. | 98 | UKS SP-149 Łódź | 36.49 | 479 |
| 44. | 05 | KS Posnania Pozna | 36.58 | 475 |
| 45. | 05 | UKS G-8 Bielany Warszawa | 36.59 | 475 |
| 46. | 05 | MUKS Wodnik Łask | 36.61 | 474 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 3, Kobiet, 50m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|------------------------------------|--------------|------|
| 47. | 01 | KS Poznania Pozna | 36.84 | 465 |
| 48. | 05 | UKS G-8 Bielany Warszawa | 37.00 | 459 |
| 49. | 04 | UKS „GIM 92 Ursynów” | 37.07 | 457 |
| 50. | 05 | KS Poznania Pozna | 37.32 | 448 |
| 51. | 03 | MKS SP 63 Bydgoszcz | 37.38 | 446 |
| 52. | 04 | Mokotowski UKP Warszawianka- Wodny | 37.47 | 442 |
| 53. | 03 | UKP „Polonia Warszawa” | 37.53 | 440 |
| 54. | 01 | VSS VASBY | 38.26 | 415 |
| 55. | 04 | UKS „GIM 92 Ursynów” | 38.42 | 410 |
| 56. | 05 | KS Delfin Gdynia | 38.55 | 406 |
| 57. | 05 | MKS Piast Głogów | 40.99 | 338 |
| 58. | 02 | MUKS "Pi tnaстка" | 42.35 | 306 |

14 lat

| | | | | |
|-----|----|------------------------------|--------------|-----|
| 1. | 05 | UKS „GIM 92 Ursynów” | 33.32 | 629 |
| 2. | 05 | MKS Piaseczno | 34.26 | 579 |
| 3. | 05 | UKS „Jedyńka” SP SOLEX | 34.63 | 560 |
| 4. | 05 | UKS SP-149 Łód | 34.65 | 559 |
| 5. | 05 | UKS Trójka roda Wlkp. | 34.88 | 548 |
| 6. | 05 | UKS G-8 Bielany Warszawa | 35.49 | 521 |
| 7. | 05 | MKP Szczecin | 35.59 | 516 |
| 8. | 05 | MKS SP 63 Bydgoszcz | 35.83 | 506 |
| 9. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 36.35 | 485 |
| 10. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 36.36 | 484 |
| 11. | 05 | MKS Jedyńka Łód | 36.41 | 482 |
| 12. | 05 | KS Poznania Pozna | 36.58 | 475 |
| 13. | 05 | UKS G-8 Bielany Warszawa | 36.59 | 475 |
| 14. | 05 | MUKS Wodnik Łask | 36.61 | 474 |
| 15. | 05 | UKS G-8 Bielany Warszawa | 37.00 | 459 |
| 16. | 05 | KS Poznania Pozna | 37.32 | 448 |
| 17. | 05 | KS Delfin Gdynia | 38.55 | 406 |
| 18. | 05 | MKS Piast Głogów | 40.99 | 338 |

15 lat

| | | | | |
|-----|----|--|--------------|-----|
| 1. | 04 | UKS „ORKA” Zamo | 33.94 | 595 |
| 2. | 04 | UKS „GIM 92 Ursynów” | 34.23 | 580 |
| 3. | 04 | MUKS "Pi tnaстка" | 34.34 | 575 |
| 4. | 04 | MUKS "Pi tnaстка" | 34.49 | 567 |
| 5. | 04 | Mi dzyszkołny UKS „Olimpijczyk” Suwałk | 34.80 | 552 |
| 6. | 04 | UKS G-8 Bielany Warszawa | 34.94 | 546 |
| 7. | 04 | UKS Pi tka Konstantynów Łódzki | 35.21 | 533 |
| 8. | 04 | MKS Piaseczno | 35.30 | 529 |
| 9. | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 35.82 | 506 |
| 10. | 04 | MKP Szczecin | 35.84 | 506 |
| 11. | 04 | KS Delfin Gdynia | 36.33 | 485 |
| 12. | 04 | UKS „GIM 92 Ursynów” | 37.07 | 457 |
| 13. | 04 | Mokotowski UKP Warszawianka- Wodny | 37.47 | 442 |
| 14. | 04 | UKS „GIM 92 Ursynów” | 38.42 | 410 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 3, Kobiet, 50m klasyczny

16 lat

| | | | | | |
|-----|----------------------|----|--------------------------|--------------|-----|
| 1. | BŁA EJEWSKA Nikola | 03 | MUKS Wodnik Łask | 33.15 | 639 |
| 2. | TURKOWSKA Aleksandra | 03 | MKP Szczecin | 33.74 | 606 |
| 3. | HERBREder Gabriela | 03 | UKS „GIM 92 Ursynów” | 33.75 | 605 |
| 4. | PASTUSZUK Paulina | 03 | KS OLIMPIA Lublin | 33.83 | 601 |
| 5. | OBAJTEK Aleksandra | 03 | AZS AWF Warszawa | 34.14 | 585 |
| 6. | RUSSEK Agata | 03 | UKS G-8 Bielany Warszawa | 34.28 | 578 |
| 7. | MARJA SKA Agata | 03 | MKS „Astoria” Bydgoszcz | 35.36 | 526 |
| 8. | DOPART Marcelina | 03 | AZS AWF Warszawa | 35.61 | 515 |
| 9. | CHLEWI SKA Olimpia | 03 | MUKS "Pi tnastka" | 35.91 | 503 |
| 10. | LASECKA Aleksandra | 03 | MKS SP 63 Bydgoszcz | 37.38 | 446 |
| 11. | KASJANIUK Patrycja | 03 | UKP „Polonia Warszawa” | 37.53 | 440 |

17 - 18 lat

| | | | | | |
|----|----------------------|----|--------------------------|--------------|-----|
| 1. | CHMIEL Liwia | 02 | UKS Trójka roda Wlkp. | 32.03 | 708 |
| 2. | BJÖRKÉN Julia | 01 | VSS VASBY | 33.74 | 606 |
| 3. | POPLAWSKA Apolonia | 02 | KS Posnania Pozna | 34.98 | 544 |
| 4. | PRUSIK Kamila | 02 | MKP Szczecin | 35.09 | 539 |
| 5. | ZIENTARSKA Karolina | 02 | UKS G-8 Bielany Warszawa | 35.46 | 522 |
| 6. | KOPA SKA Maja | 02 | MKS Polonia Warszawa | 36.31 | 486 |
| 7. | KOZANECKA Katarzyna | 01 | KS Posnania Pozna | 36.84 | 465 |
| 8. | PFEIFF Matilda | 01 | VSS VASBY | 38.26 | 415 |
| 9. | LEWANDOWSKA Wiktoria | 02 | MUKS "Pi tnastka" | 42.35 | 306 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

| Konkurencja 4 2019-11-23 - 8:52 | M cyczn, 50m klasyczny | | | | 14 lat i starsi Wyniki |
|------------------------------------|------------------------|--------------------|-------|---------------------|---------------------------|
| RP Open | 26.19 | PLUTECKI Adam | 00304 | Gorzow Wielkopolski | 2009-11-28 |
| RP 19 - 23 | 26.53 | TOKARSKI Krzysztof | | Kopenhaga (DEN) | 2017-12-13 |
| RP 18 | 27.00 | KAŁUSOWSKI Jan | 00905 | Lublin | 2018-12-22 |
| RP 17 | 27.38 | SZABŁOWSKI Hubert | 03914 | Łód | 2017-12-21 |
| RP 16 | 28.09 | MICHALCZYK Andrzej | 01006 | Olsztyn | 2016-12-17 |
| RP 15 | 28.43 | SIEMI SKI Piotr | 02314 | Lublin | 2015-12-19 |
| RP 14 | 29.82 | SOBIECKI Jakub | 05114 | Lublin | 2015-12-05 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|---|---------------|------|
| 14 lat i starsi | | | | |
| 1. | 94 | POLEWKA Tomasz AZS AWF Katowice | 27.71 | 756 |
| 2. | 00 | KAŁUSOWSKI Jan MKS Trójka Łód | 27.97 | 735 |
| 3. | 00 | R BACZ Maciej UKS G-8 Bielany Warszawa | 28.42 | 701 |
| 4. | 95 | NOWAK Patryk AZS AWF Katowice | 28.53 | 693 |
| | 93 | ROGUSKI Bartłomiej AZS AWF Warszawa | 28.53 | 693 |
| 6. | 00 | PIOTROWICZ Kamil MKS Trójka Łód | 28.58 | 689 |
| 7. | 03 | SKÓRA Bartosz UKS Pi tka Konstantynów Łódzki | 28.71 | 680 |
| 8. | 92 | KOŁODZIEJSKI Mateusz UKS "AS" Zielona Góra | 28.74 | 678 |
| 9. | 00 | BEBEROK Filip SMS Zielona Góra | 28.77 | 676 |
| 10. | 96 | KAMINIARZ Jakub UKS G-8 Bielany Warszawa | 28.91 | 666 |
| 11. | 93 | SUZIN Marcin KU AZS AGH Kraków | 28.95 | 663 |
| 12. | 01 | GREBER Artur UKS G-8 Bielany Warszawa | 28.96 | 662 |
| 13. | 01 | WIECI SKI Andrzej MTKP Delfin Toru | 29.12 | 651 |
| 14. | 80 | SZYMKOWIAK Marcin KS Warta Pozna | 29.16 | 649 |
| 15. | 00 | MICHALCZYK Andrzej KU AZS AGH Kraków | 29.18 | 647 |
| 16. | 04 | TARASEWICZ Marcel UKS G-8 Bielany Warszawa | 29.38 | 634 |
| 17. | 01 | PARTYKA Damian AZS AWFIS Gda sk | 29.64 | 618 |
| 18. | 04 | KONARSKI Maciej UKS „GIM 92 Ursynów" | 29.69 | 615 |
| 19. | 02 | LERNA William VSS VASBY | 29.80 | 608 |
| 20. | 99 | MIKOŁAJCZYK Michał WKS I sk Wrocław | 29.83 | 606 |
| 21. | 99 | BACHLAJ Dorian KU AZS AGH Kraków | 29.89 | 602 |
| 22. | 03 | PRZYSTAŁ Adam UKS G-8 Bielany Warszawa | 29.98 | 597 |
| 23. | 04 | CICHOCKI Oliwier KS Warta Pozna | 30.02 | 595 |
| 24. | 02 | KLIMAS Michał KS KSZO Ostrowiec w. | 30.11 | 589 |
| | 01 | KRASZEWSKI Daniel MKS Polonia Warszawa | 30.11 | 589 |
| 26. | 03 | URYNIUK Paweł UKS G-8 Bielany Warszawa | 30.24 | 582 |
| 27. | 04 | WERMI SKI Jan UKS Fala Swarz dz | 30.26 | 581 |
| 28. | 02 | LINDWALL Algot SS TYRESO | 30.29 | 579 |
| 29. | 02 | TOMCZAK Tymoteusz KS Posnania Pozna | 30.58 | 562 |
| 30. | 03 | OLEJNIK Adam TP Skalar Słupsk | 30.69 | 556 |
| 31. | 05 | STANISŁAWSKI Szymon MKS Jedyńka Łód | 30.85 | 548 |
| 32. | 00 | DOUIB Jonathan VSS VASBY | 30.87 | 547 |
| 33. | 04 | GRZEGORZEWSKI Bartosz MUKS Wodnik Łask | 31.08 | 536 |
| 34. | 02 | GREGORCZYK Jan UKS G-8 Bielany Warszawa | 31.14 | 533 |
| 35. | 04 | WIERICI SKI Kacper UKS „Dwójka" Tczew | 32.01 | 490 |
| 36. | 05 | SZYMA SKI Igor MUKS "Pi tnastka" | 32.03 | 489 |
| 37. | 05 | BACZY SKI Jan UKS Olympic Warka | 32.07 | 488 |
| 38. | 04 | ISKRA Szymon UKS Pi tka Konstantynów Łódzki | 32.10 | 486 |
| 39. | 04 | ZUZANIUK Igor KS OLIMPIA Lublin | 32.15 | 484 |
| 40. | 04 | DOMAGAŁA Tymoteusz MUKS "Pi tnastka" | 32.35 | 475 |
| 41. | 03 | WILANOWSKI Mateusz MKS Jedyńka Łód | 32.41 | 472 |
| 42. | 02 | DWYER Vincent John Mokotowski UKP Warszawianka- Wodny | F32.93 | 450 |
| 43. | 05 | GIEZEK Jan UPKS Wodnik Rawicz | 33.10 | 443 |
| 44. | 04 | MAJKOWSKI Aleksander Mokotowski UKP Warszawianka- Wodny | F33.31 | 435 |
| 45. | 03 | SZUKAŁA Krzysztof KS Warta Pozna | 33.40 | 432 |
| 46. | 04 | KNOPP Jarosław MUKS "Pi tnastka" | 33.46 | 429 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 4, M czyzn, 50m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|----------------------|------------------------------------|-------------------|
| 47. | 05 | GILEWSKI Piotr | MUKS "Pi tnastka" | 33.76 418 |
| 48. | 05 | SZYMA SKI Alan | UPKS Wodnik Rawicz | 33.77 418 |
| 49. | 04 | BORYCZKA Dominik | UPKS Wodnik Rawicz | 33.97 410 |
| 50. | 05 | HERBIK Paweł | MKS Piast Głogów | 34.25 400 |
| 51. | 02 | J DRZEJKIEWICZ Jan | UKS „GIM 92 Ursynów" | 34.34 397 |
| 52. | 05 | BIELEWICZ Jan | KS Warta Pozna | 34.58 389 |
| 53. | 04 | G SIOR Tomasz | UPKS Wodnik Rawicz | 34.78 382 |
| 54. | 04 | JANCZYLIK Aleksander | KS Delfin Gdynia | 34.90 378 |
| 55. | 03 | ROWI SKI Dominik | Mokotowski UKP Warszawianka- Wodny | F34.92 378 |
| 56. | 02 | HORBATY Klaudiusz | UKS „GIM 92 Ursynów" | 35.30 365 |
| 57. | 04 | PUPKA Filip | Uks Cityzen | 35.39 363 |
| 58. | 03 | BRUS Marcel | KS OLIMPIA Lublin | 36.28 337 |
| DYSKW. | 02 | BIELAWA Dominik | KS KSZO Ostrowiec w. | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

| | | | | |
|----|----|--------------------|------------------------------|--|
| NW | 04 | SUCHODOLSKI Hubert | KP Delfin Inowrocław | |
| NW | 05 | JAREMEK Michał | KP Delfin Inowrocław | |
| NW | 05 | STR CZEK Bła ej | MKP „SŁOWIANKA" Gorzów Wlkp. | |
| NW | 03 | MARUWKA Bruno | UPKS Wodnik Rawicz | |

14 lat

| | | | | |
|----|----|---------------------|------------------------------|------------------|
| 1. | 05 | STANISŁAWSKI Szymon | MKS Jedyńka Łód | 30.85 548 |
| 2. | 05 | SZYMA SKI Igor | MUKS "Pi tnastka" | 32.03 489 |
| 3. | 05 | BACZY SKI Jan | UKS Olympic Warka | 32.07 488 |
| 4. | 05 | GIEZEK Jan | UPKS Wodnik Rawicz | 33.10 443 |
| 5. | 05 | GILEWSKI Piotr | MUKS "Pi tnastka" | 33.76 418 |
| 6. | 05 | SZYMA SKI Alan | UPKS Wodnik Rawicz | 33.77 418 |
| 7. | 05 | HERBIK Paweł | MKS Piast Głogów | 34.25 400 |
| 8. | 05 | BIELEWICZ Jan | KS Warta Pozna | 34.58 389 |
| NW | 05 | JAREMEK Michał | KP Delfin Inowrocław | |
| NW | 05 | STR CZEK Bła ej | MKP „SŁOWIANKA" Gorzów Wlkp. | |

15 lat

| | | | | |
|-----|----|-----------------------|------------------------------------|-------------------|
| 1. | 04 | TARASEWICZ Marcel | UKS G-8 Bielany Warszawa | 29.38 634 |
| 2. | 04 | KONARSKI Maciej | UKS „GIM 92 Ursynów" | 29.69 615 |
| 3. | 04 | CICHOCKI Oliwier | KS Warta Pozna | 30.02 595 |
| 4. | 04 | WERMI SKI Jan | UKS Fala Swarz dz | 30.26 581 |
| 5. | 04 | GRZEGORZEWSKI Bartosz | MUKS Wodnik Łask | 31.08 536 |
| 6. | 04 | WIERCI SKI Kacper | UKS „Dwójka" Tczew | 32.01 490 |
| 7. | 04 | ISKRA Szymon | UKS Pi tka Konstantynów Łódzki | 32.10 486 |
| 8. | 04 | ZUZANIUK Igor | KS OLIMPIA Lublin | 32.15 484 |
| 9. | 04 | DOMAGAŁA Tymoteusz | MUKS "Pi tnastka" | 32.35 475 |
| 10. | 04 | MAJKOWSKI Aleksander | Mokotowski UKP Warszawianka- Wodny | F33.31 435 |
| 11. | 04 | KNOPP Jarosław | MUKS "Pi tnastka" | 33.46 429 |
| 12. | 04 | BORYCZKA Dominik | UPKS Wodnik Rawicz | 33.97 410 |
| 13. | 04 | G SIOR Tomasz | UPKS Wodnik Rawicz | 34.78 382 |
| 14. | 04 | JANCZYLIK Aleksander | KS Delfin Gdynia | 34.90 378 |
| 15. | 04 | PUPKA Filip | Uks Cityzen | 35.39 363 |
| NW | 04 | SUCHODOLSKI Hubert | KP Delfin Inowrocław | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 4, M czyzn, 50m klasyczny

16 lat

| | | | | | |
|----|--------------------|----|------------------------------------|--------------|-----|
| 1. | SKÓRA Bartosz | 03 | UKS Pi tka Konstantynów Łódzki | 28.71 | 680 |
| 2. | PRZYSTAŁ Adam | 03 | UKS G-8 Bielany Warszawa | 29.98 | 597 |
| 3. | URYNIUK Paweł | 03 | UKS G-8 Bielany Warszawa | 30.24 | 582 |
| 4. | OLEJNIK Adam | 03 | TP Skalar Słupsk | 30.69 | 556 |
| 5. | WILANOWSKI Mateusz | 03 | MKS Jedyńka Łód | 32.41 | 472 |
| 6. | SZUKAŁA Krzysztof | 03 | KS Warta Pozna | 33.40 | 432 |
| 7. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wodny | 34.92 | 378 |
| 8. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 36.28 | 337 |
| NW | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | | |

17 - 18 lat

| | | | | | |
|--------|--------------------|----|------------------------------------|--------------|-----|
| 1. | GREBER Artur | 01 | UKS G-8 Bielany Warszawa | 28.96 | 662 |
| 2. | WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 29.12 | 651 |
| 3. | PARTYKA Damian | 01 | AZS AWFIS Gda sk | 29.64 | 618 |
| 4. | LERNA William | 02 | VSS VASBY | 29.80 | 608 |
| 5. | KLIMAS Michał | 02 | KS KSZO Ostrowiec w. | 30.11 | 589 |
| | KRASZEWSKI Daniel | 01 | MKS Polonia Warszawa | 30.11 | 589 |
| 7. | LINDWALL Algot | 02 | SS TYRESO | 30.29 | 579 |
| 8. | TOMCZAK Tymoteusz | 02 | KS Posnania Pozna | 30.58 | 562 |
| 9. | GREGORCZYK Jan | 02 | UKS G-8 Bielany Warszawa | 31.14 | 533 |
| 10. | DWYER Vincent John | 02 | Mokotowski UKP Warszawianka- Wodny | 32.93 | 450 |
| 11. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów" | 34.34 | 397 |
| 12. | HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów" | 35.30 | 365 |
| DYSKW. | BIELAWA Dominik | 02 | KS KSZO Ostrowiec w. | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 5
2019-11-23 - 8:56

Kobiet, 200m motylkowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|--------------------|-------|---------------------|------------|
| RP Open | 2:03.53 | JEDRZEJCZAK Otylia | 00114 | Debrecen (HUN) | 2007-12-13 |
| RP 19 - 23 | 2:06.97 | OLCZAK Mirella | | Gorzów Wlkp | 2009-11-26 |
| RP 18 | 2:06.97 | OLCZAK Mirela | | Gorzów Wlkp. | 2009-11-26 |
| RP 17 | 2:06.97 | OLCZAK Mirela | POL | Gorzów Wlkp. | 2009-11-26 |
| RP 16 | 2:06.97 | OLCZAK Mirela | 00104 | Gorzow Wielkopolski | 2009-11-26 |
| RP 15 | 2:10.98 | OLCZAK Mirela | 00104 | Gorzow Wlkp. | 2008-11-27 |
| RP 14 | 2:14.64 | TRAMBOWICZ Zuzanna | 00202 | Olsztyn | 2016-12-15 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------|--|------|------|-----|------|------|------|
|---------|---------|--|------|------|-----|------|------|------|

14 lat i starsi

| | | | | | | | | |
|-------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. NAZI BŁO Klaudia | 93 | MKS Juvenia Wrocław | 2:09.09 | 795 | 28.20 | 31.71 | 32.66 | 36.52 |
| 2. ZIELI SKA Daria | 03 | UKP „Polonia Warszawa” | 2:14.25 | 707 | 30.48 | 34.15 | 34.64 | 34.98 |
| 3. W GRZYNOWSKA A. | 01 | WKS I sk Wrocław | 2:14.45 | 704 | 30.24 | 34.06 | 35.06 | 35.09 |
| 4. TRAMBOWICZ Zuzanna | 02 | AZS AWF Warszawa | 2:16.11 | 678 | 30.36 | 34.43 | 35.43 | 35.89 |
| 5. NIEMCZAK Zofia | 99 | AZS AWF Katowice | 2:18.96 | 637 | 31.20 | 35.15 | 35.87 | 36.74 |
| 6. SOLAK Anna | 00 | KU AZS AGH Kraków | 2:20.79 | 613 | 32.09 | 35.62 | 35.96 | 37.12 |
| 7. FR CKIEWICZ Martyna | 03 | SMS Zielona Góra | 2:21.11 | 609 | 31.81 | 36.75 | 36.75 | 35.80 |
| 8. RYDY SKA Marianna | 04 | MUKS "Pi tnastka" | 2:21.29 | 606 | 31.31 | 35.37 | 36.93 | 37.68 |
| URBAN Karolina | 03 | UKS „Ósemka” Starogard | 2:21.29 | 606 | 31.28 | 35.24 | 37.07 | 37.70 |
| 10. RUTKOWSKA Wiktoria | 99 | MUKS "Pi tnastka" | 2:23.21 | 582 | 32.11 | 35.76 | 37.32 | 38.02 |
| 11. WRÓBEL Julia | 03 | UKP „Polonia Warszawa” | 2:23.79 | 575 | 32.31 | 36.02 | 37.30 | 38.16 |
| 12. NOWAK Zofia | 03 | UKS G-8 Bielany Warszawa | 2:23.83 | 575 | 31.09 | 36.09 | 38.10 | 38.55 |
| 13. GUS Julia | 99 | MUKS "Pi tnastka" | 2:23.88 | 574 | 31.42 | 36.35 | 37.56 | 38.55 |
| 14. KUCHTA Maria | 02 | UKS „Dwójka” Tczew | 2:23.99 | 573 | 32.34 | 36.38 | 37.55 | 37.72 |
| 15. WARCHAŁOWSKA Paulin | 05 | KS OLIMPIA Lublin | 2:24.96 | 561 | 32.35 | 36.48 | 37.27 | 38.86 |
| 16. SZYSZKO Karolina | 03 | UKP „Polonia Warszawa” | 2:25.36 | 557 | 32.33 | 37.19 | 37.43 | 38.41 |
| 17. POZNACHOWSKA Nadia | 04 | UKP „Polonia Warszawa” | 2:26.31 | 546 | 32.21 | 36.83 | 39.25 | 38.02 |
| 18. HAŁAWCZAK Marcelina | 02 | MKP Szczecin | 2:28.12 | 526 | 33.45 | 37.51 | 39.13 | 38.03 |
| 19. BYLI SKA Agnieszka | 02 | UKS abianka Gda sk | 2:28.46 | 522 | 33.04 | 37.90 | 38.47 | 39.05 |
| 20. SOKOŁOWSKA Dominika | 04 | KS Neptun widnica | 2:28.84 | 518 | 32.98 | 37.75 | 38.54 | 39.57 |
| 21. D BKOWSKA Wiktoria | 04 | MUKS Wodnik Łask | 2:29.96 | 507 | 32.15 | 37.93 | 40.51 | 39.37 |
| 22. CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 2:30.93 | 497 | 32.85 | 37.87 | 39.55 | 40.66 |
| 23. CZERWI SKA Martyna | 04 | UKS „Dwójka” Tczew | 2:31.09 | 496 | 33.25 | 38.63 | 39.82 | 39.39 |
| 24. CYGAN Julia | 04 | MKS „Astoria” Bydgoszcz | 2:33.26 | 475 | 34.21 | 40.11 | 39.84 | 39.10 |
| 25. ORUM Melissa | 04 | MUKS "Pi tnastka" | 2:34.09 | 467 | 33.64 | 38.27 | 39.95 | 42.23 |
| 26. OLECKA Amelia | 05 | UKS „GIM 92 Ursynów” | 2:34.11 | 467 | 33.43 | 40.34 | 40.49 | 39.85 |
| 27. BIELEWICZ Joanna | 00 | KS Warta Pozna | 2:39.18 | 424 | 33.04 | 38.52 | 42.26 | 45.36 |
| 28. ŁUSZCZEWSKA Emilia | 05 | MKS Juvenia Białystok | 2:39.80 | 419 | 33.52 | 39.86 | 42.57 | 43.85 |
| 29. SADOWSKA Dominika | 04 | MUKS "Pi tnastka" | 2:41.43 | 406 | 33.35 | 40.36 | 42.64 | 45.08 |
| 30. WRÓBLEWSKA Klaudia | 04 | UKP „Polonia Warszawa” | 2:41.85 | 403 | 35.88 | 41.21 | 42.83 | 41.93 |
| 31. HAŁADYN Kamila | 04 | UKS SP-149 Łód | 2:42.15 | 401 | 34.87 | 41.11 | 42.95 | 43.22 |
| 32. GIZA Olga | 04 | UKS abianka Gda sk | 2:42.48 | 398 | 35.34 | 40.74 | 43.58 | 42.82 |

14 lat

| | | | | | | | | |
|------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. WARCHAŁOWSKA Paulin | 05 | KS OLIMPIA Lublin | 2:24.96 | 561 | 32.35 | 36.48 | 37.27 | 38.86 |
| 2. CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 2:30.93 | 497 | 32.85 | 37.87 | 39.55 | 40.66 |
| 3. OLECKA Amelia | 05 | UKS „GIM 92 Ursynów” | 2:34.11 | 467 | 33.43 | 40.34 | 40.49 | 39.85 |
| 4. ŁUSZCZEWSKA Emilia | 05 | MKS Juvenia Białystok | 2:39.80 | 419 | 33.52 | 39.86 | 42.57 | 43.85 |

15 lat

| | | | | | | | | |
|------------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. RYDY SKA Marianna | 04 | MUKS "Pi tnastka" | 2:21.29 | 606 | 31.31 | 35.37 | 36.93 | 37.68 |
| 2. POZNACHOWSKA Nadia | 04 | UKP „Polonia Warszawa” | 2:26.31 | 546 | 32.21 | 36.83 | 39.25 | 38.02 |
| 3. SOKOŁOWSKA Dominika | 04 | KS Neptun widnica | 2:28.84 | 518 | 32.98 | 37.75 | 38.54 | 39.57 |
| 4. D BKOWSKA Wiktoria | 04 | MUKS Wodnik Łask | 2:29.96 | 507 | 32.15 | 37.93 | 40.51 | 39.37 |
| 5. CZERWI SKA Martyna | 04 | UKS „Dwójka” Tczew | 2:31.09 | 496 | 33.25 | 38.63 | 39.82 | 39.39 |
| 6. CYGAN Julia | 04 | MKS „Astoria” Bydgoszcz | 2:33.26 | 475 | 34.21 | 40.11 | 39.84 | 39.10 |
| 7. ORUM Melissa | 04 | MUKS "Pi tnastka" | 2:34.09 | 467 | 33.64 | 38.27 | 39.95 | 42.23 |
| 8. SADOWSKA Dominika | 04 | MUKS "Pi tnastka" | 2:41.43 | 406 | 33.35 | 40.36 | 42.64 | 45.08 |
| 9. WRÓBLEWSKA Klaudia | 04 | UKP „Polonia Warszawa” | 2:41.85 | 403 | 35.88 | 41.21 | 42.83 | 41.93 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 5, Dziewcz t, 200m motylkowy, 15 lat

| Pozycja | Rok ur. | | Czas Pkt. | 50m | 100m | 150m | 200m |
|--------------------|---------|--------------------|--------------------|-------|-------|-------|-------|
| 10. HAŁADYN Kamila | 04 | UKS SP-149 Łód | 2:42.15 401 | 34.87 | 41.11 | 42.95 | 43.22 |
| 11. GIZA Olga | 04 | UKS abianka Gda sk | 2:42.48 398 | 35.34 | 40.74 | 43.58 | 42.82 |

16 lat

| | | | | | | | |
|------------------------|----|--------------------------|--------------------|-------|-------|-------|-------|
| 1. ZIELI SKA Daria | 03 | UKP „Polonia Warszawa” | 2:14.25 707 | 30.48 | 34.15 | 34.64 | 34.98 |
| 2. FR CKIEWICZ Martyna | 03 | SMS Zielona Góra | 2:21.11 609 | 31.81 | 36.75 | 36.75 | 35.80 |
| 3. URBAN Karolina | 03 | UKS „Ósemka” Starogard | 2:21.29 606 | 31.28 | 35.24 | 37.07 | 37.70 |
| 4. WRÓBEL Julia | 03 | UKP „Polonia Warszawa” | 2:23.79 575 | 32.31 | 36.02 | 37.30 | 38.16 |
| 5. NOWAK Zofia | 03 | UKS G-8 Bielany Warszawa | 2:23.83 575 | 31.09 | 36.09 | 38.10 | 38.55 |
| 6. SZYSZKO Karolina | 03 | UKP „Polonia Warszawa” | 2:25.36 557 | 32.33 | 37.19 | 37.43 | 38.41 |

17 - 18 lat

| | | | | | | | |
|------------------------|----|--------------------|--------------------|-------|-------|-------|-------|
| 1. W GRZYNOWSKA A. | 01 | WKS I sk Wrocław | 2:14.45 704 | 30.24 | 34.06 | 35.06 | 35.09 |
| 2. TRAMBOWICZ Zuzanna | 02 | AZS AWF Warszawa | 2:16.11 678 | 30.36 | 34.43 | 35.43 | 35.89 |
| 3. KUCHTA Maria | 02 | UKS „Dwójka” Tczew | 2:23.99 573 | 32.34 | 36.38 | 37.55 | 37.72 |
| 4. HAŁAWCZAK Marcelina | 02 | MKP Szczecin | 2:28.12 526 | 33.45 | 37.51 | 39.13 | 38.03 |
| 5. BYLI SKA Agnieszka | 02 | UKS abianka Gda sk | 2:28.46 522 | 33.04 | 37.90 | 38.47 | 39.05 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 6
2019-11-23 - 9:10

M czyzn, 200m motylkowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-----------------------|-------|----------------|------------|
| RP Open | 1:50.13 | KORZENIOWSKI Pawel | 00114 | Istanbul (TUR) | 2009-12-12 |
| RP 19 - 23 | 1:50.89 | KORZENIOWSKI Pawel | 00114 | Triest (ITA) | 2005-12-10 |
| RP 18 | 1:53.09 | CIE LAK Marcin | 03914 | Dubai (UAE) | 2010-12-19 |
| RP 17 | 1:55.89 | POPRAWA Michał | 00611 | Poznan | 2011-12-17 |
| RP 16 | 1:55.93 | CIE LAK Marcin | 03914 | Gorzow Wlkp. | 2008-11-29 |
| RP 15 | 2:00.17 | ZUBIK Jan | 09514 | Ostrowiec w. | 2018-12-16 |
| RP 14 | 2:01.11 | CHMIELEWSKI Krzysztof | 05614 | Lublin | 2018-12-21 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|------------------------|---------|------------------------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | 98 | CHRZANOWSKI Damian | WKS I sk Wrocław | 1:54.04 | 855 | 25.81 | 28.86 | 29.73 | 29.64 |
| 2. | 00 | MAJERSKI Jakub | SMS Kraków | 1:54.59 | 842 | 26.03 | 29.31 | 29.12 | 30.13 |
| 3. | 94 | WITKOWSKI Jan | KU AZS UMCS Lublin | 1:56.00 | 812 | 26.13 | 29.37 | 29.90 | 30.60 |
| 4. | 03 | ZUBIK Jan | UKP „Polonia Warszawa” | 1:57.30 | 785 | 26.42 | 29.66 | 29.94 | 31.28 |
| 5. | 02 | JA KIEWICZ Adrian | UKS G-8 Bielany Warszawa | 1:57.47 | 782 | 26.00 | 29.37 | 30.63 | 31.47 |
| 6. | 01 | WARZOCHA Albert | Uks Cityzen | 2:00.81 | 719 | 26.86 | 30.61 | 31.57 | 31.77 |
| 7. | 94 | SZWEDZKI Dawid | WKS I sk Wrocław | 2:02.21 | 694 | 27.73 | 31.39 | 31.66 | 31.43 |
| 8. | 00 | OLLER Krzysztof | KU AZS UMCS Lublin | 2:02.31 | 693 | 28.19 | 31.38 | 31.32 | 31.42 |
| 9. | 00 | BUTKIEWICZ Cezary | UKP „Polonia Warszawa” | 2:04.32 | 659 | 27.98 | 32.03 | 31.61 | 32.70 |
| 10. | 01 | TYLICKI Mateusz | MUKS "Pi tnastka" | 2:05.81 | 636 | 28.16 | 32.49 | 32.66 | 32.50 |
| 11. | 03 | WIEK Wiktor | UKS G-8 Bielany Warszawa | 2:06.24 | 630 | 27.81 | 31.00 | 32.72 | 34.71 |
| 12. | 97 | POWRO NIK Konrad | WKS I sk Wrocław | 2:06.26 | 630 | 28.29 | 32.02 | 32.60 | 33.35 |
| 13. | 03 | NOSARZEWSKI Kornel | Mokotowski UKP Warszawa | 2:06.41 | 627 | 28.14 | 32.32 | 32.87 | 33.08 |
| 14. | 01 | GRZYBOWSKI Artur | MKP Szczecin | 2:07.27 | 615 | 28.64 | 32.38 | 32.76 | 33.49 |
| 15. | 04 | TOMASZEWSKI Aleks | KS KSZO Ostrowiec w. | 2:07.31 | 614 | 28.28 | 33.22 | 32.73 | 33.08 |
| 16. | 99 | BOCHE Tomasz | KU AZS UMCS Lublin | 2:07.57 | 610 | 28.40 | 32.32 | 32.66 | 34.19 |
| 17. | 01 | SAWICKI Oskar | UKS G-8 Bielany Warszawa | 2:07.62 | 610 | 28.07 | 32.37 | 33.98 | 33.20 |
| 18. | 02 | LINDHOLM Christopher | VSS VASBY | 2:08.10 | 603 | 28.37 | 32.51 | 33.29 | 33.93 |
| 19. | 03 | WLAZŁOWSKI Kamil | UKP „Polonia Warszawa” | 2:08.28 | 600 | 29.48 | 31.45 | 33.22 | 34.13 |
| 20. | 03 | KORONA Kacper | MKP Szczecin | 2:08.78 | 593 | 28.48 | 32.55 | 33.38 | 34.37 |
| 21. | 02 | RAJCA Wiktor | KS KSZO Ostrowiec w. | 2:08.83 | 593 | 29.47 | 32.49 | 33.30 | 33.57 |
| 22. | 00 | PACŁAWSKI Jakub | KU AZS UMCS Lublin | 2:08.97 | 591 | 29.04 | 32.79 | 34.02 | 33.12 |
| 23. | 05 | PŁOSZKA Kacper | MKS Jedyńka Łód | 2:09.80 | 579 | 28.79 | 32.94 | 34.18 | 33.89 |
| 24. | 97 | KADROW Konrad | KU AZS UMCS Lublin | 2:09.95 | 577 | 28.44 | 32.52 | 34.43 | 34.56 |
| 25. | 01 | MALINOWSKI Bartosz | MKS Neptun Stargard | 2:10.08 | 576 | 28.15 | 32.47 | 34.10 | 35.36 |
| 26. | 05 | ZDYBEL Adam | KS Delfin Gdynia | 2:10.80 | 566 | 29.83 | 32.98 | 33.35 | 34.64 |
| 27. | 00 | GÖRANSSON Carl | VSS VASBY | 2:10.86 | 565 | 29.42 | 32.82 | 35.09 | 33.53 |
| 28. | 01 | TŁOMAK Andrzej | St. KF KS „Fenix” O arów | 2:11.79 | 554 | 27.79 | 33.27 | 33.75 | 36.98 |
| 29. | 03 | ROGUSKI Mateusz | UKP „Polonia Warszawa” | 2:12.23 | 548 | 29.00 | 33.15 | 34.61 | 35.47 |
| 30. | 05 | MOCHNAL Kacper | MKS Jedyńka Łód | 2:12.38 | 546 | 30.00 | 33.63 | 34.38 | 34.37 |
| 31. | 02 | STENSSON Erik | SS VAERMAMO | 2:12.44 | 545 | 28.80 | 33.23 | 35.49 | 34.92 |
| 32. | 02 | KUBIAK Norbert | KS Warta Pozna | 2:12.66 | 543 | 29.61 | 33.65 | 34.33 | 35.07 |
| 33. | 02 | DEMBSKI-KORNAGA Eryk | MKP Szczecin | 2:12.71 | 542 | 29.07 | 33.91 | 34.52 | 35.21 |
| 34. | 02 | BORZYMEK Hubert | Mokotowski UKP Warszawa | 2:13.04 | 538 | 29.44 | 33.41 | 34.40 | 35.79 |
| 35. | 04 | GOŁACKI Sergiusz | UKS 190 Łód | 2:13.68 | 530 | 29.31 | 34.40 | 35.04 | 34.93 |
| | 04 | WARZOCHA Gustaw | Uks Cityzen | 2:13.68 | 530 | 29.16 | 34.07 | 34.88 | 35.57 |
| 37. | 01 | NALE NIK Jakub | MKP Szczecin | 2:13.75 | 530 | 28.77 | 33.59 | 35.22 | 36.17 |
| 38. | 02 | OSSOWSKI Damian | MKS SP 63 Bydgoszcz | 2:13.81 | 529 | 29.71 | 33.87 | 34.96 | 35.27 |
| 39. | 96 | BISZKONT Damian | KP AVIA widnik | 2:15.30 | 512 | 29.37 | 34.15 | 35.27 | 36.51 |
| 40. | 02 | SIMONSSON Ivar | VSS VASBY | 2:15.33 | 511 | 30.11 | 34.61 | 35.16 | 35.45 |
| 41. | 02 | DUDEK Kacper | KS Warta Pozna | 2:15.70 | 507 | 30.00 | 34.24 | 34.81 | 36.65 |
| 42. | 04 | YRO Ignacy | UKS „GIM 92 Ursynów” | 2:16.37 | 500 | 30.23 | 34.72 | 35.37 | 36.05 |
| 43. | 04 | UROWICZ Antoni | MKP Szczecin | 2:16.46 | 499 | 29.69 | 35.17 | 36.25 | 35.35 |
| 44. | 02 | BLI NIEWSKI Franciszek | MKS Trójka Łód | 2:17.47 | 488 | 28.87 | 34.35 | 36.21 | 38.04 |
| 45. | 04 | MAZUREK Bła ej | MKP Szczecin | 2:17.56 | 487 | 30.81 | 34.51 | 35.28 | 36.96 |
| 46. | 01 | WNUK Jakub | KS Posnania Pozna | 2:17.87 | 483 | 29.50 | 34.79 | 36.70 | 36.88 |
| 47. | 02 | KLISZ Krystian | MKP Szczecin | 2:18.33 | 479 | 31.04 | 35.23 | 35.73 | 36.33 |
| 48. | 03 | MATYSIAK Kacper | KS Warta Pozna | 2:18.66 | 475 | 30.87 | 35.42 | 36.46 | 35.91 |
| 49. | 04 | LASKI Filip | St. KF KS „Fenix” O arów | 2:19.53 | 466 | 32.46 | 34.31 | 35.76 | 37.00 |
| 50. | 05 | GÓRAL Piotr | UKS „Dwójka” Tczew | 2:20.56 | 456 | 31.45 | 35.96 | 37.43 | 35.72 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 6, M czynn, 200m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---|-----------------------|---------------------------------|----------------|------|-------|-------|-------|-------|
| 51. | KUREK Alan | 04 MKP Szczecin | 2:20.86 | 453 | 29.89 | 35.41 | 37.52 | 38.04 |
| 52. | GOŁY SKI Michał | 05 UKS „GIM 92 Ursynów" | 2:21.75 | 445 | 30.98 | 35.92 | 37.34 | 37.51 |
| 53. | MŁYNARCZYK Mateusz | 04 MKS Jedyńka Łód | 2:22.54 | 437 | 32.13 | 36.17 | 37.07 | 37.17 |
| 54. | MARUWKA Bruno | 03 UPKS Wodnik Rawicz | 2:22.82 | 435 | 30.53 | 35.90 | 37.83 | 38.56 |
| 55. | J DRZEJKIEWICZ Ignacy | 04 UKS „GIM 92 Ursynów" | 2:23.04 | 433 | 30.77 | 37.45 | 38.41 | 36.41 |
| 56. | OKO Maksymilian | 05 UKS „GIM 92 Ursynów" | 2:24.38 | 421 | 31.45 | 35.79 | 37.28 | 39.86 |
| 57. | DEPA Mateusz | 04 KS Poznań Pozna | 2:29.25 | 381 | 31.63 | 37.13 | 40.22 | 40.27 |
| 58. | KURDELSKI Filip | 04 Mokotowski UKP Warszawi | 2:30.27 | c373 | 31.98 | 37.39 | 39.81 | 41.09 |
| 59. | DWYER Vincent John | 02 Mokotowski UKP Warszawi | 2:34.72 | c342 | 31.97 | 37.65 | 42.23 | 42.87 |
| 60. | ZACHARJASIEWICZ Antor | 04 UKS „GIM 92 Ursynów" | 2:44.00 | 287 | 33.92 | 40.14 | 43.26 | 46.68 |
| DYSKW. | WENERSKI Eryk | 05 UKP „Polonia Warszawa" | | | | | | |
| <i>M7 - Pływak wykonał naprzemienne lub nierównoczesne ruchy nóg.</i> | | | | | | | | |
| NW | WOJCIECHOWSKI Szymo | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | | | | | | |

14 lat

| | | | | | | | | |
|---|---------------------|---------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | PŁOSZKA Kacper | 05 MKS Jedyńka Łód | 2:09.80 | 579 | 28.79 | 32.94 | 34.18 | 33.89 |
| 2. | ZDYBEL Adam | 05 KS Delfin Gdynia | 2:10.80 | 566 | 29.83 | 32.98 | 33.35 | 34.64 |
| 3. | MOCHNAL Kacper | 05 MKS Jedyńka Łód | 2:12.38 | 546 | 30.00 | 33.63 | 34.38 | 34.37 |
| 4. | GÓRAL Piotr | 05 UKS „Dwójka" Tczew | 2:20.56 | 456 | 31.45 | 35.96 | 37.43 | 35.72 |
| 5. | GOŁY SKI Michał | 05 UKS „GIM 92 Ursynów" | 2:21.75 | 445 | 30.98 | 35.92 | 37.34 | 37.51 |
| 6. | OKO Maksymilian | 05 UKS „GIM 92 Ursynów" | 2:24.38 | 421 | 31.45 | 35.79 | 37.28 | 39.86 |
| DYSKW. | WENERSKI Eryk | 05 UKP „Polonia Warszawa" | | | | | | |
| <i>M7 - Pływak wykonał naprzemienne lub nierównoczesne ruchy nóg.</i> | | | | | | | | |
| NW | WOJCIECHOWSKI Szymo | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | | | | | | |

15 lat

| | | | | | | | | |
|-----|-----------------------|-----------------------------|----------------|------|-------|-------|-------|-------|
| 1. | TOMASZEWSKI Aleks | 04 KS KSZO Ostrowiec w. | 2:07.31 | 614 | 28.28 | 33.22 | 32.73 | 33.08 |
| 2. | GOŁACKI Sergiusz | 04 UKS 190 Łód | 2:13.68 | 530 | 29.31 | 34.40 | 35.04 | 34.93 |
| | WARZOCHA Gustaw | 04 Uks Cityzen | 2:13.68 | 530 | 29.16 | 34.07 | 34.88 | 35.57 |
| 4. | YRO Ignacy | 04 UKS „GIM 92 Ursynów" | 2:16.37 | 500 | 30.23 | 34.72 | 35.37 | 36.05 |
| 5. | UROWICZ Antoni | 04 MKP Szczecin | 2:16.46 | 499 | 29.69 | 35.17 | 36.25 | 35.35 |
| 6. | MAZUREK Bła ej | 04 MKP Szczecin | 2:17.56 | 487 | 30.81 | 34.51 | 35.28 | 36.96 |
| 7. | LASKI Filip | 04 St. KF KS „Fenix" O arów | 2:19.53 | c466 | 32.46 | 34.31 | 35.76 | 37.00 |
| 8. | KUREK Alan | 04 MKP Szczecin | 2:20.86 | 453 | 29.89 | 35.41 | 37.52 | 38.04 |
| 9. | MŁYNARCZYK Mateusz | 04 MKS Jedyńka Łód | 2:22.54 | 437 | 32.13 | 36.17 | 37.07 | 37.17 |
| 10. | J DRZEJKIEWICZ Ignacy | 04 UKS „GIM 92 Ursynów" | 2:23.04 | 433 | 30.77 | 37.45 | 38.41 | 36.41 |
| 11. | DEPA Mateusz | 04 KS Poznań Pozna | 2:29.25 | 381 | 31.63 | 37.13 | 40.22 | 40.27 |
| 12. | KURDELSKI Filip | 04 Mokotowski UKP Warszawi | 2:30.27 | c373 | 31.98 | 37.39 | 39.81 | 41.09 |
| 13. | ZACHARJASIEWICZ Antor | 04 UKS „GIM 92 Ursynów" | 2:44.00 | 287 | 33.92 | 40.14 | 43.26 | 46.68 |

16 lat

| | | | | | | | | |
|----|--------------------|-----------------------------|----------------|------|-------|-------|-------|-------|
| 1. | ZUBIK Jan | 03 UKP „Polonia Warszawa" | 1:57.30 | 785 | 26.42 | 29.66 | 29.94 | 31.28 |
| 2. | WIEK Wiktor | 03 UKS G-8 Bielany Warszawa | 2:06.24 | 630 | 27.81 | 31.00 | 32.72 | 34.71 |
| 3. | NOSARZEWSKI Kornel | 03 Mokotowski UKP Warszawi | 2:06.41 | c627 | 28.14 | 32.32 | 32.87 | 33.08 |
| 4. | WLAZŁOWSKI Kamil | 03 UKP „Polonia Warszawa" | 2:08.28 | 600 | 29.48 | 31.45 | 33.22 | 34.13 |
| 5. | KORONA Kacper | 03 MKP Szczecin | 2:08.78 | 593 | 28.48 | 32.55 | 33.38 | 34.37 |
| 6. | ROGUSKI Mateusz | 03 UKP „Polonia Warszawa" | 2:12.23 | 548 | 29.00 | 33.15 | 34.61 | 35.47 |
| 7. | MATYSIAK Kacper | 03 KS Warta Pozna | 2:18.66 | 475 | 30.87 | 35.42 | 36.46 | 35.91 |
| 8. | MARUWKA Bruno | 03 UPKS Wodnik Rawicz | 2:22.82 | 435 | 30.53 | 35.90 | 37.83 | 38.56 |

17 - 18 lat

| | | | | | | | | |
|----|----------------------|-----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | JA KIEWICZ Adrian | 02 UKS G-8 Bielany Warszawa | 1:57.47 | 782 | 26.00 | 29.37 | 30.63 | 31.47 |
| 2. | WARZOCHA Albert | 01 Uks Cityzen | 2:00.81 | 719 | 26.86 | 30.61 | 31.57 | 31.77 |
| 3. | TYLICKI Mateusz | 01 MUKS "Pi tnaśka" | 2:05.81 | 636 | 28.16 | 32.49 | 32.66 | 32.50 |
| 4. | GRZYBOWSKI Artur | 01 MKP Szczecin | 2:07.27 | 615 | 28.64 | 32.38 | 32.76 | 33.49 |
| 5. | SAWICKI Oskar | 01 UKS G-8 Bielany Warszawa | 2:07.62 | 610 | 28.07 | 32.37 | 33.98 | 33.20 |
| 6. | LINDHOLM Christopher | 02 VSS VASBY | 2:08.10 | 603 | 28.37 | 32.51 | 33.29 | 33.93 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Poznań, 23- - 24-11-2019

Konkurencja 6, Chłopców, 200m motylkowy, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------|------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 7. | RAJCA Wiktor | 02 | KS KSZO Ostrowiec w. | 2:08.83 | 593 | 29.47 | 32.49 | 33.30 | 33.57 |
| 8. | MALINOWSKI Bartosz | 01 | MKS Neptun Stargard | 2:10.08 | 576 | 28.15 | 32.47 | 34.10 | 35.36 |
| 9. | TŁOMAK Andrzej | 01 | St. KF KS „Fenix” O arów | 2:11.79 | 554 | 27.79 | 33.27 | 33.75 | 36.98 |
| 10. | STENSSON Erik | 02 | SS VAERMAMO | 2:12.44 | 545 | 28.80 | 33.23 | 35.49 | 34.92 |
| 11. | KUBIAK Norbert | 02 | KS Warta Poznań | 2:12.66 | 543 | 29.61 | 33.65 | 34.33 | 35.07 |
| 12. | DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | 2:12.71 | 542 | 29.07 | 33.91 | 34.52 | 35.21 |
| 13. | BORZYMEK Hubert | 02 | Mokotowski UKP Warszawi | 2:13.04 | 538 | 29.44 | 33.41 | 34.40 | 35.79 |
| 14. | NALE NIK Jakub | 01 | MKP Szczecin | 2:13.75 | 530 | 28.77 | 33.59 | 35.22 | 36.17 |
| 15. | OSSOWSKI Damian | 02 | MKS SP 63 Bydgoszcz | 2:13.81 | 529 | 29.71 | 33.87 | 34.96 | 35.27 |
| 16. | SIMONSSON Ivar | 02 | VSS VASBY | 2:15.33 | 511 | 30.11 | 34.61 | 35.16 | 35.45 |
| 17. | DUDEK Kacper | 02 | KS Warta Poznań | 2:15.70 | 507 | 30.00 | 34.24 | 34.81 | 36.65 |
| 18. | BLI NIEWSKI Franciszek | 02 | MKS Trójka Łódź | 2:17.47 | 488 | 28.87 | 34.35 | 36.21 | 38.04 |
| 19. | WNUK Jakub | 01 | KS Poznań | 2:17.87 | 483 | 29.50 | 34.79 | 36.70 | 36.88 |
| 20. | KLISZ Krystian | 02 | MKP Szczecin | 2:18.33 | 479 | 31.04 | 35.23 | 35.73 | 36.33 |
| 21. | DWYER Vincent John | 02 | Mokotowski UKP Warszawi | 2:34.72 | 342 | 31.97 | 37.65 | 42.23 | 42.87 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 7
2019-11-23 - 9:24

Kobiet, 100m grzbietowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|------------------|-------|---------------------|------------|
| RP Open | 57.17 | TCHÓRZ Alicja | 00101 | Netanya (ISR) | 2015-12-03 |
| RP 19 - 23 | 57.17 | TCHÓRZ Alicja | 00101 | Netanya (ISR) | 2015-12-03 |
| RP 18 | 58.43 | TCHÓRZ Alicja | | Gorzów Wlkp. | 2009-11-27 |
| RP 17 | 58.43 | TCHÓRZ Alicja | 00104 | Gorzow Wielkopolski | 2009-11-27 |
| RP 16 | 59.01 | NAZI BŁO Klaudia | 00101 | Gorzow Wielkopolski | 2009-11-27 |
| RP 15 | 1:00.29 | NAZI BŁO Klaudia | 00101 | Gorzow Wlkp. | 2008-11-28 |
| RP 14 | 1:01.52 | KNOP Aleksandra | 01605 | Lublin | 2017-03-05 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|-------------------------------------|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 92 | MKS Juvenia Wrocław | 58.04 | 852 | 28.19 | 29.85 |
| 2. | 98 | UKS G-8 Bielany Warszawa | 58.98 | 812 | 29.24 | 29.74 |
| 3. | 98 | AZS AWF Katowice | 59.01 | 811 | 28.95 | 30.06 |
| 4. | 02 | AZS AWF Warszawa | 1:00.97 | 735 | 29.83 | 31.14 |
| 5. | 05 | KS OLIMPIA Lublin | 1:02.57 | 680 | 30.18 | 32.39 |
| | 05 | MKS Jedyńka Łód | 1:02.57 | 680 | 29.81 | 32.76 |
| 7. | 04 | UKS abianka Gda sk | 1:03.50 | 650 | 30.54 | 32.96 |
| 8. | 02 | UKS G-8 Bielany Warszawa | 1:03.71 | 644 | 31.10 | 32.61 |
| 9. | 02 | Grudzi dzki KP „Orka” | 1:03.79 | 642 | 30.55 | 33.24 |
| 10. | 04 | MKS Juvenia Wrocław | 1:04.36 | 625 | 31.00 | 33.36 |
| 11. | 03 | UKS G-8 Bielany Warszawa | 1:04.84 | 611 | 31.23 | 33.61 |
| 12. | 02 | MKP Szczecin | 1:04.91 | 609 | 31.77 | 33.14 |
| 13. | 05 | TP Skalar Słupsk | 1:05.09 | 604 | 31.47 | 33.62 |
| 14. | 03 | UKS „GIM 92 Ursynów” | 1:05.30 | 598 | 31.34 | 33.96 |
| 15. | 03 | UKP „Polonia Warszawa” | 1:05.53 | 592 | 30.95 | 34.58 |
| 16. | 03 | AZS AWF Warszawa | 1:05.59 | 590 | 31.86 | 33.73 |
| 17. | 02 | Kaliski Klub Sportowy „Włókniarz” 1 | 1:06.20 | 574 | 31.67 | 34.53 |
| 18. | 03 | UKS abianka Gda sk | 1:06.24 | 573 | 32.28 | 33.96 |
| 19. | 04 | UKS „ORKA” Zamo | 1:06.27 | 572 | 32.11 | 34.16 |
| 20. | 03 | MUKS "Pi tnastka" | 1:06.30 | 571 | 32.26 | 34.04 |
| 21. | 03 | MKS „Astoria” Bydgoszcz | 1:06.44 | 568 | 31.85 | 34.59 |
| 22. | 02 | MUKS "Pi tnastka" | 1:06.54 | 565 | 32.65 | 33.89 |
| 23. | 05 | MKS Jedyńka Łód | 1:06.71 | 561 | 32.08 | 34.63 |
| 24. | 03 | UKS „GIM 92 Ursynów” | 1:06.95 | 555 | 32.17 | 34.78 |
| 25. | 03 | UKS G-8 Bielany Warszawa | 1:07.01 | 553 | 32.52 | 34.49 |
| 26. | 00 | St. KF KS „Fenix” O arów Mazowiec | 1:07.16 | 550 | 32.04 | 35.12 |
| 27. | 03 | AZS AWF Warszawa | 1:07.20 | 549 | 31.72 | 35.48 |
| 28. | 04 | MKS Jedyńka Łód | 1:07.26 | 547 | 33.18 | 34.08 |
| 29. | 04 | UKS „ORKA” Zamo | 1:07.27 | 547 | 32.81 | 34.46 |
| 30. | 05 | SMS Zielona Góra | 1:07.34 | 545 | 32.89 | 34.45 |
| 31. | 03 | Kaliski Klub Sportowy „Włókniarz” 1 | 1:08.26 | 523 | 32.64 | 35.62 |
| 32. | 05 | UKS Manta Warszawa Włochy | 1:08.54 | 517 | 32.94 | 35.60 |
| 33. | 03 | UKP „Polonia Warszawa” | 1:08.74 | 513 | 33.25 | 35.49 |
| 34. | 04 | KS KSZO Ostrowiec w. | 1:08.78 | 512 | 33.49 | 35.29 |
| 35. | 01 | VSS VASBY | 1:09.01 | 507 | 32.98 | 36.03 |
| 36. | 01 | MKP Szczecin | 1:09.02 | 506 | 33.62 | 35.40 |
| 37. | 04 | SMS Zielona Góra | 1:09.18 | 503 | 34.01 | 35.17 |
| 38. | 04 | UKS „GIM 92 Ursynów” | 1:09.22 | 502 | 32.52 | 36.70 |
| 39. | 04 | MUKS "Pi tnastka" | 1:09.42 | 498 | 33.43 | 35.99 |
| 40. | 04 | MKS Jedyńka Łód | 1:09.65 | 493 | 34.29 | 35.36 |
| 41. | 05 | UKS „GIM 92 Ursynów” | 1:10.55 | 474 | 34.04 | 36.51 |
| 42. | 03 | MKS „Astoria” Bydgoszcz | 1:10.75 | 470 | 33.97 | 36.78 |
| 43. | 05 | AZS AWF Warszawa | 1:10.76 | 470 | 33.86 | 36.90 |
| | 04 | UKP „Polonia Warszawa” | 1:10.76 | 470 | 33.68 | 37.08 |
| 45. | 03 | AZS AWFIS Gda sk | 1:11.08 | 464 | 34.10 | 36.98 |
| 46. | 05 | UKS G-8 Bielany Warszawa | 1:11.54 | 455 | 35.32 | 36.22 |
| 47. | 05 | MKS Piaseczno | 1:11.75 | 451 | 35.12 | 36.63 |
| 48. | 03 | MKP Szczecin | 1:11.95 | 447 | 34.77 | 37.18 |
| 49. | 05 | UKS G-8 Bielany Warszawa | 1:12.14 | 443 | 34.97 | 37.17 |
| 50. | 04 | UKS abianka Gda sk | 1:12.67 | 434 | 35.33 | 37.34 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 7, Kobiet, 100m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|-------------------------|---|----------------|------|-------|-------|
| 51. WIDERAK Sonia | 04 KS Warta Pozna | 1:13.84 | 413 | 36.13 | 37.71 |
| 52. KLIMIUK Zuzanna | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:13.87 | 413 | 35.23 | 38.64 |
| 53. SVENSSON Lovisa | 02 SS VAERMAMO | 1:13.93 | 412 | 35.08 | 38.85 |
| 54. HODUR Paulina | 04 MKS Polonia Warszawa | 1:14.08 | 409 | 36.13 | 37.95 |
| 55. SZCZEPANIAK Justyna | 04 MKP Szczecin | 1:14.41 | 404 | 35.83 | 38.58 |
| 56. TRZASKA Alicja | 05 Uczniowski Klub Sportowy Delfin Le | 1:14.62 | 401 | 36.19 | 38.43 |
| 57. KACZMAREK Nikola | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:14.66 | 400 | 36.45 | 38.21 |
| 58. PILARSKA Natalia | 03 KS Warta Pozna | 1:15.17 | 392 | 36.33 | 38.84 |
| 59. PFEIFF Matilda | 01 VSS VASBY | 1:16.36 | 374 | 36.69 | 39.67 |
| 60. LASECKA Anna | 05 Mokotowski UKP Warszawianka- Wc | 1:16.62 | 370 | 37.08 | 39.54 |
| 61. JARZY SKA Gabriela | 05 MUKS Wodnik Łask | 1:17.93 | 352 | 37.73 | 40.20 |
| 62. PAWELEC Oliwia | 05 UKS Siódemka Gdynia | 1:18.66 | 342 | 38.04 | 40.62 |
| 63. WASZKIEWICZ Alicja | 05 KP Delfin Inowrocław | 1:19.02 | 337 | 38.16 | 40.86 |
| 64. GAWLIKOWSKA Olga | 05 MUKS Wodnik Łask | 1:19.87 | 327 | 38.63 | 41.24 |
| DYSKW. STANECKA Hanna | 04 Starachowicki Klub Pływacki BARAKUDA | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

14 lat

| | | | | | |
|------------------------|---------------------------------------|----------------|-----|-------|-------|
| 1. BERNAT Laura | 05 KS OLIMPIA Lublin | 1:02.57 | 680 | 30.18 | 32.39 |
| KARBOWNIK Małgorzata | 05 MKS Jedyńka Łód | 1:02.57 | 680 | 29.81 | 32.76 |
| 3. PALICKA Wiktoria | 05 TP Skalar Słupsk | 1:05.09 | 604 | 31.47 | 33.62 |
| 4. GRZEBIELUCH Maja | 05 MKS Jedyńka Łód | 1:06.71 | 561 | 32.08 | 34.63 |
| 5. WIECZOREK Zuzanna | 05 SMS Zielona Góra | 1:07.34 | 545 | 32.89 | 34.45 |
| 6. DZIADEK Amelia | 05 UKS Manta Warszawa Włochy | 1:08.54 | 517 | 32.94 | 35.60 |
| 7. KLECZEK Maria | 05 UKS „GIM 92 Ursynów” | 1:10.55 | 474 | 34.04 | 36.51 |
| 8. SŁOMI SKA Anna | 05 AZS AWF Warszawa | 1:10.76 | 470 | 33.86 | 36.90 |
| 9. KOŁAKOWSKA Weronika | 05 UKS G-8 Bielany Warszawa | 1:11.54 | 455 | 35.32 | 36.22 |
| 10. WRÓBEL Karolina | 05 MKS Piaseczno | 1:11.75 | 451 | 35.12 | 36.63 |
| 11. MAKSYMOWICZ Nadia | 05 UKS G-8 Bielany Warszawa | 1:12.14 | 443 | 34.97 | 37.17 |
| 12. KLIMIUK Zuzanna | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:13.87 | 413 | 35.23 | 38.64 |
| 13. TRZASKA Alicja | 05 Uczniowski Klub Sportowy Delfin Le | 1:14.62 | 401 | 36.19 | 38.43 |
| 14. KACZMAREK Nikola | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:14.66 | 400 | 36.45 | 38.21 |
| 15. LASECKA Anna | 05 Mokotowski UKP Warszawianka- Wc | 1:16.62 | 370 | 37.08 | 39.54 |
| 16. JARZY SKA Gabriela | 05 MUKS Wodnik Łask | 1:17.93 | 352 | 37.73 | 40.20 |
| 17. PAWELEC Oliwia | 05 UKS Siódemka Gdynia | 1:18.66 | 342 | 38.04 | 40.62 |
| 18. WASZKIEWICZ Alicja | 05 KP Delfin Inowrocław | 1:19.02 | 337 | 38.16 | 40.86 |
| 19. GAWLIKOWSKA Olga | 05 MUKS Wodnik Łask | 1:19.87 | 327 | 38.63 | 41.24 |

15 lat

| | | | | | |
|-------------------------|---|----------------|-----|-------|-------|
| 1. WECKWERT Iga | 04 UKS abianka Gda sk | 1:03.50 | 650 | 30.54 | 32.96 |
| 2. MACIUSZEK Wiktoria | 04 MKS Juwenia Wrocław | 1:04.36 | 625 | 31.00 | 33.36 |
| 3. SIOMA Zuzanna | 04 UKS „ORKA” Zamo | 1:06.27 | 572 | 32.11 | 34.16 |
| 4. KRUZEROWSKA Zofia | 04 MKS Jedyńka Łód | 1:07.26 | 547 | 33.18 | 34.08 |
| 5. SZUPER Katarzyna | 04 UKS „ORKA” Zamo | 1:07.27 | 547 | 32.81 | 34.46 |
| 6. STE Oliwia | 04 KS KSZO Ostrowiec w. | 1:08.78 | 512 | 33.49 | 35.29 |
| 7. KOZŁOWSKA Maja | 04 SMS Zielona Góra | 1:09.18 | 503 | 34.01 | 35.17 |
| 8. BIDNIK Wiktoria | 04 UKS „GIM 92 Ursynów” | 1:09.22 | 502 | 32.52 | 36.70 |
| 9. TOMASIK Otylia | 04 MUKS "Pi tnastka" | 1:09.42 | 498 | 33.43 | 35.99 |
| 10. WRONA Magdalena | 04 MKS Jedyńka Łód | 1:09.65 | 493 | 34.29 | 35.36 |
| 11. GRABOWSKA Gabriela | 04 UKP „Polonia Warszawa” | 1:10.76 | 470 | 33.68 | 37.08 |
| 12. GIZA Olga | 04 UKS abianka Gda sk | 1:12.67 | 434 | 35.33 | 37.34 |
| 13. WIDERAK Sonia | 04 KS Warta Pozna | 1:13.84 | 413 | 36.13 | 37.71 |
| 14. HODUR Paulina | 04 MKS Polonia Warszawa | 1:14.08 | 409 | 36.13 | 37.95 |
| 15. SZCZEPANIAK Justyna | 04 MKP Szczecin | 1:14.41 | 404 | 35.83 | 38.58 |
| DYSKW. STANECKA Hanna | 04 Starachowicki Klub Pływacki BARAKUDA | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 7, Kobiet, 100m grzbietowy

16 lat

| | | | | | | | |
|-----|---------------------|----|-------------------------------------|----------------|-----|-------|-------|
| 1. | BUSZKA Kornelia | 03 | UKS G-8 Bielany Warszawa | 1:04.84 | 611 | 31.23 | 33.61 |
| 2. | KOZI SKA Anna | 03 | UKS „GIM 92 Ursynów" | 1:05.30 | 598 | 31.34 | 33.96 |
| 3. | MRO EWSKA Anna | 03 | UKP „Polonia Warszawa" | 1:05.53 | 592 | 30.95 | 34.58 |
| 4. | NOWAK Maja | 03 | AZS AWF Warszawa | 1:05.59 | 590 | 31.86 | 33.73 |
| 5. | MOLEND A Dominika | 03 | UKS abianka Gda sk | 1:06.24 | 573 | 32.28 | 33.96 |
| 6. | KAMI SKA Anna | 03 | MUKS "Pi tnastka" | 1:06.30 | 571 | 32.26 | 34.04 |
| 7. | GRO Weronika | 03 | MKS „Astoria" Bydgoszcz | 1:06.44 | 568 | 31.85 | 34.59 |
| 8. | HERBREDE R Gabriela | 03 | UKS „GIM 92 Ursynów" | 1:06.95 | 555 | 32.17 | 34.78 |
| 9. | ZIEMACKA Julia | 03 | UKS G-8 Bielany Warszawa | 1:07.01 | 553 | 32.52 | 34.49 |
| 10. | PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 1:07.20 | 549 | 31.72 | 35.48 |
| 11. | KANTECKA Julia | 03 | Kaliski Klub Sportowy „Włóknierz" 1 | 1:08.26 | 523 | 32.64 | 35.62 |
| 12. | MACIOŁA Maja | 03 | UKP „Polonia Warszawa" | 1:08.74 | 513 | 33.25 | 35.49 |
| 13. | MARJA SKA Agata | 03 | MKS „Astoria" Bydgoszcz | 1:10.75 | 470 | 33.97 | 36.78 |
| 14. | EMOJTEL Zuzanna | 03 | AZS AWFIS Gda sk | 1:11.08 | 464 | 34.10 | 36.98 |
| 15. | KRYWIEL Karolina | 03 | MKP Szczecin | 1:11.95 | 447 | 34.77 | 37.18 |
| 16. | PILARSKA Natalia | 03 | KS Warta Pozna | 1:15.17 | 392 | 36.33 | 38.84 |

17 - 18 lat

| | | | | | | | |
|-----|----------------------|----|-------------------------------------|----------------|-----|-------|-------|
| 1. | HERASIMOWICZ Zuzanna | 02 | AZS AWF Warszawa | 1:00.97 | 735 | 29.83 | 31.14 |
| 2. | BUJAK Klara | 02 | UKS G-8 Bielany Warszawa | 1:03.71 | 644 | 31.10 | 32.61 |
| 3. | ROSI SKA Karolina | 02 | Grudzi dzki KP „Orka" | 1:03.79 | 642 | 30.55 | 33.24 |
| 4. | KUPIS Aleksandra | 02 | MKP Szczecin | 1:04.91 | 609 | 31.77 | 33.14 |
| 5. | GRZELCZYK Natalia | 02 | Kaliski Klub Sportowy „Włóknierz" 1 | 1:06.20 | 574 | 31.67 | 34.53 |
| 6. | GAJDZI SKA Amelia | 02 | MUKS "Pi tnastka" | 1:06.54 | 565 | 32.65 | 33.89 |
| 7. | PEACOCK Louise | 01 | VSS VASBY | 1:09.01 | 507 | 32.98 | 36.03 |
| 8. | MARSZAŁEK Magdalena | 01 | MKP Szczecin | 1:09.02 | 506 | 33.62 | 35.40 |
| 9. | SVENSSON Lovisa | 02 | SS VAERMAMO | 1:13.93 | 412 | 35.08 | 38.85 |
| 10. | PFEIFF Matilda | 01 | VSS VASBY | 1:16.36 | 374 | 36.69 | 39.67 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 8 M czyzn, 100m grzbietowy 14 lat i starsi
2019-11-23 - 9:34 Wyniki

| | | | | | |
|------------|-------|------------------|-------|----------------|------------|
| RP Open | 49.23 | KAW CKI Radosław | 00114 | Lublin | 2015-12-20 |
| RP 19 - 23 | 49.69 | KAW CKI Radosław | | Istanbul (TUR) | 2009-12-09 |
| RP 18 | 49.69 | KAW CKI Radosław | 00304 | Istanbul (TUR) | 2009-12-12 |
| RP 17 | 50.53 | STOKOWSKI Kacper | 05114 | Olsztyn | 2016-12-17 |
| RP 16 | 52.45 | STOKOWSKI Kacper | 05114 | Lublin | 2015-12-19 |
| RP 15 | 54.52 | MURZYN Dawid | 00106 | Ostrowiec Sw. | 2012-12-22 |
| RP 14 | 54.73 | KOSI SKI Filip | 00109 | Olsztyn | 2018-12-16 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|--------------------------------------|---------|--|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 99 | STOKOWSKI Kacper UKS G-8 Bielany Warszawa | 51.30 | 865 | 24.62 | 26.68 |
| 2. | 91 | KAW CKI Radosław AZS AWF Warszawa | 51.59 | 850 | 25.38 | 26.21 |
| 3. | 00 | MŁYNARCZYK Karol UKS G-8 Bielany Warszawa | 51.94 | 833 | 25.18 | 26.76 |
| 4. | 04 | KOSI SKI Filip Mi dzyszkolny UKS „Olimpijczyk” Suw | 52.56 | 804 | 25.42 | 27.14 |
| <i>Czas lepszy od Rekordu Polski</i> | | | | | | |
| 5. | 02 | RADZISZEWSKI Krzysztof UKS G-8 Bielany Warszawa | 53.37 | 768 | 25.73 | 27.64 |
| 6. | 01 | MO CICKI Jakub UKS G-8 Bielany Warszawa | 53.40 | 766 | 25.28 | 28.12 |
| 7. | 01 | KAROLCZAK Jan UKS G-8 Bielany Warszawa | 53.84 | 748 | 26.06 | 27.78 |
| 8. | 98 | SKIERKA Jakub SMS Zielona Góra | 54.00 | 741 | 26.11 | 27.89 |
| 9. | 98 | ZBUTOWICZ Karol UKS G-8 Bielany Warszawa | 54.07 | 738 | 26.33 | 27.74 |
| 10. | 00 | MICIUL Michał SMS Zielona Góra | 54.08 | 738 | 26.16 | 27.92 |
| 11. | 96 | UNGEHEUER Mateusz KU AZS AGH Kraków | 55.00 | 701 | 27.12 | 27.88 |
| 12. | 00 | BALCERAK Jakub MKS Trójka Łód | 55.27 | 691 | 26.22 | 29.05 |
| 13. | 03 | SIENKIEWICZ Aleksander SMS Zielona Góra | 55.47 | 684 | 26.85 | 28.62 |
| 14. | 99 | BIERO SKI Michał WKS I sk Wrocław | 55.86 | 670 | 27.46 | 28.40 |
| 15. | 99 | FRANKE Paweł UKS G-8 Bielany Warszawa | 55.97 | 666 | 27.14 | 28.83 |
| 16. | 00 | K DZIA Wiktor MKP Szczecin | 56.06 | 662 | 27.26 | 28.80 |
| 17. | 99 | BRYŁA Kamil KU AZS UMCS Lublin | 56.15 | 659 | 27.62 | 28.53 |
| 18. | 04 | MASIUK Ksawery UKS G-8 Bielany Warszawa | 56.50 | 647 | 27.17 | 29.33 |
| 19. | 03 | KOWALEWSKI Paweł MKS Juwenia Białystok | 56.90 | 633 | 27.27 | 29.63 |
| 20. | 00 | BALICKI Michał WKS I sk Wrocław | 57.64 | 609 | 27.80 | 29.84 |
| 21. | 03 | OŁ D Stanisław UKS G-8 Bielany Warszawa | 58.22 | 591 | 27.66 | 30.56 |
| 22. | 03 | KOWALCZYK Piotr UKP „Polonia Warszawa” | 58.31 | 589 | 27.72 | 30.59 |
| 23. | 03 | WI NIEWSKI Adam UKS „GIM 92 Ursynów” | 58.50 | 583 | 28.13 | 30.37 |
| 24. | 03 | BIDOWANIEC Kacper UPKS Wodnik Rawicz | 58.56 | 581 | 27.95 | 30.61 |
| 25. | 03 | TURAŁA Adrian MKS Neptun Stargard | 58.87 | 572 | 28.57 | 30.30 |
| 26. | 98 | KOSTANOWICZ Artur Mokotowski UKP Warszawianka- Wod | 58.93 | 570 | 28.24 | 30.69 |
| 27. | 02 | GOTOWSKI Dominik UKS G-8 Bielany Warszawa | 59.29 | 560 | 28.33 | 30.96 |
| 28. | 04 | KONARSKI Maciej UKS „GIM 92 Ursynów” | 59.50 | 554 | 29.33 | 30.17 |
| 29. | 01 | CZERWI SKI Łukasz UKS G-8 Bielany Warszawa | 59.55 | 553 | 27.93 | 31.62 |
| 30. | 02 | BOROWSKI Jakub St. Lok. SALOS Cortile Kielce | 59.56 | 552 | 29.35 | 30.21 |
| 31. | 05 | KOWALSKI Mateusz UKS abianka Gda sk | 59.70 | 548 | 28.83 | 30.87 |
| 32. | 04 | EGLE Miłosz UKS Siódemka Gdynia | 59.71 | 548 | 29.06 | 30.65 |
| 33. | 03 | RZ SA Jacek UKS abianka Gda sk | 59.92 | 542 | 28.98 | 30.94 |
| 34. | 02 | MALICKI Dawid KS Rekiny Osielesko | 1:00.23 | 534 | 28.58 | 31.65 |
| 35. | 02 | BERNA William VSS VASBY | 1:00.30 | 532 | 29.03 | 31.27 |
| 36. | 00 | BRANDT Simon VSS VASBY | 1:00.36 | 531 | 28.92 | 31.44 |
| 37. | 02 | LEIFSEN Gustav VSS VASBY | 1:00.64 | 523 | 29.34 | 31.30 |
| 38. | 03 | WOJNOWSKI Damian MKP Szczecin | 1:00.69 | 522 | 29.18 | 31.51 |
| 39. | 03 | SZMYT Krzysztof UKS Fala Swarż dz | 1:00.76 | 520 | 29.18 | 31.58 |
| 40. | 05 | KOSOBUDZKI Cezary UKS G-8 Bielany Warszawa | 1:01.10 | 512 | 29.90 | 31.20 |
| 41. | 95 | KRASICKI Artur KP Delfin Inowrocław | 1:01.17 | 510 | 29.41 | 31.76 |
| 42. | 02 | GUMI SKI Igor Dwójka Morena Gda sk | 1:01.35 | 505 | 29.33 | 32.02 |
| 43. | 04 | BIAŁEK Paweł UKS G-8 Bielany Warszawa | 1:01.41 | 504 | 29.71 | 31.70 |
| 44. | 04 | J DRZEJKIEWICZ Ignacy UKS „GIM 92 Ursynów” | 1:01.49 | 502 | 29.89 | 31.60 |
| 45. | 01 | LESZEGA Szymon KS Delfin Gdynia | 1:01.51 | 501 | 29.50 | 32.01 |
| 46. | 05 | ZDYBEL Adam KS Delfin Gdynia | 1:01.70 | 497 | 30.55 | 31.15 |
| | 03 | KOWALSKI Daniel SMS Zielona Góra | 1:01.70 | 497 | 30.27 | 31.43 |
| 48. | 99 | SZCZEPA SKI Kacper MKS „Astoria” Bydgoszcz | 1:01.80 | 494 | 29.76 | 32.04 |
| 49. | 05 | DZIEWGU Benjamin MKS Piaseczno | 1:01.84 | 493 | 29.54 | 32.30 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 8, M czynn, 100m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|---------------------------|---------------------------------------|----------------|------|-------|-------|
| 50. KUREK Jakub | 01 MKP Szczecin | 1:02.37 | 481 | 30.13 | 32.24 |
| 51. TRYDULSKI Oskar | 05 UKS „GIM 92 Ursynów" | 1:02.40 | 480 | 30.24 | 32.16 |
| 52. GU CIORA Maciej | 03 MKP Szczecin | 1:02.64 | 475 | 30.54 | 32.10 |
| 53. GULI SKI Maciej | 04 UKP „Polonia Warszawa" | 1:02.99 | 467 | 29.87 | 33.12 |
| 54. DOMAGAŁA Tymoteusz | 04 MUKS "Pi tnastka" | 1:03.22 | 462 | 29.54 | 33.68 |
| 55. SOBIESZEK Franciszek | 05 MKS Piaseczno | 1:03.26 | 461 | 30.34 | 32.92 |
| 56. PLAGA Dawid | 05 TP Skalar Słupsk | 1:03.29 | 460 | 30.97 | 32.32 |
| 57. FAŁEK Szymon | 05 UKS G-8 Bielany Warszawa | 1:03.31 | 460 | 30.30 | 33.01 |
| 58. POGODA Krzysztof | 05 MKS Jedyńka Łód | 1:03.55 | 455 | 31.59 | 31.96 |
| 59. SETLAK Marcel | 05 UKS abianka Gda sk | 1:03.78 | 450 | 31.95 | 31.83 |
| 60. MEYER Krzysztof | 05 KS Warta Pozna | 1:03.80 | 449 | 30.56 | 33.24 |
| 61. JANKOWSKI Antoni | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 1:04.48 | 435 | 30.77 | 33.71 |
| 62. PIE KOWSKI Bartłomiej | 05 MKP Szczecin | 1:04.49 | 435 | 31.10 | 33.39 |
| 63. CHUPKA Patryk | 05 UKS „GIM 92 Ursynów" | 1:04.83 | 428 | 31.39 | 33.44 |
| 64. ZABAGŁO Filip | 05 Uczniowski Klub Sportowy Delfin Le | 1:04.84 | 428 | 31.32 | 33.52 |
| 65. HEIDUK Kacper | 05 MKS Piast Głogów | 1:05.00 | 425 | 31.37 | 33.63 |
| 66. BOLEK Stanisław | 05 UKP „Polonia Warszawa" | 1:05.25 | 420 | 31.36 | 33.89 |
| 67. ISKRA Szymon | 04 UKS Pi tka Konstantynów Łódzki | 1:05.32 | 419 | 31.58 | 33.74 |
| 68. KWIATKOWSKI Tymoteusz | 04 UKS Siódemka Gdynia | 1:05.41 | 417 | 31.53 | 33.88 |
| 69. J DRYKA Nikodem | 04 MKS Trójka Łód | 1:07.41 | 381 | 32.71 | 34.70 |
| 70. WOJTYNIAK Marcel | 05 KS Posnania Pozna | 1:07.91 | 372 | | |
| 71. LE NIEWSKI Patryk | 03 UKS Pi tka Konstantynów Łódzki | 1:08.07 | 370 | 33.07 | 35.00 |
| 72. AHLSTRÖM Ludvig | 02 VSS VASBY | 1:09.29 | 351 | 33.91 | 35.38 |
| 73. MAGRYTA Mateusz | 05 UKS Siódemka Gdynia | 1:09.43 | 348 | 33.39 | 36.04 |
| 74. PRZYGOCKI Dawid | 04 MTKP Delfin Toru | 1:09.54 | 347 | 33.27 | 36.27 |
| 75. PISZCZAŁA Marcel | 05 MUKS Wodnik Łask | 1:13.19 | 297 | 35.89 | 37.30 |
| 76. ROCHNOWSKI Jakub | 05 Uczniowski Klub Sportowy Delfin Le | 1:17.05 | 255 | 37.31 | 39.74 |
| 77. TOMCZAK Michał | 05 MUKS "Pi tnastka" | 1:21.74 | 213 | 40.89 | 40.85 |
| DYSKW. KRÓL Jan | 02 KS KSZO Ostrowiec w. | | | | |

G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.

NW MINCZUK Łukasz 05 MKP „SŁOWIANKA" Gorzów Wlkp.

14 lat

| | | | | | |
|---------------------------|---------------------------------------|----------------|-----|-------|-------|
| 1. KOWALSKI Mateusz | 05 UKS abianka Gda sk | 59.70 | 548 | 28.83 | 30.87 |
| 2. KOSOBUDZKI Cezary | 05 UKS G-8 Bielany Warszawa | 1:01.10 | 512 | 29.90 | 31.20 |
| 3. ZDYBEL Adam | 05 KS Delfin Gdynia | 1:01.70 | 497 | 30.55 | 31.15 |
| 4. SZIEWGU Benjamin | 05 MKS Piaseczno | 1:01.84 | 493 | 29.54 | 32.30 |
| 5. TRYDULSKI Oskar | 05 UKS „GIM 92 Ursynów" | 1:02.40 | 480 | 30.24 | 32.16 |
| 6. SOBIESZEK Franciszek | 05 MKS Piaseczno | 1:03.26 | 461 | 30.34 | 32.92 |
| 7. PLAGA Dawid | 05 TP Skalar Słupsk | 1:03.29 | 460 | 30.97 | 32.32 |
| 8. FAŁEK Szymon | 05 UKS G-8 Bielany Warszawa | 1:03.31 | 460 | 30.30 | 33.01 |
| 9. POGODA Krzysztof | 05 MKS Jedyńka Łód | 1:03.55 | 455 | 31.59 | 31.96 |
| 10. SETLAK Marcel | 05 UKS abianka Gda sk | 1:03.78 | 450 | 31.95 | 31.83 |
| 11. MEYER Krzysztof | 05 KS Warta Pozna | 1:03.80 | 449 | 30.56 | 33.24 |
| 12. JANKOWSKI Antoni | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 1:04.48 | 435 | 30.77 | 33.71 |
| 13. PIE KOWSKI Bartłomiej | 05 MKP Szczecin | 1:04.49 | 435 | 31.10 | 33.39 |
| 14. CHUPKA Patryk | 05 UKS „GIM 92 Ursynów" | 1:04.83 | 428 | 31.39 | 33.44 |
| 15. ZABAGŁO Filip | 05 Uczniowski Klub Sportowy Delfin Le | 1:04.84 | 428 | 31.32 | 33.52 |
| 16. HEIDUK Kacper | 05 MKS Piast Głogów | 1:05.00 | 425 | 31.37 | 33.63 |
| 17. BOLEK Stanisław | 05 UKP „Polonia Warszawa" | 1:05.25 | 420 | 31.36 | 33.89 |
| 18. WOJTYNIAK Marcel | 05 KS Posnania Pozna | 1:07.91 | 372 | | |
| 19. MAGRYTA Mateusz | 05 UKS Siódemka Gdynia | 1:09.43 | 348 | 33.39 | 36.04 |
| 20. PISZCZAŁA Marcel | 05 MUKS Wodnik Łask | 1:13.19 | 297 | 35.89 | 37.30 |
| 21. ROCHNOWSKI Jakub | 05 Uczniowski Klub Sportowy Delfin Le | 1:17.05 | 255 | 37.31 | 39.74 |
| 22. TOMCZAK Michał | 05 MUKS "Pi tnastka" | 1:21.74 | 213 | 40.89 | 40.85 |
| NW MINCZUK Łukasz | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 8, M czyzn, 100m grzbietowy

15 lat

| | | | | | | | |
|-----|--------------------------------------|----|-------------------------------------|----------------|-----|-------|-------|
| 1. | KOSI SKI Filip | 04 | Mi dzyszkolny UKS „Olimpijczyk” Suw | 52.56 | 804 | 25.42 | 27.14 |
| | <i>Czas lepszy od Rekordu Polski</i> | | | | | | |
| 2. | MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 56.50 | 647 | 27.17 | 29.33 |
| 3. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 59.50 | 554 | 29.33 | 30.17 |
| 4. | EGLE Miłosz | 04 | UKS Siódemka Gdynia | 59.71 | 548 | 29.06 | 30.65 |
| 5. | BIAŁEK Paweł | 04 | UKS G-8 Bielany Warszawa | 1:01.41 | 504 | 29.71 | 31.70 |
| 6. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 1:01.49 | 502 | 29.89 | 31.60 |
| 7. | GULI SKI Maciej | 04 | UKP „Polonia Warszawa” | 1:02.99 | 467 | 29.87 | 33.12 |
| 8. | DOMAGAŁA Tymoteusz | 04 | MUKS "Pi tnastka" | 1:03.22 | 462 | 29.54 | 33.68 |
| 9. | ISKRA Szymon | 04 | UKS Pi tka Konstantynów Łódzki | 1:05.32 | 419 | 31.58 | 33.74 |
| 10. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 1:05.41 | 417 | 31.53 | 33.88 |
| 11. | J DRYKA Nikodem | 04 | MKS Trójka Łód | 1:07.41 | 381 | 32.71 | 34.70 |
| 12. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 1:09.54 | 347 | 33.27 | 36.27 |

16 lat

| | | | | | | | |
|-----|------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | SIENKIEWICZ Aleksander | 03 | SMS Zielona Góra | 55.47 | 684 | 26.85 | 28.62 |
| 2. | KOWALEWSKI Paweł | 03 | MKS Juwenia Białystok | 56.90 | 633 | 27.27 | 29.63 |
| 3. | OŁ D Stanisław | 03 | UKS G-8 Bielany Warszawa | 58.22 | 591 | 27.66 | 30.56 |
| 4. | KOWALCZYK Piotr | 03 | UKP „Polonia Warszawa” | 58.31 | 589 | 27.72 | 30.59 |
| 5. | WI NIEWSKI Adam | 03 | UKS „GIM 92 Ursynów” | 58.50 | 583 | 28.13 | 30.37 |
| 6. | BIDOWANIEC Kacper | 03 | UPKS Wodnik Rawicz | 58.56 | 581 | 27.95 | 30.61 |
| 7. | TURAŁA Adrian | 03 | MKS Neptun Stargard | 58.87 | 572 | 28.57 | 30.30 |
| 8. | RZ SA Jacek | 03 | UKS abianka Gda sk | 59.92 | 542 | 28.98 | 30.94 |
| 9. | WOJNOWSKI Damian | 03 | MKP Szczecin | 1:00.69 | 522 | 29.18 | 31.51 |
| 10. | SZMYT Krzysztof | 03 | UKS Fala Swarz dz | 1:00.76 | 520 | 29.18 | 31.58 |
| 11. | KOWALSKI Daniel | 03 | SMS Zielona Góra | 1:01.70 | 497 | 30.27 | 31.43 |
| 12. | GU CIORA Maciej | 03 | MKP Szczecin | 1:02.64 | 475 | 30.54 | 32.10 |
| 13. | LE NIEWSKI Patryk | 03 | UKS Pi tka Konstantynów Łódzki | 1:08.07 | 370 | 33.07 | 35.00 |

17 - 18 lat

| | | | | | | | |
|-----|------------------------|----|-------------------------------|----------------|-----|-------|-------|
| 1. | RADZISZEWSKI Krzysztof | 02 | UKS G-8 Bielany Warszawa | 53.37 | 768 | 25.73 | 27.64 |
| 2. | MO CICKI Jakub | 01 | UKS G-8 Bielany Warszawa | 53.40 | 766 | 25.28 | 28.12 |
| 3. | KAROLCZAK Jan | 01 | UKS G-8 Bielany Warszawa | 53.84 | 748 | 26.06 | 27.78 |
| 4. | GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 59.29 | 560 | 28.33 | 30.96 |
| 5. | CZERWI SKI Łukasz | 01 | UKS G-8 Bielany Warszawa | 59.55 | 553 | 27.93 | 31.62 |
| 6. | BOROWSKI Jakub | 02 | St. Lok. SALOS Cortile Kielce | 59.56 | 552 | 29.35 | 30.21 |
| 7. | MALICKI Dawid | 02 | KS Rekiny Osielsko | 1:00.23 | 534 | 28.58 | 31.65 |
| 8. | LERNA William | 02 | VSS VASBY | 1:00.30 | 532 | 29.03 | 31.27 |
| 9. | LEIFSEN Gustav | 02 | VSS VASBY | 1:00.64 | 523 | 29.34 | 31.30 |
| 10. | GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 1:01.35 | 505 | 29.33 | 32.02 |
| 11. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 1:01.51 | 501 | 29.50 | 32.01 |
| 12. | KUREK Jakub | 01 | MKP Szczecin | 1:02.37 | 481 | 30.13 | 32.24 |
| 13. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 1:09.29 | 351 | 33.91 | 35.38 |

DYSKW. KRÓL Jan 02 KS KSZO Ostrowiec w.

G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 9 Kobiet, 200m zmienny 14 lat i starsi
2019-11-23 - 9:42 Wyniki

| | | | | | |
|------------|---------|----------------------|-------|---------------|------------|
| RP Open | 2:07.97 | TCHÓRZ Alicja | 00101 | Lublin | 2015-12-17 |
| RP 19 - 23 | 2:07.97 | TCHÓRZ Alicja | 00101 | Lublin | 2015-12-17 |
| RP 18 | 2:10.25 | BARANOWSKA Katarzyna | POL | Trieste (ITA) | 2005-12-08 |
| RP 17 | 2:10.64 | URBANCZYK Aleksandra | POL | Vienna (AUT) | 2004-12-09 |
| RP 16 | 2:11.56 | URBANCZYK Aleksandra | POL | Dublin (IRL) | 2003-12-11 |
| RP 15 | 2:12.06 | KNOP Aleksandra | 01605 | Lublin | 2018-12-22 |
| RP 14 | 2:13.18 | KNOP Aleksandra | 01605 | Łód | 2017-12-19 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------|--|------|------|-----|------|------|------|
|---------|---------|--|------|------|-----|------|------|------|

14 lat i starsi

| | | | | | | | | | |
|-----|---|----|------------------------------|-----------------|-----|-------|-------|-------|-------|
| 1. | TCHÓRZ Alicja | 92 | MKS Juvenia Wrocław | 2:09.10 | 841 | 28.01 | 32.63 | 37.38 | 31.08 |
| | <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow</i> | | | | | | | | |
| 2. | PARADOWSKA Kinga | 01 | MUKS "Pi tnastka" | 2:14.07 | 750 | 29.36 | 34.85 | 37.68 | 32.18 |
| 3. | RYDY SKA Marianna | 04 | MUKS "Pi tnastka" | 2:19.80 | 662 | 30.38 | 34.81 | 42.11 | 32.50 |
| 4. | BEDNARZ Julia | 04 | UKS „ORKA” Zamo | 2:22.03 | 631 | 30.95 | 37.00 | 40.06 | 34.02 |
| 5. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 2:23.73 | 609 | 30.68 | 36.89 | 43.61 | 32.55 |
| 6. | MALEC Klaudia | 04 | UKS „ORKA” Zamo | 2:23.89 | 607 | 32.11 | 37.19 | 40.12 | 34.47 |
| 7. | MO D AN Milena | 03 | MKP Szczecin | 2:24.45 | 600 | 30.71 | 37.26 | 42.29 | 34.19 |
| 8. | ROGOWSKA Paulina | 98 | St. Lok. SALOS Cortile Kielc | 2:25.51 | 587 | 31.61 | 36.81 | 42.99 | 34.10 |
| 9. | TŁOCZEK Wiktoria | 05 | KP Bałtyk Kołobrzeg | 2:25.89 | 582 | 30.93 | 37.54 | 42.15 | 35.27 |
| 10. | GWAJ Julia | 04 | Mi dzyszkolny UKS „Olimpi | 2:26.61 | 574 | 31.93 | 38.16 | 42.08 | 34.44 |
| 11. | KACZOROWSKA Alicja | 04 | UKS G-8 Bielany Warszawa | 2:26.71 | 573 | 31.59 | 37.96 | 43.43 | 33.73 |
| 12. | SIOMA Zuzanna | 04 | UKS „ORKA” Zamo | 2:27.95 | 558 | 32.13 | 36.55 | 43.02 | 36.25 |
| 13. | MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | 2:27.97 | 558 | 31.61 | 39.36 | 42.66 | 34.34 |
| 14. | EKLUND Cornelia | 00 | VSS VASBY | 2:28.21 | 555 | 31.25 | 37.83 | 43.88 | 35.25 |
| 15. | PALICKA Wiktoria | 05 | TP Skalar Słupsk | 2:29.00 | 547 | 32.95 | 35.58 | 45.56 | 34.91 |
| 16. | DRAGAN Julia | 04 | KS OLIMPIA Lublin | 2:29.03 | 546 | 32.24 | 39.04 | 42.86 | 34.89 |
| 17. | BEDNAREK Aleksandra | 98 | UKS SP-149 Łód | 2:29.38 | 542 | 33.47 | 38.74 | 42.03 | 35.14 |
| 18. | KOZI SKA Anna | 03 | UKS „GIM 92 Ursynów" | 2:29.66 | 539 | 32.08 | 37.18 | 43.54 | 36.86 |
| 19. | ZORINA Daria | 05 | UKS G-8 Bielany Warszawa | 2:30.55 | 530 | 32.32 | 39.99 | 42.37 | 35.87 |
| 20. | KUPIS Aleksandra | 02 | MKP Szczecin | 2:31.02 | 525 | 34.08 | 36.64 | 46.31 | 33.99 |
| 21. | KANTECKA Julia | 03 | Kaliski Klub Sportowy „Włó | 2:31.331 | 522 | 32.85 | 38.31 | 46.91 | 33.26 |
| 22. | URBA SKA Patrycja | 05 | MKS Jedylnka Łód | 2:32.77 | 507 | 32.88 | 38.45 | 44.81 | 36.63 |
| 23. | BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów" | 2:33.14 | 503 | 32.39 | 40.21 | 44.11 | 36.43 |
| 24. | TOMASIK Otylia | 04 | MUKS "Pi tnastka" | 2:33.32 | 502 | 33.49 | 37.35 | 46.30 | 36.18 |
| 25. | KOWALCZYK Katarzyna | 05 | UKS SP-149 Łód | 2:33.35 | 501 | 34.63 | 41.95 | 41.70 | 35.07 |
| 26. | ZIENTARSKA Karolina | 02 | UKS G-8 Bielany Warszawa | 2:33.72 | 498 | 32.71 | 41.04 | 43.66 | 36.31 |
| 27. | LASECKA Aleksandra | 03 | MKS SP 63 Bydgoszcz | 2:33.83 | 497 | 33.18 | 40.17 | 43.43 | 37.05 |
| 28. | NOWAK Oliwia | 04 | UKS „GIM 92 Ursynów" | 2:34.36 | 492 | 33.90 | 38.42 | 44.67 | 37.37 |
| 29. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 2:34.61 | 489 | 33.57 | 38.59 | 45.53 | 36.92 |
| 30. | POPLAWSKA Apolonia | 02 | KS Posenia Pozna | 2:34.84 | 487 | 35.06 | 41.85 | 43.41 | 34.52 |
| 31. | PYTLOCH Zuzanna | 05 | KP Bałtyk Kołobrzeg | 2:35.48 | 481 | 32.94 | 40.14 | 44.95 | 37.45 |
| 32. | KOZANECKA Katarzyna | 01 | KS Posenia Pozna | 2:36.00 | 476 | 34.60 | 40.45 | 44.88 | 36.07 |
| 33. | ZIEMACKA Julia | 03 | UKS G-8 Bielany Warszawa | 2:36.16 | 475 | 33.26 | 38.22 | 49.62 | 35.06 |
| 34. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 2:37.82 | 460 | 33.09 | 38.27 | 48.04 | 38.42 |
| 35. | PA KO Maja | 04 | UKS G-8 Bielany Warszawa | 2:40.96 | 433 | 34.12 | 42.32 | 45.87 | 38.65 |
| 36. | PARADOWSKA Julia | 05 | UKS G-8 Bielany Warszawa | 2:41.44 | 430 | 34.73 | 41.13 | 46.09 | 39.49 |
| 37. | KRYWIEL Karolina | 03 | MKP Szczecin | 2:42.52 | 421 | 36.74 | 39.80 | 48.53 | 37.45 |
| 38. | WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 2:43.58 | 413 | 35.45 | 41.06 | 50.54 | 36.53 |

14 lat

| | | | | | | | | | |
|----|---------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | TŁOCZEK Wiktoria | 05 | KP Bałtyk Kołobrzeg | 2:25.89 | 582 | 30.93 | 37.54 | 42.15 | 35.27 |
| 2. | MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | 2:27.97 | 558 | 31.61 | 39.36 | 42.66 | 34.34 |
| 3. | PALICKA Wiktoria | 05 | TP Skalar Słupsk | 2:29.00 | 547 | 32.95 | 35.58 | 45.56 | 34.91 |
| 4. | ZORINA Daria | 05 | UKS G-8 Bielany Warszawa | 2:30.55 | 530 | 32.32 | 39.99 | 42.37 | 35.87 |
| 5. | URBA SKA Patrycja | 05 | MKS Jedylnka Łód | 2:32.77 | 507 | 32.88 | 38.45 | 44.81 | 36.63 |
| 6. | KOWALCZYK Katarzyna | 05 | UKS SP-149 Łód | 2:33.35 | 501 | 34.63 | 41.95 | 41.70 | 35.07 |
| 7. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 2:34.61 | 489 | 33.57 | 38.59 | 45.53 | 36.92 |
| 8. | PYTLOCH Zuzanna | 05 | KP Bałtyk Kołobrzeg | 2:35.48 | 481 | 32.94 | 40.14 | 44.95 | 37.45 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 9, Dziewcz t, 200m zmienny, 14 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|------------------------|---------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 9. RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 2:37.82 | 460 | 33.09 | 38.27 | 48.04 | 38.42 |
| 10. PARADOWSKA Julia | 05 | UKS G-8 Bielany Warszawa | 2:41.44 | 430 | 34.73 | 41.13 | 46.09 | 39.49 |
| 11. WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 2:43.58 | 413 | 35.45 | 41.06 | 50.54 | 36.53 |

15 lat

| | | | | | | | | |
|------------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. RYDY SKA Marianna | 04 | MUKS "Pi tnastka" | 2:19.80 | 662 | 30.38 | 34.81 | 42.11 | 32.50 |
| 2. BEDNARZ Julia | 04 | UKS „ORKA” Zamo | 2:22.03 | 631 | 30.95 | 37.00 | 40.06 | 34.02 |
| 3. SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 2:23.73 | 609 | 30.68 | 36.89 | 43.61 | 32.55 |
| 4. MALEC Klaudia | 04 | UKS „ORKA” Zamo | 2:23.89 | 607 | 32.11 | 37.19 | 40.12 | 34.47 |
| 5. GWAJ Julia | 04 | Mi dzyszkolny UKS „Olimpi | 2:26.61 | 574 | 31.93 | 38.16 | 42.08 | 34.44 |
| 6. KACZOROWSKA Alicja | 04 | UKS G-8 Bielany Warszawa | 2:26.71 | 573 | 31.59 | 37.96 | 43.43 | 33.73 |
| 7. SIOMA Zuzanna | 04 | UKS „ORKA” Zamo | 2:27.95 | 558 | 32.13 | 36.55 | 43.02 | 36.25 |
| 8. DRAGAN Julia | 04 | KS OLIMPIA Lublin | 2:29.03 | 546 | 32.24 | 39.04 | 42.86 | 34.89 |
| 9. TOMASIK Otylia | 04 | MUKS "Pi tnastka" | 2:33.32 | 502 | 33.49 | 37.35 | 46.30 | 36.18 |
| 10. NOWAK Oliwia | 04 | UKS „GIM 92 Ursynów" | 2:34.36 | 492 | 33.90 | 38.42 | 44.67 | 37.37 |
| 11. PA KO Maja | 04 | UKS G-8 Bielany Warszawa | 2:40.96 | 433 | 34.12 | 42.32 | 45.87 | 38.65 |

16 lat

| | | | | | | | | |
|-----------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. MO D AN Milena | 03 | MKP Szczecin | 2:24.45 | 600 | 30.71 | 37.26 | 42.29 | 34.19 |
| 2. KOZI SKA Anna | 03 | UKS „GIM 92 Ursynów" | 2:29.66 | 539 | 32.08 | 37.18 | 43.54 | 36.86 |
| 3. KANTECKA Julia | 03 | Kaliski Klub Sportowy „Włó | 2:31.33 | 522 | 32.85 | 38.31 | 46.91 | 33.26 |
| 4. LASECKA Aleksandra | 03 | MKS SP 63 Bydgoszcz | 2:33.83 | 497 | 33.18 | 40.17 | 43.43 | 37.05 |
| 5. ZIEMACKA Julia | 03 | UKS G-8 Bielany Warszawa | 2:36.16 | 475 | 33.26 | 38.22 | 49.62 | 35.06 |
| 6. KRYWIEL Karolina | 03 | MKP Szczecin | 2:42.52 | 421 | 36.74 | 39.80 | 48.53 | 37.45 |

17 - 18 lat

| | | | | | | | | |
|------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. PARADOWSKA Kinga | 01 | MUKS "Pi tnastka" | 2:14.07 | 750 | 29.36 | 34.85 | 37.68 | 32.18 |
| 2. KUPIS Aleksandra | 02 | MKP Szczecin | 2:31.02 | 525 | 34.08 | 36.64 | 46.31 | 33.99 |
| 3. BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów" | 2:33.14 | 503 | 32.39 | 40.21 | 44.11 | 36.43 |
| 4. ZIENTARSKA Karolina | 02 | UKS G-8 Bielany Warszawa | 2:33.72 | 498 | 32.71 | 41.04 | 43.66 | 36.31 |
| 5. POPLAWSKA Apolonia | 02 | KS Posenania Pozna | 2:34.84 | 487 | 35.06 | 41.85 | 43.41 | 34.52 |
| 6. KOZANECKA Katarzyna | 01 | KS Posenania Pozna | 2:36.00 | 476 | 34.60 | 40.45 | 44.88 | 36.07 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 10 M czyzn, 200m zmienny 14 lat i starsi
2019-11-23 - 9:56 Wyniki

| | | | | | |
|------------|---------|-----------------|-------|----------------|------------|
| RP Open | 1:53.39 | WITKOWSKI Jan | 03703 | Lublin | 2014-12-18 |
| RP 19 - 23 | 1:53.64 | WITKOWSKI Jan | 01003 | Ostrowiec Sw | 2014-12-18 |
| RP 18 | 1:56.16 | WITKOWSKI Jan | 01003 | Istanbul (TUR) | 2012-12-14 |
| RP 17 | 1:58.52 | WITKOWSKI Jan | 01003 | Poznan | 2011-12-15 |
| RP 16 | 1:59.58 | CIE LAK Marcin | 03914 | Gorzow Wlkp. | 2008-11-27 |
| RP 15 | 2:03.13 | KĄŁUSOWSKI Jan | 00905 | Poznan | 2015-11-22 |
| RP 14 | 2:04.19 | KONARSKI Maciej | 05214 | Olsztyn | 2018-12-15 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|------------------------|---------|-----------------------|---------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. | 99 | BUJAK Dominik | 2:02.15 | 722 | 27.18 | 30.96 | 35.42 | 28.59 |
| 2. | 01 | WARZOCHA Albert | 2:04.46 | 683 | 27.07 | 31.94 | 36.25 | 29.20 |
| 3. | 97 | KA MIERCZAK Wojciech | 2:04.65 | 680 | 26.49 | 32.02 | 36.55 | 29.59 |
| 4. | 97 | B CZKOWSKI Bartosz | 2:05.83 | 661 | 27.93 | 32.46 | 35.12 | 30.32 |
| 5. | 99 | CIASTO Sebastian | 2:06.17 | 656 | 27.71 | 31.74 | 36.20 | 30.52 |
| 6. | 97 | LECHOWICZ Filip | 2:06.38 | 652 | 27.38 | 33.03 | 36.65 | 29.32 |
| 7. | 01 | GOTSZLING Dawid | 2:06.44 | 651 | 26.70 | 32.42 | 37.38 | 29.94 |
| 8. | 93 | SUZIN Marcin | 2:07.84 | 630 | 27.72 | 33.42 | 36.04 | 30.66 |
| 9. | 02 | STENSSON Erik | 2:08.27 | 624 | 27.01 | 33.60 | 37.65 | 30.01 |
| 10. | 00 | OLLER Krzysztof | 2:08.29 | 624 | 27.52 | 33.58 | 37.45 | 29.74 |
| 11. | 00 | WO NIAK Maciej | 2:08.53 | 620 | 27.61 | 33.62 | 37.51 | 29.79 |
| 12. | 01 | GUZY Marcel | 2:08.70 | 618 | 28.30 | 33.33 | 36.94 | 30.13 |
| 13. | 03 | ANTCZAK Bartosz | 2:08.87 | 615 | 27.12 | 32.13 | 38.09 | 31.53 |
| 14. | 02 | BOBORYK Wojciech | 2:09.08 | 612 | 27.64 | 32.48 | 38.18 | 30.78 |
| 15. | 00 | WALCZYNSKI Jakub | 2:09.09 | 612 | 27.72 | 32.68 | 38.05 | 30.64 |
| 16. | 98 | JAWORSKI Norbert | 2:09.33 | 609 | 28.68 | 34.33 | 36.18 | 30.14 |
| 17. | 04 | TARASEWICZ Marcel | 2:11.19 | 583 | 28.21 | 35.28 | 35.09 | 32.61 |
| 18. | 02 | TOMCZAK Tymoteusz | 2:11.46 | 579 | 27.18 | 34.61 | 36.69 | 32.98 |
| 19. | 02 | KWIATEK Radosław | 2:11.64 | 577 | 27.47 | 32.78 | 38.86 | 32.53 |
| 20. | 02 | RAJCA Wiktor | 2:11.92 | 573 | 29.04 | 33.62 | 38.67 | 30.59 |
| 21. | 00 | GÓRANSSON Carl | 2:12.34 | 568 | 28.57 | 35.58 | 37.09 | 31.10 |
| 22. | 03 | DOBRINDT Mikolaj | 2:12.63 | 564 | 28.24 | 34.10 | 38.07 | 32.22 |
| 23. | 03 | WIEK Wiktor | 2:13.21 | 557 | 28.05 | 34.64 | 40.30 | 30.22 |
| 24. | 03 | KORONA Kacper | 2:13.59 | 552 | 28.17 | 34.87 | 40.36 | 30.19 |
| 25. | 03 | PRZYSTAŁ Adam | 2:13.71 | 551 | 28.23 | 35.24 | 36.99 | 33.25 |
| 26. | 04 | WARZOCHA Gustaw | 2:13.82 | 549 | 29.21 | 34.55 | 38.44 | 31.62 |
| 27. | 02 | LINDHOLM Christopher | 2:13.97 | 547 | 27.95 | 35.88 | 39.21 | 30.93 |
| 28. | 97 | KADROW Konrad | 2:14.02 | 547 | 29.04 | 36.08 | 37.01 | 31.89 |
| 29. | 01 | WIECI SKI Andrzej | 2:14.30 | 543 | 29.58 | 34.53 | 37.18 | 33.01 |
| 30. | 02 | JOHANSSON Marcus | 2:14.76 | 538 | 27.90 | 34.90 | 39.92 | 32.04 |
| 31. | 01 | KOTARSKI Jakub | 2:15.14 | 533 | 29.63 | 35.09 | 39.64 | 30.78 |
| 32. | 99 | SVENSSON Noah | 2:15.46 | 530 | 27.59 | 34.98 | 40.64 | 32.25 |
| 33. | 02 | GUMI SKI Igor | 2:15.91 | 524 | 28.92 | 33.36 | 40.61 | 33.02 |
| 34. | 04 | J DRYCH Krzysztof | 2:15.97 | 524 | 29.18 | 34.00 | 42.08 | 30.71 |
| 35. | 04 | ZUZANIUK Igor | 2:16.31 | 520 | 28.43 | 35.04 | 40.58 | 32.26 |
| 36. | 00 | PETTERSSON Robin | 2:16.51 | 517 | 26.78 | 34.26 | 41.56 | 33.91 |
| 37. | 04 | KWIATKOWSKI Tymoteusz | 2:16.75 | 515 | 28.32 | 35.52 | 40.38 | 32.53 |
| 38. | 04 | EGLE Miłosz | 2:16.95 | 512 | 28.95 | 33.83 | 41.52 | 32.65 |
| 39. | 03 | ROGUSKI Mateusz | 2:17.05 | 511 | 28.57 | 35.07 | 41.00 | 32.41 |
| 40. | 02 | LEIFSEN Gustav | 2:17.22 | 509 | 29.10 | 34.23 | 41.02 | 32.87 |
| 41. | 04 | YRO Ignacy | 2:17.27 | 509 | 28.96 | 36.02 | 41.12 | 31.17 |
| 42. | 05 | POGODA Krzysztof | 2:17.94 | 502 | 31.04 | 34.21 | 40.42 | 32.27 |
| 43. | 01 | SKÓLD Theodor | 2:18.43 | 496 | 29.99 | 35.37 | 40.98 | 32.09 |
| 44. | 03 | DOPIERAŁA Tytus | 2:18.58 | 495 | 28.31 | 35.88 | 40.68 | 33.71 |
| 45. | 02 | LINDWALL Algot | 2:18.83 | 492 | 29.40 | 38.17 | 38.46 | 32.80 |
| 46. | 00 | SULIGA Jeremi | 2:19.18 | 488 | 28.38 | 35.39 | 40.67 | 34.74 |
| 47. | 04 | PI TKA Hubert | 2:19.34 | 487 | 29.44 | 36.41 | 40.92 | 32.57 |
| 48. | 05 | SZYMA SKI Igor | 2:19.37 | 486 | 30.52 | 39.09 | 36.41 | 33.35 |
| 49. | 03 | WILANOWSKI Mateusz | 2:19.57 | 484 | 30.46 | 37.58 | 39.23 | 32.30 |
| 50. | 03 | MACIOSZEK Maksymilian | 2:20.41 | 475 | 29.03 | 36.95 | 41.43 | 33.00 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 10, M czynn, 200m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------|----------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 51. | MOCHNAL Kacper | 05 | MKS Jedyńka Łód | 2:20.90 | 471 | 30.29 | 36.38 | 41.18 | 33.05 |
| 52. | JASI SKI Jakub | 03 | MKS Jedyńka Łód | 2:22.41 | 456 | 30.40 | 38.30 | 41.89 | 31.82 |
| 53. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 2:22.61 | 454 | 29.21 | 36.80 | 42.87 | 33.73 |
| 54. | JANECZEK Stanisław | 04 | MUKS "Pi tnastka" | 2:22.85 | 452 | 29.28 | 37.10 | 41.80 | 34.67 |
| 55. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 2:23.02 | 450 | 29.91 | 36.85 | 42.63 | 33.63 |
| 56. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 2:23.45 | 446 | 30.15 | 37.75 | 42.85 | 32.70 |
| 57. | LASKI Filip | 04 | St. KF KS „Fenix” O arów | 2:23.78 | 443 | 30.68 | 37.21 | 42.23 | 33.66 |
| 58. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawi | 2:24.18 | 439 | 31.51 | 38.61 | 42.18 | 31.88 |
| 59. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 2:24.40 | 437 | 31.43 | 39.14 | 41.54 | 32.29 |
| 60. | GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 2:24.60 | 435 | 28.42 | 32.93 | 46.17 | 37.08 |
| 61. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 2:25.09 | 431 | 29.37 | 37.73 | 43.29 | 34.70 |
| 62. | BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 2:25.97 | 423 | 30.72 | 37.39 | 43.71 | 34.15 |
| 63. | WIERCY SKI Kacper | 04 | UKS „Dwójka” Tczew | 2:26.92 | 415 | 32.18 | 39.25 | 38.89 | 36.60 |
| 64. | STRZELECKI Wiktor | 04 | MKS „Astoria” Bydgoszcz | 2:29.05 | 397 | 30.32 | 38.49 | 45.38 | 34.86 |
| 65. | KUREK Kacper | 05 | Foka Choszczcno | 2:32.38 | 372 | 32.02 | 39.93 | 45.62 | 34.81 |
| 66. | MAJAK Mateusz | 05 | Uks Cityzen | 2:41.54 | 312 | 34.78 | 42.49 | 46.54 | 37.73 |
| NW | KAJA Bła ej | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | | | |

14 lat

| | | | | | | | | | |
|----|------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | POGODA Krzysztof | 05 | MKS Jedyńka Łód | 2:17.94 | 502 | 31.04 | 34.21 | 40.42 | 32.27 |
| 2. | SZYMA SKI Igor | 05 | MUKS "Pi tnastka" | 2:19.37 | 486 | 30.52 | 39.09 | 36.41 | 33.35 |
| 3. | MOCHNAL Kacper | 05 | MKS Jedyńka Łód | 2:20.90 | 471 | 30.29 | 36.38 | 41.18 | 33.05 |
| 4. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 2:22.61 | 454 | 29.21 | 36.80 | 42.87 | 33.73 |
| 5. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 2:23.45 | 446 | 30.15 | 37.75 | 42.85 | 32.70 |
| 6. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 2:24.40 | 437 | 31.43 | 39.14 | 41.54 | 32.29 |
| 7. | BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 2:25.97 | 423 | 30.72 | 37.39 | 43.71 | 34.15 |
| 8. | KUREK Kacper | 05 | Foka Choszczcno | 2:32.38 | 372 | 32.02 | 39.93 | 45.62 | 34.81 |
| 9. | MAJAK Mateusz | 05 | Uks Cityzen | 2:41.54 | 312 | 34.78 | 42.49 | 46.54 | 37.73 |
| NW | KAJA Bła ej | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | | | |

15 lat

| | | | | | | | | | |
|-----|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | TARASEWICZ Marcel | 04 | UKS G-8 Bielany Warszawa | 2:11.19 | 583 | 28.21 | 35.28 | 35.09 | 32.61 |
| 2. | WARZOCHA Gustaw | 04 | Uks Cityzen | 2:13.82 | 549 | 29.21 | 34.55 | 38.44 | 31.62 |
| 3. | J DRYCH Krzysztof | 04 | KS Poshania Pozna | 2:15.97 | 524 | 29.18 | 34.00 | 42.08 | 30.71 |
| 4. | ZUZANIUK Igor | 04 | KS OLIMPIA Lublin | 2:16.31 | 520 | 28.43 | 35.04 | 40.58 | 32.26 |
| 5. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 2:16.75 | 515 | 28.32 | 35.52 | 40.38 | 32.53 |
| 6. | EGLE Miłosz | 04 | UKS Siódemka Gdynia | 2:16.95 | 512 | 28.95 | 33.83 | 41.52 | 32.65 |
| 7. | YRO Ignacy | 04 | UKS „GIM 92 Ursynów” | 2:17.27 | 509 | 28.96 | 36.02 | 41.12 | 31.17 |
| 8. | PI TKA Hubert | 04 | MKP Szczecin | 2:19.34 | 487 | 29.44 | 36.41 | 40.92 | 32.57 |
| 9. | JANECZEK Stanisław | 04 | MUKS "Pi tnastka" | 2:22.85 | 452 | 29.28 | 37.10 | 41.80 | 34.67 |
| 10. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 2:23.02 | 450 | 29.91 | 36.85 | 42.63 | 33.63 |
| 11. | LASKI Filip | 04 | St. KF KS „Fenix” O arów | 2:23.78 | 443 | 30.68 | 37.21 | 42.23 | 33.66 |
| 12. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawi | 2:24.18 | 439 | 31.51 | 38.61 | 42.18 | 31.88 |
| 13. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 2:25.09 | 431 | 29.37 | 37.73 | 43.29 | 34.70 |
| 14. | WIERCY SKI Kacper | 04 | UKS „Dwójka” Tczew | 2:26.92 | 415 | 32.18 | 39.25 | 38.89 | 36.60 |
| 15. | STRZELECKI Wiktor | 04 | MKS „Astoria” Bydgoszcz | 2:29.05 | 397 | 30.32 | 38.49 | 45.38 | 34.86 |

16 lat

| | | | | | | | | | |
|-----|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | ANTCZAK Bartosz | 03 | UKP „Polonia Warszawa” | 2:08.87 | 615 | 27.12 | 32.13 | 38.09 | 31.53 |
| 2. | DOBRINDT Mikołaj | 03 | MUKS "Pi tnastka" | 2:12.63 | 564 | 28.24 | 34.10 | 38.07 | 32.22 |
| 3. | WIEK Wiktor | 03 | UKS G-8 Bielany Warszawa | 2:13.21 | 557 | 28.05 | 34.64 | 40.30 | 30.22 |
| 4. | KORONA Kacper | 03 | MKP Szczecin | 2:13.59 | 552 | 28.17 | 34.87 | 40.36 | 30.19 |
| 5. | PRZYSTAŁ Adam | 03 | UKS G-8 Bielany Warszawa | 2:13.71 | 551 | 28.23 | 35.24 | 36.99 | 33.25 |
| 6. | ROGUSKI Mateusz | 03 | UKP „Polonia Warszawa” | 2:17.05 | 511 | 28.57 | 35.07 | 41.00 | 32.41 |
| 7. | DOPIERAŁA Tytus | 03 | KS Warta Pozna | 2:18.58 | 495 | 28.31 | 35.88 | 40.68 | 33.71 |
| 8. | WILANOWSKI Mateusz | 03 | MKS Jedyńka Łód | 2:19.57 | 484 | 30.46 | 37.58 | 39.23 | 32.30 |
| 9. | MACIOSZEK Maksymilian | 03 | UKP „Polonia Warszawa” | 2:20.41 | 475 | 29.03 | 36.95 | 41.43 | 33.00 |
| 10. | JASI SKI Jakub | 03 | MKS Jedyńka Łód | 2:22.41 | 456 | 30.40 | 38.30 | 41.89 | 31.82 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 10, M czyzn, 200m zmienny

17 - 18 lat

| | | | | | | | | |
|-------------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. WARZOCHA Albert | 01 | Uks Cityzen | 2:04.46 | 683 | 27.07 | 31.94 | 36.25 | 29.20 |
| 2. GOTSZLING Dawid | 01 | SMS Zielona Góra | 2:06.44 | 651 | 26.70 | 32.42 | 37.38 | 29.94 |
| 3. STENSSON Erik | 02 | SS VAERMAMO | 2:08.27 | 624 | 27.01 | 33.60 | 37.65 | 30.01 |
| 4. GUZY Marcel | 01 | DOKiS SP Vega Dobrodzie | 2:08.70 | 618 | 28.30 | 33.33 | 36.94 | 30.13 |
| 5. BOBORYK Wojciech | 02 | KS Delfin Gdynia | 2:09.08 | 612 | 27.64 | 32.48 | 38.18 | 30.78 |
| 6. TOMCZAK Tymoteusz | 02 | KS Posnania Pozna | 2:11.46 | 579 | 27.18 | 34.61 | 36.69 | 32.98 |
| 7. KWIATEK Radosław | 02 | St. Lok. SALOS Cortile Kielc | 2:11.64 | 577 | 27.47 | 32.78 | 38.86 | 32.53 |
| 8. RAJCA Wiktor | 02 | KS KSZO Ostrowiec w. | 2:11.92 | 573 | 29.04 | 33.62 | 38.67 | 30.59 |
| 9. LINDHOLM Christopher | 02 | VSS VASBY | 2:13.97 | 547 | 27.95 | 35.88 | 39.21 | 30.93 |
| 10. WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 2:14.30 | 543 | 29.58 | 34.53 | 37.18 | 33.01 |
| 11. JOHNSON Marcus | 02 | VSS VASBY | 2:14.76 | 538 | 27.90 | 34.90 | 39.92 | 32.04 |
| 12. KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 2:15.14 | 533 | 29.63 | 35.09 | 39.64 | 30.78 |
| 13. GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 2:15.91 | 524 | 28.92 | 33.36 | 40.61 | 33.02 |
| 14. LEIFSEN Gustav | 02 | VSS VASBY | 2:17.22 | 509 | 29.10 | 34.23 | 41.02 | 32.87 |
| 15. SKÖLD Theodor | 01 | VSS VASBY | 2:18.43 | 496 | 29.99 | 35.37 | 40.98 | 32.09 |
| 16. LINDWALL Algot | 02 | SS TYRESO | 2:18.83 | 492 | 29.40 | 38.17 | 38.46 | 32.80 |
| 17. GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 2:24.60 | 435 | 28.42 | 32.93 | 46.17 | 37.08 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 11
2019-11-23 - 10:10

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-------------------|-------|---------|------------|
| RP Open | 4:05.77 | BARZYCKA Paulina | 00114 | Gorzow | 2005-11-26 |
| RP 19 - 23 | 4:05.77 | BARZYCKA Paulina | 00114 | Gorzow | 2005-11-26 |
| RP 18 | 4:07.14 | PIECHOTA Paulina | 01605 | Łód | 2017-12-20 |
| RP 17 | 4:08.04 | KILIJA SKA Donata | 00612 | Pozna | 2011-12-17 |
| RP 16 | 4:08.04 | KILIJA SKA Donata | 00612 | Poznan | 2011-12-17 |
| RP 15 | 4:09.54 | GU Wiktoria | 01705 | Olsztyn | 2018-12-15 |
| RP 14 | 4:09.54 | GU Wiktoria | 01705 | Olsztyn | 2018-12-15 |

Punkty: FINA 2019

| Pozycja | | | Rok ur. | | | Czas | Pkt. | | | | | |
|------------------------|--------------------------------------|-----------------------|---------|--|---------|----------------|-------|---------|-------|-------|---------|-------|
| 14 lat i starsi | | | | | | | | | | | | |
| 1. | GU | Wiktoria | 04 | UKS „Delfin” Piotrków Trybunalski | | 4:08.60 | 833 | | | | | |
| | <i>Czas lepszy od Rekordu Polski</i> | | | | | | | | | | | |
| | 50m: | 27.99 | 27.99 | 150m: | 1:29.89 | 31.02 | 250m: | 2:32.94 | 31.76 | 350m: | 3:37.30 | 32.16 |
| | 100m: | 58.87 | 30.88 | 200m: | 2:01.18 | 31.29 | 300m: | 3:05.14 | 32.20 | 400m: | 4:08.60 | 31.30 |
| 2. | TARASIEWICZ | Klaudia | 04 | UKP „Polonia Warszawa” | | 4:13.93 | 781 | | | | | |
| | 50m: | 29.04 | 29.04 | 150m: | 1:31.42 | 31.50 | 250m: | 2:35.65 | 32.18 | 350m: | 3:41.80 | 33.40 |
| | 100m: | 59.92 | 30.88 | 200m: | 2:03.47 | 32.05 | 300m: | 3:08.40 | 32.75 | 400m: | 4:13.93 | 32.13 |
| 3. | W | GRZYNOWSKA Aleksandra | 01 | WKS I sk Wrocław | | 4:20.96 | 720 | | | | | |
| | 50m: | 29.40 | 29.40 | 150m: | 1:34.48 | 32.66 | 250m: | 2:40.76 | 33.24 | 350m: | 3:48.77 | 33.70 |
| | 100m: | 1:01.82 | 32.42 | 200m: | 2:07.52 | 33.04 | 300m: | 3:15.07 | 34.31 | 400m: | 4:20.96 | 32.19 |
| 4. | ŁUCZAK | Dominika | 02 | SMS Zielona Góra | | 4:23.61 | 698 | | | | | |
| | 50m: | 31.01 | 31.01 | 150m: | 1:37.07 | 33.12 | 250m: | 2:44.02 | 33.64 | 350m: | 3:50.71 | 33.28 |
| | 100m: | 1:03.95 | 32.94 | 200m: | 2:10.38 | 33.31 | 300m: | 3:17.43 | 33.41 | 400m: | 4:23.61 | 32.90 |
| 5. | ANDERSSON | Tova | 01 | VSS VASBY | | 4:25.46 | 684 | | | | | |
| | 50m: | 30.28 | 30.28 | 150m: | 1:37.39 | 33.65 | 250m: | 2:45.08 | 33.96 | 350m: | 3:52.85 | 33.64 |
| | 100m: | 1:03.74 | 33.46 | 200m: | 2:11.12 | 33.73 | 300m: | 3:19.21 | 34.13 | 400m: | 4:25.46 | 32.61 |
| 6. | KUCHTA | Maria | 02 | UKS „Dwójka” Tczew | | 4:25.73 | 682 | | | | | |
| | 50m: | 31.13 | 31.13 | 150m: | 1:39.62 | 34.22 | 250m: | 2:47.63 | 33.90 | 350m: | 3:54.89 | 33.26 |
| | 100m: | 1:05.40 | 34.27 | 200m: | 2:13.73 | 34.11 | 300m: | 3:21.63 | 34.00 | 400m: | 4:25.73 | 30.84 |
| 7. | NOWAK | Maja | 03 | AZS AWF Warszawa | | 4:26.17 | 678 | | | | | |
| | 50m: | 30.05 | 30.05 | 150m: | 1:35.67 | 33.29 | 250m: | 2:43.67 | 34.23 | 350m: | 3:53.04 | 34.53 |
| | 100m: | 1:02.38 | 32.33 | 200m: | 2:09.44 | 33.77 | 300m: | 3:18.51 | 34.84 | 400m: | 4:26.17 | 33.13 |
| 8. | MRO | EK Weronika | 04 | MKP Szczecin | | 4:29.16 | 656 | | | | | |
| | 50m: | 31.96 | 31.96 | 150m: | 1:39.97 | 33.90 | 250m: | 2:48.26 | 34.45 | 350m: | 3:56.93 | 34.19 |
| | 100m: | 1:06.07 | 34.11 | 200m: | 2:13.81 | 33.84 | 300m: | 3:22.74 | 34.48 | 400m: | 4:29.16 | 32.23 |
| 9. | PIEPIÓRKA | Martyna | 03 | UKS abianka Gda sk | | 4:29.25 | 655 | | | | | |
| | 50m: | 32.79 | 32.79 | 150m: | 1:41.87 | 34.22 | 250m: | 2:50.72 | 34.41 | 350m: | 3:58.22 | 33.27 |
| | 100m: | 1:07.65 | 34.86 | 200m: | 2:16.31 | 34.44 | 300m: | 3:24.95 | 34.23 | 400m: | 4:29.25 | 31.03 |
| 10. | ZAR | BA-PARADOWSKA Julia | 02 | UKS G-8 Bielany Warszawa | | 4:29.57 | 653 | | | | | |
| | 50m: | 31.96 | 31.96 | 150m: | 1:39.50 | 33.87 | 250m: | 2:48.11 | 34.19 | 350m: | 3:56.92 | 34.37 |
| | 100m: | 1:05.63 | 33.67 | 200m: | 2:13.92 | 34.42 | 300m: | 3:22.55 | 34.44 | 400m: | 4:29.57 | 32.65 |
| 11. | JABŁO | SKA Oliwia | 97 | Wojewódzkie Zrzeszenie Sportowe Niepław 652h „START” | | 4:29.67 | 652 | | | | | |
| | 50m: | 32.06 | 32.06 | 150m: | 1:39.70 | 33.94 | 250m: | 2:48.28 | 34.38 | 350m: | 3:56.52 | 34.09 |
| | 100m: | 1:05.76 | 33.70 | 200m: | 2:13.90 | 34.20 | 300m: | 3:22.43 | 34.15 | 400m: | 4:29.67 | 33.15 |
| 12. | ANDERSSON | Ebba | 01 | VSS VASBY | | 4:29.81 | 651 | | | | | |
| | 50m: | 31.05 | 31.05 | 150m: | 1:37.55 | 33.48 | 250m: | 2:45.39 | 34.04 | 350m: | 3:55.16 | 35.15 |
| | 100m: | 1:04.07 | 33.02 | 200m: | 2:11.35 | 33.80 | 300m: | 3:20.01 | 34.62 | 400m: | 4:29.81 | 34.65 |
| 13. | MOLEND | Dominika | 03 | UKS abianka Gda sk | | 4:30.55 | 646 | | | | | |
| | 50m: | 31.15 | 31.15 | 150m: | 1:39.65 | 34.43 | 250m: | 2:48.77 | 34.50 | 350m: | 3:57.55 | 34.33 |
| | 100m: | 1:05.22 | 34.07 | 200m: | 2:14.27 | 34.62 | 300m: | 3:23.22 | 34.45 | 400m: | 4:30.55 | 33.00 |
| 14. | WOLSKA | Karolina | 01 | MUKS "Pi tnastrka" | | 4:31.48 | 639 | | | | | |
| | 50m: | 31.08 | 31.08 | 150m: | 1:38.78 | 34.05 | 250m: | 2:47.57 | 34.45 | 350m: | 3:57.32 | 34.80 |
| | 100m: | 1:04.73 | 33.65 | 200m: | 2:13.12 | 34.34 | 300m: | 3:22.52 | 34.95 | 400m: | 4:31.48 | 34.16 |

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|---------|---------------------|-------|---------------|---------------------------------------|---------------|-------|---------------|----------------|------|
| 15. | JASZCZUK Ewa | | 02 | MTP Kormoran Olsztyn | | | | 4:31.80 | 637 |
| | 50m: 31.31 | 31.31 | 150m: 1:38.22 | 33.66 | 250m: 2:47.14 | 34.66 | 350m: 3:56.93 | 34.95 | |
| | 100m: 1:04.56 | 33.25 | 200m: 2:12.48 | 34.26 | 300m: 3:21.98 | 34.84 | 400m: 4:31.80 | 34.87 | |
| 16. | ROSI SKA Karolina | | 02 | Grudzi dzki KP „Orka” | | | | 4:31.84 | 637 |
| | 50m: 31.33 | 31.33 | 150m: 1:39.92 | 34.53 | 250m: 2:49.74 | 35.09 | 350m: 3:59.64 | 35.20 | |
| | 100m: 1:05.39 | 34.06 | 200m: 2:14.65 | 34.73 | 300m: 3:24.44 | 34.70 | 400m: 4:31.84 | 32.20 | |
| 17. | GARBARCZYK Weronika | | 03 | MKP Szczecin | | | | 4:32.63 | 631 |
| | 50m: 31.33 | 31.33 | 150m: 1:38.97 | 33.83 | 250m: 2:47.92 | 34.51 | 350m: 3:58.34 | 35.37 | |
| | 100m: 1:05.14 | 33.81 | 200m: 2:13.41 | 34.44 | 300m: 3:22.97 | 35.05 | 400m: 4:32.63 | 34.29 | |
| | FRYSIAK Zuzanna | | 03 | MUKS "Pi tnastka" | | | | 4:32.63 | 631 |
| | 50m: 31.38 | 31.38 | 150m: 1:39.95 | 34.54 | 250m: 2:49.40 | 34.81 | 350m: 3:59.25 | 35.03 | |
| | 100m: 1:05.41 | 34.03 | 200m: 2:14.59 | 34.64 | 300m: 3:24.22 | 34.82 | 400m: 4:32.63 | 33.38 | |
| 19. | MO D AN Milena | | 03 | MKP Szczecin | | | | 4:32.73 | 630 |
| | 50m: 31.49 | 31.49 | 150m: 1:39.11 | 34.01 | 250m: 2:48.42 | 34.74 | 350m: 3:58.24 | 34.74 | |
| | 100m: 1:05.10 | 33.61 | 200m: 2:13.68 | 34.57 | 300m: 3:23.50 | 35.08 | 400m: 4:32.73 | 34.49 | |
| 20. | DOM OL Zuzanna | | 02 | Kaliski Klub Sportowy „Włóknierz” 192 | | | | 4:32.91 | 629 |
| | 50m: 30.90 | 30.90 | 150m: 1:38.30 | 34.15 | 250m: 2:47.59 | 34.85 | 350m: 3:58.47 | 35.46 | |
| | 100m: 1:04.15 | 33.25 | 200m: 2:12.74 | 34.44 | 300m: 3:23.01 | 35.42 | 400m: 4:32.91 | 34.44 | |
| 21. | HAŁADYN Karolina | | 03 | UKS 190 Łód | | | | 4:33.44 | 626 |
| | 50m: 31.03 | 31.03 | 150m: 1:39.23 | 34.25 | 250m: 2:48.61 | 34.83 | 350m: 3:58.87 | 35.07 | |
| | 100m: 1:04.98 | 33.95 | 200m: 2:13.78 | 34.55 | 300m: 3:23.80 | 35.19 | 400m: 4:33.44 | 34.57 | |
| 22. | MALINO Julia | | 04 | UKS „ORKA” Zamo | | | | 4:37.37 | 599 |
| | 50m: 31.38 | 31.38 | 150m: 1:40.36 | 34.82 | 250m: 2:51.41 | 35.83 | 350m: 4:02.94 | 35.56 | |
| | 100m: 1:05.54 | 34.16 | 200m: 2:15.58 | 35.22 | 300m: 3:27.38 | 35.97 | 400m: 4:37.37 | 34.43 | |
| 23. | FIGAS Alicja | | 04 | MKP Szczecin | | | | 4:38.07 | 595 |
| | 50m: 32.37 | 32.37 | 150m: 1:41.90 | 34.65 | 250m: 2:52.03 | 35.09 | 350m: 4:02.81 | 35.45 | |
| | 100m: 1:07.25 | 34.88 | 200m: 2:16.94 | 35.04 | 300m: 3:27.36 | 35.33 | 400m: 4:38.07 | 35.26 | |
| 24. | TOFIL Emilia | | 05 | KS Delfin Gdynia | | | | 4:41.35 | 574 |
| | 50m: 32.36 | 32.36 | 150m: 1:43.03 | 35.44 | 250m: 2:54.93 | 35.93 | 350m: 4:06.90 | 36.00 | |
| | 100m: 1:07.59 | 35.23 | 200m: 2:19.00 | 35.97 | 300m: 3:30.90 | 35.97 | 400m: 4:41.35 | 34.45 | |
| 25. | CH CIAK Sandra | | 03 | UKS „GIM 92 Ursynów” | | | | 4:41.83 | 571 |
| | 50m: 31.43 | 31.43 | 150m: 1:41.71 | 35.46 | 250m: 2:54.29 | 36.25 | 350m: 4:07.21 | 36.58 | |
| | 100m: 1:06.25 | 34.82 | 200m: 2:18.04 | 36.33 | 300m: 3:30.63 | 36.34 | 400m: 4:41.83 | 34.62 | |
| 26. | DRAGAN Julia | | 04 | KS OLIMPIA Lublin | | | | 4:41.92 | 571 |
| | 50m: 31.81 | 31.81 | 150m: 1:42.58 | 35.89 | 250m: 2:54.85 | 35.95 | 350m: 4:06.99 | 35.86 | |
| | 100m: 1:06.69 | 34.88 | 200m: 2:18.90 | 36.32 | 300m: 3:31.13 | 36.28 | 400m: 4:41.92 | 34.93 | |
| 27. | BEDNAREK Aleksandra | | 98 | UKS SP-149 Łód | | | | 4:42.06 | 570 |
| | 50m: 32.33 | 32.33 | 150m: 1:42.72 | 35.62 | 250m: 2:54.20 | 36.00 | 350m: 4:06.84 | 36.32 | |
| | 100m: 1:07.10 | 34.77 | 200m: 2:18.20 | 35.48 | 300m: 3:30.52 | 36.32 | 400m: 4:42.06 | 35.22 | |
| 28. | RACZY SKA Wiktoria | | 04 | AZS Łód | | | | 4:42.15 | 569 |
| | 50m: 31.80 | 31.80 | 150m: 1:43.18 | 35.90 | 250m: 2:54.76 | 35.68 | 350m: 4:06.48 | 35.72 | |
| | 100m: 1:07.28 | 35.48 | 200m: 2:19.08 | 35.90 | 300m: 3:30.76 | 36.00 | 400m: 4:42.15 | 35.67 | |
| 29. | BRACH Oliwia | | 04 | UKP „Polonia Warszawa” | | | | 4:42.95 | 565 |
| | 50m: 31.91 | 31.91 | 150m: 1:41.98 | 35.15 | 250m: 2:55.18 | 36.17 | 350m: 4:08.28 | 36.61 | |
| | 100m: 1:06.83 | 34.92 | 200m: 2:19.01 | 37.03 | 300m: 3:31.67 | 36.49 | 400m: 4:42.95 | 34.67 | |
| | GAJCY Natalia | | 05 | UKP „Polonia Warszawa” | | | | 4:42.95 | 565 |
| | 50m: 31.72 | 31.72 | 150m: 1:43.29 | 36.18 | 250m: 2:55.18 | 35.77 | 350m: 4:07.60 | 36.20 | |
| | 100m: 1:07.11 | 35.39 | 200m: 2:19.41 | 36.12 | 300m: 3:31.40 | 36.22 | 400m: 4:42.95 | 35.35 | |
| 31. | KIERAGA Patrycja | | 04 | KS OLIMPIA Lublin | | | | 4:43.98 | 558 |
| | 50m: 31.96 | 31.96 | 150m: 1:43.68 | 36.17 | 250m: 2:55.02 | 35.27 | 350m: 4:08.17 | 36.77 | |
| | 100m: 1:07.51 | 35.55 | 200m: 2:19.75 | 36.07 | 300m: 3:31.40 | 36.38 | 400m: 4:43.98 | 35.81 | |
| 32. | SAMORAJ Oliwia | | 05 | MKS Piaseczno | | | | 4:44.33 | 556 |
| | 50m: 32.38 | 32.38 | 150m: 1:44.43 | 36.67 | 250m: 2:56.92 | 35.90 | 350m: 4:09.41 | 36.17 | |
| | 100m: 1:07.76 | 35.38 | 200m: 2:21.02 | 36.59 | 300m: 3:33.24 | 36.32 | 400m: 4:44.33 | 34.92 | |

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| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|----------------------|---------------------|---------|------------------------------------|--|---------------------|----------------|------|------|
| 33. | MAZUR Zuzanna | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | 4:44.69 | 554 | |
| | 50m: 32.43 32.43 | 150m: 1:44.80 36.58 | | 250m: 2:57.75 36.39 | | 350m: 4:10.64 36.23 | | | |
| | 100m: 1:08.22 35.79 | 200m: 2:21.36 36.56 | | 300m: 3:34.41 36.66 | | 400m: 4:44.69 34.05 | | | |
| 34. | ŁUSZCZEWSKA Emilia | | 05 | MKS Juwenia Białystok | | | 4:45.05 | 552 | |
| | 50m: 32.57 32.57 | 150m: 1:44.12 35.99 | | 250m: 2:56.50 36.59 | | 350m: 4:09.68 36.42 | | | |
| | 100m: 1:08.13 35.56 | 200m: 2:19.91 35.79 | | 300m: 3:33.26 36.76 | | 400m: 4:45.05 35.37 | | | |
| 35. | JAWORSKA Wiktoria | | 05 | MUKS "Pi tnastka" | | | 4:47.67 | 537 | |
| | 50m: 31.82 31.82 | 150m: 1:43.76 36.53 | | 250m: 2:57.54 37.03 | | 350m: 4:11.83 37.28 | | | |
| | 100m: 1:07.23 35.41 | 200m: 2:20.51 36.75 | | 300m: 3:34.55 37.01 | | 400m: 4:47.67 35.84 | | | |
| 36. | SKALI SKA Ewa | | 05 | MKS Piaseczno | | | 4:48.13 | 535 | |
| | 50m: 32.43 32.43 | 150m: 1:44.89 36.82 | | 250m: 2:58.29 36.57 | | 350m: 4:11.95 36.55 | | | |
| | 100m: 1:08.07 35.64 | 200m: 2:21.72 36.83 | | 300m: 3:35.40 37.11 | | 400m: 4:48.13 36.18 | | | |
| 37. | WITEK Oliwia | | 04 | MKS Jedyńka Łód | | | 4:48.38 | 533 | |
| | 50m: 32.54 32.54 | 150m: 1:44.37 36.41 | | 250m: 2:57.81 36.62 | | 350m: 4:11.95 37.04 | | | |
| | 100m: 1:07.96 35.42 | 200m: 2:21.19 36.82 | | 300m: 3:34.91 37.10 | | 400m: 4:48.38 36.43 | | | |
| 38. | ŁASISZ Julia | | 05 | MKP Szczecin | | | 4:48.46 | 533 | |
| | 50m: 33.00 33.00 | 150m: 1:45.57 36.46 | | 250m: 2:59.64 37.12 | | 350m: 4:13.87 36.89 | | | |
| | 100m: 1:09.11 36.11 | 200m: 2:22.52 36.95 | | 300m: 3:36.98 37.34 | | 400m: 4:48.46 34.59 | | | |
| 39. | KOWAL Magdalena | | 05 | MUKS Wodnik Łask | | | 4:52.64 | 510 | |
| | 50m: 34.70 34.70 | 150m: 1:50.55 37.83 | | 250m: 3:04.71 36.92 | | 350m: 4:18.15 36.64 | | | |
| | 100m: 1:12.72 38.02 | 200m: 2:27.79 37.24 | | 300m: 3:41.51 36.80 | | 400m: 4:52.64 34.49 | | | |
| 40. | SVENSSON Lovisa | | 02 | SS VAERMAMO | | | 4:54.76 | 499 | |
| | 50m: 32.69 32.69 | 150m: 1:45.15 36.38 | | 250m: 2:59.12 37.56 | | 350m: 4:16.47 39.12 | | | |
| | 100m: 1:08.77 36.08 | 200m: 2:21.56 36.41 | | 300m: 3:37.35 38.23 | | 400m: 4:54.76 38.29 | | | |
| 41. | RUTWA Wiktoria | | 05 | MKS Piaseczno | | | 4:57.11 | 488 | |
| | 50m: 34.08 34.08 | 150m: 1:48.42 37.58 | | 250m: 3:04.26 38.04 | | 350m: 4:20.01 37.89 | | | |
| | 100m: 1:10.84 36.76 | 200m: 2:26.22 37.80 | | 300m: 3:42.12 37.86 | | 400m: 4:57.11 37.10 | | | |
| 42. | SYSIO Zuzanna | | 04 | MUKS Wodnik Łask | | | 4:58.60 | 480 | |
| | 50m: 32.97 32.97 | 150m: 1:47.13 37.78 | | 250m: 3:03.53 38.34 | | 350m: 4:21.03 38.73 | | | |
| | 100m: 1:09.35 36.38 | 200m: 2:25.19 38.06 | | 300m: 3:42.30 38.77 | | 400m: 4:58.60 37.57 | | | |
| 43. | SADOWSKA Dominika | | 04 | MUKS "Pi tnastka" | | | 4:58.91 | 479 | |
| | 50m: 31.88 31.88 | 150m: 1:45.20 37.14 | | 250m: 3:01.21 38.34 | | 350m: 4:20.20 39.58 | | | |
| | 100m: 1:08.06 36.18 | 200m: 2:22.87 37.67 | | 300m: 3:40.62 39.41 | | 400m: 4:58.91 38.71 | | | |
| 44. | KOWALSKA Oliwia | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | 5:00.27 | 472 | |
| | 50m: 34.47 34.47 | 150m: 1:50.12 38.29 | | 250m: 3:06.65 38.36 | | 350m: 4:23.60 38.32 | | | |
| | 100m: 1:11.83 37.36 | 200m: 2:28.29 38.17 | | 300m: 3:45.28 38.63 | | 400m: 5:00.27 36.67 | | | |
| 45. | ZAWADA Malwina | | 05 | MKS Piaseczno | | | 5:01.50 | 467 | |
| | 50m: 34.01 34.01 | 150m: 1:50.53 38.66 | | 250m: 3:07.82 38.78 | | 350m: 4:24.16 37.93 | | | |
| | 100m: 1:11.87 37.86 | 200m: 2:29.04 38.51 | | 300m: 3:46.23 38.41 | | 400m: 5:01.50 37.34 | | | |
| 46. | CZERWI SKA Martyna | | 04 | UKS „Dwójka" Tczew | | | 5:02.39 | 462 | |
| | 50m: 34.85 34.85 | 150m: 1:51.38 38.59 | | 250m: 3:09.42 38.96 | | 350m: 4:25.65 37.99 | | | |
| | 100m: 1:12.79 37.94 | 200m: 2:30.46 39.08 | | 300m: 3:47.66 38.24 | | 400m: 5:02.39 36.74 | | | |
| 47. | WOJCIECHOWSKA Kamila | | 03 | Mokotowski UKP Warszawianka- Wodny | | | 5:24.72 | 373 | |
| | 50m: 34.67 34.67 | 150m: 1:54.60 40.61 | | 250m: 3:19.22 42.45 | | 350m: 4:44.13 42.80 | | | |
| | 100m: 1:13.99 39.32 | 200m: 2:36.77 42.17 | | 300m: 4:01.33 42.11 | | 400m: 5:24.72 40.59 | | | |
| NW | JAGODA Patrycja | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | | |
| 14 lat | | | | | | | | | |
| 1. | TOFIL Emilia | | 05 | KS Delfin Gdynia | | | 4:41.35 | 574 | |
| | 50m: 32.36 32.36 | 150m: 1:43.03 35.44 | | 250m: 2:54.93 35.93 | | 350m: 4:06.90 36.00 | | | |
| | 100m: 1:07.59 35.23 | 200m: 2:19.00 35.97 | | 300m: 3:30.90 35.97 | | 400m: 4:41.35 34.45 | | | |
| 2. | GAJCY Natalia | | 05 | UKP „Polonia Warszawa" | | | 4:42.95 | 565 | |
| | 50m: 31.72 31.72 | 150m: 1:43.29 36.18 | | 250m: 2:55.18 35.77 | | 350m: 4:07.60 36.20 | | | |
| | 100m: 1:07.11 35.39 | 200m: 2:19.41 36.12 | | 300m: 3:31.40 36.22 | | 400m: 4:42.95 35.35 | | | |

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|---------|--------------------|---------------|---------|------------------------------|-------|---------------|-------|----------------|------|
| 3. | SAMORAJ Oliwia | | 05 | MKS Piaseczno | | | | 4:44.33 | 556 |
| | 50m: | 32.38 32.38 | 150m: | 1:44.43 36.67 | 250m: | 2:56.92 35.90 | 350m: | 4:09.41 36.17 | |
| | 100m: | 1:07.76 35.38 | 200m: | 2:21.02 36.59 | 300m: | 3:33.24 36.32 | 400m: | 4:44.33 34.92 | |
| 4. | MAZUR Zuzanna | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:44.69 | 554 |
| | 50m: | 32.43 32.43 | 150m: | 1:44.80 36.58 | 250m: | 2:57.75 36.39 | 350m: | 4:10.64 36.23 | |
| | 100m: | 1:08.22 35.79 | 200m: | 2:21.36 36.56 | 300m: | 3:34.41 36.66 | 400m: | 4:44.69 34.05 | |
| 5. | ŁUSZCZEWSKA Emilia | | 05 | MKS Juwenia Białystok | | | | 4:45.05 | 552 |
| | 50m: | 32.57 32.57 | 150m: | 1:44.12 35.99 | 250m: | 2:56.50 36.59 | 350m: | 4:09.68 36.42 | |
| | 100m: | 1:08.13 35.56 | 200m: | 2:19.91 35.79 | 300m: | 3:33.26 36.76 | 400m: | 4:45.05 35.37 | |
| 6. | JAWORSKA Wiktoria | | 05 | MUKS "Pi tnastrka" | | | | 4:47.67 | 537 |
| | 50m: | 31.82 31.82 | 150m: | 1:43.76 36.53 | 250m: | 2:57.54 37.03 | 350m: | 4:11.83 37.28 | |
| | 100m: | 1:07.23 35.41 | 200m: | 2:20.51 36.75 | 300m: | 3:34.55 37.01 | 400m: | 4:47.67 35.84 | |
| 7. | SKALI SKA Ewa | | 05 | MKS Piaseczno | | | | 4:48.13 | 535 |
| | 50m: | 32.43 32.43 | 150m: | 1:44.89 36.82 | 250m: | 2:58.29 36.57 | 350m: | 4:11.95 36.55 | |
| | 100m: | 1:08.07 35.64 | 200m: | 2:21.72 36.83 | 300m: | 3:35.40 37.11 | 400m: | 4:48.13 36.18 | |
| 8. | ŁASISZ Julia | | 05 | MKP Szczecin | | | | 4:48.46 | 533 |
| | 50m: | 33.00 33.00 | 150m: | 1:45.57 36.46 | 250m: | 2:59.64 37.12 | 350m: | 4:13.87 36.89 | |
| | 100m: | 1:09.11 36.11 | 200m: | 2:22.52 36.95 | 300m: | 3:36.98 37.34 | 400m: | 4:48.46 34.59 | |
| 9. | KOWAL Magdalena | | 05 | MUKS Wodnik Łask | | | | 4:52.64 | 510 |
| | 50m: | 34.70 34.70 | 150m: | 1:50.55 37.83 | 250m: | 3:04.71 36.92 | 350m: | 4:18.15 36.64 | |
| | 100m: | 1:12.72 38.02 | 200m: | 2:27.79 37.24 | 300m: | 3:41.51 36.80 | 400m: | 4:52.64 34.49 | |
| 10. | RUTWA Wiktoria | | 05 | MKS Piaseczno | | | | 4:57.11 | 488 |
| | 50m: | 34.08 34.08 | 150m: | 1:48.42 37.58 | 250m: | 3:04.26 38.04 | 350m: | 4:20.01 37.89 | |
| | 100m: | 1:10.84 36.76 | 200m: | 2:26.22 37.80 | 300m: | 3:42.12 37.86 | 400m: | 4:57.11 37.10 | |
| 11. | KOWALSKA Oliwia | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 5:00.27 | 472 |
| | 50m: | 34.47 34.47 | 150m: | 1:50.12 38.29 | 250m: | 3:06.65 38.36 | 350m: | 4:23.60 38.32 | |
| | 100m: | 1:11.83 37.36 | 200m: | 2:28.29 38.17 | 300m: | 3:45.28 38.63 | 400m: | 5:00.27 36.67 | |
| 12. | ZAWADA Malwina | | 05 | MKS Piaseczno | | | | 5:01.50 | 467 |
| | 50m: | 34.01 34.01 | 150m: | 1:50.53 38.66 | 250m: | 3:07.82 38.78 | 350m: | 4:24.16 37.93 | |
| | 100m: | 1:11.87 37.86 | 200m: | 2:29.04 38.51 | 300m: | 3:46.23 38.41 | 400m: | 5:01.50 37.34 | |
| NW | JAGODA Patrycja | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | | |

15 lat

| | | | | | | | | |
|----|--------------------------------------|---------------|-----------------------------------|---------------|-------|---------------|----------------|---------------|
| 1. | GU Wiktoria | 04 | UKS „Delfin” Piotrków Trybunalski | | | | 4:08.60 | 833 |
| | <i>Czas lepszy od Rekordu Polski</i> | | | | | | | |
| | 50m: | 27.99 27.99 | 150m: | 1:29.89 31.02 | 250m: | 2:32.94 31.76 | 350m: | 3:37.30 32.16 |
| | 100m: | 58.87 30.88 | 200m: | 2:01.18 31.29 | 300m: | 3:05.14 32.20 | 400m: | 4:08.60 31.30 |
| 2. | TARASIEWICZ Klaudia | 04 | UKP „Polonia Warszawa” | | | | 4:13.93 | 781 |
| | 50m: | 29.04 29.04 | 150m: | 1:31.42 31.50 | 250m: | 2:35.65 32.18 | 350m: | 3:41.80 33.40 |
| | 100m: | 59.92 30.88 | 200m: | 2:03.47 32.05 | 300m: | 3:08.40 32.75 | 400m: | 4:13.93 32.13 |
| 3. | MRO EK Weronika | 04 | MKP Szczecin | | | | 4:29.16 | 656 |
| | 50m: | 31.96 31.96 | 150m: | 1:39.97 33.90 | 250m: | 2:48.26 34.45 | 350m: | 3:56.93 34.19 |
| | 100m: | 1:06.07 34.11 | 200m: | 2:13.81 33.84 | 300m: | 3:22.74 34.48 | 400m: | 4:29.16 32.23 |
| 4. | MALINO Julia | 04 | UKS „ORKA” Zamo | | | | 4:37.37 | 599 |
| | 50m: | 31.38 31.38 | 150m: | 1:40.36 34.82 | 250m: | 2:51.41 35.83 | 350m: | 4:02.94 35.56 |
| | 100m: | 1:05.54 34.16 | 200m: | 2:15.58 35.22 | 300m: | 3:27.38 35.97 | 400m: | 4:37.37 34.43 |
| 5. | FIGAS Alicja | 04 | MKP Szczecin | | | | 4:38.07 | 595 |
| | 50m: | 32.37 32.37 | 150m: | 1:41.90 34.65 | 250m: | 2:52.03 35.09 | 350m: | 4:02.81 35.45 |
| | 100m: | 1:07.25 34.88 | 200m: | 2:16.94 35.04 | 300m: | 3:27.36 35.33 | 400m: | 4:38.07 35.26 |
| 6. | DRAGAN Julia | 04 | KS OLIMPIA Lublin | | | | 4:41.92 | 571 |
| | 50m: | 31.81 31.81 | 150m: | 1:42.58 35.89 | 250m: | 2:54.85 35.95 | 350m: | 4:06.99 35.86 |
| | 100m: | 1:06.69 34.88 | 200m: | 2:18.90 36.32 | 300m: | 3:31.13 36.28 | 400m: | 4:41.92 34.93 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 11, Dziewcz t, 400m dowolny, 15 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|----------|---------------|---------|------------------------|-------|---------------|-------|----------------|------|
| 7. | RACZY | SKA Wiktoria | 04 | AZS Łód | | | | 4:42.15 | 569 |
| | 50m: | 31.80 31.80 | 150m: | 1:43.18 35.90 | 250m: | 2:54.76 35.68 | 350m: | 4:06.48 35.72 | |
| | 100m: | 1:07.28 35.48 | 200m: | 2:19.08 35.90 | 300m: | 3:30.76 36.00 | 400m: | 4:42.15 35.67 | |
| 8. | BRACH | Oliwia | 04 | UKP „Polonia Warszawa” | | | | 4:42.95 | 565 |
| | 50m: | 31.91 31.91 | 150m: | 1:41.98 35.15 | 250m: | 2:55.18 36.17 | 350m: | 4:08.28 36.61 | |
| | 100m: | 1:06.83 34.92 | 200m: | 2:19.01 37.03 | 300m: | 3:31.67 36.49 | 400m: | 4:42.95 34.67 | |
| 9. | KIERAGA | Patrycja | 04 | KS OLIMPIA Lublin | | | | 4:43.98 | 558 |
| | 50m: | 31.96 31.96 | 150m: | 1:43.68 36.17 | 250m: | 2:55.02 35.27 | 350m: | 4:08.17 36.77 | |
| | 100m: | 1:07.51 35.55 | 200m: | 2:19.75 36.07 | 300m: | 3:31.40 36.38 | 400m: | 4:43.98 35.81 | |
| 10. | WITEK | Oliwia | 04 | MKS Jedyńka Łód | | | | 4:48.38 | 533 |
| | 50m: | 32.54 32.54 | 150m: | 1:44.37 36.41 | 250m: | 2:57.81 36.62 | 350m: | 4:11.95 37.04 | |
| | 100m: | 1:07.96 35.42 | 200m: | 2:21.19 36.82 | 300m: | 3:34.91 37.10 | 400m: | 4:48.38 36.43 | |
| 11. | SYSIO | Zuzanna | 04 | MUKS Wodnik Łask | | | | 4:58.60 | 480 |
| | 50m: | 32.97 32.97 | 150m: | 1:47.13 37.78 | 250m: | 3:03.53 38.34 | 350m: | 4:21.03 38.73 | |
| | 100m: | 1:09.35 36.38 | 200m: | 2:25.19 38.06 | 300m: | 3:42.30 38.77 | 400m: | 4:58.60 37.57 | |
| 12. | SADOWSKA | Dominika | 04 | MUKS "Pi tnastka" | | | | 4:58.91 | 479 |
| | 50m: | 31.88 31.88 | 150m: | 1:45.20 37.14 | 250m: | 3:01.21 38.34 | 350m: | 4:20.20 39.58 | |
| | 100m: | 1:08.06 36.18 | 200m: | 2:22.87 37.67 | 300m: | 3:40.62 39.41 | 400m: | 4:58.91 38.71 | |
| 13. | CZERWI | SKA Martyna | 04 | UKS „Dwójka” Tczew | | | | 5:02.39 | 462 |
| | 50m: | 34.85 34.85 | 150m: | 1:51.38 38.59 | 250m: | 3:09.42 38.96 | 350m: | 4:25.65 37.99 | |
| | 100m: | 1:12.79 37.94 | 200m: | 2:30.46 39.08 | 300m: | 3:47.66 38.24 | 400m: | 5:02.39 36.74 | |

16 lat

| | | | | | | | | | |
|----|---------------|---------------|-------|------------------------------------|-------|---------------|-------|----------------|-----|
| 1. | NOWAK | Maja | 03 | AZS AWF Warszawa | | | | 4:26.17 | 678 |
| | 50m: | 30.05 30.05 | 150m: | 1:35.67 33.29 | 250m: | 2:43.67 34.23 | 350m: | 3:53.04 34.53 | |
| | 100m: | 1:02.38 32.33 | 200m: | 2:09.44 33.77 | 300m: | 3:18.51 34.84 | 400m: | 4:26.17 33.13 | |
| 2. | PIEPIÓRKA | Martyna | 03 | UKS abianka Gda sk | | | | 4:29.25 | 655 |
| | 50m: | 32.79 32.79 | 150m: | 1:41.87 34.22 | 250m: | 2:50.72 34.41 | 350m: | 3:58.22 33.27 | |
| | 100m: | 1:07.65 34.86 | 200m: | 2:16.31 34.44 | 300m: | 3:24.95 34.23 | 400m: | 4:29.25 31.03 | |
| 3. | MOLEND | Dominika | 03 | UKS abianka Gda sk | | | | 4:30.55 | 646 |
| | 50m: | 31.15 31.15 | 150m: | 1:39.65 34.43 | 250m: | 2:48.77 34.50 | 350m: | 3:57.55 34.33 | |
| | 100m: | 1:05.22 34.07 | 200m: | 2:14.27 34.62 | 300m: | 3:23.22 34.45 | 400m: | 4:30.55 33.00 | |
| 4. | GARBARCZYK | Weronika | 03 | MKP Szczecin | | | | 4:32.63 | 631 |
| | 50m: | 31.33 31.33 | 150m: | 1:38.97 33.83 | 250m: | 2:47.92 34.51 | 350m: | 3:58.34 35.37 | |
| | 100m: | 1:05.14 33.81 | 200m: | 2:13.41 34.44 | 300m: | 3:22.97 35.05 | 400m: | 4:32.63 34.29 | |
| | FRYSIAK | Zuzanna | 03 | MUKS "Pi tnastka" | | | | 4:32.63 | 631 |
| | 50m: | 31.38 31.38 | 150m: | 1:39.95 34.54 | 250m: | 2:49.40 34.81 | 350m: | 3:59.25 35.03 | |
| | 100m: | 1:05.41 34.03 | 200m: | 2:14.59 34.64 | 300m: | 3:24.22 34.82 | 400m: | 4:32.63 33.38 | |
| 6. | MO D AN | Milena | 03 | MKP Szczecin | | | | 4:32.73 | 630 |
| | 50m: | 31.49 31.49 | 150m: | 1:39.11 34.01 | 250m: | 2:48.42 34.74 | 350m: | 3:58.24 34.74 | |
| | 100m: | 1:05.10 33.61 | 200m: | 2:13.68 34.57 | 300m: | 3:23.50 35.08 | 400m: | 4:32.73 34.49 | |
| 7. | HAŁADYN | Karolina | 03 | UKS 190 Łód | | | | 4:33.44 | 626 |
| | 50m: | 31.03 31.03 | 150m: | 1:39.23 34.25 | 250m: | 2:48.61 34.83 | 350m: | 3:58.87 35.07 | |
| | 100m: | 1:04.98 33.95 | 200m: | 2:13.78 34.55 | 300m: | 3:23.80 35.19 | 400m: | 4:33.44 34.57 | |
| 8. | CH CIAK | Sandra | 03 | UKS „GIM 92 Ursynów” | | | | 4:41.83 | 571 |
| | 50m: | 31.43 31.43 | 150m: | 1:41.71 35.46 | 250m: | 2:54.29 36.25 | 350m: | 4:07.21 36.58 | |
| | 100m: | 1:06.25 34.82 | 200m: | 2:18.04 36.33 | 300m: | 3:30.63 36.34 | 400m: | 4:41.83 34.62 | |
| 9. | WOJCIECHOWSKA | Kamila | 03 | Mokotowski UKP Warszawianka- Wodny | | | | 5:24.72 | 373 |
| | 50m: | 34.67 34.67 | 150m: | 1:54.60 40.61 | 250m: | 3:19.22 42.45 | 350m: | 4:44.13 42.80 | |
| | 100m: | 1:13.99 39.32 | 200m: | 2:36.77 42.17 | 300m: | 4:01.33 42.11 | 400m: | 5:24.72 40.59 | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 11, Kobiet, 400m dowolny

17 - 18 lat

| | | | | | |
|-----|-------------------------|---------------|--|---------------------|-------|
| 1. | W GRZYNOWSKA Aleksandra | 01 | WKS I sk Wrocław | 4:20.96 | 720 |
| | 50m: 29.40 29.40 | 150m: 1:34.48 | 32.66 250m: 2:40.76 | 33.24 350m: 3:48.77 | 33.70 |
| | 100m: 1:01.82 32.42 | 200m: 2:07.52 | 33.04 300m: 3:15.07 | 34.31 400m: 4:20.96 | 32.19 |
| 2. | ŁUCZAK Dominika | 02 | SMS Zielona Góra | 4:23.61 | 698 |
| | 50m: 31.01 31.01 | 150m: 1:37.07 | 33.12 250m: 2:44.02 | 33.64 350m: 3:50.71 | 33.28 |
| | 100m: 1:03.95 32.94 | 200m: 2:10.38 | 33.31 300m: 3:17.43 | 33.41 400m: 4:23.61 | 32.90 |
| 3. | ANDERSSON Tova | 01 | VSS VASBY | 4:25.46 | 684 |
| | 50m: 30.28 30.28 | 150m: 1:37.39 | 33.65 250m: 2:45.08 | 33.96 350m: 3:52.85 | 33.64 |
| | 100m: 1:03.74 33.46 | 200m: 2:11.12 | 33.73 300m: 3:19.21 | 34.13 400m: 4:25.46 | 32.61 |
| 4. | KUCHTA Maria | 02 | UKS „Dwójka” Tczew | 4:25.73 | 682 |
| | 50m: 31.13 31.13 | 150m: 1:39.62 | 34.22 250m: 2:47.63 | 33.90 350m: 3:54.89 | 33.26 |
| | 100m: 1:05.40 34.27 | 200m: 2:13.73 | 34.11 300m: 3:21.63 | 34.00 400m: 4:25.73 | 30.84 |
| 5. | ZAR BA-PARADOWSKA Julia | 02 | UKS G-8 Bielany Warszawa | 4:29.57 | 653 |
| | 50m: 31.96 31.96 | 150m: 1:39.50 | 33.87 250m: 2:48.11 | 34.19 350m: 3:56.92 | 34.37 |
| | 100m: 1:05.63 33.67 | 200m: 2:13.92 | 34.42 300m: 3:22.55 | 34.44 400m: 4:29.57 | 32.65 |
| 6. | ANDERSSON Ebba | 01 | VSS VASBY | 4:29.81 | 651 |
| | 50m: 31.05 31.05 | 150m: 1:37.55 | 33.48 250m: 2:45.39 | 34.04 350m: 3:55.16 | 35.15 |
| | 100m: 1:04.07 33.02 | 200m: 2:11.35 | 33.80 300m: 3:20.01 | 34.62 400m: 4:29.81 | 34.65 |
| 7. | WOLSKA Karolina | 01 | MUKS "Pi tnastka" | 4:31.48 | 639 |
| | 50m: 31.08 31.08 | 150m: 1:38.78 | 34.05 250m: 2:47.57 | 34.45 350m: 3:57.32 | 34.80 |
| | 100m: 1:04.73 33.65 | 200m: 2:13.12 | 34.34 300m: 3:22.52 | 34.95 400m: 4:31.48 | 34.16 |
| 8. | JASZCZUK Ewa | 02 | MTP Kormoran Olsztyn | 4:31.80 | 637 |
| | 50m: 31.31 31.31 | 150m: 1:38.22 | 33.66 250m: 2:47.14 | 34.66 350m: 3:56.93 | 34.95 |
| | 100m: 1:04.56 33.25 | 200m: 2:12.48 | 34.26 300m: 3:21.98 | 34.84 400m: 4:31.80 | 34.87 |
| 9. | ROSI SKA Karolina | 02 | Grudzi dzki KP „Orka" | 4:31.84 | 637 |
| | 50m: 31.33 31.33 | 150m: 1:39.92 | 34.53 250m: 2:49.74 | 35.09 350m: 3:59.64 | 35.20 |
| | 100m: 1:05.39 34.06 | 200m: 2:14.65 | 34.73 300m: 3:24.44 | 34.70 400m: 4:31.84 | 32.20 |
| 10. | DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włókniarz" 1924 | 4:32.91 | 629 |
| | 50m: 30.90 30.90 | 150m: 1:38.30 | 34.15 250m: 2:47.59 | 34.85 350m: 3:58.47 | 35.46 |
| | 100m: 1:04.15 33.25 | 200m: 2:12.74 | 34.44 300m: 3:23.01 | 35.42 400m: 4:32.91 | 34.44 |
| 11. | SVENSSON Lovisa | 02 | SS VAERMAMO | 4:54.76 | 499 |
| | 50m: 32.69 32.69 | 150m: 1:45.15 | 36.38 250m: 2:59.12 | 37.56 350m: 4:16.47 | 39.12 |
| | 100m: 1:08.77 36.08 | 200m: 2:21.56 | 36.41 300m: 3:37.35 | 38.23 400m: 4:54.76 | 38.29 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 12
2019-11-23 - 10:26

M czynn, 400m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|--------------------|-------|---------------|------------|
| RP Open | 3:37.57 | WOJDAK Wojciech | 01006 | Netanya (ISR) | 2015-12-02 |
| RP 19 - 23 | 3:37.57 | WOJDAK Wojciech | 01006 | Netanya (ISR) | 2015-12-02 |
| RP 18 | 3:41.69 | WOJDAK Wojciech | 01006 | Ostrowiec Sw | 2014-12-18 |
| RP 17 | 3:45.26 | WOJDAK Wojciech | 01006 | Ostrowiec Sw | 2013-12-19 |
| RP 16 | 3:47.70 | WOJDAK Wojciech | 03106 | Ostrowiec Sw. | 2012-12-19 |
| RP 15 | 3:50.76 | MŁYNARCZYK Karol | 05114 | Lublin | 2015-12-17 |
| RP 14 | 3:57.40 | DASZKIEWICZ Michał | 01006 | O wi cim | 2017-12-23 |

Punkty: FINA 2019

| Pozycja | | | Rok ur. | | | Czas | Pkt. |
|------------------------|-----------------------|---------------------|------------------------------------|---------------------|-----|------|------|
| 14 lat i starsi | | | | | | | |
| 1. | KOZIEJKO Bartłomiej | 00 | KS AZS UWM Olsztyn | 3:45.48 | 834 | | |
| | 50m: 26.20 26.20 | 150m: 1:23.04 28.55 | 250m: 2:20.12 28.46 | 350m: 3:17.50 28.65 | | | |
| | 100m: 54.49 28.29 | 200m: 1:51.66 28.62 | 300m: 2:48.85 28.73 | 400m: 3:45.48 27.98 | | | |
| 2. | ZABOROWSKI Filip | 94 | MKP Szczecin | 3:50.94 | 776 | | |
| | 50m: 26.85 26.85 | 150m: 1:24.59 28.95 | 250m: 2:22.89 29.22 | 350m: 3:21.81 29.57 | | | |
| | 100m: 55.64 28.79 | 200m: 1:53.67 29.08 | 300m: 2:52.24 29.35 | 400m: 3:50.94 29.13 | | | |
| 3. | KAŁU Y SKI Antoni | 99 | Mokotowski UKP Warszawianka- Wodny | 3:53.48 | 751 | | |
| | 50m: 26.40 26.40 | 150m: 1:24.49 29.46 | 250m: 2:24.56 30.16 | 350m: 3:24.69 30.15 | | | |
| | 100m: 55.03 28.63 | 200m: 1:54.40 29.91 | 300m: 2:54.54 29.98 | 400m: 3:53.48 28.79 | | | |
| 4. | MALEC Mikołaj | 01 | MKS Trójka Łód | 3:53.87 | 747 | | |
| | 50m: 27.32 27.32 | 150m: 1:26.92 30.06 | 250m: 2:26.51 29.56 | 350m: 3:25.51 29.45 | | | |
| | 100m: 56.86 29.54 | 200m: 1:56.95 30.03 | 300m: 2:56.06 29.55 | 400m: 3:53.87 28.36 | | | |
| 5. | KOMOROWSKI Jan | 01 | MKS Trójka Łód | 3:54.80 | 738 | | |
| | 50m: 26.40 26.40 | 150m: 1:24.91 29.56 | 250m: 2:24.87 29.85 | 350m: 3:25.40 30.21 | | | |
| | 100m: 55.35 28.95 | 200m: 1:55.02 30.11 | 300m: 2:55.19 30.32 | 400m: 3:54.80 29.40 | | | |
| 6. | DERE Kacper | 98 | WKS I sk Wrocław | 3:55.88 | 728 | | |
| | 50m: 27.03 27.03 | 150m: 1:26.02 29.83 | 250m: 2:25.86 29.86 | 350m: 3:26.45 30.39 | | | |
| | 100m: 56.19 29.16 | 200m: 1:56.00 29.98 | 300m: 2:56.06 30.20 | 400m: 3:55.88 29.43 | | | |
| 7. | SZWEDZKI Dawid | 94 | WKS I sk Wrocław | 3:58.86 | 701 | | |
| | 50m: 27.85 27.85 | 150m: 1:28.68 30.56 | 250m: 2:29.61 30.23 | 350m: 3:30.16 30.24 | | | |
| | 100m: 58.12 30.27 | 200m: 1:59.38 30.70 | 300m: 2:59.92 30.31 | 400m: 3:58.86 28.70 | | | |
| 8. | BUJAK Piotr | 97 | St. Lok. SALOS Cortile Kielce | 3:59.01 | 700 | | |
| | 50m: 27.44 27.44 | 150m: 1:27.38 30.08 | 250m: 2:27.79 30.28 | 350m: 3:28.89 30.54 | | | |
| | 100m: 57.30 29.86 | 200m: 1:57.51 30.13 | 300m: 2:58.35 30.56 | 400m: 3:59.01 30.12 | | | |
| 9. | KISZCZAK Jakub | 00 | WKS I sk Wrocław | 4:00.45 | 687 | | |
| | 50m: 27.48 27.48 | 150m: 1:28.27 30.52 | 250m: 2:29.72 30.90 | 350m: 3:31.42 30.18 | | | |
| | 100m: 57.75 30.27 | 200m: 1:58.82 30.55 | 300m: 3:01.24 31.52 | 400m: 4:00.45 29.03 | | | |
| 10. | WYSOCZY SKI Mateusz | 93 | KU AZS AGH Kraków | 4:00.67 | 685 | | |
| | 50m: 27.43 27.43 | 150m: 1:27.68 30.19 | 250m: 2:27.98 30.05 | 350m: 3:29.74 31.09 | | | |
| | 100m: 57.49 30.06 | 200m: 1:57.93 30.25 | 300m: 2:58.65 30.67 | 400m: 4:00.67 30.93 | | | |
| 11. | URBA SKI Michał | 01 | KS Delfin Gdynia | 4:00.92 | 683 | | |
| | 50m: 28.11 28.11 | 150m: 1:29.37 30.91 | 250m: 2:30.50 30.17 | 350m: 3:30.86 30.29 | | | |
| | 100m: 58.46 30.35 | 200m: 2:00.33 30.96 | 300m: 3:00.57 30.07 | 400m: 4:00.92 30.06 | | | |
| 12. | MELINDER Martin | 01 | VSS VASBY | 4:01.03 | 682 | | |
| | 50m: 26.81 26.81 | 150m: 1:25.69 29.86 | 250m: 2:27.36 30.94 | 350m: 3:30.34 31.70 | | | |
| | 100m: 55.83 29.02 | 200m: 1:56.42 30.73 | 300m: 2:58.64 31.28 | 400m: 4:01.03 30.69 | | | |
| 13. | JA KIEWICZ Adrian | 02 | UKS G-8 Bielany Warszawa | 4:01.06 | 682 | | |
| | 50m: 27.96 27.96 | 150m: 1:30.45 31.38 | 250m: 2:32.09 29.96 | 350m: 3:31.91 29.98 | | | |
| | 100m: 59.07 31.11 | 200m: 2:02.13 31.68 | 300m: 3:01.93 29.84 | 400m: 4:01.06 29.15 | | | |
| 14. | MATUSZEWSKI Krzysztof | 04 | UKP „Polonia Warszawa” | 4:02.09 | 673 | | |
| | 50m: 27.61 27.61 | 150m: 1:27.85 30.16 | 250m: 2:29.09 30.57 | 350m: 3:31.51 31.54 | | | |
| | 100m: 57.69 30.08 | 200m: 1:58.52 30.67 | 300m: 2:59.97 30.88 | 400m: 4:02.09 30.58 | | | |
| 15. | CHODULSKI Jakub | 00 | KU AZS UMCS Lublin | 4:02.45 | 670 | | |
| | 50m: 27.74 27.74 | 150m: 1:28.75 30.74 | 250m: 2:30.70 30.75 | 350m: 3:31.74 30.35 | | | |
| | 100m: 58.01 30.27 | 200m: 1:59.95 31.20 | 300m: 3:01.39 30.69 | 400m: 4:02.45 30.71 | | | |

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Pozna , 23- - 24-11-2019

Konkurencja 12, M czynn, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|----------------------|---------------|---------|--------------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 16. | KIEŁCZEWSKI Amadeusz | | 00 | MKP Szczecin | | | | 4:04.36 | 655 | | |
| | 50m: | 27.65 27.65 | 150m: | 1:28.70 | 30.82 | 250m: | 2:30.84 | 31.07 | 350m: | 3:34.07 | 31.76 |
| | 100m: | 57.88 30.23 | 200m: | 1:59.77 | 31.07 | 300m: | 3:02.31 | 31.47 | 400m: | 4:04.36 | 30.29 |
| 17. | TYLICKI Mateusz | | 01 | MUKS "Pi tnaстка" | | | | 4:04.41 | 654 | | |
| | 50m: | 28.08 28.08 | 150m: | 1:29.64 | 30.79 | 250m: | 2:32.08 | 31.17 | 350m: | 3:34.37 | 31.07 |
| | 100m: | 58.85 30.77 | 200m: | 2:00.91 | 31.27 | 300m: | 3:03.30 | 31.22 | 400m: | 4:04.41 | 30.04 |
| 18. | HANSSON Eric | | 02 | VSS VASBY | | | | 4:04.85 | 651 | | |
| | 50m: | 28.20 28.20 | 150m: | 1:29.13 | 30.56 | 250m: | 2:30.68 | 30.72 | 350m: | 3:33.60 | 31.64 |
| | 100m: | 58.57 30.37 | 200m: | 1:59.96 | 30.83 | 300m: | 3:01.96 | 31.28 | 400m: | 4:04.85 | 31.25 |
| 19. | KOSI SKI Filip | | 04 | Mi dzyszkołny UKS „Olimpijczyk” Suwa | | | | 4:06.00 | 642 | | |
| | 50m: | 28.21 28.21 | 150m: | 1:30.27 | 31.25 | 250m: | 2:32.10 | 30.96 | 350m: | 3:34.70 | 31.34 |
| | 100m: | 59.02 30.81 | 200m: | 2:01.14 | 30.87 | 300m: | 3:03.36 | 31.26 | 400m: | 4:06.00 | 31.30 |
| 20. | GŁUSZKOWSKI Mateusz | | 01 | Uks Cityzen | | | | 4:07.24 | 632 | | |
| | 50m: | 27.68 27.68 | 150m: | 1:29.08 | 30.99 | 250m: | 2:31.13 | 31.09 | 350m: | 3:34.98 | 32.20 |
| | 100m: | 58.09 30.41 | 200m: | 2:00.04 | 30.96 | 300m: | 3:02.78 | 31.65 | 400m: | 4:07.24 | 32.26 |
| 21. | D BROWSKI Patryk | | 00 | WKS I sk Wrocław | | | | 4:07.78 | 628 | | |
| | 50m: | 27.19 27.19 | 150m: | 1:28.79 | 31.12 | 250m: | 2:31.29 | 31.25 | 350m: | 3:35.89 | 32.69 |
| | 100m: | 57.67 30.48 | 200m: | 2:00.04 | 31.25 | 300m: | 3:03.20 | 31.91 | 400m: | 4:07.78 | 31.89 |
| 22. | GORRA Mikołaj | | 03 | MKP Szczecin | | | | 4:08.50 | 623 | | |
| | 50m: | 28.40 28.40 | 150m: | 1:31.39 | 31.38 | 250m: | 2:35.07 | 31.75 | 350m: | 3:38.83 | 31.63 |
| | 100m: | 1:00.01 31.61 | 200m: | 2:03.32 | 31.93 | 300m: | 3:07.20 | 32.13 | 400m: | 4:08.50 | 29.67 |
| 23. | KACZOROWSKI Jakub | | 97 | UKS G-8 Bielany Warszawa | | | | 4:09.51 | 615 | | |
| | 50m: | 27.66 27.66 | 150m: | 1:28.99 | 30.89 | 250m: | 2:32.66 | 32.14 | 350m: | 3:37.66 | 32.54 |
| | 100m: | 58.10 30.44 | 200m: | 2:00.52 | 31.53 | 300m: | 3:05.12 | 32.46 | 400m: | 4:09.51 | 31.85 |
| 24. | WO NY Wiktor | | 01 | UKS Shark Rudna | | | | 4:09.73 | 613 | | |
| | 50m: | 28.04 28.04 | 150m: | 1:30.21 | 31.48 | 250m: | 2:34.13 | 31.97 | 350m: | 3:39.21 | 32.22 |
| | 100m: | 58.73 30.69 | 200m: | 2:02.16 | 31.95 | 300m: | 3:06.99 | 32.86 | 400m: | 4:09.73 | 30.52 |
| 25. | HEBEL Maciej | | 05 | UKS abianka Gda sk | | | | 4:10.22 | 610 | | |
| | 50m: | 28.45 28.45 | 150m: | 1:31.53 | 31.90 | 250m: | 2:35.24 | 31.66 | 350m: | 3:39.45 | 32.16 |
| | 100m: | 59.63 31.18 | 200m: | 2:03.58 | 32.05 | 300m: | 3:07.29 | 32.05 | 400m: | 4:10.22 | 30.77 |
| 26. | G STAŁ Jan | | 03 | UKS „GIM 92 Ursynów" | | | | 4:10.25 | 610 | | |
| | 50m: | 28.06 28.06 | 150m: | 1:30.93 | 31.43 | 250m: | 2:34.99 | 32.33 | 350m: | 3:39.19 | 31.81 |
| | 100m: | 59.50 31.44 | 200m: | 2:02.66 | 31.73 | 300m: | 3:07.38 | 32.39 | 400m: | 4:10.25 | 31.06 |
| 27. | MY LIWIEC Bartosz | | 04 | MKP Szczecin | | | | 4:10.38 | 609 | | |
| | 50m: | 29.29 29.29 | 150m: | 1:32.26 | 31.61 | 250m: | 2:35.71 | 31.72 | 350m: | 3:39.81 | 32.00 |
| | 100m: | 1:00.65 31.36 | 200m: | 2:03.99 | 31.73 | 300m: | 3:07.81 | 32.10 | 400m: | 4:10.38 | 30.57 |
| 28. | GOŁACKI Sergiusz | | 04 | UKS 190 Łód | | | | 4:10.44 | 608 | | |
| | 50m: | 29.20 29.20 | 150m: | 1:33.29 | 31.70 | 250m: | 2:36.44 | 31.59 | 350m: | 3:39.77 | 31.74 |
| | 100m: | 1:01.59 32.39 | 200m: | 2:04.85 | 31.56 | 300m: | 3:08.03 | 31.59 | 400m: | 4:10.44 | 30.67 |
| 29. | KLISZ Krystian | | 02 | MKP Szczecin | | | | 4:10.51 | 608 | | |
| | 50m: | 28.91 28.91 | 150m: | 1:31.84 | 31.74 | 250m: | 2:35.06 | 31.61 | 350m: | 3:39.46 | 32.20 |
| | 100m: | 1:00.10 31.19 | 200m: | 2:03.45 | 31.61 | 300m: | 3:07.26 | 32.20 | 400m: | 4:10.51 | 31.05 |
| 30. | CHYRCHAŁA Rafał | | 02 | UKS „ORKA" Zamo | | | | 4:10.69 | 606 | | |
| | 50m: | 27.65 27.65 | 150m: | 1:27.59 | 30.11 | 250m: | 2:30.69 | 32.17 | 350m: | 3:38.61 | 34.37 |
| | 100m: | 57.48 29.83 | 200m: | 1:58.52 | 30.93 | 300m: | 3:04.24 | 33.55 | 400m: | 4:10.69 | 32.08 |
| 31. | OLCZAK Kacper | | 04 | MKS Trójka Łód | | | | 4:11.05 | 604 | | |
| | 50m: | 28.48 28.48 | 150m: | 1:30.97 | 31.49 | 250m: | 2:35.01 | 31.99 | 350m: | 3:39.86 | 32.58 |
| | 100m: | 59.48 31.00 | 200m: | 2:03.02 | 32.05 | 300m: | 3:07.28 | 32.27 | 400m: | 4:11.05 | 31.19 |
| 32. | KUSI SKI Aleksy | | 02 | MKS Jedyńka Łód | | | | 4:11.07 | 604 | | |
| | 50m: | 28.82 28.82 | 150m: | 1:33.31 | 32.36 | 250m: | 2:37.81 | 31.98 | 350m: | 3:41.14 | 31.22 |
| | 100m: | 1:00.95 32.13 | 200m: | 2:05.83 | 32.52 | 300m: | 3:09.92 | 32.11 | 400m: | 4:11.07 | 29.93 |
| 33. | MICHALSKI Wojciech | | 01 | MKP Szczecin | | | | 4:11.29 | 602 | | |
| | 50m: | 28.89 28.89 | 150m: | 1:32.32 | 31.70 | 250m: | 2:36.30 | 31.89 | 350m: | 3:40.15 | 32.01 |
| | 100m: | 1:00.62 31.73 | 200m: | 2:04.41 | 32.09 | 300m: | 3:08.14 | 31.84 | 400m: | 4:11.29 | 31.14 |

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| Pozycja | | | Rok ur. | | | | Czas | Pkt. |
|---------|------------------------|-------|---------------|--------------------------|---------------|----------------|---------------|-------|
| 34. | BRU DZIAK Maciej | | 98 | Uks Cityzen | | 4:11.83 | 598 | |
| | 50m: 28.94 | 28.94 | 150m: 1:32.28 | 31.93 | 250m: 2:36.22 | 31.98 | 350m: 3:40.45 | 32.12 |
| | 100m: 1:00.35 | 31.41 | 200m: 2:04.24 | 31.96 | 300m: 3:08.33 | 32.11 | 400m: 4:11.83 | 31.38 |
| 35. | CZERWI SKI Łukasz | | 01 | UKS G-8 Bielany Warszawa | | 4:14.31 | 581 | |
| | 50m: 28.08 | 28.08 | 150m: 1:31.55 | 31.95 | 250m: 2:36.34 | 32.57 | 350m: 3:41.93 | 32.81 |
| | 100m: 59.60 | 31.52 | 200m: 2:03.77 | 32.22 | 300m: 3:09.12 | 32.78 | 400m: 4:14.31 | 32.38 |
| 36. | WIECZORKOWSKI Nikodem | | 04 | UKS „Dwójka” Tczew | | 4:15.55 | 572 | |
| | 50m: 29.35 | 29.35 | 150m: 1:33.64 | 32.32 | 250m: 2:38.80 | 32.65 | 350m: 3:44.34 | 32.73 |
| | 100m: 1:01.32 | 31.97 | 200m: 2:06.15 | 32.51 | 300m: 3:11.61 | 32.81 | 400m: 4:15.55 | 31.21 |
| 37. | WYSOCKI Piotr | | 04 | KS Warta Pozna | | 4:15.94 | 570 | |
| | 50m: 30.19 | 30.19 | 150m: 1:34.98 | 32.45 | 250m: 2:40.12 | 32.40 | 350m: 3:44.98 | 32.08 |
| | 100m: 1:02.53 | 32.34 | 200m: 2:07.72 | 32.74 | 300m: 3:12.90 | 32.78 | 400m: 4:15.94 | 30.96 |
| 38. | BLI NIEWSKI Franciszek | | 02 | MKS Trójka Łód | | 4:16.67 | 565 | |
| | 50m: 30.27 | 30.27 | 150m: 1:37.81 | 33.49 | 250m: 2:42.42 | 31.87 | 350m: 3:45.82 | 31.86 |
| | 100m: 1:04.32 | 34.05 | 200m: 2:10.55 | 32.74 | 300m: 3:13.96 | 31.54 | 400m: 4:16.67 | 30.85 |
| 39. | PI TKA Hubert | | 04 | MKP Szczecin | | 4:16.87 | 564 | |
| | 50m: 29.75 | 29.75 | 150m: 1:34.56 | 32.71 | 250m: 2:40.22 | 32.69 | 350m: 3:46.43 | 33.14 |
| | 100m: 1:01.85 | 32.10 | 200m: 2:07.53 | 32.97 | 300m: 3:13.29 | 33.07 | 400m: 4:16.87 | 30.44 |
| 40. | BEDNAREK Przemysław | | 04 | UKS G-8 Bielany Warszawa | | 4:17.02 | 563 | |
| | 50m: 29.14 | 29.14 | 150m: 1:33.80 | 32.78 | 250m: 2:39.31 | 32.78 | 350m: 3:45.25 | 33.11 |
| | 100m: 1:01.02 | 31.88 | 200m: 2:06.53 | 32.73 | 300m: 3:12.14 | 32.83 | 400m: 4:17.02 | 31.77 |
| 41. | J DRYKA Nikodem | | 04 | MKS Trójka Łód | | 4:17.03 | 563 | |
| | 50m: 29.38 | 29.38 | 150m: 1:34.92 | 32.84 | 250m: 2:40.77 | 32.59 | 350m: 3:45.74 | 32.69 |
| | 100m: 1:02.08 | 32.70 | 200m: 2:08.18 | 33.26 | 300m: 3:13.05 | 32.28 | 400m: 4:17.03 | 31.29 |
| 42. | DUDEK Kacper | | 02 | KS Warta Pozna | | 4:19.21 | 549 | |
| | 50m: 28.15 | 28.15 | 150m: 1:30.74 | 31.58 | 250m: 2:35.06 | 32.40 | 350m: 3:43.58 | 35.24 |
| | 100m: 59.16 | 31.01 | 200m: 2:02.66 | 31.92 | 300m: 3:08.34 | 33.28 | 400m: 4:19.21 | 35.63 |
| 43. | J DRYCH Krzysztof | | 04 | KS Posnania Pozna | | 4:19.30 | 548 | |
| | 50m: 29.33 | 29.33 | 150m: 1:33.76 | 32.81 | 250m: 2:41.23 | 33.79 | 350m: 3:48.15 | 33.66 |
| | 100m: 1:00.95 | 31.62 | 200m: 2:07.44 | 33.68 | 300m: 3:14.49 | 33.26 | 400m: 4:19.30 | 31.15 |
| 44. | DZIEWGU Benjamin | | 05 | MKS Piaseczno | | 4:20.07 | 543 | |
| | 50m: 29.28 | 29.28 | 150m: 1:34.82 | 32.98 | 250m: 2:41.67 | 33.70 | 350m: 3:47.26 | 32.63 |
| | 100m: 1:01.84 | 32.56 | 200m: 2:07.97 | 33.15 | 300m: 3:14.63 | 32.96 | 400m: 4:20.07 | 32.81 |
| 45. | WRZOSEK Bartosz | | 04 | UKS G-8 Bielany Warszawa | | 4:20.28 | 542 | |
| | 50m: 29.56 | 29.56 | 150m: 1:35.57 | 33.23 | 250m: 2:41.09 | 32.66 | 350m: 3:48.13 | 33.34 |
| | 100m: 1:02.34 | 32.78 | 200m: 2:08.43 | 32.86 | 300m: 3:14.79 | 33.70 | 400m: 4:20.28 | 32.15 |
| 46. | KRUSZEWSKI Adrian | | 04 | MTKP Delfin Toru | | 4:20.48 | 541 | |
| | 50m: 29.46 | 29.46 | 150m: 1:34.29 | 32.65 | 250m: 2:40.47 | 32.80 | 350m: 3:48.49 | 33.94 |
| | 100m: 1:01.64 | 32.18 | 200m: 2:07.67 | 33.38 | 300m: 3:14.55 | 34.08 | 400m: 4:20.48 | 31.99 |
| 47. | FAŁEK Szymon | | 05 | UKS G-8 Bielany Warszawa | | 4:20.87 | 538 | |
| | 50m: 30.13 | 30.13 | 150m: 1:37.48 | 33.34 | 250m: 2:44.16 | 32.98 | 350m: 3:49.60 | 32.61 |
| | 100m: 1:04.14 | 34.01 | 200m: 2:11.18 | 33.70 | 300m: 3:16.99 | 32.83 | 400m: 4:20.87 | 31.27 |
| 48. | JASI SKI Jakub | | 03 | MKS Jedyńka Łód | | 4:21.04 | 537 | |
| | 50m: 29.74 | 29.74 | 150m: 1:35.14 | 33.12 | 250m: 2:42.39 | 33.71 | 350m: 3:48.69 | 32.82 |
| | 100m: 1:02.02 | 32.28 | 200m: 2:08.68 | 33.54 | 300m: 3:15.87 | 33.48 | 400m: 4:21.04 | 32.35 |
| 49. | KRASICKI Artur | | 95 | KP Delfin Inowrocław | | 4:22.30 | 529 | |
| | 50m: 29.28 | 29.28 | 150m: 1:34.69 | 33.24 | 250m: 2:42.25 | 33.97 | 350m: 3:49.52 | 33.46 |
| | 100m: 1:01.45 | 32.17 | 200m: 2:08.28 | 33.59 | 300m: 3:16.06 | 33.81 | 400m: 4:22.30 | 32.78 |
| 50. | DREWEK Jakub | | 05 | UKS „Dwójka” Tczew | | 4:24.28 | 518 | |
| | 50m: 31.03 | 31.03 | 150m: 1:38.61 | 33.77 | 250m: 2:46.38 | 33.73 | 350m: 3:53.93 | 33.66 |
| | 100m: 1:04.84 | 33.81 | 200m: 2:12.65 | 34.04 | 300m: 3:20.27 | 33.89 | 400m: 4:24.28 | 30.35 |
| 51. | MAKOWSKI Dominik | | 03 | KS Warta Pozna | | 4:24.37 | 517 | |
| | 50m: 30.23 | 30.23 | 150m: 1:37.93 | 34.23 | 250m: 2:46.11 | 34.08 | 350m: 3:53.32 | 33.12 |
| | 100m: 1:03.70 | 33.47 | 200m: 2:12.03 | 34.10 | 300m: 3:20.20 | 34.09 | 400m: 4:24.37 | 31.05 |

