

LEN European Junior Swimming Championships

10 – 14 July 2013, Poznan (POL)

Day 1	Day 2	Day 3	Day 4	Day 5
Heats	Heats	Heats	Heats	Heats
50 m Breaststroke W 50 m Butterfly M 100 m Freestyle W 400 m Freestyle M 200 m Butterfly W 100 m Backstroke M 400 m Ind. Medley W 200 m Breaststroke M 200 m Backstroke W 4x100 m Freestyle M 4x100 m Freestyle W 800 m Freestyle W – slow heats	100 m Freestyle M 400 m Freestyle W 200 m Butterfly M 200 m Breaststroke W 200 m Ind. Medley M 4x100 m Freestyle Mixed 1500 m Freestyle M – slow heats	50 m Backstroke W 50 m Breaststroke M 200 m Freestyle W 200 m Backstroke M 100 m Butterfly W 4x200 m Freestyle M 4x100 m Medley W 1500 m Freestyle W – slow heats	50 m Freestyle W 50 m Backstroke M 100 m Backstroke W 200 m Freestyle M 200 m Ind. Medley W 100 m Butterfly M 100 m Breaststroke W 100 m Breaststroke M 4x100 m Medley Mixed 800 m Freestyle M – slow heats	50 m Freestyle M 50 m Butterfly W 400 m Ind. Medley M 4x200 m Freestyle W 4x100 m Medley M
Semifinals & Finals	Semifinals & Finals	Semifinals & Finals	Semifinals & Finals	Semifinals & Finals
50 m Breaststroke W – Semi 50 m Butterfly M – Semi 400 m Ind. Medley W 200 m Breaststroke M – Semi 200 m Butterfly W – Semi 400 m Freestyle M 100 m Freestyle W – Semi 100 m Backstroke M – Semi 200 m Backstroke W – Semi 50 m Butterfly M 50 m Breaststroke W 800 m Freestyle W – fastest heat 4x100 m Freestyle M 4x100 m Freestyle W	100 m Backstroke M 400 m Freestyle W 100 m Freestyle M – Semi 200 m Butterfly W 200 m Ind. Medley M – Semi 100 m Freestyle W 200 m Breaststroke M 200 m Backstroke W 200 m Butterfly M – Semi 200 m Breaststroke W – Semi 1500 m Freestyle M – fastest heat 4x100 m Freestyle Mixed	50 m Breaststroke M – Semi 50 m Backstroke W – Semi 200 m Butterfly M 200 m Freestyle W – Semi 200 m Backstroke M – Semi 200 m Breaststroke W 100 m Freestyle M 100 m Butterfly W – Semi 200 m Ind. Medley M 50 m Backstroke W 50 m Breaststroke M 1500 m Freestyle W – fastest heat 4x200 m Freestyle M 4x100 Medley W	50 m Freestyle W – Semi 50 m Backstroke M – Semi 100 m Backstroke W – Semi 100 m Butterfly M – Semi 200 m Ind. Medley W - Semi 200 m Freestyle M – Semi 100 m Breaststroke W – Semi 200 m Backstroke M 200 m Freestyle W 100 m Breaststroke M – Semi 100 m Butterfly W 800 m Freestyle M – fastest heat 50 m Freestyle W 50 m Backstroke M 4x100 m Medley Mixed	50 m Freestyle M – Semi 50 m Butterfly W – Semi 400 m Ind. Medley M 100 m Backstroke W 100 m Breaststroke M 200 m Freestyle M 200 m Ind. Medley W 100 m Butterfly M 50 m Butterfly W 50 m Freestyle M 4x200 m Freestyle W 4x100 m Medley M