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| Pozycja | | | | | Rok ur. | | | | | Czas | Pkt. |
|---------|----------------------|-------|---------------|-------|---------------|------------------------------------|---------------|-------|--|----------------|------|
| 52. | KRUPI SKI Wojciech | | | | 03 | KS Pospolonia Poznań | | | | 4:24.39 | 517 |
| | 50m: 30.02 | 30.02 | 150m: 1:36.43 | 33.72 | 250m: 2:44.15 | 33.84 | 350m: 3:51.16 | 33.46 | | | |
| | 100m: 1:02.71 | 32.69 | 200m: 2:10.31 | 33.88 | 300m: 3:17.70 | 33.55 | 400m: 4:24.39 | 33.23 | | | |
| 53. | BORZYMEK Hubert | | | | 02 | Mokotowski UKP Warszawianka- Wodny | | | | 4:25.88 | 508 |
| | 50m: 29.31 | 29.31 | 150m: 1:34.46 | 32.93 | 250m: 2:42.14 | 33.90 | 350m: 3:51.43 | 34.81 | | | |
| | 100m: 1:01.53 | 32.22 | 200m: 2:08.24 | 33.78 | 300m: 3:16.62 | 34.48 | 400m: 4:25.88 | 34.45 | | | |
| 54. | GÓRAL Piotr | | | | 05 | UKS „Dwójka” Tczew | | | | 4:26.53 | 505 |
| | 50m: 31.83 | 31.83 | 150m: 1:40.06 | 34.32 | 250m: 2:48.13 | 33.62 | 350m: 3:55.51 | 33.70 | | | |
| | 100m: 1:05.74 | 33.91 | 200m: 2:14.51 | 34.45 | 300m: 3:21.81 | 33.68 | 400m: 4:26.53 | 31.02 | | | |
| 55. | JANKOWSKI Antoni | | | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:27.62 | 498 |
| | 50m: 29.68 | 29.68 | 150m: 1:37.20 | 33.93 | 250m: 2:45.81 | 34.61 | 350m: 3:54.40 | 34.02 | | | |
| | 100m: 1:03.27 | 33.59 | 200m: 2:11.20 | 34.00 | 300m: 3:20.38 | 34.57 | 400m: 4:27.62 | 33.22 | | | |
| 56. | PIEKOWSKI Bartłomiej | | | | 05 | MKP Szczecin | | | | 4:28.55 | 493 |
| | 50m: 29.48 | 29.48 | 150m: 1:36.82 | 34.33 | 250m: 2:46.75 | 34.97 | 350m: 3:55.79 | 34.62 | | | |
| | 100m: 1:02.49 | 33.01 | 200m: 2:11.78 | 34.96 | 300m: 3:21.17 | 34.42 | 400m: 4:28.55 | 32.76 | | | |
| 57. | KUREK Alan | | | | 04 | MKP Szczecin | | | | 4:29.51 | 488 |
| | 50m: 29.78 | 29.78 | 150m: 1:38.38 | 34.55 | 250m: 2:48.34 | 34.97 | 350m: 3:57.67 | 34.74 | | | |
| | 100m: 1:03.83 | 34.05 | 200m: 2:13.37 | 34.99 | 300m: 3:22.93 | 34.59 | 400m: 4:29.51 | 31.84 | | | |
| 58. | MAZUREK Błażej | | | | 04 | MKP Szczecin | | | | 4:30.93 | 480 |
| | 50m: 29.70 | 29.70 | 150m: 1:37.51 | 34.36 | 250m: 2:46.93 | 34.75 | 350m: 3:56.85 | 34.96 | | | |
| | 100m: 1:03.15 | 33.45 | 200m: 2:12.18 | 34.67 | 300m: 3:21.89 | 34.96 | 400m: 4:30.93 | 34.08 | | | |
| 59. | BRODZIK Hubert | | | | 04 | MTKP Delfin Toruń | | | | 4:30.95 | 480 |
| | 50m: 30.57 | 30.57 | 150m: 1:38.89 | 34.72 | 250m: 2:49.31 | 35.04 | 350m: 3:58.83 | 34.85 | | | |
| | 100m: 1:04.17 | 33.60 | 200m: 2:14.27 | 35.38 | 300m: 3:23.98 | 34.67 | 400m: 4:30.95 | 32.12 | | | |
| 60. | TKACZ Wiktor | | | | 05 | MKS Piaseczno | | | | 4:31.08 | 480 |
| | 50m: 27.51 | 27.51 | 150m: 1:32.40 | 33.28 | 250m: 2:41.61 | 35.01 | 350m: 3:54.22 | 36.69 | | | |
| | 100m: 59.12 | 31.61 | 200m: 2:06.60 | 34.20 | 300m: 3:17.53 | 35.92 | 400m: 4:31.08 | 36.86 | | | |
| 61. | WIELGUS Kacper | | | | 01 | KS Pospolonia Poznań | | | | 4:31.36 | 478 |
| | 50m: 29.96 | 29.96 | 150m: 1:38.34 | 34.43 | 250m: 2:47.51 | 34.57 | 350m: 3:57.67 | 34.95 | | | |
| | 100m: 1:03.91 | 33.95 | 200m: 2:12.94 | 34.60 | 300m: 3:22.72 | 35.21 | 400m: 4:31.36 | 33.69 | | | |
| 62. | SZCZEPANIAK Kacper | | | | 04 | MKP Szczecin | | | | 4:31.50 | 477 |
| | 50m: 31.40 | 31.40 | 150m: 1:40.40 | 34.85 | 250m: 2:49.49 | 34.67 | 350m: 3:58.61 | 34.30 | | | |
| | 100m: 1:05.55 | 34.15 | 200m: 2:14.82 | 34.42 | 300m: 3:24.31 | 34.82 | 400m: 4:31.50 | 32.89 | | | |
| | PIECHOTA Bartłomiej | | | | 04 | UKS Piaseczno Konstantynów Łódzki | | | | 4:31.50 | 477 |
| | 50m: 29.96 | 29.96 | 150m: 1:38.15 | 34.29 | 250m: 2:48.00 | 35.04 | 350m: 3:58.78 | 35.34 | | | |
| | 100m: 1:03.86 | 33.90 | 200m: 2:12.96 | 34.81 | 300m: 3:23.44 | 35.44 | 400m: 4:31.50 | 32.72 | | | |
| 64. | KRZYWONIAK Jakub | | | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:33.52 | 467 |
| | 50m: 29.85 | 29.85 | 150m: 1:38.70 | 34.65 | 250m: 2:48.91 | 35.39 | 350m: 3:59.36 | 34.53 | | | |
| | 100m: 1:04.05 | 34.20 | 200m: 2:13.52 | 34.82 | 300m: 3:24.83 | 35.92 | 400m: 4:33.52 | 34.16 | | | |
| 65. | AJTEL Jakub | | | | 03 | Dwójka Morena Gdańsk | | | | 4:33.96 | 465 |
| | 50m: 32.11 | 32.11 | 150m: 1:41.64 | 35.00 | 250m: 2:51.88 | 35.26 | 350m: 4:01.28 | 34.49 | | | |
| | 100m: 1:06.64 | 34.53 | 200m: 2:16.62 | 34.98 | 300m: 3:26.79 | 34.91 | 400m: 4:33.96 | 32.68 | | | |
| 66. | JANCZYLIK Aleksander | | | | 04 | KS Delfin Gdynia | | | | 4:37.99 | 445 |
| | 50m: 30.62 | 30.62 | 150m: 1:40.88 | 35.70 | 250m: 2:52.64 | 35.80 | 350m: 4:03.57 | 35.01 | | | |
| | 100m: 1:05.18 | 34.56 | 200m: 2:16.84 | 35.96 | 300m: 3:28.56 | 35.92 | 400m: 4:37.99 | 34.42 | | | |
| 67. | LOCHERT Dorian | | | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:39.43 | 438 |
| | 50m: 30.05 | 30.05 | 150m: 1:39.16 | 35.13 | 250m: 2:51.95 | 36.47 | 350m: 4:05.14 | 36.21 | | | |
| | 100m: 1:04.03 | 33.98 | 200m: 2:15.48 | 36.32 | 300m: 3:28.93 | 36.98 | 400m: 4:39.43 | 34.29 | | | |
| 68. | MŁYNARCZYK Mateusz | | | | 04 | MKS Jedynka Łódź | | | | 4:39.69 | 437 |
| | 50m: 31.50 | 31.50 | 150m: 1:41.93 | 35.62 | 250m: 2:54.31 | 35.82 | 350m: 4:05.13 | 35.45 | | | |
| | 100m: 1:06.31 | 34.81 | 200m: 2:18.49 | 36.56 | 300m: 3:29.68 | 35.37 | 400m: 4:39.69 | 34.56 | | | |
| 69. | RZEPKA Jakub | | | | 05 | UKS „Dwójka” Tczew | | | | 4:40.25 | 434 |
| | 50m: 32.59 | 32.59 | 150m: 1:44.25 | 36.52 | 250m: 2:55.04 | 35.62 | 350m: 4:05.71 | 35.24 | | | |
| | 100m: 1:07.73 | 35.14 | 200m: 2:19.42 | 35.17 | 300m: 3:30.47 | 35.43 | 400m: 4:40.25 | 34.54 | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 12, M czyzn, 400m dowolny, 14 lat i starsi

| Pozycja | | Rok ur. | | | Czas | Pkt. |
|---------|---------------------|---------------|------------------------------------|---------------|----------------|---------------------|
| 70. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | | 4:40.46 | 433 |
| | 50m: 30.64 30.64 | 150m: 1:41.79 | 36.48 | 250m: 2:54.18 | 36.09 | 350m: 4:06.02 35.95 |
| | 100m: 1:05.31 34.67 | 200m: 2:18.09 | 36.30 | 300m: 3:30.07 | 35.89 | 400m: 4:40.46 34.44 |
| 71. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wodny | | 4:42.97 | 422 |
| | 50m: 31.37 31.37 | 150m: 1:42.69 | 36.47 | 250m: 2:56.13 | 36.36 | 350m: 4:09.13 36.15 |
| | 100m: 1:06.22 34.85 | 200m: 2:19.77 | 37.08 | 300m: 3:32.98 | 36.85 | 400m: 4:42.97 33.84 |
| 72. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | | 4:44.24 | 416 |
| | 50m: 32.32 32.32 | 150m: 1:44.29 | 36.59 | 250m: 2:57.12 | 36.35 | 350m: 4:09.64 36.18 |
| | 100m: 1:07.70 35.38 | 200m: 2:20.77 | 36.48 | 300m: 3:33.46 | 36.34 | 400m: 4:44.24 34.60 |
| 73. | KEMPIAK Bartosz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | 4:48.43 | 398 |
| | 50m: 30.10 30.10 | 150m: 1:41.15 | 36.15 | 250m: 2:54.69 | 36.44 | 350m: 4:11.35 38.82 |
| | 100m: 1:05.00 34.90 | 200m: 2:18.25 | 37.10 | 300m: 3:32.53 | 37.84 | 400m: 4:48.43 37.08 |
| 74. | KURDELSKI Filip | 04 | Mokotowski UKP Warszawianka- Wodny | | 4:57.63 | 362 |
| | 50m: 32.73 32.73 | 150m: 1:47.39 | 37.47 | 250m: 3:03.33 | 37.62 | 350m: 4:19.59 38.22 |
| | 100m: 1:09.92 37.19 | 200m: 2:25.71 | 38.32 | 300m: 3:41.37 | 38.04 | 400m: 4:57.63 38.04 |
| NW | KRASKA Jakub | 00 | AZS Łód | | | |

14 lat

| | | | | | | |
|-----|-----------------------|---------------|------------------------------|---------------|----------------|---------------------|
| 1. | HEBEL Maciej | 05 | UKS abianka Gda sk | | 4:10.22 | 610 |
| | 50m: 28.45 28.45 | 150m: 1:31.53 | 31.90 | 250m: 2:35.24 | 31.66 | 350m: 3:39.45 32.16 |
| | 100m: 59.63 31.18 | 200m: 2:03.58 | 32.05 | 300m: 3:07.29 | 32.05 | 400m: 4:10.22 30.77 |
| 2. | DZIEWGU Benjamin | 05 | MKS Piaseczno | | 4:20.07 | 543 |
| | 50m: 29.28 29.28 | 150m: 1:34.82 | 32.98 | 250m: 2:41.67 | 33.70 | 350m: 3:47.26 32.63 |
| | 100m: 1:01.84 32.56 | 200m: 2:07.97 | 33.15 | 300m: 3:14.63 | 32.96 | 400m: 4:20.07 32.81 |
| 3. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | | 4:20.87 | 538 |
| | 50m: 30.13 30.13 | 150m: 1:37.48 | 33.34 | 250m: 2:44.16 | 32.98 | 350m: 3:49.60 32.61 |
| | 100m: 1:04.14 34.01 | 200m: 2:11.18 | 33.70 | 300m: 3:16.99 | 32.83 | 400m: 4:20.87 31.27 |
| 4. | DREWEK Jakub | 05 | UKS „Dwójka" Tczew | | 4:24.28 | 518 |
| | 50m: 31.03 31.03 | 150m: 1:38.61 | 33.77 | 250m: 2:46.38 | 33.73 | 350m: 3:53.93 33.66 |
| | 100m: 1:04.84 33.81 | 200m: 2:12.65 | 34.04 | 300m: 3:20.27 | 33.89 | 400m: 4:24.28 30.35 |
| 5. | GÓRAL Piotr | 05 | UKS „Dwójka" Tczew | | 4:26.53 | 505 |
| | 50m: 31.83 31.83 | 150m: 1:40.06 | 34.32 | 250m: 2:48.13 | 33.62 | 350m: 3:55.51 33.70 |
| | 100m: 1:05.74 33.91 | 200m: 2:14.51 | 34.45 | 300m: 3:21.81 | 33.68 | 400m: 4:26.53 31.02 |
| 6. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | 4:27.62 | 498 |
| | 50m: 29.68 29.68 | 150m: 1:37.20 | 33.93 | 250m: 2:45.81 | 34.61 | 350m: 3:54.40 34.02 |
| | 100m: 1:03.27 33.59 | 200m: 2:11.20 | 34.00 | 300m: 3:20.38 | 34.57 | 400m: 4:27.62 33.22 |
| 7. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | | 4:28.55 | 493 |
| | 50m: 29.48 29.48 | 150m: 1:36.82 | 34.33 | 250m: 2:46.75 | 34.97 | 350m: 3:55.79 34.62 |
| | 100m: 1:02.49 33.01 | 200m: 2:11.78 | 34.96 | 300m: 3:21.17 | 34.42 | 400m: 4:28.55 32.76 |
| 8. | TKACZ Wiktor | 05 | MKS Piaseczno | | 4:31.08 | 480 |
| | 50m: 27.51 27.51 | 150m: 1:32.40 | 33.28 | 250m: 2:41.61 | 35.01 | 350m: 3:54.22 36.69 |
| | 100m: 59.12 31.61 | 200m: 2:06.60 | 34.20 | 300m: 3:17.53 | 35.92 | 400m: 4:31.08 36.86 |
| 9. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | 4:33.52 | 467 |
| | 50m: 29.85 29.85 | 150m: 1:38.70 | 34.65 | 250m: 2:48.91 | 35.39 | 350m: 3:59.36 34.53 |
| | 100m: 1:04.05 34.20 | 200m: 2:13.52 | 34.82 | 300m: 3:24.83 | 35.92 | 400m: 4:33.52 34.16 |
| 10. | LOCHERT Dorian | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | 4:39.43 | 438 |
| | 50m: 30.05 30.05 | 150m: 1:39.16 | 35.13 | 250m: 2:51.95 | 36.47 | 350m: 4:05.14 36.21 |
| | 100m: 1:04.03 33.98 | 200m: 2:15.48 | 36.32 | 300m: 3:28.93 | 36.98 | 400m: 4:39.43 34.29 |
| 11. | RZEPKA Jakub | 05 | UKS „Dwójka" Tczew | | 4:40.25 | 434 |
| | 50m: 32.59 32.59 | 150m: 1:44.25 | 36.52 | 250m: 2:55.04 | 35.62 | 350m: 4:05.71 35.24 |
| | 100m: 1:07.73 35.14 | 200m: 2:19.42 | 35.17 | 300m: 3:30.47 | 35.43 | 400m: 4:40.25 34.54 |
| 12. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | | 4:44.24 | 416 |
| | 50m: 32.32 32.32 | 150m: 1:44.29 | 36.59 | 250m: 2:57.12 | 36.35 | 350m: 4:09.64 36.18 |
| | 100m: 1:07.70 35.38 | 200m: 2:20.77 | 36.48 | 300m: 3:33.46 | 36.34 | 400m: 4:44.24 34.60 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Poznań, 23- - 24-11-2019

Konkurencja 12, Chłopców, 400m dowolny, 14 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------------|---------------|---------|------------------------------|-------|---------------|-------|----------------|------|
| 13. | KEMPIAK Bartosz | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:48.43 | 398 |
| | 50m: | 30.10 30.10 | 150m: | 1:41.15 36.15 | 250m: | 2:54.69 36.44 | 350m: | 4:11.35 38.82 | |
| | 100m: | 1:05.00 34.90 | 200m: | 2:18.25 37.10 | 300m: | 3:32.53 37.84 | 400m: | 4:48.43 37.08 | |

15 lat

| | | | | | | | | | |
|-----|-----------------------|---------------|-------|---|-------|---------------|-------|----------------|-----|
| 1. | MATUSZEWSKI Krzysztof | | 04 | UKP „Polonia Warszawa” | | | | 4:02.09 | 673 |
| | 50m: | 27.61 27.61 | 150m: | 1:27.85 30.16 | 250m: | 2:29.09 30.57 | 350m: | 3:31.51 31.54 | |
| | 100m: | 57.69 30.08 | 200m: | 1:58.52 30.67 | 300m: | 2:59.97 30.88 | 400m: | 4:02.09 30.58 | |
| 2. | KOSI SKI Filip | | 04 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | | | | 4:06.00 | 642 |
| | 50m: | 28.21 28.21 | 150m: | 1:30.27 31.25 | 250m: | 2:32.10 30.96 | 350m: | 3:34.70 31.34 | |
| | 100m: | 59.02 30.81 | 200m: | 2:01.14 30.87 | 300m: | 3:03.36 31.26 | 400m: | 4:06.00 31.30 | |
| 3. | MY LIWIEC Bartosz | | 04 | MKP Szczecin | | | | 4:10.38 | 609 |
| | 50m: | 29.29 29.29 | 150m: | 1:32.26 31.61 | 250m: | 2:35.71 31.72 | 350m: | 3:39.81 32.00 | |
| | 100m: | 1:00.65 31.36 | 200m: | 2:03.99 31.73 | 300m: | 3:07.81 32.10 | 400m: | 4:10.38 30.57 | |
| 4. | GOŁACKI Sergiusz | | 04 | UKS 190 Łódź | | | | 4:10.44 | 608 |
| | 50m: | 29.20 29.20 | 150m: | 1:33.29 31.70 | 250m: | 2:36.44 31.59 | 350m: | 3:39.77 31.74 | |
| | 100m: | 1:01.59 32.39 | 200m: | 2:04.85 31.56 | 300m: | 3:08.03 31.59 | 400m: | 4:10.44 30.67 | |
| 5. | OLCZAK Kacper | | 04 | MKS Trójka Łódź | | | | 4:11.05 | 604 |
| | 50m: | 28.48 28.48 | 150m: | 1:30.97 31.49 | 250m: | 2:35.01 31.99 | 350m: | 3:39.86 32.58 | |
| | 100m: | 59.48 31.00 | 200m: | 2:03.02 32.05 | 300m: | 3:07.28 32.27 | 400m: | 4:11.05 31.19 | |
| 6. | WIECZORKOWSKI Nikodem | | 04 | UKS „Dwójka” Tczew | | | | 4:15.55 | 572 |
| | 50m: | 29.35 29.35 | 150m: | 1:33.64 32.32 | 250m: | 2:38.80 32.65 | 350m: | 3:44.34 32.73 | |
| | 100m: | 1:01.32 31.97 | 200m: | 2:06.15 32.51 | 300m: | 3:11.61 32.81 | 400m: | 4:15.55 31.21 | |
| 7. | WYSOCKI Piotr | | 04 | KS Warta Poznań | | | | 4:15.94 | 570 |
| | 50m: | 30.19 30.19 | 150m: | 1:34.98 32.45 | 250m: | 2:40.12 32.40 | 350m: | 3:44.98 32.08 | |
| | 100m: | 1:02.53 32.34 | 200m: | 2:07.72 32.74 | 300m: | 3:12.90 32.78 | 400m: | 4:15.94 30.96 | |
| 8. | PI TKA Hubert | | 04 | MKP Szczecin | | | | 4:16.87 | 564 |
| | 50m: | 29.75 29.75 | 150m: | 1:34.56 32.71 | 250m: | 2:40.22 32.69 | 350m: | 3:46.43 33.14 | |
| | 100m: | 1:01.85 32.10 | 200m: | 2:07.53 32.97 | 300m: | 3:13.29 33.07 | 400m: | 4:16.87 30.44 | |
| 9. | BEDNAREK Przemysław | | 04 | UKS G-8 Bielany Warszawa | | | | 4:17.02 | 563 |
| | 50m: | 29.14 29.14 | 150m: | 1:33.80 32.78 | 250m: | 2:39.31 32.78 | 350m: | 3:45.25 33.11 | |
| | 100m: | 1:01.02 31.88 | 200m: | 2:06.53 32.73 | 300m: | 3:12.14 32.83 | 400m: | 4:17.02 31.77 | |
| 10. | J DRYKA Nikodem | | 04 | MKS Trójka Łódź | | | | 4:17.03 | 563 |
| | 50m: | 29.38 29.38 | 150m: | 1:34.92 32.84 | 250m: | 2:40.77 32.59 | 350m: | 3:45.74 32.69 | |
| | 100m: | 1:02.08 32.70 | 200m: | 2:08.18 33.26 | 300m: | 3:13.05 32.28 | 400m: | 4:17.03 31.29 | |
| 11. | J DRYCH Krzysztof | | 04 | KS Poznań | | | | 4:19.30 | 548 |
| | 50m: | 29.33 29.33 | 150m: | 1:33.76 32.81 | 250m: | 2:41.23 33.79 | 350m: | 3:48.15 33.66 | |
| | 100m: | 1:00.95 31.62 | 200m: | 2:07.44 33.68 | 300m: | 3:14.49 33.26 | 400m: | 4:19.30 31.15 | |
| 12. | WRZOSEK Bartosz | | 04 | UKS G-8 Bielany Warszawa | | | | 4:20.28 | 542 |
| | 50m: | 29.56 29.56 | 150m: | 1:35.57 33.23 | 250m: | 2:41.09 32.66 | 350m: | 3:48.13 33.34 | |
| | 100m: | 1:02.34 32.78 | 200m: | 2:08.43 32.86 | 300m: | 3:14.79 33.70 | 400m: | 4:20.28 32.15 | |
| 13. | KRUSZEWSKI Adrian | | 04 | MTKP Delfin Toruń | | | | 4:20.48 | 541 |
| | 50m: | 29.46 29.46 | 150m: | 1:34.29 32.65 | 250m: | 2:40.47 32.80 | 350m: | 3:48.49 33.94 | |
| | 100m: | 1:01.64 32.18 | 200m: | 2:07.67 33.38 | 300m: | 3:14.55 34.08 | 400m: | 4:20.48 31.99 | |
| 14. | KUREK Alan | | 04 | MKP Szczecin | | | | 4:29.51 | 488 |
| | 50m: | 29.78 29.78 | 150m: | 1:38.38 34.55 | 250m: | 2:48.34 34.97 | 350m: | 3:57.67 34.74 | |
| | 100m: | 1:03.83 34.05 | 200m: | 2:13.37 34.99 | 300m: | 3:22.93 34.59 | 400m: | 4:29.51 31.84 | |
| 15. | MAZUREK Błażej | | 04 | MKP Szczecin | | | | 4:30.93 | 480 |
| | 50m: | 29.70 29.70 | 150m: | 1:37.51 34.36 | 250m: | 2:46.93 34.75 | 350m: | 3:56.85 34.96 | |
| | 100m: | 1:03.15 33.45 | 200m: | 2:12.18 34.67 | 300m: | 3:21.89 34.96 | 400m: | 4:30.93 34.08 | |
| 16. | BRO CZYK Hubert | | 04 | MTKP Delfin Toruń | | | | 4:30.95 | 480 |
| | 50m: | 30.57 30.57 | 150m: | 1:38.89 34.72 | 250m: | 2:49.31 35.04 | 350m: | 3:58.83 34.85 | |
| | 100m: | 1:04.17 33.60 | 200m: | 2:14.27 35.38 | 300m: | 3:23.98 34.67 | 400m: | 4:30.95 32.12 | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 12, Chłopców, 400m dowolny, 15 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|----------------------|---------------|---------|------------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 17. | SZCZEPANIAK Kacper | | 04 | MKP Szczecin | | | | 4:31.50 | 477 | | |
| | 50m: | 31.40 31.40 | 150m: | 1:40.40 | 34.85 | 250m: | 2:49.49 | 34.67 | 350m: | 3:58.61 | 34.30 |
| | 100m: | 1:05.55 34.15 | 200m: | 2:14.82 | 34.42 | 300m: | 3:24.31 | 34.82 | 400m: | 4:31.50 | 32.89 |
| | PIECHOTA Bartłomiej | | 04 | UKS Pi tka Konstantynów Łódzki | | | | 4:31.50 | 477 | | |
| | 50m: | 29.96 29.96 | 150m: | 1:38.15 | 34.29 | 250m: | 2:48.00 | 35.04 | 350m: | 3:58.78 | 35.34 |
| | 100m: | 1:03.86 33.90 | 200m: | 2:12.96 | 34.81 | 300m: | 3:23.44 | 35.44 | 400m: | 4:31.50 | 32.72 |
| 19. | JANCZYLIK Aleksander | | 04 | KS Delfin Gdynia | | | | 4:37.99 | 445 | | |
| | 50m: | 30.62 30.62 | 150m: | 1:40.88 | 35.70 | 250m: | 2:52.64 | 35.80 | 350m: | 4:03.57 | 35.01 |
| | 100m: | 1:05.18 34.56 | 200m: | 2:16.84 | 35.96 | 300m: | 3:28.56 | 35.92 | 400m: | 4:37.99 | 34.42 |
| 20. | MŁYNARCZYK Mateusz | | 04 | MKS Jedyńka Łód | | | | 4:39.69 | 437 | | |
| | 50m: | 31.50 31.50 | 150m: | 1:41.93 | 35.62 | 250m: | 2:54.31 | 35.82 | 350m: | 4:05.13 | 35.45 |
| | 100m: | 1:06.31 34.81 | 200m: | 2:18.49 | 36.56 | 300m: | 3:29.68 | 35.37 | 400m: | 4:39.69 | 34.56 |
| 21. | G SIOR Tomasz | | 04 | UPKS Wodnik Rawicz | | | | 4:40.46 | 433 | | |
| | 50m: | 30.64 30.64 | 150m: | 1:41.79 | 36.48 | 250m: | 2:54.18 | 36.09 | 350m: | 4:06.02 | 35.95 |
| | 100m: | 1:05.31 34.67 | 200m: | 2:18.09 | 36.30 | 300m: | 3:30.07 | 35.89 | 400m: | 4:40.46 | 34.44 |
| 22. | KURDELSKI Filip | | 04 | Mokotowski UKP Warszawianka- Wodny | | | | 4:57.63 | 362 | | |
| | 50m: | 32.73 32.73 | 150m: | 1:47.39 | 37.47 | 250m: | 3:03.33 | 37.62 | 350m: | 4:19.59 | 38.22 |
| | 100m: | 1:09.92 37.19 | 200m: | 2:25.71 | 38.32 | 300m: | 3:41.37 | 38.04 | 400m: | 4:57.63 | 38.04 |

16 lat

| | | | | | | | | | | | |
|----|--------------------|---------------|-------|----------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | GORRA Mikołaj | | 03 | MKP Szczecin | | | | 4:08.50 | 623 | | |
| | 50m: | 28.40 28.40 | 150m: | 1:31.39 | 31.38 | 250m: | 2:35.07 | 31.75 | 350m: | 3:38.83 | 31.63 |
| | 100m: | 1:00.01 31.61 | 200m: | 2:03.32 | 31.93 | 300m: | 3:07.20 | 32.13 | 400m: | 4:08.50 | 29.67 |
| 2. | G STAŁ Jan | | 03 | UKS „GIM 92 Ursynów" | | | | 4:10.25 | 610 | | |
| | 50m: | 28.06 28.06 | 150m: | 1:30.93 | 31.43 | 250m: | 2:34.99 | 32.33 | 350m: | 3:39.19 | 31.81 |
| | 100m: | 59.50 31.44 | 200m: | 2:02.66 | 31.73 | 300m: | 3:07.38 | 32.39 | 400m: | 4:10.25 | 31.06 |
| 3. | JASI SKI Jakub | | 03 | MKS Jedyńka Łód | | | | 4:21.04 | 537 | | |
| | 50m: | 29.74 29.74 | 150m: | 1:35.14 | 33.12 | 250m: | 2:42.39 | 33.71 | 350m: | 3:48.69 | 32.82 |
| | 100m: | 1:02.02 32.28 | 200m: | 2:08.68 | 33.54 | 300m: | 3:15.87 | 33.48 | 400m: | 4:21.04 | 32.35 |
| 4. | MAKOWSKI Dominik | | 03 | KS Warta Pozna | | | | 4:24.37 | 517 | | |
| | 50m: | 30.23 30.23 | 150m: | 1:37.93 | 34.23 | 250m: | 2:46.11 | 34.08 | 350m: | 3:53.32 | 33.12 |
| | 100m: | 1:03.70 33.47 | 200m: | 2:12.03 | 34.10 | 300m: | 3:20.20 | 34.09 | 400m: | 4:24.37 | 31.05 |
| 5. | KRUPI SKI Wojciech | | 03 | KS Pospolania Pozna | | | | 4:24.39 | 517 | | |
| | 50m: | 30.02 30.02 | 150m: | 1:36.43 | 33.72 | 250m: | 2:44.15 | 33.84 | 350m: | 3:51.16 | 33.46 |
| | 100m: | 1:02.71 32.69 | 200m: | 2:10.31 | 33.88 | 300m: | 3:17.70 | 33.55 | 400m: | 4:24.39 | 33.23 |
| 6. | AJTEL Jakub | | 03 | Dwójka Morena Gda sk | | | | 4:33.96 | 465 | | |
| | 50m: | 32.11 32.11 | 150m: | 1:41.64 | 35.00 | 250m: | 2:51.88 | 35.26 | 350m: | 4:01.28 | 34.49 |
| | 100m: | 1:06.64 34.53 | 200m: | 2:16.62 | 34.98 | 300m: | 3:26.79 | 34.91 | 400m: | 4:33.96 | 32.68 |

17 - 18 lat

| | | | | | | | | | | | |
|----|-----------------|-------------|-------|------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | MALEC Mikołaj | | 01 | MKS Trójka Łód | | | | 3:53.87 | 747 | | |
| | 50m: | 27.32 27.32 | 150m: | 1:26.92 | 30.06 | 250m: | 2:26.51 | 29.56 | 350m: | 3:25.51 | 29.45 |
| | 100m: | 56.86 29.54 | 200m: | 1:56.95 | 30.03 | 300m: | 2:56.06 | 29.55 | 400m: | 3:53.87 | 28.36 |
| 2. | KOMOROWSKI Jan | | 01 | MKS Trójka Łód | | | | 3:54.80 | 738 | | |
| | 50m: | 26.40 26.40 | 150m: | 1:24.91 | 29.56 | 250m: | 2:24.87 | 29.85 | 350m: | 3:25.40 | 30.21 |
| | 100m: | 55.35 28.95 | 200m: | 1:55.02 | 30.11 | 300m: | 2:55.19 | 30.32 | 400m: | 3:54.80 | 29.40 |
| 3. | URBA SKI Michał | | 01 | KS Delfin Gdynia | | | | 4:00.92 | 683 | | |
| | 50m: | 28.11 28.11 | 150m: | 1:29.37 | 30.91 | 250m: | 2:30.50 | 30.17 | 350m: | 3:30.86 | 30.29 |
| | 100m: | 58.46 30.35 | 200m: | 2:00.33 | 30.96 | 300m: | 3:00.57 | 30.07 | 400m: | 4:00.92 | 30.06 |
| 4. | MELINDER Martin | | 01 | VSS VASBY | | | | 4:01.03 | 682 | | |
| | 50m: | 26.81 26.81 | 150m: | 1:25.69 | 29.86 | 250m: | 2:27.36 | 30.94 | 350m: | 3:30.34 | 31.70 |
| | 100m: | 55.83 29.02 | 200m: | 1:56.42 | 30.73 | 300m: | 2:58.64 | 31.28 | 400m: | 4:01.03 | 30.69 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 12, Chłopców, 400m dowolny, 17 - 18 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|------------------------|---------------|------------------------------------|---------------|-------|---------------|-------|----------------|------|
| 5. | JA KIEWICZ Adrian | 02 | UKS G-8 Bielany Warszawa | | | | | 4:01.06 | 682 |
| | 50m: 27.96 27.96 | 150m: 1:30.45 | 31.38 | 250m: 2:32.09 | 29.96 | 350m: 3:31.91 | 29.98 | | |
| | 100m: 59.07 31.11 | 200m: 2:02.13 | 31.68 | 300m: 3:01.93 | 29.84 | 400m: 4:01.06 | 29.15 | | |
| 6. | TYLICKI Mateusz | 01 | MUKS "Pi tnastrka" | | | | | 4:04.41 | 654 |
| | 50m: 28.08 28.08 | 150m: 1:29.64 | 30.79 | 250m: 2:32.08 | 31.17 | 350m: 3:34.37 | 31.07 | | |
| | 100m: 58.85 30.77 | 200m: 2:00.91 | 31.27 | 300m: 3:03.30 | 31.22 | 400m: 4:04.41 | 30.04 | | |
| 7. | HANSSON Eric | 02 | VSS VASBY | | | | | 4:04.85 | 651 |
| | 50m: 28.20 28.20 | 150m: 1:29.13 | 30.56 | 250m: 2:30.68 | 30.72 | 350m: 3:33.60 | 31.64 | | |
| | 100m: 58.57 30.37 | 200m: 1:59.96 | 30.83 | 300m: 3:01.96 | 31.28 | 400m: 4:04.85 | 31.25 | | |
| 8. | GŁUSZKOWSKI Mateusz | 01 | Uks Cityzen | | | | | 4:07.24 | 632 |
| | 50m: 27.68 27.68 | 150m: 1:29.08 | 30.99 | 250m: 2:31.13 | 31.09 | 350m: 3:34.98 | 32.20 | | |
| | 100m: 58.09 30.41 | 200m: 2:00.04 | 30.96 | 300m: 3:02.78 | 31.65 | 400m: 4:07.24 | 32.26 | | |
| 9. | WO NY Wiktor | 01 | UKS Shark Rudna | | | | | 4:09.73 | 613 |
| | 50m: 28.04 28.04 | 150m: 1:30.21 | 31.48 | 250m: 2:34.13 | 31.97 | 350m: 3:39.21 | 32.22 | | |
| | 100m: 58.73 30.69 | 200m: 2:02.16 | 31.95 | 300m: 3:06.99 | 32.86 | 400m: 4:09.73 | 30.52 | | |
| 10. | KLISZ Krystian | 02 | MKP Szczecin | | | | | 4:10.51 | 608 |
| | 50m: 28.91 28.91 | 150m: 1:31.84 | 31.74 | 250m: 2:35.06 | 31.61 | 350m: 3:39.46 | 32.20 | | |
| | 100m: 1:00.10 31.19 | 200m: 2:03.45 | 31.61 | 300m: 3:07.26 | 32.20 | 400m: 4:10.51 | 31.05 | | |
| 11. | CHYRCHAŁA Rafał | 02 | UKS „ORKA” Zamo | | | | | 4:10.69 | 606 |
| | 50m: 27.65 27.65 | 150m: 1:27.59 | 30.11 | 250m: 2:30.69 | 32.17 | 350m: 3:38.61 | 34.37 | | |
| | 100m: 57.48 29.83 | 200m: 1:58.52 | 30.93 | 300m: 3:04.24 | 33.55 | 400m: 4:10.69 | 32.08 | | |
| 12. | KUSI SKI Aleksy | 02 | MKS Jedyńska Łód | | | | | 4:11.07 | 604 |
| | 50m: 28.82 28.82 | 150m: 1:33.31 | 32.36 | 250m: 2:37.81 | 31.98 | 350m: 3:41.14 | 31.22 | | |
| | 100m: 1:00.95 32.13 | 200m: 2:05.83 | 32.52 | 300m: 3:09.92 | 32.11 | 400m: 4:11.07 | 29.93 | | |
| 13. | MICHAŁSKI Wojciech | 01 | MKP Szczecin | | | | | 4:11.29 | 602 |
| | 50m: 28.89 28.89 | 150m: 1:32.32 | 31.70 | 250m: 2:36.30 | 31.89 | 350m: 3:40.15 | 32.01 | | |
| | 100m: 1:00.62 31.73 | 200m: 2:04.41 | 32.09 | 300m: 3:08.14 | 31.84 | 400m: 4:11.29 | 31.14 | | |
| 14. | CZERWI SKI Łukasz | 01 | UKS G-8 Bielany Warszawa | | | | | 4:14.31 | 581 |
| | 50m: 28.08 28.08 | 150m: 1:31.55 | 31.95 | 250m: 2:36.34 | 32.57 | 350m: 3:41.93 | 32.81 | | |
| | 100m: 59.60 31.52 | 200m: 2:03.77 | 32.22 | 300m: 3:09.12 | 32.78 | 400m: 4:14.31 | 32.38 | | |
| 15. | BLI NIEWSKI Franciszek | 02 | MKS Trójka Łód | | | | | 4:16.67 | 565 |
| | 50m: 30.27 30.27 | 150m: 1:37.81 | 33.49 | 250m: 2:42.42 | 31.87 | 350m: 3:45.82 | 31.86 | | |
| | 100m: 1:04.32 34.05 | 200m: 2:10.55 | 32.74 | 300m: 3:13.96 | 31.54 | 400m: 4:16.67 | 30.85 | | |
| 16. | DUDEK Kacper | 02 | KS Warta Pozna | | | | | 4:19.21 | 549 |
| | 50m: 28.15 28.15 | 150m: 1:30.74 | 31.58 | 250m: 2:35.06 | 32.40 | 350m: 3:43.58 | 35.24 | | |
| | 100m: 59.16 31.01 | 200m: 2:02.66 | 31.92 | 300m: 3:08.34 | 33.28 | 400m: 4:19.21 | 35.63 | | |
| 17. | BORZYMEK Hubert | 02 | Mokotowski UKP Warszawianka- Wodny | | | | | 4:25.88 | 508 |
| | 50m: 29.31 29.31 | 150m: 1:34.46 | 32.93 | 250m: 2:42.14 | 33.90 | 350m: 3:51.43 | 34.81 | | |
| | 100m: 1:01.53 32.22 | 200m: 2:08.24 | 33.78 | 300m: 3:16.62 | 34.48 | 400m: 4:25.88 | 34.45 | | |
| 18. | WIELGUS Kacper | 01 | KS Posenia Pozna | | | | | 4:31.36 | 478 |
| | 50m: 29.96 29.96 | 150m: 1:38.34 | 34.43 | 250m: 2:47.51 | 34.57 | 350m: 3:57.67 | 34.95 | | |
| | 100m: 1:03.91 33.95 | 200m: 2:12.94 | 34.60 | 300m: 3:22.72 | 35.21 | 400m: 4:31.36 | 33.69 | | |
| 19. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wodny | | | | | 4:42.97 | 422 |
| | 50m: 31.37 31.37 | 150m: 1:42.69 | 36.47 | 250m: 2:56.13 | 36.36 | 350m: 4:09.13 | 36.15 | | |
| | 100m: 1:06.22 34.85 | 200m: 2:19.77 | 37.08 | 300m: 3:32.98 | 36.85 | 400m: 4:42.97 | 33.84 | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 1
2019-11-23 - 10:40

Kobiet, 100m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|-------|------------------|-------|----------------|------------|
| RP Open | 53.10 | WASICK Katarzyna | 00611 | Lublin | 2018-12-21 |
| RP 19 - 23 | 53.14 | WILK Katarzyna | | Istanbul (TUR) | 2009-12-10 |
| RP 18 | 53.14 | WILK Katarzyna | 00106 | Istanbul (TUR) | 2009-12-10 |
| RP 17 | 53.14 | WILK Katarzyna | 00106 | Istanbul (TUR) | 2009-12-10 |
| RP 16 | 54.42 | WILK Katarzyna | 00106 | Gorzow Wlkp. | 2008-11-28 |
| RP 15 | 54.45 | SOKOŁOWSKA Diana | 00309 | Poznan | 2011-12-16 |
| RP 14 | 55.85 | SOKOŁOWSKA Diana | 00309 | Szczecin | 2010-12-02 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|-------------------------|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 01 | FIEDKIEWICZ Kornelia | 54.32 | 791 | 26.01 | 28.31 |
| 2. | 90 | DOWGIERT Anna | 55.31 | 749 | 26.27 | 29.04 |
| 3. | 04 | GU Wiktoria | 56.19 | 715 | 27.11 | 29.08 |
| 4. | 01 | WO NIAK Zofia | 56.49 | 703 | 27.25 | 29.24 |
| 5. | 03 | JABŁO SKA Martyna | 57.12 | 680 | 27.28 | 29.84 |
| 6. | 05 | CIERPIAŁOWSKA Paulina | 57.13 | 680 | 27.72 | 29.41 |
| 7. | 96 | CIE LAK Joanna | 57.29 | 674 | 27.77 | 29.52 |
| 8. | 01 | ANDERSSON Tova | 57.62 | 663 | 27.58 | 30.04 |
| 9. | 04 | TARASIEWICZ Klaudia | 57.66 | 661 | 27.53 | 30.13 |
| 10. | 04 | MACIUSZEK Wiktoria | 57.99 | 650 | 27.98 | 30.01 |
| 11. | 03 | PIOTROWSKA Wiktoria | 58.28 | 640 | 27.51 | 30.77 |
| 12. | 03 | CELMER Wiktoria | 58.38 | 637 | 27.63 | 30.75 |
| 13. | 00 | SKIBCZAK Natalia | 58.41 | 636 | 27.95 | 30.46 |
| 14. | 02 | NIEWIADOMSKA Wiktoria | 58.46 | 635 | 28.19 | 30.27 |
| 15. | 03 | PIEPIÓRKA Martyna | 58.51 | 633 | 28.39 | 30.12 |
| 16. | 02 | BUJAK Klara | 58.74 | 626 | 28.25 | 30.49 |
| 17. | 01 | CIEPLAK Aleksandra | 58.81 | 623 | 28.37 | 30.44 |
| 18. | 03 | KAWKA Nina | 58.82 | 623 | 27.97 | 30.85 |
| 19. | 02 | ZAWADZKA Hanna | 58.99 | 618 | 28.39 | 30.60 |
| | 03 | BUSZKA Kornelia | 58.99 | 618 | 28.08 | 30.91 |
| 21. | 00 | ROGOWSKA Katarzyna | 59.01 | 617 | 28.11 | 30.90 |
| 22. | 05 | JASTRZ BEK Nadia | 59.07 | 615 | 28.22 | 30.85 |
| 23. | 03 | KAMI SKA Anna | 59.41 | 605 | 28.31 | 31.10 |
| 24. | 03 | GRADEK Aleksandra | 59.43 | 604 | 28.64 | 30.79 |
| 25. | 05 | MAKSYMOWICZ Nina | 59.44 | 604 | 28.20 | 31.24 |
| 26. | 04 | SZREDZI SKA Gabriela | 59.65 | 597 | 28.28 | 31.37 |
| 27. | 03 | GARBARCZYK Weronika | 59.69 | 596 | 28.79 | 30.90 |
| 28. | 00 | DOM ALSKA Wiktoria | 59.70 | 596 | 28.27 | 31.43 |
| 29. | 04 | MALINO Julia | 59.75 | 594 | 28.20 | 31.55 |
| | 01 | ANDERSSON Ebba | 59.75 | 594 | 28.61 | 31.14 |
| 31. | 03 | SZCZEPA SKA Maria | 59.91 | 590 | 28.51 | 31.40 |
| 32. | 96 | WŁODARCZYK Ewelina | 1:00.04 | 586 | 28.90 | 31.14 |
| 33. | 02 | ŁUCZAK Dominika | 1:00.13 | 583 | 29.23 | 30.90 |
| 34. | 02 | ZAR BA-PARADOWSKA Julia | 1:00.18 | 582 | 29.04 | 31.14 |
| 35. | 04 | WO Weronika | 1:00.20 | 581 | 28.49 | 31.71 |
| 36. | 04 | SZUPER Katarzyna | 1:00.24 | 580 | 29.10 | 31.14 |
| 37. | 05 | PALICKA Wiktoria | 1:00.32 | 578 | 28.94 | 31.38 |
| | 01 | ŁUKASZEWICZ Emilia | 1:00.32 | 578 | 28.86 | 31.46 |
| 39. | 03 | DOPART Marcelina | 1:00.44 | 574 | 29.02 | 31.42 |
| 40. | 04 | MRO EK Weronika | 1:00.51 | 572 | 29.48 | 31.03 |
| 41. | 02 | GRZELCZYK Natalia | 1:00.54 | 571 | 28.98 | 31.56 |
| 42. | 03 | ŁAWRYNOWICZ Gabriela | 1:00.60 | 570 | 28.65 | 31.95 |
| 43. | 04 | HERMANOWSKA Natalia | 1:00.64 | 569 | 29.16 | 31.48 |
| 44. | 03 | BARANOWSKA Martyna | 1:00.68 | 567 | 28.56 | 32.12 |
| 45. | 01 | BJÖRKÉN Julia | 1:00.73 | 566 | 29.16 | 31.57 |
| 46. | 05 | S DŁAK Alicja | 1:00.90 | 561 | 29.24 | 31.66 |
| 47. | 03 | KRZYSZTOFIAK Iga | 1:01.17 | 554 | 29.50 | 31.67 |
| 48. | 03 | CZECHYRA Agata | 1:01.25 | 552 | 29.16 | 32.09 |
| 49. | 05 | PYTLOCH Zuzanna | 1:01.28 | 551 | 29.64 | 31.64 |
| | 04 | JANICKA Paula | 1:01.28 | 551 | 28.93 | 32.35 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 1, Kobiet, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|-----------------------------|---------|------------------------------------|-----------|-------|-------|
| 51. DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włóknarz” | 11:01.37 | 29.72 | 31.65 |
| ADAMSKA Maria | 03 | UKS G-8 Bielany Warszawa | 1:01.37 | 29.04 | 32.33 |
| 53. KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 1:01.40 | 29.46 | 31.94 |
| 54. HAŁADYN Karolina | 03 | UKS 190 Łód | 1:01.53 | 29.96 | 31.57 |
| 55. DUDEK Aleksandra | 01 | MUKS "Pi tnastka" | 1:01.66 | 29.88 | 31.78 |
| 56. STAWICKA Julia | 05 | UKS „GIM 92 Ursynów" | 1:01.70 | 29.27 | 32.43 |
| 57. BŁA EJEWSKA Nikola | 03 | MUKS Wodnik Łask | 1:01.77 | 29.52 | 32.25 |
| 58. TOMASZEWSKA Aleksandra | 99 | St. Lok. SALOS Cortile Kielce | 1:01.98 | 29.44 | 32.54 |
| 59. SKALI SKA Ewa | 05 | MKS Piaseczno | 1:02.00 | 29.01 | 32.99 |
| 60. PIECHOTA Paulina | 99 | UKS 190 Łód | 1:02.11 | 30.19 | 31.92 |
| 61. NOWAK Gabriela | 05 | KP Delfin Inowrocław | 1:02.21 | 29.93 | 32.28 |
| 62. WECKWERT Iga | 04 | UKS abianka Gda sk | 1:02.22 | 30.17 | 32.05 |
| 63. KIERAGA Patrycja | 04 | KS OLIMPIA Lublin | 1:02.23 | 29.21 | 33.02 |
| 64. ROMANIUK Matylda | 04 | UKP „Polonia Warszawa" | 1:02.34 | 29.70 | 32.64 |
| 65. ORUM Melissa | 04 | MUKS "Pi tnastka" | 1:02.46 | 29.85 | 32.61 |
| 66. SAMORAJ Oliwia | 05 | MKS Piaseczno | 1:02.69 | 30.30 | 32.39 |
| 67. DZIADEK Amelia | 05 | UKS Manta Warszawa Włochy | 1:02.78 | 30.35 | 32.43 |
| 68. BRACH Oliwia | 04 | UKP „Polonia Warszawa" | 1:02.81 | 30.28 | 32.53 |
| 69. KOPA SKA Maja | 02 | MKS Polonia Warszawa | 1:02.99 | 29.80 | 33.19 |
| 70. CH CIAK Sandra | 03 | UKS „GIM 92 Ursynów" | 1:03.09 | 30.55 | 32.54 |
| 71. D BKOWSKA Wiktoria | 04 | MUKS Wodnik Łask | 1:03.16 | 30.76 | 32.40 |
| 72. KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:03.22 | 30.22 | 33.00 |
| 73. TOFIL Emilia | 05 | KS Delfin Gdynia | 1:03.23 | 30.73 | 32.50 |
| 74. MAKOWSKA Martyna | 05 | MKP Szczecin | 1:03.34 | 30.29 | 33.05 |
| 75. HAŁAWCZAK Marcelina | 02 | MKP Szczecin | 1:03.43 | 31.22 | 32.21 |
| 76. GRZEBIELUCH Maja | 05 | MKS Jedyńka Łód | 1:03.46 | 30.30 | 33.16 |
| 77. MAZUR Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:03.54 | 30.75 | 32.79 |
| 78. HAJDUK Julia | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:03.71 | 30.95 | 32.76 |
| 79. SOŁONIEWICZ Julia | 03 | UKP „Polonia Warszawa" | 1:04.07 | 30.26 | 33.81 |
| 80. MAKSYMOWICZ Nadia | 05 | UKS G-8 Bielany Warszawa | 1:04.10 | 30.38 | 33.72 |
| 81. RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:04.13 | 30.46 | 33.67 |
| 82. STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 1:04.16 | 31.20 | 32.96 |
| 83. RUTWA Wiktoria | 05 | MKS Piaseczno | 1:04.47 | 30.78 | 33.69 |
| 84. BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów" | 1:04.49 | 31.19 | 33.30 |
| 85. ZAWADA Malwina | 05 | MKS Piaseczno | 1:04.53 | 30.64 | 33.89 |
| 86. ŁASISZ Julia | 05 | MKP Szczecin | 1:04.63 | 30.93 | 33.70 |
| 87. JAGODZI SKA Zuzanna | 04 | MKS Neptun Stargard | 1:04.81 | 30.83 | 33.98 |
| 88. SYSIO Zuzanna | 04 | MUKS Wodnik Łask | 1:04.86 | 30.99 | 33.87 |
| 89. MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 1:04.94 | 31.52 | 33.42 |
| 90. WIDERAK Sonia | 04 | KS Warta Pozna | 1:05.63 | 31.54 | 34.09 |
| 91. WRÓBEL Karolina | 05 | MKS Piaseczno | 1:05.72 | 31.23 | 34.49 |
| 92. SVENSSON Lovisa | 02 | SS VAERMAMO | 1:05.90 | 31.33 | 34.57 |
| 93. OLECKA Amelia | 05 | UKS „GIM 92 Ursynów" | 1:05.99 | 31.34 | 34.65 |
| 94. KLECZEK Maria | 05 | UKS „GIM 92 Ursynów" | 1:06.29 | 31.41 | 34.88 |
| 95. BOCHE SKA Dominika | 05 | KS Posenania Pozna | 1:06.56 | 30.90 | 35.66 |
| 96. HODUR Paulina | 04 | MKS Polonia Warszawa | 1:06.60 | 30.88 | 35.72 |
| 97. DZIK Wiktoria | 04 | KS Limanowa-swim | 1:06.69 | 31.07 | 35.62 |
| 98. DZI GIELEWSKA Katarzyna | 05 | KS Delfin Gdynia | 1:06.74 | 32.20 | 34.54 |
| 99. CHOJNOWSKA Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:06.82 | 31.07 | 35.75 |
| 100. GAWLIKOWSKA Olga | 05 | MUKS Wodnik Łask | 1:06.84 | 31.47 | 35.37 |
| 101. WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 1:06.97 | 33.00 | 33.97 |
| 102. MARCINOWSKA Julia | 05 | MKS Piast Głogów | 1:06.99 | 31.74 | 35.25 |
| 103. KACZMAREK Nikola | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:07.27 | 32.05 | 35.22 |
| 104. BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 1:07.39 | 31.74 | 35.65 |
| 105. WOJCIECHOWSKA Kamila | 03 | Mokotowski UKP Warszawianka- Wc | 1:07.57rk | 31.56 | 36.01 |
| 106. WASZKIEWICZ Alicja | 05 | KP Delfin Inowrocław | 1:07.74 | 32.06 | 35.68 |
| 107. TRZASKA Alicja | 05 | Uczniowski Klub Sportowy Delfin Le | 1:08.84 | 32.59 | 36.25 |
| 108. LASECKA Anna | 05 | Mokotowski UKP Warszawianka- Wc | 1:09.21rk | 31.87 | 37.34 |
| 109. KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wc | 1:09.23rk | 32.38 | 36.85 |
| 110. MATCZAK Natalia | 03 | AZS AWFIS Gda sk | 1:09.60 | 32.16 | 37.44 |
| 111. PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 1:09.65 | 32.69 | 36.96 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 1, Kobiet, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|---------------------------|---------|------------------------------|----------------|-----|-------------|
| 112. JARZY SKA Gabriela | 05 | MUKS Wodnik Łask | 1:09.81 | 372 | 32.68 37.13 |
| 113. SZCZEPANIAK Justyna | 04 | MKP Szczecin | 1:10.29 | 365 | 33.81 36.48 |
| 114. LEWANDOWSKA Wiktoria | 02 | MUKS "Pi tnastka" | 1:10.50 | 362 | 33.19 37.31 |
| NW DRU BA Amelia | 04 | TP Skalar Słupsk | | | |
| NIE UK. JAGODA Patrycja | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | |

14 lat

| | | | | | |
|-----------------------------|----|------------------------------------|----------------|-----|-------------|
| 1. CIERPIAŁOWSKA Paulina | 05 | UKS abianka Gda sk | 57.13 | 680 | 27.72 29.41 |
| 2. JASTRZ BEK Nadia | 05 | UKS Siódemka Gdynia | 59.07 | 615 | 28.22 30.85 |
| 3. MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | 59.44 | 604 | 28.20 31.24 |
| 4. PALICKA Wiktoria | 05 | TP Skalar Słupsk | 1:00.32 | 578 | 28.94 31.38 |
| 5. S DŁAK Alicja | 05 | MUKS "Pi tnastka" | 1:00.90 | 561 | 29.24 31.66 |
| 6. PYTLOCH Zuzanna | 05 | KP Bałyk Kołobrzeg | 1:01.28 | 551 | 29.64 31.64 |
| 7. KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 1:01.40 | 548 | 29.46 31.94 |
| 8. STAWICKA Julia | 05 | UKS „GIM 92 Ursynów" | 1:01.70 | 540 | 29.27 32.43 |
| 9. SKALI SKA Ewa | 05 | MKS Piaseczno | 1:02.00 | 532 | 29.01 32.99 |
| 10. NOWAK Gabriela | 05 | KP Delfin Inowrocław | 1:02.21 | 527 | 29.93 32.28 |
| 11. SAMORAJ Oliwia | 05 | MKS Piaseczno | 1:02.69 | 515 | 30.30 32.39 |
| 12. DZIADEK Amelia | 05 | UKS Manta Warszawa Włochy | 1:02.78 | 512 | 30.35 32.43 |
| 13. KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:03.22 | 502 | 30.22 33.00 |
| 14. TOFIL Emilia | 05 | KS Delfin Gdynia | 1:03.23 | 501 | 30.73 32.50 |
| 15. MAKOWSKA Martyna | 05 | MKP Szczecin | 1:03.34 | 499 | 30.29 33.05 |
| 16. GRZEBIELUCH Maja | 05 | MKS Jedynka Łód | 1:03.46 | 496 | 30.30 33.16 |
| 17. MAZUR Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:03.54 | 494 | 30.75 32.79 |
| 18. HAJDUK Julia | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:03.71 | 490 | 30.95 32.76 |
| 19. MAKSYMOWICZ Nadia | 05 | UKS G-8 Bielany Warszawa | 1:04.10 | 481 | 30.38 33.72 |
| 20. RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 1:04.13 | 481 | 30.46 33.67 |
| 21. RUTWA Wiktoria | 05 | MKS Piaseczno | 1:04.47 | 473 | 30.78 33.69 |
| 22. ZAWADA Malwina | 05 | MKS Piaseczno | 1:04.53 | 472 | 30.64 33.89 |
| 23. ŁASISZ Julia | 05 | MKP Szczecin | 1:04.63 | 470 | 30.93 33.70 |
| 24. MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 1:04.94 | 463 | 31.52 33.42 |
| 25. WRÓBEL Karolina | 05 | MKS Piaseczno | 1:05.72 | 447 | 31.23 34.49 |
| 26. OLECKA Amelia | 05 | UKS „GIM 92 Ursynów" | 1:05.99 | 441 | 31.34 34.65 |
| 27. KLECZEK Maria | 05 | UKS „GIM 92 Ursynów" | 1:06.29 | 435 | 31.41 34.88 |
| 28. BOCHE SKA Dominika | 05 | KS Posnania Pozna | 1:06.56 | 430 | 30.90 35.66 |
| 29. DZI GIELEWSKA Katarzyna | 05 | KS Delfin Gdynia | 1:06.74 | 426 | 32.20 34.54 |
| 30. CHOJNOWSKA Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:06.82 | 425 | 31.07 35.75 |
| 31. GAWLIKOWSKA Olga | 05 | MUKS Wodnik Łask | 1:06.84 | 424 | 31.47 35.37 |
| 32. WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 1:06.97 | 422 | 33.00 33.97 |
| 33. MARCINOWSKA Julia | 05 | MKS Piast Głogów | 1:06.99 | 422 | 31.74 35.25 |
| 34. KACZMAREK Nikola | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:07.27 | 416 | 32.05 35.22 |
| 35. WASZKIEWICZ Alicja | 05 | KP Delfin Inowrocław | 1:07.74 | 408 | 32.06 35.68 |
| 36. TRZASKA Alicja | 05 | Uczniowski Klub Sportowy Delfin Le | 1:08.84 | 388 | 32.59 36.25 |
| 37. LASECKA Anna | 05 | Mokotowski UKP Warszawianka- Wc | 1:09.21 | 382 | 31.87 37.34 |
| 38. PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 1:09.65 | 375 | 32.69 36.96 |
| 39. JARZY SKA Gabriela | 05 | MUKS Wodnik Łask | 1:09.81 | 372 | 32.68 37.13 |
| NIE UK. JAGODA Patrycja | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | |

15 lat

| | | | | | |
|-------------------------|----|-----------------------------------|----------------|-----|-------------|
| 1. GU Wiktoria | 04 | UKS „Delfin" Piotrków Trybunalski | 56.19 | 715 | 27.11 29.08 |
| 2. TARASIEWICZ Klaudia | 04 | UKP „Polonia Warszawa" | 57.66 | 661 | 27.53 30.13 |
| 3. MACIUSZEK Wiktoria | 04 | MKS Juwenia Wrocław | 57.99 | 650 | 27.98 30.01 |
| 4. SZREDZI SKA Gabriela | 04 | UKP „Polonia Warszawa" | 59.65 | 597 | 28.28 31.37 |
| 5. MALINO Julia | 04 | UKS „ORKA" Zamo | 59.75 | 594 | 28.20 31.55 |
| 6. WO Weronika | 04 | UKS „GIM 92 Ursynów" | 1:00.20 | 581 | 28.49 31.71 |
| 7. SZUPER Katarzyna | 04 | UKS „ORKA" Zamo | 1:00.24 | 580 | 29.10 31.14 |
| 8. MRO EK Weronika | 04 | MKP Szczecin | 1:00.51 | 572 | 29.48 31.03 |
| 9. HERMANOWSKA Natalia | 04 | MUKS "Pi tnastka" | 1:00.64 | 569 | 29.16 31.48 |
| 10. JANICKA Paula | 04 | KS Warta Pozna | 1:01.28 | 551 | 28.93 32.35 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 1, Dziewcz t, 100m dowolny, 15 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|---------------------|------|---------------------------------|-------------------|------|-------|-------|
| 11. | WECKWERT Iga | 04 | UKS abianka Gda sk | 1:02.22 | 526 | 30.17 | 32.05 |
| 12. | KIERAGA Patrycja | 04 | KS OLIMPIA Lublin | 1:02.23 | 526 | 29.21 | 33.02 |
| 13. | ROMANIUK Matylda | 04 | UKP „Polonia Warszawa” | 1:02.34 | 523 | 29.70 | 32.64 |
| 14. | ORUM Melissa | 04 | MUKS "Pi tnastka" | 1:02.46 | 520 | 29.85 | 32.61 |
| 15. | BRACH Oliwia | 04 | UKP „Polonia Warszawa” | 1:02.81 | 512 | 30.28 | 32.53 |
| 16. | D BKOWSKA Wiktoria | 04 | MUKS Wodnik Łask | 1:03.16 | 503 | 30.76 | 32.40 |
| 17. | STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 1:04.16 | 480 | 31.20 | 32.96 |
| 18. | JAGODZI SKA Zuzanna | 04 | MKS Neptun Stargard | 1:04.81 | 466 | 30.83 | 33.98 |
| 19. | SYSIO Zuzanna | 04 | MUKS Wodnik Łask | 1:04.86 | 465 | 30.99 | 33.87 |
| 20. | WIDERAK Sonia | 04 | KS Warta Pozna | 1:05.63 | 448 | 31.54 | 34.09 |
| 21. | HODUR Paulina | 04 | MKS Polonia Warszawa | 1:06.60 | 429 | 30.88 | 35.72 |
| 22. | DZIK Wiktoria | 04 | KS Limanowa-swim | 1:06.69 | 427 | 31.07 | 35.62 |
| 23. | BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 1:07.39 | 414 | 31.74 | 35.65 |
| 24. | KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wc | 1:09.23 rk | 382 | 32.38 | 36.85 |
| 25. | SZCZEPANIAK Justyna | 04 | MKP Szczecin | 1:10.29 | 365 | 33.81 | 36.48 |
| NW | DRU BA Amelia | 04 | TP Skalar Słupsk | | | | |

16 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|-------------------|-----|-------|-------|
| 1. | JABŁO SKA Martyna | 03 | UKS G-8 Bielany Warszawa | 57.12 | 680 | 27.28 | 29.84 |
| 2. | PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 58.28 | 640 | 27.51 | 30.77 |
| 3. | CELMER Wiktoria | 03 | KS Warta Pozna | 58.38 | 637 | 27.63 | 30.75 |
| 4. | PIEPIÓRKA Martyna | 03 | UKS abianka Gda sk | 58.51 | 633 | 28.39 | 30.12 |
| 5. | KAWKA Nina | 03 | UKS G-8 Bielany Warszawa | 58.82 | 623 | 27.97 | 30.85 |
| 6. | BUSZKA Kornelia | 03 | UKS G-8 Bielany Warszawa | 58.99 | 618 | 28.08 | 30.91 |
| 7. | KAMI SKA Anna | 03 | MUKS "Pi tnastka" | 59.41 | 605 | 28.31 | 31.10 |
| 8. | GRADEK Aleksandra | 03 | UKP „Polonia Warszawa” | 59.43 | 604 | 28.64 | 30.79 |
| 9. | GARBARCZYK Weronika | 03 | MKP Szczecin | 59.69 | 596 | 28.79 | 30.90 |
| 10. | SZCZEPA SKA Maria | 03 | KS Warta Pozna | 59.91 | 590 | 28.51 | 31.40 |
| 11. | DOPART Marcelina | 03 | AZS AWF Warszawa | 1:00.44 | 574 | 29.02 | 31.42 |
| 12. | ŁAWRYNOWICZ Gabriela | 03 | KS Warta Pozna | 1:00.60 | 570 | 28.65 | 31.95 |
| 13. | BARANOWSKA Martyna | 03 | KS Warta Pozna | 1:00.68 | 567 | 28.56 | 32.12 |
| 14. | KRZYSZTOFIAK Iga | 03 | KS Warta Pozna | 1:01.17 | 554 | 29.50 | 31.67 |
| 15. | CZECHYRA Agata | 03 | KS Warta Pozna | 1:01.25 | 552 | 29.16 | 32.09 |
| 16. | ADAMSKA Maria | 03 | UKS G-8 Bielany Warszawa | 1:01.37 | 548 | 29.04 | 32.33 |
| 17. | HAŁADYN Karolina | 03 | UKS 190 Łód | 1:01.53 | 544 | 29.96 | 31.57 |
| 18. | BŁA EJEWSKA Nikola | 03 | MUKS Wodnik Łask | 1:01.77 | 538 | 29.52 | 32.25 |
| 19. | CH CIAK Sandra | 03 | UKS „GIM 92 Ursynów” | 1:03.09 | 505 | 30.55 | 32.54 |
| 20. | SOŁONIEWICZ Julia | 03 | UKP „Polonia Warszawa” | 1:04.07 | 482 | 30.26 | 33.81 |
| 21. | WOJCIECHOWSKA Kamila | 03 | Mokotowski UKP Warszawianka- Wc | 1:07.57 rk | 411 | 31.56 | 36.01 |
| 22. | MATCZAK Natalia | 03 | AZS AWFIS Gda sk | 1:09.60 | 376 | 32.16 | 37.44 |

17 - 18 lat

| | | | | | | | |
|-----|-------------------------|----|-----------------------------------|--------------------|-----|-------|-------|
| 1. | FIEDKIEWICZ Kornelia | 01 | MKS Juwenia Wrocław | 54.32 | 791 | 26.01 | 28.31 |
| 2. | WO NIAK Zofia | 01 | UKS G-8 Bielany Warszawa | 56.49 | 703 | 27.25 | 29.24 |
| 3. | ANDERSSON Tova | 01 | VSS VASBY | 57.62 | 663 | 27.58 | 30.04 |
| 4. | NIEWIADOMSKA Wiktoria | 02 | MUKS "Pi tnastka" | 58.46 | 635 | 28.19 | 30.27 |
| 5. | BUJAK Klara | 02 | UKS G-8 Bielany Warszawa | 58.74 | 626 | 28.25 | 30.49 |
| 6. | CIEPLAK Aleksandra | 01 | UKS Olympic Warka | 58.81 | 623 | 28.37 | 30.44 |
| 7. | ZAWADZKA Hanna | 02 | UKS G-8 Bielany Warszawa | 58.99 | 618 | 28.39 | 30.60 |
| 8. | ANDERSSON Ebba | 01 | VSS VASBY | 59.75 | 594 | 28.61 | 31.14 |
| 9. | ŁUCZAK Dominika | 02 | SMS Zielona Góra | 1:00.13 | 583 | 29.23 | 30.90 |
| 10. | ZAR BA-PARADOWSKA Julia | 02 | UKS G-8 Bielany Warszawa | 1:00.18 | 582 | 29.04 | 31.14 |
| 11. | ŁUKASZEWICZ Emilia | 01 | UKS Fała Swarz dz | 1:00.32 | 578 | 28.86 | 31.46 |
| 12. | GRZELCZYK Natalia | 02 | Kaliski Klub Sportowy „Włókniarz” | 1:00.54 isz | 571 | 28.98 | 31.56 |
| 13. | BJÖRKÉN Julia | 01 | VSS VASBY | 1:00.73 | 566 | 29.16 | 31.57 |
| 14. | DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włókniarz” | 1:01.37 isz | 548 | 29.72 | 31.65 |
| 15. | DUDEK Aleksandra | 01 | MUKS "Pi tnastka" | 1:01.66 | 541 | 29.88 | 31.78 |
| 16. | KOPA SKA Maja | 02 | MKS Polonia Warszawa | 1:02.99 | 507 | 29.80 | 33.19 |
| 17. | HAŁAWCZAK Marcelina | 02 | MKP Szczecin | 1:03.43 | 497 | 31.22 | 32.21 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 1, Kobiet, 100m dowolny, 17 - 18 lat

| Pozycja | | Rok ur. | | Czas | Pkt. | 50m | 100m |
|---------|----------------------|---------|----------------------|----------------|------|-------|-------|
| 18. | BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów” | 1:04.49 | 473 | 31.19 | 33.30 |
| 19. | SVENSSON Lovisa | 02 | SS VAERMAMO | 1:05.90 | 443 | 31.33 | 34.57 |
| 20. | LEWANDOWSKA Wiktoria | 02 | MUKS "Pi tnastka" | 1:10.50 | 362 | 33.19 | 37.31 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 2
2019-11-23 - 10:52

M czyzn, 100m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|-------|------------------|-------|--------------|------------|
| RP Open | 46.19 | MAJCHRZAK Kacper | 00115 | Berlin (GER) | 2017-08-06 |
| RP 19 - 23 | 46.63 | CZERNIAK Konrad | | Gorzów Wlkp. | 2009-11-28 |
| RP 18 | 47.36 | KRASKA Jakub | 02305 | Lublin | 2018-12-21 |
| RP 17 | 47.87 | KRASKA Jakub | 03805 | Łód | 2017-12-20 |
| RP 16 | 48.71 | KRASKA Jakub | 01305 | Olsztyn | 2016-12-17 |
| RP 15 | 49.53 | ORLICZ Filip | 05114 | Łód | 2017-12-20 |
| RP 14 | 51.36 | ORLICZ Filip | | Olsztyn | 2016-12-03 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|---|--------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 00 | KRASKA Jakub <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow</i> | 47.18 | 864 | 22.81 | 24.37 |
| 2. | 92 | CIE LAK Marcin | 47.29 | 858 | 22.38 | 24.91 |
| 3. | 92 | MAJCHRZAK Kacper | 47.56 | 843 | 23.12 | 24.44 |
| 4. | 99 | OSTROWSKI Karol | 47.87 | 827 | 23.03 | 24.84 |
| 5. | 01 | KAROLCZAK Jan | 49.20 | 762 | 23.94 | 25.26 |
| 6. | 02 | ORLICZ Filip | 49.25 | 759 | 23.57 | 25.68 |
| 7. | 96 | HOŁUB Jan | 50.04 | 724 | 24.23 | 25.81 |
| 8. | 01 | PIOTROWSKI Kacper | 50.21 | 717 | 24.05 | 26.16 |
| 9. | 93 | WYSOCZY SKI Mateusz | 50.26 | 714 | 24.10 | 26.16 |
| 10. | 91 | KAW CKI Radosław | 50.68 | 697 | 24.39 | 26.29 |
| | 02 | KA MIERCZAK Bruno | 50.68 | 697 | 24.13 | 26.55 |
| | 00 | KISZCZAK Jakub | 50.68 | 697 | 24.41 | 26.27 |
| 13. | 99 | KAŁU Y SKI Antoni | 50.78 | 693 | 24.89 | 25.89 |
| 14. | 99 | SOLAK Łukasz | 50.81 | 691 | 24.16 | 26.65 |
| 15. | 99 | MIKOŁAJCZYK Michał | 50.83 | 691 | 24.26 | 26.57 |
| 16. | 00 | GUZIOR Maciej | 51.23 | 675 | 24.53 | 26.70 |
| 17. | 95 | BARTOSIEWICZ Jakub | 51.37 | 669 | 24.60 | 26.77 |
| 18. | 97 | KACZOROWSKI Jakub | 51.65 | 658 | 24.70 | 26.95 |
| 19. | 00 | D BROWSKI Patryk | 51.68 | 657 | 24.44 | 27.24 |
| 20. | 04 | MATUSZEWSKI Krzysztof | 51.72 | 656 | 24.67 | 27.05 |
| 21. | 96 | KOŁODZIEJSKI Filip | 51.76 | 654 | 25.02 | 26.74 |
| 22. | 01 | LESZEGA Szymon | 51.79 | 653 | 25.03 | 26.76 |
| 23. | 01 | KOMOROWSKI Jan | 51.80 | 652 | 25.05 | 26.75 |
| 24. | 94 | KLICH Kacper | 51.81 | 652 | 25.13 | 26.68 |
| 25. | 00 | MICHALCZYK Andrzej | 51.85 | 651 | 24.18 | 27.67 |
| 26. | 00 | WO NIAK Maciej | 52.13 | 640 | 25.07 | 27.06 |
| 27. | 03 | WI NIEWSKI Adam | 52.19 | 638 | 24.97 | 27.22 |
| 28. | 02 | BIAŁECKI Jan | 52.29 | 634 | 25.19 | 27.10 |
| | 03 | G STAŁ Jan | 52.29 | 634 | 25.08 | 27.21 |
| 30. | 97 | LECHOWICZ Filip | 52.33 | 633 | 25.46 | 26.87 |
| 31. | 03 | STEFA SKI Patryk | 52.35 | 632 | 25.16 | 27.19 |
| 32. | 04 | OLCZAK Kacper | 52.37 | 631 | 25.28 | 27.09 |
| 33. | 00 | KŁOSI SKI Alan | 52.38 | 631 | 25.16 | 27.22 |
| 34. | 02 | KLIBER Iwo | 52.46 | 628 | 25.23 | 27.23 |
| 35. | 99 | BRYŁA Kamil | 52.49 | 627 | 25.36 | 27.13 |
| 36. | 02 | WRÓBLEWSKI Kamil | 52.56 | 625 | 24.95 | 27.61 |
| 37. | 01 | KRZYWNICKI Adrian | 52.58 | 624 | 25.08 | 27.50 |
| 38. | 99 | WŁODARCZYK Maciej | 52.77 | 617 | 25.26 | 27.51 |
| | 02 | KUSI SKI Aleksy | 52.77 | 617 | 25.47 | 27.30 |
| | 02 | STENSSON Erik | 52.77 | 617 | 25.05 | 27.72 |
| 41. | 02 | ŁANGOWSKI Maciej | 52.84 | 615 | 24.87 | 27.97 |
| 42. | 03 | SMOLI SKI Rafał | 52.86 | 614 | 24.89 | 27.97 |
| 43. | 02 | ZIELI SKI Patryk | 52.97 | 610 | 25.19 | 27.78 |
| 44. | 00 | PETTERSSON Robin | 53.00 | 609 | 25.26 | 27.74 |
| 45. | 00 | KIEŁCZEWSKI Amadeusz | 53.03 | 608 | 25.82 | 27.21 |
| 46. | 04 | MASIUK Ksawery | 53.07 | 607 | 25.61 | 27.46 |
| 47. | 97 | FRÖDEBERG Gustav | 53.14 | 604 | 25.11 | 28.03 |
| 48. | 03 | SZMYT Krzysztof | 53.20 | 602 | 25.62 | 27.58 |
| 49. | 01 | KUREK Jakub | 53.46 | 594 | 25.59 | 27.87 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 2, M czyzn, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|-----------------------|------|---------------------------------------|--------------|------|-------|-------|
| 50. | MELINDER Martin | 01 | VSS VASBY | 53.48 | 593 | 26.02 | 27.46 |
| 51. | SMOLI SKI Jakub | 00 | St. KF KS „Fenix” O arów Mazowiecki | 53.52 | 592 | 24.69 | 28.83 |
| 52. | GREBER Artur | 01 | UKS G-8 Bielany Warszawa | 53.57 | 590 | 25.70 | 27.87 |
| 53. | URBA SKI Michał | 01 | KS Delfin Gdynia | 53.62 | 588 | 26.20 | 27.42 |
| 54. | DOUIB Jonathan | 00 | VSS VASBY | 53.72 | 585 | 25.56 | 28.16 |
| 55. | CHOJNOWSKI Tomasz | 02 | Mokotowski UKP Warszawianka- Wod | 53.74 | 584 | 25.87 | 27.87 |
| 56. | KWIATEK Radosław | 02 | St. Lok. SALOS Cortile Kielce | 53.76 | 584 | 26.00 | 27.76 |
| 57. | HEBEL Maciej | 05 | UKS abianka Gda sk | 53.78 | 583 | 26.42 | 27.36 |
| | BRANDT Simon | 00 | VSS VASBY | 53.78 | 583 | 25.65 | 28.13 |
| 59. | KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 53.80 | 582 | 25.82 | 27.98 |
| 60. | BALICKI Michał | 00 | WKS I sk Wrocław | 53.87 | 580 | 25.65 | 28.22 |
| 61. | BOBORYK Wojciech | 02 | KS Delfin Gdynia | 53.95 | 577 | 26.26 | 27.69 |
| | WOGA Hubert | 04 | SMS Zielona Góra | 53.95 | 577 | 25.77 | 28.18 |
| 63. | OŁ D Stanisław | 03 | UKS G-8 Bielany Warszawa | 54.14 | 571 | 25.54 | 28.60 |
| 64. | WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 54.16 | 571 | 25.67 | 28.49 |
| 65. | BIELAWA Dominik | 02 | KS KSZO Ostrowiec w. | 54.17 | 570 | 26.12 | 28.05 |
| 66. | J DRYCH Krzysztof | 04 | KS Posnania Pozna | 54.22 | 569 | 26.10 | 28.12 |
| 67. | BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 54.24 | 568 | 25.92 | 28.32 |
| 68. | WO NY Wiktor | 01 | UKS Shark Rudna | 54.29 | 567 | 25.44 | 28.85 |
| 69. | KRZYKAŁA Emil | 01 | KP AVIA widnik | 54.35 | 565 | 25.35 | 29.00 |
| | ZIMNIAK Szymon | 01 | UKS Fala Swarz dz | 54.35 | 565 | 25.55 | 28.80 |
| 71. | GORRA Mikołaj | 03 | MKP Szczecin | 54.39 | 564 | 26.35 | 28.04 |
| 72. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 54.43 | 562 | 26.34 | 28.09 |
| 73. | PŁOSZKA Kacper | 05 | MKS Jedynka Łód | 54.45 | 562 | 26.28 | 28.17 |
| 74. | BRU DZIAK Maciej | 98 | Uks Cityzen | 54.46 | 561 | 26.10 | 28.36 |
| 75. | KOWALSKI Marek | 03 | SMS Zielona Góra | 54.53 | 559 | 26.10 | 28.43 |
| 76. | CHODULSKI Jakub | 00 | KU AZS UMCS Lublin | 54.57 | 558 | 26.49 | 28.08 |
| 77. | POWRO NIK Konrad | 97 | WKS I sk Wrocław | 54.63 | 556 | 26.07 | 28.56 |
| 78. | JAWORSKI Norbert | 98 | KU AZS UMCS Lublin | 54.65 | 556 | 26.21 | 28.44 |
| 79. | WALCZYSKO Jakub | 00 | KU AZS AGH Kraków | 54.71 | 554 | 26.64 | 28.07 |
| 80. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 54.72 | 553 | 25.96 | 28.76 |
| 81. | SVENSSON Noah | 99 | SS VAERMAMO | 54.76 | 552 | 26.59 | 28.17 |
| 82. | SZUSTAK Hubert | 99 | UKS GOS Raszyn | 54.89 | 548 | 26.08 | 28.81 |
| 83. | ZIEMBOWICZ Franciszek | 04 | UKS G-8 Bielany Warszawa | 54.99 | 545 | 26.10 | 28.89 |
| | JOHNSON Marcus | 02 | VSS VASBY | 54.99 | 545 | 26.72 | 28.27 |
| 85. | MICHALSKI Wojciech | 01 | MKP Szczecin | 55.01 | 545 | 26.81 | 28.20 |
| 86. | CHYRCHAŁA Rafał | 02 | UKS „ORKA” Zamo | 55.04 | 544 | 26.42 | 28.62 |
| 87. | TRAFAS Tytus | 04 | KS Warta Pozna | 55.08 | 543 | | |
| 88. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 55.09 | 542 | 26.48 | 28.61 |
| 89. | BIAŁEK Paweł | 04 | UKS G-8 Bielany Warszawa | 55.10 | 542 | 26.18 | 28.92 |
| 90. | SULIGA Jeremi | 00 | UKS G-8 Bielany Warszawa | 55.19 | 539 | 26.19 | 29.00 |
| 91. | SKÓRA Bartosz | 03 | UKS Pi tka Konstantynów Łódzki | 55.20 | 539 | 26.35 | 28.85 |
| 92. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 55.21 | 539 | 26.16 | 29.05 |
| 93. | TKACZ Wiktor | 05 | MKS Piaseczno | 55.30 | 536 | 26.41 | 28.89 |
| 94. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 55.39 | 534 | 25.93 | 29.46 |
| 95. | JASIONOWSKI Mikołaj | 01 | SMS Zielona Góra | 55.40 | 533 | 26.67 | 28.73 |
| 96. | HANSSON Eric | 02 | VSS VASBY | 55.45 | 532 | 26.87 | 28.58 |
| 97. | GRZEGORZEWSKI Bartosz | 04 | MUKS Wodnik Łask | 55.51 | 530 | 26.52 | 28.99 |
| 98. | WYSOCKI Piotr | 04 | KS Warta Pozna | 55.67 | 526 | 26.76 | 28.91 |
| 99. | G SIOROWSKI Michał | 03 | Mokotowski UKP Warszawianka- Wod | 55.72 | 524 | 26.66 | 29.06 |
| 100. | KARDOLI SKI Łukasz | 03 | Kaliski Klub Sportowy „Włóknierz” 192 | 55.73 | 524 | 26.95 | 28.78 |
| 101. | KULS Jan | 03 | KP Delfin Inowrocław | 55.74 | 524 | 26.81 | 28.93 |
| 102. | MALAK Mikołaj | 01 | MKS SP 63 Bydgoszcz | 55.87 | 520 | 26.87 | 29.00 |
| 103. | KOPROWSKI Aleksander | 03 | Uks Cityzen | 55.92 | 519 | 27.16 | 28.76 |
| 104. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 55.95 | 518 | 26.30 | 29.65 |
| 105. | WIELGUS Kacper | 01 | KS Posnania Pozna | 55.98 | 517 | 26.66 | 29.32 |
| 106. | BACHLAJ Dorian | 99 | KU AZS AGH Kraków | 56.14 | 512 | 26.92 | 29.22 |
| 107. | MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 56.25 | 509 | 26.57 | 29.68 |
| 108. | DREWEK Jakub | 05 | UKS „Dwójka” Tczew | 56.26 | 509 | 27.15 | 29.11 |
| 109. | MAKOWSKI Dominik | 03 | KS Warta Pozna | 56.28 | 509 | 27.28 | 29.00 |
| 110. | KRACZKOWSKI Tomasz | 04 | UKS G-8 Bielany Warszawa | 56.43 | 505 | 26.21 | 30.22 |

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Konkurencja 2, M czyzn, 100m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|--------------------------|------|------------------------------------|----------------|------|-------|-------|
| 110. | SETLAK Marcel | 05 | UKS abianka Gda sk | 56.43 | 505 | 27.27 | 29.16 |
| 112. | WOJNOWSKI Damian | 03 | MKP Szczecin | 56.50 | 503 | 27.05 | 29.45 |
| 113. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 56.61 | 500 | 26.89 | 29.72 |
| | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 56.61 | 500 | 27.21 | 29.40 |
| 115. | KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | 56.66 | 498 | 27.58 | 29.08 |
| 116. | DWYER Vincent John | 02 | Mokotowski UKP Warszawianka- Wod | 56.68 | 498 | 27.20 | 29.48 |
| 117. | PLAGA Dawid | 05 | TP Skalar Słupsk | 56.72 | 497 | 27.20 | 29.52 |
| 118. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 56.84 | 494 | 26.89 | 29.95 |
| 119. | KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 57.09 | 487 | 27.37 | 29.72 |
| 120. | JANECZEK Stanisław | 04 | MUKS "Pi tnastka" | 57.12 | 487 | 27.20 | 29.92 |
| 121. | SKÖLD Theodor | 01 | VSS VASBY | 57.18 | 485 | 26.95 | 30.23 |
| 122. | KAMI SKI Fabian | 04 | MKP Szczecin | 57.20 | 484 | 26.78 | 30.42 |
| 123. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 57.27 | 483 | 27.18 | 30.09 |
| 124. | PACŁAWSKI Jakub | 00 | KU AZS UMCS Lublin | 57.33 | 481 | 27.73 | 29.60 |
| 125. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 57.36 | 480 | 27.85 | 29.51 |
| 126. | KRUPI SKI Wojciech | 03 | KS Posnania Pozna | 57.41 | 479 | 27.89 | 29.52 |
| 127. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 57.42 | 479 | 27.13 | 30.29 |
| 128. | WIECZORKOWSKI Nikodem | 04 | UKS „Dwójka” Tczew | 57.55 | 476 | 27.54 | 30.01 |
| 129. | NOWICKI Kacper | 98 | UMKS Niesłysz cych Pozna | 57.57 | 475 | 27.59 | 29.98 |
| 130. | LE NIEWSKI Patryk | 03 | UKS Pi tka Konstantynów Łódzki | 57.58 | 475 | 27.78 | 29.80 |
| 131. | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | 57.60 | 474 | 27.75 | 29.85 |
| 132. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 57.67 | 473 | 27.43 | 30.24 |
| 133. | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 57.85 | 468 | 26.93 | 30.92 |
| 134. | SOKOŁOWSKI Fabian | 03 | UKP „Polonia Warszawa” | 57.86 | 468 | 27.47 | 30.39 |
| 135. | TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów” | 57.88 | 468 | 27.06 | 30.82 |
| 136. | GU CIORA Maciej | 03 | MKP Szczecin | 57.94 | 466 | 27.69 | 30.25 |
| | SIMONSSON Ivar | 02 | VSS VASBY | 57.94 | 466 | 28.11 | 29.83 |
| 138. | PIECHOTA Bartłomiej | 04 | UKS Pi tka Konstantynów Łódzki | 57.97 | 465 | 28.29 | 29.68 |
| 139. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 58.02 | 464 | 27.68 | 30.34 |
| 140. | GRUBA Szymon | 05 | MUKS "Pi tnastka" | 58.08 | 463 | 27.79 | 30.29 |
| 141. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 58.57 | 451 | 27.88 | 30.69 |
| 142. | LOCHERT Dorian | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 58.59 | 451 | 27.15 | 31.44 |
| | STRZELECKI Wiktor | 04 | MKS „Astoria” Bydgoszcz | 58.59 | 451 | 28.22 | 30.37 |
| 144. | BARSZCZEWSKI Maksymilian | 01 | UKS G-8 Bielany Warszawa | 58.62 | 450 | 27.59 | 31.03 |
| 145. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 58.65 | 449 | 27.89 | 30.76 |
| 146. | SUCHODOLSKI Hubert | 04 | KP Delfin Inowrocław | 58.77 | 447 | 27.78 | 30.99 |
| 147. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 58.92 | 443 | 27.75 | 31.17 |
| 148. | HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów” | 58.95 | 443 | 28.35 | 30.60 |
| 149. | BACZY SKI Jan | 05 | UKS Olympic Warka | 59.04 | 441 | 28.30 | 30.74 |
| 150. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wod | 59.08 | 440 | 28.33 | 30.75 |
| 151. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 59.17 | 438 | 28.10 | 31.07 |
| 152. | CEMPURA Kamil | 05 | KS Posnania Pozna | 59.31 | 435 | 28.32 | 30.99 |
| 153. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów” | 59.38 | 433 | 27.82 | 31.56 |
| 154. | GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów” | 59.51 | 430 | 28.74 | 30.77 |
| 155. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Le | 1:00.01 | 419 | 27.67 | 32.34 |
| 156. | KEMPIAK Bartosz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:00.05 | 419 | 28.80 | 31.25 |
| 157. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 1:00.09 | 418 | 29.02 | 31.07 |
| 158. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wc | 1:00.16 | 416 | 28.48 | 31.68 |
| 159. | DEREK Szymon | 04 | KS Warta Pozna | 1:00.34 | 413 | 28.96 | 31.38 |
| 160. | PIETRZAK Mikołaj | 05 | KS Posnania Pozna | 1:00.63 | 407 | 29.21 | 31.42 |
| 161. | AJTEL Jakub | 03 | Dwójka Morena Gda sk | 1:00.65 | 406 | 29.07 | 31.58 |
| 162. | PISZCZAŁA Marcel | 05 | MUKS Wodnik Łask | 1:00.94 | 401 | 28.70 | 32.24 |
| 163. | WŁODARCZYK Bartłomiej | 05 | MKS Piast Głogów | 1:01.04 | 399 | 28.95 | 32.09 |
| 164. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 1:01.37 | 392 | 29.09 | 32.28 |
| | KUREK Kacper | 05 | Foka Choszczno | 1:01.37 | 392 | 29.30 | 32.07 |
| 166. | MEYER Bartosz | 02 | KP Delfin Inowrocław | 1:01.39 | 392 | 29.10 | 32.29 |
| 167. | JAREMEK Michał | 05 | KP Delfin Inowrocław | 1:01.61 | 388 | 29.76 | 31.85 |
| 168. | SZCZEPANIAK Kacper | 04 | MKP Szczecin | 1:01.67 | 386 | 29.72 | 31.95 |
| 169. | GIEZEK Jan | 05 | UPKS Wodnik Rawicz | 1:01.85 | 383 | 29.71 | 32.14 |
| 170. | SKOKOWSKI Maciej | 05 | MKS Piast Głogów | 1:02.00 | 380 | 29.81 | 32.19 |
| 171. | RZEPKA Jakub | 05 | UKS „Dwójka” Tczew | 1:02.04 | 380 | 30.39 | 31.65 |

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Pozna , 23- - 24-11-2019

Konkurencja 2, M czyzn, 100m dowolny, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. | 50m | 100m |
|---------|------------------------|---------|------------------------------|----------------|------|-------|-------|
| 172. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | 1:02.36 | 374 | 30.11 | 32.25 |
| 173. | MAGRYTA Mateusz | 05 | UKS Siódemka Gdynia | 1:02.40 | 373 | 29.86 | 32.54 |
| 174. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów" | 1:02.81 | 366 | 29.42 | 33.39 |
| 175. | PUPKA Filip | 04 | Uks Cityzen | 1:02.96 | 363 | 30.15 | 32.81 |
| 176. | KOZANECKI Paweł | 05 | KS Posnania Pozna | 1:04.55 | 337 | 30.61 | 33.94 |
| 177. | KALEK Bartosz | 04 | KU AZS UAM Pozna | 1:05.16 | 328 | 31.65 | 33.51 |
| 178. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 1:05.87 | 317 | 31.40 | 34.47 |
| 179. | ZAWIEJA Stanisław | 05 | KS Posnania Pozna | 1:06.72 | 305 | 31.93 | 34.79 |
| 180. | TOMCZAK Michał | 05 | MUKS "Pi tnastka" | 1:16.18 | 205 | 35.65 | 40.53 |
| 181. | SEWIŁO Mikołaj | 05 | KS Posnania Pozna | 1:17.22 | 197 | 36.69 | 40.53 |
| NW | TOMCZAK Miłosz | 05 | KS Posnania Pozna | | | | |
| NW | MINCZUK Łukasz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | |
| NW | STR CZEK Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | |
| NW | BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz | | | | |

14 lat

| | | | | | | | |
|-----|-----------------------|----|--|----------------|-----|-------|-------|
| 1. | HEBEL Maciej | 05 | UKS abianka Gda sk | 53.78 | 583 | 26.42 | 27.36 |
| 2. | PŁOSZKA Kacper | 05 | MKS Jedynka Łód | 54.45 | 562 | 26.28 | 28.17 |
| 3. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 55.21 | 539 | 26.16 | 29.05 |
| 4. | TKACZ Wiktor | 05 | MKS Piaseczno | 55.30 | 536 | 26.41 | 28.89 |
| 5. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów" | 55.39 | 534 | 25.93 | 29.46 |
| 6. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów" | 55.95 | 518 | 26.30 | 29.65 |
| 7. | MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 56.25 | 509 | 26.57 | 29.68 |
| 8. | DREWEK Jakub | 05 | UKS „Dwójka" Tczew | 56.26 | 509 | 27.15 | 29.11 |
| 9. | SETLAK Marcel | 05 | UKS abianka Gda sk | 56.43 | 505 | 27.27 | 29.16 |
| 10. | PLAGA Dawid | 05 | TP Skalar Słupsk | 56.72 | 497 | 27.20 | 29.52 |
| 11. | KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 57.09 | 487 | 27.37 | 29.72 |
| 12. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 57.42 | 479 | 27.13 | 30.29 |
| 13. | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 57.85 | 468 | 26.93 | 30.92 |
| 14. | TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów" | 57.88 | 468 | 27.06 | 30.82 |
| 15. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 58.02 | 464 | 27.68 | 30.34 |
| 16. | GRUBA Szymon | 05 | MUKS "Pi tnastka" | 58.08 | 463 | 27.79 | 30.29 |
| 17. | LOCHERT Dorian | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 58.59 | 451 | 27.15 | 31.44 |
| 18. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 58.65 | 449 | 27.89 | 30.76 |
| 19. | BACZY SKI Jan | 05 | UKS Olympic Warka | 59.04 | 441 | 28.30 | 30.74 |
| 20. | CEMPURA Kamil | 05 | KS Posnania Pozna | 59.31 | 435 | 28.32 | 30.99 |
| 21. | GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów" | 59.51 | 430 | 28.74 | 30.77 |
| 22. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Le1:00.01) | 419 | | 27.67 | 32.34 |
| 23. | KEMPIAK Bartosz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:00.05 | 419 | 28.80 | 31.25 |
| 24. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 1:00.09 | 418 | 29.02 | 31.07 |
| 25. | PIETRZAK Mikołaj | 05 | KS Posnania Pozna | 1:00.63 | 407 | 29.21 | 31.42 |
| 26. | PISZCZAŁA Marcel | 05 | MUKS Wodnik Łask | 1:00.94 | 401 | 28.70 | 32.24 |
| 27. | WŁODARCZYK Bartłomiej | 05 | MKS Piast Głogów | 1:01.04 | 399 | 28.95 | 32.09 |
| 28. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 1:01.37 | 392 | 29.09 | 32.28 |
| | KUREK Kacper | 05 | Foka Choszczno | 1:01.37 | 392 | 29.30 | 32.07 |
| 30. | JAREMEK Michał | 05 | KP Delfin Inowrocław | 1:01.61 | 388 | 29.76 | 31.85 |
| 31. | GIEZEK Jan | 05 | UPKS Wodnik Rawicz | 1:01.85 | 383 | 29.71 | 32.14 |
| 32. | SKOKOWSKI Maciej | 05 | MKS Piast Głogów | 1:02.00 | 380 | 29.81 | 32.19 |
| 33. | RZEPKA Jakub | 05 | UKS „Dwójka" Tczew | 1:02.04 | 380 | 30.39 | 31.65 |
| 34. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | 1:02.36 | 374 | 30.11 | 32.25 |
| 35. | MAGRYTA Mateusz | 05 | UKS Siódemka Gdynia | 1:02.40 | 373 | 29.86 | 32.54 |
| 36. | KOZANECKI Paweł | 05 | KS Posnania Pozna | 1:04.55 | 337 | 30.61 | 33.94 |
| 37. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 1:05.87 | 317 | 31.40 | 34.47 |
| 38. | ZAWIEJA Stanisław | 05 | KS Posnania Pozna | 1:06.72 | 305 | 31.93 | 34.79 |
| 39. | TOMCZAK Michał | 05 | MUKS "Pi tnastka" | 1:16.18 | 205 | 35.65 | 40.53 |
| 40. | SEWIŁO Mikołaj | 05 | KS Posnania Pozna | 1:17.22 | 197 | 36.69 | 40.53 |
| NW | TOMCZAK Miłosz | 05 | KS Posnania Pozna | | | | |
| NW | MINCZUK Łukasz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | |
| NW | STR CZEK Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | |
| NW | BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz | | | | |

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| | | | | | | | |
|-----|------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | MATUSZEWSKI Krzysztof | 04 | UKP „Polonia Warszawa” | 51.72 | 656 | 24.67 | 27.05 |
| 2. | OLCZAK Kacper | 04 | MKS Trójka Łód | 52.37 | 631 | 25.28 | 27.09 |
| 3. | MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 53.07 | 607 | 25.61 | 27.46 |
| 4. | WOGA Hubert | 04 | SMS Zielona Góra | 53.95 | 577 | 25.77 | 28.18 |
| 5. | J DRYCH Krzysztof | 04 | KS Posenia Pozna | 54.22 | 569 | 26.10 | 28.12 |
| 6. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 54.43 | 562 | 26.34 | 28.09 |
| 7. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 54.72 | 553 | 25.96 | 28.76 |
| 8. | ZIEMBOWICZ Franciszek | 04 | UKS G-8 Bielany Warszawa | 54.99 | 545 | 26.10 | 28.89 |
| 9. | TRAFAS Tytus | 04 | KS Warta Pozna | 55.08 | 543 | | |
| 10. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 55.09 | 542 | 26.48 | 28.61 |
| 11. | BIAŁEK Paweł | 04 | UKS G-8 Bielany Warszawa | 55.10 | 542 | 26.18 | 28.92 |
| 12. | GRZEGORZEWSKI Bartosz | 04 | MUKS Wodnik Łask | 55.51 | 530 | 26.52 | 28.99 |
| 13. | WYSOCKI Piotr | 04 | KS Warta Pozna | 55.67 | 526 | 26.76 | 28.91 |
| 14. | KRACZKOWSKI Tomasz | 04 | UKS G-8 Bielany Warszawa | 56.43 | 505 | 26.21 | 30.22 |
| 15. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 56.61 | 500 | 26.89 | 29.72 |
| | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 56.61 | 500 | 27.21 | 29.40 |
| 17. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 56.84 | 494 | 26.89 | 29.95 |
| 18. | JANECZEK Stanisław | 04 | MUKS "Pi tnaстка" | 57.12 | 487 | 27.20 | 29.92 |
| 19. | KAMI SKI Fabian | 04 | MKP Szczecin | 57.20 | 484 | 26.78 | 30.42 |
| 20. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 57.27 | 483 | 27.18 | 30.09 |
| 21. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 57.36 | 480 | 27.85 | 29.51 |
| 22. | WIECZORKOWSKI Nikodem | 04 | UKS „Dwójka” Tczew | 57.55 | 476 | 27.54 | 30.01 |
| 23. | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | 57.60 | 474 | 27.75 | 29.85 |
| 24. | PIECHOTA Bartłomiej | 04 | UKS Pi tka Konstantynów Łódzki | 57.97 | 465 | 28.29 | 29.68 |
| 25. | STRZELECKI Wiktor | 04 | MKS „Astoria” Bydgoszcz | 58.59 | 451 | 28.22 | 30.37 |
| 26. | SUCHODOLSKI Hubert | 04 | KP Delfin Inowrocław | 58.77 | 447 | 27.78 | 30.99 |
| 27. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 58.92 | 443 | 27.75 | 31.17 |
| 28. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 59.17 | 438 | 28.10 | 31.07 |
| 29. | DEREK Szymon | 04 | KS Warta Pozna | 1:00.34 | 413 | 28.96 | 31.38 |
| 30. | SZCZEPANIAK Kacper | 04 | MKP Szczecin | 1:01.67 | 386 | 29.72 | 31.95 |
| 31. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów” | 1:02.81 | 366 | 29.42 | 33.39 |
| 32. | PUPKA Filip | 04 | Uks Cityzen | 1:02.96 | 363 | 30.15 | 32.81 |
| 33. | KAŁEK Bartosz | 04 | KU AZS UAM Pozna | 1:05.16 | 328 | 31.65 | 33.51 |

16 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------------|----------------|-----|-------|-------|
| 1. | WI NIEWSKI Adam | 03 | UKS „GIM 92 Ursynów” | 52.19 | 638 | 24.97 | 27.22 |
| 2. | G STAŁ Jan | 03 | UKS „GIM 92 Ursynów” | 52.29 | 634 | 25.08 | 27.21 |
| 3. | STEFA SKI Patryk | 03 | KS KSZO Ostrowiec w. | 52.35 | 632 | 25.16 | 27.19 |
| 4. | SMOLI SKI Rafał | 03 | Uczniowski Klub Sportowy Delfin Legi | 52.86 | 614 | 24.89 | 27.97 |
| 5. | SZMYT Krzysztof | 03 | UKS Fala Swar dz | 53.20 | 602 | 25.62 | 27.58 |
| 6. | OŁ D Stanisław | 03 | UKS G-8 Bielany Warszawa | 54.14 | 571 | 25.54 | 28.60 |
| 7. | BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 54.24 | 568 | 25.92 | 28.32 |
| 8. | GORRA Mikołaj | 03 | MKP Szczecin | 54.39 | 564 | 26.35 | 28.04 |
| 9. | KOWALSKI Marek | 03 | SMS Zielona Góra | 54.53 | 559 | 26.10 | 28.43 |
| 10. | SKÓRA Bartosz | 03 | UKS Pi tka Konstantynów Łódzki | 55.20 | 539 | 26.35 | 28.85 |
| 11. | G SIOROWSKI Michał | 03 | Mokotowski UKP Warszawianka- Wod | 55.72 | 524 | 26.66 | 29.06 |
| 12. | KARDOLI SKI Łukasz | 03 | Kaliski Klub Sportowy „Włókniarz” 192 | 55.73 | 524 | 26.95 | 28.78 |
| 13. | KULS Jan | 03 | KP Delfin Inowrocław | 55.74 | 524 | 26.81 | 28.93 |
| 14. | KOPROWSKI Aleksander | 03 | Uks Cityzen | 55.92 | 519 | 27.16 | 28.76 |
| 15. | MAKOWSKI Dominik | 03 | KS Warta Pozna | 56.28 | 509 | 27.28 | 29.00 |
| 16. | WOJNOWSKI Damian | 03 | MKP Szczecin | 56.50 | 503 | 27.05 | 29.45 |
| 17. | KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | 56.66 | 498 | 27.58 | 29.08 |
| 18. | KRUPI SKI Wojciech | 03 | KS Posenia Pozna | 57.41 | 479 | 27.89 | 29.52 |
| 19. | LE NIEWSKI Patryk | 03 | UKS Pi tka Konstantynów Łódzki | 57.58 | 475 | 27.78 | 29.80 |
| 20. | SOKOŁOWSKI Fabian | 03 | UKP „Polonia Warszawa” | 57.86 | 468 | 27.47 | 30.39 |
| 21. | GU CIORA Maciej | 03 | MKP Szczecin | 57.94 | 466 | 27.69 | 30.25 |
| 22. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 58.57 | 451 | 27.88 | 30.69 |
| 23. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wc1 | 1:00.16 | 416 | 28.48 | 31.68 |
| 24. | AJTEL Jakub | 03 | Dwójka Morena Gda sk | 1:00.65 | 406 | 29.07 | 31.58 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 2, M czyzn, 100m dowolny

17 - 18 lat

| | | | | | | | |
|-----|--------------------------|----|----------------------------------|----------------|-----|-------|-------|
| 1. | KAROLCZAK Jan | 01 | UKS G-8 Bielany Warszawa | 49.20 | 762 | 23.94 | 25.26 |
| 2. | ORLICZ Filip | 02 | UKS G-8 Bielany Warszawa | 49.25 | 759 | 23.57 | 25.68 |
| 3. | PIOTROWSKI Kacper | 01 | UKS G-8 Bielany Warszawa | 50.21 | 717 | 24.05 | 26.16 |
| 4. | KA MIERCZAK Bruno | 02 | UKS GOS Raszyn | 50.68 | 697 | 24.13 | 26.55 |
| 5. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 51.79 | 653 | 25.03 | 26.76 |
| 6. | KOMOROWSKI Jan | 01 | MKS Trójka Łód | 51.80 | 652 | 25.05 | 26.75 |
| 7. | BIAŁECKI Jan | 02 | Mokotowski UKP Warszawianka- Wod | 52.29 | 634 | 25.19 | 27.10 |
| 8. | KLIBER Iwo | 02 | MKP Astromal-Leszno | 52.46 | 628 | 25.23 | 27.23 |
| 9. | WRÓBLEWSKI Kamil | 02 | UKS G-8 Bielany Warszawa | 52.56 | 625 | 24.95 | 27.61 |
| 10. | KRZYWNICKI Adrian | 01 | MPKS Orka Ciechanów | 52.58 | 624 | 25.08 | 27.50 |
| 11. | KUSI SKI Aleksy | 02 | MKS Jedynka Łód | 52.77 | 617 | 25.47 | 27.30 |
| | STENSSON Erik | 02 | SS VAERMAMO | 52.77 | 617 | 25.05 | 27.72 |
| 13. | ŁANGOWSKI Maciej | 02 | KS Posenania Pozna | 52.84 | 615 | 24.87 | 27.97 |
| 14. | ZIELI SKI Patryk | 02 | KS Posenania Pozna | 52.97 | 610 | 25.19 | 27.78 |
| 15. | KUREK Jakub | 01 | MKP Szczecin | 53.46 | 594 | 25.59 | 27.87 |
| 16. | MELINDER Martin | 01 | VSS VASBY | 53.48 | 593 | 26.02 | 27.46 |
| 17. | GREBER Artur | 01 | UKS G-8 Bielany Warszawa | 53.57 | 590 | 25.70 | 27.87 |
| 18. | URBA SKI Michał | 01 | KS Delfin Gdynia | 53.62 | 588 | 26.20 | 27.42 |
| 19. | CHOJNOWSKI Tomasz | 02 | Mokotowski UKP Warszawianka- Wod | 53.74 | 584 | 25.87 | 27.87 |
| 20. | KWIATEK Radosław | 02 | St. Lok. SALOS Cortile Kielce | 53.76 | 584 | 26.00 | 27.76 |
| 21. | KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 53.80 | 582 | 25.82 | 27.98 |
| 22. | BOBORYK Wojciech | 02 | KS Delfin Gdynia | 53.95 | 577 | 26.26 | 27.69 |
| 23. | WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 54.16 | 571 | 25.67 | 28.49 |
| 24. | BIELAWA Dominik | 02 | KS KSZO Ostrowiec w. | 54.17 | 570 | 26.12 | 28.05 |
| 25. | WO NY Wiktor | 01 | UKS Shark Rudna | 54.29 | 567 | 25.44 | 28.85 |
| 26. | KRZYKAŁA Emil | 01 | KP AVIA widnik | 54.35 | 565 | 25.35 | 29.00 |
| | ZIMNIAK Szymon | 01 | UKS Fala Swarz dz | 54.35 | 565 | 25.55 | 28.80 |
| 28. | JOHNSSON Marcus | 02 | VSS VASBY | 54.99 | 545 | 26.72 | 28.27 |
| 29. | MICHALSKI Wojciech | 01 | MKP Szczecin | 55.01 | 545 | 26.81 | 28.20 |
| 30. | CHYRCHAŁA Rafał | 02 | UKS „ORKA” Zamo | 55.04 | 544 | 26.42 | 28.62 |
| 31. | JASIONOWSKI Mikołaj | 01 | SMS Zielona Góra | 55.40 | 533 | 26.67 | 28.73 |
| 32. | HANSSON Eric | 02 | VSS VASBY | 55.45 | 532 | 26.87 | 28.58 |
| 33. | MALAK Mikołaj | 01 | MKS SP 63 Bydgoszcz | 55.87 | 520 | 26.87 | 29.00 |
| 34. | WIELGUS Kacper | 01 | KS Posenania Pozna | 55.98 | 517 | 26.66 | 29.32 |
| 35. | DWYER Vincent John | 02 | Mokotowski UKP Warszawianka- Wod | 56.68 | 498 | 27.20 | 29.48 |
| 36. | SKÖLD Theodor | 01 | VSS VASBY | 57.18 | 485 | 26.95 | 30.23 |
| 37. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 57.67 | 473 | 27.43 | 30.24 |
| 38. | SIMONSSON Ivar | 02 | VSS VASBY | 57.94 | 466 | 28.11 | 29.83 |
| 39. | BARSZCZEWSKI Maksymilian | 01 | UKS G-8 Bielany Warszawa | 58.62 | 450 | 27.59 | 31.03 |
| 40. | HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów” | 58.95 | 443 | 28.35 | 30.60 |
| 41. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wod | 59.08 | 440 | 28.33 | 30.75 |
| 42. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów” | 59.38 | 433 | 27.82 | 31.56 |
| 43. | MEYER Bartosz | 02 | KP Delfin Inowrocław | 1:01.39 | 392 | 29.10 | 32.29 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

| Konkurencja 3 | Kobiet, 50m klasyczny | | | | 14 lat i starsi |
|--------------------|-----------------------|--------------------|-------|-----------------|-----------------|
| 2019-11-23 - 11:14 | | | | | Wyniki |
| RP Open | 29.77 | SZTANDERA Dominika | 00101 | Kopenhaga (DEN) | 2017-12-13 |
| RP 19 - 23 | 29.77 | SZTANDERA Dominika | 00101 | Kopenhaga (DEN) | 2017-12-13 |
| RP 18 | 30.00 | SZTANDERA Dominika | 00101 | Lublin | 2015-12-17 |
| RP 17 | 30.33 | HALLMANN Weronika | 00114 | Łód | 2017-12-19 |
| RP 16 | 30.62 | SZTANDERA Dominika | | Ostrowiec w. | 2013-12-20 |
| RP 15 | 31.45 | SZTANDERA Dominika | 00101 | Ostrowiec Sw. | 2012-12-19 |
| RP 14 | 31.91 | SZTANDERA Dominika | 00701 | Poznan | 2011-12-15 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|--|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 97 | MKS Juvenia Wrocław | 30.22 | 844 |
| 2. | 00 | AZS AWF Warszawa | 31.10 | 774 |
| 3. | 00 | MKS Juvenia Wrocław | 31.44 | 749 |
| 4. | 02 | UKS Trójka roda Wlkp. | 32.03 | 708 |
| 5. | 03 | MUKS Wodnik Łask | 33.15 | 639 |
| 6. | 05 | UKS „GIM 92 Ursynów" | 33.32 | 629 |
| 7. | 98 | SP „Narew" w Ostroł ce | 33.58 | 615 |
| 8. | 03 | MKP Szczecin | 33.74 | 606 |
| | 01 | VSS VASBY | 33.74 | 606 |
| 10. | 03 | UKS „GIM 92 Ursynów" | 33.75 | 605 |
| 11. | 03 | KS OLIMPIA Lublin | 33.83 | 601 |
| 12. | 04 | UKS „ORKA" Zamo | 33.94 | 595 |
| 13. | 03 | AZS AWF Warszawa | 34.14 | 585 |
| 14. | 04 | UKS „GIM 92 Ursynów" | 34.23 | 580 |
| 15. | 05 | MKS Piaseczno | 34.26 | 579 |
| 16. | 03 | UKS G-8 Bielany Warszawa | 34.28 | 578 |
| 17. | 04 | MUKS "Pi tnastka" | 34.34 | 575 |
| 18. | 04 | MUKS "Pi tnastka" | 34.49 | 567 |
| 19. | 00 | MKP Szczecin | 34.55 | 564 |
| 20. | 05 | UKS „Jedyńka" SP SOLEX | 34.63 | 560 |
| 21. | 05 | UKS SP-149 Łód | 34.65 | 559 |
| 22. | 04 | Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 34.80 | 552 |
| 23. | 05 | UKS Trójka roda Wlkp. | 34.88 | 548 |
| 24. | 04 | UKS G-8 Bielany Warszawa | 34.94 | 546 |
| 25. | 02 | KS Posnania Pozna | 34.98 | 544 |
| 26. | 02 | MKP Szczecin | 35.09 | 539 |
| 27. | 04 | UKS Pi tka Konstantynów Łódzki | 35.21 | 533 |
| 28. | 04 | MKS Piaseczno | 35.30 | 529 |
| 29. | 03 | MKS „Astoria" Bydgoszcz | 35.36 | 526 |
| 30. | 02 | UKS G-8 Bielany Warszawa | 35.46 | 522 |
| 31. | 05 | UKS G-8 Bielany Warszawa | 35.49 | 521 |
| 32. | 05 | MKP Szczecin | 35.59 | 516 |
| 33. | 03 | AZS AWF Warszawa | 35.61 | 515 |
| 34. | 04 | MKP „SŁOWIANKA" Gorzów Wlkp. | 35.82 | 506 |
| 35. | 05 | MKS SP 63 Bydgoszcz | 35.83 | 506 |
| 36. | 04 | MKP Szczecin | 35.84 | 506 |
| 37. | 03 | MUKS "Pi tnastka" | 35.91 | 503 |
| 38. | 02 | MKS Polonia Warszawa | 36.31 | 486 |
| 39. | 04 | KS Delfin Gdynia | 36.33 | 485 |
| 40. | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 36.35 | 485 |
| 41. | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 36.36 | 484 |
| 42. | 05 | MKS Jedyńka Łód | 36.41 | 482 |
| 43. | 98 | UKS SP-149 Łód | 36.49 | 479 |
| 44. | 05 | KS Posnania Pozna | 36.58 | 475 |
| 45. | 05 | UKS G-8 Bielany Warszawa | 36.59 | 475 |
| 46. | 05 | MUKS Wodnik Łask | 36.61 | 474 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 3, Kobiet, 50m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|------------------------------------|--------------|------|
| 47. | 01 | KS Posnania Pozna | 36.84 | 465 |
| 48. | 05 | UKS G-8 Bielany Warszawa | 37.00 | 459 |
| 49. | 04 | UKS „GIM 92 Ursynów” | 37.07 | 457 |
| 50. | 05 | KS Posnania Pozna | 37.32 | 448 |
| 51. | 03 | MKS SP 63 Bydgoszcz | 37.38 | 446 |
| 52. | 04 | Mokotowski UKP Warszawianka- Wodny | 37.47 | 442 |
| 53. | 03 | UKP „Polonia Warszawa” | 37.53 | 440 |
| 54. | 01 | VSS VASBY | 38.26 | 415 |
| 55. | 04 | UKS „GIM 92 Ursynów” | 38.42 | 410 |
| 56. | 05 | KS Delfin Gdynia | 38.55 | 406 |
| 57. | 05 | MKS Piast Głogów | 40.99 | 338 |
| 58. | 02 | MUKS "Pi tnaстка" | 42.35 | 306 |

14 lat

| | | | | |
|-----|----|------------------------------|--------------|-----|
| 1. | 05 | UKS „GIM 92 Ursynów” | 33.32 | 629 |
| 2. | 05 | MKS Piaseczno | 34.26 | 579 |
| 3. | 05 | UKS „Jedyńka” SP SOLEX | 34.63 | 560 |
| 4. | 05 | UKS SP-149 Łód | 34.65 | 559 |
| 5. | 05 | UKS Trójka roda Wlkp. | 34.88 | 548 |
| 6. | 05 | UKS G-8 Bielany Warszawa | 35.49 | 521 |
| 7. | 05 | MKP Szczecin | 35.59 | 516 |
| 8. | 05 | MKS SP 63 Bydgoszcz | 35.83 | 506 |
| 9. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 36.35 | 485 |
| 10. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 36.36 | 484 |
| 11. | 05 | MKS Jedyńka Łód | 36.41 | 482 |
| 12. | 05 | KS Posnania Pozna | 36.58 | 475 |
| 13. | 05 | UKS G-8 Bielany Warszawa | 36.59 | 475 |
| 14. | 05 | MUKS Wodnik Łask | 36.61 | 474 |
| 15. | 05 | UKS G-8 Bielany Warszawa | 37.00 | 459 |
| 16. | 05 | KS Posnania Pozna | 37.32 | 448 |
| 17. | 05 | KS Delfin Gdynia | 38.55 | 406 |
| 18. | 05 | MKS Piast Głogów | 40.99 | 338 |

15 lat

| | | | | |
|-----|----|--|--------------|-----|
| 1. | 04 | UKS „ORKA” Zamo | 33.94 | 595 |
| 2. | 04 | UKS „GIM 92 Ursynów” | 34.23 | 580 |
| 3. | 04 | MUKS "Pi tnaстка" | 34.34 | 575 |
| 4. | 04 | MUKS "Pi tnaстка" | 34.49 | 567 |
| 5. | 04 | Mi dzyszkołny UKS „Olimpijczyk” Suwałk | 34.80 | 552 |
| 6. | 04 | UKS G-8 Bielany Warszawa | 34.94 | 546 |
| 7. | 04 | UKS Pi tka Konstantynów Łódzki | 35.21 | 533 |
| 8. | 04 | MKS Piaseczno | 35.30 | 529 |
| 9. | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 35.82 | 506 |
| 10. | 04 | MKP Szczecin | 35.84 | 506 |
| 11. | 04 | KS Delfin Gdynia | 36.33 | 485 |
| 12. | 04 | UKS „GIM 92 Ursynów” | 37.07 | 457 |
| 13. | 04 | Mokotowski UKP Warszawianka- Wodny | 37.47 | 442 |
| 14. | 04 | UKS „GIM 92 Ursynów” | 38.42 | 410 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
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Konkurencja 3, Kobiet, 50m klasyczny

16 lat

| | | | | | |
|-----|----------------------|----|--------------------------|--------------|-----|
| 1. | BŁA EJEWSKA Nikola | 03 | MUKS Wodnik Łask | 33.15 | 639 |
| 2. | TURKOWSKA Aleksandra | 03 | MKP Szczecin | 33.74 | 606 |
| 3. | HERBREder Gabriela | 03 | UKS „GIM 92 Ursynów” | 33.75 | 605 |
| 4. | PASTUSZUK Paulina | 03 | KS OLIMPIA Lublin | 33.83 | 601 |
| 5. | OBAJTEK Aleksandra | 03 | AZS AWF Warszawa | 34.14 | 585 |
| 6. | RUSSEK Agata | 03 | UKS G-8 Bielany Warszawa | 34.28 | 578 |
| 7. | MARJA SKA Agata | 03 | MKS „Astoria” Bydgoszcz | 35.36 | 526 |
| 8. | DOPART Marcelina | 03 | AZS AWF Warszawa | 35.61 | 515 |
| 9. | CHLEWI SKA Olimpia | 03 | MUKS "Pi tnastka" | 35.91 | 503 |
| 10. | LASECKA Aleksandra | 03 | MKS SP 63 Bydgoszcz | 37.38 | 446 |
| 11. | KASJANIUK Patrycja | 03 | UKP „Polonia Warszawa” | 37.53 | 440 |

17 - 18 lat

| | | | | | |
|----|----------------------|----|--------------------------|--------------|-----|
| 1. | CHMIEL Liwia | 02 | UKS Trójka roda Wlkp. | 32.03 | 708 |
| 2. | BJÖRKÉN Julia | 01 | VSS VASBY | 33.74 | 606 |
| 3. | POPŁAWSKA Apolonia | 02 | KS Posnania Pozna | 34.98 | 544 |
| 4. | PRUSIK Kamila | 02 | MKP Szczecin | 35.09 | 539 |
| 5. | ZIENTARSKA Karolina | 02 | UKS G-8 Bielany Warszawa | 35.46 | 522 |
| 6. | KOPA SKA Maja | 02 | MKS Polonia Warszawa | 36.31 | 486 |
| 7. | KOZANECKA Katarzyna | 01 | KS Posnania Pozna | 36.84 | 465 |
| 8. | PFEIFF Matilda | 01 | VSS VASBY | 38.26 | 415 |
| 9. | LEWANDOWSKA Wiktoria | 02 | MUKS "Pi tnastka" | 42.35 | 306 |

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| Konkurencja 4 2019-11-23 - 11:14 | M cyczn, 50m klasyczny | | | | 14 lat i starsi Wyniki |
|-------------------------------------|------------------------|--------------------|-------|---------------------|---------------------------|
| RP Open | 26.19 | PLUTECKI Adam | 00304 | Gorzow Wielkopolski | 2009-11-28 |
| RP 19 - 23 | 26.53 | TOKARSKI Krzysztof | | Kopenhaga (DEN) | 2017-12-13 |
| RP 18 | 27.00 | KAŁUSOWSKI Jan | 00905 | Lublin | 2018-12-22 |
| RP 17 | 27.38 | SZABŁOWSKI Hubert | 03914 | Łód | 2017-12-21 |
| RP 16 | 28.09 | MICHALCZYK Andrzej | 01006 | Olsztyn | 2016-12-17 |
| RP 15 | 28.43 | SIEMI SKI Piotr | 02314 | Lublin | 2015-12-19 |
| RP 14 | 29.82 | SOBIECKI Jakub | 05114 | Lublin | 2015-12-05 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|------------------------------------|---------------|------|
| 14 lat i starsi | | | | |
| 1. | 94 | AZS AWF Katowice | 27.71 | 756 |
| 2. | 00 | MKS Trójka Łód | 27.97 | 735 |
| 3. | 00 | UKS G-8 Bielany Warszawa | 28.42 | 701 |
| 4. | 95 | AZS AWF Katowice | 28.53 | 693 |
| | 93 | AZS AWF Warszawa | 28.53 | 693 |
| 6. | 00 | MKS Trójka Łód | 28.58 | 689 |
| 7. | 03 | UKS Pi tka Konstantynów Łódzki | 28.71 | 680 |
| 8. | 92 | UKS "AS" Zielona Góra | 28.74 | 678 |
| 9. | 00 | SMS Zielona Góra | 28.77 | 676 |
| 10. | 96 | UKS G-8 Bielany Warszawa | 28.91 | 666 |
| 11. | 93 | KU AZS AGH Kraków | 28.95 | 663 |
| 12. | 01 | UKS G-8 Bielany Warszawa | 28.96 | 662 |
| 13. | 01 | MTKP Delfin Toru | 29.12 | 651 |
| 14. | 80 | KS Warta Pozna | 29.16 | 649 |
| 15. | 00 | KU AZS AGH Kraków | 29.18 | 647 |
| 16. | 04 | UKS G-8 Bielany Warszawa | 29.38 | 634 |
| 17. | 01 | AZS AWFIS Gda sk | 29.64 | 618 |
| 18. | 04 | UKS „GIM 92 Ursynów" | 29.69 | 615 |
| 19. | 02 | VSS VASBY | 29.80 | 608 |
| 20. | 99 | WKS I sk Wrocław | 29.83 | 606 |
| 21. | 99 | KU AZS AGH Kraków | 29.89 | 602 |
| 22. | 03 | UKS G-8 Bielany Warszawa | 29.98 | 597 |
| 23. | 04 | KS Warta Pozna | 30.02 | 595 |
| 24. | 02 | KS KSZO Ostrowiec w. | 30.11 | 589 |
| | 01 | MKS Polonia Warszawa | 30.11 | 589 |
| 26. | 03 | UKS G-8 Bielany Warszawa | 30.24 | 582 |
| 27. | 04 | UKS Fala Swarz dz | 30.26 | 581 |
| 28. | 02 | SS TYRESO | 30.29 | 579 |
| 29. | 02 | KS Posnania Pozna | 30.58 | 562 |
| 30. | 03 | TP Skalar Słupsk | 30.69 | 556 |
| 31. | 05 | MKS Jedyńka Łód | 30.85 | 548 |
| 32. | 00 | VSS VASBY | 30.87 | 547 |
| 33. | 04 | MUKS Wodnik Łask | 31.08 | 536 |
| 34. | 02 | UKS G-8 Bielany Warszawa | 31.14 | 533 |
| 35. | 04 | UKS „Dwójka" Tczew | 32.01 | 490 |
| 36. | 05 | MUKS "Pi tnastka" | 32.03 | 489 |
| 37. | 05 | UKS Olympic Warka | 32.07 | 488 |
| 38. | 04 | UKS Pi tka Konstantynów Łódzki | 32.10 | 486 |
| 39. | 04 | KS OLIMPIA Lublin | 32.15 | 484 |
| 40. | 04 | MUKS "Pi tnastka" | 32.35 | 475 |
| 41. | 03 | MKS Jedyńka Łód | 32.41 | 472 |
| 42. | 02 | Mokotowski UKP Warszawianka- Wodny | F32.93 | 450 |
| 43. | 05 | UPKS Wodnik Rawicz | 33.10 | 443 |
| 44. | 04 | Mokotowski UKP Warszawianka- Wodny | F33.31 | 435 |
| 45. | 03 | KS Warta Pozna | 33.40 | 432 |
| 46. | 04 | MUKS "Pi tnastka" | 33.46 | 429 |

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Pozna , 23- - 24-11-2019

Konkurencja 4, M czyzn, 50m klasyczny, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|----------------------|---------|------------------------------------|---------------|------|
| 47. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 33.76 | 418 |
| 48. | SZYMA SKI Alan | 05 | UPKS Wodnik Rawicz | 33.77 | 418 |
| 49. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 33.97 | 410 |
| 50. | HERBIK Paweł | 05 | MKS Piast Głogów | 34.25 | 400 |
| 51. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów" | 34.34 | 397 |
| 52. | BIELEWICZ Jan | 05 | KS Warta Pozna | 34.58 | 389 |
| 53. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 34.78 | 382 |
| 54. | JANCZYLIK Aleksander | 04 | KS Delfin Gdynia | 34.90 | 378 |
| 55. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wodny | F34.92 | 378 |
| 56. | HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów" | 35.30 | 365 |
| 57. | PUPKA Filip | 04 | Uks Cityzen | 35.39 | 363 |
| 58. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 36.28 | 337 |
| DYSKW. | BIELAWA Dominik | 02 | KS KSZO Ostrowiec w. | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

| | | | | | |
|----|--------------------|----|------------------------------|--|--|
| NW | SUCHODOLSKI Hubert | 04 | KP Delfin Inowrocław | | |
| NW | JAREMEK Michał | 05 | KP Delfin Inowrocław | | |
| NW | STR CZEK Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | |
| NW | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | | |

14 lat

| | | | | | |
|----|---------------------|----|------------------------------|--------------|-----|
| 1. | STANISŁAWSKI Szymon | 05 | MKS Jedynka Łód | 30.85 | 548 |
| 2. | SZYMA SKI Igor | 05 | MUKS "Pi tnastka" | 32.03 | 489 |
| 3. | BACZY SKI Jan | 05 | UKS Olympic Warka | 32.07 | 488 |
| 4. | GIEZEK Jan | 05 | UPKS Wodnik Rawicz | 33.10 | 443 |
| 5. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 33.76 | 418 |
| 6. | SZYMA SKI Alan | 05 | UPKS Wodnik Rawicz | 33.77 | 418 |
| 7. | HERBIK Paweł | 05 | MKS Piast Głogów | 34.25 | 400 |
| 8. | BIELEWICZ Jan | 05 | KS Warta Pozna | 34.58 | 389 |
| NW | JAREMEK Michał | 05 | KP Delfin Inowrocław | | |
| NW | STR CZEK Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | |

15 lat

| | | | | | |
|-----|-----------------------|----|------------------------------------|---------------|-----|
| 1. | TARASEWICZ Marcel | 04 | UKS G-8 Bielany Warszawa | 29.38 | 634 |
| 2. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów" | 29.69 | 615 |
| 3. | CICHOCKI Oliwier | 04 | KS Warta Pozna | 30.02 | 595 |
| 4. | WERMI SKI Jan | 04 | UKS Fala Swarz dz | 30.26 | 581 |
| 5. | GRZEGORZEWSKI Bartosz | 04 | MUKS Wodnik Łask | 31.08 | 536 |
| 6. | WIERCI SKI Kacper | 04 | UKS „Dwójka" Tczew | 32.01 | 490 |
| 7. | ISKRA Szymon | 04 | UKS Pi tka Konstantynów Łódzki | 32.10 | 486 |
| 8. | ZUZANIUK Igor | 04 | KS OLIMPIA Lublin | 32.15 | 484 |
| 9. | DOMAGAŁA Tymoteusz | 04 | MUKS "Pi tnastka" | 32.35 | 475 |
| 10. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawianka- Wodny | F33.31 | 435 |
| 11. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 33.46 | 429 |
| 12. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 33.97 | 410 |
| 13. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 34.78 | 382 |
| 14. | JANCZYLIK Aleksander | 04 | KS Delfin Gdynia | 34.90 | 378 |
| 15. | PUPKA Filip | 04 | Uks Cityzen | 35.39 | 363 |
| NW | SUCHODOLSKI Hubert | 04 | KP Delfin Inowrocław | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 4, M czyzn, 50m klasyczny

16 lat

| | | | | | |
|----|--------------------|----|------------------------------------|--------------|-----|
| 1. | SKÓRA Bartosz | 03 | UKS Pi tka Konstantynów Łódzki | 28.71 | 680 |
| 2. | PRZYSTAŁ Adam | 03 | UKS G-8 Bielany Warszawa | 29.98 | 597 |
| 3. | URYNIUK Paweł | 03 | UKS G-8 Bielany Warszawa | 30.24 | 582 |
| 4. | OLEJNIK Adam | 03 | TP Skalar Słupsk | 30.69 | 556 |
| 5. | WILANOWSKI Mateusz | 03 | MKS Jedyńka Łód | 32.41 | 472 |
| 6. | SZUKAŁA Krzysztof | 03 | KS Warta Pozna | 33.40 | 432 |
| 7. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wodny | 34.92 | 378 |
| 8. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 36.28 | 337 |
| NW | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | | |

17 - 18 lat

| | | | | | |
|--------|--------------------|----|------------------------------------|--------------|-----|
| 1. | GREBER Artur | 01 | UKS G-8 Bielany Warszawa | 28.96 | 662 |
| 2. | WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 29.12 | 651 |
| 3. | PARTYKA Damian | 01 | AZS AWFIS Gda sk | 29.64 | 618 |
| 4. | LERNA William | 02 | VSS VASBY | 29.80 | 608 |
| 5. | KLIMAS Michał | 02 | KS KSZO Ostrowiec w. | 30.11 | 589 |
| | KRASZEWSKI Daniel | 01 | MKS Polonia Warszawa | 30.11 | 589 |
| 7. | LINDWALL Algot | 02 | SS TYRESO | 30.29 | 579 |
| 8. | TOMCZAK Tymoteusz | 02 | KS Posnania Pozna | 30.58 | 562 |
| 9. | GREGORCZYK Jan | 02 | UKS G-8 Bielany Warszawa | 31.14 | 533 |
| 10. | DWYER Vincent John | 02 | Mokotowski UKP Warszawianka- Wodny | 32.93 | 450 |
| 11. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów" | 34.34 | 397 |
| 12. | HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów" | 35.30 | 365 |
| DYSKW. | BIELAWA Dominik | 02 | KS KSZO Ostrowiec w. | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 5
2019-11-23 - 11:18

Kobiet, 200m motylkowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|--------------------|-------|---------------------|------------|
| RP Open | 2:03.53 | JEDRZEJCZAK Otylia | 00114 | Debrecen (HUN) | 2007-12-13 |
| RP 19 - 23 | 2:06.97 | OLCZAK Mirella | | Gorzów Wlkp | 2009-11-26 |
| RP 18 | 2:06.97 | OLCZAK Mirela | | Gorzów Wlkp. | 2009-11-26 |
| RP 17 | 2:06.97 | OLCZAK Mirela | POL | Gorzów Wlkp. | 2009-11-26 |
| RP 16 | 2:06.97 | OLCZAK Mirela | 00104 | Gorzow Wielkopolski | 2009-11-26 |
| RP 15 | 2:10.98 | OLCZAK Mirela | 00104 | Gorzow Wlkp. | 2008-11-27 |
| RP 14 | 2:14.64 | TRAMBOWICZ Zuzanna | 00202 | Olsztyn | 2016-12-15 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------|--|------|------|-----|------|------|------|
|---------|---------|--|------|------|-----|------|------|------|

14 lat i starsi

| | | | | | | | | | |
|-----|---------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | NAZI BŁO Klaudia | 93 | MKS Juvenia Wrocław | 2:09.09 | 795 | 28.20 | 31.71 | 32.66 | 36.52 |
| 2. | ZIELI SKA Daria | 03 | UKP „Polonia Warszawa” | 2:14.25 | 707 | 30.48 | 34.15 | 34.64 | 34.98 |
| 3. | W GRZYNOWSKA A. | 01 | WKS I sk Wrocław | 2:14.45 | 704 | 30.24 | 34.06 | 35.06 | 35.09 |
| 4. | TRAMBOWICZ Zuzanna | 02 | AZS AWF Warszawa | 2:16.11 | 678 | 30.36 | 34.43 | 35.43 | 35.89 |
| 5. | NIEMCZAK Zofia | 99 | AZS AWF Katowice | 2:18.96 | 637 | 31.20 | 35.15 | 35.87 | 36.74 |
| 6. | SOLAK Anna | 00 | KU AZS AGH Kraków | 2:20.79 | 613 | 32.09 | 35.62 | 35.96 | 37.12 |
| 7. | FR CKIEWICZ Martyna | 03 | SMS Zielona Góra | 2:21.11 | 609 | 31.81 | 36.75 | 36.75 | 35.80 |
| 8. | RYDY SKA Marianna | 04 | MUKS "Pi tnastka" | 2:21.29 | 606 | 31.31 | 35.37 | 36.93 | 37.68 |
| | URBAN Karolina | 03 | UKS „Ósemka" Starogard | 2:21.29 | 606 | 31.28 | 35.24 | 37.07 | 37.70 |
| 10. | RUTKOWSKA Wiktoria | 99 | MUKS "Pi tnastka" | 2:23.21 | 582 | 32.11 | 35.76 | 37.32 | 38.02 |
| 11. | WRÓBEL Julia | 03 | UKP „Polonia Warszawa” | 2:23.79 | 575 | 32.31 | 36.02 | 37.30 | 38.16 |
| 12. | NOWAK Zofia | 03 | UKS G-8 Bielany Warszawa | 2:23.83 | 575 | 31.09 | 36.09 | 38.10 | 38.55 |
| 13. | GUS Julia | 99 | MUKS "Pi tnastka" | 2:23.88 | 574 | 31.42 | 36.35 | 37.56 | 38.55 |
| 14. | KUCHTA Maria | 02 | UKS „Dwójka" Tczew | 2:23.99 | 573 | 32.34 | 36.38 | 37.55 | 37.72 |
| 15. | WARCHAŁOWSKA Paulin | 05 | KS OLIMPIA Lublin | 2:24.96 | 561 | 32.35 | 36.48 | 37.27 | 38.86 |
| 16. | SZYSZKO Karolina | 03 | UKP „Polonia Warszawa” | 2:25.36 | 557 | 32.33 | 37.19 | 37.43 | 38.41 |
| 17. | POZNACHOWSKA Nadia | 04 | UKP „Polonia Warszawa” | 2:26.31 | 546 | 32.21 | 36.83 | 39.25 | 38.02 |
| 18. | HAŁAWCZAK Marcelina | 02 | MKP Szczecin | 2:28.12 | 526 | 33.45 | 37.51 | 39.13 | 38.03 |
| 19. | BYLI SKA Agnieszka | 02 | UKS abianka Gda sk | 2:28.46 | 522 | 33.04 | 37.90 | 38.47 | 39.05 |
| 20. | SOKOŁOWSKA Dominika | 04 | KS Neptun widnica | 2:28.84 | 518 | 32.98 | 37.75 | 38.54 | 39.57 |
| 21. | D BKOWSKA Wiktoria | 04 | MUKS Wodnik Łask | 2:29.96 | 507 | 32.15 | 37.93 | 40.51 | 39.37 |
| 22. | CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 2:30.93 | 497 | 32.85 | 37.87 | 39.55 | 40.66 |
| 23. | CZERWI SKA Martyna | 04 | UKS „Dwójka" Tczew | 2:31.09 | 496 | 33.25 | 38.63 | 39.82 | 39.39 |
| 24. | CYGAN Julia | 04 | MKS „Astoria" Bydgoszcz | 2:33.26 | 475 | 34.21 | 40.11 | 39.84 | 39.10 |
| 25. | ORUM Melissa | 04 | MUKS "Pi tnastka" | 2:34.09 | 467 | 33.64 | 38.27 | 39.95 | 42.23 |
| 26. | OLECKA Amelia | 05 | UKS „GIM 92 Ursynów" | 2:34.11 | 467 | 33.43 | 40.34 | 40.49 | 39.85 |
| 27. | BIELEWICZ Joanna | 00 | KS Warta Pozna | 2:39.18 | 424 | 33.04 | 38.52 | 42.26 | 45.36 |
| 28. | ŁUSZCZEWSKA Emilia | 05 | MKS Juvenia Białystok | 2:39.80 | 419 | 33.52 | 39.86 | 42.57 | 43.85 |
| 29. | SADOWSKA Dominika | 04 | MUKS "Pi tnastka" | 2:41.43 | 406 | 33.35 | 40.36 | 42.64 | 45.08 |
| 30. | WRÓBLEWSKA Klaudia | 04 | UKP „Polonia Warszawa” | 2:41.85 | 403 | 35.88 | 41.21 | 42.83 | 41.93 |
| 31. | HAŁADYN Kamila | 04 | UKS SP-149 Łód | 2:42.15 | 401 | 34.87 | 41.11 | 42.95 | 43.22 |
| 32. | GIZA Olga | 04 | UKS abianka Gda sk | 2:42.48 | 398 | 35.34 | 40.74 | 43.58 | 42.82 |

14 lat

| | | | | | | | | | |
|----|---------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. | WARCHAŁOWSKA Paulin | 05 | KS OLIMPIA Lublin | 2:24.96 | 561 | 32.35 | 36.48 | 37.27 | 38.86 |
| 2. | CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 2:30.93 | 497 | 32.85 | 37.87 | 39.55 | 40.66 |
| 3. | OLECKA Amelia | 05 | UKS „GIM 92 Ursynów" | 2:34.11 | 467 | 33.43 | 40.34 | 40.49 | 39.85 |
| 4. | ŁUSZCZEWSKA Emilia | 05 | MKS Juvenia Białystok | 2:39.80 | 419 | 33.52 | 39.86 | 42.57 | 43.85 |

15 lat

| | | | | | | | | | |
|----|---------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | RYDY SKA Marianna | 04 | MUKS "Pi tnastka" | 2:21.29 | 606 | 31.31 | 35.37 | 36.93 | 37.68 |
| 2. | POZNACHOWSKA Nadia | 04 | UKP „Polonia Warszawa” | 2:26.31 | 546 | 32.21 | 36.83 | 39.25 | 38.02 |
| 3. | SOKOŁOWSKA Dominika | 04 | KS Neptun widnica | 2:28.84 | 518 | 32.98 | 37.75 | 38.54 | 39.57 |
| 4. | D BKOWSKA Wiktoria | 04 | MUKS Wodnik Łask | 2:29.96 | 507 | 32.15 | 37.93 | 40.51 | 39.37 |
| 5. | CZERWI SKA Martyna | 04 | UKS „Dwójka" Tczew | 2:31.09 | 496 | 33.25 | 38.63 | 39.82 | 39.39 |
| 6. | CYGAN Julia | 04 | MKS „Astoria" Bydgoszcz | 2:33.26 | 475 | 34.21 | 40.11 | 39.84 | 39.10 |
| 7. | ORUM Melissa | 04 | MUKS "Pi tnastka" | 2:34.09 | 467 | 33.64 | 38.27 | 39.95 | 42.23 |
| 8. | SADOWSKA Dominika | 04 | MUKS "Pi tnastka" | 2:41.43 | 406 | 33.35 | 40.36 | 42.64 | 45.08 |
| 9. | WRÓBLEWSKA Klaudia | 04 | UKP „Polonia Warszawa” | 2:41.85 | 403 | 35.88 | 41.21 | 42.83 | 41.93 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 5, Dziewcz t, 200m motylkowy, 15 lat

| Pozycja | Rok ur. | | Czas Pkt. | 50m | 100m | 150m | 200m |
|--------------------|---------|--------------------|--------------------|-------|-------|-------|-------|
| 10. HAŁADYN Kamila | 04 | UKS SP-149 Łód | 2:42.15 401 | 34.87 | 41.11 | 42.95 | 43.22 |
| 11. GIZA Olga | 04 | UKS abianka Gda sk | 2:42.48 398 | 35.34 | 40.74 | 43.58 | 42.82 |

16 lat

| | | | | | | | |
|------------------------|----|--------------------------|--------------------|-------|-------|-------|-------|
| 1. ZIELI SKA Daria | 03 | UKP „Polonia Warszawa” | 2:14.25 707 | 30.48 | 34.15 | 34.64 | 34.98 |
| 2. FR CKIEWICZ Martyna | 03 | SMS Zielona Góra | 2:21.11 609 | 31.81 | 36.75 | 36.75 | 35.80 |
| 3. URBAN Karolina | 03 | UKS „Ósemka” Starogard | 2:21.29 606 | 31.28 | 35.24 | 37.07 | 37.70 |
| 4. WRÓBEL Julia | 03 | UKP „Polonia Warszawa” | 2:23.79 575 | 32.31 | 36.02 | 37.30 | 38.16 |
| 5. NOWAK Zofia | 03 | UKS G-8 Bielany Warszawa | 2:23.83 575 | 31.09 | 36.09 | 38.10 | 38.55 |
| 6. SZYSZKO Karolina | 03 | UKP „Polonia Warszawa” | 2:25.36 557 | 32.33 | 37.19 | 37.43 | 38.41 |

17 - 18 lat

| | | | | | | | |
|------------------------|----|--------------------|--------------------|-------|-------|-------|-------|
| 1. W GRZYNOWSKA A. | 01 | WKS I sk Wrocław | 2:14.45 704 | 30.24 | 34.06 | 35.06 | 35.09 |
| 2. TRAMBOWICZ Zuzanna | 02 | AZS AWF Warszawa | 2:16.11 678 | 30.36 | 34.43 | 35.43 | 35.89 |
| 3. KUCHTA Maria | 02 | UKS „Dwójka” Tczew | 2:23.99 573 | 32.34 | 36.38 | 37.55 | 37.72 |
| 4. HAŁAWCZAK Marcelina | 02 | MKP Szczecin | 2:28.12 526 | 33.45 | 37.51 | 39.13 | 38.03 |
| 5. BYLI SKA Agnieszka | 02 | UKS abianka Gda sk | 2:28.46 522 | 33.04 | 37.90 | 38.47 | 39.05 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 6
2019-11-23 - 11:18

M czyzn, 200m motylkowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-----------------------|-------|----------------|------------|
| RP Open | 1:50.13 | KORZENIOWSKI Pawel | 00114 | Istanbul (TUR) | 2009-12-12 |
| RP 19 - 23 | 1:50.89 | KORZENIOWSKI Pawel | 00114 | Triest (ITA) | 2005-12-10 |
| RP 18 | 1:53.09 | CIE LAK Marcin | 03914 | Dubai (UAE) | 2010-12-19 |
| RP 17 | 1:55.89 | POPRAWA Michał | 00611 | Poznan | 2011-12-17 |
| RP 16 | 1:55.93 | CIE LAK Marcin | 03914 | Gorzow Wlkp. | 2008-11-29 |
| RP 15 | 2:00.17 | ZUBIK Jan | 09514 | Ostrowiec w. | 2018-12-16 |
| RP 14 | 2:01.11 | CHMIELEWSKI Krzysztof | 05614 | Lublin | 2018-12-21 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|------------------------|---------|------------------------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | 98 | CHRZANOWSKI Damian | WKS I sk Wrocław | 1:54.04 | 855 | 25.81 | 28.86 | 29.73 | 29.64 |
| 2. | 00 | MAJERSKI Jakub | SMS Kraków | 1:54.59 | 842 | 26.03 | 29.31 | 29.12 | 30.13 |
| 3. | 94 | WITKOWSKI Jan | KU AZS UMCS Lublin | 1:56.00 | 812 | 26.13 | 29.37 | 29.90 | 30.60 |
| 4. | 03 | ZUBIK Jan | UKP „Polonia Warszawa” | 1:57.30 | 785 | 26.42 | 29.66 | 29.94 | 31.28 |
| 5. | 02 | JA KIEWICZ Adrian | UKS G-8 Bielany Warszawa | 1:57.47 | 782 | 26.00 | 29.37 | 30.63 | 31.47 |
| 6. | 01 | WARZOCHA Albert | Uks Cityzen | 2:00.81 | 719 | 26.86 | 30.61 | 31.57 | 31.77 |
| 7. | 94 | SZWEDZKI Dawid | WKS I sk Wrocław | 2:02.21 | 694 | 27.73 | 31.39 | 31.66 | 31.43 |
| 8. | 00 | OLLER Krzysztof | KU AZS UMCS Lublin | 2:02.31 | 693 | 28.19 | 31.38 | 31.32 | 31.42 |
| 9. | 00 | BUTKIEWICZ Cezary | UKP „Polonia Warszawa” | 2:04.32 | 659 | 27.98 | 32.03 | 31.61 | 32.70 |
| 10. | 01 | TYLICKI Mateusz | MUKS "Pi tnastka" | 2:05.81 | 636 | 28.16 | 32.49 | 32.66 | 32.50 |
| 11. | 03 | WIEK Wiktor | UKS G-8 Bielany Warszawa | 2:06.24 | 630 | 27.81 | 31.00 | 32.72 | 34.71 |
| 12. | 97 | POWRO NIK Konrad | WKS I sk Wrocław | 2:06.26 | 630 | 28.29 | 32.02 | 32.60 | 33.35 |
| 13. | 03 | NOSARZEWSKI Kornel | Mokotowski UKP Warszawa | 2:06.41 | 627 | 28.14 | 32.32 | 32.87 | 33.08 |
| 14. | 01 | GRZYBOWSKI Artur | MKP Szczecin | 2:07.27 | 615 | 28.64 | 32.38 | 32.76 | 33.49 |
| 15. | 04 | TOMASZEWSKI Aleks | KS KSZO Ostrowiec w. | 2:07.31 | 614 | 28.28 | 33.22 | 32.73 | 33.08 |
| 16. | 99 | BOCHE Tomasz | KU AZS UMCS Lublin | 2:07.57 | 610 | 28.40 | 32.32 | 32.66 | 34.19 |
| 17. | 01 | SAWICKI Oskar | UKS G-8 Bielany Warszawa | 2:07.62 | 610 | 28.07 | 32.37 | 33.98 | 33.20 |
| 18. | 02 | LINDHOLM Christopher | VSS VASBY | 2:08.10 | 603 | 28.37 | 32.51 | 33.29 | 33.93 |
| 19. | 03 | WLAŻŁOWSKI Kamil | UKP „Polonia Warszawa” | 2:08.28 | 600 | 29.48 | 31.45 | 33.22 | 34.13 |
| 20. | 03 | KORONA Kacper | MKP Szczecin | 2:08.78 | 593 | 28.48 | 32.55 | 33.38 | 34.37 |
| 21. | 02 | RAJCA Wiktor | KS KSZO Ostrowiec w. | 2:08.83 | 593 | 29.47 | 32.49 | 33.30 | 33.57 |
| 22. | 00 | PACŁAWSKI Jakub | KU AZS UMCS Lublin | 2:08.97 | 591 | 29.04 | 32.79 | 34.02 | 33.12 |
| 23. | 05 | PŁOSZKA Kacper | MKS Jedyńka Łód | 2:09.80 | 579 | 28.79 | 32.94 | 34.18 | 33.89 |
| 24. | 97 | KADROW Konrad | KU AZS UMCS Lublin | 2:09.95 | 577 | 28.44 | 32.52 | 34.43 | 34.56 |
| 25. | 01 | MALINOWSKI Bartosz | MKS Neptun Stargard | 2:10.08 | 576 | 28.15 | 32.47 | 34.10 | 35.36 |
| 26. | 05 | ZDYBEL Adam | KS Delfin Gdynia | 2:10.80 | 566 | 29.83 | 32.98 | 33.35 | 34.64 |
| 27. | 00 | GÖRANSSON Carl | VSS VASBY | 2:10.86 | 565 | 29.42 | 32.82 | 35.09 | 33.53 |
| 28. | 01 | TŁOMAK Andrzej | St. KF KS „Fenix” O arów | 2:11.79 | 554 | 27.79 | 33.27 | 33.75 | 36.98 |
| 29. | 03 | ROGUSKI Mateusz | UKP „Polonia Warszawa” | 2:12.23 | 548 | 29.00 | 33.15 | 34.61 | 35.47 |
| 30. | 05 | MOCHNAL Kacper | MKS Jedyńka Łód | 2:12.38 | 546 | 30.00 | 33.63 | 34.38 | 34.37 |
| 31. | 02 | STENSSON Erik | SS VAERMAMO | 2:12.44 | 545 | 28.80 | 33.23 | 35.49 | 34.92 |
| 32. | 02 | KUBIAK Norbert | KS Warta Pozna | 2:12.66 | 543 | 29.61 | 33.65 | 34.33 | 35.07 |
| 33. | 02 | DEMBSKI-KORNAGA Eryk | MKP Szczecin | 2:12.71 | 542 | 29.07 | 33.91 | 34.52 | 35.21 |
| 34. | 02 | BORZYMEK Hubert | Mokotowski UKP Warszawa | 2:13.04 | 538 | 29.44 | 33.41 | 34.40 | 35.79 |
| 35. | 04 | GOŁACKI Sergiusz | UKS 190 Łód | 2:13.68 | 530 | 29.31 | 34.40 | 35.04 | 34.93 |
| | 04 | WARZOCHA Gustaw | Uks Cityzen | 2:13.68 | 530 | 29.16 | 34.07 | 34.88 | 35.57 |
| 37. | 01 | NALE NIK Jakub | MKP Szczecin | 2:13.75 | 530 | 28.77 | 33.59 | 35.22 | 36.17 |
| 38. | 02 | OSSOWSKI Damian | MKS SP 63 Bydgoszcz | 2:13.81 | 529 | 29.71 | 33.87 | 34.96 | 35.27 |
| 39. | 96 | BISZKONT Damian | KP AVIA widnik | 2:15.30 | 512 | 29.37 | 34.15 | 35.27 | 36.51 |
| 40. | 02 | SIMONSSON Ivar | VSS VASBY | 2:15.33 | 511 | 30.11 | 34.61 | 35.16 | 35.45 |
| 41. | 02 | DUDEK Kacper | KS Warta Pozna | 2:15.70 | 507 | 30.00 | 34.24 | 34.81 | 36.65 |
| 42. | 04 | YRO Ignacy | UKS „GIM 92 Ursynów” | 2:16.37 | 500 | 30.23 | 34.72 | 35.37 | 36.05 |
| 43. | 04 | UROWICZ Antoni | MKP Szczecin | 2:16.46 | 499 | 29.69 | 35.17 | 36.25 | 35.35 |
| 44. | 02 | BLI NIEWSKI Franciszek | MKS Trójka Łód | 2:17.47 | 488 | 28.87 | 34.35 | 36.21 | 38.04 |
| 45. | 04 | MAZUREK Bła ej | MKP Szczecin | 2:17.56 | 487 | 30.81 | 34.51 | 35.28 | 36.96 |
| 46. | 01 | WNUK Jakub | KS Posnania Pozna | 2:17.87 | 483 | 29.50 | 34.79 | 36.70 | 36.88 |
| 47. | 02 | KLISZ Krystian | MKP Szczecin | 2:18.33 | 479 | 31.04 | 35.23 | 35.73 | 36.33 |
| 48. | 03 | MATYSIAK Kacper | KS Warta Pozna | 2:18.66 | 475 | 30.87 | 35.42 | 36.46 | 35.91 |
| 49. | 04 | LASKI Filip | St. KF KS „Fenix” O arów | 2:19.53 | 466 | 32.46 | 34.31 | 35.76 | 37.00 |
| 50. | 05 | GÓRAL Piotr | UKS „Dwójka” Tczew | 2:20.56 | 456 | 31.45 | 35.96 | 37.43 | 35.72 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 6, M czynn, 200m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---|---------------------------------|----------------|------|-------|-------|-------|-------|
| 51. | KUREK Alan | 04 MKP Szczecin | 2:20.86 | 453 | 29.89 | 35.41 | 37.52 | 38.04 |
| 52. | GOŁY SKI Michał | 05 UKS „GIM 92 Ursynów" | 2:21.75 | 445 | 30.98 | 35.92 | 37.34 | 37.51 |
| 53. | MŁYNARCZYK Mateusz | 04 MKS Jedyńka Łód | 2:22.54 | 437 | 32.13 | 36.17 | 37.07 | 37.17 |
| 54. | MARUWKA Bruno | 03 UPKS Wodnik Rawicz | 2:22.82 | 435 | 30.53 | 35.90 | 37.83 | 38.56 |
| 55. | J DRZEJKIEWICZ Ignacy | 04 UKS „GIM 92 Ursynów" | 2:23.04 | 433 | 30.77 | 37.45 | 38.41 | 36.41 |
| 56. | OKO Maksymilian | 05 UKS „GIM 92 Ursynów" | 2:24.38 | 421 | 31.45 | 35.79 | 37.28 | 39.86 |
| 57. | DEPA Mateusz | 04 KS Posenania Pozna | 2:29.25 | 381 | 31.63 | 37.13 | 40.22 | 40.27 |
| 58. | KURDELSKI Filip | 04 Mokotowski UKP Warszawi | 2:30.27 | c373 | 31.98 | 37.39 | 39.81 | 41.09 |
| 59. | DWYER Vincent John | 02 Mokotowski UKP Warszawi | 2:34.72 | c342 | 31.97 | 37.65 | 42.23 | 42.87 |
| 60. | ZACHARJASIEWICZ Antor | 04 UKS „GIM 92 Ursynów" | 2:44.00 | 287 | 33.92 | 40.14 | 43.26 | 46.68 |
| DYSKW. | WENERSKI Eryk | 05 UKP „Polonia Warszawa" | | | | | | |
| | <i>M7 - Pływak wykonał naprzemienne lub nierównoczesne ruchy nóg.</i> | | | | | | | |
| NW | WOJCIECHOWSKI Szymo | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | | | | | | |

14 lat

| | | | | | | | | |
|--------|---|---------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | PŁOSZKA Kacper | 05 MKS Jedyńka Łód | 2:09.80 | 579 | 28.79 | 32.94 | 34.18 | 33.89 |
| 2. | ZDYBEL Adam | 05 KS Delfin Gdynia | 2:10.80 | 566 | 29.83 | 32.98 | 33.35 | 34.64 |
| 3. | MOCHNAL Kacper | 05 MKS Jedyńka Łód | 2:12.38 | 546 | 30.00 | 33.63 | 34.38 | 34.37 |
| 4. | GÓRAL Piotr | 05 UKS „Dwójka" Tczew | 2:20.56 | 456 | 31.45 | 35.96 | 37.43 | 35.72 |
| 5. | GOŁY SKI Michał | 05 UKS „GIM 92 Ursynów" | 2:21.75 | 445 | 30.98 | 35.92 | 37.34 | 37.51 |
| 6. | OKO Maksymilian | 05 UKS „GIM 92 Ursynów" | 2:24.38 | 421 | 31.45 | 35.79 | 37.28 | 39.86 |
| DYSKW. | WENERSKI Eryk | 05 UKP „Polonia Warszawa" | | | | | | |
| | <i>M7 - Pływak wykonał naprzemienne lub nierównoczesne ruchy nóg.</i> | | | | | | | |
| NW | WOJCIECHOWSKI Szymo | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | | | | | | |

15 lat

| | | | | | | | | |
|-----|-----------------------|-----------------------------|----------------|------|-------|-------|-------|-------|
| 1. | TOMASZEWSKI Aleks | 04 KS KSZO Ostrowiec w. | 2:07.31 | 614 | 28.28 | 33.22 | 32.73 | 33.08 |
| 2. | GOŁACKI Sergiusz | 04 UKS 190 Łód | 2:13.68 | 530 | 29.31 | 34.40 | 35.04 | 34.93 |
| | WARZOCHA Gustaw | 04 Uks Cityzen | 2:13.68 | 530 | 29.16 | 34.07 | 34.88 | 35.57 |
| 4. | YRO Ignacy | 04 UKS „GIM 92 Ursynów" | 2:16.37 | 500 | 30.23 | 34.72 | 35.37 | 36.05 |
| 5. | UROWICZ Antoni | 04 MKP Szczecin | 2:16.46 | 499 | 29.69 | 35.17 | 36.25 | 35.35 |
| 6. | MAZUREK Bła ej | 04 MKP Szczecin | 2:17.56 | 487 | 30.81 | 34.51 | 35.28 | 36.96 |
| 7. | LASKI Filip | 04 St. KF KS „Fenix" O arów | 2:19.53 | c466 | 32.46 | 34.31 | 35.76 | 37.00 |
| 8. | KUREK Alan | 04 MKP Szczecin | 2:20.86 | 453 | 29.89 | 35.41 | 37.52 | 38.04 |
| 9. | MŁYNARCZYK Mateusz | 04 MKS Jedyńka Łód | 2:22.54 | 437 | 32.13 | 36.17 | 37.07 | 37.17 |
| 10. | J DRZEJKIEWICZ Ignacy | 04 UKS „GIM 92 Ursynów" | 2:23.04 | 433 | 30.77 | 37.45 | 38.41 | 36.41 |
| 11. | DEPA Mateusz | 04 KS Posenania Pozna | 2:29.25 | 381 | 31.63 | 37.13 | 40.22 | 40.27 |
| 12. | KURDELSKI Filip | 04 Mokotowski UKP Warszawi | 2:30.27 | c373 | 31.98 | 37.39 | 39.81 | 41.09 |
| 13. | ZACHARJASIEWICZ Antor | 04 UKS „GIM 92 Ursynów" | 2:44.00 | 287 | 33.92 | 40.14 | 43.26 | 46.68 |

16 lat

| | | | | | | | | |
|----|--------------------|-----------------------------|----------------|------|-------|-------|-------|-------|
| 1. | ZUBIK Jan | 03 UKP „Polonia Warszawa" | 1:57.30 | 785 | 26.42 | 29.66 | 29.94 | 31.28 |
| 2. | WIEK Wiktor | 03 UKS G-8 Bielany Warszawa | 2:06.24 | 630 | 27.81 | 31.00 | 32.72 | 34.71 |
| 3. | NOSARZEWSKI Kornel | 03 Mokotowski UKP Warszawi | 2:06.41 | c627 | 28.14 | 32.32 | 32.87 | 33.08 |
| 4. | WLAZŁOWSKI Kamil | 03 UKP „Polonia Warszawa" | 2:08.28 | 600 | 29.48 | 31.45 | 33.22 | 34.13 |
| 5. | KORONA Kacper | 03 MKP Szczecin | 2:08.78 | 593 | 28.48 | 32.55 | 33.38 | 34.37 |
| 6. | ROGUSKI Mateusz | 03 UKP „Polonia Warszawa" | 2:12.23 | 548 | 29.00 | 33.15 | 34.61 | 35.47 |
| 7. | MATYSIAK Kacper | 03 KS Warta Pozna | 2:18.66 | 475 | 30.87 | 35.42 | 36.46 | 35.91 |
| 8. | MARUWKA Bruno | 03 UPKS Wodnik Rawicz | 2:22.82 | 435 | 30.53 | 35.90 | 37.83 | 38.56 |

17 - 18 lat

| | | | | | | | | |
|----|----------------------|-----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | JA KIEWICZ Adrian | 02 UKS G-8 Bielany Warszawa | 1:57.47 | 782 | 26.00 | 29.37 | 30.63 | 31.47 |
| 2. | WARZOCHA Albert | 01 Uks Cityzen | 2:00.81 | 719 | 26.86 | 30.61 | 31.57 | 31.77 |
| 3. | TYLICKI Mateusz | 01 MUKS "Pi tnastka" | 2:05.81 | 636 | 28.16 | 32.49 | 32.66 | 32.50 |
| 4. | GRZYBOWSKI Artur | 01 MKP Szczecin | 2:07.27 | 615 | 28.64 | 32.38 | 32.76 | 33.49 |
| 5. | SAWICKI Oskar | 01 UKS G-8 Bielany Warszawa | 2:07.62 | 610 | 28.07 | 32.37 | 33.98 | 33.20 |
| 6. | LINDHOLM Christopher | 02 VSS VASBY | 2:08.10 | 603 | 28.37 | 32.51 | 33.29 | 33.93 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Poznań, 23- - 24-11-2019

Konkurencja 6, Chłopców, 200m motylkowy, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------|------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 7. | RAJCA Wiktor | 02 | KS KSZO Ostrowiec w. | 2:08.83 | 593 | 29.47 | 32.49 | 33.30 | 33.57 |
| 8. | MALINOWSKI Bartosz | 01 | MKS Neptun Stargard | 2:10.08 | 576 | 28.15 | 32.47 | 34.10 | 35.36 |
| 9. | TŁOMAK Andrzej | 01 | St. KF KS „Fenix” O arów | 2:11.79 | 554 | 27.79 | 33.27 | 33.75 | 36.98 |
| 10. | STENSSON Erik | 02 | SS VAERMAMO | 2:12.44 | 545 | 28.80 | 33.23 | 35.49 | 34.92 |
| 11. | KUBIAK Norbert | 02 | KS Warta Pozna | 2:12.66 | 543 | 29.61 | 33.65 | 34.33 | 35.07 |
| 12. | DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | 2:12.71 | 542 | 29.07 | 33.91 | 34.52 | 35.21 |
| 13. | BORZYMEK Hubert | 02 | Mokotowski UKP Warszawi | 2:13.04 | 538 | 29.44 | 33.41 | 34.40 | 35.79 |
| 14. | NALE NIK Jakub | 01 | MKP Szczecin | 2:13.75 | 530 | 28.77 | 33.59 | 35.22 | 36.17 |
| 15. | OSSOWSKI Damian | 02 | MKS SP 63 Bydgoszcz | 2:13.81 | 529 | 29.71 | 33.87 | 34.96 | 35.27 |
| 16. | SIMONSSON Ivar | 02 | VSS VASBY | 2:15.33 | 511 | 30.11 | 34.61 | 35.16 | 35.45 |
| 17. | DUDEK Kacper | 02 | KS Warta Pozna | 2:15.70 | 507 | 30.00 | 34.24 | 34.81 | 36.65 |
| 18. | BLI NIEWSKI Franciszek | 02 | MKS Trójka Łód | 2:17.47 | 488 | 28.87 | 34.35 | 36.21 | 38.04 |
| 19. | WNUK Jakub | 01 | KS Posnania Pozna | 2:17.87 | 483 | 29.50 | 34.79 | 36.70 | 36.88 |
| 20. | KLISZ Krystian | 02 | MKP Szczecin | 2:18.33 | 479 | 31.04 | 35.23 | 35.73 | 36.33 |
| 21. | DWYER Vincent John | 02 | Mokotowski UKP Warszawi | 2:34.72 | 342 | 31.97 | 37.65 | 42.23 | 42.87 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 7
2019-11-23 - 11:24

Kobiet, 100m grzbietowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|------------------|-------|---------------------|------------|
| RP Open | 57.17 | TCHÓRZ Alicja | 00101 | Netanya (ISR) | 2015-12-03 |
| RP 19 - 23 | 57.17 | TCHÓRZ Alicja | 00101 | Netanya (ISR) | 2015-12-03 |
| RP 18 | 58.43 | TCHÓRZ Alicja | | Gorzów Wlkp. | 2009-11-27 |
| RP 17 | 58.43 | TCHÓRZ Alicja | 00104 | Gorzow Wielkopolski | 2009-11-27 |
| RP 16 | 59.01 | NAZI BŁO Klaudia | 00101 | Gorzow Wielkopolski | 2009-11-27 |
| RP 15 | 1:00.29 | NAZI BŁO Klaudia | 00101 | Gorzow Wlkp. | 2008-11-28 |
| RP 14 | 1:01.52 | KNOP Aleksandra | 01605 | Lublin | 2017-03-05 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|-------------------------------------|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 92 | MKS Juvenia Wrocław | 58.04 | 852 | 28.19 | 29.85 |
| 2. | 98 | UKS G-8 Bielany Warszawa | 58.98 | 812 | 29.24 | 29.74 |
| 3. | 98 | AZS AWF Katowice | 59.01 | 811 | 28.95 | 30.06 |
| 4. | 02 | AZS AWF Warszawa | 1:00.97 | 735 | 29.83 | 31.14 |
| 5. | 05 | KS OLIMPIA Lublin | 1:02.57 | 680 | 30.18 | 32.39 |
| | 05 | MKS Jedyńka Łód | 1:02.57 | 680 | 29.81 | 32.76 |
| 7. | 04 | UKS abianka Gda sk | 1:03.50 | 650 | 30.54 | 32.96 |
| 8. | 02 | UKS G-8 Bielany Warszawa | 1:03.71 | 644 | 31.10 | 32.61 |
| 9. | 02 | Grudzi dzki KP „Orka” | 1:03.79 | 642 | 30.55 | 33.24 |
| 10. | 04 | MKS Juvenia Wrocław | 1:04.36 | 625 | 31.00 | 33.36 |
| 11. | 03 | UKS G-8 Bielany Warszawa | 1:04.84 | 611 | 31.23 | 33.61 |
| 12. | 02 | MKP Szczecin | 1:04.91 | 609 | 31.77 | 33.14 |
| 13. | 05 | TP Skalar Słupsk | 1:05.09 | 604 | 31.47 | 33.62 |
| 14. | 03 | UKS „GIM 92 Ursynów” | 1:05.30 | 598 | 31.34 | 33.96 |
| 15. | 03 | UKP „Polonia Warszawa” | 1:05.53 | 592 | 30.95 | 34.58 |
| 16. | 03 | AZS AWF Warszawa | 1:05.59 | 590 | 31.86 | 33.73 |
| 17. | 02 | Kaliski Klub Sportowy „Włókniarz” 1 | 1:06.20 | 574 | 31.67 | 34.53 |
| 18. | 03 | UKS abianka Gda sk | 1:06.24 | 573 | 32.28 | 33.96 |
| 19. | 04 | UKS „ORKA” Zamo | 1:06.27 | 572 | 32.11 | 34.16 |
| 20. | 03 | MUKS "Pi tnastka" | 1:06.30 | 571 | 32.26 | 34.04 |
| 21. | 03 | MKS „Astoria” Bydgoszcz | 1:06.44 | 568 | 31.85 | 34.59 |
| 22. | 02 | MUKS "Pi tnastka" | 1:06.54 | 565 | 32.65 | 33.89 |
| 23. | 05 | MKS Jedyńka Łód | 1:06.71 | 561 | 32.08 | 34.63 |
| 24. | 03 | UKS „GIM 92 Ursynów” | 1:06.95 | 555 | 32.17 | 34.78 |
| 25. | 03 | UKS G-8 Bielany Warszawa | 1:07.01 | 553 | 32.52 | 34.49 |
| 26. | 00 | St. KF KS „Fenix” O arów Mazowiec | 1:07.16 | 550 | 32.04 | 35.12 |
| 27. | 03 | AZS AWF Warszawa | 1:07.20 | 549 | 31.72 | 35.48 |
| 28. | 04 | MKS Jedyńka Łód | 1:07.26 | 547 | 33.18 | 34.08 |
| 29. | 04 | UKS „ORKA” Zamo | 1:07.27 | 547 | 32.81 | 34.46 |
| 30. | 05 | SMS Zielona Góra | 1:07.34 | 545 | 32.89 | 34.45 |
| 31. | 03 | Kaliski Klub Sportowy „Włókniarz” 1 | 1:08.26 | 523 | 32.64 | 35.62 |
| 32. | 05 | UKS Manta Warszawa Włochy | 1:08.54 | 517 | 32.94 | 35.60 |
| 33. | 03 | UKP „Polonia Warszawa” | 1:08.74 | 513 | 33.25 | 35.49 |
| 34. | 04 | KS KSZO Ostrowiec w. | 1:08.78 | 512 | 33.49 | 35.29 |
| 35. | 01 | VSS VASBY | 1:09.01 | 507 | 32.98 | 36.03 |
| 36. | 01 | MKP Szczecin | 1:09.02 | 506 | 33.62 | 35.40 |
| 37. | 04 | SMS Zielona Góra | 1:09.18 | 503 | 34.01 | 35.17 |
| 38. | 04 | UKS „GIM 92 Ursynów” | 1:09.22 | 502 | 32.52 | 36.70 |
| 39. | 04 | MUKS "Pi tnastka" | 1:09.42 | 498 | 33.43 | 35.99 |
| 40. | 04 | MKS Jedyńka Łód | 1:09.65 | 493 | 34.29 | 35.36 |
| 41. | 05 | UKS „GIM 92 Ursynów” | 1:10.55 | 474 | 34.04 | 36.51 |
| 42. | 03 | MKS „Astoria” Bydgoszcz | 1:10.75 | 470 | 33.97 | 36.78 |
| 43. | 05 | AZS AWF Warszawa | 1:10.76 | 470 | 33.86 | 36.90 |
| | 04 | UKP „Polonia Warszawa” | 1:10.76 | 470 | 33.68 | 37.08 |
| 45. | 03 | AZS AWFIS Gda sk | 1:11.08 | 464 | 34.10 | 36.98 |
| 46. | 05 | UKS G-8 Bielany Warszawa | 1:11.54 | 455 | 35.32 | 36.22 |
| 47. | 05 | MKS Piaseczno | 1:11.75 | 451 | 35.12 | 36.63 |
| 48. | 03 | MKP Szczecin | 1:11.95 | 447 | 34.77 | 37.18 |
| 49. | 05 | UKS G-8 Bielany Warszawa | 1:12.14 | 443 | 34.97 | 37.17 |
| 50. | 04 | UKS abianka Gda sk | 1:12.67 | 434 | 35.33 | 37.34 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 7, Kobiet, 100m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|-------------------------|---|----------------|------|-------|-------|
| 51. WIDERAK Sonia | 04 KS Warta Pozna | 1:13.84 | 413 | 36.13 | 37.71 |
| 52. KLIMIUK Zuzanna | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:13.87 | 413 | 35.23 | 38.64 |
| 53. SVENSSON Lovisa | 02 SS VAERMAMO | 1:13.93 | 412 | 35.08 | 38.85 |
| 54. HODUR Paulina | 04 MKS Polonia Warszawa | 1:14.08 | 409 | 36.13 | 37.95 |
| 55. SZCZEPANIAK Justyna | 04 MKP Szczecin | 1:14.41 | 404 | 35.83 | 38.58 |
| 56. TRZASKA Alicja | 05 Uczniowski Klub Sportowy Delfin Le | 1:14.62 | 401 | 36.19 | 38.43 |
| 57. KACZMAREK Nikola | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:14.66 | 400 | 36.45 | 38.21 |
| 58. PILARSKA Natalia | 03 KS Warta Pozna | 1:15.17 | 392 | 36.33 | 38.84 |
| 59. PFEIFF Matilda | 01 VSS VASBY | 1:16.36 | 374 | 36.69 | 39.67 |
| 60. LASECKA Anna | 05 Mokotowski UKP Warszawianka- Wc | 1:16.62 | 370 | 37.08 | 39.54 |
| 61. JARZY SKA Gabriela | 05 MUKS Wodnik Łask | 1:17.93 | 352 | 37.73 | 40.20 |
| 62. PAWELEC Oliwia | 05 UKS Siódemka Gdynia | 1:18.66 | 342 | 38.04 | 40.62 |
| 63. WASZKIEWICZ Alicja | 05 KP Delfin Inowrocław | 1:19.02 | 337 | 38.16 | 40.86 |
| 64. GAWLIKOWSKA Olga | 05 MUKS Wodnik Łask | 1:19.87 | 327 | 38.63 | 41.24 |
| DYSKW. STANECKA Hanna | 04 Starachowicki Klub Pływacki BARAKUDA | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

14 lat

| | | | | | |
|------------------------|---------------------------------------|----------------|-----|-------|-------|
| 1. BERNAT Laura | 05 KS OLIMPIA Lublin | 1:02.57 | 680 | 30.18 | 32.39 |
| KARBOWNIK Małgorzata | 05 MKS Jedyńka Łód | 1:02.57 | 680 | 29.81 | 32.76 |
| 3. PALICKA Wiktoria | 05 TP Skalar Słupsk | 1:05.09 | 604 | 31.47 | 33.62 |
| 4. GRZEBIELUCH Maja | 05 MKS Jedyńka Łód | 1:06.71 | 561 | 32.08 | 34.63 |
| 5. WIECZOREK Zuzanna | 05 SMS Zielona Góra | 1:07.34 | 545 | 32.89 | 34.45 |
| 6. DZIADEK Amelia | 05 UKS Manta Warszawa Włochy | 1:08.54 | 517 | 32.94 | 35.60 |
| 7. KLECZEK Maria | 05 UKS „GIM 92 Ursynów” | 1:10.55 | 474 | 34.04 | 36.51 |
| 8. SŁOMI SKA Anna | 05 AZS AWF Warszawa | 1:10.76 | 470 | 33.86 | 36.90 |
| 9. KOŁAKOWSKA Weronika | 05 UKS G-8 Bielany Warszawa | 1:11.54 | 455 | 35.32 | 36.22 |
| 10. WRÓBEL Karolina | 05 MKS Piaseczno | 1:11.75 | 451 | 35.12 | 36.63 |
| 11. MAKSYMOWICZ Nadia | 05 UKS G-8 Bielany Warszawa | 1:12.14 | 443 | 34.97 | 37.17 |
| 12. KLIMIUK Zuzanna | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:13.87 | 413 | 35.23 | 38.64 |
| 13. TRZASKA Alicja | 05 Uczniowski Klub Sportowy Delfin Le | 1:14.62 | 401 | 36.19 | 38.43 |
| 14. KACZMAREK Nikola | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:14.66 | 400 | 36.45 | 38.21 |
| 15. LASECKA Anna | 05 Mokotowski UKP Warszawianka- Wc | 1:16.62 | 370 | 37.08 | 39.54 |
| 16. JARZY SKA Gabriela | 05 MUKS Wodnik Łask | 1:17.93 | 352 | 37.73 | 40.20 |
| 17. PAWELEC Oliwia | 05 UKS Siódemka Gdynia | 1:18.66 | 342 | 38.04 | 40.62 |
| 18. WASZKIEWICZ Alicja | 05 KP Delfin Inowrocław | 1:19.02 | 337 | 38.16 | 40.86 |
| 19. GAWLIKOWSKA Olga | 05 MUKS Wodnik Łask | 1:19.87 | 327 | 38.63 | 41.24 |

15 lat

| | | | | | |
|-------------------------|---|----------------|-----|-------|-------|
| 1. WECKWERT Iga | 04 UKS abianka Gda sk | 1:03.50 | 650 | 30.54 | 32.96 |
| 2. MACIUSZEK Wiktoria | 04 MKS Juwenia Wrocław | 1:04.36 | 625 | 31.00 | 33.36 |
| 3. SIOMA Zuzanna | 04 UKS „ORKA” Zamo | 1:06.27 | 572 | 32.11 | 34.16 |
| 4. KRUZEROWSKA Zofia | 04 MKS Jedyńka Łód | 1:07.26 | 547 | 33.18 | 34.08 |
| 5. SZUPER Katarzyna | 04 UKS „ORKA” Zamo | 1:07.27 | 547 | 32.81 | 34.46 |
| 6. STE Oliwia | 04 KS KSZO Ostrowiec w. | 1:08.78 | 512 | 33.49 | 35.29 |
| 7. KOZŁOWSKA Maja | 04 SMS Zielona Góra | 1:09.18 | 503 | 34.01 | 35.17 |
| 8. BIDNIK Wiktoria | 04 UKS „GIM 92 Ursynów” | 1:09.22 | 502 | 32.52 | 36.70 |
| 9. TOMASIK Otylia | 04 MUKS "Pi tnastka" | 1:09.42 | 498 | 33.43 | 35.99 |
| 10. WRONA Magdalena | 04 MKS Jedyńka Łód | 1:09.65 | 493 | 34.29 | 35.36 |
| 11. GRABOWSKA Gabriela | 04 UKP „Polonia Warszawa” | 1:10.76 | 470 | 33.68 | 37.08 |
| 12. GIZA Olga | 04 UKS abianka Gda sk | 1:12.67 | 434 | 35.33 | 37.34 |
| 13. WIDERAK Sonia | 04 KS Warta Pozna | 1:13.84 | 413 | 36.13 | 37.71 |
| 14. HODUR Paulina | 04 MKS Polonia Warszawa | 1:14.08 | 409 | 36.13 | 37.95 |
| 15. SZCZEPANIAK Justyna | 04 MKP Szczecin | 1:14.41 | 404 | 35.83 | 38.58 |
| DYSKW. STANECKA Hanna | 04 Starachowicki Klub Pływacki BARAKUDA | | | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 7, Kobiet, 100m grzbietowy

16 lat

| | | | | | | | |
|-----|---------------------|----|------------------------------------|----------------|-----|-------|-------|
| 1. | BUSZKA Kornelia | 03 | UKS G-8 Bielany Warszawa | 1:04.84 | 611 | 31.23 | 33.61 |
| 2. | KOZI SKA Anna | 03 | UKS „GIM 92 Ursynów” | 1:05.30 | 598 | 31.34 | 33.96 |
| 3. | MRO EWSKA Anna | 03 | UKP „Polonia Warszawa” | 1:05.53 | 592 | 30.95 | 34.58 |
| 4. | NOWAK Maja | 03 | AZS AWF Warszawa | 1:05.59 | 590 | 31.86 | 33.73 |
| 5. | MOLENDĄ Dominika | 03 | UKS abianka Gda sk | 1:06.24 | 573 | 32.28 | 33.96 |
| 6. | KAMI SKA Anna | 03 | MUKS "Pi tnastka" | 1:06.30 | 571 | 32.26 | 34.04 |
| 7. | GRO Weronika | 03 | MKS „Astoria” Bydgoszcz | 1:06.44 | 568 | 31.85 | 34.59 |
| 8. | HERBREder Gabriela | 03 | UKS „GIM 92 Ursynów” | 1:06.95 | 555 | 32.17 | 34.78 |
| 9. | ZIEMACKA Julia | 03 | UKS G-8 Bielany Warszawa | 1:07.01 | 553 | 32.52 | 34.49 |
| 10. | PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 1:07.20 | 549 | 31.72 | 35.48 |
| 11. | KANTECKA Julia | 03 | Kaliski Klub Sportowy „Włókniaz” 1 | 1:08.26 | 523 | 32.64 | 35.62 |
| 12. | MACIOŁA Maja | 03 | UKP „Polonia Warszawa” | 1:08.74 | 513 | 33.25 | 35.49 |
| 13. | MARJA SKA Agata | 03 | MKS „Astoria” Bydgoszcz | 1:10.75 | 470 | 33.97 | 36.78 |
| 14. | EMOJTEL Zuzanna | 03 | AZS AWFIS Gda sk | 1:11.08 | 464 | 34.10 | 36.98 |
| 15. | KRYWIEL Karolina | 03 | MKP Szczecin | 1:11.95 | 447 | 34.77 | 37.18 |
| 16. | PILARSKA Natalia | 03 | KS Warta Pozna | 1:15.17 | 392 | 36.33 | 38.84 |

17 - 18 lat

| | | | | | | | |
|-----|----------------------|----|------------------------------------|----------------|-----|-------|-------|
| 1. | HERASIMOWICZ Zuzanna | 02 | AZS AWF Warszawa | 1:00.97 | 735 | 29.83 | 31.14 |
| 2. | BUJAK Klara | 02 | UKS G-8 Bielany Warszawa | 1:03.71 | 644 | 31.10 | 32.61 |
| 3. | ROSI SKA Karolina | 02 | Grudzi dzki KP „Orka” | 1:03.79 | 642 | 30.55 | 33.24 |
| 4. | KUPIS Aleksandra | 02 | MKP Szczecin | 1:04.91 | 609 | 31.77 | 33.14 |
| 5. | GRZELCZYK Natalia | 02 | Kaliski Klub Sportowy „Włókniaz” 1 | 1:06.20 | 574 | 31.67 | 34.53 |
| 6. | GAJDZI SKA Amelia | 02 | MUKS "Pi tnastka" | 1:06.54 | 565 | 32.65 | 33.89 |
| 7. | PEACOCK Louise | 01 | VSS VASBY | 1:09.01 | 507 | 32.98 | 36.03 |
| 8. | MARSZAŁEK Magdalena | 01 | MKP Szczecin | 1:09.02 | 506 | 33.62 | 35.40 |
| 9. | SVENSSON Lovisa | 02 | SS VAERMAMO | 1:13.93 | 412 | 35.08 | 38.85 |
| 10. | PFEIFF Matilda | 01 | VSS VASBY | 1:16.36 | 374 | 36.69 | 39.67 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 8 M czyzn, 100m grzbietowy 14 lat i starsi
2019-11-23 - 11:30 Wyniki

| | | | | | |
|------------|-------|------------------|-------|----------------|------------|
| RP Open | 49.23 | KAW CKI Radosław | 00114 | Lublin | 2015-12-20 |
| RP 19 - 23 | 49.69 | KAW CKI Radosław | | Istanbul (TUR) | 2009-12-09 |
| RP 18 | 49.69 | KAW CKI Radosław | 00304 | Istanbul (TUR) | 2009-12-12 |
| RP 17 | 50.53 | STOKOWSKI Kacper | 05114 | Olsztyn | 2016-12-17 |
| RP 16 | 52.45 | STOKOWSKI Kacper | 05114 | Lublin | 2015-12-19 |
| RP 15 | 52.56 | KOSI SKI Filip | 00109 | Pozna | 2019-11-23 |
| RP 14 | 54.73 | KOSI SKI Filip | 00109 | Olsztyn | 2018-12-16 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|--------------------------------------|---------|--|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 99 | STOKOWSKI Kacper UKS G-8 Bielany Warszawa | 51.30 | 865 | 24.62 | 26.68 |
| 2. | 91 | KAW CKI Radosław AZS AWF Warszawa | 51.59 | 850 | 25.38 | 26.21 |
| 3. | 00 | MŁYNARCZYK Karol UKS G-8 Bielany Warszawa | 51.94 | 833 | 25.18 | 26.76 |
| 4. | 04 | KOSI SKI Filip Mi dzyszkolny UKS „Olimpijczyk” Suw | 52.56 | 804 | 25.42 | 27.14 |
| <i>Czas lepszy od Rekordu Polski</i> | | | | | | |
| 5. | 02 | RADZISZEWSKI Krzysztof UKS G-8 Bielany Warszawa | 53.37 | 768 | 25.73 | 27.64 |
| 6. | 01 | MO CICKI Jakub UKS G-8 Bielany Warszawa | 53.40 | 766 | 25.28 | 28.12 |
| 7. | 01 | KAROLCZAK Jan UKS G-8 Bielany Warszawa | 53.84 | 748 | 26.06 | 27.78 |
| 8. | 98 | SKIERKA Jakub SMS Zielona Góra | 54.00 | 741 | 26.11 | 27.89 |
| 9. | 98 | ZBUTOWICZ Karol UKS G-8 Bielany Warszawa | 54.07 | 738 | 26.33 | 27.74 |
| 10. | 00 | MICIUL Michał SMS Zielona Góra | 54.08 | 738 | 26.16 | 27.92 |
| 11. | 96 | UNGEHEUER Mateusz KU AZS AGH Kraków | 55.00 | 701 | 27.12 | 27.88 |
| 12. | 00 | BALCERAK Jakub MKS Trójka Łód | 55.27 | 691 | 26.22 | 29.05 |
| 13. | 03 | SIENKIEWICZ Aleksander SMS Zielona Góra | 55.47 | 684 | 26.85 | 28.62 |
| 14. | 99 | BIERO SKI Michał WKS I sk Wrocław | 55.86 | 670 | 27.46 | 28.40 |
| 15. | 99 | FRANKE Paweł UKS G-8 Bielany Warszawa | 55.97 | 666 | 27.14 | 28.83 |
| 16. | 00 | K DZIA Wiktor MKP Szczecin | 56.06 | 662 | 27.26 | 28.80 |
| 17. | 99 | BRYŁA Kamil KU AZS UMCS Lublin | 56.15 | 659 | 27.62 | 28.53 |
| 18. | 04 | MASIUK Ksawery UKS G-8 Bielany Warszawa | 56.50 | 647 | 27.17 | 29.33 |
| 19. | 03 | KOWALEWSKI Paweł MKS Juvenia Białystok | 56.90 | 633 | 27.27 | 29.63 |
| 20. | 00 | BALICKI Michał WKS I sk Wrocław | 57.64 | 609 | 27.80 | 29.84 |
| 21. | 03 | OŁ D Stanisław UKS G-8 Bielany Warszawa | 58.22 | 591 | 27.66 | 30.56 |
| 22. | 03 | KOWALCZYK Piotr UKP „Polonia Warszawa” | 58.31 | 589 | 27.72 | 30.59 |
| 23. | 03 | WI NIEWSKI Adam UKS „GIM 92 Ursynów” | 58.50 | 583 | 28.13 | 30.37 |
| 24. | 03 | BIDOWANIEC Kacper UPKS Wodnik Rawicz | 58.56 | 581 | 27.95 | 30.61 |
| 25. | 03 | TURAŁA Adrian MKS Neptun Stargard | 58.87 | 572 | 28.57 | 30.30 |
| 26. | 98 | KOSTANOWICZ Artur Mokotowski UKP Warszawianka- Wod | 58.93 | 570 | 28.24 | 30.69 |
| 27. | 02 | GOTOWSKI Dominik UKS G-8 Bielany Warszawa | 59.29 | 560 | 28.33 | 30.96 |
| 28. | 04 | KONARSKI Maciej UKS „GIM 92 Ursynów” | 59.50 | 554 | 29.33 | 30.17 |
| 29. | 01 | CZERWI SKI Łukasz UKS G-8 Bielany Warszawa | 59.55 | 553 | 27.93 | 31.62 |
| 30. | 02 | BOROWSKI Jakub St. Lok. SALOS Cortile Kielce | 59.56 | 552 | 29.35 | 30.21 |
| 31. | 05 | KOWALSKI Mateusz UKS abianka Gda sk | 59.70 | 548 | 28.83 | 30.87 |
| 32. | 04 | EGLE Miłosz UKS Siódemka Gdynia | 59.71 | 548 | 29.06 | 30.65 |
| 33. | 03 | RZ SA Jacek UKS abianka Gda sk | 59.92 | 542 | 28.98 | 30.94 |
| 34. | 02 | MALICKI Dawid KS Rekiny Osielesko | 1:00.23 | 534 | 28.58 | 31.65 |
| 35. | 02 | BERNA William VSS VASBY | 1:00.30 | 532 | 29.03 | 31.27 |
| 36. | 00 | BRANDT Simon VSS VASBY | 1:00.36 | 531 | 28.92 | 31.44 |
| 37. | 02 | LEIFSEN Gustav VSS VASBY | 1:00.64 | 523 | 29.34 | 31.30 |
| 38. | 03 | WOJNOWSKI Damian MKP Szczecin | 1:00.69 | 522 | 29.18 | 31.51 |
| 39. | 03 | SZMYT Krzysztof UKS Fala Swarż dz | 1:00.76 | 520 | 29.18 | 31.58 |
| 40. | 05 | KOSOBUDZKI Cezary UKS G-8 Bielany Warszawa | 1:01.10 | 512 | 29.90 | 31.20 |
| 41. | 95 | KRASICKI Artur KP Delfin Inowrocław | 1:01.17 | 510 | 29.41 | 31.76 |
| 42. | 02 | GUMI SKI Igor Dwójka Morena Gda sk | 1:01.35 | 505 | 29.33 | 32.02 |
| 43. | 04 | BIAŁEK Paweł UKS G-8 Bielany Warszawa | 1:01.41 | 504 | 29.71 | 31.70 |
| 44. | 04 | J DRZEJKIEWICZ Ignacy UKS „GIM 92 Ursynów” | 1:01.49 | 502 | 29.89 | 31.60 |
| 45. | 01 | LESZEGA Szymon KS Delfin Gdynia | 1:01.51 | 501 | 29.50 | 32.01 |
| 46. | 05 | ZDYBEL Adam KS Delfin Gdynia | 1:01.70 | 497 | 30.55 | 31.15 |
| | 03 | KOWALSKI Daniel SMS Zielona Góra | 1:01.70 | 497 | 30.27 | 31.43 |
| 48. | 99 | SZCZEPA SKI Kacper MKS „Astoria” Bydgoszcz | 1:01.80 | 494 | 29.76 | 32.04 |
| 49. | 05 | DZIEWGU Benjamin MKS Piaseczno | 1:01.84 | 493 | 29.54 | 32.30 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 8, M czynn, 100m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | |
|---------|-----------------------|---------------------------------------|----------------|-----|-------|-------|
| 50. | KUREK Jakub | 01 MKP Szczecin | 1:02.37 | 481 | 30.13 | 32.24 |
| 51. | TRYDULSKI Oskar | 05 UKS „GIM 92 Ursynów" | 1:02.40 | 480 | 30.24 | 32.16 |
| 52. | GU CIORA Maciej | 03 MKP Szczecin | 1:02.64 | 475 | 30.54 | 32.10 |
| 53. | GULI SKI Maciej | 04 UKP „Polonia Warszawa" | 1:02.99 | 467 | 29.87 | 33.12 |
| 54. | DOMAGAŁA Tymoteusz | 04 MUKS "Pi tnastka" | 1:03.22 | 462 | 29.54 | 33.68 |
| 55. | SOBIESZEK Franciszek | 05 MKS Piaseczno | 1:03.26 | 461 | 30.34 | 32.92 |
| 56. | PLAGA Dawid | 05 TP Skalar Słupsk | 1:03.29 | 460 | 30.97 | 32.32 |
| 57. | FAŁEK Szymon | 05 UKS G-8 Bielany Warszawa | 1:03.31 | 460 | 30.30 | 33.01 |
| 58. | POGODA Krzysztof | 05 MKS Jedyńka Łód | 1:03.55 | 455 | 31.59 | 31.96 |
| 59. | SETLAK Marcel | 05 UKS abianka Gda sk | 1:03.78 | 450 | 31.95 | 31.83 |
| 60. | MEYER Krzysztof | 05 KS Warta Pozna | 1:03.80 | 449 | 30.56 | 33.24 |
| 61. | JANKOWSKI Antoni | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 1:04.48 | 435 | 30.77 | 33.71 |
| 62. | PIE KOWSKI Bartłomiej | 05 MKP Szczecin | 1:04.49 | 435 | 31.10 | 33.39 |
| 63. | CHUPKA Patryk | 05 UKS „GIM 92 Ursynów" | 1:04.83 | 428 | 31.39 | 33.44 |
| 64. | ZABAGŁO Filip | 05 Uczniowski Klub Sportowy Delfin Le | 1:04.84 | 428 | 31.32 | 33.52 |
| 65. | HEIDUK Kacper | 05 MKS Piast Głogów | 1:05.00 | 425 | 31.37 | 33.63 |
| 66. | BOLEK Stanisław | 05 UKP „Polonia Warszawa" | 1:05.25 | 420 | 31.36 | 33.89 |
| 67. | ISKRA Szymon | 04 UKS Pi tka Konstantynów Łódzki | 1:05.32 | 419 | 31.58 | 33.74 |
| 68. | KWIATKOWSKI Tymoteusz | 04 UKS Siódemka Gdynia | 1:05.41 | 417 | 31.53 | 33.88 |
| 69. | J DRYKA Nikodem | 04 MKS Trójka Łód | 1:07.41 | 381 | 32.71 | 34.70 |
| 70. | WOJTNYIAK Marcel | 05 KS Posnania Pozna | 1:07.91 | 372 | | |
| 71. | LE NIEWSKI Patryk | 03 UKS Pi tka Konstantynów Łódzki | 1:08.07 | 370 | 33.07 | 35.00 |
| 72. | AHLSTRÖM Ludvig | 02 VSS VASBY | 1:09.29 | 351 | 33.91 | 35.38 |
| 73. | MAGRYTA Mateusz | 05 UKS Siódemka Gdynia | 1:09.43 | 348 | 33.39 | 36.04 |
| 74. | PRZYGOCKI Dawid | 04 MTKP Delfin Toru | 1:09.54 | 347 | 33.27 | 36.27 |
| 75. | PISZCZAŁA Marcel | 05 MUKS Wodnik Łask | 1:13.19 | 297 | 35.89 | 37.30 |
| 76. | ROCHNOWSKI Jakub | 05 Uczniowski Klub Sportowy Delfin Le | 1:17.05 | 255 | 37.31 | 39.74 |
| 77. | TOMCZAK Michał | 05 MUKS "Pi tnastka" | 1:21.74 | 213 | 40.89 | 40.85 |
| DYSKW. | KRÓL Jan | 02 KS KSZO Ostrowiec w. | | | | |

G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.

NW MINCZUK Łukasz 05 MKP „SŁOWIANKA" Gorzów Wlkp.

14 lat

| | | | | | | |
|-----|-----------------------|---------------------------------------|----------------|-----|-------|-------|
| 1. | KOWALSKI Mateusz | 05 UKS abianka Gda sk | 59.70 | 548 | 28.83 | 30.87 |
| 2. | KOSOBUDZKI Cezary | 05 UKS G-8 Bielany Warszawa | 1:01.10 | 512 | 29.90 | 31.20 |
| 3. | ZDYBEL Adam | 05 KS Delfin Gdynia | 1:01.70 | 497 | 30.55 | 31.15 |
| 4. | KZIEWGU Benjamin | 05 MKS Piaseczno | 1:01.84 | 493 | 29.54 | 32.30 |
| 5. | TRYDULSKI Oskar | 05 UKS „GIM 92 Ursynów" | 1:02.40 | 480 | 30.24 | 32.16 |
| 6. | SOBIESZEK Franciszek | 05 MKS Piaseczno | 1:03.26 | 461 | 30.34 | 32.92 |
| 7. | PLAGA Dawid | 05 TP Skalar Słupsk | 1:03.29 | 460 | 30.97 | 32.32 |
| 8. | FAŁEK Szymon | 05 UKS G-8 Bielany Warszawa | 1:03.31 | 460 | 30.30 | 33.01 |
| 9. | POGODA Krzysztof | 05 MKS Jedyńka Łód | 1:03.55 | 455 | 31.59 | 31.96 |
| 10. | SETLAK Marcel | 05 UKS abianka Gda sk | 1:03.78 | 450 | 31.95 | 31.83 |
| 11. | MEYER Krzysztof | 05 KS Warta Pozna | 1:03.80 | 449 | 30.56 | 33.24 |
| 12. | JANKOWSKI Antoni | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 1:04.48 | 435 | 30.77 | 33.71 |
| 13. | PIE KOWSKI Bartłomiej | 05 MKP Szczecin | 1:04.49 | 435 | 31.10 | 33.39 |
| 14. | CHUPKA Patryk | 05 UKS „GIM 92 Ursynów" | 1:04.83 | 428 | 31.39 | 33.44 |
| 15. | ZABAGŁO Filip | 05 Uczniowski Klub Sportowy Delfin Le | 1:04.84 | 428 | 31.32 | 33.52 |
| 16. | HEIDUK Kacper | 05 MKS Piast Głogów | 1:05.00 | 425 | 31.37 | 33.63 |
| 17. | BOLEK Stanisław | 05 UKP „Polonia Warszawa" | 1:05.25 | 420 | 31.36 | 33.89 |
| 18. | WOJTNYIAK Marcel | 05 KS Posnania Pozna | 1:07.91 | 372 | | |
| 19. | MAGRYTA Mateusz | 05 UKS Siódemka Gdynia | 1:09.43 | 348 | 33.39 | 36.04 |
| 20. | PISZCZAŁA Marcel | 05 MUKS Wodnik Łask | 1:13.19 | 297 | 35.89 | 37.30 |
| 21. | ROCHNOWSKI Jakub | 05 Uczniowski Klub Sportowy Delfin Le | 1:17.05 | 255 | 37.31 | 39.74 |
| 22. | TOMCZAK Michał | 05 MUKS "Pi tnastka" | 1:21.74 | 213 | 40.89 | 40.85 |
| NW | MINCZUK Łukasz | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 8, M czyzn, 100m grzbietowy

15 lat

| | | | | | | | |
|-----|--------------------------------------|----|-------------------------------------|----------------|-----|-------|-------|
| 1. | KOSI SKI Filip | 04 | Mi dzyszkolny UKS „Olimpijczyk” Suw | 52.56 | 804 | 25.42 | 27.14 |
| | <i>Czas lepszy od Rekordu Polski</i> | | | | | | |
| 2. | MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 56.50 | 647 | 27.17 | 29.33 |
| 3. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 59.50 | 554 | 29.33 | 30.17 |
| 4. | EGLE Miłosz | 04 | UKS Siódemka Gdynia | 59.71 | 548 | 29.06 | 30.65 |
| 5. | BIAŁEK Paweł | 04 | UKS G-8 Bielany Warszawa | 1:01.41 | 504 | 29.71 | 31.70 |
| 6. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 1:01.49 | 502 | 29.89 | 31.60 |
| 7. | GULI SKI Maciej | 04 | UKP „Polonia Warszawa” | 1:02.99 | 467 | 29.87 | 33.12 |
| 8. | DOMAGAŁA Tymoteusz | 04 | MUKS "Pi tnaśka" | 1:03.22 | 462 | 29.54 | 33.68 |
| 9. | ISKRA Szymon | 04 | UKS Pi tka Konstantynów Łódzki | 1:05.32 | 419 | 31.58 | 33.74 |
| 10. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 1:05.41 | 417 | 31.53 | 33.88 |
| 11. | J DRYKA Nikodem | 04 | MKS Trójka Łód | 1:07.41 | 381 | 32.71 | 34.70 |
| 12. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 1:09.54 | 347 | 33.27 | 36.27 |

16 lat

| | | | | | | | |
|-----|------------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | SIENKIEWICZ Aleksander | 03 | SMS Zielona Góra | 55.47 | 684 | 26.85 | 28.62 |
| 2. | KOWALEWSKI Paweł | 03 | MKS Juwenia Białystok | 56.90 | 633 | 27.27 | 29.63 |
| 3. | OŁ D Stanisław | 03 | UKS G-8 Bielany Warszawa | 58.22 | 591 | 27.66 | 30.56 |
| 4. | KOWALCZYK Piotr | 03 | UKP „Polonia Warszawa” | 58.31 | 589 | 27.72 | 30.59 |
| 5. | WI NIEWSKI Adam | 03 | UKS „GIM 92 Ursynów” | 58.50 | 583 | 28.13 | 30.37 |
| 6. | BIDOWANIEC Kacper | 03 | UPKS Wodnik Rawicz | 58.56 | 581 | 27.95 | 30.61 |
| 7. | TURAŁA Adrian | 03 | MKS Neptun Stargard | 58.87 | 572 | 28.57 | 30.30 |
| 8. | RZ SA Jacek | 03 | UKS abianka Gda sk | 59.92 | 542 | 28.98 | 30.94 |
| 9. | WOJNOWSKI Damian | 03 | MKP Szczecin | 1:00.69 | 522 | 29.18 | 31.51 |
| 10. | SZMYT Krzysztof | 03 | UKS Fala Swarz dz | 1:00.76 | 520 | 29.18 | 31.58 |
| 11. | KOWALSKI Daniel | 03 | SMS Zielona Góra | 1:01.70 | 497 | 30.27 | 31.43 |
| 12. | GU CIORA Maciej | 03 | MKP Szczecin | 1:02.64 | 475 | 30.54 | 32.10 |
| 13. | LE NIEWSKI Patryk | 03 | UKS Pi tka Konstantynów Łódzki | 1:08.07 | 370 | 33.07 | 35.00 |

17 - 18 lat

| | | | | | | | |
|--------|------------------------|----|-------------------------------|----------------|-----|-------|-------|
| 1. | RADZISZEWSKI Krzysztof | 02 | UKS G-8 Bielany Warszawa | 53.37 | 768 | 25.73 | 27.64 |
| 2. | MO CICKI Jakub | 01 | UKS G-8 Bielany Warszawa | 53.40 | 766 | 25.28 | 28.12 |
| 3. | KAROLCZAK Jan | 01 | UKS G-8 Bielany Warszawa | 53.84 | 748 | 26.06 | 27.78 |
| 4. | GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 59.29 | 560 | 28.33 | 30.96 |
| 5. | CZERWI SKI Łukasz | 01 | UKS G-8 Bielany Warszawa | 59.55 | 553 | 27.93 | 31.62 |
| 6. | BOROWSKI Jakub | 02 | St. Lok. SALOS Cortile Kielce | 59.56 | 552 | 29.35 | 30.21 |
| 7. | MALICKI Dawid | 02 | KS Rekiny Osielsko | 1:00.23 | 534 | 28.58 | 31.65 |
| 8. | LERNA William | 02 | VSS VASBY | 1:00.30 | 532 | 29.03 | 31.27 |
| 9. | LEIFSEN Gustav | 02 | VSS VASBY | 1:00.64 | 523 | 29.34 | 31.30 |
| 10. | GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 1:01.35 | 505 | 29.33 | 32.02 |
| 11. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 1:01.51 | 501 | 29.50 | 32.01 |
| 12. | KUREK Jakub | 01 | MKP Szczecin | 1:02.37 | 481 | 30.13 | 32.24 |
| 13. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 1:09.29 | 351 | 33.91 | 35.38 |
| DYSKW. | KRÓL Jan | 02 | KS KSZO Ostrowiec w. | | | | |

G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 9

Kobiet, 200m zmienny

14 lat i starsi

2019-11-23 - 11:36

Wyniki

| | | | | | |
|------------|---------|----------------------|-------|---------------|------------|
| RP Open | 2:07.97 | TCHÓRZ Alicja | 00101 | Lublin | 2015-12-17 |
| RP 19 - 23 | 2:07.97 | TCHÓRZ Alicja | 00101 | Lublin | 2015-12-17 |
| RP 18 | 2:10.25 | BARANOWSKA Katarzyna | POL | Trieste (ITA) | 2005-12-08 |
| RP 17 | 2:10.64 | URBANCZYK Aleksandra | POL | Vienna (AUT) | 2004-12-09 |
| RP 16 | 2:11.56 | URBANCZYK Aleksandra | POL | Dublin (IRL) | 2003-12-11 |
| RP 15 | 2:12.06 | KNOP Aleksandra | 01605 | Lublin | 2018-12-22 |
| RP 14 | 2:13.18 | KNOP Aleksandra | 01605 | Łód | 2017-12-19 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------|--|------|------|-----|------|------|------|
|---------|---------|--|------|------|-----|------|------|------|

14 lat i starsi

| | | | | | | | | | |
|-----|---|----|------------------------------|-----------------|-----|-------|-------|-------|-------|
| 1. | TCHÓRZ Alicja | 92 | MKS Juvenia Wrocław | 2:09.10 | 841 | 28.01 | 32.63 | 37.38 | 31.08 |
| | <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow</i> | | | | | | | | |
| 2. | PARADOWSKA Kinga | 01 | MUKS "Pi tnastka" | 2:14.07 | 750 | 29.36 | 34.85 | 37.68 | 32.18 |
| 3. | RYDY SKA Marianna | 04 | MUKS "Pi tnastka" | 2:19.80 | 662 | 30.38 | 34.81 | 42.11 | 32.50 |
| 4. | BEDNARZ Julia | 04 | UKS „ORKA” Zamo | 2:22.03 | 631 | 30.95 | 37.00 | 40.06 | 34.02 |
| 5. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 2:23.73 | 609 | 30.68 | 36.89 | 43.61 | 32.55 |
| 6. | MALEC Klaudia | 04 | UKS „ORKA” Zamo | 2:23.89 | 607 | 32.11 | 37.19 | 40.12 | 34.47 |
| 7. | MO D AN Milena | 03 | MKP Szczecin | 2:24.45 | 600 | 30.71 | 37.26 | 42.29 | 34.19 |
| 8. | ROGOWSKA Paulina | 98 | St. Lok. SALOS Cortile Kielc | 2:25.51 | 587 | 31.61 | 36.81 | 42.99 | 34.10 |
| 9. | TŁOCZEK Wiktoria | 05 | KP Bałtyk Kołobrzeg | 2:25.89 | 582 | 30.93 | 37.54 | 42.15 | 35.27 |
| 10. | GWAJ Julia | 04 | Mi dzyszkolny UKS „Olimpi | 2:26.61 | 574 | 31.93 | 38.16 | 42.08 | 34.44 |
| 11. | KACZOROWSKA Alicja | 04 | UKS G-8 Bielany Warszawa | 2:26.71 | 573 | 31.59 | 37.96 | 43.43 | 33.73 |
| 12. | SIOMA Zuzanna | 04 | UKS „ORKA” Zamo | 2:27.95 | 558 | 32.13 | 36.55 | 43.02 | 36.25 |
| 13. | MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | 2:27.97 | 558 | 31.61 | 39.36 | 42.66 | 34.34 |
| 14. | EKLUND Cornelia | 00 | VSS VASBY | 2:28.21 | 555 | 31.25 | 37.83 | 43.88 | 35.25 |
| 15. | PALICKA Wiktoria | 05 | TP Skalar Słupsk | 2:29.00 | 547 | 32.95 | 35.58 | 45.56 | 34.91 |
| 16. | DRAGAN Julia | 04 | KS OLIMPIA Lublin | 2:29.03 | 546 | 32.24 | 39.04 | 42.86 | 34.89 |
| 17. | BEDNAREK Aleksandra | 98 | UKS SP-149 Łód | 2:29.38 | 542 | 33.47 | 38.74 | 42.03 | 35.14 |
| 18. | KOZI SKA Anna | 03 | UKS „GIM 92 Ursynów" | 2:29.66 | 539 | 32.08 | 37.18 | 43.54 | 36.86 |
| 19. | ZORINA Daria | 05 | UKS G-8 Bielany Warszawa | 2:30.55 | 530 | 32.32 | 39.99 | 42.37 | 35.87 |
| 20. | KUPIS Aleksandra | 02 | MKP Szczecin | 2:31.02 | 525 | 34.08 | 36.64 | 46.31 | 33.99 |
| 21. | KANTECKA Julia | 03 | Kaliski Klub Sportowy „Włó | 2:31.331 | 522 | 32.85 | 38.31 | 46.91 | 33.26 |
| 22. | URBA SKA Patrycja | 05 | MKS Jedylnka Łód | 2:32.77 | 507 | 32.88 | 38.45 | 44.81 | 36.63 |
| 23. | BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów" | 2:33.14 | 503 | 32.39 | 40.21 | 44.11 | 36.43 |
| 24. | TOMASIK Otylia | 04 | MUKS "Pi tnastka" | 2:33.32 | 502 | 33.49 | 37.35 | 46.30 | 36.18 |
| 25. | KOWALCZYK Katarzyna | 05 | UKS SP-149 Łód | 2:33.35 | 501 | 34.63 | 41.95 | 41.70 | 35.07 |
| 26. | ZIENTARSKA Karolina | 02 | UKS G-8 Bielany Warszawa | 2:33.72 | 498 | 32.71 | 41.04 | 43.66 | 36.31 |
| 27. | LASECKA Aleksandra | 03 | MKS SP 63 Bydgoszcz | 2:33.83 | 497 | 33.18 | 40.17 | 43.43 | 37.05 |
| 28. | NOWAK Oliwia | 04 | UKS „GIM 92 Ursynów" | 2:34.36 | 492 | 33.90 | 38.42 | 44.67 | 37.37 |
| 29. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 2:34.61 | 489 | 33.57 | 38.59 | 45.53 | 36.92 |
| 30. | POPLAWSKA Apolonia | 02 | KS Posenia Pozna | 2:34.84 | 487 | 35.06 | 41.85 | 43.41 | 34.52 |
| 31. | PYTLOCH Zuzanna | 05 | KP Bałtyk Kołobrzeg | 2:35.48 | 481 | 32.94 | 40.14 | 44.95 | 37.45 |
| 32. | KOZANECKA Katarzyna | 01 | KS Posenia Pozna | 2:36.00 | 476 | 34.60 | 40.45 | 44.88 | 36.07 |
| 33. | ZIEMACKA Julia | 03 | UKS G-8 Bielany Warszawa | 2:36.16 | 475 | 33.26 | 38.22 | 49.62 | 35.06 |
| 34. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 2:37.82 | 460 | 33.09 | 38.27 | 48.04 | 38.42 |
| 35. | PA KO Maja | 04 | UKS G-8 Bielany Warszawa | 2:40.96 | 433 | 34.12 | 42.32 | 45.87 | 38.65 |
| 36. | PARADOWSKA Julia | 05 | UKS G-8 Bielany Warszawa | 2:41.44 | 430 | 34.73 | 41.13 | 46.09 | 39.49 |
| 37. | KRYWIEL Karolina | 03 | MKP Szczecin | 2:42.52 | 421 | 36.74 | 39.80 | 48.53 | 37.45 |
| 38. | WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 2:43.58 | 413 | 35.45 | 41.06 | 50.54 | 36.53 |

14 lat

| | | | | | | | | | |
|----|---------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | TŁOCZEK Wiktoria | 05 | KP Bałtyk Kołobrzeg | 2:25.89 | 582 | 30.93 | 37.54 | 42.15 | 35.27 |
| 2. | MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | 2:27.97 | 558 | 31.61 | 39.36 | 42.66 | 34.34 |
| 3. | PALICKA Wiktoria | 05 | TP Skalar Słupsk | 2:29.00 | 547 | 32.95 | 35.58 | 45.56 | 34.91 |
| 4. | ZORINA Daria | 05 | UKS G-8 Bielany Warszawa | 2:30.55 | 530 | 32.32 | 39.99 | 42.37 | 35.87 |
| 5. | URBA SKA Patrycja | 05 | MKS Jedylnka Łód | 2:32.77 | 507 | 32.88 | 38.45 | 44.81 | 36.63 |
| 6. | KOWALCZYK Katarzyna | 05 | UKS SP-149 Łód | 2:33.35 | 501 | 34.63 | 41.95 | 41.70 | 35.07 |
| 7. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 2:34.61 | 489 | 33.57 | 38.59 | 45.53 | 36.92 |
| 8. | PYTLOCH Zuzanna | 05 | KP Bałtyk Kołobrzeg | 2:35.48 | 481 | 32.94 | 40.14 | 44.95 | 37.45 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 9, Dziewcz t, 200m zmienny, 14 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|------------------------|---------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 9. RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 2:37.82 | 460 | 33.09 | 38.27 | 48.04 | 38.42 |
| 10. PARADOWSKA Julia | 05 | UKS G-8 Bielany Warszawa | 2:41.44 | 430 | 34.73 | 41.13 | 46.09 | 39.49 |
| 11. WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 2:43.58 | 413 | 35.45 | 41.06 | 50.54 | 36.53 |

15 lat

| | | | | | | | | |
|------------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. RYDY SKA Marianna | 04 | MUKS "Pi tnastka" | 2:19.80 | 662 | 30.38 | 34.81 | 42.11 | 32.50 |
| 2. BEDNARZ Julia | 04 | UKS „ORKA” Zamo | 2:22.03 | 631 | 30.95 | 37.00 | 40.06 | 34.02 |
| 3. SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 2:23.73 | 609 | 30.68 | 36.89 | 43.61 | 32.55 |
| 4. MALEC Klaudia | 04 | UKS „ORKA” Zamo | 2:23.89 | 607 | 32.11 | 37.19 | 40.12 | 34.47 |
| 5. GWAJ Julia | 04 | Mi dzyszkolny UKS „Olimpi | 2:26.61 | 574 | 31.93 | 38.16 | 42.08 | 34.44 |
| 6. KACZOROWSKA Alicja | 04 | UKS G-8 Bielany Warszawa | 2:26.71 | 573 | 31.59 | 37.96 | 43.43 | 33.73 |
| 7. SIOMA Zuzanna | 04 | UKS „ORKA” Zamo | 2:27.95 | 558 | 32.13 | 36.55 | 43.02 | 36.25 |
| 8. DRAGAN Julia | 04 | KS OLIMPIA Lublin | 2:29.03 | 546 | 32.24 | 39.04 | 42.86 | 34.89 |
| 9. TOMASIK Otylia | 04 | MUKS "Pi tnastka" | 2:33.32 | 502 | 33.49 | 37.35 | 46.30 | 36.18 |
| 10. NOWAK Oliwia | 04 | UKS „GIM 92 Ursynów" | 2:34.36 | 492 | 33.90 | 38.42 | 44.67 | 37.37 |
| 11. PA KO Maja | 04 | UKS G-8 Bielany Warszawa | 2:40.96 | 433 | 34.12 | 42.32 | 45.87 | 38.65 |

16 lat

| | | | | | | | | |
|-----------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. MO D AN Milena | 03 | MKP Szczecin | 2:24.45 | 600 | 30.71 | 37.26 | 42.29 | 34.19 |
| 2. KOZI SKA Anna | 03 | UKS „GIM 92 Ursynów" | 2:29.66 | 539 | 32.08 | 37.18 | 43.54 | 36.86 |
| 3. KANTECKA Julia | 03 | Kaliski Klub Sportowy „Włó | 2:31.33 | 522 | 32.85 | 38.31 | 46.91 | 33.26 |
| 4. LASECKA Aleksandra | 03 | MKS SP 63 Bydgoszcz | 2:33.83 | 497 | 33.18 | 40.17 | 43.43 | 37.05 |
| 5. ZIEMACKA Julia | 03 | UKS G-8 Bielany Warszawa | 2:36.16 | 475 | 33.26 | 38.22 | 49.62 | 35.06 |
| 6. KRYWIEL Karolina | 03 | MKP Szczecin | 2:42.52 | 421 | 36.74 | 39.80 | 48.53 | 37.45 |

17 - 18 lat

| | | | | | | | | |
|------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. PARADOWSKA Kinga | 01 | MUKS "Pi tnastka" | 2:14.07 | 750 | 29.36 | 34.85 | 37.68 | 32.18 |
| 2. KUPIS Aleksandra | 02 | MKP Szczecin | 2:31.02 | 525 | 34.08 | 36.64 | 46.31 | 33.99 |
| 3. BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów" | 2:33.14 | 503 | 32.39 | 40.21 | 44.11 | 36.43 |
| 4. ZIENTARSKA Karolina | 02 | UKS G-8 Bielany Warszawa | 2:33.72 | 498 | 32.71 | 41.04 | 43.66 | 36.31 |
| 5. POPLAWSKA Apolonia | 02 | KS Posenania Pozna | 2:34.84 | 487 | 35.06 | 41.85 | 43.41 | 34.52 |
| 6. KOZANECKA Katarzyna | 01 | KS Posenania Pozna | 2:36.00 | 476 | 34.60 | 40.45 | 44.88 | 36.07 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 10
2019-11-23 - 11:36

M czyzn, 200m zmienny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-----------------|-------|----------------|------------|
| RP Open | 1:53.39 | WITKOWSKI Jan | 03703 | Lublin | 2014-12-18 |
| RP 19 - 23 | 1:53.64 | WITKOWSKI Jan | 01003 | Ostrowiec Sw | 2014-12-18 |
| RP 18 | 1:56.16 | WITKOWSKI Jan | 01003 | Istanbul (TUR) | 2012-12-14 |
| RP 17 | 1:58.52 | WITKOWSKI Jan | 01003 | Poznan | 2011-12-15 |
| RP 16 | 1:59.58 | CIE LAK Marcin | 03914 | Gorzow Wlkp. | 2008-11-27 |
| RP 15 | 2:03.13 | KĄŁUSOWSKI Jan | 00905 | Poznan | 2015-11-22 |
| RP 14 | 2:04.19 | KONARSKI Maciej | 05214 | Olsztyn | 2018-12-15 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|------------------------|---------|-----------------------|---------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. | 99 | BUJAK Dominik | 2:02.15 | 722 | 27.18 | 30.96 | 35.42 | 28.59 |
| 2. | 01 | WARZOCHA Albert | 2:04.46 | 683 | 27.07 | 31.94 | 36.25 | 29.20 |
| 3. | 97 | KA MIERCZAK Wojciech | 2:04.65 | 680 | 26.49 | 32.02 | 36.55 | 29.59 |
| 4. | 97 | B CZKOWSKI Bartosz | 2:05.83 | 661 | 27.93 | 32.46 | 35.12 | 30.32 |
| 5. | 99 | CIASTO Sebastian | 2:06.17 | 656 | 27.71 | 31.74 | 36.20 | 30.52 |
| 6. | 97 | LECHOWICZ Filip | 2:06.38 | 652 | 27.38 | 33.03 | 36.65 | 29.32 |
| 7. | 01 | GOTSZLING Dawid | 2:06.44 | 651 | 26.70 | 32.42 | 37.38 | 29.94 |
| 8. | 93 | SUZIN Marcin | 2:07.84 | 630 | 27.72 | 33.42 | 36.04 | 30.66 |
| 9. | 02 | STENSSON Erik | 2:08.27 | 624 | 27.01 | 33.60 | 37.65 | 30.01 |
| 10. | 00 | OLLER Krzysztof | 2:08.29 | 624 | 27.52 | 33.58 | 37.45 | 29.74 |
| 11. | 00 | WO NIAK Maciej | 2:08.53 | 620 | 27.61 | 33.62 | 37.51 | 29.79 |
| 12. | 01 | GUZY Marcel | 2:08.70 | 618 | 28.30 | 33.33 | 36.94 | 30.13 |
| 13. | 03 | ANTCZAK Bartosz | 2:08.87 | 615 | 27.12 | 32.13 | 38.09 | 31.53 |
| 14. | 02 | BOBORYK Wojciech | 2:09.08 | 612 | 27.64 | 32.48 | 38.18 | 30.78 |
| 15. | 00 | WALCZYNSKO Jakub | 2:09.09 | 612 | 27.72 | 32.68 | 38.05 | 30.64 |
| 16. | 98 | JAWORSKI Norbert | 2:09.33 | 609 | 28.68 | 34.33 | 36.18 | 30.14 |
| 17. | 04 | TARASEWICZ Marcel | 2:11.19 | 583 | 28.21 | 35.28 | 35.09 | 32.61 |
| 18. | 02 | TOMCZAK Tymoteusz | 2:11.46 | 579 | 27.18 | 34.61 | 36.69 | 32.98 |
| 19. | 02 | KWIATEK Radosław | 2:11.64 | 577 | 27.47 | 32.78 | 38.86 | 32.53 |
| 20. | 02 | RAJCA Wiktor | 2:11.92 | 573 | 29.04 | 33.62 | 38.67 | 30.59 |
| 21. | 00 | GÖRANSSON Carl | 2:12.34 | 568 | 28.57 | 35.58 | 37.09 | 31.10 |
| 22. | 03 | DOBRINDT Mikolaj | 2:12.63 | 564 | 28.24 | 34.10 | 38.07 | 32.22 |
| 23. | 03 | WIEK Wiktor | 2:13.21 | 557 | 28.05 | 34.64 | 40.30 | 30.22 |
| 24. | 03 | KORONA Kacper | 2:13.59 | 552 | 28.17 | 34.87 | 40.36 | 30.19 |
| 25. | 03 | PRZYSTAŁ Adam | 2:13.71 | 551 | 28.23 | 35.24 | 36.99 | 33.25 |
| 26. | 04 | WARZOCHA Gustaw | 2:13.82 | 549 | 29.21 | 34.55 | 38.44 | 31.62 |
| 27. | 02 | LINDHOLM Christopher | 2:13.97 | 547 | 27.95 | 35.88 | 39.21 | 30.93 |
| 28. | 97 | KADROW Konrad | 2:14.02 | 547 | 29.04 | 36.08 | 37.01 | 31.89 |
| 29. | 01 | WIECI SKI Andrzej | 2:14.30 | 543 | 29.58 | 34.53 | 37.18 | 33.01 |
| 30. | 02 | JOHNSSON Marcus | 2:14.76 | 538 | 27.90 | 34.90 | 39.92 | 32.04 |
| 31. | 01 | KOTARSKI Jakub | 2:15.14 | 533 | 29.63 | 35.09 | 39.64 | 30.78 |
| 32. | 99 | SVENSSON Noah | 2:15.46 | 530 | 27.59 | 34.98 | 40.64 | 32.25 |
| 33. | 02 | GUMI SKI Igor | 2:15.91 | 524 | 28.92 | 33.36 | 40.61 | 33.02 |
| 34. | 04 | J DRYCH Krzysztof | 2:15.97 | 524 | 29.18 | 34.00 | 42.08 | 30.71 |
| 35. | 04 | ZUZANIUK Igor | 2:16.31 | 520 | 28.43 | 35.04 | 40.58 | 32.26 |
| 36. | 00 | PETTERSSON Robin | 2:16.51 | 517 | 26.78 | 34.26 | 41.56 | 33.91 |
| 37. | 04 | KWIATKOWSKI Tymoteusz | 2:16.75 | 515 | 28.32 | 35.52 | 40.38 | 32.53 |
| 38. | 04 | EGLE Miłosz | 2:16.95 | 512 | 28.95 | 33.83 | 41.52 | 32.65 |
| 39. | 03 | ROGUSKI Mateusz | 2:17.05 | 511 | 28.57 | 35.07 | 41.00 | 32.41 |
| 40. | 02 | LEIFSEN Gustav | 2:17.22 | 509 | 29.10 | 34.23 | 41.02 | 32.87 |
| 41. | 04 | YRO Ignacy | 2:17.27 | 509 | 28.96 | 36.02 | 41.12 | 31.17 |
| 42. | 05 | POGODA Krzysztof | 2:17.94 | 502 | 31.04 | 34.21 | 40.42 | 32.27 |
| 43. | 01 | SKÓLD Theodor | 2:18.43 | 496 | 29.99 | 35.37 | 40.98 | 32.09 |
| 44. | 03 | DOPIERAŁA Tytus | 2:18.58 | 495 | 28.31 | 35.88 | 40.68 | 33.71 |
| 45. | 02 | LINDWALL Algot | 2:18.83 | 492 | 29.40 | 38.17 | 38.46 | 32.80 |
| 46. | 00 | SULIGA Jeremi | 2:19.18 | 488 | 28.38 | 35.39 | 40.67 | 34.74 |
| 47. | 04 | PI TKA Hubert | 2:19.34 | 487 | 29.44 | 36.41 | 40.92 | 32.57 |
| 48. | 05 | SZYMA SKI Igor | 2:19.37 | 486 | 30.52 | 39.09 | 36.41 | 33.35 |
| 49. | 03 | WILANOWSKI Mateusz | 2:19.57 | 484 | 30.46 | 37.58 | 39.23 | 32.30 |
| 50. | 03 | MACIOSZEK Maksymilian | 2:20.41 | 475 | 29.03 | 36.95 | 41.43 | 33.00 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 10, M czynn, 200m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------|----------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 51. | MOCHNAL Kacper | 05 | MKS Jedyńka Łód | 2:20.90 | 471 | 30.29 | 36.38 | 41.18 | 33.05 |
| 52. | JASI SKI Jakub | 03 | MKS Jedyńka Łód | 2:22.41 | 456 | 30.40 | 38.30 | 41.89 | 31.82 |
| 53. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 2:22.61 | 454 | 29.21 | 36.80 | 42.87 | 33.73 |
| 54. | JANECZEK Stanisław | 04 | MUKS "Pi tnastka" | 2:22.85 | 452 | 29.28 | 37.10 | 41.80 | 34.67 |
| 55. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 2:23.02 | 450 | 29.91 | 36.85 | 42.63 | 33.63 |
| 56. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 2:23.45 | 446 | 30.15 | 37.75 | 42.85 | 32.70 |
| 57. | LASKI Filip | 04 | St. KF KS „Fenix” O arów | 2:23.78 | 443 | 30.68 | 37.21 | 42.23 | 33.66 |
| 58. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawi | 2:24.18 | 439 | 31.51 | 38.61 | 42.18 | 31.88 |
| 59. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 2:24.40 | 437 | 31.43 | 39.14 | 41.54 | 32.29 |
| 60. | GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 2:24.60 | 435 | 28.42 | 32.93 | 46.17 | 37.08 |
| 61. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 2:25.09 | 431 | 29.37 | 37.73 | 43.29 | 34.70 |
| 62. | BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 2:25.97 | 423 | 30.72 | 37.39 | 43.71 | 34.15 |
| 63. | WIERCY SKI Kacper | 04 | UKS „Dwójka” Tczew | 2:26.92 | 415 | 32.18 | 39.25 | 38.89 | 36.60 |
| 64. | STRZELECKI Wiktor | 04 | MKS „Astoria” Bydgoszcz | 2:29.05 | 397 | 30.32 | 38.49 | 45.38 | 34.86 |
| 65. | KUREK Kacper | 05 | Foka Choszczcno | 2:32.38 | 372 | 32.02 | 39.93 | 45.62 | 34.81 |
| 66. | MAJAK Mateusz | 05 | Uks Cityzen | 2:41.54 | 312 | 34.78 | 42.49 | 46.54 | 37.73 |
| NW | KAJA Bła ej | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | | | |

14 lat

| | | | | | | | | | |
|----|------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | POGODA Krzysztof | 05 | MKS Jedyńka Łód | 2:17.94 | 502 | 31.04 | 34.21 | 40.42 | 32.27 |
| 2. | SZYMA SKI Igor | 05 | MUKS "Pi tnastka" | 2:19.37 | 486 | 30.52 | 39.09 | 36.41 | 33.35 |
| 3. | MOCHNAL Kacper | 05 | MKS Jedyńka Łód | 2:20.90 | 471 | 30.29 | 36.38 | 41.18 | 33.05 |
| 4. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 2:22.61 | 454 | 29.21 | 36.80 | 42.87 | 33.73 |
| 5. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 2:23.45 | 446 | 30.15 | 37.75 | 42.85 | 32.70 |
| 6. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 2:24.40 | 437 | 31.43 | 39.14 | 41.54 | 32.29 |
| 7. | BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 2:25.97 | 423 | 30.72 | 37.39 | 43.71 | 34.15 |
| 8. | KUREK Kacper | 05 | Foka Choszczcno | 2:32.38 | 372 | 32.02 | 39.93 | 45.62 | 34.81 |
| 9. | MAJAK Mateusz | 05 | Uks Cityzen | 2:41.54 | 312 | 34.78 | 42.49 | 46.54 | 37.73 |
| NW | KAJA Bła ej | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | | | |

15 lat

| | | | | | | | | | |
|-----|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | TARASEWICZ Marcel | 04 | UKS G-8 Bielany Warszawa | 2:11.19 | 583 | 28.21 | 35.28 | 35.09 | 32.61 |
| 2. | WARZOCHA Gustaw | 04 | Uks Cityzen | 2:13.82 | 549 | 29.21 | 34.55 | 38.44 | 31.62 |
| 3. | J DRYCH Krzysztof | 04 | KS Poshania Pozna | 2:15.97 | 524 | 29.18 | 34.00 | 42.08 | 30.71 |
| 4. | ZUZANIUK Igor | 04 | KS OLIMPIA Lublin | 2:16.31 | 520 | 28.43 | 35.04 | 40.58 | 32.26 |
| 5. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 2:16.75 | 515 | 28.32 | 35.52 | 40.38 | 32.53 |
| 6. | EGLE Miłosz | 04 | UKS Siódemka Gdynia | 2:16.95 | 512 | 28.95 | 33.83 | 41.52 | 32.65 |
| 7. | YRO Ignacy | 04 | UKS „GIM 92 Ursynów” | 2:17.27 | 509 | 28.96 | 36.02 | 41.12 | 31.17 |
| 8. | PI TKA Hubert | 04 | MKP Szczecin | 2:19.34 | 487 | 29.44 | 36.41 | 40.92 | 32.57 |
| 9. | JANECZEK Stanisław | 04 | MUKS "Pi tnastka" | 2:22.85 | 452 | 29.28 | 37.10 | 41.80 | 34.67 |
| 10. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 2:23.02 | 450 | 29.91 | 36.85 | 42.63 | 33.63 |
| 11. | LASKI Filip | 04 | St. KF KS „Fenix” O arów | 2:23.78 | 443 | 30.68 | 37.21 | 42.23 | 33.66 |
| 12. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawi | 2:24.18 | 439 | 31.51 | 38.61 | 42.18 | 31.88 |
| 13. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 2:25.09 | 431 | 29.37 | 37.73 | 43.29 | 34.70 |
| 14. | WIERCY SKI Kacper | 04 | UKS „Dwójka” Tczew | 2:26.92 | 415 | 32.18 | 39.25 | 38.89 | 36.60 |
| 15. | STRZELECKI Wiktor | 04 | MKS „Astoria” Bydgoszcz | 2:29.05 | 397 | 30.32 | 38.49 | 45.38 | 34.86 |

16 lat

| | | | | | | | | | |
|-----|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | ANTCZAK Bartosz | 03 | UKP „Polonia Warszawa” | 2:08.87 | 615 | 27.12 | 32.13 | 38.09 | 31.53 |
| 2. | DOBRINDT Mikołaj | 03 | MUKS "Pi tnastka" | 2:12.63 | 564 | 28.24 | 34.10 | 38.07 | 32.22 |
| 3. | WIEK Wiktor | 03 | UKS G-8 Bielany Warszawa | 2:13.21 | 557 | 28.05 | 34.64 | 40.30 | 30.22 |
| 4. | KORONA Kacper | 03 | MKP Szczecin | 2:13.59 | 552 | 28.17 | 34.87 | 40.36 | 30.19 |
| 5. | PRZYSTAŁ Adam | 03 | UKS G-8 Bielany Warszawa | 2:13.71 | 551 | 28.23 | 35.24 | 36.99 | 33.25 |
| 6. | ROGUSKI Mateusz | 03 | UKP „Polonia Warszawa” | 2:17.05 | 511 | 28.57 | 35.07 | 41.00 | 32.41 |
| 7. | DOPIERAŁA Tytus | 03 | KS Warta Pozna | 2:18.58 | 495 | 28.31 | 35.88 | 40.68 | 33.71 |
| 8. | WILANOWSKI Mateusz | 03 | MKS Jedyńka Łód | 2:19.57 | 484 | 30.46 | 37.58 | 39.23 | 32.30 |
| 9. | MACIOSZEK Maksymilian | 03 | UKP „Polonia Warszawa” | 2:20.41 | 475 | 29.03 | 36.95 | 41.43 | 33.00 |
| 10. | JASI SKI Jakub | 03 | MKS Jedyńka Łód | 2:22.41 | 456 | 30.40 | 38.30 | 41.89 | 31.82 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 10, M czyzn, 200m zmienny

17 - 18 lat

| | | | | | | | | |
|-------------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. WARZOCHA Albert | 01 | Uks Cityzen | 2:04.46 | 683 | 27.07 | 31.94 | 36.25 | 29.20 |
| 2. GOTSZLING Dawid | 01 | SMS Zielona Góra | 2:06.44 | 651 | 26.70 | 32.42 | 37.38 | 29.94 |
| 3. STENSSON Erik | 02 | SS VAERMAMO | 2:08.27 | 624 | 27.01 | 33.60 | 37.65 | 30.01 |
| 4. GUZY Marcel | 01 | DOKiS SP Vega Dobrodzie | 2:08.70 | 618 | 28.30 | 33.33 | 36.94 | 30.13 |
| 5. BOBORYK Wojciech | 02 | KS Delfin Gdynia | 2:09.08 | 612 | 27.64 | 32.48 | 38.18 | 30.78 |
| 6. TOMCZAK Tymoteusz | 02 | KS Posnania Pozna | 2:11.46 | 579 | 27.18 | 34.61 | 36.69 | 32.98 |
| 7. KWIATEK Radosław | 02 | St. Lok. SALOS Cortile Kielc | 2:11.64 | 577 | 27.47 | 32.78 | 38.86 | 32.53 |
| 8. RAJCA Wiktor | 02 | KS KSZO Ostrowiec w. | 2:11.92 | 573 | 29.04 | 33.62 | 38.67 | 30.59 |
| 9. LINDHOLM Christopher | 02 | VSS VASBY | 2:13.97 | 547 | 27.95 | 35.88 | 39.21 | 30.93 |
| 10. WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 2:14.30 | 543 | 29.58 | 34.53 | 37.18 | 33.01 |
| 11. JOHNSON Marcus | 02 | VSS VASBY | 2:14.76 | 538 | 27.90 | 34.90 | 39.92 | 32.04 |
| 12. KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 2:15.14 | 533 | 29.63 | 35.09 | 39.64 | 30.78 |
| 13. GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 2:15.91 | 524 | 28.92 | 33.36 | 40.61 | 33.02 |
| 14. LEIFSEN Gustav | 02 | VSS VASBY | 2:17.22 | 509 | 29.10 | 34.23 | 41.02 | 32.87 |
| 15. SKÖLD Theodor | 01 | VSS VASBY | 2:18.43 | 496 | 29.99 | 35.37 | 40.98 | 32.09 |
| 16. LINDWALL Algot | 02 | SS TYRESO | 2:18.83 | 492 | 29.40 | 38.17 | 38.46 | 32.80 |
| 17. GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 2:24.60 | 435 | 28.42 | 32.93 | 46.17 | 37.08 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 11
2019-11-23 - 11:42

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-------------------|-------|---------|------------|
| RP Open | 4:05.77 | BARZYCKA Paulina | 00114 | Gorzow | 2005-11-26 |
| RP 19 - 23 | 4:05.77 | BARZYCKA Paulina | 00114 | Gorzow | 2005-11-26 |
| RP 18 | 4:07.14 | PIECHOTA Paulina | 01605 | Łód | 2017-12-20 |
| RP 17 | 4:08.04 | KILIJA SKA Donata | 00612 | Pozna | 2011-12-17 |
| RP 16 | 4:08.04 | KILIJA SKA Donata | 00612 | Poznan | 2011-12-17 |
| RP 15 | 4:08.60 | GU Wiktoria | 01705 | Pozna | 2019-11-23 |
| RP 14 | 4:09.54 | GU Wiktoria | 01705 | Olsztyn | 2018-12-15 |

Punkty: FINA 2019

| Pozycja | | | Rok ur. | | | Czas | Pkt. |
|------------------------|--------------------------------------|-----------------------|---------|--|---------|----------------|---------------------|
| 14 lat i starsi | | | | | | | |
| 1. | GU | Wiktoria | 04 | UKS „Delfin” Piotrków Trybunalski | | 4:08.60 | 833 |
| | <i>Czas lepszy od Rekordu Polski</i> | | | | | | |
| | 50m: | 27.99 | 27.99 | 150m: | 1:29.89 | 31.02 | 250m: 2:32.94 31.76 |
| | 100m: | 58.87 | 30.88 | 200m: | 2:01.18 | 31.29 | 300m: 3:05.14 32.20 |
| | | | | | | | 350m: 3:37.30 32.16 |
| | | | | | | | 400m: 4:08.60 31.30 |
| 2. | TARASIEWICZ | Klaudia | 04 | UKP „Polonia Warszawa” | | 4:13.93 | 781 |
| | 50m: | 29.04 | 29.04 | 150m: | 1:31.42 | 31.50 | 250m: 2:35.65 32.18 |
| | 100m: | 59.92 | 30.88 | 200m: | 2:03.47 | 32.05 | 300m: 3:08.40 32.75 |
| | | | | | | | 350m: 3:41.80 33.40 |
| | | | | | | | 400m: 4:13.93 32.13 |
| 3. | W | GRZYNOWSKA Aleksandra | 01 | WKS I sk Wrocław | | 4:20.96 | 720 |
| | 50m: | 29.40 | 29.40 | 150m: | 1:34.48 | 32.66 | 250m: 2:40.76 33.24 |
| | 100m: | 1:01.82 | 32.42 | 200m: | 2:07.52 | 33.04 | 300m: 3:15.07 34.31 |
| | | | | | | | 350m: 3:48.77 33.70 |
| | | | | | | | 400m: 4:20.96 32.19 |
| 4. | ŁUCZAK | Dominika | 02 | SMS Zielona Góra | | 4:23.61 | 698 |
| | 50m: | 31.01 | 31.01 | 150m: | 1:37.07 | 33.12 | 250m: 2:44.02 33.64 |
| | 100m: | 1:03.95 | 32.94 | 200m: | 2:10.38 | 33.31 | 300m: 3:17.43 33.41 |
| | | | | | | | 350m: 3:50.71 33.28 |
| | | | | | | | 400m: 4:23.61 32.90 |
| 5. | ANDERSSON | Tova | 01 | VSS VASBY | | 4:25.46 | 684 |
| | 50m: | 30.28 | 30.28 | 150m: | 1:37.39 | 33.65 | 250m: 2:45.08 33.96 |
| | 100m: | 1:03.74 | 33.46 | 200m: | 2:11.12 | 33.73 | 300m: 3:19.21 34.13 |
| | | | | | | | 350m: 3:52.85 33.64 |
| | | | | | | | 400m: 4:25.46 32.61 |
| 6. | KUCHTA | Maria | 02 | UKS „Dwójka” Tczew | | 4:25.73 | 682 |
| | 50m: | 31.13 | 31.13 | 150m: | 1:39.62 | 34.22 | 250m: 2:47.63 33.90 |
| | 100m: | 1:05.40 | 34.27 | 200m: | 2:13.73 | 34.11 | 300m: 3:21.63 34.00 |
| | | | | | | | 350m: 3:54.89 33.26 |
| | | | | | | | 400m: 4:25.73 30.84 |
| 7. | NOWAK | Maja | 03 | AZS AWF Warszawa | | 4:26.17 | 678 |
| | 50m: | 30.05 | 30.05 | 150m: | 1:35.67 | 33.29 | 250m: 2:43.67 34.23 |
| | 100m: | 1:02.38 | 32.33 | 200m: | 2:09.44 | 33.77 | 300m: 3:18.51 34.84 |
| | | | | | | | 350m: 3:53.04 34.53 |
| | | | | | | | 400m: 4:26.17 33.13 |
| 8. | MRO | EK Weronika | 04 | MKP Szczecin | | 4:29.16 | 656 |
| | 50m: | 31.96 | 31.96 | 150m: | 1:39.97 | 33.90 | 250m: 2:48.26 34.45 |
| | 100m: | 1:06.07 | 34.11 | 200m: | 2:13.81 | 33.84 | 300m: 3:22.74 34.48 |
| | | | | | | | 350m: 3:56.93 34.19 |
| | | | | | | | 400m: 4:29.16 32.23 |
| 9. | PIEPIÓRKA | Martyna | 03 | UKS abianka Gda sk | | 4:29.25 | 655 |
| | 50m: | 32.79 | 32.79 | 150m: | 1:41.87 | 34.22 | 250m: 2:50.72 34.41 |
| | 100m: | 1:07.65 | 34.86 | 200m: | 2:16.31 | 34.44 | 300m: 3:24.95 34.23 |
| | | | | | | | 350m: 3:58.22 33.27 |
| | | | | | | | 400m: 4:29.25 31.03 |
| 10. | ZAR | BA-PARADOWSKA Julia | 02 | UKS G-8 Bielany Warszawa | | 4:29.57 | 653 |
| | 50m: | 31.96 | 31.96 | 150m: | 1:39.50 | 33.87 | 250m: 2:48.11 34.19 |
| | 100m: | 1:05.63 | 33.67 | 200m: | 2:13.92 | 34.42 | 300m: 3:22.55 34.44 |
| | | | | | | | 350m: 3:56.92 34.37 |
| | | | | | | | 400m: 4:29.57 32.65 |
| 11. | JABŁO | SKA Oliwia | 97 | Wojewódzkie Zrzeszenie Sportowe Niep4:29.67raw652h „START” | | | |
| | 50m: | 32.06 | 32.06 | 150m: | 1:39.70 | 33.94 | 250m: 2:48.28 34.38 |
| | 100m: | 1:05.76 | 33.70 | 200m: | 2:13.90 | 34.20 | 300m: 3:22.43 34.15 |
| | | | | | | | 350m: 3:56.52 34.09 |
| | | | | | | | 400m: 4:29.67 33.15 |
| 12. | ANDERSSON | Ebba | 01 | VSS VASBY | | 4:29.81 | 651 |
| | 50m: | 31.05 | 31.05 | 150m: | 1:37.55 | 33.48 | 250m: 2:45.39 34.04 |
| | 100m: | 1:04.07 | 33.02 | 200m: | 2:11.35 | 33.80 | 300m: 3:20.01 34.62 |
| | | | | | | | 350m: 3:55.16 35.15 |
| | | | | | | | 400m: 4:29.81 34.65 |
| 13. | MOLEND | Dominika | 03 | UKS abianka Gda sk | | 4:30.55 | 646 |
| | 50m: | 31.15 | 31.15 | 150m: | 1:39.65 | 34.43 | 250m: 2:48.77 34.50 |
| | 100m: | 1:05.22 | 34.07 | 200m: | 2:14.27 | 34.62 | 300m: 3:23.22 34.45 |
| | | | | | | | 350m: 3:57.55 34.33 |
| | | | | | | | 400m: 4:30.55 33.00 |
| 14. | WOLSKA | Karolina | 01 | MUKS "Pi tnastka” | | 4:31.48 | 639 |
| | 50m: | 31.08 | 31.08 | 150m: | 1:38.78 | 34.05 | 250m: 2:47.57 34.45 |
| | 100m: | 1:04.73 | 33.65 | 200m: | 2:13.12 | 34.34 | 300m: 3:22.52 34.95 |
| | | | | | | | 350m: 3:57.32 34.80 |
| | | | | | | | 400m: 4:31.48 34.16 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 11, Kobiet, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|---------------------|---------------|---------|---------------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 15. | JASZCZUK Ewa | | 02 | MTP Kormoran Olsztyn | | | | 4:31.80 | 637 | | |
| | 50m: | 31.31 31.31 | 150m: | 1:38.22 | 33.66 | 250m: | 2:47.14 | 34.66 | 350m: | 3:56.93 | 34.95 |
| | 100m: | 1:04.56 33.25 | 200m: | 2:12.48 | 34.26 | 300m: | 3:21.98 | 34.84 | 400m: | 4:31.80 | 34.87 |
| 16. | ROSI SKA Karolina | | 02 | Grudzi dzki KP „Orka” | | | | 4:31.84 | 637 | | |
| | 50m: | 31.33 31.33 | 150m: | 1:39.92 | 34.53 | 250m: | 2:49.74 | 35.09 | 350m: | 3:59.64 | 35.20 |
| | 100m: | 1:05.39 34.06 | 200m: | 2:14.65 | 34.73 | 300m: | 3:24.44 | 34.70 | 400m: | 4:31.84 | 32.20 |
| 17. | GARBARCZYK Weronika | | 03 | MKP Szczecin | | | | 4:32.63 | 631 | | |
| | 50m: | 31.33 31.33 | 150m: | 1:38.97 | 33.83 | 250m: | 2:47.92 | 34.51 | 350m: | 3:58.34 | 35.37 |
| | 100m: | 1:05.14 33.81 | 200m: | 2:13.41 | 34.44 | 300m: | 3:22.97 | 35.05 | 400m: | 4:32.63 | 34.29 |
| | FRYSIAK Zuzanna | | 03 | MUKS "Pi tnastka" | | | | 4:32.63 | 631 | | |
| | 50m: | 31.38 31.38 | 150m: | 1:39.95 | 34.54 | 250m: | 2:49.40 | 34.81 | 350m: | 3:59.25 | 35.03 |
| | 100m: | 1:05.41 34.03 | 200m: | 2:14.59 | 34.64 | 300m: | 3:24.22 | 34.82 | 400m: | 4:32.63 | 33.38 |
| 19. | MO D AN Milena | | 03 | MKP Szczecin | | | | 4:32.73 | 630 | | |
| | 50m: | 31.49 31.49 | 150m: | 1:39.11 | 34.01 | 250m: | 2:48.42 | 34.74 | 350m: | 3:58.24 | 34.74 |
| | 100m: | 1:05.10 33.61 | 200m: | 2:13.68 | 34.57 | 300m: | 3:23.50 | 35.08 | 400m: | 4:32.73 | 34.49 |
| 20. | DOM OL Zuzanna | | 02 | Kaliski Klub Sportowy „Włóknierz” 192 | | | | 4:32.91 | 629 | | |
| | 50m: | 30.90 30.90 | 150m: | 1:38.30 | 34.15 | 250m: | 2:47.59 | 34.85 | 350m: | 3:58.47 | 35.46 |
| | 100m: | 1:04.15 33.25 | 200m: | 2:12.74 | 34.44 | 300m: | 3:23.01 | 35.42 | 400m: | 4:32.91 | 34.44 |
| 21. | HAŁADYN Karolina | | 03 | UKS 190 Łód | | | | 4:33.44 | 626 | | |
| | 50m: | 31.03 31.03 | 150m: | 1:39.23 | 34.25 | 250m: | 2:48.61 | 34.83 | 350m: | 3:58.87 | 35.07 |
| | 100m: | 1:04.98 33.95 | 200m: | 2:13.78 | 34.55 | 300m: | 3:23.80 | 35.19 | 400m: | 4:33.44 | 34.57 |
| 22. | MALINO Julia | | 04 | UKS „ORKA” Zamo | | | | 4:37.37 | 599 | | |
| | 50m: | 31.38 31.38 | 150m: | 1:40.36 | 34.82 | 250m: | 2:51.41 | 35.83 | 350m: | 4:02.94 | 35.56 |
| | 100m: | 1:05.54 34.16 | 200m: | 2:15.58 | 35.22 | 300m: | 3:27.38 | 35.97 | 400m: | 4:37.37 | 34.43 |
| 23. | FIGAS Alicja | | 04 | MKP Szczecin | | | | 4:38.07 | 595 | | |
| | 50m: | 32.37 32.37 | 150m: | 1:41.90 | 34.65 | 250m: | 2:52.03 | 35.09 | 350m: | 4:02.81 | 35.45 |
| | 100m: | 1:07.25 34.88 | 200m: | 2:16.94 | 35.04 | 300m: | 3:27.36 | 35.33 | 400m: | 4:38.07 | 35.26 |
| 24. | TOFIL Emilia | | 05 | KS Delfin Gdynia | | | | 4:41.35 | 574 | | |
| | 50m: | 32.36 32.36 | 150m: | 1:43.03 | 35.44 | 250m: | 2:54.93 | 35.93 | 350m: | 4:06.90 | 36.00 |
| | 100m: | 1:07.59 35.23 | 200m: | 2:19.00 | 35.97 | 300m: | 3:30.90 | 35.97 | 400m: | 4:41.35 | 34.45 |
| 25. | CH CIAK Sandra | | 03 | UKS „GIM 92 Ursynów” | | | | 4:41.83 | 571 | | |
| | 50m: | 31.43 31.43 | 150m: | 1:41.71 | 35.46 | 250m: | 2:54.29 | 36.25 | 350m: | 4:07.21 | 36.58 |
| | 100m: | 1:06.25 34.82 | 200m: | 2:18.04 | 36.33 | 300m: | 3:30.63 | 36.34 | 400m: | 4:41.83 | 34.62 |
| 26. | DRAGAN Julia | | 04 | KS OLIMPIA Lublin | | | | 4:41.92 | 571 | | |
| | 50m: | 31.81 31.81 | 150m: | 1:42.58 | 35.89 | 250m: | 2:54.85 | 35.95 | 350m: | 4:06.99 | 35.86 |
| | 100m: | 1:06.69 34.88 | 200m: | 2:18.90 | 36.32 | 300m: | 3:31.13 | 36.28 | 400m: | 4:41.92 | 34.93 |
| 27. | BEDNAREK Aleksandra | | 98 | UKS SP-149 Łód | | | | 4:42.06 | 570 | | |
| | 50m: | 32.33 32.33 | 150m: | 1:42.72 | 35.62 | 250m: | 2:54.20 | 36.00 | 350m: | 4:06.84 | 36.32 |
| | 100m: | 1:07.10 34.77 | 200m: | 2:18.20 | 35.48 | 300m: | 3:30.52 | 36.32 | 400m: | 4:42.06 | 35.22 |
| 28. | RACZY SKA Wiktoria | | 04 | AZS Łód | | | | 4:42.15 | 569 | | |
| | 50m: | 31.80 31.80 | 150m: | 1:43.18 | 35.90 | 250m: | 2:54.76 | 35.68 | 350m: | 4:06.48 | 35.72 |
| | 100m: | 1:07.28 35.48 | 200m: | 2:19.08 | 35.90 | 300m: | 3:30.76 | 36.00 | 400m: | 4:42.15 | 35.67 |
| 29. | BRACH Oliwia | | 04 | UKP „Polonia Warszawa” | | | | 4:42.95 | 565 | | |
| | 50m: | 31.91 31.91 | 150m: | 1:41.98 | 35.15 | 250m: | 2:55.18 | 36.17 | 350m: | 4:08.28 | 36.61 |
| | 100m: | 1:06.83 34.92 | 200m: | 2:19.01 | 37.03 | 300m: | 3:31.67 | 36.49 | 400m: | 4:42.95 | 34.67 |
| | GAJCY Natalia | | 05 | UKP „Polonia Warszawa” | | | | 4:42.95 | 565 | | |
| | 50m: | 31.72 31.72 | 150m: | 1:43.29 | 36.18 | 250m: | 2:55.18 | 35.77 | 350m: | 4:07.60 | 36.20 |
| | 100m: | 1:07.11 35.39 | 200m: | 2:19.41 | 36.12 | 300m: | 3:31.40 | 36.22 | 400m: | 4:42.95 | 35.35 |
| 31. | KIERAGA Patrycja | | 04 | KS OLIMPIA Lublin | | | | 4:43.98 | 558 | | |
| | 50m: | 31.96 31.96 | 150m: | 1:43.68 | 36.17 | 250m: | 2:55.02 | 35.27 | 350m: | 4:08.17 | 36.77 |
| | 100m: | 1:07.51 35.55 | 200m: | 2:19.75 | 36.07 | 300m: | 3:31.40 | 36.38 | 400m: | 4:43.98 | 35.81 |
| 32. | SAMORAJ Oliwia | | 05 | MKS Piaseczno | | | | 4:44.33 | 556 | | |
| | 50m: | 32.38 32.38 | 150m: | 1:44.43 | 36.67 | 250m: | 2:56.92 | 35.90 | 350m: | 4:09.41 | 36.17 |
| | 100m: | 1:07.76 35.38 | 200m: | 2:21.02 | 36.59 | 300m: | 3:33.24 | 36.32 | 400m: | 4:44.33 | 34.92 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
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Konkurencja 11, Kobiet, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|----------------------|---------------------|---------|------------------------------------|---------------------|--|----------------|------|------|
| 33. | MAZUR Zuzanna | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | 4:44.69 | 554 | |
| | 50m: 32.43 32.43 | 150m: 1:44.80 36.58 | | 250m: 2:57.75 36.39 | 350m: 4:10.64 36.23 | | | | |
| | 100m: 1:08.22 35.79 | 200m: 2:21.36 36.56 | | 300m: 3:34.41 36.66 | 400m: 4:44.69 34.05 | | | | |
| 34. | ŁUSZCZEWSKA Emilia | | 05 | MKS Juwenia Białystok | | | 4:45.05 | 552 | |
| | 50m: 32.57 32.57 | 150m: 1:44.12 35.99 | | 250m: 2:56.50 36.59 | 350m: 4:09.68 36.42 | | | | |
| | 100m: 1:08.13 35.56 | 200m: 2:19.91 35.79 | | 300m: 3:33.26 36.76 | 400m: 4:45.05 35.37 | | | | |
| 35. | JAWORSKA Wiktoria | | 05 | MUKS "Pi tnastka" | | | 4:47.67 | 537 | |
| | 50m: 31.82 31.82 | 150m: 1:43.76 36.53 | | 250m: 2:57.54 37.03 | 350m: 4:11.83 37.28 | | | | |
| | 100m: 1:07.23 35.41 | 200m: 2:20.51 36.75 | | 300m: 3:34.55 37.01 | 400m: 4:47.67 35.84 | | | | |
| 36. | SKALI SKA Ewa | | 05 | MKS Piaseczno | | | 4:48.13 | 535 | |
| | 50m: 32.43 32.43 | 150m: 1:44.89 36.82 | | 250m: 2:58.29 36.57 | 350m: 4:11.95 36.55 | | | | |
| | 100m: 1:08.07 35.64 | 200m: 2:21.72 36.83 | | 300m: 3:35.40 37.11 | 400m: 4:48.13 36.18 | | | | |
| 37. | WITEK Oliwia | | 04 | MKS Jedyńka Łód | | | 4:48.38 | 533 | |
| | 50m: 32.54 32.54 | 150m: 1:44.37 36.41 | | 250m: 2:57.81 36.62 | 350m: 4:11.95 37.04 | | | | |
| | 100m: 1:07.96 35.42 | 200m: 2:21.19 36.82 | | 300m: 3:34.91 37.10 | 400m: 4:48.38 36.43 | | | | |
| 38. | ŁASISZ Julia | | 05 | MKP Szczecin | | | 4:48.46 | 533 | |
| | 50m: 33.00 33.00 | 150m: 1:45.57 36.46 | | 250m: 2:59.64 37.12 | 350m: 4:13.87 36.89 | | | | |
| | 100m: 1:09.11 36.11 | 200m: 2:22.52 36.95 | | 300m: 3:36.98 37.34 | 400m: 4:48.46 34.59 | | | | |
| 39. | KOWAL Magdalena | | 05 | MUKS Wodnik Łask | | | 4:52.64 | 510 | |
| | 50m: 34.70 34.70 | 150m: 1:50.55 37.83 | | 250m: 3:04.71 36.92 | 350m: 4:18.15 36.64 | | | | |
| | 100m: 1:12.72 38.02 | 200m: 2:27.79 37.24 | | 300m: 3:41.51 36.80 | 400m: 4:52.64 34.49 | | | | |
| 40. | SVENSSON Lovisa | | 02 | SS VAERMAMO | | | 4:54.76 | 499 | |
| | 50m: 32.69 32.69 | 150m: 1:45.15 36.38 | | 250m: 2:59.12 37.56 | 350m: 4:16.47 39.12 | | | | |
| | 100m: 1:08.77 36.08 | 200m: 2:21.56 36.41 | | 300m: 3:37.35 38.23 | 400m: 4:54.76 38.29 | | | | |
| 41. | RUTWA Wiktoria | | 05 | MKS Piaseczno | | | 4:57.11 | 488 | |
| | 50m: 34.08 34.08 | 150m: 1:48.42 37.58 | | 250m: 3:04.26 38.04 | 350m: 4:20.01 37.89 | | | | |
| | 100m: 1:10.84 36.76 | 200m: 2:26.22 37.80 | | 300m: 3:42.12 37.86 | 400m: 4:57.11 37.10 | | | | |
| 42. | SYSIO Zuzanna | | 04 | MUKS Wodnik Łask | | | 4:58.60 | 480 | |
| | 50m: 32.97 32.97 | 150m: 1:47.13 37.78 | | 250m: 3:03.53 38.34 | 350m: 4:21.03 38.73 | | | | |
| | 100m: 1:09.35 36.38 | 200m: 2:25.19 38.06 | | 300m: 3:42.30 38.77 | 400m: 4:58.60 37.57 | | | | |
| 43. | SADOWSKA Dominika | | 04 | MUKS "Pi tnastka" | | | 4:58.91 | 479 | |
| | 50m: 31.88 31.88 | 150m: 1:45.20 37.14 | | 250m: 3:01.21 38.34 | 350m: 4:20.20 39.58 | | | | |
| | 100m: 1:08.06 36.18 | 200m: 2:22.87 37.67 | | 300m: 3:40.62 39.41 | 400m: 4:58.91 38.71 | | | | |
| 44. | KOWALSKA Oliwia | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | 5:00.27 | 472 | |
| | 50m: 34.47 34.47 | 150m: 1:50.12 38.29 | | 250m: 3:06.65 38.36 | 350m: 4:23.60 38.32 | | | | |
| | 100m: 1:11.83 37.36 | 200m: 2:28.29 38.17 | | 300m: 3:45.28 38.63 | 400m: 5:00.27 36.67 | | | | |
| 45. | ZAWADA Malwina | | 05 | MKS Piaseczno | | | 5:01.50 | 467 | |
| | 50m: 34.01 34.01 | 150m: 1:50.53 38.66 | | 250m: 3:07.82 38.78 | 350m: 4:24.16 37.93 | | | | |
| | 100m: 1:11.87 37.86 | 200m: 2:29.04 38.51 | | 300m: 3:46.23 38.41 | 400m: 5:01.50 37.34 | | | | |
| 46. | CZERWI SKA Martyna | | 04 | UKS „Dwójka" Tczew | | | 5:02.39 | 462 | |
| | 50m: 34.85 34.85 | 150m: 1:51.38 38.59 | | 250m: 3:09.42 38.96 | 350m: 4:25.65 37.99 | | | | |
| | 100m: 1:12.79 37.94 | 200m: 2:30.46 39.08 | | 300m: 3:47.66 38.24 | 400m: 5:02.39 36.74 | | | | |
| 47. | WOJCIECHOWSKA Kamila | | 03 | Mokotowski UKP Warszawianka- Wodny | | | 5:24.72 | 373 | |
| | 50m: 34.67 34.67 | 150m: 1:54.60 40.61 | | 250m: 3:19.22 42.45 | 350m: 4:44.13 42.80 | | | | |
| | 100m: 1:13.99 39.32 | 200m: 2:36.77 42.17 | | 300m: 4:01.33 42.11 | 400m: 5:24.72 40.59 | | | | |
| NW | JAGODA Patrycja | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | | |
| 14 lat | | | | | | | | | |
| 1. | TOFIL Emilia | | 05 | KS Delfin Gdynia | | | 4:41.35 | 574 | |
| | 50m: 32.36 32.36 | 150m: 1:43.03 35.44 | | 250m: 2:54.93 35.93 | 350m: 4:06.90 36.00 | | | | |
| | 100m: 1:07.59 35.23 | 200m: 2:19.00 35.97 | | 300m: 3:30.90 35.97 | 400m: 4:41.35 34.45 | | | | |
| 2. | GAJCY Natalia | | 05 | UKP „Polonia Warszawa" | | | 4:42.95 | 565 | |
| | 50m: 31.72 31.72 | 150m: 1:43.29 36.18 | | 250m: 2:55.18 35.77 | 350m: 4:07.60 36.20 | | | | |
| | 100m: 1:07.11 35.39 | 200m: 2:19.41 36.12 | | 300m: 3:31.40 36.22 | 400m: 4:42.95 35.35 | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 11, Dziewcz t, 400m dowolny, 14 lat

| Pozycja | | | Rok ur. | | | | Czas | | | | Pkt. |
|---------|--------------------|---------------|---------------------------------|---------------|-------|---------------|----------------|---------------|--|--|------|
| 3. | SAMORAJ Oliwia | | 05 MKS Piaseczno | | | | 4:44.33 | | | | 556 |
| | 50m: | 32.38 32.38 | 150m: | 1:44.43 36.67 | 250m: | 2:56.92 35.90 | 350m: | 4:09.41 36.17 | | | |
| | 100m: | 1:07.76 35.38 | 200m: | 2:21.02 36.59 | 300m: | 3:33.24 36.32 | 400m: | 4:44.33 34.92 | | | |
| 4. | MAZUR Zuzanna | | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:44.69 | | | | 554 |
| | 50m: | 32.43 32.43 | 150m: | 1:44.80 36.58 | 250m: | 2:57.75 36.39 | 350m: | 4:10.64 36.23 | | | |
| | 100m: | 1:08.22 35.79 | 200m: | 2:21.36 36.56 | 300m: | 3:34.41 36.66 | 400m: | 4:44.69 34.05 | | | |
| 5. | ŁUSZCZEWSKA Emilia | | 05 MKS Juwenia Białystok | | | | 4:45.05 | | | | 552 |
| | 50m: | 32.57 32.57 | 150m: | 1:44.12 35.99 | 250m: | 2:56.50 36.59 | 350m: | 4:09.68 36.42 | | | |
| | 100m: | 1:08.13 35.56 | 200m: | 2:19.91 35.79 | 300m: | 3:33.26 36.76 | 400m: | 4:45.05 35.37 | | | |
| 6. | JAWORSKA Wiktoria | | 05 MUKS "Pi tnaстка" | | | | 4:47.67 | | | | 537 |
| | 50m: | 31.82 31.82 | 150m: | 1:43.76 36.53 | 250m: | 2:57.54 37.03 | 350m: | 4:11.83 37.28 | | | |
| | 100m: | 1:07.23 35.41 | 200m: | 2:20.51 36.75 | 300m: | 3:34.55 37.01 | 400m: | 4:47.67 35.84 | | | |
| 7. | SKALI SKA Ewa | | 05 MKS Piaseczno | | | | 4:48.13 | | | | 535 |
| | 50m: | 32.43 32.43 | 150m: | 1:44.89 36.82 | 250m: | 2:58.29 36.57 | 350m: | 4:11.95 36.55 | | | |
| | 100m: | 1:08.07 35.64 | 200m: | 2:21.72 36.83 | 300m: | 3:35.40 37.11 | 400m: | 4:48.13 36.18 | | | |
| 8. | ŁASISZ Julia | | 05 MKP Szczecin | | | | 4:48.46 | | | | 533 |
| | 50m: | 33.00 33.00 | 150m: | 1:45.57 36.46 | 250m: | 2:59.64 37.12 | 350m: | 4:13.87 36.89 | | | |
| | 100m: | 1:09.11 36.11 | 200m: | 2:22.52 36.95 | 300m: | 3:36.98 37.34 | 400m: | 4:48.46 34.59 | | | |
| 9. | KOWAL Magdalena | | 05 MUKS Wodnik Łask | | | | 4:52.64 | | | | 510 |
| | 50m: | 34.70 34.70 | 150m: | 1:50.55 37.83 | 250m: | 3:04.71 36.92 | 350m: | 4:18.15 36.64 | | | |
| | 100m: | 1:12.72 38.02 | 200m: | 2:27.79 37.24 | 300m: | 3:41.51 36.80 | 400m: | 4:52.64 34.49 | | | |
| 10. | RUTWA Wiktoria | | 05 MKS Piaseczno | | | | 4:57.11 | | | | 488 |
| | 50m: | 34.08 34.08 | 150m: | 1:48.42 37.58 | 250m: | 3:04.26 38.04 | 350m: | 4:20.01 37.89 | | | |
| | 100m: | 1:10.84 36.76 | 200m: | 2:26.22 37.80 | 300m: | 3:42.12 37.86 | 400m: | 4:57.11 37.10 | | | |
| 11. | KOWALSKA Oliwia | | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 5:00.27 | | | | 472 |
| | 50m: | 34.47 34.47 | 150m: | 1:50.12 38.29 | 250m: | 3:06.65 38.36 | 350m: | 4:23.60 38.32 | | | |
| | 100m: | 1:11.83 37.36 | 200m: | 2:28.29 38.17 | 300m: | 3:45.28 38.63 | 400m: | 5:00.27 36.67 | | | |
| 12. | ZAWADA Malwina | | 05 MKS Piaseczno | | | | 5:01.50 | | | | 467 |
| | 50m: | 34.01 34.01 | 150m: | 1:50.53 38.66 | 250m: | 3:07.82 38.78 | 350m: | 4:24.16 37.93 | | | |
| | 100m: | 1:11.87 37.86 | 200m: | 2:29.04 38.51 | 300m: | 3:46.23 38.41 | 400m: | 5:01.50 37.34 | | | |
| NW | JAGODA Patrycja | | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | | | | | | | | |

15 lat

| | | | | | | | | | | | |
|----|--------------------------------------|---------------|--------------------------------------|---------------|-------|---------------|----------------|---------------|--|--|-----|
| 1. | GU Wiktoria | | 04 UKS „Delfin” Piotrków Trybunalski | | | | 4:08.60 | | | | 833 |
| | <i>Czas lepszy od Rekordu Polski</i> | | | | | | | | | | |
| | 50m: | 27.99 27.99 | 150m: | 1:29.89 31.02 | 250m: | 2:32.94 31.76 | 350m: | 3:37.30 32.16 | | | |
| | 100m: | 58.87 30.88 | 200m: | 2:01.18 31.29 | 300m: | 3:05.14 32.20 | 400m: | 4:08.60 31.30 | | | |
| 2. | TARASIEWICZ Klaudia | | 04 UKP „Polonia Warszawa” | | | | 4:13.93 | | | | 781 |
| | 50m: | 29.04 29.04 | 150m: | 1:31.42 31.50 | 250m: | 2:35.65 32.18 | 350m: | 3:41.80 33.40 | | | |
| | 100m: | 59.92 30.88 | 200m: | 2:03.47 32.05 | 300m: | 3:08.40 32.75 | 400m: | 4:13.93 32.13 | | | |
| 3. | MRO EK Weronika | | 04 MKP Szczecin | | | | 4:29.16 | | | | 656 |
| | 50m: | 31.96 31.96 | 150m: | 1:39.97 33.90 | 250m: | 2:48.26 34.45 | 350m: | 3:56.93 34.19 | | | |
| | 100m: | 1:06.07 34.11 | 200m: | 2:13.81 33.84 | 300m: | 3:22.74 34.48 | 400m: | 4:29.16 32.23 | | | |
| 4. | MALINO Julia | | 04 UKS „ORKA” Zamo | | | | 4:37.37 | | | | 599 |
| | 50m: | 31.38 31.38 | 150m: | 1:40.36 34.82 | 250m: | 2:51.41 35.83 | 350m: | 4:02.94 35.56 | | | |
| | 100m: | 1:05.54 34.16 | 200m: | 2:15.58 35.22 | 300m: | 3:27.38 35.97 | 400m: | 4:37.37 34.43 | | | |
| 5. | FIGAS Alicja | | 04 MKP Szczecin | | | | 4:38.07 | | | | 595 |
| | 50m: | 32.37 32.37 | 150m: | 1:41.90 34.65 | 250m: | 2:52.03 35.09 | 350m: | 4:02.81 35.45 | | | |
| | 100m: | 1:07.25 34.88 | 200m: | 2:16.94 35.04 | 300m: | 3:27.36 35.33 | 400m: | 4:38.07 35.26 | | | |
| 6. | DRAGAN Julia | | 04 KS OLIMPIA Lublin | | | | 4:41.92 | | | | 571 |
| | 50m: | 31.81 31.81 | 150m: | 1:42.58 35.89 | 250m: | 2:54.85 35.95 | 350m: | 4:06.99 35.86 | | | |
| | 100m: | 1:06.69 34.88 | 200m: | 2:18.90 36.32 | 300m: | 3:31.13 36.28 | 400m: | 4:41.92 34.93 | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 11, Dziewcz t, 400m dowolny, 15 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|----------|---------------|---------|------------------------|-------|---------------|-------|----------------|------|
| 7. | RACZY | SKA Wiktoria | 04 | AZS Łód | | | | 4:42.15 | 569 |
| | 50m: | 31.80 31.80 | 150m: | 1:43.18 35.90 | 250m: | 2:54.76 35.68 | 350m: | 4:06.48 35.72 | |
| | 100m: | 1:07.28 35.48 | 200m: | 2:19.08 35.90 | 300m: | 3:30.76 36.00 | 400m: | 4:42.15 35.67 | |
| 8. | BRACH | Oliwia | 04 | UKP „Polonia Warszawa” | | | | 4:42.95 | 565 |
| | 50m: | 31.91 31.91 | 150m: | 1:41.98 35.15 | 250m: | 2:55.18 36.17 | 350m: | 4:08.28 36.61 | |
| | 100m: | 1:06.83 34.92 | 200m: | 2:19.01 37.03 | 300m: | 3:31.67 36.49 | 400m: | 4:42.95 34.67 | |
| 9. | KIERAGA | Patrycja | 04 | KS OLIMPIA Lublin | | | | 4:43.98 | 558 |
| | 50m: | 31.96 31.96 | 150m: | 1:43.68 36.17 | 250m: | 2:55.02 35.27 | 350m: | 4:08.17 36.77 | |
| | 100m: | 1:07.51 35.55 | 200m: | 2:19.75 36.07 | 300m: | 3:31.40 36.38 | 400m: | 4:43.98 35.81 | |
| 10. | WITEK | Oliwia | 04 | MKS Jedyńka Łód | | | | 4:48.38 | 533 |
| | 50m: | 32.54 32.54 | 150m: | 1:44.37 36.41 | 250m: | 2:57.81 36.62 | 350m: | 4:11.95 37.04 | |
| | 100m: | 1:07.96 35.42 | 200m: | 2:21.19 36.82 | 300m: | 3:34.91 37.10 | 400m: | 4:48.38 36.43 | |
| 11. | SYSIO | Zuzanna | 04 | MUKS Wodnik Łask | | | | 4:58.60 | 480 |
| | 50m: | 32.97 32.97 | 150m: | 1:47.13 37.78 | 250m: | 3:03.53 38.34 | 350m: | 4:21.03 38.73 | |
| | 100m: | 1:09.35 36.38 | 200m: | 2:25.19 38.06 | 300m: | 3:42.30 38.77 | 400m: | 4:58.60 37.57 | |
| 12. | SADOWSKA | Dominika | 04 | MUKS "Pi tnatka" | | | | 4:58.91 | 479 |
| | 50m: | 31.88 31.88 | 150m: | 1:45.20 37.14 | 250m: | 3:01.21 38.34 | 350m: | 4:20.20 39.58 | |
| | 100m: | 1:08.06 36.18 | 200m: | 2:22.87 37.67 | 300m: | 3:40.62 39.41 | 400m: | 4:58.91 38.71 | |
| 13. | CZERWI | SKA Martyna | 04 | UKS „Dwójka” Tczew | | | | 5:02.39 | 462 |
| | 50m: | 34.85 34.85 | 150m: | 1:51.38 38.59 | 250m: | 3:09.42 38.96 | 350m: | 4:25.65 37.99 | |
| | 100m: | 1:12.79 37.94 | 200m: | 2:30.46 39.08 | 300m: | 3:47.66 38.24 | 400m: | 5:02.39 36.74 | |

16 lat

| | | | | | | | | | |
|----|---------------|---------------|-------|------------------------------------|-------|---------------|-------|----------------|-----|
| 1. | NOWAK | Maja | 03 | AZS AWF Warszawa | | | | 4:26.17 | 678 |
| | 50m: | 30.05 30.05 | 150m: | 1:35.67 33.29 | 250m: | 2:43.67 34.23 | 350m: | 3:53.04 34.53 | |
| | 100m: | 1:02.38 32.33 | 200m: | 2:09.44 33.77 | 300m: | 3:18.51 34.84 | 400m: | 4:26.17 33.13 | |
| 2. | PIEPIÓRKA | Martyna | 03 | UKS abianka Gda sk | | | | 4:29.25 | 655 |
| | 50m: | 32.79 32.79 | 150m: | 1:41.87 34.22 | 250m: | 2:50.72 34.41 | 350m: | 3:58.22 33.27 | |
| | 100m: | 1:07.65 34.86 | 200m: | 2:16.31 34.44 | 300m: | 3:24.95 34.23 | 400m: | 4:29.25 31.03 | |
| 3. | MOLEND | Dominika | 03 | UKS abianka Gda sk | | | | 4:30.55 | 646 |
| | 50m: | 31.15 31.15 | 150m: | 1:39.65 34.43 | 250m: | 2:48.77 34.50 | 350m: | 3:57.55 34.33 | |
| | 100m: | 1:05.22 34.07 | 200m: | 2:14.27 34.62 | 300m: | 3:23.22 34.45 | 400m: | 4:30.55 33.00 | |
| 4. | GARBARCZYK | Weronika | 03 | MKP Szczecin | | | | 4:32.63 | 631 |
| | 50m: | 31.33 31.33 | 150m: | 1:38.97 33.83 | 250m: | 2:47.92 34.51 | 350m: | 3:58.34 35.37 | |
| | 100m: | 1:05.14 33.81 | 200m: | 2:13.41 34.44 | 300m: | 3:22.97 35.05 | 400m: | 4:32.63 34.29 | |
| | FRYSIAK | Zuzanna | 03 | MUKS "Pi tnatka" | | | | 4:32.63 | 631 |
| | 50m: | 31.38 31.38 | 150m: | 1:39.95 34.54 | 250m: | 2:49.40 34.81 | 350m: | 3:59.25 35.03 | |
| | 100m: | 1:05.41 34.03 | 200m: | 2:14.59 34.64 | 300m: | 3:24.22 34.82 | 400m: | 4:32.63 33.38 | |
| 6. | MO D AN | Milena | 03 | MKP Szczecin | | | | 4:32.73 | 630 |
| | 50m: | 31.49 31.49 | 150m: | 1:39.11 34.01 | 250m: | 2:48.42 34.74 | 350m: | 3:58.24 34.74 | |
| | 100m: | 1:05.10 33.61 | 200m: | 2:13.68 34.57 | 300m: | 3:23.50 35.08 | 400m: | 4:32.73 34.49 | |
| 7. | HAŁADYN | Karolina | 03 | UKS 190 Łód | | | | 4:33.44 | 626 |
| | 50m: | 31.03 31.03 | 150m: | 1:39.23 34.25 | 250m: | 2:48.61 34.83 | 350m: | 3:58.87 35.07 | |
| | 100m: | 1:04.98 33.95 | 200m: | 2:13.78 34.55 | 300m: | 3:23.80 35.19 | 400m: | 4:33.44 34.57 | |
| 8. | CH CIAK | Sandra | 03 | UKS „GIM 92 Ursynów” | | | | 4:41.83 | 571 |
| | 50m: | 31.43 31.43 | 150m: | 1:41.71 35.46 | 250m: | 2:54.29 36.25 | 350m: | 4:07.21 36.58 | |
| | 100m: | 1:06.25 34.82 | 200m: | 2:18.04 36.33 | 300m: | 3:30.63 36.34 | 400m: | 4:41.83 34.62 | |
| 9. | WOJCIECHOWSKA | Kamila | 03 | Mokotowski UKP Warszawianka- Wodny | | | | 5:24.72 | 373 |
| | 50m: | 34.67 34.67 | 150m: | 1:54.60 40.61 | 250m: | 3:19.22 42.45 | 350m: | 4:44.13 42.80 | |
| | 100m: | 1:13.99 39.32 | 200m: | 2:36.77 42.17 | 300m: | 4:01.33 42.11 | 400m: | 5:24.72 40.59 | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 11, Kobiet, 400m dowolny

17 - 18 lat

| | | | | | |
|-----|-------------------------|---------------|--|---------------------|-------|
| 1. | W GRZYNOWSKA Aleksandra | 01 | WKS I sk Wrocław | 4:20.96 | 720 |
| | 50m: 29.40 29.40 | 150m: 1:34.48 | 32.66 250m: 2:40.76 | 33.24 350m: 3:48.77 | 33.70 |
| | 100m: 1:01.82 32.42 | 200m: 2:07.52 | 33.04 300m: 3:15.07 | 34.31 400m: 4:20.96 | 32.19 |
| 2. | ŁUCZAK Dominika | 02 | SMS Zielona Góra | 4:23.61 | 698 |
| | 50m: 31.01 31.01 | 150m: 1:37.07 | 33.12 250m: 2:44.02 | 33.64 350m: 3:50.71 | 33.28 |
| | 100m: 1:03.95 32.94 | 200m: 2:10.38 | 33.31 300m: 3:17.43 | 33.41 400m: 4:23.61 | 32.90 |
| 3. | ANDERSSON Tova | 01 | VSS VASBY | 4:25.46 | 684 |
| | 50m: 30.28 30.28 | 150m: 1:37.39 | 33.65 250m: 2:45.08 | 33.96 350m: 3:52.85 | 33.64 |
| | 100m: 1:03.74 33.46 | 200m: 2:11.12 | 33.73 300m: 3:19.21 | 34.13 400m: 4:25.46 | 32.61 |
| 4. | KUCHTA Maria | 02 | UKS „Dwójka” Tczew | 4:25.73 | 682 |
| | 50m: 31.13 31.13 | 150m: 1:39.62 | 34.22 250m: 2:47.63 | 33.90 350m: 3:54.89 | 33.26 |
| | 100m: 1:05.40 34.27 | 200m: 2:13.73 | 34.11 300m: 3:21.63 | 34.00 400m: 4:25.73 | 30.84 |
| 5. | ZAR BA-PARADOWSKA Julia | 02 | UKS G-8 Bielany Warszawa | 4:29.57 | 653 |
| | 50m: 31.96 31.96 | 150m: 1:39.50 | 33.87 250m: 2:48.11 | 34.19 350m: 3:56.92 | 34.37 |
| | 100m: 1:05.63 33.67 | 200m: 2:13.92 | 34.42 300m: 3:22.55 | 34.44 400m: 4:29.57 | 32.65 |
| 6. | ANDERSSON Ebba | 01 | VSS VASBY | 4:29.81 | 651 |
| | 50m: 31.05 31.05 | 150m: 1:37.55 | 33.48 250m: 2:45.39 | 34.04 350m: 3:55.16 | 35.15 |
| | 100m: 1:04.07 33.02 | 200m: 2:11.35 | 33.80 300m: 3:20.01 | 34.62 400m: 4:29.81 | 34.65 |
| 7. | WOLSKA Karolina | 01 | MUKS "Pi tnastka" | 4:31.48 | 639 |
| | 50m: 31.08 31.08 | 150m: 1:38.78 | 34.05 250m: 2:47.57 | 34.45 350m: 3:57.32 | 34.80 |
| | 100m: 1:04.73 33.65 | 200m: 2:13.12 | 34.34 300m: 3:22.52 | 34.95 400m: 4:31.48 | 34.16 |
| 8. | JASZCZUK Ewa | 02 | MTP Kormoran Olsztyn | 4:31.80 | 637 |
| | 50m: 31.31 31.31 | 150m: 1:38.22 | 33.66 250m: 2:47.14 | 34.66 350m: 3:56.93 | 34.95 |
| | 100m: 1:04.56 33.25 | 200m: 2:12.48 | 34.26 300m: 3:21.98 | 34.84 400m: 4:31.80 | 34.87 |
| 9. | ROSI SKA Karolina | 02 | Grudzi dzki KP „Orka" | 4:31.84 | 637 |
| | 50m: 31.33 31.33 | 150m: 1:39.92 | 34.53 250m: 2:49.74 | 35.09 350m: 3:59.64 | 35.20 |
| | 100m: 1:05.39 34.06 | 200m: 2:14.65 | 34.73 300m: 3:24.44 | 34.70 400m: 4:31.84 | 32.20 |
| 10. | DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włókniarz" 1924 | 4:32.91 | 629 |
| | 50m: 30.90 30.90 | 150m: 1:38.30 | 34.15 250m: 2:47.59 | 34.85 350m: 3:58.47 | 35.46 |
| | 100m: 1:04.15 33.25 | 200m: 2:12.74 | 34.44 300m: 3:23.01 | 35.42 400m: 4:32.91 | 34.44 |
| 11. | SVENSSON Lovisa | 02 | SS VAERMAMO | 4:54.76 | 499 |
| | 50m: 32.69 32.69 | 150m: 1:45.15 | 36.38 250m: 2:59.12 | 37.56 350m: 4:16.47 | 39.12 |
| | 100m: 1:08.77 36.08 | 200m: 2:21.56 | 36.41 300m: 3:37.35 | 38.23 400m: 4:54.76 | 38.29 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 12
2019-11-23 - 11:54

M czynn, 400m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|--------------------|-------|---------------|------------|
| RP Open | 3:37.57 | WOJDAK Wojciech | 01006 | Netanya (ISR) | 2015-12-02 |
| RP 19 - 23 | 3:37.57 | WOJDAK Wojciech | 01006 | Netanya (ISR) | 2015-12-02 |
| RP 18 | 3:41.69 | WOJDAK Wojciech | 01006 | Ostrowiec Sw | 2014-12-18 |
| RP 17 | 3:45.26 | WOJDAK Wojciech | 01006 | Ostrowiec Sw | 2013-12-19 |
| RP 16 | 3:47.70 | WOJDAK Wojciech | 03106 | Ostrowiec Sw. | 2012-12-19 |
| RP 15 | 3:50.76 | MŁYNARCZYK Karol | 05114 | Lublin | 2015-12-17 |
| RP 14 | 3:57.40 | DASZKIEWICZ Michał | 01006 | O wi cim | 2017-12-23 |

Punkty: FINA 2019

| Pozycja | | | Rok ur. | | | Czas | Pkt. | |
|------------------------|-----------------------|-------------|---------|------------------------------------|-------|----------------|-------|---------------|
| 14 lat i starsi | | | | | | | | |
| 1. | KOZIEJKO Bartłomiej | | 00 | KS AZS UWM Olsztyn | | 3:45.48 | 834 | |
| | 50m: | 26.20 26.20 | 150m: | 1:23.04 28.55 | 250m: | 2:20.12 28.46 | 350m: | 3:17.50 28.65 |
| | 100m: | 54.49 28.29 | 200m: | 1:51.66 28.62 | 300m: | 2:48.85 28.73 | 400m: | 3:45.48 27.98 |
| 2. | ZABOROWSKI Filip | | 94 | MKP Szczecin | | 3:50.94 | 776 | |
| | 50m: | 26.85 26.85 | 150m: | 1:24.59 28.95 | 250m: | 2:22.89 29.22 | 350m: | 3:21.81 29.57 |
| | 100m: | 55.64 28.79 | 200m: | 1:53.67 29.08 | 300m: | 2:52.24 29.35 | 400m: | 3:50.94 29.13 |
| 3. | KAŁU Y SKI Antoni | | 99 | Mokotowski UKP Warszawianka- Wodny | | 3:53.48 | 751 | |
| | 50m: | 26.40 26.40 | 150m: | 1:24.49 29.46 | 250m: | 2:24.56 30.16 | 350m: | 3:24.69 30.15 |
| | 100m: | 55.03 28.63 | 200m: | 1:54.40 29.91 | 300m: | 2:54.54 29.98 | 400m: | 3:53.48 28.79 |
| 4. | MALEC Mikołaj | | 01 | MKS Trójka Łód | | 3:53.87 | 747 | |
| | 50m: | 27.32 27.32 | 150m: | 1:26.92 30.06 | 250m: | 2:26.51 29.56 | 350m: | 3:25.51 29.45 |
| | 100m: | 56.86 29.54 | 200m: | 1:56.95 30.03 | 300m: | 2:56.06 29.55 | 400m: | 3:53.87 28.36 |
| 5. | KOMOROWSKI Jan | | 01 | MKS Trójka Łód | | 3:54.80 | 738 | |
| | 50m: | 26.40 26.40 | 150m: | 1:24.91 29.56 | 250m: | 2:24.87 29.85 | 350m: | 3:25.40 30.21 |
| | 100m: | 55.35 28.95 | 200m: | 1:55.02 30.11 | 300m: | 2:55.19 30.32 | 400m: | 3:54.80 29.40 |
| 6. | DERE Kacper | | 98 | WKS I sk Wrocław | | 3:55.88 | 728 | |
| | 50m: | 27.03 27.03 | 150m: | 1:26.02 29.83 | 250m: | 2:25.86 29.86 | 350m: | 3:26.45 30.39 |
| | 100m: | 56.19 29.16 | 200m: | 1:56.00 29.98 | 300m: | 2:56.06 30.20 | 400m: | 3:55.88 29.43 |
| 7. | SZWEDZKI Dawid | | 94 | WKS I sk Wrocław | | 3:58.86 | 701 | |
| | 50m: | 27.85 27.85 | 150m: | 1:28.68 30.56 | 250m: | 2:29.61 30.23 | 350m: | 3:30.16 30.24 |
| | 100m: | 58.12 30.27 | 200m: | 1:59.38 30.70 | 300m: | 2:59.92 30.31 | 400m: | 3:58.86 28.70 |
| 8. | BUJAK Piotr | | 97 | St. Lok. SALOS Cortile Kielce | | 3:59.01 | 700 | |
| | 50m: | 27.44 27.44 | 150m: | 1:27.38 30.08 | 250m: | 2:27.79 30.28 | 350m: | 3:28.89 30.54 |
| | 100m: | 57.30 29.86 | 200m: | 1:57.51 30.13 | 300m: | 2:58.35 30.56 | 400m: | 3:59.01 30.12 |
| 9. | KISZCZAK Jakub | | 00 | WKS I sk Wrocław | | 4:00.45 | 687 | |
| | 50m: | 27.48 27.48 | 150m: | 1:28.27 30.52 | 250m: | 2:29.72 30.90 | 350m: | 3:31.42 30.18 |
| | 100m: | 57.75 30.27 | 200m: | 1:58.82 30.55 | 300m: | 3:01.24 31.52 | 400m: | 4:00.45 29.03 |
| 10. | WYSOCZY SKI Mateusz | | 93 | KU AZS AGH Kraków | | 4:00.67 | 685 | |
| | 50m: | 27.43 27.43 | 150m: | 1:27.68 30.19 | 250m: | 2:27.98 30.05 | 350m: | 3:29.74 31.09 |
| | 100m: | 57.49 30.06 | 200m: | 1:57.93 30.25 | 300m: | 2:58.65 30.67 | 400m: | 4:00.67 30.93 |
| 11. | URBA SKI Michał | | 01 | KS Delfin Gdynia | | 4:00.92 | 683 | |
| | 50m: | 28.11 28.11 | 150m: | 1:29.37 30.91 | 250m: | 2:30.50 30.17 | 350m: | 3:30.86 30.29 |
| | 100m: | 58.46 30.35 | 200m: | 2:00.33 30.96 | 300m: | 3:00.57 30.07 | 400m: | 4:00.92 30.06 |
| 12. | MELINDER Martin | | 01 | VSS VASBY | | 4:01.03 | 682 | |
| | 50m: | 26.81 26.81 | 150m: | 1:25.69 29.86 | 250m: | 2:27.36 30.94 | 350m: | 3:30.34 31.70 |
| | 100m: | 55.83 29.02 | 200m: | 1:56.42 30.73 | 300m: | 2:58.64 31.28 | 400m: | 4:01.03 30.69 |
| 13. | JA KIEWICZ Adrian | | 02 | UKS G-8 Bielany Warszawa | | 4:01.06 | 682 | |
| | 50m: | 27.96 27.96 | 150m: | 1:30.45 31.38 | 250m: | 2:32.09 29.96 | 350m: | 3:31.91 29.98 |
| | 100m: | 59.07 31.11 | 200m: | 2:02.13 31.68 | 300m: | 3:01.93 29.84 | 400m: | 4:01.06 29.15 |
| 14. | MATUSZEWSKI Krzysztof | | 04 | UKP „Polonia Warszawa” | | 4:02.09 | 673 | |
| | 50m: | 27.61 27.61 | 150m: | 1:27.85 30.16 | 250m: | 2:29.09 30.57 | 350m: | 3:31.51 31.54 |
| | 100m: | 57.69 30.08 | 200m: | 1:58.52 30.67 | 300m: | 2:59.97 30.88 | 400m: | 4:02.09 30.58 |
| 15. | CHODULSKI Jakub | | 00 | KU AZS UMCS Lublin | | 4:02.45 | 670 | |
| | 50m: | 27.74 27.74 | 150m: | 1:28.75 30.74 | 250m: | 2:30.70 30.75 | 350m: | 3:31.74 30.35 |
| | 100m: | 58.01 30.27 | 200m: | 1:59.95 31.20 | 300m: | 3:01.39 30.69 | 400m: | 4:02.45 30.71 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 12, M czynn, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|----------------------|---------------|---------|--------------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 16. | KIEŁCZEWSKI Amadeusz | | 00 | MKP Szczecin | | | | 4:04.36 | 655 | | |
| | 50m: | 27.65 27.65 | 150m: | 1:28.70 | 30.82 | 250m: | 2:30.84 | 31.07 | 350m: | 3:34.07 | 31.76 |
| | 100m: | 57.88 30.23 | 200m: | 1:59.77 | 31.07 | 300m: | 3:02.31 | 31.47 | 400m: | 4:04.36 | 30.29 |
| 17. | TYLICKI Mateusz | | 01 | MUKS "Pi tnastka" | | | | 4:04.41 | 654 | | |
| | 50m: | 28.08 28.08 | 150m: | 1:29.64 | 30.79 | 250m: | 2:32.08 | 31.17 | 350m: | 3:34.37 | 31.07 |
| | 100m: | 58.85 30.77 | 200m: | 2:00.91 | 31.27 | 300m: | 3:03.30 | 31.22 | 400m: | 4:04.41 | 30.04 |
| 18. | HANSSON Eric | | 02 | VSS VASBY | | | | 4:04.85 | 651 | | |
| | 50m: | 28.20 28.20 | 150m: | 1:29.13 | 30.56 | 250m: | 2:30.68 | 30.72 | 350m: | 3:33.60 | 31.64 |
| | 100m: | 58.57 30.37 | 200m: | 1:59.96 | 30.83 | 300m: | 3:01.96 | 31.28 | 400m: | 4:04.85 | 31.25 |
| 19. | KOSI SKI Filip | | 04 | Mi dzyszkołny UKS „Olimpijczyk” Suwa | | | | 4:06.00 | 642 | | |
| | 50m: | 28.21 28.21 | 150m: | 1:30.27 | 31.25 | 250m: | 2:32.10 | 30.96 | 350m: | 3:34.70 | 31.34 |
| | 100m: | 59.02 30.81 | 200m: | 2:01.14 | 30.87 | 300m: | 3:03.36 | 31.26 | 400m: | 4:06.00 | 31.30 |
| 20. | GŁUSZKOWSKI Mateusz | | 01 | Uks Cityzen | | | | 4:07.24 | 632 | | |
| | 50m: | 27.68 27.68 | 150m: | 1:29.08 | 30.99 | 250m: | 2:31.13 | 31.09 | 350m: | 3:34.98 | 32.20 |
| | 100m: | 58.09 30.41 | 200m: | 2:00.04 | 30.96 | 300m: | 3:02.78 | 31.65 | 400m: | 4:07.24 | 32.26 |
| 21. | D BROWSKI Patryk | | 00 | WKS l sk Wrocław | | | | 4:07.78 | 628 | | |
| | 50m: | 27.19 27.19 | 150m: | 1:28.79 | 31.12 | 250m: | 2:31.29 | 31.25 | 350m: | 3:35.89 | 32.69 |
| | 100m: | 57.67 30.48 | 200m: | 2:00.04 | 31.25 | 300m: | 3:03.20 | 31.91 | 400m: | 4:07.78 | 31.89 |
| 22. | GORRA Mikołaj | | 03 | MKP Szczecin | | | | 4:08.50 | 623 | | |
| | 50m: | 28.40 28.40 | 150m: | 1:31.39 | 31.38 | 250m: | 2:35.07 | 31.75 | 350m: | 3:38.83 | 31.63 |
| | 100m: | 1:00.01 31.61 | 200m: | 2:03.32 | 31.93 | 300m: | 3:07.20 | 32.13 | 400m: | 4:08.50 | 29.67 |
| 23. | KACZOROWSKI Jakub | | 97 | UKS G-8 Bielany Warszawa | | | | 4:09.51 | 615 | | |
| | 50m: | 27.66 27.66 | 150m: | 1:28.99 | 30.89 | 250m: | 2:32.66 | 32.14 | 350m: | 3:37.66 | 32.54 |
| | 100m: | 58.10 30.44 | 200m: | 2:00.52 | 31.53 | 300m: | 3:05.12 | 32.46 | 400m: | 4:09.51 | 31.85 |
| 24. | WO NY Wiktor | | 01 | UKS Shark Rudna | | | | 4:09.73 | 613 | | |
| | 50m: | 28.04 28.04 | 150m: | 1:30.21 | 31.48 | 250m: | 2:34.13 | 31.97 | 350m: | 3:39.21 | 32.22 |
| | 100m: | 58.73 30.69 | 200m: | 2:02.16 | 31.95 | 300m: | 3:06.99 | 32.86 | 400m: | 4:09.73 | 30.52 |
| 25. | HEBEL Maciej | | 05 | UKS abianka Gda sk | | | | 4:10.22 | 610 | | |
| | 50m: | 28.45 28.45 | 150m: | 1:31.53 | 31.90 | 250m: | 2:35.24 | 31.66 | 350m: | 3:39.45 | 32.16 |
| | 100m: | 59.63 31.18 | 200m: | 2:03.58 | 32.05 | 300m: | 3:07.29 | 32.05 | 400m: | 4:10.22 | 30.77 |
| 26. | G STAŁ Jan | | 03 | UKS „GIM 92 Ursynów" | | | | 4:10.25 | 610 | | |
| | 50m: | 28.06 28.06 | 150m: | 1:30.93 | 31.43 | 250m: | 2:34.99 | 32.33 | 350m: | 3:39.19 | 31.81 |
| | 100m: | 59.50 31.44 | 200m: | 2:02.66 | 31.73 | 300m: | 3:07.38 | 32.39 | 400m: | 4:10.25 | 31.06 |
| 27. | MY LIWIEC Bartosz | | 04 | MKP Szczecin | | | | 4:10.38 | 609 | | |
| | 50m: | 29.29 29.29 | 150m: | 1:32.26 | 31.61 | 250m: | 2:35.71 | 31.72 | 350m: | 3:39.81 | 32.00 |
| | 100m: | 1:00.65 31.36 | 200m: | 2:03.99 | 31.73 | 300m: | 3:07.81 | 32.10 | 400m: | 4:10.38 | 30.57 |
| 28. | GOŁACKI Sergiusz | | 04 | UKS 190 Łód | | | | 4:10.44 | 608 | | |
| | 50m: | 29.20 29.20 | 150m: | 1:33.29 | 31.70 | 250m: | 2:36.44 | 31.59 | 350m: | 3:39.77 | 31.74 |
| | 100m: | 1:01.59 32.39 | 200m: | 2:04.85 | 31.56 | 300m: | 3:08.03 | 31.59 | 400m: | 4:10.44 | 30.67 |
| 29. | KLISZ Krystian | | 02 | MKP Szczecin | | | | 4:10.51 | 608 | | |
| | 50m: | 28.91 28.91 | 150m: | 1:31.84 | 31.74 | 250m: | 2:35.06 | 31.61 | 350m: | 3:39.46 | 32.20 |
| | 100m: | 1:00.10 31.19 | 200m: | 2:03.45 | 31.61 | 300m: | 3:07.26 | 32.20 | 400m: | 4:10.51 | 31.05 |
| 30. | CHYRCHAŁA Rafał | | 02 | UKS „ORKA" Zamo | | | | 4:10.69 | 606 | | |
| | 50m: | 27.65 27.65 | 150m: | 1:27.59 | 30.11 | 250m: | 2:30.69 | 32.17 | 350m: | 3:38.61 | 34.37 |
| | 100m: | 57.48 29.83 | 200m: | 1:58.52 | 30.93 | 300m: | 3:04.24 | 33.55 | 400m: | 4:10.69 | 32.08 |
| 31. | OLCZAK Kacper | | 04 | MKS Trójka Łód | | | | 4:11.05 | 604 | | |
| | 50m: | 28.48 28.48 | 150m: | 1:30.97 | 31.49 | 250m: | 2:35.01 | 31.99 | 350m: | 3:39.86 | 32.58 |
| | 100m: | 59.48 31.00 | 200m: | 2:03.02 | 32.05 | 300m: | 3:07.28 | 32.27 | 400m: | 4:11.05 | 31.19 |
| 32. | KUSI SKI Aleksy | | 02 | MKS Jedyńka Łód | | | | 4:11.07 | 604 | | |
| | 50m: | 28.82 28.82 | 150m: | 1:33.31 | 32.36 | 250m: | 2:37.81 | 31.98 | 350m: | 3:41.14 | 31.22 |
| | 100m: | 1:00.95 32.13 | 200m: | 2:05.83 | 32.52 | 300m: | 3:09.92 | 32.11 | 400m: | 4:11.07 | 29.93 |
| 33. | MICHALSKI Wojciech | | 01 | MKP Szczecin | | | | 4:11.29 | 602 | | |
| | 50m: | 28.89 28.89 | 150m: | 1:32.32 | 31.70 | 250m: | 2:36.30 | 31.89 | 350m: | 3:40.15 | 32.01 |
| | 100m: | 1:00.62 31.73 | 200m: | 2:04.41 | 32.09 | 300m: | 3:08.14 | 31.84 | 400m: | 4:11.29 | 31.14 |

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Konkurencja 12, M czyzn, 400m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | | Czas | Pkt. |
|---------|------------------------|-------|--------------------------|-------|---------------|-------|---------------|-------|----------------|------|
| 34. | BRU DZIAK Maciej | 98 | Uks Cityzen | | | | | | 4:11.83 | 598 |
| | 50m: 28.94 | 28.94 | 150m: 1:32.28 | 31.93 | 250m: 2:36.22 | 31.98 | 350m: 3:40.45 | 32.12 | | |
| | 100m: 1:00.35 | 31.41 | 200m: 2:04.24 | 31.96 | 300m: 3:08.33 | 32.11 | 400m: 4:11.83 | 31.38 | | |
| 35. | CZERWI SKI Łukasz | 01 | UKS G-8 Bielany Warszawa | | | | | | 4:14.31 | 581 |
| | 50m: 28.08 | 28.08 | 150m: 1:31.55 | 31.95 | 250m: 2:36.34 | 32.57 | 350m: 3:41.93 | 32.81 | | |
| | 100m: 59.60 | 31.52 | 200m: 2:03.77 | 32.22 | 300m: 3:09.12 | 32.78 | 400m: 4:14.31 | 32.38 | | |
| 36. | WIECZORKOWSKI Nikodem | 04 | UKS „Dwójka” Tczew | | | | | | 4:15.55 | 572 |
| | 50m: 29.35 | 29.35 | 150m: 1:33.64 | 32.32 | 250m: 2:38.80 | 32.65 | 350m: 3:44.34 | 32.73 | | |
| | 100m: 1:01.32 | 31.97 | 200m: 2:06.15 | 32.51 | 300m: 3:11.61 | 32.81 | 400m: 4:15.55 | 31.21 | | |
| 37. | WYSOCKI Piotr | 04 | KS Warta Pozna | | | | | | 4:15.94 | 570 |
| | 50m: 30.19 | 30.19 | 150m: 1:34.98 | 32.45 | 250m: 2:40.12 | 32.40 | 350m: 3:44.98 | 32.08 | | |
| | 100m: 1:02.53 | 32.34 | 200m: 2:07.72 | 32.74 | 300m: 3:12.90 | 32.78 | 400m: 4:15.94 | 30.96 | | |
| 38. | BLI NIEWSKI Franciszek | 02 | MKS Trójka Łód | | | | | | 4:16.67 | 565 |
| | 50m: 30.27 | 30.27 | 150m: 1:37.81 | 33.49 | 250m: 2:42.42 | 31.87 | 350m: 3:45.82 | 31.86 | | |
| | 100m: 1:04.32 | 34.05 | 200m: 2:10.55 | 32.74 | 300m: 3:13.96 | 31.54 | 400m: 4:16.67 | 30.85 | | |
| 39. | PI TKA Hubert | 04 | MKP Szczecin | | | | | | 4:16.87 | 564 |
| | 50m: 29.75 | 29.75 | 150m: 1:34.56 | 32.71 | 250m: 2:40.22 | 32.69 | 350m: 3:46.43 | 33.14 | | |
| | 100m: 1:01.85 | 32.10 | 200m: 2:07.53 | 32.97 | 300m: 3:13.29 | 33.07 | 400m: 4:16.87 | 30.44 | | |
| 40. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | | | | | | 4:17.02 | 563 |
| | 50m: 29.14 | 29.14 | 150m: 1:33.80 | 32.78 | 250m: 2:39.31 | 32.78 | 350m: 3:45.25 | 33.11 | | |
| | 100m: 1:01.02 | 31.88 | 200m: 2:06.53 | 32.73 | 300m: 3:12.14 | 32.83 | 400m: 4:17.02 | 31.77 | | |
| 41. | J DRYKA Nikodem | 04 | MKS Trójka Łód | | | | | | 4:17.03 | 563 |
| | 50m: 29.38 | 29.38 | 150m: 1:34.92 | 32.84 | 250m: 2:40.77 | 32.59 | 350m: 3:45.74 | 32.69 | | |
| | 100m: 1:02.08 | 32.70 | 200m: 2:08.18 | 33.26 | 300m: 3:13.05 | 32.28 | 400m: 4:17.03 | 31.29 | | |
| 42. | DUDEK Kacper | 02 | KS Warta Pozna | | | | | | 4:19.21 | 549 |
| | 50m: 28.15 | 28.15 | 150m: 1:30.74 | 31.58 | 250m: 2:35.06 | 32.40 | 350m: 3:43.58 | 35.24 | | |
| | 100m: 59.16 | 31.01 | 200m: 2:02.66 | 31.92 | 300m: 3:08.34 | 33.28 | 400m: 4:19.21 | 35.63 | | |
| 43. | J DRYCH Krzysztof | 04 | KS Posnania Pozna | | | | | | 4:19.30 | 548 |
| | 50m: 29.33 | 29.33 | 150m: 1:33.76 | 32.81 | 250m: 2:41.23 | 33.79 | 350m: 3:48.15 | 33.66 | | |
| | 100m: 1:00.95 | 31.62 | 200m: 2:07.44 | 33.68 | 300m: 3:14.49 | 33.26 | 400m: 4:19.30 | 31.15 | | |
| 44. | DZIEWGU Benjamin | 05 | MKS Piaseczno | | | | | | 4:20.07 | 543 |
| | 50m: 29.28 | 29.28 | 150m: 1:34.82 | 32.98 | 250m: 2:41.67 | 33.70 | 350m: 3:47.26 | 32.63 | | |
| | 100m: 1:01.84 | 32.56 | 200m: 2:07.97 | 33.15 | 300m: 3:14.63 | 32.96 | 400m: 4:20.07 | 32.81 | | |
| 45. | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | | | | | | 4:20.28 | 542 |
| | 50m: 29.56 | 29.56 | 150m: 1:35.57 | 33.23 | 250m: 2:41.09 | 32.66 | 350m: 3:48.13 | 33.34 | | |
| | 100m: 1:02.34 | 32.78 | 200m: 2:08.43 | 32.86 | 300m: 3:14.79 | 33.70 | 400m: 4:20.28 | 32.15 | | |
| 46. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | | | | | | 4:20.48 | 541 |
| | 50m: 29.46 | 29.46 | 150m: 1:34.29 | 32.65 | 250m: 2:40.47 | 32.80 | 350m: 3:48.49 | 33.94 | | |
| | 100m: 1:01.64 | 32.18 | 200m: 2:07.67 | 33.38 | 300m: 3:14.55 | 34.08 | 400m: 4:20.48 | 31.99 | | |
| 47. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | | | | | | 4:20.87 | 538 |
| | 50m: 30.13 | 30.13 | 150m: 1:37.48 | 33.34 | 250m: 2:44.16 | 32.98 | 350m: 3:49.60 | 32.61 | | |
| | 100m: 1:04.14 | 34.01 | 200m: 2:11.18 | 33.70 | 300m: 3:16.99 | 32.83 | 400m: 4:20.87 | 31.27 | | |
| 48. | JASI SKI Jakub | 03 | MKS Jedyńka Łód | | | | | | 4:21.04 | 537 |
| | 50m: 29.74 | 29.74 | 150m: 1:35.14 | 33.12 | 250m: 2:42.39 | 33.71 | 350m: 3:48.69 | 32.82 | | |
| | 100m: 1:02.02 | 32.28 | 200m: 2:08.68 | 33.54 | 300m: 3:15.87 | 33.48 | 400m: 4:21.04 | 32.35 | | |
| 49. | KRASICKI Artur | 95 | KP Delfin Inowrocław | | | | | | 4:22.30 | 529 |
| | 50m: 29.28 | 29.28 | 150m: 1:34.69 | 33.24 | 250m: 2:42.25 | 33.97 | 350m: 3:49.52 | 33.46 | | |
| | 100m: 1:01.45 | 32.17 | 200m: 2:08.28 | 33.59 | 300m: 3:16.06 | 33.81 | 400m: 4:22.30 | 32.78 | | |
| 50. | DREWEK Jakub | 05 | UKS „Dwójka” Tczew | | | | | | 4:24.28 | 518 |
| | 50m: 31.03 | 31.03 | 150m: 1:38.61 | 33.77 | 250m: 2:46.38 | 33.73 | 350m: 3:53.93 | 33.66 | | |
| | 100m: 1:04.84 | 33.81 | 200m: 2:12.65 | 34.04 | 300m: 3:20.27 | 33.89 | 400m: 4:24.28 | 30.35 | | |
| 51. | MAKOWSKI Dominik | 03 | KS Warta Pozna | | | | | | 4:24.37 | 517 |
| | 50m: 30.23 | 30.23 | 150m: 1:37.93 | 34.23 | 250m: 2:46.11 | 34.08 | 350m: 3:53.32 | 33.12 | | |
| | 100m: 1:03.70 | 33.47 | 200m: 2:12.03 | 34.10 | 300m: 3:20.20 | 34.09 | 400m: 4:24.37 | 31.05 | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Poznań, 23- - 24-11-2019

Konkurencja 12, Mężczyźni, 400m dowolny, 14 lat i starsi

| Pozycja | | | | | Rok ur. | | | | | Czas | Pkt. |
|---------|----------------------|-------|---------------|-------|---------------|------------------------------------|---------------|-------|--|----------------|------|
| 52. | KRUPI SKI Wojciech | | | | 03 | KS Pospolonia Poznań | | | | 4:24.39 | 517 |
| | 50m: 30.02 | 30.02 | 150m: 1:36.43 | 33.72 | 250m: 2:44.15 | 33.84 | 350m: 3:51.16 | 33.46 | | | |
| | 100m: 1:02.71 | 32.69 | 200m: 2:10.31 | 33.88 | 300m: 3:17.70 | 33.55 | 400m: 4:24.39 | 33.23 | | | |
| 53. | BORZYMEK Hubert | | | | 02 | Mokotowski UKP Warszawianka- Wodny | | | | 4:25.88 | 508 |
| | 50m: 29.31 | 29.31 | 150m: 1:34.46 | 32.93 | 250m: 2:42.14 | 33.90 | 350m: 3:51.43 | 34.81 | | | |
| | 100m: 1:01.53 | 32.22 | 200m: 2:08.24 | 33.78 | 300m: 3:16.62 | 34.48 | 400m: 4:25.88 | 34.45 | | | |
| 54. | GÓRAL Piotr | | | | 05 | UKS „Dwójka” Tczew | | | | 4:26.53 | 505 |
| | 50m: 31.83 | 31.83 | 150m: 1:40.06 | 34.32 | 250m: 2:48.13 | 33.62 | 350m: 3:55.51 | 33.70 | | | |
| | 100m: 1:05.74 | 33.91 | 200m: 2:14.51 | 34.45 | 300m: 3:21.81 | 33.68 | 400m: 4:26.53 | 31.02 | | | |
| 55. | JANKOWSKI Antoni | | | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:27.62 | 498 |
| | 50m: 29.68 | 29.68 | 150m: 1:37.20 | 33.93 | 250m: 2:45.81 | 34.61 | 350m: 3:54.40 | 34.02 | | | |
| | 100m: 1:03.27 | 33.59 | 200m: 2:11.20 | 34.00 | 300m: 3:20.38 | 34.57 | 400m: 4:27.62 | 33.22 | | | |
| 56. | PIEKOWSKI Bartłomiej | | | | 05 | MKP Szczecin | | | | 4:28.55 | 493 |
| | 50m: 29.48 | 29.48 | 150m: 1:36.82 | 34.33 | 250m: 2:46.75 | 34.97 | 350m: 3:55.79 | 34.62 | | | |
| | 100m: 1:02.49 | 33.01 | 200m: 2:11.78 | 34.96 | 300m: 3:21.17 | 34.42 | 400m: 4:28.55 | 32.76 | | | |
| 57. | KUREK Alan | | | | 04 | MKP Szczecin | | | | 4:29.51 | 488 |
| | 50m: 29.78 | 29.78 | 150m: 1:38.38 | 34.55 | 250m: 2:48.34 | 34.97 | 350m: 3:57.67 | 34.74 | | | |
| | 100m: 1:03.83 | 34.05 | 200m: 2:13.37 | 34.99 | 300m: 3:22.93 | 34.59 | 400m: 4:29.51 | 31.84 | | | |
| 58. | MAZUREK Błażej | | | | 04 | MKP Szczecin | | | | 4:30.93 | 480 |
| | 50m: 29.70 | 29.70 | 150m: 1:37.51 | 34.36 | 250m: 2:46.93 | 34.75 | 350m: 3:56.85 | 34.96 | | | |
| | 100m: 1:03.15 | 33.45 | 200m: 2:12.18 | 34.67 | 300m: 3:21.89 | 34.96 | 400m: 4:30.93 | 34.08 | | | |
| 59. | BRODZIKI Hubert | | | | 04 | MTKP Delfin Toruń | | | | 4:30.95 | 480 |
| | 50m: 30.57 | 30.57 | 150m: 1:38.89 | 34.72 | 250m: 2:49.31 | 35.04 | 350m: 3:58.83 | 34.85 | | | |
| | 100m: 1:04.17 | 33.60 | 200m: 2:14.27 | 35.38 | 300m: 3:23.98 | 34.67 | 400m: 4:30.95 | 32.12 | | | |
| 60. | TKACZ Wiktor | | | | 05 | MKS Piaseczno | | | | 4:31.08 | 480 |
| | 50m: 27.51 | 27.51 | 150m: 1:32.40 | 33.28 | 250m: 2:41.61 | 35.01 | 350m: 3:54.22 | 36.69 | | | |
| | 100m: 59.12 | 31.61 | 200m: 2:06.60 | 34.20 | 300m: 3:17.53 | 35.92 | 400m: 4:31.08 | 36.86 | | | |
| 61. | WIELGUS Kacper | | | | 01 | KS Pospolonia Poznań | | | | 4:31.36 | 478 |
| | 50m: 29.96 | 29.96 | 150m: 1:38.34 | 34.43 | 250m: 2:47.51 | 34.57 | 350m: 3:57.67 | 34.95 | | | |
| | 100m: 1:03.91 | 33.95 | 200m: 2:12.94 | 34.60 | 300m: 3:22.72 | 35.21 | 400m: 4:31.36 | 33.69 | | | |
| 62. | SZCZEPANIAK Kacper | | | | 04 | MKP Szczecin | | | | 4:31.50 | 477 |
| | 50m: 31.40 | 31.40 | 150m: 1:40.40 | 34.85 | 250m: 2:49.49 | 34.67 | 350m: 3:58.61 | 34.30 | | | |
| | 100m: 1:05.55 | 34.15 | 200m: 2:14.82 | 34.42 | 300m: 3:24.31 | 34.82 | 400m: 4:31.50 | 32.89 | | | |
| | PIECHOTA Bartłomiej | | | | 04 | UKS Piłkarska Konstancja Łódzka | | | | 4:31.50 | 477 |
| | 50m: 29.96 | 29.96 | 150m: 1:38.15 | 34.29 | 250m: 2:48.00 | 35.04 | 350m: 3:58.78 | 35.34 | | | |
| | 100m: 1:03.86 | 33.90 | 200m: 2:12.96 | 34.81 | 300m: 3:23.44 | 35.44 | 400m: 4:31.50 | 32.72 | | | |
| 64. | KRZYWONOSIAK Jakub | | | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:33.52 | 467 |
| | 50m: 29.85 | 29.85 | 150m: 1:38.70 | 34.65 | 250m: 2:48.91 | 35.39 | 350m: 3:59.36 | 34.53 | | | |
| | 100m: 1:04.05 | 34.20 | 200m: 2:13.52 | 34.82 | 300m: 3:24.83 | 35.92 | 400m: 4:33.52 | 34.16 | | | |
| 65. | AJTEL Jakub | | | | 03 | Dwójka Morena Gdańsk | | | | 4:33.96 | 465 |
| | 50m: 32.11 | 32.11 | 150m: 1:41.64 | 35.00 | 250m: 2:51.88 | 35.26 | 350m: 4:01.28 | 34.49 | | | |
| | 100m: 1:06.64 | 34.53 | 200m: 2:16.62 | 34.98 | 300m: 3:26.79 | 34.91 | 400m: 4:33.96 | 32.68 | | | |
| 66. | JANCZYLIK Aleksander | | | | 04 | KS Delfin Gdynia | | | | 4:37.99 | 445 |
| | 50m: 30.62 | 30.62 | 150m: 1:40.88 | 35.70 | 250m: 2:52.64 | 35.80 | 350m: 4:03.57 | 35.01 | | | |
| | 100m: 1:05.18 | 34.56 | 200m: 2:16.84 | 35.96 | 300m: 3:28.56 | 35.92 | 400m: 4:37.99 | 34.42 | | | |
| 67. | LOCHERT Dorian | | | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:39.43 | 438 |
| | 50m: 30.05 | 30.05 | 150m: 1:39.16 | 35.13 | 250m: 2:51.95 | 36.47 | 350m: 4:05.14 | 36.21 | | | |
| | 100m: 1:04.03 | 33.98 | 200m: 2:15.48 | 36.32 | 300m: 3:28.93 | 36.98 | 400m: 4:39.43 | 34.29 | | | |
| 68. | MŁYNARCZYK Mateusz | | | | 04 | MKS Jedynka Łódź | | | | 4:39.69 | 437 |
| | 50m: 31.50 | 31.50 | 150m: 1:41.93 | 35.62 | 250m: 2:54.31 | 35.82 | 350m: 4:05.13 | 35.45 | | | |
| | 100m: 1:06.31 | 34.81 | 200m: 2:18.49 | 36.56 | 300m: 3:29.68 | 35.37 | 400m: 4:39.69 | 34.56 | | | |
| 69. | RZEPKA Jakub | | | | 05 | UKS „Dwójka” Tczew | | | | 4:40.25 | 434 |
| | 50m: 32.59 | 32.59 | 150m: 1:44.25 | 36.52 | 250m: 2:55.04 | 35.62 | 350m: 4:05.71 | 35.24 | | | |
| | 100m: 1:07.73 | 35.14 | 200m: 2:19.42 | 35.17 | 300m: 3:30.47 | 35.43 | 400m: 4:40.25 | 34.54 | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 12, M czyzn, 400m dowolny, 14 lat i starsi

| Pozycja | | Rok ur. | | | Czas | Pkt. |
|---------|---------------------|---------------|------------------------------------|---------------|----------------|---------------------|
| 70. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | | 4:40.46 | 433 |
| | 50m: 30.64 30.64 | 150m: 1:41.79 | 36.48 | 250m: 2:54.18 | 36.09 | 350m: 4:06.02 35.95 |
| | 100m: 1:05.31 34.67 | 200m: 2:18.09 | 36.30 | 300m: 3:30.07 | 35.89 | 400m: 4:40.46 34.44 |
| 71. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wodny | | 4:42.97 | 422 |
| | 50m: 31.37 31.37 | 150m: 1:42.69 | 36.47 | 250m: 2:56.13 | 36.36 | 350m: 4:09.13 36.15 |
| | 100m: 1:06.22 34.85 | 200m: 2:19.77 | 37.08 | 300m: 3:32.98 | 36.85 | 400m: 4:42.97 33.84 |
| 72. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | | 4:44.24 | 416 |
| | 50m: 32.32 32.32 | 150m: 1:44.29 | 36.59 | 250m: 2:57.12 | 36.35 | 350m: 4:09.64 36.18 |
| | 100m: 1:07.70 35.38 | 200m: 2:20.77 | 36.48 | 300m: 3:33.46 | 36.34 | 400m: 4:44.24 34.60 |
| 73. | KEMPIAK Bartosz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | 4:48.43 | 398 |
| | 50m: 30.10 30.10 | 150m: 1:41.15 | 36.15 | 250m: 2:54.69 | 36.44 | 350m: 4:11.35 38.82 |
| | 100m: 1:05.00 34.90 | 200m: 2:18.25 | 37.10 | 300m: 3:32.53 | 37.84 | 400m: 4:48.43 37.08 |
| 74. | KURDELSKI Filip | 04 | Mokotowski UKP Warszawianka- Wodny | | 4:57.63 | 362 |
| | 50m: 32.73 32.73 | 150m: 1:47.39 | 37.47 | 250m: 3:03.33 | 37.62 | 350m: 4:19.59 38.22 |
| | 100m: 1:09.92 37.19 | 200m: 2:25.71 | 38.32 | 300m: 3:41.37 | 38.04 | 400m: 4:57.63 38.04 |
| NW | KRASKA Jakub | 00 | AZS Łód | | | |

14 lat

| | | | | | | |
|-----|-----------------------|---------------|------------------------------|---------------|----------------|---------------------|
| 1. | HEBEL Maciej | 05 | UKS abianka Gda sk | | 4:10.22 | 610 |
| | 50m: 28.45 28.45 | 150m: 1:31.53 | 31.90 | 250m: 2:35.24 | 31.66 | 350m: 3:39.45 32.16 |
| | 100m: 59.63 31.18 | 200m: 2:03.58 | 32.05 | 300m: 3:07.29 | 32.05 | 400m: 4:10.22 30.77 |
| 2. | DZIEWGU Benjamin | 05 | MKS Piaseczno | | 4:20.07 | 543 |
| | 50m: 29.28 29.28 | 150m: 1:34.82 | 32.98 | 250m: 2:41.67 | 33.70 | 350m: 3:47.26 32.63 |
| | 100m: 1:01.84 32.56 | 200m: 2:07.97 | 33.15 | 300m: 3:14.63 | 32.96 | 400m: 4:20.07 32.81 |
| 3. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | | 4:20.87 | 538 |
| | 50m: 30.13 30.13 | 150m: 1:37.48 | 33.34 | 250m: 2:44.16 | 32.98 | 350m: 3:49.60 32.61 |
| | 100m: 1:04.14 34.01 | 200m: 2:11.18 | 33.70 | 300m: 3:16.99 | 32.83 | 400m: 4:20.87 31.27 |
| 4. | DREWEK Jakub | 05 | UKS „Dwójka" Tczew | | 4:24.28 | 518 |
| | 50m: 31.03 31.03 | 150m: 1:38.61 | 33.77 | 250m: 2:46.38 | 33.73 | 350m: 3:53.93 33.66 |
| | 100m: 1:04.84 33.81 | 200m: 2:12.65 | 34.04 | 300m: 3:20.27 | 33.89 | 400m: 4:24.28 30.35 |
| 5. | GÓRAL Piotr | 05 | UKS „Dwójka" Tczew | | 4:26.53 | 505 |
| | 50m: 31.83 31.83 | 150m: 1:40.06 | 34.32 | 250m: 2:48.13 | 33.62 | 350m: 3:55.51 33.70 |
| | 100m: 1:05.74 33.91 | 200m: 2:14.51 | 34.45 | 300m: 3:21.81 | 33.68 | 400m: 4:26.53 31.02 |
| 6. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | 4:27.62 | 498 |
| | 50m: 29.68 29.68 | 150m: 1:37.20 | 33.93 | 250m: 2:45.81 | 34.61 | 350m: 3:54.40 34.02 |
| | 100m: 1:03.27 33.59 | 200m: 2:11.20 | 34.00 | 300m: 3:20.38 | 34.57 | 400m: 4:27.62 33.22 |
| 7. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | | 4:28.55 | 493 |
| | 50m: 29.48 29.48 | 150m: 1:36.82 | 34.33 | 250m: 2:46.75 | 34.97 | 350m: 3:55.79 34.62 |
| | 100m: 1:02.49 33.01 | 200m: 2:11.78 | 34.96 | 300m: 3:21.17 | 34.42 | 400m: 4:28.55 32.76 |
| 8. | TKACZ Wiktor | 05 | MKS Piaseczno | | 4:31.08 | 480 |
| | 50m: 27.51 27.51 | 150m: 1:32.40 | 33.28 | 250m: 2:41.61 | 35.01 | 350m: 3:54.22 36.69 |
| | 100m: 59.12 31.61 | 200m: 2:06.60 | 34.20 | 300m: 3:17.53 | 35.92 | 400m: 4:31.08 36.86 |
| 9. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | 4:33.52 | 467 |
| | 50m: 29.85 29.85 | 150m: 1:38.70 | 34.65 | 250m: 2:48.91 | 35.39 | 350m: 3:59.36 34.53 |
| | 100m: 1:04.05 34.20 | 200m: 2:13.52 | 34.82 | 300m: 3:24.83 | 35.92 | 400m: 4:33.52 34.16 |
| 10. | LOCHERT Dorian | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | 4:39.43 | 438 |
| | 50m: 30.05 30.05 | 150m: 1:39.16 | 35.13 | 250m: 2:51.95 | 36.47 | 350m: 4:05.14 36.21 |
| | 100m: 1:04.03 33.98 | 200m: 2:15.48 | 36.32 | 300m: 3:28.93 | 36.98 | 400m: 4:39.43 34.29 |
| 11. | RZEPKA Jakub | 05 | UKS „Dwójka" Tczew | | 4:40.25 | 434 |
| | 50m: 32.59 32.59 | 150m: 1:44.25 | 36.52 | 250m: 2:55.04 | 35.62 | 350m: 4:05.71 35.24 |
| | 100m: 1:07.73 35.14 | 200m: 2:19.42 | 35.17 | 300m: 3:30.47 | 35.43 | 400m: 4:40.25 34.54 |
| 12. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | | 4:44.24 | 416 |
| | 50m: 32.32 32.32 | 150m: 1:44.29 | 36.59 | 250m: 2:57.12 | 36.35 | 350m: 4:09.64 36.18 |
| | 100m: 1:07.70 35.38 | 200m: 2:20.77 | 36.48 | 300m: 3:33.46 | 36.34 | 400m: 4:44.24 34.60 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Poznań, 23- - 24-11-2019

Konkurencja 12, Chłopców, 400m dowolny, 14 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|-----------------|---------------|---------|------------------------------|-------|---------------|-------|----------------|------|
| 13. | KEMPIAK Bartosz | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 4:48.43 | 398 |
| | 50m: | 30.10 30.10 | 150m: | 1:41.15 36.15 | 250m: | 2:54.69 36.44 | 350m: | 4:11.35 38.82 | |
| | 100m: | 1:05.00 34.90 | 200m: | 2:18.25 37.10 | 300m: | 3:32.53 37.84 | 400m: | 4:48.43 37.08 | |

15 lat

| | | | | | | | | | |
|-----|-----------------------|---------------|-------|---|-------|---------------|-------|----------------|-----|
| 1. | MATUSZEWSKI Krzysztof | | 04 | UKP „Polonia Warszawa” | | | | 4:02.09 | 673 |
| | 50m: | 27.61 27.61 | 150m: | 1:27.85 30.16 | 250m: | 2:29.09 30.57 | 350m: | 3:31.51 31.54 | |
| | 100m: | 57.69 30.08 | 200m: | 1:58.52 30.67 | 300m: | 2:59.97 30.88 | 400m: | 4:02.09 30.58 | |
| 2. | KOSI SKI Filip | | 04 | Mi dzyszkolny UKS „Olimpijczyk” Suwałki | | | | 4:06.00 | 642 |
| | 50m: | 28.21 28.21 | 150m: | 1:30.27 31.25 | 250m: | 2:32.10 30.96 | 350m: | 3:34.70 31.34 | |
| | 100m: | 59.02 30.81 | 200m: | 2:01.14 30.87 | 300m: | 3:03.36 31.26 | 400m: | 4:06.00 31.30 | |
| 3. | MY LIWIEC Bartosz | | 04 | MKP Szczecin | | | | 4:10.38 | 609 |
| | 50m: | 29.29 29.29 | 150m: | 1:32.26 31.61 | 250m: | 2:35.71 31.72 | 350m: | 3:39.81 32.00 | |
| | 100m: | 1:00.65 31.36 | 200m: | 2:03.99 31.73 | 300m: | 3:07.81 32.10 | 400m: | 4:10.38 30.57 | |
| 4. | GOŁACKI Sergiusz | | 04 | UKS 190 Łódź | | | | 4:10.44 | 608 |
| | 50m: | 29.20 29.20 | 150m: | 1:33.29 31.70 | 250m: | 2:36.44 31.59 | 350m: | 3:39.77 31.74 | |
| | 100m: | 1:01.59 32.39 | 200m: | 2:04.85 31.56 | 300m: | 3:08.03 31.59 | 400m: | 4:10.44 30.67 | |
| 5. | OLCZAK Kacper | | 04 | MKS Trójka Łódź | | | | 4:11.05 | 604 |
| | 50m: | 28.48 28.48 | 150m: | 1:30.97 31.49 | 250m: | 2:35.01 31.99 | 350m: | 3:39.86 32.58 | |
| | 100m: | 59.48 31.00 | 200m: | 2:03.02 32.05 | 300m: | 3:07.28 32.27 | 400m: | 4:11.05 31.19 | |
| 6. | WIECZORKOWSKI Nikodem | | 04 | UKS „Dwójka” Tczew | | | | 4:15.55 | 572 |
| | 50m: | 29.35 29.35 | 150m: | 1:33.64 32.32 | 250m: | 2:38.80 32.65 | 350m: | 3:44.34 32.73 | |
| | 100m: | 1:01.32 31.97 | 200m: | 2:06.15 32.51 | 300m: | 3:11.61 32.81 | 400m: | 4:15.55 31.21 | |
| 7. | WYSOCKI Piotr | | 04 | KS Warta Poznań | | | | 4:15.94 | 570 |
| | 50m: | 30.19 30.19 | 150m: | 1:34.98 32.45 | 250m: | 2:40.12 32.40 | 350m: | 3:44.98 32.08 | |
| | 100m: | 1:02.53 32.34 | 200m: | 2:07.72 32.74 | 300m: | 3:12.90 32.78 | 400m: | 4:15.94 30.96 | |
| 8. | PI TKA Hubert | | 04 | MKP Szczecin | | | | 4:16.87 | 564 |
| | 50m: | 29.75 29.75 | 150m: | 1:34.56 32.71 | 250m: | 2:40.22 32.69 | 350m: | 3:46.43 33.14 | |
| | 100m: | 1:01.85 32.10 | 200m: | 2:07.53 32.97 | 300m: | 3:13.29 33.07 | 400m: | 4:16.87 30.44 | |
| 9. | BEDNAREK Przemysław | | 04 | UKS G-8 Bielany Warszawa | | | | 4:17.02 | 563 |
| | 50m: | 29.14 29.14 | 150m: | 1:33.80 32.78 | 250m: | 2:39.31 32.78 | 350m: | 3:45.25 33.11 | |
| | 100m: | 1:01.02 31.88 | 200m: | 2:06.53 32.73 | 300m: | 3:12.14 32.83 | 400m: | 4:17.02 31.77 | |
| 10. | J DRYKA Nikodem | | 04 | MKS Trójka Łódź | | | | 4:17.03 | 563 |
| | 50m: | 29.38 29.38 | 150m: | 1:34.92 32.84 | 250m: | 2:40.77 32.59 | 350m: | 3:45.74 32.69 | |
| | 100m: | 1:02.08 32.70 | 200m: | 2:08.18 33.26 | 300m: | 3:13.05 32.28 | 400m: | 4:17.03 31.29 | |
| 11. | J DRYCH Krzysztof | | 04 | KS Poznań | | | | 4:19.30 | 548 |
| | 50m: | 29.33 29.33 | 150m: | 1:33.76 32.81 | 250m: | 2:41.23 33.79 | 350m: | 3:48.15 33.66 | |
| | 100m: | 1:00.95 31.62 | 200m: | 2:07.44 33.68 | 300m: | 3:14.49 33.26 | 400m: | 4:19.30 31.15 | |
| 12. | WRZOSEK Bartosz | | 04 | UKS G-8 Bielany Warszawa | | | | 4:20.28 | 542 |
| | 50m: | 29.56 29.56 | 150m: | 1:35.57 33.23 | 250m: | 2:41.09 32.66 | 350m: | 3:48.13 33.34 | |
| | 100m: | 1:02.34 32.78 | 200m: | 2:08.43 32.86 | 300m: | 3:14.79 33.70 | 400m: | 4:20.28 32.15 | |
| 13. | KRUSZEWSKI Adrian | | 04 | MTKP Delfin Toruń | | | | 4:20.48 | 541 |
| | 50m: | 29.46 29.46 | 150m: | 1:34.29 32.65 | 250m: | 2:40.47 32.80 | 350m: | 3:48.49 33.94 | |
| | 100m: | 1:01.64 32.18 | 200m: | 2:07.67 33.38 | 300m: | 3:14.55 34.08 | 400m: | 4:20.48 31.99 | |
| 14. | KUREK Alan | | 04 | MKP Szczecin | | | | 4:29.51 | 488 |
| | 50m: | 29.78 29.78 | 150m: | 1:38.38 34.55 | 250m: | 2:48.34 34.97 | 350m: | 3:57.67 34.74 | |
| | 100m: | 1:03.83 34.05 | 200m: | 2:13.37 34.99 | 300m: | 3:22.93 34.59 | 400m: | 4:29.51 31.84 | |
| 15. | MAZUREK Błażej | | 04 | MKP Szczecin | | | | 4:30.93 | 480 |
| | 50m: | 29.70 29.70 | 150m: | 1:37.51 34.36 | 250m: | 2:46.93 34.75 | 350m: | 3:56.85 34.96 | |
| | 100m: | 1:03.15 33.45 | 200m: | 2:12.18 34.67 | 300m: | 3:21.89 34.96 | 400m: | 4:30.93 34.08 | |
| 16. | BRO CZYK Hubert | | 04 | MTKP Delfin Toruń | | | | 4:30.95 | 480 |
| | 50m: | 30.57 30.57 | 150m: | 1:38.89 34.72 | 250m: | 2:49.31 35.04 | 350m: | 3:58.83 34.85 | |
| | 100m: | 1:04.17 33.60 | 200m: | 2:14.27 35.38 | 300m: | 3:23.98 34.67 | 400m: | 4:30.95 32.12 | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 12, Chłopców, 400m dowolny, 15 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|----------------------|---------------|---------|------------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 17. | SZCZEPANIAK Kacper | | 04 | MKP Szczecin | | | | 4:31.50 | 477 | | |
| | 50m: | 31.40 31.40 | 150m: | 1:40.40 | 34.85 | 250m: | 2:49.49 | 34.67 | 350m: | 3:58.61 | 34.30 |
| | 100m: | 1:05.55 34.15 | 200m: | 2:14.82 | 34.42 | 300m: | 3:24.31 | 34.82 | 400m: | 4:31.50 | 32.89 |
| | PIECHOTA Bartłomiej | | 04 | UKS Pi tka Konstantynów Łódzki | | | | 4:31.50 | 477 | | |
| | 50m: | 29.96 29.96 | 150m: | 1:38.15 | 34.29 | 250m: | 2:48.00 | 35.04 | 350m: | 3:58.78 | 35.34 |
| | 100m: | 1:03.86 33.90 | 200m: | 2:12.96 | 34.81 | 300m: | 3:23.44 | 35.44 | 400m: | 4:31.50 | 32.72 |
| 19. | JANCZYLIK Aleksander | | 04 | KS Delfin Gdynia | | | | 4:37.99 | 445 | | |
| | 50m: | 30.62 30.62 | 150m: | 1:40.88 | 35.70 | 250m: | 2:52.64 | 35.80 | 350m: | 4:03.57 | 35.01 |
| | 100m: | 1:05.18 34.56 | 200m: | 2:16.84 | 35.96 | 300m: | 3:28.56 | 35.92 | 400m: | 4:37.99 | 34.42 |
| 20. | MŁYNARCZYK Mateusz | | 04 | MKS Jedyńka Łód | | | | 4:39.69 | 437 | | |
| | 50m: | 31.50 31.50 | 150m: | 1:41.93 | 35.62 | 250m: | 2:54.31 | 35.82 | 350m: | 4:05.13 | 35.45 |
| | 100m: | 1:06.31 34.81 | 200m: | 2:18.49 | 36.56 | 300m: | 3:29.68 | 35.37 | 400m: | 4:39.69 | 34.56 |
| 21. | G SIOR Tomasz | | 04 | UPKS Wodnik Rawicz | | | | 4:40.46 | 433 | | |
| | 50m: | 30.64 30.64 | 150m: | 1:41.79 | 36.48 | 250m: | 2:54.18 | 36.09 | 350m: | 4:06.02 | 35.95 |
| | 100m: | 1:05.31 34.67 | 200m: | 2:18.09 | 36.30 | 300m: | 3:30.07 | 35.89 | 400m: | 4:40.46 | 34.44 |
| 22. | KURDELSKI Filip | | 04 | Mokotowski UKP Warszawianka- Wodny | | | | 4:57.63 | 362 | | |
| | 50m: | 32.73 32.73 | 150m: | 1:47.39 | 37.47 | 250m: | 3:03.33 | 37.62 | 350m: | 4:19.59 | 38.22 |
| | 100m: | 1:09.92 37.19 | 200m: | 2:25.71 | 38.32 | 300m: | 3:41.37 | 38.04 | 400m: | 4:57.63 | 38.04 |

16 lat

| | | | | | | | | | | | |
|----|--------------------|---------------|-------|----------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | GORRA Mikołaj | | 03 | MKP Szczecin | | | | 4:08.50 | 623 | | |
| | 50m: | 28.40 28.40 | 150m: | 1:31.39 | 31.38 | 250m: | 2:35.07 | 31.75 | 350m: | 3:38.83 | 31.63 |
| | 100m: | 1:00.01 31.61 | 200m: | 2:03.32 | 31.93 | 300m: | 3:07.20 | 32.13 | 400m: | 4:08.50 | 29.67 |
| 2. | G STAŁ Jan | | 03 | UKS „GIM 92 Ursynów" | | | | 4:10.25 | 610 | | |
| | 50m: | 28.06 28.06 | 150m: | 1:30.93 | 31.43 | 250m: | 2:34.99 | 32.33 | 350m: | 3:39.19 | 31.81 |
| | 100m: | 59.50 31.44 | 200m: | 2:02.66 | 31.73 | 300m: | 3:07.38 | 32.39 | 400m: | 4:10.25 | 31.06 |
| 3. | JASI SKI Jakub | | 03 | MKS Jedyńka Łód | | | | 4:21.04 | 537 | | |
| | 50m: | 29.74 29.74 | 150m: | 1:35.14 | 33.12 | 250m: | 2:42.39 | 33.71 | 350m: | 3:48.69 | 32.82 |
| | 100m: | 1:02.02 32.28 | 200m: | 2:08.68 | 33.54 | 300m: | 3:15.87 | 33.48 | 400m: | 4:21.04 | 32.35 |
| 4. | MAKOWSKI Dominik | | 03 | KS Warta Pozna | | | | 4:24.37 | 517 | | |
| | 50m: | 30.23 30.23 | 150m: | 1:37.93 | 34.23 | 250m: | 2:46.11 | 34.08 | 350m: | 3:53.32 | 33.12 |
| | 100m: | 1:03.70 33.47 | 200m: | 2:12.03 | 34.10 | 300m: | 3:20.20 | 34.09 | 400m: | 4:24.37 | 31.05 |
| 5. | KRUPI SKI Wojciech | | 03 | KS Posenania Pozna | | | | 4:24.39 | 517 | | |
| | 50m: | 30.02 30.02 | 150m: | 1:36.43 | 33.72 | 250m: | 2:44.15 | 33.84 | 350m: | 3:51.16 | 33.46 |
| | 100m: | 1:02.71 32.69 | 200m: | 2:10.31 | 33.88 | 300m: | 3:17.70 | 33.55 | 400m: | 4:24.39 | 33.23 |
| 6. | AJTEL Jakub | | 03 | Dwójka Morena Gda sk | | | | 4:33.96 | 465 | | |
| | 50m: | 32.11 32.11 | 150m: | 1:41.64 | 35.00 | 250m: | 2:51.88 | 35.26 | 350m: | 4:01.28 | 34.49 |
| | 100m: | 1:06.64 34.53 | 200m: | 2:16.62 | 34.98 | 300m: | 3:26.79 | 34.91 | 400m: | 4:33.96 | 32.68 |

17 - 18 lat

| | | | | | | | | | | | |
|----|-----------------|-------------|-------|------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | MALEC Mikołaj | | 01 | MKS Trójka Łód | | | | 3:53.87 | 747 | | |
| | 50m: | 27.32 27.32 | 150m: | 1:26.92 | 30.06 | 250m: | 2:26.51 | 29.56 | 350m: | 3:25.51 | 29.45 |
| | 100m: | 56.86 29.54 | 200m: | 1:56.95 | 30.03 | 300m: | 2:56.06 | 29.55 | 400m: | 3:53.87 | 28.36 |
| 2. | KOMOROWSKI Jan | | 01 | MKS Trójka Łód | | | | 3:54.80 | 738 | | |
| | 50m: | 26.40 26.40 | 150m: | 1:24.91 | 29.56 | 250m: | 2:24.87 | 29.85 | 350m: | 3:25.40 | 30.21 |
| | 100m: | 55.35 28.95 | 200m: | 1:55.02 | 30.11 | 300m: | 2:55.19 | 30.32 | 400m: | 3:54.80 | 29.40 |
| 3. | URBA SKI Michał | | 01 | KS Delfin Gdynia | | | | 4:00.92 | 683 | | |
| | 50m: | 28.11 28.11 | 150m: | 1:29.37 | 30.91 | 250m: | 2:30.50 | 30.17 | 350m: | 3:30.86 | 30.29 |
| | 100m: | 58.46 30.35 | 200m: | 2:00.33 | 30.96 | 300m: | 3:00.57 | 30.07 | 400m: | 4:00.92 | 30.06 |
| 4. | MELINDER Martin | | 01 | VSS VASBY | | | | 4:01.03 | 682 | | |
| | 50m: | 26.81 26.81 | 150m: | 1:25.69 | 29.86 | 250m: | 2:27.36 | 30.94 | 350m: | 3:30.34 | 31.70 |
| | 100m: | 55.83 29.02 | 200m: | 1:56.42 | 30.73 | 300m: | 2:58.64 | 31.28 | 400m: | 4:01.03 | 30.69 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 12, Chłopców, 400m dowolny, 17 - 18 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|------------------------|---------------|------------------------------------|----------------|-------|---------------|-------|------|------|
| 5. | JA KIEWICZ Adrian | 02 | UKS G-8 Bielany Warszawa | 4:01.06 | 682 | | | | |
| | 50m: 27.96 27.96 | 150m: 1:30.45 | 31.38 | 250m: 2:32.09 | 29.96 | 350m: 3:31.91 | 29.98 | | |
| | 100m: 59.07 31.11 | 200m: 2:02.13 | 31.68 | 300m: 3:01.93 | 29.84 | 400m: 4:01.06 | 29.15 | | |
| 6. | TYLICKI Mateusz | 01 | MUKS "Pi tnaстка" | 4:04.41 | 654 | | | | |
| | 50m: 28.08 28.08 | 150m: 1:29.64 | 30.79 | 250m: 2:32.08 | 31.17 | 350m: 3:34.37 | 31.07 | | |
| | 100m: 58.85 30.77 | 200m: 2:00.91 | 31.27 | 300m: 3:03.30 | 31.22 | 400m: 4:04.41 | 30.04 | | |
| 7. | HANSSON Eric | 02 | VSS VASBY | 4:04.85 | 651 | | | | |
| | 50m: 28.20 28.20 | 150m: 1:29.13 | 30.56 | 250m: 2:30.68 | 30.72 | 350m: 3:33.60 | 31.64 | | |
| | 100m: 58.57 30.37 | 200m: 1:59.96 | 30.83 | 300m: 3:01.96 | 31.28 | 400m: 4:04.85 | 31.25 | | |
| 8. | GŁUSZKOWSKI Mateusz | 01 | Uks Cityzen | 4:07.24 | 632 | | | | |
| | 50m: 27.68 27.68 | 150m: 1:29.08 | 30.99 | 250m: 2:31.13 | 31.09 | 350m: 3:34.98 | 32.20 | | |
| | 100m: 58.09 30.41 | 200m: 2:00.04 | 30.96 | 300m: 3:02.78 | 31.65 | 400m: 4:07.24 | 32.26 | | |
| 9. | WO NY Wiktor | 01 | UKS Shark Rudna | 4:09.73 | 613 | | | | |
| | 50m: 28.04 28.04 | 150m: 1:30.21 | 31.48 | 250m: 2:34.13 | 31.97 | 350m: 3:39.21 | 32.22 | | |
| | 100m: 58.73 30.69 | 200m: 2:02.16 | 31.95 | 300m: 3:06.99 | 32.86 | 400m: 4:09.73 | 30.52 | | |
| 10. | KLISZ Krystian | 02 | MKP Szczecin | 4:10.51 | 608 | | | | |
| | 50m: 28.91 28.91 | 150m: 1:31.84 | 31.74 | 250m: 2:35.06 | 31.61 | 350m: 3:39.46 | 32.20 | | |
| | 100m: 1:00.10 31.19 | 200m: 2:03.45 | 31.61 | 300m: 3:07.26 | 32.20 | 400m: 4:10.51 | 31.05 | | |
| 11. | CHYRCHAŁA Rafał | 02 | UKS „ORKA” Zamo | 4:10.69 | 606 | | | | |
| | 50m: 27.65 27.65 | 150m: 1:27.59 | 30.11 | 250m: 2:30.69 | 32.17 | 350m: 3:38.61 | 34.37 | | |
| | 100m: 57.48 29.83 | 200m: 1:58.52 | 30.93 | 300m: 3:04.24 | 33.55 | 400m: 4:10.69 | 32.08 | | |
| 12. | KUSI SKI Aleksy | 02 | MKS Jedyńka Łód | 4:11.07 | 604 | | | | |
| | 50m: 28.82 28.82 | 150m: 1:33.31 | 32.36 | 250m: 2:37.81 | 31.98 | 350m: 3:41.14 | 31.22 | | |
| | 100m: 1:00.95 32.13 | 200m: 2:05.83 | 32.52 | 300m: 3:09.92 | 32.11 | 400m: 4:11.07 | 29.93 | | |
| 13. | MICHALSKI Wojciech | 01 | MKP Szczecin | 4:11.29 | 602 | | | | |
| | 50m: 28.89 28.89 | 150m: 1:32.32 | 31.70 | 250m: 2:36.30 | 31.89 | 350m: 3:40.15 | 32.01 | | |
| | 100m: 1:00.62 31.73 | 200m: 2:04.41 | 32.09 | 300m: 3:08.14 | 31.84 | 400m: 4:11.29 | 31.14 | | |
| 14. | CZERWI SKI Łukasz | 01 | UKS G-8 Bielany Warszawa | 4:14.31 | 581 | | | | |
| | 50m: 28.08 28.08 | 150m: 1:31.55 | 31.95 | 250m: 2:36.34 | 32.57 | 350m: 3:41.93 | 32.81 | | |
| | 100m: 59.60 31.52 | 200m: 2:03.77 | 32.22 | 300m: 3:09.12 | 32.78 | 400m: 4:14.31 | 32.38 | | |
| 15. | BLI NIEWSKI Franciszek | 02 | MKS Trójka Łód | 4:16.67 | 565 | | | | |
| | 50m: 30.27 30.27 | 150m: 1:37.81 | 33.49 | 250m: 2:42.42 | 31.87 | 350m: 3:45.82 | 31.86 | | |
| | 100m: 1:04.32 34.05 | 200m: 2:10.55 | 32.74 | 300m: 3:13.96 | 31.54 | 400m: 4:16.67 | 30.85 | | |
| 16. | DUDEK Kacper | 02 | KS Warta Pozna | 4:19.21 | 549 | | | | |
| | 50m: 28.15 28.15 | 150m: 1:30.74 | 31.58 | 250m: 2:35.06 | 32.40 | 350m: 3:43.58 | 35.24 | | |
| | 100m: 59.16 31.01 | 200m: 2:02.66 | 31.92 | 300m: 3:08.34 | 33.28 | 400m: 4:19.21 | 35.63 | | |
| 17. | BORZYMEK Hubert | 02 | Mokotowski UKP Warszawianka- Wodny | 4:25.88 | 508 | | | | |
| | 50m: 29.31 29.31 | 150m: 1:34.46 | 32.93 | 250m: 2:42.14 | 33.90 | 350m: 3:51.43 | 34.81 | | |
| | 100m: 1:01.53 32.22 | 200m: 2:08.24 | 33.78 | 300m: 3:16.62 | 34.48 | 400m: 4:25.88 | 34.45 | | |
| 18. | WIELGUS Kacper | 01 | KS Pospolania Pozna | 4:31.36 | 478 | | | | |
| | 50m: 29.96 29.96 | 150m: 1:38.34 | 34.43 | 250m: 2:47.51 | 34.57 | 350m: 3:57.67 | 34.95 | | |
| | 100m: 1:03.91 33.95 | 200m: 2:12.94 | 34.60 | 300m: 3:22.72 | 35.21 | 400m: 4:31.36 | 33.69 | | |
| 19. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wodny | 4:42.97 | 422 | | | | |
| | 50m: 31.37 31.37 | 150m: 1:42.69 | 36.47 | 250m: 2:56.13 | 36.36 | 350m: 4:09.13 | 36.15 | | |
| | 100m: 1:06.22 34.85 | 200m: 2:19.77 | 37.08 | 300m: 3:32.98 | 36.85 | 400m: 4:42.97 | 33.84 | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 13
2019-11-23 - 17:00

Kobiet, 200m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|--------------------|-------|---------------------|------------|
| RP Open | 1:54.39 | JEDRZEJCZAK Otylia | 00114 | Helsinki (FIN) | 2006-12-10 |
| RP 19 - 23 | 1:54.39 | JEDRZEJCZAK Otylia | 00114 | Helsinki (FIN) | 2006-12-10 |
| RP 18 | 1:56.68 | WILK Katarzyna | 00106 | Gorzów Wlkp. | 2009-11-29 |
| RP 17 | 1:56.68 | WILK Katarzyna | 00106 | Gorzow Wielkopolski | 2009-11-29 |
| RP 16 | 1:58.06 | SOKOŁOWSKA Diana | | Pozna | 2011-12-17 |
| RP 15 | 1:58.06 | SOKOŁOWSKA Diana | 00309 | Poznan | 2011-12-18 |
| RP 14 | 1:59.20 | KNOP Aleksandra | 01605 | Łód | 2017-12-22 |

Punkty: FINA 2019

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | | |
|------------------------|------------------------|------|------------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | GU Wiktoria | 04 | UKS „Delfin” Piotrków Tryb | 1:59.18 | 795 | 27.27 | 29.82 | 31.17 | 30.92 |
| 2. | W GRZYNOWSKA A. | 01 | WKS I sk Wrocław | 2:02.10 | 739 | 28.67 | 30.97 | 31.57 | 30.89 |
| 3. | PARADOWSKA Kinga | 01 | MUKS "Pi tnastka" | 2:02.53 | 732 | 29.32 | 31.28 | 31.17 | 30.76 |
| 4. | ANDERSSON Tova | 01 | VSS VASBY | 2:03.46 | 715 | 28.57 | 31.48 | 32.22 | 31.19 |
| 5. | CELMER Wiktoria | 03 | KS Warta Pozna | 2:03.96 | 706 | 29.03 | 31.58 | 32.23 | 31.12 |
| | CIE LAK Joanna | 96 | KS Warta Pozna | 2:03.96 | 706 | 28.92 | 31.13 | 31.92 | 31.99 |
| 7. | CIERPIAŁOWSKA Paulina | 05 | UKS abianka Gda sk | 2:04.06 | 705 | 29.08 | 31.54 | 32.05 | 31.39 |
| 8. | PIEPIÓRKA Martyna | 03 | UKS abianka Gda sk | 2:04.57 | 696 | 30.07 | 32.26 | 31.36 | 30.88 |
| 9. | KAWKA Nina | 03 | UKS G-8 Bielany Warszawa | 2:04.77 | 693 | 29.60 | 32.04 | 32.04 | 31.09 |
| 10. | NOWAK Maja | 03 | AZS AWF Warszawa | 2:04.91 | 690 | 29.57 | 31.96 | 32.62 | 30.76 |
| 11. | NIEMCZAK Zofia | 99 | AZS AWF Katowice | 2:05.06 | 688 | 29.11 | 31.43 | 32.35 | 32.17 |
| 12. | ZAWADZKA Hanna | 02 | UKS G-8 Bielany Warszawa | 2:05.49 | 681 | 29.53 | 32.08 | 32.21 | 31.67 |
| 13. | URBAN Karolina | 03 | UKS „Ósemka” Starogard | 2:06.03 | 672 | 29.92 | 31.87 | 32.36 | 31.88 |
| 14. | ŁUCZAK Dominika | 02 | SMS Zielona Góra | 2:06.50 | 665 | 30.33 | 32.21 | 32.42 | 31.54 |
| 15. | BUJAK Klara | 02 | UKS G-8 Bielany Warszawa | 2:06.92 | 658 | 30.11 | 32.57 | 32.50 | 31.74 |
| 16. | NIEWIADOMSKA Wiktoria | 02 | MUKS "Pi tnastka" | 2:07.05 | 656 | 29.70 | 32.08 | 32.73 | 32.54 |
| 17. | SZCZEPA SKA Maria | 03 | KS Warta Pozna | 2:07.31 | 652 | 29.62 | 32.14 | 32.98 | 32.57 |
| 18. | ZAR BA-PARADOWSKA | 02 | UKS G-8 Bielany Warszawa | 2:07.76 | 645 | 29.96 | 32.36 | 32.91 | 32.53 |
| 19. | GARBARCZYK Weronika | 03 | MKP Szczecin | 2:08.04 | 641 | 30.28 | 32.62 | 32.74 | 32.40 |
| 20. | SKIBCZAK Natalia | 00 | UKS G-8 Bielany Warszawa | 2:08.30 | 637 | 29.48 | 32.37 | 33.12 | 33.33 |
| 21. | GRADEK Aleksandra | 03 | UKP „Polonia Warszawa" | 2:08.35 | 636 | 30.42 | 32.05 | 33.11 | 32.77 |
| 22. | MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | 2:08.91 | 628 | 29.58 | 32.58 | 33.59 | 33.16 |
| 23. | MO D AN Milena | 03 | MKP Szczecin | 2:09.30 | 622 | 30.00 | 32.95 | 33.33 | 33.02 |
| 24. | BEDNARZ Julia | 04 | UKS „ORKA" Zamo | 2:09.38 | 621 | 30.56 | 32.76 | 33.08 | 32.98 |
| 25. | ANDERSSON Ebba | 01 | VSS VASBY | 2:09.42 | 621 | 29.72 | 32.11 | 33.48 | 34.11 |
| 26. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 2:09.59 | 618 | 29.88 | 33.06 | 33.99 | 32.66 |
| 27. | KANTECKA Julia | 03 | Kaliski Klub Sportowy „Włó | 2:10.02 | 612 | 29.56 | 32.96 | 34.17 | 33.33 |
| 28. | SZREDZI SKA Gabriela | 04 | UKP „Polonia Warszawa" | 2:10.12 | 611 | 29.53 | 33.23 | 33.56 | 33.80 |
| 29. | HERMANOWSKA Natalia | 04 | MUKS "Pi tnastka" | 2:10.55 | 605 | 31.14 | 33.85 | 32.70 | 32.86 |
| 30. | CYGAN Julia | 04 | MKS „Astoria" Bydgoszcz | 2:10.71 | 603 | 30.43 | 33.37 | 33.75 | 33.16 |
| | HAŁADYN Karolina | 03 | UKS 190 Łód | 2:10.71 | 603 | 30.63 | 33.26 | 33.74 | 33.08 |
| 32. | KRZYSZTOFIAK Iga | 03 | KS Warta Pozna | 2:10.96 | 599 | 30.45 | 33.29 | 33.96 | 33.26 |
| 33. | SZUPER Katarzyna | 04 | UKS „ORKA" Zamo | 2:11.20 | 596 | 29.75 | 33.20 | 34.21 | 34.04 |
| 34. | DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włó | 2:11.77 | 588 | 30.12 | 33.00 | 34.37 | 34.28 |
| | MALINO Julia | 04 | UKS „ORKA" Zamo | 2:11.77 | 588 | 29.78 | 32.92 | 34.31 | 34.76 |
| 36. | MRO EK Weronika | 04 | MKP Szczecin | 2:11.78 | 588 | 30.83 | 33.25 | 34.13 | 33.57 |
| 37. | JANICKA Paula | 04 | KS Warta Pozna | 2:11.92 | 586 | 29.24 | 33.36 | 34.72 | 34.60 |
| 38. | BARANOWSKA Martyna | 03 | KS Warta Pozna | 2:12.00 | 585 | 30.05 | 33.44 | 34.88 | 33.63 |
| 39. | BRACH Oliwia | 04 | UKP „Polonia Warszawa" | 2:12.11 | 584 | 30.21 | 33.44 | 34.41 | 34.05 |
| 40. | TOFIL Emilia | 05 | KS Delfin Gdynia | 2:13.22 | 569 | 31.20 | 33.69 | 34.41 | 33.92 |
| 41. | ŁAWRYNOWICZ Gabriela | 03 | KS Warta Pozna | 2:13.40 | 567 | 29.89 | 33.48 | 34.74 | 35.29 |
| 42. | TOMASZEWSKA Aleksandra | 99 | St. Lok. SALOS Cortile Kielc | 2:14.01 | 559 | 31.03 | 33.71 | 34.83 | 34.44 |
| | GAJCY Natalia | 05 | UKP „Polonia Warszawa" | 2:14.01 | 559 | 30.94 | 34.08 | 34.93 | 34.06 |
| 44. | ADAMSKA Maria | 03 | UKS G-8 Bielany Warszawa | 2:14.27 | 556 | 30.78 | 34.12 | 34.88 | 34.49 |
| 45. | FIGAS Alicja | 04 | MKP Szczecin | 2:14.70 | 551 | 32.05 | 34.04 | 34.87 | 33.74 |
| 46. | RUTKOWSKA Wiktoria | 99 | MUKS "Pi tnastka" | 2:14.73 | 550 | 30.70 | 33.71 | 35.09 | 35.23 |
| 47. | S DŁAK Alicja | 05 | MUKS "Pi tnastka" | 2:14.93 | 548 | 30.74 | 34.11 | 35.64 | 34.44 |
| 48. | KIERAGA Patrycja | 04 | KS OLIMPIA Lublin | 2:15.08 | 546 | 31.13 | 34.37 | 35.42 | 34.16 |
| 49. | ROMANIUK Matylda | 04 | UKP „Polonia Warszawa" | 2:15.10 | 546 | 30.81 | 34.30 | 35.48 | 34.51 |
| 50. | CZECHYRA Agata | 03 | KS Warta Pozna | 2:15.15 | 545 | 30.72 | 34.14 | 35.62 | 34.67 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 13, Kobiet, 200m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------|---------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 51. | ŁUSZCZEWSKA Emilia | 05 | MKS Juwenia Białystok | 2:15.16 | 545 | 31.42 | 34.74 | 35.44 | 33.56 |
| 52. | SKALI SKA Ewa | 05 | MKS Piaseczno | 2:15.33 | 543 | 30.23 | 34.28 | 35.40 | 35.42 |
| 53. | SADOWSKA Dominika | 04 | MUKS "Pi tnastka" | 2:15.49 | 541 | 31.16 | 34.44 | 35.68 | 34.21 |
| 54. | MAKSYMOWICZ Nadia | 05 | UKS G-8 Bielany Warszawa | 2:16.48 | 529 | 31.57 | 34.49 | 36.19 | 34.23 |
| 55. | MAKOWSKA Martyna | 05 | MKP Szczecin | 2:16.52 | 529 | 30.07 | 33.76 | 36.76 | 35.93 |
| 56. | CH CIAK Sandra | 03 | UKS „GIM 92 Ursynów" | 2:17.15 | 522 | 31.62 | 35.43 | 35.20 | 34.90 |
| 57. | KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 2:17.17 | 521 | 31.57 | 35.35 | 35.91 | 34.34 |
| 58. | NOWAK Gabriela | 05 | KP Delfin Inowrocław | 2:17.61 | 516 | 31.37 | 34.14 | 35.40 | 36.70 |
| 59. | MAZUR Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów | 2:17.67 | 516 | 31.83 | 35.63 | 36.29 | 33.92 |
| 60. | ORUM Melissa | 04 | MUKS "Pi tnastka" | 2:17.98 | 512 | 32.39 | 35.29 | 35.91 | 34.39 |
| 61. | SYSIO Zuzanna | 04 | MUKS Wodnik Łask | 2:18.51 | 506 | 31.88 | 34.53 | 36.25 | 35.85 |
| 62. | KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów | 2:18.84 | 503 | 31.05 | 35.27 | 36.60 | 35.92 |
| 63. | HAR Zofia | 04 | MKS Piaseczno | 2:18.95 | 501 | 31.53 | 35.53 | 35.88 | 36.01 |
| 64. | WIDERAK Sonia | 04 | KS Warta Pozna | 2:19.26 | 498 | 32.37 | 34.85 | 36.78 | 35.26 |
| 65. | HAJDUK Julia | 05 | MKP „SŁOWIANKA" Gorzów | 2:20.02 | 490 | 32.25 | 35.63 | 36.77 | 35.37 |
| 66. | ŁASISZ Julia | 05 | MKP Szczecin | 2:20.16 | 489 | 31.80 | 35.84 | 38.41 | 34.11 |
| 67. | RUTWA Wiktoria | 05 | MKS Piaseczno | 2:20.55 | 485 | 31.73 | 35.65 | 37.21 | 35.96 |
| 68. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 2:20.70 | 483 | 32.02 | 35.13 | 37.38 | 36.17 |
| 69. | ZAWADA Malwina | 05 | MKS Piaseczno | 2:21.43 | 476 | 32.56 | 35.52 | 37.12 | 36.23 |
| 70. | SVENSSON Lovisa | 02 | SS VAERMAMO | 2:22.29 | 467 | 32.00 | 36.01 | 37.57 | 36.71 |
| 71. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 2:22.91 | 461 | 31.55 | 36.04 | 37.95 | 37.37 |
| 72. | BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 2:24.28 | 448 | 33.44 | 36.31 | 37.51 | 37.02 |
| 73. | MARCINOWSKA Julia | 05 | MKS Piast Głogów | 2:24.42 | 447 | 32.06 | 36.52 | 38.14 | 37.70 |
| 74. | GAWLIKOWSKA Olga | 05 | MUKS Wodnik Łask | 2:26.26 | 430 | 32.09 | 36.92 | 39.43 | 37.82 |
| 75. | WOJCIECHOWSKA Kamil | 03 | Mokotowski UKP Warszawi | 2:28.60 | 410 | 32.62 | 37.14 | 39.54 | 39.30 |
| 76. | WASZKIEWICZ Alicja | 05 | KP Delfin Inowrocław | 2:29.43 | 403 | 33.74 | 38.09 | 39.12 | 38.48 |
| 77. | LASECKA Anna | 05 | Mokotowski UKP Warszawi | 2:31.44 | 387 | 32.74 | 38.96 | 40.31 | 39.43 |
| 78. | PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 2:31.72 | 385 | 33.43 | 39.29 | 40.75 | 38.25 |
| NW | JAGODA Patrycja | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | | | |
| NW | HAŁAWCZAK Marcelina | 02 | MKP Szczecin | | | | | | |
| NW | FRYSIAK Zuzanna | 03 | MUKS "Pi tnastka" | | | | | | |
| NW | JAWORSKA Wiktoria | 05 | MUKS "Pi tnastka" | | | | | | |

14 lat

| | | | | | | | | | |
|-----|-----------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | CIERPIAŁOWSKA Paulina | 05 | UKS abianka Gda sk | 2:04.06 | 705 | 29.08 | 31.54 | 32.05 | 31.39 |
| 2. | MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | 2:08.91 | 628 | 29.58 | 32.58 | 33.59 | 33.16 |
| 3. | TOFIL Emilia | 05 | KS Delfin Gdynia | 2:13.22 | 569 | 31.20 | 33.69 | 34.41 | 33.92 |
| 4. | GAJCY Natalia | 05 | UKP „Polonia Warszawa" | 2:14.01 | 559 | 30.94 | 34.08 | 34.93 | 34.06 |
| 5. | S DŁAK Alicja | 05 | MUKS "Pi tnastka" | 2:14.93 | 548 | 30.74 | 34.11 | 35.64 | 34.44 |
| 6. | ŁUSZCZEWSKA Emilia | 05 | MKS Juwenia Białystok | 2:15.16 | 545 | 31.42 | 34.74 | 35.44 | 33.56 |
| 7. | SKALI SKA Ewa | 05 | MKS Piaseczno | 2:15.33 | 543 | 30.23 | 34.28 | 35.40 | 35.42 |
| 8. | MAKSYMOWICZ Nadia | 05 | UKS G-8 Bielany Warszawa | 2:16.48 | 529 | 31.57 | 34.49 | 36.19 | 34.23 |
| 9. | MAKOWSKA Martyna | 05 | MKP Szczecin | 2:16.52 | 529 | 30.07 | 33.76 | 36.76 | 35.93 |
| 10. | KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 2:17.17 | 521 | 31.57 | 35.35 | 35.91 | 34.34 |
| 11. | NOWAK Gabriela | 05 | KP Delfin Inowrocław | 2:17.61 | 516 | 31.37 | 34.14 | 35.40 | 36.70 |
| 12. | MAZUR Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów | 2:17.67 | 516 | 31.83 | 35.63 | 36.29 | 33.92 |
| 13. | KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów | 2:18.84 | 503 | 31.05 | 35.27 | 36.60 | 35.92 |
| 14. | HAJDUK Julia | 05 | MKP „SŁOWIANKA" Gorzów | 2:20.02 | 490 | 32.25 | 35.63 | 36.77 | 35.37 |
| 15. | ŁASISZ Julia | 05 | MKP Szczecin | 2:20.16 | 489 | 31.80 | 35.84 | 38.41 | 34.11 |
| 16. | RUTWA Wiktoria | 05 | MKS Piaseczno | 2:20.55 | 485 | 31.73 | 35.65 | 37.21 | 35.96 |
| 17. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 2:20.70 | 483 | 32.02 | 35.13 | 37.38 | 36.17 |
| 18. | ZAWADA Malwina | 05 | MKS Piaseczno | 2:21.43 | 476 | 32.56 | 35.52 | 37.12 | 36.23 |
| 19. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 2:22.91 | 461 | 31.55 | 36.04 | 37.95 | 37.37 |
| 20. | MARCINOWSKA Julia | 05 | MKS Piast Głogów | 2:24.42 | 447 | 32.06 | 36.52 | 38.14 | 37.70 |
| 21. | GAWLIKOWSKA Olga | 05 | MUKS Wodnik Łask | 2:26.26 | 430 | 32.09 | 36.92 | 39.43 | 37.82 |
| 22. | WASZKIEWICZ Alicja | 05 | KP Delfin Inowrocław | 2:29.43 | 403 | 33.74 | 38.09 | 39.12 | 38.48 |
| 23. | LASECKA Anna | 05 | Mokotowski UKP Warszawi | 2:31.44 | 387 | 32.74 | 38.96 | 40.31 | 39.43 |
| 24. | PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 2:31.72 | 385 | 33.43 | 39.29 | 40.75 | 38.25 |
| NW | JAGODA Patrycja | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | | | |
| NW | JAWORSKA Wiktoria | 05 | MUKS "Pi tnastka" | | | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 13, Kobiet, 200m dowolny

15 lat

| | | | | | | | | | |
|-----|----------------------|----|-----------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | GU Wiktoria | 04 | UKS „Delfin” Piotrków Trybunalski | 1:59.18 | 795 | 27.27 | 29.82 | 31.17 | 30.92 |
| 2. | BEDNARZ Julia | 04 | UKS „ORKA” Zamo | 2:09.38 | 621 | 30.56 | 32.76 | 33.08 | 32.98 |
| 3. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 2:09.59 | 618 | 29.88 | 33.06 | 33.99 | 32.66 |
| 4. | SZREDZI SKA Gabriela | 04 | UKP „Polonia Warszawa" | 2:10.12 | 611 | 29.53 | 33.23 | 33.56 | 33.80 |
| 5. | HERMANOWSKA Natalia | 04 | MUKS "Pi tnastka" | 2:10.55 | 605 | 31.14 | 33.85 | 32.70 | 32.86 |
| 6. | CYGAN Julia | 04 | MKS „Astoria” Bydgoszcz | 2:10.71 | 603 | 30.43 | 33.37 | 33.75 | 33.16 |
| 7. | SZUPER Katarzyna | 04 | UKS „ORKA” Zamo | 2:11.20 | 596 | 29.75 | 33.20 | 34.21 | 34.04 |
| 8. | MALINO Julia | 04 | UKS „ORKA” Zamo | 2:11.77 | 588 | 29.78 | 32.92 | 34.31 | 34.76 |
| 9. | MRO EK Weronika | 04 | MKP Szczecin | 2:11.78 | 588 | 30.83 | 33.25 | 34.13 | 33.57 |
| 10. | JANICKA Paula | 04 | KS Warta Pozna | 2:11.92 | 586 | 29.24 | 33.36 | 34.72 | 34.60 |
| 11. | BRACH Oliwia | 04 | UKP „Polonia Warszawa" | 2:12.11 | 584 | 30.21 | 33.44 | 34.41 | 34.05 |
| 12. | FIGAS Alicja | 04 | MKP Szczecin | 2:14.70 | 551 | 32.05 | 34.04 | 34.87 | 33.74 |
| 13. | KIERAGA Patrycja | 04 | KS OLIMPIA Lublin | 2:15.08 | 546 | 31.13 | 34.37 | 35.42 | 34.16 |
| 14. | ROMANIUK Matylda | 04 | UKP „Polonia Warszawa" | 2:15.10 | 546 | 30.81 | 34.30 | 35.48 | 34.51 |
| 15. | SADOWSKA Dominika | 04 | MUKS "Pi tnastka" | 2:15.49 | 541 | 31.16 | 34.44 | 35.68 | 34.21 |
| 16. | ORUM Melissa | 04 | MUKS "Pi tnastka" | 2:17.98 | 512 | 32.39 | 35.29 | 35.91 | 34.39 |
| 17. | SYSIO Zuzanna | 04 | MUKS Wodnik Łask | 2:18.51 | 506 | 31.88 | 34.53 | 36.25 | 35.85 |
| 18. | HAR Zofia | 04 | MKS Piaseczno | 2:18.95 | 501 | 31.53 | 35.53 | 35.88 | 36.01 |
| 19. | WIDERAK Sonia | 04 | KS Warta Pozna | 2:19.26 | 498 | 32.37 | 34.85 | 36.78 | 35.26 |
| 20. | BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 2:24.28 | 448 | 33.44 | 36.31 | 37.51 | 37.02 |

16 lat

| | | | | | | | | | |
|-----|----------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | CELMER Wiktoria | 03 | KS Warta Pozna | 2:03.96 | 706 | 29.03 | 31.58 | 32.23 | 31.12 |
| 2. | PIEPIÓRKA Martyna | 03 | UKS abianka Gda sk | 2:04.57 | 696 | 30.07 | 32.26 | 31.36 | 30.88 |
| 3. | KAWKA Nina | 03 | UKS G-8 Bielany Warszawa | 2:04.77 | 693 | 29.60 | 32.04 | 32.04 | 31.09 |
| 4. | NOWAK Maja | 03 | AZS AWF Warszawa | 2:04.91 | 690 | 29.57 | 31.96 | 32.62 | 30.76 |
| 5. | URBAN Karolina | 03 | UKS „Ósemka” Starogard G | 2:06.03 | 672 | 29.92 | 31.87 | 32.36 | 31.88 |
| 6. | SZCZEPA SKA Maria | 03 | KS Warta Pozna | 2:07.31 | 652 | 29.62 | 32.14 | 32.98 | 32.57 |
| 7. | GARBARCZYK Weronika | 03 | MKP Szczecin | 2:08.04 | 641 | 30.28 | 32.62 | 32.74 | 32.40 |
| 8. | GRADEK Aleksandra | 03 | UKP „Polonia Warszawa" | 2:08.35 | 636 | 30.42 | 32.05 | 33.11 | 32.77 |
| 9. | MO D AN Milena | 03 | MKP Szczecin | 2:09.30 | 622 | 30.00 | 32.95 | 33.33 | 33.02 |
| 10. | KANTECKA Julia | 03 | Kaliski Klub Sportowy „Włó | 2:10.02 | 612 | 29.56 | 32.96 | 34.17 | 33.33 |
| 11. | HAŁADYN Karolina | 03 | UKS 190 Łód | 2:10.71 | 603 | 30.63 | 33.26 | 33.74 | 33.08 |
| 12. | KRZYSZTOFIAK Iga | 03 | KS Warta Pozna | 2:10.96 | 599 | 30.45 | 33.29 | 33.96 | 33.26 |
| 13. | BARANOWSKA Martyna | 03 | KS Warta Pozna | 2:12.00 | 585 | 30.05 | 33.44 | 34.88 | 33.63 |
| 14. | ŁAWRYNOWICZ Gabriela | 03 | KS Warta Pozna | 2:13.40 | 567 | 29.89 | 33.48 | 34.74 | 35.29 |
| 15. | ADAMSKA Maria | 03 | UKS G-8 Bielany Warszawa | 2:14.27 | 556 | 30.78 | 34.12 | 34.88 | 34.49 |
| 16. | CZECHYRA Agata | 03 | KS Warta Pozna | 2:15.15 | 545 | 30.72 | 34.14 | 35.62 | 34.67 |
| 17. | CH CIAK Sandra | 03 | UKS „GIM 92 Ursynów" | 2:17.15 | 522 | 31.62 | 35.43 | 35.20 | 34.90 |
| 18. | WOJCIECHOWSKA Kamil | 03 | Mokotowski UKP Warszawi | 2:28.60 | 410 | 32.62 | 37.14 | 39.54 | 39.30 |
| NW | FRYSIAK Zuzanna | 03 | MUKS "Pi tnastka" | | | | | | |

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| | | | | | | | | | |
|-----|-----------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | W GRZYNOWSKA A. | 01 | WKS I sk Wrocław | 2:02.10 | 739 | 28.67 | 30.97 | 31.57 | 30.89 |
| 2. | PARADOWSKA Kinga | 01 | MUKS "Pi tnastka" | 2:02.53 | 732 | 29.32 | 31.28 | 31.17 | 30.76 |
| 3. | ANDERSSON Tova | 01 | VSS VASBY | 2:03.46 | 715 | 28.57 | 31.48 | 32.22 | 31.19 |
| 4. | ZAWADZKA Hanna | 02 | UKS G-8 Bielany Warszawa | 2:05.49 | 681 | 29.53 | 32.08 | 32.21 | 31.67 |
| 5. | ŁUCZAK Dominika | 02 | SMS Zielona Góra | 2:06.50 | 665 | 30.33 | 32.21 | 32.42 | 31.54 |
| 6. | BUJAK Klara | 02 | UKS G-8 Bielany Warszawa | 2:06.92 | 658 | 30.11 | 32.57 | 32.50 | 31.74 |
| 7. | NIEWIADOMSKA Wiktoria | 02 | MUKS "Pi tnastka" | 2:07.05 | 656 | 29.70 | 32.08 | 32.73 | 32.54 |
| 8. | ZAR BA-PARADOWSKA | 02 | UKS G-8 Bielany Warszawa | 2:07.76 | 645 | 29.96 | 32.36 | 32.91 | 32.53 |
| 9. | ANDERSSON Ebba | 01 | VSS VASBY | 2:09.42 | 621 | 29.72 | 32.11 | 33.48 | 34.11 |
| 10. | DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włó | 2:11.77 | 588 | 30.12 | 33.00 | 34.37 | 34.28 |
| 11. | SVENSSON Lovisa | 02 | SS VAERMAMO | 2:22.29 | 467 | 32.00 | 36.01 | 37.57 | 36.71 |
| NW | HAŁAWCZAK Marcelina | 02 | MKP Szczecin | | | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 14
2019-11-23 - 17:14

M czyzn, 200m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-----------------------|-------|---------------------|------------|
| RP Open | 1:41.62 | MAJCHRZAK Kacper | 00115 | Berlin (GER) | 2017-08-07 |
| RP 19 - 23 | 1:42.76 | MAJCHRZAK Kacper | 00115 | Lublin | 2015-12-20 |
| RP 18 | 1:43.99 | KRASKA Jakub | 02305 | Lublin | 2019-03-19 |
| RP 17 | 1:44.64 | STOKOWSKI Kacper | | Olsztyn | 2016-12-02 |
| RP 16 | 1:46.94 | WERNER Paweł | 00101 | Gorzow Wielkopolski | 2009-11-29 |
| RP 15 | 1:48.55 | ORLICZ Filip | 05114 | Poznan | 2017-11-26 |
| RP 14 | 1:51.15 | MATUSZEWSKI Krzysztof | 00802 | Olsztyn | 2018-12-14 |

Punkty: FINA 2019

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | | |
|------------------------|---|------|------------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | MAJCHRZAK Kacper | 92 | KS Warta Pozna | 1:43.21 | 892 | 24.30 | 26.66 | 26.36 | 25.89 |
| | <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow</i> | | | | | | | | |
| 2. | KRASKA Jakub | 00 | AZS Łód | 1:43.47 | 885 | 24.30 | 26.54 | 26.91 | 25.72 |
| | <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow</i> | | | | | | | | |
| 3. | STOKOWSKI Kacper | 99 | UKS G-8 Bielany Warszawa | 1:45.04 | 846 | 24.60 | 26.99 | 26.50 | 26.95 |
| 4. | KAROLCZAK Jan | 01 | UKS G-8 Bielany Warszawa | 1:46.58 | 810 | 24.95 | 27.33 | 26.98 | 27.32 |
| 5. | WITKOWSKI Jan | 94 | KU AZS UMCS Lublin | 1:47.48 | 790 | 25.18 | 27.04 | 27.38 | 27.88 |
| 6. | ZABOROWSKI Filip | 94 | MKP Szczecin | 1:47.81 | 783 | 25.51 | 27.18 | 27.50 | 27.62 |
| 7. | CHRZANOWSKI Damian | 98 | WKS I sk Wrocław | 1:49.17 | 754 | 25.25 | 28.00 | 28.25 | 27.67 |
| 8. | KAŁU Y SKI Antoni | 99 | Mokotowski UKP Warszawa | 1:49.25 | 752 | 25.75 | 28.13 | 28.34 | 27.03 |
| 9. | BUTKIEWICZ Cezary | 00 | UKP „Polonia Warszawa” | 1:50.33 | 730 | 25.67 | 27.94 | 28.13 | 28.59 |
| 10. | PIOTROWSKI Kacper | 01 | UKS G-8 Bielany Warszawa | 1:50.52 | 726 | 25.80 | 28.13 | 28.79 | 27.80 |
| 11. | HOŁUB Jan | 96 | KU AZS UMCS Lublin | 1:50.55 | 726 | 25.84 | 27.87 | 28.78 | 28.06 |
| 12. | KOMOROWSKI Jan | 01 | MKS Trójka Łód | 1:50.61 | 725 | 25.76 | 28.14 | 28.67 | 28.04 |
| 13. | BUJAK Dominik | 99 | St. Lok. SALOS Cortile Kielc | 1:50.79 | 721 | 26.33 | 28.34 | 28.37 | 27.75 |
| 14. | KLICH Kacper | 94 | KU AZS UMCS Lublin | 1:51.20 | 713 | 25.92 | 28.19 | 28.55 | 28.54 |
| 15. | KA MIERCZAK Bruno | 02 | UKS GOS Raszyn | 1:51.24 | 712 | 24.53 | 27.63 | 29.28 | 29.80 |
| 16. | JA KIEWICZ Adrian | 02 | UKS G-8 Bielany Warszawa | 1:51.65 | 705 | 26.70 | 28.13 | 28.56 | 28.26 |
| 17. | WYSOCZY SKI Mateusz | 93 | KU AZS AGH Kraków | 1:51.71 | 703 | 25.65 | 28.74 | 28.95 | 28.37 |
| 18. | WARZOCHA Albert | 01 | Uks Cityzen | 1:51.79 | 702 | 25.89 | 28.52 | 28.88 | 28.50 |
| 19. | KA MIERCZAK Wojciech | 97 | Mokotowski UKP Warszawa | 1:52.14 | 695 | 25.84 | 28.34 | 29.22 | 28.74 |
| 20. | GUZIOR Maciej | 00 | WKS I sk Wrocław | 1:52.36 | 691 | 25.76 | 28.27 | 29.22 | 29.11 |
| 21. | DERE Kacper | 98 | WKS I sk Wrocław | 1:52.72 | 685 | 25.77 | 28.35 | 29.28 | 29.32 |
| 22. | SZWEDZKI Dawid | 94 | WKS I sk Wrocław | 1:53.15 | 677 | 26.44 | 28.70 | 29.40 | 28.61 |
| 23. | MATUSZEWSKI Krzysztof | 04 | UKP „Polonia Warszawa” | 1:53.68 | 667 | 26.41 | 28.93 | 28.87 | 29.47 |
| 24. | KACZOROWSKI Jakub | 97 | UKS G-8 Bielany Warszawa | 1:53.73 | 667 | 26.68 | 28.66 | 29.27 | 29.12 |
| 25. | MELINDER Martin | 01 | VSS VASBY | 1:53.78 | 666 | 26.86 | 28.44 | 29.33 | 29.15 |
| 26. | URBA SKI Michał | 01 | KS Delfin Gdynia | 1:54.11 | 660 | 26.95 | 28.22 | 29.46 | 29.48 |
| 27. | MIKOŁAJCZYK Michał | 99 | WKS I sk Wrocław | 1:54.13 | 660 | 25.74 | 28.74 | 30.13 | 29.52 |
| 28. | KUSI SKI Aleksy | 02 | MKS Jedynka Łód | 1:54.22 | 658 | 25.75 | 28.49 | 29.62 | 30.36 |
| 29. | ZDYBEL Adam | 05 | KS Delfin Gdynia | 1:54.24 | 658 | 27.00 | 29.15 | 29.40 | 28.69 |
| 30. | CHODULSKI Jakub | 00 | KU AZS UMCS Lublin | 1:54.28 | 657 | 26.75 | 29.04 | 29.39 | 29.10 |
| 31. | BIAŁECKI Jan | 02 | Mokotowski UKP Warszawa | 1:54.34 | 656 | 25.93 | 29.17 | 29.79 | 29.45 |
| 32. | BUJAK Piotr | 97 | St. Lok. SALOS Cortile Kielc | 1:54.38 | 655 | 26.28 | 28.76 | 29.73 | 29.61 |
| 33. | CIASTO Sebastian | 99 | AZS AWF Katowice | 1:54.39 | 655 | 26.90 | 28.99 | 29.28 | 29.22 |
| 34. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 1:54.49 | 653 | 26.33 | 28.36 | 29.43 | 30.37 |
| 35. | CHYRCHAŁA Rafał | 02 | UKS „ORKA” Zamo | 1:54.62 | 651 | 26.64 | 28.98 | 29.64 | 29.36 |
| 36. | WODY SKI Bartosz | 02 | KU AZS Politechniki Łódzkiej | 1:54.64 | 651 | 27.27 | 28.99 | 29.22 | 29.16 |
| 37. | WO NIAK Maciej | 00 | UKS 190 Łód | 1:54.92 | 646 | 26.31 | 29.17 | 29.93 | 29.51 |
| 38. | KAMINIARZ Jakub | 96 | UKS G-8 Bielany Warszawa | 1:55.04 | 644 | 27.12 | 29.50 | 29.66 | 28.76 |
| 39. | OLCZAK Kacper | 04 | MKS Trójka Łód | 1:55.09 | 643 | 26.47 | 29.58 | 29.70 | 29.34 |
| 40. | STENSSON Erik | 02 | SS VAERMAMO | 1:55.23 | 641 | 26.59 | 28.98 | 29.99 | 29.67 |
| 41. | KRZYKAŁA Emil | 01 | KP AVIA widnik | 1:55.55 | 635 | 27.11 | 28.97 | 29.88 | 29.59 |
| 42. | KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 1:55.63 | 634 | 27.19 | 29.77 | 28.93 | 29.74 |
| 43. | ŁANGOWSKI Maciej | 02 | KS Posnania Pozna | 1:55.82 | 631 | 26.72 | 29.76 | 30.04 | 29.30 |
| 44. | POWRO NIK Konrad | 97 | WKS I sk Wrocław | 1:55.84 | 631 | 26.91 | 29.07 | 29.70 | 30.16 |
| 45. | KORONA Kacper | 03 | MKP Szczecin | 1:55.86 | 630 | 27.36 | 29.53 | 29.70 | 29.27 |
| 46. | OLLER Krzysztof | 00 | KU AZS UMCS Lublin | 1:55.97 | 629 | 27.47 | 29.51 | 29.85 | 29.14 |
| 47. | HANSSON Eric | 02 | VSS VASBY | 1:56.27 | 624 | 26.84 | 29.16 | 30.23 | 30.04 |

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Pozna , 23- - 24-11-2019

Konkurencja 14, M czynn, 200m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas Pkt. | 50m | 100m | 150m | 200m |
|---------|-----------------------|---------------------------------|--------------------|-------|-------|-------|-------|
| 48. | MICHALSKI Wojciech | 01 MKP Szczecin | 1:56.55 619 | 27.20 | 29.64 | 30.13 | 29.58 |
| 49. | WI NIEWSKI Adam | 03 UKS „GIM 92 Ursynów" | 1:56.57 619 | 26.43 | 29.67 | 29.96 | 30.51 |
| 50. | STEFA SKI Patryk | 03 KS KSZO Ostrowiec w. | 1:56.60 618 | 27.44 | 29.88 | 30.36 | 28.92 |
| 51. | PŁOSZKA Kacper | 05 MKS Jedyńka Łód | 1:56.85 615 | 27.56 | 29.96 | 29.89 | 29.44 |
| 52. | BRU DZIAK Maciej | 98 Uks Cityzen | 1:56.86 614 | 26.79 | 29.62 | 30.62 | 29.83 |
| 53. | WŁODARCZYK Maciej | 99 AZS AWF Warszawa | 1:57.02 612 | 26.92 | 29.45 | 30.29 | 30.36 |
| 54. | KUREK Jakub | 01 MKP Szczecin | 1:57.07 611 | 25.90 | 29.13 | 30.59 | 31.45 |
| 55. | DUDEK Kacper | 02 KS Warta Pozna | 1:57.18 609 | 26.51 | 29.25 | 30.34 | 31.08 |
| 56. | GORRA Mikołaj | 03 MKP Szczecin | 1:57.30 607 | 27.06 | 30.14 | 30.70 | 29.40 |
| 57. | DEMBSKI-KORNAGA Eryk | 02 MKP Szczecin | 1:57.72 601 | 27.32 | 29.69 | 30.36 | 30.35 |
| 58. | J DRYCH Krzysztof | 04 KS Posenania Pozna | 1:57.81 600 | 27.47 | 30.58 | 30.67 | 29.09 |
| 59. | DOBRINDT Mikołaj | 03 MUKS "Pi tnastka" | 1:58.03 596 | 27.63 | 30.35 | 30.47 | 29.58 |
| 60. | MY LIWIEC Bartosz | 04 MKP Szczecin | 1:58.04 596 | 27.22 | 30.11 | 30.69 | 30.02 |
| 61. | KADROW Konrad | 97 KU AZS UMCS Lublin | 1:58.08 595 | 27.64 | 29.60 | 30.74 | 30.10 |
| 62. | JAWORSKI Norbert | 98 KU AZS UMCS Lublin | 1:58.30 592 | 27.56 | 29.70 | 30.49 | 30.55 |
| 63. | WLAZŁOWSKI Kamil | 03 UKP „Polonia Warszawa" | 1:58.57 588 | 27.47 | 29.93 | 30.72 | 30.45 |
| 64. | WO NY Wiktor | 01 UKS Shark Rudna | 1:58.62 587 | 27.19 | 30.23 | 30.84 | 30.36 |
| 65. | KOWALSKI Marek | 03 SMS Zielona Góra | 1:58.79 585 | 27.39 | 29.82 | 30.67 | 30.91 |
| 66. | GRZYBOWSKI Artur | 01 MKP Szczecin | 1:58.82 584 | 27.84 | 30.18 | 30.84 | 29.96 |
| 67. | WALCZYNSKO Jakub | 00 KU AZS AGH Kraków | 1:59.19 579 | 27.83 | 30.18 | 30.77 | 30.41 |
| 68. | CZERWI SKI Łukasz | 01 UKS G-8 Bielany Warszawa | 1:59.31 577 | 26.38 | 29.40 | 31.66 | 31.87 |
| 69. | GÖRANSSON Carl | 00 VSS VASBY | 1:59.33 577 | 27.53 | 30.14 | 30.89 | 30.77 |
| 70. | SVENSSON Noah | 99 SS VAERMAMO | 1:59.49 575 | 27.89 | 30.53 | 30.69 | 30.38 |
| 71. | BRANDT Simon | 00 VSS VASBY | 1:59.53 574 | 27.62 | 30.43 | 30.66 | 30.82 |
| 72. | ZIELI SKI Patryk | 02 KS Posenania Pozna | 1:59.70 572 | 26.96 | 30.92 | 31.40 | 30.42 |
| 73. | BOROWSKI Jakub | 02 St. Lok. SALOS Cortile Kielc | 1:59.90 569 | 27.72 | 30.10 | 31.27 | 30.81 |
| 74. | BIAŁEK Paweł | 04 UKS G-8 Bielany Warszawa | 2:00.14 565 | 27.60 | 30.84 | 31.22 | 30.48 |
| 75. | RAJCA Wiktor | 02 KS KSZO Ostrowiec w. | 2:00.25 564 | 28.37 | 30.23 | 31.15 | 30.50 |
| 76. | BARCZYK Jan | 03 UKS G-8 Bielany Warszawa | 2:00.32 563 | 27.55 | 30.31 | 31.58 | 30.88 |
| 77. | DOPIERAŁA Tytus | 03 KS Warta Pozna | 2:00.73 557 | 27.53 | 30.74 | 31.57 | 30.89 |
| 78. | WYSOCKI Piotr | 04 KS Warta Pozna | 2:00.80 556 | 27.45 | 30.05 | 31.15 | 32.15 |
| 79. | JASIONOWSKI Mikołaj | 01 SMS Zielona Góra | 2:00.85 555 | 27.69 | 30.61 | 31.29 | 31.26 |
| 80. | TKACZ Wiktor | 05 MKS Piaseczno | 2:00.87 555 | 26.42 | 30.26 | 32.73 | 31.46 |
| 81. | MAKOWSKI Dominik | 03 KS Warta Pozna | 2:01.40 548 | 28.09 | 31.10 | 31.60 | 30.61 |
| 82. | ROGUSKI Mateusz | 03 UKP „Polonia Warszawa" | 2:01.47 547 | 27.62 | 30.54 | 31.67 | 31.64 |
| 83. | WOGA Hubert | 04 SMS Zielona Góra | 2:01.49 547 | 27.78 | 31.03 | 32.29 | 30.39 |
| 84. | JASI SKI Jakub | 03 MKS Jedyńka Łód | 2:01.50 547 | 28.25 | 30.90 | 31.34 | 31.01 |
| 85. | KIEŁCZEWSKI Amadeusz | 00 MKP Szczecin | 2:01.54 546 | 26.57 | 30.42 | 32.13 | 32.42 |
| 86. | BEDNAREK Przemysław | 04 UKS G-8 Bielany Warszawa | 2:01.57 546 | 27.93 | 30.41 | 31.73 | 31.50 |
| 87. | SKÓRA Bartosz | 03 UKS Pi tka Konstanyńów | 2:01.59 545 | 27.37 | 30.86 | 32.30 | 31.06 |
| 88. | KOPROWSKI Aleksander | 03 Uks Cityzen | 2:01.64 545 | 28.49 | 30.98 | 31.68 | 30.49 |
| 89. | WIECZORKOWSKI Nikodem | 04 UKS „Dwójka" Tczew | 2:01.65 545 | 28.33 | 31.00 | 31.57 | 30.75 |
| 90. | KRUSZEWSKI Adrian | 04 MTKP Delfin Toru | 2:01.71 544 | 27.77 | 30.78 | 31.74 | 31.42 |
| 91. | DEPA Mateusz | 04 KS Posenania Pozna | 2:01.78 543 | 28.55 | 31.40 | 31.22 | 30.61 |
| 92. | KLISZ Krystian | 02 MKP Szczecin | 2:01.82 542 | 28.08 | 30.85 | 31.91 | 30.98 |
| 93. | GULI SKI Maciej | 04 UKP „Polonia Warszawa" | 2:01.94 541 | 28.21 | 31.75 | 31.51 | 30.47 |
| 94. | ZIMNIAK Szymon | 01 UKS Fala Swarz dz | 2:02.03 539 | 27.51 | 29.95 | 31.36 | 33.21 |
| 95. | KRASICKI Artur | 95 KP Delfin Inowrocław | 2:02.10 539 | 28.30 | 31.11 | 31.84 | 30.85 |
| 96. | DOKTÓR Mateusz | 05 MKP „SŁOWIANKA" Gorzów | 2:02.14 538 | 27.95 | 30.88 | 32.46 | 30.85 |
| 97. | ZIEMBOWICZ Franciszek | 04 UKS G-8 Bielany Warszawa | 2:02.59 532 | 27.46 | 30.45 | 32.18 | 32.50 |
| 98. | KARDOLI SKI Łukasz | 03 Kaliski Klub Sportowy „Włó | 2:02.74 530 | 27.61 | 31.48 | 32.50 | 31.15 |
| 99. | BORZYMEK Hubert | 02 Mokotowski UKP Warszawi | 2:02.84 529 | 28.50 | 30.72 | 31.59 | 32.03 |
| 100. | SIMONSSON Ivar | 02 VSS VASBY | 2:03.45 521 | 28.77 | 31.52 | 32.00 | 31.16 |
| 101. | PACŁAWSKI Jakub | 00 KU AZS UMCS Lublin | 2:03.46 521 | 28.66 | 31.11 | 31.90 | 31.79 |
| | J DRYKA Nikodem | 04 MKS Trójka Łód | 2:03.46 521 | 28.38 | 31.65 | 31.94 | 31.49 |
| 103. | KRUPI SKI Wojciech | 03 KS Posenania Pozna | 2:03.72 518 | 28.04 | 31.82 | 32.47 | 31.39 |
| 104. | PI TKA Hubert | 04 MKP Szczecin | 2:04.00 514 | 28.28 | 31.16 | 32.48 | 32.08 |
| 105. | DZIEWGU Benjamin | 05 MKS Piaseczno | 2:04.09 513 | 28.25 | 31.94 | 32.72 | 31.18 |
| 106. | WRZOSEK Bartosz | 04 UKS G-8 Bielany Warszawa | 2:04.11 513 | 28.12 | 31.32 | 32.57 | 32.10 |
| 107. | DREWEK Jakub | 05 UKS „Dwójka" Tczew | 2:04.24 511 | 29.06 | 31.87 | 32.08 | 31.23 |
| 108. | WIELGUS Kacper | 01 KS Posenania Pozna | 2:04.50 508 | 27.80 | 31.87 | 32.84 | 31.99 |

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Konkurencja 14, M czynn, 200m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|-----------------------|-----------------------------|----------------|------|-------|-------|-------|-------|
| 109. | KUREK Alan | 04 MKP Szczecin | 2:04.65 | 506 | 27.97 | 31.07 | 33.08 | 32.53 |
| 110. | PIE KOWSKI Bartłomiej | 05 MKP Szczecin | 2:04.71 | 505 | 27.64 | 31.40 | 33.30 | 32.37 |
| 111. | OSSOWSKI Damian | 02 MKS SP 63 Bydgoszcz | 2:04.80 | 504 | 28.91 | 31.52 | 32.07 | 32.30 |
| 112. | KUPCEWICZ Kajetan | 03 MKS SP 63 Bydgoszcz | 2:04.82 | 504 | 28.11 | 31.62 | 32.45 | 32.64 |
| 113. | PIECHOTA Bartłomiej | 04 UKS Pi tka Konstantynów | 2:04.94 | 503 | 28.48 | 31.81 | 32.52 | 32.13 |
| 114. | KAJA Bła ej | 05 MKP „SŁOWIANKA” Gorzów | 2:05.35 | 498 | 27.69 | 31.93 | 33.22 | 32.51 |
| | BRO CZYK Hubert | 04 MTKP Delfin Toru | 2:05.35 | 498 | 28.38 | 31.89 | 33.45 | 31.63 |
| 116. | LOCHERT Dorian | 05 MKP „SŁOWIANKA” Gorzów | 2:05.91 | 491 | 28.90 | 31.80 | 33.12 | 32.09 |
| 117. | MOCHNAL Kacper | 05 MKS Jedylna Łód | 2:06.22 | 487 | 29.40 | 32.80 | 32.47 | 31.55 |
| 118. | SOBIESZEK Franciszek | 05 MKS Piaseczno | 2:06.36 | 486 | 28.33 | 32.39 | 33.31 | 32.33 |
| 119. | DWYER Vincent John | 02 Mokotowski UKP Warszawa | 2:06.48 | 484 | 27.43 | 31.19 | 33.90 | 33.96 |
| 120. | J DRZEJKIEWICZ Ignacy | 04 UKS „GIM 92 Ursynów” | 2:06.57 | 483 | 28.73 | 33.08 | 33.03 | 31.73 |
| 121. | POGODA Krzysztof | 05 MKS Jedylna Łód | 2:06.58 | 483 | 29.06 | 32.33 | 33.32 | 31.87 |
| 122. | KRASOWSKI Krzysztof | 04 KS Delfin Gdynia | 2:06.89 | 480 | 29.31 | 31.86 | 33.16 | 32.56 |
| | SOKOŁOWSKI Fabian | 03 UKP „Polonia Warszawa” | 2:06.89 | 480 | 29.59 | 31.92 | 32.20 | 33.18 |
| 124. | TRAFAS Tytus | 04 KS Warta Pozna | 2:07.69 | 471 | 28.76 | 31.85 | 33.75 | 33.33 |
| 125. | JANECZEK Stanisław | 04 MUKS "Pi tnastka" | 2:07.73 | 470 | 29.05 | 31.91 | 33.34 | 33.43 |
| 126. | AJTEL Jakub | 03 Dwójka Morena Gda sk | 2:07.89 | 469 | 30.46 | 33.24 | 33.68 | 30.51 |
| 127. | OKO Maksymilian | 05 UKS „GIM 92 Ursynów” | 2:08.03 | 467 | 29.31 | 32.44 | 33.39 | 32.89 |
| 128. | MORDZONEK Mateusz | 01 Mokotowski UKP Warszawa | 2:08.12 | 466 | 29.34 | 32.54 | 33.71 | 32.53 |
| 129. | BRUS Marcel | 03 KS OLIMPIA Lublin | 2:08.17 | 466 | 28.40 | 32.68 | 33.69 | 33.40 |
| 130. | LASIK Olgierd | 05 KU AZS UAM Pozna | 2:08.32 | 464 | 29.21 | 32.98 | 33.85 | 32.28 |
| 131. | WENERSKI Eryk | 05 UKP „Polonia Warszawa” | 2:08.42 | 463 | 30.18 | 33.06 | 32.94 | 32.24 |
| 132. | GOŁY SKI Michał | 05 UKS „GIM 92 Ursynów” | 2:08.45 | 462 | 29.97 | 32.74 | 32.99 | 32.75 |
| 133. | GRUBA Szymon | 05 MUKS "Pi tnastka" | 2:08.49 | 462 | 28.56 | 32.85 | 33.68 | 33.40 |
| 134. | PISA SKI Michał | 05 Dwójka Morena Gda sk | 2:09.53 | 451 | 30.16 | 33.98 | 33.85 | 31.54 |
| 135. | HORBATY Klaudiusz | 02 UKS „GIM 92 Ursynów” | 2:09.81 | 448 | 29.20 | 32.46 | 34.16 | 33.99 |
| 136. | KUBIAK Norbert | 02 KS Warta Pozna | 2:09.91 | 447 | 28.54 | 32.41 | 33.61 | 35.35 |
| 137. | CEMPURA Kamil | 05 KS Posenania Pozna | 2:09.92 | 447 | 29.65 | 32.92 | 34.20 | 33.15 |
| 138. | MARUWKA Bruno | 03 UPKS Wodnik Rawicz | 2:09.93 | 447 | 28.42 | 32.49 | 34.07 | 34.95 |
| 139. | DEREK Szymon | 04 KS Warta Pozna | 2:09.94 | 447 | 30.27 | 32.81 | 33.84 | 33.02 |
| 140. | JANCZYLIK Aleksander | 04 KS Delfin Gdynia | 2:10.07 | 445 | 29.10 | 33.13 | 34.07 | 33.77 |
| 141. | GOTOWSKI Dominik | 02 UKS G-8 Bielany Warszawa | 2:10.45 | 442 | 26.68 | 32.46 | 36.10 | 35.21 |
| 142. | WŁODARCZYK Bartłomiej | 05 MKS Piast Głogów | 2:10.51 | 441 | 29.99 | 33.02 | 34.05 | 33.45 |
| 143. | SZCZEPANIAK Kacper | 04 MKP Szczecin | 2:11.22 | 434 | 30.36 | 32.82 | 33.97 | 34.07 |
| 144. | KEMPIAK Bartosz | 05 MKP „SŁOWIANKA” Gorzów | 2:12.15 | 425 | 29.47 | 33.29 | 34.72 | 34.67 |
| 145. | MŁYNARCZYK Mateusz | 04 MKS Jedylna Łód | 2:12.72 | 419 | 29.96 | 34.15 | 34.69 | 33.92 |
| 146. | PRZYGOCKI Dawid | 04 MTKP Delfin Toru | 2:13.24 | 414 | 30.05 | 34.28 | 35.59 | 33.32 |
| 147. | RZEPKA Jakub | 05 UKS „Dwójka” Tczew | 2:14.04 | 407 | 30.81 | 34.16 | 34.62 | 34.45 |
| 148. | UKOWSKI Antoni | 05 MUKS "Pi tnastka" | 2:14.83 | 400 | 31.09 | 34.62 | 35.90 | 33.22 |
| 149. | SKOKOWSKI Maciej | 05 MKS Piast Głogów | 2:15.55 | 393 | 30.57 | 34.48 | 35.34 | 35.16 |
| 150. | KUBIAK Kuba | 05 Dwójka Morena Gda sk | 2:17.17 | 380 | 30.71 | 35.06 | 35.99 | 35.41 |
| 151. | HŁASKO Wojciech | 05 Dwójka Morena Gda sk | 2:18.05 | 372 | 29.99 | 34.67 | 36.77 | 36.62 |
| 152. | PISZCZAŁA Marcel | 05 MUKS Wodnik Łask | 2:18.41 | 370 | 30.77 | 36.65 | 36.17 | 34.82 |
| 153. | HORBACZEWSKI Grzegorz | 05 Dwójka Morena Gda sk | 2:19.94 | 358 | 31.07 | 35.98 | 37.13 | 35.76 |
| 154. | LE NIEWSKI Patryk | 03 UKS Pi tka Konstantynów | 2:21.20 | 348 | 25.56 | 41.99 | 39.40 | 34.25 |
| 155. | MOLGA Marcin | 05 Dwójka Morena Gda sk | 2:23.07 | 335 | 32.80 | 36.07 | 37.17 | 37.03 |
| 156. | MATOFIJ Mikołaj | 05 UKS Siódemka Gdynia | 2:24.00 | 328 | 32.64 | 36.62 | 38.37 | 36.37 |
| 157. | KOZANECKI Paweł | 05 KS Posenania Pozna | 2:24.93 | 322 | 30.91 | 37.28 | 39.16 | 37.58 |
| 158. | KUNKEL Tymoteusz | 05 Dwójka Morena Gda sk | 2:42.29 | 229 | 37.61 | 42.08 | 43.23 | 39.37 |
| | NW TOMCZAK Miłosz | 05 KS Posenania Pozna | | | | | | |
| | NW ORLICZ Filip | 02 UKS G-8 Bielany Warszawa | | | | | | |
| | NW HEBEL Maciej | 05 UKS abianka Gda sk | | | | | | |

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Konkurencja 14, M czynn, 200m dowolny

14 lat

| | | | | | | | | | |
|-----|-----------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | ZDYBEL Adam | 05 | KS Delfin Gdynia | 1:54.24 | 658 | 27.00 | 29.15 | 29.40 | 28.69 |
| 2. | PŁOSZKA Kacper | 05 | MKS Jedyńka Łód | 1:56.85 | 615 | 27.56 | 29.96 | 29.89 | 29.44 |
| 3. | TKACZ Wiktor | 05 | MKS Piaseczno | 2:00.87 | 555 | 26.42 | 30.26 | 32.73 | 31.46 |
| 4. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów | 2:02.14 | 538 | 27.95 | 30.88 | 32.46 | 30.85 |
| 5. | DZIEWGU Benjamin | 05 | MKS Piaseczno | 2:04.09 | 513 | 28.25 | 31.94 | 32.72 | 31.18 |
| 6. | DREWEK Jakub | 05 | UKS „Dwójka" Tczew | 2:04.24 | 511 | 29.06 | 31.87 | 32.08 | 31.23 |
| 7. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 2:04.71 | 505 | 27.64 | 31.40 | 33.30 | 32.37 |
| 8. | KAJA Bła ej | 05 | MKP „SŁOWIANKA" Gorzów | 2:05.35 | 498 | 27.69 | 31.93 | 33.22 | 32.51 |
| 9. | LOCHERT Dorian | 05 | MKP „SŁOWIANKA" Gorzów | 2:05.91 | 491 | 28.90 | 31.80 | 33.12 | 32.09 |
| 10. | MOCHNAL Kacper | 05 | MKS Jedyńka Łód | 2:06.22 | 487 | 29.40 | 32.80 | 32.47 | 31.55 |
| 11. | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 2:06.36 | 486 | 28.33 | 32.39 | 33.31 | 32.33 |
| 12. | POGODA Krzysztof | 05 | MKS Jedyńka Łód | 2:06.58 | 483 | 29.06 | 32.33 | 33.32 | 31.87 |
| 13. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów" | 2:08.03 | 467 | 29.31 | 32.44 | 33.39 | 32.89 |
| 14. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 2:08.32 | 464 | 29.21 | 32.98 | 33.85 | 32.28 |
| 15. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa" | 2:08.42 | 463 | 30.18 | 33.06 | 32.94 | 32.24 |
| 16. | GOLY SKI Michał | 05 | UKS „GIM 92 Ursynów" | 2:08.45 | 462 | 29.97 | 32.74 | 32.99 | 32.75 |
| 17. | GRUBA Szymon | 05 | MUKS "Pi tnastka" | 2:08.49 | 462 | 28.56 | 32.85 | 33.68 | 33.40 |
| 18. | PISA SKI Michał | 05 | Dwójka Morena Gda sk | 2:09.53 | 451 | 30.16 | 33.98 | 33.85 | 31.54 |
| 19. | CEMPURA Kamil | 05 | KS Poznania Pozna | 2:09.92 | 447 | 29.65 | 32.92 | 34.20 | 33.15 |
| 20. | WŁODARCZYK Bartłomiej | 05 | MKS Piast Głogów | 2:10.51 | 441 | 29.99 | 33.02 | 34.05 | 33.45 |
| 21. | KEMPIAK Bartosz | 05 | MKP „SŁOWIANKA" Gorzów | 2:12.15 | 425 | 29.47 | 33.29 | 34.72 | 34.67 |
| 22. | RZEPKA Jakub | 05 | UKS „Dwójka" Tczew | 2:14.04 | 407 | 30.81 | 34.16 | 34.62 | 34.45 |
| 23. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | 2:14.83 | 400 | 31.09 | 34.62 | 35.90 | 33.22 |
| 24. | SKOKOWSKI Maciej | 05 | MKS Piast Głogów | 2:15.55 | 393 | 30.57 | 34.48 | 35.34 | 35.16 |
| 25. | KUBIAK Kuba | 05 | Dwójka Morena Gda sk | 2:17.17 | 380 | 30.71 | 35.06 | 35.99 | 35.41 |
| 26. | HŁASKO Wojciech | 05 | Dwójka Morena Gda sk | 2:18.05 | 372 | 29.99 | 34.67 | 36.77 | 36.62 |
| 27. | PISZCZAŁA Marcel | 05 | MUKS Wodnik Łask | 2:18.41 | 370 | 30.77 | 36.65 | 36.17 | 34.82 |
| 28. | HORBACZEWSKI Grzegorz | 05 | Dwójka Morena Gda sk | 2:19.94 | 358 | 31.07 | 35.98 | 37.13 | 35.76 |
| 29. | MOLGA Marcin | 05 | Dwójka Morena Gda sk | 2:23.07 | 335 | 32.80 | 36.07 | 37.17 | 37.03 |
| 30. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 2:24.00 | 328 | 32.64 | 36.62 | 38.37 | 36.37 |
| 31. | KOZANECKI Paweł | 05 | KS Poznania Pozna | 2:24.93 | 322 | 30.91 | 37.28 | 39.16 | 37.58 |
| 32. | KUNKEL Tymoteusz | 05 | Dwójka Morena Gda sk | 2:42.29 | 229 | 37.61 | 42.08 | 43.23 | 39.37 |
| NW | TOMCZAK Miłosz | 05 | KS Poznania Pozna | | | | | | |
| NW | HEBEL Maciej | 05 | UKS abianka Gda sk | | | | | | |

15 lat

| | | | | | | | | | |
|-----|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | MATUSZEWSKI Krzysztof | 04 | UKP „Polonia Warszawa" | 1:53.68 | 667 | 26.41 | 28.93 | 28.87 | 29.47 |
| 2. | OLCZAK Kacper | 04 | MKS Trójka Łód | 1:55.09 | 643 | 26.47 | 29.58 | 29.70 | 29.34 |
| 3. | J DRYCH Krzysztof | 04 | KS Poznania Pozna | 1:57.81 | 600 | 27.47 | 30.58 | 30.67 | 29.09 |
| 4. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 1:58.04 | 596 | 27.22 | 30.11 | 30.69 | 30.02 |
| 5. | BIAŁEK Paweł | 04 | UKS G-8 Bielany Warszawa | 2:00.14 | 565 | 27.60 | 30.84 | 31.22 | 30.48 |
| 6. | WYSOCKI Piotr | 04 | KS Warta Pozna | 2:00.80 | 556 | 27.45 | 30.05 | 31.15 | 32.15 |
| 7. | WOGA Hubert | 04 | SMS Zielona Góra | 2:01.49 | 547 | 27.78 | 31.03 | 32.29 | 30.39 |
| 8. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 2:01.57 | 546 | 27.93 | 30.41 | 31.73 | 31.50 |
| 9. | WIECZORKOWSKI Nikodem | 04 | UKS „Dwójka" Tczew | 2:01.65 | 545 | 28.33 | 31.00 | 31.57 | 30.75 |
| 10. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 2:01.71 | 544 | 27.77 | 30.78 | 31.74 | 31.42 |
| 11. | DEPA Mateusz | 04 | KS Poznania Pozna | 2:01.78 | 543 | 28.55 | 31.40 | 31.22 | 30.61 |
| 12. | GULI SKI Maciej | 04 | UKP „Polonia Warszawa" | 2:01.94 | 541 | 28.21 | 31.75 | 31.51 | 30.47 |
| 13. | ZIEMBOWICZ Franciszek | 04 | UKS G-8 Bielany Warszawa | 2:02.59 | 532 | 27.46 | 30.45 | 32.18 | 32.50 |
| 14. | J DRYKA Nikodem | 04 | MKS Trójka Łód | 2:03.46 | 521 | 28.38 | 31.65 | 31.94 | 31.49 |
| 15. | PI TKA Hubert | 04 | MKP Szczecin | 2:04.00 | 514 | 28.28 | 31.16 | 32.48 | 32.08 |
| 16. | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 2:04.11 | 513 | 28.12 | 31.32 | 32.57 | 32.10 |
| 17. | KUREK Alan | 04 | MKP Szczecin | 2:04.65 | 506 | 27.97 | 31.07 | 33.08 | 32.53 |
| 18. | PIECHOTA Bartłomiej | 04 | UKS Pi tka Konstantynów | 2:04.94 | 503 | 28.48 | 31.81 | 32.52 | 32.13 |
| 19. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 2:05.35 | 498 | 28.38 | 31.89 | 33.45 | 31.63 |
| 20. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów" | 2:06.57 | 483 | 28.73 | 33.08 | 33.03 | 31.73 |
| 21. | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | 2:06.89 | 480 | 29.31 | 31.86 | 33.16 | 32.56 |
| 22. | TRAFAS Tytus | 04 | KS Warta Pozna | 2:07.69 | 471 | 28.76 | 31.85 | 33.75 | 33.33 |
| 23. | JANECZEK Stanisław | 04 | MUKS "Pi tnastka" | 2:07.73 | 470 | 29.05 | 31.91 | 33.34 | 33.43 |
| 24. | DEREK Szymon | 04 | KS Warta Pozna | 2:09.94 | 447 | 30.27 | 32.81 | 33.84 | 33.02 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 14, Chłopców, 200m dowolny, 15 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|--------------------------|---------|------------------|----------------|-----|-------|-------|-------|-------|
| 25. JANCZYLIK Aleksander | 04 | KS Delfin Gdynia | 2:10.07 | 445 | 29.10 | 33.13 | 34.07 | 33.77 |
| 26. SZCZEPANIAK Kacper | 04 | MKP Szczecin | 2:11.22 | 434 | 30.36 | 32.82 | 33.97 | 34.07 |
| 27. MŁYNARCZYK Mateusz | 04 | MKS Jedyńka Łód | 2:12.72 | 419 | 29.96 | 34.15 | 34.69 | 33.92 |
| 28. PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 2:13.24 | 414 | 30.05 | 34.28 | 35.59 | 33.32 |

16 lat

| | | | | | | | | |
|--------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. KORONA Kacper | 03 | MKP Szczecin | 1:55.86 | 630 | 27.36 | 29.53 | 29.70 | 29.27 |
| 2. WI NIEWSKI Adam | 03 | UKS „GIM 92 Ursynów" | 1:56.57 | 619 | 26.43 | 29.67 | 29.96 | 30.51 |
| 3. STEFA SKI Patryk | 03 | KS KSZO Ostrowiec w. | 1:56.60 | 618 | 27.44 | 29.88 | 30.36 | 28.92 |
| 4. GORRA Mikołaj | 03 | MKP Szczecin | 1:57.30 | 607 | 27.06 | 30.14 | 30.70 | 29.40 |
| 5. DOBRINDT Mikołaj | 03 | MUKS "Pi tnastka" | 1:58.03 | 596 | 27.63 | 30.35 | 30.47 | 29.58 |
| 6. WLAŻŁOWSKI Kamil | 03 | UKP „Polonia Warszawa" | 1:58.57 | 588 | 27.47 | 29.93 | 30.72 | 30.45 |
| 7. KOWALSKI Marek | 03 | SMS Zielona Góra | 1:58.79 | 585 | 27.39 | 29.82 | 30.67 | 30.91 |
| 8. BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 2:00.32 | 563 | 27.55 | 30.31 | 31.58 | 30.88 |
| 9. DOPIERAŁA Tytus | 03 | KS Warta Pozna | 2:00.73 | 557 | 27.53 | 30.74 | 31.57 | 30.89 |
| 10. MAKOWSKI Dominik | 03 | KS Warta Pozna | 2:01.40 | 548 | 28.09 | 31.10 | 31.60 | 30.61 |
| 11. ROGUSKI Mateusz | 03 | UKP „Polonia Warszawa" | 2:01.47 | 547 | 27.62 | 30.54 | 31.67 | 31.64 |
| 12. JASI SKI Jakub | 03 | MKS Jedyńka Łód | 2:01.50 | 547 | 28.25 | 30.90 | 31.34 | 31.01 |
| 13. SKÓRA Bartosz | 03 | UKS Pi tka Konstanyńów Łód | 2:01.59 | 545 | 27.37 | 30.86 | 32.30 | 31.06 |
| 14. KOPROWSKI Aleksander | 03 | Uks Cityzen | 2:01.64 | 545 | 28.49 | 30.98 | 31.68 | 30.49 |
| 15. KARDOLI SKI Łukasz | 03 | Kaliski Klub Sportowy „Włó | 2:02.74 | 530 | 27.61 | 31.48 | 32.50 | 31.15 |
| 16. KRUPI SKI Wojciech | 03 | KS Posnania Pozna | 2:03.72 | 518 | 28.04 | 31.82 | 32.47 | 31.39 |
| 17. KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | 2:04.82 | 504 | 28.11 | 31.62 | 32.45 | 32.64 |
| 18. SOKOŁOWSKI Fabian | 03 | UKP „Polonia Warszawa" | 2:06.89 | 480 | 29.59 | 31.92 | 32.20 | 33.18 |
| 19. AJTEL Jakub | 03 | Dwójka Morena Gda sk | 2:07.89 | 469 | 30.46 | 33.24 | 33.68 | 30.51 |
| 20. BRUS Marcel | 03 | KS OLIMPIA Lublin | 2:08.17 | 466 | 28.40 | 32.68 | 33.69 | 33.40 |
| 21. MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 2:09.93 | 447 | 28.42 | 32.49 | 34.07 | 34.95 |
| 22. LE NIEWSKI Patryk | 03 | UKS Pi tka Konstanyńów Łód | 2:21.20 | 348 | 25.56 | 41.99 | 39.40 | 34.25 |

17 - 18 lat

| | | | | | | | | |
|--------------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. KAROLCZAK Jan | 01 | UKS G-8 Bielany Warszawa | 1:46.58 | 810 | 24.95 | 27.33 | 26.98 | 27.32 |
| 2. PIOTROWSKI Kacper | 01 | UKS G-8 Bielany Warszawa | 1:50.52 | 726 | 25.80 | 28.13 | 28.79 | 27.80 |
| 3. KOMOROWSKI Jan | 01 | MKS Trójka Łód | 1:50.61 | 725 | 25.76 | 28.14 | 28.67 | 28.04 |
| 4. KA MIERCZAK Bruno | 02 | UKS GOS Raszyn | 1:51.24 | 712 | 24.53 | 27.63 | 29.28 | 29.80 |
| 5. JA KIEWICZ Adrian | 02 | UKS G-8 Bielany Warszawa | 1:51.65 | 705 | 26.70 | 28.13 | 28.56 | 28.26 |
| 6. WARZOCHA Albert | 01 | Uks Cityzen | 1:51.79 | 702 | 25.89 | 28.52 | 28.88 | 28.50 |
| 7. MELINDER Martin | 01 | VSS VASBY | 1:53.78 | 666 | 26.86 | 28.44 | 29.33 | 29.15 |
| 8. URBA SKI Michał | 01 | KS Delfin Gdynia | 1:54.11 | 660 | 26.95 | 28.22 | 29.46 | 29.48 |
| 9. KUSI SKI Aleksy | 02 | MKS Jedyńka Łód | 1:54.22 | 658 | 25.75 | 28.49 | 29.62 | 30.36 |
| 10. BIAŁECKI Jan | 02 | Mokotowski UKP Warszawi | 1:54.34 | 656 | 25.93 | 29.17 | 29.79 | 29.45 |
| 11. LESZEKA Szymon | 01 | KS Delfin Gdynia | 1:54.49 | 653 | 26.33 | 28.36 | 29.43 | 30.37 |
| 12. CHYRCHAŁA Rafał | 02 | UKS „ORKA" Zamo | 1:54.62 | 651 | 26.64 | 28.98 | 29.64 | 29.36 |
| 13. WODY SKI Bartosz | 02 | KU AZS Politechniki Łódzkie | 1:54.64 | 651 | 27.27 | 28.99 | 29.22 | 29.16 |
| 14. STENSSON Erik | 02 | SS VAERMAMO | 1:55.23 | 641 | 26.59 | 28.98 | 29.99 | 29.67 |
| 15. KRZYKAŁA Emil | 01 | KP AVIA widnik | 1:55.55 | 635 | 27.11 | 28.97 | 29.88 | 29.59 |
| 16. KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 1:55.63 | 634 | 27.19 | 29.77 | 28.93 | 29.74 |
| 17. ŁANGOWSKI Maciej | 02 | KS Posnania Pozna | 1:55.82 | 631 | 26.72 | 29.76 | 30.04 | 29.30 |
| 18. HANSSON Eric | 02 | VSS VASBY | 1:56.27 | 624 | 26.84 | 29.16 | 30.23 | 30.04 |
| 19. MICHALSKI Wojciech | 01 | MKP Szczecin | 1:56.55 | 619 | 27.20 | 29.64 | 30.13 | 29.58 |
| 20. KUREK Jakub | 01 | MKP Szczecin | 1:57.07 | 611 | 25.90 | 29.13 | 30.59 | 31.45 |
| 21. DUDEK Kacper | 02 | KS Warta Pozna | 1:57.18 | 609 | 26.51 | 29.25 | 30.34 | 31.08 |
| 22. DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | 1:57.72 | 601 | 27.32 | 29.69 | 30.36 | 30.35 |
| 23. WO NY Wiktor | 01 | UKS Shark Rudna | 1:58.62 | 587 | 27.19 | 30.23 | 30.84 | 30.36 |
| 24. GRZYBOWSKI Artur | 01 | MKP Szczecin | 1:58.82 | 584 | 27.84 | 30.18 | 30.84 | 29.96 |
| 25. CZERWI SKI Łukasz | 01 | UKS G-8 Bielany Warszawa | 1:59.31 | 577 | 26.38 | 29.40 | 31.66 | 31.87 |
| 26. ZIELI SKI Patryk | 02 | KS Posnania Pozna | 1:59.70 | 572 | 26.96 | 30.92 | 31.40 | 30.42 |
| 27. BOROWSKI Jakub | 02 | St. Lok. SALOS Cortile Kielc | 1:59.90 | 569 | 27.72 | 30.10 | 31.27 | 30.81 |
| 28. RAJCA Wiktor | 02 | KS KSZO Ostrowiec w. | 2:00.25 | 564 | 28.37 | 30.23 | 31.15 | 30.50 |
| 29. JASIONOWSKI Mikołaj | 01 | SMS Zielona Góra | 2:00.85 | 555 | 27.69 | 30.61 | 31.29 | 31.26 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 14, Chłopców, 200m dowolny, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|------------------------|---------|--------------------------|----------------|------|-------|-------|-------|-------|
| 30. KLISZ Krystian | 02 | MKP Szczecin | 2:01.82 | 542 | 28.08 | 30.85 | 31.91 | 30.98 |
| 31. ZIMNIAK Szymon | 01 | UKS Fala Swarz dz | 2:02.03 | 539 | 27.51 | 29.95 | 31.36 | 33.21 |
| 32. BORZYMEK Hubert | 02 | Mokotowski UKP Warszawi | 2:02.84 | 529 | 28.50 | 30.72 | 31.59 | 32.03 |
| 33. SIMONSSON Ivar | 02 | VSS VASBY | 2:03.45 | 521 | 28.77 | 31.52 | 32.00 | 31.16 |
| 34. WIELGUS Kacper | 01 | KS Posnania Pozna | 2:04.50 | 508 | 27.80 | 31.87 | 32.84 | 31.99 |
| 35. OSSOWSKI Damian | 02 | MKS SP 63 Bydgoszcz | 2:04.80 | 504 | 28.91 | 31.52 | 32.07 | 32.30 |
| 36. DWYER Vincent John | 02 | Mokotowski UKP Warszawi | 2:06.48 | 484 | 27.43 | 31.19 | 33.90 | 33.96 |
| 37. MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawi | 2:08.12 | 466 | 29.34 | 32.54 | 33.71 | 32.53 |
| 38. HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów” | 2:09.81 | 448 | 29.20 | 32.46 | 34.16 | 33.99 |
| 39. KUBIAK Norbert | 02 | KS Warta Pozna | 2:09.91 | 447 | 28.54 | 32.41 | 33.61 | 35.35 |
| 40. GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 2:10.45 | 442 | 26.68 | 32.46 | 36.10 | 35.21 |
| NW ORLICZ Filip | 02 | UKS G-8 Bielany Warszawa | | | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 15
2019-11-23 - 17:26

Kobiet, 100m klasyczny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-----------------------|-------|---------------------|------------|
| RP Open | 1:04.81 | SZTANDERA Dominika | 00101 | Lublin | 2018-12-19 |
| RP 19 - 23 | 1:04.81 | SZTANDERA Dominika | 00101 | Lublin | 2018-12-19 |
| RP 18 | 1:05.37 | SZTANDERA Dominika | 00101 | Lublin | 2015-12-20 |
| RP 17 | 1:06.66 | ZACHOSZCZ Paulina | | Gorzów Wlkp. | 2009-11-29 |
| RP 16 | 1:06.66 | KRAWCZYK Paulina | 00104 | Gorzow Wielkopolski | 2009-11-29 |
| RP 15 | 1:08.99 | KRAMER Aleksandra SZG | 00304 | Łód | 2017-12-21 |
| RP 14 | 1:09.20 | OTREMBA Justyna | 00902 | Gorzow Wielkopolski | 2009-11-28 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|------------------------------------|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 97 | MKS Juvenia Wrocław | 1:05.41 | 866 | 30.60 | 34.81 |
| 2. | 00 | MKS Juvenia Wrocław | 1:06.78 | 814 | 31.77 | 35.01 |
| 3. | 00 | AZS AWF Warszawa | 1:08.11 | 767 | 32.20 | 35.91 |
| 4. | 02 | UKS Trójka roda Wlkp. | 1:09.44 | 724 | 32.81 | 36.63 |
| 5. | 98 | SP „Narew” w Ostroł ce | 1:10.45 | 693 | 33.39 | 37.06 |
| 6. | 03 | MUKS Wodnik Łask | 1:11.54 | 662 | 33.41 | 38.13 |
| 7. | 03 | KU AZS Politechniki Łódzkiej | 1:12.30 | 641 | 34.22 | 38.08 |
| 8. | 04 | UKS „ORKA” Zamo | 1:12.48 | 636 | 34.25 | 38.23 |
| 9. | 05 | UKS „Jedynka” SP SOLEX | 1:13.42 | 612 | 34.68 | 38.74 |
| 10. | 03 | KS OLIMPIA Lublin | 1:13.63 | 607 | 34.21 | 39.42 |
| 11. | 03 | MKP Szczecin | 1:13.64 | 607 | 34.87 | 38.77 |
| 12. | 03 | AZS AWF Warszawa | 1:13.78 | 603 | 35.17 | 38.61 |
| 13. | 05 | UKS „GIM 92 Ursynów” | 1:13.81 | 603 | 34.43 | 39.38 |
| 14. | 01 | VSS VASBY | 1:13.83 | 602 | 34.40 | 39.43 |
| 15. | 03 | UKS „GIM 92 Ursynów” | 1:13.85 | 602 | 34.72 | 39.13 |
| 16. | 05 | MKS Piaseczno | 1:13.92 | 600 | 34.59 | 39.33 |
| 17. | 03 | UKS G-8 Bielany Warszawa | 1:14.04 | 597 | 35.27 | 38.77 |
| 18. | 05 | UKS SP-149 Łód | 1:14.94 | 576 | 36.08 | 38.86 |
| 19. | 97 | KS Warta Pozna | 1:15.32 | 567 | 35.06 | 40.26 |
| 20. | 03 | MKS „Astoria” Bydgoszcz | 1:15.76 | 557 | 35.83 | 39.93 |
| 21. | 02 | KS Posenania Pozna | 1:15.78 | 557 | 35.82 | 39.96 |
| 22. | 04 | Mi dzyszkolny UKS „Olimpijczyk” Sl | 1:16.79 | 535 | 36.85 | 39.94 |
| 23. | 05 | KP Bałtyk Kołobrzeg | 1:17.05 | 530 | 36.51 | 40.54 |
| 24. | 02 | UKS G-8 Bielany Warszawa | 1:17.26 | 525 | 36.63 | 40.63 |
| 25. | 04 | UKS Pi tka Konstantynów Łódzki | 1:17.65 | 517 | 37.12 | 40.53 |
| 26. | 04 | UKS G-8 Bielany Warszawa | 1:17.67 | 517 | 36.30 | 41.37 |
| 27. | 05 | UKS Trójka roda Wlkp. | 1:17.69 | 517 | 36.15 | 41.54 |
| 28. | 04 | MUKS "Pi tnastka" | 1:17.79 | 515 | 36.56 | 41.23 |
| 29. | 03 | MUKS "Pi tnastka" | 1:18.00 | 511 | 37.07 | 40.93 |
| 30. | 05 | MKS SP 63 Bydgoszcz | 1:18.10 | 509 | 37.65 | 40.45 |
| 31. | 05 | MKS Jedynka Łód | 1:18.30 | 505 | 36.83 | 41.47 |
| 32. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:18.31 | 504 | 37.11 | 41.20 |
| 33. | 05 | UKS G-8 Bielany Warszawa | 1:18.51 | 501 | 37.12 | 41.39 |
| 34. | 04 | MKS Piaseczno | 1:18.58 | 499 | 36.64 | 41.94 |
| 35. | 02 | MKP Szczecin | 1:18.80 | 495 | 37.38 | 41.42 |
| 36. | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:19.18 | 488 | 36.71 | 42.47 |
| 37. | 04 | KS Delfin Gdynia | 1:19.29 | 486 | 38.31 | 40.98 |
| 38. | 98 | UKS SP-149 Łód | 1:19.47 | 483 | 37.65 | 41.82 |
| 39. | 03 | AZS AWF Warszawa | 1:19.56 | 481 | 36.88 | 42.68 |
| 40. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:19.68 | 479 | 37.17 | 42.51 |
| 41. | 02 | MKS Polonia Warszawa | 1:20.15 | 470 | 37.33 | 42.82 |
| 42. | 04 | UKS „GIM 92 Ursynów” | 1:20.47 | 465 | 37.02 | 43.45 |
| 43. | 05 | UKS G-8 Bielany Warszawa | 1:20.61 | 462 | 37.13 | 43.48 |
| 44. | 05 | KS Posenania Pozna | 1:21.48 | 448 | 38.04 | 43.44 |
| 45. | 01 | KS Posenania Pozna | 1:21.50 | 447 | 38.15 | 43.35 |
| 46. | 03 | UKP „Polonia Warszawa” | 1:21.63 | 445 | 38.21 | 43.42 |
| 47. | 04 | UKS „GIM 92 Ursynów” | 1:21.67 | 445 | 38.64 | 43.03 |
| 48. | 05 | UKS G-8 Bielany Warszawa | 1:24.03 | 408 | 40.00 | 44.03 |
| 49. | 05 | KS Delfin Gdynia | 1:24.38 | 403 | 40.29 | 44.09 |
| 50. | 05 | MKS Piast Głogów | 1:27.88 | 357 | 40.74 | 47.14 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 15, Kobiet, 100m klasyczny, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. | 50m | 100m |
|---------|----------------------|---------|---------------------|----------------|------|-------|-------|
| 51. | LEWANDOWSKA Wiktoria | 02 | MUKS "Pi tnaстка" | 1:28.82 | 346 | 41.98 | 46.84 |
| NW | LASECKA Aleksandra | 03 | MKS SP 63 Bydgoszcz | | | | |

14 lat

| | | | | | | | |
|-----|-------------------------|----|------------------------------|----------------|-----|-------|-------|
| 1. | KLEJNA Weronika | 05 | UKS „Jedynka” SP SOLEX | 1:13.42 | 612 | 34.68 | 38.74 |
| 2. | STAWICKA Julia | 05 | UKS „GIM 92 Ursynów” | 1:13.81 | 603 | 34.43 | 39.38 |
| 3. | BAŁDA Aleksandra | 05 | MKS Piaseczno | 1:13.92 | 600 | 34.59 | 39.33 |
| 4. | KOWALCZYK Katarzyna | 05 | UKS SP-149 Łódź | 1:14.94 | 576 | 36.08 | 38.86 |
| 5. | PYTLOCH Zuzanna | 05 | KP Bałtyk Kołobrzeg | 1:17.05 | 530 | 36.51 | 40.54 |
| 6. | KUCHARSKA Dominika | 05 | UKS Trójka roda Wlkp. | 1:17.69 | 517 | 36.15 | 41.54 |
| 7. | KOPROWSKA Kinga | 05 | MKS SP 63 Bydgoszcz | 1:18.10 | 509 | 37.65 | 40.45 |
| 8. | URBA SKA Patrycja | 05 | MKS Jedynka Łódź | 1:18.30 | 505 | 36.83 | 41.47 |
| 9. | KOWALSKA Oliwia | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:18.31 | 504 | 37.11 | 41.20 |
| 10. | ZORINA Daria | 05 | UKS G-8 Bielany Warszawa | 1:18.51 | 501 | 37.12 | 41.39 |
| 11. | KOMOR Agata | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:19.68 | 479 | 37.17 | 42.51 |
| 12. | KOŁAKOWSKA Weronika | 05 | UKS G-8 Bielany Warszawa | 1:20.61 | 462 | 37.13 | 43.48 |
| 13. | ZARZECZNA Olga | 05 | KS Posenania Pozna | 1:21.48 | 448 | 38.04 | 43.44 |
| 14. | PARADOWSKA Julia | 05 | UKS G-8 Bielany Warszawa | 1:24.03 | 408 | 40.00 | 44.03 |
| 15. | DZI GIELEWSKA Katarzyna | 05 | KS Delfin Gdynia | 1:24.38 | 403 | 40.29 | 44.09 |
| 16. | MUSIAŁ Alicja | 05 | MKS Piast Głogów | 1:27.88 | 357 | 40.74 | 47.14 |

15 lat

| | | | | | | | |
|-----|------------------|----|------------------------------------|----------------|-----|-------|-------|
| 1. | MALEC Klaudia | 04 | UKS „ORKA” Zamo | 1:12.48 | 636 | 34.25 | 38.23 |
| 2. | GWAJ Julia | 04 | Mi dzyszkolny UKS „Olimpijczyk” St | 1:16.79 | 535 | 36.85 | 39.94 |
| 3. | KLIMCZAK Julia | 04 | UKS Pi tka Konstantynów Łódzki | 1:17.65 | 517 | 37.12 | 40.53 |
| 4. | PA KO Maja | 04 | UKS G-8 Bielany Warszawa | 1:17.67 | 517 | 36.30 | 41.37 |
| 5. | STUDZI SKA Nadia | 04 | MUKS "Pi tnaстка" | 1:17.79 | 515 | 36.56 | 41.23 |
| 6. | HAR Zofia | 04 | MKS Piaseczno | 1:18.58 | 499 | 36.64 | 41.94 |
| 7. | OSZMIA SKA Julia | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:19.18 | 488 | 36.71 | 42.47 |
| 8. | BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 1:19.29 | 486 | 38.31 | 40.98 |
| 9. | BIDNIK Wiktoria | 04 | UKS „GIM 92 Ursynów” | 1:20.47 | 465 | 37.02 | 43.45 |
| 10. | NOWAK Oliwia | 04 | UKS „GIM 92 Ursynów” | 1:21.67 | 445 | 38.64 | 43.03 |

16 lat

| | | | | | | | |
|-----|----------------------|----|------------------------------|----------------|-----|-------|-------|
| 1. | BŁA EJEWSKA Nikola | 03 | MUKS Wodnik Łask | 1:11.54 | 662 | 33.41 | 38.13 |
| 2. | MOTYL Sara | 03 | KU AZS Politechniki Łódzkiej | 1:12.30 | 641 | 34.22 | 38.08 |
| 3. | PASTUSZUK Paulina | 03 | KS OLIMPIA Lublin | 1:13.63 | 607 | 34.21 | 39.42 |
| 4. | TURKOWSKA Aleksandra | 03 | MKP Szczecin | 1:13.64 | 607 | 34.87 | 38.77 |
| 5. | OBAJTEK Aleksandra | 03 | AZS AWF Warszawa | 1:13.78 | 603 | 35.17 | 38.61 |
| 6. | HERBREder Gabriela | 03 | UKS „GIM 92 Ursynów” | 1:13.85 | 602 | 34.72 | 39.13 |
| 7. | RUSSEK Agata | 03 | UKS G-8 Bielany Warszawa | 1:14.04 | 597 | 35.27 | 38.77 |
| 8. | MARJA SKA Agata | 03 | MKS „Astoria” Bydgoszcz | 1:15.76 | 557 | 35.83 | 39.93 |
| 9. | CHLEWI SKA Olimpia | 03 | MUKS "Pi tnaстка" | 1:18.00 | 511 | 37.07 | 40.93 |
| 10. | DOPART Marcelina | 03 | AZS AWF Warszawa | 1:19.56 | 481 | 36.88 | 42.68 |
| 11. | KASJANIUK Patrycja | 03 | UKP „Polonia Warszawa” | 1:21.63 | 445 | 38.21 | 43.42 |
| NW | LASECKA Aleksandra | 03 | MKS SP 63 Bydgoszcz | | | | |

17 - 18 lat

| | | | | | | | |
|----|----------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | CHMIEL Liwia | 02 | UKS Trójka roda Wlkp. | 1:09.44 | 724 | 32.81 | 36.63 |
| 2. | BJÖRKÉN Julia | 01 | VSS VASBY | 1:13.83 | 602 | 34.40 | 39.43 |
| 3. | POPŁAWSKA Apolonia | 02 | KS Posenania Pozna | 1:15.78 | 557 | 35.82 | 39.96 |
| 4. | ZIENTARSKA Karolina | 02 | UKS G-8 Bielany Warszawa | 1:17.26 | 525 | 36.63 | 40.63 |
| 5. | PRUSIK Kamila | 02 | MKP Szczecin | 1:18.80 | 495 | 37.38 | 41.42 |
| 6. | KOPA SKA Maja | 02 | MKS Polonia Warszawa | 1:20.15 | 470 | 37.33 | 42.82 |
| 7. | KOZANECKA Katarzyna | 01 | KS Posenania Pozna | 1:21.50 | 447 | 38.15 | 43.35 |
| 8. | LEWANDOWSKA Wiktoria | 02 | MUKS "Pi tnaстка" | 1:28.82 | 346 | 41.98 | 46.84 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 16
2019-11-23 - 17:36

M czyzn, 100m klasyczny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-------------------|--------|---------------------|------------|
| RP Open | 58.33 | KAŁUSOWSKI Jan | 009005 | Lublin | 2019-12-19 |
| RP 19 - 23 | 58.33 | KAŁUSOWSKI Jan | 009005 | Lublin | 2019-12-19 |
| RP 18 | 58.33 | KAŁUSOWSKI Jan | 009005 | Lublin | 2018-12-19 |
| RP 17 | 59.51 | SZABŁOWSKI Hubert | 03914 | Łódź | 2017-12-20 |
| RP 16 | 1:00.32 | MACHNIK Mikołaj | 01111 | Gorzow Wielkopolski | 2009-11-27 |
| RP 15 | 1:01.51 | SIEMI SKI Piotr | 02314 | Lublin | 2015-12-17 |
| RP 14 | 1:03.54 | KAŁUSOWSKI Jan | 009005 | Wroclaw | 2014-11-16 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|---|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 00 | KAŁUSOWSKI Jan MKS Trójka Łódź | 59.23 | 827 | 27.88 | 31.35 |
| 2. | 93 | ROGUSKI Bartłomiej AZS AWF Warszawa | 1:00.50 | 776 | 28.74 | 31.76 |
| 3. | 00 | PIOTROWICZ Kamil MKS Trójka Łódź | 1:01.24 | 748 | 29.27 | 31.97 |
| 4. | 00 | R BACZ Maciej UKS G-8 Bielany Warszawa | 1:01.35 | 744 | 29.30 | 32.05 |
| 5. | 93 | SUZIN Marcin KU AZS AGH Kraków | 1:01.50 | 739 | 29.14 | 32.36 |
| 6. | 99 | SOLAK Łukasz KU AZS AGH Kraków | 1:01.92 | 724 | 28.61 | 33.31 |
| 7. | 96 | KAMINIARZ Jakub UKS G-8 Bielany Warszawa | 1:02.06 | 719 | 29.57 | 32.49 |
| 8. | 03 | SKÓRA Bartosz UKS Pi tka Konstantynów Łódzki | 1:03.16 | 682 | 29.24 | 33.92 |
| 9. | 92 | KOŁODZIEJSKI Mateusz UKS "AS" Zielona Góra | 1:03.25 | 679 | 29.35 | 33.90 |
| 10. | 97 | LECHOWICZ Filip KU AZS AGH Kraków | 1:03.41 | 674 | 29.57 | 33.84 |
| 11. | 95 | NOWAK Patryk AZS AWF Katowice | 1:03.91 | 658 | 29.34 | 34.57 |
| | 00 | MICHALCZYK Andrzej KU AZS AGH Kraków | 1:03.91 | 658 | 29.09 | 34.82 |
| 13. | 01 | WIECI SKI Andrzej MTKP Delfin Toru | 1:04.13 | 652 | 29.95 | 34.18 |
| 14. | 01 | GREBER Artur UKS G-8 Bielany Warszawa | 1:04.14 | 651 | 29.83 | 34.31 |
| 15. | 04 | TARASEWICZ Marcel UKS G-8 Bielany Warszawa | 1:04.18 | 650 | 30.28 | 33.90 |
| 16. | 97 | B CZKOWSKI Bartosz AZS AWF Warszawa | 1:04.21 | 649 | 31.10 | 33.11 |
| | 02 | KLIMAS Michał KS KSZO Ostrowiec w. | 1:04.21 | 649 | 30.18 | 34.03 |
| 18. | 00 | BEBEROK Filip SMS Zielona Góra | 1:04.53 | 639 | 29.66 | 34.87 |
| 19. | 04 | KONARSKI Maciej UKS „GIM 92 Ursynów" | 1:04.67 | 635 | 30.68 | 33.99 |
| 20. | 01 | GUZY Marcel DOKiS SP Vega Dobrodzie | 1:04.73 | 634 | 30.32 | 34.41 |
| 21. | 04 | CICHOCKI Oliwier KS Warta Pozna | 1:04.82 | 631 | 31.04 | 33.78 |
| 22. | 97 | KADROW Konrad KU AZS UMCS Lublin | 1:04.98 | 626 | 30.53 | 34.45 |
| 23. | 03 | PRZYSTAŁ Adam UKS G-8 Bielany Warszawa | 1:05.23 | 619 | 30.22 | 35.01 |
| 24. | 80 | SZYMKOWIAK Marcin KS Warta Pozna | 1:05.24 | 619 | 30.57 | 34.67 |
| 25. | 99 | BACHLAJ Dorian KU AZS AGH Kraków | 1:05.39 | 615 | 30.84 | 34.55 |
| 26. | 02 | LERNA William VSS VASBY | 1:05.87 | 601 | 30.51 | 35.36 |
| 27. | 98 | JAWORSKI Norbert KU AZS UMCS Lublin | 1:05.96 | 599 | 31.01 | 34.95 |
| 28. | 05 | STANISŁAWSKI Szymon MKS Jedyńka Łódź | 1:05.98 | 598 | 31.22 | 34.76 |
| 29. | 01 | PARTYKA Damian AZS AWFis Gda sk | 1:06.08 | 596 | 31.10 | 34.98 |
| 30. | 02 | TOMCZAK Tymoteusz KS Posenania Pozna | 1:06.11 | 595 | 30.65 | 35.46 |
| 31. | 03 | OLEJNIK Adam TP Skalar Słupsk | 1:06.65 | 580 | 31.23 | 35.42 |
| 32. | 02 | LINDWALL Algot SS TYRESO | 1:06.88 | 574 | 31.27 | 35.61 |
| 33. | 04 | WARZOCHA Gustaw Uks Cityzen | 1:07.03 | 571 | 31.40 | 35.63 |
| 34. | 02 | GREGORCZYK Jan UKS G-8 Bielany Warszawa | 1:07.05 | 570 | 31.62 | 35.43 |
| 35. | 04 | ISKRA Szymon UKS Pi tka Konstantynów Łódzki | 1:07.77 | 552 | 32.45 | 35.32 |
| 36. | 01 | KRASZEWSKI Daniel MKS Polonia Warszawa | 1:07.91 | 549 | 31.35 | 36.56 |
| 37. | 03 | G STAŁ Jan UKS „GIM 92 Ursynów" | 1:08.10 | 544 | 32.25 | 35.85 |
| 38. | 05 | SZYMA SKI Igor MUKS "Pi tnastka" | 1:08.23 | 541 | 32.06 | 36.17 |
| 39. | 04 | WERMI SKI Jan UKS Fała Swar dz | 1:08.31 | 539 | 31.46 | 36.85 |
| 40. | 03 | WILANOWSKI Mateusz MKS Jedyńka Łódź | 1:08.61 | 532 | 32.49 | 36.12 |
| 41. | 00 | DOUIB Jonathan VSS VASBY | 1:08.65 | 531 | 32.09 | 36.56 |
| 42. | 04 | WIERCI SKI Kacper UKS „Dwójka" Tczew | 1:09.09 | 521 | 32.33 | 36.76 |
| 43. | 99 | SZUSTAK Hubert UKS GOS Raszyn | 1:09.85 | 504 | 31.72 | 38.13 |
| 44. | 03 | MACIOSZEK Maksymilian UKP „Polonia Warszawa" | 1:10.65 | 487 | 33.24 | 37.41 |
| 45. | 04 | ZUZANIUK Igor KS OLIMPIA Lublin | 1:10.83 | 483 | 33.21 | 37.62 |
| 46. | 04 | J DRYKA Nikodem MKS Trójka Łódź | 1:11.12 | 478 | 33.80 | 37.32 |
| 47. | 04 | DOMAGAŁA Tymoteusz MUKS "Pi tnastka" | 1:11.36 | 473 | 32.82 | 38.54 |
| 48. | 05 | BACZY SKI Jan UKS Olympic Warka | 1:11.92 | 462 | 33.45 | 38.47 |
| 49. | 04 | MAJKOWSKI Aleksander Mokotowski UKP Warszawianka- Wc1:12.20rk | 1:12.20 | 456 | 34.21 | 37.99 |
| 50. | 04 | SUCHODOLSKI Hubert KP Delfin Inowrocław | 1:12.55 | 450 | 33.70 | 38.85 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 16, M czynn, 100m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|-----------------------|------|----------------------|----------------|------|-------|-------|
| 51. | YRO Ignacy | 04 | UKS „GIM 92 Ursynów" | 1:13.04 | 441 | 34.46 | 38.58 |
| 52. | SZYMA SKI Alan | 05 | UPKS Wodnik Rawicz | 1:13.29 | 436 | 34.29 | 39.00 |
| 53. | SZUKAŁA Krzysztof | 03 | KS Warta Pozna | 1:13.39 | 435 | 34.07 | 39.32 |
| 54. | GIEZEK Jan | 05 | UPKS Wodnik Rawicz | 1:14.67 | 413 | 34.09 | 40.58 |
| 55. | HERBIK Paweł | 05 | MKS Piast Głogów | 1:15.04 | 406 | 34.29 | 40.75 |
| 56. | PUPKA Filip | 04 | Uks Cityzen | 1:15.07 | 406 | 35.04 | 40.03 |
| 57. | JANCZYLIK Aleksander | 04 | KS Delfin Gdynia | 1:15.58 | 398 | 35.23 | 40.35 |
| 58. | BIELEWICZ Jan | 05 | KS Warta Pozna | 1:15.72 | 396 | 35.32 | 40.40 |
| 59. | JAREMEK Michał | 05 | KP Delfin Inowrocław | 1:16.52 | 383 | 35.34 | 41.18 |
| 60. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 1:16.97 | 377 | 36.28 | 40.69 |
| 61. | KUREK Kacper | 05 | Foka Choszczcno | 1:17.98 | 362 | 36.45 | 41.53 |
| 62. | KĄLEK Bartosz | 04 | KU AZS UAM Pozna | 1:21.32 | 319 | 38.49 | 42.83 |
| 63. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 1:21.53 | 317 | 38.73 | 42.80 |
| 64. | HORBACZEWSKI Grzegorz | 05 | Dwójka Morena Gda sk | 1:24.37 | 286 | 39.88 | 44.49 |
| 65. | KUNKEL Tymoteusz | 05 | Dwójka Morena Gda sk | 1:37.93 | 183 | 45.64 | 52.29 |

14 lat

| | | | | | | | |
|-----|-----------------------|----|----------------------|----------------|-----|-------|-------|
| 1. | STANISŁAWSKI Szymon | 05 | MKS Jedyńka Łód | 1:05.98 | 598 | 31.22 | 34.76 |
| 2. | SZYMA SKI Igor | 05 | MUKS "Pi tnastka" | 1:08.23 | 541 | 32.06 | 36.17 |
| 3. | BACZY SKI Jan | 05 | UKS Olympic Warka | 1:11.92 | 462 | 33.45 | 38.47 |
| 4. | SZYMA SKI Alan | 05 | UPKS Wodnik Rawicz | 1:13.29 | 436 | 34.29 | 39.00 |
| 5. | GIEZEK Jan | 05 | UPKS Wodnik Rawicz | 1:14.67 | 413 | 34.09 | 40.58 |
| 6. | HERBIK Paweł | 05 | MKS Piast Głogów | 1:15.04 | 406 | 34.29 | 40.75 |
| 7. | BIELEWICZ Jan | 05 | KS Warta Pozna | 1:15.72 | 396 | 35.32 | 40.40 |
| 8. | JAREMEK Michał | 05 | KP Delfin Inowrocław | 1:16.52 | 383 | 35.34 | 41.18 |
| 9. | KUREK Kacper | 05 | Foka Choszczcno | 1:17.98 | 362 | 36.45 | 41.53 |
| 10. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 1:21.53 | 317 | 38.73 | 42.80 |
| 11. | HORBACZEWSKI Grzegorz | 05 | Dwójka Morena Gda sk | 1:24.37 | 286 | 39.88 | 44.49 |
| 12. | KUNKEL Tymoteusz | 05 | Dwójka Morena Gda sk | 1:37.93 | 183 | 45.64 | 52.29 |

15 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|----------------|-----|-------|-------|
| 1. | TARASEWICZ Marcel | 04 | UKS G-8 Bielany Warszawa | 1:04.18 | 650 | 30.28 | 33.90 |
| 2. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów" | 1:04.67 | 635 | 30.68 | 33.99 |
| 3. | CICHOCKI Oliwier | 04 | KS Warta Pozna | 1:04.82 | 631 | 31.04 | 33.78 |
| 4. | WARZOCHA Gustaw | 04 | Uks Cityzen | 1:07.03 | 571 | 31.40 | 35.63 |
| 5. | ISKRA Szymon | 04 | UKS Pi tka Konstantynów Łódzki | 1:07.77 | 552 | 32.45 | 35.32 |
| 6. | WERMI SKI Jan | 04 | UKS Fala Swarz dz | 1:08.31 | 539 | 31.46 | 36.85 |
| 7. | WIERCI SKI Kacper | 04 | UKS „Dwójka" Tczew | 1:09.09 | 521 | 32.33 | 36.76 |
| 8. | ZUZANIUK Igor | 04 | KS OLIMPIA Lublin | 1:10.83 | 483 | 33.21 | 37.62 |
| 9. | J DRYKA Nikodem | 04 | MKS Trójka Łód | 1:11.12 | 478 | 33.80 | 37.32 |
| 10. | DOMAGAŁA Tymoteusz | 04 | MUKS "Pi tnastka" | 1:11.36 | 473 | 32.82 | 38.54 |
| 11. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawianka- Wc | 1:12.20 | 456 | 34.21 | 37.99 |
| 12. | SUCHODOLSKI Hubert | 04 | KP Delfin Inowrocław | 1:12.55 | 450 | 33.70 | 38.85 |
| 13. | YRO Ignacy | 04 | UKS „GIM 92 Ursynów" | 1:13.04 | 441 | 34.46 | 38.58 |
| 14. | PUPKA Filip | 04 | Uks Cityzen | 1:15.07 | 406 | 35.04 | 40.03 |
| 15. | JANCZYLIK Aleksander | 04 | KS Delfin Gdynia | 1:15.58 | 398 | 35.23 | 40.35 |
| 16. | KĄLEK Bartosz | 04 | KU AZS UAM Pozna | 1:21.32 | 319 | 38.49 | 42.83 |

16 lat

| | | | | | | | |
|----|-----------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | SKÓRA Bartosz | 03 | UKS Pi tka Konstantynów Łódzki | 1:03.16 | 682 | 29.24 | 33.92 |
| 2. | PRZYSTAŁ Adam | 03 | UKS G-8 Bielany Warszawa | 1:05.23 | 619 | 30.22 | 35.01 |
| 3. | OLEJNIK Adam | 03 | TP Skalar Słupsk | 1:06.65 | 580 | 31.23 | 35.42 |
| 4. | G STAŁ Jan | 03 | UKS „GIM 92 Ursynów" | 1:08.10 | 544 | 32.25 | 35.85 |
| 5. | WILANOWSKI Mateusz | 03 | MKS Jedyńka Łód | 1:08.61 | 532 | 32.49 | 36.12 |
| 6. | MACIOSZEK Maksymilian | 03 | UKP „Polonia Warszawa" | 1:10.65 | 487 | 33.24 | 37.41 |
| 7. | SZUKAŁA Krzysztof | 03 | KS Warta Pozna | 1:13.39 | 435 | 34.07 | 39.32 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 16, M czyzn, 100m klasyczny

17 - 18 lat

| | | | | | | | |
|-----|-------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 1:04.13 | 652 | 29.95 | 34.18 |
| 2. | GREBER Artur | 01 | UKS G-8 Bielany Warszawa | 1:04.14 | 651 | 29.83 | 34.31 |
| 3. | KLIMAS Michał | 02 | KS KSZO Ostrowiec w. | 1:04.21 | 649 | 30.18 | 34.03 |
| 4. | GUZY Marcel | 01 | DOKiS SP Vega Dobrodzie | 1:04.73 | 634 | 30.32 | 34.41 |
| 5. | LERNA William | 02 | VSS VASBY | 1:05.87 | 601 | 30.51 | 35.36 |
| 6. | PARTYKA Damian | 01 | AZS AWFIS Gda sk | 1:06.08 | 596 | 31.10 | 34.98 |
| 7. | TOMCZAK Tymoteusz | 02 | KS Posnania Pozna | 1:06.11 | 595 | 30.65 | 35.46 |
| 8. | LINDWALL Algot | 02 | SS TYRESO | 1:06.88 | 574 | 31.27 | 35.61 |
| 9. | GREGORCZYK Jan | 02 | UKS G-8 Bielany Warszawa | 1:07.05 | 570 | 31.62 | 35.43 |
| 10. | KRASZEWSKI Daniel | 01 | MKS Polonia Warszawa | 1:07.91 | 549 | 31.35 | 36.56 |
| 11. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 1:16.97 | 377 | 36.28 | 40.69 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 17
2019-11-23 - 17:44

Kobiet, 50m motylkowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|-------|----------------------|-------|----------------|------------|
| RP Open | 25.36 | URBANCZYK Aleksandra | 02305 | Berlin (GER) | 2017-08-06 |
| RP 19 - 23 | 25.82 | DOWGIERT Anna | | Istambul (TUR) | 2012-12-13 |
| RP 18 | 26.19 | URBANCZYK Aleksandra | 00905 | O wi cim | 2004-11-27 |
| RP 17 | 26.19 | URBANCZYK Aleksandra | 00905 | Oswiecim | 2004-11-27 |
| RP 16 | 26.57 | FIEDKIEWICZ Kornelia | 00101 | Łód | 2017-12-20 |
| RP 15 | 27.38 | URBANCZYK Aleksandra | POL | Płock | 2002-11-01 |
| RP 14 | 27.89 | MURAWSKA Maria | 02414 | Lublin | 2017-03-04 |

Punkty: FINA 2019

| Pozycja | | Rok ur. | | Czas | Pkt. |
|------------------------|--------------------------------------|---------|-------------------------------------|--------------|------|
| 14 lat i starsi | | | | | |
| 1. | DOWGIERT Anna | 90 | KS Warta Pozna | 25.90 | 834 |
| 2. | FIEDKIEWICZ Kornelia | 01 | MKS Juvenia Wrocław | 26.06 | 818 |
| | <i>Czas lepszy od Rekordu Polski</i> | | | | |
| 3. | PEDA Paulina | 98 | AZS AWF Katowice | 27.01 | 735 |
| 4. | JABŁO SKA Martyna | 03 | UKS G-8 Bielany Warszawa | 27.34 | 709 |
| 5. | PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 27.62 | 687 |
| 6. | WO NIAK Zofia | 01 | UKS G-8 Bielany Warszawa | 27.78 | 675 |
| 7. | CIERPIAŁOWSKA Paulina | 05 | UKS abianka Gda sk | 27.93 | 665 |
| 8. | GONTA Oliwia | 98 | KP Totis Viribus wiebodzin | 27.94 | 664 |
| 9. | ROGOWSKA Katarzyna | 00 | MKP Szczecin | 28.15 | 649 |
| 10. | GRADEK Aleksandra | 03 | UKP „Polonia Warszawa” | 28.27 | 641 |
| | CIEPLAK Aleksandra | 01 | UKS Olympic Warka | 28.27 | 641 |
| 12. | CELMER Wiktoria | 03 | KS Warta Pozna | 28.29 | 640 |
| 13. | KARBOWNIK Małgorzata | 05 | MKS Jedyńka Łód | 28.31 | 638 |
| 14. | KAWKA Nina | 03 | UKS G-8 Bielany Warszawa | 28.34 | 636 |
| 15. | BUSZKA Kornelia | 03 | UKS G-8 Bielany Warszawa | 28.43 | 630 |
| 16. | MACIUSZEK Wiktoria | 04 | MKS Juvenia Wrocław | 28.47 | 627 |
| 17. | SOLAK Anna | 00 | KU AZS AGH Kraków | 28.52 | 624 |
| 18. | URBAN Karolina | 03 | UKS „Ósemka” Starogard Gda ski | 28.57 | 621 |
| 19. | FR CKIEWICZ Martyna | 03 | SMS Zielona Góra | 28.76 | 609 |
| 20. | ZAWADZKA Hanna | 02 | UKS G-8 Bielany Warszawa | 28.81 | 605 |
| 21. | TŁOCZEK Wiktoria | 05 | KP Bałtyk Kołobrzeg | 28.85 | 603 |
| 22. | GUS Julia | 99 | MUKS "Pi tnastka" | 28.86 | 602 |
| 23. | WRÓBEL Julia | 03 | UKP „Polonia Warszawa” | 28.92 | 599 |
| 24. | POZNACHOWSKA Nadia | 04 | UKP „Polonia Warszawa” | 29.21 | 581 |
| 25. | KUCHTA Maria | 02 | UKS „Dwójka” Tczew | 29.29 | 576 |
| 26. | ROGOWSKA Paulina | 98 | St. Lok. SALOS Cortile Kielce | 29.32 | 574 |
| 27. | TRAMBOWICZ Zuzanna | 02 | AZS AWF Warszawa | 29.33 | 574 |
| 28. | WRZOSEK Iga | 00 | St. KF KS „Fenix” O arów Mazowiecki | 29.64 | 556 |
| 29. | KRÓLIK Adrianna | 04 | MKP Szczecin | 29.74 | 550 |
| 30. | NOWAK Zofia | 03 | UKS G-8 Bielany Warszawa | 29.75 | 550 |
| 31. | BŁA EJEWSKA Nikola | 03 | MUKS Wodnik Łask | 29.76 | 549 |
| 32. | WO Weronika | 04 | UKS „GIM 92 Ursynów” | 29.77 | 549 |
| 33. | SZYSZKO Karolina | 03 | UKP „Polonia Warszawa” | 29.78 | 548 |
| 34. | BIELEWICZ Joanna | 00 | KS Warta Pozna | 29.86 | 544 |
| 35. | SZUPER Katarzyna | 04 | UKS „ORKA” Zamo | 29.96 | 538 |
| 36. | JASTRZ BEK Nadia | 05 | UKS Siódemka Gdynia | 29.98 | 537 |
| 37. | CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 29.99 | 537 |
| 38. | RACZY SKA Wiktoria | 04 | AZS Łód | 30.01 | 536 |
| 39. | ŁUKASZEWICZ Emilia | 01 | UKS Fala Swarz dz | 30.05 | 534 |
| 40. | BJÖRKÉN Julia | 01 | VSS VASBY | 30.29 | 521 |
| 41. | WARCHAŁOWSKA Paulina | 05 | KS OLIMPIA Lublin | 30.34 | 518 |
| 42. | GRABOWSKA Gabriela | 04 | UKP „Polonia Warszawa” | 30.37 | 517 |
| 43. | JANICKA Paula | 04 | KS Warta Pozna | 30.39 | 516 |
| 44. | S DŁAK Alicja | 05 | MUKS "Pi tnastka" | 30.40 | 515 |
| 45. | D BKOWSKA Wiktoria | 04 | MUKS Wodnik Łask | 30.42 | 514 |

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Konkurencja 17, Kobiet, 50m motylkowy, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|---|---------|------------------------------------|---------------|------|
| 46. | HAŁAWCZAK Marcelina | 02 | MKP Szczecin | 30.45 | 513 |
| 47. | SOKOŁOWSKA Dominika | 04 | KS Neptun widnica | 30.55 | 508 |
| 48. | BYLI SKA Agnieszka | 02 | UKS abianka Gda sk | 30.64 | 503 |
| 49. | TOMASZEWSKA Aleksandra | 99 | St. Lok. SALOS Cortile Kielce | 30.75 | 498 |
| 50. | ŁAWRYNOWICZ Gabriela | 03 | KS Warta Pozna | 30.76 | 497 |
| 51. | MACIOŁA Maja | 03 | UKP „Polonia Warszawa” | 30.99 | 486 |
| 52. | SKALI SKA Ewa | 05 | MKS Piaseczno | 31.07 | 483 |
| 53. | SOŁONIEWICZ Julia | 03 | UKP „Polonia Warszawa” | 31.09 | 482 |
| 54. | PEACOCK Louise | 01 | VSS VASBY | 31.10 | 481 |
| 55. | DUDEK Aleksandra | 01 | MUKS "Pi tnastka" | 31.17 | 478 |
| 56. | ADAMSKA Maria | 03 | UKS G-8 Bielany Warszawa | 31.24 | 475 |
| 57. | WRÓBLEWSKA Klaudia | 04 | UKP „Polonia Warszawa” | 31.28 | 473 |
| 58. | ZORINA Daria | 05 | UKS G-8 Bielany Warszawa | 31.29 | 473 |
| 59. | NOWAK Gabriela | 05 | KP Delfin Inowrocław | 31.40 | 468 |
| 60. | JANKOWSKA Zofia | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 31.49 | 464 |
| 61. | MARZAŁEK Magdalena | 01 | MKP Szczecin | 31.72 | 454 |
| 62. | JAGODZI SKA Zuzanna | 04 | MKS Neptun Stargard | 31.77 | 451 |
| | KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wodny | F31.77 | 451 |
| | BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów” | 31.77 | 451 |
| 65. | CZERWI SKA Martyna | 04 | UKS „Dwójka” Tczew | 31.90 | 446 |
| 66. | HAJDUK Julia | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 31.99 | 442 |
| 67. | DZIK Wiktoria | 04 | KS Limanowa-swim | 32.03 | 440 |
| 68. | KOZI SKA Anna | 03 | UKS „GIM 92 Ursynów” | 32.10 | 438 |
| 69. | OLECKA Amelia | 05 | UKS „GIM 92 Ursynów” | 32.12 | 437 |
| 70. | KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 32.29 | 430 |
| 71. | CHOJNOWSKA Zuzanna | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 32.45 | 424 |
| 72. | GIZA Olga | 04 | UKS abianka Gda sk | 32.77 | 411 |
| 73. | KOWAL Magdalena | 05 | MUKS Wodnik Łask | 32.78 | 411 |
| 74. | MAKSYMOWICZ Nadia | 05 | UKS G-8 Bielany Warszawa | 32.85 | 408 |
| 75. | BOCHE SKA Dominika | 05 | KS Posnania Pozna | 33.34 | 391 |
| 76. | OSZMIA SKA Julia | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 33.68 | 379 |
| 77. | PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 34.03 | 367 |
| 78. | BRD K Patrycja | 05 | KS Posnania Pozna | 34.44 | 354 |
| 79. | DZI GIELEWSKA Katarzyna | 05 | KS Delfin Gdynia | 34.48 | 353 |
| 80. | LASECKA Anna | 05 | Mokotowski UKP Warszawianka- Wodny | F34.55 | 351 |
| 81. | MATCZAK Natalia | 03 | AZS AWFIS Gda sk | 34.87 | 341 |
| 82. | WOJCIECHOWSKA Kamila | 03 | Mokotowski UKP Warszawianka- Wodny | F35.15 | 333 |
| 83. | SZCZEPANIAK Justyna | 04 | MKP Szczecin | 37.06 | 284 |
| DYSKW. | CH CIAK Sandra | 03 | UKS „GIM 92 Ursynów” | | |
| | <i>M10 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu.</i> | | | | |
| NW | DRU BA Amelia | 04 | TP Skalar Słupsk | | |
| NW | PIEPIÓRKA Martyna | 03 | UKS abianka Gda sk | | |

14 lat

| | | | | | |
|-----|-----------------------|----|------------------------------|--------------|-----|
| 1. | CIERPIAŁOWSKA Paulina | 05 | UKS abianka Gda sk | 27.93 | 665 |
| 2. | KARBOWNIK Małgorzata | 05 | MKS Jedyńka Łód | 28.31 | 638 |
| 3. | TŁOCZEK Wiktoria | 05 | KP Bałtyk Kołobrzeg | 28.85 | 603 |
| 4. | JASTRZ BEK Nadia | 05 | UKS Siódemka Gdynia | 29.98 | 537 |
| 5. | CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 29.99 | 537 |
| 6. | WARCHAŁOWSKA Paulina | 05 | KS OLIMPIA Lublin | 30.34 | 518 |
| 7. | S DŁAK Alicja | 05 | MUKS "Pi tnastka" | 30.40 | 515 |
| 8. | SKALI SKA Ewa | 05 | MKS Piaseczno | 31.07 | 483 |
| 9. | ZORINA Daria | 05 | UKS G-8 Bielany Warszawa | 31.29 | 473 |
| 10. | NOWAK Gabriela | 05 | KP Delfin Inowrocław | 31.40 | 468 |
| 11. | JANKOWSKA Zofia | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 31.49 | 464 |

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| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-------------------------|---------|------------------------------------|---------------|------|
| 12. | HAJDUK Julia | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 31.99 | 442 |
| 13. | OLECKA Amelia | 05 | UKS „GIM 92 Ursynów" | 32.12 | 437 |
| 14. | KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 32.29 | 430 |
| 15. | CHOJNOWSKA Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 32.45 | 424 |
| 16. | KOWAL Magdalena | 05 | MUKS Wodnik Łask | 32.78 | 411 |
| 17. | MAKSYMOWICZ Nadia | 05 | UKS G-8 Bielany Warszawa | 32.85 | 408 |
| 18. | BOCHE SKA Dominika | 05 | KS Poznania Pozna | 33.34 | 391 |
| 19. | PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 34.03 | 367 |
| 20. | BRD K Patrycja | 05 | KS Poznania Pozna | 34.44 | 354 |
| 21. | DZI GIELEWSKA Katarzyna | 05 | KS Delfin Gdynia | 34.48 | 353 |
| 22. | LASECKA Anna | 05 | Mokotowski UKP Warszawianka- Wodny | F34.55 | 351 |

15 lat

| | | | | | |
|-----|---------------------|----|------------------------------------|---------------|-----|
| 1. | MACIUSZEK Wiktoria | 04 | MKS Juvenia Wrocław | 28.47 | 627 |
| 2. | POZNACHOWSKA Nadia | 04 | UKP „Polonia Warszawa" | 29.21 | 581 |
| 3. | KRÓLIK Adrianna | 04 | MKP Szczecin | 29.74 | 550 |
| 4. | WO Weronika | 04 | UKS „GIM 92 Ursynów" | 29.77 | 549 |
| 5. | SZUPER Katarzyna | 04 | UKS „ORKA" Zamo | 29.96 | 538 |
| 6. | RACZY SKA Wiktoria | 04 | AZS Łód | 30.01 | 536 |
| 7. | GRABOWSKA Gabriela | 04 | UKP „Polonia Warszawa" | 30.37 | 517 |
| 8. | JANICKA Paula | 04 | KS Warta Pozna | 30.39 | 516 |
| 9. | D BKOWSKA Wiktoria | 04 | MUKS Wodnik Łask | 30.42 | 514 |
| 10. | SOKOŁOWSKA Dominika | 04 | KS Neptun widnica | 30.55 | 508 |
| 11. | WRÓBLEWSKA Klaudia | 04 | UKP „Polonia Warszawa" | 31.28 | 473 |
| 12. | JAGODZI SKA Zuzanna | 04 | MKS Neptun Stargard | 31.77 | 451 |
| | KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wodny | F31.77 | 451 |
| 14. | CZERWI SKA Martyna | 04 | UKS „Dwójka" Tczew | 31.90 | 446 |
| 15. | DZIK Wiktoria | 04 | KS Limanowa-swim | 32.03 | 440 |
| 16. | GIZA Olga | 04 | UKS abianka Gda sk | 32.77 | 411 |
| 17. | OSZMIA SKA Julia | 04 | MKP „SŁOWIANKA" Gorzów Wlkp. | 33.68 | 379 |
| 18. | SZCZEPANIAK Justyna | 04 | MKP Szczecin | 37.06 | 284 |
| NW | DRU BA Amelia | 04 | TP Skalar Słupsk | | |

16 lat

| | | | | | |
|--------|----------------------|----|------------------------------------|---------------|-----|
| 1. | JABŁO SKA Martyna | 03 | UKS G-8 Bielany Warszawa | 27.34 | 709 |
| 2. | PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 27.62 | 687 |
| 3. | GRADEK Aleksandra | 03 | UKP „Polonia Warszawa" | 28.27 | 641 |
| 4. | CELMER Wiktoria | 03 | KS Warta Pozna | 28.29 | 640 |
| 5. | KAWKA Nina | 03 | UKS G-8 Bielany Warszawa | 28.34 | 636 |
| 6. | BUSZKA Kornelia | 03 | UKS G-8 Bielany Warszawa | 28.43 | 630 |
| 7. | URBAN Karolina | 03 | UKS „Ósemka" Starogard Gda ski | 28.57 | 621 |
| 8. | FR CKIEWICZ Martyna | 03 | SMS Zielona Góra | 28.76 | 609 |
| 9. | WRÓBEL Julia | 03 | UKP „Polonia Warszawa" | 28.92 | 599 |
| 10. | NOWAK Zofia | 03 | UKS G-8 Bielany Warszawa | 29.75 | 550 |
| 11. | BŁA EJEWSKA Nikola | 03 | MUKS Wodnik Łask | 29.76 | 549 |
| 12. | SZYSZKO Karolina | 03 | UKP „Polonia Warszawa" | 29.78 | 548 |
| 13. | ŁAWRYNOWICZ Gabriela | 03 | KS Warta Pozna | 30.76 | 497 |
| 14. | MACIOŁA Maja | 03 | UKP „Polonia Warszawa" | 30.99 | 486 |
| 15. | SOŁONIEWICZ Julia | 03 | UKP „Polonia Warszawa" | 31.09 | 482 |
| 16. | ADAMSKA Maria | 03 | UKS G-8 Bielany Warszawa | 31.24 | 475 |
| 17. | KOZI SKA Anna | 03 | UKS „GIM 92 Ursynów" | 32.10 | 438 |
| 18. | MATCZAK Natalia | 03 | AZS AWFIS Gda sk | 34.87 | 341 |
| 19. | WOJCIECHOWSKA Kamila | 03 | Mokotowski UKP Warszawianka- Wodny | F35.15 | 333 |
| DYSKW. | CH CIAK Sandra | 03 | UKS „GIM 92 Ursynów" | | |

M10 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu.

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Konkurencja 17, Dziewcz. t., 50m motylkowy, 16 lat

| Pozycja | Rok ur. | Czas | Pkt. |
|---|-----------------------------|--------------|------|
| NW PIEPIÓRKA Martyna | 03 UKS abianka Gdańsk | | |
| 17 - 18 lat | | | |
| 1. FIEDKIEWICZ Kornelia <i>Czas lepszy od Rekordu Polski</i> | 01 MKS Juwenia Wrocław | 26.06 | 818 |
| 2. WOŃCIAK Zofia | 01 UKS G-8 Bielany Warszawa | 27.78 | 675 |
| 3. CIEPLAK Aleksandra | 01 UKS Olympic Warka | 28.27 | 641 |
| 4. ZAWADZKA Hanna | 02 UKS G-8 Bielany Warszawa | 28.81 | 605 |
| 5. KUCHTA Maria | 02 UKS „Dwójka” Tczew | 29.29 | 576 |
| 6. TRAMBOWICZ Zuzanna | 02 AZS AWF Warszawa | 29.33 | 574 |
| 7. ŁUKASZEWICZ Emilia | 01 UKS Fala Swarzędz | 30.05 | 534 |
| 8. BJÖRKÉN Julia | 01 VSS VASBY | 30.29 | 521 |
| 9. HAŁAWCZAK Marcelina | 02 MKP Szczecin | 30.45 | 513 |
| 10. BYLIŃSKA Agnieszka | 02 UKS abianka Gdańsk | 30.64 | 503 |
| 11. PEACOCK Louise | 01 VSS VASBY | 31.10 | 481 |
| 12. DUDEK Aleksandra | 01 MUKS "Piłnastka" | 31.17 | 478 |
| 13. MARSZAŁEK Magdalena | 01 MKP Szczecin | 31.72 | 454 |
| 14. BIDNIK Karolina | 02 UKS „GIM 92 Ursynów" | 31.77 | 451 |

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| Konkurencja 18 2019-11-23 - 17:50 | M czyzn, 50m motylkowy | | | | 14 lat i starsi Wyniki |
|--------------------------------------|------------------------|------------------|-------|-----------------|---------------------------|
| RP Open | 22.64 | CZERNIAK Konrad | 00611 | Lublin | 2015-12-20 |
| RP 19 - 23 | 22.75 | CHUDY Michał | | Kopenhaga (DEN) | 2017-12-16 |
| RP 18 | 23.12 | STOKOWSKI Kacper | 05114 | Oswiecim | 2017-10-21 |
| RP 17 | 23.32 | STOKOWSKI Kacper | 05114 | Lublin | 2016-03-12 |
| RP 16 | 23.80 | GORAJ Marcin SK | 03606 | Łód | 2017-12-22 |
| RP 15 | 24.16 | STOKOWSKI Kacper | 05114 | Ostrowiec Sw | 2014-12-21 |
| RP 14 | 25.24 | STOKOWSKI Kacper | 05114 | Ostrowiec Sw | 2013-12-22 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|------------------------|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 92 | CIE LAK Marcin | 22.69 | 880 |
| 2. | 97 | CHUDY Michał | 23.33 | 810 |
| 3. | 99 | OSTROWSKI Karol | 23.80 | 763 |
| 4. | 99 | KA MIERCZAK Kamil | 23.88 | 755 |
| 5. | 98 | CHRZANOWSKI Damian | 23.91 | 752 |
| 6. | 94 | POLEWKA Tomasz | 24.11 | 734 |
| | 00 | MAJERSKI Jakub | 24.11 | 734 |
| 8. | 01 | SAWICKI Oskar | 24.19 | 726 |
| 9. | 02 | ORLICZ Filip | 24.22 | 724 |
| 10. | 94 | WITKOWSKI Jan | 24.36 | 711 |
| 11. | 95 | BARTOSIEWICZ Jakub | 24.47 | 702 |
| 12. | 02 | JA KIEWICZ Adrian | 24.72 | 681 |
| 13. | 03 | WIEK Wiktor | 24.88 | 668 |
| 14. | 01 | KRZYWNICKI Adrian | 25.12 | 649 |
| 15. | 02 | BIAŁECKI Jan | 25.13 | 648 |
| 16. | 02 | KA MIERCZAK Bruno | 25.19 | 643 |
| 17. | 02 | KWIATEK Radosław | 25.20 | 642 |
| 18. | 91 | KOWALIK Piotr | 25.31 | 634 |
| | 00 | SMOLI SKI Jakub | 25.31 | 634 |
| 20. | 01 | WARZOCHA Albert | 25.32 | 633 |
| 21. | 02 | STENSSON Erik | 25.37 | 630 |
| 22. | 01 | MALINOWSKI Bartosz | 25.46 | 623 |
| | 96 | KOŁODZIEJSKI Filip | 25.46 | 623 |
| 24. | 03 | BIDOWANIEC Kacper | 25.49 | 621 |
| 25. | 00 | BUTKIEWICZ Cezary | 25.61 | 612 |
| 26. | 04 | TOMASZEWSKI Aleks | 25.63 | 611 |
| 27. | 97 | FRÖDEBERG Gustav | 25.64 | 610 |
| 28. | 01 | PARTYKA Damian | 25.68 | 607 |
| 29. | 01 | KRZYKAŁA Emil | 25.76 | 601 |
| | 00 | D BROWSKI Patryk | 25.76 | 601 |
| 31. | 99 | BOCHE Tomasz | 25.84 | 596 |
| | 02 | WRÓBLEWSKI Kamil | 25.84 | 596 |
| 33. | 02 | ŁANGOWSKI Maciej | 25.95 | 588 |
| 34. | 00 | PETTERSSON Robin | 25.96 | 588 |
| 35. | 01 | TŁOMAK Andrzej | 26.11 | 578 |
| 36. | 02 | BOBORYK Wojciech | 26.23 | 570 |
| 37. | 03 | OŁ D Stanisław | 26.27 | 567 |
| 38. | 04 | KWIATKOWSKI Tymoteusz | 26.29 | 566 |
| 39. | 02 | BLI NIEWSKI Franciszek | 26.34 | 563 |
| | 99 | SVENSSON Noah | 26.34 | 563 |
| 41. | 02 | TOMCZAK Tymoteusz | 26.35 | 562 |
| 42. | 03 | KULS Jan | 26.37 | 561 |
| 43. | 02 | CHOJNOWSKI Tomasz | 26.40 | 559 |
| 44. | 03 | SMOLI SKI Rafał | 26.42 | 557 |
| 45. | 02 | BIELAWA Dominik | 26.43 | 557 |
| 46. | 02 | KUSI SKI Aleksy | 26.48 | 554 |

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Konkurencja 18, M czyzn, 50m motylkowy, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|--------------------------|---------|--------------------------------------|--------------|------|
| 47. | GREBER Artur | 01 | UKS G-8 Bielany Warszawa | 26.50 | 552 |
| | BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 26.50 | 552 |
| 49. | WLAZŁOWSKI Kamil | 03 | UKP „Polonia Warszawa” | 26.55 | 549 |
| 50. | TARASEWICZ Marcel | 04 | UKS G-8 Bielany Warszawa | 26.59 | 547 |
| 51. | NOSARZEWSKI Kornel | 03 | Mokotowski UKP Warszawianka- Wodny F | 26.61 | 546 |
| 52. | GULI SKI Maciej | 04 | UKP „Polonia Warszawa” | 26.70 | 540 |
| 53. | KOWALIK Damian | 94 | KU AZS UAM Pozna | 26.77 | 536 |
| 54. | SZMYT Krzysztof | 03 | UKS Fala Swarz dz | 26.81 | 533 |
| 55. | STEFA SKI Patryk | 03 | KS KSZO Ostrowiec w. | 26.91 | 528 |
| 56. | CHODULSKI Jakub | 00 | KU AZS UMCS Lublin | 26.92 | 527 |
| 57. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 26.94 | 526 |
| 58. | SULIGA Jeremi | 00 | UKS G-8 Bielany Warszawa | 27.01 | 522 |
| 59. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 27.02 | 521 |
| 60. | DOUIB Jonathan | 00 | VSS VASBY | 27.03 | 521 |
| 61. | PACŁAWSKI Jakub | 00 | KU AZS UMCS Lublin | 27.04 | 520 |
| 62. | MALAK Mikołaj | 01 | MKS SP 63 Bydgoszcz | 27.09 | 517 |
| | LINDHOLM Christopher | 02 | VSS VASBY | 27.09 | 517 |
| 64. | WNUK Jakub | 01 | KS Posnania Pozna | 27.11 | 516 |
| 65. | JOHNSON Marcus | 02 | VSS VASBY | 27.20 | 511 |
| 66. | SKÖLD Theodor | 01 | VSS VASBY | 27.33 | 504 |
| 67. | CIERKOSZ Filip | 02 | MKP Astromal-Leszno | 27.36 | 502 |
| 68. | NALE NIK Jakub | 01 | MKP Szczecin | 27.42 | 499 |
| 69. | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 27.44 | 497 |
| 70. | BISZKONT Damian | 96 | KP AVIA widnik | 27.48 | 495 |
| | SZYMKOWIAK Marcin | 80 | KS Warta Pozna | 27.48 | 495 |
| | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 27.48 | 495 |
| 73. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 27.54 | 492 |
| 74. | GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 27.58 | 490 |
| 75. | KAJA Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 27.61 | 488 |
| 76. | PŁOSZKA Kacper | 05 | MKS Jedyńka Łód | 27.66 | 486 |
| 77. | LEIFSEN Gustav | 02 | VSS VASBY | 27.69 | 484 |
| 78. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 27.70 | 484 |
| 79. | GRZEGORZEWSKI Bartosz | 04 | MUKS Wodnik Łask | 27.74 | 482 |
| 80. | UROWICZ Antoni | 04 | MKP Szczecin | 27.76 | 480 |
| | ZIMNIAK Szymon | 01 | UKS Fala Swarz dz | 27.76 | 480 |
| 82. | G SIOROWSKI Michał | 03 | Mokotowski UKP Warszawianka- Wodny F | 27.78 | 479 |
| 83. | CHYRCHAŁA Rafał | 02 | UKS „ORKA" Zamo | 27.81 | 478 |
| 84. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 27.90 | 473 |
| 85. | BORZYMEK Hubert | 02 | Mokotowski UKP Warszawianka- Wodny F | 27.96 | 470 |
| 86. | MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 28.00 | 468 |
| 87. | KAMI SKI Fabian | 04 | MKP Szczecin | 28.01 | 468 |
| 88. | OSSOWSKI Damian | 02 | MKS SP 63 Bydgoszcz | 28.02 | 467 |
| 89. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 28.12 | 462 |
| 90. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 28.21 | 458 |
| 91. | DEPA Mateusz | 04 | KS Posnania Pozna | 28.25 | 456 |
| 92. | KUREK Alan | 04 | MKP Szczecin | 28.27 | 455 |
| 93. | LASKI Filip | 04 | St. KF KS „Fenix" O arów Mazowiecki | 28.30 | 453 |
| 94. | BARSZCZEWSKI Maksymilian | 01 | UKS G-8 Bielany Warszawa | 28.38 | 450 |
| 95. | TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów” | 28.40 | 449 |
| | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 28.40 | 449 |
| 97. | GRUBA Szymon | 05 | MUKS "Pi tnastka" | 28.41 | 448 |
| 98. | RAJCA Wiktor | 02 | KS KSZO Ostrowiec w. | 28.55 | 442 |
| | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 28.55 | 442 |
| 100. | RZ SA Jacek | 03 | UKS abianka Gda sk | 28.76 | 432 |
| 101. | GÓRAL Piotr | 05 | UKS „Dwójka" Tczew | 28.81 | 430 |
| 102. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 28.87 | 427 |

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Pozna , 23- - 24-11-2019

Konkurencja 18, M czyzn, 50m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. |
|----------------------------|---------|--|-------------------|
| 103. KUBIAK Kuba | 05 | Dwójka Morena Gda sk | 28.88 427 |
| 104. DWYER Vincent John | 02 | Mokotowski UKP Warszawianka- Wodny | F29.00 421 |
| 105. GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów” | 29.10 417 |
| 106. MŁYNARCZYK Mateusz | 04 | MKS Jedyńka Łód | 29.14 415 |
| 107. ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wodny | F29.19 413 |
| 108. PISA SKI Michał | 05 | Dwójka Morena Gda sk | 29.32 408 |
| 109. PIETRZAK Mikołaj | 05 | KS Posenania Pozna | 29.40 404 |
| 110. ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Legionow | 29.43 403 |
| 111. J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów” | 29.51 400 |
| 112. SOKOŁOWSKI Fabian | 03 | UKP „Polonia Warszawa” | 29.55 398 |
| 113. FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | 29.96 382 |
| 114. KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 30.06 378 |
| 115. SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 30.10 377 |
| 116. G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 30.32 369 |
| 117. KURDELSKI Filip | 04 | Mokotowski UKP Warszawianka- Wodny | F30.35 368 |
| ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów” | 30.35 368 |
| 119. WOJCIECHOWSKI Szymon | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 30.50 362 |
| 120. MEYER Bartosz | 02 | KP Delfin Inowrocław | 30.86 350 |
| 121. HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów” | 30.90 348 |
| 122. KUREK Kacper | 05 | Foka Choszczcno | 30.91 348 |
| 123. WŁODARCZYK Bartłomiej | 05 | MKS Piast Głogów | 31.03 344 |
| 124. KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | 31.10 342 |
| 125. MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wodny | F31.25 337 |
| 126. MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 31.73 322 |
| 127. HŁASKO Wojciech | 05 | Dwójka Morena Gda sk | 31.92 316 |
| 128. SKOKOWSKI Maciej | 05 | MKS Piast Głogów | 33.35 277 |
| 129. MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 33.39 276 |
| 130. MOLGA Marcin | 05 | Dwójka Morena Gda sk | 33.59 271 |
| 131. MAJAK Mateusz | 05 | Uks Cityzen | 34.02 261 |
| 132. ZAWIEJA Stanisław | 05 | KS Posenania Pozna | 34.27 255 |
| 133. TOMCZAK Michał | 05 | MUKS "Pi tnastka" | 35.73 225 |
| 134. SEWİŁO Mikołaj | 05 | KS Posenania Pozna | 36.19 217 |
| DYSKW. URYNIUK Paweł | 03 | UKS G-8 Bielany Warszawa | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

| | | | |
|-----------------------|----|---|--|
| NW KARDOLI SKI Łukasz | 03 | Kaliski Klub Sportowy „Włóknierz” 1925 Kalisz | |
| NW KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | |
| NW BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz | |

14 lat

| | | | |
|------------------------|----|--|------------------|
| 1. RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 26.94 526 |
| 2. KAJA Bła ej | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 27.61 488 |
| 3. PŁOSZKA Kacper | 05 | MKS Jedyńka Łód | 27.66 486 |
| 4. MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 28.00 468 |
| 5. GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 28.21 458 |
| 6. TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów” | 28.40 449 |
| 7. GRUBA Szymon | 05 | MUKS "Pi tnastka" | 28.41 448 |
| 8. DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 28.55 442 |
| 9. GÓRAL Piotr | 05 | UKS „Dwójka” Tczew | 28.81 430 |
| 10. CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 28.87 427 |
| 11. KUBIAK Kuba | 05 | Dwójka Morena Gda sk | 28.88 427 |
| 12. GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów” | 29.10 417 |
| 13. PISA SKI Michał | 05 | Dwójka Morena Gda sk | 29.32 408 |
| 14. PIETRZAK Mikołaj | 05 | KS Posenania Pozna | 29.40 404 |
| 15. ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Legionow | 29.43 403 |
| 16. FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | 29.96 382 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 18, Chłopców, 50m motylkowy, 14 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-----------------------|---------|------------------------------|--------------|------|
| 17. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 30.06 | 378 |
| 18. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 30.10 | 377 |
| 19. | WOJCIECHOWSKI Szymon | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 30.50 | 362 |
| 20. | KUREK Kacper | 05 | Foka Choszczno | 30.91 | 348 |
| 21. | WŁODARCZYK Bartłomiej | 05 | MKS Piast Głogów | 31.03 | 344 |
| 22. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 31.73 | 322 |
| 23. | HŁASKO Wojciech | 05 | Dwójka Morena Gda sk | 31.92 | 316 |
| 24. | SKOKOWSKI Maciej | 05 | MKS Piast Głogów | 33.35 | 277 |
| 25. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 33.39 | 276 |
| 26. | MOLGA Marcin | 05 | Dwójka Morena Gda sk | 33.59 | 271 |
| 27. | MAJAK Mateusz | 05 | Uks Cityzen | 34.02 | 261 |
| 28. | ZAWIEJA Stanisław | 05 | KS Posnania Pozna | 34.27 | 255 |
| 29. | TOMCZAK Michał | 05 | MUKS "Pi tnastka" | 35.73 | 225 |
| 30. | SEWŁO Mikołaj | 05 | KS Posnania Pozna | 36.19 | 217 |
| NW | BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz | | |

15 lat

| | | | | | |
|-----|------------------------|----|-------------------------------------|--------------|-----|
| 1. | TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 25.63 | 611 |
| 2. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 26.29 | 566 |
| 3. | TARASEWICZ Marcel | 04 | UKS G-8 Bielany Warszawa | 26.59 | 547 |
| 4. | GULI SKI Maciej | 04 | UKP „Polonia Warszawa" | 26.70 | 540 |
| 5. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 27.48 | 495 |
| 6. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 27.54 | 492 |
| 7. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 27.70 | 484 |
| 8. | GRZEGORZEWSKI Bartosz | 04 | MUKS Wodnik Łask | 27.74 | 482 |
| 9. | UROWICZ Antoni | 04 | MKP Szczecin | 27.76 | 480 |
| 10. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 27.90 | 473 |
| 11. | KAMI SKI Fabian | 04 | MKP Szczecin | 28.01 | 468 |
| 12. | DEPA Mateusz | 04 | KS Posnania Pozna | 28.25 | 456 |
| 13. | KUREK Alan | 04 | MKP Szczecin | 28.27 | 455 |
| 14. | LASKI Filip | 04 | St. KF KS „Fenix" O arów Mazowiecki | 28.30 | 453 |
| 15. | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 28.40 | 449 |
| 16. | MŁYNARCZYK Mateusz | 04 | MKS Jedyńka Łód | 29.14 | 415 |
| 17. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 30.32 | 369 |
| 18. | KURDELSKI Filip | 04 | Mokotowski UKP Warszawianka- Wodny | 30.35 | 368 |
| | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów" | 30.35 | 368 |
| 20. | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | 31.10 | 342 |

16 lat

| | | | | | |
|-----|--------------------|----|--|--------------|-----|
| 1. | WIEK Wiktor | 03 | UKS G-8 Bielany Warszawa | 24.88 | 668 |
| 2. | BIDOWANIEC Kacper | 03 | UPKS Wodnik Rawicz | 25.49 | 621 |
| 3. | OŁ D Stanisław | 03 | UKS G-8 Bielany Warszawa | 26.27 | 567 |
| 4. | KULS Jan | 03 | KP Delfin Inowrocław | 26.37 | 561 |
| 5. | SMOLI SKI Rafał | 03 | Uczniowski Klub Sportowy Delfin Legionow | 26.42 | 557 |
| 6. | BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 26.50 | 552 |
| 7. | WLAŻŁOWSKI Kamil | 03 | UKP „Polonia Warszawa" | 26.55 | 549 |
| 8. | NOSARZEWSKI Kornel | 03 | Mokotowski UKP Warszawianka- Wodny | 26.61 | 546 |
| 9. | SZMYT Krzysztof | 03 | UKS Fala Swarz dz | 26.81 | 533 |
| 10. | STEFA SKI Patryk | 03 | KS KSZO Ostrowiec w. | 26.91 | 528 |
| 11. | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 27.44 | 497 |
| 12. | G SIOROWSKI Michał | 03 | Mokotowski UKP Warszawianka- Wodny | 27.78 | 479 |
| 13. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 28.12 | 462 |
| 14. | RZ SA Jacek | 03 | UKS abianka Gda sk | 28.76 | 432 |
| 15. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wodny | 29.19 | 413 |
| 16. | SOKOŁOWSKI Fabian | 03 | UKP „Polonia Warszawa" | 29.55 | 398 |

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Pozna , 23- - 24-11-2019

Konkurencja 18, Chłopców, 50m motylkowy, 16 lat

| Pozycja | Rok ur. | Czas | Pkt. |
|---|--|------|------|
| DYSKW. URYNIUK Paweł | 03 UKS G-8 Bielany Warszawa | | |
| <i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.</i> | | | |
| NW KARDOLI SKI Łukasz | 03 Kaliski Klub Sportowy „Włóknierz” 1925 Kalisz | | |
| NW KUPCEWICZ Kajetan | 03 MKS SP 63 Bydgoszcz | | |

17 - 18 lat

| | | | |
|------------------------------|--|---------------|-----|
| 1. SAWICKI Oskar | 01 UKS G-8 Bielany Warszawa | 24.19 | 726 |
| 2. ORLICZ Filip | 02 UKS G-8 Bielany Warszawa | 24.22 | 724 |
| 3. JA KIEWICZ Adrian | 02 UKS G-8 Bielany Warszawa | 24.72 | 681 |
| 4. KRZYWNICKI Adrian | 01 MPKS Orka Ciechanów | 25.12 | 649 |
| 5. BIAŁECKI Jan | 02 Mokotowski UKP Warszawianka- Wodny | F25.13 | 648 |
| 6. KA MIERCZAK Bruno | 02 UKS GOS Raszyn | 25.19 | 643 |
| 7. KWIATEK Radosław | 02 St. Lok. SALOS Cortile Kielce | 25.20 | 642 |
| 8. WARZOCHA Albert | 01 Uks Cityzen | 25.32 | 633 |
| 9. STENSSON Erik | 02 SS VAERMAMO | 25.37 | 630 |
| 10. MALINOWSKI Bartosz | 01 MKS Neptun Stargard | 25.46 | 623 |
| 11. PARTYKA Damian | 01 AZS AWFIS Gda sk | 25.68 | 607 |
| 12. KRZYKAŁA Emil | 01 KP AVIA widnik | 25.76 | 601 |
| 13. WRÓBLEWSKI Kamil | 02 UKS G-8 Bielany Warszawa | 25.84 | 596 |
| 14. ŁANGOWSKI Maciej | 02 KS Posnania Pozna | 25.95 | 588 |
| 15. TŁOMAK Andrzej | 01 St. KF KS „Fenix” O arów Mazowiecki | 26.11 | 578 |
| 16. BOBORYK Wojciech | 02 KS Delfin Gdynia | 26.23 | 570 |
| 17. BLI NIEWSKI Franciszek | 02 MKS Trójka Łód | 26.34 | 563 |
| 18. TOMCZAK Tymoteusz | 02 KS Posnania Pozna | 26.35 | 562 |
| 19. CHOJNOWSKI Tomasz | 02 Mokotowski UKP Warszawianka- Wodny | F26.40 | 559 |
| 20. BIELAWA Dominik | 02 KS KSZO Ostrowiec w. | 26.43 | 557 |
| 21. KUSI SKI Aleksy | 02 MKS Jedynka Łód | 26.48 | 554 |
| 22. GREBER Artur | 01 UKS G-8 Bielany Warszawa | 26.50 | 552 |
| 23. LESZEGA Szymon | 01 KS Delfin Gdynia | 27.02 | 521 |
| 24. MALAK Mikołaj | 01 MKS SP 63 Bydgoszcz | 27.09 | 517 |
| LINDHOLM Christopher | 02 VSS VASBY | 27.09 | 517 |
| 26. WNUK Jakub | 01 KS Posnania Pozna | 27.11 | 516 |
| 27. JOHNSSON Marcus | 02 VSS VASBY | 27.20 | 511 |
| 28. SKÖLD Theodor | 01 VSS VASBY | 27.33 | 504 |
| 29. CIERKOSZ Filip | 02 MKP Astromal-Leszno | 27.36 | 502 |
| 30. NALE NIK Jakub | 01 MKP Szczecin | 27.42 | 499 |
| 31. GUMI SKI Igor | 02 Dwójka Morena Gda sk | 27.58 | 490 |
| 32. LEIFSEN Gustav | 02 VSS VASBY | 27.69 | 484 |
| 33. ZIMNIAK Szymon | 01 UKS Fala Swarz dz | 27.76 | 480 |
| 34. CHYRCHAŁA Rafał | 02 UKS „ORKA” Zamo | 27.81 | 478 |
| 35. BORZYMEK Hubert | 02 Mokotowski UKP Warszawianka- Wodny | F27.96 | 470 |
| 36. OSSOWSKI Damian | 02 MKS SP 63 Bydgoszcz | 28.02 | 467 |
| 37. BARSZCZEWSKI Maksymilian | 01 UKS G-8 Bielany Warszawa | 28.38 | 450 |
| 38. RAJCA Wiktor | 02 KS KSZO Ostrowiec w. | 28.55 | 442 |
| 39. DWYER Vincent John | 02 Mokotowski UKP Warszawianka- Wodny | F29.00 | 421 |
| 40. J DRZEJKIEWICZ Jan | 02 UKS „GIM 92 Ursynów” | 29.51 | 400 |
| 41. MEYER Bartosz | 02 KP Delfin Inowrocław | 30.86 | 350 |
| 42. HORBATY Klaudiusz | 02 UKS „GIM 92 Ursynów” | 30.90 | 348 |
| 43. MORDZONEK Mateusz | 01 Mokotowski UKP Warszawianka- Wodny | F31.25 | 337 |

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Pozna , 23- - 24-11-2019

Konkurencja 19
2019-11-23 - 17:54

Kobiet, 200m grzbietowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|------------------|-------|---------------------|------------|
| RP Open | 2:04.98 | TCHÓRZ Alicja | 00101 | Netanya (ISR) | 2015-12-04 |
| RP 19 - 23 | 2:04.98 | TCHÓRZ Alicja | 00101 | Netanya (ISR) | 2015-12-04 |
| RP 18 | 2:07.06 | TCHÓRZ Alicja | 00104 | Istanbul (TUR) | 2009-12-13 |
| RP 17 | 2:07.06 | TCHÓRZ Alicja | 00104 | Istanbul (TUR) | 2009-12-13 |
| RP 16 | 2:07.74 | NAZI BŁO Klaudia | 00101 | Gorzow Wielkopolski | 2009-11-29 |
| RP 15 | 2:09.98 | LEFANOWICZ Iwona | 01003 | Katowice | 2007-01-19 |
| RP 14 | 2:12.52 | LEFANOWICZ Iwona | 01003 | Lodz | 2006-10-28 |
| RP Open | 2:04.98 | TCHÓRZ Alicja | 00101 | Netanya (ISR) | 2015-12-04 |
| RP 19 - 23 | 2:04.98 | TCHÓRZ Alicja | 00101 | Netanya (ISR) | 2015-12-04 |
| RP 18 | 2:07.06 | TCHÓRZ Alicja | 00104 | Istanbul (TUR) | 2009-12-13 |
| RP 17 | 2:07.06 | TCHÓRZ Alicja | 00104 | Istanbul (TUR) | 2009-12-13 |
| RP 16 | 2:07.74 | NAZI BŁO Klaudia | 00101 | Gorzow Wielkopolski | 2009-11-29 |
| RP 15 | 2:09.98 | LEFANOWICZ Iwona | 01003 | Katowice | 2007-01-19 |
| RP 14 | 2:12.52 | LEFANOWICZ Iwona | 01003 | Lodz | 2006-10-28 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|------------------------|---------|---|-----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. | | HERASIMOWICZ Zuzanna02 AZS AWF Warszawa | 2:06.99 | 827 | 30.19 | 32.52 | 32.43 | 31.85 |
| | | <i>Czas lepszy od Rekordu Polski, Minimum Kwalifikacyjne Mistrzostw Europy Glasgow (Juniorki)</i> | | | | | | |
| 2. | 05 | BERNAT Laura KS OLIMPIA Lublin | 2:07.71 | 813 | 30.53 | 32.36 | 32.84 | 31.98 |
| | | <i>Czas lepszy od Rekordu Polski, Minimum Kwalifikacyjne Mistrzostw Europy Glasgow (Juniorki)</i> | | | | | | |
| 3. | 93 | NAZI BŁO Klaudia MKS Juwenia Wrocław | 2:08.97 | 790 | 30.10 | 33.41 | 32.84 | 32.62 |
| 4. | 98 | NASKR T Agata UKS G-8 Bielany Warszawa | 2:10.79 | 757 | 30.59 | 33.49 | 33.80 | 32.91 |
| 5. | 04 | RYDY SKA Marianna MUKS "Pi tnastka" | 2:14.13 | 702 | 31.34 | 33.78 | 34.59 | 34.42 |
| 6. | 05 | PALICKA Wiktoria TP Skalar Słupsk | 2:15.99 | 673 | 31.04 | 33.87 | 35.89 | 35.19 |
| 7. | 96 | WŁODARCZYK Ewelina WKS I sk Wrocław | 2:17.07 | 658 | 31.35 | 34.94 | 35.51 | 35.27 |
| 8. | 04 | WECKWERT Iga UKS abianka Gda sk | 2:18.87 | 632 | 31.84 | 35.41 | 35.85 | 35.77 |
| 9. | 01 | WOLSKA Karolina MUKS "Pi tnastka" | 2:19.80 | 620 | 32.84 | 35.06 | 36.21 | 35.69 |
| 10. | 02 | KUPIS Aleksandra MKP Szczecin | 2:19.83 | 619 | 33.53 | 35.24 | 36.30 | 34.76 |
| 11. | 02 | GAJDZI SKA Amelia MUKS "Pi tnastka" | 2:20.85 | 606 | 33.11 | 35.63 | 36.26 | 35.85 |
| 12. | 02 | ROSI SKA Karolina Grudzi dzki KP „Orka" | 2:20.91 | 605 | 31.82 | 35.64 | 36.86 | 36.59 |
| 13. | 05 | WIECZOREK Zuzanna SMS Zielona Góra | 2:20.92 | 605 | 32.95 | 35.80 | 36.17 | 36.00 |
| 14. | 01 | ANDERSSON Tova VSS VASBY | 2:21.28 | 601 | 32.38 | 35.49 | 36.81 | 36.60 |
| 15. | 04 | KRUZEROWSKA Zofia MKS Jedylna Łód | 2:21.35 | 600 | 33.83 | 35.41 | 36.37 | 35.74 |
| 16. | 05 | CIESIELSKA Inga MUKS "Pi tnastka" | 2:22.55 | 585 | 32.68 | 36.16 | 37.05 | 36.66 |
| 17. | 02 | GRZELCZYK Natalia Kaliski Klub Sportowy „Włó | 2:23.161 | 577 | 32.44 | 36.04 | 37.57 | 37.11 |
| 18. | 04 | SIOMA Zuzanna UKS „ORKA" Zamo | 2:23.19 | 577 | 32.80 | 36.41 | 37.95 | 36.03 |
| 19. | 04 | KOZŁOWSKA Maja SMS Zielona Góra | 2:23.35 | 575 | 33.94 | 36.41 | 37.06 | 35.94 |
| 20. | 03 | KOZI SKA Anna UKS „GIM 92 Ursynów" | 2:23.37 | 575 | 32.63 | 36.08 | 37.60 | 37.06 |
| 21. | 04 | MALEC Klaudia UKS „ORKA" Zamo | 2:23.39 | 574 | 32.50 | 36.16 | 38.13 | 36.60 |
| 22. | 03 | KANTECKA Julia Kaliski Klub Sportowy „Włó | 2:24.191 | 565 | 33.21 | 36.17 | 37.09 | 37.72 |
| 23. | 03 | ZIEMACKA Julia UKS G-8 Bielany Warszawa | 2:25.15 | 554 | 33.32 | 36.51 | 37.75 | 37.57 |
| 24. | 03 | MRO EWSKA Anna UKP „Polonia Warszawa" | 2:25.89 | 545 | 31.97 | 37.15 | 37.78 | 38.99 |
| 25. | 04 | STE Oliwia KS KSZO Ostrowiec w. | 2:26.07 | 543 | 32.78 | 36.60 | 38.07 | 38.62 |
| 26. | 03 | MO D AN Milena MKP Szczecin | 2:26.25 | 541 | 34.70 | 37.22 | 37.61 | 36.72 |
| 27. | 03 | MACIOŁA Maja UKP „Polonia Warszawa" | 2:26.56 | 538 | 34.16 | 37.93 | 38.75 | 35.72 |
| 28. | 05 | GRZEBIELUCH Maja MKS Jedylna Łód | 2:27.51 | 528 | 34.31 | 37.82 | 38.37 | 37.01 |
| 29. | 03 | MOLENDY Dominika UKS abianka Gda sk | 2:27.68 | 526 | 33.17 | 37.17 | 38.76 | 38.58 |
| 30. | 05 | DZIADEK Amelia UKS Manta Warszawa Włoc | 2:27.71 | 525 | 33.71 | 38.18 | 38.06 | 37.76 |
| 31. | 04 | TOMASIK Otylia MUKS "Pi tnastka" | 2:28.06 | 522 | 34.10 | 37.14 | 37.87 | 38.95 |
| 32. | 00 | EKLUND Cornelia VSS VASBY | 2:28.10 | 521 | 33.78 | 37.48 | 38.32 | 38.52 |
| 33. | 05 | RONKIEWICZ Dominika MUKS "Pi tnastka" | 2:28.87 | 513 | 34.37 | 37.57 | 38.34 | 38.59 |
| 34. | 01 | MARSZAŁEK Magdalena MKP Szczecin | 2:29.80 | 504 | 35.24 | 38.00 | 38.85 | 37.71 |
| 35. | 04 | CYGAN Julia MKS „Astoria" Bydgoszcz | 2:29.93 | 502 | 35.12 | 38.12 | 38.93 | 37.76 |
| 36. | 04 | WRONA Magdalena MKS Jedylna Łód | 2:30.00 | 502 | 34.60 | 37.95 | 39.59 | 37.86 |
| 37. | 05 | SŁOMI SKA Anna AZS AWF Warszawa | 2:30.69 | 495 | 35.75 | 38.33 | 39.43 | 37.18 |
| 38. | 05 | KLECZEK Maria UKS „GIM 92 Ursynów" | 2:30.89 | 493 | 34.88 | 38.35 | 39.58 | 38.08 |
| 39. | 04 | STANECKA Hanna Starachowicki Klub Pływack | 2:31.13 | 491 | 34.59 | 38.21 | 39.74 | 38.59 |
| 40. | 99 | RUTKOWSKA Wiktoria MUKS "Pi tnastka" | 2:31.45 | 487 | 36.55 | 38.30 | 38.57 | 38.03 |
| 41. | 05 | URBA SKA Patrycja MKS Jedylna Łód | 2:31.52 | 487 | 35.66 | 38.73 | 38.92 | 38.21 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 19, Kobiet, 200m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|---------------------|-----------------------------|----------------|------|-------|-------|-------|-------|
| 42. | BIDNIK Wiktoria | 04 UKS „GIM 92 Ursynów" | 2:31.77 | 484 | 34.26 | 38.21 | 39.73 | 39.57 |
| 43. | KRYWIEL Karolina | 03 MKP Szczecin | 2:32.48 | 478 | 35.67 | 38.57 | 39.31 | 38.93 |
| 44. | GIZA Olga | 04 UKS abianka Gda sk | 2:33.09 | 472 | 37.15 | 38.97 | 39.06 | 37.91 |
| 45. | WRÓBEL Karolina | 05 MKS Piaseczno | 2:33.43 | 469 | 36.89 | 39.45 | 39.08 | 38.01 |
| 46. | EMOJTEL Zuzanna | 03 AZS AWFIS Gda sk | 2:35.51 | 450 | 34.94 | 38.54 | 41.43 | 40.60 |
| 47. | HODUR Paulina | 04 MKS Polonia Warszawa | 2:35.68 | 449 | 36.16 | 39.15 | 40.71 | 39.66 |
| 48. | KOŁAKOWSKA Weronika | 05 UKS G-8 Bielany Warszawa | 2:36.29 | 443 | 37.17 | 39.59 | 40.13 | 39.40 |
| 49. | TRZASKA Alicja | 05 Uczniowski Klub Sportowy | 2:38.52 | 425 | 37.00 | 40.07 | 41.10 | 40.35 |
| 50. | PILARSKA Natalia | 03 KS Warta Pozna | 2:39.64 | 416 | 36.75 | 40.89 | 42.59 | 39.41 |
| 51. | SVENSSON Lovisa | 02 SS VAERMAMO | 2:41.93 | 399 | 36.78 | 41.45 | 42.08 | 41.62 |
| 52. | JARZY SKA Gabriela | 05 MUKS Wodnik Łask | 2:46.13 | 369 | 37.40 | 42.92 | 44.54 | 41.27 |
| 53. | WASZKIEWICZ Alicja | 05 KP Delfin Inowrocław | 2:49.60 | 347 | 39.34 | 42.57 | 44.16 | 43.53 |
| NW | FRYSIAK Zuzanna | 03 MUKS "Pi tnastka" | | | | | | |

14 lat

| | | | | | | | | |
|---|---------------------|-----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | BERNAT Laura | 05 KS OLIMPIA Lublin | 2:07.71 | 813 | 30.53 | 32.36 | 32.84 | 31.98 |
| <i>Czas lepszy od Rekordu Polski, Minimum Kwalifikacyjne Mistrzostw Europy Glasgow (Juniorki)</i> | | | | | | | | |
| 2. | PALICKA Wiktoria | 05 TP Skalar Słupsk | 2:15.99 | 673 | 31.04 | 33.87 | 35.89 | 35.19 |
| 3. | WIECZOREK Zuzanna | 05 SMS Zielona Góra | 2:20.92 | 605 | 32.95 | 35.80 | 36.17 | 36.00 |
| 4. | CIESIELSKA Inga | 05 MUKS "Pi tnastka" | 2:22.55 | 585 | 32.68 | 36.16 | 37.05 | 36.66 |
| 5. | GRZEBIELUCH Maja | 05 MKS Jedylnka Łód | 2:27.51 | 528 | 34.31 | 37.82 | 38.37 | 37.01 |
| 6. | DZIADEK Amelia | 05 UKS Manta Warszawa Włoc | 2:27.71 | 525 | 33.71 | 38.18 | 38.06 | 37.76 |
| 7. | RONKIEWICZ Dominika | 05 MUKS "Pi tnastka" | 2:28.87 | 513 | 34.37 | 37.57 | 38.34 | 38.59 |
| 8. | SŁOMI SKA Anna | 05 AZS AWF Warszawa | 2:30.69 | 495 | 35.75 | 38.33 | 39.43 | 37.18 |
| 9. | KLECZEK Maria | 05 UKS „GIM 92 Ursynów" | 2:30.89 | 493 | 34.88 | 38.35 | 39.58 | 38.08 |
| 10. | URBA SKA Patrycja | 05 MKS Jedylnka Łód | 2:31.52 | 487 | 35.66 | 38.73 | 38.92 | 38.21 |
| 11. | WRÓBEL Karolina | 05 MKS Piaseczno | 2:33.43 | 469 | 36.89 | 39.45 | 39.08 | 38.01 |
| 12. | KOŁAKOWSKA Weronika | 05 UKS G-8 Bielany Warszawa | 2:36.29 | 443 | 37.17 | 39.59 | 40.13 | 39.40 |
| 13. | TRZASKA Alicja | 05 Uczniowski Klub Sportowy | 2:38.52 | 425 | 37.00 | 40.07 | 41.10 | 40.35 |
| 14. | JARZY SKA Gabriela | 05 MUKS Wodnik Łask | 2:46.13 | 369 | 37.40 | 42.92 | 44.54 | 41.27 |
| 15. | WASZKIEWICZ Alicja | 05 KP Delfin Inowrocław | 2:49.60 | 347 | 39.34 | 42.57 | 44.16 | 43.53 |

15 lat

| | | | | | | | | |
|-----|-------------------|--------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | RYDY SKA Marianna | 04 MUKS "Pi tnastka" | 2:14.13 | 702 | 31.34 | 33.78 | 34.59 | 34.42 |
| 2. | WECKWERT Iga | 04 UKS abianka Gda sk | 2:18.87 | 632 | 31.84 | 35.41 | 35.85 | 35.77 |
| 3. | KRUZEROWSKA Zofia | 04 MKS Jedylnka Łód | 2:21.35 | 600 | 33.83 | 35.41 | 36.37 | 35.74 |
| 4. | SIOMA Zuzanna | 04 UKS „ORKA" Zamo | 2:23.19 | 577 | 32.80 | 36.41 | 37.95 | 36.03 |
| 5. | KOZŁOWSKA Maja | 04 SMS Zielona Góra | 2:23.35 | 575 | 33.94 | 36.41 | 37.06 | 35.94 |
| 6. | MALEC Klaudia | 04 UKS „ORKA" Zamo | 2:23.39 | 574 | 32.50 | 36.16 | 38.13 | 36.60 |
| 7. | STE Oliwia | 04 KS KSZO Ostrowiec w. | 2:26.07 | 543 | 32.78 | 36.60 | 38.07 | 38.62 |
| 8. | TOMASIK Otylia | 04 MUKS "Pi tnastka" | 2:28.06 | 522 | 34.10 | 37.14 | 37.87 | 38.95 |
| 9. | CYGAN Julia | 04 MKS „Astoria" Bydgoszcz | 2:29.93 | 502 | 35.12 | 38.12 | 38.93 | 37.76 |
| 10. | WRONA Magdalena | 04 MKS Jedylnka Łód | 2:30.00 | 502 | 34.60 | 37.95 | 39.59 | 37.86 |
| 11. | STANECKA Hanna | 04 Starachowicki Klub Pływacki | 2:31.13 | 491 | 34.59 | 38.21 | 39.74 | 38.59 |
| 12. | BIDNIK Wiktoria | 04 UKS „GIM 92 Ursynów" | 2:31.77 | 484 | 34.26 | 38.21 | 39.73 | 39.57 |
| 13. | GIZA Olga | 04 UKS abianka Gda sk | 2:33.09 | 472 | 37.15 | 38.97 | 39.06 | 37.91 |
| 14. | HODUR Paulina | 04 MKS Polonia Warszawa | 2:35.68 | 449 | 36.16 | 39.15 | 40.71 | 39.66 |

16 lat

| | | | | | | | | |
|----|------------------|-------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | KOZI SKA Anna | 03 UKS „GIM 92 Ursynów" | 2:23.37 | 575 | 32.63 | 36.08 | 37.60 | 37.06 |
| 2. | KANTECKA Julia | 03 Kaliski Klub Sportowy „Włó | 2:24.19 | 565 | 33.21 | 36.17 | 37.09 | 37.72 |
| 3. | ZIEMACKA Julia | 03 UKS G-8 Bielany Warszawa | 2:25.15 | 554 | 33.32 | 36.51 | 37.75 | 37.57 |
| 4. | MRO EWSKA Anna | 03 UKP „Polonia Warszawa" | 2:25.89 | 545 | 31.97 | 37.15 | 37.78 | 38.99 |
| 5. | MO D AN Milena | 03 MKP Szczecin | 2:26.25 | 541 | 34.70 | 37.22 | 37.61 | 36.72 |
| 6. | MACIOŁA Maja | 03 UKP „Polonia Warszawa" | 2:26.56 | 538 | 34.16 | 37.93 | 38.75 | 35.72 |
| 7. | MOLENDY Dominika | 03 UKS abianka Gda sk | 2:27.68 | 526 | 33.17 | 37.17 | 38.76 | 38.58 |
| 8. | KRYWIEL Karolina | 03 MKP Szczecin | 2:32.48 | 478 | 35.67 | 38.57 | 39.31 | 38.93 |
| 9. | EMOJTEL Zuzanna | 03 AZS AWFIS Gda sk | 2:35.51 | 450 | 34.94 | 38.54 | 41.43 | 40.60 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 19, Dziewcz t, 200m grzbietowy, 16 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|----------------------|---------|-------------------|----------------|------|-------|-------|-------|-------|
| 10. PILARSKA Natalia | 03 | KS Warta Pozna | 2:39.64 | 416 | 36.75 | 40.89 | 42.59 | 39.41 |
| NW FRYSIAK Zuzanna | 03 | MUKS "Pi tnastka" | | | | | | |

17 - 18 lat

| | | | | | | | | |
|---|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. HERASIMOWICZ Zuzanna | 02 | AZS AWF Warszawa | 2:06.99 | 827 | 30.19 | 32.52 | 32.43 | 31.85 |
| <i>Czas lepszy od Rekordu Polski, Minimum Kwalifikacyjne Mistrzostw Europy Glasgow (Juniorki)</i> | | | | | | | | |
| 2. WOLSKA Karolina | 01 | MUKS "Pi tnastka" | 2:19.80 | 620 | 32.84 | 35.06 | 36.21 | 35.69 |
| 3. KUPIS Aleksandra | 02 | MKP Szczecin | 2:19.83 | 619 | 33.53 | 35.24 | 36.30 | 34.76 |
| 4. GAJDZI SKA Amelia | 02 | MUKS "Pi tnastka" | 2:20.85 | 606 | 33.11 | 35.63 | 36.26 | 35.85 |
| 5. ROSI SKA Karolina | 02 | Grudzi dzki KP „Orka" | 2:20.91 | 605 | 31.82 | 35.64 | 36.86 | 36.59 |
| 6. ANDERSSON Tova | 01 | VSS VASBY | 2:21.28 | 601 | 32.38 | 35.49 | 36.81 | 36.60 |
| 7. GRZELCZYK Natalia | 02 | Kaliski Klub Sportowy „Włó | 2:23.16 | 577 | 32.44 | 36.04 | 37.57 | 37.11 |
| 8. MARSZAŁEK Magdalena | 01 | MKP Szczecin | 2:29.80 | 504 | 35.24 | 38.00 | 38.85 | 37.71 |
| 9. SVENSSON Lovisa | 02 | SS VAERMAMO | 2:41.93 | 399 | 36.78 | 41.45 | 42.08 | 41.62 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 20
2019-11-23 - 18:12

M czyzn, 200m grzbietowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|---------------------|-------|---------------------|------------|
| RP Open | 1:47.38 | KAW CKI Radosław | 00304 | Doha (QAT) | 2014-12-07 |
| RP 19 - 23 | 1:47.38 | KAW CKI Radosław | 00304 | Doha (QAT) | 2014-12-07 |
| RP 18 | 1:48.73 | KAW CKI Radosław | 00304 | Warsaw | 2009-12-18 |
| RP 17 | 1:51.76 | STOKOWSKI Kacper | 05114 | Olsztyn | 2016-12-15 |
| RP 16 | 1:55.56 | WYSOCZY SKI Mateusz | 00106 | Gorzow Wielkopolski | 2009-11-26 |
| RP 15 | 1:59.30 | GORAJ Marcin | 03606 | Olsztyn | 2016-12-15 |
| RP 14 | 1:59.53 | KOSI SKI Filip | 00109 | Olsztyn | 2018-12-14 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | | |
|--------------------------------------|---------|------------------------|------|------------------------------|----------------|---------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | | |
| 1. | | KAW CKI Radosław | 91 | AZS AWF Warszawa | 1:52.85 | 820 | 27.04 | 28.59 | 27.56 | 29.66 |
| 2. | | MŁYNARCZYK Karol | 00 | UKS G-8 Bielany Warszawa | 1:54.57 | 783 | 28.17 | 29.84 | 28.29 | 28.27 |
| 3. | | SKIERKA Jakub | 98 | SMS Zielona Góra | 1:56.52 | 745 | 27.51 | 30.01 | 29.68 | 29.32 |
| 4. | | MALEC Mikołaj | 01 | MKS Trójka Łód | 1:56.75 | 740 | 27.84 | 29.87 | 29.88 | 29.16 |
| 5. | | KOSI SKI Filip | 04 | Mi dzyszkolny UKS „Olimpia | 1:56.99 | 736ki | 27.69 | 29.69 | 29.59 | 30.02 |
| <i>Czas lepszy od Rekordu Polski</i> | | | | | | | | | | |
| 6. | | SIENKIEWICZ Aleksander | 03 | SMS Zielona Góra | 1:59.59 | 689 | 28.23 | 30.46 | 30.61 | 30.29 |
| 7. | | MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 2:01.72 | 653 | 28.23 | 31.32 | 32.19 | 29.98 |
| 8. | | K DZIA Wiktor | 00 | MKP Szczecin | 2:02.30 | 644 | 28.19 | 31.08 | 31.62 | 31.41 |
| 9. | | UNGEHEUER Mateusz | 96 | KU AZS AGH Kraków | 2:02.95 | 634 | 28.53 | 31.46 | 31.75 | 31.21 |
| 10. | | BALCERAK Jakub | 00 | MKS Trójka Łód | 2:03.17 | 630 | 28.30 | 30.83 | 31.76 | 32.28 |
| 11. | | BRYŁA Kamil | 99 | KU AZS UMCS Lublin | 2:04.05 | 617 | 28.98 | 31.40 | 31.91 | 31.76 |
| 12. | | BIERO SKI Michał | 99 | WKS I sk Wrocław | 2:04.16 | 615 | 28.93 | 31.54 | 31.97 | 31.72 |
| 13. | | ZUBIK Jan | 03 | UKP „Polonia Warszawa” | 2:04.81 | 606 | 29.22 | 32.37 | 31.47 | 31.75 |
| 14. | | KOWALEWSKI Paweł | 03 | MKS Juwenia Białystok | 2:05.17 | 600 | 28.48 | 31.32 | 32.51 | 32.86 |
| 15. | | OLLER Krzysztof | 00 | KU AZS UMCS Lublin | 2:05.78 | 592 | 29.73 | 31.76 | 32.37 | 31.92 |
| 16. | | KOWALSKI Mateusz | 05 | UKS abianka Gda sk | 2:07.04 | 574 | 29.57 | 31.95 | 32.92 | 32.60 |
| 17. | | BOROWSKI Jakub | 02 | St. Lok. SALOS Cortile Kielc | 2:07.30 | 571 | 30.03 | 32.72 | 32.70 | 31.85 |
| 18. | | KOWALCZYK Piotr | 03 | UKP „Polonia Warszawa” | 2:07.76 | 565 | 28.54 | 33.25 | 33.44 | 32.53 |
| 19. | | GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 2:07.95 | 562 | 29.69 | 32.35 | 32.70 | 33.21 |
| 20. | | BALICKI Michał | 00 | WKS I sk Wrocław | 2:08.37 | 557 | 28.85 | 32.97 | 34.08 | 32.47 |
| 21. | | EGLE Miłosz | 04 | UKS Siódemka Gdynia | 2:09.22 | 546 | 30.35 | 32.41 | 33.33 | 33.13 |
| 22. | | ANTCZAK Bartosz | 03 | UKP „Polonia Warszawa” | 2:09.39 | 544 | 30.09 | 32.41 | 33.51 | 33.38 |
| 23. | | TURAŁA Adrian | 03 | MKS Neptun Stargard | 2:09.74 | 539 | 30.23 | 33.68 | 34.12 | 31.71 |
| 24. | | BRANDT Simon | 00 | VSS VASBY | 2:09.86 | 538 | 30.03 | 32.44 | 33.52 | 33.87 |
| 25. | | GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 2:10.05 | 535 | 29.68 | 32.19 | 33.73 | 34.45 |
| 26. | | SZCZEPA SKI Kacper | 99 | MKS „Astoria” Bydgoszcz | 2:10.31 | 532 | 29.84 | 32.30 | 33.89 | 34.28 |
| 27. | | RZ SA Jacek | 03 | UKS abianka Gda sk | 2:10.52 | 530 | 30.48 | 33.15 | 33.91 | 32.98 |
| 28. | | KOWALSKI Daniel | 03 | SMS Zielona Góra | 2:11.04 | 523 | 30.94 | 32.44 | 33.72 | 33.94 |
| 29. | | KRÓL Jan | 02 | KS KSZO Ostrowiec w. | 2:11.06 | 523 | 29.23 | 33.27 | 34.40 | 34.16 |
| 30. | | LEIFSEN Gustav | 02 | VSS VASBY | 2:11.22 | 521 | 30.35 | 33.31 | 33.86 | 33.70 |
| 31. | | MALICKI Dawid | 02 | KS Rekiny Osielesko | 2:11.28 | 520 | 30.23 | 33.25 | 34.03 | 33.77 |
| 32. | | SETLAK Marcel | 05 | UKS abianka Gda sk | 2:11.53 | 517 | 31.23 | 33.42 | 33.56 | 33.32 |
| 33. | | WOJNOWSKI Damian | 03 | MKP Szczecin | 2:12.03 | 512 | 29.78 | 33.75 | 34.85 | 33.65 |
| 34. | | POGODA Krzysztof | 05 | MKS Jedynka Łód | 2:12.04 | 511 | 31.50 | 33.27 | 33.84 | 33.43 |
| 35. | | KOSTANOWICZ Artur | 98 | Mokotowski UKP Warszawi | 2:12.13 | 510 | 29.47 | 33.25 | 34.76 | 34.65 |
| 36. | | KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 2:12.16 | 510 | 30.68 | 33.77 | 33.71 | 34.00 |
| 37. | | GUZY Marcel | 01 | DOKiS SP Vega Dobrodzie | 2:12.29 | 509 | 31.58 | 34.03 | 33.64 | 33.04 |
| 38. | | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 2:12.41 | 507 | 30.66 | 34.23 | 34.35 | 33.17 |
| 39. | | TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów” | 2:13.10 | 499 | 29.98 | 34.35 | 34.66 | 34.11 |
| 40. | | PLAGA Dawid | 05 | TP Skalar Słupsk | 2:13.78 | 492 | 31.07 | 33.78 | 34.69 | 34.24 |
| 41. | | MATYSIAK Kacper | 03 | KS Warta Pozna | 2:14.11 | 488 | 31.67 | 34.21 | 34.64 | 33.59 |
| 42. | | BLI NIEWSKI Franciszek | 02 | MKS Trójka Łód | 2:14.32 | 486 | 30.75 | 34.43 | 34.88 | 34.26 |
| 43. | | GU CIORA Maciej | 03 | MKP Szczecin | 2:17.55 | 452 | 31.57 | 35.14 | 36.19 | 34.65 |
| 44. | | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 2:17.58 | 452 | 32.03 | 35.30 | 35.48 | 34.77 |
| 45. | | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 2:17.73 | 451 | 30.79 | 34.37 | 36.33 | 36.24 |
| 46. | | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów | 2:18.48 | 443 | 32.16 | 35.26 | 36.24 | 34.82 |
| 47. | | ZABAGŁO Filip | 05 | Uczniowski Klub Sportowy | 2:19.57 | 433iowo | 32.93 | 35.53 | 36.92 | 34.19 |
| 48. | | BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 2:19.65 | 432 | 32.57 | 35.79 | 35.62 | 35.67 |
| 49. | | GÓRAL Piotr | 05 | UKS „Dwójka” Tczew | 2:21.47 | 416 | 33.47 | 36.19 | 36.45 | 35.36 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 20, M czynn, 200m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m |
|-----------------------|---------|-------------------------|--------------------|-------|-------|-------|-------|
| 50. LE NIEWSKI Patryk | 03 | UKS Pi tka Konstantinów | 2:22.40 408 | 32.31 | 37.15 | 37.29 | 35.65 |
| 51. HEIDUK Kacper | 05 | MKS Piast Głogów | 2:23.06 402 | 32.34 | 36.42 | 38.00 | 36.30 |
| 52. STRZELECKI Wiktor | 04 | MKS „Astoria” Bydgoszcz | 2:23.23 401 | 32.82 | 37.24 | 37.12 | 36.05 |
| 53. MAGRYTA Mateusz | 05 | UKS Siódemka Gdynia | 2:25.16 385 | 32.76 | 36.33 | 38.50 | 37.57 |
| 54. WOJTYNIAK Marcel | 05 | KS Poznania Pozna | 2:26.62 373 | 33.50 | 36.49 | 38.39 | 38.24 |
| 55. AHLSTRÖM Ludvig | 02 | VSS VASBY | 2:28.53 359 | 33.67 | 37.34 | 39.49 | 38.03 |
| DYSKW. MICIUL Michał | 00 | SMS Zielona Góra | | | | | |

O3 - Pływak podci gał si na linie torowej (dodatkowy ruch nap dowy).

14 lat

| | | | | | | | |
|--------------------------|----|--------------------------|------------------------|-------|-------|-------|-------|
| 1. KOWALSKI Mateusz | 05 | UKS abianka Gda sk | 2:07.04 574 | 29.57 | 31.95 | 32.92 | 32.60 |
| 2. SETLAK Marcel | 05 | UKS abianka Gda sk | 2:11.53 517 | 31.23 | 33.42 | 33.56 | 33.32 |
| 3. POGODA Krzysztof | 05 | MKS Jedylnka Łód | 2:12.04 511 | 31.50 | 33.27 | 33.84 | 33.43 |
| 4. KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 2:12.16 510 | 30.68 | 33.77 | 33.71 | 34.00 |
| 5. TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów” | 2:13.10 499 | 29.98 | 34.35 | 34.66 | 34.11 |
| 6. PLAGA Dawid | 05 | TP Skalar Słupsk | 2:13.78 492 | 31.07 | 33.78 | 34.69 | 34.24 |
| 7. PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 2:17.58 452 | 32.03 | 35.30 | 35.48 | 34.77 |
| 8. SOBIESZEK Franciszek | 05 | MKS Piaseczno | 2:17.73 451 | 30.79 | 34.37 | 36.33 | 36.24 |
| 9. JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów | 2:18.48 443 | 32.16 | 35.26 | 36.24 | 34.82 |
| 10. ZABAGŁO Filip | 05 | Uczniowski Klub Sportowy | 2:19.57 433iowo | 32.93 | 35.53 | 36.92 | 34.19 |
| 11. BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 2:19.65 432 | 32.57 | 35.79 | 35.62 | 35.67 |
| 12. GÓRAL Piotr | 05 | UKS „Dwójka” Tczew | 2:21.47 416 | 33.47 | 36.19 | 36.45 | 35.36 |
| 13. HEIDUK Kacper | 05 | MKS Piast Głogów | 2:23.06 402 | 32.34 | 36.42 | 38.00 | 36.30 |
| 14. MAGRYTA Mateusz | 05 | UKS Siódemka Gdynia | 2:25.16 385 | 32.76 | 36.33 | 38.50 | 37.57 |
| 15. WOJTYNIAK Marcel | 05 | KS Poznania Pozna | 2:26.62 373 | 33.50 | 36.49 | 38.39 | 38.24 |

15 lat

| | | | | | | | |
|--------------------------------------|----|---------------------------|----------------------|-------|-------|-------|-------|
| 1. KOSI SKI Filip | 04 | Mi dzyszkolny UKS „Olimpi | 1:56.99 736ki | 27.69 | 29.69 | 29.59 | 30.02 |
| <i>Czas lepszy od Rekordu Polski</i> | | | | | | | |
| 2. MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 2:01.72 653 | 28.23 | 31.32 | 32.19 | 29.98 |
| 3. EGGLE Miłosz | 04 | UKS Siódemka Gdynia | 2:09.22 546 | 30.35 | 32.41 | 33.33 | 33.13 |
| 4. J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 2:12.41 507 | 30.66 | 34.23 | 34.35 | 33.17 |
| 5. STRZELECKI Wiktor | 04 | MKS „Astoria” Bydgoszcz | 2:23.23 401 | 32.82 | 37.24 | 37.12 | 36.05 |

16 lat

| | | | | | | | |
|---------------------------|----|-------------------------|--------------------|-------|-------|-------|-------|
| 1. SIENKIEWICZ Aleksander | 03 | SMS Zielona Góra | 1:59.59 689 | 28.23 | 30.46 | 30.61 | 30.29 |
| 2. ZUBIK Jan | 03 | UKP „Polonia Warszawa” | 2:04.81 606 | 29.22 | 32.37 | 31.47 | 31.75 |
| 3. KOWALEWSKI Paweł | 03 | MKS Juwenia Białystok | 2:05.17 600 | 28.48 | 31.32 | 32.51 | 32.86 |
| 4. KOWALCZYK Piotr | 03 | UKP „Polonia Warszawa” | 2:07.76 565 | 28.54 | 33.25 | 33.44 | 32.53 |
| 5. ANTCZAK Bartosz | 03 | UKP „Polonia Warszawa” | 2:09.39 544 | 30.09 | 32.41 | 33.51 | 33.38 |
| 6. TURAŁA Adrian | 03 | MKS Neptun Stargard | 2:09.74 539 | 30.23 | 33.68 | 34.12 | 31.71 |
| 7. RZ SA Jacek | 03 | UKS abianka Gda sk | 2:10.52 530 | 30.48 | 33.15 | 33.91 | 32.98 |
| 8. KOWALSKI Daniel | 03 | SMS Zielona Góra | 2:11.04 523 | 30.94 | 32.44 | 33.72 | 33.94 |
| 9. WOJNOWSKI Damian | 03 | MKP Szczecin | 2:12.03 512 | 29.78 | 33.75 | 34.85 | 33.65 |
| 10. MATYSIAK Kacper | 03 | KS Warta Pozna | 2:14.11 488 | 31.67 | 34.21 | 34.64 | 33.59 |
| 11. GU CIORA Maciej | 03 | MKP Szczecin | 2:17.55 452 | 31.57 | 35.14 | 36.19 | 34.65 |
| 12. LE NIEWSKI Patryk | 03 | UKS Pi tka Konstantinów | 2:22.40 408 | 32.31 | 37.15 | 37.29 | 35.65 |

17 - 18 lat

| | | | | | | | |
|---------------------|----|------------------------------|--------------------|-------|-------|-------|-------|
| 1. MALEC Mikołaj | 01 | MKS Trójka Łód | 1:56.75 740 | 27.84 | 29.87 | 29.88 | 29.16 |
| 2. BOROWSKI Jakub | 02 | St. Lok. SALOS Cortile Kielc | 2:07.30 571 | 30.03 | 32.72 | 32.70 | 31.85 |
| 3. GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 2:07.95 562 | 29.69 | 32.35 | 32.70 | 33.21 |
| 4. GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 2:10.05 535 | 29.68 | 32.19 | 33.73 | 34.45 |
| 5. KRÓL Jan | 02 | KS KSZO Ostrowiec w. | 2:11.06 523 | 29.23 | 33.27 | 34.40 | 34.16 |
| 6. LEIFSEN Gustav | 02 | VSS VASBY | 2:11.22 521 | 30.35 | 33.31 | 33.86 | 33.70 |
| 7. MALICKI Dawid | 02 | KS Rekiny Osielsko | 2:11.28 520 | 30.23 | 33.25 | 34.03 | 33.77 |
| 8. GUZY Marcel | 01 | DOKiS SP Vega Dobrodzie | 2:12.29 509 | 31.58 | 34.03 | 33.64 | 33.04 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 20, Chłopców, 200m grzbietowy, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------|------------------------|----|----------------|----------------|-----|-------|-------|-------|-------|
| 9. | BLI NIEWSKI Franciszek | 02 | MKS Trójka Łód | 2:14.32 | 486 | 30.75 | 34.43 | 34.88 | 34.26 |
| 10. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 2:28.53 | 359 | 33.67 | 37.34 | 39.49 | 38.03 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 21
2019-11-23 - 18:26

Kobiet, 100m zmienny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|----------------------|-------|--------------|------------|
| RP Open | 58.41 | URBANCZYK Aleksandra | 02305 | Lublin | 2015-12-19 |
| RP 19 - 23 | 59.29 | URBANCZYK Aleksandra | | Gorzów Wlkp | 2015-12-19 |
| RP 18 | 1:00.75 | URBANCZYK Aleksandra | | Wiede (AUT) | 2004-12-11 |
| RP 17 | 1:00.75 | URBANCZYK Aleksandra | POL | Vienna (AUT) | 2004-12-11 |
| RP 16 | 1:01.82 | KNOP Aleksandra | 01605 | Lublin | 2018-11-20 |
| RP 15 | 1:01.82 | KNOP Aleksandra | 01605 | Lublin | 2018-12-20 |
| RP 14 | 1:02.16 | KNOP Aleksandra | 01605 | Łód | 2017-12-20 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|--|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 92 | TCHÓRZ Alicja <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow</i> | 59.51 | 856 | 26.86 | 32.65 |
| 2. | 01 | PARADOWSKA Kinga MUKS "Pi tnastka" | 1:03.14 | 716 | 29.70 | 33.44 |
| 3. | 00 | IWANOWSKA Alexandra MKS Juvenia Wrocław | 1:03.70 | 698 | 30.45 | 33.25 |
| 4. | 03 | HERBREder Gabriela UKS „GIM 92 Ursynów" | 1:04.66 | 667 | 30.08 | 34.58 |
| 5. | 04 | GU Wiktoria UKS „Delfin" Piotrków Trybunalski | 1:04.69 | 666 | 30.21 | 34.48 |
| 6. | 03 | PIOTROWSKA Wiktoria AZS AWF Warszawa | 1:05.48 | 642 | 29.31 | 36.17 |
| 7. | 04 | SIENKIEWICZ Martyna MUKS "Pi tnastka" | 1:05.52 | 641 | 30.60 | 34.92 |
| 8. | 04 | RYDY SKA Marianna MUKS "Pi tnastka" | 1:05.59 | 639 | 30.08 | 35.51 |
| 9. | 00 | ROGOWSKA Katarzyna MKP Szczecin | 1:06.06 | 625 | 31.31 | 34.75 |
| 10. | 99 | GUS Julia MUKS "Pi tnastka" | 1:06.24 | 620 | 30.32 | 35.92 |
| 11. | 05 | BERNAT Laura KS OLIMPIA Lublin | 1:06.36 | 617 | 29.68 | 36.68 |
| 12. | 03 | GRO Weronika MKS „Astoria" Bydgoszcz | 1:06.49 | 613 | 30.66 | 35.83 |
| 13. | 02 | ROSI SKA Karolina Grudzi dzki KP „Orka" | 1:06.60 | 610 | 30.83 | 35.77 |
| 14. | 04 | HERMANOWSKA Natalia MUKS "Pi tnastka" | 1:06.85 | 604 | 32.25 | 34.60 |
| 15. | 05 | JASTRZ BEK Nadia UKS Siódemka Gdynia | 1:06.90 | 602 | 31.30 | 35.60 |
| 16. | 01 | W GRZYNOWSKA Aleksandra WKS I sk Wrocław | 1:07.04 | 598 | 30.70 | 36.34 |
| 17. | 98 | ROGOWSKA Paulina St. Lok. SALOS Cortile Kielce | 1:07.05 | 598 | 30.41 | 36.64 |
| 18. | 03 | RUSSEK Agata UKS G-8 Bielany Warszawa | 1:07.66 | 582 | 31.86 | 35.80 |
| 19. | 04 | D BKOWSKA Wiktoria MUKS Wodnik Łask | 1:07.68 | 582 | 31.33 | 36.35 |
| 20. | 00 | EKLUND Cornelia VSS VASBY | 1:07.95 | 575 | 31.95 | 36.00 |
| 21. | 03 | KAMI SKA Anna MUKS "Pi tnastka" | 1:08.19 | 569 | 31.40 | 36.79 |
| 22. | 05 | STAWICKA Julia UKS „GIM 92 Ursynów" | 1:08.24 | 567 | 31.78 | 36.46 |
| 23. | 02 | KUCHTA Maria UKS „Dwójka" Tczew | 1:08.25 | 567 | 32.42 | 35.83 |
| 24. | 04 | SIOMA Zuzanna UKS „ORKA" Zamo | 1:08.26 | 567 | 31.53 | 36.73 |
| 25. | 04 | WO Weronika UKS „GIM 92 Ursynów" | 1:08.30 | 566 | 30.83 | 37.47 |
| 26. | 05 | MAKSYMOWICZ Nina UKS G-8 Bielany Warszawa | 1:08.35 | 565 | 31.11 | 37.24 |
| 27. | 04 | KACZOROWSKA Alicja UKS G-8 Bielany Warszawa | 1:08.55 | 560 | 32.25 | 36.30 |
| 28. | 04 | DRAGAN Julia KS OLIMPIA Lublin | 1:08.57 | 559 | 32.21 | 36.36 |
| 29. | 04 | GWAJ Julia Mi dzyszkolny UKS „Olimpijczyk" Sl | 1:08.89 | 551 | 33.09 | 35.80 |
| 30. | 03 | NOWAK Zofia UKS G-8 Bielany Warszawa | 1:08.91 | 551 | 31.76 | 37.15 |
| 31. | 03 | OBAJTEK Aleksandra AZS AWF Warszawa | 1:09.04 | 548 | 33.01 | 36.03 |
| 32. | 04 | KRÓLIK Adrianna MKP Szczecin | 1:09.39 | 540 | 31.73 | 37.66 |
| 33. | 97 | WI NIEWSKA Natalia KS Warta Pozna | 1:09.40 | 539 | 32.41 | 36.99 |
| 34. | 04 | SZUPER Katarzyna UKS „ORKA" Zamo | 1:09.42 | 539 | 31.26 | 38.16 |
| 35. | 03 | TURKOWSKA Aleksandra MKP Szczecin | 1:09.46 | 538 | 34.35 | 35.11 |
| 36. | 05 | ZORINA Daria UKS G-8 Bielany Warszawa | 1:09.83 | 529 | 32.63 | 37.20 |
| 37. | 05 | KOWALCZYK Katarzyna UKS SP-149 Łód | 1:10.14 | 522 | 33.99 | 36.15 |
| 38. | 05 | GRZEBIELUCH Maja MKS Jedyńka Łód | 1:10.20 | 521 | 31.81 | 38.39 |
| 39. | 04 | ORUM Melissa MUKS "Pi tnastka" | 1:10.25 | 520 | 32.13 | 38.12 |
| 40. | 04 | KIERAGA Patrycja KS OLIMPIA Lublin | 1:10.30 | 519 | 32.68 | 37.62 |
| 41. | 05 | PYTLOCH Zuzanna KP Bałyk Kołobrzeg | 1:10.47 | 515 | 33.61 | 36.86 |
| 42. | 02 | BIDNIK Karolina UKS „GIM 92 Ursynów" | 1:11.60 | 491 | 32.76 | 38.84 |
| 43. | 05 | MORITZ Marcelina MUKS "Pi tnastka" | 1:11.63 | 491 | 32.94 | 38.69 |
| 44. | 02 | BYLI SKA Agnieszka UKS abianka Gda sk | 1:11.72 | 489 | 32.56 | 39.16 |
| 45. | 05 | KALKOWSKA Julia MUKS "Pi tnastka" | 1:12.06 | 482 | 33.21 | 38.85 |
| 46. | 03 | CHLEWI SKA Olimpia MUKS "Pi tnastka" | 1:12.48 | 473 | 34.55 | 37.93 |
| 47. | 04 | NOWAK Oliwia UKS „GIM 92 Ursynów" | 1:12.56 | 472 | 33.63 | 38.93 |
| 48. | 01 | PEACOCK Louise VSS VASBY | 1:12.69 | 469 | 32.69 | 40.00 |
| 49. | 04 | DZIK Wiktoria KS Limanowa-swim | 1:13.15 | 461 | 34.61 | 38.54 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 21, Kobiet, 100m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|--------------------|------|---------------------------------|----------------|------|-------|-------|
| 50. | NOWAK Gabriela | 05 | KP Delfin Inowrocław | 1:13.37 | 456 | 33.24 | 40.13 |
| 51. | KOWAL Magdalena | 05 | MUKS Wodnik Łask | 1:13.43 | 455 | 35.13 | 38.30 |
| 52. | OLECKA Amelia | 05 | UKS „GIM 92 Ursynów” | 1:13.56 | 453 | 34.41 | 39.15 |
| 53. | PARADOWSKA Julia | 05 | UKS G-8 Bielany Warszawa | 1:14.12 | 443 | 33.65 | 40.47 |
| 54. | KLECZEK Maria | 05 | UKS „GIM 92 Ursynów” | 1:14.23 | 441 | 32.88 | 41.35 |
| 55. | PA KO Maja | 04 | UKS G-8 Bielany Warszawa | 1:14.29 | 440 | 34.45 | 39.84 |
| 56. | ZARZECZNA Olga | 05 | KS Posenania Pozna | 1:14.31 | 439 | 35.04 | 39.27 |
| 57. | KLIMCZAK Julia | 04 | UKS Pi tka Konstantynów Łódzki | 1:14.64 | 433 | 37.26 | 37.38 |
| 58. | KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wc | 1:15.00 | 427 | 35.57 | 39.43 |
| 59. | SYSIO Zuzanna | 04 | MUKS Wodnik Łask | 1:15.66 | 416 | 34.58 | 41.08 |
| 60. | CZERWI SKA Martyna | 04 | UKS „Dwójka” Tczew | 1:15.79 | 414 | 33.97 | 41.82 |
| 61. | PFEIFF Matilda | 01 | VSS VASBY | 1:16.05 | 410 | 34.70 | 41.35 |
| 62. | WORONIECKA Emilia | 05 | MUKS "Pi tnaстка" | 1:16.49 | 403 | 34.68 | 41.81 |

DYSKW. JARZY SKA Gabriela

Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zakoczeniu wy cigu w danym stylu., /K15

| | | | |
|----|-----------------|----|------------------------------|
| NW | JAGODA Patrycja | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. |
| NW | DRU BA Amelia | 04 | TP Skalar Słupsk |

14 lat

| | | | | | | | |
|-----|---------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | BERNAT Laura | 05 | KS OLIMPIA Lublin | 1:06.36 | 617 | 29.68 | 36.68 |
| 2. | JASTRZ BEK Nadia | 05 | UKS Siódemka Gdynia | 1:06.90 | 602 | 31.30 | 35.60 |
| 3. | STAWICKA Julia | 05 | UKS „GIM 92 Ursynów” | 1:08.24 | 567 | 31.78 | 36.46 |
| 4. | MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | 1:08.35 | 565 | 31.11 | 37.24 |
| 5. | ZORINA Daria | 05 | UKS G-8 Bielany Warszawa | 1:09.83 | 529 | 32.63 | 37.20 |
| 6. | KOWALCZYK Katarzyna | 05 | UKS SP-149 Łód | 1:10.14 | 522 | 33.99 | 36.15 |
| 7. | GRZEBIELUCH Maja | 05 | MKS Jedynka Łód | 1:10.20 | 521 | 31.81 | 38.39 |
| 8. | PYTLOCH Zuzanna | 05 | KP Bałtyk Kołobrzeg | 1:10.47 | 515 | 33.61 | 36.86 |
| 9. | MORITZ Marcelina | 05 | MUKS "Pi tnaстка" | 1:11.63 | 491 | 32.94 | 38.69 |
| 10. | KALKOWSKA Julia | 05 | MUKS "Pi tnaстка" | 1:12.06 | 482 | 33.21 | 38.85 |
| 11. | NOWAK Gabriela | 05 | KP Delfin Inowrocław | 1:13.37 | 456 | 33.24 | 40.13 |
| 12. | KOWAL Magdalena | 05 | MUKS Wodnik Łask | 1:13.43 | 455 | 35.13 | 38.30 |
| 13. | OLECKA Amelia | 05 | UKS „GIM 92 Ursynów” | 1:13.56 | 453 | 34.41 | 39.15 |
| 14. | PARADOWSKA Julia | 05 | UKS G-8 Bielany Warszawa | 1:14.12 | 443 | 33.65 | 40.47 |
| 15. | KLECZEK Maria | 05 | UKS „GIM 92 Ursynów” | 1:14.23 | 441 | 32.88 | 41.35 |
| 16. | ZARZECZNA Olga | 05 | KS Posenania Pozna | 1:14.31 | 439 | 35.04 | 39.27 |
| 17. | WORONIECKA Emilia | 05 | MUKS "Pi tnaстка" | 1:16.49 | 403 | 34.68 | 41.81 |

DYSKW. JARZY SKA Gabriela

Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zakoczeniu wy cigu w danym stylu., /K15

| | | | |
|----|-----------------|----|------------------------------|
| NW | JAGODA Patrycja | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. |
|----|-----------------|----|------------------------------|

15 lat

| | | | | | | | |
|-----|---------------------|----|------------------------------------|----------------|-----|-------|-------|
| 1. | GU Wiktoria | 04 | UKS „Delfin” Piotrków Trybunalski | 1:04.69 | 666 | 30.21 | 34.48 |
| 2. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnaстка" | 1:05.52 | 641 | 30.60 | 34.92 |
| 3. | RYDY SKA Marianna | 04 | MUKS "Pi tnaстка" | 1:05.59 | 639 | 30.08 | 35.51 |
| 4. | HERMANOWSKA Natalia | 04 | MUKS "Pi tnaстка" | 1:06.85 | 604 | 32.25 | 34.60 |
| 5. | D BKOWSKA Wiktoria | 04 | MUKS Wodnik Łask | 1:07.68 | 582 | 31.33 | 36.35 |
| 6. | SIOMA Zuzanna | 04 | UKS „ORKA” Zamo | 1:08.26 | 567 | 31.53 | 36.73 |
| 7. | WO Weronika | 04 | UKS „GIM 92 Ursynów” | 1:08.30 | 566 | 30.83 | 37.47 |
| 8. | KACZOROWSKA Alicja | 04 | UKS G-8 Bielany Warszawa | 1:08.55 | 560 | 32.25 | 36.30 |
| 9. | DRAGAN Julia | 04 | KS OLIMPIA Lublin | 1:08.57 | 559 | 32.21 | 36.36 |
| 10. | GWAJ Julia | 04 | Mi dzyszkolny UKS „Olimpijczyk” Sł | 1:08.89 | 551 | 33.09 | 35.80 |
| 11. | KRÓLIK Adrianna | 04 | MKP Szczecin | 1:09.39 | 540 | 31.73 | 37.66 |
| 12. | SZUPER Katarzyna | 04 | UKS „ORKA” Zamo | 1:09.42 | 539 | 31.26 | 38.16 |
| 13. | ORUM Melissa | 04 | MUKS "Pi tnaстка" | 1:10.25 | 520 | 32.13 | 38.12 |
| 14. | KIERAGA Patrycja | 04 | KS OLIMPIA Lublin | 1:10.30 | 519 | 32.68 | 37.62 |
| 15. | NOWAK Oliwia | 04 | UKS „GIM 92 Ursynów” | 1:12.56 | 472 | 33.63 | 38.93 |
| 16. | DZIK Wiktoria | 04 | KS Limanowa-swim | 1:13.15 | 461 | 34.61 | 38.54 |
| 17. | PA KO Maja | 04 | UKS G-8 Bielany Warszawa | 1:14.29 | 440 | 34.45 | 39.84 |
| 18. | KLIMCZAK Julia | 04 | UKS Pi tka Konstantynów Łódzki | 1:14.64 | 433 | 37.26 | 37.38 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 21, Dziewcz t, 100m zmienny, 15 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|------------------------|---------|---------------------------------|-----------------------|-------|-------|
| 19. KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wc | 1:15.00 rk 427 | 35.57 | 39.43 |
| 20. SYSIO Zuzanna | 04 | MUKS Wodnik Łask | 1:15.66 416 | 34.58 | 41.08 |
| 21. CZERWI SKA Martyna | 04 | UKS „Dwójka” Tczew | 1:15.79 414 | 33.97 | 41.82 |
| NW DRU BA Amelia | 04 | TP Skalar Słupsk | | | |

16 lat

| | | | | | |
|-------------------------|----|--------------------------|--------------------|-------|-------|
| 1. HERBREDER Gabriela | 03 | UKS „GIM 92 Ursynów” | 1:04.66 667 | 30.08 | 34.58 |
| 2. PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 1:05.48 642 | 29.31 | 36.17 |
| 3. GRO Weronika | 03 | MKS „Astoria” Bydgoszcz | 1:06.49 613 | 30.66 | 35.83 |
| 4. RUSSEK Agata | 03 | UKS G-8 Bielany Warszawa | 1:07.66 582 | 31.86 | 35.80 |
| 5. KAMI SKA Anna | 03 | MUKS "Pi tnastka" | 1:08.19 569 | 31.40 | 36.79 |
| 6. NOWAK Zofia | 03 | UKS G-8 Bielany Warszawa | 1:08.91 551 | 31.76 | 37.15 |
| 7. OBAJTEK Aleksandra | 03 | AZS AWF Warszawa | 1:09.04 548 | 33.01 | 36.03 |
| 8. TURKOWSKA Aleksandra | 03 | MKP Szczecin | 1:09.46 538 | 34.35 | 35.11 |
| 9. CHLEWI SKA Olimpia | 03 | MUKS "Pi tnastka" | 1:12.48 473 | 34.55 | 37.93 |

17 - 18 lat

| | | | | | |
|----------------------------|----|-----------------------|--------------------|-------|-------|
| 1. PARADOWSKA Kinga | 01 | MUKS "Pi tnastka" | 1:03.14 716 | 29.70 | 33.44 |
| 2. ROSI SKA Karolina | 02 | Grudzi dzki KP „Orka” | 1:06.60 610 | 30.83 | 35.77 |
| 3. W GRZYNOWSKA Aleksandra | 01 | WKS I sk Wrocław | 1:07.04 598 | 30.70 | 36.34 |
| 4. KUCHTA Maria | 02 | UKS „Dwójka” Tczew | 1:08.25 567 | 32.42 | 35.83 |
| 5. BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów” | 1:11.60 491 | 32.76 | 38.84 |
| 6. BYLI SKA Agnieszka | 02 | UKS abianka Gda sk | 1:11.72 489 | 32.56 | 39.16 |
| 7. PEACOCK Louise | 01 | VSS VASBY | 1:12.69 469 | 32.69 | 40.00 |
| 8. PFEIFF Matilda | 01 | VSS VASBY | 1:16.05 410 | 34.70 | 41.35 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 22
2019-11-23 - 18:36

M czyzn, 100m zmienny

14 lat i starsi
Wyniki

| | | | | | |
|------------|-------|-------------------|-------|---------------------|------------|
| RP Open | 52.21 | WITKOWSKI Jan | 03103 | Łód | 2017-12-22 |
| RP 19 - 23 | 52.21 | WITKOWSKI Jan | 03103 | Łód | 2017-12-22 |
| RP 18 | 54.02 | KA MIERCZAK Kamil | 00505 | Poznan | 2017-11-26 |
| RP 17 | 54.77 | ZAWADA Mateusz | 01310 | Gorzow Wielkopolski | 2009-11-28 |
| RP 16 | 55.51 | W GROWSKI Marcel | 00505 | Lublin | 2015-12-19 |
| RP 15 | 56.63 | URYNIUK Paweł | 05114 | Ostrowiec Sw | 2018-12-16 |
| RP 14 | 57.58 | KONARSKI Maciej | 05214 | Olsztyn | 2018-12-16 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|---|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 97 | CHUDY Michał KS Warta Pozna | 53.20 | 843 | 23.65 | 29.55 |
| 2. | 02 | ORLICZ Filip UKS G-8 Bielany Warszawa | 56.08 | 719 | 25.46 | 30.62 |
| 3. | 98 | ZBUTOWICZ Karol UKS G-8 Bielany Warszawa | 56.20 | 715 | 25.23 | 30.97 |
| 4. | 99 | BUJAK Dominik St. Lok. SALOS Cortile Kielce | 56.88 | 689 | 26.69 | 30.19 |
| 5. | 97 | KA MIERCZAK Wojciech Mokotowski UKP Warszawianka- Wod | 56.93 | 688 | 26.13 | 30.80 |
| 6. | 99 | MIKOŁAJCZYK Michał WKS I sk Wrocław | 57.32 | 674 | 27.79 | 29.53 |
| 7. | 00 | KISZCZAK Jakub WKS I sk Wrocław | 57.46 | 669 | 26.38 | 31.08 |
| 8. | 97 | LECHOWICZ Filip KU AZS AGH Kraków | 57.60 | 664 | 26.81 | 30.79 |
| | 94 | SZWEDZKI Dawid WKS I sk Wrocław | 57.60 | 664 | 27.53 | 30.07 |
| 10. | 04 | KONARSKI Maciej UKS „GIM 92 Ursynów” | 57.72 | 660 | 26.74 | 30.98 |
| 11. | 99 | SOLAK Łukasz KU AZS AGH Kraków | 58.00 | 650 | 27.25 | 30.75 |
| 12. | 97 | FRÖDEBERG Gustav VSS VASBY | 58.20 | 644 | 26.14 | 32.06 |
| 13. | 03 | G STAŁ Jan UKS „GIM 92 Ursynów” | 58.46 | 635 | 26.96 | 31.50 |
| 14. | 97 | B CZKOWSKI Bartosz AZS AWF Warszawa | 58.65 | 629 | 27.57 | 31.08 |
| 15. | 01 | GOTSZLING Dawid SMS Zielona Góra | 58.75 | 626 | 26.96 | 31.79 |
| 16. | 00 | WO NIAK Maciej UKS 190 Łód | 58.80 | 624 | 26.72 | 32.08 |
| 17. | 97 | KACZOROWSKI Jakub UKS G-8 Bielany Warszawa | 58.84 | 623 | 28.18 | 30.66 |
| 18. | 02 | KWIATEK Radosław St. Lok. SALOS Cortile Kielce | 58.85 | 622 | 26.22 | 32.63 |
| 19. | 03 | BIDOWANIEC Kacper UPKS Wodnik Rawicz | 59.16 | 613 | 26.72 | 32.44 |
| 20. | 01 | WIECI SKI Andrzej MTKP Delfin Toru | 59.42 | 605 | 27.91 | 31.51 |
| | 03 | WI NIEWSKI Adam UKS „GIM 92 Ursynów” | 59.42 | 605 | 26.77 | 32.65 |
| 22. | 04 | TARASEWICZ Marcel UKS G-8 Bielany Warszawa | 59.47 | 603 | 28.14 | 31.33 |
| 23. | 97 | POWRO NIK Konrad WKS I sk Wrocław | 59.55 | 601 | 27.41 | 32.14 |
| 24. | 02 | WRÓBLEWSKI Kamil UKS G-8 Bielany Warszawa | 59.62 | 599 | 27.90 | 31.72 |
| 25. | 02 | BOBORYK Wojciech KS Delfin Gdynia | 59.64 | 598 | 26.99 | 32.65 |
| 26. | 00 | PETTERSSON Robin SS VAERMAMO | 59.83 | 592 | 27.06 | 32.77 |
| 27. | 99 | SVENSSON Noah SS VAERMAMO | 1:00.07 | 585 | 28.61 | 31.46 |
| 28. | 01 | MELINDER Martin VSS VASBY | 1:00.08 | 585 | 28.93 | 31.15 |
| 29. | 00 | WALCZYSKO Jakub KU AZS AGH Kraków | 1:00.25 | 580 | 27.91 | 32.34 |
| 30. | 98 | JAWORSKI Norbert KU AZS UMCS Lublin | 1:00.47 | 574 | 28.41 | 32.06 |
| | 01 | GŁUSZKOWSKI Mateusz Uks Cityzen | 1:00.47 | 574 | 27.40 | 33.07 |
| 32. | 03 | STEFA SKI Patryk KS KSZO Ostrowiec w. | 1:00.54 | 572 | 28.40 | 32.14 |
| 33. | 01 | KRZYKAŁA Emil KP AVIA widnik | 1:00.55 | 571 | 27.10 | 33.45 |
| 34. | 05 | ZDYBEL Adam KS Delfin Gdynia | 1:00.76 | 565 | 28.41 | 32.35 |
| 35. | 02 | LERNA William VSS VASBY | 1:00.81 | 564 | 28.46 | 32.35 |
| 36. | 03 | KORONA Kacper MKP Szczecin | 1:00.92 | 561 | 27.79 | 33.13 |
| 37. | 00 | GÖRANSSON Carl VSS VASBY | 1:00.93 | 561 | 29.39 | 31.54 |
| 38. | 00 | SULIGA Jeremi UKS G-8 Bielany Warszawa | 1:00.95 | 560 | | |
| 39. | 02 | BIELAWA Dominik KS KSZO Ostrowiec w. | 1:01.06 | 557 | 28.74 | 32.32 |
| 40. | 04 | WARZOCHA Gustaw Uks Cityzen | 1:01.11 | 556 | 28.41 | 32.70 |
| 41. | 04 | KRACZKOWSKI Tomasz UKS G-8 Bielany Warszawa | 1:01.19 | 554 | 28.80 | 32.39 |
| 42. | 03 | WIEK Wiktor UKS G-8 Bielany Warszawa | 1:01.36 | 549 | 27.73 | 33.63 |
| 43. | 04 | ZIEMBOWICZ Franciszek UKS G-8 Bielany Warszawa | 1:01.57 | 543 | 28.82 | 32.75 |
| 44. | 03 | PRZYSTAŁ Adam UKS G-8 Bielany Warszawa | 1:01.60 | 543 | 28.16 | 33.44 |
| 45. | 99 | SZUSTAK Hubert UKS GOS Raszyn | 1:01.94 | 534 | 28.41 | 33.53 |
| 46. | 03 | KOWALEWSKI Paweł MKS Juwenia Białystok | 1:01.99 | 532 | 27.56 | 34.43 |
| 47. | 02 | JOHNSSON Marcus VSS VASBY | 1:02.23 | 526 | 28.76 | 33.47 |
| 48. | 04 | KWIATKOWSKI Tymoteusz UKS Siódemka Gdynia | 1:02.30 | 525 | 27.93 | 34.37 |
| 49. | 02 | KUBIAK Norbert KS Warta Pozna | 1:02.34 | 524 | 28.67 | 33.67 |
| 50. | 02 | HANSSON Eric VSS VASBY | 1:02.44 | 521 | 29.42 | 33.02 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 22, M czynn, 100m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|------------------------|------|------------------------------------|----------------|------|-------|-------|
| 51. | SZMYT Krzysztof | 03 | UKS Fala Swarz dz | 1:02.47 | 520 | 28.49 | 33.98 |
| 52. | DOPIERAŁA Tytus | 03 | KS Warta Pozna | 1:02.53 | 519 | 29.10 | 33.43 |
| 53. | STANISŁAWSKI Szymon | 05 | MKS Jedyńka Łód | 1:02.62 | 517 | 30.59 | 32.03 |
| 54. | DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | 1:02.73 | 514 | 28.40 | 34.33 |
| 55. | NOSARZEWSKI Kornel | 03 | Mokotowski UKP Warszawianka- Wc | 1:02.76 | 513 | 29.03 | 33.73 |
| 56. | J DRYCH Krzysztof | 04 | KS Posenania Pozna | 1:02.79 | 512 | 28.68 | 34.11 |
| 57. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 1:02.88 | 510 | 29.08 | 33.80 |
| 58. | SKÖLD Theodor | 01 | VSS VASBY | 1:02.95 | 508 | 29.08 | 33.87 |
| 59. | MALAK Mikołaj | 01 | MKS SP 63 Bydgoszcz | 1:03.00 | 507 | 29.06 | 33.94 |
| 60. | KRASICKI Artur | 95 | KP Delfin Inowrocław | 1:03.18 | 503 | 27.93 | 35.25 |
| 61. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów" | 1:03.64 | 492 | 28.77 | 34.87 |
| 62. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów" | 1:03.73 | 490 | 28.83 | 34.90 |
| 63. | OLEJNIK Adam | 03 | TP Skalar Słupsk | 1:03.82 | 488 | 29.64 | 34.18 |
| 64. | GRZEGORZEWSKI Bartosz | 04 | MUKS Wodnik Łask | 1:03.98 | 484 | 29.70 | 34.28 |
| 65. | TKACZ Wiktor | 05 | MKS Piaseczno | 1:04.01 | 484 | 29.75 | 34.26 |
| 66. | EGLE Miłosz | 04 | UKS Siódemka Gdynia | 1:04.06 | 482 | 28.93 | 35.13 |
| 67. | SZYMA SKI Igor | 05 | MUKS "Pi tnastka" | 1:04.30 | 477 | 31.84 | 32.46 |
| 68. | YRO Ignacy | 04 | UKS „GIM 92 Ursynów" | 1:04.37 | 476 | 29.74 | 34.63 |
| 69. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 1:04.46 | 474 | 29.97 | 34.49 |
| 70. | DOMAGAŁA Tymoteusz | 04 | MUKS "Pi tnastka" | 1:04.63 | 470 | 28.36 | 36.27 |
| 71. | LINDWALL Algot | 02 | SS TYRESO | 1:04.67 | 469 | 31.36 | 33.31 |
| 72. | KAJA Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:05.03 | 461 | 29.99 | 35.04 |
| 73. | DZIEWGU Benjamin | 05 | MKS Piaseczno | 1:05.14 | 459 | 29.33 | 35.81 |
| 74. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 1:05.20 | 458 | 30.31 | 34.89 |
| 75. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | 1:05.29 | 456 | 30.34 | 34.95 |
| 76. | MAZUREK Bła ej | 04 | MKP Szczecin | 1:05.39 | 454 | 30.10 | 35.29 |
| 77. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 1:05.51 | 451 | 29.62 | 35.89 |
| 78. | WIERCI SKI Kacper | 04 | UKS „Dwójka" Tczew | 1:05.66 | 448 | 31.93 | 33.73 |
| 79. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 1:05.76 | 446 | 30.88 | 34.88 |
| 80. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:05.96 | 442 | 29.45 | 36.51 |
| 81. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawianka- Wc | 1:06.12 | 439 | 30.80 | 35.32 |
| 82. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów" | 1:06.52 | 431 | 31.01 | 35.51 |
| 83. | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 1:06.53 | 431 | 30.67 | 35.86 |
| 84. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów" | 1:06.67 | 428 | 30.72 | 35.95 |
| 85. | SZYMA SKI Alan | 05 | UPKS Wodnik Rawicz | 1:07.30 | 416 | 32.18 | 35.12 |
| 86. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wc | 1:07.56 | 411 | 31.07 | 36.49 |
| 87. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 1:07.58 | 411 | 32.07 | 35.51 |
| 88. | DREWEK Jakub | 05 | UKS „Dwójka" Tczew | 1:07.70 | 409 | 31.73 | 35.97 |
| 89. | UROWICZ Antoni | 04 | MKP Szczecin | 1:07.84 | 406 | 31.11 | 36.73 |
| 90. | KRUPI SKI Wojciech | 03 | KS Posenania Pozna | 1:07.92 | 405 | 31.84 | 36.08 |
| 91. | PIETRZAK Mikołaj | 05 | KS Posenania Pozna | 1:08.03 | 403 | 31.20 | 36.83 |
| 92. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 1:08.55 | 394 | 31.68 | 36.87 |
| 93. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 1:08.88 | 388 | 30.47 | 38.41 |
| 94. | KUREK Kacper | 05 | Foka Choszczcno | 1:08.91 | 387 | 32.21 | 36.70 |
| 95. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 1:09.09 | 384 | 32.62 | 36.47 |
| 96. | BACZY SKI Jan | 05 | UKS Olympic Warka | 1:09.18 | 383 | 34.36 | 34.82 |
| 97. | PUPKA Filip | 04 | Uks Cityzen | 1:09.86 | 372 | 32.94 | 36.92 |
| 98. | PISZCZAŁA Marcel | 05 | MUKS Wodnik Łask | 1:10.57 | 361 | 32.53 | 38.04 |
| 99. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Le | 1:11.47 | 347 | 31.83 | 39.64 |
| 100. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 1:11.53 | 346 | 33.41 | 38.12 |
| 101. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 1:12.54 | 332 | 34.29 | 38.25 |
| 102. | RZEPKA Jakub | 05 | UKS „Dwójka" Tczew | 1:12.81 | 328 | 35.37 | 37.44 |
| 103. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów" | 1:13.04 | 325 | 34.01 | 39.03 |
| 104. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | 1:13.32 | 322 | 34.70 | 38.62 |
| 105. | KALEK Bartosz | 04 | KU AZS UAM Pozna | 1:16.17 | 287 | 35.61 | 40.56 |
| 106. | ZAWIEJA Stanisław | 05 | KS Posenania Pozna | 1:18.64 | 261 | 36.41 | 42.23 |
| NW | POLEWKA Tomasz | 94 | AZS AWF Katowice | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 22, M czynn, 100m zmienny

14 lat

| | | | | | | | |
|-----|---------------------|----|------------------------------------|----------------|-----|-------|-------|
| 1. | ZDYBEL Adam | 05 | KS Delfin Gdynia | 1:00.76 | 565 | 28.41 | 32.35 |
| 2. | STANISŁAWSKI Szymon | 05 | MKS Jedyńka Łód | 1:02.62 | 517 | 30.59 | 32.03 |
| 3. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 1:03.64 | 492 | 28.77 | 34.87 |
| 4. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 1:03.73 | 490 | 28.83 | 34.90 |
| 5. | TKACZ Wiktor | 05 | MKS Piaseczno | 1:04.01 | 484 | 29.75 | 34.26 |
| 6. | SZYMA SKI Igor | 05 | MUKS "Pi tnastka" | 1:04.30 | 477 | 31.84 | 32.46 |
| 7. | KAJA Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:05.03 | 461 | 29.99 | 35.04 |
| 8. | DZIEWGU Benjamin | 05 | MKS Piaseczno | 1:05.14 | 459 | 29.33 | 35.81 |
| 9. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 1:05.20 | 458 | 30.31 | 34.89 |
| 10. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | 1:05.29 | 456 | 30.34 | 34.95 |
| 11. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:05.96 | 442 | 29.45 | 36.51 |
| 12. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 1:06.52 | 431 | 31.01 | 35.51 |
| 13. | SZYMA SKI Alan | 05 | UPKS Wodnik Rawicz | 1:07.30 | 416 | 32.18 | 35.12 |
| 14. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 1:07.58 | 411 | 32.07 | 35.51 |
| 15. | DREWEK Jakub | 05 | UKS „Dwójka" Tczew | 1:07.70 | 409 | 31.73 | 35.97 |
| 16. | PIETRZAK Mikołaj | 05 | KS Posenania Pozna | 1:08.03 | 403 | 31.20 | 36.83 |
| 17. | KUREK Kacper | 05 | Foka Choszczno | 1:08.91 | 387 | 32.21 | 36.70 |
| 18. | BACZY SKI Jan | 05 | UKS Olympic Warka | 1:09.18 | 383 | 34.36 | 34.82 |
| 19. | PISZCZAŁA Marcel | 05 | MUKS Wodnik Łask | 1:10.57 | 361 | 32.53 | 38.04 |
| 20. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Le | 1:11.47 | 347 | 31.83 | 39.64 |
| 21. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 1:11.53 | 346 | 33.41 | 38.12 |
| 22. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 1:12.54 | 332 | 34.29 | 38.25 |
| 23. | RZEPKA Jakub | 05 | UKS „Dwójka" Tczew | 1:12.81 | 328 | 35.37 | 37.44 |
| 24. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | 1:13.32 | 322 | 34.70 | 38.62 |
| 25. | ZAWIEJA Stanisław | 05 | KS Posenania Pozna | 1:18.64 | 261 | 36.41 | 42.23 |

15 lat

| | | | | | | | |
|-----|------------------------|----|---------------------------------|----------------|-----|-------|-------|
| 1. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 57.72 | 660 | 26.74 | 30.98 |
| 2. | TARASEWICZ Marcel | 04 | UKS G-8 Bielany Warszawa | 59.47 | 603 | 28.14 | 31.33 |
| 3. | WARZOCHA Gustaw | 04 | Uks Cityzen | 1:01.11 | 556 | 28.41 | 32.70 |
| 4. | KRACZKOWSKI Tomasz | 04 | UKS G-8 Bielany Warszawa | 1:01.19 | 554 | 28.80 | 32.39 |
| 5. | ZIEMBOWICZ Franciszek | 04 | UKS G-8 Bielany Warszawa | 1:01.57 | 543 | 28.82 | 32.75 |
| 6. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 1:02.30 | 525 | 27.93 | 34.37 |
| 7. | J DRYCH Krzysztof | 04 | KS Posenania Pozna | 1:02.79 | 512 | 28.68 | 34.11 |
| 8. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 1:02.88 | 510 | 29.08 | 33.80 |
| 9. | GRZEGORZEWSKI Bartosz | 04 | MUKS Wodnik Łask | 1:03.98 | 484 | 29.70 | 34.28 |
| 10. | EGLE Miłosz | 04 | UKS Siódemka Gdynia | 1:04.06 | 482 | 28.93 | 35.13 |
| 11. | YRO Ignacy | 04 | UKS „GIM 92 Ursynów” | 1:04.37 | 476 | 29.74 | 34.63 |
| 12. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 1:04.46 | 474 | 29.97 | 34.49 |
| 13. | DOMAGAŁA Tymoteusz | 04 | MUKS "Pi tnastka" | 1:04.63 | 470 | 28.36 | 36.27 |
| 14. | MAZUREK Bła ej | 04 | MKP Szczecin | 1:05.39 | 454 | 30.10 | 35.29 |
| 15. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 1:05.51 | 451 | 29.62 | 35.89 |
| 16. | WIERCI SKI Kacper | 04 | UKS „Dwójka" Tczew | 1:05.66 | 448 | 31.93 | 33.73 |
| 17. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 1:05.76 | 446 | 30.88 | 34.88 |
| 18. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawianka- Wc | 1:06.12 | 439 | 30.80 | 35.32 |
| 19. | UROWICZ Antoni | 04 | MKP Szczecin | 1:07.84 | 406 | 31.11 | 36.73 |
| 20. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 1:08.55 | 394 | 31.68 | 36.87 |
| 21. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 1:08.88 | 388 | 30.47 | 38.41 |
| 22. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 1:09.09 | 384 | 32.62 | 36.47 |
| 23. | PUPKA Filip | 04 | Uks Cityzen | 1:09.86 | 372 | 32.94 | 36.92 |
| 24. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów” | 1:13.04 | 325 | 34.01 | 39.03 |
| 25. | KAŁEK Bartosz | 04 | KU AZS UAM Pozna | 1:16.17 | 287 | 35.61 | 40.56 |

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Konkurencja 22, M czynn, 100m zmienny

16 lat

| | | | | | | | |
|-----|--------------------|----|---------------------------------|----------------|-----|-------|-------|
| 1. | G STAŁ Jan | 03 | UKS „GIM 92 Ursynów" | 58.46 | 635 | 26.96 | 31.50 |
| 2. | BIDOWANIEC Kacper | 03 | UPKS Wodnik Rawicz | 59.16 | 613 | 26.72 | 32.44 |
| 3. | WI NIEWSKI Adam | 03 | UKS „GIM 92 Ursynów" | 59.42 | 605 | 26.77 | 32.65 |
| 4. | STEFA SKI Patryk | 03 | KS KSZO Ostrowiec w. | 1:00.54 | 572 | 28.40 | 32.14 |
| 5. | KORONA Kacper | 03 | MKP Szczecin | 1:00.92 | 561 | 27.79 | 33.13 |
| 6. | WIEK Wiktor | 03 | UKS G-8 Bielany Warszawa | 1:01.36 | 549 | 27.73 | 33.63 |
| 7. | PRZYSTAŁ Adam | 03 | UKS G-8 Bielany Warszawa | 1:01.60 | 543 | 28.16 | 33.44 |
| 8. | KOWALEWSKI Paweł | 03 | MKS Juwenia Białystok | 1:01.99 | 532 | 27.56 | 34.43 |
| 9. | SZMYT Krzysztof | 03 | UKS Fala Swarzędz | 1:02.47 | 520 | 28.49 | 33.98 |
| 10. | DOPIERAŁA Tytus | 03 | KS Warta Pozna | 1:02.53 | 519 | 29.10 | 33.43 |
| 11. | NOSARZEWSKI Kornel | 03 | Mokotowski UKP Warszawianka- Wc | 1:02.76 | 513 | 29.03 | 33.73 |
| 12. | OLEJNIK Adam | 03 | TP Skalar Słupsk | 1:03.82 | 488 | 29.64 | 34.18 |
| 13. | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 1:06.53 | 431 | 30.67 | 35.86 |
| 14. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wc | 1:07.56 | 411 | 31.07 | 36.49 |
| 15. | KRUPI SKI Wojciech | 03 | KS Poznania Pozna | 1:07.92 | 405 | 31.84 | 36.08 |

17 - 18 lat

| | | | | | | | |
|-----|----------------------|----|-------------------------------|----------------|-----|-------|-------|
| 1. | ORLICZ Filip | 02 | UKS G-8 Bielany Warszawa | 56.08 | 719 | 25.46 | 30.62 |
| 2. | GOTSZLING Dawid | 01 | SMS Zielona Góra | 58.75 | 626 | 26.96 | 31.79 |
| 3. | KWIATEK Radosław | 02 | St. Lok. SALOS Cortile Kielce | 58.85 | 622 | 26.22 | 32.63 |
| 4. | WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 59.42 | 605 | 27.91 | 31.51 |
| 5. | WRÓBLEWSKI Kamil | 02 | UKS G-8 Bielany Warszawa | 59.62 | 599 | 27.90 | 31.72 |
| 6. | BOBORYK Wojciech | 02 | KS Delfin Gdynia | 59.64 | 598 | 26.99 | 32.65 |
| 7. | MELINDER Martin | 01 | VSS VASBY | 1:00.08 | 585 | 28.93 | 31.15 |
| 8. | GŁUSZKOWSKI Mateusz | 01 | Uks Cityzen | 1:00.47 | 574 | 27.40 | 33.07 |
| 9. | KRZYKAŁA Emil | 01 | KP AVIA widnik | 1:00.55 | 571 | 27.10 | 33.45 |
| 10. | LERNA William | 02 | VSS VASBY | 1:00.81 | 564 | 28.46 | 32.35 |
| 11. | BIELAWA Dominik | 02 | KS KSZO Ostrowiec w. | 1:01.06 | 557 | 28.74 | 32.32 |
| 12. | JOHNSSON Marcus | 02 | VSS VASBY | 1:02.23 | 526 | 28.76 | 33.47 |
| 13. | KUBIAK Norbert | 02 | KS Warta Pozna | 1:02.34 | 524 | 28.67 | 33.67 |
| 14. | HANSSON Eric | 02 | VSS VASBY | 1:02.44 | 521 | 29.42 | 33.02 |
| 15. | DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | 1:02.73 | 514 | 28.40 | 34.33 |
| 16. | SKÖLD Theodor | 01 | VSS VASBY | 1:02.95 | 508 | 29.08 | 33.87 |
| 17. | MALAK Mikołaj | 01 | MKS SP 63 Bydgoszcz | 1:03.00 | 507 | 29.06 | 33.94 |
| 18. | LINDWALL Algot | 02 | SS TYRESO | 1:04.67 | 469 | 31.36 | 33.31 |
| 19. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów" | 1:06.67 | 428 | 30.72 | 35.95 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 23
2019-11-23 - 18:44

Kobiet, 800m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-------------------|-------|----------|------------|
| RP Open | 8:25.32 | PIECHOTA Paulina | 01605 | Lublin | 2018-12-18 |
| RP 19 - 23 | 8:25.32 | PIECHOTA Paulina | 01605 | Lublin | 2018-12-18 |
| RP 18 | 8:25.70 | KARPISZ Milena | 01305 | Lublin | 2015-12-17 |
| RP 17 | 8:27.87 | PIECHOTA Paulina | 01605 | Olsztyn | 2016-12-15 |
| RP 16 | 8:30.63 | PIECHOTA Paulina | 01605 | Lublin | 2015-12-17 |
| RP 15 | 8:31.44 | KILIJA SKA Donata | 00612 | Szczecin | 2010-12-02 |
| RP 14 | 8:39.63 | KNOP Aleksandra | 01605 | Łód | 2017-12-19 |

Punkty: FINA 2019

| Pozycja | | | Rok ur. | | | Czas | Pkt. | |
|--|---------------------|---------|--|---------|---------------|----------------|---------------|---------|
| 14 lat i starsi | | | | | | | | |
| 1. | PIECHOTA Paulina | 99 | UKS 190 Łód | | | 8:26.10 | 849 | |
| <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow</i> | | | | | | | | |
| | 100m: 1:00.73 | 1:00.73 | 300m: 3:07.03 | 1:03.20 | 500m: 5:14.49 | 1:03.82 | 700m: 7:23.06 | 1:04.52 |
| | 200m: 2:03.83 | 1:03.10 | 400m: 4:10.67 | 1:03.64 | 600m: 6:18.54 | 1:04.05 | 800m: 8:26.10 | 1:03.04 |
| 2. | TARASIEWICZ Klaudia | 04 | UKP „Polonia Warszawa” | | | 8:36.98 | 797 | |
| <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow (Juniorki)</i> | | | | | | | | |
| | 100m: 1:02.42 | 1:02.42 | 300m: 3:11.42 | 1:04.63 | 500m: 5:20.19 | 1:03.99 | 700m: 7:32.48 | 1:06.36 |
| | 200m: 2:06.79 | 1:04.37 | 400m: 4:16.20 | 1:04.78 | 600m: 6:26.12 | 1:05.93 | 800m: 8:36.98 | 1:04.50 |
| 3. | NOWAK Maja | 03 | AZS AWF Warszawa | | | 8:55.59 | 716 | |
| | 100m: 1:05.04 | 1:05.04 | 300m: 3:20.75 | 1:07.82 | 500m: 5:35.53 | 1:06.87 | 700m: 7:49.82 | 1:06.71 |
| | 200m: 2:12.93 | 1:07.89 | 400m: 4:28.66 | 1:07.91 | 600m: 6:43.11 | 1:07.58 | 800m: 8:55.59 | 1:05.77 |
| 4. | ZIELI SKA Daria | 03 | UKP „Polonia Warszawa” | | | 9:02.35 | 690 | |
| | 100m: 1:06.67 | 1:06.67 | 300m: 3:24.07 | 1:08.53 | 500m: 5:39.73 | 1:07.50 | 700m: 7:55.38 | 1:07.63 |
| | 200m: 2:15.54 | 1:08.87 | 400m: 4:32.23 | 1:08.16 | 600m: 6:47.75 | 1:08.02 | 800m: 9:02.35 | 1:06.97 |
| 5. | ŁUCZAK Dominika | 02 | SMS Zielona Góra | | | 9:06.09 | 676 | |
| | 100m: 1:06.52 | 1:06.52 | 300m: 3:24.88 | 1:09.19 | 500m: 5:41.77 | 1:08.28 | 700m: 7:58.52 | 1:08.31 |
| | 200m: 2:15.69 | 1:09.17 | 400m: 4:33.49 | 1:08.61 | 600m: 6:50.21 | 1:08.44 | 800m: 9:06.09 | 1:07.57 |
| 6. | JABŁO SKA Oliwia | 97 | Wojewódzkie Zrzeszenie Sportowe Niepraw654:h „START” | | | 9:12.16 | 654 | |
| | 100m: 1:07.88 | 1:07.88 | 300m: 3:27.97 | 1:10.10 | 500m: 5:47.14 | 1:09.34 | 700m: 8:05.03 | 1:08.73 |
| | 200m: 2:17.87 | 1:09.99 | 400m: 4:37.80 | 1:09.83 | 600m: 6:56.30 | 1:09.16 | 800m: 9:12.16 | 1:07.13 |
| 7. | MRO EK Weronika | 04 | MKP Szczecin | | | 9:12.91 | 651 | |
| | 100m: 1:06.65 | 1:06.65 | 300m: 3:25.39 | 1:09.52 | 500m: 5:44.56 | 1:09.64 | 700m: 8:04.30 | 1:09.84 |
| | 200m: 2:15.87 | 1:09.22 | 400m: 4:34.92 | 1:09.53 | 600m: 6:54.46 | 1:09.90 | 800m: 9:12.91 | 1:08.61 |
| 8. | DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włóknierz” 1929:13.63 | | | 9:13.63 | 649 | |
| | 100m: 1:06.29 | 1:06.29 | 300m: 3:26.29 | 1:10.03 | 500m: 5:45.57 | 1:09.38 | 700m: 8:05.03 | 1:09.50 |
| | 200m: 2:16.26 | 1:09.97 | 400m: 4:36.19 | 1:09.90 | 600m: 6:55.53 | 1:09.96 | 800m: 9:13.63 | 1:08.60 |
| 9. | HAŁADYN Karolina | 03 | UKS 190 Łód | | | 9:15.68 | 641 | |
| | 100m: 1:06.00 | 1:06.00 | 300m: 3:26.04 | 1:10.31 | 500m: 5:46.86 | 1:10.52 | 700m: 8:06.70 | 1:09.56 |
| | 200m: 2:15.73 | 1:09.73 | 400m: 4:36.34 | 1:10.30 | 600m: 6:57.14 | 1:10.28 | 800m: 9:15.68 | 1:08.98 |
| 10. | BEDNARZ Julia | 04 | UKS „ORKA” Zamo | | | 9:17.95 | 634 | |
| | 100m: 1:05.67 | 1:05.67 | 300m: 3:25.79 | 1:10.36 | 500m: 5:46.44 | 1:10.69 | 700m: 8:09.03 | 1:11.43 |
| | 200m: 2:15.43 | 1:09.76 | 400m: 4:35.75 | 1:09.96 | 600m: 6:57.60 | 1:11.16 | 800m: 9:17.95 | 1:08.92 |
| 11. | MIKOŁAJCZYK Maja | 04 | UKS SP-149 Łód | | | 9:18.09 | 633 | |
| | 100m: 1:06.04 | 1:06.04 | 300m: 3:25.54 | 1:09.98 | 500m: 5:46.25 | 1:10.55 | 700m: 8:08.67 | 1:10.89 |
| | 200m: 2:15.56 | 1:09.52 | 400m: 4:35.70 | 1:10.16 | 600m: 6:57.78 | 1:11.53 | 800m: 9:18.09 | 1:09.42 |
| 12. | MALINO Julia | 04 | UKS „ORKA” Zamo | | | 9:24.43 | 612 | |
| | 100m: 1:06.89 | 1:06.89 | 300m: 3:28.20 | 1:10.85 | 500m: 5:50.93 | 1:11.59 | 700m: 8:13.80 | 1:11.37 |
| | 200m: 2:17.35 | 1:10.46 | 400m: 4:39.34 | 1:11.14 | 600m: 7:02.43 | 1:11.50 | 800m: 9:24.43 | 1:10.63 |
| 13. | KACZOROWSKA Alicja | 04 | UKS G-8 Bielany Warszawa | | | 9:25.25 | 609 | |
| | 100m: 1:06.48 | 1:06.48 | 300m: 3:27.06 | 1:10.19 | 500m: 5:49.96 | 1:12.12 | 700m: 8:14.66 | 1:12.00 |
| | 200m: 2:16.87 | 1:10.39 | 400m: 4:37.84 | 1:10.78 | 600m: 7:02.66 | 1:12.70 | 800m: 9:25.25 | 1:10.59 |
| 14. | TOFIL Emilia | 05 | KS Delfin Gdynia | | | 9:28.74 | 598 | |
| | 100m: 1:08.61 | 1:08.61 | 300m: 3:32.25 | 1:12.09 | 500m: 5:55.53 | 1:11.68 | 700m: 8:19.14 | 1:11.79 |
| | 200m: 2:20.16 | 1:11.55 | 400m: 4:43.85 | 1:11.60 | 600m: 7:07.35 | 1:11.82 | 800m: 9:28.74 | 1:09.60 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 23, Kobiet, 800m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | Czas | | Pkt. |
|---------|---------------------|---------|---------------|------------------------|---------------|---------|-----------------|---------|------|
| 15. | FIGAS Alicja | | 04 | MKP Szczecin | | | 9:28.78 | 598 | |
| | 100m: 1:09.04 | 1:09.04 | 300m: 3:32.41 | 1:11.74 | 500m: 5:56.56 | 1:11.95 | 700m: 8:19.98 | 1:11.72 | |
| | 200m: 2:20.67 | 1:11.63 | 400m: 4:44.61 | 1:12.20 | 600m: 7:08.26 | 1:11.70 | 800m: 9:28.78 | 1:08.80 | |
| 16. | FRYSIAK Zuzanna | | 03 | MUKS "Pi tnastka" | | | 9:31.69 | 589 | |
| | 100m: 1:07.43 | 1:07.43 | 300m: 3:31.09 | 1:11.96 | 500m: 5:57.02 | 1:12.99 | 700m: 8:21.39 | 1:12.21 | |
| | 200m: 2:19.13 | 1:11.70 | 400m: 4:44.03 | 1:12.94 | 600m: 7:09.18 | 1:12.16 | 800m: 9:31.69 | 1:10.30 | |
| 17. | BEDNAREK Aleksandra | | 98 | UKS SP-149 Łód | | | 9:33.24 | 584 | |
| | 100m: 1:07.29 | 1:07.29 | 300m: 3:29.83 | 1:11.61 | 500m: 5:55.36 | 1:13.02 | 700m: 8:21.82 | 1:12.93 | |
| | 200m: 2:18.22 | 1:10.93 | 400m: 4:42.34 | 1:12.51 | 600m: 7:08.89 | 1:13.53 | 800m: 9:33.24 | 1:11.42 | |
| 18. | GAJCY Natalia | | 05 | UKP „Polonia Warszawa" | | | 9:37.83 | 570 | |
| | 100m: 1:08.37 | 1:08.37 | 300m: 3:34.78 | 1:13.30 | 500m: 6:00.53 | 1:12.55 | 700m: 8:27.45 | 1:13.28 | |
| | 200m: 2:21.48 | 1:13.11 | 400m: 4:47.98 | 1:13.20 | 600m: 7:14.17 | 1:13.64 | 800m: 9:37.83 | 1:10.38 | |
| 19. | RACZY SKA Wiktoria | | 04 | AZS Łód | | | 9:39.23 | 566 | |
| | 100m: 1:09.45 | 1:09.45 | 300m: 3:34.48 | 1:12.34 | 500m: 5:59.66 | 1:12.67 | 700m: 8:26.71 | 1:13.91 | |
| | 200m: 2:22.14 | 1:12.69 | 400m: 4:46.99 | 1:12.51 | 600m: 7:12.80 | 1:13.14 | 800m: 9:39.23 | 1:12.52 | |
| 20. | SAMORAJ Oliwia | | 05 | MKS Piaseczno | | | 9:42.62 | 556 | |
| | 100m: 1:08.62 | 1:08.62 | 300m: 3:35.90 | 1:13.70 | 500m: 6:03.98 | 1:14.12 | 700m: 8:31.07 | 1:13.82 | |
| | 200m: 2:22.20 | 1:13.58 | 400m: 4:49.86 | 1:13.96 | 600m: 7:17.25 | 1:13.27 | 800m: 9:42.62 | 1:11.55 | |
| 21. | WITEK Oliwia | | 04 | MKS Jedyńka Łód | | | 9:45.72 | 548 | |
| | 100m: 1:09.35 | 1:09.35 | 300m: 3:36.10 | 1:13.46 | 500m: 6:03.87 | 1:14.16 | 700m: 8:32.42 | 1:14.65 | |
| | 200m: 2:22.64 | 1:13.29 | 400m: 4:49.71 | 1:13.61 | 600m: 7:17.77 | 1:13.90 | 800m: 9:45.72 | 1:13.30 | |
| 22. | JAWORSKA Wiktoria | | 05 | MUKS "Pi tnastka" | | | 9:46.27 | 546 | |
| | 100m: 1:08.74 | 1:08.74 | 300m: 3:36.71 | 1:13.92 | 500m: 6:06.42 | 1:15.00 | 700m: 8:34.90 | 1:14.35 | |
| | 200m: 2:22.79 | 1:14.05 | 400m: 4:51.42 | 1:14.71 | 600m: 7:20.55 | 1:14.13 | 800m: 9:46.27 | 1:11.37 | |
| 23. | ŁASISZ Julia | | 05 | MKP Szczecin | | | 9:51.88 | 531 | |
| | 100m: 1:08.69 | 1:08.69 | 300m: 3:36.37 | 1:14.29 | 500m: 6:05.91 | 1:15.00 | 700m: 8:38.64 | 1:16.83 | |
| | 200m: 2:22.08 | 1:13.39 | 400m: 4:50.91 | 1:14.54 | 600m: 7:21.81 | 1:15.90 | 800m: 9:51.88 | 1:13.24 | |
| 24. | HAŁADYN Kamila | | 04 | UKS SP-149 Łód | | | 10:09.20 | 487 | |
| | 100m: 1:10.33 | 1:10.33 | 300m: 3:44.79 | 1:18.40 | 500m: 6:22.97 | 1:19.07 | 700m: 8:57.54 | 1:15.38 | |
| | 200m: 2:26.39 | 1:16.06 | 400m: 5:03.90 | 1:19.11 | 600m: 7:42.16 | 1:19.19 | 800m: 10:09.20 | 1:11.66 | |
| 25. | SADOWSKA Dominika | | 04 | MUKS "Pi tnastka" | | | 10:09.40 | 486 | |
| | 100m: 1:09.97 | 1:09.97 | 300m: 3:42.32 | 1:16.61 | 500m: 6:17.01 | 1:17.67 | 700m: 8:53.40 | 1:18.50 | |
| | 200m: 2:25.71 | 1:15.74 | 400m: 4:59.34 | 1:17.02 | 600m: 7:34.90 | 1:17.89 | 800m: 10:09.40 | 1:16.00 | |
| 26. | SVENSSON Lovisa | | 02 | SS VAERMAMO | | | 10:17.31 | 468 | |
| | 100m: 1:11.99 | 1:11.99 | 300m: 3:47.22 | 1:18.09 | 500m: 6:24.47 | 1:18.05 | 700m: 9:00.30 | 1:17.44 | |
| | 200m: 2:29.13 | 1:17.14 | 400m: 5:06.42 | 1:19.20 | 600m: 7:42.86 | 1:18.39 | 800m: 10:17.31 | 1:17.01 | |
| NW | JASZCZUK Ewa | | 02 | MTP Kormoran Olsztyn | | | | | |

14 lat

| | | | | | | | | |
|----|-------------------|---------|---------------|------------------------|---------------|---------|----------------|---------|
| 1. | TOFIL Emilia | | 05 | KS Delfin Gdynia | | | 9:28.74 | 598 |
| | 100m: 1:08.61 | 1:08.61 | 300m: 3:32.25 | 1:12.09 | 500m: 5:55.53 | 1:11.68 | 700m: 8:19.14 | 1:11.79 |
| | 200m: 2:20.16 | 1:11.55 | 400m: 4:43.85 | 1:11.60 | 600m: 7:07.35 | 1:11.82 | 800m: 9:28.74 | 1:09.60 |
| 2. | GAJCY Natalia | | 05 | UKP „Polonia Warszawa" | | | 9:37.83 | 570 |
| | 100m: 1:08.37 | 1:08.37 | 300m: 3:34.78 | 1:13.30 | 500m: 6:00.53 | 1:12.55 | 700m: 8:27.45 | 1:13.28 |
| | 200m: 2:21.48 | 1:13.11 | 400m: 4:47.98 | 1:13.20 | 600m: 7:14.17 | 1:13.64 | 800m: 9:37.83 | 1:10.38 |
| 3. | SAMORAJ Oliwia | | 05 | MKS Piaseczno | | | 9:42.62 | 556 |
| | 100m: 1:08.62 | 1:08.62 | 300m: 3:35.90 | 1:13.70 | 500m: 6:03.98 | 1:14.12 | 700m: 8:31.07 | 1:13.82 |
| | 200m: 2:22.20 | 1:13.58 | 400m: 4:49.86 | 1:13.96 | 600m: 7:17.25 | 1:13.27 | 800m: 9:42.62 | 1:11.55 |
| 4. | JAWORSKA Wiktoria | | 05 | MUKS "Pi tnastka" | | | 9:46.27 | 546 |
| | 100m: 1:08.74 | 1:08.74 | 300m: 3:36.71 | 1:13.92 | 500m: 6:06.42 | 1:15.00 | 700m: 8:34.90 | 1:14.35 |
| | 200m: 2:22.79 | 1:14.05 | 400m: 4:51.42 | 1:14.71 | 600m: 7:20.55 | 1:14.13 | 800m: 9:46.27 | 1:11.37 |
| 5. | ŁASISZ Julia | | 05 | MKP Szczecin | | | 9:51.88 | 531 |
| | 100m: 1:08.69 | 1:08.69 | 300m: 3:36.37 | 1:14.29 | 500m: 6:05.91 | 1:15.00 | 700m: 8:38.64 | 1:16.83 |
| | 200m: 2:22.08 | 1:13.39 | 400m: 4:50.91 | 1:14.54 | 600m: 7:21.81 | 1:15.90 | 800m: 9:51.88 | 1:13.24 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 23, Kobiet, 800m dowolny

15 lat

| | | | | | | | | |
|-----|--|---------|--------------------------|-----------------|---------------|---------|----------------|---------|
| 1. | TARASIEWICZ Klaudia | 04 | UKP „Polonia Warszawa” | 8:36.98 | 797 | | | |
| | <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow (Juniorki)</i> | | | | | | | |
| | 100m: 1:02.42 | 1:02.42 | 300m: 3:11.42 | 1:04.63 | 500m: 5:20.19 | 1:03.99 | 700m: 7:32.48 | 1:06.36 |
| | 200m: 2:06.79 | 1:04.37 | 400m: 4:16.20 | 1:04.78 | 600m: 6:26.12 | 1:05.93 | 800m: 8:36.98 | 1:04.50 |
| 2. | MRO EK Weronika | 04 | MKP Szczecin | 9:12.91 | 651 | | | |
| | 100m: 1:06.65 | 1:06.65 | 300m: 3:25.39 | 1:09.52 | 500m: 5:44.56 | 1:09.64 | 700m: 8:04.30 | 1:09.84 |
| | 200m: 2:15.87 | 1:09.22 | 400m: 4:34.92 | 1:09.53 | 600m: 6:54.46 | 1:09.90 | 800m: 9:12.91 | 1:08.61 |
| 3. | BEDNARZ Julia | 04 | UKS „ORKA” Zamo | 9:17.95 | 634 | | | |
| | 100m: 1:05.67 | 1:05.67 | 300m: 3:25.79 | 1:10.36 | 500m: 5:46.44 | 1:10.69 | 700m: 8:09.03 | 1:11.43 |
| | 200m: 2:15.43 | 1:09.76 | 400m: 4:35.75 | 1:09.96 | 600m: 6:57.60 | 1:11.16 | 800m: 9:17.95 | 1:08.92 |
| 4. | MIKOŁAJCZYK Maja | 04 | UKS SP-149 Łód | 9:18.09 | 633 | | | |
| | 100m: 1:06.04 | 1:06.04 | 300m: 3:25.54 | 1:09.98 | 500m: 5:46.25 | 1:10.55 | 700m: 8:08.67 | 1:10.89 |
| | 200m: 2:15.56 | 1:09.52 | 400m: 4:35.70 | 1:10.16 | 600m: 6:57.78 | 1:11.53 | 800m: 9:18.09 | 1:09.42 |
| 5. | MALINO Julia | 04 | UKS „ORKA” Zamo | 9:24.43 | 612 | | | |
| | 100m: 1:06.89 | 1:06.89 | 300m: 3:28.20 | 1:10.85 | 500m: 5:50.93 | 1:11.59 | 700m: 8:13.80 | 1:11.37 |
| | 200m: 2:17.35 | 1:10.46 | 400m: 4:39.34 | 1:11.14 | 600m: 7:02.43 | 1:11.50 | 800m: 9:24.43 | 1:10.63 |
| 6. | KACZOROWSKA Alicja | 04 | UKS G-8 Bielany Warszawa | 9:25.25 | 609 | | | |
| | 100m: 1:06.48 | 1:06.48 | 300m: 3:27.06 | 1:10.19 | 500m: 5:49.96 | 1:12.12 | 700m: 8:14.66 | 1:12.00 |
| | 200m: 2:16.87 | 1:10.39 | 400m: 4:37.84 | 1:10.78 | 600m: 7:02.66 | 1:12.70 | 800m: 9:25.25 | 1:10.59 |
| 7. | FIGAS Alicja | 04 | MKP Szczecin | 9:28.78 | 598 | | | |
| | 100m: 1:09.04 | 1:09.04 | 300m: 3:32.41 | 1:11.74 | 500m: 5:56.56 | 1:11.95 | 700m: 8:19.98 | 1:11.72 |
| | 200m: 2:20.67 | 1:11.63 | 400m: 4:44.61 | 1:12.20 | 600m: 7:08.26 | 1:11.70 | 800m: 9:28.78 | 1:08.80 |
| 8. | RACZY SKA Wiktoria | 04 | AZS Łód | 9:39.23 | 566 | | | |
| | 100m: 1:09.45 | 1:09.45 | 300m: 3:34.48 | 1:12.34 | 500m: 5:59.66 | 1:12.67 | 700m: 8:26.71 | 1:13.91 |
| | 200m: 2:22.14 | 1:12.69 | 400m: 4:46.99 | 1:12.51 | 600m: 7:12.80 | 1:13.14 | 800m: 9:39.23 | 1:12.52 |
| 9. | WITEK Oliwia | 04 | MKS Jedyńka Łód | 9:45.72 | 548 | | | |
| | 100m: 1:09.35 | 1:09.35 | 300m: 3:36.10 | 1:13.46 | 500m: 6:03.87 | 1:14.16 | 700m: 8:32.42 | 1:14.65 |
| | 200m: 2:22.64 | 1:13.29 | 400m: 4:49.71 | 1:13.61 | 600m: 7:17.77 | 1:13.90 | 800m: 9:45.72 | 1:13.30 |
| 10. | HAŁADYN Kamila | 04 | UKS SP-149 Łód | 10:09.20 | 487 | | | |
| | 100m: 1:10.33 | 1:10.33 | 300m: 3:44.79 | 1:18.40 | 500m: 6:22.97 | 1:19.07 | 700m: 8:57.54 | 1:15.38 |
| | 200m: 2:26.39 | 1:16.06 | 400m: 5:03.90 | 1:19.11 | 600m: 7:42.16 | 1:19.19 | 800m: 10:09.20 | 1:11.66 |
| 11. | SADOWSKA Dominika | 04 | MUKS "Pi tnastka" | 10:09.40 | 486 | | | |
| | 100m: 1:09.97 | 1:09.97 | 300m: 3:42.32 | 1:16.61 | 500m: 6:17.01 | 1:17.67 | 700m: 8:53.40 | 1:18.50 |
| | 200m: 2:25.71 | 1:15.74 | 400m: 4:59.34 | 1:17.02 | 600m: 7:34.90 | 1:17.89 | 800m: 10:09.40 | 1:16.00 |

16 lat

| | | | | | | | | |
|----|------------------|---------|------------------------|----------------|---------------|---------|---------------|---------|
| 1. | NOWAK Maja | 03 | AZS AWF Warszawa | 8:55.59 | 716 | | | |
| | 100m: 1:05.04 | 1:05.04 | 300m: 3:20.75 | 1:07.82 | 500m: 5:35.53 | 1:06.87 | 700m: 7:49.82 | 1:06.71 |
| | 200m: 2:12.93 | 1:07.89 | 400m: 4:28.66 | 1:07.91 | 600m: 6:43.11 | 1:07.58 | 800m: 8:55.59 | 1:05.77 |
| 2. | ZIELI SKA Daria | 03 | UKP „Polonia Warszawa” | 9:02.35 | 690 | | | |
| | 100m: 1:06.67 | 1:06.67 | 300m: 3:24.07 | 1:08.53 | 500m: 5:39.73 | 1:07.50 | 700m: 7:55.38 | 1:07.63 |
| | 200m: 2:15.54 | 1:08.87 | 400m: 4:32.23 | 1:08.16 | 600m: 6:47.75 | 1:08.02 | 800m: 9:02.35 | 1:06.97 |
| 3. | HAŁADYN Karolina | 03 | UKS 190 Łód | 9:15.68 | 641 | | | |
| | 100m: 1:06.00 | 1:06.00 | 300m: 3:26.04 | 1:10.31 | 500m: 5:46.86 | 1:10.52 | 700m: 8:06.70 | 1:09.56 |
| | 200m: 2:15.73 | 1:09.73 | 400m: 4:36.34 | 1:10.30 | 600m: 6:57.14 | 1:10.28 | 800m: 9:15.68 | 1:08.98 |
| 4. | FRYSIAK Zuzanna | 03 | MUKS "Pi tnastka" | 9:31.69 | 589 | | | |
| | 100m: 1:07.43 | 1:07.43 | 300m: 3:31.09 | 1:11.96 | 500m: 5:57.02 | 1:12.99 | 700m: 8:21.39 | 1:12.21 |
| | 200m: 2:19.13 | 1:11.70 | 400m: 4:44.03 | 1:12.94 | 600m: 7:09.18 | 1:12.16 | 800m: 9:31.69 | 1:10.30 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 23, Kobiet, 800m dowolny

17 - 18 lat

| | | | | | |
|----|-----------------------|-----------------------|--|------------------------|-----|
| 1. | ŁUCZAK Dominika | 02 | SMS Zielona Góra | 9:06.09 | 676 |
| | 100m: 1:06.52 1:06.52 | 300m: 3:24.88 1:09.19 | 500m: 5:41.77 1:08.28 | 700m: 7:58.52 1:08.31 | |
| | 200m: 2:15.69 1:09.17 | 400m: 4:33.49 1:08.61 | 600m: 6:50.21 1:08.44 | 800m: 9:06.09 1:07.57 | |
| 2. | DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włókniarz” 1929 | 9:13.63 | 649 |
| | 100m: 1:06.29 1:06.29 | 300m: 3:26.29 1:10.03 | 500m: 5:45.57 1:09.38 | 700m: 8:05.03 1:09.50 | |
| | 200m: 2:16.26 1:09.97 | 400m: 4:36.19 1:09.90 | 600m: 6:55.53 1:09.96 | 800m: 9:13.63 1:08.60 | |
| 3. | SVENSSON Lovisa | 02 | SS VAERMAMO | 10:17.31 | 468 |
| | 100m: 1:11.99 1:11.99 | 300m: 3:47.22 1:18.09 | 500m: 6:24.47 1:18.05 | 700m: 9:00.30 1:17.44 | |
| | 200m: 2:29.13 1:17.14 | 400m: 5:06.42 1:19.20 | 600m: 7:42.86 1:18.39 | 800m: 10:17.31 1:17.01 | |
| NW | JASZCZUK Ewa | 02 | MTP Kormoran Olsztyn | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 13
2019-11-23 - 19:16

Kobiet, 200m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|--------------------|-------|---------------------|------------|
| RP Open | 1:54.39 | JEDRZEJCZAK Otylia | 00114 | Helsinki (FIN) | 2006-12-10 |
| RP 19 - 23 | 1:54.39 | JEDRZEJCZAK Otylia | 00114 | Helsinki (FIN) | 2006-12-10 |
| RP 18 | 1:56.68 | WILK Katarzyna | 00106 | Gorzów Wlkp. | 2009-11-29 |
| RP 17 | 1:56.68 | WILK Katarzyna | 00106 | Gorzow Wielkopolski | 2009-11-29 |
| RP 16 | 1:58.06 | SOKOŁOWSKA Diana | | Pozna | 2011-12-17 |
| RP 15 | 1:58.06 | SOKOŁOWSKA Diana | 00309 | Poznan | 2011-12-18 |
| RP 14 | 1:59.20 | KNOP Aleksandra | 01605 | Łód | 2017-12-22 |

Punkty: FINA 2019

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | | |
|------------------------|------------------------|------|------------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | GU Wiktoria | 04 | UKS „Delfin” Piotrków Tryb | 1:59.18 | 795 | 27.27 | 29.82 | 31.17 | 30.92 |
| 2. | W GRZYNOWSKA A. | 01 | WKS I sk Wrocław | 2:02.10 | 739 | 28.67 | 30.97 | 31.57 | 30.89 |
| 3. | PARADOWSKA Kinga | 01 | MUKS "Pi tnastka" | 2:02.53 | 732 | 29.32 | 31.28 | 31.17 | 30.76 |
| 4. | ANDERSSON Tova | 01 | VSS VASBY | 2:03.46 | 715 | 28.57 | 31.48 | 32.22 | 31.19 |
| 5. | CELMER Wiktoria | 03 | KS Warta Pozna | 2:03.96 | 706 | 29.03 | 31.58 | 32.23 | 31.12 |
| | CIE LAK Joanna | 96 | KS Warta Pozna | 2:03.96 | 706 | 28.92 | 31.13 | 31.92 | 31.99 |
| 7. | CIERPIAŁOWSKA Paulina | 05 | UKS abianka Gda sk | 2:04.06 | 705 | 29.08 | 31.54 | 32.05 | 31.39 |
| 8. | PIEPIÓRKA Martyna | 03 | UKS abianka Gda sk | 2:04.57 | 696 | 30.07 | 32.26 | 31.36 | 30.88 |
| 9. | KAWKA Nina | 03 | UKS G-8 Bielany Warszawa | 2:04.77 | 693 | 29.60 | 32.04 | 32.04 | 31.09 |
| 10. | NOWAK Maja | 03 | AZS AWF Warszawa | 2:04.91 | 690 | 29.57 | 31.96 | 32.62 | 30.76 |
| 11. | NIEMCZAK Zofia | 99 | AZS AWF Katowice | 2:05.06 | 688 | 29.11 | 31.43 | 32.35 | 32.17 |
| 12. | ZAWADZKA Hanna | 02 | UKS G-8 Bielany Warszawa | 2:05.49 | 681 | 29.53 | 32.08 | 32.21 | 31.67 |
| 13. | URBAN Karolina | 03 | UKS „Ósemka” Starogard | 2:06.03 | 672 | 29.92 | 31.87 | 32.36 | 31.88 |
| 14. | ŁUCZAK Dominika | 02 | SMS Zielona Góra | 2:06.50 | 665 | 30.33 | 32.21 | 32.42 | 31.54 |
| 15. | BUJAK Klara | 02 | UKS G-8 Bielany Warszawa | 2:06.92 | 658 | 30.11 | 32.57 | 32.50 | 31.74 |
| 16. | NIEWIADOMSKA Wiktoria | 02 | MUKS "Pi tnastka" | 2:07.05 | 656 | 29.70 | 32.08 | 32.73 | 32.54 |
| 17. | SZCZEPA SKA Maria | 03 | KS Warta Pozna | 2:07.31 | 652 | 29.62 | 32.14 | 32.98 | 32.57 |
| 18. | ZAR BA-PARADOWSKA | 02 | UKS G-8 Bielany Warszawa | 2:07.76 | 645 | 29.96 | 32.36 | 32.91 | 32.53 |
| 19. | GARBARCZYK Weronika | 03 | MKP Szczecin | 2:08.04 | 641 | 30.28 | 32.62 | 32.74 | 32.40 |
| 20. | SKIBCZAK Natalia | 00 | UKS G-8 Bielany Warszawa | 2:08.30 | 637 | 29.48 | 32.37 | 33.12 | 33.33 |
| 21. | GRADEK Aleksandra | 03 | UKP „Polonia Warszawa" | 2:08.35 | 636 | 30.42 | 32.05 | 33.11 | 32.77 |
| 22. | MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | 2:08.91 | 628 | 29.58 | 32.58 | 33.59 | 33.16 |
| 23. | MO D AN Milena | 03 | MKP Szczecin | 2:09.30 | 622 | 30.00 | 32.95 | 33.33 | 33.02 |
| 24. | BEDNARZ Julia | 04 | UKS „ORKA" Zamo | 2:09.38 | 621 | 30.56 | 32.76 | 33.08 | 32.98 |
| 25. | ANDERSSON Ebba | 01 | VSS VASBY | 2:09.42 | 621 | 29.72 | 32.11 | 33.48 | 34.11 |
| 26. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 2:09.59 | 618 | 29.88 | 33.06 | 33.99 | 32.66 |
| 27. | KANTECKA Julia | 03 | Kaliski Klub Sportowy „Włó | 2:10.02 | 612 | 29.56 | 32.96 | 34.17 | 33.33 |
| 28. | SZREDZI SKA Gabriela | 04 | UKP „Polonia Warszawa" | 2:10.12 | 611 | 29.53 | 33.23 | 33.56 | 33.80 |
| 29. | HERMANOWSKA Natalia | 04 | MUKS "Pi tnastka" | 2:10.55 | 605 | 31.14 | 33.85 | 32.70 | 32.86 |
| 30. | CYGAN Julia | 04 | MKS „Astoria" Bydgoszcz | 2:10.71 | 603 | 30.43 | 33.37 | 33.75 | 33.16 |
| | HAŁADYN Karolina | 03 | UKS 190 Łód | 2:10.71 | 603 | 30.63 | 33.26 | 33.74 | 33.08 |
| 32. | KRZYSZTOFIAK Iga | 03 | KS Warta Pozna | 2:10.96 | 599 | 30.45 | 33.29 | 33.96 | 33.26 |
| 33. | SZUPER Katarzyna | 04 | UKS „ORKA" Zamo | 2:11.20 | 596 | 29.75 | 33.20 | 34.21 | 34.04 |
| 34. | DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włó | 2:11.77 | 588 | 30.12 | 33.00 | 34.37 | 34.28 |
| | MALINO Julia | 04 | UKS „ORKA" Zamo | 2:11.77 | 588 | 29.78 | 32.92 | 34.31 | 34.76 |
| 36. | MRO EK Weronika | 04 | MKP Szczecin | 2:11.78 | 588 | 30.83 | 33.25 | 34.13 | 33.57 |
| 37. | JANICKA Paula | 04 | KS Warta Pozna | 2:11.92 | 586 | 29.24 | 33.36 | 34.72 | 34.60 |
| 38. | BARANOWSKA Martyna | 03 | KS Warta Pozna | 2:12.00 | 585 | 30.05 | 33.44 | 34.88 | 33.63 |
| 39. | BRACH Oliwia | 04 | UKP „Polonia Warszawa" | 2:12.11 | 584 | 30.21 | 33.44 | 34.41 | 34.05 |
| 40. | TOFIL Emilia | 05 | KS Delfin Gdynia | 2:13.22 | 569 | 31.20 | 33.69 | 34.41 | 33.92 |
| 41. | ŁAWRYNOWICZ Gabriela | 03 | KS Warta Pozna | 2:13.40 | 567 | 29.89 | 33.48 | 34.74 | 35.29 |
| 42. | TOMASZEWSKA Aleksandra | 99 | St. Lok. SALOS Cortile Kielc | 2:14.01 | 559 | 31.03 | 33.71 | 34.83 | 34.44 |
| | GAJCY Natalia | 05 | UKP „Polonia Warszawa" | 2:14.01 | 559 | 30.94 | 34.08 | 34.93 | 34.06 |
| 44. | ADAMSKA Maria | 03 | UKS G-8 Bielany Warszawa | 2:14.27 | 556 | 30.78 | 34.12 | 34.88 | 34.49 |
| 45. | FIGAS Alicja | 04 | MKP Szczecin | 2:14.70 | 551 | 32.05 | 34.04 | 34.87 | 33.74 |
| 46. | RUTKOWSKA Wiktoria | 99 | MUKS "Pi tnastka" | 2:14.73 | 550 | 30.70 | 33.71 | 35.09 | 35.23 |
| 47. | S DŁAK Alicja | 05 | MUKS "Pi tnastka" | 2:14.93 | 548 | 30.74 | 34.11 | 35.64 | 34.44 |
| 48. | KIERAGA Patrycja | 04 | KS OLIMPIA Lublin | 2:15.08 | 546 | 31.13 | 34.37 | 35.42 | 34.16 |
| 49. | ROMANIUK Matylda | 04 | UKP „Polonia Warszawa" | 2:15.10 | 546 | 30.81 | 34.30 | 35.48 | 34.51 |
| 50. | CZECHYRA Agata | 03 | KS Warta Pozna | 2:15.15 | 545 | 30.72 | 34.14 | 35.62 | 34.67 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 13, Kobiet, 200m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------|---------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 51. | ŁUSZCZEWSKA Emilia | 05 | MKS Juwenia Białystok | 2:15.16 | 545 | 31.42 | 34.74 | 35.44 | 33.56 |
| 52. | SKALI SKA Ewa | 05 | MKS Piaseczno | 2:15.33 | 543 | 30.23 | 34.28 | 35.40 | 35.42 |
| 53. | SADOWSKA Dominika | 04 | MUKS "Pi tnastka" | 2:15.49 | 541 | 31.16 | 34.44 | 35.68 | 34.21 |
| 54. | MAKSYMOWICZ Nadia | 05 | UKS G-8 Bielany Warszawa | 2:16.48 | 529 | 31.57 | 34.49 | 36.19 | 34.23 |
| 55. | MAKOWSKA Martyna | 05 | MKP Szczecin | 2:16.52 | 529 | 30.07 | 33.76 | 36.76 | 35.93 |
| 56. | CH CIAK Sandra | 03 | UKS „GIM 92 Ursynów" | 2:17.15 | 522 | 31.62 | 35.43 | 35.20 | 34.90 |
| 57. | KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 2:17.17 | 521 | 31.57 | 35.35 | 35.91 | 34.34 |
| 58. | NOWAK Gabriela | 05 | KP Delfin Inowrocław | 2:17.61 | 516 | 31.37 | 34.14 | 35.40 | 36.70 |
| 59. | MAZUR Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów | 2:17.67 | 516 | 31.83 | 35.63 | 36.29 | 33.92 |
| 60. | ORUM Melissa | 04 | MUKS "Pi tnastka" | 2:17.98 | 512 | 32.39 | 35.29 | 35.91 | 34.39 |
| 61. | SYSIO Zuzanna | 04 | MUKS Wodnik Łask | 2:18.51 | 506 | 31.88 | 34.53 | 36.25 | 35.85 |
| 62. | KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów | 2:18.84 | 503 | 31.05 | 35.27 | 36.60 | 35.92 |
| 63. | HAR Zofia | 04 | MKS Piaseczno | 2:18.95 | 501 | 31.53 | 35.53 | 35.88 | 36.01 |
| 64. | WIDERAK Sonia | 04 | KS Warta Pozna | 2:19.26 | 498 | 32.37 | 34.85 | 36.78 | 35.26 |
| 65. | HAJDUK Julia | 05 | MKP „SŁOWIANKA" Gorzów | 2:20.02 | 490 | 32.25 | 35.63 | 36.77 | 35.37 |
| 66. | ŁASISZ Julia | 05 | MKP Szczecin | 2:20.16 | 489 | 31.80 | 35.84 | 38.41 | 34.11 |
| 67. | RUTWA Wiktoria | 05 | MKS Piaseczno | 2:20.55 | 485 | 31.73 | 35.65 | 37.21 | 35.96 |
| 68. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 2:20.70 | 483 | 32.02 | 35.13 | 37.38 | 36.17 |
| 69. | ZAWADA Malwina | 05 | MKS Piaseczno | 2:21.43 | 476 | 32.56 | 35.52 | 37.12 | 36.23 |
| 70. | SVENSSON Lovisa | 02 | SS VAERMAMO | 2:22.29 | 467 | 32.00 | 36.01 | 37.57 | 36.71 |
| 71. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 2:22.91 | 461 | 31.55 | 36.04 | 37.95 | 37.37 |
| 72. | BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 2:24.28 | 448 | 33.44 | 36.31 | 37.51 | 37.02 |
| 73. | MARCINOWSKA Julia | 05 | MKS Piast Głogów | 2:24.42 | 447 | 32.06 | 36.52 | 38.14 | 37.70 |
| 74. | GAWLIKOWSKA Olga | 05 | MUKS Wodnik Łask | 2:26.26 | 430 | 32.09 | 36.92 | 39.43 | 37.82 |
| 75. | WOJCIECHOWSKA Kamil | 03 | Mokotowski UKP Warszawi | 2:28.60 | 410 | 32.62 | 37.14 | 39.54 | 39.30 |
| 76. | WASZKIEWICZ Alicja | 05 | KP Delfin Inowrocław | 2:29.43 | 403 | 33.74 | 38.09 | 39.12 | 38.48 |
| 77. | LASECKA Anna | 05 | Mokotowski UKP Warszawi | 2:31.44 | 387 | 32.74 | 38.96 | 40.31 | 39.43 |
| 78. | PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 2:31.72 | 385 | 33.43 | 39.29 | 40.75 | 38.25 |
| NW | JAGODA Patrycja | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | | | |
| NW | HAŁAWCZAK Marcelina | 02 | MKP Szczecin | | | | | | |
| NW | FRYSIAK Zuzanna | 03 | MUKS "Pi tnastka" | | | | | | |
| NW | JAWORSKA Wiktoria | 05 | MUKS "Pi tnastka" | | | | | | |

14 lat

| | | | | | | | | | |
|-----|-----------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | CIERPIAŁOWSKA Paulina | 05 | UKS abianka Gda sk | 2:04.06 | 705 | 29.08 | 31.54 | 32.05 | 31.39 |
| 2. | MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | 2:08.91 | 628 | 29.58 | 32.58 | 33.59 | 33.16 |
| 3. | TOFIL Emilia | 05 | KS Delfin Gdynia | 2:13.22 | 569 | 31.20 | 33.69 | 34.41 | 33.92 |
| 4. | GAJCY Natalia | 05 | UKP „Polonia Warszawa" | 2:14.01 | 559 | 30.94 | 34.08 | 34.93 | 34.06 |
| 5. | S DŁAK Alicja | 05 | MUKS "Pi tnastka" | 2:14.93 | 548 | 30.74 | 34.11 | 35.64 | 34.44 |
| 6. | ŁUSZCZEWSKA Emilia | 05 | MKS Juwenia Białystok | 2:15.16 | 545 | 31.42 | 34.74 | 35.44 | 33.56 |
| 7. | SKALI SKA Ewa | 05 | MKS Piaseczno | 2:15.33 | 543 | 30.23 | 34.28 | 35.40 | 35.42 |
| 8. | MAKSYMOWICZ Nadia | 05 | UKS G-8 Bielany Warszawa | 2:16.48 | 529 | 31.57 | 34.49 | 36.19 | 34.23 |
| 9. | MAKOWSKA Martyna | 05 | MKP Szczecin | 2:16.52 | 529 | 30.07 | 33.76 | 36.76 | 35.93 |
| 10. | KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 2:17.17 | 521 | 31.57 | 35.35 | 35.91 | 34.34 |
| 11. | NOWAK Gabriela | 05 | KP Delfin Inowrocław | 2:17.61 | 516 | 31.37 | 34.14 | 35.40 | 36.70 |
| 12. | MAZUR Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów | 2:17.67 | 516 | 31.83 | 35.63 | 36.29 | 33.92 |
| 13. | KLIMIUK Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów | 2:18.84 | 503 | 31.05 | 35.27 | 36.60 | 35.92 |
| 14. | HAJDUK Julia | 05 | MKP „SŁOWIANKA" Gorzów | 2:20.02 | 490 | 32.25 | 35.63 | 36.77 | 35.37 |
| 15. | ŁASISZ Julia | 05 | MKP Szczecin | 2:20.16 | 489 | 31.80 | 35.84 | 38.41 | 34.11 |
| 16. | RUTWA Wiktoria | 05 | MKS Piaseczno | 2:20.55 | 485 | 31.73 | 35.65 | 37.21 | 35.96 |
| 17. | MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 2:20.70 | 483 | 32.02 | 35.13 | 37.38 | 36.17 |
| 18. | ZAWADA Malwina | 05 | MKS Piaseczno | 2:21.43 | 476 | 32.56 | 35.52 | 37.12 | 36.23 |
| 19. | RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 2:22.91 | 461 | 31.55 | 36.04 | 37.95 | 37.37 |
| 20. | MARCINOWSKA Julia | 05 | MKS Piast Głogów | 2:24.42 | 447 | 32.06 | 36.52 | 38.14 | 37.70 |
| 21. | GAWLIKOWSKA Olga | 05 | MUKS Wodnik Łask | 2:26.26 | 430 | 32.09 | 36.92 | 39.43 | 37.82 |
| 22. | WASZKIEWICZ Alicja | 05 | KP Delfin Inowrocław | 2:29.43 | 403 | 33.74 | 38.09 | 39.12 | 38.48 |
| 23. | LASECKA Anna | 05 | Mokotowski UKP Warszawi | 2:31.44 | 387 | 32.74 | 38.96 | 40.31 | 39.43 |
| 24. | PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 2:31.72 | 385 | 33.43 | 39.29 | 40.75 | 38.25 |
| NW | JAGODA Patrycja | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | | | |
| NW | JAWORSKA Wiktoria | 05 | MUKS "Pi tnastka" | | | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 13, Kobiet, 200m dowolny

15 lat

| | | | | | | | | | |
|-----|----------------------|----|-----------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | GU Wiktoria | 04 | UKS „Delfin” Piotrków Trybunalski | 1:59.18 | 795 | 27.27 | 29.82 | 31.17 | 30.92 |
| 2. | BEDNARZ Julia | 04 | UKS „ORKA” Zamo | 2:09.38 | 621 | 30.56 | 32.76 | 33.08 | 32.98 |
| 3. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 2:09.59 | 618 | 29.88 | 33.06 | 33.99 | 32.66 |
| 4. | SZREDZI SKA Gabriela | 04 | UKP „Polonia Warszawa" | 2:10.12 | 611 | 29.53 | 33.23 | 33.56 | 33.80 |
| 5. | HERMANOWSKA Natalia | 04 | MUKS "Pi tnastka" | 2:10.55 | 605 | 31.14 | 33.85 | 32.70 | 32.86 |
| 6. | CYGAN Julia | 04 | MKS „Astoria” Bydgoszcz | 2:10.71 | 603 | 30.43 | 33.37 | 33.75 | 33.16 |
| 7. | SZUPER Katarzyna | 04 | UKS „ORKA” Zamo | 2:11.20 | 596 | 29.75 | 33.20 | 34.21 | 34.04 |
| 8. | MALINO Julia | 04 | UKS „ORKA” Zamo | 2:11.77 | 588 | 29.78 | 32.92 | 34.31 | 34.76 |
| 9. | MRO EK Weronika | 04 | MKP Szczecin | 2:11.78 | 588 | 30.83 | 33.25 | 34.13 | 33.57 |
| 10. | JANICKA Paula | 04 | KS Warta Pozna | 2:11.92 | 586 | 29.24 | 33.36 | 34.72 | 34.60 |
| 11. | BRACH Oliwia | 04 | UKP „Polonia Warszawa" | 2:12.11 | 584 | 30.21 | 33.44 | 34.41 | 34.05 |
| 12. | FIGAS Alicja | 04 | MKP Szczecin | 2:14.70 | 551 | 32.05 | 34.04 | 34.87 | 33.74 |
| 13. | KIERAGA Patrycja | 04 | KS OLIMPIA Lublin | 2:15.08 | 546 | 31.13 | 34.37 | 35.42 | 34.16 |
| 14. | ROMANIUK Matylda | 04 | UKP „Polonia Warszawa" | 2:15.10 | 546 | 30.81 | 34.30 | 35.48 | 34.51 |
| 15. | SADOWSKA Dominika | 04 | MUKS "Pi tnastka" | 2:15.49 | 541 | 31.16 | 34.44 | 35.68 | 34.21 |
| 16. | ORUM Melissa | 04 | MUKS "Pi tnastka" | 2:17.98 | 512 | 32.39 | 35.29 | 35.91 | 34.39 |
| 17. | SYSIO Zuzanna | 04 | MUKS Wodnik Łask | 2:18.51 | 506 | 31.88 | 34.53 | 36.25 | 35.85 |
| 18. | HAR Zofia | 04 | MKS Piaseczno | 2:18.95 | 501 | 31.53 | 35.53 | 35.88 | 36.01 |
| 19. | WIDERAK Sonia | 04 | KS Warta Pozna | 2:19.26 | 498 | 32.37 | 34.85 | 36.78 | 35.26 |
| 20. | BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 2:24.28 | 448 | 33.44 | 36.31 | 37.51 | 37.02 |

16 lat

| | | | | | | | | | |
|-----|----------------------|----|---|----------------|-----|-------|-------|-------|-------|
| 1. | CELMER Wiktoria | 03 | KS Warta Pozna | 2:03.96 | 706 | 29.03 | 31.58 | 32.23 | 31.12 |
| 2. | PIEPIÓRKA Martyna | 03 | UKS abianka Gda sk | 2:04.57 | 696 | 30.07 | 32.26 | 31.36 | 30.88 |
| 3. | KAWKA Nina | 03 | UKS G-8 Bielany Warszawa | 2:04.77 | 693 | 29.60 | 32.04 | 32.04 | 31.09 |
| 4. | NOWAK Maja | 03 | AZS AWF Warszawa | 2:04.91 | 690 | 29.57 | 31.96 | 32.62 | 30.76 |
| 5. | URBAN Karolina | 03 | UKS „Ósemka” Starogard G | 2:06.03 | 672 | 29.92 | 31.87 | 32.36 | 31.88 |
| 6. | SZCZEPA SKA Maria | 03 | KS Warta Pozna | 2:07.31 | 652 | 29.62 | 32.14 | 32.98 | 32.57 |
| 7. | GARBARCZYK Weronika | 03 | MKP Szczecin | 2:08.04 | 641 | 30.28 | 32.62 | 32.74 | 32.40 |
| 8. | GRADEK Aleksandra | 03 | UKP „Polonia Warszawa" | 2:08.35 | 636 | 30.42 | 32.05 | 33.11 | 32.77 |
| 9. | MO D AN Milena | 03 | MKP Szczecin | 2:09.30 | 622 | 30.00 | 32.95 | 33.33 | 33.02 |
| 10. | KANTECKA Julia | 03 | Kaliski Klub Sportowy „Włóczęgi” Kalisz | 2:10.02 | 612 | 29.56 | 32.96 | 34.17 | 33.33 |
| 11. | HAŁADYN Karolina | 03 | UKS 190 Łód | 2:10.71 | 603 | 30.63 | 33.26 | 33.74 | 33.08 |
| 12. | KRZYSZTOFIAK Iga | 03 | KS Warta Pozna | 2:10.96 | 599 | 30.45 | 33.29 | 33.96 | 33.26 |
| 13. | BARANOWSKA Martyna | 03 | KS Warta Pozna | 2:12.00 | 585 | 30.05 | 33.44 | 34.88 | 33.63 |
| 14. | ŁAWRYNOWICZ Gabriela | 03 | KS Warta Pozna | 2:13.40 | 567 | 29.89 | 33.48 | 34.74 | 35.29 |
| 15. | ADAMSKA Maria | 03 | UKS G-8 Bielany Warszawa | 2:14.27 | 556 | 30.78 | 34.12 | 34.88 | 34.49 |
| 16. | CZECHYRA Agata | 03 | KS Warta Pozna | 2:15.15 | 545 | 30.72 | 34.14 | 35.62 | 34.67 |
| 17. | CH CIAK Sandra | 03 | UKS „GIM 92 Ursynów" | 2:17.15 | 522 | 31.62 | 35.43 | 35.20 | 34.90 |
| 18. | WOJCIECHOWSKA Kamil | 03 | Mokotowski UKP Warszawi | 2:28.60 | 410 | 32.62 | 37.14 | 39.54 | 39.30 |
| NW | FRYSIAK Zuzanna | 03 | MUKS "Pi tnastka" | | | | | | |

17 - 18 lat

| | | | | | | | | | |
|-----|-----------------------|----|---|----------------|-----|-------|-------|-------|-------|
| 1. | W GRZYNOWSKA A. | 01 | WKS I sk Wrocław | 2:02.10 | 739 | 28.67 | 30.97 | 31.57 | 30.89 |
| 2. | PARADOWSKA Kinga | 01 | MUKS "Pi tnastka" | 2:02.53 | 732 | 29.32 | 31.28 | 31.17 | 30.76 |
| 3. | ANDERSSON Tova | 01 | VSS VASBY | 2:03.46 | 715 | 28.57 | 31.48 | 32.22 | 31.19 |
| 4. | ZAWADZKA Hanna | 02 | UKS G-8 Bielany Warszawa | 2:05.49 | 681 | 29.53 | 32.08 | 32.21 | 31.67 |
| 5. | ŁUCZAK Dominika | 02 | SMS Zielona Góra | 2:06.50 | 665 | 30.33 | 32.21 | 32.42 | 31.54 |
| 6. | BUJAK Klara | 02 | UKS G-8 Bielany Warszawa | 2:06.92 | 658 | 30.11 | 32.57 | 32.50 | 31.74 |
| 7. | NIEWIADOMSKA Wiktoria | 02 | MUKS "Pi tnastka" | 2:07.05 | 656 | 29.70 | 32.08 | 32.73 | 32.54 |
| 8. | ZAR BA-PARADOWSKA | 02 | UKS G-8 Bielany Warszawa | 2:07.76 | 645 | 29.96 | 32.36 | 32.91 | 32.53 |
| 9. | ANDERSSON Ebba | 01 | VSS VASBY | 2:09.42 | 621 | 29.72 | 32.11 | 33.48 | 34.11 |
| 10. | DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włóczęgi” Kalisz | 2:11.77 | 588 | 30.12 | 33.00 | 34.37 | 34.28 |
| 11. | SVENSSON Lovisa | 02 | SS VAERMAMO | 2:22.29 | 467 | 32.00 | 36.01 | 37.57 | 36.71 |
| NW | HAŁAWCZAK Marcelina | 02 | MKP Szczecin | | | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 14
2019-11-23 - 19:28

M czyzn, 200m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-----------------------|-------|---------------------|------------|
| RP Open | 1:41.62 | MAJCHRZAK Kacper | 00115 | Berlin (GER) | 2017-08-07 |
| RP 19 - 23 | 1:42.76 | MAJCHRZAK Kacper | 00115 | Lublin | 2015-12-20 |
| RP 18 | 1:43.99 | KRASKA Jakub | 02305 | Lublin | 2019-03-19 |
| RP 17 | 1:44.64 | STOKOWSKI Kacper | | Olsztyn | 2016-12-02 |
| RP 16 | 1:46.94 | WERNER Paweł | 00101 | Gorzow Wielkopolski | 2009-11-29 |
| RP 15 | 1:48.55 | ORLICZ Filip | 05114 | Poznan | 2017-11-26 |
| RP 14 | 1:51.15 | MATUSZEWSKI Krzysztof | 00802 | Olsztyn | 2018-12-14 |

Punkty: FINA 2019

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | | |
|------------------------|---|------|------------------------------|----------------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | MAJCHRZAK Kacper | 92 | KS Warta Pozna | 1:43.21 | 892 | 24.30 | 26.66 | 26.36 | 25.89 |
| | <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow</i> | | | | | | | | |
| 2. | KRASKA Jakub | 00 | AZS Łód | 1:43.47 | 885 | 24.30 | 26.54 | 26.91 | 25.72 |
| | <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow</i> | | | | | | | | |
| 3. | STOKOWSKI Kacper | 99 | UKS G-8 Bielany Warszawa | 1:45.04 | 846 | 24.60 | 26.99 | 26.50 | 26.95 |
| 4. | KAROLCZAK Jan | 01 | UKS G-8 Bielany Warszawa | 1:46.58 | 810 | 24.95 | 27.33 | 26.98 | 27.32 |
| 5. | WITKOWSKI Jan | 94 | KU AZS UMCS Lublin | 1:47.48 | 790 | 25.18 | 27.04 | 27.38 | 27.88 |
| 6. | ZABOROWSKI Filip | 94 | MKP Szczecin | 1:47.81 | 783 | 25.51 | 27.18 | 27.50 | 27.62 |
| 7. | CHRZANOWSKI Damian | 98 | WKS I sk Wrocław | 1:49.17 | 754 | 25.25 | 28.00 | 28.25 | 27.67 |
| 8. | KAŁU Y SKI Antoni | 99 | Mokotowski UKP Warszawa | 1:49.25 | 752 | 25.75 | 28.13 | 28.34 | 27.03 |
| 9. | BUTKIEWICZ Cezary | 00 | UKP „Polonia Warszawa” | 1:50.33 | 730 | 25.67 | 27.94 | 28.13 | 28.59 |
| 10. | PIOTROWSKI Kacper | 01 | UKS G-8 Bielany Warszawa | 1:50.52 | 726 | 25.80 | 28.13 | 28.79 | 27.80 |
| 11. | HOŁUB Jan | 96 | KU AZS UMCS Lublin | 1:50.55 | 726 | 25.84 | 27.87 | 28.78 | 28.06 |
| 12. | KOMOROWSKI Jan | 01 | MKS Trójka Łód | 1:50.61 | 725 | 25.76 | 28.14 | 28.67 | 28.04 |
| 13. | BUJAK Dominik | 99 | St. Lok. SALOS Cortile Kielc | 1:50.79 | 721 | 26.33 | 28.34 | 28.37 | 27.75 |
| 14. | KLICH Kacper | 94 | KU AZS UMCS Lublin | 1:51.20 | 713 | 25.92 | 28.19 | 28.55 | 28.54 |
| 15. | KA MIERCZAK Bruno | 02 | UKS GOS Raszyn | 1:51.24 | 712 | 24.53 | 27.63 | 29.28 | 29.80 |
| 16. | JA KIEWICZ Adrian | 02 | UKS G-8 Bielany Warszawa | 1:51.65 | 705 | 26.70 | 28.13 | 28.56 | 28.26 |
| 17. | WYSOCZY SKI Mateusz | 93 | KU AZS AGH Kraków | 1:51.71 | 703 | 25.65 | 28.74 | 28.95 | 28.37 |
| 18. | WARZOCHA Albert | 01 | Uks Cityzen | 1:51.79 | 702 | 25.89 | 28.52 | 28.88 | 28.50 |
| 19. | KA MIERCZAK Wojciech | 97 | Mokotowski UKP Warszawa | 1:52.14 | 695 | 25.84 | 28.34 | 29.22 | 28.74 |
| 20. | GUZIOR Maciej | 00 | WKS I sk Wrocław | 1:52.36 | 691 | 25.76 | 28.27 | 29.22 | 29.11 |
| 21. | DERE Kacper | 98 | WKS I sk Wrocław | 1:52.72 | 685 | 25.77 | 28.35 | 29.28 | 29.32 |
| 22. | SZWEDZKI Dawid | 94 | WKS I sk Wrocław | 1:53.15 | 677 | 26.44 | 28.70 | 29.40 | 28.61 |
| 23. | MATUSZEWSKI Krzysztof | 04 | UKP „Polonia Warszawa” | 1:53.68 | 667 | 26.41 | 28.93 | 28.87 | 29.47 |
| 24. | KACZOROWSKI Jakub | 97 | UKS G-8 Bielany Warszawa | 1:53.73 | 667 | 26.68 | 28.66 | 29.27 | 29.12 |
| 25. | MELINDER Martin | 01 | VSS VASBY | 1:53.78 | 666 | 26.86 | 28.44 | 29.33 | 29.15 |
| 26. | URBA SKI Michał | 01 | KS Delfin Gdynia | 1:54.11 | 660 | 26.95 | 28.22 | 29.46 | 29.48 |
| 27. | MIKOŁAJCZYK Michał | 99 | WKS I sk Wrocław | 1:54.13 | 660 | 25.74 | 28.74 | 30.13 | 29.52 |
| 28. | KUSI SKI Aleksy | 02 | MKS Jedynka Łód | 1:54.22 | 658 | 25.75 | 28.49 | 29.62 | 30.36 |
| 29. | ZDYBEL Adam | 05 | KS Delfin Gdynia | 1:54.24 | 658 | 27.00 | 29.15 | 29.40 | 28.69 |
| 30. | CHODULSKI Jakub | 00 | KU AZS UMCS Lublin | 1:54.28 | 657 | 26.75 | 29.04 | 29.39 | 29.10 |
| 31. | BIAŁECKI Jan | 02 | Mokotowski UKP Warszawa | 1:54.34 | 656 | 25.93 | 29.17 | 29.79 | 29.45 |
| 32. | BUJAK Piotr | 97 | St. Lok. SALOS Cortile Kielc | 1:54.38 | 655 | 26.28 | 28.76 | 29.73 | 29.61 |
| 33. | CIASTO Sebastian | 99 | AZS AWF Katowice | 1:54.39 | 655 | 26.90 | 28.99 | 29.28 | 29.22 |
| 34. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 1:54.49 | 653 | 26.33 | 28.36 | 29.43 | 30.37 |
| 35. | CHYRCHAŁA Rafał | 02 | UKS „ORKA” Zamo | 1:54.62 | 651 | 26.64 | 28.98 | 29.64 | 29.36 |
| 36. | WODY SKI Bartosz | 02 | KU AZS Politechniki Łódzkie | 1:54.64 | 651 | 27.27 | 28.99 | 29.22 | 29.16 |
| 37. | WO NIAK Maciej | 00 | UKS 190 Łód | 1:54.92 | 646 | 26.31 | 29.17 | 29.93 | 29.51 |
| 38. | KAMINIARZ Jakub | 96 | UKS G-8 Bielany Warszawa | 1:55.04 | 644 | 27.12 | 29.50 | 29.66 | 28.76 |
| 39. | OLCZAK Kacper | 04 | MKS Trójka Łód | 1:55.09 | 643 | 26.47 | 29.58 | 29.70 | 29.34 |
| 40. | STENSSON Erik | 02 | SS VAERMAMO | 1:55.23 | 641 | 26.59 | 28.98 | 29.99 | 29.67 |
| 41. | KRZYKAŁA Emil | 01 | KP AVIA widnik | 1:55.55 | 635 | 27.11 | 28.97 | 29.88 | 29.59 |
| 42. | KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 1:55.63 | 634 | 27.19 | 29.77 | 28.93 | 29.74 |
| 43. | ŁANGOWSKI Maciej | 02 | KS Posnania Pozna | 1:55.82 | 631 | 26.72 | 29.76 | 30.04 | 29.30 |
| 44. | POWRO NIK Konrad | 97 | WKS I sk Wrocław | 1:55.84 | 631 | 26.91 | 29.07 | 29.70 | 30.16 |
| 45. | KORONA Kacper | 03 | MKP Szczecin | 1:55.86 | 630 | 27.36 | 29.53 | 29.70 | 29.27 |
| 46. | OLLER Krzysztof | 00 | KU AZS UMCS Lublin | 1:55.97 | 629 | 27.47 | 29.51 | 29.85 | 29.14 |
| 47. | HANSSON Eric | 02 | VSS VASBY | 1:56.27 | 624 | 26.84 | 29.16 | 30.23 | 30.04 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 14, M czynn, 200m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas Pkt. | 50m | 100m | 150m | 200m |
|---------|-----------------------|---------------------------------|--------------------|-------|-------|-------|-------|
| 48. | MICHALSKI Wojciech | 01 MKP Szczecin | 1:56.55 619 | 27.20 | 29.64 | 30.13 | 29.58 |
| 49. | WI NIEWSKI Adam | 03 UKS „GIM 92 Ursynów" | 1:56.57 619 | 26.43 | 29.67 | 29.96 | 30.51 |
| 50. | STEFA SKI Patryk | 03 KS KSZO Ostrowiec w. | 1:56.60 618 | 27.44 | 29.88 | 30.36 | 28.92 |
| 51. | PŁOSZKA Kacper | 05 MKS Jedyńka Łód | 1:56.85 615 | 27.56 | 29.96 | 29.89 | 29.44 |
| 52. | BRU DZIAK Maciej | 98 Uks Cityzen | 1:56.86 614 | 26.79 | 29.62 | 30.62 | 29.83 |
| 53. | WŁODARCZYK Maciej | 99 AZS AWF Warszawa | 1:57.02 612 | 26.92 | 29.45 | 30.29 | 30.36 |
| 54. | KUREK Jakub | 01 MKP Szczecin | 1:57.07 611 | 25.90 | 29.13 | 30.59 | 31.45 |
| 55. | DUDEK Kacper | 02 KS Warta Pozna | 1:57.18 609 | 26.51 | 29.25 | 30.34 | 31.08 |
| 56. | GORRA Mikołaj | 03 MKP Szczecin | 1:57.30 607 | 27.06 | 30.14 | 30.70 | 29.40 |
| 57. | DEMBSKI-KORNAGA Eryk | 02 MKP Szczecin | 1:57.72 601 | 27.32 | 29.69 | 30.36 | 30.35 |
| 58. | J DRYCH Krzysztof | 04 KS Posenania Pozna | 1:57.81 600 | 27.47 | 30.58 | 30.67 | 29.09 |
| 59. | DOBRINDT Mikołaj | 03 MUKS "Pi tnastka" | 1:58.03 596 | 27.63 | 30.35 | 30.47 | 29.58 |
| 60. | MY LIWIEC Bartosz | 04 MKP Szczecin | 1:58.04 596 | 27.22 | 30.11 | 30.69 | 30.02 |
| 61. | KADROW Konrad | 97 KU AZS UMCS Lublin | 1:58.08 595 | 27.64 | 29.60 | 30.74 | 30.10 |
| 62. | JAWORSKI Norbert | 98 KU AZS UMCS Lublin | 1:58.30 592 | 27.56 | 29.70 | 30.49 | 30.55 |
| 63. | WLAZŁOWSKI Kamil | 03 UKP „Polonia Warszawa" | 1:58.57 588 | 27.47 | 29.93 | 30.72 | 30.45 |
| 64. | WO NY Wiktor | 01 UKS Shark Rudna | 1:58.62 587 | 27.19 | 30.23 | 30.84 | 30.36 |
| 65. | KOWALSKI Marek | 03 SMS Zielona Góra | 1:58.79 585 | 27.39 | 29.82 | 30.67 | 30.91 |
| 66. | GRZYBOWSKI Artur | 01 MKP Szczecin | 1:58.82 584 | 27.84 | 30.18 | 30.84 | 29.96 |
| 67. | WALCZYNSKO Jakub | 00 KU AZS AGH Kraków | 1:59.19 579 | 27.83 | 30.18 | 30.77 | 30.41 |
| 68. | CZERWI SKI Łukasz | 01 UKS G-8 Bielany Warszawa | 1:59.31 577 | 26.38 | 29.40 | 31.66 | 31.87 |
| 69. | GÖRANSSON Carl | 00 VSS VASBY | 1:59.33 577 | 27.53 | 30.14 | 30.89 | 30.77 |
| 70. | SVENSSON Noah | 99 SS VAERMAMO | 1:59.49 575 | 27.89 | 30.53 | 30.69 | 30.38 |
| 71. | BRANDT Simon | 00 VSS VASBY | 1:59.53 574 | 27.62 | 30.43 | 30.66 | 30.82 |
| 72. | ZIELI SKI Patryk | 02 KS Posenania Pozna | 1:59.70 572 | 26.96 | 30.92 | 31.40 | 30.42 |
| 73. | BOROWSKI Jakub | 02 St. Lok. SALOS Cortile Kielc | 1:59.90 569 | 27.72 | 30.10 | 31.27 | 30.81 |
| 74. | BIAŁEK Paweł | 04 UKS G-8 Bielany Warszawa | 2:00.14 565 | 27.60 | 30.84 | 31.22 | 30.48 |
| 75. | RAJCA Wiktor | 02 KS KSZO Ostrowiec w. | 2:00.25 564 | 28.37 | 30.23 | 31.15 | 30.50 |
| 76. | BARCZYK Jan | 03 UKS G-8 Bielany Warszawa | 2:00.32 563 | 27.55 | 30.31 | 31.58 | 30.88 |
| 77. | DOPIERAŁA Tytus | 03 KS Warta Pozna | 2:00.73 557 | 27.53 | 30.74 | 31.57 | 30.89 |
| 78. | WYSOCKI Piotr | 04 KS Warta Pozna | 2:00.80 556 | 27.45 | 30.05 | 31.15 | 32.15 |
| 79. | JASIONOWSKI Mikołaj | 01 SMS Zielona Góra | 2:00.85 555 | 27.69 | 30.61 | 31.29 | 31.26 |
| 80. | TKACZ Wiktor | 05 MKS Piaseczno | 2:00.87 555 | 26.42 | 30.26 | 32.73 | 31.46 |
| 81. | MAKOWSKI Dominik | 03 KS Warta Pozna | 2:01.40 548 | 28.09 | 31.10 | 31.60 | 30.61 |
| 82. | ROGUSKI Mateusz | 03 UKP „Polonia Warszawa" | 2:01.47 547 | 27.62 | 30.54 | 31.67 | 31.64 |
| 83. | WOGA Hubert | 04 SMS Zielona Góra | 2:01.49 547 | 27.78 | 31.03 | 32.29 | 30.39 |
| 84. | JASI SKI Jakub | 03 MKS Jedyńka Łód | 2:01.50 547 | 28.25 | 30.90 | 31.34 | 31.01 |
| 85. | KIEŁCZEWSKI Amadeusz | 00 MKP Szczecin | 2:01.54 546 | 26.57 | 30.42 | 32.13 | 32.42 |
| 86. | BEDNAREK Przemysław | 04 UKS G-8 Bielany Warszawa | 2:01.57 546 | 27.93 | 30.41 | 31.73 | 31.50 |
| 87. | SKÓRA Bartosz | 03 UKS Pi tka Konstanyńów | 2:01.59 545 | 27.37 | 30.86 | 32.30 | 31.06 |
| 88. | KOPROWSKI Aleksander | 03 Uks Cityzen | 2:01.64 545 | 28.49 | 30.98 | 31.68 | 30.49 |
| 89. | WIECZORKOWSKI Nikodem | 04 UKS „Dwójka" Tczew | 2:01.65 545 | 28.33 | 31.00 | 31.57 | 30.75 |
| 90. | KRUSZEWSKI Adrian | 04 MTKP Delfin Toru | 2:01.71 544 | 27.77 | 30.78 | 31.74 | 31.42 |
| 91. | DEPA Mateusz | 04 KS Posenania Pozna | 2:01.78 543 | 28.55 | 31.40 | 31.22 | 30.61 |
| 92. | KLISZ Krystian | 02 MKP Szczecin | 2:01.82 542 | 28.08 | 30.85 | 31.91 | 30.98 |
| 93. | GULI SKI Maciej | 04 UKP „Polonia Warszawa" | 2:01.94 541 | 28.21 | 31.75 | 31.51 | 30.47 |
| 94. | ZIMNIAK Szymon | 01 UKS Fala Swarz dz | 2:02.03 539 | 27.51 | 29.95 | 31.36 | 33.21 |
| 95. | KRASICKI Artur | 95 KP Delfin Inowrocław | 2:02.10 539 | 28.30 | 31.11 | 31.84 | 30.85 |
| 96. | DOKTÓR Mateusz | 05 MKP „SŁOWIANKA" Gorzów | 2:02.14 538 | 27.95 | 30.88 | 32.46 | 30.85 |
| 97. | ZIEMBOWICZ Franciszek | 04 UKS G-8 Bielany Warszawa | 2:02.59 532 | 27.46 | 30.45 | 32.18 | 32.50 |
| 98. | KARDOLI SKI Łukasz | 03 Kaliski Klub Sportowy „Włó | 2:02.74 530 | 27.61 | 31.48 | 32.50 | 31.15 |
| 99. | BORZYMEK Hubert | 02 Mokotowski UKP Warszawi | 2:02.84 529 | 28.50 | 30.72 | 31.59 | 32.03 |
| 100. | SIMONSSON Ivar | 02 VSS VASBY | 2:03.45 521 | 28.77 | 31.52 | 32.00 | 31.16 |
| 101. | PACŁAWSKI Jakub | 00 KU AZS UMCS Lublin | 2:03.46 521 | 28.66 | 31.11 | 31.90 | 31.79 |
| | J DRYKA Nikodem | 04 MKS Trójka Łód | 2:03.46 521 | 28.38 | 31.65 | 31.94 | 31.49 |
| 103. | KRUPI SKI Wojciech | 03 KS Posenania Pozna | 2:03.72 518 | 28.04 | 31.82 | 32.47 | 31.39 |
| 104. | PI TKA Hubert | 04 MKP Szczecin | 2:04.00 514 | 28.28 | 31.16 | 32.48 | 32.08 |
| 105. | DZIEWGU Benjamin | 05 MKS Piaseczno | 2:04.09 513 | 28.25 | 31.94 | 32.72 | 31.18 |
| 106. | WRZOSEK Bartosz | 04 UKS G-8 Bielany Warszawa | 2:04.11 513 | 28.12 | 31.32 | 32.57 | 32.10 |
| 107. | DREWEK Jakub | 05 UKS „Dwójka" Tczew | 2:04.24 511 | 29.06 | 31.87 | 32.08 | 31.23 |
| 108. | WIELGUS Kacper | 01 KS Posenania Pozna | 2:04.50 508 | 27.80 | 31.87 | 32.84 | 31.99 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 14, M czynn, 200m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|---------|-----------------------|-----------------------------|----------------|------|-------|-------|-------|-------|
| 109. | KUREK Alan | 04 MKP Szczecin | 2:04.65 | 506 | 27.97 | 31.07 | 33.08 | 32.53 |
| 110. | PIE KOWSKI Bartłomiej | 05 MKP Szczecin | 2:04.71 | 505 | 27.64 | 31.40 | 33.30 | 32.37 |
| 111. | OSSOWSKI Damian | 02 MKS SP 63 Bydgoszcz | 2:04.80 | 504 | 28.91 | 31.52 | 32.07 | 32.30 |
| 112. | KUPCEWICZ Kajetan | 03 MKS SP 63 Bydgoszcz | 2:04.82 | 504 | 28.11 | 31.62 | 32.45 | 32.64 |
| 113. | PIECHOTA Bartłomiej | 04 UKS Pi tka Konstantynów | 2:04.94 | 503 | 28.48 | 31.81 | 32.52 | 32.13 |
| 114. | KAJA Bła ej | 05 MKP „SŁOWIANKA” Gorzów | 2:05.35 | 498 | 27.69 | 31.93 | 33.22 | 32.51 |
| | BRO CZYK Hubert | 04 MTKP Delfin Toru | 2:05.35 | 498 | 28.38 | 31.89 | 33.45 | 31.63 |
| 116. | LOCHERT Dorian | 05 MKP „SŁOWIANKA” Gorzów | 2:05.91 | 491 | 28.90 | 31.80 | 33.12 | 32.09 |
| 117. | MOCHNAL Kacper | 05 MKS Jedylna Łód | 2:06.22 | 487 | 29.40 | 32.80 | 32.47 | 31.55 |
| 118. | SOBIESZEK Franciszek | 05 MKS Piaseczno | 2:06.36 | 486 | 28.33 | 32.39 | 33.31 | 32.33 |
| 119. | DWYER Vincent John | 02 Mokotowski UKP Warszawa | 2:06.48 | 484 | 27.43 | 31.19 | 33.90 | 33.96 |
| 120. | J DRZEJKIEWICZ Ignacy | 04 UKS „GIM 92 Ursynów” | 2:06.57 | 483 | 28.73 | 33.08 | 33.03 | 31.73 |
| 121. | POGODA Krzysztof | 05 MKS Jedylna Łód | 2:06.58 | 483 | 29.06 | 32.33 | 33.32 | 31.87 |
| 122. | KRASOWSKI Krzysztof | 04 KS Delfin Gdynia | 2:06.89 | 480 | 29.31 | 31.86 | 33.16 | 32.56 |
| | SOKOŁOWSKI Fabian | 03 UKP „Polonia Warszawa” | 2:06.89 | 480 | 29.59 | 31.92 | 32.20 | 33.18 |
| 124. | TRAFAS Tytus | 04 KS Warta Pozna | 2:07.69 | 471 | 28.76 | 31.85 | 33.75 | 33.33 |
| 125. | JANECZEK Stanisław | 04 MUKS "Pi tnastka" | 2:07.73 | 470 | 29.05 | 31.91 | 33.34 | 33.43 |
| 126. | AJTEL Jakub | 03 Dwójka Morena Gda sk | 2:07.89 | 469 | 30.46 | 33.24 | 33.68 | 30.51 |
| 127. | OKO Maksymilian | 05 UKS „GIM 92 Ursynów” | 2:08.03 | 467 | 29.31 | 32.44 | 33.39 | 32.89 |
| 128. | MORDZONEK Mateusz | 01 Mokotowski UKP Warszawa | 2:08.12 | 466 | 29.34 | 32.54 | 33.71 | 32.53 |
| 129. | BRUS Marcel | 03 KS OLIMPIA Lublin | 2:08.17 | 466 | 28.40 | 32.68 | 33.69 | 33.40 |
| 130. | LASIK Olgierd | 05 KU AZS UAM Pozna | 2:08.32 | 464 | 29.21 | 32.98 | 33.85 | 32.28 |
| 131. | WENERSKI Eryk | 05 UKP „Polonia Warszawa” | 2:08.42 | 463 | 30.18 | 33.06 | 32.94 | 32.24 |
| 132. | GOŁY SKI Michał | 05 UKS „GIM 92 Ursynów” | 2:08.45 | 462 | 29.97 | 32.74 | 32.99 | 32.75 |
| 133. | GRUBA Szymon | 05 MUKS "Pi tnastka" | 2:08.49 | 462 | 28.56 | 32.85 | 33.68 | 33.40 |
| 134. | PISA SKI Michał | 05 Dwójka Morena Gda sk | 2:09.53 | 451 | 30.16 | 33.98 | 33.85 | 31.54 |
| 135. | HORBATY Klaudiusz | 02 UKS „GIM 92 Ursynów” | 2:09.81 | 448 | 29.20 | 32.46 | 34.16 | 33.99 |
| 136. | KUBIAK Norbert | 02 KS Warta Pozna | 2:09.91 | 447 | 28.54 | 32.41 | 33.61 | 35.35 |
| 137. | CEMPURA Kamil | 05 KS Posenania Pozna | 2:09.92 | 447 | 29.65 | 32.92 | 34.20 | 33.15 |
| 138. | MARUWKA Bruno | 03 UPKS Wodnik Rawicz | 2:09.93 | 447 | 28.42 | 32.49 | 34.07 | 34.95 |
| 139. | DEREK Szymon | 04 KS Warta Pozna | 2:09.94 | 447 | 30.27 | 32.81 | 33.84 | 33.02 |
| 140. | JANCZYLIK Aleksander | 04 KS Delfin Gdynia | 2:10.07 | 445 | 29.10 | 33.13 | 34.07 | 33.77 |
| 141. | GOTOWSKI Dominik | 02 UKS G-8 Bielany Warszawa | 2:10.45 | 442 | 26.68 | 32.46 | 36.10 | 35.21 |
| 142. | WŁODARCZYK Bartłomiej | 05 MKS Piast Głogów | 2:10.51 | 441 | 29.99 | 33.02 | 34.05 | 33.45 |
| 143. | SZCZEPANIAK Kacper | 04 MKP Szczecin | 2:11.22 | 434 | 30.36 | 32.82 | 33.97 | 34.07 |
| 144. | KEMPIAK Bartosz | 05 MKP „SŁOWIANKA” Gorzów | 2:12.15 | 425 | 29.47 | 33.29 | 34.72 | 34.67 |
| 145. | MŁYNARCZYK Mateusz | 04 MKS Jedylna Łód | 2:12.72 | 419 | 29.96 | 34.15 | 34.69 | 33.92 |
| 146. | PRZYGOCKI Dawid | 04 MTKP Delfin Toru | 2:13.24 | 414 | 30.05 | 34.28 | 35.59 | 33.32 |
| 147. | RZEPKA Jakub | 05 UKS „Dwójka” Tczew | 2:14.04 | 407 | 30.81 | 34.16 | 34.62 | 34.45 |
| 148. | UKOWSKI Antoni | 05 MUKS "Pi tnastka" | 2:14.83 | 400 | 31.09 | 34.62 | 35.90 | 33.22 |
| 149. | SKOKOWSKI Maciej | 05 MKS Piast Głogów | 2:15.55 | 393 | 30.57 | 34.48 | 35.34 | 35.16 |
| 150. | KUBIAK Kuba | 05 Dwójka Morena Gda sk | 2:17.17 | 380 | 30.71 | 35.06 | 35.99 | 35.41 |
| 151. | HŁASKO Wojciech | 05 Dwójka Morena Gda sk | 2:18.05 | 372 | 29.99 | 34.67 | 36.77 | 36.62 |
| 152. | PISZCZAŁA Marcel | 05 MUKS Wodnik Łask | 2:18.41 | 370 | 30.77 | 36.65 | 36.17 | 34.82 |
| 153. | HORBACZEWSKI Grzegorz | 05 Dwójka Morena Gda sk | 2:19.94 | 358 | 31.07 | 35.98 | 37.13 | 35.76 |
| 154. | LE NIEWSKI Patryk | 03 UKS Pi tka Konstantynów | 2:21.20 | 348 | 25.56 | 41.99 | 39.40 | 34.25 |
| 155. | MOLGA Marcin | 05 Dwójka Morena Gda sk | 2:23.07 | 335 | 32.80 | 36.07 | 37.17 | 37.03 |
| 156. | MATOFIJ Mikołaj | 05 UKS Siódemka Gdynia | 2:24.00 | 328 | 32.64 | 36.62 | 38.37 | 36.37 |
| 157. | KOZANECKI Paweł | 05 KS Posenania Pozna | 2:24.93 | 322 | 30.91 | 37.28 | 39.16 | 37.58 |
| 158. | KUNKEL Tymoteusz | 05 Dwójka Morena Gda sk | 2:42.29 | 229 | 37.61 | 42.08 | 43.23 | 39.37 |
| | NW TOMCZAK Miłosz | 05 KS Posenania Pozna | | | | | | |
| | NW ORLICZ Filip | 02 UKS G-8 Bielany Warszawa | | | | | | |
| | NW HEBEL Maciej | 05 UKS abianka Gda sk | | | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 14, M czynn, 200m dowolny

14 lat

| | | | | | | | | | |
|-----|-----------------------|----|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | ZDYBEL Adam | 05 | KS Delfin Gdynia | 1:54.24 | 658 | 27.00 | 29.15 | 29.40 | 28.69 |
| 2. | PŁOSZKA Kacper | 05 | MKS Jedyńka Łód | 1:56.85 | 615 | 27.56 | 29.96 | 29.89 | 29.44 |
| 3. | TKACZ Wiktor | 05 | MKS Piaseczno | 2:00.87 | 555 | 26.42 | 30.26 | 32.73 | 31.46 |
| 4. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów | 2:02.14 | 538 | 27.95 | 30.88 | 32.46 | 30.85 |
| 5. | DZIEWGU Benjamin | 05 | MKS Piaseczno | 2:04.09 | 513 | 28.25 | 31.94 | 32.72 | 31.18 |
| 6. | DREWEK Jakub | 05 | UKS „Dwójka" Tczew | 2:04.24 | 511 | 29.06 | 31.87 | 32.08 | 31.23 |
| 7. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 2:04.71 | 505 | 27.64 | 31.40 | 33.30 | 32.37 |
| 8. | KAJA Bła ej | 05 | MKP „SŁOWIANKA" Gorzów | 2:05.35 | 498 | 27.69 | 31.93 | 33.22 | 32.51 |
| 9. | LOCHERT Dorian | 05 | MKP „SŁOWIANKA" Gorzów | 2:05.91 | 491 | 28.90 | 31.80 | 33.12 | 32.09 |
| 10. | MOCHNAL Kacper | 05 | MKS Jedyńka Łód | 2:06.22 | 487 | 29.40 | 32.80 | 32.47 | 31.55 |
| 11. | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 2:06.36 | 486 | 28.33 | 32.39 | 33.31 | 32.33 |
| 12. | POGODA Krzysztof | 05 | MKS Jedyńka Łód | 2:06.58 | 483 | 29.06 | 32.33 | 33.32 | 31.87 |
| 13. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów" | 2:08.03 | 467 | 29.31 | 32.44 | 33.39 | 32.89 |
| 14. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 2:08.32 | 464 | 29.21 | 32.98 | 33.85 | 32.28 |
| 15. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa" | 2:08.42 | 463 | 30.18 | 33.06 | 32.94 | 32.24 |
| 16. | GOLY SKI Michał | 05 | UKS „GIM 92 Ursynów" | 2:08.45 | 462 | 29.97 | 32.74 | 32.99 | 32.75 |
| 17. | GRUBA Szymon | 05 | MUKS "Pi tnastka" | 2:08.49 | 462 | 28.56 | 32.85 | 33.68 | 33.40 |
| 18. | PISA SKI Michał | 05 | Dwójka Morena Gda sk | 2:09.53 | 451 | 30.16 | 33.98 | 33.85 | 31.54 |
| 19. | CEMPURA Kamil | 05 | KS Posnania Pozna | 2:09.92 | 447 | 29.65 | 32.92 | 34.20 | 33.15 |
| 20. | WŁODARCZYK Bartłomiej | 05 | MKS Piast Głogów | 2:10.51 | 441 | 29.99 | 33.02 | 34.05 | 33.45 |
| 21. | KEMPIAK Bartosz | 05 | MKP „SŁOWIANKA" Gorzów | 2:12.15 | 425 | 29.47 | 33.29 | 34.72 | 34.67 |
| 22. | RZEPKA Jakub | 05 | UKS „Dwójka" Tczew | 2:14.04 | 407 | 30.81 | 34.16 | 34.62 | 34.45 |
| 23. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | 2:14.83 | 400 | 31.09 | 34.62 | 35.90 | 33.22 |
| 24. | SKOKOWSKI Maciej | 05 | MKS Piast Głogów | 2:15.55 | 393 | 30.57 | 34.48 | 35.34 | 35.16 |
| 25. | KUBIAK Kuba | 05 | Dwójka Morena Gda sk | 2:17.17 | 380 | 30.71 | 35.06 | 35.99 | 35.41 |
| 26. | HŁASKO Wojciech | 05 | Dwójka Morena Gda sk | 2:18.05 | 372 | 29.99 | 34.67 | 36.77 | 36.62 |
| 27. | PISZCZAŁA Marcel | 05 | MUKS Wodnik Łask | 2:18.41 | 370 | 30.77 | 36.65 | 36.17 | 34.82 |
| 28. | HORBACZEWSKI Grzegorz | 05 | Dwójka Morena Gda sk | 2:19.94 | 358 | 31.07 | 35.98 | 37.13 | 35.76 |
| 29. | MOLGA Marcin | 05 | Dwójka Morena Gda sk | 2:23.07 | 335 | 32.80 | 36.07 | 37.17 | 37.03 |
| 30. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 2:24.00 | 328 | 32.64 | 36.62 | 38.37 | 36.37 |
| 31. | KOZANECKI Paweł | 05 | KS Posnania Pozna | 2:24.93 | 322 | 30.91 | 37.28 | 39.16 | 37.58 |
| 32. | KUNKEL Tymoteusz | 05 | Dwójka Morena Gda sk | 2:42.29 | 229 | 37.61 | 42.08 | 43.23 | 39.37 |
| NW | TOMCZAK Miłosz | 05 | KS Posnania Pozna | | | | | | |
| NW | HEBEL Maciej | 05 | UKS abianka Gda sk | | | | | | |

15 lat

| | | | | | | | | | |
|-----|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | MATUSZEWSKI Krzysztof | 04 | UKP „Polonia Warszawa" | 1:53.68 | 667 | 26.41 | 28.93 | 28.87 | 29.47 |
| 2. | OLCZAK Kacper | 04 | MKS Trójka Łód | 1:55.09 | 643 | 26.47 | 29.58 | 29.70 | 29.34 |
| 3. | J DRYCH Krzysztof | 04 | KS Posnania Pozna | 1:57.81 | 600 | 27.47 | 30.58 | 30.67 | 29.09 |
| 4. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 1:58.04 | 596 | 27.22 | 30.11 | 30.69 | 30.02 |
| 5. | BIAŁEK Paweł | 04 | UKS G-8 Bielany Warszawa | 2:00.14 | 565 | 27.60 | 30.84 | 31.22 | 30.48 |
| 6. | WYSOCKI Piotr | 04 | KS Warta Pozna | 2:00.80 | 556 | 27.45 | 30.05 | 31.15 | 32.15 |
| 7. | WOGA Hubert | 04 | SMS Zielona Góra | 2:01.49 | 547 | 27.78 | 31.03 | 32.29 | 30.39 |
| 8. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 2:01.57 | 546 | 27.93 | 30.41 | 31.73 | 31.50 |
| 9. | WIECZORKOWSKI Nikodem | 04 | UKS „Dwójka" Tczew | 2:01.65 | 545 | 28.33 | 31.00 | 31.57 | 30.75 |
| 10. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 2:01.71 | 544 | 27.77 | 30.78 | 31.74 | 31.42 |
| 11. | DEPA Mateusz | 04 | KS Posnania Pozna | 2:01.78 | 543 | 28.55 | 31.40 | 31.22 | 30.61 |
| 12. | GULI SKI Maciej | 04 | UKP „Polonia Warszawa" | 2:01.94 | 541 | 28.21 | 31.75 | 31.51 | 30.47 |
| 13. | ZIEMBOWICZ Franciszek | 04 | UKS G-8 Bielany Warszawa | 2:02.59 | 532 | 27.46 | 30.45 | 32.18 | 32.50 |
| 14. | J DRYKA Nikodem | 04 | MKS Trójka Łód | 2:03.46 | 521 | 28.38 | 31.65 | 31.94 | 31.49 |
| 15. | PI TKA Hubert | 04 | MKP Szczecin | 2:04.00 | 514 | 28.28 | 31.16 | 32.48 | 32.08 |
| 16. | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 2:04.11 | 513 | 28.12 | 31.32 | 32.57 | 32.10 |
| 17. | KUREK Alan | 04 | MKP Szczecin | 2:04.65 | 506 | 27.97 | 31.07 | 33.08 | 32.53 |
| 18. | PIECHOTA Bartłomiej | 04 | UKS Pi tka Konstanyńów | 2:04.94 | 503 | 28.48 | 31.81 | 32.52 | 32.13 |
| 19. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 2:05.35 | 498 | 28.38 | 31.89 | 33.45 | 31.63 |
| 20. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów" | 2:06.57 | 483 | 28.73 | 33.08 | 33.03 | 31.73 |
| 21. | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | 2:06.89 | 480 | 29.31 | 31.86 | 33.16 | 32.56 |
| 22. | TRAFAS Tytus | 04 | KS Warta Pozna | 2:07.69 | 471 | 28.76 | 31.85 | 33.75 | 33.33 |
| 23. | JANECZEK Stanisław | 04 | MUKS "Pi tnastka" | 2:07.73 | 470 | 29.05 | 31.91 | 33.34 | 33.43 |
| 24. | DEREK Szymon | 04 | KS Warta Pozna | 2:09.94 | 447 | 30.27 | 32.81 | 33.84 | 33.02 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 14, Chłopców, 200m dowolny, 15 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|--------------------------|---------|------------------|----------------|-----|-------|-------|-------|-------|
| 25. JANCZYLIK Aleksander | 04 | KS Delfin Gdynia | 2:10.07 | 445 | 29.10 | 33.13 | 34.07 | 33.77 |
| 26. SZCZEPANIAK Kacper | 04 | MKP Szczecin | 2:11.22 | 434 | 30.36 | 32.82 | 33.97 | 34.07 |
| 27. MŁYNARCZYK Mateusz | 04 | MKS Jedyńka Łód | 2:12.72 | 419 | 29.96 | 34.15 | 34.69 | 33.92 |
| 28. PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 2:13.24 | 414 | 30.05 | 34.28 | 35.59 | 33.32 |

16 lat

| | | | | | | | | |
|--------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. KORONA Kacper | 03 | MKP Szczecin | 1:55.86 | 630 | 27.36 | 29.53 | 29.70 | 29.27 |
| 2. WI NIEWSKI Adam | 03 | UKS „GIM 92 Ursynów" | 1:56.57 | 619 | 26.43 | 29.67 | 29.96 | 30.51 |
| 3. STEFA SKI Patryk | 03 | KS KSZO Ostrowiec w. | 1:56.60 | 618 | 27.44 | 29.88 | 30.36 | 28.92 |
| 4. GORRA Mikołaj | 03 | MKP Szczecin | 1:57.30 | 607 | 27.06 | 30.14 | 30.70 | 29.40 |
| 5. DOBRINDT Mikołaj | 03 | MUKS "Pi tnastka" | 1:58.03 | 596 | 27.63 | 30.35 | 30.47 | 29.58 |
| 6. WLAŻŁOWSKI Kamil | 03 | UKP „Polonia Warszawa" | 1:58.57 | 588 | 27.47 | 29.93 | 30.72 | 30.45 |
| 7. KOWALSKI Marek | 03 | SMS Zielona Góra | 1:58.79 | 585 | 27.39 | 29.82 | 30.67 | 30.91 |
| 8. BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 2:00.32 | 563 | 27.55 | 30.31 | 31.58 | 30.88 |
| 9. DOPIERAŁA Tytus | 03 | KS Warta Pozna | 2:00.73 | 557 | 27.53 | 30.74 | 31.57 | 30.89 |
| 10. MAKOWSKI Dominik | 03 | KS Warta Pozna | 2:01.40 | 548 | 28.09 | 31.10 | 31.60 | 30.61 |
| 11. ROGUSKI Mateusz | 03 | UKP „Polonia Warszawa" | 2:01.47 | 547 | 27.62 | 30.54 | 31.67 | 31.64 |
| 12. JASI SKI Jakub | 03 | MKS Jedyńka Łód | 2:01.50 | 547 | 28.25 | 30.90 | 31.34 | 31.01 |
| 13. SKÓRA Bartosz | 03 | UKS Pi tka Konstanyńów Łód | 2:01.59 | 545 | 27.37 | 30.86 | 32.30 | 31.06 |
| 14. KOPROWSKI Aleksander | 03 | Uks Cityzen | 2:01.64 | 545 | 28.49 | 30.98 | 31.68 | 30.49 |
| 15. KARDOLI SKI Łukasz | 03 | Kaliski Klub Sportowy „Włó | 2:02.74 | 530 | 27.61 | 31.48 | 32.50 | 31.15 |
| 16. KRUPI SKI Wojciech | 03 | KS Posnania Pozna | 2:03.72 | 518 | 28.04 | 31.82 | 32.47 | 31.39 |
| 17. KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | 2:04.82 | 504 | 28.11 | 31.62 | 32.45 | 32.64 |
| 18. SOKOŁOWSKI Fabian | 03 | UKP „Polonia Warszawa" | 2:06.89 | 480 | 29.59 | 31.92 | 32.20 | 33.18 |
| 19. AJTEL Jakub | 03 | Dwójka Morena Gda sk | 2:07.89 | 469 | 30.46 | 33.24 | 33.68 | 30.51 |
| 20. BRUS Marcel | 03 | KS OLIMPIA Lublin | 2:08.17 | 466 | 28.40 | 32.68 | 33.69 | 33.40 |
| 21. MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 2:09.93 | 447 | 28.42 | 32.49 | 34.07 | 34.95 |
| 22. LE NIEWSKI Patryk | 03 | UKS Pi tka Konstanyńów Łód | 2:21.20 | 348 | 25.56 | 41.99 | 39.40 | 34.25 |

17 - 18 lat

| | | | | | | | | |
|--------------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. KAROLCZAK Jan | 01 | UKS G-8 Bielany Warszawa | 1:46.58 | 810 | 24.95 | 27.33 | 26.98 | 27.32 |
| 2. PIOTROWSKI Kacper | 01 | UKS G-8 Bielany Warszawa | 1:50.52 | 726 | 25.80 | 28.13 | 28.79 | 27.80 |
| 3. KOMOROWSKI Jan | 01 | MKS Trójka Łód | 1:50.61 | 725 | 25.76 | 28.14 | 28.67 | 28.04 |
| 4. KA MIERCZAK Bruno | 02 | UKS GOS Raszyn | 1:51.24 | 712 | 24.53 | 27.63 | 29.28 | 29.80 |
| 5. JA KIEWICZ Adrian | 02 | UKS G-8 Bielany Warszawa | 1:51.65 | 705 | 26.70 | 28.13 | 28.56 | 28.26 |
| 6. WARZOCHA Albert | 01 | Uks Cityzen | 1:51.79 | 702 | 25.89 | 28.52 | 28.88 | 28.50 |
| 7. MELINDER Martin | 01 | VSS VASBY | 1:53.78 | 666 | 26.86 | 28.44 | 29.33 | 29.15 |
| 8. URBA SKI Michał | 01 | KS Delfin Gdynia | 1:54.11 | 660 | 26.95 | 28.22 | 29.46 | 29.48 |
| 9. KUSI SKI Aleksy | 02 | MKS Jedyńka Łód | 1:54.22 | 658 | 25.75 | 28.49 | 29.62 | 30.36 |
| 10. BIAŁECKI Jan | 02 | Mokotowski UKP Warszawa | 1:54.34 | 656 | 25.93 | 29.17 | 29.79 | 29.45 |
| 11. LESZEKA Szymon | 01 | KS Delfin Gdynia | 1:54.49 | 653 | 26.33 | 28.36 | 29.43 | 30.37 |
| 12. CHYRCHAŁA Rafał | 02 | UKS „ORKA" Zamo | 1:54.62 | 651 | 26.64 | 28.98 | 29.64 | 29.36 |
| 13. WODY SKI Bartosz | 02 | KU AZS Politechniki Łódzkiej | 1:54.64 | 651 | 27.27 | 28.99 | 29.22 | 29.16 |
| 14. STENSSON Erik | 02 | SS VAERMAMO | 1:55.23 | 641 | 26.59 | 28.98 | 29.99 | 29.67 |
| 15. KRZYKAŁA Emil | 01 | KP AVIA widnik | 1:55.55 | 635 | 27.11 | 28.97 | 29.88 | 29.59 |
| 16. KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 1:55.63 | 634 | 27.19 | 29.77 | 28.93 | 29.74 |
| 17. ŁANGOWSKI Maciej | 02 | KS Posnania Pozna | 1:55.82 | 631 | 26.72 | 29.76 | 30.04 | 29.30 |
| 18. HANSSON Eric | 02 | VSS VASBY | 1:56.27 | 624 | 26.84 | 29.16 | 30.23 | 30.04 |
| 19. MICHALSKI Wojciech | 01 | MKP Szczecin | 1:56.55 | 619 | 27.20 | 29.64 | 30.13 | 29.58 |
| 20. KUREK Jakub | 01 | MKP Szczecin | 1:57.07 | 611 | 25.90 | 29.13 | 30.59 | 31.45 |
| 21. DUDEK Kacper | 02 | KS Warta Pozna | 1:57.18 | 609 | 26.51 | 29.25 | 30.34 | 31.08 |
| 22. DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | 1:57.72 | 601 | 27.32 | 29.69 | 30.36 | 30.35 |
| 23. WO NY Wiktor | 01 | UKS Shark Rudna | 1:58.62 | 587 | 27.19 | 30.23 | 30.84 | 30.36 |
| 24. GRZYBOWSKI Artur | 01 | MKP Szczecin | 1:58.82 | 584 | 27.84 | 30.18 | 30.84 | 29.96 |
| 25. CZERWI SKI Łukasz | 01 | UKS G-8 Bielany Warszawa | 1:59.31 | 577 | 26.38 | 29.40 | 31.66 | 31.87 |
| 26. ZIELI SKI Patryk | 02 | KS Posnania Pozna | 1:59.70 | 572 | 26.96 | 30.92 | 31.40 | 30.42 |
| 27. BOROWSKI Jakub | 02 | St. Lok. SALOS Cortile Kielc | 1:59.90 | 569 | 27.72 | 30.10 | 31.27 | 30.81 |
| 28. RAJCA Wiktor | 02 | KS KSZO Ostrowiec w. | 2:00.25 | 564 | 28.37 | 30.23 | 31.15 | 30.50 |
| 29. JASIONOWSKI Mikołaj | 01 | SMS Zielona Góra | 2:00.85 | 555 | 27.69 | 30.61 | 31.29 | 31.26 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 14, Chłopców, 200m dowolny, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|------------------------|---------|--------------------------|----------------|------|-------|-------|-------|-------|
| 30. KLISZ Krystian | 02 | MKP Szczecin | 2:01.82 | 542 | 28.08 | 30.85 | 31.91 | 30.98 |
| 31. ZIMNIAK Szymon | 01 | UKS Fala Swarz dz | 2:02.03 | 539 | 27.51 | 29.95 | 31.36 | 33.21 |
| 32. BORZYMEK Hubert | 02 | Mokotowski UKP Warszawi | 2:02.84 | 529 | 28.50 | 30.72 | 31.59 | 32.03 |
| 33. SIMONSSON Ivar | 02 | VSS VASBY | 2:03.45 | 521 | 28.77 | 31.52 | 32.00 | 31.16 |
| 34. WIELGUS Kacper | 01 | KS Posnania Pozna | 2:04.50 | 508 | 27.80 | 31.87 | 32.84 | 31.99 |
| 35. OSSOWSKI Damian | 02 | MKS SP 63 Bydgoszcz | 2:04.80 | 504 | 28.91 | 31.52 | 32.07 | 32.30 |
| 36. DWYER Vincent John | 02 | Mokotowski UKP Warszawi | 2:06.48 | 484 | 27.43 | 31.19 | 33.90 | 33.96 |
| 37. MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawi | 2:08.12 | 466 | 29.34 | 32.54 | 33.71 | 32.53 |
| 38. HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów” | 2:09.81 | 448 | 29.20 | 32.46 | 34.16 | 33.99 |
| 39. KUBIAK Norbert | 02 | KS Warta Pozna | 2:09.91 | 447 | 28.54 | 32.41 | 33.61 | 35.35 |
| 40. GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 2:10.45 | 442 | 26.68 | 32.46 | 36.10 | 35.21 |
| NW ORLICZ Filip | 02 | UKS G-8 Bielany Warszawa | | | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 15
2019-11-23 - 20:02

Kobiet, 100m klasyczny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-----------------------|-------|---------------------|------------|
| RP Open | 1:04.81 | SZTANDERA Dominika | 00101 | Lublin | 2018-12-19 |
| RP 19 - 23 | 1:04.81 | SZTANDERA Dominika | 00101 | Lublin | 2018-12-19 |
| RP 18 | 1:05.37 | SZTANDERA Dominika | 00101 | Lublin | 2015-12-20 |
| RP 17 | 1:06.66 | ZACHOSZCZ Paulina | | Gorzów Wlkp. | 2009-11-29 |
| RP 16 | 1:06.66 | KRAWCZYK Paulina | 00104 | Gorzow Wielkopolski | 2009-11-29 |
| RP 15 | 1:08.99 | KRAMER Aleksandra SZG | 00304 | Łód | 2017-12-21 |
| RP 14 | 1:09.20 | OTREMBA Justyna | 00902 | Gorzow Wielkopolski | 2009-11-28 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|--|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 97 | MKS Juvenia Wrocław | 1:05.41 | 866 | 30.60 | 34.81 |
| 2. | 00 | MKS Juvenia Wrocław | 1:06.78 | 814 | 31.77 | 35.01 |
| 3. | 00 | AZS AWF Warszawa | 1:08.11 | 767 | 32.20 | 35.91 |
| 4. | 02 | UKS Trójka roda Wlkp. | 1:09.44 | 724 | 32.81 | 36.63 |
| 5. | 98 | SP „Narew” w Ostrołęce | 1:10.45 | 693 | 33.39 | 37.06 |
| 6. | 03 | MUKS Wodnik Łask | 1:11.54 | 662 | 33.41 | 38.13 |
| 7. | 03 | KU AZS Politechniki Łódzkiej | 1:12.30 | 641 | 34.22 | 38.08 |
| 8. | 04 | UKS „ORKA” Zamość | 1:12.48 | 636 | 34.25 | 38.23 |
| 9. | 05 | UKS „Jedynka” SP SOLEX | 1:13.42 | 612 | 34.68 | 38.74 |
| 10. | 03 | KS OLIMPIA Lublin | 1:13.63 | 607 | 34.21 | 39.42 |
| 11. | 03 | MKP Szczecin | 1:13.64 | 607 | 34.87 | 38.77 |
| 12. | 03 | AZS AWF Warszawa | 1:13.78 | 603 | 35.17 | 38.61 |
| 13. | 05 | UKS „GIM 92 Ursynów” | 1:13.81 | 603 | 34.43 | 39.38 |
| 14. | 01 | VSS VASBY | 1:13.83 | 602 | 34.40 | 39.43 |
| 15. | 03 | UKS „GIM 92 Ursynów” | 1:13.85 | 602 | 34.72 | 39.13 |
| 16. | 05 | MKS Piaseczno | 1:13.92 | 600 | 34.59 | 39.33 |
| 17. | 03 | UKS G-8 Bielany Warszawa | 1:14.04 | 597 | 35.27 | 38.77 |
| 18. | 05 | UKS SP-149 Łódź | 1:14.94 | 576 | 36.08 | 38.86 |
| 19. | 97 | KS Warta Poznań | 1:15.32 | 567 | 35.06 | 40.26 |
| 20. | 03 | MKS „Astoria” Bydgoszcz | 1:15.76 | 557 | 35.83 | 39.93 |
| 21. | 02 | KS Posenania Poznań | 1:15.78 | 557 | 35.82 | 39.96 |
| 22. | 04 | Mi dzyszkolny UKS „Olimpijczyk” Sulęcice | 1:16.79 | 535 | 36.85 | 39.94 |
| 23. | 05 | KP Bałtyk Kołobrzeg | 1:17.05 | 530 | 36.51 | 40.54 |
| 24. | 02 | UKS G-8 Bielany Warszawa | 1:17.26 | 525 | 36.63 | 40.63 |
| 25. | 04 | UKS Piaseczno Konstantynów Łódzki | 1:17.65 | 517 | 37.12 | 40.53 |
| 26. | 04 | UKS G-8 Bielany Warszawa | 1:17.67 | 517 | 36.30 | 41.37 |
| 27. | 05 | UKS Trójka roda Wlkp. | 1:17.69 | 517 | 36.15 | 41.54 |
| 28. | 04 | MUKS "Piaseczka" | 1:17.79 | 515 | 36.56 | 41.23 |
| 29. | 03 | MUKS "Piaseczka" | 1:18.00 | 511 | 37.07 | 40.93 |
| 30. | 05 | MKS SP 63 Bydgoszcz | 1:18.10 | 509 | 37.65 | 40.45 |
| 31. | 05 | MKS Jedynka Łódź | 1:18.30 | 505 | 36.83 | 41.47 |
| 32. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:18.31 | 504 | 37.11 | 41.20 |
| 33. | 05 | UKS G-8 Bielany Warszawa | 1:18.51 | 501 | 37.12 | 41.39 |
| 34. | 04 | MKS Piaseczno | 1:18.58 | 499 | 36.64 | 41.94 |
| 35. | 02 | MKP Szczecin | 1:18.80 | 495 | 37.38 | 41.42 |
| 36. | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:19.18 | 488 | 36.71 | 42.47 |
| 37. | 04 | KS Delfin Gdynia | 1:19.29 | 486 | 38.31 | 40.98 |
| 38. | 98 | UKS SP-149 Łódź | 1:19.47 | 483 | 37.65 | 41.82 |
| 39. | 03 | AZS AWF Warszawa | 1:19.56 | 481 | 36.88 | 42.68 |
| 40. | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:19.68 | 479 | 37.17 | 42.51 |
| 41. | 02 | MKS Polonia Warszawa | 1:20.15 | 470 | 37.33 | 42.82 |
| 42. | 04 | UKS „GIM 92 Ursynów” | 1:20.47 | 465 | 37.02 | 43.45 |
| 43. | 05 | UKS G-8 Bielany Warszawa | 1:20.61 | 462 | 37.13 | 43.48 |
| 44. | 05 | KS Posenania Poznań | 1:21.48 | 448 | 38.04 | 43.44 |
| 45. | 01 | KS Posenania Poznań | 1:21.50 | 447 | 38.15 | 43.35 |
| 46. | 03 | UKP „Polonia Warszawa” | 1:21.63 | 445 | 38.21 | 43.42 |
| 47. | 04 | UKS „GIM 92 Ursynów” | 1:21.67 | 445 | 38.64 | 43.03 |
| 48. | 05 | UKS G-8 Bielany Warszawa | 1:24.03 | 408 | 40.00 | 44.03 |
| 49. | 05 | KS Delfin Gdynia | 1:24.38 | 403 | 40.29 | 44.09 |
| 50. | 05 | MKS Piast Głogów | 1:27.88 | 357 | 40.74 | 47.14 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 15, Kobiet, 100m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|--------------------------|---------|---------------------|----------------|-----|-------------|
| 51. LEWANDOWSKA Wiktoria | 02 | MUKS "Pi tnaстка" | 1:28.82 | 346 | 41.98 46.84 |
| NW LASECKA Aleksandra | 03 | MKS SP 63 Bydgoszcz | | | |

14 lat

| | | | | | |
|-----------------------------|----|------------------------------|----------------|-----|-------------|
| 1. KLEJNA Weronika | 05 | UKS „Jedynka” SP SOLEX | 1:13.42 | 612 | 34.68 38.74 |
| 2. STAWICKA Julia | 05 | UKS „GIM 92 Ursynów” | 1:13.81 | 603 | 34.43 39.38 |
| 3. BAŁDA Aleksandra | 05 | MKS Piaseczno | 1:13.92 | 600 | 34.59 39.33 |
| 4. KOWALCZYK Katarzyna | 05 | UKS SP-149 Łód | 1:14.94 | 576 | 36.08 38.86 |
| 5. PYTLOCH Zuzanna | 05 | KP Bałtyk Kołobrzeg | 1:17.05 | 530 | 36.51 40.54 |
| 6. KUCHARSKA Dominika | 05 | UKS Trójka roda Wlkp. | 1:17.69 | 517 | 36.15 41.54 |
| 7. KOPROWSKA Kinga | 05 | MKS SP 63 Bydgoszcz | 1:18.10 | 509 | 37.65 40.45 |
| 8. URBA SKA Patrycja | 05 | MKS Jedynka Łód | 1:18.30 | 505 | 36.83 41.47 |
| 9. KOWALSKA Oliwia | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:18.31 | 504 | 37.11 41.20 |
| 10. ZORINA Daria | 05 | UKS G-8 Bielany Warszawa | 1:18.51 | 501 | 37.12 41.39 |
| 11. KOMOR Agata | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:19.68 | 479 | 37.17 42.51 |
| 12. KOŁAKOWSKA Weronika | 05 | UKS G-8 Bielany Warszawa | 1:20.61 | 462 | 37.13 43.48 |
| 13. ZARZECZNA Olga | 05 | KS Posenania Pozna | 1:21.48 | 448 | 38.04 43.44 |
| 14. PARADOWSKA Julia | 05 | UKS G-8 Bielany Warszawa | 1:24.03 | 408 | 40.00 44.03 |
| 15. DZI GIELEWSKA Katarzyna | 05 | KS Delfin Gdynia | 1:24.38 | 403 | 40.29 44.09 |
| 16. MUSIAŁ Alicja | 05 | MKS Piast Głogów | 1:27.88 | 357 | 40.74 47.14 |

15 lat

| | | | | | |
|---------------------|----|------------------------------------|----------------|-----|-------------|
| 1. MALEC Klaudia | 04 | UKS „ORKA” Zamo | 1:12.48 | 636 | 34.25 38.23 |
| 2. GWAJ Julia | 04 | Mi dzyszkolny UKS „Olimpijczyk” St | 1:16.79 | 535 | 36.85 39.94 |
| 3. KLIMCZAK Julia | 04 | UKS Pi tka Konstantynów Łódzki | 1:17.65 | 517 | 37.12 40.53 |
| 4. PA KO Maja | 04 | UKS G-8 Bielany Warszawa | 1:17.67 | 517 | 36.30 41.37 |
| 5. STUDZI SKA Nadia | 04 | MUKS "Pi tnaстка" | 1:17.79 | 515 | 36.56 41.23 |
| 6. HAR Zofia | 04 | MKS Piaseczno | 1:18.58 | 499 | 36.64 41.94 |
| 7. OSZMIA SKA Julia | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 1:19.18 | 488 | 36.71 42.47 |
| 8. BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 1:19.29 | 486 | 38.31 40.98 |
| 9. BIDNIK Wiktoria | 04 | UKS „GIM 92 Ursynów” | 1:20.47 | 465 | 37.02 43.45 |
| 10. NOWAK Oliwia | 04 | UKS „GIM 92 Ursynów” | 1:21.67 | 445 | 38.64 43.03 |

16 lat

| | | | | | |
|-------------------------|----|------------------------------|----------------|-----|-------------|
| 1. BŁA EJEWSKA Nikola | 03 | MUKS Wodnik Łask | 1:11.54 | 662 | 33.41 38.13 |
| 2. MOTYL Sara | 03 | KU AZS Politechniki Łódzkiej | 1:12.30 | 641 | 34.22 38.08 |
| 3. PASTUSZUK Paulina | 03 | KS OLIMPIA Lublin | 1:13.63 | 607 | 34.21 39.42 |
| 4. TURKOWSKA Aleksandra | 03 | MKP Szczecin | 1:13.64 | 607 | 34.87 38.77 |
| 5. OBAJTEK Aleksandra | 03 | AZS AWF Warszawa | 1:13.78 | 603 | 35.17 38.61 |
| 6. HERBREder Gabriela | 03 | UKS „GIM 92 Ursynów” | 1:13.85 | 602 | 34.72 39.13 |
| 7. RUSSEK Agata | 03 | UKS G-8 Bielany Warszawa | 1:14.04 | 597 | 35.27 38.77 |
| 8. MARJA SKA Agata | 03 | MKS „Astoria” Bydgoszcz | 1:15.76 | 557 | 35.83 39.93 |
| 9. CHLEWI SKA Olimpia | 03 | MUKS "Pi tnaстка" | 1:18.00 | 511 | 37.07 40.93 |
| 10. DOPART Marcelina | 03 | AZS AWF Warszawa | 1:19.56 | 481 | 36.88 42.68 |
| 11. KASJANIUK Patrycja | 03 | UKP „Polonia Warszawa” | 1:21.63 | 445 | 38.21 43.42 |
| NW LASECKA Aleksandra | 03 | MKS SP 63 Bydgoszcz | | | |

17 - 18 lat

| | | | | | |
|-------------------------|----|--------------------------|----------------|-----|-------------|
| 1. CHMIEL Liwia | 02 | UKS Trójka roda Wlkp. | 1:09.44 | 724 | 32.81 36.63 |
| 2. BJÖRKÉN Julia | 01 | VSS VASBY | 1:13.83 | 602 | 34.40 39.43 |
| 3. POPŁAWSKA Apolonia | 02 | KS Posenania Pozna | 1:15.78 | 557 | 35.82 39.96 |
| 4. ZIENTARSKA Karolina | 02 | UKS G-8 Bielany Warszawa | 1:17.26 | 525 | 36.63 40.63 |
| 5. PRUSIK Kamila | 02 | MKP Szczecin | 1:18.80 | 495 | 37.38 41.42 |
| 6. KOPA SKA Maja | 02 | MKS Polonia Warszawa | 1:20.15 | 470 | 37.33 42.82 |
| 7. KOZANECKA Katarzyna | 01 | KS Posenania Pozna | 1:21.50 | 447 | 38.15 43.35 |
| 8. LEWANDOWSKA Wiktoria | 02 | MUKS "Pi tnaстка" | 1:28.82 | 346 | 41.98 46.84 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 16
2019-11-23 - 20:04

M czyzn, 100m klasyczny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-------------------|--------|---------------------|------------|
| RP Open | 58.33 | KAŁUSOWSKI Jan | 009005 | Lublin | 2019-12-19 |
| RP 19 - 23 | 58.33 | KAŁUSOWSKI Jan | 009005 | Lublin | 2019-12-19 |
| RP 18 | 58.33 | KAŁUSOWSKI Jan | 009005 | Lublin | 2018-12-19 |
| RP 17 | 59.51 | SZABŁOWSKI Hubert | 03914 | Łódź | 2017-12-20 |
| RP 16 | 1:00.32 | MACHNIK Mikołaj | 01111 | Gorzow Wielkopolski | 2009-11-27 |
| RP 15 | 1:01.51 | SIEMI SKI Piotr | 02314 | Lublin | 2015-12-17 |
| RP 14 | 1:03.54 | KAŁUSOWSKI Jan | 009005 | Wroclaw | 2014-11-16 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|---|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 00 | KAŁUSOWSKI Jan MKS Trójka Łódź | 59.23 | 827 | 27.88 | 31.35 |
| 2. | 93 | ROGUSKI Bartłomiej AZS AWF Warszawa | 1:00.50 | 776 | 28.74 | 31.76 |
| 3. | 00 | PIOTROWICZ Kamil MKS Trójka Łódź | 1:01.24 | 748 | 29.27 | 31.97 |
| 4. | 00 | R BACZ Maciej UKS G-8 Bielany Warszawa | 1:01.35 | 744 | 29.30 | 32.05 |
| 5. | 93 | SUZIN Marcin KU AZS AGH Kraków | 1:01.50 | 739 | 29.14 | 32.36 |
| 6. | 99 | SOLAK Łukasz KU AZS AGH Kraków | 1:01.92 | 724 | 28.61 | 33.31 |
| 7. | 96 | KAMINIARZ Jakub UKS G-8 Bielany Warszawa | 1:02.06 | 719 | 29.57 | 32.49 |
| 8. | 03 | SKÓRA Bartosz UKS Pi tka Konstantynów Łódzki | 1:03.16 | 682 | 29.24 | 33.92 |
| 9. | 92 | KOŁODZIEJSKI Mateusz UKS "AS" Zielona Góra | 1:03.25 | 679 | 29.35 | 33.90 |
| 10. | 97 | LECHOWICZ Filip KU AZS AGH Kraków | 1:03.41 | 674 | 29.57 | 33.84 |
| 11. | 95 | NOWAK Patryk AZS AWF Katowice | 1:03.91 | 658 | 29.34 | 34.57 |
| | 00 | MICHALCZYK Andrzej KU AZS AGH Kraków | 1:03.91 | 658 | 29.09 | 34.82 |
| 13. | 01 | WIECI SKI Andrzej MTKP Delfin Toru | 1:04.13 | 652 | 29.95 | 34.18 |
| 14. | 01 | GREBER Artur UKS G-8 Bielany Warszawa | 1:04.14 | 651 | 29.83 | 34.31 |
| 15. | 04 | TARASEWICZ Marcel UKS G-8 Bielany Warszawa | 1:04.18 | 650 | 30.28 | 33.90 |
| 16. | 97 | B CZKOWSKI Bartosz AZS AWF Warszawa | 1:04.21 | 649 | 31.10 | 33.11 |
| | 02 | KLIMAS Michał KS KSZO Ostrowiec w. | 1:04.21 | 649 | 30.18 | 34.03 |
| 18. | 00 | BEBEROK Filip SMS Zielona Góra | 1:04.53 | 639 | 29.66 | 34.87 |
| 19. | 04 | KONARSKI Maciej UKS „GIM 92 Ursynów” | 1:04.67 | 635 | 30.68 | 33.99 |
| 20. | 01 | GUZY Marcel DOKiS SP Vega Dobrodzie | 1:04.73 | 634 | 30.32 | 34.41 |
| 21. | 04 | CICHOCKI Oliwier KS Warta Pozna | 1:04.82 | 631 | 31.04 | 33.78 |
| 22. | 97 | KADROW Konrad KU AZS UMCS Lublin | 1:04.98 | 626 | 30.53 | 34.45 |
| 23. | 03 | PRZYSTAŁ Adam UKS G-8 Bielany Warszawa | 1:05.23 | 619 | 30.22 | 35.01 |
| 24. | 80 | SZYMKOWIAK Marcin KS Warta Pozna | 1:05.24 | 619 | 30.57 | 34.67 |
| 25. | 99 | BACHLAJ Dorian KU AZS AGH Kraków | 1:05.39 | 615 | 30.84 | 34.55 |
| 26. | 02 | LERNA William VSS VASBY | 1:05.87 | 601 | 30.51 | 35.36 |
| 27. | 98 | JAWORSKI Norbert KU AZS UMCS Lublin | 1:05.96 | 599 | 31.01 | 34.95 |
| 28. | 05 | STANISŁAWSKI Szymon MKS Jedyńka Łódź | 1:05.98 | 598 | 31.22 | 34.76 |
| 29. | 01 | PARTYKA Damian AZS AWFis Gda sk | 1:06.08 | 596 | 31.10 | 34.98 |
| 30. | 02 | TOMCZAK Tymoteusz KS Posenania Pozna | 1:06.11 | 595 | 30.65 | 35.46 |
| 31. | 03 | OLEJNIK Adam TP Skalar Słupsk | 1:06.65 | 580 | 31.23 | 35.42 |
| 32. | 02 | LINDWALL Algot SS TYRESO | 1:06.88 | 574 | 31.27 | 35.61 |
| 33. | 04 | WARZOCHA Gustaw Uks Cityzen | 1:07.03 | 571 | 31.40 | 35.63 |
| 34. | 02 | GREGORCZYK Jan UKS G-8 Bielany Warszawa | 1:07.05 | 570 | 31.62 | 35.43 |
| 35. | 04 | ISKRA Szymon UKS Pi tka Konstantynów Łódzki | 1:07.77 | 552 | 32.45 | 35.32 |
| 36. | 01 | KRASZEWSKI Daniel MKS Polonia Warszawa | 1:07.91 | 549 | 31.35 | 36.56 |
| 37. | 03 | G STAŁ Jan UKS „GIM 92 Ursynów” | 1:08.10 | 544 | 32.25 | 35.85 |
| 38. | 05 | SZYMA SKI Igor MUKS "Pi tnastka" | 1:08.23 | 541 | 32.06 | 36.17 |
| 39. | 04 | WERMI SKI Jan UKS Fała Swar dz | 1:08.31 | 539 | 31.46 | 36.85 |
| 40. | 03 | WILANOWSKI Mateusz MKS Jedyńka Łódź | 1:08.61 | 532 | 32.49 | 36.12 |
| 41. | 00 | DOUIB Jonathan VSS VASBY | 1:08.65 | 531 | 32.09 | 36.56 |
| 42. | 04 | WIERCI SKI Kacper UKS „Dwójka” Tczew | 1:09.09 | 521 | 32.33 | 36.76 |
| 43. | 99 | SZUSTAK Hubert UKS GOS Raszyn | 1:09.85 | 504 | 31.72 | 38.13 |
| 44. | 03 | MACIOSZEK Maksymilian UKP „Polonia Warszawa” | 1:10.65 | 487 | 33.24 | 37.41 |
| 45. | 04 | ZUZANIUK Igor KS OLIMPIA Lublin | 1:10.83 | 483 | 33.21 | 37.62 |
| 46. | 04 | J DRYKA Nikodem MKS Trójka Łódź | 1:11.12 | 478 | 33.80 | 37.32 |
| 47. | 04 | DOMAGAŁA Tymoteusz MUKS "Pi tnastka" | 1:11.36 | 473 | 32.82 | 38.54 |
| 48. | 05 | BACZY SKI Jan UKS Olympic Warka | 1:11.92 | 462 | 33.45 | 38.47 |
| 49. | 04 | MAJKOWSKI Aleksander Mokotowski UKP Warszawianka- Wc1:12.20rk | 1:12.20 | 456 | 34.21 | 37.99 |
| 50. | 04 | SUCHODOLSKI Hubert KP Delfin Inowrocław | 1:12.55 | 450 | 33.70 | 38.85 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 16, M czynn, 100m klasyczny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|-----------------------|------|----------------------|----------------|------|-------|-------|
| 51. | YRO Ignacy | 04 | UKS „GIM 92 Ursynów" | 1:13.04 | 441 | 34.46 | 38.58 |
| 52. | SZYMA SKI Alan | 05 | UPKS Wodnik Rawicz | 1:13.29 | 436 | 34.29 | 39.00 |
| 53. | SZUKAŁA Krzysztof | 03 | KS Warta Pozna | 1:13.39 | 435 | 34.07 | 39.32 |
| 54. | GIEZEK Jan | 05 | UPKS Wodnik Rawicz | 1:14.67 | 413 | 34.09 | 40.58 |
| 55. | HERBIK Paweł | 05 | MKS Piast Głogów | 1:15.04 | 406 | 34.29 | 40.75 |
| 56. | PUPKA Filip | 04 | Uks Cityzen | 1:15.07 | 406 | 35.04 | 40.03 |
| 57. | JANCZYLIK Aleksander | 04 | KS Delfin Gdynia | 1:15.58 | 398 | 35.23 | 40.35 |
| 58. | BIELEWICZ Jan | 05 | KS Warta Pozna | 1:15.72 | 396 | 35.32 | 40.40 |
| 59. | JAREMEK Michał | 05 | KP Delfin Inowrocław | 1:16.52 | 383 | 35.34 | 41.18 |
| 60. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 1:16.97 | 377 | 36.28 | 40.69 |
| 61. | KUREK Kacper | 05 | Foka Choszczcno | 1:17.98 | 362 | 36.45 | 41.53 |
| 62. | KĄLEK Bartosz | 04 | KU AZS UAM Pozna | 1:21.32 | 319 | 38.49 | 42.83 |
| 63. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 1:21.53 | 317 | 38.73 | 42.80 |
| 64. | HORBACZEWSKI Grzegorz | 05 | Dwójka Morena Gda sk | 1:24.37 | 286 | 39.88 | 44.49 |
| 65. | KUNKEL Tymoteusz | 05 | Dwójka Morena Gda sk | 1:37.93 | 183 | 45.64 | 52.29 |

14 lat

| | | | | | | | |
|-----|-----------------------|----|----------------------|----------------|-----|-------|-------|
| 1. | STANISŁAWSKI Szymon | 05 | MKS Jedyńka Łód | 1:05.98 | 598 | 31.22 | 34.76 |
| 2. | SZYMA SKI Igor | 05 | MUKS "Pi tnastka" | 1:08.23 | 541 | 32.06 | 36.17 |
| 3. | BACZY SKI Jan | 05 | UKS Olympic Warka | 1:11.92 | 462 | 33.45 | 38.47 |
| 4. | SZYMA SKI Alan | 05 | UPKS Wodnik Rawicz | 1:13.29 | 436 | 34.29 | 39.00 |
| 5. | GIEZEK Jan | 05 | UPKS Wodnik Rawicz | 1:14.67 | 413 | 34.09 | 40.58 |
| 6. | HERBIK Paweł | 05 | MKS Piast Głogów | 1:15.04 | 406 | 34.29 | 40.75 |
| 7. | BIELEWICZ Jan | 05 | KS Warta Pozna | 1:15.72 | 396 | 35.32 | 40.40 |
| 8. | JAREMEK Michał | 05 | KP Delfin Inowrocław | 1:16.52 | 383 | 35.34 | 41.18 |
| 9. | KUREK Kacper | 05 | Foka Choszczcno | 1:17.98 | 362 | 36.45 | 41.53 |
| 10. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 1:21.53 | 317 | 38.73 | 42.80 |
| 11. | HORBACZEWSKI Grzegorz | 05 | Dwójka Morena Gda sk | 1:24.37 | 286 | 39.88 | 44.49 |
| 12. | KUNKEL Tymoteusz | 05 | Dwójka Morena Gda sk | 1:37.93 | 183 | 45.64 | 52.29 |

15 lat

| | | | | | | | |
|-----|----------------------|----|---------------------------------|----------------|-----|-------|-------|
| 1. | TARASEWICZ Marcel | 04 | UKS G-8 Bielany Warszawa | 1:04.18 | 650 | 30.28 | 33.90 |
| 2. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów" | 1:04.67 | 635 | 30.68 | 33.99 |
| 3. | CICHOCKI Oliwier | 04 | KS Warta Pozna | 1:04.82 | 631 | 31.04 | 33.78 |
| 4. | WARZOCHA Gustaw | 04 | Uks Cityzen | 1:07.03 | 571 | 31.40 | 35.63 |
| 5. | ISKRA Szymon | 04 | UKS Pi tka Konstanyńów Łódzki | 1:07.77 | 552 | 32.45 | 35.32 |
| 6. | WERMI SKI Jan | 04 | UKS Fala Swarz dz | 1:08.31 | 539 | 31.46 | 36.85 |
| 7. | WIERCI SKI Kacper | 04 | UKS „Dwójka" Tczew | 1:09.09 | 521 | 32.33 | 36.76 |
| 8. | ZUZANIUK Igor | 04 | KS OLIMPIA Lublin | 1:10.83 | 483 | 33.21 | 37.62 |
| 9. | J DRYKA Nikodem | 04 | MKS Trójka Łód | 1:11.12 | 478 | 33.80 | 37.32 |
| 10. | DOMAGAŁA Tymoteusz | 04 | MUKS "Pi tnastka" | 1:11.36 | 473 | 32.82 | 38.54 |
| 11. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawianka- Wc | 1:12.20 | 456 | 34.21 | 37.99 |
| 12. | SUCHODOLSKI Hubert | 04 | KP Delfin Inowrocław | 1:12.55 | 450 | 33.70 | 38.85 |
| 13. | YRO Ignacy | 04 | UKS „GIM 92 Ursynów" | 1:13.04 | 441 | 34.46 | 38.58 |
| 14. | PUPKA Filip | 04 | Uks Cityzen | 1:15.07 | 406 | 35.04 | 40.03 |
| 15. | JANCZYLIK Aleksander | 04 | KS Delfin Gdynia | 1:15.58 | 398 | 35.23 | 40.35 |
| 16. | KĄLEK Bartosz | 04 | KU AZS UAM Pozna | 1:21.32 | 319 | 38.49 | 42.83 |

16 lat

| | | | | | | | |
|----|-----------------------|----|-------------------------------|----------------|-----|-------|-------|
| 1. | SKÓRA Bartosz | 03 | UKS Pi tka Konstanyńów Łódzki | 1:03.16 | 682 | 29.24 | 33.92 |
| 2. | PRZYSTAŁ Adam | 03 | UKS G-8 Bielany Warszawa | 1:05.23 | 619 | 30.22 | 35.01 |
| 3. | OLEJNIK Adam | 03 | TP Skalar Słupsk | 1:06.65 | 580 | 31.23 | 35.42 |
| 4. | G STAŁ Jan | 03 | UKS „GIM 92 Ursynów" | 1:08.10 | 544 | 32.25 | 35.85 |
| 5. | WILANOWSKI Mateusz | 03 | MKS Jedyńka Łód | 1:08.61 | 532 | 32.49 | 36.12 |
| 6. | MACIOSZEK Maksymilian | 03 | UKP „Polonia Warszawa" | 1:10.65 | 487 | 33.24 | 37.41 |
| 7. | SZUKAŁA Krzysztof | 03 | KS Warta Pozna | 1:13.39 | 435 | 34.07 | 39.32 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 16, M czyzn, 100m klasyczny

17 - 18 lat

| | | | | | | | |
|-----|-------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 1:04.13 | 652 | 29.95 | 34.18 |
| 2. | GREBER Artur | 01 | UKS G-8 Bielany Warszawa | 1:04.14 | 651 | 29.83 | 34.31 |
| 3. | KLIMAS Michał | 02 | KS KSZO Ostrowiec w. | 1:04.21 | 649 | 30.18 | 34.03 |
| 4. | GUZY Marcel | 01 | DOKiS SP Vega Dobrodzie | 1:04.73 | 634 | 30.32 | 34.41 |
| 5. | LERNA William | 02 | VSS VASBY | 1:05.87 | 601 | 30.51 | 35.36 |
| 6. | PARTYKA Damian | 01 | AZS AWFIS Gda sk | 1:06.08 | 596 | 31.10 | 34.98 |
| 7. | TOMCZAK Tymoteusz | 02 | KS Posnania Pozna | 1:06.11 | 595 | 30.65 | 35.46 |
| 8. | LINDWALL Algot | 02 | SS TYRESO | 1:06.88 | 574 | 31.27 | 35.61 |
| 9. | GREGORCZYK Jan | 02 | UKS G-8 Bielany Warszawa | 1:07.05 | 570 | 31.62 | 35.43 |
| 10. | KRASZEWSKI Daniel | 01 | MKS Polonia Warszawa | 1:07.91 | 549 | 31.35 | 36.56 |
| 11. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 1:16.97 | 377 | 36.28 | 40.69 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 17
2019-11-23 - 20:08

Kobiet, 50m motylkowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|-------|----------------------|-------|----------------|------------|
| RP Open | 25.36 | URBANCZYK Aleksandra | 02305 | Berlin (GER) | 2017-08-06 |
| RP 19 - 23 | 25.82 | DOWGIERT Anna | | Istanbul (TUR) | 2012-12-13 |
| RP 18 | 26.06 | FIEDKIEWICZ Kornelia | 00101 | Pozna | 2019-11-23 |
| RP 17 | 26.19 | URBANCZYK Aleksandra | 00905 | Oswiecim | 2004-11-27 |
| RP 16 | 26.57 | FIEDKIEWICZ Kornelia | 00101 | Łód | 2017-12-20 |
| RP 15 | 27.38 | URBANCZYK Aleksandra | POL | Płock | 2002-11-01 |
| RP 14 | 27.89 | MURAWSKA Maria | 02414 | Lublin | 2017-03-04 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|---|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 90 | DOWGIERT Anna KS Warta Pozna | 25.90 | 834 |
| 2. | 01 | FIEDKIEWICZ Kornelia MKS Juvenia Wrocław | 26.06 | 818 |
| | | <i>Czas lepszy od Rekordu Polski</i> | | |
| 3. | 98 | PEDA Paulina AZS AWF Katowice | 27.01 | 735 |
| 4. | 03 | JABŁO SKA Martyna UKS G-8 Bielany Warszawa | 27.34 | 709 |
| 5. | 03 | PIOTROWSKA Wiktoria AZS AWF Warszawa | 27.62 | 687 |
| 6. | 01 | WO NIAK Zofia UKS G-8 Bielany Warszawa | 27.78 | 675 |
| 7. | 05 | CIERPIAŁOWSKA Paulina UKS abianka Gda sk | 27.93 | 665 |
| 8. | 98 | GONTA Oliwia KP Totis Viribus wiebodzin | 27.94 | 664 |
| 9. | 00 | ROGOWSKA Katarzyna MKP Szczecin | 28.15 | 649 |
| 10. | 03 | GRADEK Aleksandra UKP „Polonia Warszawa” | 28.27 | 641 |
| | 01 | CIEPLAK Aleksandra UKS Olympic Warka | 28.27 | 641 |
| 12. | 03 | CELMER Wiktoria KS Warta Pozna | 28.29 | 640 |
| 13. | 05 | KARBOWNIK Małgorzata MKS Jedyńka Łód | 28.31 | 638 |
| 14. | 03 | KAWKA Nina UKS G-8 Bielany Warszawa | 28.34 | 636 |
| 15. | 03 | BUSZKA Kornelia UKS G-8 Bielany Warszawa | 28.43 | 630 |
| 16. | 04 | MACIUSZEK Wiktoria MKS Juvenia Wrocław | 28.47 | 627 |
| 17. | 00 | SOLAK Anna KU AZS AGH Kraków | 28.52 | 624 |
| 18. | 03 | URBAN Karolina UKS „Ósemka” Starogard Gda ski | 28.57 | 621 |
| 19. | 03 | FR CKIEWICZ Martyna SMS Zielona Góra | 28.76 | 609 |
| 20. | 02 | ZAWADZKA Hanna UKS G-8 Bielany Warszawa | 28.81 | 605 |
| 21. | 05 | TŁOCZEK Wiktoria KP Bałtyk Kołobrzeg | 28.85 | 603 |
| 22. | 99 | GUS Julia MUKS "Pi tnastka" | 28.86 | 602 |
| 23. | 03 | WRÓBEL Julia UKP „Polonia Warszawa” | 28.92 | 599 |
| 24. | 04 | POZNACHOWSKA Nadia UKP „Polonia Warszawa” | 29.21 | 581 |
| 25. | 02 | KUCHTA Maria UKS „Dwójka” Tczew | 29.29 | 576 |
| 26. | 98 | ROGOWSKA Paulina St. Lok. SALOS Cortile Kielce | 29.32 | 574 |
| 27. | 02 | TRAMBOWICZ Zuzanna AZS AWF Warszawa | 29.33 | 574 |
| 28. | 00 | WRZOSEK Iga St. KF KS „Fenix” O arów Mazowiecki | 29.64 | 556 |
| 29. | 04 | KRÓLIK Adrianna MKP Szczecin | 29.74 | 550 |
| 30. | 03 | NOWAK Zofia UKS G-8 Bielany Warszawa | 29.75 | 550 |
| 31. | 03 | BŁA EJEWSKA Nikola MUKS Wodnik Łask | 29.76 | 549 |
| 32. | 04 | WO Weronika UKS „GIM 92 Ursynów” | 29.77 | 549 |
| 33. | 03 | SZYSZKO Karolina UKP „Polonia Warszawa” | 29.78 | 548 |
| 34. | 00 | BIELEWICZ Joanna KS Warta Pozna | 29.86 | 544 |
| 35. | 04 | SZUPER Katarzyna UKS „ORKA” Zamo | 29.96 | 538 |
| 36. | 05 | JASTRZ BEK Nadia UKS Siódemka Gdynia | 29.98 | 537 |
| 37. | 05 | CIESIELSKA Inga MUKS "Pi tnastka" | 29.99 | 537 |
| 38. | 04 | RACZY SKA Wiktoria AZS Łód | 30.01 | 536 |
| 39. | 01 | ŁUKASZEWICZ Emilia UKS Fala Swarz dz | 30.05 | 534 |
| 40. | 01 | BJÖRKÉN Julia VSS VASBY | 30.29 | 521 |
| 41. | 05 | WARCHAŁOWSKA Paulina KS OLIMPIA Lublin | 30.34 | 518 |
| 42. | 04 | GRABOWSKA Gabriela UKP „Polonia Warszawa” | 30.37 | 517 |
| 43. | 04 | JANICKA Paula KS Warta Pozna | 30.39 | 516 |
| 44. | 05 | S DŁAK Alicja MUKS "Pi tnastka" | 30.40 | 515 |
| 45. | 04 | D BKOWSKA Wiktoria MUKS Wodnik Łask | 30.42 | 514 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 17, Kobiet, 50m motylkowy, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|---|---------|------------------------------------|---------------|------|
| 46. | HAŁAWCZAK Marcelina | 02 | MKP Szczecin | 30.45 | 513 |
| 47. | SOKOŁOWSKA Dominika | 04 | KS Neptun widnica | 30.55 | 508 |
| 48. | BYLI SKA Agnieszka | 02 | UKS abianka Gda sk | 30.64 | 503 |
| 49. | TOMASZEWSKA Aleksandra | 99 | St. Lok. SALOS Cortile Kielce | 30.75 | 498 |
| 50. | ŁAWRYNOWICZ Gabriela | 03 | KS Warta Pozna | 30.76 | 497 |
| 51. | MACIOŁA Maja | 03 | UKP „Polonia Warszawa” | 30.99 | 486 |
| 52. | SKALI SKA Ewa | 05 | MKS Piaseczno | 31.07 | 483 |
| 53. | SOŁONIEWICZ Julia | 03 | UKP „Polonia Warszawa” | 31.09 | 482 |
| 54. | PEACOCK Louise | 01 | VSS VASBY | 31.10 | 481 |
| 55. | DUDEK Aleksandra | 01 | MUKS "Pi tnastka" | 31.17 | 478 |
| 56. | ADAMSKA Maria | 03 | UKS G-8 Bielany Warszawa | 31.24 | 475 |
| 57. | WRÓBLEWSKA Klaudia | 04 | UKP „Polonia Warszawa” | 31.28 | 473 |
| 58. | ZORINA Daria | 05 | UKS G-8 Bielany Warszawa | 31.29 | 473 |
| 59. | NOWAK Gabriela | 05 | KP Delfin Inowrocław | 31.40 | 468 |
| 60. | JANKOWSKA Zofia | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 31.49 | 464 |
| 61. | MARZAŁEK Magdalena | 01 | MKP Szczecin | 31.72 | 454 |
| 62. | JAGODZI SKA Zuzanna | 04 | MKS Neptun Stargard | 31.77 | 451 |
| | KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wodny | F31.77 | 451 |
| | BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów” | 31.77 | 451 |
| 65. | CZERWI SKA Martyna | 04 | UKS „Dwójka” Tczew | 31.90 | 446 |
| 66. | HAJDUK Julia | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 31.99 | 442 |
| 67. | DZIK Wiktoria | 04 | KS Limanowa-swim | 32.03 | 440 |
| 68. | KOZI SKA Anna | 03 | UKS „GIM 92 Ursynów” | 32.10 | 438 |
| 69. | OLECKA Amelia | 05 | UKS „GIM 92 Ursynów” | 32.12 | 437 |
| 70. | KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 32.29 | 430 |
| 71. | CHOJNOWSKA Zuzanna | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 32.45 | 424 |
| 72. | GIZA Olga | 04 | UKS abianka Gda sk | 32.77 | 411 |
| 73. | KOWAL Magdalena | 05 | MUKS Wodnik Łask | 32.78 | 411 |
| 74. | MAKSYMOWICZ Nadia | 05 | UKS G-8 Bielany Warszawa | 32.85 | 408 |
| 75. | BOCHE SKA Dominika | 05 | KS Posnania Pozna | 33.34 | 391 |
| 76. | OSZMIA SKA Julia | 04 | MKP „SŁOWIANKA” Gorzów Wlkp. | 33.68 | 379 |
| 77. | PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 34.03 | 367 |
| 78. | BRD K Patrycja | 05 | KS Posnania Pozna | 34.44 | 354 |
| 79. | DZI GIELEWSKA Katarzyna | 05 | KS Delfin Gdynia | 34.48 | 353 |
| 80. | LASECKA Anna | 05 | Mokotowski UKP Warszawianka- Wodny | F34.55 | 351 |
| 81. | MATCZAK Natalia | 03 | AZS AWFIS Gda sk | 34.87 | 341 |
| 82. | WOJCIECHOWSKA Kamila | 03 | Mokotowski UKP Warszawianka- Wodny | F35.15 | 333 |
| 83. | SZCZEPANIAK Justyna | 04 | MKP Szczecin | 37.06 | 284 |
| DYSKW. | CH CIAK Sandra | 03 | UKS „GIM 92 Ursynów” | | |
| | <i>M10 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu.</i> | | | | |
| NW | DRU BA Amelia | 04 | TP Skalar Słupsk | | |
| NW | PIEPIÓRKA Martyna | 03 | UKS abianka Gda sk | | |

14 lat

| | | | | | |
|-----|-----------------------|----|------------------------------|--------------|-----|
| 1. | CIERPIAŁOWSKA Paulina | 05 | UKS abianka Gda sk | 27.93 | 665 |
| 2. | KARBOWNIK Małgorzata | 05 | MKS Jedyńka Łód | 28.31 | 638 |
| 3. | TŁOCZEK Wiktoria | 05 | KP Bałtyk Kołobrzeg | 28.85 | 603 |
| 4. | JASTRZ BEK Nadia | 05 | UKS Siódemka Gdynia | 29.98 | 537 |
| 5. | CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 29.99 | 537 |
| 6. | WARCHAŁOWSKA Paulina | 05 | KS OLIMPIA Lublin | 30.34 | 518 |
| 7. | S DŁAK Alicja | 05 | MUKS "Pi tnastka" | 30.40 | 515 |
| 8. | SKALI SKA Ewa | 05 | MKS Piaseczno | 31.07 | 483 |
| 9. | ZORINA Daria | 05 | UKS G-8 Bielany Warszawa | 31.29 | 473 |
| 10. | NOWAK Gabriela | 05 | KP Delfin Inowrocław | 31.40 | 468 |
| 11. | JANKOWSKA Zofia | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 31.49 | 464 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 17, Dziewcz t, 50m motylkowy, 14 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-------------------------|---------|------------------------------------|---------------|------|
| 12. | HAJDUK Julia | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 31.99 | 442 |
| 13. | OLECKA Amelia | 05 | UKS „GIM 92 Ursynów" | 32.12 | 437 |
| 14. | KALKOWSKA Julia | 05 | MUKS "Pi tnastka" | 32.29 | 430 |
| 15. | CHOJNOWSKA Zuzanna | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 32.45 | 424 |
| 16. | KOWAL Magdalena | 05 | MUKS Wodnik Łask | 32.78 | 411 |
| 17. | MAKSYMOWICZ Nadia | 05 | UKS G-8 Bielany Warszawa | 32.85 | 408 |
| 18. | BOCHE SKA Dominika | 05 | KS Poznania Pozna | 33.34 | 391 |
| 19. | PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 34.03 | 367 |
| 20. | BRD K Patrycja | 05 | KS Poznania Pozna | 34.44 | 354 |
| 21. | DZI GIELEWSKA Katarzyna | 05 | KS Delfin Gdynia | 34.48 | 353 |
| 22. | LASECKA Anna | 05 | Mokotowski UKP Warszawianka- Wodny | F34.55 | 351 |

15 lat

| | | | | | |
|-----|---------------------|----|------------------------------------|---------------|-----|
| 1. | MACIUSZEK Wiktoria | 04 | MKS Juvenia Wrocław | 28.47 | 627 |
| 2. | POZNACHOWSKA Nadia | 04 | UKP „Polonia Warszawa" | 29.21 | 581 |
| 3. | KRÓLIK Adrianna | 04 | MKP Szczecin | 29.74 | 550 |
| 4. | WO Weronika | 04 | UKS „GIM 92 Ursynów" | 29.77 | 549 |
| 5. | SZUPER Katarzyna | 04 | UKS „ORKA" Zamo | 29.96 | 538 |
| 6. | RACZY SKA Wiktoria | 04 | AZS Łód | 30.01 | 536 |
| 7. | GRABOWSKA Gabriela | 04 | UKP „Polonia Warszawa" | 30.37 | 517 |
| 8. | JANICKA Paula | 04 | KS Warta Pozna | 30.39 | 516 |
| 9. | D BKOWSKA Wiktoria | 04 | MUKS Wodnik Łask | 30.42 | 514 |
| 10. | SOKOŁOWSKA Dominika | 04 | KS Neptun widnica | 30.55 | 508 |
| 11. | WRÓBLEWSKA Klaudia | 04 | UKP „Polonia Warszawa" | 31.28 | 473 |
| 12. | JAGODZI SKA Zuzanna | 04 | MKS Neptun Stargard | 31.77 | 451 |
| | KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wodny | F31.77 | 451 |
| 14. | CZERWI SKA Martyna | 04 | UKS „Dwójka" Tczew | 31.90 | 446 |
| 15. | DZIK Wiktoria | 04 | KS Limanowa-swim | 32.03 | 440 |
| 16. | GIZA Olga | 04 | UKS abianka Gda sk | 32.77 | 411 |
| 17. | OSZMIA SKA Julia | 04 | MKP „SŁOWIANKA" Gorzów Wlkp. | 33.68 | 379 |
| 18. | SZCZEPANIAK Justyna | 04 | MKP Szczecin | 37.06 | 284 |
| NW | DRU BA Amelia | 04 | TP Skalar Słupsk | | |

16 lat

| | | | | | |
|--------|----------------------|----|------------------------------------|---------------|-----|
| 1. | JABŁO SKA Martyna | 03 | UKS G-8 Bielany Warszawa | 27.34 | 709 |
| 2. | PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 27.62 | 687 |
| 3. | GRADEK Aleksandra | 03 | UKP „Polonia Warszawa" | 28.27 | 641 |
| 4. | CELMER Wiktoria | 03 | KS Warta Pozna | 28.29 | 640 |
| 5. | KAWKA Nina | 03 | UKS G-8 Bielany Warszawa | 28.34 | 636 |
| 6. | BUSZKA Kornelia | 03 | UKS G-8 Bielany Warszawa | 28.43 | 630 |
| 7. | URBAN Karolina | 03 | UKS „Ósemka" Starogard Gda ski | 28.57 | 621 |
| 8. | FR CKIEWICZ Martyna | 03 | SMS Zielona Góra | 28.76 | 609 |
| 9. | WRÓBEL Julia | 03 | UKP „Polonia Warszawa" | 28.92 | 599 |
| 10. | NOWAK Zofia | 03 | UKS G-8 Bielany Warszawa | 29.75 | 550 |
| 11. | BŁA EJEWSKA Nikola | 03 | MUKS Wodnik Łask | 29.76 | 549 |
| 12. | SZYSZKO Karolina | 03 | UKP „Polonia Warszawa" | 29.78 | 548 |
| 13. | ŁAWRYNOWICZ Gabriela | 03 | KS Warta Pozna | 30.76 | 497 |
| 14. | MACIOŁA Maja | 03 | UKP „Polonia Warszawa" | 30.99 | 486 |
| 15. | SOŁONIEWICZ Julia | 03 | UKP „Polonia Warszawa" | 31.09 | 482 |
| 16. | ADAMSKA Maria | 03 | UKS G-8 Bielany Warszawa | 31.24 | 475 |
| 17. | KOZI SKA Anna | 03 | UKS „GIM 92 Ursynów" | 32.10 | 438 |
| 18. | MATCZAK Natalia | 03 | AZS AWFIS Gda sk | 34.87 | 341 |
| 19. | WOJCIECHOWSKA Kamila | 03 | Mokotowski UKP Warszawianka- Wodny | F35.15 | 333 |
| DYSKW. | CH CIAK Sandra | 03 | UKS „GIM 92 Ursynów" | | |

M10 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu.

ARENA GRAND PRIX POLSKI W PŁYWANIU
Poznań, 23- - 24-11-2019

Konkurencja 17, Dziewcz. t, 50m motylkowy, 16 lat

| Pozycja | Rok ur. | Czas | Pkt. |
|---|-----------------------------|--------------|------|
| NW PIEPIÓRKA Martyna | 03 UKS abianka Gdańsk | | |
| 17 - 18 lat | | | |
| 1. FIEDKIEWICZ Kornelia <i>Czas lepszy od Rekordu Polski</i> | 01 MKS Juwenia Wrocław | 26.06 | 818 |
| 2. WOŃCIAK Zofia | 01 UKS G-8 Bielany Warszawa | 27.78 | 675 |
| 3. CIEPLAK Aleksandra | 01 UKS Olympic Warka | 28.27 | 641 |
| 4. ZAWADZKA Hanna | 02 UKS G-8 Bielany Warszawa | 28.81 | 605 |
| 5. KUCHTA Maria | 02 UKS „Dwójka” Tczew | 29.29 | 576 |
| 6. TRAMBOWICZ Zuzanna | 02 AZS AWF Warszawa | 29.33 | 574 |
| 7. ŁUKASZEWICZ Emilia | 01 UKS Fala Swarzędz | 30.05 | 534 |
| 8. BJÖRKÉN Julia | 01 VSS VASBY | 30.29 | 521 |
| 9. HAŁAWCZAK Marcelina | 02 MKP Szczecin | 30.45 | 513 |
| 10. BYLIŃSKA Agnieszka | 02 UKS abianka Gdańsk | 30.64 | 503 |
| 11. PEACOCK Louise | 01 VSS VASBY | 31.10 | 481 |
| 12. DUDEK Aleksandra | 01 MUKS "Piłastka" | 31.17 | 478 |
| 13. MARSZAŁEK Magdalena | 01 MKP Szczecin | 31.72 | 454 |
| 14. BIDNIK Karolina | 02 UKS „GIM 92 Ursynów" | 31.77 | 451 |

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| Konkurencja 18 2019-11-23 - 20:14 | M czyzn, 50m motylkowy | | | | 14 lat i starsi Wyniki |
|--------------------------------------|------------------------|------------------|-------|-----------------|---------------------------|
| RP Open | 22.64 | CZERNIAK Konrad | 00611 | Lublin | 2015-12-20 |
| RP 19 - 23 | 22.75 | CHUDY Michał | | Kopenhaga (DEN) | 2017-12-16 |
| RP 18 | 23.12 | STOKOWSKI Kacper | 05114 | Oswiecim | 2017-10-21 |
| RP 17 | 23.32 | STOKOWSKI Kacper | 05114 | Lublin | 2016-03-12 |
| RP 16 | 23.80 | GORAJ Marcin SK | 03606 | Łód | 2017-12-22 |
| RP 15 | 24.16 | STOKOWSKI Kacper | 05114 | Ostrowiec Sw | 2014-12-21 |
| RP 14 | 25.24 | STOKOWSKI Kacper | 05114 | Ostrowiec Sw | 2013-12-22 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|------------------------|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 92 | CIE LAK Marcin | 22.69 | 880 |
| 2. | 97 | CHUDY Michał | 23.33 | 810 |
| 3. | 99 | OSTROWSKI Karol | 23.80 | 763 |
| 4. | 99 | KA MIERCZAK Kamil | 23.88 | 755 |
| 5. | 98 | CHRZANOWSKI Damian | 23.91 | 752 |
| 6. | 94 | POLEWKA Tomasz | 24.11 | 734 |
| | 00 | MAJERSKI Jakub | 24.11 | 734 |
| 8. | 01 | SAWICKI Oskar | 24.19 | 726 |
| 9. | 02 | ORLICZ Filip | 24.22 | 724 |
| 10. | 94 | WITKOWSKI Jan | 24.36 | 711 |
| 11. | 95 | BARTOSIEWICZ Jakub | 24.47 | 702 |
| 12. | 02 | JA KIEWICZ Adrian | 24.72 | 681 |
| 13. | 03 | WIEK Wiktor | 24.88 | 668 |
| 14. | 01 | KRZYWNICKI Adrian | 25.12 | 649 |
| 15. | 02 | BIAŁECKI Jan | 25.13 | 648 |
| 16. | 02 | KA MIERCZAK Bruno | 25.19 | 643 |
| 17. | 02 | KWIATEK Radosław | 25.20 | 642 |
| 18. | 91 | KOWALIK Piotr | 25.31 | 634 |
| | 00 | SMOLI SKI Jakub | 25.31 | 634 |
| 20. | 01 | WARZOCHA Albert | 25.32 | 633 |
| 21. | 02 | STENSSON Erik | 25.37 | 630 |
| 22. | 01 | MALINOWSKI Bartosz | 25.46 | 623 |
| | 96 | KOŁODZIEJSKI Filip | 25.46 | 623 |
| 24. | 03 | BIDOWANIEC Kacper | 25.49 | 621 |
| 25. | 00 | BUTKIEWICZ Cezary | 25.61 | 612 |
| 26. | 04 | TOMASZEWSKI Aleks | 25.63 | 611 |
| 27. | 97 | FRÖDEBERG Gustav | 25.64 | 610 |
| 28. | 01 | PARTYKA Damian | 25.68 | 607 |
| 29. | 01 | KRZYKAŁA Emil | 25.76 | 601 |
| | 00 | D BROWSKI Patryk | 25.76 | 601 |
| 31. | 99 | BOCHE Tomasz | 25.84 | 596 |
| | 02 | WRÓBLEWSKI Kamil | 25.84 | 596 |
| 33. | 02 | ŁANGOWSKI Maciej | 25.95 | 588 |
| 34. | 00 | PETTERSSON Robin | 25.96 | 588 |
| 35. | 01 | TŁOMAK Andrzej | 26.11 | 578 |
| 36. | 02 | BOBORYK Wojciech | 26.23 | 570 |
| 37. | 03 | OŁ D Stanisław | 26.27 | 567 |
| 38. | 04 | KWIATKOWSKI Tymoteusz | 26.29 | 566 |
| 39. | 02 | BLI NIEWSKI Franciszek | 26.34 | 563 |
| | 99 | SVENSSON Noah | 26.34 | 563 |
| 41. | 02 | TOMCZAK Tymoteusz | 26.35 | 562 |
| 42. | 03 | KULS Jan | 26.37 | 561 |
| 43. | 02 | CHOJNOWSKI Tomasz | 26.40 | 559 |
| 44. | 03 | SMOLI SKI Rafał | 26.42 | 557 |
| 45. | 02 | BIELAWA Dominik | 26.43 | 557 |
| 46. | 02 | KUSI SKI Aleksy | 26.48 | 554 |

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Konkurencja 18, M czyzn, 50m motylkowy, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|--------------------------|---------|--------------------------------------|--------------|------|
| 47. | GREBER Artur | 01 | UKS G-8 Bielany Warszawa | 26.50 | 552 |
| | BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 26.50 | 552 |
| 49. | WLAZŁOWSKI Kamil | 03 | UKP „Polonia Warszawa” | 26.55 | 549 |
| 50. | TARASEWICZ Marcel | 04 | UKS G-8 Bielany Warszawa | 26.59 | 547 |
| 51. | NOSARZEWSKI Kornel | 03 | Mokotowski UKP Warszawianka- Wodny F | 26.61 | 546 |
| 52. | GULI SKI Maciej | 04 | UKP „Polonia Warszawa” | 26.70 | 540 |
| 53. | KOWALIK Damian | 94 | KU AZS UAM Pozna | 26.77 | 536 |
| 54. | SZMYT Krzysztof | 03 | UKS Fala Swarz dz | 26.81 | 533 |
| 55. | STEFA SKI Patryk | 03 | KS KSZO Ostrowiec w. | 26.91 | 528 |
| 56. | CHODULSKI Jakub | 00 | KU AZS UMCS Lublin | 26.92 | 527 |
| 57. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 26.94 | 526 |
| 58. | SULIGA Jeremi | 00 | UKS G-8 Bielany Warszawa | 27.01 | 522 |
| 59. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 27.02 | 521 |
| 60. | DOUIB Jonathan | 00 | VSS VASBY | 27.03 | 521 |
| 61. | PACŁAWSKI Jakub | 00 | KU AZS UMCS Lublin | 27.04 | 520 |
| 62. | MALAK Mikołaj | 01 | MKS SP 63 Bydgoszcz | 27.09 | 517 |
| | LINDHOLM Christopher | 02 | VSS VASBY | 27.09 | 517 |
| 64. | WNUK Jakub | 01 | KS Posnania Pozna | 27.11 | 516 |
| 65. | JOHNSON Marcus | 02 | VSS VASBY | 27.20 | 511 |
| 66. | SKÖLD Theodor | 01 | VSS VASBY | 27.33 | 504 |
| 67. | CIERKOSZ Filip | 02 | MKP Astromal-Leszno | 27.36 | 502 |
| 68. | NALE NIK Jakub | 01 | MKP Szczecin | 27.42 | 499 |
| 69. | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 27.44 | 497 |
| 70. | BISZKONT Damian | 96 | KP AVIA widnik | 27.48 | 495 |
| | SZYMKOWIAK Marcin | 80 | KS Warta Pozna | 27.48 | 495 |
| | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 27.48 | 495 |
| 73. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 27.54 | 492 |
| 74. | GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 27.58 | 490 |
| 75. | KAJA Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 27.61 | 488 |
| 76. | PŁOSZKA Kacper | 05 | MKS Jedyńka Łód | 27.66 | 486 |
| 77. | LEIFSEN Gustav | 02 | VSS VASBY | 27.69 | 484 |
| 78. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 27.70 | 484 |
| 79. | GRZEGORZEWSKI Bartosz | 04 | MUKS Wodnik Łask | 27.74 | 482 |
| 80. | UROWICZ Antoni | 04 | MKP Szczecin | 27.76 | 480 |
| | ZIMNIAK Szymon | 01 | UKS Fala Swarz dz | 27.76 | 480 |
| 82. | G SIOROWSKI Michał | 03 | Mokotowski UKP Warszawianka- Wodny F | 27.78 | 479 |
| 83. | CHYRCHAŁA Rafał | 02 | UKS „ORKA" Zamo | 27.81 | 478 |
| 84. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 27.90 | 473 |
| 85. | BORZYMEK Hubert | 02 | Mokotowski UKP Warszawianka- Wodny F | 27.96 | 470 |
| 86. | MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 28.00 | 468 |
| 87. | KAMI SKI Fabian | 04 | MKP Szczecin | 28.01 | 468 |
| 88. | OSSOWSKI Damian | 02 | MKS SP 63 Bydgoszcz | 28.02 | 467 |
| 89. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 28.12 | 462 |
| 90. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 28.21 | 458 |
| 91. | DEPA Mateusz | 04 | KS Posnania Pozna | 28.25 | 456 |
| 92. | KUREK Alan | 04 | MKP Szczecin | 28.27 | 455 |
| 93. | LASKI Filip | 04 | St. KF KS „Fenix" O arów Mazowiecki | 28.30 | 453 |
| 94. | BARSZCZEWSKI Maksymilian | 01 | UKS G-8 Bielany Warszawa | 28.38 | 450 |
| 95. | TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów” | 28.40 | 449 |
| | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 28.40 | 449 |
| 97. | GRUBA Szymon | 05 | MUKS "Pi tnastka" | 28.41 | 448 |
| 98. | RAJCA Wiktor | 02 | KS KSZO Ostrowiec w. | 28.55 | 442 |
| | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 28.55 | 442 |
| 100. | RZ SA Jacek | 03 | UKS abianka Gda sk | 28.76 | 432 |
| 101. | GÓRAL Piotr | 05 | UKS „Dwójka" Tczew | 28.81 | 430 |
| 102. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 28.87 | 427 |

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Konkurencja 18, M czyzn, 50m motylkowy, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|------------------------|---------|--|---------------|------|
| 103. | KUBIAK Kuba | 05 | Dwójka Morena Gda sk | 28.88 | 427 |
| 104. | DWYER Vincent John | 02 | Mokotowski UKP Warszawianka- Wodny | F29.00 | 421 |
| 105. | GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów” | 29.10 | 417 |
| 106. | MŁYNARCZYK Mateusz | 04 | MKS Jedyńka Łód | 29.14 | 415 |
| 107. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wodny | F29.19 | 413 |
| 108. | PISA SKI Michał | 05 | Dwójka Morena Gda sk | 29.32 | 408 |
| 109. | PIETRZAK Mikołaj | 05 | KS Posenania Pozna | 29.40 | 404 |
| 110. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Legionow | 29.43 | 403 |
| 111. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów” | 29.51 | 400 |
| 112. | SOKOŁOWSKI Fabian | 03 | UKP „Polonia Warszawa” | 29.55 | 398 |
| 113. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | 29.96 | 382 |
| 114. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 30.06 | 378 |
| 115. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 30.10 | 377 |
| 116. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 30.32 | 369 |
| 117. | KURDELSKI Filip | 04 | Mokotowski UKP Warszawianka- Wodny | F30.35 | 368 |
| | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów” | 30.35 | 368 |
| 119. | WOJCIECHOWSKI Szymon | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 30.50 | 362 |
| 120. | MEYER Bartosz | 02 | KP Delfin Inowrocław | 30.86 | 350 |
| 121. | HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów” | 30.90 | 348 |
| 122. | KUREK Kacper | 05 | Foka Choszczcno | 30.91 | 348 |
| 123. | WŁODARCZYK Bartłomiej | 05 | MKS Piast Głogów | 31.03 | 344 |
| 124. | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | 31.10 | 342 |
| 125. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wodny | F31.25 | 337 |
| 126. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 31.73 | 322 |
| 127. | HŁASKO Wojciech | 05 | Dwójka Morena Gda sk | 31.92 | 316 |
| 128. | SKOKOWSKI Maciej | 05 | MKS Piast Głogów | 33.35 | 277 |
| 129. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 33.39 | 276 |
| 130. | MOLGA Marcin | 05 | Dwójka Morena Gda sk | 33.59 | 271 |
| 131. | MAJAK Mateusz | 05 | Uks Cityzen | 34.02 | 261 |
| 132. | ZAWIEJA Stanisław | 05 | KS Posenania Pozna | 34.27 | 255 |
| 133. | TOMCZAK Michał | 05 | MUKS "Pi tnastka" | 35.73 | 225 |
| 134. | SEWŁO Mikołaj | 05 | KS Posenania Pozna | 36.19 | 217 |
| DYSKW. | URYNIUK Paweł | 03 | UKS G-8 Bielany Warszawa | | |

O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.

| | | | |
|----|--------------------|----|---|
| NW | KARDOLI SKI Łukasz | 03 | Kaliski Klub Sportowy „Włóknierz” 1925 Kalisz |
| NW | KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz |
| NW | BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz |

14 lat

| | | | | | |
|-----|---------------------|----|--|--------------|-----|
| 1. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 26.94 | 526 |
| 2. | KAJA Bła ej | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 27.61 | 488 |
| 3. | PŁOSZKA Kacper | 05 | MKS Jedyńka Łód | 27.66 | 486 |
| 4. | MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 28.00 | 468 |
| 5. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 28.21 | 458 |
| 6. | TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów” | 28.40 | 449 |
| 7. | GRUBA Szymon | 05 | MUKS "Pi tnastka" | 28.41 | 448 |
| 8. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 28.55 | 442 |
| 9. | GÓRAL Piotr | 05 | UKS „Dwójka” Tczew | 28.81 | 430 |
| 10. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 28.87 | 427 |
| 11. | KUBIAK Kuba | 05 | Dwójka Morena Gda sk | 28.88 | 427 |
| 12. | GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów” | 29.10 | 417 |
| 13. | PISA SKI Michał | 05 | Dwójka Morena Gda sk | 29.32 | 408 |
| 14. | PIETRZAK Mikołaj | 05 | KS Posenania Pozna | 29.40 | 404 |
| 15. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Legionow | 29.43 | 403 |
| 16. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | 29.96 | 382 |

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Konkurencja 18, Chłopców, 50m motylkowy, 14 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-----------------------|---------|------------------------------|--------------|------|
| 17. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 30.06 | 378 |
| 18. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 30.10 | 377 |
| 19. | WOJCIECHOWSKI Szymon | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 30.50 | 362 |
| 20. | KUREK Kacper | 05 | Foka Choszczno | 30.91 | 348 |
| 21. | WŁODARCZYK Bartłomiej | 05 | MKS Piast Głogów | 31.03 | 344 |
| 22. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 31.73 | 322 |
| 23. | HŁASKO Wojciech | 05 | Dwójka Morena Gda sk | 31.92 | 316 |
| 24. | SKOKOWSKI Maciej | 05 | MKS Piast Głogów | 33.35 | 277 |
| 25. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 33.39 | 276 |
| 26. | MOLGA Marcin | 05 | Dwójka Morena Gda sk | 33.59 | 271 |
| 27. | MAJAK Mateusz | 05 | Uks Cityzen | 34.02 | 261 |
| 28. | ZAWIEJA Stanisław | 05 | KS Poznania Pozna | 34.27 | 255 |
| 29. | TOMCZAK Michał | 05 | MUKS "Pi tnastka" | 35.73 | 225 |
| 30. | SEWŁO Mikołaj | 05 | KS Poznania Pozna | 36.19 | 217 |
| NW | BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz | | |

15 lat

| | | | | | |
|-----|------------------------|----|-------------------------------------|--------------|-----|
| 1. | TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 25.63 | 611 |
| 2. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 26.29 | 566 |
| 3. | TARASEWICZ Marcel | 04 | UKS G-8 Bielany Warszawa | 26.59 | 547 |
| 4. | GULI SKI Maciej | 04 | UKP „Polonia Warszawa" | 26.70 | 540 |
| 5. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 27.48 | 495 |
| 6. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 27.54 | 492 |
| 7. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 27.70 | 484 |
| 8. | GRZEGORZEWSKI Bartosz | 04 | MUKS Wodnik Łask | 27.74 | 482 |
| 9. | UROWICZ Antoni | 04 | MKP Szczecin | 27.76 | 480 |
| 10. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 27.90 | 473 |
| 11. | KAMI SKI Fabian | 04 | MKP Szczecin | 28.01 | 468 |
| 12. | DEPA Mateusz | 04 | KS Poznania Pozna | 28.25 | 456 |
| 13. | KUREK Alan | 04 | MKP Szczecin | 28.27 | 455 |
| 14. | LASKI Filip | 04 | St. KF KS „Fenix" O arów Mazowiecki | 28.30 | 453 |
| 15. | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 28.40 | 449 |
| 16. | MŁYNARCZYK Mateusz | 04 | MKS Jedyńka Łód | 29.14 | 415 |
| 17. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 30.32 | 369 |
| 18. | KURDELSKI Filip | 04 | Mokotowski UKP Warszawianka- Wodny | 30.35 | 368 |
| | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów" | 30.35 | 368 |
| 20. | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | 31.10 | 342 |

16 lat

| | | | | | |
|-----|--------------------|----|--|--------------|-----|
| 1. | WIEK Wiktor | 03 | UKS G-8 Bielany Warszawa | 24.88 | 668 |
| 2. | BIDOWANIEC Kacper | 03 | UPKS Wodnik Rawicz | 25.49 | 621 |
| 3. | OŁ D Stanisław | 03 | UKS G-8 Bielany Warszawa | 26.27 | 567 |
| 4. | KULS Jan | 03 | KP Delfin Inowrocław | 26.37 | 561 |
| 5. | SMOLI SKI Rafał | 03 | Uczniowski Klub Sportowy Delfin Legionow | 26.42 | 557 |
| 6. | BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 26.50 | 552 |
| 7. | WLAŻŁOWSKI Kamil | 03 | UKP „Polonia Warszawa" | 26.55 | 549 |
| 8. | NOSARZEWSKI Kornel | 03 | Mokotowski UKP Warszawianka- Wodny | 26.61 | 546 |
| 9. | SZMYT Krzysztof | 03 | UKS Fala Swarz dz | 26.81 | 533 |
| 10. | STEFA SKI Patryk | 03 | KS KSZO Ostrowiec w. | 26.91 | 528 |
| 11. | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 27.44 | 497 |
| 12. | G SIOROWSKI Michał | 03 | Mokotowski UKP Warszawianka- Wodny | 27.78 | 479 |
| 13. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 28.12 | 462 |
| 14. | RZ SA Jacek | 03 | UKS abianka Gda sk | 28.76 | 432 |
| 15. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wodny | 29.19 | 413 |
| 16. | SOKOŁOWSKI Fabian | 03 | UKP „Polonia Warszawa" | 29.55 | 398 |

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Konkurencja 18, Chłopców, 50m motylkowy, 16 lat

| Pozycja | Rok ur. | Czas | Pkt. |
|---|--|------|------|
| DYSKW. URYNIUK Paweł | 03 UKS G-8 Bielany Warszawa | | |
| <i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej a przed sygnałem startu.</i> | | | |
| NW KARDOLI SKI Łukasz | 03 Kaliski Klub Sportowy „Włókniarz” 1925 Kalisz | | |
| NW KUPCEWICZ Kajetan | 03 MKS SP 63 Bydgoszcz | | |

17 - 18 lat

| | | | |
|------------------------------|--|---------------|-----|
| 1. SAWICKI Oskar | 01 UKS G-8 Bielany Warszawa | 24.19 | 726 |
| 2. ORLICZ Filip | 02 UKS G-8 Bielany Warszawa | 24.22 | 724 |
| 3. JA KIEWICZ Adrian | 02 UKS G-8 Bielany Warszawa | 24.72 | 681 |
| 4. KRZYWNICKI Adrian | 01 MPKS Orka Ciechanów | 25.12 | 649 |
| 5. BIAŁECKI Jan | 02 Mokotowski UKP Warszawianka- Wodny | F25.13 | 648 |
| 6. KA MIERCZAK Bruno | 02 UKS GOS Raszyn | 25.19 | 643 |
| 7. KWIATEK Radosław | 02 St. Lok. SALOS Cortile Kielce | 25.20 | 642 |
| 8. WARZOCHA Albert | 01 Uks Cityzen | 25.32 | 633 |
| 9. STENSSON Erik | 02 SS VAERMAMO | 25.37 | 630 |
| 10. MALINOWSKI Bartosz | 01 MKS Neptun Stargard | 25.46 | 623 |
| 11. PARTYKA Damian | 01 AZS AWFIS Gda sk | 25.68 | 607 |
| 12. KRZYKAŁA Emil | 01 KP AVIA widnik | 25.76 | 601 |
| 13. WRÓBLEWSKI Kamil | 02 UKS G-8 Bielany Warszawa | 25.84 | 596 |
| 14. ŁANGOWSKI Maciej | 02 KS Posnania Pozna | 25.95 | 588 |
| 15. TŁOMAK Andrzej | 01 St. KF KS „Fenix” O arów Mazowiecki | 26.11 | 578 |
| 16. BOBORYK Wojciech | 02 KS Delfin Gdynia | 26.23 | 570 |
| 17. BLI NIEWSKI Franciszek | 02 MKS Trójka Łód | 26.34 | 563 |
| 18. TOMCZAK Tymoteusz | 02 KS Posnania Pozna | 26.35 | 562 |
| 19. CHOJNOWSKI Tomasz | 02 Mokotowski UKP Warszawianka- Wodny | F26.40 | 559 |
| 20. BIELAWA Dominik | 02 KS KSZO Ostrowiec w. | 26.43 | 557 |
| 21. KUSI SKI Aleksy | 02 MKS Jedynka Łód | 26.48 | 554 |
| 22. GREBER Artur | 01 UKS G-8 Bielany Warszawa | 26.50 | 552 |
| 23. LESZEGA Szymon | 01 KS Delfin Gdynia | 27.02 | 521 |
| 24. MALAK Mikołaj | 01 MKS SP 63 Bydgoszcz | 27.09 | 517 |
| LINDHOLM Christopher | 02 VSS VASBY | 27.09 | 517 |
| 26. WNUK Jakub | 01 KS Posnania Pozna | 27.11 | 516 |
| 27. JOHNSSON Marcus | 02 VSS VASBY | 27.20 | 511 |
| 28. SKÖLD Theodor | 01 VSS VASBY | 27.33 | 504 |
| 29. CIERKOSZ Filip | 02 MKP Astromal-Leszno | 27.36 | 502 |
| 30. NALE NIK Jakub | 01 MKP Szczecin | 27.42 | 499 |
| 31. GUMI SKI Igor | 02 Dwójka Morena Gda sk | 27.58 | 490 |
| 32. LEIFSEN Gustav | 02 VSS VASBY | 27.69 | 484 |
| 33. ZIMNIAK Szymon | 01 UKS Fala Swarz dz | 27.76 | 480 |
| 34. CHYRCHAŁA Rafał | 02 UKS „ORKA” Zamo | 27.81 | 478 |
| 35. BORZYMEK Hubert | 02 Mokotowski UKP Warszawianka- Wodny | F27.96 | 470 |
| 36. OSSOWSKI Damian | 02 MKS SP 63 Bydgoszcz | 28.02 | 467 |
| 37. BARSZCZEWSKI Maksymilian | 01 UKS G-8 Bielany Warszawa | 28.38 | 450 |
| 38. RAJCA Wiktor | 02 KS KSZO Ostrowiec w. | 28.55 | 442 |
| 39. DWYER Vincent John | 02 Mokotowski UKP Warszawianka- Wodny | F29.00 | 421 |
| 40. J DRZEJKIEWICZ Jan | 02 UKS „GIM 92 Ursynów” | 29.51 | 400 |
| 41. MEYER Bartosz | 02 KP Delfin Inowrocław | 30.86 | 350 |
| 42. HORBATY Klaudiusz | 02 UKS „GIM 92 Ursynów” | 30.90 | 348 |
| 43. MORDZONEK Mateusz | 01 Mokotowski UKP Warszawianka- Wodny | F31.25 | 337 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 19
2019-11-23 - 20:22

Kobiet, 200m grzbietowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|----------------------|-------|---------------------|------------|
| RP Open | 2:04.98 | TCHÓRZ Alicja | 00101 | Netanya (ISR) | 2015-12-04 |
| RP 19 - 23 | 2:04.98 | TCHÓRZ Alicja | 00101 | Netanya (ISR) | 2015-12-04 |
| RP 18 | 2:07.06 | TCHÓRZ Alicja | 00104 | Istambuł (TUR) | 2009-12-13 |
| RP 17 | 2:06.99 | HERASIMOWICZ Zuzanna | 00114 | Pozna | 2019-11-23 |
| RP 16 | 2:07.74 | NAZI BŁO Klaudia | 00101 | Gorzow Wielkopolski | 2009-11-29 |
| RP 15 | 2:09.98 | LEFANOWICZ Iwona | 01003 | Katowice | 2007-01-19 |
| RP 14 | 2:07.71 | BERNAT Laura | 01403 | Pozna | 2019-11-23 |

Punkty: FINA 2019

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---|------------------------|-------------------------------|-----------------|-----|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. | HERASIMOWICZ Zuzanna02 | AZS AWF Warszawa | 2:06.99 | 827 | 30.19 | 32.52 | 32.43 | 31.85 |
| <i>Czas lepszy od Rekordu Polski, Minimum Kwalifikacyjne Mistrzostw Europy Glasgow (Juniorki)</i> | | | | | | | | |
| 2. | BERNAT Laura | 05 KS OLIMPIA Lublin | 2:07.71 | 813 | 30.53 | 32.36 | 32.84 | 31.98 |
| <i>Czas lepszy od Rekordu Polski, Minimum Kwalifikacyjne Mistrzostw Europy Glasgow (Juniorki)</i> | | | | | | | | |
| 3. | NAZI BŁO Klaudia | 93 MKS Juwenia Wrocław | 2:08.97 | 790 | 30.10 | 33.41 | 32.84 | 32.62 |
| 4. | NASKR T Agata | 98 UKS G-8 Bielany Warszawa | 2:10.79 | 757 | 30.59 | 33.49 | 33.80 | 32.91 |
| 5. | RYDY SKA Marianna | 04 MUKS "Pi tnastka" | 2:14.13 | 702 | 31.34 | 33.78 | 34.59 | 34.42 |
| 6. | PALICKA Wiktoria | 05 TP Skalar Słupsk | 2:15.99 | 673 | 31.04 | 33.87 | 35.89 | 35.19 |
| 7. | WŁODARCZYK Ewelina | 96 WKS I sk Wrocław | 2:17.07 | 658 | 31.35 | 34.94 | 35.51 | 35.27 |
| 8. | WECKWERT Iga | 04 UKS abianka Gda sk | 2:18.87 | 632 | 31.84 | 35.41 | 35.85 | 35.77 |
| 9. | WOLSKA Karolina | 01 MUKS "Pi tnastka" | 2:19.80 | 620 | 32.84 | 35.06 | 36.21 | 35.69 |
| 10. | KUPIS Aleksandra | 02 MKP Szczecin | 2:19.83 | 619 | 33.53 | 35.24 | 36.30 | 34.76 |
| 11. | GAJDZI SKA Amelia | 02 MUKS "Pi tnastka" | 2:20.85 | 606 | 33.11 | 35.63 | 36.26 | 35.85 |
| 12. | ROSI SKA Karolina | 02 Grudzi dzki KP „Orka" | 2:20.91 | 605 | 31.82 | 35.64 | 36.86 | 36.59 |
| 13. | WIECZOREK Zuzanna | 05 SMS Zielona Góra | 2:20.92 | 605 | 32.95 | 35.80 | 36.17 | 36.00 |
| 14. | ANDERSSON Tova | 01 VSS VASBY | 2:21.28 | 601 | 32.38 | 35.49 | 36.81 | 36.60 |
| 15. | KRUZEROWSKA Zofia | 04 MKS Jedylna Łód | 2:21.35 | 600 | 33.83 | 35.41 | 36.37 | 35.74 |
| 16. | CIESIELSKA Inga | 05 MUKS "Pi tnastka" | 2:22.55 | 585 | 32.68 | 36.16 | 37.05 | 36.66 |
| 17. | GRZELCZYK Natalia | 02 Kaliski Klub Sportowy „Włó | 2:23.161 | 577 | 32.44 | 36.04 | 37.57 | 37.11 |
| 18. | SIOMA Zuzanna | 04 UKS „ORKA" Zamo | 2:23.19 | 577 | 32.80 | 36.41 | 37.95 | 36.03 |
| 19. | KOZŁOWSKA Maja | 04 SMS Zielona Góra | 2:23.35 | 575 | 33.94 | 36.41 | 37.06 | 35.94 |
| 20. | KOZI SKA Anna | 03 UKS „GIM 92 Ursynów" | 2:23.37 | 575 | 32.63 | 36.08 | 37.60 | 37.06 |
| 21. | MALEC Klaudia | 04 UKS „ORKA" Zamo | 2:23.39 | 574 | 32.50 | 36.16 | 38.13 | 36.60 |
| 22. | KANTECKA Julia | 03 Kaliski Klub Sportowy „Włó | 2:24.191 | 565 | 33.21 | 36.17 | 37.09 | 37.72 |
| 23. | ZIEMACKA Julia | 03 UKS G-8 Bielany Warszawa | 2:25.15 | 554 | 33.32 | 36.51 | 37.75 | 37.57 |
| 24. | MRO EWSKA Anna | 03 UKP „Polonia Warszawa" | 2:25.89 | 545 | 31.97 | 37.15 | 37.78 | 38.99 |
| 25. | STE Oliwia | 04 KS KSZO Ostrowiec w. | 2:26.07 | 543 | 32.78 | 36.60 | 38.07 | 38.62 |
| 26. | MO D AN Milena | 03 MKP Szczecin | 2:26.25 | 541 | 34.70 | 37.22 | 37.61 | 36.72 |
| 27. | MACIOŁA Maja | 03 UKP „Polonia Warszawa" | 2:26.56 | 538 | 34.16 | 37.93 | 38.75 | 35.72 |
| 28. | GRZEBIELUCH Maja | 05 MKS Jedylna Łód | 2:27.51 | 528 | 34.31 | 37.82 | 38.37 | 37.01 |
| 29. | MOLENDNA Dominika | 03 UKS abianka Gda sk | 2:27.68 | 526 | 33.17 | 37.17 | 38.76 | 38.58 |
| 30. | DZIADEK Amelia | 05 UKS Manta Warszawa Włoc | 2:27.71 | 525 | 33.71 | 38.18 | 38.06 | 37.76 |
| 31. | TOMASIK Otylia | 04 MUKS "Pi tnastka" | 2:28.06 | 522 | 34.10 | 37.14 | 37.87 | 38.95 |
| 32. | EKLUND Cornelia | 00 VSS VASBY | 2:28.10 | 521 | 33.78 | 37.48 | 38.32 | 38.52 |
| 33. | RONKIEWICZ Dominika | 05 MUKS "Pi tnastka" | 2:28.87 | 513 | 34.37 | 37.57 | 38.34 | 38.59 |
| 34. | MARSZAŁEK Magdalena | 01 MKP Szczecin | 2:29.80 | 504 | 35.24 | 38.00 | 38.85 | 37.71 |
| 35. | CYGAN Julia | 04 MKS „Astoria" Bydgoszcz | 2:29.93 | 502 | 35.12 | 38.12 | 38.93 | 37.76 |
| 36. | WRONA Magdalena | 04 MKS Jedylna Łód | 2:30.00 | 502 | 34.60 | 37.95 | 39.59 | 37.86 |
| 37. | SŁOMI SKA Anna | 05 AZS AWF Warszawa | 2:30.69 | 495 | 35.75 | 38.33 | 39.43 | 37.18 |
| 38. | KLECZEK Maria | 05 UKS „GIM 92 Ursynów" | 2:30.89 | 493 | 34.88 | 38.35 | 39.58 | 38.08 |
| 39. | STANECKA Hanna | 04 Starachowski Klub Pływack | 2:31.13 | 491 | 34.59 | 38.21 | 39.74 | 38.59 |
| 40. | RUTKOWSKA Wiktoria | 99 MUKS "Pi tnastka" | 2:31.45 | 487 | 36.55 | 38.30 | 38.57 | 38.03 |
| 41. | URBA SKA Patrycja | 05 MKS Jedylna Łód | 2:31.52 | 487 | 35.66 | 38.73 | 38.92 | 38.21 |
| 42. | BIDNIK Wiktoria | 04 UKS „GIM 92 Ursynów" | 2:31.77 | 484 | 34.26 | 38.21 | 39.73 | 39.57 |
| 43. | KRYWIEL Karolina | 03 MKP Szczecin | 2:32.48 | 478 | 35.67 | 38.57 | 39.31 | 38.93 |
| 44. | GIZA Olga | 04 UKS abianka Gda sk | 2:33.09 | 472 | 37.15 | 38.97 | 39.06 | 37.91 |
| 45. | WRÓBEL Karolina | 05 MKS Piaseczno | 2:33.43 | 469 | 36.89 | 39.45 | 39.08 | 38.01 |
| 46. | EMOJTEL Zuzanna | 03 AZS AWFis Gda sk | 2:35.51 | 450 | 34.94 | 38.54 | 41.43 | 40.60 |
| 47. | HODUR Paulina | 04 MKS Polonia Warszawa | 2:35.68 | 449 | 36.16 | 39.15 | 40.71 | 39.66 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 19, Kobiet, 200m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m |
|-------------------------|---------|--------------------------|--------------------|-------|-------|-------|-------|
| 48. KOŁAKOWSKA Weronika | 05 | UKS G-8 Bielany Warszawa | 2:36.29 443 | 37.17 | 39.59 | 40.13 | 39.40 |
| 49. TRZASKA Alicja | 05 | Uczniowski Klub Sportowy | 2:38.52 425 | 37.00 | 40.07 | 41.10 | 40.35 |
| 50. PILARSKA Natalia | 03 | KS Warta Pozna | 2:39.64 416 | 36.75 | 40.89 | 42.59 | 39.41 |
| 51. SVENSSON Lovisa | 02 | SS VAERMAMO | 2:41.93 399 | 36.78 | 41.45 | 42.08 | 41.62 |
| 52. JARZY SKA Gabriela | 05 | MUKS Wodnik Łask | 2:46.13 369 | 37.40 | 42.92 | 44.54 | 41.27 |
| 53. WASZKIEWICZ Alicja | 05 | KP Delfin Inowrocław | 2:49.60 347 | 39.34 | 42.57 | 44.16 | 43.53 |
| NW FRYSIAK Zuzanna | 03 | MUKS "Pi tnastka" | | | | | |

14 lat

| | | | | | | | |
|---|----|--------------------------|--------------------|-------|-------|-------|-------|
| 1. BERNAT Laura | 05 | KS OLIMPIA Lublin | 2:07.71 813 | 30.53 | 32.36 | 32.84 | 31.98 |
| <i>Czas lepszy od Rekordu Polski, Minimum Kwalifikacyjne Mistrzostw Europy Glasgow (Juniorki)</i> | | | | | | | |
| 2. PALICKA Wiktoria | 05 | TP Skalar Słupsk | 2:15.99 673 | 31.04 | 33.87 | 35.89 | 35.19 |
| 3. WIECZOREK Zuzanna | 05 | SMS Zielona Góra | 2:20.92 605 | 32.95 | 35.80 | 36.17 | 36.00 |
| 4. CIESIELSKA Inga | 05 | MUKS "Pi tnastka" | 2:22.55 585 | 32.68 | 36.16 | 37.05 | 36.66 |
| 5. GRZEBIELUCH Maja | 05 | MKS Jedylnka Łód | 2:27.51 528 | 34.31 | 37.82 | 38.37 | 37.01 |
| 6. DZIADEK Amelia | 05 | UKS Manta Warszawa Włoc | 2:27.71 525 | 33.71 | 38.18 | 38.06 | 37.76 |
| 7. RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 2:28.87 513 | 34.37 | 37.57 | 38.34 | 38.59 |
| 8. SŁOMI SKA Anna | 05 | AZS AWF Warszawa | 2:30.69 495 | 35.75 | 38.33 | 39.43 | 37.18 |
| 9. KLECZEK Maria | 05 | UKS „GIM 92 Ursynów" | 2:30.89 493 | 34.88 | 38.35 | 39.58 | 38.08 |
| 10. URBA SKA Patrycja | 05 | MKS Jedylnka Łód | 2:31.52 487 | 35.66 | 38.73 | 38.92 | 38.21 |
| 11. WRÓBEL Karolina | 05 | MKS Piaseczno | 2:33.43 469 | 36.89 | 39.45 | 39.08 | 38.01 |
| 12. KOŁAKOWSKA Weronika | 05 | UKS G-8 Bielany Warszawa | 2:36.29 443 | 37.17 | 39.59 | 40.13 | 39.40 |
| 13. TRZASKA Alicja | 05 | Uczniowski Klub Sportowy | 2:38.52 425 | 37.00 | 40.07 | 41.10 | 40.35 |
| 14. JARZY SKA Gabriela | 05 | MUKS Wodnik Łask | 2:46.13 369 | 37.40 | 42.92 | 44.54 | 41.27 |
| 15. WASZKIEWICZ Alicja | 05 | KP Delfin Inowrocław | 2:49.60 347 | 39.34 | 42.57 | 44.16 | 43.53 |

15 lat

| | | | | | | | |
|----------------------|----|----------------------------|--------------------|-------|-------|-------|-------|
| 1. RYDY SKA Marianna | 04 | MUKS "Pi tnastka" | 2:14.13 702 | 31.34 | 33.78 | 34.59 | 34.42 |
| 2. WECKWERT Iga | 04 | UKS abianka Gda sk | 2:18.87 632 | 31.84 | 35.41 | 35.85 | 35.77 |
| 3. KRUZEROWSKA Zofia | 04 | MKS Jedylnka Łód | 2:21.35 600 | 33.83 | 35.41 | 36.37 | 35.74 |
| 4. SIOMA Zuzanna | 04 | UKS „ORKA" Zamo | 2:23.19 577 | 32.80 | 36.41 | 37.95 | 36.03 |
| 5. KOZŁOWSKA Maja | 04 | SMS Zielona Góra | 2:23.35 575 | 33.94 | 36.41 | 37.06 | 35.94 |
| 6. MALEC Klaudia | 04 | UKS „ORKA" Zamo | 2:23.39 574 | 32.50 | 36.16 | 38.13 | 36.60 |
| 7. STE Oliwia | 04 | KS KSZO Ostrowiec w. | 2:26.07 543 | 32.78 | 36.60 | 38.07 | 38.62 |
| 8. TOMASIK Otylia | 04 | MUKS "Pi tnastka" | 2:28.06 522 | 34.10 | 37.14 | 37.87 | 38.95 |
| 9. CYGAN Julia | 04 | MKS „Astoria" Bydgoszcz | 2:29.93 502 | 35.12 | 38.12 | 38.93 | 37.76 |
| 10. WRONA Magdalena | 04 | MKS Jedylnka Łód | 2:30.00 502 | 34.60 | 37.95 | 39.59 | 37.86 |
| 11. STANECKA Hanna | 04 | Starachowicki Klub Pływack | 2:31.13 491 | 34.59 | 38.21 | 39.74 | 38.59 |
| 12. BIDNIK Wiktoria | 04 | UKS „GIM 92 Ursynów" | 2:31.77 484 | 34.26 | 38.21 | 39.73 | 39.57 |
| 13. GIZA Olga | 04 | UKS abianka Gda sk | 2:33.09 472 | 37.15 | 38.97 | 39.06 | 37.91 |
| 14. HODUR Paulina | 04 | MKS Polonia Warszawa | 2:35.68 449 | 36.16 | 39.15 | 40.71 | 39.66 |

16 lat

| | | | | | | | |
|----------------------|----|----------------------------|--------------------|-------|-------|-------|-------|
| 1. KOZI SKA Anna | 03 | UKS „GIM 92 Ursynów" | 2:23.37 575 | 32.63 | 36.08 | 37.60 | 37.06 |
| 2. KANTECKA Julia | 03 | Kaliski Klub Sportowy „Włó | 2:24.19 565 | 33.21 | 36.17 | 37.09 | 37.72 |
| 3. ZIEMACKA Julia | 03 | UKS G-8 Bielany Warszawa | 2:25.15 554 | 33.32 | 36.51 | 37.75 | 37.57 |
| 4. MRO EWSKA Anna | 03 | UKP „Polonia Warszawa" | 2:25.89 545 | 31.97 | 37.15 | 37.78 | 38.99 |
| 5. MO D AN Milena | 03 | MKP Szczecin | 2:26.25 541 | 34.70 | 37.22 | 37.61 | 36.72 |
| 6. MACIOŁA Maja | 03 | UKP „Polonia Warszawa" | 2:26.56 538 | 34.16 | 37.93 | 38.75 | 35.72 |
| 7. MOLEND A Dominika | 03 | UKS abianka Gda sk | 2:27.68 526 | 33.17 | 37.17 | 38.76 | 38.58 |
| 8. KRYWIEL Karolina | 03 | MKP Szczecin | 2:32.48 478 | 35.67 | 38.57 | 39.31 | 38.93 |
| 9. EMOJTEL Zuzanna | 03 | AZS AWFIS Gda sk | 2:35.51 450 | 34.94 | 38.54 | 41.43 | 40.60 |
| 10. PILARSKA Natalia | 03 | KS Warta Pozna | 2:39.64 416 | 36.75 | 40.89 | 42.59 | 39.41 |
| NW FRYSIAK Zuzanna | 03 | MUKS "Pi tnastka" | | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Poznań, 23- - 24-11-2019

Konkurencja 19, Kobiety, 200m grzbietowy

17 - 18 lat

| | | | | | | | | | |
|----|---|------------------|----------------------------|----------------|-------|-------|-------|-------|-------|
| 1. | HERASIMOWICZ Zuzanna02 | AZS AWF Warszawa | 2:06.99 | 827 | 30.19 | 32.52 | 32.43 | 31.85 | |
| | <i>Czas lepszy od Rekordu Polski, Minimum Kwalifikacyjne Mistrzostw Europy Glasgow (Juniorki)</i> | | | | | | | | |
| 2. | WOLSKA Karolina | 01 | MUKS "Piłnastka" | 2:19.80 | 620 | 32.84 | 35.06 | 36.21 | 35.69 |
| 3. | KUPIS Aleksandra | 02 | MKP Szczecin | 2:19.83 | 619 | 33.53 | 35.24 | 36.30 | 34.76 |
| 4. | GAJDZIŁSKA Amelia | 02 | MUKS "Piłnastka" | 2:20.85 | 606 | 33.11 | 35.63 | 36.26 | 35.85 |
| 5. | ROSIŁSKA Karolina | 02 | Grudziłdzki KP „Orka" | 2:20.91 | 605 | 31.82 | 35.64 | 36.86 | 36.59 |
| 6. | ANDERSSON Tova | 01 | VSS VASBY | 2:21.28 | 601 | 32.38 | 35.49 | 36.81 | 36.60 |
| 7. | GRZELCZYK Natalia | 02 | Kaliski Klub Sportowy „Włó | 2:23.16 | 577 | 32.44 | 36.04 | 37.57 | 37.11 |
| 8. | MARSZAŁEK Magdalena | 01 | MKP Szczecin | 2:29.80 | 504 | 35.24 | 38.00 | 38.85 | 37.71 |
| 9. | SVENSSON Lovisa | 02 | SS VAERMAMO | 2:41.93 | 399 | 36.78 | 41.45 | 42.08 | 41.62 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 20
2019-11-23 - 20:28

M czyzn, 200m grzbietowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|---------------------|-------|---------------------|------------|
| RP Open | 1:47.38 | KAW CKI Radosław | 00304 | Doha (QAT) | 2014-12-07 |
| RP 19 - 23 | 1:47.38 | KAW CKI Radosław | 00304 | Doha (QAT) | 2014-12-07 |
| RP 18 | 1:48.73 | KAW CKI Radosław | 00304 | Warsaw | 2009-12-18 |
| RP 17 | 1:51.76 | STOKOWSKI Kacper | 05114 | Olsztyn | 2016-12-15 |
| RP 16 | 1:55.56 | WYSOCZY SKI Mateusz | 00106 | Gorzow Wielkopolski | 2009-11-26 |
| RP 15 | 1:56.99 | KOSI SKI Filip | 00109 | Pozna | 2019-11-23 |
| RP 14 | 1:59.53 | KOSI SKI Filip | 00109 | Olsztyn | 2018-12-14 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | | |
|--------------------------------------|---------|------------------------|------|------------------------------|----------------|---------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | | |
| 1. | | KAW CKI Radosław | 91 | AZS AWF Warszawa | 1:52.85 | 820 | 27.04 | 28.59 | 27.56 | 29.66 |
| 2. | | MŁYNARCZYK Karol | 00 | UKS G-8 Bielany Warszawa | 1:54.57 | 783 | 28.17 | 29.84 | 28.29 | 28.27 |
| 3. | | SKIERKA Jakub | 98 | SMS Zielona Góra | 1:56.52 | 745 | 27.51 | 30.01 | 29.68 | 29.32 |
| 4. | | MALEC Mikołaj | 01 | MKS Trójka Łód | 1:56.75 | 740 | 27.84 | 29.87 | 29.88 | 29.16 |
| 5. | | KOSI SKI Filip | 04 | Mi dzyszkolny UKS „Olimpia | 1:56.99 | 736ki | 27.69 | 29.69 | 29.59 | 30.02 |
| <i>Czas lepszy od Rekordu Polski</i> | | | | | | | | | | |
| 6. | | SIENKIEWICZ Aleksander | 03 | SMS Zielona Góra | 1:59.59 | 689 | 28.23 | 30.46 | 30.61 | 30.29 |
| 7. | | MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 2:01.72 | 653 | 28.23 | 31.32 | 32.19 | 29.98 |
| 8. | | K DZIA Wiktor | 00 | MKP Szczecin | 2:02.30 | 644 | 28.19 | 31.08 | 31.62 | 31.41 |
| 9. | | UNGEHEUER Mateusz | 96 | KU AZS AGH Kraków | 2:02.95 | 634 | 28.53 | 31.46 | 31.75 | 31.21 |
| 10. | | BALCERAK Jakub | 00 | MKS Trójka Łód | 2:03.17 | 630 | 28.30 | 30.83 | 31.76 | 32.28 |
| 11. | | BRYŁA Kamil | 99 | KU AZS UMCS Lublin | 2:04.05 | 617 | 28.98 | 31.40 | 31.91 | 31.76 |
| 12. | | BIERO SKI Michał | 99 | WKS I sk Wrocław | 2:04.16 | 615 | 28.93 | 31.54 | 31.97 | 31.72 |
| 13. | | ZUBIK Jan | 03 | UKP „Polonia Warszawa” | 2:04.81 | 606 | 29.22 | 32.37 | 31.47 | 31.75 |
| 14. | | KOWALEWSKI Paweł | 03 | MKS Juwenia Białystok | 2:05.17 | 600 | 28.48 | 31.32 | 32.51 | 32.86 |
| 15. | | OLLER Krzysztof | 00 | KU AZS UMCS Lublin | 2:05.78 | 592 | 29.73 | 31.76 | 32.37 | 31.92 |
| 16. | | KOWALSKI Mateusz | 05 | UKS abianka Gda sk | 2:07.04 | 574 | 29.57 | 31.95 | 32.92 | 32.60 |
| 17. | | BOROWSKI Jakub | 02 | St. Lok. SALOS Cortile Kielc | 2:07.30 | 571 | 30.03 | 32.72 | 32.70 | 31.85 |
| 18. | | KOWALCZYK Piotr | 03 | UKP „Polonia Warszawa” | 2:07.76 | 565 | 28.54 | 33.25 | 33.44 | 32.53 |
| 19. | | GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 2:07.95 | 562 | 29.69 | 32.35 | 32.70 | 33.21 |
| 20. | | BALICKI Michał | 00 | WKS I sk Wrocław | 2:08.37 | 557 | 28.85 | 32.97 | 34.08 | 32.47 |
| 21. | | EGLE Miłosz | 04 | UKS Siódemka Gdynia | 2:09.22 | 546 | 30.35 | 32.41 | 33.33 | 33.13 |
| 22. | | ANTCZAK Bartosz | 03 | UKP „Polonia Warszawa” | 2:09.39 | 544 | 30.09 | 32.41 | 33.51 | 33.38 |
| 23. | | TURAŁA Adrian | 03 | MKS Neptun Stargard | 2:09.74 | 539 | 30.23 | 33.68 | 34.12 | 31.71 |
| 24. | | BRANDT Simon | 00 | VSS VASBY | 2:09.86 | 538 | 30.03 | 32.44 | 33.52 | 33.87 |
| 25. | | GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 2:10.05 | 535 | 29.68 | 32.19 | 33.73 | 34.45 |
| 26. | | SZCZEPA SKI Kacper | 99 | MKS „Astoria” Bydgoszcz | 2:10.31 | 532 | 29.84 | 32.30 | 33.89 | 34.28 |
| 27. | | RZ SA Jacek | 03 | UKS abianka Gda sk | 2:10.52 | 530 | 30.48 | 33.15 | 33.91 | 32.98 |
| 28. | | KOWALSKI Daniel | 03 | SMS Zielona Góra | 2:11.04 | 523 | 30.94 | 32.44 | 33.72 | 33.94 |
| 29. | | KRÓL Jan | 02 | KS KSZO Ostrowiec w. | 2:11.06 | 523 | 29.23 | 33.27 | 34.40 | 34.16 |
| 30. | | LEIFSEN Gustav | 02 | VSS VASBY | 2:11.22 | 521 | 30.35 | 33.31 | 33.86 | 33.70 |
| 31. | | MALICKI Dawid | 02 | KS Rekiny Osielesko | 2:11.28 | 520 | 30.23 | 33.25 | 34.03 | 33.77 |
| 32. | | SETLAK Marcel | 05 | UKS abianka Gda sk | 2:11.53 | 517 | 31.23 | 33.42 | 33.56 | 33.32 |
| 33. | | WOJNOWSKI Damian | 03 | MKP Szczecin | 2:12.03 | 512 | 29.78 | 33.75 | 34.85 | 33.65 |
| 34. | | POGODA Krzysztof | 05 | MKS Jedynka Łód | 2:12.04 | 511 | 31.50 | 33.27 | 33.84 | 33.43 |
| 35. | | KOSTANOWICZ Artur | 98 | Mokotowski UKP Warszawi | 2:12.13 | 510 | 29.47 | 33.25 | 34.76 | 34.65 |
| 36. | | KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 2:12.16 | 510 | 30.68 | 33.77 | 33.71 | 34.00 |
| 37. | | GUZY Marcel | 01 | DOKiS SP Vega Dobrodzie | 2:12.29 | 509 | 31.58 | 34.03 | 33.64 | 33.04 |
| 38. | | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 2:12.41 | 507 | 30.66 | 34.23 | 34.35 | 33.17 |
| 39. | | TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów” | 2:13.10 | 499 | 29.98 | 34.35 | 34.66 | 34.11 |
| 40. | | PLAGA Dawid | 05 | TP Skalar Słupsk | 2:13.78 | 492 | 31.07 | 33.78 | 34.69 | 34.24 |
| 41. | | MATYSIAK Kacper | 03 | KS Warta Pozna | 2:14.11 | 488 | 31.67 | 34.21 | 34.64 | 33.59 |
| 42. | | BLI NIEWSKI Franciszek | 02 | MKS Trójka Łód | 2:14.32 | 486 | 30.75 | 34.43 | 34.88 | 34.26 |
| 43. | | GU CIORA Maciej | 03 | MKP Szczecin | 2:17.55 | 452 | 31.57 | 35.14 | 36.19 | 34.65 |
| 44. | | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 2:17.58 | 452 | 32.03 | 35.30 | 35.48 | 34.77 |
| 45. | | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 2:17.73 | 451 | 30.79 | 34.37 | 36.33 | 36.24 |
| 46. | | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów | 2:18.48 | 443 | 32.16 | 35.26 | 36.24 | 34.82 |
| 47. | | ZABAGŁO Filip | 05 | Uczniowski Klub Sportowy | 2:19.57 | 433iowo | 32.93 | 35.53 | 36.92 | 34.19 |
| 48. | | BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 2:19.65 | 432 | 32.57 | 35.79 | 35.62 | 35.67 |
| 49. | | GÓRAL Piotr | 05 | UKS „Dwójka” Tczew | 2:21.47 | 416 | 33.47 | 36.19 | 36.45 | 35.36 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 20, M czynn, 200m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m |
|-----------------------|---------|-------------------------|--------------------|-------|-------|-------|-------|
| 50. LE NIEWSKI Patryk | 03 | UKS Pi tka Konstantinów | 2:22.40 408 | 32.31 | 37.15 | 37.29 | 35.65 |
| 51. HEIDUK Kacper | 05 | MKS Piast Głogów | 2:23.06 402 | 32.34 | 36.42 | 38.00 | 36.30 |
| 52. STRZELECKI Wiktor | 04 | MKS „Astoria” Bydgoszcz | 2:23.23 401 | 32.82 | 37.24 | 37.12 | 36.05 |
| 53. MAGRYTA Mateusz | 05 | UKS Siódemka Gdynia | 2:25.16 385 | 32.76 | 36.33 | 38.50 | 37.57 |
| 54. WOJTYNIAK Marcel | 05 | KS Poznania Pozna | 2:26.62 373 | 33.50 | 36.49 | 38.39 | 38.24 |
| 55. AHLSTRÖM Ludvig | 02 | VSS VASBY | 2:28.53 359 | 33.67 | 37.34 | 39.49 | 38.03 |
| DYSKW. MICIUL Michał | 00 | SMS Zielona Góra | | | | | |

O3 - Pływak podci gał si na linie torowej (dodatkowy ruch nap dowy).

14 lat

| | | | | | | | |
|--------------------------|----|--------------------------|------------------------|-------|-------|-------|-------|
| 1. KOWALSKI Mateusz | 05 | UKS abianka Gda sk | 2:07.04 574 | 29.57 | 31.95 | 32.92 | 32.60 |
| 2. SETLAK Marcel | 05 | UKS abianka Gda sk | 2:11.53 517 | 31.23 | 33.42 | 33.56 | 33.32 |
| 3. POGODA Krzysztof | 05 | MKS Jedynka Łód | 2:12.04 511 | 31.50 | 33.27 | 33.84 | 33.43 |
| 4. KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 2:12.16 510 | 30.68 | 33.77 | 33.71 | 34.00 |
| 5. TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów” | 2:13.10 499 | 29.98 | 34.35 | 34.66 | 34.11 |
| 6. PLAGA Dawid | 05 | TP Skalar Słupsk | 2:13.78 492 | 31.07 | 33.78 | 34.69 | 34.24 |
| 7. PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 2:17.58 452 | 32.03 | 35.30 | 35.48 | 34.77 |
| 8. SOBIESZEK Franciszek | 05 | MKS Piaseczno | 2:17.73 451 | 30.79 | 34.37 | 36.33 | 36.24 |
| 9. JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów | 2:18.48 443 | 32.16 | 35.26 | 36.24 | 34.82 |
| 10. ZABAGŁO Filip | 05 | Uczniowski Klub Sportowy | 2:19.57 433iowo | 32.93 | 35.53 | 36.92 | 34.19 |
| 11. BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 2:19.65 432 | 32.57 | 35.79 | 35.62 | 35.67 |
| 12. GÓRAL Piotr | 05 | UKS „Dwójka” Tczew | 2:21.47 416 | 33.47 | 36.19 | 36.45 | 35.36 |
| 13. HEIDUK Kacper | 05 | MKS Piast Głogów | 2:23.06 402 | 32.34 | 36.42 | 38.00 | 36.30 |
| 14. MAGRYTA Mateusz | 05 | UKS Siódemka Gdynia | 2:25.16 385 | 32.76 | 36.33 | 38.50 | 37.57 |
| 15. WOJTYNIAK Marcel | 05 | KS Poznania Pozna | 2:26.62 373 | 33.50 | 36.49 | 38.39 | 38.24 |

15 lat

| | | | | | | | |
|--------------------------------------|----|---------------------------|----------------------|-------|-------|-------|-------|
| 1. KOSI SKI Filip | 04 | Mi dzyszkolny UKS „Olimpi | 1:56.99 736ki | 27.69 | 29.69 | 29.59 | 30.02 |
| <i>Czas lepszy od Rekordu Polski</i> | | | | | | | |
| 2. MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 2:01.72 653 | 28.23 | 31.32 | 32.19 | 29.98 |
| 3. EGLE Miłosz | 04 | UKS Siódemka Gdynia | 2:09.22 546 | 30.35 | 32.41 | 33.33 | 33.13 |
| 4. J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 2:12.41 507 | 30.66 | 34.23 | 34.35 | 33.17 |
| 5. STRZELECKI Wiktor | 04 | MKS „Astoria” Bydgoszcz | 2:23.23 401 | 32.82 | 37.24 | 37.12 | 36.05 |

16 lat

| | | | | | | | |
|---------------------------|----|-------------------------|--------------------|-------|-------|-------|-------|
| 1. SIENKIEWICZ Aleksander | 03 | SMS Zielona Góra | 1:59.59 689 | 28.23 | 30.46 | 30.61 | 30.29 |
| 2. ZUBIK Jan | 03 | UKP „Polonia Warszawa” | 2:04.81 606 | 29.22 | 32.37 | 31.47 | 31.75 |
| 3. KOWALEWSKI Paweł | 03 | MKS Juwenia Białystok | 2:05.17 600 | 28.48 | 31.32 | 32.51 | 32.86 |
| 4. KOWALCZYK Piotr | 03 | UKP „Polonia Warszawa” | 2:07.76 565 | 28.54 | 33.25 | 33.44 | 32.53 |
| 5. ANTCZAK Bartosz | 03 | UKP „Polonia Warszawa” | 2:09.39 544 | 30.09 | 32.41 | 33.51 | 33.38 |
| 6. TURAŁA Adrian | 03 | MKS Neptun Stargard | 2:09.74 539 | 30.23 | 33.68 | 34.12 | 31.71 |
| 7. RZ SA Jacek | 03 | UKS abianka Gda sk | 2:10.52 530 | 30.48 | 33.15 | 33.91 | 32.98 |
| 8. KOWALSKI Daniel | 03 | SMS Zielona Góra | 2:11.04 523 | 30.94 | 32.44 | 33.72 | 33.94 |
| 9. WOJNOWSKI Damian | 03 | MKP Szczecin | 2:12.03 512 | 29.78 | 33.75 | 34.85 | 33.65 |
| 10. MATYSIAK Kacper | 03 | KS Warta Pozna | 2:14.11 488 | 31.67 | 34.21 | 34.64 | 33.59 |
| 11. GU CIORA Maciej | 03 | MKP Szczecin | 2:17.55 452 | 31.57 | 35.14 | 36.19 | 34.65 |
| 12. LE NIEWSKI Patryk | 03 | UKS Pi tka Konstantinów | 2:22.40 408 | 32.31 | 37.15 | 37.29 | 35.65 |

17 - 18 lat

| | | | | | | | |
|---------------------|----|------------------------------|--------------------|-------|-------|-------|-------|
| 1. MALEC Mikołaj | 01 | MKS Trójka Łód | 1:56.75 740 | 27.84 | 29.87 | 29.88 | 29.16 |
| 2. BOROWSKI Jakub | 02 | St. Lok. SALOS Cortile Kielc | 2:07.30 571 | 30.03 | 32.72 | 32.70 | 31.85 |
| 3. GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 2:07.95 562 | 29.69 | 32.35 | 32.70 | 33.21 |
| 4. GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 2:10.05 535 | 29.68 | 32.19 | 33.73 | 34.45 |
| 5. KRÓL Jan | 02 | KS KSZO Ostrowiec w. | 2:11.06 523 | 29.23 | 33.27 | 34.40 | 34.16 |
| 6. LEIFSEN Gustav | 02 | VSS VASBY | 2:11.22 521 | 30.35 | 33.31 | 33.86 | 33.70 |
| 7. MALICKI Dawid | 02 | KS Rekiny Osielsko | 2:11.28 520 | 30.23 | 33.25 | 34.03 | 33.77 |
| 8. GUZY Marcel | 01 | DOKiS SP Vega Dobrodzie | 2:12.29 509 | 31.58 | 34.03 | 33.64 | 33.04 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 20, Chłopców, 200m grzbietowy, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|---------|------------------------|----|----------------|----------------|-----|-------|-------|-------|-------|
| 9. | BLI NIEWSKI Franciszek | 02 | MKS Trójka Łód | 2:14.32 | 486 | 30.75 | 34.43 | 34.88 | 34.26 |
| 10. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 2:28.53 | 359 | 33.67 | 37.34 | 39.49 | 38.03 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 21
2019-11-23 - 20:30

Kobiet, 100m zmienny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|----------------------|-------|--------------|------------|
| RP Open | 58.41 | URBANCZYK Aleksandra | 02305 | Lublin | 2015-12-19 |
| RP 19 - 23 | 59.29 | URBANCZYK Aleksandra | | Gorzów Wlkp | 2015-12-19 |
| RP 18 | 1:00.75 | URBANCZYK Aleksandra | | Wiede (AUT) | 2004-12-11 |
| RP 17 | 1:00.75 | URBANCZYK Aleksandra | POL | Vienna (AUT) | 2004-12-11 |
| RP 16 | 1:01.82 | KNOP Aleksandra | 01605 | Lublin | 2018-11-20 |
| RP 15 | 1:01.82 | KNOP Aleksandra | 01605 | Lublin | 2018-12-20 |
| RP 14 | 1:02.16 | KNOP Aleksandra | 01605 | Łód | 2017-12-20 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|--|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 92 | TCHÓRZ Alicja <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow</i> | 59.51 | 856 | 26.86 | 32.65 |
| 2. | 01 | PARADOWSKA Kinga MUKS "Pi tnastka" | 1:03.14 | 716 | 29.70 | 33.44 |
| 3. | 00 | IWANOWSKA Alexandra MKS Juvenia Wrocław | 1:03.70 | 698 | 30.45 | 33.25 |
| 4. | 03 | HERBREDEK Gabriela UKS „GIM 92 Ursynów" | 1:04.66 | 667 | 30.08 | 34.58 |
| 5. | 04 | GU Wiktoria UKS „Delfin" Piotrków Trybunalski | 1:04.69 | 666 | 30.21 | 34.48 |
| 6. | 03 | PIOTROWSKA Wiktoria AZS AWF Warszawa | 1:05.48 | 642 | 29.31 | 36.17 |
| 7. | 04 | SIENKIEWICZ Martyna MUKS "Pi tnastka" | 1:05.52 | 641 | 30.60 | 34.92 |
| 8. | 04 | RYDY SKA Marianna MUKS "Pi tnastka" | 1:05.59 | 639 | 30.08 | 35.51 |
| 9. | 00 | ROGOWSKA Katarzyna MKP Szczecin | 1:06.06 | 625 | 31.31 | 34.75 |
| 10. | 99 | GUS Julia MUKS "Pi tnastka" | 1:06.24 | 620 | 30.32 | 35.92 |
| 11. | 05 | BERNAT Laura KS OLIMPIA Lublin | 1:06.36 | 617 | 29.68 | 36.68 |
| 12. | 03 | GRO Weronika MKS „Astoria" Bydgoszcz | 1:06.49 | 613 | 30.66 | 35.83 |
| 13. | 02 | ROSI SKA Karolina Grudzi dzki KP „Orka" | 1:06.60 | 610 | 30.83 | 35.77 |
| 14. | 04 | HERMANOWSKA Natalia MUKS "Pi tnastka" | 1:06.85 | 604 | 32.25 | 34.60 |
| 15. | 05 | JASTRZ BEK Nadia UKS Siódemka Gdynia | 1:06.90 | 602 | 31.30 | 35.60 |
| 16. | 01 | W GRZYNOWSKA Aleksandra WKS I sk Wrocław | 1:07.04 | 598 | 30.70 | 36.34 |
| 17. | 98 | ROGOWSKA Paulina St. Lok. SALOS Cortile Kielce | 1:07.05 | 598 | 30.41 | 36.64 |
| 18. | 03 | RUSSEK Agata UKS G-8 Bielany Warszawa | 1:07.66 | 582 | 31.86 | 35.80 |
| 19. | 04 | D BKOWSKA Wiktoria MUKS Wodnik Łask | 1:07.68 | 582 | 31.33 | 36.35 |
| 20. | 00 | EKLUND Cornelia VSS VASBY | 1:07.95 | 575 | 31.95 | 36.00 |
| 21. | 03 | KAMI SKA Anna MUKS "Pi tnastka" | 1:08.19 | 569 | 31.40 | 36.79 |
| 22. | 05 | STAWICKA Julia UKS „GIM 92 Ursynów" | 1:08.24 | 567 | 31.78 | 36.46 |
| 23. | 02 | KUCHTA Maria UKS „Dwójka" Tczew | 1:08.25 | 567 | 32.42 | 35.83 |
| 24. | 04 | SIOMA Zuzanna UKS „ORKA" Zamo | 1:08.26 | 567 | 31.53 | 36.73 |
| 25. | 04 | WO Weronika UKS „GIM 92 Ursynów" | 1:08.30 | 566 | 30.83 | 37.47 |
| 26. | 05 | MAKSYMOWICZ Nina UKS G-8 Bielany Warszawa | 1:08.35 | 565 | 31.11 | 37.24 |
| 27. | 04 | KACZOROWSKA Alicja UKS G-8 Bielany Warszawa | 1:08.55 | 560 | 32.25 | 36.30 |
| 28. | 04 | DRAGAN Julia KS OLIMPIA Lublin | 1:08.57 | 559 | 32.21 | 36.36 |
| 29. | 04 | GWAJ Julia Mi dzyszkolny UKS „Olimpijczyk" Sl | 1:08.89 | 551 | 33.09 | 35.80 |
| 30. | 03 | NOWAK Zofia UKS G-8 Bielany Warszawa | 1:08.91 | 551 | 31.76 | 37.15 |
| 31. | 03 | OBAJTEK Aleksandra AZS AWF Warszawa | 1:09.04 | 548 | 33.01 | 36.03 |
| 32. | 04 | KRÓLIK Adrianna MKP Szczecin | 1:09.39 | 540 | 31.73 | 37.66 |
| 33. | 97 | WI NIEWSKA Natalia KS Warta Pozna | 1:09.40 | 539 | 32.41 | 36.99 |
| 34. | 04 | SZUPER Katarzyna UKS „ORKA" Zamo | 1:09.42 | 539 | 31.26 | 38.16 |
| 35. | 03 | TURKOWSKA Aleksandra MKP Szczecin | 1:09.46 | 538 | 34.35 | 35.11 |
| 36. | 05 | ZORINA Daria UKS G-8 Bielany Warszawa | 1:09.83 | 529 | 32.63 | 37.20 |
| 37. | 05 | KOWALCZYK Katarzyna UKS SP-149 Łód | 1:10.14 | 522 | 33.99 | 36.15 |
| 38. | 05 | GRZEBIELUCH Maja MKS Jedyńka Łód | 1:10.20 | 521 | 31.81 | 38.39 |
| 39. | 04 | ORUM Melissa MUKS "Pi tnastka" | 1:10.25 | 520 | 32.13 | 38.12 |
| 40. | 04 | KIERAGA Patrycja KS OLIMPIA Lublin | 1:10.30 | 519 | 32.68 | 37.62 |
| 41. | 05 | PYTLOCH Zuzanna KP Bałyk Kołobrzeg | 1:10.47 | 515 | 33.61 | 36.86 |
| 42. | 02 | BIDNIK Karolina UKS „GIM 92 Ursynów" | 1:11.60 | 491 | 32.76 | 38.84 |
| 43. | 05 | MORITZ Marcelina MUKS "Pi tnastka" | 1:11.63 | 491 | 32.94 | 38.69 |
| 44. | 02 | BYLI SKA Agnieszka UKS abianka Gda sk | 1:11.72 | 489 | 32.56 | 39.16 |
| 45. | 05 | KALKOWSKA Julia MUKS "Pi tnastka" | 1:12.06 | 482 | 33.21 | 38.85 |
| 46. | 03 | CHLEWI SKA Olimpia MUKS "Pi tnastka" | 1:12.48 | 473 | 34.55 | 37.93 |
| 47. | 04 | NOWAK Oliwia UKS „GIM 92 Ursynów" | 1:12.56 | 472 | 33.63 | 38.93 |
| 48. | 01 | PEACOCK Louise VSS VASBY | 1:12.69 | 469 | 32.69 | 40.00 |
| 49. | 04 | DZIK Wiktoria KS Limanowa-swim | 1:13.15 | 461 | 34.61 | 38.54 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 21, Kobiet, 100m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | |
|---------|--------------------|----|---------------------------------|----------------|-----|-------|-------|
| 50. | NOWAK Gabriela | 05 | KP Delfin Inowrocław | 1:13.37 | 456 | 33.24 | 40.13 |
| 51. | KOWAL Magdalena | 05 | MUKS Wodnik Łask | 1:13.43 | 455 | 35.13 | 38.30 |
| 52. | OLECKA Amelia | 05 | UKS „GIM 92 Ursynów” | 1:13.56 | 453 | 34.41 | 39.15 |
| 53. | PARADOWSKA Julia | 05 | UKS G-8 Bielany Warszawa | 1:14.12 | 443 | 33.65 | 40.47 |
| 54. | KLECZEK Maria | 05 | UKS „GIM 92 Ursynów” | 1:14.23 | 441 | 32.88 | 41.35 |
| 55. | PA KO Maja | 04 | UKS G-8 Bielany Warszawa | 1:14.29 | 440 | 34.45 | 39.84 |
| 56. | ZARZECZNA Olga | 05 | KS Posenania Pozna | 1:14.31 | 439 | 35.04 | 39.27 |
| 57. | KLIMCZAK Julia | 04 | UKS Pi tka Konstantynów Łódzki | 1:14.64 | 433 | 37.26 | 37.38 |
| 58. | KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wc | 1:15.00 | 427 | 35.57 | 39.43 |
| 59. | SYSIO Zuzanna | 04 | MUKS Wodnik Łask | 1:15.66 | 416 | 34.58 | 41.08 |
| 60. | CZERWI SKA Martyna | 04 | UKS „Dwójka” Tczew | 1:15.79 | 414 | 33.97 | 41.82 |
| 61. | PFEIFF Matilda | 01 | VSS VASBY | 1:16.05 | 410 | 34.70 | 41.35 |
| 62. | WORONIECKA Emilia | 05 | MUKS "Pi tnaстка" | 1:16.49 | 403 | 34.68 | 41.81 |

DYSKW. JARZY SKA Gabriela

Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zakoczeniu wy cigu w danym stylu., /K15

| | | | |
|----|-----------------|----|------------------------------|
| NW | JAGODA Patrycja | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. |
| NW | DRU BA Amelia | 04 | TP Skalar Słupsk |

14 lat

| | | | | | | | |
|-----|---------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | BERNAT Laura | 05 | KS OLIMPIA Lublin | 1:06.36 | 617 | 29.68 | 36.68 |
| 2. | JASTRZ BEK Nadia | 05 | UKS Siódemka Gdynia | 1:06.90 | 602 | 31.30 | 35.60 |
| 3. | STAWICKA Julia | 05 | UKS „GIM 92 Ursynów” | 1:08.24 | 567 | 31.78 | 36.46 |
| 4. | MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | 1:08.35 | 565 | 31.11 | 37.24 |
| 5. | ZORINA Daria | 05 | UKS G-8 Bielany Warszawa | 1:09.83 | 529 | 32.63 | 37.20 |
| 6. | KOWALCZYK Katarzyna | 05 | UKS SP-149 Łód | 1:10.14 | 522 | 33.99 | 36.15 |
| 7. | GRZEBIELUCH Maja | 05 | MKS Jedynka Łód | 1:10.20 | 521 | 31.81 | 38.39 |
| 8. | PYTLOCH Zuzanna | 05 | KP Bałyk Kołobrzeg | 1:10.47 | 515 | 33.61 | 36.86 |
| 9. | MORITZ Marcelina | 05 | MUKS "Pi tnaстка" | 1:11.63 | 491 | 32.94 | 38.69 |
| 10. | KALKOWSKA Julia | 05 | MUKS "Pi tnaстка" | 1:12.06 | 482 | 33.21 | 38.85 |
| 11. | NOWAK Gabriela | 05 | KP Delfin Inowrocław | 1:13.37 | 456 | 33.24 | 40.13 |
| 12. | KOWAL Magdalena | 05 | MUKS Wodnik Łask | 1:13.43 | 455 | 35.13 | 38.30 |
| 13. | OLECKA Amelia | 05 | UKS „GIM 92 Ursynów” | 1:13.56 | 453 | 34.41 | 39.15 |
| 14. | PARADOWSKA Julia | 05 | UKS G-8 Bielany Warszawa | 1:14.12 | 443 | 33.65 | 40.47 |
| 15. | KLECZEK Maria | 05 | UKS „GIM 92 Ursynów” | 1:14.23 | 441 | 32.88 | 41.35 |
| 16. | ZARZECZNA Olga | 05 | KS Posenania Pozna | 1:14.31 | 439 | 35.04 | 39.27 |
| 17. | WORONIECKA Emilia | 05 | MUKS "Pi tnaстка" | 1:16.49 | 403 | 34.68 | 41.81 |

DYSKW. JARZY SKA Gabriela

Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zakoczeniu wy cigu w danym stylu., /K15

| | | | |
|----|-----------------|----|------------------------------|
| NW | JAGODA Patrycja | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. |
|----|-----------------|----|------------------------------|

15 lat

| | | | | | | | |
|-----|---------------------|----|------------------------------------|----------------|-----|-------|-------|
| 1. | GU Wiktoria | 04 | UKS „Delfin” Piotrków Trybunalski | 1:04.69 | 666 | 30.21 | 34.48 |
| 2. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnaстка" | 1:05.52 | 641 | 30.60 | 34.92 |
| 3. | RYDY SKA Marianna | 04 | MUKS "Pi tnaстка" | 1:05.59 | 639 | 30.08 | 35.51 |
| 4. | HERMANOWSKA Natalia | 04 | MUKS "Pi tnaстка" | 1:06.85 | 604 | 32.25 | 34.60 |
| 5. | D BKOWSKA Wiktoria | 04 | MUKS Wodnik Łask | 1:07.68 | 582 | 31.33 | 36.35 |
| 6. | SIOMA Zuzanna | 04 | UKS „ORKA” Zamo | 1:08.26 | 567 | 31.53 | 36.73 |
| 7. | WO Weronika | 04 | UKS „GIM 92 Ursynów” | 1:08.30 | 566 | 30.83 | 37.47 |
| 8. | KACZOROWSKA Alicja | 04 | UKS G-8 Bielany Warszawa | 1:08.55 | 560 | 32.25 | 36.30 |
| 9. | DRAGAN Julia | 04 | KS OLIMPIA Lublin | 1:08.57 | 559 | 32.21 | 36.36 |
| 10. | GWAJ Julia | 04 | Mi dzyszkolny UKS „Olimpijczyk” Sł | 1:08.89 | 551 | 33.09 | 35.80 |
| 11. | KRÓLIK Adrianna | 04 | MKP Szczecin | 1:09.39 | 540 | 31.73 | 37.66 |
| 12. | SZUPER Katarzyna | 04 | UKS „ORKA” Zamo | 1:09.42 | 539 | 31.26 | 38.16 |
| 13. | ORUM Melissa | 04 | MUKS "Pi tnaстка" | 1:10.25 | 520 | 32.13 | 38.12 |
| 14. | KIERAGA Patrycja | 04 | KS OLIMPIA Lublin | 1:10.30 | 519 | 32.68 | 37.62 |
| 15. | NOWAK Oliwia | 04 | UKS „GIM 92 Ursynów” | 1:12.56 | 472 | 33.63 | 38.93 |
| 16. | DZIK Wiktoria | 04 | KS Limanowa-swim | 1:13.15 | 461 | 34.61 | 38.54 |
| 17. | PA KO Maja | 04 | UKS G-8 Bielany Warszawa | 1:14.29 | 440 | 34.45 | 39.84 |
| 18. | KLIMCZAK Julia | 04 | UKS Pi tka Konstantynów Łódzki | 1:14.64 | 433 | 37.26 | 37.38 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 21, Dziewcz t, 100m zmienny, 15 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m |
|------------------------|---------|---------------------------------|-----------------------|-------|-------|
| 19. KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wc | 1:15.00 rk 427 | 35.57 | 39.43 |
| 20. SYSIO Zuzanna | 04 | MUKS Wodnik Łask | 1:15.66 416 | 34.58 | 41.08 |
| 21. CZERWI SKA Martyna | 04 | UKS „Dwójka” Tczew | 1:15.79 414 | 33.97 | 41.82 |
| NW DRU BA Amelia | 04 | TP Skalar Słupsk | | | |

16 lat

| | | | | | |
|-------------------------|----|--------------------------|--------------------|-------|-------|
| 1. HERBREDER Gabriela | 03 | UKS „GIM 92 Ursynów” | 1:04.66 667 | 30.08 | 34.58 |
| 2. PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 1:05.48 642 | 29.31 | 36.17 |
| 3. GRO Weronika | 03 | MKS „Astoria” Bydgoszcz | 1:06.49 613 | 30.66 | 35.83 |
| 4. RUSSEK Agata | 03 | UKS G-8 Bielany Warszawa | 1:07.66 582 | 31.86 | 35.80 |
| 5. KAMI SKA Anna | 03 | MUKS "Pi tnastka" | 1:08.19 569 | 31.40 | 36.79 |
| 6. NOWAK Zofia | 03 | UKS G-8 Bielany Warszawa | 1:08.91 551 | 31.76 | 37.15 |
| 7. OBAJTEK Aleksandra | 03 | AZS AWF Warszawa | 1:09.04 548 | 33.01 | 36.03 |
| 8. TURKOWSKA Aleksandra | 03 | MKP Szczecin | 1:09.46 538 | 34.35 | 35.11 |
| 9. CHLEWI SKA Olimpia | 03 | MUKS "Pi tnastka" | 1:12.48 473 | 34.55 | 37.93 |

17 - 18 lat

| | | | | | |
|----------------------------|----|-----------------------|--------------------|-------|-------|
| 1. PARADOWSKA Kinga | 01 | MUKS "Pi tnastka" | 1:03.14 716 | 29.70 | 33.44 |
| 2. ROSI SKA Karolina | 02 | Grudzi dzki KP „Orka” | 1:06.60 610 | 30.83 | 35.77 |
| 3. W GRZYNOWSKA Aleksandra | 01 | WKS I sk Wrocław | 1:07.04 598 | 30.70 | 36.34 |
| 4. KUCHTA Maria | 02 | UKS „Dwójka” Tczew | 1:08.25 567 | 32.42 | 35.83 |
| 5. BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów” | 1:11.60 491 | 32.76 | 38.84 |
| 6. BYLI SKA Agnieszka | 02 | UKS abianka Gda sk | 1:11.72 489 | 32.56 | 39.16 |
| 7. PEACOCK Louise | 01 | VSS VASBY | 1:12.69 469 | 32.69 | 40.00 |
| 8. PFEIFF Matilda | 01 | VSS VASBY | 1:16.05 410 | 34.70 | 41.35 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 22
2019-11-23 - 20:34

M cyczn, 100m zmienny

14 lat i starsi
Wyniki

| | | | | | |
|------------|-------|-------------------|-------|---------------------|------------|
| RP Open | 52.21 | WITKOWSKI Jan | 03103 | Łód | 2017-12-22 |
| RP 19 - 23 | 52.21 | WITKOWSKI Jan | 03103 | Łód | 2017-12-22 |
| RP 18 | 54.02 | KA MIERCZAK Kamil | 00505 | Poznan | 2017-11-26 |
| RP 17 | 54.77 | ZAWADA Mateusz | 01310 | Gorzow Wielkopolski | 2009-11-28 |
| RP 16 | 55.51 | W GROWSKI Marcel | 00505 | Lublin | 2015-12-19 |
| RP 15 | 56.63 | URYNIUK Paweł | 05114 | Ostrowiec Sw | 2018-12-16 |
| RP 14 | 57.58 | KONARSKI Maciej | 05214 | Olsztyn | 2018-12-16 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|---|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 97 | CHUDY Michał KS Warta Pozna | 53.20 | 843 | 23.65 | 29.55 |
| 2. | 02 | ORLICZ Filip UKS G-8 Bielany Warszawa | 56.08 | 719 | 25.46 | 30.62 |
| 3. | 98 | ZBUTOWICZ Karol UKS G-8 Bielany Warszawa | 56.20 | 715 | 25.23 | 30.97 |
| 4. | 99 | BUJAK Dominik St. Lok. SALOS Cortile Kielce | 56.88 | 689 | 26.69 | 30.19 |
| 5. | 97 | KA MIERCZAK Wojciech Mokotowski UKP Warszawianka- Wod | 56.93 | 688 | 26.13 | 30.80 |
| 6. | 99 | MIKOŁAJCZYK Michał WKS I sk Wrocław | 57.32 | 674 | 27.79 | 29.53 |
| 7. | 00 | KISZCZAK Jakub WKS I sk Wrocław | 57.46 | 669 | 26.38 | 31.08 |
| 8. | 97 | LECHOWICZ Filip KU AZS AGH Kraków | 57.60 | 664 | 26.81 | 30.79 |
| | 94 | SZWEDZKI Dawid WKS I sk Wrocław | 57.60 | 664 | 27.53 | 30.07 |
| 10. | 04 | KONARSKI Maciej UKS „GIM 92 Ursynów" | 57.72 | 660 | 26.74 | 30.98 |
| 11. | 99 | SOLAK Łukasz KU AZS AGH Kraków | 58.00 | 650 | 27.25 | 30.75 |
| 12. | 97 | FRÖDEBERG Gustav VSS VASBY | 58.20 | 644 | 26.14 | 32.06 |
| 13. | 03 | G STAŁ Jan UKS „GIM 92 Ursynów" | 58.46 | 635 | 26.96 | 31.50 |
| 14. | 97 | B CZKOWSKI Bartosz AZS AWF Warszawa | 58.65 | 629 | 27.57 | 31.08 |
| 15. | 01 | GOTSZLING Dawid SMS Zielona Góra | 58.75 | 626 | 26.96 | 31.79 |
| 16. | 00 | WO NIAK Maciej UKS 190 Łód | 58.80 | 624 | 26.72 | 32.08 |
| 17. | 97 | KACZOROWSKI Jakub UKS G-8 Bielany Warszawa | 58.84 | 623 | 28.18 | 30.66 |
| 18. | 02 | KWIATEK Radosław St. Lok. SALOS Cortile Kielce | 58.85 | 622 | 26.22 | 32.63 |
| 19. | 03 | BIDOWANIEC Kacper UPKS Wodnik Rawicz | 59.16 | 613 | 26.72 | 32.44 |
| 20. | 01 | WIECI SKI Andrzej MTKP Delfin Toru | 59.42 | 605 | 27.91 | 31.51 |
| | 03 | WI NIEWSKI Adam UKS „GIM 92 Ursynów" | 59.42 | 605 | 26.77 | 32.65 |
| 22. | 04 | TARASEWICZ Marcel UKS G-8 Bielany Warszawa | 59.47 | 603 | 28.14 | 31.33 |
| 23. | 97 | POWRO NIK Konrad WKS I sk Wrocław | 59.55 | 601 | 27.41 | 32.14 |
| 24. | 02 | WRÓBLEWSKI Kamil UKS G-8 Bielany Warszawa | 59.62 | 599 | 27.90 | 31.72 |
| 25. | 02 | BOBORYK Wojciech KS Delfin Gdynia | 59.64 | 598 | 26.99 | 32.65 |
| 26. | 00 | PETTERSSON Robin SS VAERMAMO | 59.83 | 592 | 27.06 | 32.77 |
| 27. | 99 | SVENSSON Noah SS VAERMAMO | 1:00.07 | 585 | 28.61 | 31.46 |
| 28. | 01 | MELINDER Martin VSS VASBY | 1:00.08 | 585 | 28.93 | 31.15 |
| 29. | 00 | WALCZYSKO Jakub KU AZS AGH Kraków | 1:00.25 | 580 | 27.91 | 32.34 |
| 30. | 98 | JAWORSKI Norbert KU AZS UMCS Lublin | 1:00.47 | 574 | 28.41 | 32.06 |
| | 01 | GŁUSZKOWSKI Mateusz Uks Cityzen | 1:00.47 | 574 | 27.40 | 33.07 |
| 32. | 03 | STEFA SKI Patryk KS KSZO Ostrowiec w. | 1:00.54 | 572 | 28.40 | 32.14 |
| 33. | 01 | KRZYKAŁA Emil KP AVIA widnik | 1:00.55 | 571 | 27.10 | 33.45 |
| 34. | 05 | ZDYBEL Adam KS Delfin Gdynia | 1:00.76 | 565 | 28.41 | 32.35 |
| 35. | 02 | LERNA William VSS VASBY | 1:00.81 | 564 | 28.46 | 32.35 |
| 36. | 03 | KORONA Kacper MKP Szczecin | 1:00.92 | 561 | 27.79 | 33.13 |
| 37. | 00 | GÖRANSSON Carl VSS VASBY | 1:00.93 | 561 | 29.39 | 31.54 |
| 38. | 00 | SULIGA Jeremi UKS G-8 Bielany Warszawa | 1:00.95 | 560 | | |
| 39. | 02 | BIELAWA Dominik KS KSZO Ostrowiec w. | 1:01.06 | 557 | 28.74 | 32.32 |
| 40. | 04 | WARZOCHA Gustaw Uks Cityzen | 1:01.11 | 556 | 28.41 | 32.70 |
| 41. | 04 | KRACZKOWSKI Tomasz UKS G-8 Bielany Warszawa | 1:01.19 | 554 | 28.80 | 32.39 |
| 42. | 03 | WIEK Wiktor UKS G-8 Bielany Warszawa | 1:01.36 | 549 | 27.73 | 33.63 |
| 43. | 04 | ZIEMBOWICZ Franciszek UKS G-8 Bielany Warszawa | 1:01.57 | 543 | 28.82 | 32.75 |
| 44. | 03 | PRZYSTAŁ Adam UKS G-8 Bielany Warszawa | 1:01.60 | 543 | 28.16 | 33.44 |
| 45. | 99 | SZUSTAK Hubert UKS GOS Raszyn | 1:01.94 | 534 | 28.41 | 33.53 |
| 46. | 03 | KOWALEWSKI Paweł MKS Juvenia Białystok | 1:01.99 | 532 | 27.56 | 34.43 |
| 47. | 02 | JOHNSSON Marcus VSS VASBY | 1:02.23 | 526 | 28.76 | 33.47 |
| 48. | 04 | KWIATKOWSKI Tymoteusz UKS Siódemka Gdynia | 1:02.30 | 525 | 27.93 | 34.37 |
| 49. | 02 | KUBIAK Norbert KS Warta Pozna | 1:02.34 | 524 | 28.67 | 33.67 |
| 50. | 02 | HANSSON Eric VSS VASBY | 1:02.44 | 521 | 29.42 | 33.02 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 22, M czynn, 100m zmienny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|------------------------|------|------------------------------------|------------------|------|-------|-------|
| 51. | SZMYT Krzysztof | 03 | UKS Fala Swarz dz | 1:02.47 | 520 | 28.49 | 33.98 |
| 52. | DOPIERAŁA Tytus | 03 | KS Warta Pozna | 1:02.53 | 519 | 29.10 | 33.43 |
| 53. | STANISŁAWSKI Szymon | 05 | MKS Jedynka Łód | 1:02.62 | 517 | 30.59 | 32.03 |
| 54. | DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | 1:02.73 | 514 | 28.40 | 34.33 |
| 55. | NOSARZEWSKI Kornel | 03 | Mokotowski UKP Warszawianka- Wc | 1:02.76rk | 513 | 29.03 | 33.73 |
| 56. | J DRYCH Krzysztof | 04 | KS Posnania Pozna | 1:02.79 | 512 | 28.68 | 34.11 |
| 57. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 1:02.88 | 510 | 29.08 | 33.80 |
| 58. | SKÖLD Theodor | 01 | VSS VASBY | 1:02.95 | 508 | 29.08 | 33.87 |
| 59. | MALAK Mikołaj | 01 | MKS SP 63 Bydgoszcz | 1:03.00 | 507 | 29.06 | 33.94 |
| 60. | KRASICKI Artur | 95 | KP Delfin Inowrocław | 1:03.18 | 503 | 27.93 | 35.25 |
| 61. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 1:03.64 | 492 | 28.77 | 34.87 |
| 62. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 1:03.73 | 490 | 28.83 | 34.90 |
| 63. | OLEJNIK Adam | 03 | TP Skalar Słupsk | 1:03.82 | 488 | 29.64 | 34.18 |
| 64. | GRZEGORZEWSKI Bartosz | 04 | MUKS Wodnik Łask | 1:03.98 | 484 | 29.70 | 34.28 |
| 65. | TKACZ Wiktor | 05 | MKS Piaseczno | 1:04.01 | 484 | 29.75 | 34.26 |
| 66. | EGLE Miłosz | 04 | UKS Siódemka Gdynia | 1:04.06 | 482 | 28.93 | 35.13 |
| 67. | SZYMA SKI Igor | 05 | MUKS "Pi tnastka" | 1:04.30 | 477 | 31.84 | 32.46 |
| 68. | YRO Ignacy | 04 | UKS „GIM 92 Ursynów” | 1:04.37 | 476 | 29.74 | 34.63 |
| 69. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 1:04.46 | 474 | 29.97 | 34.49 |
| 70. | DOMAGAŁA Tymoteusz | 04 | MUKS "Pi tnastka" | 1:04.63 | 470 | 28.36 | 36.27 |
| 71. | LINDWALL Algot | 02 | SS TYRESO | 1:04.67 | 469 | 31.36 | 33.31 |
| 72. | KAJA Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:05.03 | 461 | 29.99 | 35.04 |
| 73. | DZIEWGU Benjamin | 05 | MKS Piaseczno | 1:05.14 | 459 | 29.33 | 35.81 |
| 74. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 1:05.20 | 458 | 30.31 | 34.89 |
| 75. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | 1:05.29 | 456 | 30.34 | 34.95 |
| 76. | MAZUREK Bła ej | 04 | MKP Szczecin | 1:05.39 | 454 | 30.10 | 35.29 |
| 77. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 1:05.51 | 451 | 29.62 | 35.89 |
| 78. | WIERCI SKI Kacper | 04 | UKS „Dwójka" Tczew | 1:05.66 | 448 | 31.93 | 33.73 |
| 79. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 1:05.76 | 446 | 30.88 | 34.88 |
| 80. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:05.96 | 442 | 29.45 | 36.51 |
| 81. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawianka- Wc | 1:06.12rk | 439 | 30.80 | 35.32 |
| 82. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 1:06.52 | 431 | 31.01 | 35.51 |
| 83. | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 1:06.53 | 431 | 30.67 | 35.86 |
| 84. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów” | 1:06.67 | 428 | 30.72 | 35.95 |
| 85. | SZYMA SKI Alan | 05 | UPKS Wodnik Rawicz | 1:07.30 | 416 | 32.18 | 35.12 |
| 86. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wc | 1:07.56rk | 411 | 31.07 | 36.49 |
| 87. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 1:07.58 | 411 | 32.07 | 35.51 |
| 88. | DREWEK Jakub | 05 | UKS „Dwójka" Tczew | 1:07.70 | 409 | 31.73 | 35.97 |
| 89. | UROWICZ Antoni | 04 | MKP Szczecin | 1:07.84 | 406 | 31.11 | 36.73 |
| 90. | KRUPI SKI Wojciech | 03 | KS Posnania Pozna | 1:07.92 | 405 | 31.84 | 36.08 |
| 91. | PIETRZAK Mikołaj | 05 | KS Posnania Pozna | 1:08.03 | 403 | 31.20 | 36.83 |
| 92. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 1:08.55 | 394 | 31.68 | 36.87 |
| 93. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 1:08.88 | 388 | 30.47 | 38.41 |
| 94. | KUREK Kacper | 05 | Foka Choszczcno | 1:08.91 | 387 | 32.21 | 36.70 |
| 95. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 1:09.09 | 384 | 32.62 | 36.47 |
| 96. | BACZY SKI Jan | 05 | UKS Olympic Warka | 1:09.18 | 383 | 34.36 | 34.82 |
| 97. | PUPKA Filip | 04 | Uks Cityzen | 1:09.86 | 372 | 32.94 | 36.92 |
| 98. | PISZCZAŁA Marcel | 05 | MUKS Wodnik Łask | 1:10.57 | 361 | 32.53 | 38.04 |
| 99. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Le | 1:11.47 | 347 | 31.83 | 39.64 |
| 100. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 1:11.53 | 346 | 33.41 | 38.12 |
| 101. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 1:12.54 | 332 | 34.29 | 38.25 |
| 102. | RZEPKA Jakub | 05 | UKS „Dwójka" Tczew | 1:12.81 | 328 | 35.37 | 37.44 |
| 103. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów” | 1:13.04 | 325 | 34.01 | 39.03 |
| 104. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | 1:13.32 | 322 | 34.70 | 38.62 |
| 105. | KĄLEK Bartosz | 04 | KU AZS UAM Pozna | 1:16.17 | 287 | 35.61 | 40.56 |
| 106. | ZAWIEJA Stanisław | 05 | KS Posnania Pozna | 1:18.64 | 261 | 36.41 | 42.23 |
| NW | POLEWKA Tomasz | 94 | AZS AWF Katowice | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 22, M czynn, 100m zmienny

14 lat

| | | | | | | | |
|-----|---------------------|----|------------------------------------|----------------|-----|-------|-------|
| 1. | ZDYBEL Adam | 05 | KS Delfin Gdynia | 1:00.76 | 565 | 28.41 | 32.35 |
| 2. | STANISŁAWSKI Szymon | 05 | MKS Jedyńka Łód | 1:02.62 | 517 | 30.59 | 32.03 |
| 3. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 1:03.64 | 492 | 28.77 | 34.87 |
| 4. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 1:03.73 | 490 | 28.83 | 34.90 |
| 5. | TKACZ Wiktor | 05 | MKS Piaseczno | 1:04.01 | 484 | 29.75 | 34.26 |
| 6. | SZYMA SKI Igor | 05 | MUKS "Pi tnastka" | 1:04.30 | 477 | 31.84 | 32.46 |
| 7. | KAJA Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:05.03 | 461 | 29.99 | 35.04 |
| 8. | DZIEWGU Benjamin | 05 | MKS Piaseczno | 1:05.14 | 459 | 29.33 | 35.81 |
| 9. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 1:05.20 | 458 | 30.31 | 34.89 |
| 10. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | 1:05.29 | 456 | 30.34 | 34.95 |
| 11. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:05.96 | 442 | 29.45 | 36.51 |
| 12. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 1:06.52 | 431 | 31.01 | 35.51 |
| 13. | SZYMA SKI Alan | 05 | UPKS Wodnik Rawicz | 1:07.30 | 416 | 32.18 | 35.12 |
| 14. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 1:07.58 | 411 | 32.07 | 35.51 |
| 15. | DREWEK Jakub | 05 | UKS „Dwójka" Tczew | 1:07.70 | 409 | 31.73 | 35.97 |
| 16. | PIETRZAK Mikołaj | 05 | KS Posenania Pozna | 1:08.03 | 403 | 31.20 | 36.83 |
| 17. | KUREK Kacper | 05 | Foka Choszczno | 1:08.91 | 387 | 32.21 | 36.70 |
| 18. | BACZY SKI Jan | 05 | UKS Olympic Warka | 1:09.18 | 383 | 34.36 | 34.82 |
| 19. | PISZCZAŁA Marcel | 05 | MUKS Wodnik Łask | 1:10.57 | 361 | 32.53 | 38.04 |
| 20. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Le | 1:11.47 | 347 | 31.83 | 39.64 |
| 21. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 1:11.53 | 346 | 33.41 | 38.12 |
| 22. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 1:12.54 | 332 | 34.29 | 38.25 |
| 23. | RZEPKA Jakub | 05 | UKS „Dwójka" Tczew | 1:12.81 | 328 | 35.37 | 37.44 |
| 24. | UKOWSKI Antoni | 05 | MUKS "Pi tnastka" | 1:13.32 | 322 | 34.70 | 38.62 |
| 25. | ZAWIEJA Stanisław | 05 | KS Posenania Pozna | 1:18.64 | 261 | 36.41 | 42.23 |

15 lat

| | | | | | | | |
|-----|------------------------|----|---------------------------------|----------------|-----|-------|-------|
| 1. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów” | 57.72 | 660 | 26.74 | 30.98 |
| 2. | TARASEWICZ Marcel | 04 | UKS G-8 Bielany Warszawa | 59.47 | 603 | 28.14 | 31.33 |
| 3. | WARZOCHA Gustaw | 04 | Uks Cityzen | 1:01.11 | 556 | 28.41 | 32.70 |
| 4. | KRACZKOWSKI Tomasz | 04 | UKS G-8 Bielany Warszawa | 1:01.19 | 554 | 28.80 | 32.39 |
| 5. | ZIEMBOWICZ Franciszek | 04 | UKS G-8 Bielany Warszawa | 1:01.57 | 543 | 28.82 | 32.75 |
| 6. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 1:02.30 | 525 | 27.93 | 34.37 |
| 7. | J DRYCH Krzysztof | 04 | KS Posenania Pozna | 1:02.79 | 512 | 28.68 | 34.11 |
| 8. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 1:02.88 | 510 | 29.08 | 33.80 |
| 9. | GRZEGORZEWSKI Bartosz | 04 | MUKS Wodnik Łask | 1:03.98 | 484 | 29.70 | 34.28 |
| 10. | EGLE Miłosz | 04 | UKS Siódemka Gdynia | 1:04.06 | 482 | 28.93 | 35.13 |
| 11. | YRO Ignacy | 04 | UKS „GIM 92 Ursynów” | 1:04.37 | 476 | 29.74 | 34.63 |
| 12. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 1:04.46 | 474 | 29.97 | 34.49 |
| 13. | DOMAGAŁA Tymoteusz | 04 | MUKS "Pi tnastka" | 1:04.63 | 470 | 28.36 | 36.27 |
| 14. | MAZUREK Bła ej | 04 | MKP Szczecin | 1:05.39 | 454 | 30.10 | 35.29 |
| 15. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 1:05.51 | 451 | 29.62 | 35.89 |
| 16. | WIERCI SKI Kacper | 04 | UKS „Dwójka" Tczew | 1:05.66 | 448 | 31.93 | 33.73 |
| 17. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 1:05.76 | 446 | 30.88 | 34.88 |
| 18. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawianka- Wc | 1:06.12 | 439 | 30.80 | 35.32 |
| 19. | UROWICZ Antoni | 04 | MKP Szczecin | 1:07.84 | 406 | 31.11 | 36.73 |
| 20. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 1:08.55 | 394 | 31.68 | 36.87 |
| 21. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 1:08.88 | 388 | 30.47 | 38.41 |
| 22. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 1:09.09 | 384 | 32.62 | 36.47 |
| 23. | PUPKA Filip | 04 | Uks Cityzen | 1:09.86 | 372 | 32.94 | 36.92 |
| 24. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów” | 1:13.04 | 325 | 34.01 | 39.03 |
| 25. | KAŁEK Bartosz | 04 | KU AZS UAM Pozna | 1:16.17 | 287 | 35.61 | 40.56 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 22, M czynn, 100m zmienny

16 lat

| | | | | | | | |
|-----|--------------------|----|---------------------------------|----------------|-----|-------|-------|
| 1. | G STAŁ Jan | 03 | UKS „GIM 92 Ursynów" | 58.46 | 635 | 26.96 | 31.50 |
| 2. | BIDOWANIEC Kacper | 03 | UPKS Wodnik Rawicz | 59.16 | 613 | 26.72 | 32.44 |
| 3. | WI NIEWSKI Adam | 03 | UKS „GIM 92 Ursynów" | 59.42 | 605 | 26.77 | 32.65 |
| 4. | STEFA SKI Patryk | 03 | KS KSZO Ostrowiec w. | 1:00.54 | 572 | 28.40 | 32.14 |
| 5. | KORONA Kacper | 03 | MKP Szczecin | 1:00.92 | 561 | 27.79 | 33.13 |
| 6. | WIEK Wiktor | 03 | UKS G-8 Bielany Warszawa | 1:01.36 | 549 | 27.73 | 33.63 |
| 7. | PRZYSTAŁ Adam | 03 | UKS G-8 Bielany Warszawa | 1:01.60 | 543 | 28.16 | 33.44 |
| 8. | KOWALEWSKI Paweł | 03 | MKS Juwenia Białystok | 1:01.99 | 532 | 27.56 | 34.43 |
| 9. | SZMYT Krzysztof | 03 | UKS Fala Swarzędz | 1:02.47 | 520 | 28.49 | 33.98 |
| 10. | DOPIERAŁA Tytus | 03 | KS Warta Pozna | 1:02.53 | 519 | 29.10 | 33.43 |
| 11. | NOSARZEWSKI Kornel | 03 | Mokotowski UKP Warszawianka- Wc | 1:02.76 | 513 | 29.03 | 33.73 |
| 12. | OLEJNIK Adam | 03 | TP Skalar Słupsk | 1:03.82 | 488 | 29.64 | 34.18 |
| 13. | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 1:06.53 | 431 | 30.67 | 35.86 |
| 14. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wc | 1:07.56 | 411 | 31.07 | 36.49 |
| 15. | KRUPI SKI Wojciech | 03 | KS Posenania Pozna | 1:07.92 | 405 | 31.84 | 36.08 |

17 - 18 lat

| | | | | | | | |
|-----|----------------------|----|-------------------------------|----------------|-----|-------|-------|
| 1. | ORLICZ Filip | 02 | UKS G-8 Bielany Warszawa | 56.08 | 719 | 25.46 | 30.62 |
| 2. | GOTSZLING Dawid | 01 | SMS Zielona Góra | 58.75 | 626 | 26.96 | 31.79 |
| 3. | KWIATEK Radosław | 02 | St. Lok. SALOS Cortile Kielce | 58.85 | 622 | 26.22 | 32.63 |
| 4. | WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 59.42 | 605 | 27.91 | 31.51 |
| 5. | WRÓBLEWSKI Kamil | 02 | UKS G-8 Bielany Warszawa | 59.62 | 599 | 27.90 | 31.72 |
| 6. | BOBORYK Wojciech | 02 | KS Delfin Gdynia | 59.64 | 598 | 26.99 | 32.65 |
| 7. | MELINDER Martin | 01 | VSS VASBY | 1:00.08 | 585 | 28.93 | 31.15 |
| 8. | GŁUSZKOWSKI Mateusz | 01 | Uks Cityzen | 1:00.47 | 574 | 27.40 | 33.07 |
| 9. | KRZYKAŁA Emil | 01 | KP AVIA widnik | 1:00.55 | 571 | 27.10 | 33.45 |
| 10. | LERNA William | 02 | VSS VASBY | 1:00.81 | 564 | 28.46 | 32.35 |
| 11. | BIELAWA Dominik | 02 | KS KSZO Ostrowiec w. | 1:01.06 | 557 | 28.74 | 32.32 |
| 12. | JOHNSSON Marcus | 02 | VSS VASBY | 1:02.23 | 526 | 28.76 | 33.47 |
| 13. | KUBIAK Norbert | 02 | KS Warta Pozna | 1:02.34 | 524 | 28.67 | 33.67 |
| 14. | HANSSON Eric | 02 | VSS VASBY | 1:02.44 | 521 | 29.42 | 33.02 |
| 15. | DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | 1:02.73 | 514 | 28.40 | 34.33 |
| 16. | SKÖLD Theodor | 01 | VSS VASBY | 1:02.95 | 508 | 29.08 | 33.87 |
| 17. | MALAK Mikołaj | 01 | MKS SP 63 Bydgoszcz | 1:03.00 | 507 | 29.06 | 33.94 |
| 18. | LINDWALL Algot | 02 | SS TYRESO | 1:04.67 | 469 | 31.36 | 33.31 |
| 19. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów" | 1:06.67 | 428 | 30.72 | 35.95 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 23
2019-11-23 - 20:46

Kobiet, 800m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-------------------|-------|----------|------------|
| RP Open | 8:25.32 | PIECHOTA Paulina | 01605 | Lublin | 2018-12-18 |
| RP 19 - 23 | 8:25.32 | PIECHOTA Paulina | 01605 | Lublin | 2018-12-18 |
| RP 18 | 8:25.70 | KARPISZ Milena | 01305 | Lublin | 2015-12-17 |
| RP 17 | 8:27.87 | PIECHOTA Paulina | 01605 | Olsztyn | 2016-12-15 |
| RP 16 | 8:30.63 | PIECHOTA Paulina | 01605 | Lublin | 2015-12-17 |
| RP 15 | 8:31.44 | KILIJA SKA Donata | 00612 | Szczecin | 2010-12-02 |
| RP 14 | 8:39.63 | KNOP Aleksandra | 01605 | Łód | 2017-12-19 |

Punkty: FINA 2019

| Pozycja | | | Rok ur. | | | Czas | Pkt. | | | | | |
|--|---------------------|---------|--|-------|---------|----------------|-------|---------|---------|-------|---------|---------|
| 14 lat i starsi | | | | | | | | | | | | |
| 1. | PIECHOTA Paulina | 99 | UKS 190 Łód | | | 8:26.10 | 849 | | | | | |
| <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow</i> | | | | | | | | | | | | |
| | 100m: | 1:00.73 | 1:00.73 | 300m: | 3:07.03 | 1:03.20 | 500m: | 5:14.49 | 1:03.82 | 700m: | 7:23.06 | 1:04.52 |
| | 200m: | 2:03.83 | 1:03.10 | 400m: | 4:10.67 | 1:03.64 | 600m: | 6:18.54 | 1:04.05 | 800m: | 8:26.10 | 1:03.04 |
| 2. | TARASIEWICZ Klaudia | 04 | UKP „Polonia Warszawa” | | | 8:36.98 | 797 | | | | | |
| <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow (Juniorki)</i> | | | | | | | | | | | | |
| | 100m: | 1:02.42 | 1:02.42 | 300m: | 3:11.42 | 1:04.63 | 500m: | 5:20.19 | 1:03.99 | 700m: | 7:32.48 | 1:06.36 |
| | 200m: | 2:06.79 | 1:04.37 | 400m: | 4:16.20 | 1:04.78 | 600m: | 6:26.12 | 1:05.93 | 800m: | 8:36.98 | 1:04.50 |
| 3. | NOWAK Maja | 03 | AZS AWF Warszawa | | | 8:55.59 | 716 | | | | | |
| | 100m: | 1:05.04 | 1:05.04 | 300m: | 3:20.75 | 1:07.82 | 500m: | 5:35.53 | 1:06.87 | 700m: | 7:49.82 | 1:06.71 |
| | 200m: | 2:12.93 | 1:07.89 | 400m: | 4:28.66 | 1:07.91 | 600m: | 6:43.11 | 1:07.58 | 800m: | 8:55.59 | 1:05.77 |
| 4. | ZIELI SKA Daria | 03 | UKP „Polonia Warszawa” | | | 9:02.35 | 690 | | | | | |
| | 100m: | 1:06.67 | 1:06.67 | 300m: | 3:24.07 | 1:08.53 | 500m: | 5:39.73 | 1:07.50 | 700m: | 7:55.38 | 1:07.63 |
| | 200m: | 2:15.54 | 1:08.87 | 400m: | 4:32.23 | 1:08.16 | 600m: | 6:47.75 | 1:08.02 | 800m: | 9:02.35 | 1:06.97 |
| 5. | ŁUCZAK Dominika | 02 | SMS Zielona Góra | | | 9:06.09 | 676 | | | | | |
| | 100m: | 1:06.52 | 1:06.52 | 300m: | 3:24.88 | 1:09.19 | 500m: | 5:41.77 | 1:08.28 | 700m: | 7:58.52 | 1:08.31 |
| | 200m: | 2:15.69 | 1:09.17 | 400m: | 4:33.49 | 1:08.61 | 600m: | 6:50.21 | 1:08.44 | 800m: | 9:06.09 | 1:07.57 |
| 6. | JABŁO SKA Oliwia | 97 | Wojewódzkie Zrzeszenie Sportowe Niepraw654:h „START” | | | 9:12.16 | 654 | | | | | |
| | 100m: | 1:07.88 | 1:07.88 | 300m: | 3:27.97 | 1:10.10 | 500m: | 5:47.14 | 1:09.34 | 700m: | 8:05.03 | 1:08.73 |
| | 200m: | 2:17.87 | 1:09.99 | 400m: | 4:37.80 | 1:09.83 | 600m: | 6:56.30 | 1:09.16 | 800m: | 9:12.16 | 1:07.13 |
| 7. | MRO EK Weronika | 04 | MKP Szczecin | | | 9:12.91 | 651 | | | | | |
| | 100m: | 1:06.65 | 1:06.65 | 300m: | 3:25.39 | 1:09.52 | 500m: | 5:44.56 | 1:09.64 | 700m: | 8:04.30 | 1:09.84 |
| | 200m: | 2:15.87 | 1:09.22 | 400m: | 4:34.92 | 1:09.53 | 600m: | 6:54.46 | 1:09.90 | 800m: | 9:12.91 | 1:08.61 |
| 8. | DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włóknierz” 1929:13.63 | | | 9:13.63 | 649 | | | | | |
| | 100m: | 1:06.29 | 1:06.29 | 300m: | 3:26.29 | 1:10.03 | 500m: | 5:45.57 | 1:09.38 | 700m: | 8:05.03 | 1:09.50 |
| | 200m: | 2:16.26 | 1:09.97 | 400m: | 4:36.19 | 1:09.90 | 600m: | 6:55.53 | 1:09.96 | 800m: | 9:13.63 | 1:08.60 |
| 9. | HAŁADYN Karolina | 03 | UKS 190 Łód | | | 9:15.68 | 641 | | | | | |
| | 100m: | 1:06.00 | 1:06.00 | 300m: | 3:26.04 | 1:10.31 | 500m: | 5:46.86 | 1:10.52 | 700m: | 8:06.70 | 1:09.56 |
| | 200m: | 2:15.73 | 1:09.73 | 400m: | 4:36.34 | 1:10.30 | 600m: | 6:57.14 | 1:10.28 | 800m: | 9:15.68 | 1:08.98 |
| 10. | BEDNARZ Julia | 04 | UKS „ORKA” Zamo | | | 9:17.95 | 634 | | | | | |
| | 100m: | 1:05.67 | 1:05.67 | 300m: | 3:25.79 | 1:10.36 | 500m: | 5:46.44 | 1:10.69 | 700m: | 8:09.03 | 1:11.43 |
| | 200m: | 2:15.43 | 1:09.76 | 400m: | 4:35.75 | 1:09.96 | 600m: | 6:57.60 | 1:11.16 | 800m: | 9:17.95 | 1:08.92 |
| 11. | MIKOŁAJCZYK Maja | 04 | UKS SP-149 Łód | | | 9:18.09 | 633 | | | | | |
| | 100m: | 1:06.04 | 1:06.04 | 300m: | 3:25.54 | 1:09.98 | 500m: | 5:46.25 | 1:10.55 | 700m: | 8:08.67 | 1:10.89 |
| | 200m: | 2:15.56 | 1:09.52 | 400m: | 4:35.70 | 1:10.16 | 600m: | 6:57.78 | 1:11.53 | 800m: | 9:18.09 | 1:09.42 |
| 12. | MALINO Julia | 04 | UKS „ORKA” Zamo | | | 9:24.43 | 612 | | | | | |
| | 100m: | 1:06.89 | 1:06.89 | 300m: | 3:28.20 | 1:10.85 | 500m: | 5:50.93 | 1:11.59 | 700m: | 8:13.80 | 1:11.37 |
| | 200m: | 2:17.35 | 1:10.46 | 400m: | 4:39.34 | 1:11.14 | 600m: | 7:02.43 | 1:11.50 | 800m: | 9:24.43 | 1:10.63 |
| 13. | KACZOROWSKA Alicja | 04 | UKS G-8 Bielany Warszawa | | | 9:25.25 | 609 | | | | | |
| | 100m: | 1:06.48 | 1:06.48 | 300m: | 3:27.06 | 1:10.19 | 500m: | 5:49.96 | 1:12.12 | 700m: | 8:14.66 | 1:12.00 |
| | 200m: | 2:16.87 | 1:10.39 | 400m: | 4:37.84 | 1:10.78 | 600m: | 7:02.66 | 1:12.70 | 800m: | 9:25.25 | 1:10.59 |
| 14. | TOFIL Emilia | 05 | KS Delfin Gdynia | | | 9:28.74 | 598 | | | | | |
| | 100m: | 1:08.61 | 1:08.61 | 300m: | 3:32.25 | 1:12.09 | 500m: | 5:55.53 | 1:11.68 | 700m: | 8:19.14 | 1:11.79 |
| | 200m: | 2:20.16 | 1:11.55 | 400m: | 4:43.85 | 1:11.60 | 600m: | 7:07.35 | 1:11.82 | 800m: | 9:28.74 | 1:09.60 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 23, Kobiet, 800m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | Czas | | Pkt. |
|---------|---------------------|---------|---------------|------------------------|---------------|---------|-----------------|---------|------|
| 15. | FIGAS Alicja | | 04 | MKP Szczecin | | | 9:28.78 | 598 | |
| | 100m: 1:09.04 | 1:09.04 | 300m: 3:32.41 | 1:11.74 | 500m: 5:56.56 | 1:11.95 | 700m: 8:19.98 | 1:11.72 | |
| | 200m: 2:20.67 | 1:11.63 | 400m: 4:44.61 | 1:12.20 | 600m: 7:08.26 | 1:11.70 | 800m: 9:28.78 | 1:08.80 | |
| 16. | FRYSIAK Zuzanna | | 03 | MUKS "Pi tnastka" | | | 9:31.69 | 589 | |
| | 100m: 1:07.43 | 1:07.43 | 300m: 3:31.09 | 1:11.96 | 500m: 5:57.02 | 1:12.99 | 700m: 8:21.39 | 1:12.21 | |
| | 200m: 2:19.13 | 1:11.70 | 400m: 4:44.03 | 1:12.94 | 600m: 7:09.18 | 1:12.16 | 800m: 9:31.69 | 1:10.30 | |
| 17. | BEDNAREK Aleksandra | | 98 | UKS SP-149 Łód | | | 9:33.24 | 584 | |
| | 100m: 1:07.29 | 1:07.29 | 300m: 3:29.83 | 1:11.61 | 500m: 5:55.36 | 1:13.02 | 700m: 8:21.82 | 1:12.93 | |
| | 200m: 2:18.22 | 1:10.93 | 400m: 4:42.34 | 1:12.51 | 600m: 7:08.89 | 1:13.53 | 800m: 9:33.24 | 1:11.42 | |
| 18. | GAJCY Natalia | | 05 | UKP „Polonia Warszawa" | | | 9:37.83 | 570 | |
| | 100m: 1:08.37 | 1:08.37 | 300m: 3:34.78 | 1:13.30 | 500m: 6:00.53 | 1:12.55 | 700m: 8:27.45 | 1:13.28 | |
| | 200m: 2:21.48 | 1:13.11 | 400m: 4:47.98 | 1:13.20 | 600m: 7:14.17 | 1:13.64 | 800m: 9:37.83 | 1:10.38 | |
| 19. | RACZY SKA Wiktoria | | 04 | AZS Łód | | | 9:39.23 | 566 | |
| | 100m: 1:09.45 | 1:09.45 | 300m: 3:34.48 | 1:12.34 | 500m: 5:59.66 | 1:12.67 | 700m: 8:26.71 | 1:13.91 | |
| | 200m: 2:22.14 | 1:12.69 | 400m: 4:46.99 | 1:12.51 | 600m: 7:12.80 | 1:13.14 | 800m: 9:39.23 | 1:12.52 | |
| 20. | SAMORAJ Oliwia | | 05 | MKS Piaseczno | | | 9:42.62 | 556 | |
| | 100m: 1:08.62 | 1:08.62 | 300m: 3:35.90 | 1:13.70 | 500m: 6:03.98 | 1:14.12 | 700m: 8:31.07 | 1:13.82 | |
| | 200m: 2:22.20 | 1:13.58 | 400m: 4:49.86 | 1:13.96 | 600m: 7:17.25 | 1:13.27 | 800m: 9:42.62 | 1:11.55 | |
| 21. | WITEK Oliwia | | 04 | MKS Jedyńka Łód | | | 9:45.72 | 548 | |
| | 100m: 1:09.35 | 1:09.35 | 300m: 3:36.10 | 1:13.46 | 500m: 6:03.87 | 1:14.16 | 700m: 8:32.42 | 1:14.65 | |
| | 200m: 2:22.64 | 1:13.29 | 400m: 4:49.71 | 1:13.61 | 600m: 7:17.77 | 1:13.90 | 800m: 9:45.72 | 1:13.30 | |
| 22. | JAWORSKA Wiktoria | | 05 | MUKS "Pi tnastka" | | | 9:46.27 | 546 | |
| | 100m: 1:08.74 | 1:08.74 | 300m: 3:36.71 | 1:13.92 | 500m: 6:06.42 | 1:15.00 | 700m: 8:34.90 | 1:14.35 | |
| | 200m: 2:22.79 | 1:14.05 | 400m: 4:51.42 | 1:14.71 | 600m: 7:20.55 | 1:14.13 | 800m: 9:46.27 | 1:11.37 | |
| 23. | ŁASISZ Julia | | 05 | MKP Szczecin | | | 9:51.88 | 531 | |
| | 100m: 1:08.69 | 1:08.69 | 300m: 3:36.37 | 1:14.29 | 500m: 6:05.91 | 1:15.00 | 700m: 8:38.64 | 1:16.83 | |
| | 200m: 2:22.08 | 1:13.39 | 400m: 4:50.91 | 1:14.54 | 600m: 7:21.81 | 1:15.90 | 800m: 9:51.88 | 1:13.24 | |
| 24. | HAŁADYN Kamila | | 04 | UKS SP-149 Łód | | | 10:09.20 | 487 | |
| | 100m: 1:10.33 | 1:10.33 | 300m: 3:44.79 | 1:18.40 | 500m: 6:22.97 | 1:19.07 | 700m: 8:57.54 | 1:15.38 | |
| | 200m: 2:26.39 | 1:16.06 | 400m: 5:03.90 | 1:19.11 | 600m: 7:42.16 | 1:19.19 | 800m: 10:09.20 | 1:11.66 | |
| 25. | SADOWSKA Dominika | | 04 | MUKS "Pi tnastka" | | | 10:09.40 | 486 | |
| | 100m: 1:09.97 | 1:09.97 | 300m: 3:42.32 | 1:16.61 | 500m: 6:17.01 | 1:17.67 | 700m: 8:53.40 | 1:18.50 | |
| | 200m: 2:25.71 | 1:15.74 | 400m: 4:59.34 | 1:17.02 | 600m: 7:34.90 | 1:17.89 | 800m: 10:09.40 | 1:16.00 | |
| 26. | SVENSSON Lovisa | | 02 | SS VAERMAMO | | | 10:17.31 | 468 | |
| | 100m: 1:11.99 | 1:11.99 | 300m: 3:47.22 | 1:18.09 | 500m: 6:24.47 | 1:18.05 | 700m: 9:00.30 | 1:17.44 | |
| | 200m: 2:29.13 | 1:17.14 | 400m: 5:06.42 | 1:19.20 | 600m: 7:42.86 | 1:18.39 | 800m: 10:17.31 | 1:17.01 | |
| NW | JASZCZUK Ewa | | 02 | MTP Kormoran Olsztyn | | | | | |

14 lat

| | | | | | | | | |
|----|-------------------|---------|---------------|------------------------|---------------|---------|----------------|---------|
| 1. | TOFIL Emilia | | 05 | KS Delfin Gdynia | | | 9:28.74 | 598 |
| | 100m: 1:08.61 | 1:08.61 | 300m: 3:32.25 | 1:12.09 | 500m: 5:55.53 | 1:11.68 | 700m: 8:19.14 | 1:11.79 |
| | 200m: 2:20.16 | 1:11.55 | 400m: 4:43.85 | 1:11.60 | 600m: 7:07.35 | 1:11.82 | 800m: 9:28.74 | 1:09.60 |
| 2. | GAJCY Natalia | | 05 | UKP „Polonia Warszawa" | | | 9:37.83 | 570 |
| | 100m: 1:08.37 | 1:08.37 | 300m: 3:34.78 | 1:13.30 | 500m: 6:00.53 | 1:12.55 | 700m: 8:27.45 | 1:13.28 |
| | 200m: 2:21.48 | 1:13.11 | 400m: 4:47.98 | 1:13.20 | 600m: 7:14.17 | 1:13.64 | 800m: 9:37.83 | 1:10.38 |
| 3. | SAMORAJ Oliwia | | 05 | MKS Piaseczno | | | 9:42.62 | 556 |
| | 100m: 1:08.62 | 1:08.62 | 300m: 3:35.90 | 1:13.70 | 500m: 6:03.98 | 1:14.12 | 700m: 8:31.07 | 1:13.82 |
| | 200m: 2:22.20 | 1:13.58 | 400m: 4:49.86 | 1:13.96 | 600m: 7:17.25 | 1:13.27 | 800m: 9:42.62 | 1:11.55 |
| 4. | JAWORSKA Wiktoria | | 05 | MUKS "Pi tnastka" | | | 9:46.27 | 546 |
| | 100m: 1:08.74 | 1:08.74 | 300m: 3:36.71 | 1:13.92 | 500m: 6:06.42 | 1:15.00 | 700m: 8:34.90 | 1:14.35 |
| | 200m: 2:22.79 | 1:14.05 | 400m: 4:51.42 | 1:14.71 | 600m: 7:20.55 | 1:14.13 | 800m: 9:46.27 | 1:11.37 |
| 5. | ŁASISZ Julia | | 05 | MKP Szczecin | | | 9:51.88 | 531 |
| | 100m: 1:08.69 | 1:08.69 | 300m: 3:36.37 | 1:14.29 | 500m: 6:05.91 | 1:15.00 | 700m: 8:38.64 | 1:16.83 |
| | 200m: 2:22.08 | 1:13.39 | 400m: 4:50.91 | 1:14.54 | 600m: 7:21.81 | 1:15.90 | 800m: 9:51.88 | 1:13.24 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 23, Kobiet, 800m dowolny

15 lat

| | | | | | |
|-----|--|---------|--------------------------|-----------------|----------------|
| 1. | TARASIEWICZ Klaudia | 04 | UKP „Polonia Warszawa” | 8:36.98 | 797 |
| | <i>Minimum Kwalifikacyjne Mistrzostw Europy Glasgow (Juniorki)</i> | | | | |
| | 100m: 1:02.42 | 1:02.42 | 300m: 3:11.42 | 1:04.63 | 500m: 5:20.19 |
| | 200m: 2:06.79 | 1:04.37 | 400m: 4:16.20 | 1:04.78 | 600m: 6:26.12 |
| | | | | 1:03.99 | 700m: 7:32.48 |
| | | | | | 1:06.36 |
| | | | | 1:05.93 | 800m: 8:36.98 |
| | | | | | 1:04.50 |
| 2. | MRO EK Weronika | 04 | MKP Szczecin | 9:12.91 | 651 |
| | 100m: 1:06.65 | 1:06.65 | 300m: 3:25.39 | 1:09.52 | 500m: 5:44.56 |
| | 200m: 2:15.87 | 1:09.22 | 400m: 4:34.92 | 1:09.53 | 600m: 6:54.46 |
| | | | | 1:09.64 | 700m: 8:04.30 |
| | | | | | 1:09.84 |
| | | | | 1:09.90 | 800m: 9:12.91 |
| | | | | | 1:08.61 |
| 3. | BEDNARZ Julia | 04 | UKS „ORKA” Zamo | 9:17.95 | 634 |
| | 100m: 1:05.67 | 1:05.67 | 300m: 3:25.79 | 1:10.36 | 500m: 5:46.44 |
| | 200m: 2:15.43 | 1:09.76 | 400m: 4:35.75 | 1:09.96 | 600m: 6:57.60 |
| | | | | 1:10.69 | 700m: 8:09.03 |
| | | | | | 1:11.43 |
| | | | | 1:11.16 | 800m: 9:17.95 |
| | | | | | 1:08.92 |
| 4. | MIKOŁAJCZYK Maja | 04 | UKS SP-149 Łód | 9:18.09 | 633 |
| | 100m: 1:06.04 | 1:06.04 | 300m: 3:25.54 | 1:09.98 | 500m: 5:46.25 |
| | 200m: 2:15.56 | 1:09.52 | 400m: 4:35.70 | 1:10.16 | 600m: 6:57.78 |
| | | | | 1:10.55 | 700m: 8:08.67 |
| | | | | | 1:10.89 |
| | | | | 1:11.53 | 800m: 9:18.09 |
| | | | | | 1:09.42 |
| 5. | MALINO Julia | 04 | UKS „ORKA” Zamo | 9:24.43 | 612 |
| | 100m: 1:06.89 | 1:06.89 | 300m: 3:28.20 | 1:10.85 | 500m: 5:50.93 |
| | 200m: 2:17.35 | 1:10.46 | 400m: 4:39.34 | 1:11.14 | 600m: 7:02.43 |
| | | | | 1:11.50 | 700m: 8:13.80 |
| | | | | | 1:11.37 |
| | | | | | 800m: 9:24.43 |
| | | | | | 1:10.63 |
| 6. | KACZOROWSKA Alicja | 04 | UKS G-8 Bielany Warszawa | 9:25.25 | 609 |
| | 100m: 1:06.48 | 1:06.48 | 300m: 3:27.06 | 1:10.19 | 500m: 5:49.96 |
| | 200m: 2:16.87 | 1:10.39 | 400m: 4:37.84 | 1:10.78 | 600m: 7:02.66 |
| | | | | 1:12.12 | 700m: 8:14.66 |
| | | | | | 1:12.00 |
| | | | | 1:12.70 | 800m: 9:25.25 |
| | | | | | 1:10.59 |
| 7. | FIGAS Alicja | 04 | MKP Szczecin | 9:28.78 | 598 |
| | 100m: 1:09.04 | 1:09.04 | 300m: 3:32.41 | 1:11.74 | 500m: 5:56.56 |
| | 200m: 2:20.67 | 1:11.63 | 400m: 4:44.61 | 1:12.20 | 600m: 7:08.26 |
| | | | | 1:11.70 | 700m: 8:19.98 |
| | | | | | 1:11.72 |
| | | | | | 800m: 9:28.78 |
| | | | | | 1:08.80 |
| 8. | RACZY SKA Wiktoria | 04 | AZS Łód | 9:39.23 | 566 |
| | 100m: 1:09.45 | 1:09.45 | 300m: 3:34.48 | 1:12.34 | 500m: 5:59.66 |
| | 200m: 2:22.14 | 1:12.69 | 400m: 4:46.99 | 1:12.51 | 600m: 7:12.80 |
| | | | | 1:13.14 | 700m: 8:26.71 |
| | | | | | 1:13.91 |
| | | | | | 800m: 9:39.23 |
| | | | | | 1:12.52 |
| 9. | WITEK Oliwia | 04 | MKS Jedyńka Łód | 9:45.72 | 548 |
| | 100m: 1:09.35 | 1:09.35 | 300m: 3:36.10 | 1:13.46 | 500m: 6:03.87 |
| | 200m: 2:22.64 | 1:13.29 | 400m: 4:49.71 | 1:13.61 | 600m: 7:17.77 |
| | | | | 1:13.90 | 700m: 8:32.42 |
| | | | | | 1:14.65 |
| | | | | | 800m: 9:45.72 |
| | | | | | 1:13.30 |
| 10. | HAŁADYN Kamila | 04 | UKS SP-149 Łód | 10:09.20 | 487 |
| | 100m: 1:10.33 | 1:10.33 | 300m: 3:44.79 | 1:18.40 | 500m: 6:22.97 |
| | 200m: 2:26.39 | 1:16.06 | 400m: 5:03.90 | 1:19.11 | 600m: 7:42.16 |
| | | | | 1:19.19 | 700m: 8:57.54 |
| | | | | | 1:15.38 |
| | | | | | 800m: 10:09.20 |
| | | | | | 1:11.66 |
| 11. | SADOWSKA Dominika | 04 | MUKS "Pi tnastka" | 10:09.40 | 486 |
| | 100m: 1:09.97 | 1:09.97 | 300m: 3:42.32 | 1:16.61 | 500m: 6:17.01 |
| | 200m: 2:25.71 | 1:15.74 | 400m: 4:59.34 | 1:17.02 | 600m: 7:34.90 |
| | | | | 1:17.89 | 700m: 8:53.40 |
| | | | | | 1:18.50 |
| | | | | | 800m: 10:09.40 |
| | | | | | 1:16.00 |

16 lat

| | | | | | |
|----|------------------|---------|------------------------|----------------|---------------|
| 1. | NOWAK Maja | 03 | AZS AWF Warszawa | 8:55.59 | 716 |
| | 100m: 1:05.04 | 1:05.04 | 300m: 3:20.75 | 1:07.82 | 500m: 5:35.53 |
| | 200m: 2:12.93 | 1:07.89 | 400m: 4:28.66 | 1:07.91 | 600m: 6:43.11 |
| | | | | 1:07.58 | 700m: 7:49.82 |
| | | | | | 1:06.71 |
| | | | | | 800m: 8:55.59 |
| | | | | | 1:05.77 |
| 2. | ZIELI SKA Daria | 03 | UKP „Polonia Warszawa” | 9:02.35 | 690 |
| | 100m: 1:06.67 | 1:06.67 | 300m: 3:24.07 | 1:08.53 | 500m: 5:39.73 |
| | 200m: 2:15.54 | 1:08.87 | 400m: 4:32.23 | 1:08.16 | 600m: 6:47.75 |
| | | | | 1:08.02 | 700m: 7:55.38 |
| | | | | | 1:07.63 |
| | | | | | 800m: 9:02.35 |
| | | | | | 1:06.97 |
| 3. | HAŁADYN Karolina | 03 | UKS 190 Łód | 9:15.68 | 641 |
| | 100m: 1:06.00 | 1:06.00 | 300m: 3:26.04 | 1:10.31 | 500m: 5:46.86 |
| | 200m: 2:15.73 | 1:09.73 | 400m: 4:36.34 | 1:10.30 | 600m: 6:57.14 |
| | | | | 1:10.28 | 700m: 8:06.70 |
| | | | | | 1:09.56 |
| | | | | | 800m: 9:15.68 |
| | | | | | 1:08.98 |
| 4. | FRYSIAK Zuzanna | 03 | MUKS "Pi tnastka" | 9:31.69 | 589 |
| | 100m: 1:07.43 | 1:07.43 | 300m: 3:31.09 | 1:11.96 | 500m: 5:57.02 |
| | 200m: 2:19.13 | 1:11.70 | 400m: 4:44.03 | 1:12.94 | 600m: 7:09.18 |
| | | | | 1:12.16 | 700m: 8:21.39 |
| | | | | | 1:12.21 |
| | | | | | 800m: 9:31.69 |
| | | | | | 1:10.30 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 23, Kobiet, 800m dowolny

17 - 18 lat

| | | | | | |
|----|-----------------------|-----------------------|--|------------------------|-----|
| 1. | ŁUCZAK Dominika | 02 | SMS Zielona Góra | 9:06.09 | 676 |
| | 100m: 1:06.52 1:06.52 | 300m: 3:24.88 1:09.19 | 500m: 5:41.77 1:08.28 | 700m: 7:58.52 1:08.31 | |
| | 200m: 2:15.69 1:09.17 | 400m: 4:33.49 1:08.61 | 600m: 6:50.21 1:08.44 | 800m: 9:06.09 1:07.57 | |
| 2. | DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włókniarz” 1929 | 9:13.63 | 649 |
| | 100m: 1:06.29 1:06.29 | 300m: 3:26.29 1:10.03 | 500m: 5:45.57 1:09.38 | 700m: 8:05.03 1:09.50 | |
| | 200m: 2:16.26 1:09.97 | 400m: 4:36.19 1:09.90 | 600m: 6:55.53 1:09.96 | 800m: 9:13.63 1:08.60 | |
| 3. | SVENSSON Lovisa | 02 | SS VAERMAMO | 10:17.31 | 468 |
| | 100m: 1:11.99 1:11.99 | 300m: 3:47.22 1:18.09 | 500m: 6:24.47 1:18.05 | 700m: 9:00.30 1:17.44 | |
| | 200m: 2:29.13 1:17.14 | 400m: 5:06.42 1:19.20 | 600m: 7:42.86 1:18.39 | 800m: 10:17.31 1:17.01 | |
| NW | JASZCZUK Ewa | 02 | MTP Kormoran Olsztyn | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

| Konkurencja 24 2019-11-24 - 8:30 | Kobiet, 400m zmienny | | | | 14 lat i starsi Wyniki |
|-------------------------------------|----------------------|----------------------|-------|----------------|---------------------------|
| RP Open | 4:31.89 | BARANOWSKA Katarzyna | 00116 | Debrecen (HUN) | 2007-12-16 |
| RP 19 - 23 | 4:31.89 | BARANOWSKA Katarzyna | 00116 | Debrecen (HUN) | 2007-12-16 |
| RP 18 | 4:33.70 | BARANOWSKA Katarzyna | POL | Trieste (ITA) | 2005-12-11 |
| RP 17 | 4:38.72 | SZCZEPANIAK Karolina | | Gorzów Wlkp. | 2009-11-29 |
| RP 16 | 4:38.89 | KNOP Aleksandra | 01605 | Lublin | 2018-12-18 |
| RP 15 | 4:38.89 | KNOP Aleksandra | 01605 | Lublin | 2018-12-18 |
| RP 14 | 4:43.77 | KNOP Aleksandra | 01605 | Łód | 2017-12-22 |

Punkty: FINA 2019

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|------------------------|-------------------------|---------------|--------------------------|---------------|-------|---------------|-------|----------------|------|
| 14 lat i starsi | | | | | | | | | |
| 1. | HERBREder Gabriela | 03 | UKS „GIM 92 Ursynów” | | | | | 4:50.92 | 705 |
| | 50m: 30.31 30.31 | 150m: 1:44.95 | 39.14 | 250m: 3:03.85 | 40.78 | 350m: 4:19.21 | 34.21 | | |
| | 100m: 1:05.81 35.50 | 200m: 2:23.07 | 38.12 | 300m: 3:45.00 | 41.15 | 400m: 4:50.92 | 31.71 | | |
| 2. | W GRZYNOWSKA Aleksandra | 01 | WKS I sk Wrocław | | | | | 4:54.76 | 677 |
| | 50m: 30.60 30.60 | 150m: 1:44.15 | 38.34 | 250m: 3:06.00 | 44.67 | 350m: 4:23.28 | 32.48 | | |
| | 100m: 1:05.81 35.21 | 200m: 2:21.33 | 37.18 | 300m: 3:50.80 | 44.80 | 400m: 4:54.76 | 31.48 | | |
| 3. | BEDNARZ Julia | 04 | UKS „ORKA” Zamo | | | | | 4:59.02 | 649 |
| | 50m: 31.67 31.67 | 150m: 1:46.56 | 38.89 | 250m: 3:06.22 | 40.94 | 350m: 4:24.47 | 36.34 | | |
| | 100m: 1:07.67 36.00 | 200m: 2:25.28 | 38.72 | 300m: 3:48.13 | 41.91 | 400m: 4:59.02 | 34.55 | | |
| 4. | NOWAK Maja | 03 | AZS AWF Warszawa | | | | | 5:01.19 | 635 |
| | 50m: 33.44 33.44 | 150m: 1:49.38 | 38.06 | 250m: 3:10.86 | 44.29 | 350m: 4:29.19 | 33.61 | | |
| | 100m: 1:11.32 37.88 | 200m: 2:26.57 | 37.19 | 300m: 3:55.58 | 44.72 | 400m: 5:01.19 | 32.00 | | |
| 5. | WOLSKA Karolina | 01 | MUKS "Pi tnastka" | | | | | 5:02.13 | 629 |
| | 50m: 32.52 32.52 | 150m: 1:47.14 | 37.97 | 250m: 3:07.66 | 43.83 | 350m: 4:27.82 | 35.78 | | |
| | 100m: 1:09.17 36.65 | 200m: 2:23.83 | 36.69 | 300m: 3:52.04 | 44.38 | 400m: 5:02.13 | 34.31 | | |
| 6. | MIKOŁAJCZYK Maja | 04 | UKS SP-149 Łód | | | | | 5:03.45 | 621 |
| | 50m: 32.24 32.24 | 150m: 1:48.82 | 40.01 | 250m: 3:10.75 | 42.09 | 350m: 4:29.02 | 35.09 | | |
| | 100m: 1:08.81 36.57 | 200m: 2:28.66 | 39.84 | 300m: 3:53.93 | 43.18 | 400m: 5:03.45 | 34.43 | | |
| 7. | MO D AN Milena | 03 | MKP Szczecin | | | | | 5:04.63 | 614 |
| | 50m: 32.83 32.83 | 150m: 1:50.21 | 39.71 | 250m: 3:11.59 | 43.40 | 350m: 4:30.53 | 34.90 | | |
| | 100m: 1:10.50 37.67 | 200m: 2:28.19 | 37.98 | 300m: 3:55.63 | 44.04 | 400m: 5:04.63 | 34.10 | | |
| 8. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | | | | | 5:08.60 | 590 |
| | 50m: 32.49 32.49 | 150m: 1:50.86 | 40.35 | 250m: 3:14.65 | 45.08 | 350m: 4:35.32 | 36.24 | | |
| | 100m: 1:10.51 38.02 | 200m: 2:29.57 | 38.71 | 300m: 3:59.08 | 44.43 | 400m: 5:08.60 | 33.28 | | |
| 9. | DRAGAN Julia | 04 | KS OLIMPIA Lublin | | | | | 5:09.76 | 584 |
| | 50m: 33.73 33.73 | 150m: 1:53.83 | 41.79 | 250m: 3:16.44 | 43.13 | 350m: 4:35.22 | 35.62 | | |
| | 100m: 1:12.04 38.31 | 200m: 2:33.31 | 39.48 | 300m: 3:59.60 | 43.16 | 400m: 5:09.76 | 34.54 | | |
| 10. | MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | | | | | 5:11.24 | 575 |
| | 50m: 32.70 32.70 | 150m: 1:52.76 | 40.76 | 250m: 3:16.55 | 44.42 | 350m: 4:37.31 | 34.98 | | |
| | 100m: 1:12.00 39.30 | 200m: 2:32.13 | 39.37 | 300m: 4:02.33 | 45.78 | 400m: 5:11.24 | 33.93 | | |
| 11. | SIOMA Zuzanna | 04 | UKS „ORKA” Zamo | | | | | 5:12.54 | 568 |
| | 50m: 33.18 33.18 | 150m: 1:50.48 | 39.39 | 250m: 3:12.66 | 44.46 | 350m: 4:36.20 | 38.35 | | |
| | 100m: 1:11.09 37.91 | 200m: 2:28.20 | 37.72 | 300m: 3:57.85 | 45.19 | 400m: 5:12.54 | 36.34 | | |
| 12. | BEDNAREK Aleksandra | 98 | UKS SP-149 Łód | | | | | 5:12.72 | 567 |
| | 50m: 34.24 34.24 | 150m: 1:54.90 | 40.99 | 250m: 3:18.39 | 43.59 | 350m: 4:37.92 | 35.58 | | |
| | 100m: 1:13.91 39.67 | 200m: 2:34.80 | 39.90 | 300m: 4:02.34 | 43.95 | 400m: 5:12.72 | 34.80 | | |
| 13. | S DŁAK Alicja | 05 | MUKS "Pi tnastka" | | | | | 5:13.34 | 564 |
| | 50m: 32.32 32.32 | 150m: 1:51.48 | 40.64 | 250m: 3:15.68 | 43.54 | 350m: 4:38.16 | 37.19 | | |
| | 100m: 1:10.84 38.52 | 200m: 2:32.14 | 40.66 | 300m: 4:00.97 | 45.29 | 400m: 5:13.34 | 35.18 | | |
| 14. | GRO Weronika | 03 | MKS „Astoria” Bydgoszcz | | | | | 5:13.52 | 563 |
| | 50m: 32.84 32.84 | 150m: 1:49.78 | 38.58 | 250m: 3:13.62 | 44.70 | 350m: 4:36.87 | 37.61 | | |
| | 100m: 1:11.20 38.36 | 200m: 2:28.92 | 39.14 | 300m: 3:59.26 | 45.64 | 400m: 5:13.52 | 36.65 | | |
| 15. | RYGIEL Oliwia | 02 | UKS Junior Kluczbork | | | | | 5:13.98 | 560 |
| | 50m: 32.86 32.86 | 150m: 1:49.85 | 39.83 | 250m: 3:14.92 | 46.16 | 350m: 4:39.71 | 37.33 | | |
| | 100m: 1:10.02 37.16 | 200m: 2:28.76 | 38.91 | 300m: 4:02.38 | 47.46 | 400m: 5:13.98 | 34.27 | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 24, Kobiet, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|----------------------|---------------|---------|---|-------|-------|---------|----------------|-------|---------|-------|
| 16. | WARCHAŁOWSKA Paulina | | 05 | KS OLIMPIA Lublin | | | | 5:14.08 | 560 | | |
| | 50m: | 33.40 33.40 | 150m: | 1:50.66 | 39.24 | 250m: | 3:15.80 | 45.99 | 350m: | 4:39.05 | 36.84 |
| | 100m: | 1:11.42 38.02 | 200m: | 2:29.81 | 39.15 | 300m: | 4:02.21 | 46.41 | 400m: | 5:14.08 | 35.03 |
| 17. | MALEC Klaudia | | 04 | UKS „ORKA” Zamo | | | | 5:14.25 | 559 | | |
| | 50m: | 32.70 32.70 | 150m: | 1:51.47 | 39.98 | 250m: | 3:14.41 | 43.62 | 350m: | 4:36.37 | 38.11 |
| | 100m: | 1:11.49 38.79 | 200m: | 2:30.79 | 39.32 | 300m: | 3:58.26 | 43.85 | 400m: | 5:14.25 | 37.88 |
| 18. | SZYSZKO Karolina | | 03 | UKP „Polonia Warszawa” | | | | 5:15.06 | 555 | | |
| | 50m: | 32.44 32.44 | 150m: | 1:51.17 | 40.01 | 250m: | 3:15.55 | 44.53 | 350m: | 4:38.34 | 37.28 |
| | 100m: | 1:11.16 38.72 | 200m: | 2:31.02 | 39.85 | 300m: | 4:01.06 | 45.51 | 400m: | 5:15.06 | 36.72 |
| 19. | TOMASIK Otylia | | 04 | MUKS "Pi tnastka" | | | | 5:22.03 | 519 | | |
| | 50m: | 33.56 33.56 | 150m: | 1:52.62 | 39.81 | 250m: | 3:19.82 | 47.50 | 350m: | 4:45.26 | 37.63 |
| | 100m: | 1:12.81 39.25 | 200m: | 2:32.32 | 39.70 | 300m: | 4:07.63 | 47.81 | 400m: | 5:22.03 | 36.77 |
| 20. | NOWAK Oliwia | | 04 | UKS „GIM 92 Ursynów” | | | | 5:22.86 | 515 | | |
| | 50m: | 34.30 34.30 | 150m: | 1:56.50 | 42.59 | 250m: | 3:23.55 | 45.25 | 350m: | 4:46.89 | 37.65 |
| | 100m: | 1:13.91 39.61 | 200m: | 2:38.30 | 41.80 | 300m: | 4:09.24 | 45.69 | 400m: | 5:22.86 | 35.97 |
| 21. | ŁUSZCZEWSKA Emilia | | 05 | MKS Juvenia Białystok | | | | 5:25.62 | 502 | | |
| | 50m: | 33.97 33.97 | 150m: | 1:55.56 | 41.16 | 250m: | 3:23.07 | 47.46 | 350m: | 4:48.88 | 38.33 |
| | 100m: | 1:14.40 40.43 | 200m: | 2:35.61 | 40.05 | 300m: | 4:10.55 | 47.48 | 400m: | 5:25.62 | 36.74 |
| 22. | SAMORAJ Oliwia | | 05 | MKS Piaseczno | | | | 5:27.64 | 493 | | |
| | 50m: | 34.32 34.32 | 150m: | 1:58.41 | 43.24 | 250m: | 3:25.71 | 46.34 | 350m: | 4:51.49 | 38.32 |
| | 100m: | 1:15.17 40.85 | 200m: | 2:39.37 | 40.96 | 300m: | 4:13.17 | 47.46 | 400m: | 5:27.64 | 36.15 |
| 23. | KOPROWSKA Kinga | | 05 | MKS SP 63 Bydgoszcz | | | | 5:29.54 | 485 | | |
| | 50m: | 35.42 35.42 | 150m: | 1:57.80 | 41.74 | 250m: | 3:25.95 | 46.64 | 350m: | 4:52.16 | 39.44 |
| | 100m: | 1:16.06 40.64 | 200m: | 2:39.31 | 41.51 | 300m: | 4:12.72 | 46.77 | 400m: | 5:29.54 | 37.38 |
| 24. | SADOWSKA Dominika | | 04 | MUKS "Pi tnastka" | | | | 5:31.03 | 478 | | |
| | 50m: | 34.18 34.18 | 150m: | 1:56.75 | 41.51 | 250m: | 3:26.40 | 49.31 | 350m: | 4:54.55 | 38.37 |
| | 100m: | 1:15.24 41.06 | 200m: | 2:37.09 | 40.34 | 300m: | 4:16.18 | 49.78 | 400m: | 5:31.03 | 36.48 |
| 25. | KRYWIEL Karolina | | 03 | MKP Szczecin | | | | 5:37.16 | 452 | | |
| | 50m: | 35.91 35.91 | 150m: | 1:59.81 | 41.16 | 250m: | 3:29.97 | 49.47 | 350m: | 4:58.84 | 39.91 |
| | 100m: | 1:18.65 42.74 | 200m: | 2:40.50 | 40.69 | 300m: | 4:18.93 | 48.96 | 400m: | 5:37.16 | 38.32 |
| 26. | KOWALSKA Nina | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 6:01.42 | 367 | | |
| | 50m: | 36.83 36.83 | 150m: | 2:07.63 | 46.11 | 250m: | 3:43.56 | 50.74 | 350m: | 5:19.14 | 43.41 |
| | 100m: | 1:21.52 44.69 | 200m: | 2:52.82 | 45.19 | 300m: | 4:35.73 | 52.17 | 400m: | 6:01.42 | 42.28 |
| NW | DOM OL Zuzanna | | 02 | Kaliski Klub Sportowy „Włókniarz” 1925 Kalisz | | | | | | | |
| NW | BERNAT Laura | | 05 | KS OLIMPIA Lublin | | | | | | | |

14 lat

| | | | | | | | | | | | |
|----|----------------------|---------------|-------|--------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | MAKSYMOWICZ Nina | | 05 | UKS G-8 Bielany Warszawa | | | | 5:11.24 | 575 | | |
| | 50m: | 32.70 32.70 | 150m: | 1:52.76 | 40.76 | 250m: | 3:16.55 | 44.42 | 350m: | 4:37.31 | 34.98 |
| | 100m: | 1:12.00 39.30 | 200m: | 2:32.13 | 39.37 | 300m: | 4:02.33 | 45.78 | 400m: | 5:11.24 | 33.93 |
| 2. | S DŁAK Alicja | | 05 | MUKS "Pi tnastka" | | | | 5:13.34 | 564 | | |
| | 50m: | 32.32 32.32 | 150m: | 1:51.48 | 40.64 | 250m: | 3:15.68 | 43.54 | 350m: | 4:38.16 | 37.19 |
| | 100m: | 1:10.84 38.52 | 200m: | 2:32.14 | 40.66 | 300m: | 4:00.97 | 45.29 | 400m: | 5:13.34 | 35.18 |
| 3. | WARCHAŁOWSKA Paulina | | 05 | KS OLIMPIA Lublin | | | | 5:14.08 | 560 | | |
| | 50m: | 33.40 33.40 | 150m: | 1:50.66 | 39.24 | 250m: | 3:15.80 | 45.99 | 350m: | 4:39.05 | 36.84 |
| | 100m: | 1:11.42 38.02 | 200m: | 2:29.81 | 39.15 | 300m: | 4:02.21 | 46.41 | 400m: | 5:14.08 | 35.03 |
| 4. | ŁUSZCZEWSKA Emilia | | 05 | MKS Juvenia Białystok | | | | 5:25.62 | 502 | | |
| | 50m: | 33.97 33.97 | 150m: | 1:55.56 | 41.16 | 250m: | 3:23.07 | 47.46 | 350m: | 4:48.88 | 38.33 |
| | 100m: | 1:14.40 40.43 | 200m: | 2:35.61 | 40.05 | 300m: | 4:10.55 | 47.48 | 400m: | 5:25.62 | 36.74 |
| 5. | SAMORAJ Oliwia | | 05 | MKS Piaseczno | | | | 5:27.64 | 493 | | |
| | 50m: | 34.32 34.32 | 150m: | 1:58.41 | 43.24 | 250m: | 3:25.71 | 46.34 | 350m: | 4:51.49 | 38.32 |
| | 100m: | 1:15.17 40.85 | 200m: | 2:39.37 | 40.96 | 300m: | 4:13.17 | 47.46 | 400m: | 5:27.64 | 36.15 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 24, Dziewcz t, 400m zmienny, 14 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | | |
|---------|-----------------|-------------|---------|------------------------------|---------|-------|---------|----------------|-------|---------|---------|-------|
| 6. | KOPROWSKA Kinga | | 05 | MKS SP 63 Bydgoszcz | | | | 5:29.54 | 485 | | | |
| | 50m: | 35.42 35.42 | 150m: | 1:57.80 | 41.74 | 250m: | 3:25.95 | 46.64 | 350m: | 4:52.16 | 39.44 | |
| | 100m: | 1:16.06 | 40.64 | 200m: | 2:39.31 | 41.51 | 300m: | 4:12.72 | 46.77 | 400m: | 5:29.54 | 37.38 |
| 7. | KOWALSKA Nina | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 6:01.42 | 367 | | | |
| | 50m: | 36.83 36.83 | 150m: | 2:07.63 | 46.11 | 250m: | 3:43.56 | 50.74 | 350m: | 5:19.14 | 43.41 | |
| | 100m: | 1:21.52 | 44.69 | 200m: | 2:52.82 | 45.19 | 300m: | 4:35.73 | 52.17 | 400m: | 6:01.42 | 42.28 |
| NW | BERNAT Laura | | 05 | KS OLIMPIA Lublin | | | | | | | | |

15 lat

| | | | | | | | | | | | | |
|----|---------------------|-------------|-------|----------------------|---------|-------|---------|----------------|-------|---------|---------|-------|
| 1. | BEDNARZ Julia | | 04 | UKS „ORKA” Zamo | | | | 4:59.02 | 649 | | | |
| | 50m: | 31.67 31.67 | 150m: | 1:46.56 | 38.89 | 250m: | 3:06.22 | 40.94 | 350m: | 4:24.47 | 36.34 | |
| | 100m: | 1:07.67 | 36.00 | 200m: | 2:25.28 | 38.72 | 300m: | 3:48.13 | 41.91 | 400m: | 4:59.02 | 34.55 |
| 2. | MIKOŁAJCZYK Maja | | 04 | UKS SP-149 Łód | | | | 5:03.45 | 621 | | | |
| | 50m: | 32.24 32.24 | 150m: | 1:48.82 | 40.01 | 250m: | 3:10.75 | 42.09 | 350m: | 4:29.02 | 35.09 | |
| | 100m: | 1:08.81 | 36.57 | 200m: | 2:28.66 | 39.84 | 300m: | 3:53.93 | 43.18 | 400m: | 5:03.45 | 34.43 |
| 3. | SIENKIEWICZ Martyna | | 04 | MUKS "Pi tnastka" | | | | 5:08.60 | 590 | | | |
| | 50m: | 32.49 32.49 | 150m: | 1:50.86 | 40.35 | 250m: | 3:14.65 | 45.08 | 350m: | 4:35.32 | 36.24 | |
| | 100m: | 1:10.51 | 38.02 | 200m: | 2:29.57 | 38.71 | 300m: | 3:59.08 | 44.43 | 400m: | 5:08.60 | 33.28 |
| 4. | DRAGAN Julia | | 04 | KS OLIMPIA Lublin | | | | 5:09.76 | 584 | | | |
| | 50m: | 33.73 33.73 | 150m: | 1:53.83 | 41.79 | 250m: | 3:16.44 | 43.13 | 350m: | 4:35.22 | 35.62 | |
| | 100m: | 1:12.04 | 38.31 | 200m: | 2:33.31 | 39.48 | 300m: | 3:59.60 | 43.16 | 400m: | 5:09.76 | 34.54 |
| 5. | SIOMA Zuzanna | | 04 | UKS „ORKA” Zamo | | | | 5:12.54 | 568 | | | |
| | 50m: | 33.18 33.18 | 150m: | 1:50.48 | 39.39 | 250m: | 3:12.66 | 44.46 | 350m: | 4:36.20 | 38.35 | |
| | 100m: | 1:11.09 | 37.91 | 200m: | 2:28.20 | 37.72 | 300m: | 3:57.85 | 45.19 | 400m: | 5:12.54 | 36.34 |
| 6. | MALEC Klaudia | | 04 | UKS „ORKA” Zamo | | | | 5:14.25 | 559 | | | |
| | 50m: | 32.70 32.70 | 150m: | 1:51.47 | 39.98 | 250m: | 3:14.41 | 43.62 | 350m: | 4:36.37 | 38.11 | |
| | 100m: | 1:11.49 | 38.79 | 200m: | 2:30.79 | 39.32 | 300m: | 3:58.26 | 43.85 | 400m: | 5:14.25 | 37.88 |
| 7. | TOMASIK Otylia | | 04 | MUKS "Pi tnastka" | | | | 5:22.03 | 519 | | | |
| | 50m: | 33.56 33.56 | 150m: | 1:52.62 | 39.81 | 250m: | 3:19.82 | 47.50 | 350m: | 4:45.26 | 37.63 | |
| | 100m: | 1:12.81 | 39.25 | 200m: | 2:32.32 | 39.70 | 300m: | 4:07.63 | 47.81 | 400m: | 5:22.03 | 36.77 |
| 8. | NOWAK Oliwia | | 04 | UKS „GIM 92 Ursynów" | | | | 5:22.86 | 515 | | | |
| | 50m: | 34.30 34.30 | 150m: | 1:56.50 | 42.59 | 250m: | 3:23.55 | 45.25 | 350m: | 4:46.89 | 37.65 | |
| | 100m: | 1:13.91 | 39.61 | 200m: | 2:38.30 | 41.80 | 300m: | 4:09.24 | 45.69 | 400m: | 5:22.86 | 35.97 |
| 9. | SADOWSKA Dominika | | 04 | MUKS "Pi tnastka" | | | | 5:31.03 | 478 | | | |
| | 50m: | 34.18 34.18 | 150m: | 1:56.75 | 41.51 | 250m: | 3:26.40 | 49.31 | 350m: | 4:54.55 | 38.37 | |
| | 100m: | 1:15.24 | 41.06 | 200m: | 2:37.09 | 40.34 | 300m: | 4:16.18 | 49.78 | 400m: | 5:31.03 | 36.48 |

16 lat

| | | | | | | | | | | | | |
|----|--------------------|-------------|-------|-------------------------|---------|-------|---------|----------------|-------|---------|---------|-------|
| 1. | HERBREDEK Gabriela | | 03 | UKS „GIM 92 Ursynów" | | | | 4:50.92 | 705 | | | |
| | 50m: | 30.31 30.31 | 150m: | 1:44.95 | 39.14 | 250m: | 3:03.85 | 40.78 | 350m: | 4:19.21 | 34.21 | |
| | 100m: | 1:05.81 | 35.50 | 200m: | 2:23.07 | 38.12 | 300m: | 3:45.00 | 41.15 | 400m: | 4:50.92 | 31.71 |
| 2. | NOWAK Maja | | 03 | AZS AWF Warszawa | | | | 5:01.19 | 635 | | | |
| | 50m: | 33.44 33.44 | 150m: | 1:49.38 | 38.06 | 250m: | 3:10.86 | 44.29 | 350m: | 4:29.19 | 33.61 | |
| | 100m: | 1:11.32 | 37.88 | 200m: | 2:26.57 | 37.19 | 300m: | 3:55.58 | 44.72 | 400m: | 5:01.19 | 32.00 |
| 3. | MO D AN Milena | | 03 | MKP Szczecin | | | | 5:04.63 | 614 | | | |
| | 50m: | 32.83 32.83 | 150m: | 1:50.21 | 39.71 | 250m: | 3:11.59 | 43.40 | 350m: | 4:30.53 | 34.90 | |
| | 100m: | 1:10.50 | 37.67 | 200m: | 2:28.19 | 37.98 | 300m: | 3:55.63 | 44.04 | 400m: | 5:04.63 | 34.10 |
| 4. | GRO Weronika | | 03 | MKS „Astoria” Bydgoszcz | | | | 5:13.52 | 563 | | | |
| | 50m: | 32.84 32.84 | 150m: | 1:49.78 | 38.58 | 250m: | 3:13.62 | 44.70 | 350m: | 4:36.87 | 37.61 | |
| | 100m: | 1:11.20 | 38.36 | 200m: | 2:28.92 | 39.14 | 300m: | 3:59.26 | 45.64 | 400m: | 5:13.52 | 36.65 |
| 5. | SZYSZKO Karolina | | 03 | UKP „Polonia Warszawa" | | | | 5:15.06 | 555 | | | |
| | 50m: | 32.44 32.44 | 150m: | 1:51.17 | 40.01 | 250m: | 3:15.55 | 44.53 | 350m: | 4:38.34 | 37.28 | |
| | 100m: | 1:11.16 | 38.72 | 200m: | 2:31.02 | 39.85 | 300m: | 4:01.06 | 45.51 | 400m: | 5:15.06 | 36.72 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 24, Dziewcz t, 400m zmienny, 16 lat

| Pozycja | | | | Rok ur. | | | | | Czas | Pkt. | |
|---------|---------|----------|-------|---------|---------|----------|-------|---------|----------------|---------------|-------|
| 6. | KRYWIEL | Karolina | | 03 | MKP | Szczecin | | | 5:37.16 | 452 | |
| | 50m: | 35.91 | 35.91 | 150m: | 1:59.81 | 41.16 | 250m: | 3:29.97 | 49.47 | 350m: 4:58.84 | 39.91 |
| | 100m: | 1:18.65 | 42.74 | 200m: | 2:40.50 | 40.69 | 300m: | 4:18.93 | 48.96 | 400m: 5:37.16 | 38.32 |

17 - 18 lat

| | | | | | | | | | | | |
|----|--------------|------------|-------|-------|-----------------------|-------------------------|-------|---------|----------------|---------------|-------|
| 1. | W GRZYNOWSKA | Aleksandra | | 01 | WKS | I sk Wrocław | | | 4:54.76 | 677 | |
| | 50m: | 30.60 | 30.60 | 150m: | 1:44.15 | 38.34 | 250m: | 3:06.00 | 44.67 | 350m: 4:23.28 | 32.48 |
| | 100m: | 1:05.81 | 35.21 | 200m: | 2:21.33 | 37.18 | 300m: | 3:50.80 | 44.80 | 400m: 4:54.76 | 31.48 |
| 2. | WOLSKA | Karolina | | 01 | MUKS | "Pi tnastka" | | | 5:02.13 | 629 | |
| | 50m: | 32.52 | 32.52 | 150m: | 1:47.14 | 37.97 | 250m: | 3:07.66 | 43.83 | 350m: 4:27.82 | 35.78 |
| | 100m: | 1:09.17 | 36.65 | 200m: | 2:23.83 | 36.69 | 300m: | 3:52.04 | 44.38 | 400m: 5:02.13 | 34.31 |
| 3. | RYGIEL | Oliwia | | 02 | UKS | Junior Kluczbork | | | 5:13.98 | 560 | |
| | 50m: | 32.86 | 32.86 | 150m: | 1:49.85 | 39.83 | 250m: | 3:14.92 | 46.16 | 350m: 4:39.71 | 37.33 |
| | 100m: | 1:10.02 | 37.16 | 200m: | 2:28.76 | 38.91 | 300m: | 4:02.38 | 47.46 | 400m: 5:13.98 | 34.27 |
| NW | DOM OL | Zuzanna | | 02 | Kaliski Klub Sportowy | „Włókniarz" 1925 Kalisz | | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 25
2019-11-24 - 8:48

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|------------------|-------|----------------|------------|
| RP Open | 4:03.20 | WOJT Lukasz | POL | Berlin (GER) | 2009-11-14 |
| RP 19 - 23 | 4:04.48 | MATCZAK Mateusz | 00116 | Gorzów Wlkp. | 2009-11-27 |
| RP 18 | 4:09.07 | MATCZAK Mateusz | 00905 | Debrecen (HUN) | 2007-12-14 |
| RP 17 | 4:11.22 | W GROWSKI Marcel | 00505 | Olsztyn | 2016-12-16 |
| RP 16 | 4:12.62 | W GROWSKI Marcel | 00505 | Lublin | 2015-12-18 |
| RP 15 | 4:23.69 | KĄLUSOWSKI Jan | 00905 | Lublin | 2015-12-18 |
| RP 14 | 4:28.26 | URYNIUK Paweł | 05114 | Poznan | 2017-11-25 |

Punkty: FINA 2019

| Pozycja | | | Rok ur. | | | Czas | Pkt. |
|------------------------|---------------------|---------------------|-------------------------------|---------------------|-----|------|------|
| 14 lat i starsi | | | | | | | |
| 1. | W GROWSKI Marcel | 99 | KU AZS Politechniki Łódzkiej | 4:14.61 | 791 | | |
| | 50m: 26.42 26.42 | 150m: 1:29.10 32.09 | 250m: 2:36.93 36.25 | 350m: 3:44.85 30.46 | | | |
| | 100m: 57.01 30.59 | 200m: 2:00.68 31.58 | 300m: 3:14.39 37.46 | 400m: 4:14.61 29.76 | | | |
| 2. | MALEC Mikołaj | 01 | MKS Trójka Łód | 4:18.59 | 755 | | |
| | 50m: 27.68 27.68 | 150m: 1:32.36 33.35 | 250m: 2:42.63 38.09 | 350m: 3:50.65 29.48 | | | |
| | 100m: 59.01 31.33 | 200m: 2:04.54 32.18 | 300m: 3:21.17 38.54 | 400m: 4:18.59 27.94 | | | |
| 3. | BUJAK Dominik | 99 | St. Lok. SALOS Cortile Kielce | 4:18.96 | 752 | | |
| | 50m: 27.97 27.97 | 150m: 1:33.87 33.79 | 250m: 2:43.90 37.14 | 350m: 3:51.09 29.88 | | | |
| | 100m: 1:00.08 32.11 | 200m: 2:06.76 32.89 | 300m: 3:21.21 37.31 | 400m: 4:18.96 27.87 | | | |
| 4. | WARZOCHA Albert | 01 | Uks Cityzen | 4:22.62 | 721 | | |
| | 50m: 27.60 27.60 | 150m: 1:33.22 33.71 | 250m: 2:43.60 37.21 | 350m: 3:53.00 31.16 | | | |
| | 100m: 59.51 31.91 | 200m: 2:06.39 33.17 | 300m: 3:21.84 38.24 | 400m: 4:22.62 29.62 | | | |
| 5. | OLLER Krzysztof | 00 | KU AZS UMCS Lublin | 4:27.89 | 679 | | |
| | 50m: 28.37 28.37 | 150m: 1:35.40 34.74 | 250m: 2:47.59 38.75 | 350m: 3:58.02 31.15 | | | |
| | 100m: 1:00.66 32.29 | 200m: 2:08.84 33.44 | 300m: 3:26.87 39.28 | 400m: 4:27.89 29.87 | | | |
| 6. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów" | 4:30.50 | 659 | | |
| | 50m: 27.64 27.64 | 150m: 1:35.26 34.79 | 250m: 2:47.94 37.95 | 350m: 3:59.70 32.04 | | | |
| | 100m: 1:00.47 32.83 | 200m: 2:09.99 34.73 | 300m: 3:27.66 39.72 | 400m: 4:30.50 30.80 | | | |
| 7. | CIASTO Sebastian | 99 | AZS AWF Katowice | 4:31.18 | 654 | | |
| | 50m: 28.96 28.96 | 150m: 1:36.08 34.13 | 250m: 2:47.92 37.47 | 350m: 3:59.12 32.92 | | | |
| | 100m: 1:01.95 32.99 | 200m: 2:10.45 34.37 | 300m: 3:26.20 38.28 | 400m: 4:31.18 32.06 | | | |
| 8. | ANTCZAK Bartosz | 03 | UKP „Polonia Warszawa" | 4:31.24 | 654 | | |
| | 50m: 27.82 27.82 | 150m: 1:35.91 35.59 | 250m: 2:48.92 38.40 | 350m: 4:00.76 32.47 | | | |
| | 100m: 1:00.32 32.50 | 200m: 2:10.52 34.61 | 300m: 3:28.29 39.37 | 400m: 4:31.24 30.48 | | | |
| 9. | JAWORSKI Norbert | 98 | KU AZS UMCS Lublin | 4:31.29 | 654 | | |
| | 50m: 30.34 30.34 | 150m: 1:40.01 35.56 | 250m: 2:51.57 36.68 | 350m: 4:01.16 32.07 | | | |
| | 100m: 1:04.45 34.11 | 200m: 2:14.89 34.88 | 300m: 3:29.09 37.52 | 400m: 4:31.29 30.13 | | | |
| 10. | GOTSZLING Dawid | 01 | SMS Zielona Góra | 4:31.41 | 653 | | |
| | 50m: 26.98 26.98 | 150m: 1:33.27 34.49 | 250m: 2:47.21 39.78 | 350m: 3:59.90 32.30 | | | |
| | 100m: 58.78 31.80 | 200m: 2:07.43 34.16 | 300m: 3:27.60 40.39 | 400m: 4:31.41 31.51 | | | |
| 11. | GUZY Marcel | 01 | DOKiS SP Vega Dobrodzie | 4:31.86 | 650 | | |
| | 50m: 29.30 29.30 | 150m: 1:37.59 35.04 | 250m: 2:48.98 37.17 | 350m: 3:59.80 33.36 | | | |
| | 100m: 1:02.55 33.25 | 200m: 2:11.81 34.22 | 300m: 3:26.44 37.46 | 400m: 4:31.86 32.06 | | | |
| 12. | DOBRINDT Mikołaj | 03 | MUKS "Pi tnastka" | 4:33.59 | 637 | | |
| | 50m: 29.51 29.51 | 150m: 1:40.19 36.25 | 250m: 2:52.07 36.94 | 350m: 4:02.30 31.94 | | | |
| | 100m: 1:03.94 34.43 | 200m: 2:15.13 34.94 | 300m: 3:30.36 38.29 | 400m: 4:33.59 31.29 | | | |
| 13. | BOBORYK Wojciech | 02 | KS Delfin Gdynia | 4:33.87 | 635 | | |
| | 50m: 29.13 29.13 | 150m: 1:37.95 34.93 | 250m: 2:51.91 39.15 | 350m: 4:03.18 31.95 | | | |
| | 100m: 1:03.02 33.89 | 200m: 2:12.76 34.81 | 300m: 3:31.23 39.32 | 400m: 4:33.87 30.69 | | | |
| 14. | G STAŁ Jan | 03 | UKS „GIM 92 Ursynów" | 4:34.99 | 628 | | |
| | 50m: 27.92 27.92 | 150m: 1:36.84 35.67 | 250m: 2:52.06 40.00 | 350m: 4:04.98 32.31 | | | |
| | 100m: 1:01.17 33.25 | 200m: 2:12.06 35.22 | 300m: 3:32.67 40.61 | 400m: 4:34.99 30.01 | | | |
| 15. | KADROW Konrad | 97 | KU AZS UMCS Lublin | 4:38.58 | 604 | | |
| | 50m: 30.27 30.27 | 150m: 1:42.07 37.17 | 250m: 2:56.80 38.69 | 350m: 4:07.65 32.55 | | | |
| | 100m: 1:04.90 34.63 | 200m: 2:18.11 36.04 | 300m: 3:35.10 38.30 | 400m: 4:38.58 30.93 | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 25, M czyzn, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|------------|---------------|---------|-------------------|------------------------|---------------|----------------|---------------|------|
| 16. | WALCZYSKO | Jakub | 00 | KU AZS AGH | Kraków | | 4:40.26 | 593 | |
| | 50m: | 28.67 28.67 | 150m: | 1:38.79 36.31 | 250m: | 2:54.98 39.79 | 350m: | 4:08.36 32.94 | |
| | 100m: | 1:02.48 33.81 | 200m: | 2:15.19 36.40 | 300m: | 3:35.42 40.44 | 400m: | 4:40.26 31.90 | |
| 17. | POWRO | NIK Konrad | 97 | WKS | I sk Wrocław | | 4:40.48 | 591 | |
| | 50m: | 29.54 29.54 | 150m: | 1:38.28 36.59 | 250m: | 2:53.93 39.91 | 350m: | 4:08.20 33.66 | |
| | 100m: | 1:01.69 32.15 | 200m: | 2:14.02 35.74 | 300m: | 3:34.54 40.61 | 400m: | 4:40.48 32.28 | |
| 18. | RAJCA | Wiktor | 02 | KS KSZO | Ostrowiec w. | | 4:41.89 | 583 | |
| | 50m: | 29.21 29.21 | 150m: | 1:38.44 36.52 | 250m: | 2:54.35 40.13 | 350m: | 4:09.35 33.93 | |
| | 100m: | 1:01.92 32.71 | 200m: | 2:14.22 35.78 | 300m: | 3:35.42 41.07 | 400m: | 4:41.89 32.54 | |
| 19. | BOROWSKI | Jakub | 02 | St. Lok. | SALOS Cortile Kielce | | 4:42.77 | 577 | |
| | 50m: | 30.52 30.52 | 150m: | 1:39.94 34.69 | 250m: | 2:56.61 41.83 | 350m: | 4:11.33 32.67 | |
| | 100m: | 1:05.25 34.73 | 200m: | 2:14.78 34.84 | 300m: | 3:38.66 42.05 | 400m: | 4:42.77 31.44 | |
| 20. | GÖRANSSON | Carl | 00 | VSS | VASBY | | 4:43.27 | 574 | |
| | 50m: | 29.26 29.26 | 150m: | 1:40.70 37.39 | 250m: | 2:56.79 38.86 | 350m: | 4:11.14 32.94 | |
| | 100m: | 1:03.31 34.05 | 200m: | 2:17.93 37.23 | 300m: | 3:38.20 41.41 | 400m: | 4:43.27 32.13 | |
| 21. | YRO | Ignacy | 04 | UKS „GIM 92 | Ursynów" | | 4:43.92 | 570 | |
| | 50m: | 29.30 29.30 | 150m: | 1:40.55 37.51 | 250m: | 2:57.45 40.81 | 350m: | 4:12.00 32.68 | |
| | 100m: | 1:03.04 33.74 | 200m: | 2:16.64 36.09 | 300m: | 3:39.32 41.87 | 400m: | 4:43.92 31.92 | |
| 22. | ZUZANIUK | Igor | 04 | KS OLIMPIA | Lublin | | 4:47.26 | 550 | |
| | 50m: | 30.36 30.36 | 150m: | 1:42.01 37.30 | 250m: | 2:58.02 40.54 | 350m: | 4:14.35 34.13 | |
| | 100m: | 1:04.71 34.35 | 200m: | 2:17.48 35.47 | 300m: | 3:40.22 42.20 | 400m: | 4:47.26 32.91 | |
| 23. | J DRYKA | Nikodem | 04 | MKS Trójka | Łód | | 4:49.52 | 538 | |
| | 50m: | 31.03 31.03 | 150m: | 1:45.13 38.38 | 250m: | 3:03.80 40.54 | 350m: | 4:18.64 33.72 | |
| | 100m: | 1:06.75 35.72 | 200m: | 2:23.26 38.13 | 300m: | 3:44.92 41.12 | 400m: | 4:49.52 30.88 | |
| 24. | MACIOSZEK | Maksymilian | 03 | UKP „Polonia | Warszawa" | | 4:49.79 | 536 | |
| | 50m: | 30.24 30.24 | 150m: | 1:44.51 38.01 | 250m: | 3:01.65 39.83 | 350m: | 4:17.48 34.00 | |
| | 100m: | 1:06.50 36.26 | 200m: | 2:21.82 37.31 | 300m: | 3:43.48 41.83 | 400m: | 4:49.79 32.31 | |
| 25. | PI TKA | Hubert | 04 | MKP | Szczecin | | 4:49.86 | 536 | |
| | 50m: | 30.39 30.39 | 150m: | 1:44.58 38.57 | 250m: | 3:02.68 40.86 | 350m: | 4:19.09 34.63 | |
| | 100m: | 1:06.01 35.62 | 200m: | 2:21.82 37.24 | 300m: | 3:44.46 41.78 | 400m: | 4:49.86 30.77 | |
| 26. | SZYMA | SKI Igor | 05 | MUKS "Pi | tnastka" | | 4:53.91 | 514 | |
| | 50m: | 30.81 30.81 | 150m: | 1:47.13 40.14 | 250m: | 3:04.61 37.72 | 350m: | 4:19.07 35.81 | |
| | 100m: | 1:06.99 36.18 | 200m: | 2:26.89 39.76 | 300m: | 3:43.26 38.65 | 400m: | 4:53.91 34.84 | |
| 27. | OLEJNIK | Adam | 03 | TP Skalar | Słupsk | | 4:54.06 | 513 | |
| | 50m: | 30.87 30.87 | 150m: | 1:48.00 38.12 | 250m: | 3:04.97 40.10 | 350m: | 4:20.61 35.06 | |
| | 100m: | 1:09.88 39.01 | 200m: | 2:24.87 36.87 | 300m: | 3:45.55 40.58 | 400m: | 4:54.06 33.45 | |
| 28. | J DRYCH | Krzysztof | 04 | KS Posenania | Pozna | | 4:55.47 | 506 | |
| | 50m: | 29.98 29.98 | 150m: | 1:43.58 38.22 | 250m: | 3:05.02 44.37 | 350m: | 4:23.89 34.06 | |
| | 100m: | 1:05.36 35.38 | 200m: | 2:20.65 37.07 | 300m: | 3:49.83 44.81 | 400m: | 4:55.47 31.58 | |
| 29. | GÓRAL | Piotr | 05 | UKS „Dwójka" | Tczew | | 4:57.27 | 497 | |
| | 50m: | 32.33 32.33 | 150m: | 1:46.65 38.84 | 250m: | 3:06.17 43.12 | 350m: | 4:24.64 34.46 | |
| | 100m: | 1:07.81 35.48 | 200m: | 2:23.05 36.40 | 300m: | 3:50.18 44.01 | 400m: | 4:57.27 32.63 | |
| 30. | DZIERKACZ | Igor | 05 | MKS SP 63 | Bydgoszcz | | 5:03.07 | 469 | |
| | 50m: | 31.63 31.63 | 150m: | 1:48.45 40.56 | 250m: | 3:10.78 42.60 | 350m: | 4:29.97 36.22 | |
| | 100m: | 1:07.89 36.26 | 200m: | 2:28.18 39.73 | 300m: | 3:53.75 42.97 | 400m: | 5:03.07 33.10 | |
| 31. | STRZELECKI | Wiktor | 04 | MKS „Astoria" | Bydgoszcz | | 5:03.17 | 468 | |
| | 50m: | 30.00 30.00 | 150m: | 1:45.28 39.63 | 250m: | 3:08.17 43.87 | 350m: | 4:30.15 35.61 | |
| | 100m: | 1:05.65 35.65 | 200m: | 2:24.30 39.02 | 300m: | 3:54.54 46.37 | 400m: | 5:03.17 33.02 | |
| 32. | BORZYMEK | Hubert | 02 | Mokotowski UKP | Warszawianka- Wodny | | 5:05.97 | 455 | |
| | 50m: | 31.23 31.23 | 150m: | 1:47.25 38.95 | 250m: | 3:10.99 44.57 | 350m: | 4:31.38 35.11 | |
| | 100m: | 1:08.30 37.07 | 200m: | 2:26.42 39.17 | 300m: | 3:56.27 45.28 | 400m: | 5:05.97 34.59 | |
| 33. | LASKI | Filip | 04 | St. KF KS „Fenix" | O arów Mazowiecki | | 5:08.19 | 446 | |
| | 50m: | 31.71 31.71 | 150m: | 1:48.53 39.42 | 250m: | 3:11.98 44.41 | 350m: | 4:32.31 36.27 | |
| | 100m: | 1:09.11 37.40 | 200m: | 2:27.57 39.04 | 300m: | 3:56.04 44.06 | 400m: | 5:08.19 35.88 | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 25, M czyzn, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|---|---------------|---------|----------------------|-------|---------------|-------|----------------|------|
| 34. | MAZUREK Bła ej | | 04 | MKP Szczecin | | | | 5:10.22 | 437 |
| | 50m: | 31.69 31.69 | 150m: | 1:52.26 41.24 | 250m: | 3:18.26 44.87 | 350m: | 4:36.93 33.57 | |
| | 100m: | 1:11.02 39.33 | 200m: | 2:33.39 41.13 | 300m: | 4:03.36 45.10 | 400m: | 5:10.22 33.29 | |
| DYSKW. | OKO Maksymilian | | 05 | UKS „GIM 92 Ursynów” | | | | | |
| | <i>Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zakoczeniu wy cigu w danym stylu., /M7</i> | | | | | | | | |

14 lat

| | | | | | | | | | |
|--------|---|---------------|-------|----------------------|-------|---------------|-------|----------------|-----|
| 1. | SZYMA SKI Igor | | 05 | MUKS "Pi tnastka" | | | | 4:53.91 | 514 |
| | 50m: | 30.81 30.81 | 150m: | 1:47.13 40.14 | 250m: | 3:04.61 37.72 | 350m: | 4:19.07 35.81 | |
| | 100m: | 1:06.99 36.18 | 200m: | 2:26.89 39.76 | 300m: | 3:43.26 38.65 | 400m: | 4:53.91 34.84 | |
| 2. | GÓRAL Piotr | | 05 | UKS „Dwójka” Tczew | | | | 4:57.27 | 497 |
| | 50m: | 32.33 32.33 | 150m: | 1:46.65 38.84 | 250m: | 3:06.17 43.12 | 350m: | 4:24.64 34.46 | |
| | 100m: | 1:07.81 35.48 | 200m: | 2:23.05 36.40 | 300m: | 3:50.18 44.01 | 400m: | 4:57.27 32.63 | |
| 3. | DZIERKACZ Igor | | 05 | MKS SP 63 Bydgoszcz | | | | 5:03.07 | 469 |
| | 50m: | 31.63 31.63 | 150m: | 1:48.45 40.56 | 250m: | 3:10.78 42.60 | 350m: | 4:29.97 36.22 | |
| | 100m: | 1:07.89 36.26 | 200m: | 2:28.18 39.73 | 300m: | 3:53.75 42.97 | 400m: | 5:03.07 33.10 | |
| DYSKW. | OKO Maksymilian | | 05 | UKS „GIM 92 Ursynów” | | | | | |
| | <i>Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zakoczeniu wy cigu w danym stylu., /M7</i> | | | | | | | | |

15 lat

| | | | | | | | | | |
|----|-------------------|---------------|-------|-------------------------------------|-------|---------------|-------|----------------|-----|
| 1. | KONARSKI Maciej | | 04 | UKS „GIM 92 Ursynów” | | | | 4:30.50 | 659 |
| | 50m: | 27.64 27.64 | 150m: | 1:35.26 34.79 | 250m: | 2:47.94 37.95 | 350m: | 3:59.70 32.04 | |
| | 100m: | 1:00.47 32.83 | 200m: | 2:09.99 34.73 | 300m: | 3:27.66 39.72 | 400m: | 4:30.50 30.80 | |
| 2. | YRO Ignacy | | 04 | UKS „GIM 92 Ursynów” | | | | 4:43.92 | 570 |
| | 50m: | 29.30 29.30 | 150m: | 1:40.55 37.51 | 250m: | 2:57.45 40.81 | 350m: | 4:12.00 32.68 | |
| | 100m: | 1:03.04 33.74 | 200m: | 2:16.64 36.09 | 300m: | 3:39.32 41.87 | 400m: | 4:43.92 31.92 | |
| 3. | ZUZANIUK Igor | | 04 | KS OLIMPIA Lublin | | | | 4:47.26 | 550 |
| | 50m: | 30.36 30.36 | 150m: | 1:42.01 37.30 | 250m: | 2:58.02 40.54 | 350m: | 4:14.35 34.13 | |
| | 100m: | 1:04.71 34.35 | 200m: | 2:17.48 35.47 | 300m: | 3:40.22 42.20 | 400m: | 4:47.26 32.91 | |
| 4. | J DRYKA Nikodem | | 04 | MKS Trójka Łód | | | | 4:49.52 | 538 |
| | 50m: | 31.03 31.03 | 150m: | 1:45.13 38.38 | 250m: | 3:03.80 40.54 | 350m: | 4:18.64 33.72 | |
| | 100m: | 1:06.75 35.72 | 200m: | 2:23.26 38.13 | 300m: | 3:44.92 41.12 | 400m: | 4:49.52 30.88 | |
| 5. | PI TKA Hubert | | 04 | MKP Szczecin | | | | 4:49.86 | 536 |
| | 50m: | 30.39 30.39 | 150m: | 1:44.58 38.57 | 250m: | 3:02.68 40.86 | 350m: | 4:19.09 34.63 | |
| | 100m: | 1:06.01 35.62 | 200m: | 2:21.82 37.24 | 300m: | 3:44.46 41.78 | 400m: | 4:49.86 30.77 | |
| 6. | J DRYCH Krzysztof | | 04 | KS Posnania Pozna | | | | 4:55.47 | 506 |
| | 50m: | 29.98 29.98 | 150m: | 1:43.58 38.22 | 250m: | 3:05.02 44.37 | 350m: | 4:23.89 34.06 | |
| | 100m: | 1:05.36 35.38 | 200m: | 2:20.65 37.07 | 300m: | 3:49.83 44.81 | 400m: | 4:55.47 31.58 | |
| 7. | STRZELECKI Wiktor | | 04 | MKS „Astoria” Bydgoszcz | | | | 5:03.17 | 468 |
| | 50m: | 30.00 30.00 | 150m: | 1:45.28 39.63 | 250m: | 3:08.17 43.87 | 350m: | 4:30.15 35.61 | |
| | 100m: | 1:05.65 35.65 | 200m: | 2:24.30 39.02 | 300m: | 3:54.54 46.37 | 400m: | 5:03.17 33.02 | |
| 8. | LASKI Filip | | 04 | St. KF KS „Fenix” O arów Mazowiecki | | | | 5:08.19 | 446 |
| | 50m: | 31.71 31.71 | 150m: | 1:48.53 39.42 | 250m: | 3:11.98 44.41 | 350m: | 4:32.31 36.27 | |
| | 100m: | 1:09.11 37.40 | 200m: | 2:27.57 39.04 | 300m: | 3:56.04 44.06 | 400m: | 5:08.19 35.88 | |
| 9. | MAZUREK Bła ej | | 04 | MKP Szczecin | | | | 5:10.22 | 437 |
| | 50m: | 31.69 31.69 | 150m: | 1:52.26 41.24 | 250m: | 3:18.26 44.87 | 350m: | 4:36.93 33.57 | |
| | 100m: | 1:11.02 39.33 | 200m: | 2:33.39 41.13 | 300m: | 4:03.36 45.10 | 400m: | 5:10.22 33.29 | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 25, M czyzn, 400m zmienny

16 lat

| | | | | | | | | |
|----|-----------------------|-------|---------------|------------------------|---------------|----------------|---------------|-------|
| 1. | ANTCZAK Bartosz | | 03 | UKP „Polonia Warszawa” | | 4:31.24 | 654 | |
| | 50m: 27.82 | 27.82 | 150m: 1:35.91 | 35.59 | 250m: 2:48.92 | 38.40 | 350m: 4:00.76 | 32.47 |
| | 100m: 1:00.32 | 32.50 | 200m: 2:10.52 | 34.61 | 300m: 3:28.29 | 39.37 | 400m: 4:31.24 | 30.48 |
| 2. | DOBRINDT Mikołaj | | 03 | MUKS "Pi tnastrka" | | 4:33.59 | 637 | |
| | 50m: 29.51 | 29.51 | 150m: 1:40.19 | 36.25 | 250m: 2:52.07 | 36.94 | 350m: 4:02.30 | 31.94 |
| | 100m: 1:03.94 | 34.43 | 200m: 2:15.13 | 34.94 | 300m: 3:30.36 | 38.29 | 400m: 4:33.59 | 31.29 |
| 3. | G STAŁ Jan | | 03 | UKS „GIM 92 Ursynów” | | 4:34.99 | 628 | |
| | 50m: 27.92 | 27.92 | 150m: 1:36.84 | 35.67 | 250m: 2:52.06 | 40.00 | 350m: 4:04.98 | 32.31 |
| | 100m: 1:01.17 | 33.25 | 200m: 2:12.06 | 35.22 | 300m: 3:32.67 | 40.61 | 400m: 4:34.99 | 30.01 |
| 4. | MACIOSZEK Maksymilian | | 03 | UKP „Polonia Warszawa” | | 4:49.79 | 536 | |
| | 50m: 30.24 | 30.24 | 150m: 1:44.51 | 38.01 | 250m: 3:01.65 | 39.83 | 350m: 4:17.48 | 34.00 |
| | 100m: 1:06.50 | 36.26 | 200m: 2:21.82 | 37.31 | 300m: 3:43.48 | 41.83 | 400m: 4:49.79 | 32.31 |
| 5. | OLEJNIK Adam | | 03 | TP Skalar Słupsk | | 4:54.06 | 513 | |
| | 50m: 30.87 | 30.87 | 150m: 1:48.00 | 38.12 | 250m: 3:04.97 | 40.10 | 350m: 4:20.61 | 35.06 |
| | 100m: 1:09.88 | 39.01 | 200m: 2:24.87 | 36.87 | 300m: 3:45.55 | 40.58 | 400m: 4:54.06 | 33.45 |

17 - 18 lat

| | | | | | | | | |
|----|------------------|-------|---------------|------------------------------------|---------------|----------------|---------------|-------|
| 1. | MALEC Mikołaj | | 01 | MKS Trójka Łód | | 4:18.59 | 755 | |
| | 50m: 27.68 | 27.68 | 150m: 1:32.36 | 33.35 | 250m: 2:42.63 | 38.09 | 350m: 3:50.65 | 29.48 |
| | 100m: 59.01 | 31.33 | 200m: 2:04.54 | 32.18 | 300m: 3:21.17 | 38.54 | 400m: 4:18.59 | 27.94 |
| 2. | WARZOCHA Albert | | 01 | Uks Cityzen | | 4:22.62 | 721 | |
| | 50m: 27.60 | 27.60 | 150m: 1:33.22 | 33.71 | 250m: 2:43.60 | 37.21 | 350m: 3:53.00 | 31.16 |
| | 100m: 59.51 | 31.91 | 200m: 2:06.39 | 33.17 | 300m: 3:21.84 | 38.24 | 400m: 4:22.62 | 29.62 |
| 3. | GOTSZLING Dawid | | 01 | SMS Zielona Góra | | 4:31.41 | 653 | |
| | 50m: 26.98 | 26.98 | 150m: 1:33.27 | 34.49 | 250m: 2:47.21 | 39.78 | 350m: 3:59.90 | 32.30 |
| | 100m: 58.78 | 31.80 | 200m: 2:07.43 | 34.16 | 300m: 3:27.60 | 40.39 | 400m: 4:31.41 | 31.51 |
| 4. | GUZY Marcel | | 01 | DOKiS SP Vega Dobrodzie | | 4:31.86 | 650 | |
| | 50m: 29.30 | 29.30 | 150m: 1:37.59 | 35.04 | 250m: 2:48.98 | 37.17 | 350m: 3:59.80 | 33.36 |
| | 100m: 1:02.55 | 33.25 | 200m: 2:11.81 | 34.22 | 300m: 3:26.44 | 37.46 | 400m: 4:31.86 | 32.06 |
| 5. | BOBORYK Wojciech | | 02 | KS Delfin Gdynia | | 4:33.87 | 635 | |
| | 50m: 29.13 | 29.13 | 150m: 1:37.95 | 34.93 | 250m: 2:51.91 | 39.15 | 350m: 4:03.18 | 31.95 |
| | 100m: 1:03.02 | 33.89 | 200m: 2:12.76 | 34.81 | 300m: 3:31.23 | 39.32 | 400m: 4:33.87 | 30.69 |
| 6. | RAJCA Wiktor | | 02 | KS KSZO Ostrowiec w. | | 4:41.89 | 583 | |
| | 50m: 29.21 | 29.21 | 150m: 1:38.44 | 36.52 | 250m: 2:54.35 | 40.13 | 350m: 4:09.35 | 33.93 |
| | 100m: 1:01.92 | 32.71 | 200m: 2:14.22 | 35.78 | 300m: 3:35.42 | 41.07 | 400m: 4:41.89 | 32.54 |
| 7. | BOROWSKI Jakub | | 02 | St. Lok. SALOS Cortile Kielce | | 4:42.77 | 577 | |
| | 50m: 30.52 | 30.52 | 150m: 1:39.94 | 34.69 | 250m: 2:56.61 | 41.83 | 350m: 4:11.33 | 32.67 |
| | 100m: 1:05.25 | 34.73 | 200m: 2:14.78 | 34.84 | 300m: 3:38.66 | 42.05 | 400m: 4:42.77 | 31.44 |
| 8. | BORZYMEK Hubert | | 02 | Mokotowski UKP Warszawianka- Wodny | | 5:05.97 | 455 | |
| | 50m: 31.23 | 31.23 | 150m: 1:47.25 | 38.95 | 250m: 3:10.99 | 44.57 | 350m: 4:31.38 | 35.11 |
| | 100m: 1:08.30 | 37.07 | 200m: 2:26.42 | 39.17 | 300m: 3:56.27 | 45.28 | 400m: 5:05.97 | 34.59 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

| Konkurencja 26 2019-11-24 - 9:04 | Kobiet, 50m dowolny | | | 14 lat i starsi Wyniki | |
|-------------------------------------|---------------------|----------------------|-------|---------------------------|------------|
| RP Open | 23.98 | KORC Agata | 00201 | Gorzow Wielkopolski | 2009-11-29 |
| RP 19 - 23 | 23.98 | KORC Agata | 00201 | Gorzow Wielkopolski | 2009-11-29 |
| RP 18 | 24.52 | FIEDKIEWICZ Kornelia | 00101 | Lublin | 2018-12-18 |
| RP 17 | 24.52 | FIEDKIEWICZ Kornelia | 00101 | Lublin | 2019-11-18 |
| RP 16 | 24.98 | JURCZYK Karolina | 00701 | Poznan | 2017-11-25 |
| RP 15 | 25.19 | FIEDKIEWICZ Kornelia | 00101 | Olsztyn | 2016-12-18 |
| RP 14 | 25.78 | GU Wiktoria | 01705 | Olsztyn | 2018-12-14 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|--|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 01 | MKS Juvenia Wrocław | 24.84 | 786 |
| 2. | 97 | MKS Juvenia Wrocław | 25.12 | 760 |
| 3. | 92 | MKS Juvenia Wrocław | 25.14 | 758 |
| 4. | 90 | KS Warta Pozna | 25.29 | 745 |
| 5. | 98 | AZS AWF Katowice | 25.98 | 687 |
| 6. | 05 | UKS abianka Gda sk | 26.07 | 680 |
| 7. | 00 | MKP Szczecin | 26.16 | 673 |
| 8. | 03 | UKS G-8 Bielany Warszawa | 26.27 | 665 |
| 9. | 00 | AZS AWF Katowice | 26.33 | 660 |
| 10. | 00 | UKS G-8 Bielany Warszawa | 26.38 | 656 |
| 11. | 03 | AZS AWF Warszawa | 26.39 | 655 |
| 12. | 01 | UKS G-8 Bielany Warszawa | 26.45 | 651 |
| 13. | 01 | UKS Olympic Warka | 26.47 | 650 |
| 14. | 03 | UKS G-8 Bielany Warszawa | 26.52 | 646 |
| 15. | 03 | UKP „Polonia Warszawa” | 26.81 | 625 |
| 16. | 03 | UKS G-8 Bielany Warszawa | 26.82 | 624 |
| 17. | 05 | UKS Siódemka Gdynia | 26.83 | 624 |
| 18. | 02 | MUKS "Pi tnastka" | 26.84 | 623 |
| 19. | 04 | MUKS "Pi tnastka" | 26.87 | 621 |
| 20. | 04 | MKS Juvenia Wrocław | 26.91 | 618 |
| 21. | 98 | KP Totis Viribus wiebodzin | 26.93 | 617 |
| 22. | 04 | UKP „Polonia Warszawa” | 27.09 | 606 |
| 23. | 04 | UKP „Polonia Warszawa” | 27.10 | 605 |
| | 02 | UKS G-8 Bielany Warszawa | 27.10 | 605 |
| | 01 | VSS VASBY | 27.10 | 605 |
| 26. | 02 | Grudzi dzki KP „Orka” | 27.11 | 605 |
| 27. | 03 | UKS abianka Gda sk | 27.16 | 601 |
| 28. | 02 | UKS G-8 Bielany Warszawa | 27.22 | 597 |
| 29. | 04 | UKS „ORKA” Zamo | 27.24 | 596 |
| 30. | 03 | UKS „Ósemka” Starogard Gda ski | 27.36 | 588 |
| 31. | 05 | UKS G-8 Bielany Warszawa | 27.37 | 588 |
| 32. | 03 | UKP „Polonia Warszawa” | 27.38 | 587 |
| 33. | 02 | Kaliski Klub Sportowy „Włókniarz” 1925 | 27.51 | 579 |
| | 03 | MUKS "Pi tnastka" | 27.51 | 579 |
| | 00 | St. KF KS „Fenix” O arów Mazowiecki | 27.51 | 579 |
| 36. | 98 | St. Lok. SALOS Cortile Kielce | 27.52 | 578 |
| 37. | 03 | UKP „Polonia Warszawa” | 27.55 | 576 |
| 38. | 01 | MUKS "Pi tnastka" | 27.58 | 574 |
| 39. | 02 | UKS „Dwójka” Tczew | 27.60 | 573 |
| 40. | 05 | UKS „GIM 92 Ursynów” | 27.68 | 568 |
| 41. | 04 | MUKS "Pi tnastka" | 27.69 | 567 |
| 42. | 03 | KS Warta Pozna | 27.74 | 564 |
| 43. | 04 | UKS „GIM 92 Ursynów” | 27.79 | 561 |
| 44. | 03 | KS Warta Pozna | 27.82 | 559 |
| | 04 | UKS „ORKA” Zamo | 27.82 | 559 |
| 46. | 96 | WKS I sk Wrocław | 27.83 | 559 |

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Konkurencja 26, Kobiet, 50m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. |
|-----------------------------|---|--------------|------|
| 47. MRO EK Weronika | 04 MKP Szczecin | 27.85 | 558 |
| 48. PYTLOCH Zuzanna | 05 KP Bałtyk Kołobrzeg | 27.92 | 553 |
| 49. SZCZEPA SKA Maria | 03 KS Warta Pozna | 27.95 | 552 |
| 50. POZNACHOWSKA Nadia | 04 UKP „Polonia Warszawa” | 27.97 | 550 |
| 51. JANICKA Paula | 04 KS Warta Pozna | 28.05 | 546 |
| 52. ZAR BA-PARADOWSKA Julia | 02 UKS G-8 Bielany Warszawa | 28.07 | 545 |
| 53. KRÓLIK Adrianna | 04 MKP Szczecin | 28.08 | 544 |
| 54. KIERAGA Patrycja | 04 KS OLIMPIA Lublin | 28.13 | 541 |
| 55. ANDERSSON Ebba | 01 VSS VASBY | 28.18 | 538 |
| 56. ROMANIUK Matylda | 04 UKP „Polonia Warszawa” | 28.27 | 533 |
| 57. SKALI SKA Ewa | 05 MKS Piaseczno | 28.31 | 531 |
| ŁUCZAK Dominika | 02 SMS Zielona Góra | 28.31 | 531 |
| 59. GARBARCZYK Weronika | 03 MKP Szczecin | 28.34 | 529 |
| 60. GAJDZI SKA Amelia | 02 MUKS "Pi tnatka" | 28.35 | 529 |
| 61. DOM OL Zuzanna | 02 Kaliski Klub Sportowy „Włókniarz” 1925 | 28.40 | 526 |
| 62. MAKOWSKA Martyna | 05 MKP Szczecin | 28.45 | 523 |
| 63. BJÖRKÉN Julia | 01 VSS VASBY | 28.55 | 518 |
| 64. KOPA SKA Maja | 02 MKS Polonia Warszawa | 28.59 | 515 |
| 65. PRUSIK Kamila | 02 MKP Szczecin | 28.62 | 514 |
| 66. SZCZEPA SKA Alicja | 05 St. KP Olimpia wiecie | 28.64 | 513 |
| SOŁONIEWICZ Julia | 03 UKP „Polonia Warszawa” | 28.64 | 513 |
| 68. ZORINA Daria | 05 UKS G-8 Bielany Warszawa | 28.67 | 511 |
| 69. KALKOWSKA Julia | 05 MUKS "Pi tnatka" | 28.70 | 509 |
| 70. ORUM Melissa | 04 MUKS "Pi tnatka" | 28.71 | 509 |
| 71. TURKOWSKA Aleksandra | 03 MKP Szczecin | 28.72 | 508 |
| 72. KRZYSZTOFIAK Iga | 03 KS Warta Pozna | 28.73 | 508 |
| 73. SOLAK Anna | 00 KU AZS AGH Kraków | 28.74 | 507 |
| STUDZI SKA Nadia | 04 MUKS "Pi tnatka" | 28.74 | 507 |
| 75. WECKWERT Iga | 04 UKS abianka Gda sk | 28.89 | 499 |
| 76. NOWAK Gabriela | 05 KP Delfin Inowrocław | 28.94 | 497 |
| 77. DZIK Wiktoria | 04 KS Limanowa-swim | 28.97 | 495 |
| 78. MAZUR Zuzanna | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 29.02 | 493 |
| 79. BIDNIK Wiktoria | 04 UKS „GIM 92 Ursynów” | 29.07 | 490 |
| 80. RUTWA Wiktoria | 05 MKS Piaseczno | 29.09 | 489 |
| 81. HAJDUK Julia | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 29.13 | 487 |
| 82. KLIMIUK Zuzanna | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 29.18 | 485 |
| 83. BIDNIK Karolina | 02 UKS „GIM 92 Ursynów” | 29.28 | 480 |
| 84. MAKSYMOWICZ Nadia | 05 UKS G-8 Bielany Warszawa | 29.30 | 479 |
| 85. ZAWADA Malwina | 05 MKS Piaseczno | 29.31 | 478 |
| 86. CH CIAK Sandra | 03 UKS „GIM 92 Ursynów” | 29.34 | 477 |
| PEACOCK Louise | 01 VSS VASBY | 29.34 | 477 |
| 88. KACZMAREK Nikola | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 29.40 | 474 |
| 89. HAŁADYN Karolina | 03 UKS 190 Łód | 29.41 | 473 |
| 90. TOFIL Emilia | 05 KS Delfin Gdynia | 29.46 | 471 |
| 91. BOCHE SKA Dominika | 05 KS Posnania Pozna | 29.59 | 465 |
| 92. HAŁADYN Kamila | 04 UKS SP-149 Łód | 29.67 | 461 |
| 93. OLECKA Amelia | 05 UKS „GIM 92 Ursynów” | 29.68 | 461 |
| 94. HAR Zofia | 04 MKS Piaseczno | 29.76 | 457 |
| 95. BAŁDA Aleksandra | 05 MKS Piaseczno | 29.77 | 456 |
| 96. JANKOWSKA Zofia | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 29.81 | 455 |
| 97. SVENSSON Lovisa | 02 SS VAERMAMO | 30.00 | 446 |
| 98. HODUR Paulina | 04 MKS Polonia Warszawa | 30.02 | 445 |
| 99. CHOJNOWSKA Zuzanna | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 30.05 | 444 |
| 100. WOJCIECHOWSKA Kamila | 03 Mokotowski UKP Warszawianka- Wodny | 30.07 | 443 |
| 101. WIDERAK Sonia | 04 KS Warta Pozna | 30.08 | 442 |
| 102. WORONIECKA Emilia | 05 MUKS "Pi tnatka" | 30.14 | 440 |

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| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|-------------------------|--|-------------------|
| 103. | 05 | TRZASKA Alicja | Uczniowski Klub Sportowy Delfin Legionow | 30.24 435 |
| 104. | 04 | KUCHARSKA Marta | Mokotowski UKP Warszawianka- Wodny | F30.38 429 |
| 105. | 05 | DZI GIELEWSKA Katarzyna | KS Delfin Gdynia | 30.49 425 |
| 106. | 03 | CHLEWI SKA Olimpia | MUKS "Pi tnatka" | 30.57 422 |
| 107. | 04 | BRODEWICZ Zofia | KS Delfin Gdynia | 30.61 420 |
| 108. | 05 | KLECZEK Maria | UKS „GIM 92 Ursynów" | 30.91 408 |
| 109. | 03 | MATCZAK Natalia | AZS AWFIS Gda sk | 30.94 407 |
| 110. | 05 | LASECKA Anna | Mokotowski UKP Warszawianka- Wodny | F31.10 400 |
| 111. | 04 | SZCZEPANIAK Justyna | MKP Szczecin | 31.17 398 |
| 112. | 04 | CZERWI SKA Martyna | UKS „Dwójka" Tczew | 31.36 390 |
| 113. | 05 | PAWELEC Oliwia | UKS Siódemka Gdynia | 31.59 382 |
| 114. | 02 | LEWANDOWSKA Wiktoria | MUKS "Pi tnatka" | 31.65 380 |
| NW | 01 | KOZANECKA Katarzyna | KS Poznania Pozna | |
| NW | 05 | JAGODA Patrycja | MKP „SŁOWIANKA" Gorzów Wlkp. | |
| NW | 04 | DRU BA Amelia | TP Skalar Słupsk | |
| NW | 99 | PIECHOTA Paulina | UKS 190 Łód | |

14 lat

| | | | | |
|-----|----|-------------------------|--|-------------------|
| 1. | 05 | CIERPIAŁOWSKA Paulina | UKS abianka Gda sk | 26.07 680 |
| 2. | 05 | JASTRZ BEK Nadia | UKS Siódemka Gdynia | 26.83 624 |
| 3. | 05 | MAKSYMOWICZ Nina | UKS G-8 Bielany Warszawa | 27.37 588 |
| 4. | 05 | STAWICKA Julia | UKS „GIM 92 Ursynów" | 27.68 568 |
| 5. | 05 | PYTLOCH Zuzanna | KP Bałyk Kołobrzeg | 27.92 553 |
| 6. | 05 | SKALI SKA Ewa | MKS Piaseczno | 28.31 531 |
| 7. | 05 | MAKOWSKA Martyna | MKP Szczecin | 28.45 523 |
| 8. | 05 | SZCZEPA SKA Alicja | St. KP Olimpia wiecie | 28.64 513 |
| 9. | 05 | ZORINA Daria | UKS G-8 Bielany Warszawa | 28.67 511 |
| 10. | 05 | KALKOWSKA Julia | MUKS "Pi tnatka" | 28.70 509 |
| 11. | 05 | NOWAK Gabriela | KP Delfin Inowrocław | 28.94 497 |
| 12. | 05 | MAZUR Zuzanna | MKP „SŁOWIANKA" Gorzów Wlkp. | 29.02 493 |
| 13. | 05 | RUTWA Wiktoria | MKS Piaseczno | 29.09 489 |
| 14. | 05 | HAJDUK Julia | MKP „SŁOWIANKA" Gorzów Wlkp. | 29.13 487 |
| 15. | 05 | KLIMIUK Zuzanna | MKP „SŁOWIANKA" Gorzów Wlkp. | 29.18 485 |
| 16. | 05 | MAKSYMOWICZ Nadia | UKS G-8 Bielany Warszawa | 29.30 479 |
| 17. | 05 | ZAWADA Malwina | MKS Piaseczno | 29.31 478 |
| 18. | 05 | KACZMAREK Nikola | MKP „SŁOWIANKA" Gorzów Wlkp. | 29.40 474 |
| 19. | 05 | TOFIL Emilia | KS Delfin Gdynia | 29.46 471 |
| 20. | 05 | BOCHE SKA Dominika | KS Poznania Pozna | 29.59 465 |
| 21. | 05 | OLECKA Amelia | UKS „GIM 92 Ursynów" | 29.68 461 |
| 22. | 05 | BAŁDA Aleksandra | MKS Piaseczno | 29.77 456 |
| 23. | 05 | JANKOWSKA Zofia | MKP „SŁOWIANKA" Gorzów Wlkp. | 29.81 455 |
| 24. | 05 | CHOJNOWSKA Zuzanna | MKP „SŁOWIANKA" Gorzów Wlkp. | 30.05 444 |
| 25. | 05 | WORONIECKA Emilia | MUKS "Pi tnatka" | 30.14 440 |
| 26. | 05 | TRZASKA Alicja | Uczniowski Klub Sportowy Delfin Legionow | 30.24 435 |
| 27. | 05 | DZI GIELEWSKA Katarzyna | KS Delfin Gdynia | 30.49 425 |
| 28. | 05 | KLECZEK Maria | UKS „GIM 92 Ursynów" | 30.91 408 |
| 29. | 05 | LASECKA Anna | Mokotowski UKP Warszawianka- Wodny | F31.10 400 |
| 30. | 05 | PAWELEC Oliwia | UKS Siódemka Gdynia | 31.59 382 |
| NW | 05 | JAGODA Patrycja | MKP „SŁOWIANKA" Gorzów Wlkp. | |

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| | | | | | |
|-----|----------------------|----|------------------------------------|---------------|-----|
| 1. | RYDY SKA Marianna | 04 | MUKS "Pi tnastka" | 26.87 | 621 |
| 2. | MACIUSZEK Wiktoria | 04 | MKS Juvenia Wrocław | 26.91 | 618 |
| 3. | TARASIEWICZ Klaudia | 04 | UKP „Polonia Warszawa" | 27.09 | 606 |
| 4. | SZREDZI SKA Gabriela | 04 | UKP „Polonia Warszawa" | 27.10 | 605 |
| 5. | MALINO Julia | 04 | UKS „ORKA" Zamo | 27.24 | 596 |
| 6. | HERMANOWSKA Natalia | 04 | MUKS "Pi tnastka" | 27.69 | 567 |
| 7. | WO Weronika | 04 | UKS „GIM 92 Ursynów" | 27.79 | 561 |
| 8. | SZUPER Katarzyna | 04 | UKS „ORKA" Zamo | 27.82 | 559 |
| 9. | MRO EK Weronika | 04 | MKP Szczecin | 27.85 | 558 |
| 10. | POZNACHOWSKA Nadia | 04 | UKP „Polonia Warszawa" | 27.97 | 550 |
| 11. | JANICKA Paula | 04 | KS Warta Pozna | 28.05 | 546 |
| 12. | KRÓLIK Adrianna | 04 | MKP Szczecin | 28.08 | 544 |
| 13. | KIERAGA Patrycja | 04 | KS OLIMPIA Lublin | 28.13 | 541 |
| 14. | ROMANIUK Matylda | 04 | UKP „Polonia Warszawa" | 28.27 | 533 |
| 15. | ORUM Melissa | 04 | MUKS "Pi tnastka" | 28.71 | 509 |
| 16. | STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 28.74 | 507 |
| 17. | WECKWERT Iga | 04 | UKS abianka Gda sk | 28.89 | 499 |
| 18. | DZIK Wiktoria | 04 | KS Limanowa-swim | 28.97 | 495 |
| 19. | BIDNIK Wiktoria | 04 | UKS „GIM 92 Ursynów" | 29.07 | 490 |
| 20. | HAŁADYDYN Kamila | 04 | UKS SP-149 Łód | 29.67 | 461 |
| 21. | HAR Zofia | 04 | MKS Piaseczno | 29.76 | 457 |
| 22. | HODUR Paulina | 04 | MKS Polonia Warszawa | 30.02 | 445 |
| 23. | WIDERAK Sonia | 04 | KS Warta Pozna | 30.08 | 442 |
| 24. | KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wodny | F30.38 | 429 |
| 25. | BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 30.61 | 420 |
| 26. | SZCZEPANIAK Justyna | 04 | MKP Szczecin | 31.17 | 398 |
| 27. | CZERWI SKA Martyna | 04 | UKS „Dwójka" Tczew | 31.36 | 390 |
| NW | DRU BA Amelia | 04 | TP Skalar Słupsk | | |

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| | | | | | |
|-----|----------------------|----|------------------------------------|---------------|-----|
| 1. | JABŁO SKA Martyna | 03 | UKS G-8 Bielany Warszawa | 26.27 | 665 |
| 2. | PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 26.39 | 655 |
| 3. | KAWKA Nina | 03 | UKS G-8 Bielany Warszawa | 26.52 | 646 |
| 4. | GRADEK Aleksandra | 03 | UKP „Polonia Warszawa" | 26.81 | 625 |
| 5. | BUSZKA Kornelia | 03 | UKS G-8 Bielany Warszawa | 26.82 | 624 |
| 6. | PIEPIÓRKA Martyna | 03 | UKS abianka Gda sk | 27.16 | 601 |
| 7. | URBAN Karolina | 03 | UKS „Ósemka" Starogard Gda ski | 27.36 | 588 |
| 8. | MRO EWSKA Anna | 03 | UKP „Polonia Warszawa" | 27.38 | 587 |
| 9. | KAMI SKA Anna | 03 | MUKS "Pi tnastka" | 27.51 | 579 |
| 10. | WRÓBEL Julia | 03 | UKP „Polonia Warszawa" | 27.55 | 576 |
| 11. | BARANOWSKA Martyna | 03 | KS Warta Pozna | 27.74 | 564 |
| 12. | ŁAWRYNOWICZ Gabriela | 03 | KS Warta Pozna | 27.82 | 559 |
| 13. | SZCZEPA SKA Maria | 03 | KS Warta Pozna | 27.95 | 552 |
| 14. | GARBARCZYK Weronika | 03 | MKP Szczecin | 28.34 | 529 |
| 15. | SOŁONIEWICZ Julia | 03 | UKP „Polonia Warszawa" | 28.64 | 513 |
| 16. | TURKOWSKA Aleksandra | 03 | MKP Szczecin | 28.72 | 508 |
| 17. | KRZYSZTOFIAK Iga | 03 | KS Warta Pozna | 28.73 | 508 |
| 18. | CH CIAK Sandra | 03 | UKS „GIM 92 Ursynów" | 29.34 | 477 |
| 19. | HAŁADYDYN Karolina | 03 | UKS 190 Łód | 29.41 | 473 |
| 20. | WOJCIECHOWSKA Kamila | 03 | Mokotowski UKP Warszawianka- Wodny | F30.07 | 443 |
| 21. | CHLEWI SKA Olimpia | 03 | MUKS "Pi tnastka" | 30.57 | 422 |
| 22. | MATCZAK Natalia | 03 | AZS AWFIS Gda sk | 30.94 | 407 |

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| | | | | |
|-----------------------------|----|--|--------------|-----|
| 1. FIEDKIEWICZ Kornelia | 01 | MKS Juvenia Wrocław | 24.84 | 786 |
| 2. WO NIAK Zofia | 01 | UKS G-8 Bielany Warszawa | 26.45 | 651 |
| 3. CIEPLAK Aleksandra | 01 | UKS Olympic Warka | 26.47 | 650 |
| 4. NIEWIADOMSKA Wiktoria | 02 | MUKS "Pi tnastka" | 26.84 | 623 |
| 5. BUJAK Klara | 02 | UKS G-8 Bielany Warszawa | 27.10 | 605 |
| ANDERSSON Tova | 01 | VSS VASBY | 27.10 | 605 |
| 7. ROSI SKA Karolina | 02 | Grudzi dzki KP „Orka" | 27.11 | 605 |
| 8. ZAWADZKA Hanna | 02 | UKS G-8 Bielany Warszawa | 27.22 | 597 |
| 9. JAKUBCZAK Martyna | 02 | Kaliski Klub Sportowy „Włókniarz" 1925 | 27.51 | 579 |
| 10. DUDEK Aleksandra | 01 | MUKS "Pi tnastka" | 27.58 | 574 |
| 11. KUCHTA Maria | 02 | UKS „Dwójka" Tczew | 27.60 | 573 |
| 12. ZAR BA-PARADOWSKA Julia | 02 | UKS G-8 Bielany Warszawa | 28.07 | 545 |
| 13. ANDERSSON Ebba | 01 | VSS VASBY | 28.18 | 538 |
| 14. ŁUCZAK Dominika | 02 | SMS Zielona Góra | 28.31 | 531 |
| 15. GAJDZI SKA Amelia | 02 | MUKS "Pi tnastka" | 28.35 | 529 |
| 16. DOM OL Zuzanna | 02 | Kaliski Klub Sportowy „Włókniarz" 1925 | 28.40 | 526 |
| 17. BJÖRKÉN Julia | 01 | VSS VASBY | 28.55 | 518 |
| 18. KOPA SKA Maja | 02 | MKS Polonia Warszawa | 28.59 | 515 |
| 19. PRUSIK Kamila | 02 | MKP Szczecin | 28.62 | 514 |
| 20. BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów" | 29.28 | 480 |
| 21. PEACOCK Louise | 01 | VSS VASBY | 29.34 | 477 |
| 22. SVENSSON Lovisa | 02 | SS VAERMAMO | 30.00 | 446 |
| 23. LEWANDOWSKA Wiktoria | 02 | MUKS "Pi tnastka" | 31.65 | 380 |
| NW KOZANECKA Katarzyna | 01 | KS Posnania Pozna | | |

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| Konkurencja 27 2019-11-24 - 9:10 | M czyzn, 50m dowolny | | | | 14 lat i starsi Wyniki |
|-------------------------------------|----------------------|------------------|-------|---------------------|---------------------------|
| RP Open | 20.79 | CZERNIAK Konrad | 00611 | Lublin | 2015-12-17 |
| RP 19 - 23 | 20.81 | JURASZEK Paweł | | Kopenhaga (DEN) | 2017-12-15 |
| RP 18 | 21.77 | STOKOWSKI Kacper | 05114 | Łód | 2017-12-19 |
| RP 17 | 21.95 | HOŁUB Jan | 00601 | Ostrowiec Sw | 2013-12-19 |
| RP 16 | 22.34 | WERNER Paweł | 00101 | Gorzow Wielkopolski | 2009-11-26 |
| RP 15 | 22.79 | ORLICZ Filip | 05114 | Poznan | 2017-11-25 |
| RP 14 | 23.79 | ORLICZ Filip | 05114 | Poznan | 2016-11-20 |

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| Pozycja | Rok ur. | | Czas | Pkt. |
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| 14 lat i starsi | | | | |
| 1. | 92 | UKS G-8 Bielany Warszawa | 21.64 | 820 |
| 2. | 99 | MKP Szczecin | 21.67 | 817 |
| 3. | 00 | AZS Łód | 21.77 | 806 |
| 4. | 96 | UKS Shark Rudna | 22.44 | 735 |
| 5. | 02 | UKS G-8 Bielany Warszawa | 22.53 | 727 |
| 6. | 94 | AZS AWF Katowice | 22.55 | 725 |
| 7. | 99 | UKS G-8 Bielany Warszawa | 22.80 | 701 |
| 8. | 93 | KU AZS AGH Kraków | 22.82 | 699 |
| 9. | 00 | UKS G-8 Bielany Warszawa | 23.05 | 679 |
| 10. | 91 | AZS AWF Warszawa | 23.07 | 677 |
| | 01 | UKS G-8 Bielany Warszawa | 23.07 | 677 |
| 12. | 99 | WKS I sk Wrocław | 23.09 | 675 |
| 13. | 96 | KU AZS UMCS Lublin | 23.10 | 674 |
| 14. | 98 | UKS G-8 Bielany Warszawa | 23.19 | 666 |
| 15. | 02 | UKS GOS Raszyn | 23.30 | 657 |
| 16. | 01 | UKS G-8 Bielany Warszawa | 23.31 | 656 |
| 17. | 04 | Mi dzyszkolny UKS „Olimpijczyk” Suwałk | 23.37 | 651 |
| 18. | 95 | UKS G-8 Bielany Warszawa | 23.42 | 647 |
| 19. | 01 | UKS G-8 Bielany Warszawa | 23.48 | 642 |
| 20. | 02 | Mokotowski UKP Warszawianka- Wodny | 23.56 | 635 |
| 21. | 00 | KU AZS AGH Kraków | 23.57 | 635 |
| 22. | 99 | KU AZS UMCS Lublin | 23.58 | 634 |
| 23. | 97 | Mokotowski UKP Warszawianka- Wodny | 23.63 | 630 |
| | 00 | WKS I sk Wrocław | 23.63 | 630 |
| | 00 | WKS I sk Wrocław | 23.63 | 630 |
| 26. | 97 | VSS VASBY | 23.64 | 629 |
| 27. | 00 | VSS VASBY | 23.66 | 627 |
| 28. | 03 | Uczniowski Klub Sportowy Delfin Legionow | 23.69 | 625 |
| 29. | 00 | WKS I sk Wrocław | 23.71 | 623 |
| 30. | 03 | UKS G-8 Bielany Warszawa | 23.77 | 619 |
| 31. | 92 | UKS "AS" Zielona Góra | 23.83 | 614 |
| 32. | 03 | UPKS Wodnik Rawicz | 23.85 | 612 |
| 33. | 97 | KU AZS AGH Kraków | 23.86 | 612 |
| 34. | 02 | UKS G-8 Bielany Warszawa | 23.88 | 610 |
| 35. | 00 | SS VAERMAMO | 23.89 | 609 |
| 36. | 04 | UKP „Polonia Warszawa” | 23.90 | 609 |
| 37. | 03 | UKS „GIM 92 Ursynów” | 23.94 | 606 |
| 38. | 03 | KS KSZO Ostrowiec w. | 23.97 | 603 |
| 39. | 02 | SS VAERMAMO | 24.05 | 597 |
| 40. | 97 | UKS G-8 Bielany Warszawa | 24.06 | 597 |
| 41. | 94 | KU AZS UMCS Lublin | 24.16 | 589 |
| | 01 | MKS Trójka Łód | 24.16 | 589 |
| 43. | 01 | KS Delfin Gdynia | 24.20 | 586 |
| 44. | 01 | AZS AWFIS Gda sk | 24.24 | 583 |
| 45. | 99 | UKS G-8 Bielany Warszawa | 24.26 | 582 |
| 46. | 03 | UKS G-8 Bielany Warszawa | 24.27 | 581 |

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| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-----------------------|---------|-------------------------------------|---------------|------|
| 47. | KRZYKAŁA Emil | 01 | KP AVIA widnik | 24.29 | 580 |
| 48. | MALAK Mikołaj | 01 | MKS SP 63 Bydgoszcz | 24.33 | 577 |
| 49. | KOWALCZYK Piotr | 03 | UKP „Polonia Warszawa” | 24.34 | 576 |
| 50. | KWIATEK Radosław | 02 | St. Lok. SALOS Cortile Kielce | 24.38 | 573 |
| 51. | ZIELI SKI Patryk | 02 | KS Posnania Pozna | 24.40 | 572 |
| 52. | BALICKI Michał | 00 | WKS I sk Wrocław | 24.41 | 571 |
| 53. | SMOLI SKI Jakub | 00 | St. KF KS „Fenix” O arów Mazowiecki | 24.43 | 570 |
| 54. | KOWALIK Piotr | 91 | KU AZS UAM Pozna | 24.52 | 564 |
| | WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 24.52 | 564 |
| 56. | WŁODARCZYK Maciej | 99 | AZS AWF Warszawa | 24.53 | 563 |
| | KIEŁCZEWSKI Amadeusz | 00 | MKP Szczecin | 24.53 | 563 |
| 58. | URBA SKI Michał | 01 | KS Delfin Gdynia | 24.57 | 560 |
| | WOGA Hubert | 04 | SMS Zielona Góra | 24.57 | 560 |
| 60. | SVENSSON Noah | 99 | SS VAERMAMO | 24.59 | 559 |
| 61. | TRAFAS Tytus | 04 | KS Warta Pozna | 24.64 | 555 |
| 62. | J DRYCH Krzysztof | 04 | KS Posnania Pozna | 24.69 | 552 |
| 63. | OŁ D Stanisław | 03 | UKS G-8 Bielany Warszawa | 24.70 | 551 |
| 64. | DOPIERAŁA Tytus | 03 | KS Warta Pozna | 24.73 | 549 |
| 65. | LECIEJEWSKI Karol | 03 | MKP Astromal-Leszno | 24.78 | 546 |
| 66. | SULIGA Jeremi | 00 | UKS G-8 Bielany Warszawa | 24.86 | 541 |
| | ZIEMBOWICZ Franciszek | 04 | UKS G-8 Bielany Warszawa | 24.86 | 541 |
| 68. | CHOJNOWSKI Tomasz | 02 | Mokotowski UKP Warszawianka- Wodny | F24.88 | 539 |
| 69. | KUREK Jakub | 01 | MKP Szczecin | 24.89 | 539 |
| 70. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 24.90 | 538 |
| 71. | SZUSTAK Hubert | 99 | UKS GOS Raszyn | 24.94 | 536 |
| 72. | BOBORYK Wojciech | 02 | KS Delfin Gdynia | 24.95 | 535 |
| | KŁOSI SKI Alan | 00 | MKS Trójka Łód | 24.95 | 535 |
| | GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 24.95 | 535 |
| 75. | KOWALSKI Mateusz | 05 | UKS abianka Gda sk | 24.96 | 534 |
| 76. | KLIMAS Michał | 02 | KS KSZO Ostrowiec w. | 24.97 | 534 |
| | BRANDT Simon | 00 | VSS VASBY | 24.97 | 534 |
| 78. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 24.98 | 533 |
| | CHYRCHAŁA Rafał | 02 | UKS „ORKA” Zamo | 24.98 | 533 |
| 80. | G SIOROWSKI Michał | 03 | Mokotowski UKP Warszawianka- Wodny | F25.01 | 531 |
| | MELINDER Martin | 01 | VSS VASBY | 25.01 | 531 |
| 82. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 25.03 | 530 |
| 83. | TKACZ Wiktor | 05 | MKS Piaseczno | 25.13 | 524 |
| 84. | DWYER Vincent John | 02 | Mokotowski UKP Warszawianka- Wodny | F25.19 | 520 |
| | WLAŻŁOWSKI Kamil | 03 | UKP „Polonia Warszawa” | 25.19 | 520 |
| 86. | TURAŁA Adrian | 03 | MKS Neptun Stargard | 25.20 | 519 |
| 87. | JANECZEK Stanisław | 04 | MUKS "Pi tnastka" | 25.22 | 518 |
| 88. | GORRA Mikołaj | 03 | MKP Szczecin | 25.24 | 517 |
| | T CZA Maciej | 03 | UKP "Rekin" Konin | 25.24 | 517 |
| | KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 25.24 | 517 |
| 91. | JOHNSSON Marcus | 02 | VSS VASBY | 25.35 | 510 |
| 92. | WOJNOWSKI Damian | 03 | MKP Szczecin | 25.36 | 509 |
| 93. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 25.45 | 504 |
| | DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | 25.45 | 504 |
| 95. | JASIONOWSKI Mikołaj | 01 | SMS Zielona Góra | 25.48 | 502 |
| 96. | CZERWI SKI Łukasz | 01 | UKS G-8 Bielany Warszawa | 25.49 | 502 |
| 97. | KULS Jan | 03 | KP Delfin Inowrocław | 25.50 | 501 |
| 98. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | 25.54 | 499 |
| 99. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 25.58 | 496 |
| 100. | BIAŁEK Paweł | 04 | UKS G-8 Bielany Warszawa | 25.59 | 496 |
| 101. | KOWALSKI Marek | 03 | SMS Zielona Góra | 25.64 | 493 |
| | SKÖLD Theodor | 01 | VSS VASBY | 25.64 | 493 |

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| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|--------------------------|---------|--|--------------|------|
| 103. | BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 25.69 | 490 |
| 104. | KNOPP Jarosław | 04 | MUKS "Pi tnatka" | 25.70 | 489 |
| | LEIFSEN Gustav | 02 | VSS VASBY | 25.70 | 489 |
| 106. | WIELGUS Kacper | 01 | KS Posnania Pozna | 25.73 | 488 |
| | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 25.73 | 488 |
| 108. | ZUZANIUK Igor | 04 | KS OLIMPIA Lublin | 25.74 | 487 |
| 109. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 25.78 | 485 |
| 110. | KOWALIK Damian | 94 | KU AZS UAM Pozna | 25.79 | 484 |
| 111. | KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 25.80 | 484 |
| 112. | LINDHOLM Christopher | 02 | VSS VASBY | 25.82 | 483 |
| 113. | MAKOWSKI Dominik | 03 | KS Warta Pozna | 25.84 | 481 |
| 114. | MICHALSKI Wojciech | 01 | MKP Szczecin | 25.85 | 481 |
| 115. | MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 25.87 | 480 |
| 116. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 25.90 | 478 |
| 117. | SZCZEPA SKI Kacper | 99 | MKS „Astoria” Bydgoszcz | 25.95 | 475 |
| 118. | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 25.96 | 475 |
| 119. | PISA SKI Michał | 05 | Dwójka Morena Gda sk | 26.04 | 470 |
| 120. | DREWEK Jakub | 05 | UKS „Dwójka” Tczew | 26.13 | 466 |
| | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 26.13 | 466 |
| 122. | TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów" | 26.14 | 465 |
| 123. | KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | 26.16 | 464 |
| 124. | PLAGA Dawid | 05 | TP Skalar Słupsk | 26.19 | 462 |
| 125. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 26.20 | 462 |
| 126. | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | 26.21 | 461 |
| | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 26.21 | 461 |
| 128. | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 26.22 | 461 |
| 129. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 26.30 | 457 |
| 130. | BACZY SKI Jan | 05 | UKS Olympic Warka | 26.33 | 455 |
| 131. | GILEWSKI Piotr | 05 | MUKS "Pi tnatka" | 26.36 | 454 |
| 132. | KLISZ Krystian | 02 | MKP Szczecin | 26.39 | 452 |
| 133. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Legionow | 26.46 | 448 |
| | SZYMA SKI Alan | 05 | UPKS Wodnik Rawicz | 26.46 | 448 |
| 135. | MEYER Krzysztof | 05 | KS Warta Pozna | 26.50 | 446 |
| 136. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów" | 26.55 | 444 |
| 137. | GRUBA Szymon | 05 | MUKS "Pi tnatka" | 26.56 | 443 |
| 138. | KAMI SKI Fabian | 04 | MKP Szczecin | 26.60 | 441 |
| 139. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wodny | 26.62 | 440 |
| 140. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnatka" | 26.64 | 439 |
| 141. | MEYER Bartosz | 02 | KP Delfin Inowrocław | 26.65 | 439 |
| 142. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 26.76 | 433 |
| 143. | SOKOŁOWSKI Fabian | 03 | UKP „Polonia Warszawa" | 26.89 | 427 |
| 144. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 26.96 | 424 |
| 145. | BARSZCZEWSKI Maksymilian | 01 | UKS G-8 Bielany Warszawa | 27.00 | 422 |
| 146. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 27.03 | 421 |
| 147. | GU CIORA Maciej | 03 | MKP Szczecin | 27.05 | 420 |
| | GIEZEK Jan | 05 | UPKS Wodnik Rawicz | 27.05 | 420 |
| 149. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów" | 27.07 | 419 |
| 150. | LOCHERT Dorian | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 27.23 | 411 |
| 151. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 27.34 | 406 |
| 152. | HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów" | 27.39 | 404 |
| 153. | GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów" | 27.43 | 402 |
| 154. | CEMPURA Kamil | 05 | KS Posnania Pozna | 27.48 | 400 |
| 155. | KUBIAK Kuba | 05 | Dwójka Morena Gda sk | 27.51 | 399 |
| 156. | DEREK Szymon | 04 | KS Warta Pozna | 27.53 | 398 |
| 157. | JANCZYLIK Aleksander | 04 | KS Delfin Gdynia | 27.62 | 394 |
| | KEMPIAK Bartosz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 27.62 | 394 |

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| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|------------------------|---------|------------------------------------|---------------|------|
| 159. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wodny | F27.66 | 392 |
| 160. | AJTEL Jakub | 03 | Dwójka Morena Gda sk | 27.67 | 392 |
| 161. | MAGRYTA Mateusz | 05 | UKS Siódemka Gdynia | 28.07 | 376 |
| 162. | KURDELSKI Filip | 04 | Mokotowski UKP Warszawianka- Wodny | F28.29 | 367 |
| 163. | HŁASKO Wojciech | 05 | Dwójka Morena Gda sk | 28.51 | 358 |
| 164. | NOWAK Patryk | 95 | AZS AWF Katowice | 28.55 | 357 |
| 165. | SOLAK Łukasz | 99 | KU AZS AGH Kraków | 28.60 | 355 |
| 166. | SZCZEPANIAK Kacper | 04 | MKP Szczecin | 28.62 | 354 |
| 167. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów” | 28.86 | 345 |
| 168. | HORBACZEWSKI Grzegorz | 05 | Dwójka Morena Gda sk | 29.04 | 339 |
| 169. | RZEPKA Jakub | 05 | UKS „Dwójka” Tczew | 29.12 | 336 |
| 170. | KOZANECKI Paweł | 05 | KS Posnania Pozna | 29.50 | 323 |
| 171. | KAŁEK Bartosz | 04 | KU AZS UAM Pozna | 29.95 | 309 |
| | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 29.95 | 309 |
| 173. | MOLGA Marcin | 05 | Dwójka Morena Gda sk | 30.06 | 306 |
| 174. | SEWŁO Mikołaj | 05 | KS Posnania Pozna | 33.24 | 226 |
| 175. | KUNKEL Tymoteusz | 05 | Dwójka Morena Gda sk | 34.59 | 200 |
| NW | MINCZUK Łukasz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | |
| NW | BLI NIEWSKI Franciszek | 02 | MKS Trójka Łód | | |
| NW | BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz | | |
| NW | HEBEL Maciej | 05 | UKS abianka Gda sk | | |
| NW | RZ SA Jacek | 03 | UKS abianka Gda sk | | |

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| | | | | | |
|-----|-----------------------|----|--|--------------|-----|
| 1. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów” | 24.90 | 538 |
| 2. | KOWALSKI Mateusz | 05 | UKS abianka Gda sk | 24.96 | 534 |
| 3. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 24.98 | 533 |
| 4. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 25.03 | 530 |
| 5. | TKACZ Wiktor | 05 | MKS Piaseczno | 25.13 | 524 |
| 6. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | 25.54 | 499 |
| 7. | BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 25.69 | 490 |
| 8. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 25.73 | 488 |
| 9. | KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 25.80 | 484 |
| 10. | MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 25.87 | 480 |
| 11. | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 25.96 | 475 |
| 12. | PISA SKI Michał | 05 | Dwójka Morena Gda sk | 26.04 | 470 |
| 13. | DREWEK Jakub | 05 | UKS „Dwójka” Tczew | 26.13 | 466 |
| 14. | TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów” | 26.14 | 465 |
| 15. | PLAGA Dawid | 05 | TP Skalar Słupsk | 26.19 | 462 |
| 16. | BACZY SKI Jan | 05 | UKS Olympic Warka | 26.33 | 455 |
| 17. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 26.36 | 454 |
| 18. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Legionow | 26.46 | 448 |
| | SZYMA SKI Alan | 05 | UPKS Wodnik Rawicz | 26.46 | 448 |
| 20. | MEYER Krzysztof | 05 | KS Warta Pozna | 26.50 | 446 |
| 21. | GRUBA Szymon | 05 | MUKS "Pi tnastka" | 26.56 | 443 |
| 22. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 26.64 | 439 |
| 23. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 26.76 | 433 |
| 24. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 27.03 | 421 |
| 25. | GIEZEK Jan | 05 | UPKS Wodnik Rawicz | 27.05 | 420 |
| 26. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 27.07 | 419 |
| 27. | LOCHERT Dorian | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 27.23 | 411 |
| 28. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 27.34 | 406 |
| 29. | GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów” | 27.43 | 402 |
| 30. | CEMPURA Kamil | 05 | KS Posnania Pozna | 27.48 | 400 |
| 31. | KUBIAK Kuba | 05 | Dwójka Morena Gda sk | 27.51 | 399 |

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| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-----------------------|---------|------------------------------|--------------|------|
| 32. | KEMPIAK Bartosz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 27.62 | 394 |
| 33. | MAGRYTA Mateusz | 05 | UKS Siódemka Gdynia | 28.07 | 376 |
| 34. | HŁASKO Wojciech | 05 | Dwójka Morena Gda sk | 28.51 | 358 |
| 35. | HORBACZEWSKI Grzegorz | 05 | Dwójka Morena Gda sk | 29.04 | 339 |
| 36. | RZEPKA Jakub | 05 | UKS „Dwójka" Tczew | 29.12 | 336 |
| 37. | KOZANECKI Paweł | 05 | KS Posnania Pozna | 29.50 | 323 |
| 38. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 29.95 | 309 |
| 39. | MOLGA Marcin | 05 | Dwójka Morena Gda sk | 30.06 | 306 |
| 40. | SEWIŁO Mikołaj | 05 | KS Posnania Pozna | 33.24 | 226 |
| 41. | KUNKEL Tymoteusz | 05 | Dwójka Morena Gda sk | 34.59 | 200 |
| NW | MINCZUK Łukasz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | |
| NW | BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz | | |
| NW | HEBEL Maciej | 05 | UKS abianka Gda sk | | |

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| | | | | | |
|-----|------------------------|----|--|--------------|-----|
| 1. | KOSI SKI Filip | 04 | Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 23.37 | 651 |
| 2. | MATUSZEWSKI Krzysztof | 04 | UKP „Polonia Warszawa" | 23.90 | 609 |
| 3. | WOGA Hubert | 04 | SMS Zielona Góra | 24.57 | 560 |
| 4. | TRAFAS Tytus | 04 | KS Warta Pozna | 24.64 | 555 |
| 5. | J DRYCH Krzysztof | 04 | KS Posnania Pozna | 24.69 | 552 |
| 6. | ZIEMBOWICZ Franciszek | 04 | UKS G-8 Bielany Warszawa | 24.86 | 541 |
| 7. | JANECZEK Stanisław | 04 | MUKS "Pi tnastka" | 25.22 | 518 |
| 8. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 25.45 | 504 |
| 9. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 25.58 | 496 |
| 10. | BIAŁEK Paweł | 04 | UKS G-8 Bielany Warszawa | 25.59 | 496 |
| 11. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 25.70 | 489 |
| 12. | ZUZANIUK Igor | 04 | KS OLIMPIA Lublin | 25.74 | 487 |
| 13. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 25.90 | 478 |
| 14. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 26.13 | 466 |
| 15. | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | 26.21 | 461 |
| | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 26.21 | 461 |
| 17. | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 26.22 | 461 |
| 18. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 26.30 | 457 |
| 19. | KAMI SKI Fabian | 04 | MKP Szczecin | 26.60 | 441 |
| 20. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 26.96 | 424 |
| 21. | DEREK Szymon | 04 | KS Warta Pozna | 27.53 | 398 |
| 22. | JANCZYLIK Aleksander | 04 | KS Delfin Gdynia | 27.62 | 394 |
| 23. | KURDELSKI Filip | 04 | Mokotowski UKP Warszawianka- Wodny F | 28.29 | 367 |
| 24. | SZCZEPANIAK Kacper | 04 | MKP Szczecin | 28.62 | 354 |
| 25. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów" | 28.86 | 345 |
| 26. | KĄLEK Bartosz | 04 | KU AZS UAM Pozna | 29.95 | 309 |

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| | | | | | |
|-----|--------------------|----|--|--------------|-----|
| 1. | SMOLI SKI Rafał | 03 | Uczniowski Klub Sportowy Delfin Legionow | 23.69 | 625 |
| 2. | URYNIUK Paweł | 03 | UKS G-8 Bielany Warszawa | 23.77 | 619 |
| 3. | BIDOWANIEC Kacper | 03 | UPKS Wodnik Rawicz | 23.85 | 612 |
| 4. | WI NIEWSKI Adam | 03 | UKS „GIM 92 Ursynów" | 23.94 | 606 |
| 5. | STEFA SKI Patryk | 03 | KS KSZO Ostrowiec w. | 23.97 | 603 |
| 6. | BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 24.27 | 581 |
| 7. | KOWALCZYK Piotr | 03 | UKP „Polonia Warszawa" | 24.34 | 576 |
| 8. | OŁ D Stanisław | 03 | UKS G-8 Bielany Warszawa | 24.70 | 551 |
| 9. | DOPIERAŁA Tytus | 03 | KS Warta Pozna | 24.73 | 549 |
| 10. | LECIEJEWSKI Karol | 03 | MKP Astromal-Leszno | 24.78 | 546 |
| 11. | G SIOROWSKI Michał | 03 | Mokotowski UKP Warszawianka- Wodny F | 25.01 | 531 |
| 12. | WLAŻŁOWSKI Kamil | 03 | UKP „Polonia Warszawa" | 25.19 | 520 |

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|---------|-------------------|---------|------------------------------------|---------------|------|
| 13. | TURAŁA Adrian | 03 | MKS Neptun Stargard | 25.20 | 519 |
| 14. | GORRA Mikołaj | 03 | MKP Szczecin | 25.24 | 517 |
| | T CZA Maciej | 03 | UKP "Rekin" Konin | 25.24 | 517 |
| 16. | WOJNOWSKI Damian | 03 | MKP Szczecin | 25.36 | 509 |
| 17. | KULS Jan | 03 | KP Delfin Inowrocław | 25.50 | 501 |
| 18. | KOWALSKI Marek | 03 | SMS Zielona Góra | 25.64 | 493 |
| 19. | MAKOWSKI Dominik | 03 | KS Warta Pozna | 25.84 | 481 |
| 20. | KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | 26.16 | 464 |
| 21. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 26.20 | 462 |
| 22. | SOKOŁOWSKI Fabian | 03 | UKP „Polonia Warszawa" | 26.89 | 427 |
| 23. | GU CIORA Maciej | 03 | MKP Szczecin | 27.05 | 420 |
| 24. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wodny | F27.66 | 392 |
| 25. | AJTEL Jakub | 03 | Dwójka Morena Gda sk | 27.67 | 392 |
| NW | RZ SA Jacek | 03 | UKS abianka Gda sk | | |

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|-----|----------------------|----|------------------------------------|---------------|-----|
| 1. | ORLICZ Filip | 02 | UKS G-8 Bielany Warszawa | 22.53 | 727 |
| 2. | KAROLCZAK Jan | 01 | UKS G-8 Bielany Warszawa | 23.07 | 677 |
| 3. | KA MIERCZAK Bruno | 02 | UKS GOS Raszyn | 23.30 | 657 |
| 4. | MO CICKI Jakub | 01 | UKS G-8 Bielany Warszawa | 23.31 | 656 |
| 5. | PIOTROWSKI Kacper | 01 | UKS G-8 Bielany Warszawa | 23.48 | 642 |
| 6. | BIAŁECKI Jan | 02 | Mokotowski UKP Warszawianka- Wodny | F23.56 | 635 |
| 7. | WRÓBLEWSKI Kamil | 02 | UKS G-8 Bielany Warszawa | 23.88 | 610 |
| 8. | STENSSON Erik | 02 | SS VAERMAMO | 24.05 | 597 |
| 9. | KOMOROWSKI Jan | 01 | MKS Trójka Łód | 24.16 | 589 |
| 10. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 24.20 | 586 |
| 11. | PARTYKA Damian | 01 | AZS AWFIS Gda sk | 24.24 | 583 |
| 12. | KRZYKAŁA Emil | 01 | KP AVIA widnik | 24.29 | 580 |
| 13. | MALAK Mikołaj | 01 | MKS SP 63 Bydgoszcz | 24.33 | 577 |
| 14. | KWIATEK Radosław | 02 | St. Lok. SALOS Cortile Kielce | 24.38 | 573 |
| 15. | ZIELI SKI Patryk | 02 | KS Posnania Pozna | 24.40 | 572 |
| 16. | WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 24.52 | 564 |
| 17. | URBA SKI Michał | 01 | KS Delfin Gdynia | 24.57 | 560 |
| 18. | CHOJNOWSKI Tomasz | 02 | Mokotowski UKP Warszawianka- Wodny | F24.88 | 539 |
| 19. | KUREK Jakub | 01 | MKP Szczecin | 24.89 | 539 |
| 20. | BOBORYK Wojciech | 02 | KS Delfin Gdynia | 24.95 | 535 |
| | GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 24.95 | 535 |
| 22. | KLIMAS Michał | 02 | KS KSZO Ostrowiec w. | 24.97 | 534 |
| 23. | CHYRCHAŁA Rafał | 02 | UKS „ORKA" Zamo | 24.98 | 533 |
| 24. | MELINDER Martin | 01 | VSS VASBY | 25.01 | 531 |
| 25. | DWYER Vincent John | 02 | Mokotowski UKP Warszawianka- Wodny | F25.19 | 520 |
| 26. | KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 25.24 | 517 |
| 27. | JOHNSSON Marcus | 02 | VSS VASBY | 25.35 | 510 |
| 28. | DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | 25.45 | 504 |
| 29. | JASIONOWSKI Mikołaj | 01 | SMS Zielona Góra | 25.48 | 502 |
| 30. | CZERWI SKI Łukasz | 01 | UKS G-8 Bielany Warszawa | 25.49 | 502 |
| 31. | SKÖLD Theodor | 01 | VSS VASBY | 25.64 | 493 |
| 32. | LEIFSEN Gustav | 02 | VSS VASBY | 25.70 | 489 |
| 33. | WIELGUS Kacper | 01 | KS Posnania Pozna | 25.73 | 488 |
| 34. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 25.78 | 485 |
| 35. | LINDHOLM Christopher | 02 | VSS VASBY | 25.82 | 483 |
| 36. | MICHALSKI Wojciech | 01 | MKP Szczecin | 25.85 | 481 |
| 37. | KLISZ Krystian | 02 | MKP Szczecin | 26.39 | 452 |
| 38. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów" | 26.55 | 444 |
| 39. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wodny | F26.62 | 440 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 27, Chłopców, 50m dowolny, 17 - 18 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|--------------------------|---------|--------------------------|--------------|------|
| 40. | MEYER Bartosz | 02 | KP Delfin Inowrocław | 26.65 | 439 |
| 41. | BARSZCZEWSKI Maksymilian | 01 | UKS G-8 Bielany Warszawa | 27.00 | 422 |
| 42. | HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów” | 27.39 | 404 |
| NW | BLI NIEWSKI Franciszek | 02 | MKS Trójka Łód | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 28
2019-11-24 - 9:16

Kobiet, 200m klasyczny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|------------------|-------|---------------------|------------|
| RP Open | 2:23.24 | DULIAN Katarzyna | POL | Trieste (ITA) | 2005-12-09 |
| RP 19 - 23 | 2:23.24 | DULIAN Katarzyna | | Triest (ITA) | 2005-12-09 |
| RP 18 | 2:23.24 | DULIAN Katarzyna | POL | Trieste (ITA) | 2005-12-09 |
| RP 17 | 2:24.90 | PR DECKA Iwona | | Oswiecim | 2006-01-28 |
| RP 16 | 2:25.38 | KRAWCZYK Paulina | 00104 | Szczecin | 2009-11-14 |
| RP 15 | 2:28.43 | WIKIEŁ Angelika | 01914 | Ostrowiec Sw | 2013-12-20 |
| RP 14 | 2:28.60 | OTREMBA Justyna | 00902 | Gorzow Wielkopolski | 2009-11-27 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|------------------------|---------|-------------------------|------------------------------|----------------|-----|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | 00 | HALLMANN Weronika | AZS AWF Warszawa | 2:28.80 | 739 | 33.48 | 37.91 | 38.35 | 39.06 |
| 2. | 02 | CHMIEL Liwia | UKS Trójka roda Wilkp. | 2:29.41 | 730 | 33.96 | 38.29 | 38.78 | 38.38 |
| 3. | 98 | WIKIEŁ Angelika | SP „Narew” w Ostroł ce | 2:32.39 | 688 | 34.46 | 37.97 | 39.44 | 40.52 |
| 4. | 04 | BEDNARZ Julia | UKS „ORKA” Zamo | 2:37.01 | 629 | 36.17 | 40.00 | 40.68 | 40.16 |
| 5. | 05 | KLEJNA Weronika | UKS „Jedynka” SP SOLEX | 2:37.46 | 624 | 36.41 | 40.32 | 40.93 | 39.80 |
| 6. | 03 | RUSSEK Agata | UKS G-8 Bielany Warszawa | 2:37.75 | 620 | 35.80 | 39.34 | 40.78 | 41.83 |
| 7. | 04 | MALEC Klaudia | UKS „ORKA” Zamo | 2:37.80 | 620 | 35.60 | 40.97 | 40.59 | 40.64 |
| 8. | 03 | OBĄJTEK Aleksandra | AZS AWF Warszawa | 2:38.36 | 613 | 37.50 | 40.62 | 39.68 | 40.56 |
| 9. | 05 | TŁOCZEK Wiktoria | KP Bałtyk Kołobrzeg | 2:39.19 | 604 | 36.71 | 40.50 | 40.84 | 41.14 |
| 10. | 04 | CYGAN Julia | MKS „Astoria” Bydgoszcz | 2:40.44 | 590 | 36.58 | 40.38 | 41.53 | 41.95 |
| 11. | 01 | BJÖRKÉN Julia | VSS VASBY | 2:40.70 | 587 | 36.40 | 40.46 | 41.36 | 42.48 |
| 12. | 03 | MOTYL Sara | KU AZS Politechniki Łódzkiej | 2:41.11 | 582 | 36.56 | 41.26 | 41.86 | 41.43 |
| 13. | 05 | KOWALCZYK Katarzyna | UKS SP-149 Łód | 2:42.03 | 572 | 37.10 | 40.81 | 42.39 | 41.73 |
| 14. | 05 | S DŁAK Alicja | MUKS "Pi tnastka" | 2:42.50 | 567 | 35.46 | 41.86 | 43.18 | 42.00 |
| 15. | 04 | PA KO Maja | UKS G-8 Bielany Warszawa | 2:43.64 | 556 | 36.42 | 41.79 | 43.20 | 42.23 |
| 16. | 03 | PASTUSZUK Paulina | KS OLIMPIA Lublin | 2:43.86 | 553 | 36.08 | 40.99 | 43.37 | 43.42 |
| 17. | 02 | ZIENTARSKA Karolina | UKS G-8 Bielany Warszawa | 2:43.98 | 552 | 37.13 | 41.54 | 42.72 | 42.59 |
| 18. | 05 | BAŁDA Aleksandra | MKS Piaseczno | 2:44.66 | 545 | 35.92 | 41.86 | 43.29 | 43.59 |
| 19. | 03 | MARJA SKA Agata | MKS „Astoria” Bydgoszcz | 2:45.21 | 540 | 36.31 | 41.21 | 43.62 | 44.07 |
| 20. | 05 | URBA SKA Patrycja | MKS Jedynka Łód | 2:45.93 | 533 | 37.43 | 42.21 | 43.71 | 42.58 |
| 21. | 04 | DRAGAN Julia | KS OLIMPIA Lublin | 2:46.16 | 531 | 37.10 | 42.24 | 43.61 | 43.21 |
| 22. | 98 | BEDNAREK Aleksandra | UKS SP-149 Łód | 2:46.73 | 525 | 37.95 | 42.35 | 43.22 | 43.21 |
| 23. | 04 | HAR Zofia | MKS Piaseczno | 2:47.86 | 515 | 36.87 | 42.53 | 43.94 | 44.52 |
| 24. | 02 | POPŁAWSKA Apolonia | KS Posenania Pozna | 2:48.28 | 511 | 38.36 | 43.72 | 43.25 | 42.95 |
| 25. | 04 | OSZMIA SKA Julia | MKP „SŁOWIANKA” Gorzów | 2:49.79 | 497 | 37.54 | 42.39 | 44.49 | 45.37 |
| 26. | 05 | KOŁAKOWSKA Weronika | UKS G-8 Bielany Warszawa | 2:49.81 | 497 | 38.61 | 43.33 | 43.54 | 44.33 |
| 27. | 05 | KOWALSKA Oliwia | MKP „SŁOWIANKA” Gorzów | 2:52.08 | 478 | 38.97 | 43.25 | 44.68 | 45.18 |
| 28. | 05 | BRD K Patrycja | KS Posenania Pozna | 2:52.75 | 472 | 38.27 | 44.44 | 45.99 | 44.05 |
| 29. | 05 | KOMOR Agata | MKP „SŁOWIANKA” Gorzów | 2:52.97 | 470 | 38.64 | 44.92 | 45.00 | 44.41 |
| 30. | 03 | DOPART Marcelina | AZS AWF Warszawa | 2:53.28 | 468 | 38.57 | 43.48 | 44.98 | 46.25 |
| 31. | 05 | KUCHARSKA Dominika | UKS Trójka roda Wilkp. | 2:54.11 | 461 | 38.96 | 44.92 | 45.50 | 44.73 |
| 32. | 05 | MORITZ Marcelina | MUKS "Pi tnastka" | 2:54.15 | 461 | 39.74 | 44.56 | 45.49 | 44.36 |
| 33. | 04 | BRODEWICZ Zofia | KS Delfin Gdynia | 2:54.67 | 457 | 38.88 | 44.65 | 45.66 | 45.48 |
| 34. | 05 | RONKIEWICZ Dominika | MUKS "Pi tnastka" | 2:55.50 | 450 | 38.75 | 44.13 | 46.12 | 46.50 |
| 35. | 05 | ZARZECZNA Olga | KS Posenania Pozna | 2:56.24 | 445 | 39.64 | 45.29 | 45.20 | 46.11 |
| 36. | 05 | KOPROWSKA Kinga | MKS SP 63 Bydgoszcz | 2:56.83 | 440 | 41.18 | 46.32 | 46.36 | 42.97 |
| 37. | 05 | TOFIL Emilia | KS Delfin Gdynia | 2:58.39 | 429 | 41.82 | 45.95 | 45.49 | 45.13 |
| 38. | 05 | DZI GIELEWSKA Katarzyna | KS Delfin Gdynia | 3:05.20 | 383 | 42.76 | 47.57 | 47.98 | 46.89 |
| 39. | 05 | KOWALSKA Nina | MKP „SŁOWIANKA” Gorzów | 3:06.40 | 376 | 43.40 | 47.37 | 49.36 | 46.27 |
| DYSKW. | 05 | PARADOWSKA Julia | UKS G-8 Bielany Warszawa | | | | | | |

K15 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu.

14 lat

| | | | | | | | | | |
|----|----|---------------------|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | 05 | KLEJNA Weronika | UKS „Jedynka” SP SOLEX | 2:37.46 | 624 | 36.41 | 40.32 | 40.93 | 39.80 |
| 2. | 05 | TŁOCZEK Wiktoria | KP Bałtyk Kołobrzeg | 2:39.19 | 604 | 36.71 | 40.50 | 40.84 | 41.14 |
| 3. | 05 | KOWALCZYK Katarzyna | UKS SP-149 Łód | 2:42.03 | 572 | 37.10 | 40.81 | 42.39 | 41.73 |
| 4. | 05 | S DŁAK Alicja | MUKS "Pi tnastka" | 2:42.50 | 567 | 35.46 | 41.86 | 43.18 | 42.00 |
| 5. | 05 | BAŁDA Aleksandra | MKS Piaseczno | 2:44.66 | 545 | 35.92 | 41.86 | 43.29 | 43.59 |
| 6. | 05 | URBA SKA Patrycja | MKS Jedynka Łód | 2:45.93 | 533 | 37.43 | 42.21 | 43.71 | 42.58 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 28, Dziewcz t, 200m klasyczny, 14 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|-----------------------------|---------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 7. KOŁAKOWSKA Weronika | 05 | UKS G-8 Bielany Warszawa | 2:49.81 | 497 | 38.61 | 43.33 | 43.54 | 44.33 |
| 8. KOWALSKA Oliwia | 05 | MKP „SŁOWIANKA” Gorzów | 2:52.08 | 478 | 38.97 | 43.25 | 44.68 | 45.18 |
| 9. BRD K Patrycja | 05 | KS Posenia Pozna | 2:52.75 | 472 | 38.27 | 44.44 | 45.99 | 44.05 |
| 10. KOMOR Agata | 05 | MKP „SŁOWIANKA” Gorzów | 2:52.97 | 470 | 38.64 | 44.92 | 45.00 | 44.41 |
| 11. KUCHARSKA Dominika | 05 | UKS Trójka roda Wlkp. | 2:54.11 | 461 | 38.96 | 44.92 | 45.50 | 44.73 |
| 12. MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 2:54.15 | 461 | 39.74 | 44.56 | 45.49 | 44.36 |
| 13. RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 2:55.50 | 450 | 38.75 | 44.13 | 46.12 | 46.50 |
| 14. ZARZECZNA Olga | 05 | KS Posenia Pozna | 2:56.24 | 445 | 39.64 | 45.29 | 45.20 | 46.11 |
| 15. KOPROWSKA Kinga | 05 | MKS SP 63 Bydgoszcz | 2:56.83 | 440 | 41.18 | 46.32 | 46.36 | 42.97 |
| 16. TOFIL Emilia | 05 | KS Delfin Gdynia | 2:58.39 | 429 | 41.82 | 45.95 | 45.49 | 45.13 |
| 17. DZI GIELEWSKA Katarzyna | 05 | KS Delfin Gdynia | 3:05.20 | 383 | 42.76 | 47.57 | 47.98 | 46.89 |
| 18. KOWALSKA Nina | 05 | MKP „SŁOWIANKA” Gorzów | 3:06.40 | 376 | 43.40 | 47.37 | 49.36 | 46.27 |
| DYSKW. PARADOWSKA Julia | 05 | UKS G-8 Bielany Warszawa | | | | | | |

K15 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu.

15 lat

| | | | | | | | | |
|---------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. BEDNARZ Julia | 04 | UKS „ORKA” Zamo | 2:37.01 | 629 | 36.17 | 40.00 | 40.68 | 40.16 |
| 2. MALEC Klaudia | 04 | UKS „ORKA” Zamo | 2:37.80 | 620 | 35.60 | 40.97 | 40.59 | 40.64 |
| 3. CYGAN Julia | 04 | MKS „Astoria” Bydgoszcz | 2:40.44 | 590 | 36.58 | 40.38 | 41.53 | 41.95 |
| 4. PA KO Maja | 04 | UKS G-8 Bielany Warszawa | 2:43.64 | 556 | 36.42 | 41.79 | 43.20 | 42.23 |
| 5. DRAGAN Julia | 04 | KS OLIMPIA Lublin | 2:46.16 | 531 | 37.10 | 42.24 | 43.61 | 43.21 |
| 6. HAR Zofia | 04 | MKS Piaseczno | 2:47.86 | 515 | 36.87 | 42.53 | 43.94 | 44.52 |
| 7. OSZMIA SKA Julia | 04 | MKP „SŁOWIANKA” Gorzów | 2:49.79 | 497 | 37.54 | 42.39 | 44.49 | 45.37 |
| 8. BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 2:54.67 | 457 | 38.88 | 44.65 | 45.66 | 45.48 |

16 lat

| | | | | | | | | |
|-----------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. RUSSEK Agata | 03 | UKS G-8 Bielany Warszawa | 2:37.75 | 620 | 35.80 | 39.34 | 40.78 | 41.83 |
| 2. OBAJTEK Aleksandra | 03 | AZS AWF Warszawa | 2:38.36 | 613 | 37.50 | 40.62 | 39.68 | 40.56 |
| 3. MOTYL Sara | 03 | KU AZS Politechniki Łódzkiej | 2:41.11 | 582 | 36.56 | 41.26 | 41.86 | 41.43 |
| 4. PASTUSZUK Paulina | 03 | KS OLIMPIA Lublin | 2:43.86 | 553 | 36.08 | 40.99 | 43.37 | 43.42 |
| 5. MARJA SKA Agata | 03 | MKS „Astoria” Bydgoszcz | 2:45.21 | 540 | 36.31 | 41.21 | 43.62 | 44.07 |
| 6. DOPART Marcelina | 03 | AZS AWF Warszawa | 2:53.28 | 468 | 38.57 | 43.48 | 44.98 | 46.25 |

17 - 18 lat

| | | | | | | | | |
|------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. CHMIEL Liwia | 02 | UKS Trójka roda Wlkp. | 2:29.41 | 730 | 33.96 | 38.29 | 38.78 | 38.38 |
| 2. BJÖRKÉN Julia | 01 | VSS VASBY | 2:40.70 | 587 | 36.40 | 40.46 | 41.36 | 42.48 |
| 3. ZIENTARSKA Karolina | 02 | UKS G-8 Bielany Warszawa | 2:43.98 | 552 | 37.13 | 41.54 | 42.72 | 42.59 |
| 4. POPŁAWSKA Apolonia | 02 | KS Posenia Pozna | 2:48.28 | 511 | 38.36 | 43.72 | 43.25 | 42.95 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 29
2019-11-24 - 9:28

M czynn, 200m klasyczny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|--------------------|-------|----------------|------------|
| RP Open | 2:06.25 | ROGUSKI Bartłomiej | 00114 | Łód | 2017-12-22 |
| RP 19 - 23 | 2:06.61 | KUCZKO Sławomir | 00114 | Helsinki (FIN) | 2006-12-10 |
| RP 18 | 2:06.61 | KUSTO Rafał | 02101 | Gorzow Wlkp | 2017-03-11 |
| RP 17 | 2:07.92 | KUSTO Rafał | 02101 | Olsztyn | 2016-12-18 |
| RP 16 | 2:11.75 | SIEMI SKI Piotr | 02314 | Gliwice | 2016-03-12 |
| RP 15 | 2:12.63 | SIEMI SKI Piotr | 02314 | Poznan | 2015-11-21 |
| RP 14 | 2:18.77 | KALUSOWSKI Jan | 00905 | Olsztyn | 2014-03-08 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|------------------------|---------|-----------------------|---------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. | 93 | ROGUSKI Bartłomiej | 2:11.95 | 755 | 30.95 | 33.86 | 33.61 | 33.53 |
| 2. | 00 | KŁOSI SKI Alan | 2:14.75 | 709 | 30.62 | 35.41 | 34.40 | 34.32 |
| 3. | 00 | R BACZ Maciej | 2:15.65 | 695 | 30.92 | 34.37 | 34.49 | 35.87 |
| 4. | 00 | PIOTROWICZ Kamil | 2:16.81 | 677 | 30.70 | 35.11 | 35.70 | 35.30 |
| 5. | 96 | KAMINIARZ Jakub | 2:16.86 | 676 | 31.42 | 34.91 | 35.04 | 35.49 |
| 6. | 93 | SUZIN Marcin | 2:17.96 | 660 | 31.94 | 35.69 | 35.43 | 34.90 |
| 7. | 04 | CICHOCKI Oliwier | 2:18.66 | 650 | 31.75 | 35.22 | 36.04 | 35.65 |
| 8. | 02 | KLIMAS Michał | 2:20.55 | 624 | 31.29 | 35.66 | 36.46 | 37.14 |
| 9. | 04 | TARASEWICZ Marcel | 2:20.81 | 621 | 32.18 | 36.27 | 36.12 | 36.24 |
| 10. | 01 | WIECI SKI Andrzej | 2:20.93 | 619 | 31.44 | 36.05 | 36.14 | 37.30 |
| 11. | 99 | BACHLAJ Dorian | 2:22.26 | 602 | 32.23 | 36.47 | 36.33 | 37.23 |
| 12. | 02 | TOMCZAK Tymoteusz | 2:22.69 | 597 | 31.89 | 37.57 | 36.54 | 36.69 |
| 13. | 97 | B CZKOWSKI Bartosz | 2:22.78 | 596 | 31.78 | 36.07 | 36.88 | 38.05 |
| 14. | 04 | KONARSKI Maciej | 2:23.12 | 591 | 32.11 | 36.51 | 37.57 | 36.93 |
| 15. | 04 | WARZOCHA Gustaw | 2:23.30 | 589 | 32.36 | 36.60 | 36.99 | 37.35 |
| 16. | 01 | GUZY Marcel | 2:23.31 | 589 | 32.90 | 36.44 | 36.93 | 37.04 |
| 17. | 00 | BEBEROK Filip | 2:25.16 | 567 | 32.28 | 37.00 | 37.75 | 38.13 |
| 18. | 04 | KRACZKOWSKI Tomasz | 2:25.25 | 566 | 32.04 | 37.11 | 38.32 | 37.78 |
| 19. | 03 | OLEJNIK Adam | 2:25.34 | 565 | 33.24 | 37.07 | 37.67 | 37.36 |
| 20. | 05 | SZYMA SKI Igor | 2:25.68 | 561 | 32.85 | 36.59 | 37.70 | 38.54 |
| 21. | 03 | PRZYSTAŁ Adam | 2:26.01 | 557 | 32.75 | 36.89 | 37.95 | 38.42 |
| 22. | 03 | FILIPIAK Grzegorz | 2:26.32 | 553 | 33.27 | 37.44 | 37.68 | 37.93 |
| 23. | 02 | GREGORCZYK Jan | 2:26.63 | 550 | 32.88 | 36.79 | 38.00 | 38.96 |
| 24. | 02 | LERNA William | 2:29.40 | 520 | 32.87 | 37.81 | 39.25 | 39.47 |
| 25. | 02 | LINDWALL Algot | 2:30.57 | 508 | 33.00 | 38.16 | 39.55 | 39.86 |
| 26. | 01 | KRASZEWSKI Daniel | 2:30.66 | 507 | 33.72 | 38.63 | 39.71 | 38.60 |
| 27. | 03 | ANTCZAK Bartosz | 2:31.35 | 500 | 34.62 | 38.58 | 39.58 | 38.57 |
| 28. | 03 | MACIOSZEK Maksymilian | 2:31.39 | 500 | 34.03 | 38.25 | 39.52 | 39.59 |
| 29. | 01 | GREBER Artur | 2:31.51 | 498 | 32.76 | 37.27 | 39.66 | 41.82 |
| 30. | 04 | WIERCI SKI Kacper | 2:35.34 | 462 | 34.55 | 39.25 | 40.39 | 41.15 |
| 31. | 04 | SZCZEPANIAK Kacper | 2:37.73 | 442 | 36.32 | 40.37 | 40.80 | 40.24 |
| 32. | 04 | MAJKOWSKI Aleksander | 2:39.65 | 426 | 35.55 | 40.59 | 42.85 | 40.66 |
| 33. | 03 | SZUKAŁA Krzysztof | 2:40.53 | 419 | 34.89 | 40.90 | 42.74 | 42.00 |
| 34. | 04 | JANCZYLIK Aleksander | 2:41.75 | 409 | 36.02 | 41.03 | 42.61 | 42.09 |
| 35. | 04 | PUPKA Filip | 2:42.30 | 405 | 36.10 | 40.83 | 42.62 | 42.75 |
| 36. | 02 | HORBATY Klaudiusz | 2:44.45 | 390 | 36.49 | 41.76 | 43.29 | 42.91 |
| 37. | 05 | BIELEWICZ Jan | 2:47.47 | 369 | 36.47 | 41.86 | 44.10 | 45.04 |
| 38. | 05 | MAJAK Mateusz | 2:54.49 | 326 | 38.71 | 44.08 | 46.16 | 45.54 |
| 39. | 05 | HORBACZEWSKI Grzegorz | 3:05.46 | 271 | 42.25 | 47.17 | 48.74 | 47.30 |
| 40. | 05 | KUNKEL Tymoteusz | 3:32.78 | 180 | 46.82 | 53.40 | 55.95 | 56.61 |
| DYSKW. | 99 | SOLAK Łukasz | | | | | | |

K14 - Pływak wykonał kopnięcie nog w płaszczy nie pionowej w dół (z wyjściem jednym ruchem po starcie i nawrocie).

DYSKW. KALUSOWSKI Jan 00 MKS Trójka Łód
K16 - Pływak dotknął ciany nierównocześnie dwiema dłońmi przy nawrocie lub na zakończenie wyścigu.

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 29, M czynn, 200m klasyczny

14 lat

| | | | | | | | | |
|--------------------------|----|----------------------|----------------|-----|-------|-------|-------|-------|
| 1. SZYMA SKI Igor | 05 | MUKS "Pi tnastrka" | 2:25.68 | 561 | 32.85 | 36.59 | 37.70 | 38.54 |
| 2. BIELEWICZ Jan | 05 | KS Warta Pozna | 2:47.47 | 369 | 36.47 | 41.86 | 44.10 | 45.04 |
| 3. MAJAK Mateusz | 05 | Uks Cityzen | 2:54.49 | 326 | 38.71 | 44.08 | 46.16 | 45.54 |
| 4. HORBACZEWSKI Grzegorz | 05 | Dwójka Morena Gda sk | 3:05.46 | 271 | 42.25 | 47.17 | 48.74 | 47.30 |
| 5. KUNKEL Tymoteusz | 05 | Dwójka Morena Gda sk | 3:32.78 | 180 | 46.82 | 53.40 | 55.95 | 56.61 |

15 lat

| | | | | | | | | |
|-------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. CICHOCKI Oliwier | 04 | KS Warta Pozna | 2:18.66 | 650 | 31.75 | 35.22 | 36.04 | 35.65 |
| 2. TARASEWICZ Marcel | 04 | UKS G-8 Bielany Warszawa | 2:20.81 | 621 | 32.18 | 36.27 | 36.12 | 36.24 |
| 3. KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów" | 2:23.12 | 591 | 32.11 | 36.51 | 37.57 | 36.93 |
| 4. WARZOCHA Gustaw | 04 | Uks Cityzen | 2:23.30 | 589 | 32.36 | 36.60 | 36.99 | 37.35 |
| 5. KRACZKOWSKI Tomasz | 04 | UKS G-8 Bielany Warszawa | 2:25.25 | 566 | 32.04 | 37.11 | 38.32 | 37.78 |
| 6. WIERCI SKI Kacper | 04 | UKS „Dwójka" Tczew | 2:35.34 | 462 | 34.55 | 39.25 | 40.39 | 41.15 |
| 7. SZCZEPANIAK Kacper | 04 | MKP Szczecin | 2:37.73 | 442 | 36.32 | 40.37 | 40.80 | 40.24 |
| 8. MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawi | 2:39.65 | 426 | 35.55 | 40.59 | 42.85 | 40.66 |
| 9. JANCZYLIK Aleksander | 04 | KS Delfin Gdynia | 2:41.75 | 409 | 36.02 | 41.03 | 42.61 | 42.09 |
| 10. PUPKA Filip | 04 | Uks Cityzen | 2:42.30 | 405 | 36.10 | 40.83 | 42.62 | 42.75 |

16 lat

| | | | | | | | | |
|--------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. OLEJNIK Adam | 03 | TP Skalar Słupsk | 2:25.34 | 565 | 33.24 | 37.07 | 37.67 | 37.36 |
| 2. PRZYSTAŁ Adam | 03 | UKS G-8 Bielany Warszawa | 2:26.01 | 557 | 32.75 | 36.89 | 37.95 | 38.42 |
| 3. FILIPIAK Grzegorz | 03 | MKP Astromal-Leszno | 2:26.32 | 553 | 33.27 | 37.44 | 37.68 | 37.93 |
| 4. ANTCZAK Bartosz | 03 | UKP „Polonia Warszawa" | 2:31.35 | 500 | 34.62 | 38.58 | 39.58 | 38.57 |
| 5. MACIOSZEK Maksymilian | 03 | UKP „Polonia Warszawa" | 2:31.39 | 500 | 34.03 | 38.25 | 39.52 | 39.59 |
| 6. SZUKAŁA Krzysztof | 03 | KS Warta Pozna | 2:40.53 | 419 | 34.89 | 40.90 | 42.74 | 42.00 |

17 - 18 lat

| | | | | | | | | |
|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. KLIMAS Michał | 02 | KS KSZO Ostrowiec w. | 2:20.55 | 624 | 31.29 | 35.66 | 36.46 | 37.14 |
| 2. WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 2:20.93 | 619 | 31.44 | 36.05 | 36.14 | 37.30 |
| 3. TOMCZAK Tymoteusz | 02 | KS Posnania Pozna | 2:22.69 | 597 | 31.89 | 37.57 | 36.54 | 36.69 |
| 4. GUZY Marcel | 01 | DOKiS SP Vega Dobrodzie | 2:23.31 | 589 | 32.90 | 36.44 | 36.93 | 37.04 |
| 5. GREGORCZYK Jan | 02 | UKS G-8 Bielany Warszawa | 2:26.63 | 550 | 32.88 | 36.79 | 38.00 | 38.96 |
| 6. LERNA William | 02 | VSS VASBY | 2:29.40 | 520 | 32.87 | 37.81 | 39.25 | 39.47 |
| 7. LINDWALL Algot | 02 | SS TYRESO | 2:30.57 | 508 | 33.00 | 38.16 | 39.55 | 39.86 |
| 8. KRASZEWSKI Daniel | 01 | MKS Polonia Warszawa | 2:30.66 | 507 | 33.72 | 38.63 | 39.71 | 38.60 |
| 9. GREBER Artur | 01 | UKS G-8 Bielany Warszawa | 2:31.51 | 498 | 32.76 | 37.27 | 39.66 | 41.82 |
| 10. HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów" | 2:44.45 | 390 | 36.49 | 41.76 | 43.29 | 42.91 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 30
2019-11-24 - 9:46

Kobiet, 100m motylkowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-----------------------|-------|----------------|------------|
| RP Open | 57.54 | JEDRZEJCZAK Otylia | 00114 | Debrecen (HUN) | 2007-12-15 |
| RP 19 - 23 | 58.16 | NOGAJ Paulina | 03014 | Lublin | 2018-12-18 |
| RP 18 | 58.69 | J DRZEJCZAK Otylia | | Łód | 2000-12-01 |
| RP 17 | 58.69 | JEDRZEJCZAK Otylia | POL | Lodz | 2000-12-01 |
| RP 16 | 58.85 | URBANCYK Aleksandra | POL | Leszno | 2003-11-28 |
| RP 15 | 1:00.07 | SOKOŁOWSKA Diana | 00309 | Poznan | 2011-12-17 |
| RP 14 | 1:01.74 | CIERPIAŁOWSKA Paulina | 02510 | Łódx | 2019-11-09 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|--------------------------------------|---------|------------------------|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 93 | NAZI BŁO Klaudia | 57.90 | 839 | 27.07 | 30.83 |
| 2. | 90 | DOWGIERT Anna | 59.42 | 776 | 27.63 | 31.79 |
| 3. | 01 | FIEDKIEWICZ Kornelia | 1:00.04 | 752 | 27.53 | 32.51 |
| 4. | 05 | CIERPIAŁOWSKA Paulina | 1:00.54 | 733 | 27.98 | 32.56 |
| <i>Czas lepszy od Rekordu Polski</i> | | | | | | |
| 5. | 01 | WO NIAK Zofia | 1:02.15 | 678 | 29.02 | 33.13 |
| 6. | 01 | PARADOWSKA Kinga | 1:02.21 | 676 | 29.24 | 32.97 |
| 7. | 03 | HERBREDER Gabriela | 1:02.39 | 670 | 29.36 | 33.03 |
| 8. | 01 | CIEPLAK Aleksandra | 1:02.48 | 667 | 29.06 | 33.42 |
| 9. | 03 | ZIELI SKA Daria | 1:02.62 | 663 | 29.43 | 33.19 |
| 10. | 00 | SOLAK Anna | 1:02.73 | 659 | 29.19 | 33.54 |
| 11. | 99 | NIEMCZAK Zofia | 1:02.74 | 659 | 28.97 | 33.77 |
| 12. | 98 | GONTA Oliwia | 1:02.77 | 658 | 29.63 | 33.14 |
| 13. | 02 | TRAMBOWICZ Zuzanna | 1:02.90 | 654 | 29.00 | 33.90 |
| 14. | 03 | FR CKIEWICZ Martyna | 1:02.92 | 653 | 29.75 | 33.17 |
| 15. | 96 | CIE LAK Joanna | 1:03.25 | 643 | 29.74 | 33.51 |
| 16. | 03 | JABŁO SKA Martyna | 1:03.40 | 639 | 29.20 | 34.20 |
| 17. | 03 | CELMER Wiktoria | 1:03.77 | 628 | 30.18 | 33.59 |
| 18. | 03 | GRADEK Aleksandra | 1:03.79 | 627 | 30.10 | 33.69 |
| 19. | 03 | URBAN Karolina | 1:03.95 | 622 | 29.57 | 34.38 |
| 20. | 02 | ZAWADZKA Hanna | 1:04.19 | 615 | 30.00 | 34.19 |
| 21. | 03 | PIOTROWSKA Wiktoria | 1:04.21 | 615 | 29.22 | 34.99 |
| 22. | 04 | TARASIEWICZ Klaudia | 1:04.70 | 601 | 29.84 | 34.86 |
| 23. | 04 | POZNACHOWSKA Nadia | 1:04.87 | 596 | 29.90 | 34.97 |
| 24. | 03 | WRÓBEL Julia | 1:05.32 | 584 | 30.29 | 35.03 |
| 25. | 04 | SMEKTAŁA Oliwia | 1:05.41 | 581 | 30.88 | 34.53 |
| 26. | 01 | ANDERSSON Tova | 1:05.49 | 579 | 30.57 | 34.92 |
| 27. | 02 | KUCHTA Maria | 1:05.57 | 577 | 30.15 | 35.42 |
| 28. | 03 | SZYSZKO Karolina | 1:05.76 | 572 | 30.07 | 35.69 |
| 29. | 03 | MO D AN Milena | 1:05.96 | 567 | 30.59 | 35.37 |
| 30. | 02 | HAŁAWCZAK Marcelina | 1:06.14 | 562 | 31.18 | 34.96 |
| 31. | 04 | KACZOROWSKA Alicja | 1:06.22 | 560 | 30.68 | 35.54 |
| 32. | 04 | GWAJ Julia | 1:06.30 | 558 | 31.34 | 34.96 |
| 33. | 04 | RACZY SKA Wiktoria | 1:07.03 | 540 | 31.08 | 35.95 |
| 34. | 99 | RUTKOWSKA Wiktoria | 1:07.18 | 537 | 31.42 | 35.76 |
| 35. | 99 | TOMASZEWSKA Aleksandra | 1:07.28 | 534 | 31.41 | 35.87 |
| 36. | 04 | SOKOŁOWSKA Dominika | 1:07.29 | 534 | 31.43 | 35.86 |
| 37. | 05 | CIESIELSKA Inga | 1:07.35 | 533 | 30.48 | 36.87 |
| 38. | 05 | WARCHAŁOWSKA Paulina | 1:07.38 | 532 | 31.52 | 35.86 |
| 39. | 00 | BIELEWICZ Joanna | 1:07.44 | 530 | 30.95 | 36.49 |
| 40. | 03 | KOZI SKA Anna | 1:07.58 | 527 | 31.39 | 36.19 |
| 41. | 00 | EKLUND Cornelia | 1:07.93 | 519 | 31.18 | 36.75 |
| 42. | 98 | ROGOWSKA Paulina | 1:08.02 | 517 | 31.61 | 36.41 |
| 43. | 04 | WO Weronika | 1:08.29 | 511 | 30.65 | 37.64 |
| 44. | 02 | BYLI SKA Agnieszka | 1:08.43 | 508 | 31.43 | 37.00 |
| 45. | 04 | SIOMA Zuzanna | 1:08.50 | 506 | 31.57 | 36.93 |
| 46. | 04 | ORUM Melissa | 1:08.69 | 502 | 32.11 | 36.58 |
| 47. | 05 | SKALI SKA Ewa | 1:09.61 | 482 | 31.20 | 38.41 |
| 48. | 04 | SZUPER Katarzyna | 1:09.80 | 478 | 31.68 | 38.12 |
| 49. | 97 | JABŁO SKA Oliwia | 1:09.89 | 477 | 33.11 | 36.78 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 30, Kobiet, 100m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | |
|---------|---------------------|--------------------------------------|----------------|-----|-------|-------|
| 50. | WRZOSEK Iga | 00 St. KF KS „Fenix” O arów Mazowiec | 1:09.90 | 476 | 31.03 | 38.87 |
| 51. | PYTLOCH Zuzanna | 05 KP Bałtyk Kołobrzeg | 1:10.15 | 471 | 32.53 | 37.62 |
| 52. | GAJCY Natalia | 05 UKP „Polonia Warszawa” | 1:10.26 | 469 | 32.36 | 37.90 |
| 53. | GRABOWSKA Gabriela | 04 UKP „Polonia Warszawa” | 1:10.31 | 468 | 32.27 | 38.04 |
| 54. | URBA SKA Patrycja | 05 MKS Jedynka Łód | 1:10.70 | 460 | 32.60 | 38.10 |
| | CZERWI SKA Martyna | 04 UKS „Dwójka” Tczew | 1:10.70 | 460 | 33.04 | 37.66 |
| 56. | OLECKA Amelia | 05 UKS „GIM 92 Ursynów” | 1:11.04 | 454 | 33.11 | 37.93 |
| 57. | BIDNIK Karolina | 02 UKS „GIM 92 Ursynów” | 1:11.30 | 449 | 32.79 | 38.51 |
| 58. | NOWAK Gabriela | 05 KP Delfin Inowrocław | 1:11.36 | 448 | 32.39 | 38.97 |
| 59. | KRÓLIK Adrianna | 04 MKP Szczecin | 1:11.46 | 446 | 31.54 | 39.92 |
| 60. | WRÓBLEWSKA Klaudia | 04 UKP „Polonia Warszawa” | 1:11.55 | 444 | 34.55 | 37.00 |
| 61. | ZORINA Daria | 05 UKS G-8 Bielany Warszawa | 1:11.59 | 443 | 32.06 | 39.53 |
| 62. | ANDERSSON Ebba | 01 VSS VASBY | 1:11.83 | 439 | 32.79 | 39.04 |
| 63. | SOŁONIEWICZ Julia | 03 UKP „Polonia Warszawa” | 1:12.17 | 433 | 33.82 | 38.35 |
| 64. | KIERAGA Patrycja | 04 KS OLIMPIA Lublin | 1:12.25 | 431 | 32.57 | 39.68 |
| 65. | CH CIAK Sandra | 03 UKS „GIM 92 Ursynów” | 1:12.30 | 430 | 33.97 | 38.33 |
| 66. | SŁOMI SKA Anna | 05 AZS AWF Warszawa | 1:12.47 | 427 | 33.55 | 38.92 |
| 67. | HAŁADYN Kamila | 04 UKS SP-149 Łód | 1:13.45 | 410 | 33.88 | 39.57 |
| 68. | GIZA Olga | 04 UKS abianka Gda sk | 1:13.56 | 409 | 34.20 | 39.36 |
| 69. | JAGODZI SKA Zuzanna | 04 MKS Neptun Stargard | 1:15.37 | 380 | 34.25 | 41.12 |
| 70. | JANKOWSKA Zofia | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:15.64 | 376 | 34.74 | 40.90 |
| NW | PEDA Paulina | 98 AZS AWF Katowice | | | | |

14 lat

| | | | | | | |
|-----|--------------------------------------|---------------------------------|----------------|-----|-------|-------|
| 1. | CIERPIAŁOWSKA Paulina | 05 UKS abianka Gda sk | 1:00.54 | 733 | 27.98 | 32.56 |
| | <i>Czas lepszy od Rekordu Polski</i> | | | | | |
| 2. | CIESIELSKA Inga | 05 MUKS "Pi tnastka" | 1:07.35 | 533 | 30.48 | 36.87 |
| 3. | WARCHAŁOWSKA Paulina | 05 KS OLIMPIA Lublin | 1:07.38 | 532 | 31.52 | 35.86 |
| 4. | SKALI SKA Ewa | 05 MKS Piaseczno | 1:09.61 | 482 | 31.20 | 38.41 |
| 5. | PYTLOCH Zuzanna | 05 KP Bałtyk Kołobrzeg | 1:10.15 | 471 | 32.53 | 37.62 |
| 6. | GAJCY Natalia | 05 UKP „Polonia Warszawa” | 1:10.26 | 469 | 32.36 | 37.90 |
| 7. | URBA SKA Patrycja | 05 MKS Jedynka Łód | 1:10.70 | 460 | 32.60 | 38.10 |
| 8. | OLECKA Amelia | 05 UKS „GIM 92 Ursynów” | 1:11.04 | 454 | 33.11 | 37.93 |
| 9. | NOWAK Gabriela | 05 KP Delfin Inowrocław | 1:11.36 | 448 | 32.39 | 38.97 |
| 10. | ZORINA Daria | 05 UKS G-8 Bielany Warszawa | 1:11.59 | 443 | 32.06 | 39.53 |
| 11. | SŁOMI SKA Anna | 05 AZS AWF Warszawa | 1:12.47 | 427 | 33.55 | 38.92 |
| 12. | JANKOWSKA Zofia | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:15.64 | 376 | 34.74 | 40.90 |

15 lat

| | | | | | | |
|-----|---------------------|---------------------------------------|----------------|-----|-------|-------|
| 1. | TARASIEWICZ Klaudia | 04 UKP „Polonia Warszawa” | 1:04.70 | 601 | 29.84 | 34.86 |
| 2. | POZNACHOWSKA Nadia | 04 UKP „Polonia Warszawa” | 1:04.87 | 596 | 29.90 | 34.97 |
| 3. | SMEKTAŁA Oliwia | 04 MKP Astromal-Lesno | 1:05.41 | 581 | 30.88 | 34.53 |
| 4. | KACZOROWSKA Alicja | 04 UKS G-8 Bielany Warszawa | 1:06.22 | 560 | 30.68 | 35.54 |
| 5. | GWAJ Julia | 04 Mi dzyszkolny UKS „Olimpijczyk” St | 1:06.30 | 558 | 31.34 | 34.96 |
| 6. | RACZY SKA Wiktoria | 04 AZS Łód | 1:07.03 | 540 | 31.08 | 35.95 |
| 7. | SOKOŁOWSKA Dominika | 04 KS Neptun widnica | 1:07.29 | 534 | 31.43 | 35.86 |
| 8. | WO Weronika | 04 UKS „GIM 92 Ursynów” | 1:08.29 | 511 | 30.65 | 37.64 |
| 9. | SIOMA Zuzanna | 04 UKS „ORKA” Zamo | 1:08.50 | 506 | 31.57 | 36.93 |
| 10. | ORUM Melissa | 04 MUKS "Pi tnastka" | 1:08.69 | 502 | 32.11 | 36.58 |
| 11. | SZUPER Katarzyna | 04 UKS „ORKA” Zamo | 1:09.80 | 478 | 31.68 | 38.12 |
| 12. | GRABOWSKA Gabriela | 04 UKP „Polonia Warszawa” | 1:10.31 | 468 | 32.27 | 38.04 |
| 13. | CZERWI SKA Martyna | 04 UKS „Dwójka” Tczew | 1:10.70 | 460 | 33.04 | 37.66 |
| 14. | KRÓLIK Adrianna | 04 MKP Szczecin | 1:11.46 | 446 | 31.54 | 39.92 |
| 15. | WRÓBLEWSKA Klaudia | 04 UKP „Polonia Warszawa” | 1:11.55 | 444 | 34.55 | 37.00 |
| 16. | KIERAGA Patrycja | 04 KS OLIMPIA Lublin | 1:12.25 | 431 | 32.57 | 39.68 |
| 17. | HAŁADYN Kamila | 04 UKS SP-149 Łód | 1:13.45 | 410 | 33.88 | 39.57 |
| 18. | GIZA Olga | 04 UKS abianka Gda sk | 1:13.56 | 409 | 34.20 | 39.36 |
| 19. | JAGODZI SKA Zuzanna | 04 MKS Neptun Stargard | 1:15.37 | 380 | 34.25 | 41.12 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Poznań, 23- - 24-11-2019

Konkurencja 30, Kobiety, 100m motylkowy

16 lat

| | | | | | | | |
|-----|---------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | HERBREDER Gabriela | 03 | UKS „GIM 92 Ursynów” | 1:02.39 | 670 | 29.36 | 33.03 |
| 2. | ZIELIŃSKA Daria | 03 | UKP „Polonia Warszawa” | 1:02.62 | 663 | 29.43 | 33.19 |
| 3. | FRYCKIEWICZ Martyna | 03 | SMS Zielona Góra | 1:02.92 | 653 | 29.75 | 33.17 |
| 4. | JABŁOŃSKA Martyna | 03 | UKS G-8 Bielany Warszawa | 1:03.40 | 639 | 29.20 | 34.20 |
| 5. | CELMER Wiktoria | 03 | KS Warta Poznań | 1:03.77 | 628 | 30.18 | 33.59 |
| 6. | GRADEK Aleksandra | 03 | UKP „Polonia Warszawa” | 1:03.79 | 627 | 30.10 | 33.69 |
| 7. | URBAN Karolina | 03 | UKS „Ósemka” Starogard Gdański | 1:03.95 | 622 | 29.57 | 34.38 |
| 8. | PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 1:04.21 | 615 | 29.22 | 34.99 |
| 9. | WRÓBEL Julia | 03 | UKP „Polonia Warszawa” | 1:05.32 | 584 | 30.29 | 35.03 |
| 10. | SZYSZKO Karolina | 03 | UKP „Polonia Warszawa” | 1:05.76 | 572 | 30.07 | 35.69 |
| 11. | MOJCIŁAN Milena | 03 | MKP Szczecin | 1:05.96 | 567 | 30.59 | 35.37 |
| 12. | KOZIŃSKA Anna | 03 | UKS „GIM 92 Ursynów” | 1:07.58 | 527 | 31.39 | 36.19 |
| 13. | SOŁONIEWICZ Julia | 03 | UKP „Polonia Warszawa” | 1:12.17 | 433 | 33.82 | 38.35 |
| 14. | CHYLIŃSKA Sandra | 03 | UKS „GIM 92 Ursynów” | 1:12.30 | 430 | 33.97 | 38.33 |

17 - 18 lat

| | | | | | | | |
|-----|----------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | FIEDKIEWICZ Kornelia | 01 | MKS Juwenia Wrocław | 1:00.04 | 752 | 27.53 | 32.51 |
| 2. | WOJNIAK Zofia | 01 | UKS G-8 Bielany Warszawa | 1:02.15 | 678 | 29.02 | 33.13 |
| 3. | PARADOWSKA Kinga | 01 | MUKS "Piłkarska" | 1:02.21 | 676 | 29.24 | 32.97 |
| 4. | CIEPLAK Aleksandra | 01 | UKS Olympic Warka | 1:02.48 | 667 | 29.06 | 33.42 |
| 5. | TRAMBOWICZ Zuzanna | 02 | AZS AWF Warszawa | 1:02.90 | 654 | 29.00 | 33.90 |
| 6. | ZAWADZKA Hanna | 02 | UKS G-8 Bielany Warszawa | 1:04.19 | 615 | 30.00 | 34.19 |
| 7. | ANDERSSON Tova | 01 | VSS VASBY | 1:05.49 | 579 | 30.57 | 34.92 |
| 8. | KUCHTA Maria | 02 | UKS „Dwójka” Tczew | 1:05.57 | 577 | 30.15 | 35.42 |
| 9. | HAŁAWCZAK Marcelina | 02 | MKP Szczecin | 1:06.14 | 562 | 31.18 | 34.96 |
| 10. | BYLIŃSKA Agnieszka | 02 | UKS abianka Gdańsk | 1:08.43 | 508 | 31.43 | 37.00 |
| 11. | BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów” | 1:11.30 | 449 | 32.79 | 38.51 |
| 12. | ANDERSSON Ebba | 01 | VSS VASBY | 1:11.83 | 439 | 32.79 | 39.04 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 31
2019-11-24 - 9:54

M czyzn, 100m motylkowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|-------|------------------|-------|----------|------------|
| RP Open | 49.62 | CZERNIAK Konrad | 00603 | Szczecin | 2011-12-09 |
| RP 19 - 23 | 49.62 | CZERNIAK Konrad | 00603 | Szczecin | 2011-12-09 |
| RP 18 | 51.13 | MAJERSKI Jakub | 03606 | Lublin | 2018-12-18 |
| RP 17 | 51.52 | STOKOWSKI Kacper | | Olsztyn | 2016-12-02 |
| RP 16 | 51.90 | STOKOWSKI Kacper | 05114 | Lublin | 2015-12-18 |
| RP 15 | 53.98 | GORAJ Marcin | 03606 | Olsztyn | 2016-12-15 |
| RP 14 | 55.78 | URYNIUK Paweł | 05114 | Łód | 2017-12-19 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|------------------------|---------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 92 | CIE LAK Marcin | 50.87 | 844 | 24.02 | 26.85 |
| 2. | 92 | MAJCHRZAK Kacper | 51.22 | 827 | 24.45 | 26.77 |
| 3. | 97 | CHUDY Michał | 51.23 | 826 | 23.41 | 27.82 |
| 4. | 00 | MAJERSKI Jakub | 51.51 | 813 | 24.15 | 27.36 |
| 5. | 98 | CHRZANOWSKI Damian | 52.71 | 758 | 24.56 | 28.15 |
| 6. | 02 | JA KIEWICZ Adrian | 53.59 | 722 | 24.93 | 28.66 |
| 7. | 95 | BARTOSIEWICZ Jakub | 53.71 | 717 | 25.16 | 28.55 |
| 8. | 91 | KAW CKI Radosław | 54.22 | 697 | 24.84 | 29.38 |
| 9. | 01 | SAWICKI Oskar | 54.43 | 689 | 25.89 | 28.54 |
| 10. | 01 | KRZYWNICKI Adrian | 54.46 | 688 | 25.54 | 28.92 |
| 11. | 03 | ZUBIK Jan | 54.79 | 675 | 25.30 | 29.49 |
| 12. | 03 | WIEK Wiktor | 55.06 | 665 | 26.05 | 29.01 |
| 13. | 00 | BUTKIEWICZ Cezary | 55.37 | 654 | 25.45 | 29.92 |
| 14. | 01 | WARZOCHA Albert | 55.76 | 641 | 25.87 | 29.89 |
| 15. | 04 | MASIUK Ksawery | 55.97 | 633 | 26.23 | 29.74 |
| 16. | 03 | URYNIUK Paweł | 56.17 | 627 | 25.67 | 30.50 |
| 17. | 99 | BOCHE Tomasz | 56.31 | 622 | 27.09 | 29.22 |
| 18. | 01 | TŁOMAK Andrzej | 56.76 | 607 | 26.15 | 30.61 |
| 19. | 00 | OLLER Krzysztof | 56.85 | 604 | 26.75 | 30.10 |
| 20. | 04 | TOMASZEWSKI Aleks | 57.05 | 598 | 26.71 | 30.34 |
| 21. | 02 | STENSSON Erik | 57.19 | 594 | 26.31 | 30.88 |
| 22. | 03 | NOSARZEWSKI Kornel | 57.27 | 591 | 26.77 | 30.50 |
| 23. | 01 | MALINOWSKI Bartosz | 57.34 | 589 | 27.09 | 30.25 |
| 24. | 99 | BIERO SKI Michał | 57.52 | 584 | 26.62 | 30.90 |
| 25. | 02 | KWIATEK Radosław | 57.57 | 582 | 26.11 | 31.46 |
| 26. | 02 | BIELAWA Dominik | 57.67 | 579 | 26.91 | 30.76 |
| 27. | 02 | CHOJNOWSKI Tomasz | 57.73 | 577 | 26.65 | 31.08 |
| 28. | 03 | KORONA Kacper | 57.78 | 576 | 26.49 | 31.29 |
| 29. | 01 | MELINDER Martin | 57.91 | 572 | 26.87 | 31.04 |
| 30. | 02 | BOBORYK Wojciech | 57.92 | 572 | 27.24 | 30.68 |
| 31. | 02 | ŁANGOWSKI Maciej | 58.36 | 559 | 26.86 | 31.50 |
| 32. | 03 | WLAZŁOWSKI Kamil | 58.54 | 554 | 27.02 | 31.52 |
| 33. | 01 | KRZYKAŁA Emil | 58.58 | 552 | 26.80 | 31.78 |
| 34. | 97 | KADROW Konrad | 58.61 | 552 | 27.63 | 30.98 |
| 35. | 01 | GRZYBOWSKI Artur | 58.68 | 550 | 27.59 | 31.09 |
| 36. | 02 | LINDHOLM Christopher | 58.75 | 548 | 27.59 | 31.16 |
| 37. | 99 | SVENSSON Noah | 59.18 | 536 | 27.53 | 31.65 |
| 38. | 05 | ZDYBEL Adam | 59.23 | 534 | 27.62 | 31.61 |
| | 03 | BARCZYK Jan | 59.23 | 534 | 27.03 | 32.20 |
| 40. | 02 | JOHNSSON Marcus | 59.27 | 533 | 27.66 | 31.61 |
| 41. | 03 | KULS Jan | 59.74 | 521 | 27.55 | 32.19 |
| 42. | 04 | GULI SKI Maciej | 59.92 | 516 | 27.10 | 32.82 |
| 43. | 01 | WNUK Jakub | 1:00.03 | 513 | 27.87 | 32.16 |
| 44. | 02 | BLI NIEWSKI Franciszek | 1:00.08 | 512 | 27.90 | 32.18 |
| | 00 | SMOLI SKI Jakub | 1:00.08 | 512 | 27.32 | 32.76 |
| 46. | 00 | PACŁAWSKI Jakub | 1:00.22 | 508 | 28.15 | 32.07 |
| 47. | 04 | J DRZEJKIEWICZ Ignacy | 1:00.40 | 504 | 27.96 | 32.44 |
| 48. | 02 | KUBIAK Norbert | 1:00.60 | 499 | 27.68 | 32.92 |
| | 04 | KWIATKOWSKI Tymoteusz | 1:00.60 | 499 | 27.69 | 32.91 |
| 50. | 04 | UROWICZ Antoni | 1:00.71 | 496 | 28.46 | 32.25 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 31, M czyzn, 100m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | | |
|---------|---|------|--|---------|-------|-------|-------|
| 51. | BORZYMEK Hubert | 02 | Mokotowski UKP Warszawianka- Wc1:00.72rk | 496 | 28.95 | 31.77 | |
| 52. | OSSOWSKI Damian | 02 | MKS SP 63 Bydgoszcz | 1:00.73 | 496 | 28.69 | 32.04 |
| 53. | RAJCA Wiktor | 02 | KS KSZO Ostrowiec w. | 1:00.74 | 495 | 28.60 | 32.14 |
| 54. | GÖRANSSON Carl | 00 | VSS VASBY | 1:00.78 | 495 | 28.24 | 32.54 |
| 55. | DUDEK Kacper | 02 | KS Warta Pozna | 1:00.83 | 493 | 27.72 | 33.11 |
| 56. | SIMONSSON Ivar | 02 | VSS VASBY | 1:00.92 | 491 | 28.52 | 32.40 |
| 57. | LEIFSEN Gustav | 02 | VSS VASBY | 1:01.03 | 488 | 28.58 | 32.45 |
| 58. | BISZKONT Damian | 96 | KP AVIA widnik | 1:01.10 | 487 | 28.46 | 32.64 |
| 59. | SKÖLD Theodor | 01 | VSS VASBY | 1:01.17 | 485 | 28.36 | 32.81 |
| 60. | GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 1:01.19 | 485 | 28.23 | 32.96 |
| 61. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 1:01.36 | 481 | 28.92 | 32.44 |
| 62. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 1:01.43 | 479 | 28.51 | 32.92 |
| 63. | YRO Ignacy | 04 | UKS „GIM 92 Ursynów" | 1:01.48 | 478 | 28.51 | 32.97 |
| | SETLAK Marcel | 05 | UKS abianka Gda sk | 1:01.48 | 478 | 28.50 | 32.98 |
| 65. | MATYSIAK Kacper | 03 | KS Warta Pozna | 1:01.68 | 473 | 28.82 | 32.86 |
| 66. | SULIGA Jeremi | 00 | UKS G-8 Bielany Warszawa | 1:01.80 | 470 | 28.05 | 33.75 |
| 67. | LASKI Filip | 04 | St. KF KS „Fenix" O arów Mazowiec | 1:01.82 | 470 | 28.56 | 33.26 |
| 68. | WYSOCKI Piotr | 04 | KS Warta Pozna | 1:02.09 | 464 | 28.00 | 34.09 |
| 69. | KOPROWSKI Aleksander | 03 | Uks Cityzen | 1:02.14 | 463 | 29.22 | 32.92 |
| 70. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów" | 1:02.16 | 462 | 28.59 | 33.57 |
| 71. | TKACZ Wiktor | 05 | MKS Piaseczno | 1:02.20 | 461 | 29.02 | 33.18 |
| 72. | LECIEJEWSKI Karol | 03 | MKP Astromal-Leszno | 1:02.31 | 459 | 28.41 | 33.90 |
| 73. | DOMAGAŁA Tymoteusz | 04 | MUKS "Pi tnastka" | 1:02.33 | 458 | 28.54 | 33.79 |
| 74. | KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | 1:02.36 | 458 | 28.83 | 33.53 |
| 75. | KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 1:02.50 | 455 | 29.68 | 32.82 |
| 76. | KAJA Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:02.60 | 453 | 28.24 | 34.36 |
| 77. | KUREK Alan | 04 | MKP Szczecin | 1:02.82 | 448 | 28.76 | 34.06 |
| 78. | GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów" | 1:03.42 | 435 | 30.80 | 32.62 |
| 79. | MAZUREK Bła ej | 04 | MKP Szczecin | 1:03.57 | 432 | 29.39 | 34.18 |
| 80. | NOWICKI Kacper | 98 | UMKS Niesłysz cych Pozna | 1:03.70 | 430 | 28.74 | 34.96 |
| 81. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa" | 1:04.20 | 420 | 29.53 | 34.67 |
| 82. | BARSCZEWSKI Maksymilian | 01 | UKS G-8 Bielany Warszawa | 1:04.43 | 415 | 29.37 | 35.06 |
| 83. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wc1:04.45rk | 415 | 30.30 | 34.15 | |
| 84. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 1:04.74 | 409 | 29.77 | 34.97 |
| 85. | MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 1:05.41 | 397 | 30.04 | 35.37 |
| 86. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawianka- Wc1:05.44rk | 396 | 29.86 | 35.58 | |
| 87. | T CZA Maciej | 03 | UKP "Rekin" Konin | 1:05.99 | 386 | 30.68 | 35.31 |
| 88. | KURDELSKI Filip | 04 | Mokotowski UKP Warszawianka- Wc1:06.60rk | 376 | 31.12 | 35.48 | |
| 89. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów" | 1:08.03 | 353 | 32.54 | 35.49 |
| 90. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 1:09.42 | 332 | 32.41 | 37.01 |
| 91. | KAMI SKI Fabian | 04 | MKP Szczecin | 1:09.50 | 331 | 30.10 | 39.40 |
| 92. | WOJCIECHOWSKI Szymon | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:09.66 | 328 | 32.20 | 37.46 |
| 93. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wc1:09.75rk | 327 | 32.90 | 36.85 | |
| 94. | PISA SKI Michał | 05 | Dwójka Morena Gda sk | 1:11.13 | 308 | 32.20 | 38.93 |
| 95. | KUBIAK Kuba | 05 | Dwójka Morena Gda sk | 1:11.15 | 308 | 34.08 | 37.07 |
| 96. | HŁASKO Wojciech | 05 | Dwójka Morena Gda sk | 1:12.82 | 287 | 33.90 | 38.92 |
| 97. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 1:16.65 | 246 | 36.00 | 40.65 |
| 98. | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 1:18.55 | 229 | 37.12 | 41.43 |
| 99. | ZAWIEJA Stanisław | 05 | KS Posnania Pozna | 1:19.89 | 217 | 35.33 | 44.56 |
| DYSKW. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | | | | |
| | <i>M7 - Pływak wykonał naprzemienne lub nierównoczesne ruchy nóg.</i> | | | | | | |
| DYSKW. | PETTERSSON Robin | 00 | SS VAERMAMO | | | | |
| | <i>M10 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu.</i> | | | | | | |
| NW | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | | | 34.31 | |
| NW | KOWALIK Damian | 94 | KU AZS UAM Pozna | | | | |
| NW | DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | | | | |
| NW | NALE NIK Jakub | 01 | MKP Szczecin | | | | |
| NW | PI TKA Hubert | 04 | MKP Szczecin | | | | |
| NW | WITKOWSKI Jan | 94 | KU AZS UMCS Lublin | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 31, M czynn, 100m motylkowy

14 lat

| | | | | | | | |
|-----|----------------------|----|------------------------------|----------------|-----|-------|-------|
| 1. | ZDYBEL Adam | 05 | KS Delfin Gdynia | 59.23 | 534 | 27.62 | 31.61 |
| 2. | SETLAK Marcel | 05 | UKS abianka Gda sk | 1:01.48 | 478 | 28.50 | 32.98 |
| 3. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów" | 1:02.16 | 462 | 28.59 | 33.57 |
| 4. | TKACZ Wiktor | 05 | MKS Piaseczno | 1:02.20 | 461 | 29.02 | 33.18 |
| 5. | KAJA Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:02.60 | 453 | 28.24 | 34.36 |
| 6. | GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów" | 1:03.42 | 435 | 30.80 | 32.62 |
| 7. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa" | 1:04.20 | 420 | 29.53 | 34.67 |
| 8. | MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 1:05.41 | 397 | 30.04 | 35.37 |
| 9. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 1:09.42 | 332 | 32.41 | 37.01 |
| 10. | WOJCIECHOWSKI Szymon | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:09.66 | 328 | 32.20 | 37.46 |
| 11. | PISA SKI Michał | 05 | Dwójka Morena Gda sk | 1:11.13 | 308 | 32.20 | 38.93 |
| 12. | KUBIAK Kuba | 05 | Dwójka Morena Gda sk | 1:11.15 | 308 | 34.08 | 37.07 |
| 13. | HŁASKO Wojciech | 05 | Dwójka Morena Gda sk | 1:12.82 | 287 | 33.90 | 38.92 |
| 14. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 1:16.65 | 246 | 36.00 | 40.65 |
| 15. | ZAWIEJA Stanisław | 05 | KS Pospnania Pozna | 1:19.89 | 217 | 35.33 | 44.56 |

15 lat

| | | | | | | | |
|---|------------------------|----|-----------------------------------|-------------------|-----|-------|-------|
| 1. | MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 55.97 | 633 | 26.23 | 29.74 |
| 2. | TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 57.05 | 598 | 26.71 | 30.34 |
| 3. | GULI SKI Maciej | 04 | UKP „Polonia Warszawa" | 59.92 | 516 | 27.10 | 32.82 |
| 4. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów" | 1:00.40 | 504 | 27.96 | 32.44 |
| 5. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 1:00.60 | 499 | 27.69 | 32.91 |
| 6. | UROWICZ Antoni | 04 | MKP Szczecin | 1:00.71 | 496 | 28.46 | 32.25 |
| 7. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 1:01.36 | 481 | 28.92 | 32.44 |
| 8. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 1:01.43 | 479 | 28.51 | 32.92 |
| 9. | YRO Ignacy | 04 | UKS „GIM 92 Ursynów" | 1:01.48 | 478 | 28.51 | 32.97 |
| 10. | LASKI Filip | 04 | St. KF KS „Fenix" O arów Mazowiec | 1:01.82 | 470 | 28.56 | 33.26 |
| 11. | WYSOCKI Piotr | 04 | KS Warta Pozna | 1:02.09 | 464 | 28.00 | 34.09 |
| 12. | DOMAGAŁA Tymoteusz | 04 | MUKS "Pi tnastka" | 1:02.33 | 458 | 28.54 | 33.79 |
| 13. | KUREK Alan | 04 | MKP Szczecin | 1:02.82 | 448 | 28.76 | 34.06 |
| 14. | MAZUREK Bła ej | 04 | MKP Szczecin | 1:03.57 | 432 | 29.39 | 34.18 |
| 15. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 1:04.74 | 409 | 29.77 | 34.97 |
| 16. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawianka- Wc | 1:05.44 rk | 396 | 29.86 | 35.58 |
| 17. | KURDELSKI Filip | 04 | Mokotowski UKP Warszawianka- Wc | 1:06.60 rk | 376 | 31.12 | 35.48 |
| 18. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów" | 1:08.03 | 353 | 32.54 | 35.49 |
| 19. | KAMI SKI Fabian | 04 | MKP Szczecin | 1:09.50 | 331 | 30.10 | 39.40 |
| DYSKW. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | | | | |
| <i>M7 - Pływak wykonał naprzemienne lub nierównoczesne ruchy nóg.</i> | | | | | | | |
| NW | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | | | 34.31 | |
| NW | PI TKA Hubert | 04 | MKP Szczecin | | | | |

16 lat

| | | | | | | | |
|-----|----------------------|----|----------------------------------|-------------------|-----|-------|-------|
| 1. | ZUBIK Jan | 03 | UKP „Polonia Warszawa" | 54.79 | 675 | 25.30 | 29.49 |
| 2. | WIEK Wiktor | 03 | UKS G-8 Bielany Warszawa | 55.06 | 665 | 26.05 | 29.01 |
| 3. | URYNIUK Paweł | 03 | UKS G-8 Bielany Warszawa | 56.17 | 627 | 25.67 | 30.50 |
| 4. | NOSARZEWSKI Kornel | 03 | Mokotowski UKP Warszawianka- Wod | 57.27 rk | 591 | 26.77 | 30.50 |
| 5. | KORONA Kacper | 03 | MKP Szczecin | 57.78 | 576 | 26.49 | 31.29 |
| 6. | WLAZŁOWSKI Kamil | 03 | UKP „Polonia Warszawa" | 58.54 | 554 | 27.02 | 31.52 |
| 7. | BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 59.23 | 534 | 27.03 | 32.20 |
| 8. | KULS Jan | 03 | KP Delfin Inowrocław | 59.74 | 521 | 27.55 | 32.19 |
| 9. | MATYSIAK Kacper | 03 | KS Warta Pozna | 1:01.68 | 473 | 28.82 | 32.86 |
| 10. | KOPROWSKI Aleksander | 03 | Uks Cityzen | 1:02.14 | 463 | 29.22 | 32.92 |
| 11. | LECIEJEWSKI Karol | 03 | MKP Astromal-Lesno | 1:02.31 | 459 | 28.41 | 33.90 |
| 12. | KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | 1:02.36 | 458 | 28.83 | 33.53 |
| 13. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wc | 1:04.45 rk | 415 | 30.30 | 34.15 |
| 14. | T CZA Maciej | 03 | UKP "Rekin" Konin | 1:05.99 | 386 | 30.68 | 35.31 |
| 15. | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 1:18.55 | 229 | 37.12 | 41.43 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 31, M czynn, 100m motylkowy

17 - 18 lat

| | | | | | | | |
|-----|--------------------------|----|-------------------------------------|----------------|-----|-------|-------|
| 1. | JA KIEWICZ Adrian | 02 | UKS G-8 Bielany Warszawa | 53.59 | 722 | 24.93 | 28.66 |
| 2. | SAWICKI Oskar | 01 | UKS G-8 Bielany Warszawa | 54.43 | 689 | 25.89 | 28.54 |
| 3. | KRZYWNICKI Adrian | 01 | MPKS Orka Ciechanów | 54.46 | 688 | 25.54 | 28.92 |
| 4. | WARZOCHA Albert | 01 | Uks Cityzen | 55.76 | 641 | 25.87 | 29.89 |
| 5. | TŁOMAK Andrzej | 01 | St. KF KS „Fenix” O arów Mazowiecki | 56.76 | 607 | 26.15 | 30.61 |
| 6. | STENSSON Erik | 02 | SS VAERMAMO | 57.19 | 594 | 26.31 | 30.88 |
| 7. | MALINOWSKI Bartosz | 01 | MKS Neptun Stargard | 57.34 | 589 | 27.09 | 30.25 |
| 8. | KWIATEK Radosław | 02 | St. Lok. SALOS Cortile Kielce | 57.57 | 582 | 26.11 | 31.46 |
| 9. | BIELAWA Dominik | 02 | KS KSZO Ostrowiec w. | 57.67 | 579 | 26.91 | 30.76 |
| 10. | CHOJNOWSKI Tomasz | 02 | Mokotowski UKP Warszawianka- Wod | 57.73 | 577 | 26.65 | 31.08 |
| 11. | MELINDER Martin | 01 | VSS VASBY | 57.91 | 572 | 26.87 | 31.04 |
| 12. | BOBORYK Wojciech | 02 | KS Delfin Gdynia | 57.92 | 572 | 27.24 | 30.68 |
| 13. | ŁANGOWSKI Maciej | 02 | KS Posnania Pozna | 58.36 | 559 | 26.86 | 31.50 |
| 14. | KRZYKAŁA Emil | 01 | KP AVIA widnik | 58.58 | 552 | 26.80 | 31.78 |
| 15. | GRZYBOWSKI Artur | 01 | MKP Szczecin | 58.68 | 550 | 27.59 | 31.09 |
| 16. | LINDHOLM Christopher | 02 | VSS VASBY | 58.75 | 548 | 27.59 | 31.16 |
| 17. | JOHNSSON Marcus | 02 | VSS VASBY | 59.27 | 533 | 27.66 | 31.61 |
| 18. | WNUK Jakub | 01 | KS Posnania Pozna | 1:00.03 | 513 | 27.87 | 32.16 |
| 19. | BLI NIEWSKI Franciszek | 02 | MKS Trójka Łód | 1:00.08 | 512 | 27.90 | 32.18 |
| 20. | KUBIAK Norbert | 02 | KS Warta Pozna | 1:00.60 | 499 | 27.68 | 32.92 |
| 21. | BORZYMEK Hubert | 02 | Mokotowski UKP Warszawianka- Wc | 1:00.72 | 496 | 28.95 | 31.77 |
| 22. | OSSOWSKI Damian | 02 | MKS SP 63 Bydgoszcz | 1:00.73 | 496 | 28.69 | 32.04 |
| 23. | RAJCA Wiktor | 02 | KS KSZO Ostrowiec w. | 1:00.74 | 495 | 28.60 | 32.14 |
| 24. | DUDEK Kacper | 02 | KS Warta Pozna | 1:00.83 | 493 | 27.72 | 33.11 |
| 25. | SIMONSSON Ivar | 02 | VSS VASBY | 1:00.92 | 491 | 28.52 | 32.40 |
| 26. | LEIFSEN Gustav | 02 | VSS VASBY | 1:01.03 | 488 | 28.58 | 32.45 |
| 27. | SKÖLD Theodor | 01 | VSS VASBY | 1:01.17 | 485 | 28.36 | 32.81 |
| 28. | GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 1:01.19 | 485 | 28.23 | 32.96 |
| 29. | KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 1:02.50 | 455 | 29.68 | 32.82 |
| 30. | BARSZCZEWSKI Maksymilian | 01 | UKS G-8 Bielany Warszawa | 1:04.43 | 415 | 29.37 | 35.06 |
| 31. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wc | 1:09.75 | 327 | 32.90 | 36.85 |
| NW | DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | | | | |
| NW | NALE NIK Jakub | 01 | MKP Szczecin | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

| Konkurencja 32 2019-11-24 - 10:02 | Kobiet, 50m grzbietowy | | | 14 lat i starsi Wyniki | |
|--------------------------------------|------------------------|---------------------------------|-------|---------------------------|------------|
| RP Open | 26.03 | URBANCZYK Aleksandra | 02305 | Lublin | 2015-12-19 |
| RP 19 - 23 | 26.69 | URBANCZYK-OLEJARCZYK Aleksandra | | Istambuł (TUR) | 2009-12-19 |
| RP 18 | 27.44 | NAZI BŁO Klaudia | | Szczecin | 2010-12-03 |
| RP 17 | 27.44 | NAZI BŁO Klaudia | 00101 | Szczecin | 2010-12-03 |
| RP 16 | 27.65 | NAZI BŁO Klaudia | 00101 | Gorzow Wielkopolski | 2009-11-28 |
| RP 15 | 28.43 | JUC Aleksandra | POL | Olsztyn | 2016-12-17 |
| RP 14 | 28.75 | WIL Angelika | 06414 | Ostrowiec Sw | 2013-12-21 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|--|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 92 | MKS Juvenia Wrocław | 26.90 | 869 |
| 2. | 98 | UKS G-8 Bielany Warszawa | 27.19 | 841 |
| 3. | 93 | MKS Juvenia Wrocław | 27.22 | 838 |
| 4. | 02 | AZS AWF Warszawa | 28.73 | 713 |
| 5. | 05 | KS OLIMPIA Lublin | 29.23 | 677 |
| 6. | 04 | UKS abianka Gda sk | 29.30 | 672 |
| 7. | 96 | WKS I sk Wrocław | 29.40 | 665 |
| 8. | 04 | MUKS "Pi tnastka" | 29.65 | 648 |
| 9. | 04 | MUKS "Pi tnastka" | 29.69 | 646 |
| 10. | 04 | MKS Juvenia Wrocław | 29.71 | 645 |
| 11. | 03 | UKS G-8 Bielany Warszawa | 29.97 | 628 |
| 12. | 03 | UKS „GIM 92 Ursynów" | 30.01 | 625 |
| 13. | 05 | MKS Jedyńka Łód | 30.04 | 623 |
| 14. | 99 | MUKS "Pi tnastka" | 30.11 | 619 |
| | 03 | UKP „Polonia Warszawa" | 30.11 | 619 |
| 16. | 05 | TP Skalar Słupsk | 30.17 | 615 |
| 17. | 02 | Grudzi dzki KP „Orka" | 30.23 | 612 |
| 18. | 03 | UKS abianka Gda sk | 30.30 | 608 |
| 19. | 03 | AZS AWF Warszawa | 30.35 | 605 |
| 20. | 03 | MKS „Astoria" Bydgoszcz | 30.38 | 603 |
| 21. | 02 | MKP Szczecin | 30.50 | 596 |
| 22. | 02 | UKS G-8 Bielany Warszawa | 30.57 | 592 |
| 23. | 02 | Kaliski Klub Sportowy „Włóknarz" 1925 | 30.65 | 587 |
| 24. | 03 | UKP „Polonia Warszawa" | 30.99 | 568 |
| 25. | 03 | UKS abianka Gda sk | 31.05 | 565 |
| 26. | 00 | St. KF KS „Fenix" O arów Mazowiecki | 31.11 | 561 |
| 27. | 04 | KS KSZO Ostrowiec w. | 31.21 | 556 |
| 28. | 03 | MUKS "Pi tnastka" | 31.24 | 554 |
| 29. | 05 | MUKS "Pi tnastka" | 31.35 | 548 |
| 30. | 04 | UKS „GIM 92 Ursynów" | 31.42 | 545 |
| 31. | 03 | UKS G-8 Bielany Warszawa | 31.47 | 542 |
| 32. | 03 | KS Warta Pozna | 31.53 | 539 |
| | 02 | MUKS "Pi tnastka" | 31.53 | 539 |
| 34. | 05 | UKS Siódemka Gdynia | 31.54 | 539 |
| 35. | 05 | KP Bałtyk Kołobrzeg | 31.58 | 537 |
| 36. | 04 | Starachowicki Klub Pływacki BARAKUDA | 31.59 | 536 |
| 37. | 04 | UKS „ORKA" Zamo | 31.63 | 534 |
| 38. | 01 | MKP Szczecin | 31.71 | 530 |
| 39. | 05 | SMS Zielona Góra | 31.75 | 528 |
| 40. | 04 | MKS Jedyńka Łód | 31.85 | 523 |
| 41. | 05 | UKS „GIM 92 Ursynów" | 32.04 | 514 |
| 42. | 05 | MUKS "Pi tnastka" | 32.10 | 511 |
| 43. | 00 | VSS VASBY | 32.11 | 510 |
| 44. | 04 | Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 32.19 | 507 |
| 45. | 01 | VSS VASBY | 32.34 | 500 |
| 46. | 03 | UKS 190 Łód | 32.53 | 491 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
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Konkurencja 32, Kobiet, 50m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|---|--------------|------|
| 47. | 04 | KOZŁOWSKA Maja SMS Zielona Góra | 32.59 | 488 |
| 48. | 05 | SŁOMI SKA Anna AZS AWF Warszawa | 32.79 | 479 |
| 49. | 05 | MAKSYMOWICZ Nadia UKS G-8 Bielany Warszawa | 32.85 | 477 |
| 50. | 04 | TOMASIK Otylia MUKS "Pi tnastrka" | 33.29 | 458 |
| 51. | 05 | KLIMIUK Zuzanna MKP „SŁOWIANKA" Gorzów Wlkp. | 33.38 | 454 |
| 52. | 05 | KACZMAREK Nikola MKP „SŁOWIANKA" Gorzów Wlkp. | 33.50 | 449 |
| 53. | 04 | HODUR Paulina MKS Polonia Warszawa | 33.51 | 449 |
| 54. | 04 | WIDERAK Sonia KS Warta Pozna | 33.52 | 449 |
| | 04 | NOWAK Oliwia UKS „GIM 92 Ursynów" | 33.52 | 449 |
| 56. | 05 | WRÓBEL Karolina MKS Piaseczno | 33.74 | 440 |
| 57. | 03 | EMOJTEL Zuzanna AZS AWFIS Gda sk | 33.83 | 436 |
| 58. | 04 | BRACH Oliwia UKP „Polonia Warszawa" | 33.92 | 433 |
| 59. | 05 | KLECZEK Maria UKS „GIM 92 Ursynów" | 33.94 | 432 |
| 60. | 05 | SZCZEPA SKA Alicja St. KP Olimpia wiecie | 33.97 | 431 |
| 61. | 05 | CHOJNOWSKA Zuzanna MKP „SŁOWIANKA" Gorzów Wlkp. | 33.98 | 431 |
| | 05 | KOŁAKOWSKA Weronika UKS G-8 Bielany Warszawa | 33.98 | 431 |
| 63. | 03 | PILARSKA Natalia KS Warta Pozna | 34.34 | 417 |
| 64. | 05 | BOCHE SKA Dominika KS Posnania Pozna | 34.39 | 415 |
| 65. | 02 | SVENSSON Lovisa SS VAERMAMO | 34.48 | 412 |
| 66. | 05 | TRZASKA Alicja Uczniowski Klub Sportowy Delfin Legionow | 34.73 | 403 |
| 67. | 05 | RUTWA Wiktoria MKS Piaseczno | 35.03 | 393 |
| 68. | 05 | ZAWADA Malwina MKS Piaseczno | 35.19 | 388 |
| 69. | 01 | PFEIFF Matilda VSS VASBY | 35.39 | 381 |
| 70. | 05 | WORONIECKA Emilia MUKS "Pi tnastrka" | 35.57 | 375 |
| 71. | 05 | PAWELEC Oliwia UKS Siódemka Gdynia | 36.93 | 335 |
| DYSKW. | 04 | GRABOWSKA Gabriela UKP „Polonia Warszawa" | | |

G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.

| | | | | |
|----|----|----------------------------------|--|--|
| NW | 98 | PEDA Paulina AZS AWF Katowice | | |
| NW | 04 | SZCZEPANIAK Justyna MKP Szczecin | | |
| NW | 03 | KRYWIEL Karolina MKP Szczecin | | |
| NW | 04 | DRU BA Amelia TP Skalar Słupsk | | |

14 lat

| | | | | |
|-----|----|---|--------------|-----|
| 1. | 05 | BERNAT Laura KS OLIMPIA Lublin | 29.23 | 677 |
| 2. | 05 | KARBOWNIK Małgorzata MKS Jedyńka Łód | 30.04 | 623 |
| 3. | 05 | PALICKA Wiktoria TP Skalar Słupsk | 30.17 | 615 |
| 4. | 05 | CIESIELSKA Inga MUKS "Pi tnastrka" | 31.35 | 548 |
| 5. | 05 | JASTRZ BEK Nadia UKS Siódemka Gdynia | 31.54 | 539 |
| 6. | 05 | TŁOCZEK Wiktoria KP Bałtyk Kołobrzeg | 31.58 | 537 |
| 7. | 05 | WIECZOREK Zuzanna SMS Zielona Góra | 31.75 | 528 |
| 8. | 05 | STAWICKA Julia UKS „GIM 92 Ursynów" | 32.04 | 514 |
| 9. | 05 | RONKIEWICZ Dominika MUKS "Pi tnastrka" | 32.10 | 511 |
| 10. | 05 | SŁOMI SKA Anna AZS AWF Warszawa | 32.79 | 479 |
| 11. | 05 | MAKSYMOWICZ Nadia UKS G-8 Bielany Warszawa | 32.85 | 477 |
| 12. | 05 | KLIMIUK Zuzanna MKP „SŁOWIANKA" Gorzów Wlkp. | 33.38 | 454 |
| 13. | 05 | KACZMAREK Nikola MKP „SŁOWIANKA" Gorzów Wlkp. | 33.50 | 449 |
| 14. | 05 | WRÓBEL Karolina MKS Piaseczno | 33.74 | 440 |
| 15. | 05 | KLECZEK Maria UKS „GIM 92 Ursynów" | 33.94 | 432 |
| 16. | 05 | SZCZEPA SKA Alicja St. KP Olimpia wiecie | 33.97 | 431 |
| 17. | 05 | CHOJNOWSKA Zuzanna MKP „SŁOWIANKA" Gorzów Wlkp. | 33.98 | 431 |
| | 05 | KOŁAKOWSKA Weronika UKS G-8 Bielany Warszawa | 33.98 | 431 |
| 19. | 05 | BOCHE SKA Dominika KS Posnania Pozna | 34.39 | 415 |
| 20. | 05 | TRZASKA Alicja Uczniowski Klub Sportowy Delfin Legionow | 34.73 | 403 |
| 21. | 05 | RUTWA Wiktoria MKS Piaseczno | 35.03 | 393 |
| 22. | 05 | ZAWADA Malwina MKS Piaseczno | 35.19 | 388 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 32, Dziewcz t, 50m grzbietowy, 14 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-------------------|---------|---------------------|--------------|------|
| 23. | WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 35.57 | 375 |
| 24. | PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 36.93 | 335 |

15 lat

| | | | | | |
|--------|---------------------|----|--|--------------|-----|
| 1. | WECKWERT Iga | 04 | UKS abianka Gda sk | 29.30 | 672 |
| 2. | RYDY SKA Marianna | 04 | MUKS "Pi tnastka" | 29.65 | 648 |
| 3. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 29.69 | 646 |
| 4. | MACIUSZEK Wiktoria | 04 | MKS Juvenia Wrocław | 29.71 | 645 |
| 5. | STE Oliwia | 04 | KS KSZO Ostrowiec w. | 31.21 | 556 |
| 6. | BIDNIK Wiktoria | 04 | UKS „GIM 92 Ursynów" | 31.42 | 545 |
| 7. | STANECKA Hanna | 04 | Starachowicki Klub Pływacki BARAKUDA | 31.59 | 536 |
| 8. | SZUPER Katarzyna | 04 | UKS „ORKA" Zamo | 31.63 | 534 |
| 9. | KRUZEROWSKA Zofia | 04 | MKS Jedyńka Łód | 31.85 | 523 |
| 10. | GWAJ Julia | 04 | Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 32.19 | 507 |
| 11. | KOZŁOWSKA Maja | 04 | SMS Zielona Góra | 32.59 | 488 |
| 12. | TOMASIK Otylia | 04 | MUKS "Pi tnastka" | 33.29 | 458 |
| 13. | HODUR Paulina | 04 | MKS Polonia Warszawa | 33.51 | 449 |
| 14. | WIDERAK Sonia | 04 | KS Warta Pozna | 33.52 | 449 |
| | NOWAK Oliwia | 04 | UKS „GIM 92 Ursynów" | 33.52 | 449 |
| 16. | BRACH Oliwia | 04 | UKP „Polonia Warszawa" | 33.92 | 433 |
| DYSKW. | GRABOWSKA Gabriela | 04 | UKP „Polonia Warszawa" | | |

G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.

| | | | |
|----|---------------------|----|------------------|
| NW | SZCZEPANIAK Justyna | 04 | MKP Szczecin |
| NW | DRU BA Amelia | 04 | TP Skalar Słupsk |

16 lat

| | | | | | |
|-----|---------------------|----|--------------------------|--------------|-----|
| 1. | BUSZKA Kornelia | 03 | UKS G-8 Bielany Warszawa | 29.97 | 628 |
| 2. | KOZI SKA Anna | 03 | UKS „GIM 92 Ursynów" | 30.01 | 625 |
| 3. | MRO EWSKA Anna | 03 | UKP „Polonia Warszawa" | 30.11 | 619 |
| 4. | MOLEND A Dominika | 03 | UKS abianka Gda sk | 30.30 | 608 |
| 5. | PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 30.35 | 605 |
| 6. | GRO Weronika | 03 | MKS „Astoria" Bydgoszcz | 30.38 | 603 |
| 7. | MACIOŁA Maja | 03 | UKP „Polonia Warszawa" | 30.99 | 568 |
| 8. | PIEPIÓRKA Martyna | 03 | UKS abianka Gda sk | 31.05 | 565 |
| 9. | KAMI SKA Anna | 03 | MUKS "Pi tnastka" | 31.24 | 554 |
| 10. | ZIEMACKA Julia | 03 | UKS G-8 Bielany Warszawa | 31.47 | 542 |
| 11. | CZECHYRA Agata | 03 | KS Warta Pozna | 31.53 | 539 |
| 12. | HAŁADY N Karolina | 03 | UKS 190 Łód | 32.53 | 491 |
| 13. | EMOJTEL Zuzanna | 03 | AZS AWF iS Gda sk | 33.83 | 436 |
| 14. | PILARSKA Natalia | 03 | KS Warta Pozna | 34.34 | 417 |
| NW | KRYWIEL Karolina | 03 | MKP Szczecin | | |

17 - 18 lat

| | | | | | |
|-----|----------------------|----|--|--------------|-----|
| 1. | HERASIMOWICZ Zuzanna | 02 | AZS AWF Warszawa | 28.73 | 713 |
| 2. | ROSI SKA Karolina | 02 | Grudzi dzki KP „Orka" | 30.23 | 612 |
| 3. | KUPIS Aleksandra | 02 | MKP Szczecin | 30.50 | 596 |
| 4. | BUJAK Klara | 02 | UKS G-8 Bielany Warszawa | 30.57 | 592 |
| 5. | JAKUBCZAK Martyna | 02 | Kaliski Klub Sportowy „Włókniarz" 1925 | 30.65 | 587 |
| 6. | GAJDZI SKA Amelia | 02 | MUKS "Pi tnastka" | 31.53 | 539 |
| 7. | MARSZAŁEK Magdalena | 01 | MKP Szczecin | 31.71 | 530 |
| 8. | PEACOCK Louise | 01 | VSS VASBY | 32.34 | 500 |
| 9. | SVENSSON Lovisa | 02 | SS VAERMAMO | 34.48 | 412 |
| 10. | PFEIFF Matilda | 01 | VSS VASBY | 35.39 | 381 |

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Pozna , 23- - 24-11-2019

Konkurencja 33
2019-11-24 - 10:10

M czyzn, 50m grzbietowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|-------|------------------------|-------|-----------------|------------|
| RP Open | 22.96 | POLEWKA Tomasz | 00611 | Netanya (ISR) | 2015-12-06 |
| RP 19 - 23 | 22.96 | POLEWKA Tomasz | 00611 | Netanya (ISR) | 2015-12-06 |
| RP 18 | 23.17 | STOKOWSKI Kacper | 05114 | Kopenhaga (DEN) | 2017-12-17 |
| RP 17 | 23.40 | STOKOWSKI Kacper | 05114 | Olsztyn | 2016-12-16 |
| RP 16 | 24.22 | RADZISZEWSKI Krzysztof | 05114 | Gorzów Wlkp | 2018-12-15 |
| RP 15 | 24.77 | KOSI SKI Filip | 00109 | Łód | 2019-11-09 |
| RP 14 | 25.57 | KOSI SKI Filip | 00109 | Olsztyn | 2018-12-15 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|--|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 94 | POLEWKA Tomasz AZS AWF Katowice | 23.83 | 810 |
| 2. | 99 | STOKOWSKI Kacper UKS G-8 Bielany Warszawa | 23.98 | 795 |
| 3. | 02 | RADZISZEWSKI Krzysztof UKS G-8 Bielany Warszawa | 24.24 | 770 |
| 4. | 00 | MŁYNARCZYK Karol UKS G-8 Bielany Warszawa | 24.28 | 766 |
| 5. | 91 | KAW CKI Radosław AZS AWF Warszawa | 24.29 | 765 |
| 6. | 99 | OSTROWSKI Karol MKP Szczecin | 24.65 | 732 |
| 7. | 01 | KAROLCZAK Jan UKS G-8 Bielany Warszawa | 24.92 | 708 |
| 8. | 04 | KOSI SKI Filip Mi dzyszkolny UKS „Olimpijczyk” Suwałk | 25.00 | 702 |
| 9. | 01 | MO CICKI Jakub UKS G-8 Bielany Warszawa | 25.33 | 675 |
| 10. | 00 | MICIUL Michał SMS Zielona Góra | 25.49 | 662 |
| 11. | 98 | ZBUTOWICZ Karol UKS G-8 Bielany Warszawa | 25.51 | 660 |
| 12. | 96 | UNGEHEUER Mateusz KU AZS AGH Kraków | 25.55 | 657 |
| 13. | 99 | FRANKE Paweł UKS G-8 Bielany Warszawa | 25.57 | 656 |
| 14. | 02 | KA MIERCZAK Bruno UKS GOS Raszyn | 25.78 | 640 |
| 15. | 00 | BALCERAK Jakub MKS Trójka Łód | 25.84 | 635 |
| 16. | 96 | KOŁODZIEJSKI Filip UKS "AS" Zielona Góra | 25.95 | 627 |
| 17. | 00 | K DZIA Wiktor MKP Szczecin | 26.05 | 620 |
| 18. | 02 | KRÓL Jan KS KSZO Ostrowiec w. | 26.19 | 610 |
| 19. | 99 | BRYŁA Kamil KU AZS UMCS Lublin | 26.31 | 602 |
| 20. | 03 | SIENKIEWICZ Aleksander SMS Zielona Góra | 26.32 | 601 |
| 21. | 03 | ZUBIK Jan UKP „Polonia Warszawa” | 26.54 | 586 |
| 22. | 03 | BIDOWANIEC Kacper UPKS Wodnik Rawicz | 26.59 | 583 |
| 23. | 03 | OŁ D Stanisław UKS G-8 Bielany Warszawa | 26.72 | 575 |
| 24. | 03 | WI NIEWSKI Adam UKS „GIM 92 Ursynów” | 26.97 | 559 |
| 25. | 03 | KOWALEWSKI Paweł MKS Juvenia Białystok | 26.98 | 558 |
| 26. | 00 | D BROWSKI Patryk WKS I sk Wrocław | 27.04 | 554 |
| 27. | 03 | KOWALCZYK Piotr UKP „Polonia Warszawa” | 27.09 | 551 |
| 28. | 00 | KISZCZAK Jakub WKS I sk Wrocław | 27.10 | 551 |
| 29. | 98 | KOSTANOWICZ Artur Mokotowski UKP Warszawianka- Wodny F | 27.29 | 539 |
| 30. | 91 | KOWALIK Piotr KU AZS UAM Pozna | 27.37 | 535 |
| 31. | 02 | BLI NIEWSKI Franciszek MKS Trójka Łód | 27.51 | 526 |
| 32. | 03 | TURAŁA Adrian MKS Neptun Stargard | 27.56 | 524 |
| 33. | 03 | G STAŁ Jan UKS „GIM 92 Ursynów” | 27.75 | 513 |
| 34. | 03 | WOJNOWSKI Damian MKP Szczecin | 27.81 | 510 |
| 35. | 05 | KOWALSKI Mateusz UKS abianka Gda sk | 27.86 | 507 |
| 36. | 02 | LERNA William VSS VASBY | 27.89 | 505 |
| 37. | 02 | WRÓBLEWSKI Kamil UKS G-8 Bielany Warszawa | 27.91 | 504 |
| 38. | 01 | KUREK Jakub MKP Szczecin | 28.01 | 499 |
| 39. | 02 | MALICKI Dawid KS Rekiny Osielesko | 28.04 | 497 |
| 40. | 04 | KWIATKOWSKI Tymoteusz UKS Siódemka Gdynia | 28.11 | 493 |
| 41. | 03 | GU CIORA Maciej MKP Szczecin | 28.12 | 493 |
| 42. | 00 | PETTERSSON Robin SS VAERMAMO | 28.32 | 483 |
| 43. | 01 | WNUK Jakub KS Posnania Pozna | 28.35 | 481 |
| 44. | 05 | TRYDULSKI Oskar UKS „GIM 92 Ursynów” | 28.47 | 475 |
| | 04 | BIAŁEK Paweł UKS G-8 Bielany Warszawa | 28.47 | 475 |
| 46. | 99 | SZUSTAK Hubert UKS GOS Raszyn | 28.50 | 473 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 33, M czynn, 50m grzbietowy, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|--|---------|--|--------------|------|
| 47. | KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 28.61 | 468 |
| 48. | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 28.68 | 465 |
| 49. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 28.75 | 461 |
| 50. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 28.84 | 457 |
| | LEIFSEN Gustav | 02 | VSS VASBY | 28.84 | 457 |
| 52. | BRANDT Simon | 00 | VSS VASBY | 28.85 | 456 |
| 53. | SZPALER Jakub | 05 | MKP Szczecin | 28.86 | 456 |
| 54. | DOUB Jonathan | 00 | VSS VASBY | 28.95 | 452 |
| 55. | GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 28.98 | 450 |
| 56. | EGLE Miłosz | 04 | UKS Siódemka Gdynia | 29.05 | 447 |
| 57. | DZIEWGU Benjamin | 05 | MKS Piaseczno | 29.15 | 442 |
| 58. | JANECZEK Stanisław | 04 | MUKS "Pi tnaстка" | 29.17 | 442 |
| 59. | SZCZEPA SKI Kacper | 99 | MKS „Astoria” Bydgoszcz | 29.26 | 437 |
| | KOWALSKI Daniel | 03 | SMS Zielona Góra | 29.26 | 437 |
| 61. | WIELGUS Kacper | 01 | KS Poznania Pozna | 29.27 | 437 |
| 62. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 29.47 | 428 |
| 63. | MEYER Krzysztof | 05 | KS Warta Pozna | 29.48 | 428 |
| 64. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 29.67 | 420 |
| 65. | BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 29.84 | 412 |
| 66. | PLAGA Dawid | 05 | TP Skalar Słupsk | 29.90 | 410 |
| 67. | HANSSON Eric | 02 | VSS VASBY | 29.97 | 407 |
| 68. | GRUBA Szymon | 05 | MUKS "Pi tnaстка" | 30.10 | 402 |
| 69. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | 30.11 | 401 |
| 70. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 30.28 | 395 |
| 71. | ZABAGŁO Filip | 05 | Uczniowski Klub Sportowy Delfin Legionow | 30.61 | 382 |
| 72. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów” | 30.62 | 382 |
| 73. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 30.66 | 380 |
| 74. | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 30.77 | 376 |
| 75. | GÓRAL Piotr | 05 | UKS „Dwójka” Tczew | 31.10 | 364 |
| 76. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 31.24 | 359 |
| 77. | WOJTYNIAK Marcel | 05 | KS Poznania Pozna | 31.72 | 343 |
| 78. | MAGRYTA Mateusz | 05 | UKS Siódemka Gdynia | 32.39 | 322 |
| 79. | WIERCI SKI Kacper | 04 | UKS „Dwójka” Tczew | 32.99 | 305 |
| 80. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Legionow | 33.58 | 289 |
| 81. | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 37.97 | 200 |
| 82. | MOLGA Marcin | 05 | Dwójka Morena Gda sk | 38.67 | 189 |
| DYSKW. | KA MIERCZAK Kamil | 99 | TP Olimpijczyk Aleksandrów Łódzki | | |
| | <i>G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.</i> | | | | |
| NW | ZDYBEL Adam | 05 | KS Delfin Gdynia | | |
| NW | MINCZUK Łukasz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | |
| NW | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | | |
| NW | BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz | | |
| NW | RZ SA Jacek | 03 | UKS abianka Gda sk | | |

14 lat

| | | | | | |
|-----|----------------------|----|------------------------------|--------------|-----|
| 1. | KOWALSKI Mateusz | 05 | UKS abianka Gda sk | 27.86 | 507 |
| 2. | TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów” | 28.47 | 475 |
| 3. | KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 28.61 | 468 |
| 4. | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 28.68 | 465 |
| 5. | SZPALER Jakub | 05 | MKP Szczecin | 28.86 | 456 |
| 6. | DZIEWGU Benjamin | 05 | MKS Piaseczno | 29.15 | 442 |
| 7. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 29.47 | 428 |
| 8. | MEYER Krzysztof | 05 | KS Warta Pozna | 29.48 | 428 |
| 9. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 29.67 | 420 |
| 10. | BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 29.84 | 412 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 33, Chłopców, 50m grzbietowy, 14 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|---|--------------|------|
| 11. | 05 | PLAGA Dawid TP Skalar Słupsk | 29.90 | 410 |
| 12. | 05 | GRUBA Szymon MUKS "Pi tnastka" | 30.10 | 402 |
| 13. | 05 | FAŁEK Szymon UKS G-8 Bielany Warszawa | 30.11 | 401 |
| 14. | 05 | ZABAGŁO Filip Uczniowski Klub Sportowy Delfin Legionow | 30.61 | 382 |
| 15. | 05 | GÓRAL Piotr UKS „Dwójka” Tczew | 31.10 | 364 |
| 16. | 05 | KRZY ANIAK Jakub MKP „SŁOWIANKA” Gorzów Wlkp. | 31.24 | 359 |
| 17. | 05 | WOJTYNIAK Marcel KS Poznania Pozna | 31.72 | 343 |
| 18. | 05 | MAGRYTA Mateusz UKS Siódemka Gdynia | 32.39 | 322 |
| 19. | 05 | ROCHNOWSKI Jakub Uczniowski Klub Sportowy Delfin Legionow | 33.58 | 289 |
| 20. | 05 | MOLGA Marcin Dwójka Morena Gda sk | 38.67 | 189 |
| NW | 05 | ZDYBEL Adam KS Delfin Gdynia | | |
| NW | 05 | MINCZUK Łukasz MKP „SŁOWIANKA” Gorzów Wlkp. | | |
| NW | 05 | PIE KOWSKI Bartłomiej MKP Szczecin | | |
| NW | 05 | BELZYT Maksymilian UKS Ruch Grudzi dz | | |

15 lat

| | | | | |
|----|----|---|--------------|-----|
| 1. | 04 | KOSI SKI Filip Mi dzyszkolny UKS „Olimpijczyk” Suwałk | 25.00 | 702 |
| 2. | 04 | KWIATKOWSKI Tymoteusz UKS Siódemka Gdynia | 28.11 | 493 |
| 3. | 04 | BIAŁEK Paweł UKS G-8 Bielany Warszawa | 28.47 | 475 |
| 4. | 04 | J DRZEJKIEWICZ Ignacy UKS „GIM 92 Ursynów” | 28.75 | 461 |
| 5. | 04 | EGLE Miłosz UKS Siódemka Gdynia | 29.05 | 447 |
| 6. | 04 | JANECZEK Stanisław MUKS "Pi tnastka" | 29.17 | 442 |
| 7. | 04 | PRZYGOCKI Dawid MTKP Delfin Toru | 30.28 | 395 |
| 8. | 04 | WRZOSEK Bartosz UKS G-8 Bielany Warszawa | 30.77 | 376 |
| 9. | 04 | WIERCI SKI Kacper UKS „Dwójka” Tczew | 32.99 | 305 |

16 lat

| | | | | |
|-----|----|---|--------------|-----|
| 1. | 03 | SIENKIEWICZ Aleksander SMS Zielona Góra | 26.32 | 601 |
| 2. | 03 | ZUBIK Jan UKP „Polonia Warszawa” | 26.54 | 586 |
| 3. | 03 | BIDOWANIEC Kacper UPKS Wodnik Rawicz | 26.59 | 583 |
| 4. | 03 | OŁ D Stanisław UKS G-8 Bielany Warszawa | 26.72 | 575 |
| 5. | 03 | WI NIEWSKI Adam UKS „GIM 92 Ursynów” | 26.97 | 559 |
| 6. | 03 | KOWALEWSKI Paweł MKS Juwenia Białystok | 26.98 | 558 |
| 7. | 03 | KOWALCZYK Piotr UKP „Polonia Warszawa” | 27.09 | 551 |
| 8. | 03 | TURAŁA Adrian MKS Neptun Stargard | 27.56 | 524 |
| 9. | 03 | G STAŁ Jan UKS „GIM 92 Ursynów” | 27.75 | 513 |
| 10. | 03 | WOJNOWSKI Damian MKP Szczecin | 27.81 | 510 |
| 11. | 03 | GU CIORA Maciej MKP Szczecin | 28.12 | 493 |
| 12. | 03 | KOWALSKI Daniel SMS Zielona Góra | 29.26 | 437 |
| 13. | 03 | MARUWKA Bruno UPKS Wodnik Rawicz | 37.97 | 200 |
| NW | 03 | RZ SA Jacek UKS abianka Gda sk | | |

17 - 18 lat

| | | | | |
|-----|----|---|--------------|-----|
| 1. | 02 | RADZISZEWSKI Krzysztof UKS G-8 Bielany Warszawa | 24.24 | 770 |
| 2. | 01 | KAROLCZAK Jan UKS G-8 Bielany Warszawa | 24.92 | 708 |
| 3. | 01 | MO CICKI Jakub UKS G-8 Bielany Warszawa | 25.33 | 675 |
| 4. | 02 | KA MIERCZAK Bruno UKS GOS Raszyn | 25.78 | 640 |
| 5. | 02 | KRÓL Jan KS KSZO Ostrowiec w. | 26.19 | 610 |
| 6. | 02 | BLI NIEWSKI Franciszek MKS Trójka Łód | 27.51 | 526 |
| 7. | 02 | LERNA William VSS VASBY | 27.89 | 505 |
| 8. | 02 | WRÓBLEWSKI Kamil UKS G-8 Bielany Warszawa | 27.91 | 504 |
| 9. | 01 | KUREK Jakub MKP Szczecin | 28.01 | 499 |
| 10. | 02 | MALICKI Dawid KS Rekiny Osielesko | 28.04 | 497 |
| 11. | 01 | WNUK Jakub KS Poznania Pozna | 28.35 | 481 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 33, Chłopców, 50m grzbietowy, 17 - 18 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|--------------------|---------|----------------------|--------------|------|
| 12. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 28.84 | 457 |
| | LEIFSEN Gustav | 02 | VSS VASBY | 28.84 | 457 |
| 14. | GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 28.98 | 450 |
| 15. | WIELGUS Kacper | 01 | KS Posnania Pozna | 29.27 | 437 |
| 16. | HANSSON Eric | 02 | VSS VASBY | 29.97 | 407 |
| 17. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów” | 30.62 | 382 |
| 18. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 30.66 | 380 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 34
2019-11-24 - 10:16

M czyzn, 1500m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|----------|---------------------|-------|--------------------|------------|
| RP Open | 14:24.54 | SAWRYMOWICZ Mateusz | 00116 | Debrecen (HUN) | 2007-12-15 |
| RP 19 - 23 | 14:24.54 | SAWRYMOWICZ Mateusz | 00116 | Debrecen (HUN) | 2007-12-15 |
| RP 18 | 14:38.86 | SAWRYMOWICZ Mateusz | POL | Trieste (ITA) | 2005-12-10 |
| RP 17 | 14:46.21 | HRENIAK Maciej | 01102 | Helsinki (FIN) | 2006-12-09 |
| RP 16 | 15:10.91 | JACKOWSKI Tomasz | 00601 | Gorzow Wlkp | 2018-12-16 |
| RP 15 | 15:27.01 | KURANT Roger | 00612 | Ostrowiec | 2009-11-07 |
| RP 14 | 15:30.77 | ZONIUK Maciej | 00601 | Saint Dizier (FRA) | 2008-11-14 |

Punkty: FINA 2019

Pozycja Rok ur. Czas Pkt.

14 lat i starsi

| | | | | | |
|-----|-----------------------|-----------------------|-----------------------------------|-------------------------|------------|
| 1. | KOZIEJKO Bartłomiej | 00 | KS AZS UWM Olsztyn | 14:57.18 | 844 |
| | 100m: 57.57 57.57 | 500m: 4:57.99 1:00.21 | 900m: 8:58.24 59.90 | 1300m: 12:58.91 1:00.27 | |
| | 200m: 1:57.67 1:00.10 | 600m: 5:58.07 1:00.08 | 1000m: 9:58.39 1:00.15 | 1400m: 13:59.41 1:00.50 | |
| | 300m: 2:57.87 1:00.20 | 700m: 6:58.37 1:00.30 | 1100m: 10:58.72 1:00.33 | 1500m: 14:57.18 57.77 | |
| | 400m: 3:57.78 59.91 | 800m: 7:58.34 59.97 | 1200m: 11:58.64 59.92 | | |
| 2. | ZABOROWSKI Filip | 94 | MKP Szczecin | 15:16.31 | 792 |
| | 100m: 58.71 58.71 | 500m: 5:04.51 1:01.66 | 900m: 9:09.67 1:01.17 | 1300m: 13:15.10 1:01.32 | |
| | 200m: 1:59.80 1:01.09 | 600m: 6:06.18 1:01.67 | 1000m: 10:11.03 1:01.36 | 1400m: 14:16.71 1:01.61 | |
| | 300m: 3:01.31 1:01.51 | 700m: 7:07.45 1:01.27 | 1100m: 11:12.27 1:01.24 | 1500m: 15:16.31 59.60 | |
| | 400m: 4:02.85 1:01.54 | 800m: 8:08.50 1:01.05 | 1200m: 12:13.78 1:01.51 | | |
| 3. | KOMOROWSKI Jan | 01 | MKS Trójka Łód | 15:19.75 | 783 |
| | 100m: 58.37 58.37 | 500m: 5:06.04 1:01.91 | 900m: 9:13.52 1:01.53 | 1300m: 13:20.28 1:01.75 | |
| | 200m: 2:00.10 1:01.73 | 600m: 6:07.71 1:01.67 | 1000m: 10:15.44 1:01.92 | 1400m: 14:20.93 1:00.65 | |
| | 300m: 3:01.77 1:01.67 | 700m: 7:09.66 1:01.95 | 1100m: 11:17.14 1:01.70 | 1500m: 15:19.75 58.82 | |
| | 400m: 4:04.13 1:02.36 | 800m: 8:11.99 1:02.33 | 1200m: 12:18.53 1:01.39 | | |
| 4. | DERE Kacper | 98 | WKS I sk Wrocław | 15:20.82 | 781 |
| | 100m: 57.83 57.83 | 500m: 5:05.25 1:01.78 | 900m: 9:10.88 1:01.50 | 1300m: 13:18.35 1:02.11 | |
| | 200m: 1:59.75 1:01.92 | 600m: 6:06.73 1:01.48 | 1000m: 10:12.63 1:01.75 | 1400m: 14:20.94 1:02.59 | |
| | 300m: 3:01.84 1:02.09 | 700m: 7:08.03 1:01.30 | 1100m: 11:14.37 1:01.74 | 1500m: 15:20.82 59.88 | |
| | 400m: 4:03.47 1:01.63 | 800m: 8:09.38 1:01.35 | 1200m: 12:16.24 1:01.87 | | |
| 5. | MALEC Mikołaj | 01 | MKS Trójka Łód | 15:31.28 | 755 |
| | 100m: 58.64 58.64 | 500m: 5:06.43 1:02.17 | 900m: 9:15.52 1:02.75 | 1300m: 13:28.40 1:03.90 | |
| | 200m: 2:00.29 1:01.65 | 600m: 6:08.18 1:01.75 | 1000m: 10:18.63 1:03.11 | 1400m: 14:31.44 1:03.04 | |
| | 300m: 3:02.13 1:01.84 | 700m: 7:10.43 1:02.25 | 1100m: 11:21.90 1:03.27 | 1500m: 15:31.28 59.84 | |
| | 400m: 4:04.26 1:02.13 | 800m: 8:12.77 1:02.34 | 1200m: 12:24.50 1:02.60 | | |
| 6. | BUJAK Piotr | 97 | St. Lok. SALOS Cortile Kielce | 15:39.82 | 734 |
| | 100m: 1:00.11 1:00.11 | 500m: 5:11.82 1:03.23 | 900m: 9:25.12 1:03.09 | 1300m: 13:36.40 1:03.02 | |
| | 200m: 2:03.11 1:03.00 | 600m: 6:14.90 1:03.08 | 1000m: 10:27.81 1:02.69 | 1400m: 14:39.25 1:02.85 | |
| | 300m: 3:05.68 1:02.57 | 700m: 7:18.36 1:03.46 | 1100m: 11:30.47 1:02.66 | 1500m: 15:39.82 1:00.57 | |
| | 400m: 4:08.59 1:02.91 | 800m: 8:22.03 1:03.67 | 1200m: 12:33.38 1:02.91 | | |
| 7. | ZUBIK Jan | 03 | UKP „Polonia Warszawa” | 15:40.63 | 732 |
| | 100m: 58.38 58.38 | 500m: 5:09.31 1:02.86 | 900m: 9:22.14 1:03.42 | 1300m: 13:35.01 1:03.76 | |
| | 200m: 2:01.08 1:02.70 | 600m: 6:12.43 1:03.12 | 1000m: 10:25.18 1:03.04 | 1400m: 14:38.87 1:03.86 | |
| | 300m: 3:03.57 1:02.49 | 700m: 7:15.65 1:03.22 | 1100m: 11:27.68 1:02.50 | 1500m: 15:40.63 1:01.76 | |
| | 400m: 4:06.45 1:02.88 | 800m: 8:18.72 1:03.07 | 1200m: 12:31.25 1:03.57 | | |
| 8. | GŁUSZKOWSKI Mateusz | 01 | Uks Cityzen | 15:46.77 | 718 |
| | 100m: 59.86 59.86 | 500m: 5:12.11 1:03.35 | 900m: 9:26.06 1:03.44 | 1300m: 13:41.08 1:03.68 | |
| | 200m: 2:02.48 1:02.62 | 600m: 6:15.38 1:03.27 | 1000m: 10:29.86 1:03.80 | 1400m: 14:44.96 1:03.88 | |
| | 300m: 3:05.73 1:03.25 | 700m: 7:18.91 1:03.53 | 1100m: 11:33.32 1:03.46 | 1500m: 15:46.77 1:01.81 | |
| | 400m: 4:08.76 1:03.03 | 800m: 8:22.62 1:03.71 | 1200m: 12:37.40 1:04.08 | | |
| 9. | KIEŁCZEWSKI Amadeusz | 00 | MKP Szczecin | 15:50.06 | 711 |
| | 100m: 59.00 59.00 | 500m: 5:13.49 1:04.05 | 900m: 9:30.85 1:04.75 | 1300m: 13:46.04 1:03.46 | |
| | 200m: 2:01.74 1:02.74 | 600m: 6:17.87 1:04.38 | 1000m: 10:34.98 1:04.13 | 1400m: 14:49.39 1:03.35 | |
| | 300m: 3:05.21 1:03.47 | 700m: 7:21.80 1:03.93 | 1100m: 11:38.84 1:03.86 | 1500m: 15:50.06 1:00.67 | |
| | 400m: 4:09.44 1:04.23 | 800m: 8:26.10 1:04.30 | 1200m: 12:42.58 1:03.74 | | |
| 10. | KALU Y SKI Antoni | 99 | Mokotowski UKP Warszawianka- Wodr | 15:50.14 | 711 |
| | 100m: 58.79 58.79 | 500m: 5:08.91 1:02.78 | 900m: 9:23.69 1:03.69 | 1300m: 13:43.56 1:05.31 | |
| | 200m: 2:01.00 1:02.21 | 600m: 6:12.15 1:03.24 | 1000m: 10:27.76 1:04.07 | 1400m: 14:48.48 1:04.92 | |
| | 300m: 3:03.62 1:02.62 | 700m: 7:15.56 1:03.41 | 1100m: 11:32.89 1:05.13 | 1500m: 15:50.14 1:01.66 | |
| | 400m: 4:06.13 1:02.51 | 800m: 8:20.00 1:04.44 | 1200m: 12:38.25 1:05.36 | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 34, M czyzn, 1500m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | Czas | Pkt. | |
|---------|---------------|-----------------|---------|------------------------------|-----------------|------------------|--------|------------------|
| 11. | WODY SKI | Bartosz | 02 | KU AZS Politechniki Łódzkiej | 15:54.86 | 700 | | |
| | 100m: | 1:00.21 1:00.21 | 500m: | 5:13.32 1:03.98 | 900m: | 9:29.90 1:04.31 | 1300m: | 13:46.97 1:04.16 |
| | 200m: | 2:03.10 1:02.89 | 600m: | 6:17.23 1:03.91 | 1000m: | 10:34.05 1:04.15 | 1400m: | 14:51.38 1:04.41 |
| | 300m: | 3:06.09 1:02.99 | 700m: | 7:21.43 1:04.20 | 1100m: | 11:38.10 1:04.05 | 1500m: | 15:54.86 1:03.48 |
| | 400m: | 4:09.34 1:03.25 | 800m: | 8:25.59 1:04.16 | 1200m: | 12:42.81 1:04.71 | | |
| 12. | CHODULSKI | Jakub | 00 | KU AZS UMCS Lublin | 16:01.66 | 685 | | |
| | 100m: | 1:02.01 1:02.01 | 500m: | 5:20.05 1:04.16 | 900m: | 9:36.29 1:04.48 | 1300m: | 13:53.95 1:04.36 |
| | 200m: | 2:06.50 1:04.49 | 600m: | 6:24.09 1:04.04 | 1000m: | 10:40.73 1:04.44 | 1400m: | 14:58.43 1:04.48 |
| | 300m: | 3:11.37 1:04.87 | 700m: | 7:27.97 1:03.88 | 1100m: | 11:45.02 1:04.29 | 1500m: | 16:01.66 1:03.23 |
| | 400m: | 4:15.89 1:04.52 | 800m: | 8:31.81 1:03.84 | 1200m: | 12:49.59 1:04.57 | | |
| 13. | KLISZ | Krystian | 02 | MKP Szczecin | 16:03.23 | 682 | | |
| | 100m: | 1:01.43 1:01.43 | 500m: | 5:18.37 1:04.05 | 900m: | 9:36.62 1:04.27 | 1300m: | 13:55.09 1:04.76 |
| | 200m: | 2:05.76 1:04.33 | 600m: | 6:23.03 1:04.66 | 1000m: | 10:41.17 1:04.55 | 1400m: | 14:59.73 1:04.64 |
| | 300m: | 3:10.20 1:04.44 | 700m: | 7:27.68 1:04.65 | 1100m: | 11:45.73 1:04.56 | 1500m: | 16:03.23 1:03.50 |
| | 400m: | 4:14.32 1:04.12 | 800m: | 8:32.35 1:04.67 | 1200m: | 12:50.33 1:04.60 | | |
| 14. | DOROBA | Michał | 02 | WKS I sk Wrocław | 16:12.73 | 662 | | |
| | 100m: | 1:01.70 1:01.70 | 500m: | 5:23.30 1:05.28 | 900m: | 9:42.48 1:04.33 | 1300m: | 14:03.93 1:06.26 |
| | 200m: | 2:06.91 1:05.21 | 600m: | 6:28.47 1:05.17 | 1000m: | 10:47.18 1:04.70 | 1400m: | 15:09.58 1:05.65 |
| | 300m: | 3:12.35 1:05.44 | 700m: | 7:33.32 1:04.85 | 1100m: | 11:52.37 1:05.19 | 1500m: | 16:12.73 1:03.15 |
| | 400m: | 4:18.02 1:05.67 | 800m: | 8:38.15 1:04.83 | 1200m: | 12:57.67 1:05.30 | | |
| 15. | MICHALSKI | Wojciech | 01 | MKP Szczecin | 16:15.47 | 657 | | |
| | 100m: | 1:01.84 1:01.84 | 500m: | 5:22.79 1:05.12 | 900m: | 9:44.84 1:05.52 | 1300m: | 14:07.21 1:05.86 |
| | 200m: | 2:07.14 1:05.30 | 600m: | 6:28.25 1:05.46 | 1000m: | 10:50.38 1:05.54 | 1400m: | 15:12.52 1:05.31 |
| | 300m: | 3:12.24 1:05.10 | 700m: | 7:33.56 1:05.31 | 1100m: | 11:56.20 1:05.82 | 1500m: | 16:15.47 1:02.95 |
| | 400m: | 4:17.67 1:05.43 | 800m: | 8:39.32 1:05.76 | 1200m: | 13:01.35 1:05.15 | | |
| 16. | MY LIWIEC | Bartosz | 04 | MKP Szczecin | 16:24.56 | 639 | | |
| | 100m: | 1:02.57 1:02.57 | 500m: | 5:24.47 1:05.20 | 900m: | 9:48.09 1:05.99 | 1300m: | 14:12.80 1:06.56 |
| | 200m: | 2:08.58 1:06.01 | 600m: | 6:30.04 1:05.57 | 1000m: | 10:53.91 1:05.82 | 1400m: | 15:19.31 1:06.51 |
| | 300m: | 3:14.30 1:05.72 | 700m: | 7:35.77 1:05.73 | 1100m: | 11:59.78 1:05.87 | 1500m: | 16:24.56 1:05.25 |
| | 400m: | 4:19.27 1:04.97 | 800m: | 8:42.10 1:06.33 | 1200m: | 13:06.24 1:06.46 | | |
| 17. | GORRA | Mikołaj | 03 | MKP Szczecin | 16:30.32 | 627 | | |
| | 100m: | 1:01.20 1:01.20 | 500m: | 5:23.41 1:05.08 | 900m: | 9:47.82 1:06.90 | 1300m: | 14:17.74 1:07.74 |
| | 200m: | 2:07.36 1:06.16 | 600m: | 6:28.97 1:05.56 | 1000m: | 10:54.92 1:07.10 | 1400m: | 15:24.78 1:07.04 |
| | 300m: | 3:13.07 1:05.71 | 700m: | 7:34.60 1:05.63 | 1100m: | 12:02.31 1:07.39 | 1500m: | 16:30.32 1:05.54 |
| | 400m: | 4:18.33 1:05.26 | 800m: | 8:40.92 1:06.32 | 1200m: | 13:10.00 1:07.69 | | |
| 18. | WIECZORKOWSKI | Nikodem | 04 | UKS „Dwójka” Tczew | 16:44.51 | 601 | | |
| | 100m: | 1:01.73 1:01.73 | 500m: | 5:26.60 1:07.14 | 900m: | 9:58.26 1:08.48 | 1300m: | 14:31.66 1:08.32 |
| | 200m: | 2:06.57 1:04.84 | 600m: | 6:34.31 1:07.71 | 1000m: | 11:06.61 1:08.35 | 1400m: | 15:39.06 1:07.40 |
| | 300m: | 3:13.17 1:06.60 | 700m: | 7:41.96 1:07.65 | 1100m: | 12:14.89 1:08.28 | 1500m: | 16:44.51 1:05.45 |
| | 400m: | 4:19.46 1:06.29 | 800m: | 8:49.78 1:07.82 | 1200m: | 13:23.34 1:08.45 | | |
| 19. | ROGUSKI | Mateusz | 03 | UKP „Polonia Warszawa” | 16:52.25 | 588 | | |
| | 100m: | 1:01.70 1:01.70 | 500m: | 5:30.59 1:08.20 | 900m: | 10:03.07 1:07.80 | 1300m: | 14:37.05 1:08.51 |
| | 200m: | 2:08.35 1:06.65 | 600m: | 6:39.20 1:08.61 | 1000m: | 11:11.13 1:08.06 | 1400m: | 15:45.98 1:08.93 |
| | 300m: | 3:15.13 1:06.78 | 700m: | 7:47.19 1:07.99 | 1100m: | 12:19.85 1:08.72 | 1500m: | 16:52.25 1:06.27 |
| | 400m: | 4:22.39 1:07.26 | 800m: | 8:55.27 1:08.08 | 1200m: | 13:28.54 1:08.69 | | |
| 20. | J DRYKA | Nikodem | 04 | MKS Trójka Łód | 16:57.57 | 578 | | |
| | 100m: | 1:04.13 1:04.13 | 500m: | 5:35.91 1:07.49 | 900m: | 10:08.82 1:09.06 | 1300m: | 14:42.92 1:08.68 |
| | 200m: | 2:12.68 1:08.55 | 600m: | 6:43.92 1:08.01 | 1000m: | 11:17.34 1:08.52 | 1400m: | 15:51.97 1:09.05 |
| | 300m: | 3:20.12 1:07.44 | 700m: | 7:51.68 1:07.76 | 1100m: | 12:25.90 1:08.56 | 1500m: | 16:57.57 1:05.60 |
| | 400m: | 4:28.42 1:08.30 | 800m: | 8:59.76 1:08.08 | 1200m: | 13:34.24 1:08.34 | | |
| 21. | CZERWI | SKI Łukasz | 01 | UKS G-8 Bielany Warszawa | 17:00.29 | 574 | | |
| | 100m: | 1:02.03 1:02.03 | 500m: | 5:31.98 1:08.95 | 900m: | 10:10.95 1:09.79 | 1300m: | 14:46.16 1:08.57 |
| | 200m: | 2:08.39 1:06.36 | 600m: | 6:41.20 1:09.22 | 1000m: | 11:19.90 1:08.95 | 1400m: | 15:54.31 1:08.15 |
| | 300m: | 3:15.35 1:06.96 | 700m: | 7:51.11 1:09.91 | 1100m: | 12:28.67 1:08.77 | 1500m: | 17:00.29 1:05.98 |
| | 400m: | 4:23.03 1:07.68 | 800m: | 9:01.16 1:10.05 | 1200m: | 13:37.59 1:08.92 | | |
| 22. | OLCZAK | Kacper | 04 | MKS Trójka Łód | 17:08.27 | 560 | | |
| | 100m: | 1:05.16 1:05.16 | 500m: | 5:45.51 1:10.49 | 900m: | 10:24.57 1:09.24 | 1300m: | 14:58.47 1:07.64 |
| | 200m: | 2:15.16 1:10.00 | 600m: | 6:55.13 1:09.62 | 1000m: | 11:34.55 1:09.98 | 1400m: | 16:05.27 1:06.80 |
| | 300m: | 3:24.02 1:08.86 | 700m: | 8:06.15 1:11.02 | 1100m: | 12:42.54 1:07.99 | 1500m: | 17:08.27 1:03.00 |
| | 400m: | 4:35.02 1:11.00 | 800m: | 9:15.33 1:09.18 | 1200m: | 13:50.83 1:08.29 | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 34, M czyzn, 1500m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | Czas | | Pkt. |
|---------|---------------------------|---------|---------------|-------------------------------------|-----------------|---------|-----------------|------------|------|
| 23. | DZIEWGU Benjamin | | 05 | MKS Piaseczno | | | 17:14.51 | 550 | |
| | 100m: 1:02.73 | 1:02.73 | 500m: 5:40.28 | 1:09.15 | 900m: 10:19.39 | 1:10.10 | 1300m: 14:59.13 | 1:09.36 | |
| | 200m: 2:11.87 | 1:09.14 | 600m: 6:49.43 | 1:09.15 | 1000m: 11:29.19 | 1:09.80 | 1400m: 16:08.62 | 1:09.49 | |
| | 300m: 3:22.22 | 1:10.35 | 700m: 7:59.53 | 1:10.10 | 1100m: 12:39.60 | 1:10.41 | 1500m: 17:14.51 | 1:05.89 | |
| | 400m: 4:31.13 | 1:08.91 | 800m: 9:09.29 | 1:09.76 | 1200m: 13:49.77 | 1:10.17 | | | |
| 24. | KRUPI SKI Wojciech | | 03 | KS Pospnania Pozna | | | 17:16.96 | 547 | |
| | 100m: 1:03.45 | 1:03.45 | 500m: 5:36.86 | 1:08.72 | 900m: 10:16.42 | 1:10.86 | 1300m: 14:59.97 | 1:11.06 | |
| | 200m: 2:11.42 | 1:07.97 | 600m: 6:46.26 | 1:09.40 | 1000m: 11:27.21 | 1:10.79 | 1400m: 16:09.63 | 1:09.66 | |
| | 300m: 3:19.70 | 1:08.28 | 700m: 7:55.79 | 1:09.53 | 1100m: 12:38.34 | 1:11.13 | 1500m: 17:16.96 | 1:07.33 | |
| | 400m: 4:28.14 | 1:08.44 | 800m: 9:05.56 | 1:09.77 | 1200m: 13:48.91 | 1:10.57 | | | |
| 25. | KRUSZEWSKI Adrian | | 04 | MTKP Delfin Toru | | | 17:24.26 | 535 | |
| | 100m: 1:04.77 | 1:04.77 | 500m: 5:44.50 | 1:10.03 | 900m: 10:23.92 | 1:10.36 | 1300m: 15:05.61 | 1:11.27 | |
| | 200m: 2:13.99 | 1:09.22 | 600m: 6:54.38 | 1:09.88 | 1000m: 11:34.72 | 1:10.80 | 1400m: 16:15.75 | 1:10.14 | |
| | 300m: 3:23.61 | 1:09.62 | 700m: 8:05.16 | 1:10.78 | 1100m: 12:44.17 | 1:09.45 | 1500m: 17:24.26 | 1:08.51 | |
| | 400m: 4:34.47 | 1:10.86 | 800m: 9:13.56 | 1:08.40 | 1200m: 13:54.34 | 1:10.17 | | | |
| 26. | DREWEK Jakub | | 05 | UKS „Dwójka” Tczew | | | 17:42.75 | 508 | |
| | 100m: 1:06.50 | 1:06.50 | 500m: 5:52.15 | 1:11.61 | 900m: 10:39.64 | 1:11.54 | 1300m: 15:25.28 | 1:11.42 | |
| | 200m: 2:17.61 | 1:11.11 | 600m: 7:05.04 | 1:12.89 | 1000m: 11:51.02 | 1:11.38 | 1400m: 16:35.14 | 1:09.86 | |
| | 300m: 3:29.30 | 1:11.69 | 700m: 8:16.41 | 1:11.37 | 1100m: 13:02.70 | 1:11.68 | 1500m: 17:42.75 | 1:07.61 | |
| | 400m: 4:40.54 | 1:11.24 | 800m: 9:28.10 | 1:11.69 | 1200m: 14:13.86 | 1:11.16 | | | |
| 27. | RZEPKA Jakub | | 05 | UKS „Dwójka” Tczew | | | 17:51.00 | 496 | |
| | 100m: 1:06.93 | 1:06.93 | 500m: 5:54.85 | 1:13.16 | 900m: 10:43.42 | 1:12.11 | 1300m: 15:33.07 | 1:11.40 | |
| | 200m: 2:18.16 | 1:11.23 | 600m: 7:06.99 | 1:12.14 | 1000m: 11:56.62 | 1:13.20 | 1400m: 16:44.32 | 1:11.25 | |
| | 300m: 3:29.78 | 1:11.62 | 700m: 8:19.20 | 1:12.21 | 1100m: 13:08.61 | 1:11.99 | 1500m: 17:51.00 | 1:06.68 | |
| | 400m: 4:41.69 | 1:11.91 | 800m: 9:31.31 | 1:12.11 | 1200m: 14:21.67 | 1:13.06 | | | |
| 28. | LOCHERT Dorian | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 17:53.65 | 492 | |
| | 100m: 1:05.21 | 1:05.21 | 500m: 5:51.92 | 1:12.34 | 900m: 10:43.05 | 1:13.62 | 1300m: 15:32.44 | 1:11.75 | |
| | 200m: 2:16.10 | 1:10.89 | 600m: 7:04.21 | 1:12.29 | 1000m: 11:55.85 | 1:12.80 | 1400m: 16:44.32 | 1:11.88 | |
| | 300m: 3:27.78 | 1:11.68 | 700m: 8:16.77 | 1:12.56 | 1100m: 13:08.16 | 1:12.31 | 1500m: 17:53.65 | 1:09.33 | |
| | 400m: 4:39.58 | 1:11.80 | 800m: 9:29.43 | 1:12.66 | 1200m: 14:20.69 | 1:12.53 | | | |

14 lat

| | | | | | | | | |
|----|-------------------------|---------|---------------|-------------------------------------|-----------------|---------|-----------------|------------|
| 1. | DZIEWGU Benjamin | | 05 | MKS Piaseczno | | | 17:14.51 | 550 |
| | 100m: 1:02.73 | 1:02.73 | 500m: 5:40.28 | 1:09.15 | 900m: 10:19.39 | 1:10.10 | 1300m: 14:59.13 | 1:09.36 |
| | 200m: 2:11.87 | 1:09.14 | 600m: 6:49.43 | 1:09.15 | 1000m: 11:29.19 | 1:09.80 | 1400m: 16:08.62 | 1:09.49 |
| | 300m: 3:22.22 | 1:10.35 | 700m: 7:59.53 | 1:10.10 | 1100m: 12:39.60 | 1:10.41 | 1500m: 17:14.51 | 1:05.89 |
| | 400m: 4:31.13 | 1:08.91 | 800m: 9:09.29 | 1:09.76 | 1200m: 13:49.77 | 1:10.17 | | |
| 2. | DREWEK Jakub | | 05 | UKS „Dwójka” Tczew | | | 17:42.75 | 508 |
| | 100m: 1:06.50 | 1:06.50 | 500m: 5:52.15 | 1:11.61 | 900m: 10:39.64 | 1:11.54 | 1300m: 15:25.28 | 1:11.42 |
| | 200m: 2:17.61 | 1:11.11 | 600m: 7:05.04 | 1:12.89 | 1000m: 11:51.02 | 1:11.38 | 1400m: 16:35.14 | 1:09.86 |
| | 300m: 3:29.30 | 1:11.69 | 700m: 8:16.41 | 1:11.37 | 1100m: 13:02.70 | 1:11.68 | 1500m: 17:42.75 | 1:07.61 |
| | 400m: 4:40.54 | 1:11.24 | 800m: 9:28.10 | 1:11.69 | 1200m: 14:13.86 | 1:11.16 | | |
| 3. | RZEPKA Jakub | | 05 | UKS „Dwójka” Tczew | | | 17:51.00 | 496 |
| | 100m: 1:06.93 | 1:06.93 | 500m: 5:54.85 | 1:13.16 | 900m: 10:43.42 | 1:12.11 | 1300m: 15:33.07 | 1:11.40 |
| | 200m: 2:18.16 | 1:11.23 | 600m: 7:06.99 | 1:12.14 | 1000m: 11:56.62 | 1:13.20 | 1400m: 16:44.32 | 1:11.25 |
| | 300m: 3:29.78 | 1:11.62 | 700m: 8:19.20 | 1:12.21 | 1100m: 13:08.61 | 1:11.99 | 1500m: 17:51.00 | 1:06.68 |
| | 400m: 4:41.69 | 1:11.91 | 800m: 9:31.31 | 1:12.11 | 1200m: 14:21.67 | 1:13.06 | | |
| 4. | LOCHERT Dorian | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 17:53.65 | 492 |
| | 100m: 1:05.21 | 1:05.21 | 500m: 5:51.92 | 1:12.34 | 900m: 10:43.05 | 1:13.62 | 1300m: 15:32.44 | 1:11.75 |
| | 200m: 2:16.10 | 1:10.89 | 600m: 7:04.21 | 1:12.29 | 1000m: 11:55.85 | 1:12.80 | 1400m: 16:44.32 | 1:11.88 |
| | 300m: 3:27.78 | 1:11.68 | 700m: 8:16.77 | 1:12.56 | 1100m: 13:08.16 | 1:12.31 | 1500m: 17:53.65 | 1:09.33 |
| | 400m: 4:39.58 | 1:11.80 | 800m: 9:29.43 | 1:12.66 | 1200m: 14:20.69 | 1:12.53 | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 34, M czynn, 1500m dowolny

15 lat

| | | | | | |
|----|-----------------------|-----------------------|-------------------------|-------------------------|-----|
| 1. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 16:24.56 | 639 |
| | 100m: 1:02.57 1:02.57 | 500m: 5:24.47 1:05.20 | 900m: 9:48.09 1:05.99 | 1300m: 14:12.80 1:06.56 | |
| | 200m: 2:08.58 1:06.01 | 600m: 6:30.04 1:05.57 | 1000m: 10:53.91 1:05.82 | 1400m: 15:19.31 1:06.51 | |
| | 300m: 3:14.30 1:05.72 | 700m: 7:35.77 1:05.73 | 1100m: 11:59.78 1:05.87 | 1500m: 16:24.56 1:05.25 | |
| | 400m: 4:19.27 1:04.97 | 800m: 8:42.10 1:06.33 | 1200m: 13:06.24 1:06.46 | | |
| 2. | WIECZORKOWSKI Nikodem | 04 | UKS „Dwójka” Tczew | 16:44.51 | 601 |
| | 100m: 1:01.73 1:01.73 | 500m: 5:26.60 1:07.14 | 900m: 9:58.26 1:08.48 | 1300m: 14:31.66 1:08.32 | |
| | 200m: 2:06.57 1:04.84 | 600m: 6:34.31 1:07.71 | 1000m: 11:06.61 1:08.35 | 1400m: 15:39.06 1:07.40 | |
| | 300m: 3:13.17 1:06.60 | 700m: 7:41.96 1:07.65 | 1100m: 12:14.89 1:08.28 | 1500m: 16:44.51 1:05.45 | |
| | 400m: 4:19.46 1:06.29 | 800m: 8:49.78 1:07.82 | 1200m: 13:23.34 1:08.45 | | |
| 3. | J DRYKA Nikodem | 04 | MKS Trójka Łód | 16:57.57 | 578 |
| | 100m: 1:04.13 1:04.13 | 500m: 5:35.91 1:07.49 | 900m: 10:08.82 1:09.06 | 1300m: 14:42.92 1:08.68 | |
| | 200m: 2:12.68 1:08.55 | 600m: 6:43.92 1:08.01 | 1000m: 11:17.34 1:08.52 | 1400m: 15:51.97 1:09.05 | |
| | 300m: 3:20.12 1:07.44 | 700m: 7:51.68 1:07.76 | 1100m: 12:25.90 1:08.56 | 1500m: 16:57.57 1:05.60 | |
| | 400m: 4:28.42 1:08.30 | 800m: 8:59.76 1:08.08 | 1200m: 13:34.24 1:08.34 | | |
| 4. | OLCZAK Kacper | 04 | MKS Trójka Łód | 17:08.27 | 560 |
| | 100m: 1:05.16 1:05.16 | 500m: 5:45.51 1:10.49 | 900m: 10:24.57 1:09.24 | 1300m: 14:58.47 1:07.64 | |
| | 200m: 2:15.16 1:10.00 | 600m: 6:55.13 1:09.62 | 1000m: 11:34.55 1:09.98 | 1400m: 16:05.27 1:06.80 | |
| | 300m: 3:24.02 1:08.86 | 700m: 8:06.15 1:11.02 | 1100m: 12:42.54 1:07.99 | 1500m: 17:08.27 1:03.00 | |
| | 400m: 4:35.02 1:11.00 | 800m: 9:15.33 1:09.18 | 1200m: 13:50.83 1:08.29 | | |
| 5. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 17:24.26 | 535 |
| | 100m: 1:04.77 1:04.77 | 500m: 5:44.50 1:10.03 | 900m: 10:23.92 1:10.36 | 1300m: 15:05.61 1:11.27 | |
| | 200m: 2:13.99 1:09.22 | 600m: 6:54.38 1:09.88 | 1000m: 11:34.72 1:10.80 | 1400m: 16:15.75 1:10.14 | |
| | 300m: 3:23.61 1:09.62 | 700m: 8:05.16 1:10.78 | 1100m: 12:44.17 1:09.45 | 1500m: 17:24.26 1:08.51 | |
| | 400m: 4:34.47 1:10.86 | 800m: 9:13.56 1:08.40 | 1200m: 13:54.34 1:10.17 | | |

16 lat

| | | | | | |
|----|-----------------------|-----------------------|-------------------------|-------------------------|-----|
| 1. | ZUBIK Jan | 03 | UKP „Polonia Warszawa” | 15:40.63 | 732 |
| | 100m: 58.38 58.38 | 500m: 5:09.31 1:02.86 | 900m: 9:22.14 1:03.42 | 1300m: 13:35.01 1:03.76 | |
| | 200m: 2:01.08 1:02.70 | 600m: 6:12.43 1:03.12 | 1000m: 10:25.18 1:03.04 | 1400m: 14:38.87 1:03.86 | |
| | 300m: 3:03.57 1:02.49 | 700m: 7:15.65 1:03.22 | 1100m: 11:27.68 1:02.50 | 1500m: 15:40.63 1:01.76 | |
| | 400m: 4:06.45 1:02.88 | 800m: 8:18.72 1:03.07 | 1200m: 12:31.25 1:03.57 | | |
| 2. | GORRA Mikołaj | 03 | MKP Szczecin | 16:30.32 | 627 |
| | 100m: 1:01.20 1:01.20 | 500m: 5:23.41 1:05.08 | 900m: 9:47.82 1:06.90 | 1300m: 14:17.74 1:07.74 | |
| | 200m: 2:07.36 1:06.16 | 600m: 6:28.97 1:05.56 | 1000m: 10:54.92 1:07.10 | 1400m: 15:24.78 1:07.04 | |
| | 300m: 3:13.07 1:05.71 | 700m: 7:34.60 1:05.63 | 1100m: 12:02.31 1:07.39 | 1500m: 16:30.32 1:05.54 | |
| | 400m: 4:18.33 1:05.26 | 800m: 8:40.92 1:06.32 | 1200m: 13:10.00 1:07.69 | | |
| 3. | ROGUSKI Mateusz | 03 | UKP „Polonia Warszawa” | 16:52.25 | 588 |
| | 100m: 1:01.70 1:01.70 | 500m: 5:30.59 1:08.20 | 900m: 10:03.07 1:07.80 | 1300m: 14:37.05 1:08.51 | |
| | 200m: 2:08.35 1:06.65 | 600m: 6:39.20 1:08.61 | 1000m: 11:11.13 1:08.06 | 1400m: 15:45.98 1:08.93 | |
| | 300m: 3:15.13 1:06.78 | 700m: 7:47.19 1:07.99 | 1100m: 12:19.85 1:08.72 | 1500m: 16:52.25 1:06.27 | |
| | 400m: 4:22.39 1:07.26 | 800m: 8:55.27 1:08.08 | 1200m: 13:28.54 1:08.69 | | |
| 4. | KRUPI SKI Wojciech | 03 | KS Posenania Pozna | 17:16.96 | 547 |
| | 100m: 1:03.45 1:03.45 | 500m: 5:36.86 1:08.72 | 900m: 10:16.42 1:10.86 | 1300m: 14:59.97 1:11.06 | |
| | 200m: 2:11.42 1:07.97 | 600m: 6:46.26 1:09.40 | 1000m: 11:27.21 1:10.79 | 1400m: 16:09.63 1:09.66 | |
| | 300m: 3:19.70 1:08.28 | 700m: 7:55.79 1:09.53 | 1100m: 12:38.34 1:11.13 | 1500m: 17:16.96 1:07.33 | |
| | 400m: 4:28.14 1:08.44 | 800m: 9:05.56 1:09.77 | 1200m: 13:48.91 1:10.57 | | |

17 - 18 lat

| | | | | | |
|----|-----------------------|-----------------------|-------------------------|-------------------------|-----|
| 1. | KOMOROWSKI Jan | 01 | MKS Trójka Łód | 15:19.75 | 783 |
| | 100m: 58.37 58.37 | 500m: 5:06.04 1:01.91 | 900m: 9:13.52 1:01.53 | 1300m: 13:20.28 1:01.75 | |
| | 200m: 2:00.10 1:01.73 | 600m: 6:07.71 1:01.67 | 1000m: 10:15.44 1:01.92 | 1400m: 14:20.93 1:00.65 | |
| | 300m: 3:01.77 1:01.67 | 700m: 7:09.66 1:01.95 | 1100m: 11:17.14 1:01.70 | 1500m: 15:19.75 58.82 | |
| | 400m: 4:04.13 1:02.36 | 800m: 8:11.99 1:02.33 | 1200m: 12:18.53 1:01.39 | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 34, Chłopców, 1500m dowolny, 17 - 18 lat

| Pozycja | | | Rok ur. | | | Czas | Pkt. | |
|---------|---------------------|-----------------|---------|------------------------------|--------|------------------|------------|------------------|
| 2. | MALEC Mikołaj | | 01 | MKS Trójka Łód | | 15:31.28 | 755 | |
| | 100m: | 58.64 58.64 | 500m: | 5:06.43 1:02.17 | 900m: | 9:15.52 1:02.75 | 1300m: | 13:28.40 1:03.90 |
| | 200m: | 2:00.29 1:01.65 | 600m: | 6:08.18 1:01.75 | 1000m: | 10:18.63 1:03.11 | 1400m: | 14:31.44 1:03.04 |
| | 300m: | 3:02.13 1:01.84 | 700m: | 7:10.43 1:02.25 | 1100m: | 11:21.90 1:03.27 | 1500m: | 15:31.28 59.84 |
| | 400m: | 4:04.26 1:02.13 | 800m: | 8:12.77 1:02.34 | 1200m: | 12:24.50 1:02.60 | | |
| 3. | GŁUSZKOWSKI Mateusz | | 01 | Uks Cityzen | | 15:46.77 | 718 | |
| | 100m: | 59.86 59.86 | 500m: | 5:12.11 1:03.35 | 900m: | 9:26.06 1:03.44 | 1300m: | 13:41.08 1:03.68 |
| | 200m: | 2:02.48 1:02.62 | 600m: | 6:15.38 1:03.27 | 1000m: | 10:29.86 1:03.80 | 1400m: | 14:44.96 1:03.88 |
| | 300m: | 3:05.73 1:03.25 | 700m: | 7:18.91 1:03.53 | 1100m: | 11:33.32 1:03.46 | 1500m: | 15:46.77 1:01.81 |
| | 400m: | 4:08.76 1:03.03 | 800m: | 8:22.62 1:03.71 | 1200m: | 12:37.40 1:04.08 | | |
| 4. | WODY SKI Bartosz | | 02 | KU AZS Politechniki Łódzkiej | | 15:54.86 | 700 | |
| | 100m: | 1:00.21 1:00.21 | 500m: | 5:13.32 1:03.98 | 900m: | 9:29.90 1:04.31 | 1300m: | 13:46.97 1:04.16 |
| | 200m: | 2:03.10 1:02.89 | 600m: | 6:17.23 1:03.91 | 1000m: | 10:34.05 1:04.15 | 1400m: | 14:51.38 1:04.41 |
| | 300m: | 3:06.09 1:02.99 | 700m: | 7:21.43 1:04.20 | 1100m: | 11:38.10 1:04.05 | 1500m: | 15:54.86 1:03.48 |
| | 400m: | 4:09.34 1:03.25 | 800m: | 8:25.59 1:04.16 | 1200m: | 12:42.81 1:04.71 | | |
| 5. | KLISZ Krystian | | 02 | MKP Szczecin | | 16:03.23 | 682 | |
| | 100m: | 1:01.43 1:01.43 | 500m: | 5:18.37 1:04.05 | 900m: | 9:36.62 1:04.27 | 1300m: | 13:55.09 1:04.76 |
| | 200m: | 2:05.76 1:04.33 | 600m: | 6:23.03 1:04.66 | 1000m: | 10:41.17 1:04.55 | 1400m: | 14:59.73 1:04.64 |
| | 300m: | 3:10.20 1:04.44 | 700m: | 7:27.68 1:04.65 | 1100m: | 11:45.73 1:04.56 | 1500m: | 16:03.23 1:03.50 |
| | 400m: | 4:14.32 1:04.12 | 800m: | 8:32.35 1:04.67 | 1200m: | 12:50.33 1:04.60 | | |
| 6. | DOROBA Michał | | 02 | WKS I sk Wrocław | | 16:12.73 | 662 | |
| | 100m: | 1:01.70 1:01.70 | 500m: | 5:23.30 1:05.28 | 900m: | 9:42.48 1:04.33 | 1300m: | 14:03.93 1:06.26 |
| | 200m: | 2:06.91 1:05.21 | 600m: | 6:28.47 1:05.17 | 1000m: | 10:47.18 1:04.70 | 1400m: | 15:09.58 1:05.65 |
| | 300m: | 3:12.35 1:05.44 | 700m: | 7:33.32 1:04.85 | 1100m: | 11:52.37 1:05.19 | 1500m: | 16:12.73 1:03.15 |
| | 400m: | 4:18.02 1:05.67 | 800m: | 8:38.15 1:04.83 | 1200m: | 12:57.67 1:05.30 | | |
| 7. | MICHALSKI Wojciech | | 01 | MKP Szczecin | | 16:15.47 | 657 | |
| | 100m: | 1:01.84 1:01.84 | 500m: | 5:22.79 1:05.12 | 900m: | 9:44.84 1:05.52 | 1300m: | 14:07.21 1:05.86 |
| | 200m: | 2:07.14 1:05.30 | 600m: | 6:28.25 1:05.46 | 1000m: | 10:50.38 1:05.54 | 1400m: | 15:12.52 1:05.31 |
| | 300m: | 3:12.24 1:05.10 | 700m: | 7:33.56 1:05.31 | 1100m: | 11:56.20 1:05.82 | 1500m: | 16:15.47 1:02.95 |
| | 400m: | 4:17.67 1:05.43 | 800m: | 8:39.32 1:05.76 | 1200m: | 13:01.35 1:05.15 | | |
| 8. | CZERWI SKI Łukasz | | 01 | UKS G-8 Bielany Warszawa | | 17:00.29 | 574 | |
| | 100m: | 1:02.03 1:02.03 | 500m: | 5:31.98 1:08.95 | 900m: | 10:10.95 1:09.79 | 1300m: | 14:46.16 1:08.57 |
| | 200m: | 2:08.39 1:06.36 | 600m: | 6:41.20 1:09.22 | 1000m: | 11:19.90 1:08.95 | 1400m: | 15:54.31 1:08.15 |
| | 300m: | 3:15.35 1:06.96 | 700m: | 7:51.11 1:09.91 | 1100m: | 12:28.67 1:08.77 | 1500m: | 17:00.29 1:05.98 |
| | 400m: | 4:23.03 1:07.68 | 800m: | 9:01.16 1:10.05 | 1200m: | 13:37.59 1:08.92 | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 24
2019-11-24 - 11:10

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|----------------------|-------|----------------|------------|
| RP Open | 4:31.89 | BARANOWSKA Katarzyna | 00116 | Debrecen (HUN) | 2007-12-16 |
| RP 19 - 23 | 4:31.89 | BARANOWSKA Katarzyna | 00116 | Debrecen (HUN) | 2007-12-16 |
| RP 18 | 4:33.70 | BARANOWSKA Katarzyna | POL | Trieste (ITA) | 2005-12-11 |
| RP 17 | 4:38.72 | SZCZEPANIAK Karolina | | Gorzów Wlkp. | 2009-11-29 |
| RP 16 | 4:38.89 | KNOP Aleksandra | 01605 | Lublin | 2018-12-18 |
| RP 15 | 4:38.89 | KNOP Aleksandra | 01605 | Lublin | 2018-12-18 |
| RP 14 | 4:43.77 | KNOP Aleksandra | 01605 | Łód | 2017-12-22 |

Punkty: FINA 2019

| Pozycja | | | Rok ur. | | | Czas | Pkt. |
|------------------------|-------------------------|---------------|--------------------------|----------------|-------|---------------|-------|
| 14 lat i starsi | | | | | | | |
| 1. | HERBREder Gabriela | 03 | UKS „GIM 92 Ursynów” | 4:50.92 | 705 | | |
| | 50m: 30.31 30.31 | 150m: 1:44.95 | 39.14 | 250m: 3:03.85 | 40.78 | 350m: 4:19.21 | 34.21 |
| | 100m: 1:05.81 35.50 | 200m: 2:23.07 | 38.12 | 300m: 3:45.00 | 41.15 | 400m: 4:50.92 | 31.71 |
| 2. | W GRZYNOWSKA Aleksandra | 01 | WKS I sk Wrocław | 4:54.76 | 677 | | |
| | 50m: 30.60 30.60 | 150m: 1:44.15 | 38.34 | 250m: 3:06.00 | 44.67 | 350m: 4:23.28 | 32.48 |
| | 100m: 1:05.81 35.21 | 200m: 2:21.33 | 37.18 | 300m: 3:50.80 | 44.80 | 400m: 4:54.76 | 31.48 |
| 3. | BEDNARZ Julia | 04 | UKS „ORKA” Zamo | 4:59.02 | 649 | | |
| | 50m: 31.67 31.67 | 150m: 1:46.56 | 38.89 | 250m: 3:06.22 | 40.94 | 350m: 4:24.47 | 36.34 |
| | 100m: 1:07.67 36.00 | 200m: 2:25.28 | 38.72 | 300m: 3:48.13 | 41.91 | 400m: 4:59.02 | 34.55 |
| 4. | NOWAK Maja | 03 | AZS AWF Warszawa | 5:01.19 | 635 | | |
| | 50m: 33.44 33.44 | 150m: 1:49.38 | 38.06 | 250m: 3:10.86 | 44.29 | 350m: 4:29.19 | 33.61 |
| | 100m: 1:11.32 37.88 | 200m: 2:26.57 | 37.19 | 300m: 3:55.58 | 44.72 | 400m: 5:01.19 | 32.00 |
| 5. | WOLSKA Karolina | 01 | MUKS "Pi tnastka" | 5:02.13 | 629 | | |
| | 50m: 32.52 32.52 | 150m: 1:47.14 | 37.97 | 250m: 3:07.66 | 43.83 | 350m: 4:27.82 | 35.78 |
| | 100m: 1:09.17 36.65 | 200m: 2:23.83 | 36.69 | 300m: 3:52.04 | 44.38 | 400m: 5:02.13 | 34.31 |
| 6. | MIKOŁAJCZYK Maja | 04 | UKS SP-149 Łód | 5:03.45 | 621 | | |
| | 50m: 32.24 32.24 | 150m: 1:48.82 | 40.01 | 250m: 3:10.75 | 42.09 | 350m: 4:29.02 | 35.09 |
| | 100m: 1:08.81 36.57 | 200m: 2:28.66 | 39.84 | 300m: 3:53.93 | 43.18 | 400m: 5:03.45 | 34.43 |
| 7. | MO D AN Milena | 03 | MKP Szczecin | 5:04.63 | 614 | | |
| | 50m: 32.83 32.83 | 150m: 1:50.21 | 39.71 | 250m: 3:11.59 | 43.40 | 350m: 4:30.53 | 34.90 |
| | 100m: 1:10.50 37.67 | 200m: 2:28.19 | 37.98 | 300m: 3:55.63 | 44.04 | 400m: 5:04.63 | 34.10 |
| 8. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 5:08.60 | 590 | | |
| | 50m: 32.49 32.49 | 150m: 1:50.86 | 40.35 | 250m: 3:14.65 | 45.08 | 350m: 4:35.32 | 36.24 |
| | 100m: 1:10.51 38.02 | 200m: 2:29.57 | 38.71 | 300m: 3:59.08 | 44.43 | 400m: 5:08.60 | 33.28 |
| 9. | DRAGAN Julia | 04 | KS OLIMPIA Lublin | 5:09.76 | 584 | | |
| | 50m: 33.73 33.73 | 150m: 1:53.83 | 41.79 | 250m: 3:16.44 | 43.13 | 350m: 4:35.22 | 35.62 |
| | 100m: 1:12.04 38.31 | 200m: 2:33.31 | 39.48 | 300m: 3:59.60 | 43.16 | 400m: 5:09.76 | 34.54 |
| 10. | MAKSYMOWICZ Nina | 05 | UKS G-8 Bielany Warszawa | 5:11.24 | 575 | | |
| | 50m: 32.70 32.70 | 150m: 1:52.76 | 40.76 | 250m: 3:16.55 | 44.42 | 350m: 4:37.31 | 34.98 |
| | 100m: 1:12.00 39.30 | 200m: 2:32.13 | 39.37 | 300m: 4:02.33 | 45.78 | 400m: 5:11.24 | 33.93 |
| 11. | SIOMA Zuzanna | 04 | UKS „ORKA” Zamo | 5:12.54 | 568 | | |
| | 50m: 33.18 33.18 | 150m: 1:50.48 | 39.39 | 250m: 3:12.66 | 44.46 | 350m: 4:36.20 | 38.35 |
| | 100m: 1:11.09 37.91 | 200m: 2:28.20 | 37.72 | 300m: 3:57.85 | 45.19 | 400m: 5:12.54 | 36.34 |
| 12. | BEDNAREK Aleksandra | 98 | UKS SP-149 Łód | 5:12.72 | 567 | | |
| | 50m: 34.24 34.24 | 150m: 1:54.90 | 40.99 | 250m: 3:18.39 | 43.59 | 350m: 4:37.92 | 35.58 |
| | 100m: 1:13.91 39.67 | 200m: 2:34.80 | 39.90 | 300m: 4:02.34 | 43.95 | 400m: 5:12.72 | 34.80 |
| 13. | S DŁAK Alicja | 05 | MUKS "Pi tnastka" | 5:13.34 | 564 | | |
| | 50m: 32.32 32.32 | 150m: 1:51.48 | 40.64 | 250m: 3:15.68 | 43.54 | 350m: 4:38.16 | 37.19 |
| | 100m: 1:10.84 38.52 | 200m: 2:32.14 | 40.66 | 300m: 4:00.97 | 45.29 | 400m: 5:13.34 | 35.18 |
| 14. | GRO Weronika | 03 | MKS „Astoria” Bydgoszcz | 5:13.52 | 563 | | |
| | 50m: 32.84 32.84 | 150m: 1:49.78 | 38.58 | 250m: 3:13.62 | 44.70 | 350m: 4:36.87 | 37.61 |
| | 100m: 1:11.20 38.36 | 200m: 2:28.92 | 39.14 | 300m: 3:59.26 | 45.64 | 400m: 5:13.52 | 36.65 |
| 15. | RYGIEL Oliwia | 02 | UKS Junior Kluczbork | 5:13.98 | 560 | | |
| | 50m: 32.86 32.86 | 150m: 1:49.85 | 39.83 | 250m: 3:14.92 | 46.16 | 350m: 4:39.71 | 37.33 |
| | 100m: 1:10.02 37.16 | 200m: 2:28.76 | 38.91 | 300m: 4:02.38 | 47.46 | 400m: 5:13.98 | 34.27 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 24, Kobiet, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|----------------------|---------------|---------|---|-------|-------|---------|----------------|-------|---------|-------|
| 16. | WARCHAŁOWSKA Paulina | | 05 | KS OLIMPIA Lublin | | | | 5:14.08 | 560 | | |
| | 50m: | 33.40 33.40 | 150m: | 1:50.66 | 39.24 | 250m: | 3:15.80 | 45.99 | 350m: | 4:39.05 | 36.84 |
| | 100m: | 1:11.42 38.02 | 200m: | 2:29.81 | 39.15 | 300m: | 4:02.21 | 46.41 | 400m: | 5:14.08 | 35.03 |
| 17. | MALEC Klaudia | | 04 | UKS „ORKA” Zamo | | | | 5:14.25 | 559 | | |
| | 50m: | 32.70 32.70 | 150m: | 1:51.47 | 39.98 | 250m: | 3:14.41 | 43.62 | 350m: | 4:36.37 | 38.11 |
| | 100m: | 1:11.49 38.79 | 200m: | 2:30.79 | 39.32 | 300m: | 3:58.26 | 43.85 | 400m: | 5:14.25 | 37.88 |
| 18. | SZYSZKO Karolina | | 03 | UKP „Polonia Warszawa” | | | | 5:15.06 | 555 | | |
| | 50m: | 32.44 32.44 | 150m: | 1:51.17 | 40.01 | 250m: | 3:15.55 | 44.53 | 350m: | 4:38.34 | 37.28 |
| | 100m: | 1:11.16 38.72 | 200m: | 2:31.02 | 39.85 | 300m: | 4:01.06 | 45.51 | 400m: | 5:15.06 | 36.72 |
| 19. | TOMASIK Otylia | | 04 | MUKS "Pi tnatka" | | | | 5:22.03 | 519 | | |
| | 50m: | 33.56 33.56 | 150m: | 1:52.62 | 39.81 | 250m: | 3:19.82 | 47.50 | 350m: | 4:45.26 | 37.63 |
| | 100m: | 1:12.81 39.25 | 200m: | 2:32.32 | 39.70 | 300m: | 4:07.63 | 47.81 | 400m: | 5:22.03 | 36.77 |
| 20. | NOWAK Oliwia | | 04 | UKS „GIM 92 Ursynów” | | | | 5:22.86 | 515 | | |
| | 50m: | 34.30 34.30 | 150m: | 1:56.50 | 42.59 | 250m: | 3:23.55 | 45.25 | 350m: | 4:46.89 | 37.65 |
| | 100m: | 1:13.91 39.61 | 200m: | 2:38.30 | 41.80 | 300m: | 4:09.24 | 45.69 | 400m: | 5:22.86 | 35.97 |
| 21. | ŁUSZCZEWSKA Emilia | | 05 | MKS Juvenia Białystok | | | | 5:25.62 | 502 | | |
| | 50m: | 33.97 33.97 | 150m: | 1:55.56 | 41.16 | 250m: | 3:23.07 | 47.46 | 350m: | 4:48.88 | 38.33 |
| | 100m: | 1:14.40 40.43 | 200m: | 2:35.61 | 40.05 | 300m: | 4:10.55 | 47.48 | 400m: | 5:25.62 | 36.74 |
| 22. | SAMORAJ Oliwia | | 05 | MKS Piaseczno | | | | 5:27.64 | 493 | | |
| | 50m: | 34.32 34.32 | 150m: | 1:58.41 | 43.24 | 250m: | 3:25.71 | 46.34 | 350m: | 4:51.49 | 38.32 |
| | 100m: | 1:15.17 40.85 | 200m: | 2:39.37 | 40.96 | 300m: | 4:13.17 | 47.46 | 400m: | 5:27.64 | 36.15 |
| 23. | KOPROWSKA Kinga | | 05 | MKS SP 63 Bydgoszcz | | | | 5:29.54 | 485 | | |
| | 50m: | 35.42 35.42 | 150m: | 1:57.80 | 41.74 | 250m: | 3:25.95 | 46.64 | 350m: | 4:52.16 | 39.44 |
| | 100m: | 1:16.06 40.64 | 200m: | 2:39.31 | 41.51 | 300m: | 4:12.72 | 46.77 | 400m: | 5:29.54 | 37.38 |
| 24. | SADOWSKA Dominika | | 04 | MUKS "Pi tnatka" | | | | 5:31.03 | 478 | | |
| | 50m: | 34.18 34.18 | 150m: | 1:56.75 | 41.51 | 250m: | 3:26.40 | 49.31 | 350m: | 4:54.55 | 38.37 |
| | 100m: | 1:15.24 41.06 | 200m: | 2:37.09 | 40.34 | 300m: | 4:16.18 | 49.78 | 400m: | 5:31.03 | 36.48 |
| 25. | KRYWIEL Karolina | | 03 | MKP Szczecin | | | | 5:37.16 | 452 | | |
| | 50m: | 35.91 35.91 | 150m: | 1:59.81 | 41.16 | 250m: | 3:29.97 | 49.47 | 350m: | 4:58.84 | 39.91 |
| | 100m: | 1:18.65 42.74 | 200m: | 2:40.50 | 40.69 | 300m: | 4:18.93 | 48.96 | 400m: | 5:37.16 | 38.32 |
| 26. | KOWALSKA Nina | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | | 6:01.42 | 367 | | |
| | 50m: | 36.83 36.83 | 150m: | 2:07.63 | 46.11 | 250m: | 3:43.56 | 50.74 | 350m: | 5:19.14 | 43.41 |
| | 100m: | 1:21.52 44.69 | 200m: | 2:52.82 | 45.19 | 300m: | 4:35.73 | 52.17 | 400m: | 6:01.42 | 42.28 |
| NW | DOM OL Zuzanna | | 02 | Kaliski Klub Sportowy „Włókniarz” 1925 Kalisz | | | | | | | |
| NW | BERNAT Laura | | 05 | KS OLIMPIA Lublin | | | | | | | |

14 lat

| | | | | | | | | | | | |
|----|----------------------|---------------|-------|--------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | MAKSYMOWICZ Nina | | 05 | UKS G-8 Bielany Warszawa | | | | 5:11.24 | 575 | | |
| | 50m: | 32.70 32.70 | 150m: | 1:52.76 | 40.76 | 250m: | 3:16.55 | 44.42 | 350m: | 4:37.31 | 34.98 |
| | 100m: | 1:12.00 39.30 | 200m: | 2:32.13 | 39.37 | 300m: | 4:02.33 | 45.78 | 400m: | 5:11.24 | 33.93 |
| 2. | S DŁAK Alicja | | 05 | MUKS "Pi tnatka" | | | | 5:13.34 | 564 | | |
| | 50m: | 32.32 32.32 | 150m: | 1:51.48 | 40.64 | 250m: | 3:15.68 | 43.54 | 350m: | 4:38.16 | 37.19 |
| | 100m: | 1:10.84 38.52 | 200m: | 2:32.14 | 40.66 | 300m: | 4:00.97 | 45.29 | 400m: | 5:13.34 | 35.18 |
| 3. | WARCHAŁOWSKA Paulina | | 05 | KS OLIMPIA Lublin | | | | 5:14.08 | 560 | | |
| | 50m: | 33.40 33.40 | 150m: | 1:50.66 | 39.24 | 250m: | 3:15.80 | 45.99 | 350m: | 4:39.05 | 36.84 |
| | 100m: | 1:11.42 38.02 | 200m: | 2:29.81 | 39.15 | 300m: | 4:02.21 | 46.41 | 400m: | 5:14.08 | 35.03 |
| 4. | ŁUSZCZEWSKA Emilia | | 05 | MKS Juvenia Białystok | | | | 5:25.62 | 502 | | |
| | 50m: | 33.97 33.97 | 150m: | 1:55.56 | 41.16 | 250m: | 3:23.07 | 47.46 | 350m: | 4:48.88 | 38.33 |
| | 100m: | 1:14.40 40.43 | 200m: | 2:35.61 | 40.05 | 300m: | 4:10.55 | 47.48 | 400m: | 5:25.62 | 36.74 |
| 5. | SAMORAJ Oliwia | | 05 | MKS Piaseczno | | | | 5:27.64 | 493 | | |
| | 50m: | 34.32 34.32 | 150m: | 1:58.41 | 43.24 | 250m: | 3:25.71 | 46.34 | 350m: | 4:51.49 | 38.32 |
| | 100m: | 1:15.17 40.85 | 200m: | 2:39.37 | 40.96 | 300m: | 4:13.17 | 47.46 | 400m: | 5:27.64 | 36.15 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 24, Dziewcz t, 400m zmienny, 14 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|-----------------|---------------|---------|------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 6. | KOPROWSKA Kinga | | 05 | MKS SP 63 Bydgoszcz | | | | 5:29.54 | 485 | | |
| | 50m: | 35.42 35.42 | 150m: | 1:57.80 | 41.74 | 250m: | 3:25.95 | 46.64 | 350m: | 4:52.16 | 39.44 |
| | 100m: | 1:16.06 40.64 | 200m: | 2:39.31 | 41.51 | 300m: | 4:12.72 | 46.77 | 400m: | 5:29.54 | 37.38 |
| 7. | KOWALSKA Nina | | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | | | 6:01.42 | 367 | | |
| | 50m: | 36.83 36.83 | 150m: | 2:07.63 | 46.11 | 250m: | 3:43.56 | 50.74 | 350m: | 5:19.14 | 43.41 |
| | 100m: | 1:21.52 44.69 | 200m: | 2:52.82 | 45.19 | 300m: | 4:35.73 | 52.17 | 400m: | 6:01.42 | 42.28 |
| NW | BERNAT Laura | | 05 | KS OLIMPIA Lublin | | | | | | | |

15 lat

| | | | | | | | | | | | |
|----|---------------------|---------------|-------|----------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | BEDNARZ Julia | | 04 | UKS „ORKA" Zamo | | | | 4:59.02 | 649 | | |
| | 50m: | 31.67 31.67 | 150m: | 1:46.56 | 38.89 | 250m: | 3:06.22 | 40.94 | 350m: | 4:24.47 | 36.34 |
| | 100m: | 1:07.67 36.00 | 200m: | 2:25.28 | 38.72 | 300m: | 3:48.13 | 41.91 | 400m: | 4:59.02 | 34.55 |
| 2. | MIKOŁAJCZYK Maja | | 04 | UKS SP-149 Łód | | | | 5:03.45 | 621 | | |
| | 50m: | 32.24 32.24 | 150m: | 1:48.82 | 40.01 | 250m: | 3:10.75 | 42.09 | 350m: | 4:29.02 | 35.09 |
| | 100m: | 1:08.81 36.57 | 200m: | 2:28.66 | 39.84 | 300m: | 3:53.93 | 43.18 | 400m: | 5:03.45 | 34.43 |
| 3. | SIENKIEWICZ Martyna | | 04 | MUKS "Pi tnastka" | | | | 5:08.60 | 590 | | |
| | 50m: | 32.49 32.49 | 150m: | 1:50.86 | 40.35 | 250m: | 3:14.65 | 45.08 | 350m: | 4:35.32 | 36.24 |
| | 100m: | 1:10.51 38.02 | 200m: | 2:29.57 | 38.71 | 300m: | 3:59.08 | 44.43 | 400m: | 5:08.60 | 33.28 |
| 4. | DRAGAN Julia | | 04 | KS OLIMPIA Lublin | | | | 5:09.76 | 584 | | |
| | 50m: | 33.73 33.73 | 150m: | 1:53.83 | 41.79 | 250m: | 3:16.44 | 43.13 | 350m: | 4:35.22 | 35.62 |
| | 100m: | 1:12.04 38.31 | 200m: | 2:33.31 | 39.48 | 300m: | 3:59.60 | 43.16 | 400m: | 5:09.76 | 34.54 |
| 5. | SIOMA Zuzanna | | 04 | UKS „ORKA" Zamo | | | | 5:12.54 | 568 | | |
| | 50m: | 33.18 33.18 | 150m: | 1:50.48 | 39.39 | 250m: | 3:12.66 | 44.46 | 350m: | 4:36.20 | 38.35 |
| | 100m: | 1:11.09 37.91 | 200m: | 2:28.20 | 37.72 | 300m: | 3:57.85 | 45.19 | 400m: | 5:12.54 | 36.34 |
| 6. | MALEC Klaudia | | 04 | UKS „ORKA" Zamo | | | | 5:14.25 | 559 | | |
| | 50m: | 32.70 32.70 | 150m: | 1:51.47 | 39.98 | 250m: | 3:14.41 | 43.62 | 350m: | 4:36.37 | 38.11 |
| | 100m: | 1:11.49 38.79 | 200m: | 2:30.79 | 39.32 | 300m: | 3:58.26 | 43.85 | 400m: | 5:14.25 | 37.88 |
| 7. | TOMASIK Otylia | | 04 | MUKS "Pi tnastka" | | | | 5:22.03 | 519 | | |
| | 50m: | 33.56 33.56 | 150m: | 1:52.62 | 39.81 | 250m: | 3:19.82 | 47.50 | 350m: | 4:45.26 | 37.63 |
| | 100m: | 1:12.81 39.25 | 200m: | 2:32.32 | 39.70 | 300m: | 4:07.63 | 47.81 | 400m: | 5:22.03 | 36.77 |
| 8. | NOWAK Oliwia | | 04 | UKS „GIM 92 Ursynów" | | | | 5:22.86 | 515 | | |
| | 50m: | 34.30 34.30 | 150m: | 1:56.50 | 42.59 | 250m: | 3:23.55 | 45.25 | 350m: | 4:46.89 | 37.65 |
| | 100m: | 1:13.91 39.61 | 200m: | 2:38.30 | 41.80 | 300m: | 4:09.24 | 45.69 | 400m: | 5:22.86 | 35.97 |
| 9. | SADOWSKA Dominika | | 04 | MUKS "Pi tnastka" | | | | 5:31.03 | 478 | | |
| | 50m: | 34.18 34.18 | 150m: | 1:56.75 | 41.51 | 250m: | 3:26.40 | 49.31 | 350m: | 4:54.55 | 38.37 |
| | 100m: | 1:15.24 41.06 | 200m: | 2:37.09 | 40.34 | 300m: | 4:16.18 | 49.78 | 400m: | 5:31.03 | 36.48 |

16 lat

| | | | | | | | | | | | |
|----|--------------------|---------------|-------|-------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | HERBREDEK Gabriela | | 03 | UKS „GIM 92 Ursynów" | | | | 4:50.92 | 705 | | |
| | 50m: | 30.31 30.31 | 150m: | 1:44.95 | 39.14 | 250m: | 3:03.85 | 40.78 | 350m: | 4:19.21 | 34.21 |
| | 100m: | 1:05.81 35.50 | 200m: | 2:23.07 | 38.12 | 300m: | 3:45.00 | 41.15 | 400m: | 4:50.92 | 31.71 |
| 2. | NOWAK Maja | | 03 | AZS AWF Warszawa | | | | 5:01.19 | 635 | | |
| | 50m: | 33.44 33.44 | 150m: | 1:49.38 | 38.06 | 250m: | 3:10.86 | 44.29 | 350m: | 4:29.19 | 33.61 |
| | 100m: | 1:11.32 37.88 | 200m: | 2:26.57 | 37.19 | 300m: | 3:55.58 | 44.72 | 400m: | 5:01.19 | 32.00 |
| 3. | MO D AN Milena | | 03 | MKP Szczecin | | | | 5:04.63 | 614 | | |
| | 50m: | 32.83 32.83 | 150m: | 1:50.21 | 39.71 | 250m: | 3:11.59 | 43.40 | 350m: | 4:30.53 | 34.90 |
| | 100m: | 1:10.50 37.67 | 200m: | 2:28.19 | 37.98 | 300m: | 3:55.63 | 44.04 | 400m: | 5:04.63 | 34.10 |
| 4. | GRO Weronika | | 03 | MKS „Astoria" Bydgoszcz | | | | 5:13.52 | 563 | | |
| | 50m: | 32.84 32.84 | 150m: | 1:49.78 | 38.58 | 250m: | 3:13.62 | 44.70 | 350m: | 4:36.87 | 37.61 |
| | 100m: | 1:11.20 38.36 | 200m: | 2:28.92 | 39.14 | 300m: | 3:59.26 | 45.64 | 400m: | 5:13.52 | 36.65 |
| 5. | SZYSZKO Karolina | | 03 | UKP „Polonia Warszawa" | | | | 5:15.06 | 555 | | |
| | 50m: | 32.44 32.44 | 150m: | 1:51.17 | 40.01 | 250m: | 3:15.55 | 44.53 | 350m: | 4:38.34 | 37.28 |
| | 100m: | 1:11.16 38.72 | 200m: | 2:31.02 | 39.85 | 300m: | 4:01.06 | 45.51 | 400m: | 5:15.06 | 36.72 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 24, Dziewcz t, 400m zmienny, 16 lat

| Pozycja | | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|------------------|---------|-------|---------|--------------|-------|-------|---------|----------------|-------|---------|-------|
| 6. | KRYWIEL Karolina | | | 03 | MKP Szczecin | | | | 5:37.16 | 452 | | |
| | 50m: | 35.91 | 35.91 | 150m: | 1:59.81 | 41.16 | 250m: | 3:29.97 | 49.47 | 350m: | 4:58.84 | 39.91 |
| | 100m: | 1:18.65 | 42.74 | 200m: | 2:40.50 | 40.69 | 300m: | 4:18.93 | 48.96 | 400m: | 5:37.16 | 38.32 |

17 - 18 lat

| | | | | | | | | | | | | |
|----|-------------------------|---------|-------|-------|---|-------|-------|---------|----------------|-------|---------|-------|
| 1. | W GRZYNOWSKA Aleksandra | | | 01 | WKS I sk Wrocław | | | | 4:54.76 | 677 | | |
| | 50m: | 30.60 | 30.60 | 150m: | 1:44.15 | 38.34 | 250m: | 3:06.00 | 44.67 | 350m: | 4:23.28 | 32.48 |
| | 100m: | 1:05.81 | 35.21 | 200m: | 2:21.33 | 37.18 | 300m: | 3:50.80 | 44.80 | 400m: | 4:54.76 | 31.48 |
| 2. | WOLSKA Karolina | | | 01 | MUKS "Pi tnastka" | | | | 5:02.13 | 629 | | |
| | 50m: | 32.52 | 32.52 | 150m: | 1:47.14 | 37.97 | 250m: | 3:07.66 | 43.83 | 350m: | 4:27.82 | 35.78 |
| | 100m: | 1:09.17 | 36.65 | 200m: | 2:23.83 | 36.69 | 300m: | 3:52.04 | 44.38 | 400m: | 5:02.13 | 34.31 |
| 3. | RYGIEL Oliwia | | | 02 | UKS Junior Kluczbork | | | | 5:13.98 | 560 | | |
| | 50m: | 32.86 | 32.86 | 150m: | 1:49.85 | 39.83 | 250m: | 3:14.92 | 46.16 | 350m: | 4:39.71 | 37.33 |
| | 100m: | 1:10.02 | 37.16 | 200m: | 2:28.76 | 38.91 | 300m: | 4:02.38 | 47.46 | 400m: | 5:13.98 | 34.27 |
| NW | DOM OL Zuzanna | | | 02 | Kaliski Klub Sportowy „Włókniarz” 1925 Kalisz | | | | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 25
2019-11-24 - 11:10

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|------------------|-------|----------------|------------|
| RP Open | 4:03.20 | WOJT Lukasz | POL | Berlin (GER) | 2009-11-14 |
| RP 19 - 23 | 4:04.48 | MATCZAK Mateusz | 00116 | Gorzów Wlkp. | 2009-11-27 |
| RP 18 | 4:09.07 | MATCZAK Mateusz | 00905 | Debrecen (HUN) | 2007-12-14 |
| RP 17 | 4:11.22 | W GROWSKI Marcel | 00505 | Olsztyn | 2016-12-16 |
| RP 16 | 4:12.62 | W GROWSKI Marcel | 00505 | Lublin | 2015-12-18 |
| RP 15 | 4:23.69 | KĄŁUSOWSKI Jan | 00905 | Lublin | 2015-12-18 |
| RP 14 | 4:28.26 | URYNIUK Paweł | 05114 | Poznan | 2017-11-25 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | | | Czas | Pkt. |
|------------------------|---------------------|---------------------|-------------------------------|---------------------|------|------|
| 14 lat i starsi | | | | | | |
| 1. | W GROWSKI Marcel | 99 | KU AZS Politechniki Łódzkiej | 4:14.61 | 791 | |
| | 50m: 26.42 26.42 | 150m: 1:29.10 32.09 | 250m: 2:36.93 36.25 | 350m: 3:44.85 30.46 | | |
| | 100m: 57.01 30.59 | 200m: 2:00.68 31.58 | 300m: 3:14.39 37.46 | 400m: 4:14.61 29.76 | | |
| 2. | MALEC Mikołaj | 01 | MKS Trójka Łód | 4:18.59 | 755 | |
| | 50m: 27.68 27.68 | 150m: 1:32.36 33.35 | 250m: 2:42.63 38.09 | 350m: 3:50.65 29.48 | | |
| | 100m: 59.01 31.33 | 200m: 2:04.54 32.18 | 300m: 3:21.17 38.54 | 400m: 4:18.59 27.94 | | |
| 3. | BUJAK Dominik | 99 | St. Lok. SALOS Cortile Kielce | 4:18.96 | 752 | |
| | 50m: 27.97 27.97 | 150m: 1:33.87 33.79 | 250m: 2:43.90 37.14 | 350m: 3:51.09 29.88 | | |
| | 100m: 1:00.08 32.11 | 200m: 2:06.76 32.89 | 300m: 3:21.21 37.31 | 400m: 4:18.96 27.87 | | |
| 4. | WARZOCHA Albert | 01 | Uks Cityzen | 4:22.62 | 721 | |
| | 50m: 27.60 27.60 | 150m: 1:33.22 33.71 | 250m: 2:43.60 37.21 | 350m: 3:53.00 31.16 | | |
| | 100m: 59.51 31.91 | 200m: 2:06.39 33.17 | 300m: 3:21.84 38.24 | 400m: 4:22.62 29.62 | | |
| 5. | OLLER Krzysztof | 00 | KU AZS UMCS Lublin | 4:27.89 | 679 | |
| | 50m: 28.37 28.37 | 150m: 1:35.40 34.74 | 250m: 2:47.59 38.75 | 350m: 3:58.02 31.15 | | |
| | 100m: 1:00.66 32.29 | 200m: 2:08.84 33.44 | 300m: 3:26.87 39.28 | 400m: 4:27.89 29.87 | | |
| 6. | KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów" | 4:30.50 | 659 | |
| | 50m: 27.64 27.64 | 150m: 1:35.26 34.79 | 250m: 2:47.94 37.95 | 350m: 3:59.70 32.04 | | |
| | 100m: 1:00.47 32.83 | 200m: 2:09.99 34.73 | 300m: 3:27.66 39.72 | 400m: 4:30.50 30.80 | | |
| 7. | CIASTO Sebastian | 99 | AZS AWF Katowice | 4:31.18 | 654 | |
| | 50m: 28.96 28.96 | 150m: 1:36.08 34.13 | 250m: 2:47.92 37.47 | 350m: 3:59.12 32.92 | | |
| | 100m: 1:01.95 32.99 | 200m: 2:10.45 34.37 | 300m: 3:26.20 38.28 | 400m: 4:31.18 32.06 | | |
| 8. | ANTCZAK Bartosz | 03 | UKP „Polonia Warszawa" | 4:31.24 | 654 | |
| | 50m: 27.82 27.82 | 150m: 1:35.91 35.59 | 250m: 2:48.92 38.40 | 350m: 4:00.76 32.47 | | |
| | 100m: 1:00.32 32.50 | 200m: 2:10.52 34.61 | 300m: 3:28.29 39.37 | 400m: 4:31.24 30.48 | | |
| 9. | JAWORSKI Norbert | 98 | KU AZS UMCS Lublin | 4:31.29 | 654 | |
| | 50m: 30.34 30.34 | 150m: 1:40.01 35.56 | 250m: 2:51.57 36.68 | 350m: 4:01.16 32.07 | | |
| | 100m: 1:04.45 34.11 | 200m: 2:14.89 34.88 | 300m: 3:29.09 37.52 | 400m: 4:31.29 30.13 | | |
| 10. | GOTSZLING Dawid | 01 | SMS Zielona Góra | 4:31.41 | 653 | |
| | 50m: 26.98 26.98 | 150m: 1:33.27 34.49 | 250m: 2:47.21 39.78 | 350m: 3:59.90 32.30 | | |
| | 100m: 58.78 31.80 | 200m: 2:07.43 34.16 | 300m: 3:27.60 40.39 | 400m: 4:31.41 31.51 | | |
| 11. | GUZY Marcel | 01 | DOKiS SP Vega Dobrodzie | 4:31.86 | 650 | |
| | 50m: 29.30 29.30 | 150m: 1:37.59 35.04 | 250m: 2:48.98 37.17 | 350m: 3:59.80 33.36 | | |
| | 100m: 1:02.55 33.25 | 200m: 2:11.81 34.22 | 300m: 3:26.44 37.46 | 400m: 4:31.86 32.06 | | |
| 12. | DOBRINDT Mikołaj | 03 | MUKS "Pi tnastka" | 4:33.59 | 637 | |
| | 50m: 29.51 29.51 | 150m: 1:40.19 36.25 | 250m: 2:52.07 36.94 | 350m: 4:02.30 31.94 | | |
| | 100m: 1:03.94 34.43 | 200m: 2:15.13 34.94 | 300m: 3:30.36 38.29 | 400m: 4:33.59 31.29 | | |
| 13. | BOBORYK Wojciech | 02 | KS Delfin Gdynia | 4:33.87 | 635 | |
| | 50m: 29.13 29.13 | 150m: 1:37.95 34.93 | 250m: 2:51.91 39.15 | 350m: 4:03.18 31.95 | | |
| | 100m: 1:03.02 33.89 | 200m: 2:12.76 34.81 | 300m: 3:31.23 39.32 | 400m: 4:33.87 30.69 | | |
| 14. | G STAŁ Jan | 03 | UKS „GIM 92 Ursynów" | 4:34.99 | 628 | |
| | 50m: 27.92 27.92 | 150m: 1:36.84 35.67 | 250m: 2:52.06 40.00 | 350m: 4:04.98 32.31 | | |
| | 100m: 1:01.17 33.25 | 200m: 2:12.06 35.22 | 300m: 3:32.67 40.61 | 400m: 4:34.99 30.01 | | |
| 15. | KADROW Konrad | 97 | KU AZS UMCS Lublin | 4:38.58 | 604 | |
| | 50m: 30.27 30.27 | 150m: 1:42.07 37.17 | 250m: 2:56.80 38.69 | 350m: 4:07.65 32.55 | | |
| | 100m: 1:04.90 34.63 | 200m: 2:18.11 36.04 | 300m: 3:35.10 38.30 | 400m: 4:38.58 30.93 | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 25, M czyzn, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | | |
|---------|------------|-------------|---------|-------------------|-------------------|----------------|----------------|----------------|-------|-------|---------|-------|
| 16. | WALCZYSKO | Jakub | 00 | KU AZS AGH | Kraków | | 4:40.26 | 593 | | | | |
| | 50m: | 28.67 | 28.67 | 150m: | 1:38.79 | 36.31 | 250m: | 2:54.98 | 39.79 | 350m: | 4:08.36 | 32.94 |
| | 100m: | 1:02.48 | 33.81 | 200m: | 2:15.19 | 36.40 | 300m: | 3:35.42 | 40.44 | 400m: | 4:40.26 | 31.90 |
| 17. | POWRO | NIK Konrad | 97 | WKS | I sk | Wrocław | | 4:40.48 | 591 | | | |
| | 50m: | 29.54 | 29.54 | 150m: | 1:38.28 | 36.59 | 250m: | 2:53.93 | 39.91 | 350m: | 4:08.20 | 33.66 |
| | 100m: | 1:01.69 | 32.15 | 200m: | 2:14.02 | 35.74 | 300m: | 3:34.54 | 40.61 | 400m: | 4:40.48 | 32.28 |
| 18. | RAJCA | Wiktor | 02 | KS KSZO | Ostrowiec | w. | | 4:41.89 | 583 | | | |
| | 50m: | 29.21 | 29.21 | 150m: | 1:38.44 | 36.52 | 250m: | 2:54.35 | 40.13 | 350m: | 4:09.35 | 33.93 |
| | 100m: | 1:01.92 | 32.71 | 200m: | 2:14.22 | 35.78 | 300m: | 3:35.42 | 41.07 | 400m: | 4:41.89 | 32.54 |
| 19. | BOROWSKI | Jakub | 02 | St. Lok. | SALOS | Cortile Kielce | | 4:42.77 | 577 | | | |
| | 50m: | 30.52 | 30.52 | 150m: | 1:39.94 | 34.69 | 250m: | 2:56.61 | 41.83 | 350m: | 4:11.33 | 32.67 |
| | 100m: | 1:05.25 | 34.73 | 200m: | 2:14.78 | 34.84 | 300m: | 3:38.66 | 42.05 | 400m: | 4:42.77 | 31.44 |
| 20. | GÖRANSSON | Carl | 00 | VSS | VASBY | | | 4:43.27 | 574 | | | |
| | 50m: | 29.26 | 29.26 | 150m: | 1:40.70 | 37.39 | 250m: | 2:56.79 | 38.86 | 350m: | 4:11.14 | 32.94 |
| | 100m: | 1:03.31 | 34.05 | 200m: | 2:17.93 | 37.23 | 300m: | 3:38.20 | 41.41 | 400m: | 4:43.27 | 32.13 |
| 21. | YRO | Ignacy | 04 | UKS „GIM 92 | Ursynów" | | | 4:43.92 | 570 | | | |
| | 50m: | 29.30 | 29.30 | 150m: | 1:40.55 | 37.51 | 250m: | 2:57.45 | 40.81 | 350m: | 4:12.00 | 32.68 |
| | 100m: | 1:03.04 | 33.74 | 200m: | 2:16.64 | 36.09 | 300m: | 3:39.32 | 41.87 | 400m: | 4:43.92 | 31.92 |
| 22. | ZUZANIUK | Igor | 04 | KS OLIMPIA | Lublin | | | 4:47.26 | 550 | | | |
| | 50m: | 30.36 | 30.36 | 150m: | 1:42.01 | 37.30 | 250m: | 2:58.02 | 40.54 | 350m: | 4:14.35 | 34.13 |
| | 100m: | 1:04.71 | 34.35 | 200m: | 2:17.48 | 35.47 | 300m: | 3:40.22 | 42.20 | 400m: | 4:47.26 | 32.91 |
| 23. | J DRYKA | Nikodem | 04 | MKS Trójka | Łód | | | 4:49.52 | 538 | | | |
| | 50m: | 31.03 | 31.03 | 150m: | 1:45.13 | 38.38 | 250m: | 3:03.80 | 40.54 | 350m: | 4:18.64 | 33.72 |
| | 100m: | 1:06.75 | 35.72 | 200m: | 2:23.26 | 38.13 | 300m: | 3:44.92 | 41.12 | 400m: | 4:49.52 | 30.88 |
| 24. | MACIOSZEK | Maksymilian | 03 | UKP „Polonia | Warszawa" | | | 4:49.79 | 536 | | | |
| | 50m: | 30.24 | 30.24 | 150m: | 1:44.51 | 38.01 | 250m: | 3:01.65 | 39.83 | 350m: | 4:17.48 | 34.00 |
| | 100m: | 1:06.50 | 36.26 | 200m: | 2:21.82 | 37.31 | 300m: | 3:43.48 | 41.83 | 400m: | 4:49.79 | 32.31 |
| 25. | PI TKA | Hubert | 04 | MKP | Szczecin | | | 4:49.86 | 536 | | | |
| | 50m: | 30.39 | 30.39 | 150m: | 1:44.58 | 38.57 | 250m: | 3:02.68 | 40.86 | 350m: | 4:19.09 | 34.63 |
| | 100m: | 1:06.01 | 35.62 | 200m: | 2:21.82 | 37.24 | 300m: | 3:44.46 | 41.78 | 400m: | 4:49.86 | 30.77 |
| 26. | SZYMA | SKI Igor | 05 | MUKS "Pi | tnastka" | | | 4:53.91 | 514 | | | |
| | 50m: | 30.81 | 30.81 | 150m: | 1:47.13 | 40.14 | 250m: | 3:04.61 | 37.72 | 350m: | 4:19.07 | 35.81 |
| | 100m: | 1:06.99 | 36.18 | 200m: | 2:26.89 | 39.76 | 300m: | 3:43.26 | 38.65 | 400m: | 4:53.91 | 34.84 |
| 27. | OLEJNIK | Adam | 03 | TP Skalar | Słupsk | | | 4:54.06 | 513 | | | |
| | 50m: | 30.87 | 30.87 | 150m: | 1:48.00 | 38.12 | 250m: | 3:04.97 | 40.10 | 350m: | 4:20.61 | 35.06 |
| | 100m: | 1:09.88 | 39.01 | 200m: | 2:24.87 | 36.87 | 300m: | 3:45.55 | 40.58 | 400m: | 4:54.06 | 33.45 |
| 28. | J DRYCH | Krzysztof | 04 | KS Posnania | Pozna | | | 4:55.47 | 506 | | | |
| | 50m: | 29.98 | 29.98 | 150m: | 1:43.58 | 38.22 | 250m: | 3:05.02 | 44.37 | 350m: | 4:23.89 | 34.06 |
| | 100m: | 1:05.36 | 35.38 | 200m: | 2:20.65 | 37.07 | 300m: | 3:49.83 | 44.81 | 400m: | 4:55.47 | 31.58 |
| 29. | GÓRAL | Piotr | 05 | UKS „Dwójka" | Tczew | | | 4:57.27 | 497 | | | |
| | 50m: | 32.33 | 32.33 | 150m: | 1:46.65 | 38.84 | 250m: | 3:06.17 | 43.12 | 350m: | 4:24.64 | 34.46 |
| | 100m: | 1:07.81 | 35.48 | 200m: | 2:23.05 | 36.40 | 300m: | 3:50.18 | 44.01 | 400m: | 4:57.27 | 32.63 |
| 30. | DZIERKACZ | Igor | 05 | MKS SP 63 | Bydgoszcz | | | 5:03.07 | 469 | | | |
| | 50m: | 31.63 | 31.63 | 150m: | 1:48.45 | 40.56 | 250m: | 3:10.78 | 42.60 | 350m: | 4:29.97 | 36.22 |
| | 100m: | 1:07.89 | 36.26 | 200m: | 2:28.18 | 39.73 | 300m: | 3:53.75 | 42.97 | 400m: | 5:03.07 | 33.10 |
| 31. | STRZELECKI | Wiktor | 04 | MKS „Astoria" | Bydgoszcz | | | 5:03.17 | 468 | | | |
| | 50m: | 30.00 | 30.00 | 150m: | 1:45.28 | 39.63 | 250m: | 3:08.17 | 43.87 | 350m: | 4:30.15 | 35.61 |
| | 100m: | 1:05.65 | 35.65 | 200m: | 2:24.30 | 39.02 | 300m: | 3:54.54 | 46.37 | 400m: | 5:03.17 | 33.02 |
| 32. | BORZYMEK | Hubert | 02 | Mokotowski UKP | Warszawianka- | Wodny | | 5:05.97 | 455 | | | |
| | 50m: | 31.23 | 31.23 | 150m: | 1:47.25 | 38.95 | 250m: | 3:10.99 | 44.57 | 350m: | 4:31.38 | 35.11 |
| | 100m: | 1:08.30 | 37.07 | 200m: | 2:26.42 | 39.17 | 300m: | 3:56.27 | 45.28 | 400m: | 5:05.97 | 34.59 |
| 33. | LASKI | Filip | 04 | St. KF KS „Fenix" | O arów Mazowiecki | | | 5:08.19 | 446 | | | |
| | 50m: | 31.71 | 31.71 | 150m: | 1:48.53 | 39.42 | 250m: | 3:11.98 | 44.41 | 350m: | 4:32.31 | 36.27 |
| | 100m: | 1:09.11 | 37.40 | 200m: | 2:27.57 | 39.04 | 300m: | 3:56.04 | 44.06 | 400m: | 5:08.19 | 35.88 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 25, M czyzn, 400m zmienny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|---|---------------|---------|----------------------|-------|---------------|-------|----------------|------|
| 34. | MAZUREK Bła ej | | 04 | MKP Szczecin | | | | 5:10.22 | 437 |
| | 50m: | 31.69 31.69 | 150m: | 1:52.26 41.24 | 250m: | 3:18.26 44.87 | 350m: | 4:36.93 33.57 | |
| | 100m: | 1:11.02 39.33 | 200m: | 2:33.39 41.13 | 300m: | 4:03.36 45.10 | 400m: | 5:10.22 33.29 | |
| DYSKW. | OKO Maksymilian | | 05 | UKS „GIM 92 Ursynów” | | | | | |
| | <i>Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zakoczeniu wy cigu w danym stylu., /M7</i> | | | | | | | | |

14 lat

| | | | | | | | | | |
|--------|---|---------------|-------|----------------------|-------|---------------|-------|----------------|-----|
| 1. | SZYMA SKI Igor | | 05 | MUKS "Pi tnastka" | | | | 4:53.91 | 514 |
| | 50m: | 30.81 30.81 | 150m: | 1:47.13 40.14 | 250m: | 3:04.61 37.72 | 350m: | 4:19.07 35.81 | |
| | 100m: | 1:06.99 36.18 | 200m: | 2:26.89 39.76 | 300m: | 3:43.26 38.65 | 400m: | 4:53.91 34.84 | |
| 2. | GÓRAL Piotr | | 05 | UKS „Dwójka” Tczew | | | | 4:57.27 | 497 |
| | 50m: | 32.33 32.33 | 150m: | 1:46.65 38.84 | 250m: | 3:06.17 43.12 | 350m: | 4:24.64 34.46 | |
| | 100m: | 1:07.81 35.48 | 200m: | 2:23.05 36.40 | 300m: | 3:50.18 44.01 | 400m: | 4:57.27 32.63 | |
| 3. | DZIERKACZ Igor | | 05 | MKS SP 63 Bydgoszcz | | | | 5:03.07 | 469 |
| | 50m: | 31.63 31.63 | 150m: | 1:48.45 40.56 | 250m: | 3:10.78 42.60 | 350m: | 4:29.97 36.22 | |
| | 100m: | 1:07.89 36.26 | 200m: | 2:28.18 39.73 | 300m: | 3:53.75 42.97 | 400m: | 5:03.07 33.10 | |
| DYSKW. | OKO Maksymilian | | 05 | UKS „GIM 92 Ursynów” | | | | | |
| | <i>Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zakoczeniu wy cigu w danym stylu., /M7</i> | | | | | | | | |

15 lat

| | | | | | | | | | |
|----|-------------------|---------------|-------|-------------------------------------|-------|---------------|-------|----------------|-----|
| 1. | KONARSKI Maciej | | 04 | UKS „GIM 92 Ursynów” | | | | 4:30.50 | 659 |
| | 50m: | 27.64 27.64 | 150m: | 1:35.26 34.79 | 250m: | 2:47.94 37.95 | 350m: | 3:59.70 32.04 | |
| | 100m: | 1:00.47 32.83 | 200m: | 2:09.99 34.73 | 300m: | 3:27.66 39.72 | 400m: | 4:30.50 30.80 | |
| 2. | YRO Ignacy | | 04 | UKS „GIM 92 Ursynów” | | | | 4:43.92 | 570 |
| | 50m: | 29.30 29.30 | 150m: | 1:40.55 37.51 | 250m: | 2:57.45 40.81 | 350m: | 4:12.00 32.68 | |
| | 100m: | 1:03.04 33.74 | 200m: | 2:16.64 36.09 | 300m: | 3:39.32 41.87 | 400m: | 4:43.92 31.92 | |
| 3. | ZUZANIUK Igor | | 04 | KS OLIMPIA Lublin | | | | 4:47.26 | 550 |
| | 50m: | 30.36 30.36 | 150m: | 1:42.01 37.30 | 250m: | 2:58.02 40.54 | 350m: | 4:14.35 34.13 | |
| | 100m: | 1:04.71 34.35 | 200m: | 2:17.48 35.47 | 300m: | 3:40.22 42.20 | 400m: | 4:47.26 32.91 | |
| 4. | J DRYKA Nikodem | | 04 | MKS Trójka Łód | | | | 4:49.52 | 538 |
| | 50m: | 31.03 31.03 | 150m: | 1:45.13 38.38 | 250m: | 3:03.80 40.54 | 350m: | 4:18.64 33.72 | |
| | 100m: | 1:06.75 35.72 | 200m: | 2:23.26 38.13 | 300m: | 3:44.92 41.12 | 400m: | 4:49.52 30.88 | |
| 5. | PI TKA Hubert | | 04 | MKP Szczecin | | | | 4:49.86 | 536 |
| | 50m: | 30.39 30.39 | 150m: | 1:44.58 38.57 | 250m: | 3:02.68 40.86 | 350m: | 4:19.09 34.63 | |
| | 100m: | 1:06.01 35.62 | 200m: | 2:21.82 37.24 | 300m: | 3:44.46 41.78 | 400m: | 4:49.86 30.77 | |
| 6. | J DRYCH Krzysztof | | 04 | KS Posnania Pozna | | | | 4:55.47 | 506 |
| | 50m: | 29.98 29.98 | 150m: | 1:43.58 38.22 | 250m: | 3:05.02 44.37 | 350m: | 4:23.89 34.06 | |
| | 100m: | 1:05.36 35.38 | 200m: | 2:20.65 37.07 | 300m: | 3:49.83 44.81 | 400m: | 4:55.47 31.58 | |
| 7. | STRZELECKI Wiktor | | 04 | MKS „Astoria” Bydgoszcz | | | | 5:03.17 | 468 |
| | 50m: | 30.00 30.00 | 150m: | 1:45.28 39.63 | 250m: | 3:08.17 43.87 | 350m: | 4:30.15 35.61 | |
| | 100m: | 1:05.65 35.65 | 200m: | 2:24.30 39.02 | 300m: | 3:54.54 46.37 | 400m: | 5:03.17 33.02 | |
| 8. | LASKI Filip | | 04 | St. KF KS „Fenix” O arów Mazowiecki | | | | 5:08.19 | 446 |
| | 50m: | 31.71 31.71 | 150m: | 1:48.53 39.42 | 250m: | 3:11.98 44.41 | 350m: | 4:32.31 36.27 | |
| | 100m: | 1:09.11 37.40 | 200m: | 2:27.57 39.04 | 300m: | 3:56.04 44.06 | 400m: | 5:08.19 35.88 | |
| 9. | MAZUREK Bła ej | | 04 | MKP Szczecin | | | | 5:10.22 | 437 |
| | 50m: | 31.69 31.69 | 150m: | 1:52.26 41.24 | 250m: | 3:18.26 44.87 | 350m: | 4:36.93 33.57 | |
| | 100m: | 1:11.02 39.33 | 200m: | 2:33.39 41.13 | 300m: | 4:03.36 45.10 | 400m: | 5:10.22 33.29 | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 25, M czyzn, 400m zmienny

16 lat

| | | | | | | | | |
|----|-----------------------|-------|---------------|------------------------|---------------|----------------|---------------|-------|
| 1. | ANTCZAK Bartosz | | 03 | UKP „Polonia Warszawa” | | 4:31.24 | 654 | |
| | 50m: 27.82 | 27.82 | 150m: 1:35.91 | 35.59 | 250m: 2:48.92 | 38.40 | 350m: 4:00.76 | 32.47 |
| | 100m: 1:00.32 | 32.50 | 200m: 2:10.52 | 34.61 | 300m: 3:28.29 | 39.37 | 400m: 4:31.24 | 30.48 |
| 2. | DOBRINDT Mikołaj | | 03 | MUKS "Pi tnastrka" | | 4:33.59 | 637 | |
| | 50m: 29.51 | 29.51 | 150m: 1:40.19 | 36.25 | 250m: 2:52.07 | 36.94 | 350m: 4:02.30 | 31.94 |
| | 100m: 1:03.94 | 34.43 | 200m: 2:15.13 | 34.94 | 300m: 3:30.36 | 38.29 | 400m: 4:33.59 | 31.29 |
| 3. | G STAŁ Jan | | 03 | UKS „GIM 92 Ursynów” | | 4:34.99 | 628 | |
| | 50m: 27.92 | 27.92 | 150m: 1:36.84 | 35.67 | 250m: 2:52.06 | 40.00 | 350m: 4:04.98 | 32.31 |
| | 100m: 1:01.17 | 33.25 | 200m: 2:12.06 | 35.22 | 300m: 3:32.67 | 40.61 | 400m: 4:34.99 | 30.01 |
| 4. | MACIOSZEK Maksymilian | | 03 | UKP „Polonia Warszawa” | | 4:49.79 | 536 | |
| | 50m: 30.24 | 30.24 | 150m: 1:44.51 | 38.01 | 250m: 3:01.65 | 39.83 | 350m: 4:17.48 | 34.00 |
| | 100m: 1:06.50 | 36.26 | 200m: 2:21.82 | 37.31 | 300m: 3:43.48 | 41.83 | 400m: 4:49.79 | 32.31 |
| 5. | OLEJNIK Adam | | 03 | TP Skalar Słupsk | | 4:54.06 | 513 | |
| | 50m: 30.87 | 30.87 | 150m: 1:48.00 | 38.12 | 250m: 3:04.97 | 40.10 | 350m: 4:20.61 | 35.06 |
| | 100m: 1:09.88 | 39.01 | 200m: 2:24.87 | 36.87 | 300m: 3:45.55 | 40.58 | 400m: 4:54.06 | 33.45 |

17 - 18 lat

| | | | | | | | | |
|----|------------------|-------|---------------|------------------------------------|---------------|----------------|---------------|-------|
| 1. | MALEC Mikołaj | | 01 | MKS Trójka Łód | | 4:18.59 | 755 | |
| | 50m: 27.68 | 27.68 | 150m: 1:32.36 | 33.35 | 250m: 2:42.63 | 38.09 | 350m: 3:50.65 | 29.48 |
| | 100m: 59.01 | 31.33 | 200m: 2:04.54 | 32.18 | 300m: 3:21.17 | 38.54 | 400m: 4:18.59 | 27.94 |
| 2. | WARZOCHA Albert | | 01 | Uks Cityzen | | 4:22.62 | 721 | |
| | 50m: 27.60 | 27.60 | 150m: 1:33.22 | 33.71 | 250m: 2:43.60 | 37.21 | 350m: 3:53.00 | 31.16 |
| | 100m: 59.51 | 31.91 | 200m: 2:06.39 | 33.17 | 300m: 3:21.84 | 38.24 | 400m: 4:22.62 | 29.62 |
| 3. | GOTSZLING Dawid | | 01 | SMS Zielona Góra | | 4:31.41 | 653 | |
| | 50m: 26.98 | 26.98 | 150m: 1:33.27 | 34.49 | 250m: 2:47.21 | 39.78 | 350m: 3:59.90 | 32.30 |
| | 100m: 58.78 | 31.80 | 200m: 2:07.43 | 34.16 | 300m: 3:27.60 | 40.39 | 400m: 4:31.41 | 31.51 |
| 4. | GUZY Marcel | | 01 | DOKiS SP Vega Dobrodzie | | 4:31.86 | 650 | |
| | 50m: 29.30 | 29.30 | 150m: 1:37.59 | 35.04 | 250m: 2:48.98 | 37.17 | 350m: 3:59.80 | 33.36 |
| | 100m: 1:02.55 | 33.25 | 200m: 2:11.81 | 34.22 | 300m: 3:26.44 | 37.46 | 400m: 4:31.86 | 32.06 |
| 5. | BOBORYK Wojciech | | 02 | KS Delfin Gdynia | | 4:33.87 | 635 | |
| | 50m: 29.13 | 29.13 | 150m: 1:37.95 | 34.93 | 250m: 2:51.91 | 39.15 | 350m: 4:03.18 | 31.95 |
| | 100m: 1:03.02 | 33.89 | 200m: 2:12.76 | 34.81 | 300m: 3:31.23 | 39.32 | 400m: 4:33.87 | 30.69 |
| 6. | RAJCA Wiktor | | 02 | KS KSZO Ostrowiec w. | | 4:41.89 | 583 | |
| | 50m: 29.21 | 29.21 | 150m: 1:38.44 | 36.52 | 250m: 2:54.35 | 40.13 | 350m: 4:09.35 | 33.93 |
| | 100m: 1:01.92 | 32.71 | 200m: 2:14.22 | 35.78 | 300m: 3:35.42 | 41.07 | 400m: 4:41.89 | 32.54 |
| 7. | BOROWSKI Jakub | | 02 | St. Lok. SALOS Cortile Kielce | | 4:42.77 | 577 | |
| | 50m: 30.52 | 30.52 | 150m: 1:39.94 | 34.69 | 250m: 2:56.61 | 41.83 | 350m: 4:11.33 | 32.67 |
| | 100m: 1:05.25 | 34.73 | 200m: 2:14.78 | 34.84 | 300m: 3:38.66 | 42.05 | 400m: 4:42.77 | 31.44 |
| 8. | BORZYMEK Hubert | | 02 | Mokotowski UKP Warszawianka- Wodny | | 5:05.97 | 455 | |
| | 50m: 31.23 | 31.23 | 150m: 1:47.25 | 38.95 | 250m: 3:10.99 | 44.57 | 350m: 4:31.38 | 35.11 |
| | 100m: 1:08.30 | 37.07 | 200m: 2:26.42 | 39.17 | 300m: 3:56.27 | 45.28 | 400m: 5:05.97 | 34.59 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 26
2019-11-24 - 11:16

Kobiet, 50m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|-------|----------------------|-------|---------------------|------------|
| RP Open | 23.98 | KORC Agata | 00201 | Gorzow Wielkopolski | 2009-11-29 |
| RP 19 - 23 | 23.98 | KORC Agata | 00201 | Gorzow Wielkopolski | 2009-11-29 |
| RP 18 | 24.52 | FIEDKIEWICZ Kornelia | 00101 | Lublin | 2018-12-18 |
| RP 17 | 24.52 | FIEDKIEWICZ Kornelia | 00101 | Lublin | 2019-11-18 |
| RP 16 | 24.98 | JURCZYK Karolina | 00701 | Poznan | 2017-11-25 |
| RP 15 | 25.19 | FIEDKIEWICZ Kornelia | 00101 | Olsztyn | 2016-12-18 |
| RP 14 | 25.78 | GU Wiktoria | 01705 | Olsztyn | 2018-12-14 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|--|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 01 | MKS Juvenia Wrocław | 24.84 | 786 |
| 2. | 97 | MKS Juvenia Wrocław | 25.12 | 760 |
| 3. | 92 | MKS Juvenia Wrocław | 25.14 | 758 |
| 4. | 90 | KS Warta Pozna | 25.29 | 745 |
| 5. | 98 | AZS AWF Katowice | 25.98 | 687 |
| 6. | 05 | UKS abianka Gda sk | 26.07 | 680 |
| 7. | 00 | MKP Szczecin | 26.16 | 673 |
| 8. | 03 | UKS G-8 Bielany Warszawa | 26.27 | 665 |
| 9. | 00 | AZS AWF Katowice | 26.33 | 660 |
| 10. | 00 | UKS G-8 Bielany Warszawa | 26.38 | 656 |
| 11. | 03 | AZS AWF Warszawa | 26.39 | 655 |
| 12. | 01 | UKS G-8 Bielany Warszawa | 26.45 | 651 |
| 13. | 01 | UKS Olympic Warka | 26.47 | 650 |
| 14. | 03 | UKS G-8 Bielany Warszawa | 26.52 | 646 |
| 15. | 03 | UKP „Polonia Warszawa” | 26.81 | 625 |
| 16. | 03 | UKS G-8 Bielany Warszawa | 26.82 | 624 |
| 17. | 05 | UKS Siódemka Gdynia | 26.83 | 624 |
| 18. | 02 | MUKS "Pi tnastka" | 26.84 | 623 |
| 19. | 04 | MUKS "Pi tnastka" | 26.87 | 621 |
| 20. | 04 | MKS Juvenia Wrocław | 26.91 | 618 |
| 21. | 98 | KP Totis Viribus wiebodzin | 26.93 | 617 |
| 22. | 04 | UKP „Polonia Warszawa” | 27.09 | 606 |
| 23. | 04 | UKP „Polonia Warszawa” | 27.10 | 605 |
| | 02 | UKS G-8 Bielany Warszawa | 27.10 | 605 |
| | 01 | VSS VASBY | 27.10 | 605 |
| 26. | 02 | Grudzi dzki KP „Orka” | 27.11 | 605 |
| 27. | 03 | UKS abianka Gda sk | 27.16 | 601 |
| 28. | 02 | UKS G-8 Bielany Warszawa | 27.22 | 597 |
| 29. | 04 | UKS „ORKA” Zamo | 27.24 | 596 |
| 30. | 03 | UKS „Ósemka” Starogard Gda ski | 27.36 | 588 |
| 31. | 05 | UKS G-8 Bielany Warszawa | 27.37 | 588 |
| 32. | 03 | UKP „Polonia Warszawa” | 27.38 | 587 |
| 33. | 02 | Kaliski Klub Sportowy „Włókniarz” 1925 | 27.51 | 579 |
| | 03 | MUKS "Pi tnastka" | 27.51 | 579 |
| | 00 | St. KF KS „Fenix” O arów Mazowiecki | 27.51 | 579 |
| 36. | 98 | St. Lok. SALOS Cortile Kielce | 27.52 | 578 |
| 37. | 03 | UKP „Polonia Warszawa” | 27.55 | 576 |
| 38. | 01 | MUKS "Pi tnastka" | 27.58 | 574 |
| 39. | 02 | UKS „Dwójka” Tczew | 27.60 | 573 |
| 40. | 05 | UKS „GIM 92 Ursynów” | 27.68 | 568 |
| 41. | 04 | MUKS "Pi tnastka" | 27.69 | 567 |
| 42. | 03 | KS Warta Pozna | 27.74 | 564 |
| 43. | 04 | UKS „GIM 92 Ursynów” | 27.79 | 561 |
| 44. | 03 | KS Warta Pozna | 27.82 | 559 |
| | 04 | UKS „ORKA” Zamo | 27.82 | 559 |
| 46. | 96 | WKS I sk Wrocław | 27.83 | 559 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
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Konkurencja 26, Kobiet, 50m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------------|---------------------|---|------------------|
| 47. | MRO | EK Weronika | 04 MKP Szczecin | 27.85 558 |
| 48. | PYTLOCH | Zuzanna | 05 KP Bałtyk Kołobrzeg | 27.92 553 |
| 49. | SZCZEPA | SKA Maria | 03 KS Warta Pozna | 27.95 552 |
| 50. | POZNACHOWSKA | Nadia | 04 UKP „Polonia Warszawa” | 27.97 550 |
| 51. | JANICKA | Paula | 04 KS Warta Pozna | 28.05 546 |
| 52. | ZAR | BA-PARADOWSKA Julia | 02 UKS G-8 Bielany Warszawa | 28.07 545 |
| 53. | KRÓLIK | Adrianna | 04 MKP Szczecin | 28.08 544 |
| 54. | KIERAGA | Patrycja | 04 KS OLIMPIA Lublin | 28.13 541 |
| 55. | ANDERSSON | Ebba | 01 VSS VASBY | 28.18 538 |
| 56. | ROMANIUK | Matylda | 04 UKP „Polonia Warszawa” | 28.27 533 |
| 57. | SKALI | SKA Ewa | 05 MKS Piaseczno | 28.31 531 |
| | | ŁUCZAK Dominika | 02 SMS Zielona Góra | 28.31 531 |
| 59. | GARBARCZYK | Weronika | 03 MKP Szczecin | 28.34 529 |
| 60. | GAJDZI | SKA Amelia | 02 MUKS "Pi tnatka" | 28.35 529 |
| 61. | DOM | OL Zuzanna | 02 Kaliski Klub Sportowy „Włókniarz” 1925 | 28.40 526 |
| 62. | MAKOWSKA | Martyna | 05 MKP Szczecin | 28.45 523 |
| 63. | BJÖRKÉN | Julia | 01 VSS VASBY | 28.55 518 |
| 64. | KOPA | SKA Maja | 02 MKS Polonia Warszawa | 28.59 515 |
| 65. | PRUSIK | Kamila | 02 MKP Szczecin | 28.62 514 |
| 66. | SZCZEPA | SKA Alicja | 05 St. KP Olimpia wiecie | 28.64 513 |
| | | SOŁONIEWICZ Julia | 03 UKP „Polonia Warszawa” | 28.64 513 |
| 68. | ZORINA | Daria | 05 UKS G-8 Bielany Warszawa | 28.67 511 |
| 69. | KALKOWSKA | Julia | 05 MUKS "Pi tnatka" | 28.70 509 |
| 70. | ORUM | Melissa | 04 MUKS "Pi tnatka" | 28.71 509 |
| 71. | TURKOWSKA | Aleksandra | 03 MKP Szczecin | 28.72 508 |
| 72. | KRZYSZTOFIAK | Iga | 03 KS Warta Pozna | 28.73 508 |
| 73. | SOLAK | Anna | 00 KU AZS AGH Kraków | 28.74 507 |
| | | STUDZI SKA Nadia | 04 MUKS "Pi tnatka" | 28.74 507 |
| 75. | WECKWERT | Iga | 04 UKS abianka Gda sk | 28.89 499 |
| 76. | NOWAK | Gabriela | 05 KP Delfin Inowrocław | 28.94 497 |
| 77. | DZIK | Wiktoria | 04 KS Limanowa-swim | 28.97 495 |
| 78. | MAZUR | Zuzanna | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 29.02 493 |
| 79. | BIDNIK | Wiktoria | 04 UKS „GIM 92 Ursynów” | 29.07 490 |
| 80. | RUTWA | Wiktoria | 05 MKS Piaseczno | 29.09 489 |
| 81. | HAJDUK | Julia | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 29.13 487 |
| 82. | KLIMIUK | Zuzanna | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 29.18 485 |
| 83. | BIDNIK | Karolina | 02 UKS „GIM 92 Ursynów” | 29.28 480 |
| 84. | MAKSYMOWICZ | Nadia | 05 UKS G-8 Bielany Warszawa | 29.30 479 |
| 85. | ZAWADA | Malwina | 05 MKS Piaseczno | 29.31 478 |
| 86. | CH | CIAK Sandra | 03 UKS „GIM 92 Ursynów” | 29.34 477 |
| | | PEACOCK Louise | 01 VSS VASBY | 29.34 477 |
| 88. | KACZMAREK | Nikola | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 29.40 474 |
| 89. | HAŁADYN | Karolina | 03 UKS 190 Łód | 29.41 473 |
| 90. | TOFIL | Emilia | 05 KS Delfin Gdynia | 29.46 471 |
| 91. | BOCHE | SKA Dominika | 05 KS Posnania Pozna | 29.59 465 |
| 92. | HAŁADYN | Kamila | 04 UKS SP-149 Łód | 29.67 461 |
| 93. | OLECKA | Amelia | 05 UKS „GIM 92 Ursynów” | 29.68 461 |
| 94. | HAR | Zofia | 04 MKS Piaseczno | 29.76 457 |
| 95. | BAŁDA | Aleksandra | 05 MKS Piaseczno | 29.77 456 |
| 96. | JANKOWSKA | Zofia | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 29.81 455 |
| 97. | SVENSSON | Lovisa | 02 SS VAERMAMO | 30.00 446 |
| 98. | HODUR | Paulina | 04 MKS Polonia Warszawa | 30.02 445 |
| 99. | CHOJNOWSKA | Zuzanna | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 30.05 444 |
| 100. | WOJCIECHOWSKA | Kamila | 03 Mokotowski UKP Warszawianka- Wodny | 30.07 443 |
| 101. | WIDERAK | Sonia | 04 KS Warta Pozna | 30.08 442 |
| 102. | WORONIECKA | Emilia | 05 MUKS "Pi tnatka" | 30.14 440 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
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Konkurencja 26, Kobiet, 50m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|-------------------------|--|-------------------|
| 103. | 05 | TRZASKA Alicja | Uczniowski Klub Sportowy Delfin Legionow | 30.24 435 |
| 104. | 04 | KUCHARSKA Marta | Mokotowski UKP Warszawianka- Wodny | F30.38 429 |
| 105. | 05 | DZI GIELEWSKA Katarzyna | KS Delfin Gdynia | 30.49 425 |
| 106. | 03 | CHLEWI SKA Olimpia | MUKS "Pi tnaстка" | 30.57 422 |
| 107. | 04 | BRODEWICZ Zofia | KS Delfin Gdynia | 30.61 420 |
| 108. | 05 | KLECZEK Maria | UKS „GIM 92 Ursynów" | 30.91 408 |
| 109. | 03 | MATCZAK Natalia | AZS AWFIS Gda sk | 30.94 407 |
| 110. | 05 | LASECKA Anna | Mokotowski UKP Warszawianka- Wodny | F31.10 400 |
| 111. | 04 | SZCZEPANIAK Justyna | MKP Szczecin | 31.17 398 |
| 112. | 04 | CZERWI SKA Martyna | UKS „Dwójka" Tczew | 31.36 390 |
| 113. | 05 | PAWELEC Oliwia | UKS Siódemka Gdynia | 31.59 382 |
| 114. | 02 | LEWANDOWSKA Wiktoria | MUKS "Pi tnaстка" | 31.65 380 |
| NW | 01 | KOZANECKA Katarzyna | KS Poznania Pozna | |
| NW | 05 | JAGODA Patrycja | MKP „SŁOWIANKA" Gorzów Wlkp. | |
| NW | 04 | DRU BA Amelia | TP Skalar Słupsk | |
| NW | 99 | PIECHOTA Paulina | UKS 190 Łód | |

14 lat

| | | | | |
|-----|----|-------------------------|--|-------------------|
| 1. | 05 | CIERPIAŁOWSKA Paulina | UKS abianka Gda sk | 26.07 680 |
| 2. | 05 | JASTRZ BEK Nadia | UKS Siódemka Gdynia | 26.83 624 |
| 3. | 05 | MAKSYMOWICZ Nina | UKS G-8 Bielany Warszawa | 27.37 588 |
| 4. | 05 | STAWICKA Julia | UKS „GIM 92 Ursynów" | 27.68 568 |
| 5. | 05 | PYTLOCH Zuzanna | KP Bałtyk Kołobrzeg | 27.92 553 |
| 6. | 05 | SKALI SKA Ewa | MKS Piaseczno | 28.31 531 |
| 7. | 05 | MAKOWSKA Martyna | MKP Szczecin | 28.45 523 |
| 8. | 05 | SZCZEPA SKA Alicja | St. KP Olimpia wiecie | 28.64 513 |
| 9. | 05 | ZORINA Daria | UKS G-8 Bielany Warszawa | 28.67 511 |
| 10. | 05 | KALKOWSKA Julia | MUKS "Pi tnaстка" | 28.70 509 |
| 11. | 05 | NOWAK Gabriela | KP Delfin Inowrocław | 28.94 497 |
| 12. | 05 | MAZUR Zuzanna | MKP „SŁOWIANKA" Gorzów Wlkp. | 29.02 493 |
| 13. | 05 | RUTWA Wiktoria | MKS Piaseczno | 29.09 489 |
| 14. | 05 | HAJDUK Julia | MKP „SŁOWIANKA" Gorzów Wlkp. | 29.13 487 |
| 15. | 05 | KLIMIUK Zuzanna | MKP „SŁOWIANKA" Gorzów Wlkp. | 29.18 485 |
| 16. | 05 | MAKSYMOWICZ Nadia | UKS G-8 Bielany Warszawa | 29.30 479 |
| 17. | 05 | ZAWADA Malwina | MKS Piaseczno | 29.31 478 |
| 18. | 05 | KACZMAREK Nikola | MKP „SŁOWIANKA" Gorzów Wlkp. | 29.40 474 |
| 19. | 05 | TOFIL Emilia | KS Delfin Gdynia | 29.46 471 |
| 20. | 05 | BOCHE SKA Dominika | KS Poznania Pozna | 29.59 465 |
| 21. | 05 | OLECKA Amelia | UKS „GIM 92 Ursynów" | 29.68 461 |
| 22. | 05 | BAŁDA Aleksandra | MKS Piaseczno | 29.77 456 |
| 23. | 05 | JANKOWSKA Zofia | MKP „SŁOWIANKA" Gorzów Wlkp. | 29.81 455 |
| 24. | 05 | CHOJNOWSKA Zuzanna | MKP „SŁOWIANKA" Gorzów Wlkp. | 30.05 444 |
| 25. | 05 | WORONIECKA Emilia | MUKS "Pi tnałka" | 30.14 440 |
| 26. | 05 | TRZASKA Alicja | Uczniowski Klub Sportowy Delfin Legionow | 30.24 435 |
| 27. | 05 | DZI GIELEWSKA Katarzyna | KS Delfin Gdynia | 30.49 425 |
| 28. | 05 | KLECZEK Maria | UKS „GIM 92 Ursynów" | 30.91 408 |
| 29. | 05 | LASECKA Anna | Mokotowski UKP Warszawianka- Wodny | F31.10 400 |
| 30. | 05 | PAWELEC Oliwia | UKS Siódemka Gdynia | 31.59 382 |
| NW | 05 | JAGODA Patrycja | MKP „SŁOWIANKA" Gorzów Wlkp. | |

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Pozna , 23- - 24-11-2019

Konkurencja 26, Kobiet, 50m dowolny

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| | | | | | |
|-----|----------------------|----|------------------------------------|---------------|-----|
| 1. | RYDY SKA Marianna | 04 | MUKS "Pi tnastka" | 26.87 | 621 |
| 2. | MACIUSZEK Wiktoria | 04 | MKS Juwenia Wrocław | 26.91 | 618 |
| 3. | TARASIEWICZ Klaudia | 04 | UKP „Polonia Warszawa" | 27.09 | 606 |
| 4. | SZREDZI SKA Gabriela | 04 | UKP „Polonia Warszawa" | 27.10 | 605 |
| 5. | MALINO Julia | 04 | UKS „ORKA" Zamo | 27.24 | 596 |
| 6. | HERMANOWSKA Natalia | 04 | MUKS "Pi tnastka" | 27.69 | 567 |
| 7. | WO Weronika | 04 | UKS „GIM 92 Ursynów" | 27.79 | 561 |
| 8. | SZUPER Katarzyna | 04 | UKS „ORKA" Zamo | 27.82 | 559 |
| 9. | MRO EK Weronika | 04 | MKP Szczecin | 27.85 | 558 |
| 10. | POZNACHOWSKA Nadia | 04 | UKP „Polonia Warszawa" | 27.97 | 550 |
| 11. | JANICKA Paula | 04 | KS Warta Pozna | 28.05 | 546 |
| 12. | KRÓLIK Adrianna | 04 | MKP Szczecin | 28.08 | 544 |
| 13. | KIERAGA Patrycja | 04 | KS OLIMPIA Lublin | 28.13 | 541 |
| 14. | ROMANIUK Matylda | 04 | UKP „Polonia Warszawa" | 28.27 | 533 |
| 15. | ORUM Melissa | 04 | MUKS "Pi tnastka" | 28.71 | 509 |
| 16. | STUDZI SKA Nadia | 04 | MUKS "Pi tnastka" | 28.74 | 507 |
| 17. | WECKWERT Iga | 04 | UKS abianka Gda sk | 28.89 | 499 |
| 18. | DZIK Wiktoria | 04 | KS Limanowa-swim | 28.97 | 495 |
| 19. | BIDNIK Wiktoria | 04 | UKS „GIM 92 Ursynów" | 29.07 | 490 |
| 20. | HAŁADYN Kamila | 04 | UKS SP-149 Łód | 29.67 | 461 |
| 21. | HAR Zofia | 04 | MKS Piaseczno | 29.76 | 457 |
| 22. | HODUR Paulina | 04 | MKS Polonia Warszawa | 30.02 | 445 |
| 23. | WIDERAK Sonia | 04 | KS Warta Pozna | 30.08 | 442 |
| 24. | KUCHARSKA Marta | 04 | Mokotowski UKP Warszawianka- Wodny | F30.38 | 429 |
| 25. | BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 30.61 | 420 |
| 26. | SZCZEPANIAK Justyna | 04 | MKP Szczecin | 31.17 | 398 |
| 27. | CZERWI SKA Martyna | 04 | UKS „Dwójka" Tczew | 31.36 | 390 |
| NW | DRU BA Amelia | 04 | TP Skalar Słupsk | | |

16 lat

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| 10. DUDEK Aleksandra | 01 | MUKS "Pi tnastka" | 27.58 | 574 |
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| RP 19 - 23 | 20.81 | JURASZEK Paweł | | Kopenhaga (DEN) | 2017-12-15 |
| RP 18 | 21.77 | STOKOWSKI Kacper | 05114 | Łód | 2017-12-19 |
| RP 17 | 21.95 | HOŁUB Jan | 00601 | Ostrowiec Sw | 2013-12-19 |
| RP 16 | 22.34 | WERNER Paweł | 00101 | Gorzow Wielkopolski | 2009-11-26 |
| RP 15 | 22.79 | ORLICZ Filip | 05114 | Poznan | 2017-11-25 |
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| 88. | GORRA Mikołaj | 03 | MKP Szczecin | 25.24 | 517 |
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| 166. | SZCZEPANIAK Kacper | 04 | MKP Szczecin | 28.62 | 354 |
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| NW | BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz | | |
| NW | HEBEL Maciej | 05 | UKS abianka Gda sk | | |
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| 4. | DOKTÓR Mateusz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 25.03 | 530 |
| 5. | TKACZ Wiktor | 05 | MKS Piaseczno | 25.13 | 524 |
| 6. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | 25.54 | 499 |
| 7. | BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 25.69 | 490 |
| 8. | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | 25.73 | 488 |
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| 15. | PLAGA Dawid | 05 | TP Skalar Słupsk | 26.19 | 462 |
| 16. | BACZY SKI Jan | 05 | UKS Olympic Warka | 26.33 | 455 |
| 17. | GILEWSKI Piotr | 05 | MUKS "Pi tnastka" | 26.36 | 454 |
| 18. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Legionow | 26.46 | 448 |
| | SZYMA SKI Alan | 05 | UPKS Wodnik Rawicz | 26.46 | 448 |
| 20. | MEYER Krzysztof | 05 | KS Warta Pozna | 26.50 | 446 |
| 21. | GRUBA Szymon | 05 | MUKS "Pi tnastka" | 26.56 | 443 |
| 22. | SONAKOWSKI Bartosz | 05 | MUKS "Pi tnastka" | 26.64 | 439 |
| 23. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 26.76 | 433 |
| 24. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 27.03 | 421 |
| 25. | GIEZEK Jan | 05 | UPKS Wodnik Rawicz | 27.05 | 420 |
| 26. | OKO Maksymilian | 05 | UKS „GIM 92 Ursynów” | 27.07 | 419 |
| 27. | LOCHERT Dorian | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 27.23 | 411 |
| 28. | MARUWKA Adrian | 05 | UPKS Wodnik Rawicz | 27.34 | 406 |
| 29. | GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów” | 27.43 | 402 |
| 30. | CEMPURA Kamil | 05 | KS Posnania Pozna | 27.48 | 400 |
| 31. | KUBIAK Kuba | 05 | Dwójka Morena Gda sk | 27.51 | 399 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 27, Chłopców, 50m dowolny, 14 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-----------------------|---------|------------------------------|--------------|------|
| 32. | KEMPIAK Bartosz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 27.62 | 394 |
| 33. | MAGRYTA Mateusz | 05 | UKS Siódemka Gdynia | 28.07 | 376 |
| 34. | HŁASKO Wojciech | 05 | Dwójka Morena Gda sk | 28.51 | 358 |
| 35. | HORBACZEWSKI Grzegorz | 05 | Dwójka Morena Gda sk | 29.04 | 339 |
| 36. | RZEPKA Jakub | 05 | UKS „Dwójka" Tczew | 29.12 | 336 |
| 37. | KOZANECKI Paweł | 05 | KS Posnania Pozna | 29.50 | 323 |
| 38. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 29.95 | 309 |
| 39. | MOLGA Marcin | 05 | Dwójka Morena Gda sk | 30.06 | 306 |
| 40. | SEWIŁO Mikołaj | 05 | KS Posnania Pozna | 33.24 | 226 |
| 41. | KUNKEL Tymoteusz | 05 | Dwójka Morena Gda sk | 34.59 | 200 |
| NW | MINCZUK Łukasz | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | | |
| NW | BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz | | |
| NW | HEBEL Maciej | 05 | UKS abianka Gda sk | | |

15 lat

| | | | | | |
|-----|------------------------|----|--|--------------|-----|
| 1. | KOSI SKI Filip | 04 | Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 23.37 | 651 |
| 2. | MATUSZEWSKI Krzysztof | 04 | UKP „Polonia Warszawa" | 23.90 | 609 |
| 3. | WOGA Hubert | 04 | SMS Zielona Góra | 24.57 | 560 |
| 4. | TRAFAS Tytus | 04 | KS Warta Pozna | 24.64 | 555 |
| 5. | J DRYCH Krzysztof | 04 | KS Posnania Pozna | 24.69 | 552 |
| 6. | ZIEMBOWICZ Franciszek | 04 | UKS G-8 Bielany Warszawa | 24.86 | 541 |
| 7. | JANECZEK Stanisław | 04 | MUKS "Pi tnastka" | 25.22 | 518 |
| 8. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 25.45 | 504 |
| 9. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 25.58 | 496 |
| 10. | BIAŁEK Paweł | 04 | UKS G-8 Bielany Warszawa | 25.59 | 496 |
| 11. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 25.70 | 489 |
| 12. | ZUZANIUK Igor | 04 | KS OLIMPIA Lublin | 25.74 | 487 |
| 13. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 25.90 | 478 |
| 14. | BORYCZKA Dominik | 04 | UPKS Wodnik Rawicz | 26.13 | 466 |
| 15. | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | 26.21 | 461 |
| | BRO CZYK Hubert | 04 | MTKP Delfin Toru | 26.21 | 461 |
| 17. | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 26.22 | 461 |
| 18. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 26.30 | 457 |
| 19. | KAMI SKI Fabian | 04 | MKP Szczecin | 26.60 | 441 |
| 20. | G SIOR Tomasz | 04 | UPKS Wodnik Rawicz | 26.96 | 424 |
| 21. | DEREK Szymon | 04 | KS Warta Pozna | 27.53 | 398 |
| 22. | JANCZYLIK Aleksander | 04 | KS Delfin Gdynia | 27.62 | 394 |
| 23. | KURDELSKI Filip | 04 | Mokotowski UKP Warszawianka- Wodny F | 28.29 | 367 |
| 24. | SZCZEPANIAK Kacper | 04 | MKP Szczecin | 28.62 | 354 |
| 25. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów" | 28.86 | 345 |
| 26. | KĄLEK Bartosz | 04 | KU AZS UAM Pozna | 29.95 | 309 |

16 lat

| | | | | | |
|-----|--------------------|----|--|--------------|-----|
| 1. | SMOLI SKI Rafał | 03 | Uczniowski Klub Sportowy Delfin Legionow | 23.69 | 625 |
| 2. | URYNIUK Paweł | 03 | UKS G-8 Bielany Warszawa | 23.77 | 619 |
| 3. | BIDOWANIEC Kacper | 03 | UPKS Wodnik Rawicz | 23.85 | 612 |
| 4. | WI NIEWSKI Adam | 03 | UKS „GIM 92 Ursynów" | 23.94 | 606 |
| 5. | STEFA SKI Patryk | 03 | KS KSZO Ostrowiec w. | 23.97 | 603 |
| 6. | BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 24.27 | 581 |
| 7. | KOWALCZYK Piotr | 03 | UKP „Polonia Warszawa" | 24.34 | 576 |
| 8. | OŁ D Stanisław | 03 | UKS G-8 Bielany Warszawa | 24.70 | 551 |
| 9. | DOPIERAŁA Tytus | 03 | KS Warta Pozna | 24.73 | 549 |
| 10. | LECIEJEWSKI Karol | 03 | MKP Astromal-Leszno | 24.78 | 546 |
| 11. | G SIOROWSKI Michał | 03 | Mokotowski UKP Warszawianka- Wodny F | 25.01 | 531 |
| 12. | WLAŻŁOWSKI Kamil | 03 | UKP „Polonia Warszawa" | 25.19 | 520 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 27, Chłopców, 50m dowolny, 16 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-------------------|---------|------------------------------------|---------------|------|
| 13. | TURAŁA Adrian | 03 | MKS Neptun Stargard | 25.20 | 519 |
| 14. | GORRA Mikołaj | 03 | MKP Szczecin | 25.24 | 517 |
| | T CZA Maciej | 03 | UKP "Rekin" Konin | 25.24 | 517 |
| 16. | WOJNOWSKI Damian | 03 | MKP Szczecin | 25.36 | 509 |
| 17. | KULS Jan | 03 | KP Delfin Inowrocław | 25.50 | 501 |
| 18. | KOWALSKI Marek | 03 | SMS Zielona Góra | 25.64 | 493 |
| 19. | MAKOWSKI Dominik | 03 | KS Warta Pozna | 25.84 | 481 |
| 20. | KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | 26.16 | 464 |
| 21. | BRUS Marcel | 03 | KS OLIMPIA Lublin | 26.20 | 462 |
| 22. | SOKOŁOWSKI Fabian | 03 | UKP „Polonia Warszawa" | 26.89 | 427 |
| 23. | GU CIORA Maciej | 03 | MKP Szczecin | 27.05 | 420 |
| 24. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wodny | F27.66 | 392 |
| 25. | AJTEL Jakub | 03 | Dwójka Morena Gda sk | 27.67 | 392 |
| NW | RZ SA Jacek | 03 | UKS abianka Gda sk | | |

17 - 18 lat

| | | | | | |
|-----|----------------------|----|------------------------------------|---------------|-----|
| 1. | ORLICZ Filip | 02 | UKS G-8 Bielany Warszawa | 22.53 | 727 |
| 2. | KAROLCZAK Jan | 01 | UKS G-8 Bielany Warszawa | 23.07 | 677 |
| 3. | KA MIERCZAK Bruno | 02 | UKS GOS Raszyn | 23.30 | 657 |
| 4. | MO CICKI Jakub | 01 | UKS G-8 Bielany Warszawa | 23.31 | 656 |
| 5. | PIOTROWSKI Kacper | 01 | UKS G-8 Bielany Warszawa | 23.48 | 642 |
| 6. | BIAŁECKI Jan | 02 | Mokotowski UKP Warszawianka- Wodny | F23.56 | 635 |
| 7. | WRÓBLEWSKI Kamil | 02 | UKS G-8 Bielany Warszawa | 23.88 | 610 |
| 8. | STENSSON Erik | 02 | SS VAERMAMO | 24.05 | 597 |
| 9. | KOMOROWSKI Jan | 01 | MKS Trójka Łód | 24.16 | 589 |
| 10. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 24.20 | 586 |
| 11. | PARTYKA Damian | 01 | AZS AWFIS Gda sk | 24.24 | 583 |
| 12. | KRZYKAŁA Emil | 01 | KP AVIA widnik | 24.29 | 580 |
| 13. | MALAK Mikołaj | 01 | MKS SP 63 Bydgoszcz | 24.33 | 577 |
| 14. | KWIATEK Radosław | 02 | St. Lok. SALOS Cortile Kielce | 24.38 | 573 |
| 15. | ZIELI SKI Patryk | 02 | KS Posnania Pozna | 24.40 | 572 |
| 16. | WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 24.52 | 564 |
| 17. | URBA SKI Michał | 01 | KS Delfin Gdynia | 24.57 | 560 |
| 18. | CHOJNOWSKI Tomasz | 02 | Mokotowski UKP Warszawianka- Wodny | F24.88 | 539 |
| 19. | KUREK Jakub | 01 | MKP Szczecin | 24.89 | 539 |
| 20. | BOBORYK Wojciech | 02 | KS Delfin Gdynia | 24.95 | 535 |
| | GOTOWSKI Dominik | 02 | UKS G-8 Bielany Warszawa | 24.95 | 535 |
| 22. | KLIMAS Michał | 02 | KS KSZO Ostrowiec w. | 24.97 | 534 |
| 23. | CHYRCHAŁA Rafał | 02 | UKS „ORKA" Zamo | 24.98 | 533 |
| 24. | MELINDER Martin | 01 | VSS VASBY | 25.01 | 531 |
| 25. | DWYER Vincent John | 02 | Mokotowski UKP Warszawianka- Wodny | F25.19 | 520 |
| 26. | KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 25.24 | 517 |
| 27. | JOHNSSON Marcus | 02 | VSS VASBY | 25.35 | 510 |
| 28. | DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | 25.45 | 504 |
| 29. | JASIONOWSKI Mikołaj | 01 | SMS Zielona Góra | 25.48 | 502 |
| 30. | CZERWI SKI Łukasz | 01 | UKS G-8 Bielany Warszawa | 25.49 | 502 |
| 31. | SKÖLD Theodor | 01 | VSS VASBY | 25.64 | 493 |
| 32. | LEIFSEN Gustav | 02 | VSS VASBY | 25.70 | 489 |
| 33. | WIELGUS Kacper | 01 | KS Posnania Pozna | 25.73 | 488 |
| 34. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 25.78 | 485 |
| 35. | LINDHOLM Christopher | 02 | VSS VASBY | 25.82 | 483 |
| 36. | MICHALSKI Wojciech | 01 | MKP Szczecin | 25.85 | 481 |
| 37. | KLISZ Krystian | 02 | MKP Szczecin | 26.39 | 452 |
| 38. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów" | 26.55 | 444 |
| 39. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wodny | F26.62 | 440 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 27, Chłopców, 50m dowolny, 17 - 18 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------------|---------|--------------------------|--------------|------|
| 40. MEYER Bartosz | 02 | KP Delfin Inowrocław | 26.65 | 439 |
| 41. BARSZCZEWSKI Maksymilian | 01 | UKS G-8 Bielany Warszawa | 27.00 | 422 |
| 42. HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów” | 27.39 | 404 |
| NW BLI NIEWSKI Franciszek | 02 | MKS Trójka Łód | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 28
2019-11-24 - 11:36

Kobiet, 200m klasyczny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|------------------|-------|---------------------|------------|
| RP Open | 2:23.24 | DULIAN Katarzyna | POL | Trieste (ITA) | 2005-12-09 |
| RP 19 - 23 | 2:23.24 | DULIAN Katarzyna | | Triest (ITA) | 2005-12-09 |
| RP 18 | 2:23.24 | DULIAN Katarzyna | POL | Trieste (ITA) | 2005-12-09 |
| RP 17 | 2:24.90 | PR DECKA Iwona | | Oswiecim | 2006-01-28 |
| RP 16 | 2:25.38 | KRAWCZYK Paulina | 00104 | Szczecin | 2009-11-14 |
| RP 15 | 2:28.43 | WIKIEŁ Angelika | 01914 | Ostrowiec Sw | 2013-12-20 |
| RP 14 | 2:28.60 | OTREMBA Justyna | 00902 | Gorzow Wielkopolski | 2009-11-27 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|------------------------|---------|-------------------------|------------------------------|----------------|-----|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | | |
| 1. | 00 | HALLMANN Weronika | AZS AWF Warszawa | 2:28.80 | 739 | 33.48 | 37.91 | 38.35 | 39.06 |
| 2. | 02 | CHMIEL Liwia | UKS Trójka roda Wilkp. | 2:29.41 | 730 | 33.96 | 38.29 | 38.78 | 38.38 |
| 3. | 98 | WIKIEŁ Angelika | SP „Narew” w Ostroł ce | 2:32.39 | 688 | 34.46 | 37.97 | 39.44 | 40.52 |
| 4. | 04 | BEDNARZ Julia | UKS „ORKA” Zamo | 2:37.01 | 629 | 36.17 | 40.00 | 40.68 | 40.16 |
| 5. | 05 | KLEJNA Weronika | UKS „Jedynka” SP SOLEX | 2:37.46 | 624 | 36.41 | 40.32 | 40.93 | 39.80 |
| 6. | 03 | RUSSEK Agata | UKS G-8 Bielany Warszawa | 2:37.75 | 620 | 35.80 | 39.34 | 40.78 | 41.83 |
| 7. | 04 | MALEC Klaudia | UKS „ORKA” Zamo | 2:37.80 | 620 | 35.60 | 40.97 | 40.59 | 40.64 |
| 8. | 03 | OBĄJTEK Aleksandra | AZS AWF Warszawa | 2:38.36 | 613 | 37.50 | 40.62 | 39.68 | 40.56 |
| 9. | 05 | TŁOCZEK Wiktoria | KP Bałtyk Kołobrzeg | 2:39.19 | 604 | 36.71 | 40.50 | 40.84 | 41.14 |
| 10. | 04 | CYGAN Julia | MKS „Astoria” Bydgoszcz | 2:40.44 | 590 | 36.58 | 40.38 | 41.53 | 41.95 |
| 11. | 01 | BJÖRKÉN Julia | VSS VASBY | 2:40.70 | 587 | 36.40 | 40.46 | 41.36 | 42.48 |
| 12. | 03 | MOTYL Sara | KU AZS Politechniki Łódzkiej | 2:41.11 | 582 | 36.56 | 41.26 | 41.86 | 41.43 |
| 13. | 05 | KOWALCZYK Katarzyna | UKS SP-149 Łód | 2:42.03 | 572 | 37.10 | 40.81 | 42.39 | 41.73 |
| 14. | 05 | S DŁAK Alicja | MUKS "Pi tnastka" | 2:42.50 | 567 | 35.46 | 41.86 | 43.18 | 42.00 |
| 15. | 04 | PA KO Maja | UKS G-8 Bielany Warszawa | 2:43.64 | 556 | 36.42 | 41.79 | 43.20 | 42.23 |
| 16. | 03 | PASTUSZUK Paulina | KS OLIMPIA Lublin | 2:43.86 | 553 | 36.08 | 40.99 | 43.37 | 43.42 |
| 17. | 02 | ZIENTARSKA Karolina | UKS G-8 Bielany Warszawa | 2:43.98 | 552 | 37.13 | 41.54 | 42.72 | 42.59 |
| 18. | 05 | BAŁDA Aleksandra | MKS Piaseczno | 2:44.66 | 545 | 35.92 | 41.86 | 43.29 | 43.59 |
| 19. | 03 | MARJA SKA Agata | MKS „Astoria” Bydgoszcz | 2:45.21 | 540 | 36.31 | 41.21 | 43.62 | 44.07 |
| 20. | 05 | URBA SKA Patrycja | MKS Jedynka Łód | 2:45.93 | 533 | 37.43 | 42.21 | 43.71 | 42.58 |
| 21. | 04 | DRAGAN Julia | KS OLIMPIA Lublin | 2:46.16 | 531 | 37.10 | 42.24 | 43.61 | 43.21 |
| 22. | 98 | BEDNAREK Aleksandra | UKS SP-149 Łód | 2:46.73 | 525 | 37.95 | 42.35 | 43.22 | 43.21 |
| 23. | 04 | HAR Zofia | MKS Piaseczno | 2:47.86 | 515 | 36.87 | 42.53 | 43.94 | 44.52 |
| 24. | 02 | POPŁAWSKA Apolonia | KS Posenania Pozna | 2:48.28 | 511 | 38.36 | 43.72 | 43.25 | 42.95 |
| 25. | 04 | OSZMIA SKA Julia | MKP „SŁOWIANKA” Gorzów | 2:49.79 | 497 | 37.54 | 42.39 | 44.49 | 45.37 |
| 26. | 05 | KOŁAKOWSKA Weronika | UKS G-8 Bielany Warszawa | 2:49.81 | 497 | 38.61 | 43.33 | 43.54 | 44.33 |
| 27. | 05 | KOWALSKA Oliwia | MKP „SŁOWIANKA” Gorzów | 2:52.08 | 478 | 38.97 | 43.25 | 44.68 | 45.18 |
| 28. | 05 | BRD K Patrycja | KS Posenania Pozna | 2:52.75 | 472 | 38.27 | 44.44 | 45.99 | 44.05 |
| 29. | 05 | KOMOR Agata | MKP „SŁOWIANKA” Gorzów | 2:52.97 | 470 | 38.64 | 44.92 | 45.00 | 44.41 |
| 30. | 03 | DOPART Marcelina | AZS AWF Warszawa | 2:53.28 | 468 | 38.57 | 43.48 | 44.98 | 46.25 |
| 31. | 05 | KUCHARSKA Dominika | UKS Trójka roda Wilkp. | 2:54.11 | 461 | 38.96 | 44.92 | 45.50 | 44.73 |
| 32. | 05 | MORITZ Marcelina | MUKS "Pi tnastka" | 2:54.15 | 461 | 39.74 | 44.56 | 45.49 | 44.36 |
| 33. | 04 | BRODEWICZ Zofia | KS Delfin Gdynia | 2:54.67 | 457 | 38.88 | 44.65 | 45.66 | 45.48 |
| 34. | 05 | RONKIEWICZ Dominika | MUKS "Pi tnastka" | 2:55.50 | 450 | 38.75 | 44.13 | 46.12 | 46.50 |
| 35. | 05 | ZARZECZNA Olga | KS Posenania Pozna | 2:56.24 | 445 | 39.64 | 45.29 | 45.20 | 46.11 |
| 36. | 05 | KOPROWSKA Kinga | MKS SP 63 Bydgoszcz | 2:56.83 | 440 | 41.18 | 46.32 | 46.36 | 42.97 |
| 37. | 05 | TOFIL Emilia | KS Delfin Gdynia | 2:58.39 | 429 | 41.82 | 45.95 | 45.49 | 45.13 |
| 38. | 05 | DZI GIELEWSKA Katarzyna | KS Delfin Gdynia | 3:05.20 | 383 | 42.76 | 47.57 | 47.98 | 46.89 |
| 39. | 05 | KOWALSKA Nina | MKP „SŁOWIANKA” Gorzów | 3:06.40 | 376 | 43.40 | 47.37 | 49.36 | 46.27 |
| DYSKW. | 05 | PARADOWSKA Julia | UKS G-8 Bielany Warszawa | | | | | | |

K15 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu.

14 lat

| | | | | | | | | | |
|----|----|---------------------|------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | 05 | KLEJNA Weronika | UKS „Jedynka” SP SOLEX | 2:37.46 | 624 | 36.41 | 40.32 | 40.93 | 39.80 |
| 2. | 05 | TŁOCZEK Wiktoria | KP Bałtyk Kołobrzeg | 2:39.19 | 604 | 36.71 | 40.50 | 40.84 | 41.14 |
| 3. | 05 | KOWALCZYK Katarzyna | UKS SP-149 Łód | 2:42.03 | 572 | 37.10 | 40.81 | 42.39 | 41.73 |
| 4. | 05 | S DŁAK Alicja | MUKS "Pi tnastka" | 2:42.50 | 567 | 35.46 | 41.86 | 43.18 | 42.00 |
| 5. | 05 | BAŁDA Aleksandra | MKS Piaseczno | 2:44.66 | 545 | 35.92 | 41.86 | 43.29 | 43.59 |
| 6. | 05 | URBA SKA Patrycja | MKS Jedynka Łód | 2:45.93 | 533 | 37.43 | 42.21 | 43.71 | 42.58 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 28, Dziewcz t, 200m klasyczny, 14 lat

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|-----------------------------|---------|--------------------------|----------------|-----|-------|-------|-------|-------|
| 7. KOŁAKOWSKA Weronika | 05 | UKS G-8 Bielany Warszawa | 2:49.81 | 497 | 38.61 | 43.33 | 43.54 | 44.33 |
| 8. KOWALSKA Oliwia | 05 | MKP „SŁOWIANKA” Gorzów | 2:52.08 | 478 | 38.97 | 43.25 | 44.68 | 45.18 |
| 9. BRD K Patrycja | 05 | KS Posenania Pozna | 2:52.75 | 472 | 38.27 | 44.44 | 45.99 | 44.05 |
| 10. KOMOR Agata | 05 | MKP „SŁOWIANKA” Gorzów | 2:52.97 | 470 | 38.64 | 44.92 | 45.00 | 44.41 |
| 11. KUCHARSKA Dominika | 05 | UKS Trójka roda Wlkp. | 2:54.11 | 461 | 38.96 | 44.92 | 45.50 | 44.73 |
| 12. MORITZ Marcelina | 05 | MUKS "Pi tnastka" | 2:54.15 | 461 | 39.74 | 44.56 | 45.49 | 44.36 |
| 13. RONKIEWICZ Dominika | 05 | MUKS "Pi tnastka" | 2:55.50 | 450 | 38.75 | 44.13 | 46.12 | 46.50 |
| 14. ZARZECZNA Olga | 05 | KS Posenania Pozna | 2:56.24 | 445 | 39.64 | 45.29 | 45.20 | 46.11 |
| 15. KOPROWSKA Kinga | 05 | MKS SP 63 Bydgoszcz | 2:56.83 | 440 | 41.18 | 46.32 | 46.36 | 42.97 |
| 16. TOFIL Emilia | 05 | KS Delfin Gdynia | 2:58.39 | 429 | 41.82 | 45.95 | 45.49 | 45.13 |
| 17. DZI GIELEWSKA Katarzyna | 05 | KS Delfin Gdynia | 3:05.20 | 383 | 42.76 | 47.57 | 47.98 | 46.89 |
| 18. KOWALSKA Nina | 05 | MKP „SŁOWIANKA” Gorzów | 3:06.40 | 376 | 43.40 | 47.37 | 49.36 | 46.27 |
| DYSKW. PARADOWSKA Julia | 05 | UKS G-8 Bielany Warszawa | | | | | | |

K15 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu.

15 lat

| | | | | | | | | |
|---------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. BEDNARZ Julia | 04 | UKS „ORKA” Zamo | 2:37.01 | 629 | 36.17 | 40.00 | 40.68 | 40.16 |
| 2. MALEC Klaudia | 04 | UKS „ORKA” Zamo | 2:37.80 | 620 | 35.60 | 40.97 | 40.59 | 40.64 |
| 3. CYGAN Julia | 04 | MKS „Astoria” Bydgoszcz | 2:40.44 | 590 | 36.58 | 40.38 | 41.53 | 41.95 |
| 4. PA KO Maja | 04 | UKS G-8 Bielany Warszawa | 2:43.64 | 556 | 36.42 | 41.79 | 43.20 | 42.23 |
| 5. DRAGAN Julia | 04 | KS OLIMPIA Lublin | 2:46.16 | 531 | 37.10 | 42.24 | 43.61 | 43.21 |
| 6. HAR Zofia | 04 | MKS Piaseczno | 2:47.86 | 515 | 36.87 | 42.53 | 43.94 | 44.52 |
| 7. OSZMIA SKA Julia | 04 | MKP „SŁOWIANKA” Gorzów | 2:49.79 | 497 | 37.54 | 42.39 | 44.49 | 45.37 |
| 8. BRODEWICZ Zofia | 04 | KS Delfin Gdynia | 2:54.67 | 457 | 38.88 | 44.65 | 45.66 | 45.48 |

16 lat

| | | | | | | | | |
|-----------------------|----|------------------------------|----------------|-----|-------|-------|-------|-------|
| 1. RUSSEK Agata | 03 | UKS G-8 Bielany Warszawa | 2:37.75 | 620 | 35.80 | 39.34 | 40.78 | 41.83 |
| 2. OBAJTEK Aleksandra | 03 | AZS AWF Warszawa | 2:38.36 | 613 | 37.50 | 40.62 | 39.68 | 40.56 |
| 3. MOTYL Sara | 03 | KU AZS Politechniki Łódzkiej | 2:41.11 | 582 | 36.56 | 41.26 | 41.86 | 41.43 |
| 4. PASTUSZUK Paulina | 03 | KS OLIMPIA Lublin | 2:43.86 | 553 | 36.08 | 40.99 | 43.37 | 43.42 |
| 5. MARJA SKA Agata | 03 | MKS „Astoria” Bydgoszcz | 2:45.21 | 540 | 36.31 | 41.21 | 43.62 | 44.07 |
| 6. DOPART Marcelina | 03 | AZS AWF Warszawa | 2:53.28 | 468 | 38.57 | 43.48 | 44.98 | 46.25 |

17 - 18 lat

| | | | | | | | | |
|------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. CHMIEL Liwia | 02 | UKS Trójka roda Wlkp. | 2:29.41 | 730 | 33.96 | 38.29 | 38.78 | 38.38 |
| 2. BJÖRKÉN Julia | 01 | VSS VASBY | 2:40.70 | 587 | 36.40 | 40.46 | 41.36 | 42.48 |
| 3. ZIENTARSKA Karolina | 02 | UKS G-8 Bielany Warszawa | 2:43.98 | 552 | 37.13 | 41.54 | 42.72 | 42.59 |
| 4. POPŁAWSKA Apolonia | 02 | KS Posenania Pozna | 2:48.28 | 511 | 38.36 | 43.72 | 43.25 | 42.95 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 29
2019-11-24 - 11:36

M czynn, 200m klasyczny

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|--------------------|-------|----------------|------------|
| RP Open | 2:06.25 | ROGUSKI Bartłomiej | 00114 | Łód | 2017-12-22 |
| RP 19 - 23 | 2:06.61 | KUCZKO Sławomir | 00114 | Helsinki (FIN) | 2006-12-10 |
| RP 18 | 2:06.61 | KUSTO Rafał | 02101 | Gorzow Wlkp | 2017-03-11 |
| RP 17 | 2:07.92 | KUSTO Rafał | 02101 | Olsztyn | 2016-12-18 |
| RP 16 | 2:11.75 | SIEMI SKI Piotr | 02314 | Gliwice | 2016-03-12 |
| RP 15 | 2:12.63 | SIEMI SKI Piotr | 02314 | Poznan | 2015-11-21 |
| RP 14 | 2:18.77 | KALUSOWSKI Jan | 00905 | Olsztyn | 2014-03-08 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m |
|------------------------|---------|-----------------------|---------|------|-------|-------|-------|-------|
| 14 lat i starsi | | | | | | | | |
| 1. | 93 | ROGUSKI Bartłomiej | 2:11.95 | 755 | 30.95 | 33.86 | 33.61 | 33.53 |
| 2. | 00 | KŁOSI SKI Alan | 2:14.75 | 709 | 30.62 | 35.41 | 34.40 | 34.32 |
| 3. | 00 | R BACZ Maciej | 2:15.65 | 695 | 30.92 | 34.37 | 34.49 | 35.87 |
| 4. | 00 | PIOTROWICZ Kamil | 2:16.81 | 677 | 30.70 | 35.11 | 35.70 | 35.30 |
| 5. | 96 | KAMINIARZ Jakub | 2:16.86 | 676 | 31.42 | 34.91 | 35.04 | 35.49 |
| 6. | 93 | SUZIN Marcin | 2:17.96 | 660 | 31.94 | 35.69 | 35.43 | 34.90 |
| 7. | 04 | CICHOCKI Oliwier | 2:18.66 | 650 | 31.75 | 35.22 | 36.04 | 35.65 |
| 8. | 02 | KLIMAS Michał | 2:20.55 | 624 | 31.29 | 35.66 | 36.46 | 37.14 |
| 9. | 04 | TARASEWICZ Marcel | 2:20.81 | 621 | 32.18 | 36.27 | 36.12 | 36.24 |
| 10. | 01 | WIECI SKI Andrzej | 2:20.93 | 619 | 31.44 | 36.05 | 36.14 | 37.30 |
| 11. | 99 | BACHLAJ Dorian | 2:22.26 | 602 | 32.23 | 36.47 | 36.33 | 37.23 |
| 12. | 02 | TOMCZAK Tymoteusz | 2:22.69 | 597 | 31.89 | 37.57 | 36.54 | 36.69 |
| 13. | 97 | B CZKOWSKI Bartosz | 2:22.78 | 596 | 31.78 | 36.07 | 36.88 | 38.05 |
| 14. | 04 | KONARSKI Maciej | 2:23.12 | 591 | 32.11 | 36.51 | 37.57 | 36.93 |
| 15. | 04 | WARZOCHA Gustaw | 2:23.30 | 589 | 32.36 | 36.60 | 36.99 | 37.35 |
| 16. | 01 | GUZY Marcel | 2:23.31 | 589 | 32.90 | 36.44 | 36.93 | 37.04 |
| 17. | 00 | BEBEROK Filip | 2:25.16 | 567 | 32.28 | 37.00 | 37.75 | 38.13 |
| 18. | 04 | KRACZKOWSKI Tomasz | 2:25.25 | 566 | 32.04 | 37.11 | 38.32 | 37.78 |
| 19. | 03 | OLEJNIK Adam | 2:25.34 | 565 | 33.24 | 37.07 | 37.67 | 37.36 |
| 20. | 05 | SZYMA SKI Igor | 2:25.68 | 561 | 32.85 | 36.59 | 37.70 | 38.54 |
| 21. | 03 | PRZYSTAŁ Adam | 2:26.01 | 557 | 32.75 | 36.89 | 37.95 | 38.42 |
| 22. | 03 | FILIPIAK Grzegorz | 2:26.32 | 553 | 33.27 | 37.44 | 37.68 | 37.93 |
| 23. | 02 | GREGORCZYK Jan | 2:26.63 | 550 | 32.88 | 36.79 | 38.00 | 38.96 |
| 24. | 02 | LERNA William | 2:29.40 | 520 | 32.87 | 37.81 | 39.25 | 39.47 |
| 25. | 02 | LINDWALL Algot | 2:30.57 | 508 | 33.00 | 38.16 | 39.55 | 39.86 |
| 26. | 01 | KRASZEWSKI Daniel | 2:30.66 | 507 | 33.72 | 38.63 | 39.71 | 38.60 |
| 27. | 03 | ANTCZAK Bartosz | 2:31.35 | 500 | 34.62 | 38.58 | 39.58 | 38.57 |
| 28. | 03 | MACIOSZEK Maksymilian | 2:31.39 | 500 | 34.03 | 38.25 | 39.52 | 39.59 |
| 29. | 01 | GREBER Artur | 2:31.51 | 498 | 32.76 | 37.27 | 39.66 | 41.82 |
| 30. | 04 | WIERCI SKI Kacper | 2:35.34 | 462 | 34.55 | 39.25 | 40.39 | 41.15 |
| 31. | 04 | SZCZEPANIAK Kacper | 2:37.73 | 442 | 36.32 | 40.37 | 40.80 | 40.24 |
| 32. | 04 | MAJKOWSKI Aleksander | 2:39.65 | 426 | 35.55 | 40.59 | 42.85 | 40.66 |
| 33. | 03 | SZUKAŁA Krzysztof | 2:40.53 | 419 | 34.89 | 40.90 | 42.74 | 42.00 |
| 34. | 04 | JANCZYLIK Aleksander | 2:41.75 | 409 | 36.02 | 41.03 | 42.61 | 42.09 |
| 35. | 04 | PUPKA Filip | 2:42.30 | 405 | 36.10 | 40.83 | 42.62 | 42.75 |
| 36. | 02 | HORBATY Klaudiusz | 2:44.45 | 390 | 36.49 | 41.76 | 43.29 | 42.91 |
| 37. | 05 | BIELEWICZ Jan | 2:47.47 | 369 | 36.47 | 41.86 | 44.10 | 45.04 |
| 38. | 05 | MAJAK Mateusz | 2:54.49 | 326 | 38.71 | 44.08 | 46.16 | 45.54 |
| 39. | 05 | HORBACZEWSKI Grzegorz | 3:05.46 | 271 | 42.25 | 47.17 | 48.74 | 47.30 |
| 40. | 05 | KUNKEL Tymoteusz | 3:32.78 | 180 | 46.82 | 53.40 | 55.95 | 56.61 |
| DYSKW. | 99 | SOLAK Łukasz | | | | | | |

K14 - Pływak wykonał kopnięcie nog w płaszczyźnie pionowej w dół (z wyjściem jednym ruchem po starcie i nawrocie).

DYSKW. KALUSOWSKI Jan 00 MKS Trójka Łód
K16 - Pływak dotknął ciany nierównocześnie dwiema dłońmi przy nawrocie lub na zakończenie wyścigu.

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 29, M czynn, 200m klasyczny

14 lat

| | | | | | | | | |
|--------------------------|----|----------------------|----------------|-----|-------|-------|-------|-------|
| 1. SZYMA SKI Igor | 05 | MUKS "Pi tnastrka" | 2:25.68 | 561 | 32.85 | 36.59 | 37.70 | 38.54 |
| 2. BIELEWICZ Jan | 05 | KS Warta Pozna | 2:47.47 | 369 | 36.47 | 41.86 | 44.10 | 45.04 |
| 3. MAJAK Mateusz | 05 | Uks Cityzen | 2:54.49 | 326 | 38.71 | 44.08 | 46.16 | 45.54 |
| 4. HORBACZEWSKI Grzegorz | 05 | Dwójka Morena Gda sk | 3:05.46 | 271 | 42.25 | 47.17 | 48.74 | 47.30 |
| 5. KUNKEL Tymoteusz | 05 | Dwójka Morena Gda sk | 3:32.78 | 180 | 46.82 | 53.40 | 55.95 | 56.61 |

15 lat

| | | | | | | | | |
|-------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. CICHOCKI Oliwier | 04 | KS Warta Pozna | 2:18.66 | 650 | 31.75 | 35.22 | 36.04 | 35.65 |
| 2. TARASEWICZ Marcel | 04 | UKS G-8 Bielany Warszawa | 2:20.81 | 621 | 32.18 | 36.27 | 36.12 | 36.24 |
| 3. KONARSKI Maciej | 04 | UKS „GIM 92 Ursynów" | 2:23.12 | 591 | 32.11 | 36.51 | 37.57 | 36.93 |
| 4. WARZOCHA Gustaw | 04 | Uks Cityzen | 2:23.30 | 589 | 32.36 | 36.60 | 36.99 | 37.35 |
| 5. KRACZKOWSKI Tomasz | 04 | UKS G-8 Bielany Warszawa | 2:25.25 | 566 | 32.04 | 37.11 | 38.32 | 37.78 |
| 6. WIERCI SKI Kacper | 04 | UKS „Dwójka" Tczew | 2:35.34 | 462 | 34.55 | 39.25 | 40.39 | 41.15 |
| 7. SZCZEPANIAK Kacper | 04 | MKP Szczecin | 2:37.73 | 442 | 36.32 | 40.37 | 40.80 | 40.24 |
| 8. MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawi | 2:39.65 | 426 | 35.55 | 40.59 | 42.85 | 40.66 |
| 9. JANCZYLIK Aleksander | 04 | KS Delfin Gdynia | 2:41.75 | 409 | 36.02 | 41.03 | 42.61 | 42.09 |
| 10. PUPKA Filip | 04 | Uks Cityzen | 2:42.30 | 405 | 36.10 | 40.83 | 42.62 | 42.75 |

16 lat

| | | | | | | | | |
|--------------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. OLEJNIK Adam | 03 | TP Skalar Słupsk | 2:25.34 | 565 | 33.24 | 37.07 | 37.67 | 37.36 |
| 2. PRZYSTAŁ Adam | 03 | UKS G-8 Bielany Warszawa | 2:26.01 | 557 | 32.75 | 36.89 | 37.95 | 38.42 |
| 3. FILIPIAK Grzegorz | 03 | MKP Astromal-Leszno | 2:26.32 | 553 | 33.27 | 37.44 | 37.68 | 37.93 |
| 4. ANTCZAK Bartosz | 03 | UKP „Polonia Warszawa" | 2:31.35 | 500 | 34.62 | 38.58 | 39.58 | 38.57 |
| 5. MACIOSZEK Maksymilian | 03 | UKP „Polonia Warszawa" | 2:31.39 | 500 | 34.03 | 38.25 | 39.52 | 39.59 |
| 6. SZUKAŁA Krzysztof | 03 | KS Warta Pozna | 2:40.53 | 419 | 34.89 | 40.90 | 42.74 | 42.00 |

17 - 18 lat

| | | | | | | | | |
|-----------------------|----|--------------------------|----------------|-----|-------|-------|-------|-------|
| 1. KLIMAS Michał | 02 | KS KSZO Ostrowiec w. | 2:20.55 | 624 | 31.29 | 35.66 | 36.46 | 37.14 |
| 2. WIECI SKI Andrzej | 01 | MTKP Delfin Toru | 2:20.93 | 619 | 31.44 | 36.05 | 36.14 | 37.30 |
| 3. TOMCZAK Tymoteusz | 02 | KS Posnania Pozna | 2:22.69 | 597 | 31.89 | 37.57 | 36.54 | 36.69 |
| 4. GUZY Marcel | 01 | DOKiS SP Vega Dobrodzie | 2:23.31 | 589 | 32.90 | 36.44 | 36.93 | 37.04 |
| 5. GREGORCZYK Jan | 02 | UKS G-8 Bielany Warszawa | 2:26.63 | 550 | 32.88 | 36.79 | 38.00 | 38.96 |
| 6. LERNA William | 02 | VSS VASBY | 2:29.40 | 520 | 32.87 | 37.81 | 39.25 | 39.47 |
| 7. LINDWALL Algot | 02 | SS TYRESO | 2:30.57 | 508 | 33.00 | 38.16 | 39.55 | 39.86 |
| 8. KRASZEWSKI Daniel | 01 | MKS Polonia Warszawa | 2:30.66 | 507 | 33.72 | 38.63 | 39.71 | 38.60 |
| 9. GREBER Artur | 01 | UKS G-8 Bielany Warszawa | 2:31.51 | 498 | 32.76 | 37.27 | 39.66 | 41.82 |
| 10. HORBATY Klaudiusz | 02 | UKS „GIM 92 Ursynów" | 2:44.45 | 390 | 36.49 | 41.76 | 43.29 | 42.91 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 30
2019-11-24 - 11:36

Kobiet, 100m motylkowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|---------|-----------------------|-------|----------------|------------|
| RP Open | 57.54 | JEDRZEJCZAK Otylia | 00114 | Debrecen (HUN) | 2007-12-15 |
| RP 19 - 23 | 58.16 | NOGAJ Paulina | 03014 | Lublin | 2018-12-18 |
| RP 18 | 58.69 | J DRZEJCZAK Otylia | | Łód | 2000-12-01 |
| RP 17 | 58.69 | JEDRZEJCZAK Otylia | POL | Lodz | 2000-12-01 |
| RP 16 | 58.85 | URBANCYK Aleksandra | POL | Leszno | 2003-11-28 |
| RP 15 | 1:00.07 | SOKOŁOWSKA Diana | 00309 | Poznan | 2011-12-17 |
| RP 14 | 1:00.54 | CIERPIAŁOWSKA Paulina | 02510 | Pozna | 2019-11-24 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|--------------------------------------|----------------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 93 | NAZI BŁO Klaudia | 57.90 | 839 | 27.07 | 30.83 |
| 2. | 90 | DOWGIERT Anna | 59.42 | 776 | 27.63 | 31.79 |
| 3. | 01 | FIEDKIEWICZ Kornelia | 1:00.04 | 752 | 27.53 | 32.51 |
| 4. | 05 | CIERPIAŁOWSKA Paulina | 1:00.54 | 733 | 27.98 | 32.56 |
| | | <i>Czas lepszy od Rekordu Polski</i> | | | | |
| 5. | 01 | WO NIAK Zofia | 1:02.15 | 678 | 29.02 | 33.13 |
| 6. | 01 | PARADOWSKA Kinga | 1:02.21 | 676 | 29.24 | 32.97 |
| 7. | 03 | HERBREDER Gabriela | 1:02.39 | 670 | 29.36 | 33.03 |
| 8. | 01 | CIEPLAK Aleksandra | 1:02.48 | 667 | 29.06 | 33.42 |
| 9. | 03 | ZIELI SKA Daria | 1:02.62 | 663 | 29.43 | 33.19 |
| 10. | 00 | SOLAK Anna | 1:02.73 | 659 | 29.19 | 33.54 |
| 11. | 99 | NIEMCZAK Zofia | 1:02.74 | 659 | 28.97 | 33.77 |
| 12. | 98 | GONTA Oliwia | 1:02.77 | 658 | 29.63 | 33.14 |
| 13. | 02 | TRAMBOWICZ Zuzanna | 1:02.90 | 654 | 29.00 | 33.90 |
| 14. | 03 | FR CKIEWICZ Martyna | 1:02.92 | 653 | 29.75 | 33.17 |
| 15. | 96 | CIE LAK Joanna | 1:03.25 | 643 | 29.74 | 33.51 |
| 16. | 03 | JABŁO SKA Martyna | 1:03.40 | 639 | 29.20 | 34.20 |
| 17. | 03 | CELMER Wiktoria | 1:03.77 | 628 | 30.18 | 33.59 |
| 18. | 03 | GRADEK Aleksandra | 1:03.79 | 627 | 30.10 | 33.69 |
| 19. | 03 | URBAN Karolina | 1:03.95 | 622 | 29.57 | 34.38 |
| 20. | 02 | ZAWADZKA Hanna | 1:04.19 | 615 | 30.00 | 34.19 |
| 21. | 03 | PIOTROWSKA Wiktoria | 1:04.21 | 615 | 29.22 | 34.99 |
| 22. | 04 | TARASIEWICZ Klaudia | 1:04.70 | 601 | 29.84 | 34.86 |
| 23. | 04 | POZNACHOWSKA Nadia | 1:04.87 | 596 | 29.90 | 34.97 |
| 24. | 03 | WRÓBEL Julia | 1:05.32 | 584 | 30.29 | 35.03 |
| 25. | 04 | SMEKTAŁA Oliwia | 1:05.41 | 581 | 30.88 | 34.53 |
| 26. | 01 | ANDERSSON Tova | 1:05.49 | 579 | 30.57 | 34.92 |
| 27. | 02 | KUCHTA Maria | 1:05.57 | 577 | 30.15 | 35.42 |
| 28. | 03 | SZYSZKO Karolina | 1:05.76 | 572 | 30.07 | 35.69 |
| 29. | 03 | MO D AN Milena | 1:05.96 | 567 | 30.59 | 35.37 |
| 30. | 02 | HAŁAWCZAK Marcelina | 1:06.14 | 562 | 31.18 | 34.96 |
| 31. | 04 | KACZOROWSKA Alicja | 1:06.22 | 560 | 30.68 | 35.54 |
| 32. | 04 | GWAJ Julia | 1:06.30 | 558 | 31.34 | 34.96 |
| 33. | 04 | RACZY SKA Wiktoria | 1:07.03 | 540 | 31.08 | 35.95 |
| 34. | 99 | RUTKOWSKA Wiktoria | 1:07.18 | 537 | 31.42 | 35.76 |
| 35. | 99 | TOMASZEWSKA Aleksandra | 1:07.28 | 534 | 31.41 | 35.87 |
| 36. | 04 | SOKOŁOWSKA Dominika | 1:07.29 | 534 | 31.43 | 35.86 |
| 37. | 05 | CIESIELSKA Inga | 1:07.35 | 533 | 30.48 | 36.87 |
| 38. | 05 | WARCHAŁOWSKA Paulina | 1:07.38 | 532 | 31.52 | 35.86 |
| 39. | 00 | BIELEWICZ Joanna | 1:07.44 | 530 | 30.95 | 36.49 |
| 40. | 03 | KOZI SKA Anna | 1:07.58 | 527 | 31.39 | 36.19 |
| 41. | 00 | EKLUND Cornelia | 1:07.93 | 519 | 31.18 | 36.75 |
| 42. | 98 | ROGOWSKA Paulina | 1:08.02 | 517 | 31.61 | 36.41 |
| 43. | 04 | WO Weronika | 1:08.29 | 511 | 30.65 | 37.64 |
| 44. | 02 | BYLI SKA Agnieszka | 1:08.43 | 508 | 31.43 | 37.00 |
| 45. | 04 | SIOMA Zuzanna | 1:08.50 | 506 | 31.57 | 36.93 |
| 46. | 04 | ORUM Melissa | 1:08.69 | 502 | 32.11 | 36.58 |
| 47. | 05 | SKALI SKA Ewa | 1:09.61 | 482 | 31.20 | 38.41 |
| 48. | 04 | SZUPER Katarzyna | 1:09.80 | 478 | 31.68 | 38.12 |
| 49. | 97 | JABŁO SKA Oliwia | 1:09.89 | 477 | 33.11 | 36.78 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 30, Kobiet, 100m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | |
|---------|---------------------|--------------------------------------|----------------|-----|-------|-------|
| 50. | WRZOSEK Iga | 00 St. KF KS „Fenix” O arów Mazowiec | 1:09.90 | 476 | 31.03 | 38.87 |
| 51. | PYTLOCH Zuzanna | 05 KP Bałtyk Kołobrzeg | 1:10.15 | 471 | 32.53 | 37.62 |
| 52. | GAJCY Natalia | 05 UKP „Polonia Warszawa” | 1:10.26 | 469 | 32.36 | 37.90 |
| 53. | GRABOWSKA Gabriela | 04 UKP „Polonia Warszawa” | 1:10.31 | 468 | 32.27 | 38.04 |
| 54. | URBA SKA Patrycja | 05 MKS Jedyńka Łód | 1:10.70 | 460 | 32.60 | 38.10 |
| | CZERWI SKA Martyna | 04 UKS „Dwójka” Tczew | 1:10.70 | 460 | 33.04 | 37.66 |
| 56. | OLECKA Amelia | 05 UKS „GIM 92 Ursynów” | 1:11.04 | 454 | 33.11 | 37.93 |
| 57. | BIDNIK Karolina | 02 UKS „GIM 92 Ursynów” | 1:11.30 | 449 | 32.79 | 38.51 |
| 58. | NOWAK Gabriela | 05 KP Delfin Inowrocław | 1:11.36 | 448 | 32.39 | 38.97 |
| 59. | KRÓLIK Adrianna | 04 MKP Szczecin | 1:11.46 | 446 | 31.54 | 39.92 |
| 60. | WRÓBLEWSKA Klaudia | 04 UKP „Polonia Warszawa” | 1:11.55 | 444 | 34.55 | 37.00 |
| 61. | ZORINA Daria | 05 UKS G-8 Bielany Warszawa | 1:11.59 | 443 | 32.06 | 39.53 |
| 62. | ANDERSSON Ebba | 01 VSS VASBY | 1:11.83 | 439 | 32.79 | 39.04 |
| 63. | SOŁONIEWICZ Julia | 03 UKP „Polonia Warszawa” | 1:12.17 | 433 | 33.82 | 38.35 |
| 64. | KIERAGA Patrycja | 04 KS OLIMPIA Lublin | 1:12.25 | 431 | 32.57 | 39.68 |
| 65. | CH CIAK Sandra | 03 UKS „GIM 92 Ursynów” | 1:12.30 | 430 | 33.97 | 38.33 |
| 66. | SŁOMI SKA Anna | 05 AZS AWF Warszawa | 1:12.47 | 427 | 33.55 | 38.92 |
| 67. | HAŁADYN Kamila | 04 UKS SP-149 Łód | 1:13.45 | 410 | 33.88 | 39.57 |
| 68. | GIZA Olga | 04 UKS abianka Gda sk | 1:13.56 | 409 | 34.20 | 39.36 |
| 69. | JAGODZI SKA Zuzanna | 04 MKS Neptun Stargard | 1:15.37 | 380 | 34.25 | 41.12 |
| 70. | JANKOWSKA Zofia | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:15.64 | 376 | 34.74 | 40.90 |
| NW | PEDA Paulina | 98 AZS AWF Katowice | | | | |

14 lat

| | | | | | | |
|-----|--------------------------------------|---------------------------------|----------------|-----|-------|-------|
| 1. | CIERPIAŁOWSKA Paulina | 05 UKS abianka Gda sk | 1:00.54 | 733 | 27.98 | 32.56 |
| | <i>Czas lepszy od Rekordu Polski</i> | | | | | |
| 2. | CIESIELSKA Inga | 05 MUKS "Pi tnaśka" | 1:07.35 | 533 | 30.48 | 36.87 |
| 3. | WARCHAŁOWSKA Paulina | 05 KS OLIMPIA Lublin | 1:07.38 | 532 | 31.52 | 35.86 |
| 4. | SKALI SKA Ewa | 05 MKS Piaseczno | 1:09.61 | 482 | 31.20 | 38.41 |
| 5. | PYTLOCH Zuzanna | 05 KP Bałtyk Kołobrzeg | 1:10.15 | 471 | 32.53 | 37.62 |
| 6. | GAJCY Natalia | 05 UKP „Polonia Warszawa” | 1:10.26 | 469 | 32.36 | 37.90 |
| 7. | URBA SKA Patrycja | 05 MKS Jedyńka Łód | 1:10.70 | 460 | 32.60 | 38.10 |
| 8. | OLECKA Amelia | 05 UKS „GIM 92 Ursynów” | 1:11.04 | 454 | 33.11 | 37.93 |
| 9. | NOWAK Gabriela | 05 KP Delfin Inowrocław | 1:11.36 | 448 | 32.39 | 38.97 |
| 10. | ZORINA Daria | 05 UKS G-8 Bielany Warszawa | 1:11.59 | 443 | 32.06 | 39.53 |
| 11. | SŁOMI SKA Anna | 05 AZS AWF Warszawa | 1:12.47 | 427 | 33.55 | 38.92 |
| 12. | JANKOWSKA Zofia | 05 MKP „SŁOWIANKA” Gorzów Wlkp. | 1:15.64 | 376 | 34.74 | 40.90 |

15 lat

| | | | | | | |
|-----|---------------------|---------------------------------------|----------------|-----|-------|-------|
| 1. | TARASIEWICZ Klaudia | 04 UKP „Polonia Warszawa” | 1:04.70 | 601 | 29.84 | 34.86 |
| 2. | POZNACHOWSKA Nadia | 04 UKP „Polonia Warszawa” | 1:04.87 | 596 | 29.90 | 34.97 |
| 3. | SMEKTAŁA Oliwia | 04 MKP Astromal-Lesno | 1:05.41 | 581 | 30.88 | 34.53 |
| 4. | KACZOROWSKA Alicja | 04 UKS G-8 Bielany Warszawa | 1:06.22 | 560 | 30.68 | 35.54 |
| 5. | GWAJ Julia | 04 Mi dzyszkolny UKS „Olimpijczyk” St | 1:06.30 | 558 | 31.34 | 34.96 |
| 6. | RACZY SKA Wiktoria | 04 AZS Łód | 1:07.03 | 540 | 31.08 | 35.95 |
| 7. | SOKOŁOWSKA Dominika | 04 KS Neptun widnica | 1:07.29 | 534 | 31.43 | 35.86 |
| 8. | WO Weronika | 04 UKS „GIM 92 Ursynów” | 1:08.29 | 511 | 30.65 | 37.64 |
| 9. | SIOMA Zuzanna | 04 UKS „ORKA” Zamo | 1:08.50 | 506 | 31.57 | 36.93 |
| 10. | ORUM Melissa | 04 MUKS "Pi tnaśka" | 1:08.69 | 502 | 32.11 | 36.58 |
| 11. | SZUPER Katarzyna | 04 UKS „ORKA” Zamo | 1:09.80 | 478 | 31.68 | 38.12 |
| 12. | GRABOWSKA Gabriela | 04 UKP „Polonia Warszawa” | 1:10.31 | 468 | 32.27 | 38.04 |
| 13. | CZERWI SKA Martyna | 04 UKS „Dwójka” Tczew | 1:10.70 | 460 | 33.04 | 37.66 |
| 14. | KRÓLIK Adrianna | 04 MKP Szczecin | 1:11.46 | 446 | 31.54 | 39.92 |
| 15. | WRÓBLEWSKA Klaudia | 04 UKP „Polonia Warszawa” | 1:11.55 | 444 | 34.55 | 37.00 |
| 16. | KIERAGA Patrycja | 04 KS OLIMPIA Lublin | 1:12.25 | 431 | 32.57 | 39.68 |
| 17. | HAŁADYN Kamila | 04 UKS SP-149 Łód | 1:13.45 | 410 | 33.88 | 39.57 |
| 18. | GIZA Olga | 04 UKS abianka Gda sk | 1:13.56 | 409 | 34.20 | 39.36 |
| 19. | JAGODZI SKA Zuzanna | 04 MKS Neptun Stargard | 1:15.37 | 380 | 34.25 | 41.12 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Poznań, 23- - 24-11-2019

Konkurencja 30, Kobiet, 100m motylkowy

16 lat

| | | | | | | | |
|-----|---------------------|----|--------------------------------|----------------|-----|-------|-------|
| 1. | HERBREDER Gabriela | 03 | UKS „GIM 92 Ursynów” | 1:02.39 | 670 | 29.36 | 33.03 |
| 2. | ZIELIŃSKA Daria | 03 | UKP „Polonia Warszawa” | 1:02.62 | 663 | 29.43 | 33.19 |
| 3. | FRYCKIEWICZ Martyna | 03 | SMS Zielona Góra | 1:02.92 | 653 | 29.75 | 33.17 |
| 4. | JABŁOŃSKA Martyna | 03 | UKS G-8 Bielany Warszawa | 1:03.40 | 639 | 29.20 | 34.20 |
| 5. | CELMER Wiktoria | 03 | KS Warta Poznań | 1:03.77 | 628 | 30.18 | 33.59 |
| 6. | GRADEK Aleksandra | 03 | UKP „Polonia Warszawa” | 1:03.79 | 627 | 30.10 | 33.69 |
| 7. | URBAN Karolina | 03 | UKS „Ósemka” Starogard Gdański | 1:03.95 | 622 | 29.57 | 34.38 |
| 8. | PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 1:04.21 | 615 | 29.22 | 34.99 |
| 9. | WRÓBEL Julia | 03 | UKP „Polonia Warszawa” | 1:05.32 | 584 | 30.29 | 35.03 |
| 10. | SZYSZKO Karolina | 03 | UKP „Polonia Warszawa” | 1:05.76 | 572 | 30.07 | 35.69 |
| 11. | MOJŻYLIŃSKA Milena | 03 | MKP Szczecin | 1:05.96 | 567 | 30.59 | 35.37 |
| 12. | KOZIŃSKA Anna | 03 | UKS „GIM 92 Ursynów” | 1:07.58 | 527 | 31.39 | 36.19 |
| 13. | SOŁONIEWICZ Julia | 03 | UKP „Polonia Warszawa” | 1:12.17 | 433 | 33.82 | 38.35 |
| 14. | CHYLIŃSKA Sandra | 03 | UKS „GIM 92 Ursynów” | 1:12.30 | 430 | 33.97 | 38.33 |

17 - 18 lat

| | | | | | | | |
|-----|----------------------|----|--------------------------|----------------|-----|-------|-------|
| 1. | FIEDKIEWICZ Kornelia | 01 | MKS Juwenia Wrocław | 1:00.04 | 752 | 27.53 | 32.51 |
| 2. | WOJCIK Zofia | 01 | UKS G-8 Bielany Warszawa | 1:02.15 | 678 | 29.02 | 33.13 |
| 3. | PARADOWSKA Kinga | 01 | MUKS "Piłkarska" | 1:02.21 | 676 | 29.24 | 32.97 |
| 4. | CIEPLAK Aleksandra | 01 | UKS Olympic Warka | 1:02.48 | 667 | 29.06 | 33.42 |
| 5. | TRAMBOWICZ Zuzanna | 02 | AZS AWF Warszawa | 1:02.90 | 654 | 29.00 | 33.90 |
| 6. | ZAWADZKA Hanna | 02 | UKS G-8 Bielany Warszawa | 1:04.19 | 615 | 30.00 | 34.19 |
| 7. | ANDERSSON Tova | 01 | VSS VASBY | 1:05.49 | 579 | 30.57 | 34.92 |
| 8. | KUCHTA Maria | 02 | UKS „Dwójka” Tczew | 1:05.57 | 577 | 30.15 | 35.42 |
| 9. | HAŁAWCZAK Marcelina | 02 | MKP Szczecin | 1:06.14 | 562 | 31.18 | 34.96 |
| 10. | BYLIŃSKA Agnieszka | 02 | UKS abianka Gdańsk | 1:08.43 | 508 | 31.43 | 37.00 |
| 11. | BIDNIK Karolina | 02 | UKS „GIM 92 Ursynów” | 1:11.30 | 449 | 32.79 | 38.51 |
| 12. | ANDERSSON Ebba | 01 | VSS VASBY | 1:11.83 | 439 | 32.79 | 39.04 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 31
2019-11-24 - 11:42

M czyzn, 100m motylkowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|-------|------------------|-------|----------|------------|
| RP Open | 49.62 | CZERNIAK Konrad | 00603 | Szczecin | 2011-12-09 |
| RP 19 - 23 | 49.62 | CZERNIAK Konrad | 00603 | Szczecin | 2011-12-09 |
| RP 18 | 51.13 | MAJERSKI Jakub | 03606 | Lublin | 2018-12-18 |
| RP 17 | 51.52 | STOKOWSKI Kacper | | Olsztyn | 2016-12-02 |
| RP 16 | 51.90 | STOKOWSKI Kacper | 05114 | Lublin | 2015-12-18 |
| RP 15 | 53.98 | GORAJ Marcin | 03606 | Olsztyn | 2016-12-15 |
| RP 14 | 55.78 | URYNIUK Paweł | 05114 | Łód | 2017-12-19 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m |
|------------------------|---------|------------------------|---------|------|-------|-------|
| 14 lat i starsi | | | | | | |
| 1. | 92 | CIE LAK Marcin | 50.87 | 844 | 24.02 | 26.85 |
| 2. | 92 | MAJCHRZAK Kacper | 51.22 | 827 | 24.45 | 26.77 |
| 3. | 97 | CHUDY Michał | 51.23 | 826 | 23.41 | 27.82 |
| 4. | 00 | MAJERSKI Jakub | 51.51 | 813 | 24.15 | 27.36 |
| 5. | 98 | CHRZANOWSKI Damian | 52.71 | 758 | 24.56 | 28.15 |
| 6. | 02 | JA KIEWICZ Adrian | 53.59 | 722 | 24.93 | 28.66 |
| 7. | 95 | BARTOSIEWICZ Jakub | 53.71 | 717 | 25.16 | 28.55 |
| 8. | 91 | KAW CKI Radosław | 54.22 | 697 | 24.84 | 29.38 |
| 9. | 01 | SAWICKI Oskar | 54.43 | 689 | 25.89 | 28.54 |
| 10. | 01 | KRZYWNICKI Adrian | 54.46 | 688 | 25.54 | 28.92 |
| 11. | 03 | ZUBIK Jan | 54.79 | 675 | 25.30 | 29.49 |
| 12. | 03 | WIEK Wiktor | 55.06 | 665 | 26.05 | 29.01 |
| 13. | 00 | BUTKIEWICZ Cezary | 55.37 | 654 | 25.45 | 29.92 |
| 14. | 01 | WARZOCHA Albert | 55.76 | 641 | 25.87 | 29.89 |
| 15. | 04 | MASIUK Ksawery | 55.97 | 633 | 26.23 | 29.74 |
| 16. | 03 | URYNIUK Paweł | 56.17 | 627 | 25.67 | 30.50 |
| 17. | 99 | BOCHE Tomasz | 56.31 | 622 | 27.09 | 29.22 |
| 18. | 01 | TŁOMAK Andrzej | 56.76 | 607 | 26.15 | 30.61 |
| 19. | 00 | OLLER Krzysztof | 56.85 | 604 | 26.75 | 30.10 |
| 20. | 04 | TOMASZEWSKI Aleks | 57.05 | 598 | 26.71 | 30.34 |
| 21. | 02 | STENSSON Erik | 57.19 | 594 | 26.31 | 30.88 |
| 22. | 03 | NOSARZEWSKI Kornel | 57.27 | 591 | 26.77 | 30.50 |
| 23. | 01 | MALINOWSKI Bartosz | 57.34 | 589 | 27.09 | 30.25 |
| 24. | 99 | BIERO SKI Michał | 57.52 | 584 | 26.62 | 30.90 |
| 25. | 02 | KWIATEK Radosław | 57.57 | 582 | 26.11 | 31.46 |
| 26. | 02 | BIELAWA Dominik | 57.67 | 579 | 26.91 | 30.76 |
| 27. | 02 | CHOJNOWSKI Tomasz | 57.73 | 577 | 26.65 | 31.08 |
| 28. | 03 | KORONA Kacper | 57.78 | 576 | 26.49 | 31.29 |
| 29. | 01 | MELINDER Martin | 57.91 | 572 | 26.87 | 31.04 |
| 30. | 02 | BOBORYK Wojciech | 57.92 | 572 | 27.24 | 30.68 |
| 31. | 02 | ŁANGOWSKI Maciej | 58.36 | 559 | 26.86 | 31.50 |
| 32. | 03 | WLAZŁOWSKI Kamil | 58.54 | 554 | 27.02 | 31.52 |
| 33. | 01 | KRZYKAŁA Emil | 58.58 | 552 | 26.80 | 31.78 |
| 34. | 97 | KADROW Konrad | 58.61 | 552 | 27.63 | 30.98 |
| 35. | 01 | GRZYBOWSKI Artur | 58.68 | 550 | 27.59 | 31.09 |
| 36. | 02 | LINDHOLM Christopher | 58.75 | 548 | 27.59 | 31.16 |
| 37. | 99 | SVENSSON Noah | 59.18 | 536 | 27.53 | 31.65 |
| 38. | 05 | ZDYBEL Adam | 59.23 | 534 | 27.62 | 31.61 |
| | 03 | BARCZYK Jan | 59.23 | 534 | 27.03 | 32.20 |
| 40. | 02 | JOHNSSON Marcus | 59.27 | 533 | 27.66 | 31.61 |
| 41. | 03 | KULS Jan | 59.74 | 521 | 27.55 | 32.19 |
| 42. | 04 | GULI SKI Maciej | 59.92 | 516 | 27.10 | 32.82 |
| 43. | 01 | WNUK Jakub | 1:00.03 | 513 | 27.87 | 32.16 |
| 44. | 02 | BLI NIEWSKI Franciszek | 1:00.08 | 512 | 27.90 | 32.18 |
| | 00 | SMOLI SKI Jakub | 1:00.08 | 512 | 27.32 | 32.76 |
| 46. | 00 | PACŁAWSKI Jakub | 1:00.22 | 508 | 28.15 | 32.07 |
| 47. | 04 | J DRZEJKIEWICZ Ignacy | 1:00.40 | 504 | 27.96 | 32.44 |
| 48. | 02 | KUBIAK Norbert | 1:00.60 | 499 | 27.68 | 32.92 |
| | 04 | KWIATKOWSKI Tymoteusz | 1:00.60 | 499 | 27.69 | 32.91 |
| 50. | 04 | UROWICZ Antoni | 1:00.71 | 496 | 28.46 | 32.25 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 31, M czyzn, 100m motylkowy, 14 lat i starsi

| Pozycja | Rok ur. | Czas | Pkt. | 50m | 100m | |
|---|---------|--|---------|-------|-------|-------|
| 51. BORZYMEK Hubert | 02 | Mokotowski UKP Warszawianka- Wc1:00.72rk | 496 | 28.95 | 31.77 | |
| 52. OSSOWSKI Damian | 02 | MKS SP 63 Bydgoszcz | 1:00.73 | 496 | 28.69 | 32.04 |
| 53. RAJCA Wiktor | 02 | KS KSZO Ostrowiec w. | 1:00.74 | 495 | 28.60 | 32.14 |
| 54. GÖRANSSON Carl | 00 | VSS VASBY | 1:00.78 | 495 | 28.24 | 32.54 |
| 55. DUDEK Kacper | 02 | KS Warta Pozna | 1:00.83 | 493 | 27.72 | 33.11 |
| 56. SIMONSSON Ivar | 02 | VSS VASBY | 1:00.92 | 491 | 28.52 | 32.40 |
| 57. LEIFSEN Gustav | 02 | VSS VASBY | 1:01.03 | 488 | 28.58 | 32.45 |
| 58. BISZKONT Damian | 96 | KP AVIA widnik | 1:01.10 | 487 | 28.46 | 32.64 |
| 59. SKÖLD Theodor | 01 | VSS VASBY | 1:01.17 | 485 | 28.36 | 32.81 |
| 60. GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 1:01.19 | 485 | 28.23 | 32.96 |
| 61. KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 1:01.36 | 481 | 28.92 | 32.44 |
| 62. BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 1:01.43 | 479 | 28.51 | 32.92 |
| 63. YRO Ignacy | 04 | UKS „GIM 92 Ursynów" | 1:01.48 | 478 | 28.51 | 32.97 |
| SETLAK Marcel | 05 | UKS abianka Gda sk | 1:01.48 | 478 | 28.50 | 32.98 |
| 65. MATYSIAK Kacper | 03 | KS Warta Pozna | 1:01.68 | 473 | 28.82 | 32.86 |
| 66. SULIGA Jeremi | 00 | UKS G-8 Bielany Warszawa | 1:01.80 | 470 | 28.05 | 33.75 |
| 67. LASKI Filip | 04 | St. KF KS „Fenix" O arów Mazowiec | 1:01.82 | 470 | 28.56 | 33.26 |
| 68. WYSOCKI Piotr | 04 | KS Warta Pozna | 1:02.09 | 464 | 28.00 | 34.09 |
| 69. KOPROWSKI Aleksander | 03 | Uks Cityzen | 1:02.14 | 463 | 29.22 | 32.92 |
| 70. RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów" | 1:02.16 | 462 | 28.59 | 33.57 |
| 71. TKACZ Wiktor | 05 | MKS Piaseczno | 1:02.20 | 461 | 29.02 | 33.18 |
| 72. LECIEJEWSKI Karol | 03 | MKP Astromal-Leszno | 1:02.31 | 459 | 28.41 | 33.90 |
| 73. DOMAGAŁA Tymoteusz | 04 | MUKS "Pi tnastka" | 1:02.33 | 458 | 28.54 | 33.79 |
| 74. KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | 1:02.36 | 458 | 28.83 | 33.53 |
| 75. KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 1:02.50 | 455 | 29.68 | 32.82 |
| 76. KAJA Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:02.60 | 453 | 28.24 | 34.36 |
| 77. KUREK Alan | 04 | MKP Szczecin | 1:02.82 | 448 | 28.76 | 34.06 |
| 78. GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów" | 1:03.42 | 435 | 30.80 | 32.62 |
| 79. MAZUREK Bła ej | 04 | MKP Szczecin | 1:03.57 | 432 | 29.39 | 34.18 |
| 80. NOWICKI Kacper | 98 | UMKS Niesłysz cych Pozna | 1:03.70 | 430 | 28.74 | 34.96 |
| 81. WENERSKI Eryk | 05 | UKP „Polonia Warszawa" | 1:04.20 | 420 | 29.53 | 34.67 |
| 82. BARSZCZEWSKI Maksymilian | 01 | UKS G-8 Bielany Warszawa | 1:04.43 | 415 | 29.37 | 35.06 |
| 83. ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wc1:04.45rk | 415 | 30.30 | 34.15 | |
| 84. WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 1:04.74 | 409 | 29.77 | 34.97 |
| 85. MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 1:05.41 | 397 | 30.04 | 35.37 |
| 86. MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawianka- Wc1:05.44rk | 396 | 29.86 | 35.58 | |
| 87. T CZA Maciej | 03 | UKP "Rekin" Konin | 1:05.99 | 386 | 30.68 | 35.31 |
| 88. KURDELSKI Filip | 04 | Mokotowski UKP Warszawianka- Wc1:06.60rk | 376 | 31.12 | 35.48 | |
| 89. ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów" | 1:08.03 | 353 | 32.54 | 35.49 |
| 90. LASIK Olgierd | 05 | KU AZS UAM Pozna | 1:09.42 | 332 | 32.41 | 37.01 |
| 91. KAMI SKI Fabian | 04 | MKP Szczecin | 1:09.50 | 331 | 30.10 | 39.40 |
| 92. WOJCIECHOWSKI Szymon | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:09.66 | 328 | 32.20 | 37.46 |
| 93. MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wc1:09.75rk | 327 | 32.90 | 36.85 | |
| 94. PISA SKI Michał | 05 | Dwójka Morena Gda sk | 1:11.13 | 308 | 32.20 | 38.93 |
| 95. KUBIAK Kuba | 05 | Dwójka Morena Gda sk | 1:11.15 | 308 | 34.08 | 37.07 |
| 96. HŁASKO Wojciech | 05 | Dwójka Morena Gda sk | 1:12.82 | 287 | 33.90 | 38.92 |
| 97. MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 1:16.65 | 246 | 36.00 | 40.65 |
| 98. MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 1:18.55 | 229 | 37.12 | 41.43 |
| 99. ZAWIEJA Stanisław | 05 | KS Posnania Pozna | 1:19.89 | 217 | 35.33 | 44.56 |
| DYSKW. BRO CZYK Hubert | 04 | MTKP Delfin Toru | | | | |
| <i>M7 - Pływak wykonał naprzemienne lub nierównoczesne ruchy nóg.</i> | | | | | | |
| DYSKW. PETERSSON Robin | 00 | SS VAERMAMO | | | | |
| <i>M10 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu.</i> | | | | | | |
| NW KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | | 34.31 | | |
| NW KOWALIK Damian | 94 | KU AZS UAM Pozna | | | | |
| NW DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | | | | |
| NW NALE NIK Jakub | 01 | MKP Szczecin | | | | |
| NW PI TKA Hubert | 04 | MKP Szczecin | | | | |
| NW WITKOWSKI Jan | 94 | KU AZS UMCS Lublin | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 31, M czynn, 100m motylkowy

14 lat

| | | | | | | | |
|-----|----------------------|----|------------------------------|----------------|-----|-------|-------|
| 1. | ZDYBEL Adam | 05 | KS Delfin Gdynia | 59.23 | 534 | 27.62 | 31.61 |
| 2. | SETLAK Marcel | 05 | UKS abianka Gda sk | 1:01.48 | 478 | 28.50 | 32.98 |
| 3. | RÓ YCKI Szymon | 05 | UKS „GIM 92 Ursynów" | 1:02.16 | 462 | 28.59 | 33.57 |
| 4. | TKACZ Wiktor | 05 | MKS Piaseczno | 1:02.20 | 461 | 29.02 | 33.18 |
| 5. | KAJA Bła ej | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:02.60 | 453 | 28.24 | 34.36 |
| 6. | GOŁY SKI Michał | 05 | UKS „GIM 92 Ursynów" | 1:03.42 | 435 | 30.80 | 32.62 |
| 7. | WENERSKI Eryk | 05 | UKP „Polonia Warszawa" | 1:04.20 | 420 | 29.53 | 34.67 |
| 8. | MARKIEWICZ Jarosław | 05 | Uks "Tri-Sea Mewa" | 1:05.41 | 397 | 30.04 | 35.37 |
| 9. | LASIK Olgierd | 05 | KU AZS UAM Pozna | 1:09.42 | 332 | 32.41 | 37.01 |
| 10. | WOJCIECHOWSKI Szymon | 05 | MKP „SŁOWIANKA" Gorzów Wlkp. | 1:09.66 | 328 | 32.20 | 37.46 |
| 11. | PISA SKI Michał | 05 | Dwójka Morena Gda sk | 1:11.13 | 308 | 32.20 | 38.93 |
| 12. | KUBIAK Kuba | 05 | Dwójka Morena Gda sk | 1:11.15 | 308 | 34.08 | 37.07 |
| 13. | HŁASKO Wojciech | 05 | Dwójka Morena Gda sk | 1:12.82 | 287 | 33.90 | 38.92 |
| 14. | MATOFIJ Mikołaj | 05 | UKS Siódemka Gdynia | 1:16.65 | 246 | 36.00 | 40.65 |
| 15. | ZAWIEJA Stanisław | 05 | KS Pospnania Pozna | 1:19.89 | 217 | 35.33 | 44.56 |

15 lat

| | | | | | | | |
|---|------------------------|----|-----------------------------------|----------------|-----|-------|-------|
| 1. | MASIUK Ksawery | 04 | UKS G-8 Bielany Warszawa | 55.97 | 633 | 26.23 | 29.74 |
| 2. | TOMASZEWSKI Aleks | 04 | KS KSZO Ostrowiec w. | 57.05 | 598 | 26.71 | 30.34 |
| 3. | GULI SKI Maciej | 04 | UKP „Polonia Warszawa" | 59.92 | 516 | 27.10 | 32.82 |
| 4. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów" | 1:00.40 | 504 | 27.96 | 32.44 |
| 5. | KWIATKOWSKI Tymoteusz | 04 | UKS Siódemka Gdynia | 1:00.60 | 499 | 27.69 | 32.91 |
| 6. | UROWICZ Antoni | 04 | MKP Szczecin | 1:00.71 | 496 | 28.46 | 32.25 |
| 7. | KNOPP Jarosław | 04 | MUKS "Pi tnastka" | 1:01.36 | 481 | 28.92 | 32.44 |
| 8. | BEDNAREK Przemysław | 04 | UKS G-8 Bielany Warszawa | 1:01.43 | 479 | 28.51 | 32.92 |
| 9. | YRO Ignacy | 04 | UKS „GIM 92 Ursynów" | 1:01.48 | 478 | 28.51 | 32.97 |
| 10. | LASKI Filip | 04 | St. KF KS „Fenix" O arów Mazowiec | 1:01.82 | 470 | 28.56 | 33.26 |
| 11. | WYSOCKI Piotr | 04 | KS Warta Pozna | 1:02.09 | 464 | 28.00 | 34.09 |
| 12. | DOMAGAŁA Tymoteusz | 04 | MUKS "Pi tnastka" | 1:02.33 | 458 | 28.54 | 33.79 |
| 13. | KUREK Alan | 04 | MKP Szczecin | 1:02.82 | 448 | 28.76 | 34.06 |
| 14. | MAZUREK Bła ej | 04 | MKP Szczecin | 1:03.57 | 432 | 29.39 | 34.18 |
| 15. | WO NIAK Antoni | 04 | UKS G-8 Bielany Warszawa | 1:04.74 | 409 | 29.77 | 34.97 |
| 16. | MAJKOWSKI Aleksander | 04 | Mokotowski UKP Warszawianka- Wc | 1:05.44 | 396 | 29.86 | 35.58 |
| 17. | KURDELSKI Filip | 04 | Mokotowski UKP Warszawianka- Wc | 1:06.60 | 376 | 31.12 | 35.48 |
| 18. | ZACHARJASIEWICZ Antoni | 04 | UKS „GIM 92 Ursynów" | 1:08.03 | 353 | 32.54 | 35.49 |
| 19. | KAMI SKI Fabian | 04 | MKP Szczecin | 1:09.50 | 331 | 30.10 | 39.40 |
| DYSKW. | BRO CZYK Hubert | 04 | MTKP Delfin Toru | | | | |
| <i>M7 - Pływak wykonał naprzemienne lub nierównoczesne ruchy nóg.</i> | | | | | | | |
| NW | KRASOWSKI Krzysztof | 04 | KS Delfin Gdynia | | | 34.31 | |
| NW | PI TKA Hubert | 04 | MKP Szczecin | | | | |

16 lat

| | | | | | | | |
|-----|----------------------|----|----------------------------------|----------------|-----|-------|-------|
| 1. | ZUBIK Jan | 03 | UKP „Polonia Warszawa" | 54.79 | 675 | 25.30 | 29.49 |
| 2. | WIEK Wiktor | 03 | UKS G-8 Bielany Warszawa | 55.06 | 665 | 26.05 | 29.01 |
| 3. | URYNIUK Paweł | 03 | UKS G-8 Bielany Warszawa | 56.17 | 627 | 25.67 | 30.50 |
| 4. | NOSARZEWSKI Kornel | 03 | Mokotowski UKP Warszawianka- Wod | 57.27 | 591 | 26.77 | 30.50 |
| 5. | KORONA Kacper | 03 | MKP Szczecin | 57.78 | 576 | 26.49 | 31.29 |
| 6. | WLAZŁOWSKI Kamil | 03 | UKP „Polonia Warszawa" | 58.54 | 554 | 27.02 | 31.52 |
| 7. | BARCZYK Jan | 03 | UKS G-8 Bielany Warszawa | 59.23 | 534 | 27.03 | 32.20 |
| 8. | KULS Jan | 03 | KP Delfin Inowrocław | 59.74 | 521 | 27.55 | 32.19 |
| 9. | MATYSIAK Kacper | 03 | KS Warta Pozna | 1:01.68 | 473 | 28.82 | 32.86 |
| 10. | KOPROWSKI Aleksander | 03 | Uks Cityzen | 1:02.14 | 463 | 29.22 | 32.92 |
| 11. | LECIEJEWSKI Karol | 03 | MKP Astromal-Lesno | 1:02.31 | 459 | 28.41 | 33.90 |
| 12. | KUPCEWICZ Kajetan | 03 | MKS SP 63 Bydgoszcz | 1:02.36 | 458 | 28.83 | 33.53 |
| 13. | ROWI SKI Dominik | 03 | Mokotowski UKP Warszawianka- Wc | 1:04.45 | 415 | 30.30 | 34.15 |
| 14. | T CZA Maciej | 03 | UKP "Rekin" Konin | 1:05.99 | 386 | 30.68 | 35.31 |
| 15. | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 1:18.55 | 229 | 37.12 | 41.43 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 31, M czynn, 100m motylkowy

17 - 18 lat

| | | | | | | | |
|-----|--------------------------|----|-------------------------------------|----------------|-----|-------|-------|
| 1. | JA KIEWICZ Adrian | 02 | UKS G-8 Bielany Warszawa | 53.59 | 722 | 24.93 | 28.66 |
| 2. | SAWICKI Oskar | 01 | UKS G-8 Bielany Warszawa | 54.43 | 689 | 25.89 | 28.54 |
| 3. | KRZYWNICKI Adrian | 01 | MPKS Orka Ciechanów | 54.46 | 688 | 25.54 | 28.92 |
| 4. | WARZOCHA Albert | 01 | Uks Cityzen | 55.76 | 641 | 25.87 | 29.89 |
| 5. | TŁOMAK Andrzej | 01 | St. KF KS „Fenix” O arów Mazowiecki | 56.76 | 607 | 26.15 | 30.61 |
| 6. | STENSSON Erik | 02 | SS VAERMAMO | 57.19 | 594 | 26.31 | 30.88 |
| 7. | MALINOWSKI Bartosz | 01 | MKS Neptun Stargard | 57.34 | 589 | 27.09 | 30.25 |
| 8. | KWIATEK Radosław | 02 | St. Lok. SALOS Cortile Kielce | 57.57 | 582 | 26.11 | 31.46 |
| 9. | BIELAWA Dominik | 02 | KS KSZO Ostrowiec w. | 57.67 | 579 | 26.91 | 30.76 |
| 10. | CHOJNOWSKI Tomasz | 02 | Mokotowski UKP Warszawianka- Wod | 57.73 | 577 | 26.65 | 31.08 |
| 11. | MELINDER Martin | 01 | VSS VASBY | 57.91 | 572 | 26.87 | 31.04 |
| 12. | BOBORYK Wojciech | 02 | KS Delfin Gdynia | 57.92 | 572 | 27.24 | 30.68 |
| 13. | ŁANGOWSKI Maciej | 02 | KS Posnania Pozna | 58.36 | 559 | 26.86 | 31.50 |
| 14. | KRZYKAŁA Emil | 01 | KP AVIA widnik | 58.58 | 552 | 26.80 | 31.78 |
| 15. | GRZYBOWSKI Artur | 01 | MKP Szczecin | 58.68 | 550 | 27.59 | 31.09 |
| 16. | LINDHOLM Christopher | 02 | VSS VASBY | 58.75 | 548 | 27.59 | 31.16 |
| 17. | JOHNSSON Marcus | 02 | VSS VASBY | 59.27 | 533 | 27.66 | 31.61 |
| 18. | WNUK Jakub | 01 | KS Posnania Pozna | 1:00.03 | 513 | 27.87 | 32.16 |
| 19. | BLI NIEWSKI Franciszek | 02 | MKS Trójka Łód | 1:00.08 | 512 | 27.90 | 32.18 |
| 20. | KUBIAK Norbert | 02 | KS Warta Pozna | 1:00.60 | 499 | 27.68 | 32.92 |
| 21. | BORZYMEK Hubert | 02 | Mokotowski UKP Warszawianka- Wc | 1:00.72 | 496 | 28.95 | 31.77 |
| 22. | OSSOWSKI Damian | 02 | MKS SP 63 Bydgoszcz | 1:00.73 | 496 | 28.69 | 32.04 |
| 23. | RAJCA Wiktor | 02 | KS KSZO Ostrowiec w. | 1:00.74 | 495 | 28.60 | 32.14 |
| 24. | DUDEK Kacper | 02 | KS Warta Pozna | 1:00.83 | 493 | 27.72 | 33.11 |
| 25. | SIMONSSON Ivar | 02 | VSS VASBY | 1:00.92 | 491 | 28.52 | 32.40 |
| 26. | LEIFSEN Gustav | 02 | VSS VASBY | 1:01.03 | 488 | 28.58 | 32.45 |
| 27. | SKÖLD Theodor | 01 | VSS VASBY | 1:01.17 | 485 | 28.36 | 32.81 |
| 28. | GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 1:01.19 | 485 | 28.23 | 32.96 |
| 29. | KOTARSKI Jakub | 01 | UKS G-8 Bielany Warszawa | 1:02.50 | 455 | 29.68 | 32.82 |
| 30. | BARSZCZEWSKI Maksymilian | 01 | UKS G-8 Bielany Warszawa | 1:04.43 | 415 | 29.37 | 35.06 |
| 31. | MORDZONEK Mateusz | 01 | Mokotowski UKP Warszawianka- Wc | 1:09.75 | 327 | 32.90 | 36.85 |
| NW | DEMBSKI-KORNAGA Eryk | 02 | MKP Szczecin | | | | |
| NW | NALE NIK Jakub | 01 | MKP Szczecin | | | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 32
2019-11-24 - 11:52

Kobiet, 50m grzbietowy

14 lat i starsi
Wyniki

| | | | | | |
|------------|-------|---------------------------------|-------|---------------------|------------|
| RP Open | 26.03 | URBANCZYK Aleksandra | 02305 | Lublin | 2015-12-19 |
| RP 19 - 23 | 26.69 | URBANCZYK-OLEJARCZYK Aleksandra | | Istambuł (TUR) | 2009-12-19 |
| RP 18 | 27.44 | NAZI BŁO Klaudia | | Szczecin | 2010-12-03 |
| RP 17 | 27.44 | NAZI BŁO Klaudia | 00101 | Szczecin | 2010-12-03 |
| RP 16 | 27.65 | NAZI BŁO Klaudia | 00101 | Gorzow Wielkopolski | 2009-11-28 |
| RP 15 | 28.43 | JUC Aleksandra | POL | Olsztyn | 2016-12-17 |
| RP 14 | 28.75 | WIL Angelika | 06414 | Ostrowiec Sw | 2013-12-21 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|--|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 92 | MKS Juvenia Wrocław | 26.90 | 869 |
| 2. | 98 | UKS G-8 Bielany Warszawa | 27.19 | 841 |
| 3. | 93 | MKS Juvenia Wrocław | 27.22 | 838 |
| 4. | 02 | AZS AWF Warszawa | 28.73 | 713 |
| 5. | 05 | KS OLIMPIA Lublin | 29.23 | 677 |
| 6. | 04 | UKS abianka Gda sk | 29.30 | 672 |
| 7. | 96 | WKS I sk Wrocław | 29.40 | 665 |
| 8. | 04 | MUKS "Pi tnastka" | 29.65 | 648 |
| 9. | 04 | MUKS "Pi tnastka" | 29.69 | 646 |
| 10. | 04 | MKS Juvenia Wrocław | 29.71 | 645 |
| 11. | 03 | UKS G-8 Bielany Warszawa | 29.97 | 628 |
| 12. | 03 | UKS „GIM 92 Ursynów" | 30.01 | 625 |
| 13. | 05 | MKS Jedyńka Łód | 30.04 | 623 |
| 14. | 99 | MUKS "Pi tnastka" | 30.11 | 619 |
| | 03 | UKP „Polonia Warszawa" | 30.11 | 619 |
| 16. | 05 | TP Skalar Słupsk | 30.17 | 615 |
| 17. | 02 | Grudzi dzki KP „Orka" | 30.23 | 612 |
| 18. | 03 | UKS abianka Gda sk | 30.30 | 608 |
| 19. | 03 | AZS AWF Warszawa | 30.35 | 605 |
| 20. | 03 | MKS „Astoria" Bydgoszcz | 30.38 | 603 |
| 21. | 02 | MKP Szczecin | 30.50 | 596 |
| 22. | 02 | UKS G-8 Bielany Warszawa | 30.57 | 592 |
| 23. | 02 | Kaliski Klub Sportowy „Włóknarz" 1925 | 30.65 | 587 |
| 24. | 03 | UKP „Polonia Warszawa" | 30.99 | 568 |
| 25. | 03 | UKS abianka Gda sk | 31.05 | 565 |
| 26. | 00 | St. KF KS „Fenix" O arów Mazowiecki | 31.11 | 561 |
| 27. | 04 | KS KSZO Ostrowiec w. | 31.21 | 556 |
| 28. | 03 | MUKS "Pi tnastka" | 31.24 | 554 |
| 29. | 05 | MUKS "Pi tnastka" | 31.35 | 548 |
| 30. | 04 | UKS „GIM 92 Ursynów" | 31.42 | 545 |
| 31. | 03 | UKS G-8 Bielany Warszawa | 31.47 | 542 |
| 32. | 03 | KS Warta Pozna | 31.53 | 539 |
| | 02 | MUKS "Pi tnastka" | 31.53 | 539 |
| 34. | 05 | UKS Siódemka Gdynia | 31.54 | 539 |
| 35. | 05 | KP Bałtyk Kołobrzeg | 31.58 | 537 |
| 36. | 04 | Starachowicki Klub Pływacki BARAKUDA | 31.59 | 536 |
| 37. | 04 | UKS „ORKA" Zamo | 31.63 | 534 |
| 38. | 01 | MKP Szczecin | 31.71 | 530 |
| 39. | 05 | SMS Zielona Góra | 31.75 | 528 |
| 40. | 04 | MKS Jedyńka Łód | 31.85 | 523 |
| 41. | 05 | UKS „GIM 92 Ursynów" | 32.04 | 514 |
| 42. | 05 | MUKS "Pi tnastka" | 32.10 | 511 |
| 43. | 00 | VSS VASBY | 32.11 | 510 |
| 44. | 04 | Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 32.19 | 507 |
| 45. | 01 | VSS VASBY | 32.34 | 500 |
| 46. | 03 | UKS 190 Łód | 32.53 | 491 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 32, Kobiet, 50m grzbietowy, 14 lat i starsi

| Pozycja | Rok ur. | | Czas | Pkt. |
|--|---------|---------------------|---|------------------|
| 47. | | KOZŁOWSKA Maja | 04 SMS Zielona Góra | 32.59 488 |
| 48. | | SŁOMI SKA Anna | 05 AZS AWF Warszawa | 32.79 479 |
| 49. | | MAKSYMOWICZ Nadia | 05 UKS G-8 Bielany Warszawa | 32.85 477 |
| 50. | | TOMASIK Otylia | 04 MUKS "Pi tnastka" | 33.29 458 |
| 51. | | KLIMIUK Zuzanna | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 33.38 454 |
| 52. | | KACZMAREK Nikola | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 33.50 449 |
| 53. | | HODUR Paulina | 04 MKS Polonia Warszawa | 33.51 449 |
| 54. | | WIDERAK Sonia | 04 KS Warta Pozna | 33.52 449 |
| | | NOWAK Oliwia | 04 UKS „GIM 92 Ursynów" | 33.52 449 |
| 56. | | WRÓBEL Karolina | 05 MKS Piaseczno | 33.74 440 |
| 57. | | EMOJTEL Zuzanna | 03 AZS AWFIS Gda sk | 33.83 436 |
| 58. | | BRACH Oliwia | 04 UKP „Polonia Warszawa" | 33.92 433 |
| 59. | | KLECZEK Maria | 05 UKS „GIM 92 Ursynów" | 33.94 432 |
| 60. | | SZCZEPA SKA Alicja | 05 St. KP Olimpia wiecie | 33.97 431 |
| 61. | | CHOJNOWSKA Zuzanna | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 33.98 431 |
| | | KOŁAKOWSKA Weronika | 05 UKS G-8 Bielany Warszawa | 33.98 431 |
| 63. | | PILARSKA Natalia | 03 KS Warta Pozna | 34.34 417 |
| 64. | | BOCHE SKA Dominika | 05 KS Posnania Pozna | 34.39 415 |
| 65. | | SVENSSON Lovisa | 02 SS VAERMAMO | 34.48 412 |
| 66. | | TRZASKA Alicja | 05 Uczniowski Klub Sportowy Delfin Legionow | 34.73 403 |
| 67. | | RUTWA Wiktoria | 05 MKS Piaseczno | 35.03 393 |
| 68. | | ZAWADA Malwina | 05 MKS Piaseczno | 35.19 388 |
| 69. | | PFEIFF Matilda | 01 VSS VASBY | 35.39 381 |
| 70. | | WORONIECKA Emilia | 05 MUKS "Pi tnastka" | 35.57 375 |
| 71. | | PAWELEC Oliwia | 05 UKS Siódemka Gdynia | 36.93 335 |
| DYSKW. | | GRABOWSKA Gabriela | 04 UKP „Polonia Warszawa" | |
| <i>G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.</i> | | | | |
| NW | | PEDA Paulina | 98 AZS AWF Katowice | |
| NW | | SZCZEPANIAK Justyna | 04 MKP Szczecin | |
| NW | | KRYWIEL Karolina | 03 MKP Szczecin | |
| NW | | DRU BA Amelia | 04 TP Skalar Słupsk | |

14 lat

| | | | | |
|-----|--|----------------------|---|------------------|
| 1. | | BERNAT Laura | 05 KS OLIMPIA Lublin | 29.23 677 |
| 2. | | KARBOWNIK Małgorzata | 05 MKS Jedyńka Łód | 30.04 623 |
| 3. | | PALICKA Wiktoria | 05 TP Skalar Słupsk | 30.17 615 |
| 4. | | CIESIELSKA Inga | 05 MUKS "Pi tnastka" | 31.35 548 |
| 5. | | JASTRZ BEK Nadia | 05 UKS Siódemka Gdynia | 31.54 539 |
| 6. | | TŁOCZEK Wiktoria | 05 KP Bałtyk Kołobrzeg | 31.58 537 |
| 7. | | WIECZOREK Zuzanna | 05 SMS Zielona Góra | 31.75 528 |
| 8. | | STAWICKA Julia | 05 UKS „GIM 92 Ursynów" | 32.04 514 |
| 9. | | RONKIEWICZ Dominika | 05 MUKS "Pi tnastka" | 32.10 511 |
| 10. | | SŁOMI SKA Anna | 05 AZS AWF Warszawa | 32.79 479 |
| 11. | | MAKSYMOWICZ Nadia | 05 UKS G-8 Bielany Warszawa | 32.85 477 |
| 12. | | KLIMIUK Zuzanna | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 33.38 454 |
| 13. | | KACZMAREK Nikola | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 33.50 449 |
| 14. | | WRÓBEL Karolina | 05 MKS Piaseczno | 33.74 440 |
| 15. | | KLECZEK Maria | 05 UKS „GIM 92 Ursynów" | 33.94 432 |
| 16. | | SZCZEPA SKA Alicja | 05 St. KP Olimpia wiecie | 33.97 431 |
| 17. | | CHOJNOWSKA Zuzanna | 05 MKP „SŁOWIANKA" Gorzów Wlkp. | 33.98 431 |
| | | KOŁAKOWSKA Weronika | 05 UKS G-8 Bielany Warszawa | 33.98 431 |
| 19. | | BOCHE SKA Dominika | 05 KS Posnania Pozna | 34.39 415 |
| 20. | | TRZASKA Alicja | 05 Uczniowski Klub Sportowy Delfin Legionow | 34.73 403 |
| 21. | | RUTWA Wiktoria | 05 MKS Piaseczno | 35.03 393 |
| 22. | | ZAWADA Malwina | 05 MKS Piaseczno | 35.19 388 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 32, Dziewcz t, 50m grzbietowy, 14 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|-------------------|---------|---------------------|--------------|------|
| 23. | WORONIECKA Emilia | 05 | MUKS "Pi tnastka" | 35.57 | 375 |
| 24. | PAWELEC Oliwia | 05 | UKS Siódemka Gdynia | 36.93 | 335 |

15 lat

| | | | | | |
|--------|---------------------|----|--|--------------|-----|
| 1. | WECKWERT Iga | 04 | UKS abianka Gda sk | 29.30 | 672 |
| 2. | RYDY SKA Marianna | 04 | MUKS "Pi tnastka" | 29.65 | 648 |
| 3. | SIENKIEWICZ Martyna | 04 | MUKS "Pi tnastka" | 29.69 | 646 |
| 4. | MACIUSZEK Wiktoria | 04 | MKS Juvenia Wrocław | 29.71 | 645 |
| 5. | STE Oliwia | 04 | KS KSZO Ostrowiec w. | 31.21 | 556 |
| 6. | BIDNIK Wiktoria | 04 | UKS „GIM 92 Ursynów" | 31.42 | 545 |
| 7. | STANECKA Hanna | 04 | Starachowicki Klub Pływacki BARAKUDA | 31.59 | 536 |
| 8. | SZUPER Katarzyna | 04 | UKS „ORKA" Zamo | 31.63 | 534 |
| 9. | KRUZEROWSKA Zofia | 04 | MKS Jedyńka Łód | 31.85 | 523 |
| 10. | GWAJ Julia | 04 | Mi dzyszkolny UKS „Olimpijczyk" Suwałk | 32.19 | 507 |
| 11. | KOZŁOWSKA Maja | 04 | SMS Zielona Góra | 32.59 | 488 |
| 12. | TOMASIK Otylia | 04 | MUKS "Pi tnastka" | 33.29 | 458 |
| 13. | HODUR Paulina | 04 | MKS Polonia Warszawa | 33.51 | 449 |
| 14. | WIDERAK Sonia | 04 | KS Warta Pozna | 33.52 | 449 |
| | NOWAK Oliwia | 04 | UKS „GIM 92 Ursynów" | 33.52 | 449 |
| 16. | BRACH Oliwia | 04 | UKP „Polonia Warszawa" | 33.92 | 433 |
| DYSKW. | GRABOWSKA Gabriela | 04 | UKP „Polonia Warszawa" | | |

G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.

| | | | | | |
|----|---------------------|----|------------------|--|--|
| NW | SZCZEPANIAK Justyna | 04 | MKP Szczecin | | |
| NW | DRU BA Amelia | 04 | TP Skalar Słupsk | | |

16 lat

| | | | | | |
|-----|---------------------|----|--------------------------|--------------|-----|
| 1. | BUSZKA Kornelia | 03 | UKS G-8 Bielany Warszawa | 29.97 | 628 |
| 2. | KOZI SKA Anna | 03 | UKS „GIM 92 Ursynów" | 30.01 | 625 |
| 3. | MRO EWSKA Anna | 03 | UKP „Polonia Warszawa" | 30.11 | 619 |
| 4. | MOLENDY Dominika | 03 | UKS abianka Gda sk | 30.30 | 608 |
| 5. | PIOTROWSKA Wiktoria | 03 | AZS AWF Warszawa | 30.35 | 605 |
| 6. | GRO Weronika | 03 | MKS „Astoria" Bydgoszcz | 30.38 | 603 |
| 7. | MACIOŁA Maja | 03 | UKP „Polonia Warszawa" | 30.99 | 568 |
| 8. | PIEPIÓRKA Martyna | 03 | UKS abianka Gda sk | 31.05 | 565 |
| 9. | KAMI SKA Anna | 03 | MUKS "Pi tnastka" | 31.24 | 554 |
| 10. | ZIEMACKA Julia | 03 | UKS G-8 Bielany Warszawa | 31.47 | 542 |
| 11. | CZECHYRA Agata | 03 | KS Warta Pozna | 31.53 | 539 |
| 12. | HAŁADYN Karolina | 03 | UKS 190 Łód | 32.53 | 491 |
| 13. | EMOJTEL Zuzanna | 03 | AZS AWFIS Gda sk | 33.83 | 436 |
| 14. | PILARSKA Natalia | 03 | KS Warta Pozna | 34.34 | 417 |
| NW | KRYWIEL Karolina | 03 | MKP Szczecin | | |

17 - 18 lat

| | | | | | |
|-----|----------------------|----|--|--------------|-----|
| 1. | HERASIMOWICZ Zuzanna | 02 | AZS AWF Warszawa | 28.73 | 713 |
| 2. | ROSI SKA Karolina | 02 | Grudzi dzki KP „Orka" | 30.23 | 612 |
| 3. | KUPIS Aleksandra | 02 | MKP Szczecin | 30.50 | 596 |
| 4. | BUJAK Klara | 02 | UKS G-8 Bielany Warszawa | 30.57 | 592 |
| 5. | JAKUBCZAK Martyna | 02 | Kaliski Klub Sportowy „Włóknierz" 1925 | 30.65 | 587 |
| 6. | GAJDZI SKA Amelia | 02 | MUKS "Pi tnastka" | 31.53 | 539 |
| 7. | MARSZAŁEK Magdalena | 01 | MKP Szczecin | 31.71 | 530 |
| 8. | PEACOCK Louise | 01 | VSS VASBY | 32.34 | 500 |
| 9. | SVENSSON Lovisa | 02 | SS VAERMAMO | 34.48 | 412 |
| 10. | PFEIFF Matilda | 01 | VSS VASBY | 35.39 | 381 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

| Konkurencja 33 2019-11-24 - 11:56 | M czyzn, 50m grzbietowy | | | | 14 lat i starsi Wyniki |
|--------------------------------------|-------------------------|------------------------|-------|-----------------|---------------------------|
| RP Open | 22.96 | POLEWKA Tomasz | 00611 | Netanya (ISR) | 2015-12-06 |
| RP 19 - 23 | 22.96 | POLEWKA Tomasz | 00611 | Netanya (ISR) | 2015-12-06 |
| RP 18 | 23.17 | STOKOWSKI Kacper | 05114 | Kopenhaga (DEN) | 2017-12-17 |
| RP 17 | 23.40 | STOKOWSKI Kacper | 05114 | Olsztyn | 2016-12-16 |
| RP 16 | 24.22 | RADZISZEWSKI Krzysztof | 05114 | Gorzów Wlkp | 2018-12-15 |
| RP 15 | 24.77 | KOSI SKI Filip | 00109 | Łód | 2019-11-09 |
| RP 14 | 25.57 | KOSI SKI Filip | 00109 | Olsztyn | 2018-12-15 |

Punkty: FINA 2019

| Pozycja | Rok ur. | | Czas | Pkt. |
|------------------------|---------|--|--------------|------|
| 14 lat i starsi | | | | |
| 1. | 94 | AZS AWF Katowice | 23.83 | 810 |
| 2. | 99 | UKS G-8 Bielany Warszawa | 23.98 | 795 |
| 3. | 02 | UKS G-8 Bielany Warszawa | 24.24 | 770 |
| 4. | 00 | UKS G-8 Bielany Warszawa | 24.28 | 766 |
| 5. | 91 | AZS AWF Warszawa | 24.29 | 765 |
| 6. | 99 | MKP Szczecin | 24.65 | 732 |
| 7. | 01 | UKS G-8 Bielany Warszawa | 24.92 | 708 |
| 8. | 04 | Mi dzyszkolny UKS „Olimpijczyk” Suwałk | 25.00 | 702 |
| 9. | 01 | UKS G-8 Bielany Warszawa | 25.33 | 675 |
| 10. | 00 | SMS Zielona Góra | 25.49 | 662 |
| 11. | 98 | UKS G-8 Bielany Warszawa | 25.51 | 660 |
| 12. | 96 | KU AZS AGH Kraków | 25.55 | 657 |
| 13. | 99 | UKS G-8 Bielany Warszawa | 25.57 | 656 |
| 14. | 02 | UKS GOS Raszyn | 25.78 | 640 |
| 15. | 00 | MKS Trójka Łód | 25.84 | 635 |
| 16. | 96 | UKS "AS" Zielona Góra | 25.95 | 627 |
| 17. | 00 | MKP Szczecin | 26.05 | 620 |
| 18. | 02 | KS KSZO Ostrowiec w. | 26.19 | 610 |
| 19. | 99 | KU AZS UMCS Lublin | 26.31 | 602 |
| 20. | 03 | SMS Zielona Góra | 26.32 | 601 |
| 21. | 03 | UKP „Polonia Warszawa” | 26.54 | 586 |
| 22. | 03 | UPKS Wodnik Rawicz | 26.59 | 583 |
| 23. | 03 | UKS G-8 Bielany Warszawa | 26.72 | 575 |
| 24. | 03 | UKS „GIM 92 Ursynów” | 26.97 | 559 |
| 25. | 03 | MKS Juvenia Białystok | 26.98 | 558 |
| 26. | 00 | WKS I sk Wrocław | 27.04 | 554 |
| 27. | 03 | UKP „Polonia Warszawa” | 27.09 | 551 |
| 28. | 00 | WKS I sk Wrocław | 27.10 | 551 |
| 29. | 98 | Mokotowski UKP Warszawianka- Wodny F | 27.29 | 539 |
| 30. | 91 | KU AZS UAM Pozna | 27.37 | 535 |
| 31. | 02 | MKS Trójka Łód | 27.51 | 526 |
| 32. | 03 | MKS Neptun Stargard | 27.56 | 524 |
| 33. | 03 | UKS „GIM 92 Ursynów” | 27.75 | 513 |
| 34. | 03 | MKP Szczecin | 27.81 | 510 |
| 35. | 05 | UKS abianka Gda sk | 27.86 | 507 |
| 36. | 02 | VSS VASBY | 27.89 | 505 |
| 37. | 02 | UKS G-8 Bielany Warszawa | 27.91 | 504 |
| 38. | 01 | MKP Szczecin | 28.01 | 499 |
| 39. | 02 | KS Rekiny Osielesko | 28.04 | 497 |
| 40. | 04 | UKS Siódemka Gdynia | 28.11 | 493 |
| 41. | 03 | MKP Szczecin | 28.12 | 493 |
| 42. | 00 | SS VAERMAMO | 28.32 | 483 |
| 43. | 01 | KS Posnania Pozna | 28.35 | 481 |
| 44. | 05 | UKS „GIM 92 Ursynów” | 28.47 | 475 |
| | 04 | UKS G-8 Bielany Warszawa | 28.47 | 475 |
| 46. | 99 | UKS GOS Raszyn | 28.50 | 473 |

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Konkurencja 33, M czynn, 50m grzbietowy, 14 lat i starsi

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|--|---------|--|--------------|------|
| 47. | KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 28.61 | 468 |
| 48. | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 28.68 | 465 |
| 49. | J DRZEJKIEWICZ Ignacy | 04 | UKS „GIM 92 Ursynów” | 28.75 | 461 |
| 50. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 28.84 | 457 |
| | LEIFSEN Gustav | 02 | VSS VASBY | 28.84 | 457 |
| 52. | BRANDT Simon | 00 | VSS VASBY | 28.85 | 456 |
| 53. | SZPALER Jakub | 05 | MKP Szczecin | 28.86 | 456 |
| 54. | DOUB Jonathan | 00 | VSS VASBY | 28.95 | 452 |
| 55. | GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 28.98 | 450 |
| 56. | EGLE Miłosz | 04 | UKS Siódemka Gdynia | 29.05 | 447 |
| 57. | DZIEWGU Benjamin | 05 | MKS Piaseczno | 29.15 | 442 |
| 58. | JANECZEK Stanisław | 04 | MUKS "Pi tnastrka" | 29.17 | 442 |
| 59. | SZCZEPA SKI Kacper | 99 | MKS „Astoria” Bydgoszcz | 29.26 | 437 |
| | KOWALSKI Daniel | 03 | SMS Zielona Góra | 29.26 | 437 |
| 61. | WIELGUS Kacper | 01 | KS Poznania Pozna | 29.27 | 437 |
| 62. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 29.47 | 428 |
| 63. | MEYER Krzysztof | 05 | KS Warta Pozna | 29.48 | 428 |
| 64. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 29.67 | 420 |
| 65. | BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 29.84 | 412 |
| 66. | PLAGA Dawid | 05 | TP Skalar Słupsk | 29.90 | 410 |
| 67. | HANSSON Eric | 02 | VSS VASBY | 29.97 | 407 |
| 68. | GRUBA Szymon | 05 | MUKS "Pi tnastrka" | 30.10 | 402 |
| 69. | FAŁEK Szymon | 05 | UKS G-8 Bielany Warszawa | 30.11 | 401 |
| 70. | PRZYGOCKI Dawid | 04 | MTKP Delfin Toru | 30.28 | 395 |
| 71. | ZABAGŁO Filip | 05 | Uczniowski Klub Sportowy Delfin Legionow | 30.61 | 382 |
| 72. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów” | 30.62 | 382 |
| 73. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 30.66 | 380 |
| 74. | WRZOSEK Bartosz | 04 | UKS G-8 Bielany Warszawa | 30.77 | 376 |
| 75. | GÓRAL Piotr | 05 | UKS „Dwójka” Tczew | 31.10 | 364 |
| 76. | KRZY ANIAK Jakub | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 31.24 | 359 |
| 77. | WOJTYNIAK Marcel | 05 | KS Poznania Pozna | 31.72 | 343 |
| 78. | MAGRYTA Mateusz | 05 | UKS Siódemka Gdynia | 32.39 | 322 |
| 79. | WIERCI SKI Kacper | 04 | UKS „Dwójka” Tczew | 32.99 | 305 |
| 80. | ROCHNOWSKI Jakub | 05 | Uczniowski Klub Sportowy Delfin Legionow | 33.58 | 289 |
| 81. | MARUWKA Bruno | 03 | UPKS Wodnik Rawicz | 37.97 | 200 |
| 82. | MOLGA Marcin | 05 | Dwójka Morena Gda sk | 38.67 | 189 |
| DYSKW. | KA MIERCZAK Kamil | 99 | TP Olimpijczyk Aleksandrów Łódzki | | |
| | <i>G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.</i> | | | | |
| NW | ZDYBEL Adam | 05 | KS Delfin Gdynia | | |
| NW | MINCZUK Łukasz | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | |
| NW | PIE KOWSKI Bartłomiej | 05 | MKP Szczecin | | |
| NW | BELZYT Maksymilian | 05 | UKS Ruch Grudzi dz | | |
| NW | RZ SA Jacek | 03 | UKS abianka Gda sk | | |

14 lat

| | | | | | |
|-----|----------------------|----|------------------------------|--------------|-----|
| 1. | KOWALSKI Mateusz | 05 | UKS abianka Gda sk | 27.86 | 507 |
| 2. | TRYDULSKI Oskar | 05 | UKS „GIM 92 Ursynów” | 28.47 | 475 |
| 3. | KOSOBUDZKI Cezary | 05 | UKS G-8 Bielany Warszawa | 28.61 | 468 |
| 4. | SOBIESZEK Franciszek | 05 | MKS Piaseczno | 28.68 | 465 |
| 5. | SZPALER Jakub | 05 | MKP Szczecin | 28.86 | 456 |
| 6. | DZIEWGU Benjamin | 05 | MKS Piaseczno | 29.15 | 442 |
| 7. | CHUPKA Patryk | 05 | UKS „GIM 92 Ursynów” | 29.47 | 428 |
| 8. | MEYER Krzysztof | 05 | KS Warta Pozna | 29.48 | 428 |
| 9. | JANKOWSKI Antoni | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | 29.67 | 420 |
| 10. | BOLEK Stanisław | 05 | UKP „Polonia Warszawa” | 29.84 | 412 |

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Konkurencja 33, Chłopców, 50m grzbietowy, 14 lat

| Pozycja | Rok ur. | | Czas | Pkt. |
|---------|---------|---|--------------|------|
| 11. | 05 | PLAGA Dawid TP Skalar Słupsk | 29.90 | 410 |
| 12. | 05 | GRUBA Szymon MUKS "Pi tnastka" | 30.10 | 402 |
| 13. | 05 | FAŁEK Szymon UKS G-8 Bielany Warszawa | 30.11 | 401 |
| 14. | 05 | ZABAGŁO Filip Uczniowski Klub Sportowy Delfin Legionow | 30.61 | 382 |
| 15. | 05 | GÓRAL Piotr UKS „Dwójka” Tczew | 31.10 | 364 |
| 16. | 05 | KRZY ANIAK Jakub MKP „SŁOWIANKA” Gorzów Wlkp. | 31.24 | 359 |
| 17. | 05 | WOJTYNIAK Marcel KS Poznania Pozna | 31.72 | 343 |
| 18. | 05 | MAGRYTA Mateusz UKS Siódemka Gdynia | 32.39 | 322 |
| 19. | 05 | ROCHNOWSKI Jakub Uczniowski Klub Sportowy Delfin Legionow | 33.58 | 289 |
| 20. | 05 | MOLGA Marcin Dwójka Morena Gda sk | 38.67 | 189 |
| NW | 05 | ZDYBEL Adam KS Delfin Gdynia | | |
| NW | 05 | MINCZUK Łukasz MKP „SŁOWIANKA” Gorzów Wlkp. | | |
| NW | 05 | PIE KOWSKI Bartłomiej MKP Szczecin | | |
| NW | 05 | BELZYT Maksymilian UKS Ruch Grudzi dz | | |

15 lat

| | | | | |
|----|----|---|--------------|-----|
| 1. | 04 | KOSI SKI Filip Mi dzyszkolny UKS „Olimpijczyk” Suwałk | 25.00 | 702 |
| 2. | 04 | KWIATKOWSKI Tymoteusz UKS Siódemka Gdynia | 28.11 | 493 |
| 3. | 04 | BIAŁEK Paweł UKS G-8 Bielany Warszawa | 28.47 | 475 |
| 4. | 04 | J DRZEJKIEWICZ Ignacy UKS „GIM 92 Ursynów” | 28.75 | 461 |
| 5. | 04 | EGLE Miłosz UKS Siódemka Gdynia | 29.05 | 447 |
| 6. | 04 | JANECZEK Stanisław MUKS "Pi tnastka" | 29.17 | 442 |
| 7. | 04 | PRZYGOCKI Dawid MTKP Delfin Toru | 30.28 | 395 |
| 8. | 04 | WRZOSEK Bartosz UKS G-8 Bielany Warszawa | 30.77 | 376 |
| 9. | 04 | WIERCI SKI Kacper UKS „Dwójka” Tczew | 32.99 | 305 |

16 lat

| | | | | |
|-----|----|---|--------------|-----|
| 1. | 03 | SIENKIEWICZ Aleksander SMS Zielona Góra | 26.32 | 601 |
| 2. | 03 | ZUBIK Jan UKP „Polonia Warszawa” | 26.54 | 586 |
| 3. | 03 | BIDOWANIEC Kacper UPKS Wodnik Rawicz | 26.59 | 583 |
| 4. | 03 | OŁ D Stanisław UKS G-8 Bielany Warszawa | 26.72 | 575 |
| 5. | 03 | WI NIEWSKI Adam UKS „GIM 92 Ursynów” | 26.97 | 559 |
| 6. | 03 | KOWALEWSKI Paweł MKS Juwenia Białystok | 26.98 | 558 |
| 7. | 03 | KOWALCZYK Piotr UKP „Polonia Warszawa” | 27.09 | 551 |
| 8. | 03 | TURAŁA Adrian MKS Neptun Stargard | 27.56 | 524 |
| 9. | 03 | G STAŁ Jan UKS „GIM 92 Ursynów” | 27.75 | 513 |
| 10. | 03 | WOJNOWSKI Damian MKP Szczecin | 27.81 | 510 |
| 11. | 03 | GU CIORA Maciej MKP Szczecin | 28.12 | 493 |
| 12. | 03 | KOWALSKI Daniel SMS Zielona Góra | 29.26 | 437 |
| 13. | 03 | MARUWKA Bruno UPKS Wodnik Rawicz | 37.97 | 200 |
| NW | 03 | RZ SA Jacek UKS abianka Gda sk | | |

17 - 18 lat

| | | | | |
|-----|----|---|--------------|-----|
| 1. | 02 | RADZISZEWSKI Krzysztof UKS G-8 Bielany Warszawa | 24.24 | 770 |
| 2. | 01 | KAROLCZAK Jan UKS G-8 Bielany Warszawa | 24.92 | 708 |
| 3. | 01 | MO CICKI Jakub UKS G-8 Bielany Warszawa | 25.33 | 675 |
| 4. | 02 | KA MIERCZAK Bruno UKS GOS Raszyn | 25.78 | 640 |
| 5. | 02 | KRÓL Jan KS KSZO Ostrowiec w. | 26.19 | 610 |
| 6. | 02 | BLI NIEWSKI Franciszek MKS Trójka Łód | 27.51 | 526 |
| 7. | 02 | LERNA William VSS VASBY | 27.89 | 505 |
| 8. | 02 | WRÓBLEWSKI Kamil UKS G-8 Bielany Warszawa | 27.91 | 504 |
| 9. | 01 | KUREK Jakub MKP Szczecin | 28.01 | 499 |
| 10. | 02 | MALICKI Dawid KS Rekiny Osielesko | 28.04 | 497 |
| 11. | 01 | WNUK Jakub KS Poznania Pozna | 28.35 | 481 |

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Konkurencja 33, Chłopców, 50m grzbietowy, 17 - 18 lat

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---------|--------------------|---------|----------------------|--------------|------|
| 12. | LESZEGA Szymon | 01 | KS Delfin Gdynia | 28.84 | 457 |
| | LEIFSEN Gustav | 02 | VSS VASBY | 28.84 | 457 |
| 14. | GUMI SKI Igor | 02 | Dwójka Morena Gda sk | 28.98 | 450 |
| 15. | WIELGUS Kacper | 01 | KS Posnania Pozna | 29.27 | 437 |
| 16. | HANSSON Eric | 02 | VSS VASBY | 29.97 | 407 |
| 17. | J DRZEJKIEWICZ Jan | 02 | UKS „GIM 92 Ursynów” | 30.62 | 382 |
| 18. | AHLSTRÖM Ludvig | 02 | VSS VASBY | 30.66 | 380 |

ARENA GRAND PRIX POLSKI W PŁYWANIU
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Konkurencja 34
2019-11-24 - 12:02

M czyzn, 1500m dowolny

14 lat i starsi
Wyniki

| | | | | | |
|------------|----------|---------------------|-------|--------------------|------------|
| RP Open | 14:24.54 | SAWRYMOWICZ Mateusz | 00116 | Debrecen (HUN) | 2007-12-15 |
| RP 19 - 23 | 14:24.54 | SAWRYMOWICZ Mateusz | 00116 | Debrecen (HUN) | 2007-12-15 |
| RP 18 | 14:38.86 | SAWRYMOWICZ Mateusz | POL | Trieste (ITA) | 2005-12-10 |
| RP 17 | 14:46.21 | HRENIAK Maciej | 01102 | Helsinki (FIN) | 2006-12-09 |
| RP 16 | 15:10.91 | JACKOWSKI Tomasz | 00601 | Gorzow Wlkp | 2018-12-16 |
| RP 15 | 15:27.01 | KURANT Roger | 00612 | Ostrowiec | 2009-11-07 |
| RP 14 | 15:30.77 | ZONIUK Maciej | 00601 | Saint Dizier (FRA) | 2008-11-14 |

Punkty: FINA 2019

Pozycja Rok ur. Czas Pkt.

14 lat i starsi

| | | | | | |
|-----|-----------------------|-----------------------|-----------------------------------|-------------------------|------------|
| 1. | KOZIEJKO Bartłomiej | 00 | KS AZS UWM Olsztyn | 14:57.18 | 844 |
| | 100m: 57.57 57.57 | 500m: 4:57.99 1:00.21 | 900m: 8:58.24 59.90 | 1300m: 12:58.91 1:00.27 | |
| | 200m: 1:57.67 1:00.10 | 600m: 5:58.07 1:00.08 | 1000m: 9:58.39 1:00.15 | 1400m: 13:59.41 1:00.50 | |
| | 300m: 2:57.87 1:00.20 | 700m: 6:58.37 1:00.30 | 1100m: 10:58.72 1:00.33 | 1500m: 14:57.18 57.77 | |
| | 400m: 3:57.78 59.91 | 800m: 7:58.34 59.97 | 1200m: 11:58.64 59.92 | | |
| 2. | ZABOROWSKI Filip | 94 | MKP Szczecin | 15:16.31 | 792 |
| | 100m: 58.71 58.71 | 500m: 5:04.51 1:01.66 | 900m: 9:09.67 1:01.17 | 1300m: 13:15.10 1:01.32 | |
| | 200m: 1:59.80 1:01.09 | 600m: 6:06.18 1:01.67 | 1000m: 10:11.03 1:01.36 | 1400m: 14:16.71 1:01.61 | |
| | 300m: 3:01.31 1:01.51 | 700m: 7:07.45 1:01.27 | 1100m: 11:12.27 1:01.24 | 1500m: 15:16.31 59.60 | |
| | 400m: 4:02.85 1:01.54 | 800m: 8:08.50 1:01.05 | 1200m: 12:13.78 1:01.51 | | |
| 3. | KOMOROWSKI Jan | 01 | MKS Trójka Łód | 15:19.75 | 783 |
| | 100m: 58.37 58.37 | 500m: 5:06.04 1:01.91 | 900m: 9:13.52 1:01.53 | 1300m: 13:20.28 1:01.75 | |
| | 200m: 2:00.10 1:01.73 | 600m: 6:07.71 1:01.67 | 1000m: 10:15.44 1:01.92 | 1400m: 14:20.93 1:00.65 | |
| | 300m: 3:01.77 1:01.67 | 700m: 7:09.66 1:01.95 | 1100m: 11:17.14 1:01.70 | 1500m: 15:19.75 58.82 | |
| | 400m: 4:04.13 1:02.36 | 800m: 8:11.99 1:02.33 | 1200m: 12:18.53 1:01.39 | | |
| 4. | DERE Kacper | 98 | WKS I sk Wrocław | 15:20.82 | 781 |
| | 100m: 57.83 57.83 | 500m: 5:05.25 1:01.78 | 900m: 9:10.88 1:01.50 | 1300m: 13:18.35 1:02.11 | |
| | 200m: 1:59.75 1:01.92 | 600m: 6:06.73 1:01.48 | 1000m: 10:12.63 1:01.75 | 1400m: 14:20.94 1:02.59 | |
| | 300m: 3:01.84 1:02.09 | 700m: 7:08.03 1:01.30 | 1100m: 11:14.37 1:01.74 | 1500m: 15:20.82 59.88 | |
| | 400m: 4:03.47 1:01.63 | 800m: 8:09.38 1:01.35 | 1200m: 12:16.24 1:01.87 | | |
| 5. | MALEC Mikołaj | 01 | MKS Trójka Łód | 15:31.28 | 755 |
| | 100m: 58.64 58.64 | 500m: 5:06.43 1:02.17 | 900m: 9:15.52 1:02.75 | 1300m: 13:28.40 1:03.90 | |
| | 200m: 2:00.29 1:01.65 | 600m: 6:08.18 1:01.75 | 1000m: 10:18.63 1:03.11 | 1400m: 14:31.44 1:03.04 | |
| | 300m: 3:02.13 1:01.84 | 700m: 7:10.43 1:02.25 | 1100m: 11:21.90 1:03.27 | 1500m: 15:31.28 59.84 | |
| | 400m: 4:04.26 1:02.13 | 800m: 8:12.77 1:02.34 | 1200m: 12:24.50 1:02.60 | | |
| 6. | BUJAK Piotr | 97 | St. Lok. SALOS Cortile Kielce | 15:39.82 | 734 |
| | 100m: 1:00.11 1:00.11 | 500m: 5:11.82 1:03.23 | 900m: 9:25.12 1:03.09 | 1300m: 13:36.40 1:03.02 | |
| | 200m: 2:03.11 1:03.00 | 600m: 6:14.90 1:03.08 | 1000m: 10:27.81 1:02.69 | 1400m: 14:39.25 1:02.85 | |
| | 300m: 3:05.68 1:02.57 | 700m: 7:18.36 1:03.46 | 1100m: 11:30.47 1:02.66 | 1500m: 15:39.82 1:00.57 | |
| | 400m: 4:08.59 1:02.91 | 800m: 8:22.03 1:03.67 | 1200m: 12:33.38 1:02.91 | | |
| 7. | ZUBIK Jan | 03 | UKP „Polonia Warszawa” | 15:40.63 | 732 |
| | 100m: 58.38 58.38 | 500m: 5:09.31 1:02.86 | 900m: 9:22.14 1:03.42 | 1300m: 13:35.01 1:03.76 | |
| | 200m: 2:01.08 1:02.70 | 600m: 6:12.43 1:03.12 | 1000m: 10:25.18 1:03.04 | 1400m: 14:38.87 1:03.86 | |
| | 300m: 3:03.57 1:02.49 | 700m: 7:15.65 1:03.22 | 1100m: 11:27.68 1:02.50 | 1500m: 15:40.63 1:01.76 | |
| | 400m: 4:06.45 1:02.88 | 800m: 8:18.72 1:03.07 | 1200m: 12:31.25 1:03.57 | | |
| 8. | GŁUSZKOWSKI Mateusz | 01 | Uks Cityzen | 15:46.77 | 718 |
| | 100m: 59.86 59.86 | 500m: 5:12.11 1:03.35 | 900m: 9:26.06 1:03.44 | 1300m: 13:41.08 1:03.68 | |
| | 200m: 2:02.48 1:02.62 | 600m: 6:15.38 1:03.27 | 1000m: 10:29.86 1:03.80 | 1400m: 14:44.96 1:03.88 | |
| | 300m: 3:05.73 1:03.25 | 700m: 7:18.91 1:03.53 | 1100m: 11:33.32 1:03.46 | 1500m: 15:46.77 1:01.81 | |
| | 400m: 4:08.76 1:03.03 | 800m: 8:22.62 1:03.71 | 1200m: 12:37.40 1:04.08 | | |
| 9. | KIEŁCZEWSKI Amadeusz | 00 | MKP Szczecin | 15:50.06 | 711 |
| | 100m: 59.00 59.00 | 500m: 5:13.49 1:04.05 | 900m: 9:30.85 1:04.75 | 1300m: 13:46.04 1:03.46 | |
| | 200m: 2:01.74 1:02.74 | 600m: 6:17.87 1:04.38 | 1000m: 10:34.98 1:04.13 | 1400m: 14:49.39 1:03.35 | |
| | 300m: 3:05.21 1:03.47 | 700m: 7:21.80 1:03.93 | 1100m: 11:38.84 1:03.86 | 1500m: 15:50.06 1:00.67 | |
| | 400m: 4:09.44 1:04.23 | 800m: 8:26.10 1:04.30 | 1200m: 12:42.58 1:03.74 | | |
| 10. | KALU Y SKI Antoni | 99 | Mokotowski UKP Warszawianka- Wodr | 15:50.14 | 711 |
| | 100m: 58.79 58.79 | 500m: 5:08.91 1:02.78 | 900m: 9:23.69 1:03.69 | 1300m: 13:43.56 1:05.31 | |
| | 200m: 2:01.00 1:02.21 | 600m: 6:12.15 1:03.24 | 1000m: 10:27.76 1:04.07 | 1400m: 14:48.48 1:04.92 | |
| | 300m: 3:03.62 1:02.62 | 700m: 7:15.56 1:03.41 | 1100m: 11:32.89 1:05.13 | 1500m: 15:50.14 1:01.66 | |
| | 400m: 4:06.13 1:02.51 | 800m: 8:20.00 1:04.44 | 1200m: 12:38.25 1:05.36 | | |

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Konkurencja 34, M czynn, 1500m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | Czas | Pkt. | |
|---------|---------------|-----------------|---------|------------------------------|-----------------|------------------|--------|------------------|
| 11. | WODY SKI | Bartosz | 02 | KU AZS Politechniki Łódzkiej | 15:54.86 | 700 | | |
| | 100m: | 1:00.21 1:00.21 | 500m: | 5:13.32 1:03.98 | 900m: | 9:29.90 1:04.31 | 1300m: | 13:46.97 1:04.16 |
| | 200m: | 2:03.10 1:02.89 | 600m: | 6:17.23 1:03.91 | 1000m: | 10:34.05 1:04.15 | 1400m: | 14:51.38 1:04.41 |
| | 300m: | 3:06.09 1:02.99 | 700m: | 7:21.43 1:04.20 | 1100m: | 11:38.10 1:04.05 | 1500m: | 15:54.86 1:03.48 |
| | 400m: | 4:09.34 1:03.25 | 800m: | 8:25.59 1:04.16 | 1200m: | 12:42.81 1:04.71 | | |
| 12. | CHODULSKI | Jakub | 00 | KU AZS UMCS Lublin | 16:01.66 | 685 | | |
| | 100m: | 1:02.01 1:02.01 | 500m: | 5:20.05 1:04.16 | 900m: | 9:36.29 1:04.48 | 1300m: | 13:53.95 1:04.36 |
| | 200m: | 2:06.50 1:04.49 | 600m: | 6:24.09 1:04.04 | 1000m: | 10:40.73 1:04.44 | 1400m: | 14:58.43 1:04.48 |
| | 300m: | 3:11.37 1:04.87 | 700m: | 7:27.97 1:03.88 | 1100m: | 11:45.02 1:04.29 | 1500m: | 16:01.66 1:03.23 |
| | 400m: | 4:15.89 1:04.52 | 800m: | 8:31.81 1:03.84 | 1200m: | 12:49.59 1:04.57 | | |
| 13. | KLISZ | Krystian | 02 | MKP Szczecin | 16:03.23 | 682 | | |
| | 100m: | 1:01.43 1:01.43 | 500m: | 5:18.37 1:04.05 | 900m: | 9:36.62 1:04.27 | 1300m: | 13:55.09 1:04.76 |
| | 200m: | 2:05.76 1:04.33 | 600m: | 6:23.03 1:04.66 | 1000m: | 10:41.17 1:04.55 | 1400m: | 14:59.73 1:04.64 |
| | 300m: | 3:10.20 1:04.44 | 700m: | 7:27.68 1:04.65 | 1100m: | 11:45.73 1:04.56 | 1500m: | 16:03.23 1:03.50 |
| | 400m: | 4:14.32 1:04.12 | 800m: | 8:32.35 1:04.67 | 1200m: | 12:50.33 1:04.60 | | |
| 14. | DOROBA | Michał | 02 | WKS I sk Wrocław | 16:12.73 | 662 | | |
| | 100m: | 1:01.70 1:01.70 | 500m: | 5:23.30 1:05.28 | 900m: | 9:42.48 1:04.33 | 1300m: | 14:03.93 1:06.26 |
| | 200m: | 2:06.91 1:05.21 | 600m: | 6:28.47 1:05.17 | 1000m: | 10:47.18 1:04.70 | 1400m: | 15:09.58 1:05.65 |
| | 300m: | 3:12.35 1:05.44 | 700m: | 7:33.32 1:04.85 | 1100m: | 11:52.37 1:05.19 | 1500m: | 16:12.73 1:03.15 |
| | 400m: | 4:18.02 1:05.67 | 800m: | 8:38.15 1:04.83 | 1200m: | 12:57.67 1:05.30 | | |
| 15. | MICHALSKI | Wojciech | 01 | MKP Szczecin | 16:15.47 | 657 | | |
| | 100m: | 1:01.84 1:01.84 | 500m: | 5:22.79 1:05.12 | 900m: | 9:44.84 1:05.52 | 1300m: | 14:07.21 1:05.86 |
| | 200m: | 2:07.14 1:05.30 | 600m: | 6:28.25 1:05.46 | 1000m: | 10:50.38 1:05.54 | 1400m: | 15:12.52 1:05.31 |
| | 300m: | 3:12.24 1:05.10 | 700m: | 7:33.56 1:05.31 | 1100m: | 11:56.20 1:05.82 | 1500m: | 16:15.47 1:02.95 |
| | 400m: | 4:17.67 1:05.43 | 800m: | 8:39.32 1:05.76 | 1200m: | 13:01.35 1:05.15 | | |
| 16. | MY LIWIEC | Bartosz | 04 | MKP Szczecin | 16:24.56 | 639 | | |
| | 100m: | 1:02.57 1:02.57 | 500m: | 5:24.47 1:05.20 | 900m: | 9:48.09 1:05.99 | 1300m: | 14:12.80 1:06.56 |
| | 200m: | 2:08.58 1:06.01 | 600m: | 6:30.04 1:05.57 | 1000m: | 10:53.91 1:05.82 | 1400m: | 15:19.31 1:06.51 |
| | 300m: | 3:14.30 1:05.72 | 700m: | 7:35.77 1:05.73 | 1100m: | 11:59.78 1:05.87 | 1500m: | 16:24.56 1:05.25 |
| | 400m: | 4:19.27 1:04.97 | 800m: | 8:42.10 1:06.33 | 1200m: | 13:06.24 1:06.46 | | |
| 17. | GORRA | Mikołaj | 03 | MKP Szczecin | 16:30.32 | 627 | | |
| | 100m: | 1:01.20 1:01.20 | 500m: | 5:23.41 1:05.08 | 900m: | 9:47.82 1:06.90 | 1300m: | 14:17.74 1:07.74 |
| | 200m: | 2:07.36 1:06.16 | 600m: | 6:28.97 1:05.56 | 1000m: | 10:54.92 1:07.10 | 1400m: | 15:24.78 1:07.04 |
| | 300m: | 3:13.07 1:05.71 | 700m: | 7:34.60 1:05.63 | 1100m: | 12:02.31 1:07.39 | 1500m: | 16:30.32 1:05.54 |
| | 400m: | 4:18.33 1:05.26 | 800m: | 8:40.92 1:06.32 | 1200m: | 13:10.00 1:07.69 | | |
| 18. | WIECZORKOWSKI | Nikodem | 04 | UKS „Dwójka” Tczew | 16:44.51 | 601 | | |
| | 100m: | 1:01.73 1:01.73 | 500m: | 5:26.60 1:07.14 | 900m: | 9:58.26 1:08.48 | 1300m: | 14:31.66 1:08.32 |
| | 200m: | 2:06.57 1:04.84 | 600m: | 6:34.31 1:07.71 | 1000m: | 11:06.61 1:08.35 | 1400m: | 15:39.06 1:07.40 |
| | 300m: | 3:13.17 1:06.60 | 700m: | 7:41.96 1:07.65 | 1100m: | 12:14.89 1:08.28 | 1500m: | 16:44.51 1:05.45 |
| | 400m: | 4:19.46 1:06.29 | 800m: | 8:49.78 1:07.82 | 1200m: | 13:23.34 1:08.45 | | |
| 19. | ROGUSKI | Mateusz | 03 | UKP „Polonia Warszawa” | 16:52.25 | 588 | | |
| | 100m: | 1:01.70 1:01.70 | 500m: | 5:30.59 1:08.20 | 900m: | 10:03.07 1:07.80 | 1300m: | 14:37.05 1:08.51 |
| | 200m: | 2:08.35 1:06.65 | 600m: | 6:39.20 1:08.61 | 1000m: | 11:11.13 1:08.06 | 1400m: | 15:45.98 1:08.93 |
| | 300m: | 3:15.13 1:06.78 | 700m: | 7:47.19 1:07.99 | 1100m: | 12:19.85 1:08.72 | 1500m: | 16:52.25 1:06.27 |
| | 400m: | 4:22.39 1:07.26 | 800m: | 8:55.27 1:08.08 | 1200m: | 13:28.54 1:08.69 | | |
| 20. | J DRYKA | Nikodem | 04 | MKS Trójka Łód | 16:57.57 | 578 | | |
| | 100m: | 1:04.13 1:04.13 | 500m: | 5:35.91 1:07.49 | 900m: | 10:08.82 1:09.06 | 1300m: | 14:42.92 1:08.68 |
| | 200m: | 2:12.68 1:08.55 | 600m: | 6:43.92 1:08.01 | 1000m: | 11:17.34 1:08.52 | 1400m: | 15:51.97 1:09.05 |
| | 300m: | 3:20.12 1:07.44 | 700m: | 7:51.68 1:07.76 | 1100m: | 12:25.90 1:08.56 | 1500m: | 16:57.57 1:05.60 |
| | 400m: | 4:28.42 1:08.30 | 800m: | 8:59.76 1:08.08 | 1200m: | 13:34.24 1:08.34 | | |
| 21. | CZERWI | SKI Łukasz | 01 | UKS G-8 Bielany Warszawa | 17:00.29 | 574 | | |
| | 100m: | 1:02.03 1:02.03 | 500m: | 5:31.98 1:08.95 | 900m: | 10:10.95 1:09.79 | 1300m: | 14:46.16 1:08.57 |
| | 200m: | 2:08.39 1:06.36 | 600m: | 6:41.20 1:09.22 | 1000m: | 11:19.90 1:08.95 | 1400m: | 15:54.31 1:08.15 |
| | 300m: | 3:15.35 1:06.96 | 700m: | 7:51.11 1:09.91 | 1100m: | 12:28.67 1:08.77 | 1500m: | 17:00.29 1:05.98 |
| | 400m: | 4:23.03 1:07.68 | 800m: | 9:01.16 1:10.05 | 1200m: | 13:37.59 1:08.92 | | |
| 22. | OLCZAK | Kacper | 04 | MKS Trójka Łód | 17:08.27 | 560 | | |
| | 100m: | 1:05.16 1:05.16 | 500m: | 5:45.51 1:10.49 | 900m: | 10:24.57 1:09.24 | 1300m: | 14:58.47 1:07.64 |
| | 200m: | 2:15.16 1:10.00 | 600m: | 6:55.13 1:09.62 | 1000m: | 11:34.55 1:09.98 | 1400m: | 16:05.27 1:06.80 |
| | 300m: | 3:24.02 1:08.86 | 700m: | 8:06.15 1:11.02 | 1100m: | 12:42.54 1:07.99 | 1500m: | 17:08.27 1:03.00 |
| | 400m: | 4:35.02 1:11.00 | 800m: | 9:15.33 1:09.18 | 1200m: | 13:50.83 1:08.29 | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 34, M czyzn, 1500m dowolny, 14 lat i starsi

| Pozycja | | | Rok ur. | | | | Czas | | Pkt. |
|---------|---------------------------|---------|---------------|-------------------------------------|-----------------|---------|-----------------|------------|------|
| 23. | DZIEWGU Benjamin | | 05 | MKS Piaseczno | | | 17:14.51 | 550 | |
| | 100m: 1:02.73 | 1:02.73 | 500m: 5:40.28 | 1:09.15 | 900m: 10:19.39 | 1:10.10 | 1300m: 14:59.13 | 1:09.36 | |
| | 200m: 2:11.87 | 1:09.14 | 600m: 6:49.43 | 1:09.15 | 1000m: 11:29.19 | 1:09.80 | 1400m: 16:08.62 | 1:09.49 | |
| | 300m: 3:22.22 | 1:10.35 | 700m: 7:59.53 | 1:10.10 | 1100m: 12:39.60 | 1:10.41 | 1500m: 17:14.51 | 1:05.89 | |
| | 400m: 4:31.13 | 1:08.91 | 800m: 9:09.29 | 1:09.76 | 1200m: 13:49.77 | 1:10.17 | | | |
| 24. | KRUPI SKI Wojciech | | 03 | KS Posnania Pozna | | | 17:16.96 | 547 | |
| | 100m: 1:03.45 | 1:03.45 | 500m: 5:36.86 | 1:08.72 | 900m: 10:16.42 | 1:10.86 | 1300m: 14:59.97 | 1:11.06 | |
| | 200m: 2:11.42 | 1:07.97 | 600m: 6:46.26 | 1:09.40 | 1000m: 11:27.21 | 1:10.79 | 1400m: 16:09.63 | 1:09.66 | |
| | 300m: 3:19.70 | 1:08.28 | 700m: 7:55.79 | 1:09.53 | 1100m: 12:38.34 | 1:11.13 | 1500m: 17:16.96 | 1:07.33 | |
| | 400m: 4:28.14 | 1:08.44 | 800m: 9:05.56 | 1:09.77 | 1200m: 13:48.91 | 1:10.57 | | | |
| 25. | KRUSZEWSKI Adrian | | 04 | MTKP Delfin Toru | | | 17:24.26 | 535 | |
| | 100m: 1:04.77 | 1:04.77 | 500m: 5:44.50 | 1:10.03 | 900m: 10:23.92 | 1:10.36 | 1300m: 15:05.61 | 1:11.27 | |
| | 200m: 2:13.99 | 1:09.22 | 600m: 6:54.38 | 1:09.88 | 1000m: 11:34.72 | 1:10.80 | 1400m: 16:15.75 | 1:10.14 | |
| | 300m: 3:23.61 | 1:09.62 | 700m: 8:05.16 | 1:10.78 | 1100m: 12:44.17 | 1:09.45 | 1500m: 17:24.26 | 1:08.51 | |
| | 400m: 4:34.47 | 1:10.86 | 800m: 9:13.56 | 1:08.40 | 1200m: 13:54.34 | 1:10.17 | | | |
| 26. | DREWEK Jakub | | 05 | UKS „Dwójka” Tczew | | | 17:42.75 | 508 | |
| | 100m: 1:06.50 | 1:06.50 | 500m: 5:52.15 | 1:11.61 | 900m: 10:39.64 | 1:11.54 | 1300m: 15:25.28 | 1:11.42 | |
| | 200m: 2:17.61 | 1:11.11 | 600m: 7:05.04 | 1:12.89 | 1000m: 11:51.02 | 1:11.38 | 1400m: 16:35.14 | 1:09.86 | |
| | 300m: 3:29.30 | 1:11.69 | 700m: 8:16.41 | 1:11.37 | 1100m: 13:02.70 | 1:11.68 | 1500m: 17:42.75 | 1:07.61 | |
| | 400m: 4:40.54 | 1:11.24 | 800m: 9:28.10 | 1:11.69 | 1200m: 14:13.86 | 1:11.16 | | | |
| 27. | RZEPKA Jakub | | 05 | UKS „Dwójka” Tczew | | | 17:51.00 | 496 | |
| | 100m: 1:06.93 | 1:06.93 | 500m: 5:54.85 | 1:13.16 | 900m: 10:43.42 | 1:12.11 | 1300m: 15:33.07 | 1:11.40 | |
| | 200m: 2:18.16 | 1:11.23 | 600m: 7:06.99 | 1:12.14 | 1000m: 11:56.62 | 1:13.20 | 1400m: 16:44.32 | 1:11.25 | |
| | 300m: 3:29.78 | 1:11.62 | 700m: 8:19.20 | 1:12.21 | 1100m: 13:08.61 | 1:11.99 | 1500m: 17:51.00 | 1:06.68 | |
| | 400m: 4:41.69 | 1:11.91 | 800m: 9:31.31 | 1:12.11 | 1200m: 14:21.67 | 1:13.06 | | | |
| 28. | LOCHERT Dorian | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 17:53.65 | 492 | |
| | 100m: 1:05.21 | 1:05.21 | 500m: 5:51.92 | 1:12.34 | 900m: 10:43.05 | 1:13.62 | 1300m: 15:32.44 | 1:11.75 | |
| | 200m: 2:16.10 | 1:10.89 | 600m: 7:04.21 | 1:12.29 | 1000m: 11:55.85 | 1:12.80 | 1400m: 16:44.32 | 1:11.88 | |
| | 300m: 3:27.78 | 1:11.68 | 700m: 8:16.77 | 1:12.56 | 1100m: 13:08.16 | 1:12.31 | 1500m: 17:53.65 | 1:09.33 | |
| | 400m: 4:39.58 | 1:11.80 | 800m: 9:29.43 | 1:12.66 | 1200m: 14:20.69 | 1:12.53 | | | |

14 lat

| | | | | | | | | |
|----|-------------------------|---------|---------------|-------------------------------------|-----------------|---------|-----------------|------------|
| 1. | DZIEWGU Benjamin | | 05 | MKS Piaseczno | | | 17:14.51 | 550 |
| | 100m: 1:02.73 | 1:02.73 | 500m: 5:40.28 | 1:09.15 | 900m: 10:19.39 | 1:10.10 | 1300m: 14:59.13 | 1:09.36 |
| | 200m: 2:11.87 | 1:09.14 | 600m: 6:49.43 | 1:09.15 | 1000m: 11:29.19 | 1:09.80 | 1400m: 16:08.62 | 1:09.49 |
| | 300m: 3:22.22 | 1:10.35 | 700m: 7:59.53 | 1:10.10 | 1100m: 12:39.60 | 1:10.41 | 1500m: 17:14.51 | 1:05.89 |
| | 400m: 4:31.13 | 1:08.91 | 800m: 9:09.29 | 1:09.76 | 1200m: 13:49.77 | 1:10.17 | | |
| 2. | DREWEK Jakub | | 05 | UKS „Dwójka” Tczew | | | 17:42.75 | 508 |
| | 100m: 1:06.50 | 1:06.50 | 500m: 5:52.15 | 1:11.61 | 900m: 10:39.64 | 1:11.54 | 1300m: 15:25.28 | 1:11.42 |
| | 200m: 2:17.61 | 1:11.11 | 600m: 7:05.04 | 1:12.89 | 1000m: 11:51.02 | 1:11.38 | 1400m: 16:35.14 | 1:09.86 |
| | 300m: 3:29.30 | 1:11.69 | 700m: 8:16.41 | 1:11.37 | 1100m: 13:02.70 | 1:11.68 | 1500m: 17:42.75 | 1:07.61 |
| | 400m: 4:40.54 | 1:11.24 | 800m: 9:28.10 | 1:11.69 | 1200m: 14:13.86 | 1:11.16 | | |
| 3. | RZEPKA Jakub | | 05 | UKS „Dwójka” Tczew | | | 17:51.00 | 496 |
| | 100m: 1:06.93 | 1:06.93 | 500m: 5:54.85 | 1:13.16 | 900m: 10:43.42 | 1:12.11 | 1300m: 15:33.07 | 1:11.40 |
| | 200m: 2:18.16 | 1:11.23 | 600m: 7:06.99 | 1:12.14 | 1000m: 11:56.62 | 1:13.20 | 1400m: 16:44.32 | 1:11.25 |
| | 300m: 3:29.78 | 1:11.62 | 700m: 8:19.20 | 1:12.21 | 1100m: 13:08.61 | 1:11.99 | 1500m: 17:51.00 | 1:06.68 |
| | 400m: 4:41.69 | 1:11.91 | 800m: 9:31.31 | 1:12.11 | 1200m: 14:21.67 | 1:13.06 | | |
| 4. | LOCHERT Dorian | | 05 | MKP „SŁOWIANKA” Gorzów Wlkp. | | | 17:53.65 | 492 |
| | 100m: 1:05.21 | 1:05.21 | 500m: 5:51.92 | 1:12.34 | 900m: 10:43.05 | 1:13.62 | 1300m: 15:32.44 | 1:11.75 |
| | 200m: 2:16.10 | 1:10.89 | 600m: 7:04.21 | 1:12.29 | 1000m: 11:55.85 | 1:12.80 | 1400m: 16:44.32 | 1:11.88 |
| | 300m: 3:27.78 | 1:11.68 | 700m: 8:16.77 | 1:12.56 | 1100m: 13:08.16 | 1:12.31 | 1500m: 17:53.65 | 1:09.33 |
| | 400m: 4:39.58 | 1:11.80 | 800m: 9:29.43 | 1:12.66 | 1200m: 14:20.69 | 1:12.53 | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 34, M czyzn, 1500m dowolny

15 lat

| | | | | | |
|----|-----------------------|-----------------------|-------------------------|-------------------------|-----|
| 1. | MY LIWIEC Bartosz | 04 | MKP Szczecin | 16:24.56 | 639 |
| | 100m: 1:02.57 1:02.57 | 500m: 5:24.47 1:05.20 | 900m: 9:48.09 1:05.99 | 1300m: 14:12.80 1:06.56 | |
| | 200m: 2:08.58 1:06.01 | 600m: 6:30.04 1:05.57 | 1000m: 10:53.91 1:05.82 | 1400m: 15:19.31 1:06.51 | |
| | 300m: 3:14.30 1:05.72 | 700m: 7:35.77 1:05.73 | 1100m: 11:59.78 1:05.87 | 1500m: 16:24.56 1:05.25 | |
| | 400m: 4:19.27 1:04.97 | 800m: 8:42.10 1:06.33 | 1200m: 13:06.24 1:06.46 | | |
| 2. | WIECZORKOWSKI Nikodem | 04 | UKS „Dwójka” Tczew | 16:44.51 | 601 |
| | 100m: 1:01.73 1:01.73 | 500m: 5:26.60 1:07.14 | 900m: 9:58.26 1:08.48 | 1300m: 14:31.66 1:08.32 | |
| | 200m: 2:06.57 1:04.84 | 600m: 6:34.31 1:07.71 | 1000m: 11:06.61 1:08.35 | 1400m: 15:39.06 1:07.40 | |
| | 300m: 3:13.17 1:06.60 | 700m: 7:41.96 1:07.65 | 1100m: 12:14.89 1:08.28 | 1500m: 16:44.51 1:05.45 | |
| | 400m: 4:19.46 1:06.29 | 800m: 8:49.78 1:07.82 | 1200m: 13:23.34 1:08.45 | | |
| 3. | J DRYKA Nikodem | 04 | MKS Trójka Łód | 16:57.57 | 578 |
| | 100m: 1:04.13 1:04.13 | 500m: 5:35.91 1:07.49 | 900m: 10:08.82 1:09.06 | 1300m: 14:42.92 1:08.68 | |
| | 200m: 2:12.68 1:08.55 | 600m: 6:43.92 1:08.01 | 1000m: 11:17.34 1:08.52 | 1400m: 15:51.97 1:09.05 | |
| | 300m: 3:20.12 1:07.44 | 700m: 7:51.68 1:07.76 | 1100m: 12:25.90 1:08.56 | 1500m: 16:57.57 1:05.60 | |
| | 400m: 4:28.42 1:08.30 | 800m: 8:59.76 1:08.08 | 1200m: 13:34.24 1:08.34 | | |
| 4. | OLCZAK Kacper | 04 | MKS Trójka Łód | 17:08.27 | 560 |
| | 100m: 1:05.16 1:05.16 | 500m: 5:45.51 1:10.49 | 900m: 10:24.57 1:09.24 | 1300m: 14:58.47 1:07.64 | |
| | 200m: 2:15.16 1:10.00 | 600m: 6:55.13 1:09.62 | 1000m: 11:34.55 1:09.98 | 1400m: 16:05.27 1:06.80 | |
| | 300m: 3:24.02 1:08.86 | 700m: 8:06.15 1:11.02 | 1100m: 12:42.54 1:07.99 | 1500m: 17:08.27 1:03.00 | |
| | 400m: 4:35.02 1:11.00 | 800m: 9:15.33 1:09.18 | 1200m: 13:50.83 1:08.29 | | |
| 5. | KRUSZEWSKI Adrian | 04 | MTKP Delfin Toru | 17:24.26 | 535 |
| | 100m: 1:04.77 1:04.77 | 500m: 5:44.50 1:10.03 | 900m: 10:23.92 1:10.36 | 1300m: 15:05.61 1:11.27 | |
| | 200m: 2:13.99 1:09.22 | 600m: 6:54.38 1:09.88 | 1000m: 11:34.72 1:10.80 | 1400m: 16:15.75 1:10.14 | |
| | 300m: 3:23.61 1:09.62 | 700m: 8:05.16 1:10.78 | 1100m: 12:44.17 1:09.45 | 1500m: 17:24.26 1:08.51 | |
| | 400m: 4:34.47 1:10.86 | 800m: 9:13.56 1:08.40 | 1200m: 13:54.34 1:10.17 | | |

16 lat

| | | | | | |
|----|-----------------------|-----------------------|-------------------------|-------------------------|-----|
| 1. | ZUBIK Jan | 03 | UKP „Polonia Warszawa” | 15:40.63 | 732 |
| | 100m: 58.38 58.38 | 500m: 5:09.31 1:02.86 | 900m: 9:22.14 1:03.42 | 1300m: 13:35.01 1:03.76 | |
| | 200m: 2:01.08 1:02.70 | 600m: 6:12.43 1:03.12 | 1000m: 10:25.18 1:03.04 | 1400m: 14:38.87 1:03.86 | |
| | 300m: 3:03.57 1:02.49 | 700m: 7:15.65 1:03.22 | 1100m: 11:27.68 1:02.50 | 1500m: 15:40.63 1:01.76 | |
| | 400m: 4:06.45 1:02.88 | 800m: 8:18.72 1:03.07 | 1200m: 12:31.25 1:03.57 | | |
| 2. | GORRA Mikołaj | 03 | MKP Szczecin | 16:30.32 | 627 |
| | 100m: 1:01.20 1:01.20 | 500m: 5:23.41 1:05.08 | 900m: 9:47.82 1:06.90 | 1300m: 14:17.74 1:07.74 | |
| | 200m: 2:07.36 1:06.16 | 600m: 6:28.97 1:05.56 | 1000m: 10:54.92 1:07.10 | 1400m: 15:24.78 1:07.04 | |
| | 300m: 3:13.07 1:05.71 | 700m: 7:34.60 1:05.63 | 1100m: 12:02.31 1:07.39 | 1500m: 16:30.32 1:05.54 | |
| | 400m: 4:18.33 1:05.26 | 800m: 8:40.92 1:06.32 | 1200m: 13:10.00 1:07.69 | | |
| 3. | ROGUSKI Mateusz | 03 | UKP „Polonia Warszawa” | 16:52.25 | 588 |
| | 100m: 1:01.70 1:01.70 | 500m: 5:30.59 1:08.20 | 900m: 10:03.07 1:07.80 | 1300m: 14:37.05 1:08.51 | |
| | 200m: 2:08.35 1:06.65 | 600m: 6:39.20 1:08.61 | 1000m: 11:11.13 1:08.06 | 1400m: 15:45.98 1:08.93 | |
| | 300m: 3:15.13 1:06.78 | 700m: 7:47.19 1:07.99 | 1100m: 12:19.85 1:08.72 | 1500m: 16:52.25 1:06.27 | |
| | 400m: 4:22.39 1:07.26 | 800m: 8:55.27 1:08.08 | 1200m: 13:28.54 1:08.69 | | |
| 4. | KRUPI SKI Wojciech | 03 | KS Pospolania Pozna | 17:16.96 | 547 |
| | 100m: 1:03.45 1:03.45 | 500m: 5:36.86 1:08.72 | 900m: 10:16.42 1:10.86 | 1300m: 14:59.97 1:11.06 | |
| | 200m: 2:11.42 1:07.97 | 600m: 6:46.26 1:09.40 | 1000m: 11:27.21 1:10.79 | 1400m: 16:09.63 1:09.66 | |
| | 300m: 3:19.70 1:08.28 | 700m: 7:55.79 1:09.53 | 1100m: 12:38.34 1:11.13 | 1500m: 17:16.96 1:07.33 | |
| | 400m: 4:28.14 1:08.44 | 800m: 9:05.56 1:09.77 | 1200m: 13:48.91 1:10.57 | | |

17 - 18 lat

| | | | | | |
|----|-----------------------|-----------------------|-------------------------|-------------------------|-----|
| 1. | KOMOROWSKI Jan | 01 | MKS Trójka Łód | 15:19.75 | 783 |
| | 100m: 58.37 58.37 | 500m: 5:06.04 1:01.91 | 900m: 9:13.52 1:01.53 | 1300m: 13:20.28 1:01.75 | |
| | 200m: 2:00.10 1:01.73 | 600m: 6:07.71 1:01.67 | 1000m: 10:15.44 1:01.92 | 1400m: 14:20.93 1:00.65 | |
| | 300m: 3:01.77 1:01.67 | 700m: 7:09.66 1:01.95 | 1100m: 11:17.14 1:01.70 | 1500m: 15:19.75 58.82 | |
| | 400m: 4:04.13 1:02.36 | 800m: 8:11.99 1:02.33 | 1200m: 12:18.53 1:01.39 | | |

ARENA GRAND PRIX POLSKI W PŁYWANIU
Pozna , 23- - 24-11-2019

Konkurencja 34, Chłopców, 1500m dowolny, 17 - 18 lat

| Pozycja | | | Rok ur. | | | Czas | Pkt. | |
|---------|---------------------|-----------------|---------|------------------------------|--------|------------------|------------|------------------|
| 2. | MALEC Mikołaj | | 01 | MKS Trójka Łód | | 15:31.28 | 755 | |
| | 100m: | 58.64 58.64 | 500m: | 5:06.43 1:02.17 | 900m: | 9:15.52 1:02.75 | 1300m: | 13:28.40 1:03.90 |
| | 200m: | 2:00.29 1:01.65 | 600m: | 6:08.18 1:01.75 | 1000m: | 10:18.63 1:03.11 | 1400m: | 14:31.44 1:03.04 |
| | 300m: | 3:02.13 1:01.84 | 700m: | 7:10.43 1:02.25 | 1100m: | 11:21.90 1:03.27 | 1500m: | 15:31.28 59.84 |
| | 400m: | 4:04.26 1:02.13 | 800m: | 8:12.77 1:02.34 | 1200m: | 12:24.50 1:02.60 | | |
| 3. | GŁUSZKOWSKI Mateusz | | 01 | Uks Cityzen | | 15:46.77 | 718 | |
| | 100m: | 59.86 59.86 | 500m: | 5:12.11 1:03.35 | 900m: | 9:26.06 1:03.44 | 1300m: | 13:41.08 1:03.68 |
| | 200m: | 2:02.48 1:02.62 | 600m: | 6:15.38 1:03.27 | 1000m: | 10:29.86 1:03.80 | 1400m: | 14:44.96 1:03.88 |
| | 300m: | 3:05.73 1:03.25 | 700m: | 7:18.91 1:03.53 | 1100m: | 11:33.32 1:03.46 | 1500m: | 15:46.77 1:01.81 |
| | 400m: | 4:08.76 1:03.03 | 800m: | 8:22.62 1:03.71 | 1200m: | 12:37.40 1:04.08 | | |
| 4. | WODY SKI Bartosz | | 02 | KU AZS Politechniki Łódzkiej | | 15:54.86 | 700 | |
| | 100m: | 1:00.21 1:00.21 | 500m: | 5:13.32 1:03.98 | 900m: | 9:29.90 1:04.31 | 1300m: | 13:46.97 1:04.16 |
| | 200m: | 2:03.10 1:02.89 | 600m: | 6:17.23 1:03.91 | 1000m: | 10:34.05 1:04.15 | 1400m: | 14:51.38 1:04.41 |
| | 300m: | 3:06.09 1:02.99 | 700m: | 7:21.43 1:04.20 | 1100m: | 11:38.10 1:04.05 | 1500m: | 15:54.86 1:03.48 |
| | 400m: | 4:09.34 1:03.25 | 800m: | 8:25.59 1:04.16 | 1200m: | 12:42.81 1:04.71 | | |
| 5. | KLISZ Krystian | | 02 | MKP Szczecin | | 16:03.23 | 682 | |
| | 100m: | 1:01.43 1:01.43 | 500m: | 5:18.37 1:04.05 | 900m: | 9:36.62 1:04.27 | 1300m: | 13:55.09 1:04.76 |
| | 200m: | 2:05.76 1:04.33 | 600m: | 6:23.03 1:04.66 | 1000m: | 10:41.17 1:04.55 | 1400m: | 14:59.73 1:04.64 |
| | 300m: | 3:10.20 1:04.44 | 700m: | 7:27.68 1:04.65 | 1100m: | 11:45.73 1:04.56 | 1500m: | 16:03.23 1:03.50 |
| | 400m: | 4:14.32 1:04.12 | 800m: | 8:32.35 1:04.67 | 1200m: | 12:50.33 1:04.60 | | |
| 6. | DOROBA Michał | | 02 | WKS I sk Wrocław | | 16:12.73 | 662 | |
| | 100m: | 1:01.70 1:01.70 | 500m: | 5:23.30 1:05.28 | 900m: | 9:42.48 1:04.33 | 1300m: | 14:03.93 1:06.26 |
| | 200m: | 2:06.91 1:05.21 | 600m: | 6:28.47 1:05.17 | 1000m: | 10:47.18 1:04.70 | 1400m: | 15:09.58 1:05.65 |
| | 300m: | 3:12.35 1:05.44 | 700m: | 7:33.32 1:04.85 | 1100m: | 11:52.37 1:05.19 | 1500m: | 16:12.73 1:03.15 |
| | 400m: | 4:18.02 1:05.67 | 800m: | 8:38.15 1:04.83 | 1200m: | 12:57.67 1:05.30 | | |
| 7. | MICHALSKI Wojciech | | 01 | MKP Szczecin | | 16:15.47 | 657 | |
| | 100m: | 1:01.84 1:01.84 | 500m: | 5:22.79 1:05.12 | 900m: | 9:44.84 1:05.52 | 1300m: | 14:07.21 1:05.86 |
| | 200m: | 2:07.14 1:05.30 | 600m: | 6:28.25 1:05.46 | 1000m: | 10:50.38 1:05.54 | 1400m: | 15:12.52 1:05.31 |
| | 300m: | 3:12.24 1:05.10 | 700m: | 7:33.56 1:05.31 | 1100m: | 11:56.20 1:05.82 | 1500m: | 16:15.47 1:02.95 |
| | 400m: | 4:17.67 1:05.43 | 800m: | 8:39.32 1:05.76 | 1200m: | 13:01.35 1:05.15 | | |
| 8. | CZERWI SKI Łukasz | | 01 | UKS G-8 Bielany Warszawa | | 17:00.29 | 574 | |
| | 100m: | 1:02.03 1:02.03 | 500m: | 5:31.98 1:08.95 | 900m: | 10:10.95 1:09.79 | 1300m: | 14:46.16 1:08.57 |
| | 200m: | 2:08.39 1:06.36 | 600m: | 6:41.20 1:09.22 | 1000m: | 11:19.90 1:08.95 | 1400m: | 15:54.31 1:08.15 |
| | 300m: | 3:15.35 1:06.96 | 700m: | 7:51.11 1:09.91 | 1100m: | 12:28.67 1:08.77 | 1500m: | 17:00.29 1:05.98 |
| | 400m: | 4:23.03 1:07.68 | 800m: | 9:01.16 1:10.05 | 1200m: | 13:37.59 1:08.92 | | |